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## Focus on the glycerophosphocholine pathway in choline phospholipid metabolism of cancer

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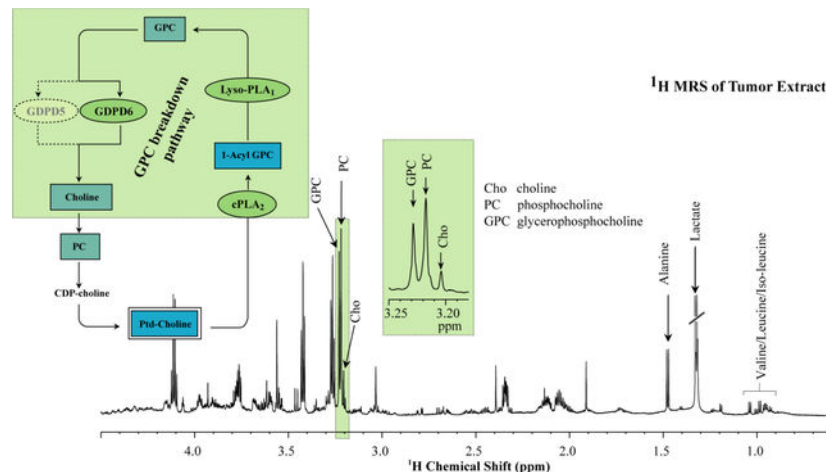
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### Abstract

Activated choline metabolism is a hallmark of carcinogenesis and tumor progression, which leads to elevated levels of phosphocholine and glycerophosphocholine in all types of cancer tested so far. Magnetic resonance spectroscopy applications have played a key role in detecting these elevated choline phospholipid metabolites. To date, the majority of cancer-related studies has focused on phosphocholine and the Kennedy pathway, which constitutes the biosynthesis pathway for membrane phosphatidylcholine. Fewer and more recent studies have reported on the importance of glycerophosphocholine in cancer. In this review article, we are summarizing the recent literature on glycerophosphocholine metabolism with respect to its cancer biology and its detection by magnetic resonance spectroscopy applications.

### Graphical Abstract



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Aberrant choline metabolism is a hallmark of oncogenesis and cancer progression, characterized by increased phosphocholine, glycerophosphocholine, and total-choline-containing compounds. These oncometabolites can be detected with MRS techniques in preclinical studies and clinical settings. Detection of glycerophosphocholine by MRS can be used for diagnosis, prognosis, and treatment response monitoring. Until recently, most studies have focused on the elevated phosphocholine levels in cancer, while glycerophosphocholine has remained a poorly understood oncometabolite. In this review, we summarize the recent literature on glycerophosphocholine metabolism and biology in cancer and its detection using MRS techniques.

## Keywords

MR Spectroscopy (MRS) and Spectroscopic Imaging (MRSI) Methods; Methods and Engineering; Cancer; Applications; Metastases; Cancer therapy responses; Cellular and molecular cancer imaging; Cellular and molecular imaging

## Introduction

Cancer cells are capable of adapting to their environment<sup>1</sup> and of inducing changes in stromal<sup>2</sup>, vascular, and immune cells<sup>3</sup> that support their continued growth, and enable them to evade treatment.<sup>4</sup> Different types of cancer cells often display common metabolic pathways,<sup>5</sup> such as increased glycolytic activity,<sup>6</sup> although their genetic make-up may be quite different from one another. Activated choline metabolism, which is a common metabolic pathway as well, has emerged as a hallmark of cancer<sup>7</sup> and is characterized by increased levels of phosphocholine (PC), glycerophosphocholine (GPC) and total choline-containing compounds (tCho). Cancers with an activated choline metabolism have been referred to as having a 'cholinic phenotype'.<sup>8,9</sup> Several studies have shown that an interplay between malignant transformation<sup>10</sup> and adaptation to the tumor microenvironment<sup>11</sup> is causing the aberrant choline metabolism in cancer cells.

Magnetic resonance spectroscopy (MRS) has been utilized extensively for studying the alterations in choline metabolism of cancer.<sup>9,12,13</sup> Non-invasive MRS techniques are currently being explored in the clinical setting for diagnosis, prognosis, and treatment response monitoring in cancer.<sup>9,14,15</sup> Several water-soluble intermediate metabolites in choline phospholipid metabolism can be observed by MRS, which detects PC, GPC, and free choline (Cho) (Fig. 1), or an overlapping signal from these three choline metabolites commonly referred to as total choline (tCho), in all cancers tested so far.<sup>16,17</sup> An increased PC level has been observed in most cancers including breast,<sup>17–20</sup> ovarian,<sup>21</sup> prostate,<sup>22,23</sup> cervical,<sup>21,24</sup> brain,<sup>25–27</sup> and endometrial cancer.<sup>28</sup> Some studies in cell cultures of breast and ovarian cancer cells showed a relative decrease in GPC level as compared with the PC level, proposing to use a high PC/GPC ratio as an indicator of cancer progression.<sup>10,29,30</sup> However, a different trend of increasing GPC along with increasing PC was shown in clinical human breast cancer samples.<sup>31</sup> *In vivo* MRS detection of the tCho signal was reported in some studies to be able to serve as an imaging biomarker of breast cancer in the clinical setting.<sup>13,32</sup> MRS of the tCho signal has also been explored for monitoring chemotherapeutic response in patients with a decrease in the tCho signal being associated

with response to chemotherapy.<sup>33</sup> In addition to <sup>1</sup>H MRS, <sup>31</sup>P MRS is also being used for the analysis of biological samples as well as in *in vivo* applications. <sup>31</sup>P MRS detects phosphomonoesters (PMEs) such as PC and phosphoethanolamine (PE), and phosphodiester (PDEs), consisting of GPC and glycerophosphoethanolamine (GPE). Initially, it was not possible to resolve the individual phosphorus metabolites PC, PE, GPC, and GPE, but with the advancement of <sup>31</sup>P MRS techniques, it has become feasible to identify and quantify PE, PC, GPE, and GPC *in vivo*.<sup>34</sup>

Until today, most studies have investigated the elevated PC levels in cancer and the related Kennedy pathway in which PC is produced. This pathway is, to a large part, driven by overexpression and activation of the enzyme choline kinase alpha (CHK $\alpha$ ).<sup>16</sup> CHK $\alpha$  has been studied extensively and several choline kinase inhibitors have been developed.<sup>35</sup> However, although the CHK $\alpha$  inhibitor TCD-717 has recently completed phase I clinical trials in patients with advanced solid tumors (<https://clinicaltrials.gov/ct2/show/NCT01215864>), no CHK $\alpha$  inhibitors are currently clinically available.<sup>35</sup> There is also growing evidence that alternative mechanisms of CHK $\alpha$  function are critical for tumor growth, which are not necessarily related to CHK $\alpha$ 's role in producing PC, but rather CHK $\alpha$ 's scaffolding or regulatory roles.<sup>36–38</sup> Several research teams are still exploring the use of CHK $\alpha$  inhibitors in cancer treatment.

More recent studies have demonstrated the importance of GPC in cancer, emphasizing the roles of enzymes that produce and degrade GPC. Here we are providing a summary of the recent literature on the roles of GPC in cancer, the enzymes directly involved in GPC production and degradation, and GPC detection by MRS applications.

## The GPC breakdown pathway in cancer

Phosphatidylcholine (PtdCho) is the most abundant phospholipid in mammalian cell membranes.<sup>39</sup> PtdCho is synthesized from free choline through the Kennedy pathway,<sup>40</sup> in which free choline is phosphorylated to PC<sup>41,42</sup> with the help of the CHK. PC is then converted to cytidine diphosphate (CDP)-choline by adding a CDP group to PC. In the next step, diacylglycerol (DAG)-cholinephosphotransferase catalyzes the final reaction using diacylglycerol (DAG)<sup>43,44</sup> as a lipid anchor, and CDP-choline to produce PtdCho. In a catabolic pathway, PtdCho is broken down to 1-acyl-GPC and GPC, which is subsequently converted to free choline, thus completing the choline cycle<sup>39</sup> as shown in Figs. 1 and 2.

There are three enzymes that are contributing to the GPC pathway that breaks down PtdCho to free choline (Fig. 2). The first step in the GPC breakdown pathway is the hydrolysis of PtdCho by the enzyme cytosolic phospholipase A2 (cPLA2), which removes one fatty acid to produce 1-acyl-GPC.<sup>45</sup> This is followed by a second hydrolysis step by the enzyme lysophospholipase A1 (lyso-PLA1), which removes the second fatty acid to produce GPC.<sup>46,47</sup> GPC is then converted to free choline and glycerol-3-phosphate by the enzyme glycerophosphocholine phosphodiesterase (GPC-PDE, EC 3.1.4.2).<sup>48–50</sup> These three key enzymes directly regulate GPC levels in mammalian cells<sup>48–50</sup> and can therefore contribute to the increased GPC levels that have been detected in human cancers. Here we briefly describe the basic features of these three enzymes in the GPC breakdown pathway (Fig. 2).

## Phospholipases:

Phospholipases are enzymes that catalyze the hydrolysis of fatty acyl-ester bonds of phospholipids in mammalian cells<sup>51</sup> as shown in Fig. 3A. Phospholipases can be categorized into two sets of enzymes based on their enzymatic activity: the acyl hydrolases and the phosphodiesterases.<sup>51</sup> Phospholipases with acyl hydrolase activity are phospholipase A1 (PLA1), phospholipase A2 (PLA2), phospholipase B (PLB), lysophospholipase A1 (Lyso-PLA1), and lysophospholipase A2 (Lyso-PLA2).<sup>51</sup> Phospholipases with phosphodiesterase activity are phospholipase C (PLC)<sup>52</sup> and phospholipase D (PLD).<sup>51</sup>

## Cytosolic phosphatidylcholine-specific phospholipase A2:

There are five distinctive enzyme subtypes within the PLA2 superfamily, which are cytosolic PLA2 (cPLA2), calcium-independent PLA2 (iPLA2), secreted PLA2 (sPLA2), lysosomal PLA2, and platelet-activating factor acetylhydrolase (PAF-AH).<sup>52-54</sup> The cPLA2 family consists of six members, i.e. cPLA2 $\alpha$ , cPLA2 $\beta$ , cPLA2 $\gamma$ , cPLA2 $\delta$ , cPLA2 $\epsilon$ , and cPLA2 $\zeta$ . In mammalian systems, only cPLA2 $\alpha$ , cPLA2 $\beta$ , cPLA2 $\gamma$ , and cPLA2 $\delta$  are expressed.<sup>52,55</sup> All members of the PLA2 superfamily catalyze the hydrolysis of fatty acids at the sn-2 position of glycerophospholipids, which produces free fatty acid and lyso-phospholipid (Fig. 3A).<sup>54</sup> Several of the fatty acids and lipids produced by PLA2s serve as substrates for various intracellular biochemical pathways for producing lipid mediators, such as prostaglandins, leukotrienes, and thromboxanes.<sup>56</sup> In some cases, these lipid mediators function as critical mediators of cell growth,<sup>57</sup> cell differentiation,<sup>58-61</sup> chronic inflammation,<sup>62</sup> and malignant transformation.<sup>59</sup> Cytosolic PLA2 $\alpha$  (cPLA2 $\alpha$ ), a 85-kDa protein<sup>63</sup> with affinity for hydrolyzing arachidonic acid (AA), is one of the important members of this superfamily.<sup>54</sup> cPLA2 $\alpha$  was shown to be the only phospholipase with complete specificity for AA.<sup>57,64</sup> The AA released by cPLA2 $\alpha$  is then metabolized by cyclooxygenase (COX) enzymes and subsequently converted to biologically active eicosanoid lipid mediators such as prostaglandin E2 (PGE2).<sup>57</sup> COX2 has been linked to the development and progression of various cancers, including breast cancer,<sup>58,59,61</sup> bladder cancer,<sup>65</sup> cutaneous squamous cancer,<sup>66</sup> and hepatocellular carcinoma (HCC).<sup>67</sup> The enzyme cPLA2 $\alpha$  plays an important role in various biological processes, such as inflammation,<sup>68</sup> cell growth, and cancer development.<sup>69-71</sup> cPLA2 $\alpha$  is overexpressed in cancer and drives tumorigenesis by producing increased substrate for the COX2-PGE2 and related pathways.<sup>72-74</sup> It was recently observed that cPLA2 $\alpha$  is overexpressed in breast cancer and correlates with poor prognosis in breast cancer patients.<sup>75</sup> In the same study, cell culture experiments showed that the overexpression of cPLA2 $\alpha$  was associated with increased migration and invasion in breast cancer cells.<sup>75</sup> Knocking down cPLA2 $\alpha$  in triple-negative MDA-MB-231 breast cancer cells inhibited transforming growth factor- $\beta$  (TGF- $\beta$ )-induced epithelial-to-mesenchymal transition (EMT) via the Phosphatidylinositol-3-kinases/serine-threonine kinase B (PI3K/AKT) signaling pathway.<sup>75</sup> Various reports have demonstrated the role of cPLA2 $\alpha$  in cancer<sup>60,61,76,77</sup> and inflammation,<sup>62</sup> indicating that inhibiting cPLA2 $\alpha$  and subsequently decreasing AA availability may serve as a therapeutic approach for treating cancer.<sup>71,76,77</sup> The critical role of cPLA2 $\alpha$  in carcinogenesis makes this enzyme a potential target for anti-cancer treatment. However, although several cPLA2 $\alpha$  inhibitors have been reported as anticancer agents in preclinical studies, there are currently no chemotherapeutic drugs that are cPLA2 $\alpha$  inhibitors available for cancer treatment. The fact that cPLA2 $\alpha$  is

expressed ubiquitously in several important human tissues including spleen, thymus, prostate, testis, ovary, small intestine, heart, brain, skeletal muscles<sup>78</sup> may increase the propensity for side effects when developing therapeutic cPLA2 $\alpha$  inhibitors. Research on cPLA2 $\alpha$  in cancer and cPLA2 $\alpha$  as therapeutic target for cancer treatment are active fields of investigation, and will hopefully provide answers as to the clinical translatability of cPLA2 $\alpha$ -related research soon (Table 1). Targeting cPLA2 $\alpha$  in cancer would also likely result in MRS-detectable differences in GPC levels, which would be worthwhile testing in future studies.

In cancer, cPLA2 $\alpha$  expression varies depending on the genetic profile of the cancer cells.<sup>79</sup> Distinct choline metabolic profiles were shown to be associated with differences in gene expression profiles for basal-like and luminal-like breast cancer xenograft models.<sup>79</sup> Higher GPC as compared to PC levels were reported in basal-like xenografts whereas the opposite was observed in luminal-like xenografts.<sup>79</sup> Moreover, cPLA2 $\alpha$  was shown to be involved in development of resistance against endocrine therapy.<sup>61</sup> cPLA2 $\alpha$  expression in breast cancer is associated with epidermal growth factor receptor (EGFR) expression, mediates estrogen-dependent breast cancer cell growth, and correlates with an adverse prognosis in luminal cancers.<sup>60</sup> cPLA2 $\alpha$  activation also correlates with HER2 overexpression in breast cancer cells.<sup>60</sup> Hence, monitoring cPLA2 $\alpha$  activity can provide valuable information in breast cancer diagnosis and for evaluating treatment response. For this purpose, the Delikatny group recently synthesized and preclinically tested several phospholipase-activatable 'smart' fluorescent imaging probes, which are specifically activated by PLC only or cPLA2 only.<sup>80,81</sup> Recently, the same group developed a second series of cPLA2 based imaging agents with improved activity.<sup>82</sup> In these smart imaging agents, AA was coupled to red-shifted fluorophores, which maximized light tissue penetration, and which achieved cPLA2 specificity by employing AA, because cPLA2 is the only phospholipase with specificity for AA-containing phospholipids.<sup>64</sup> Because of their deep tissue penetration capabilities, these novel near-infrared fluorescent smart probes can be used *in vivo*. One of the agents has shown the potential to be imaged *in vivo* in triple-negative breast cancer mouse models in which cPLA2 was overexpressed.<sup>82</sup> Continuing the development of cPLA2-activatable imaging probes to determine *in vivo* cPLA2 activity will help with future translation of cPLA2 inhibitors as therapeutic targets for cancer treatment. Smart cPLA2 imaging probes are able to identify tumors in which cPLA2 activity is high, and they could be used for monitoring *in vivo* on-target efficacy of cPLA2 inhibitors.

