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## Prediction of adverse perinatal outcomes by fetal biometry: A comparison of customized and population-based standards

Doron Kabiri<sup>1,2,3</sup>, Roberto Romero<sup>1,4,5,6,\*</sup>, Dereje W. Gudicha<sup>1</sup>, Edgar Hernandez-Andrade<sup>1,2</sup>, Percy Pacora<sup>1,2</sup>, Neta Benshalom-Tirosh<sup>1,2</sup>, Dan Tirosh<sup>1,2</sup>, Lami Yeo<sup>1,2</sup>, Offer Erez<sup>1,2,7</sup>, Sonia S. Hassan<sup>1,2,8</sup>, Adi L. Tarca<sup>1,2,9</sup>

<sup>1</sup>Perinatology Research Branch, Division of Obstetrics and Maternal-Fetal Medicine, Division of Intramural Research, Eunice Kennedy Shriver National Institute of Child Health and Human Development, National Institutes of Health, U.S. Department of Health and Human Services (NICHD/NIH/DHHS)

<sup>2</sup>Department of Obstetrics and Gynecology, Wayne State University School of Medicine, Detroit, MI

<sup>3</sup>Department of Obstetrics and Gynecology, Hadassah-Hebrew University Medical Center, Jerusalem, Israel

<sup>4</sup>Department of Obstetrics and Gynecology, University of Michigan, Ann Arbor, MI

<sup>5</sup>Department of Epidemiology and Biostatistics, Michigan State University, East Lansing, MI

<sup>6</sup>Center for Molecular Medicine and Genetics, Wayne State University, Detroit, MI

<sup>7</sup>Maternity Department “D”, Division of Obstetrics and Gynecology, Soroka University Medical Center, School of Medicine, faculty of Health Sciences, Ben Gurion University of the Negev, Beer-Sheva, Israel

<sup>8</sup>Department of Physiology, Wayne State University School of Medicine, Detroit, MI

<sup>9</sup>Department of Computer Science, Wayne State University College of Engineering