### Lyso-phospholipase A1:

All enzymes with phospholipase A1 activity, including lyso-PLA1, catalyze the hydrolysis of fatty acids at the sn-1 position of phospholipids producing 2-acyl-lysophospholipids, or, in the case of lyso-PLA1, glycerophospho-alcohols such as GPC, glycerophosphoethanolamine (GPE), or glycerophosphoinositol (GPI) among others and fatty acids.<sup>83</sup> The PLA1 isozymes consist of two morphologically different families: The intracellular PLA1 family<sup>84</sup> and the extracellular PLA1 family.<sup>85</sup> Extracellular PLA1 enzymes belong to the lipase family with a molecular weight of 50–60 kDa.<sup>85</sup> Lyso-PLAs are enzymes that hydrolyze lysophospholipids by removing the only remaining acyl-chain.<sup>86</sup> Lyso-PLAs can be divided into two sub-classes based on their molecular weights, i.e. small

molecular weight lyso-PLAs of <30 kDa and high molecular weight lyso-PLAs of >50 kDa. Small molecular weight lyso-PLAs can be further divided into lyso-PLA1 and lyso-PLA2, both of which are similar in size and function.<sup>86</sup> High molecular weight lyso-PLAs display lyso-PLA activity along with other hydrolytic or lipolytic activities.<sup>86</sup> Examples of high molecular weight lyso-PLAs include group IV calcium-dependent cPLA2, phosphatidic acid-preferring PLA1 (PA-PLA1), transacylase/lysophospholipase (TA/LysoPLA) and triacylglycerol lipase lysophospholipase.<sup>86</sup>

Mammalian cells and tissues, including rabbit heart, pig gastric mucosa,<sup>87</sup> rat and beef liver, murine macrophage and human HL60 cells,<sup>88</sup> have been reported to contain high lyso-PLA activity as compared to phospholipase activity, which acts as a safeguard to maintain optimally low levels of lysophospholipids in cells and tissues.<sup>86</sup> High concentrations of lysophospholipids resulting from altered membrane phospholipid metabolism are associated with disrupted membrane conformation, and disrupted activities of membrane bound enzymes such as guanylate and adenylate cyclase.<sup>89,90</sup> They are also associated with various diseases such as atherosclerosis, inflammation, and myocardial ischemia.<sup>86,89,90</sup> Low, non-toxic levels of lysophospholipids act as lipid second messengers and transduce signals from membrane receptors.<sup>86</sup> As multiple enzymes share lyso-PLA activity,<sup>86</sup> understanding the nature of lyso-PLAs is a complex undertaking. Lyso-PLA1 and lyso-PLA2, as outlined above, have similar molecular weights and functions. These two are expressed together in mammalian cells, including heart and liver cells. Both lyso-PLA1 and lyso-PLA2 function independent of bivalent ions such as  $\text{Ca}^{2+}$  and  $\text{Mg}^{2+}$ .<sup>86</sup> Both of these proteins display 64% sequence similarity and contain a conserved catalytic triad consisting of serine, histidine and aspartate, emphasizing that both lyso-PLA1 and lyso-PLA2 share similar catalytic activity.<sup>86</sup>

Lyso-PLA1 can efficiently hydrolyze 1-palmitoyl lyso-PtdCho substrate that consists of a 9:1 equilibrium mixture of 1-palmitoyl lyso-PtdCho and 2-palmitoyl lyso-PtdCho, and hence with the fatty acid located predominately at the sn-1 position, producing free palmitic acid, suggesting that lyso-PLA is able to function both as a lyso-PLA1 and lyso-PLA2.<sup>91</sup> A recent study showed that treating the mouse macrophage cell line RAW264.7 with parasite lyso-PLA induced the expression of interleukin 25 (IL-25), elevated BRAF and ERK1/2 mRNA levels, and phosphorylated BRAF and extracellular signal regulated kinase 1/2 (ERK1/2).<sup>91</sup> Up-regulation of IL-25 induced expression of mesenchymal cell markers and promoted cell migration, suggesting an association of lyso-PLA with cell migration.<sup>91</sup> A significant body of work has been published on high molecular weight lyso-PLAs, while low molecular weight lyso-PLA1 and lyso-PLA2 have yet to be explored, including their effects on cellular GPC levels (Table 1).

### **Glycerophosphocholine phosphodiesterase:**

Glycerophosphocholine phosphodiesterases (GPC-PDE), also referred to as glycerophosphodiester phosphodiesterases (GDPDs) and glycerophosphodiesterases (GDEs), are a family of enzymes that convert glycerophosphodiester to glycerol 3-phosphate and an alcohol.<sup>92</sup> They have been identified and characterized in various tissues including rat kidney, brain, liver, and uterus.<sup>93,94</sup> GDPDs (GDEs) can be subdivided into two groups based on their cellular location, i.e. group one GDPDs are associated with the plasma



membrane and group two GDPDs remain in the cytosol, see Fig. 4A and B.<sup>49</sup> There are seven members in the human GDPD family, which are phylogenetically close to the *E. coli* GPC-PDE protein that catalyzes the hydrolysis of glycerophosphodiester and thereby produces glycerol 3-phosphate and alcohols.<sup>49</sup> Mammalian GDPDs show different substrate specificity, and GDE1 (no GDPD notation available), GDPD5 (GDE2) and GDPD6 (GDE5) have been reported to utilize glycerophosphodiester as substrate and hydrolyze them to produce glycerol 3-phosphate and an alcohol, whereas GDPD2 (GDE3), GDPD1 (GDE4), GDPD4 (GDE6) and GDPD3 (GDE7) show specificity towards various other substrates as shown in Table 2. Two members of the GDE family, GDPD5 (GDE2) and GDPD6 (GDE5) have been identified to confer GPC-specific phosphodiesterase (GPC-PDE) activity to hydrolyze GPC into glycerol 3-phosphate and free choline Fig. 3B.<sup>95,96</sup>

The human GDPDs form two clusters in their phylogenetic tree (Fig. 4A). In the first cluster, GDPD6 (GDE5) occupies one branch on its own, making its topological structure distinctly different from the other GDPDs (Fig. 4B), as it contains an N-terminal carbohydrate binding domain (CBM20) and a C-terminal GDE domain.<sup>49</sup> The second branch in the first cluster consists of GDPD1 (GDE4) and GDPD3 (GDE7), which both have specific activity towards glycerolipids instead of glycerophosphodiester.<sup>97</sup> Structurally, they contain two transmembrane domains, one at each terminus, along with a centrally located GDE domain.<sup>97</sup> The second cluster consists of GDE1, which is topologically similar to GDPD1 (GDE4) and GDPD3 (GDE7), but has activity towards glycerophosphodiester, and GDPD5 (GDE2), GDPD2 (GDE3) and GDPD4 (GDE6).<sup>49</sup> The latter three, i.e. GDPD5, GDPD2, and GDPD4, each contain 7 transmembrane domains, which give rise to their group name “serpentine GDEs” (Fig. 4A–B).<sup>49</sup>

GDPD5 (GDE2) has been reported for the first time in mice as a GDPD (GDE) that regulates GPC levels osmotically in renal cells, where GPC serves as an osmoprotective organic osmolyte.<sup>95</sup> Additionally, GDPD5 (GDE2) has a function in neuronal differentiation, as the catalytic activity of GDPD5 (GDE2) induced motor neuron differentiation<sup>98</sup> through autonomous cleavage of a GPI anchor from the RECK protein located in the neighboring cells<sup>99</sup> A recent report has shown that GDPD5 (GDE2) induced neuroblastoma cell differentiation by cleaving a GPI-anchored heparan sulfate proteoglycan, termed glypican-6 (GPC6), thereby releasing GPC6 and suppressing cell motility.<sup>100</sup> GDPD5 (GDE2) has also emerged as a prognostic marker for neuroblastoma.<sup>101</sup> Increased GPC levels were observed in a <sup>31</sup>P MRS study of triple-negative MDA-MB-231 breast cancer xenograft models in which GDPD5 (GDE2) was constitutively silenced, and which were grown orthotopically in athymic nude mice.<sup>102</sup> Expression levels of GDPD5 (GDE2) were reported to positively correlate with breast cancer malignancy.<sup>48</sup> GDPD5 (GDE2), along with PLD1 and CHKA, were highly expressed in estrogen receptor negative (ER-) human breast cancer samples, which contained high PC, tCho, and decreased GPC level in contrast to estrogen receptor positive (ER+) human breast cancer samples.<sup>48</sup> In a recent study employing high-resolution (HR) <sup>1</sup>H MRS following siRNA silencing of GDPD5 (GDE2) or GDPD6 (GDE5) in two human breast cancer cell lines, Cao *et al* demonstrated that GPC levels were increased more than twofold during GDPD6 (GDE5) silencing, and marginally increased during GDPD5 (GDE2) silencing.<sup>103</sup> Following GDPD5 (GDE2) siRNA silencing, Cao *et al* observed that triple-negative MDA-MB-231 breast cancer cells

displayed reduced migration and invasion, while ER+ MCF-7 breast cancer cells showed reduced viability and migration<sup>103</sup> (Fig. 5).

GDPD6 is a Mg<sup>2+</sup>-dependent GDE/GDPD, which shows a preference of GPC over GPE as substrate.<sup>50</sup> GDPD6 (GDE5) consists of two highly conserved domains, a carbohydrate-binding domain, and a catalytic domain showing GDE enzyme activity.<sup>50</sup> GDPD6 (GDE5) has been reported to act as regulatory body for skeleton muscle development.<sup>50</sup> GDPD6 (GDE5) was demonstrated to participate in conferring migration and invasion of cancer cells via the protein kinase C- $\alpha$  signaling pathway.<sup>96</sup> Increased GDPD6 (GDE5) mRNA levels have been observed in metastatic endometrial carcinomas.<sup>28,96</sup> GDPD6 (GDE5) expression was negatively correlated with survival in endometrial and ovarian cancers.<sup>96</sup> A recent study by the Glunde group has shown that silencing of GDPD5 (GDE2) or GDPD6 (GDE5) using siRNA can increase the efficacy of chemotherapeutic agents such as doxorubicin.<sup>104</sup> In this study, the weakly metastatic cell line MCF-7 and highly metastatic triple negative MDA-MB-231 cells were treated with doxorubicin, which resulted in decreased PC levels and increased GPC level. Silencing of GDPD6 (GDE5) by siRNA diminished breast cancer cell migration induced by low concentrations doxorubicin. Increased GPC and decreased PC levels upon doxorubicin treatment resulted from reduced mRNA and protein expression levels of GDPD6 (GDE5), PLD1, and CHK $\alpha$  (Fig. 6,7).<sup>104</sup>

While important roles of GDPD5 (GDE2) and GDPD6 (GDE5) are emerging in neuroblastoma, breast cancer, and endometrial and ovarian cancers, it is important to further investigate the roles of GDPD5 (GDE2) and GDPD6 (GDE5) in cancer to evaluate their diagnostic and treatment potentials. The use of MRS to detect cellular and tissue GPC levels enables non-invasive detection of the effectiveness of GDPD5 (GDE2) or GDPD6 (GDE5) silencing or inhibition.

## Oncogenic signaling pathways and transcription factors regulating the GPC pathway

The first indication that choline metabolism is regulated by oncogenic signaling pathways came from early work showing that PC levels increased following growth factor stimulation of NIH3T3 fibroblasts.<sup>105,106</sup> The RAS/MAP kinase pathway regulates important cellular processes including cell growth, proliferation, differentiation, migration, and programmed cell death.<sup>107–110</sup> When the RAS/MAP kinase pathway is activated by receptor tyrosine kinases (RTKs),<sup>111</sup> it triggers a cascade of phosphorylation events leading to the phosphorylation of a variety of target proteins within the nucleus or cytoplasm or cells.<sup>107,112,113</sup> The first part of the phosphorylation cascade relies on the activation of at least one of the four major MAP kinases, which are ERK1 and 2 (ERK1/2), ERK5, p38, and JNK.<sup>110,114</sup> The next steps involve RAF phosphorylation of MEK1/2, which in turn phosphorylate and activate ERK1/2.<sup>110,114</sup>

Tyrosine kinases<sup>111</sup> are crucial mediators of various signaling cascades, and have vital roles in diverse biological processes including cell proliferation, differentiation, migration, metabolism, and programmed cell death.<sup>109,111</sup> It is well documented that tyrosine kinases are involved in the pathophysiology of cancer.<sup>109,115</sup> Tyrosine kinases are enzymes that



phosphorylate the tyrosine residues in target proteins by transferring a phosphate group from adenosine triphosphate (ATP) to the respective tyrosine residue.<sup>111,116</sup> Tyrosine kinases can be categorized as receptor tyrosine kinases (RTKs),<sup>116</sup> including epidermal growth factor receptor (EGFR), fibroblast growth factor receptor (FGFR) and platelet-derived growth factor receptor (PDGFR), and non-receptor tyrosine kinases (NRTKs), including SRC, Abelson tyrosine-protein kinase (ABL), focal adhesion kinase (FAK) and Janus kinase (JAK).<sup>111</sup> The RTKs are cell surface transmembrane receptors with kinase activity, and contain a multidomain extracellular ligand-binding site with specificity to a particular ligand, a transmembrane hydrophobic helix, and a cytoplasmic tyrosine kinase domain.<sup>117</sup> RTKs function as receptors for growth factors, cytokines, hormones, neurotrophic factors, and other extracellular signaling molecules, thereby activating the respective signaling pathways that mediate cell proliferation, differentiation, and migration, among others.<sup>111,116</sup>

Important transcription factors driving carcinogenesis as well as choline metabolism are MYC and hypoxia induced factors (HIFs).<sup>16</sup> Several studies have shown that well-studied genes in choline phospholipid metabolism, such as CHKA, CTP:phosphocholine cytidyltransferase CCT, and PLD are regulated by such oncogenic signaling pathways and transcription factors.<sup>16</sup> Recent studies as reviewed below are revealing the reciprocal interactions between oncogenic signaling pathways, transcription factors, and genes in the GPC pathway, i.e. cPLA2, lyso-PLA1, GPD5, and GPD6.

### **Estrogen, progesterone, and HER2 receptor signaling:**

Estradiol (or estrogen), a steroid hormone, is a key player in the progression of breast cancer, as 65% of all human breast cancers are ER+, which means that their growth depends on the availability of estrogen.<sup>118</sup> Estrogen confers its biological effects by binding to estrogen receptors, i.e. ER $\alpha$  and ER $\beta$ , which are structurally and functionally different from each other.<sup>118</sup> Both of these receptors show highly homologous DNA and ligand binding domains (96% homology) along with a less homologous transcriptional activating function 1 (AF 1) domain.<sup>119</sup> ER $\alpha$  also has a C-terminal AF 2 domain containing ligand-binding region as shown in Fig. 8A.<sup>119</sup> When estrogen binds to ER $\alpha$ , it subsequently translocates to the nucleus, where it binds to the target gene promoter to stimulate gene transcription.<sup>120,121</sup> ER $\alpha$  plays a vital role in breast cancer progression.<sup>122,123</sup> ER $\alpha$  signaling has emerged as a complex signaling event as it involves various co-regulatory proteins, as well as participation of extracellular, intranuclear, and genomic molecular events.<sup>124</sup> ER-co-regulatory proteins such as SRC-1 are differentially expressed in tumors and have altered functions that lead to tumor progression.<sup>125</sup> A recent study reported that in mice carrying the mouse mammary tumor virus polyomavirus middle T (PyMT) transgene (Tg), SRC-1 co-regulator deficiency increased MMTV-neu-mediated tumor latency and decreased metastasis, indicating the importance of this ER $\alpha$ -co-regulator in breast cancer metastasis.<sup>126</sup> ER $\alpha$  extra-nuclear signaling enhances the activation of PI3K, Src kinase, protein kinase C and mitogen-activated protein kinase (MAPK) pathways in the cytosol.<sup>127</sup> Several of the kinases that are activated by ER $\alpha$  extra-nuclear signaling pathway are implicated in breast cancer metastasis,<sup>128</sup> including phosphorylation of ERK and protein kinase B (AKT) for breast cancer cell migration, and Src<sup>129</sup> and ILK1 kinases for breast cancer cell invasion and metastasis.<sup>130</sup> Even though ER $\beta$  works as a transcription factor similar to ER $\alpha$  and mediates distinct

physiological responses related to estrogen signaling, their physiological consequences are different.<sup>118</sup> A recent study suggested that increased ER $\beta$  expression had a counter effect on cell proliferation,<sup>131</sup> and that ER $\beta$  confers an anti-proliferative function in tumors.<sup>132</sup> ER $\beta$  expression is correlated with decreased cell migration, and decreased invasive and proliferative tumors as ER $\beta$  affects integrin expression levels, thus altering adhesion and migration properties of breast cancer cells.<sup>132,133</sup> Downregulation of ER $\beta$  expression was shown to promote EMT in prostate cancer cells.<sup>134</sup> These studies suggest that ER $\beta$  signaling may promote anti-migratory and anti-invasive responses, however, more detailed studies of ER $\beta$  signaling in cancer are needed.

Progesterone receptor (PR) belongs to the nuclear/steroid hormone receptor (SHR) family. The SHR family consists of ligand-dependent transcription factors that are mainly expressed in the female reproductive system and the central nervous system.<sup>135,136</sup> PR, when bound to the steroid hormone progesterone, controls various signaling pathways associated with development, differentiation, proliferation, as well as endocrine-based cancers.<sup>137</sup> PR is a modular protein that consists of an intrinsically disordered N-terminal domain, a central globular DNA-binding domain (DBD), and a folded C-terminal ligand-binding domain (LBD), as shown in Fig. 8A and commonly exists as three isoforms, i.e. PR-A, PR-B<sup>136</sup> and PR-C<sup>138</sup>. The PR-A and PR-B isoforms are produced from the same gene by alternate translational start sites, and they have two transcription sites.<sup>136</sup> PR-B is the full-length receptor with additional 164 amino acid residues at the N-terminal, which are absent in PR-A.<sup>136</sup> These isoforms can act as either homo (A-A and/or B-B) or heterodimer (A-B), are able to regulate different groups of target genes, and show both ligand-independent and -dependent functions.<sup>136</sup> PR-C is a highly tissue-specific, third isoform containing only N-terminal DNB and C-terminal LBD, which acts as inhibitor of PR-B in the uterus and induces labor.<sup>138</sup> In breast cancer, the percentage of proliferating, ER/PR-positive cells increases significantly as compared to healthy women, switching from paracrine hormone signaling, where cells produce hormones that bind to receptors of other nearby cells, to autocrine mode, where cancer cells secrete hormones that bind to their own receptors.<sup>139,140</sup>

Transgenic mouse models<sup>141,142</sup> of hormone-dependent mammary tumors as well as experiments with breast cancer cell lines showed an increase in the percentage of proliferating ER/PR positive cells due to deregulation of ER $\alpha$ .<sup>143</sup> In human mammary tissues, an increase in ER/PR-positive proliferating cells has been observed in adjacent normal tissues of breast cancer patient, implying the disruption of PR-mediated paracrine signaling pathways.<sup>136,144</sup> Currently, our knowledge about this paracrine to autocrine signaling switch or its involvement in tumorigenesis is limited.<sup>145</sup> The signaling pathways that are affected by altered progesterone signaling during tumor growth are also not well defined,<sup>136</sup> except for RANKL (receptor activator of nuclear factor kappa-B ligand) signaling, which was shown to be disrupted in the initial stages of progestin-sensitive mammary tumor growth in mouse models.<sup>146</sup> In human ER/PR positive breast cancer cell lines, including T47D and MCF-7, RANKL is neither expressed nor stimulated by progesterone, however, it is upregulated in premenopausal women with breast cancer.<sup>146</sup> Breast cancers patients with a high PR expression level display an enhanced level of RANKL expression in the tumor and adjacent normal tissue,<sup>147</sup> and the RANKL expression level in epithelial compartments negatively correlates with tumor progression.<sup>148,149</sup> These

contradictory findings indicate that more studies are needed to understand the role of progesterone–RANKL signaling in human breast cancer.<sup>136</sup>

Overexpression of the human epidermal growth factor receptor 2 (HER2) occurs in about 15%–30% of breast cancers.<sup>150</sup> This facilitates the activation of growth factor signaling pathways, which in turn triggers survival, proliferation, and invasion of breast cancer cells.<sup>115</sup> Breast tumors with HER2 overexpression, referred to as HER2-positive breast cancers, are associated with aggressive tumor behavior, high recurrence rate, and reduced survival rate.<sup>150–152</sup> HER2 is a member of the epidermal growth factor receptor (EGFR) family, which belongs to the super-family of the cell surface receptor tyrosine kinases Fig. 8B.<sup>116,117</sup> EGFRs are activated by binding with numerous ligands, which leads to receptor dimerization and subsequent phosphorylation of the intracellular domain.<sup>153</sup> This intracellular domain phosphorylation of receptors triggers downstream signaling pathways that result in cell proliferation and migration.<sup>153,154</sup> Members of the EGFR family are EGFR/HER1, HER2, HER3, and HER4.<sup>155</sup> The HER2 gene is positioned at chromosome 17, which encodes a 185-kDa transmembrane protein.<sup>156–158</sup> The HER2 receptor's extracellular domain remains in an active conformation, which can undergo a ligand-independent dimerization with other EGF receptors, of which the HER2/HER3 dimer combination is the most active and tumor promoting dimer. The ligand for HER2 has not yet been identified, and HER2 can be activated either by a ligand-mediated hetero-dimerization process with other receptors of the EGFR family, or by ligand-independent homo-dimerization, which occurs in the case of HER2-overexpressing tumors.<sup>159,160</sup> Phosphorylated HER2, which arises from auto-phosphorylation of HER2 at Tyr1248, is the active form of the HER2 receptor, which is a requirement for downstream signaling.<sup>161,162</sup> It has been observed that HER2 is present in the phosphorylated state in tumors of HER2-positive transgenic mice.<sup>163</sup> However, there is disagreement in the literature as to the percentage of HER2-positive human breast cancer cases, which have been reported to lie within the large range of 10% - 80% of HER2 in the phosphorylated state.<sup>164</sup>

ER, PR and HER2 signaling pathways in breast cancer were shown to affect PC and GPC levels.<sup>79</sup> ER and HER2 downregulate enzymes associated with the GPC pathway, including cPLA2 and lyso-PLA1.<sup>79,165</sup> However, it is currently not known how ER, PR and/or HER2 signaling affect GPC levels and the GPC-regulating enzymes cPLA2, lyso-PLA1, GPPD5, GPPD6. Future studies will hopefully be able to address these unanswered questions.

#### **Oncogenic RAS, PI3K/AKT, RALGDS signaling:**

The phosphatidylinositol 3-kinase (PI3K) pathway is frequently activated in cancer cells due to mutations and epigenetic changes.<sup>166</sup> RAL GTPase guanine nucleotide dissociation stimulator (RALGDS) is a well characterized RAS effector which induces the transformation of NIH3T3 fibroblasts.<sup>106</sup> RALGDS along with PI3K participates in the control of cell proliferation, tumorigenesis, and survival.<sup>167</sup> Under normal conditions, cellular functions are highly regulated by a complex network of signaling pathways, which controls proliferation, apoptosis, angiogenesis, metastasis, growth and the sensitivity of the cells toward growth signal.<sup>7,168</sup> When this network of signaling pathways is disrupted, cells often become cancerous.<sup>7</sup>

RAS proteins are signaling proteins that, by activating critical signaling pathways, regulate proliferation.<sup>169</sup> Many tumors express RAS proteins that are constantly activated by point mutations in the RAS genes.<sup>170,171</sup> Activated RAS proteins drive transformation by deregulating proliferation and apoptosis, and by inducing the formation of new vasculature in the tumor.<sup>172</sup> The RAS proteins belong to the superfamily of GTP-binding proteins, each family of which is associated with important cellular processes.<sup>173</sup> The RAS family that regulates cell growth has three members that are activated by point mutations, i.e. HRAS, KRAS and NRAS.<sup>173</sup> These three RAS proteins share ~85% of their amino acid sequence and function similarly.<sup>170,173</sup> The KRAS protein is frequently expressed in most cancer cell types.<sup>174</sup> RAS protein function requires several post-translational modifications.<sup>175</sup> The post-translational modification of RAS starts with the addition of farnesylpyrophosphate to the cysteine residue of the carboxy-terminal tetrapeptide CAAX motif.<sup>176</sup> In this motif, C is a cysteine, A is an aliphatic amino acid, i.e. leucine, isoleucine or valine, X is a terminal residue, i.e. methionine, serine, leucine, or glutamine.<sup>176</sup> This is followed by addition of palmitate to one or two cysteine residues immediately upstream of the CAAX sequence.<sup>177</sup> The AAX part of the CAAX sequence then undergoes Ras converting enzyme 1 (RCE1) mediated proteolysis, followed by methylesterification of the C-terminal prenylcysteine.<sup>177,178</sup> As the next step, protein kinase C phosphorylates KRAS at serine-181.<sup>179</sup> The GTP-bound active form of RAS binds and activates other effector proteins, thereby inducing cellular characteristics of transformed cells.<sup>172</sup> The best studied effector protein of RAS is Rapidly Accelerated Fibrosarcoma (RAF), which is a member of the serine/threonine kinase family, which also includes serine/threonine-protein kinase-1 (c-RAF1), serine/threonine-protein kinase B-Raf (BRAF) and Serine/threonine-protein kinase A-Raf (ARAF).<sup>180</sup> RAF activation by RAS starts a signaling cascade by phosphorylating and activating mitogen-activated protein kinase kinases 1 and 2 (MEK1 and MEK2), which in turn phosphorylate the mitogen-activated protein kinases (MAPKs) ERK1 and ERK2.<sup>170</sup> The activation of ERK1 and ERK2 results in further activation of various transcription factors associated with the regulation of gene expression and cell proliferation.<sup>181</sup>

Phosphatidyl-inositol-3-kinases (PI3Ks) are members of the lipid kinase family, which phosphorylates the 3'-OH group of the inositol ring in inositol phospholipids.<sup>182</sup> PI3K consists of a heterodimer comprising a catalytic and an adaptor/regulatory subunit.<sup>182</sup> Binding of PI3K to phosphorylated tyrosine consensus residues of growth factor receptors results in the activation of its catalytic subunit, which leads to the formation of the second messenger phosphatidylinositol-3,4,5-triphosphate (PI3,4,5-P<sub>3</sub>) from the substrate phosphatidylinositol-4,4-bisphosphate (PI-4,5-P<sub>2</sub>).<sup>182</sup> After that, PI3,4,5-P<sub>3</sub> recruits a number of signaling proteins, including protein serine/threonine kinase-3'-phosphoinositide-dependent kinase 1 (PDK1) and AKT/protein kinase B (PKB), associated with cellular growth and survival.<sup>183</sup> AKT kinase is a member of the AGC kinase, which was coined to define the subgroup of Ser/Thr protein kinases closely related to cAMP-dependent protein kinase or Protein kinase A (PKA), cGMP-dependent protein kinase (PKG), and protein kinase C (PKC), consisting of a PH domain, a catalytic kinase domain, and an extension containing a regulatory hydrophobic motif (HM).<sup>184</sup>

The PI3K/AKT pathway is crucial for cell survival under conditions of stress, including hypoxia, acidic pH, and substrate deprivation as frequently found the tumor

microenvironment.<sup>185</sup> Mammalian target of rapamycin (mTOR) is a serine/threonine kinase, which is universally expressed in mammalian cells, and which integrates the signals initiated by various stimuli to regulate protein synthesis and downstream signaling associated with cellular growth as well as metabolism.<sup>185</sup> The activation of the PI3K/AKT/mTOR pathways due to genetic alterations has profound effects on regulating cell growth and survival resulting in increased cellular growth, metastatic capabilities and resistance to therapy.<sup>185</sup> Thus, this complex pathway is an attractive targets for developing anticancer agents.<sup>185</sup>

Inhibition of PI3K with LY294002 is associated with a significant increase in GPC and a decrease in PC levels.<sup>186,187</sup> Also, the inhibition of AKT causes a decrease in PC level, which is associated with a reduced CHK $\alpha$  expression and reduced activity emphasizing the association of PI3K/AKT in choline metabolism.<sup>188</sup> However, it is currently not clear if and how RAS, PI3K/AKT, and mTOR signaling affect GPC levels and GPC-regulating enzymes, i.e. cPLA2, lyso-PLA1, GDPD5, GDPD6. Future studies should focus on providing these answers.

### Transcription factors:

Carcinogenesis is characterized by a gradual accumulation of critical genetic and epigenetic changes, leading to initially precancerous lesions that gradually evolve into aggressive cancers.<sup>189</sup> There are several oncogenic transcription factors, signal transducers, and transcription activators that are hyper-activated in cancer, including activator protein (AP)-1, nuclear factor (NF)- $\kappa$ B, and signal transducer and activator of transcription (STAT)-3 and STAT-5, respectively.<sup>189</sup> Oncogenic transcription factors participate in the initiation and progression of cancer, as well as in the development of therapy resistance.<sup>189</sup> There are also tumor-suppressing transcription factors that are under-activated in cancer, including p53 and retinoblastoma protein (pRb), however, not much information is available as to how to stimulate or stabilize them for the purpose of therapy.<sup>190</sup> Transcription factors function by directly or indirectly binding to specific DNA sequences within gene regulatory regions.<sup>191,192</sup> Extensive cross-talk among transcription factors and communication of transcription factors with target genes across different tissues and cellular contexts makes the regulatory transcription factor network highly complex.<sup>192</sup>

An important oncogenic transcription factor is AP-1, which is a dimeric protein with basic leucine zipper (bZIP), dimerization, and DNA binding domains.<sup>189</sup> AP-1 is involved in various aspects of tumorigenesis, including enhanced proliferation, suppression of apoptosis, neoangiogenesis, and modulation of extracellular matrix (ECM) components.<sup>193</sup> AP-1 is affected by HER2 signaling, making it a potential target for the treatment of HER2-positive breast cancer.<sup>194</sup> Recent genomic studies suggest that different progenitor cells involved in the development of mammary glands are associated with specific transcription factor regulatory networks.<sup>195</sup> These progenitor cells, when influenced by oncogenic events, give rise to different breast cancer subtypes, which require different treatment regimens and lead to different outcomes.<sup>195</sup> The transcription factors GATA binding protein 3 (GATA-3) and fork-head box A1 (FOXA1) are examples of such transcription factors, which are involved in mammary morphogenesis in an ER-sensitive manner in normal development, and which are also overexpressed in luminal type tumors that are ER-positive and hence sensitive to

hormonal therapy.<sup>189,196</sup> Alterations in the ER/GATA-3/FOXA1 network enable breast cancer cells to acquire resistance to hormone therapy.<sup>197</sup> Some transcription factors, including Snail1, Snail2, Twist1, zinc finger E-box-binding homeobox 1 (ZEB1), ZEB2, and the nuclear factor of activated T-cells (NFAT) family,<sup>198,199</sup> alter the EMT in carcinogenesis<sup>200</sup> by down-regulating epithelial cadherin expression, which in turn disrupts tissue vasculature.<sup>200</sup> STAT-3 and STAT-5 are transcription factors that modulate the tumor microenvironment and have been implicated in cancer.<sup>201,202</sup> Another important transcription factor that is overexpressed in many cancers is HIF, which induces neoangiogenesis during tumor growth by driving up vascular endothelial growth factor (VEGF) expression, EMT, invasion, metastasis, and resistance to chemotherapy and radiation therapy.<sup>203,204</sup> The transcriptional activity of HIF is also activated by hypoxia, which is commonly experienced by cancer cells in a growing tumor.<sup>203</sup> The Notch transcription factor family is also involved in breast cancer by modifying the tumor microenvironment, inducing EMT, and enhancing neoangiogenesis.<sup>205</sup>

All of the above-mentioned transcription factors, which are associated with different cancer types, are vital in regulating gene expression in conjunction with other transcriptional regulators. A recent study showed that HIF1 is associated with choline metabolism in breast and prostate cancer, and that it activates  $\text{CHK}\alpha$  by activating hypoxia response elements, thereby increasing the cellular PC and choline levels.<sup>206,207</sup> Silencing of HIF1 $\alpha$  and HIF2 $\alpha$  were shown to reduce cellular GPC levels in breast cancer cells.<sup>208</sup> It is currently not known how other transcription factors such as AP-1, GATA-3, FOXA1, Snail1/2, Twist1/2, ZEB1/2, and NFAT, STAT-3/-5, and Notch affect choline metabolism in cancer, and GPC levels in particular. Future studies should investigate the transcriptional regulation of GPC-modulating enzymes such as cPLA2, lyso-PLA1, GPPD5, GPPD6.

## Interaction of the GPC metabolic pathway with other biochemical pathways

The GPC metabolic pathway interacts with multiple other biochemical pathways on several levels. In the following, we highlight two main pathways, i.e. glycolysis and triacylglycerol formation, that have a direct connection with the GPC pathway through the metabolite 1,2-diacylglycerol (DAG) as shown in Fig. 9. These three pathways are activated in cancer.

### Glycolysis:

Glucose metabolism starts with glycolysis, which comprises a series of enzymatic degradation steps, in which glucose is catabolized to pyruvate. Glycolysis is activated in cancers by the Warburg effect, which favors glycolysis over oxidative phosphorylation under normoxic conditions. Various glycolysis intermediates can participate in the pentose phosphate pathway (PPP), which is a parallel pathway to glycolysis and produces NADPH and pentoses (5-carbon sugars) as well as ribose 5-phosphate or lead to lipid synthesis. In cancerous cell, pyruvate can either be converted to lactate, or it can be transported to the mitochondria where it participates in the tricarboxylic cycle (TCA) and is subsequently converted to fatty-acyl-coenzyme A (CoA) by fatty acid synthase. Glyceraldehyde-3-phosphate, a conversion product of fructose-1,6-bisphosphate in glycolysis, is converted to phosphatidate, which in turn is reversibly converted to DAG or TAG, as discussed in detail



in the next section. DAG formed in this pathway is subsequently incorporated in the *de novo* synthesis of PtdCho (Fig. 9). There have not been many reports emphasizing the connection between glycolysis and the GPC metabolic pathway, and investigating this link in cancer may provide important insights.

### Triacylglyceride formation in lipid droplets:

Lipid droplets have been known to influence various processes associated with tumorigenesis and in their aggressiveness. Lipid droplet formation and lipid droplet abundance have been positively correlated with degree of aggressiveness in breast cancer cell lines, from non-malignant MCF-10A to highly malignant MDA-MB-231 cells. Increased fatty acid and phospholipid synthesis, which is essential for increased proliferation of cancer cells, are the primary sources of higher lipid content in malignant cells. Additionally, breast cancer cells import free fatty acids to use them either as a substrate for energy production by  $\beta$ -oxidation or for storing them in the form of lipid droplets, which enables them to avoid nutrient stress due to enhanced cell proliferation.<sup>209</sup> These lipid droplets are spherically shaped organelles with a size range of a few nanometers to hundreds of micrometers. Lipid droplets are composed of neutral lipids, including cholesterol esters, retinol esters, and triacylglycerides (TAGs) with saturated or unsaturated acyl chains, which are surrounded by a layer of phospholipids, i.e. primarily phosphatidylcholine, and different proteins. TAGs contain three fatty acid chains bound to a glycerol backbone and are synthesized by a complex pathway. This pathway requires activation of saturated or unsaturated fatty acids to fatty acyl-coenzyme A esters through acyl-CoA synthetase activity and phosphorylation of glycerol by either glycerol kinase, or cytosolic synthesis of glycerol-3-phosphate from di-hydroxy-acetone phosphate. Once fatty acyl-CoA is formed, it acylates glycerol-3-phosphate to produce 1-acylglycerol-3-phosphate, followed by another acyl-CoA-mediated acylation step to produce 1,2-diacylglycerol phosphate. 1,2-diacylglycerol phosphate is dephosphorylated to produce DAG and then is esterified to convert DAG into TAG.<sup>209</sup> Following synthesis of TAG, *de novo* formation of lipid droplets takes place between two leaflets of the endoplasmic reticulum. When lipid droplets are broken down by lipolysis in non-adipose tissues, they release fatty acid from TAGs and are involved in various processes, including fatty acid oxidation, cell growth, cellular membrane synthesis, and synthesis of various lipid mediators.<sup>209</sup> Further studies are needed to investigate the interaction of TAG and lipid droplets with the GPC pathway.

### Magnetic resonance spectroscopy (MRS) techniques for detecting GPC

Significant technology advances in MRS, which include higher field strengths, new coil designs, and new pulse sequences,<sup>210,211</sup> have enabled the detection and quantification of cellular and tumor GPC levels, among many other metabolites and amino acids.<sup>23,212,213</sup> Recent advances in MR instrumentation, MR methodology, and development of novel contrast agents have tremendously strengthened the field of MRI and MRS.<sup>214,215</sup> Advanced MRS techniques enable the observation of molecular, cellular, and metabolic processes *in vivo*, which has deepened our knowledge of cancer biology, therapeutic targets, and treatment strategies.<sup>210,215</sup> Noninvasive MRS techniques are being developed as powerful imaging tools for preclinical studies as well as clinical applications.<sup>19,216</sup> In the following,

we discuss MR applications that are available for visualizing and quantifying catabolic and anabolic processes in cancer metabolism, with a focus on the detection of GPC.

Magnetic resonance spectroscopy is a phenomenon that occurs owing to the interaction of nuclear spins with a strong external magnetic field ranging between 9.4 Tesla and 18.8 Tesla. Atomic nuclei have an intrinsic property referred to as spin, which arises from the number of neutrons and protons present in the nucleus. Most commonly used nuclei in MRS are nuclei with a spin of 1/2, which are  $^1\text{H}$ ,  $^{13}\text{C}$ , and  $^{31}\text{P}$ . The gyromagnetic ratio of nuclei, their concentration in the area of interest, their longitudinal relaxation or spin-lattice relaxation time T1, and their transverse relaxation or spin-spin relaxation time T2, are four major factors contributing to their MRS signal intensity.<sup>217</sup> When these nuclei are placed in the presence of an external magnetic field, they align themselves either in the same direction or opposite to it according to their energy states. When a radiofrequency pulse is applied, excited nuclei move to the higher energy state, and when the system returns to its equilibrium state, a free induction decay of radiofrequency of spins returning to equilibrium can be detected.<sup>218</sup> Each chemical structure possesses a particular electronic environment, which causes the nuclei to resonate at slightly different frequencies. These frequencies are called chemical shifts and are denoted as the dimensionless units parts per million (ppm) in the MRS spectrum.<sup>219</sup> The chemical shift in MRS enables the identification of metabolites in biological samples and tissues by differentiating among various chemical environments.<sup>220</sup> It is also possible to use MRS to follow metabolites or other water-soluble molecules in biochemical reactions and biological pathways.<sup>221</sup>

$^1\text{H}$  MRS is frequently used to characterize metabolic changes in cancerous and normal tissues.<sup>222–228</sup> MRS detection of  $^{31}\text{P}$ ,  $^{13}\text{C}$ ,  $^{19}\text{F}$  nuclei is also used for monitoring metabolic alterations, bioenergetics and metabolic fluxes in cancer.<sup>229–236</sup> Due to the low natural abundance of  $^{13}\text{C}$  of 1.1 %, it has been used to isotopically label metabolic substrates which are then administered orally or by injection, and which can then be followed in the animal model or patient of interest by MRS.<sup>237</sup> Magnetic resonance spectroscopic imaging (MRSI) spatially maps endogenous metabolites to reveal heterogeneous distributions of these metabolites in cancer tissue.<sup>215,238–241</sup> *In vivo* MRS and MRSI have shown promise as diagnostic tools in clinical studies, and may improve the specificity of detecting and managing cancers in patients.<sup>14,242</sup>

In addition to MRS applications in patients or animals *in vivo*, MRS has been utilized for studying metabolites in cell and tissue extracts, which is possible at high spectral resolution.<sup>243</sup> It is also possible to analyze intact tissue without any tissue extraction or processing, which can be achieved by spinning the intact sample on its axis at an angle of  $54.7^\circ$ , also known as the magic angle, at a high speed.<sup>244,245</sup> Magic angle spinning averages out anisotropic interactions, which would otherwise create broad peaks due to the decreased mobility of metabolites in intact tissue.<sup>245</sup> With magic angle spinning and the use of appropriate pulse sequences, intact tissue spectra are comparable to spectra obtained from extracted tissue.<sup>246</sup> This technology is known as high-resolution magic angle spinning (HR MAS) MRS and is typically performed at  $4^\circ$  Celsius to prevent tissue degradation during the HR MAS MRS measurement<sup>247,248</sup> Being a non-destructive technique, HR MAS MRS can be used in conjunction with other techniques, where the same sample can subsequently be

used for further analysis. For example, following HR MAS MRS of an intact tissue sample, histopathology, cytology, or immunohistochemistry can be performed with the same sample. 249–251

### **<sup>1</sup>H MRS detection of GPC:**

<sup>1</sup>H MRS is the most frequently used spectroscopic imaging technique in the clinical setting because of its high sensitivity and availability. The peak emerging from water is the most intense peak in <sup>1</sup>H MRS, but water suppression techniques have made it possible to detect some metabolite peaks at much lower abundance than the water signal.<sup>32,252</sup> Some relatively fatty tissues, i.e. the breast, may also require fat suppression.<sup>253</sup> <sup>1</sup>H MRS detects a signal at 3.2 ppm, which arises from the nine magnetically equivalent protons of the three methyl groups of Cho, PC, GPC, as well as betaine, and taurine in certain tissues, collectively referred to as tCho.<sup>16</sup> *In vivo* <sup>1</sup>H MRS at high magnetic field strength of 7T and higher in brain tumors has allowed for a partial spectral separation of GPC and other overlapping metabolites in the tCho signal.<sup>254</sup> However, most cancers in other organs only allow for the detection of the unresolved tCho signal due to motion, inhomogeneity, and intense resonances from lipid and water.<sup>255</sup>

### **<sup>31</sup>P MRS detection of GPC:**

<sup>31</sup>P MRS detects the second most abundant nucleus after <sup>1</sup>H, and has been frequently used in the study of choline phospholipid metabolism in animal models of cancer as well as cancer patients.<sup>216,256,257</sup> <sup>31</sup>P MRS is able to detect <sup>31</sup>P containing metabolites and has the advantage over <sup>1</sup>H MRS that the presence of high concentrations of water and fat has no effect on <sup>31</sup>P signal acquisition, additionally requiring a less homogeneous magnetic field. <sup>31</sup>P MRS has an inherently low signal to noise ratio (SNR) resulting in relatively poor spatial resolution and significantly longer acquisition times, which requires dedicated coils and probe-heads.<sup>210</sup> Advancements in hardware engineering are leading to improved SNR with reduced scan time.<sup>210</sup> Improved pulse programming that allows the use of <sup>1</sup>H decoupled <sup>31</sup>P, <sup>1</sup>H-<sup>31</sup>P cross-polarization or <sup>1</sup>H-<sup>31</sup>P polarization transfer experiments instead of direct detection of <sup>31</sup>P is further increasing the spatial resolution<sup>258</sup> (Fig. 10). Theoretically, a 2.4-fold signal enhancement ( $\gamma_{1H}/\gamma_{31P}$ ) can be achieved by using cross polarization and polarization transfer techniques. In techniques such as refocused insensitive nuclei enhanced by polarization transfer (RINEPT),<sup>259</sup> magnetization/polarization of excited <sup>1</sup>H is transferred to the <sup>31</sup>P via J-coupling ( $J_{PH}$ ) (shown in Fig 3C) during the echo-time  $TE_{1H}$ , which increases the signal to noise ratio along with removing all signals without <sup>1</sup>H-<sup>31</sup>P coupling. In the adiabatic version of the refocused insensitive nuclei enhanced by polarization transfer (BINEPT) sequence,  $TE_{1H}$  is relatively long because of the small  $J_{PH}$  coupling, which provides higher signal to noise ratio and a flat baseline, resulting in better detection of PC, GPC, PE and GPE.<sup>258</sup> By using heteronuclear editing techniques during spectral acquisition, it is possible to further increase the sensitivity and detect PC, GPC, PE and GPE. The method is called proton observed phosphorus editing (POPE) where the optimal editing is acquired at <sup>31</sup>P J-coupling evolution time of  $1/J$ .<sup>260</sup>

<sup>31</sup>P MRS detects the phosphomonoesters PC and phosphoethanolamine (PE) at 3.9 ppm and 4.5 ppm, and the phosphodiester GPC and glycerophosphoethanolamine (GPE) at 0.5 ppm

and  $-1.2$  ppm, respectively.<sup>211</sup> At a high magnetic field strength of 7T,  $^{31}\text{P}$  MRS of human breast tumors reliably detected GPC along with GPE, PC, and PE as shown in Fig. 11.<sup>261</sup> A  $^{31}\text{P}$  MRS study at 3T demonstrated that PC, GPC, PE and GPE were detected individually when evaluating optical pathway gliomas in children.<sup>262</sup>  $^{31}\text{P}$  MRS has also been used to differentiate between Grade II and IV astrocytomas in patients where elevated GPC was found in Grade II astrocytoma whereas PC was increased in Grade IV Astrocytoma in an *ex vivo* study.<sup>263</sup>  $^{31}\text{P}$  MRS is also able to detect and quantify GPC, GPE, PC, and PE in various animal models of cancer, i.e. breast cancer xenograft models,<sup>79</sup> colon cancer xenograft model,<sup>264,265</sup> human diffuse large B-cell lymphoma xenograft model,<sup>266</sup> human tumor kidney xenograft,<sup>267</sup> and murine fibrosarcoma.<sup>268</sup>

$^{31}\text{P}$  MRS was employed for determining the effects of 17-Allylamino,17-demethoxygeldanamycin (17AAG), an anticancer drug inhibiting heat shock protein 90 (Hsp90), on three different colon cancer cell lines (HCT116, HT29, and SW620) and in HT29 xenografts.<sup>264</sup> Significant increases in PC and GPC levels were observed in all cell and tumor extract following 17AAG treatment, and a significant increase in the phosphomonoester/phosphodiester ratio was also observed.<sup>264</sup>  $^{31}\text{P}$  MRS was also used to detect the response to combination chemotherapy *in vivo* in a human diffuse large B-cell lymphoma (DLCL2) xenograft model.<sup>266</sup> The combination chemotherapy consisted of cyclophosphamide, doxorubicin, oncovin, prednisone, and bryostatin 1.<sup>266</sup> A significant decrease in the tCho level was observed after one chemotherapy cycle and a significant decrease in the phosphomonoester to  $\beta$ -nucleoside triphosphate ratio was detected after the second round of therapy, demonstrating the feasibility of  $^{31}\text{P}$  MRS to detect chemotherapy treatment response.<sup>266</sup> *In vitro*  $^1\text{H}$  and  $^{31}\text{P}$  HR MRS of perchloric acid extract of human prostatic tissue from benign prostatic hyperplasia and prostatic adenocarcinoma showed that the PC/total creatine (Cr), tCho/total Cr, PE/total phosphate, PC/total phosphate and GPE/total phosphate ratios were significantly increased in cancer tissue samples compared to benign prostatic hyperplasia.<sup>269</sup>

### $^1\text{H}$ and $^{31}\text{P}$ HR MAS MRS detection of GPC:

HR MAS MRS studies have been invaluable for the study of breast cancer tissues.<sup>31,270,271</sup>  $^1\text{H}$  HR MAS MRS is an important technique for understanding the metabolic differences between malignant and benign breast tissues. A study conducted on 76 microscopy-confirmed cancerous and 9 non-involved breast tissue samples using  $^1\text{H}$  HR MAS MRS for quantifying GPC, PC and choline revealed a high GPC/PC ratio in non-involved or benign tissues as compared to a significantly decreased GPC/PC and GPC/Cho ratio in cancerous tissues.<sup>250</sup> In addition,  $^1\text{H}$  HR MAS MRS has also been used to predict long-term disease outcome and prognosis in breast cancer patients based on their tissue metabolic profiles. In such a study,  $^1\text{H}$  HR MAS MRS followed by multivariate principle component analysis (PCA) was performed on 29 surgically removed samples of palpable breast lesions.<sup>271</sup> Based on the identified metabolites, a correlation was established between a given patient's prognosis and their health status at 5 years post-surgery.<sup>271</sup> Increased levels of GPC, taurine and creatine, combined with reduced PC and glycine levels were detected in breast tumor tissues of patients that reported back in good health at 5 years post-surgery.<sup>271</sup>

<sup>1</sup>H HR MAS MRS has also been employed for characterizing the metabolic signatures of human lung cancer.<sup>272</sup> In this study, paired samples of tumor and adjacent tissue from 12 lung tumors were analyzed by <sup>1</sup>H HR MAS MRS and 50 compounds were identified.<sup>272</sup> GPC and PC were elevated in this study in lung cancer as compared to adjacent normal.<sup>272</sup> This study shows the potential of HR MAS MRS for characterizing the metabolic phenotype, including detection of GPC, in lung cancer. In a different study, <sup>1</sup>H HR MAS MRS obtained from 24 lung tumor and 24 control samples showed elevated levels of GPC, PC, lactate, and lipid in cancerous tissue while non-cancerous tissues contained elevated amounts of acetate, methionine and glutamate.<sup>273</sup>

<sup>1</sup>H HR MAS MRS studies on human brain tumors have been used for tumor metabolite quantification and tumor biomarker identification. Overall, 37 metabolites were identified, which accounted for the differences in astrocytoma grade II, grade III gliomas, glioblastomas, metastases, meningiomas and lymphomas.<sup>274</sup> This study also emphasized the importance of GPC as a biomarker for tumor grade in brain tumors as the concentration of GPC decreased with increasing tumor grade while PC increased with increasing tumor grade.<sup>274</sup> In the same study, GPE was detected in various adult brain tumors.<sup>274</sup> In another study, <sup>1</sup>H HR MAS MRS was used to differentiate between grade II and IV astrocytomas based on their spectral profile, which was analyzed by PCA.<sup>263</sup> Grade II tumors contained increased levels of GPC and myo-inositol, whereas grade IV tumors had increased PC, glycine, and lipid levels.<sup>263</sup> These studies emphasize the importance of distinguishing GPC from PC, which are difficult to resolve with *in vivo* MRS. In a comparative study in transgenic mice growing medulloblastoma, the authors acquired *in vivo* spectra at 7T and *ex vivo* <sup>1</sup>H HR MAS spectra at 11.7T, and observed an increase in tCho due to increased PC only, while GPC remained stable, and free choline was reduced.<sup>275</sup> Increased GPC levels have been used for differentiating among ependymoma, medulloblastoma, and pilocytic astrocytoma in pediatric brain tumors.<sup>276</sup> Medulloblastoma were identified by increased levels of GPC, PC, choline, and taurine, while ependymoma were characterized by a prominent myo-inositol signal, and pilocytic astrocytomas were characterized by an increased fatty acids signal.<sup>276</sup> In a similar study, GPC and PC levels were able to differentiate between non-enhancing grade II and grade III astrocytomas and their association with cell proliferation and angiogenesis.<sup>277</sup> In this study, 41 patient biopsy samples (16 grade II and 25 grade III) from 24 tumors were subjected to <sup>1</sup>H HR MAS MRS and immunohistochemistry.<sup>277</sup> The results showed that GPC was the predominant peak in grade II tumors, while increased PC was observed in grade III, and the PC/GPC ratio was less than 1 in all cases.<sup>277</sup> The GPC level increased with an increasing level of the cell proliferation marker Ki-67, indicating its association with tumor cell proliferation.<sup>277</sup> Metastases to the brain have also been studied using <sup>1</sup>H HR MAS MRS. Biopsies from human brain metastases (n=49) from different origins were investigated using <sup>1</sup>H HR MAS MRS.<sup>213</sup> Multivariate statistical analysis showed that metastases from malignant melanomas clustered together, while metastases from lung carcinomas overlapped with brain metastasis from other origins due to their heterogeneous nature.<sup>213</sup> A significantly increased GPC level was observed in brain metastases originating from malignant melanomas, while brain metastases from other cancer origins showed a heterogeneous metabolic pattern.<sup>213</sup> HR MAS MRS has also been applied in studies for assessing tumor treatment response. <sup>1</sup>H HR

MAS was used in a C6 glioma mouse model, where the effects of treatment with a glycoside and its thioglycoside analogue were evaluated.<sup>278</sup> <sup>1</sup>H HR MAS MRS demonstrated that C6 cells treated with a higher concentration of thioglycoside resulted in significant increases in choline, PC and PC/GPC ratio.<sup>278</sup> In the case of intact tissues, a higher concentration of thioglycoside significantly reduced tumor size and, consistent with the cell culture study, increased choline, PC and PC/GPC ratio.<sup>278</sup> These results demonstrated that glycolipid derivatives can have significant effects on choline phospholipid metabolism, and result in cell death.<sup>278</sup>

HR MAS MRS has also been used to evaluate the occurrence and aggressiveness of prostate cancer. In a study performed with 140 tissue biopsy samples from 40 prostate cancer patients, Stenman *et al* observed that prostatic tissues samples with a high malignant cell fraction contained higher levels of GPC, PC/creatinine, myo-inositol/scyllo-inositol, Cho/creatinine, as well as higher levels of the cell proliferation marker Ki-67.<sup>212</sup> In another study, GPC, PC, PE, and GPE were increased in cancerous human prostate tissue as compared to benign prostate tissue when quantified with a 2D <sup>1</sup>H HR MAS total correlation spectroscopy (TOCSY) experiment.<sup>279</sup> In the same study, the PC/GPC ratio was also significantly higher in cancerous tissue as compared to benign tissue.<sup>279</sup> <sup>1</sup>H HR MAS MRS can also be used to study the metabolic profiles of cancer cell lines by filling the HR MAS rotor tube with cell pellets and spinning them at a lower frequency of ~2–5 kHz at 4 °C. This was applied in intact PC3 prostate cancer cells, MCF-7 breast cancer cells, and HepG2 hepatocarcinoma cells, which revealed increased levels of PC, lactate, and fatty acids in PC3 and MCF-7 cells, as compared to HepG2 cells.<sup>280</sup> <sup>1</sup>H HR MAS MRS has been used to investigate the metabolic response of the gonadotrophin-releasing hormone blocker drug Degarelix in benign and cancerous prostate tissue samples.<sup>281</sup> Absolute concentrations of various metabolites, including lactate, glutamine, glutamate, citrate, tCho, total creatine, taurine, myo-inositol and polyamine were measured, and PC and GPC concentrations were significantly higher in prostate cancer tissue as compare to benign tissue.<sup>281</sup> Treatment with Degarelix resulted in a significant decrease in the levels of lactate and tCho in prostate cancer samples.<sup>281</sup>

<sup>1</sup>H HR MAS MRS has also been applied to differentiating malignant and non-malignant cervical tissue samples. Increased levels of GPC and PC have been detected in malignant *versus* non-malignant cervical tissue samples.<sup>282–284</sup> Biopsy samples obtained prior to and during radiation therapy showed a positive correlation between a high tumor cell fraction as well as cell density and increased levels of PC, GPC, lactate and creatine and decreased levels of choline, glucose, and myo-inositol.<sup>285</sup>

The field of <sup>1</sup>H and <sup>31</sup>P HR MAS MRS is undergoing constant innovation in methodological development, with innovations occurring in acquisition, spectral processing, and metabolite quantification. A novel approach to HR MAS MRS based metabolite quantification is the use of a digital synthetic signal referred to as electronic reference to in vivo concentrations (ERETIC) signal.<sup>286</sup> Using a digital synthetic signal as concentration reference is advantageous in cases where the addition of a reference compound may cause pH variations across samples, or where it can interact with tissue samples.<sup>287</sup> In such a study, using a <sup>1</sup>H, <sup>31</sup>P, homo- and heteronuclear correlation (<sup>1</sup>H-<sup>1</sup>H and <sup>1</sup>H-<sup>31</sup>P, respectively) HR MAS



experiment, various metabolites were identified and quantified in 33 human brain tumor biopsy samples with the help of an ERETIC signal as a concentration reference.<sup>287</sup> In this study, various metabolites including GPC, PC, choline, lactate, alanine and glutamine were identified by <sup>1</sup>H HR MAS MRS, and tissue pH was calculated from the pH-dependent chemical shift variation in <sup>31</sup>P HR MAS MR spectra.<sup>287</sup> The peak assignments were confirmed with the help of <sup>1</sup>H-<sup>1</sup>H and <sup>1</sup>H-<sup>31</sup>P correlation spectra.<sup>287</sup>

### Chemical exchange saturation transfer MRI detection of GPC:

Chemical Exchange Saturation Transfer (CEST) is an MRI contrast approach whereby rapidly exchangeable protons from hydroxyl (-OH), amine (NH<sub>2</sub>), or amide (-NH) groups of solutes are selectively saturated and detected indirectly via the attenuation of the water signal of their aqueous environment.<sup>288</sup> Continuous transfer of protons between solute and water molecules amplifies signals emitted by these solutes; thus, CEST provides an effective means of monitoring concentrations of metabolites present at millimolar concentrations with high sensitivity.<sup>289</sup> It is possible to detect the -OHs of choline metabolites, i.e. GPC and choline by CEST.<sup>289</sup> Strong CEST effects from choline, for example, have been detected at 3T and 7T. At 3T in particular, these effects were identifiable from free choline without overlap from other compounds, such as glutamic and aspartic acid.<sup>290</sup> While CEST has been used sparingly to detect specific choline metabolites, a recent report describes the implementation of CEST-MRI to detect metabolites, including GPC, in human breast cancer cell lines.<sup>289</sup> Strong CEST contrast ( $MTR_{asym} > 0.2$ ) was generated by the -OHs of GPC at  $\omega = 1.0$  ppm in phantom solutions of amino acids and metabolites. In cell extracts, trends in CEST-MRI contrast, which decreased in aggressive cell lines, were consistent with decreases in metabolites, including GPC, in these cell lines.<sup>289</sup> Moreover, doxorubicin-treated cells, which contained increased GPC levels, showed a consistent increase in CEST-MRI contrast.<sup>289</sup> These data suggest a potential future role for CEST-MRI in the detection of GPC to characterize tumor aggressiveness and monitor treatment response. Most studies on breast cancer using CEST MRI are preclinical studies, and only few clinical studies have been reported thus far. One of the biggest challenges in patient studies is the presence of strong lipid signal in breast CEST MRI, which affects the Z-spectrum. With use of an appropriate echo-time, it is possible to detect an improved CEST MRI signal.<sup>291,292</sup> The CEST-Dixon method has shown potential for CEST MRI in the breast at 3 T.<sup>291,292</sup> Decomposition of water and fat resulted in homogenous fat removal from water-only images and provided improved CEST signal.<sup>291,292</sup>

### Hyperpolarized <sup>13</sup>C MR detection of GPC:

The use of dynamic nuclear polarization (DNP) to achieve hyperpolarization in magnetic resonance imaging has enabled up to 10,000-fold improvements in sensitivity for imaging <sup>13</sup>C-labeled substrates.<sup>293</sup> Hyperpolarized <sup>13</sup>C MR enables the noninvasive detection and real-time monitoring of dynamic biological phenomena, including metabolism.<sup>294</sup> This approach benefits from low background due to the low natural abundance of <sup>13</sup>C.<sup>295</sup> While choline metabolites are most commonly monitored via <sup>1</sup>H MRS, <sup>13</sup>C MRS based studies have been used to monitor choline-acetylcholine interconversion in rat brains<sup>296</sup> and to trace the fates of choline, PC, and GPC in mammary epithelial and breast cancer cell lines.<sup>297</sup> However, due to the low physiological concentrations of these metabolites and the relative

insensitivity of  $^{13}\text{C}$  MRS approaches, such studies are often impractical in *in vivo* applications.<sup>295</sup> Therefore, because of its ability to provide an enhanced SNR, hyperpolarized  $^{13}\text{C}$  MR may be of interest as a means of detecting choline and choline metabolites.<sup>42,295</sup> This approach has not yet been used in studies of GPC; however, hyperpolarized  $^{13}\text{C}$  analogs of choline have been synthesized<sup>295</sup> and used to detect the metabolism of choline to acetylcholine and to trace distributions of free choline in rat kidneys,<sup>298</sup> suggesting that hyperpolarized  $^{13}\text{C}$  MR offers promise as a means of detecting GPC and monitoring its evolution. Notably, small chemical shift changes between choline and choline-derived metabolites<sup>299</sup> and short carbon  $T_1$  relaxation times due to dipolar interactions within choline molecules represent hindrances to the use of hyperpolarized  $^{13}\text{C}$  in studies of choline metabolites.<sup>300</sup> Indeed, hyperpolarized  $^{13}\text{C}$  probes require longer  $T_1$  relaxation times than  $^{13}\text{C}$  approaches at thermal equilibrium.<sup>300</sup> To this end, deuterated choline probes have been demonstrated to show significantly increased  $T_1$ .<sup>295</sup> Deuterated choline probes are stable-isotope labeled choline analogs, i.e. [1,1,2,2-D(4),2-( $^{13}\text{C}$ )]choline chloride, in which with all  $^1\text{H}$  were substituted with deuterium, which increases the spin lattice relaxation time  $T_1$  to 34s at 11.4T magnetic field strength.<sup>295</sup> This may thus, in the future, facilitate more effective visualization of labeled choline molecules as well as their chemically downstream metabolites, such as PC and GPC.

## Detection of GPC as a biomarker of therapy response

Currently, diagnostic radiological imaging exams using MRI, computed X-ray tomography (CT), and positron emission therapy (PET) plus biopsy-based pathological assessment of disease stage and tumor subtype are the most important clinical exams on which an appropriate treatment plan for a given cancer patient is based. Staging is based on the international tumor classification system TNM, which gives the tumor size in cm (T), number of cancer-containing, tumor-draining lymph nodes (N), and number of distant metastatic nodules (M).<sup>301–304</sup> The treatment plan for a given cancer patient depends upon the patient's overall health status, tumor size, tumor stage and subtype, hormone receptor status for breast<sup>305</sup> and prostate cancers, and specific mutations. In case of localized, operable disease, surgical removal of the tumor is often the best, and in many cases curative, option. Depending upon the TNM stage, grade, and score of cancer, patients are frequently also treated with systemic chemotherapy, hormone therapy (hormone receptor positive breast and prostate cancers), and targeted therapy, or any combination thereof, along with surgical removal of the tumor and/or local radiation therapy.<sup>33,281</sup> Chemotherapy and radiation therapy affect both healthy and cancer cells and, hence, frequently result in side effects. Chemotherapy, hormone therapy, and targeted therapy can be given as adjuvant therapy post-surgery and sometimes as neoadjuvant therapy prior to surgery to shrink tumor size pre-surgically to improve surgical outcome, which is for example often performed in locally advanced breast cancer.<sup>306</sup> Treatment options for metastatic cancers are limited to chemotherapies, hormone therapies, and targeted therapies. Immunotherapy or biotherapy, treating cancer by improving the immune system to fight it, has an advantage over chemotherapy and radiotherapy as it affects the tumor cells specifically without causing any damage to non-cancerous tissues.<sup>307</sup> With these different treatment options and different clinically approved agents available within each treatment category, it is important to assess

treatment response throughout the entire treatment. Currently, treatment response assessment is based on Response Evaluation Criteria in Solid Tumors (RECIST)<sup>308</sup> and the guidelines of the World Health Organization (WHO).<sup>309</sup> These guidelines help to assess the treatment response based on tumor size changes measured by MRI, which are typically only detected at a relative late point in time, i.e. after 2–3 months and several cycles of treatment. Response assessment at 2–3 months into the selected first-line therapy option is quite late for switching to a different therapy in the case of non-responders, who will already have undergone several rounds of treatment, and may have unnecessarily suffered from toxicities and side effects, by the time of the first RECIST assessment. Several studies have shown that <sup>1</sup>H MRS can predict the treatment response early on based on the reduction of the tCho signal in responders and increase of the tCho signal in non-responders.<sup>33,310–312</sup> Alternatively, <sup>31</sup>P MRS can be used to detect the PME to PDE ratio as a marker of tumor response. GPC is a part of the tCho signal and a part of the PME signal.

### Response to chemotherapy:

Neoadjuvant chemotherapy for advanced breast cancer has shown an improvement in overall survival of patients,<sup>313</sup> and is typically combined with breast-conserving surgery along with *in vivo* assessment of response to chemotherapy.<sup>314</sup> <sup>1</sup>H MRS assessment of the tCho signal in breast cancer patients, which was achieved with water and fat suppression sequences, measured prior to the start of chemotherapy and after the 3 cycle of chemotherapy, has shown potential for predicting the response to chemotherapy as shown in Fig. 12.<sup>315</sup> A recent study showed the use of single-voxel <sup>1</sup>H MRS to predict the response of chemotherapy treatment at 24–72 hours after administration of the first cycle of chemotherapy.<sup>316</sup> In this study, the measured tCho levels in the tumor-containing voxels were used to differentiate patients who responded to treatment.<sup>316</sup> This study also emphasized the importance of early assessment of response to anthracyclines in order to facilitate clinical decision-making for further treatment.<sup>316</sup>

Preclinical evaluation of chemotherapeutic agents on cancer cells and in xenograft model obtained from patients plays critical role for further improvement of these agents. Ovarian cancer cells obtained from peritoneal effusion from 8 patients were cultured and treated with 3 anti-mitotic drugs (paclitaxel, cisplatin and carboplatin) and were subjected to <sup>31</sup>P MR spectroscopy. A significant decrease in GPC, GPE and uridine diphospho-sugar (UDPS) was observed post-treatment<sup>317</sup> emphasizing the metabolic differences in cancer cells after chemotherapeutic intervention. Similarly, breast cancer xenograft models representing basal-like and luminal-like breast cancer have been used for studying the treatment response to the dual PI3K/mTOR inhibitor drug called BEZ235 in tissue samples obtained from these xenografts. <sup>31</sup>P HR MAS MRS spectra of intact tumor showed a significant increase in PC and GPC levels, and a significant decrease in PE in BEZ235 treated basal-like xenograft model when compared to the control group, while no significant metabolic changes were observed in the luminal-like xenograft model.<sup>318</sup>

### Response to hormone and targeted therapy:

With our increasing knowledge of the molecular subtypes of various cancers, along with our improved understanding of the associated signaling pathways and genomic alterations in

cancer, a variety of molecularly targeted therapeutic agents have been developed for the treatment of different cancers. There are three kinds of targeted therapies, which include the hormone receptor antagonists, monoclonal antibodies, and inhibitors of kinases.<sup>319</sup> As estrogen and ERs are the determining factors for continued growth and progression of ER-positive breast cancer, targeting estrogen to inhibit the estrogen signaling pathway in ER-positive breast cancer has been used for many years.<sup>320</sup> The use of the ER modulator tamoxifen has improved the survival rate of ER-positive breast cancer patients with early and advanced breast cancer significantly.<sup>320</sup> Aromatase inhibitors or inactivators (AI), which are used for blocking the biosynthetic pathway of androgens, have further improved the survival rates.<sup>321</sup> The AIs inhibit the production of estrogen from androgens via suppressing the activity of enzyme aromatase either by binding with aromatase reversibly or irreversibly.<sup>321</sup>

GPC has shown potential as a response marker for targeted cancer treatments. A recent study evaluated the effects of bevacizumab, doxorubicin or a combination of these two drugs on two different xenograft models representing luminal-like and basal-like breast cancer, showing significant differences in metabolic and transcriptomic profiles for the two models.<sup>322</sup> The combination treatment of bevacizumab and doxorubicin inhibited tumor growth in basal-like tumors, while no effect was observed in luminal-like tumors.<sup>322</sup> GPC levels were overall lower in the basal-like tumor model and higher in the luminal-like tumor model.<sup>322</sup> In luminal-like tumors, GPC was significantly increased in doxorubicin and bevacizumab combination therapy as compared to bevacizumab mono-therapy.<sup>322</sup> A similar study was performed in which PC, GPC, PE and GPE were evaluated in basal-like and luminal-like xenograft models.<sup>318</sup> These xenograft models were treated with the dual PI3K/mTOR inhibitor BEZ235.<sup>318</sup> The treatment response was observed using <sup>31</sup>P HR MAS MRS, demonstrating that the basal-like xenograft model showed an increase in PC and GPC levels when treated with BEZ235.<sup>318</sup>

Resistance to hormone therapy is a major problem in treating ER+ breast cancer patients. Several studies in ER+ breast cancer cell lines, including MCF-7, MDA-MB-231, and T47D cells, as well as studies in animal models of breast cancer showed that the phosphorylation of ERs, overexpression of steroid receptor coactivator (SRC), and an enhanced activation of the HER/MAPK pathway are mechanisms responsible for hormone resistance.<sup>323</sup>

Advancements in our knowledge of activated oncogenic pathways in cancer have led to the development of small molecule inhibitors for various enzymes of oncogenic pathways. These targeted inhibitors are clinically used to treat cancer patients today, and they are improving the life span of these patients. However, tumors often recur because resistance to targeted therapy frequently develops. These resistances evolve in cancers due to additional mutations in oncogenes and by activation of critical signaling pathways. Resistance development by mutation is common in the case of tyrosine kinase inhibitors, as evolving mutations in the active site of the tyrosine kinase domain render the active site unavailable to the inhibitor. An example of this phenomenon can be found in the ABL kinase domain as it becomes resistant to the ABL inhibitor imatinib.<sup>324</sup> As resistance to targeted therapy develops, RTK or MAPK signaling pathways are often reactivated due to alterations in upstream or downstream signaling steps.<sup>324</sup>

### Response to radiation therapy:

Radiation therapy, also referred to as radiotherapy, is an effective local treatment used for treating cancers of the breast, pancreas, prostate and glioblastoma, among others. Today, radiotherapy can be used in high dose, as it is possible to specifically irradiate the tumor site, thereby sparing surrounding normal tissues. MRS has been used to study the response to radiotherapy to assess metabolic changes. For example in a study on prostate cancer, a cohort of mice with androgen-dependent CWR22 prostate tumor xenografts was treated with a single fraction of 20 Gy (Gray), and  $^1\text{H}$  MR spectra were recorded pre and 24, 48 and 96 hours post radiation.<sup>325</sup> Significantly reduced tumor growth and a decrease in the tCho to water ratio were observed at 24 hours post radiotherapy.<sup>325</sup> In another preclinical study, the metabolic profile of a pancreatic cancer xenograft model was observed before and after radiotherapy using  $^1\text{H}$  HR MAS MRS and principle component analysis.<sup>326</sup> A significant decrease was observed in GPC, PC and betaine levels in the pancreatic cancer xenografts as compared to normal mouse pancreas at 2 weeks post radiotherapy.<sup>326</sup> Intact HeLa cells, when subjected to a single dose of either high energy  $\gamma$  rays (40 Gy) or low energy proton beams (20 Gy) displayed increasing ratios of GPC/PC and choline/PC over time post radiotherapy.<sup>327</sup>  $^1\text{H}$  MRS has also been used for evaluating the metabolic profile of a human glioblastoma tumor xenograft model pre and post radiotherapy at multiple time points.<sup>328</sup> In this study, a cohort of 11 mice was treated with radiotherapy using 800 cGy.<sup>328</sup>  $^1\text{H}$  MR spectra were acquired at 24 hours before radiotherapy and at 3, 7 and 14 days post-treatment.<sup>328</sup> A significant decrease was observed in the tCho (GPC+PC) to water ratio in the treated group as compared to the untreated group at 3 and 7 day post treatment.<sup>328</sup> These preclinical studies demonstrate the feasibility of  $^1\text{H}$  MRS for evaluating the effects of radiotherapy and show that GPC levels can change following radiotherapy. Additional studies are needed to investigate the effects of radiotherapy on GPC metabolism in greater detail.

### Considerations of specificity and sensitivity of GPC detection by MRS:

MRS is not yet a routine part of clinical MR exams for diagnosis and assessing treatment response in cancer, mostly due to the lack of consistent data from large multicenter clinical trials. Technical challenges with setting up specialized clinical MRS scans reproducibly at several clinical sites have made many large multicenter clinical trials elusive thus far. Moreover, most studies have reported the use of the tCho signal in the clinical assessment of specificity and sensitivity for cancer diagnosis and treatment response evaluation because of technical challenges with resolving GPC as an individual peak. For MRS detection of tCho in a single tumor voxel in breast cancer patients at 3T, the specificity and sensitivity for detecting cancer are in the range of 95% with a positive predictive value of about 98%.<sup>329</sup> In MRS, spectral resolution of GPC has been achieved with  $^1\text{H}$  MRS at high field (9.4T) in the brain where there are considerably fewer motion artifacts than in the body, and with specialized  $^{31}\text{P}$  MRS techniques outside the brain as discussed above. However, most of these studies are technical in nature and have not yet evaluated sufficiently large cohorts of cancer patients. As several novel  $^{31}\text{P}$  MRS techniques are now able to resolve GPC, the near future will hopefully provide answers as to the specificity and sensitivity of detecting GPC in the tumors of cancer patients for diagnosis, staging, subtyping, and assessing treatment response.

## Conclusions

With our continuously growing understanding of choline phospholipid metabolism in cancer, it is becoming apparent that the GPC breakdown pathway holds promise for providing treatment targets and biomarkers that reports at an early time point on the response of a given cancer to therapy. Enzymes that are active in the GPC breakdown pathway, such as for example cPLA2, lyso-PLA1, GDPD5, and GDPD6, are frequently overexpressed in cancers and may enable cancer cell proliferation, migration, and invasion. It is likely that oncogenic signaling pathways and transcription factors affect cellular GPC levels in cancer through their effects on the GPC-modulating enzymes cPLA2, lyso-PLA1, GDPD5, GDPD6. Innovative MRS applications are continuing to help elucidate the metabolic pathways affected by cancer, including the GPC pathway in cancer. The use of GPC as a noninvasive imaging biomarker in cancer diagnosis and treatment monitoring, alone or in combination with other peaks, is still under investigation. Additional studies using innovative  $^{31}\text{P}$  MRS and  $^1\text{H}$  MRS techniques are necessary to further evaluate the usefulness of GPC as biomarker.

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## Abbreviation

<b>ABL</b>	Abelson tyrosine-protein kinase
<b>AF 1</b>	activating function 1
<b>AI</b>	Aromatase inhibitors
<b>AP-1</b>	activator protein-1
<b>ATP</b>	adenosine triphosphate
<b>BINEPT</b>	adiabatic version of the refocused insensitive nuclei enhanced by polarization transfer
<b>bZIP</b>	basic leucine zipper
<b>CCT</b>	CTP:phosphocholine cytidyltransferase
<b>CDP-Cho</b>	cytidine diphosphate-choline
<b>CEST</b>	chemical exchange saturation transfer
<b>CHK</b>	choline kinase
<b>CHK-<math>\alpha</math></b>	choline kinase alpha
<b>Cho<sub>e</sub></b>	extracellular free choline
<b>Cho<sub>i</sub></b>	intracellular free choline



<b>CHPT1</b>	diacylglycerol cholinephosphotransferase 1
<b>CMP</b>	cytidine monophosphate
<b>COX</b>	cyclooxygenase
<b>cPLA2</b>	cytosolic phospholipase A2
<b>CT</b>	computed X-ray tomography
<b>CTP</b>	cytidine triphosphate
<b>DAG</b>	diacylglycerol
<b>DBD</b>	DNA-binding domain
<b>DLCL2</b>	diffuse large B-cell lymphoma
<b>DNP</b>	dynamic nuclear polarization
<b>DPDE</b>	diphosphodiesterases
<b>ECM</b>	extracellular matrix
<b>EGFR</b>	epidermal growth factor receptor
<b>EMT</b>	epithelial-to-mesenchymal transition
<b>ER</b>	estrogen receptor
<b>ERETIC</b>	electronic reference to in vivo concentrations
<b>ERK</b>	extracellular signal regulated kinase
<b>FA</b>	fatty acid
<b>FAK</b>	focal adhesion kinase
<b>FGFR</b>	fibroblast growth factor receptor
<b>FOXA1</b>	fork-head box A1
<b>GATA-3</b>	GATA binding protein 3
<b>GDE</b>	glycerophosphodiesterases
<b>GDPD</b>	glycerophosphodiester phosphodiesterases
<b>GPC</b>	glycerophosphocholine
<b>GPC-PDE</b>	glycerophosphocholine phosphodiesterase
<b>GPC6</b>	glypican-6
<b>GPE</b>	glycerophosphoethanolamine
<b>GPI</b>	glycerophosphoinositol

<b>Gro-3-P</b>	glycerol-3-phosphate
<b>HCC</b>	hepatocellular carcinoma
<b>HER2</b>	human epidermal growth factor receptor 2
<b>HIF</b>	hypoxia induced factor
<b>HM</b>	hydrophobic motif
<b>HR MAS</b>	high-resolution magic angle spinning
<b>Hsp90</b>	heat shock protein 90
<b>IL-25</b>	interleukin 25
<b>iPLA2</b>	calcium-independent phospholipase A2
<b>JNK</b>	janus kinase
<b>LBD</b>	ligand-binding domain
<b>Lyso-PLA1</b>	lyso-phospholipase A1
<b>MAPK</b>	mitogen-activated protein kinase
<b>MRS</b>	magnetic resonance spectroscopy
<b>MRSI</b>	magnetic resonance spectroscopic imaging
<b>mTOR</b>	Mammalian target of rapamycin
<b>NAD</b>	nicotinamide adenine diphosphate
<b>NFAT</b>	nuclear factor of activated T-cells
<b>NF-<math>\kappa</math>B</b>	nuclear factor kappa-light-chain-enhancer of activated B cells
<b>NMR</b>	nuclear magnetic resonance
<b>NRTK</b>	non-receptor tyrosine kinase
<b>NTP</b>	$\beta$ -nucleoside triphosphate
<b>PAF-AH</b>	platelet-activating factor acetylhydrolase
<b>PA-PLA1</b>	phosphatidic acid-preferring phospholipase A1
<b>PC</b>	phosphocholine; PCA, principle component analysis
<b>PC-PLC</b>	phosphatidylcholine-specific phospholipase C
<b>PC-PLD</b>	phosphatidylcholine-specific phospholipase D
<b>PDK1</b>	serine/threonine kinase-3'-phosphoinositide-dependent kinase 1

<b>PDGFR</b>	platelet-derived growth factor receptor
<b>PET</b>	positron emission therapy
<b>PGE2</b>	prostaglandin E2
<b>PI-4,5-P<sub>2</sub></b>	phosphatidylinositol-4,4-bisphosphate
<b>PI3,4,5-P<sub>3</sub></b>	phosphatidylinositol-3,4,5-triphosphate
<b>PI3K</b>	Phosphatidyl-inositol-3-kinases
<b>PKA</b>	cAMP-dependent protein kinase
<b>PKC</b>	protein kinase C
<b>PKG</b>	cGMP-dependent protein kinase
<b>PLA(A-D)</b>	phospholipase (A-D)
<b>ppm</b>	parts per million
<b>PR</b>	Progesterone receptor
<b>PPP</b>	pentose phosphate pathway
<b>pRb</b>	retinoblastoma protein
<b>PtdCho</b>	phosphatidylcholine
<b>RAF</b>	Rapidly Accelerated Fibrosarcoma
<b>RANKL</b>	receptor activator of nuclear factor kappa-B ligand
<b>RALGDS</b>	RAL GTPase guanine nucleotide dissociation stimulator
<b>RCE1</b>	Ras converting enzyme 1
<b>RECIST</b>	response evaluation criteria in solid tumors
<b>RINEPT</b>	refocused insensitive nuclei enhanced by polarization transfer
<b>SHR</b>	nuclear/steroid hormone receptor
<b>siRNA</b>	small interfering RNA
<b>SNR</b>	signal to noise ratio
<b>sPLA2</b>	secreted PLA2
<b>STAT-3/5</b>	signal transducer and activator of transcription-3/5
<b>TA/lysoPLA</b>	transacylase/lysophospholipase
<b>TE</b>	echo time

<b>TGF- <math>\beta</math></b>	transforming growth factor- $\beta$
<b>TOCSY</b>	total correlation spectroscopy
<b>UDPS</b>	uridine diphospho-sugar
<b>VEGF</b>	vascular endothelial growth factor
<b>WHO</b>	world health organization
<b>ZEB1</b>	zinc finger E-box-binding homeobox 1

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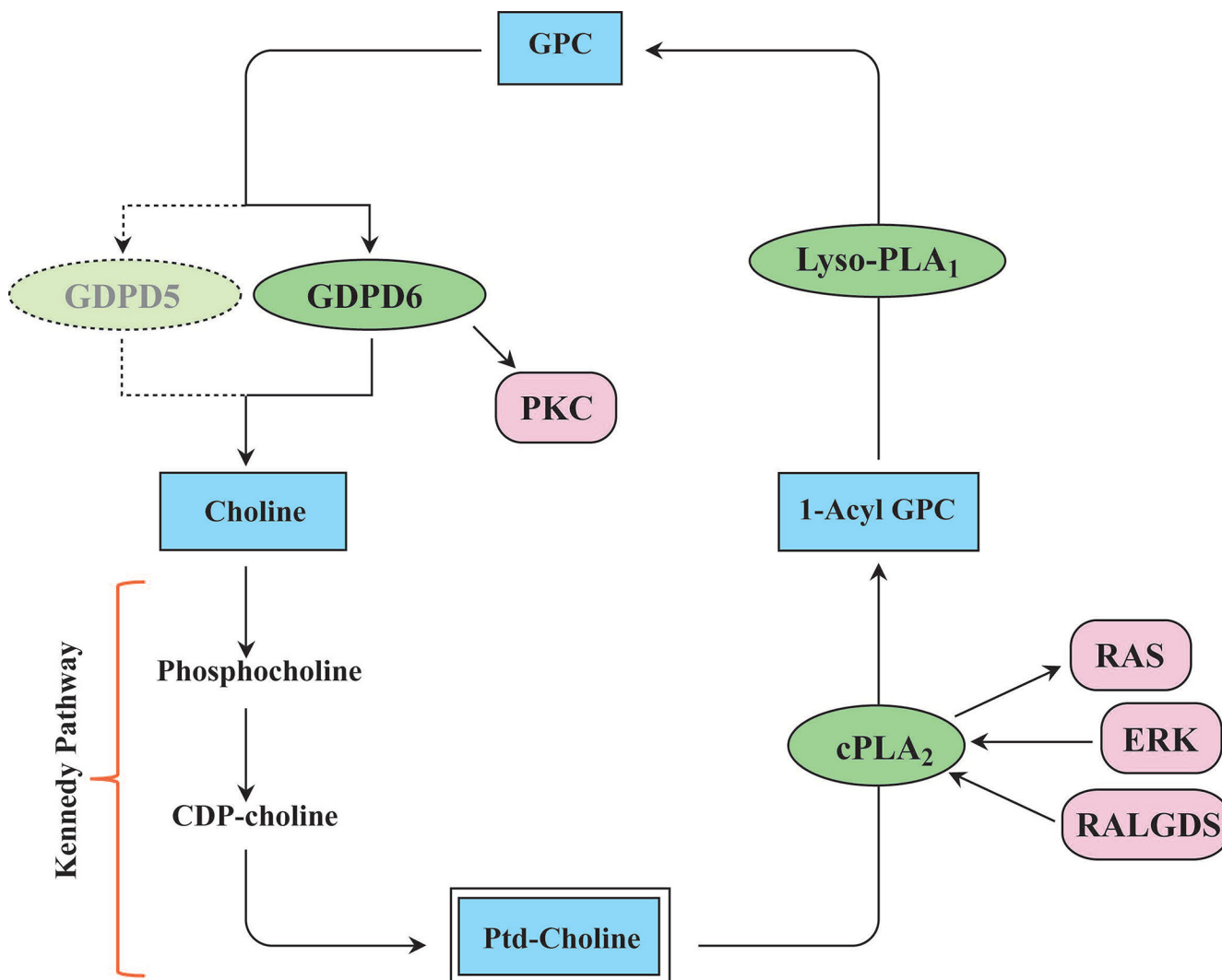


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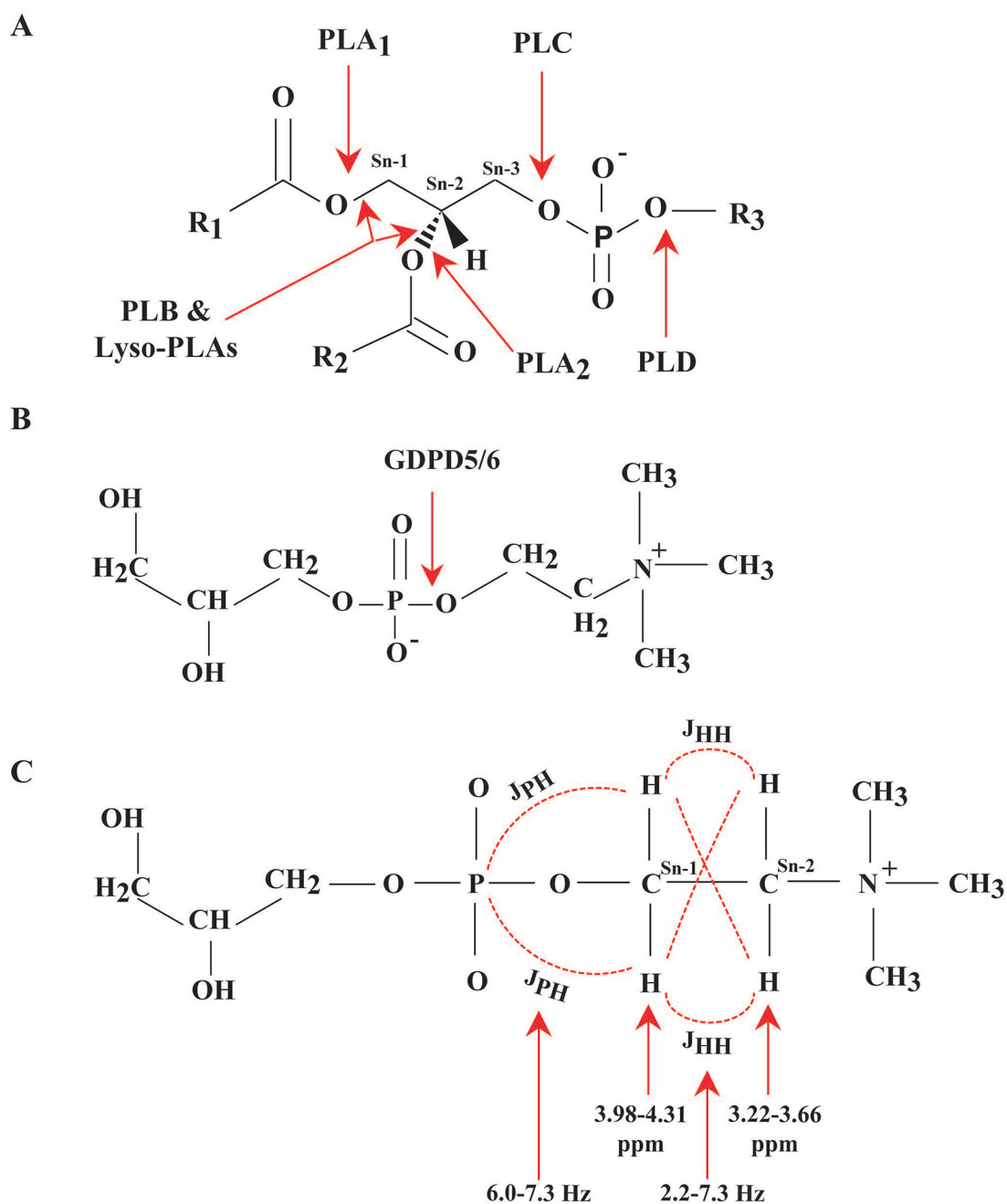
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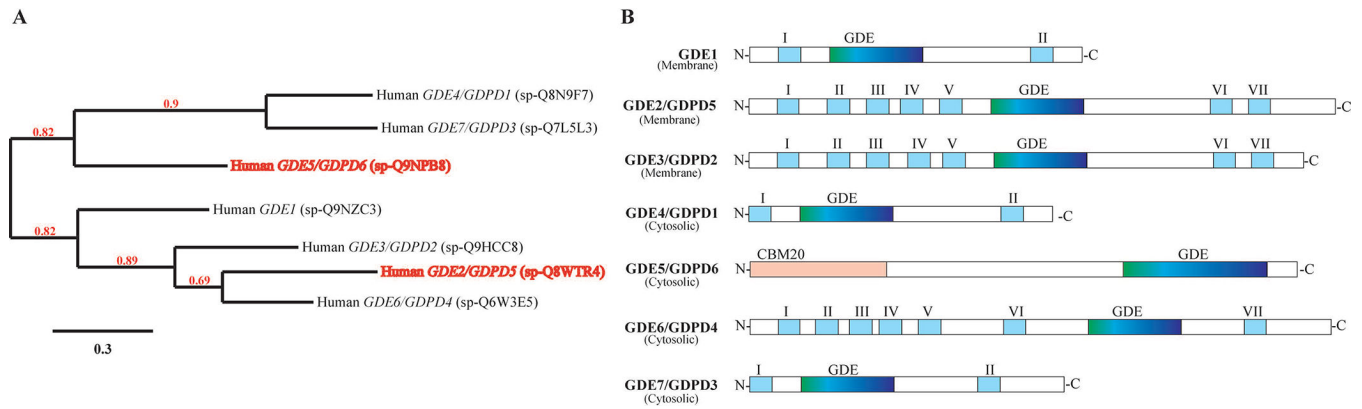
**Figure 2:** Enzymes involved in the glycerophosphocholine metabolic pathway, and control of glycerophosphocholine metabolism by oncogenic signaling pathways. Enzymes are shown in green ovals, metabolites in blue boxes, and signaling pathways in red boxes. (Abbreviations: CDP, cytidine diphosphate; cPLA<sub>2</sub>, cytoplasmic phosphatidylcholine-specific phospholipase A<sub>2</sub>; ERK, extracellular signal regulated kinase; GPCD, glycerophosphodiester phosphodiesterase; GPC, glycerophosphocholine; Lyso-PLA<sub>1</sub>, lyso-phospholipase A<sub>1</sub>; PKC, Protein kinase C; RALGDS, RAL GTPase guanine nucleotide dissociation stimulator).



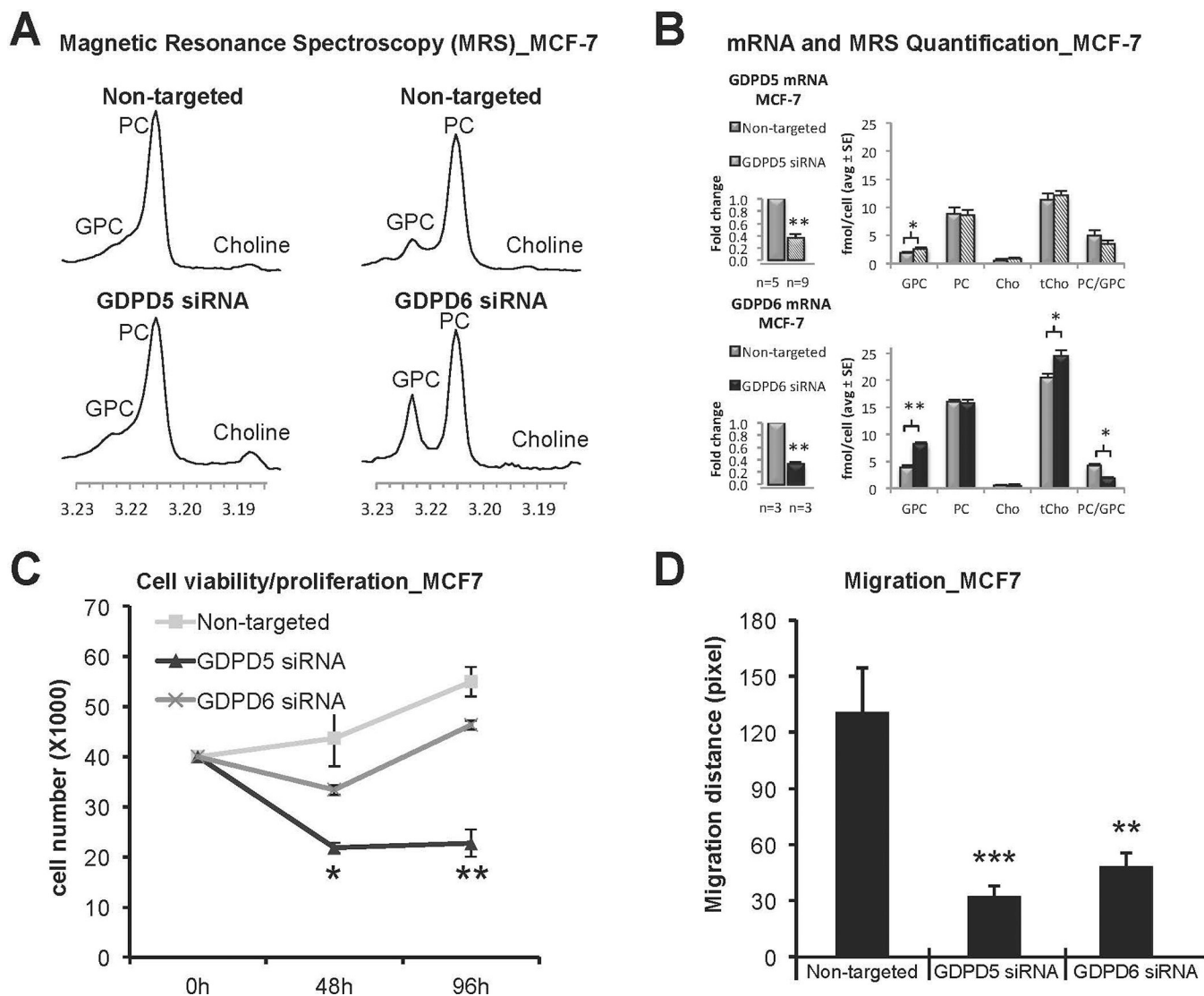
**Figure 3:**

(A) Phospholipid molecule along with respective phospholipase (PL) cleavage sites. PLA1 hydrolyzes the ester bond at the Sn-1 position, and PLA2 hydrolyzes at the Sn-2 position. PLC hydrolyzes the glycerol-oriented phosphodiester-bond, and PLD hydrolyzes the alcohol-oriented phosphodiester-bond. PLB and Lyso-PLAs can hydrolyze at both the Sn-1 and Sn-2 positions showing both PLA1 and PLA2 activity. (B) Enzyme activity of GDPD5 and GDPD6. (C) Partial chemical structure of PE, PC, GPE, and GPC including chemical shift (ppm) values of the  $^1\text{H}$  spins of the  $\text{Sn}^{-1}\text{CH}_2$  and  $\text{Sn}^{-2}\text{CH}_2$  groups with their J-coupling constants.

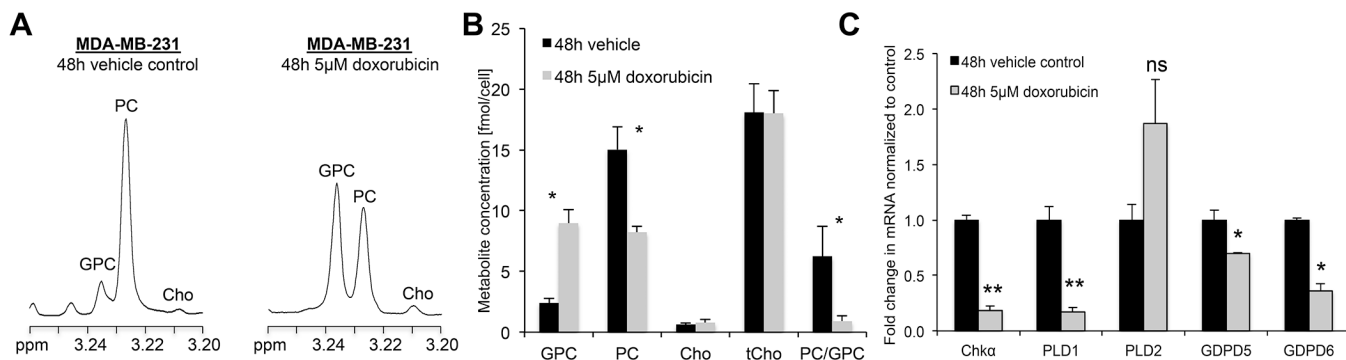




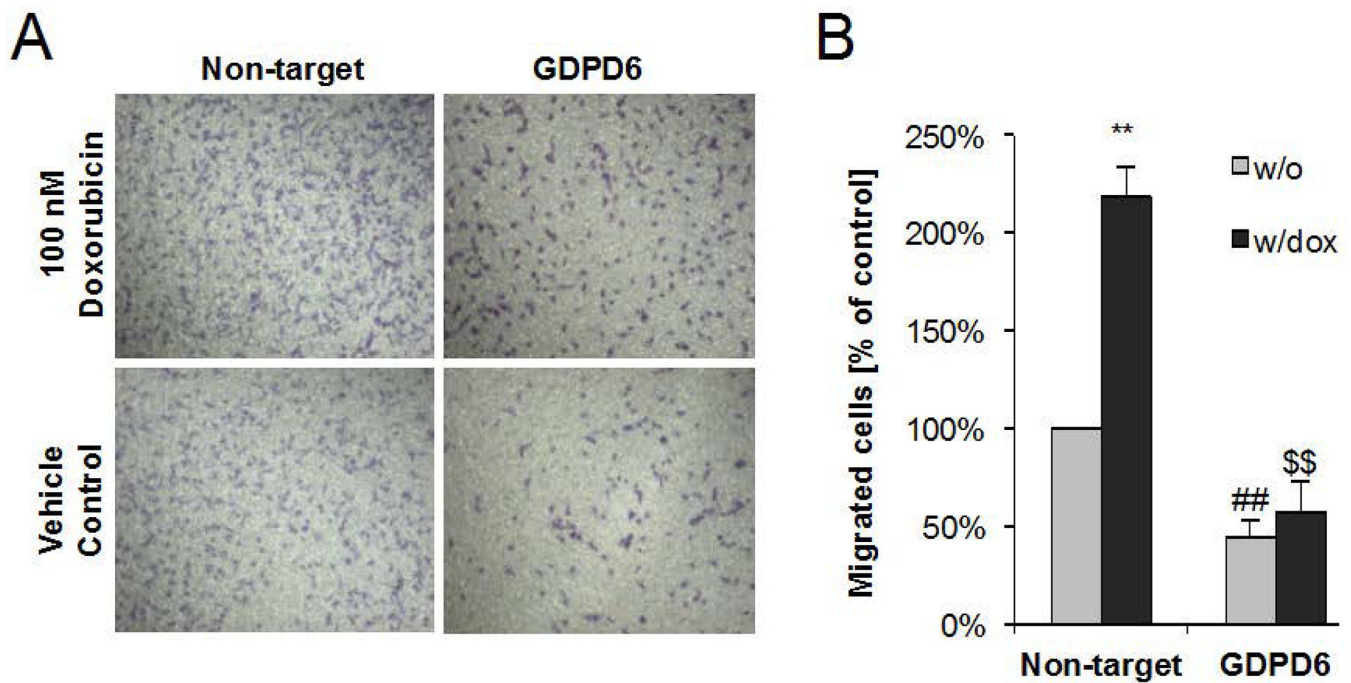
**Figure 4:** Phylogenetic analysis of human GDEs/GDPDs. **(A)** The phylogenetic tree was built by using the Phylogeny.fr online platform using the amino acid sequences reported in the UniProtKB database. Sequences were aligned with MUSCLE (v3.8.31), and configured for highest accuracy using default parameters of MUSCLE. The phylogenetic tree was reconstructed using the maximum likelihood method implemented in PhyML program (v3.1/3.0 aLRT). Reliability for each internal branch was evaluated using the aLRT test (SH-Like). Branch support values above 50% (0.5) are shown (red numbers). The scale bar represents the amino acid percentage substitutions required for generating the corresponding tree. **(B)** Schematic diagram illustrating the domain structure of the seven human GDE/GDPDs. The transmembrane domains are numbered I-VII starting from the N-terminal. GDE represents the putative glycerophosphodiesterase domain containing phosphodiesterase activity. *GDE1*, *GDE4/GDPD1* and *GDE7/GDPD3* have two transmembrane domains at each terminus. *GDE2/GDPD5*, *GDE3/GDPD2* and *GDE6/GDPD4* have seven transmembrane domains. *GDE5/GDPD6* contains a carbohydrate binding domain, which belong to the CBM20 family, at the N-terminus.



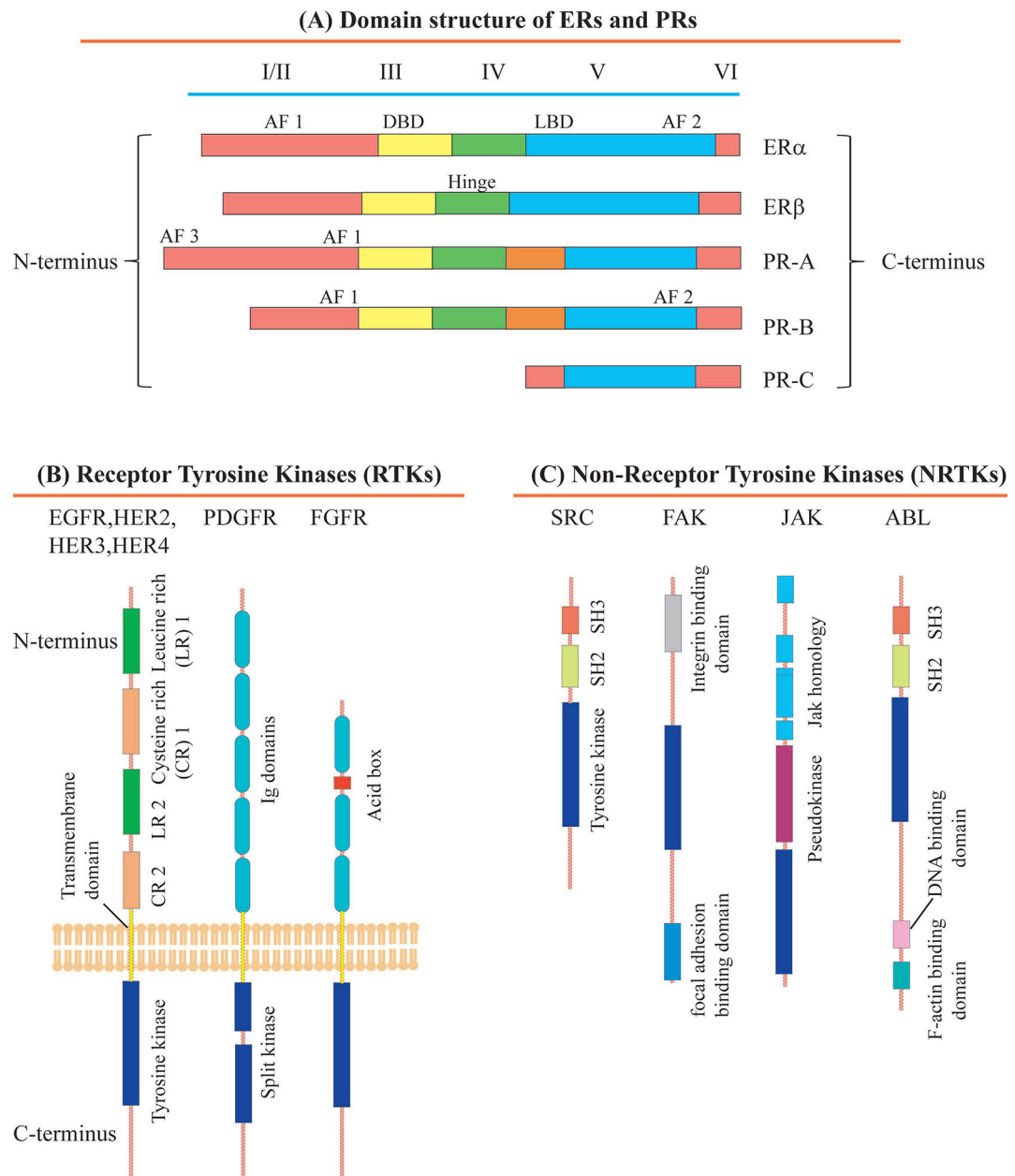
**Figure 5:** Effects of GDPD5 and GDPD6 silencing on choline metabolite profiles. **(A)** Representative <sup>1</sup>H MRS choline metabolite profiles of GDPD5 and GDPD6 siRNA treated MCF-7 cells compared to non-targeted controls. **(B)** GDPD5 and GDPD6 were significantly down-regulated by 65% and 67% in MCF-7 cells, respectively. Significantly increased GPC levels and decreased PC/GPC ratios were observed in GDPD6 silenced cells compared to non-targeted controls. GDPD5 silencing slightly increased GPC levels. Values are presented as mean ± standard error. \*p 0.05, \*\*p 0.01. The number of repeats (n) are given underneath each graph. **(C)** Cell proliferation. GDPD5 silencing resulted in decreased cell proliferation, while GDPD6 silencing had no significant effect on cell proliferation in MCF-7 cells compared to non-targeted controls. Values are presented as mean ± standard deviation. \*p 0.05, \*\*p 0.01, n=3 each. **(D)** Quantification of migration distance. GDPD5 and GDPD6 silencing significantly reduced cell migration in MCF-7 cells. Each assay was repeated four times. Values are presented as mean ± standard deviation. \*\*P<0.01, \*\*\*P<0.001, n=4 each (Modified from Cao *et al.*<sup>103</sup>).



**Figure 6:** Effects of Doxorubicin treatment in triple-negative MDA-MB-231 cells after 48 hours of treatment. **(A)** Representative <sup>1</sup>H MR spectra of the choline metabolite region of the water-soluble phases of MDA-MB-231 cell extracts obtained following 48 hours of 5 µM doxorubicin treatment (treated) or vehicle (DMSO) control showing elevated GPC and decreased PC levels. **(B)** Quantification of choline-containing metabolite concentrations showed that the total choline containing metabolite (tCho) concentration did not change between treated and control samples while GPC increased and PC decreased, thus decreasing the PC/GPC ratio following 48 hours of 5 µM doxorubicin treatment compared to vehicle control. **(C)** Doxorubicin treatment affects the mRNA expression levels of genes associated with phosphatidylcholine metabolism. mRNA levels of ChKα, PLD1, GDPD5, and GDPD6 were decreases after 48 hours of treatment. There was no significant change in PLD2 mRNA level. The graphs are mean + SE. Means are calculated based on three independent experiments. \**P* .05, \*\**P* .01. An unpaired two-tailed *t* test was used for all comparisons (Modified from Cheng *et al.*<sup>104</sup>).



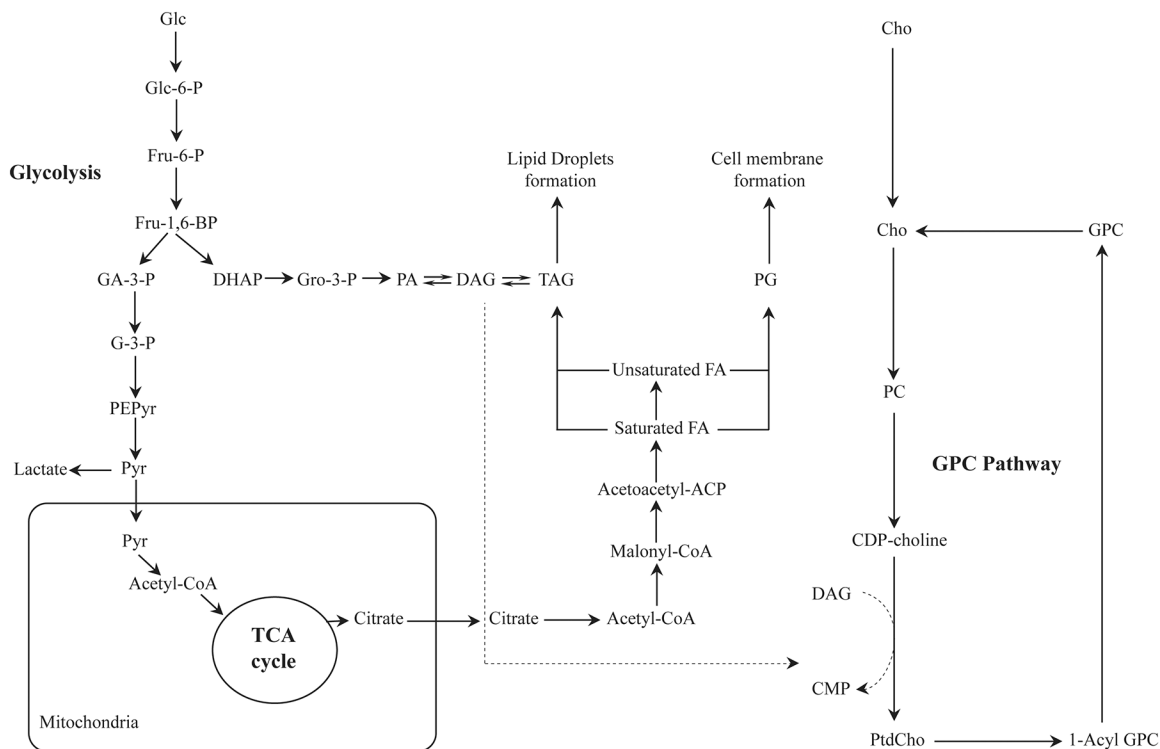
**Figure 7:** GDPD6 silencing counteracts doxorubicin-promoted migration. **(A)** Representative microscopic images of migrated stained cells following migration through the membrane in the transwell migration assay. Treatment with 100 nM doxorubicin resulted in increased breast cancer cell migration as compared to vehicle control without drug. GDPD6 silencing decreased the number of migrated cells, and after 100 nM doxorubicin was added to the medium, the migrated cell number did not increase due to doxorubicin addition, effectively counteracting doxorubicin-promoted migration. **(B)** Quantification results from microscopic cell images following migration. Results are expressed as mean + SE. Means were calculated from three independent experiments. \*\*, ##, \$\$  $P < 0.01$ . \*\* indicates comparison to vehicle control (DMSO) without doxorubicin; ## refers to comparison with non-target controls without doxorubicin, and \$\$ refers to comparison to non-target control with doxorubicin. An unpaired two-tailed  $t$  test was used for all comparisons. (Modified from Cheng *et al.*<sup>104</sup>).



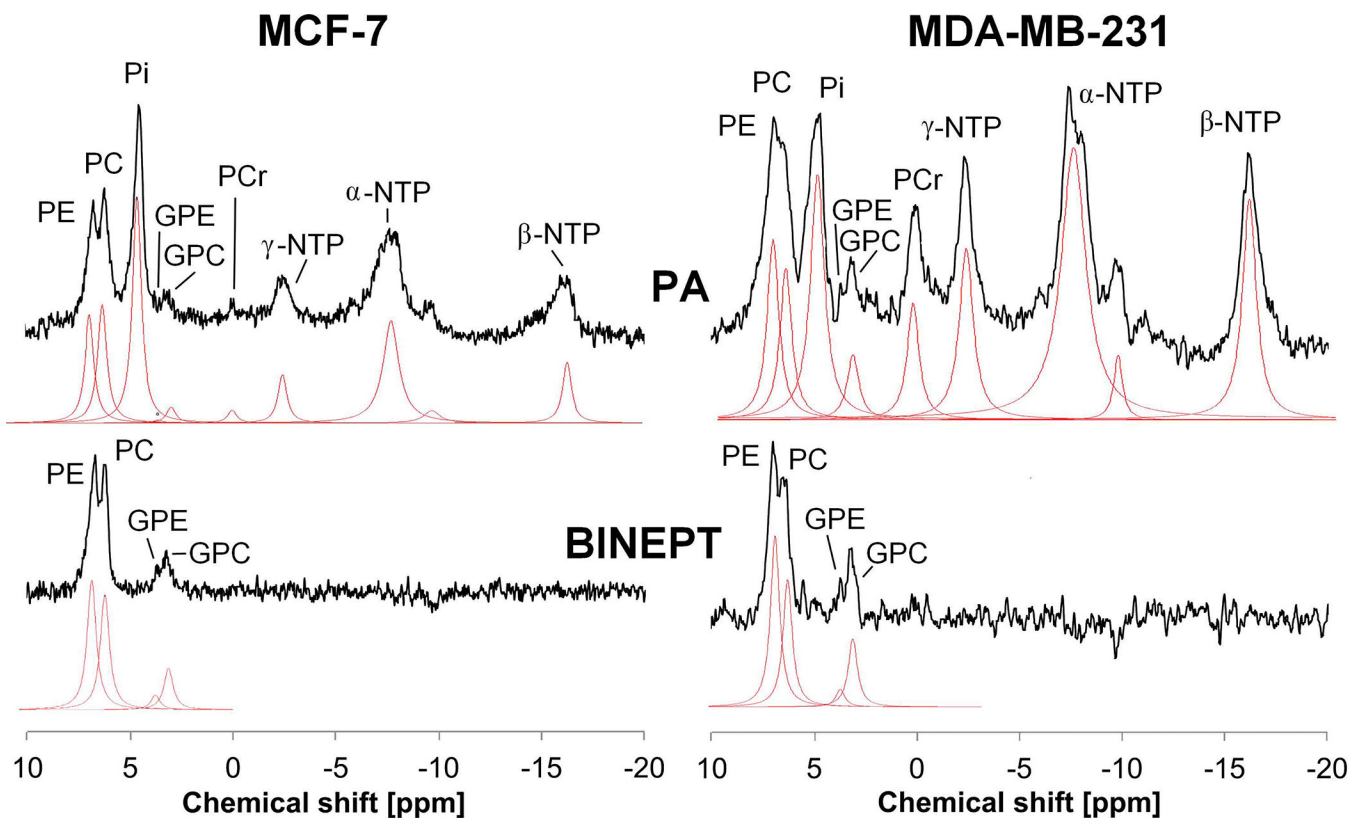
**Figure 8:**  
**(A)** Structural and functional domains of the estrogen receptors (ER $\alpha$  and ER $\beta$ ) and progesterone receptors (PR-A, PR-B and PR-C). Structural domains of these receptors are labeled I-VI, containing five distinct structural and functional domains: DNA-binding domain (DBD, III), hinge domain (IV), ligand-binding domain (LBD; V/VI), and three transcriptional activation function domains AF 1 and AF 3 (I/II) and AF 2 (VI). **(B)** Structural domains and their organization in various receptor tyrosine kinases (RTKs) such as the epidermal growth factor receptor (EGFR) family, which contains EGFR, HER2, HER3 and HER4, fibroblast growth factor receptor (FGFR) and platelet-derived growth factor receptor (PDGFR). The extracellular part of these receptors is on top and the intracellular part is on the bottom. The intracellular tyrosine kinase domains are conserved

across all RTK subfamilies, while the ligand-interacting domains differ significantly due to the specificity of ligand-receptor interactions. The intra- and extracellular domains are connected by a transmembrane domain. The following abbreviations are used: CR, cysteine-rich; Ig, immunoglobulin-like; LR, leucine-rich. The LR1, CR1, LR2 and CR2 domains of the HER family are also termed domains I–IV. The PDGF receptors have a large insert in their tyrosine kinase domain and are termed split kinases. (C) Domain structure and organization in non-receptor tyrosine kinases (NRTKs) such as SRC, Abelson tyrosine-protein kinase (ABL), focal adhesion kinase (FAK), and Janus kinase (JAK). The following abbreviations are used: SH3, SRC homology 3 domain; SH2, SRC homology 2 domain; Jak, Janus homology domain.



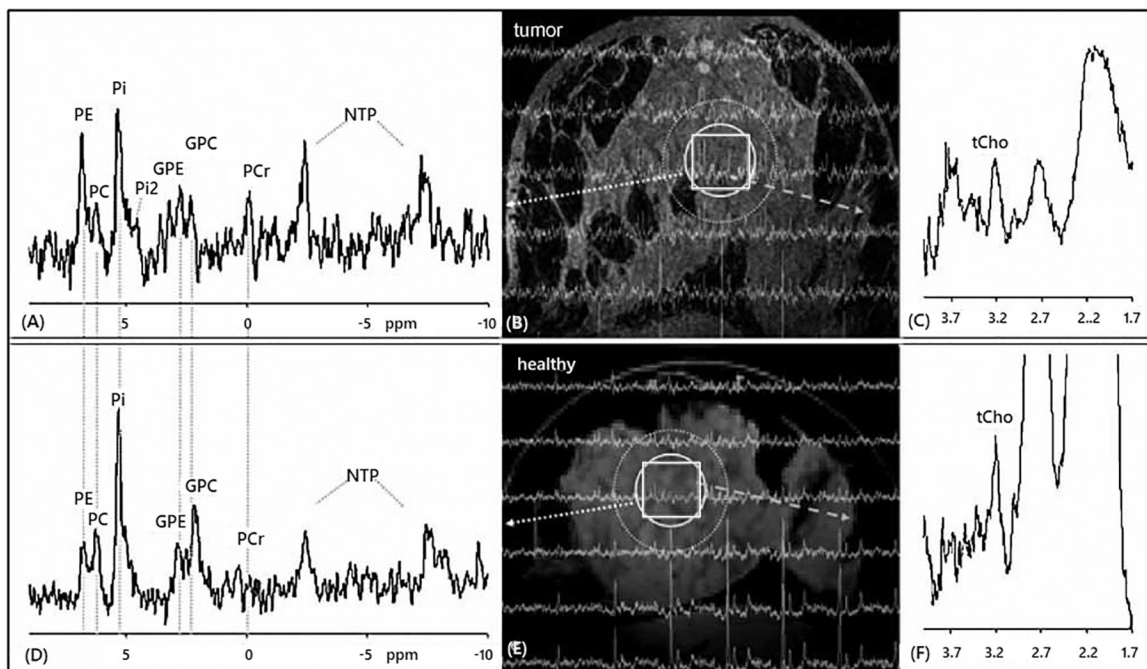


**Figure 9:** Biochemical interactions between altered glycerophosphocholine (GPC), lipid and glucose metabolic pathways in cancer. Most cancer cells display increased *de novo* lipid synthesis, as well as activated glycolysis and GPC metabolism. Glycolysis, in which glucose is catabolized to pyruvate, provides various metabolites for lipid synthesis, including diacylglycerol (DAG). (Abbreviations: Acetoacetyl-ACP, acetoacetyl-acyl carrier protein; Cho, free choline, CDP-choline, cytidine diphosphate choline; CMP, cytidine monophosphate; DAG, diacylglycerol; DHAP, dihydroxyacetone phosphate; FA, fatty acid; Fru-6-P, fructose-6-phosphate; Fru-1,6-BP, fructose-1,6-bisphosphate; Glc, glucose; Glc-6-P, glucose-6-phosphate; GPC, glycerophosphocholine; GA-3-P, glyceraldehyde-3-phosphate; G-3-P, 3-phosphoglycerate; Gro-3-P, glycerol-3-phosphate; PEPyr, phosphoenolpyruvate; PtdCho, phosphatidylcholine; Pyr, pyruvate; PA, phosphatidate; PG, phosphoglyceride)



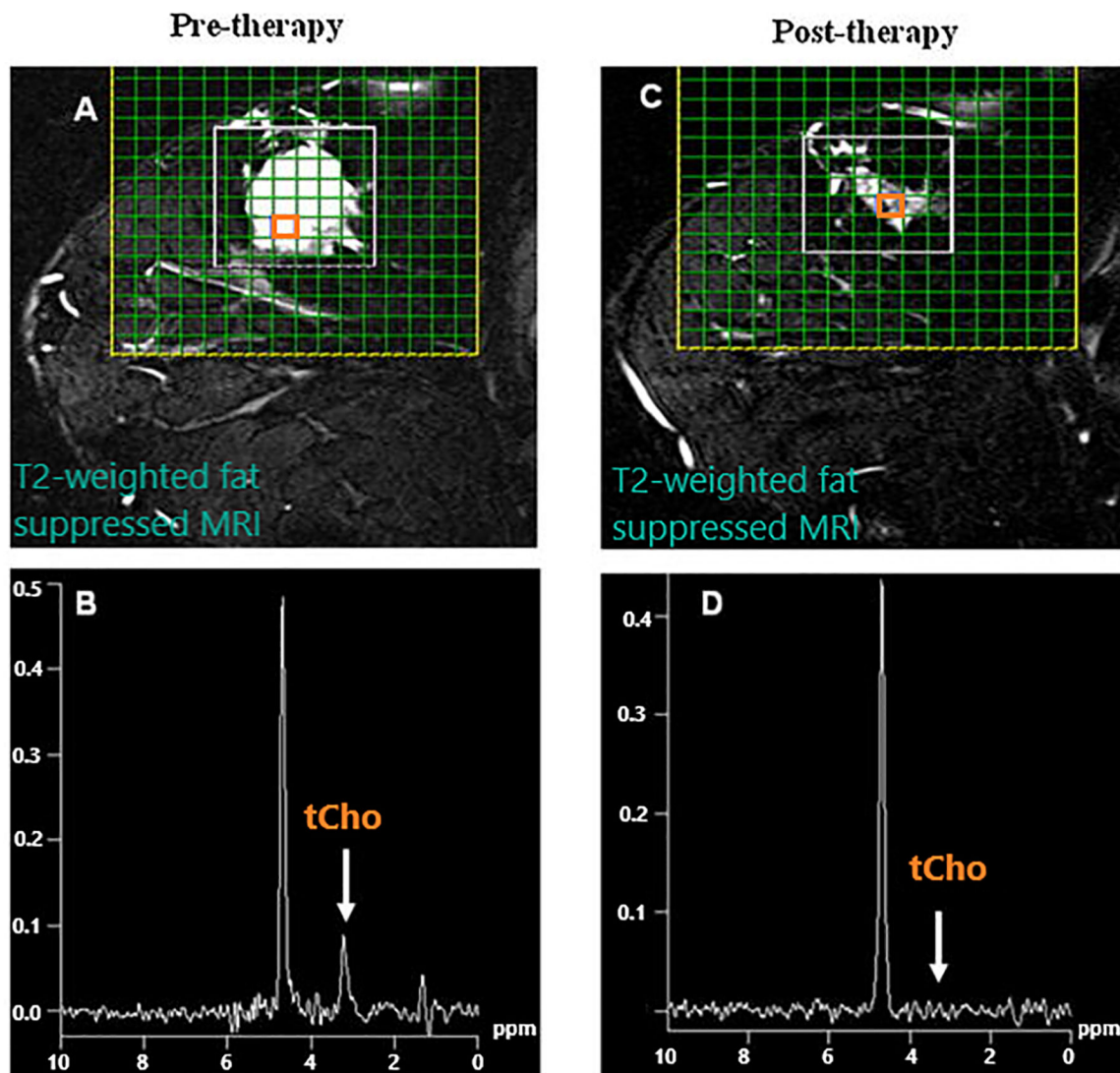
**Figure 10:**

Comparison of direct detection pulse-acquire (PA, top) and polarization transfer BINEPT (bottom)  $^{31}\text{P}$  MR spectra of representative MCF-7 (left) and MDA-MB-231 (right) tumor xenografts. Lorentzian lines fitted using the software jMRUI (<http://www.jmrui.eu/>) are shown below each respective MR spectrum. The PA spectrum shows resonances from all phosphorylated metabolites, while the BINEPT spectrum shows only signals from metabolites containing  $^1\text{H}$ - $^{31}\text{P}$  bonds such as phosphoethanolamine (PE), phosphocholine (PC), glycerophosphoethanolamine (GPE), and glycerophosphocholine (GPC). Additional signals in the PA spectra are  $\beta$ -nucleoside triphosphate (NTP), nicotinamide adenine diphosphate (NAD), and diphosphodiester (DPDE).  $\alpha$ -NTP represents a combination of overlapping signal from  $\alpha$ -NTP and  $\alpha$ -nucleoside diphosphate ( $\alpha$ -NDP). Similarly,  $\gamma$ -NTP is an overlapping signal from  $\gamma$ -NTP and  $\beta$ -NDP. (Adapted from Wijnen *et al.*<sup>258</sup>).



**Figure 11:**

Localized  $^{31}\text{P}$  and  $^1\text{H}$  MR spectra were recorded from the breast of a breast cancer patient and a healthy control at 7 T *in vivo*. One slice of  $^{31}\text{P}$  MR spectra is mapped onto the corresponding transverse MR image obtained from the tumor-containing breast (A, B, C) and the breast of the healthy volunteer (D, E, F). Altered levels of phosphoethanolamine (PE), phosphocholine (PC) and glycerophosphocholine (GPC) are observed in the  $^{31}\text{P}$  MR spectrum in tumor area (A) compared with healthy control (D) (indicated by dotted circle), while  $^1\text{H}$  MR spectra of the same region (indicated by square) contained total choline (tCho) in the tumor (C) as compared with the healthy subject (F). In addition, the chemical shift of the major inorganic phosphate (Pi) resonance in the  $^{31}\text{P}$  MR spectra was 5.3 for both subjects, from which the pH was calculated as pH 7.5, while a second Pi resonance (Pi2) was observed in the tumor tissue corresponding to pH 6.9. Also note the absence of phosphocreatine (PCr) in the breast of the healthy subject, reflecting negligible partial volume contributions from the surrounding muscle (A). GPE, glycerophosphoethanolamine; NTP, adenosine and other nucleoside triphosphates (Adapted from Klomp *et al.*<sup>261</sup>).



**Figure 12:** MRS detection of tCho as an early treatment response marker to neoadjuvant chemotherapy in a responding breast cancer patient. (A) Pre-therapy T2-weighted sagittal fat suppressed image of a locally advanced breast cancer patient overlaid with the magnetic resonance spectroscopic imaging (MRSI) grid. (B) Spectrum obtained from a voxel shown in (A) with tCho signal. (C) Post-therapy MR image of the same patient after 3 cycles of neoadjuvant chemotherapy. (D) Spectrum obtained from a voxel highlighted in (C) that showed no tCho signal. (Adapted from Danishad *et al*<sup>15</sup>).

**Table 1:**

Glycerophosphocholine concentration and associated enzyme expression and activity levels in the most frequent human cancers

Cancer Type	GPC level		Expression level			
	Normal	Cancer	GDPD5	GDPD6	cPLA2	Lyso-PLA1
Breast	0.04±0.04 mmol/L <sup>330</sup>	0.28±0.20 mmol/L <sup>330</sup>	↑ <sup>48</sup>	↑ <sup>96</sup>	↓ <sup>297</sup>	↓ <sup>297</sup>
Prostate	0.29±0.26 mmol/kg <sup>279</sup>	0.57±0.87 mmol/kg <sup>279</sup>	ND	ND	↑ <sup>331</sup>	ND
Ovarian	Unaltered <sup>332</sup>		Unaltered <sup>332</sup>	↑ <sup>96</sup>	↓ <sup>332</sup>	ND
Lung	Increased in tumor tissue <i>versus</i> normal tissue <sup>333</sup>		↑ <sup>334</sup>	ND	↑ <sup>335,336</sup>	ND
Colorectal	ND	ND	↑ <sup>337</sup>	ND	↑ <sup>338,339</sup>	ND

**Table 2:**

Substrate specificity of mammalian glycerophosphodiesterases

SN	Enzyme	Enzyme activity	Substrate	End products
1	GDE1	Glycerophosphodiesterases	Glycero-phosphoinositol	Glycerol-3-phosphate and Inositol
			Glycero-phosphoserine, Glycero-phosphoglycerol	Glycerol-3-phosphate and alcohol
			Glycero-3-phospho-N-acyl ethanolamines	Glycerol-3-phosphate and N-acyl ethanolamine
			Lyso-glycero-3-phospho-N-acyl ethanolamine	Glycerol-3-phosphate and N-acyl ethanolamine
			Glycero-phosphocholine	Glycerol-3-phosphate and free choline
2	GDE2/GDPD5	Glycerophosphodiesterases	Glycero-phosphocholine	Glycerol 3 phosphate and free choline
			Glycero-phosphoinositol	Glycerol and Inositol-1 phosphate
			GPI-anchor (protein RECK, glypican 2 and 4)*	GPI anchor
3	GDE3/GDPD2	Phospholipase C-like activity	Glycero-phosphoinositol	Glycerol and Inositol 1 phosphate
			GPI-anchor (proteins RECK, glypican 2 and 4)*	GPI anchor
4	GDE4/GDPD1	Lysophospholipase D-like activity	Lysophosphatidylcholine	Choline and lysophosphatidic acid
5	GDE5/GDPD6	Glycerophosphodiesterases	Glycero-phosphocholine	Glycerol 3 phosphate and free choline
6	GDE6/GDPD4	Glycerophosphodiesterases	GPI-anchor (glypican 2 and 4)*	GPI anchor
7	GDE7/GDPD3	Lysophospholipase D-like activity	Lysophosphatidylcholine	Choline and lysophosphatidic acid

\* glycosylphosphatidylinositol-anchor (reversion-inducing cysteine-rich protein with Kazal motifs' (RECK))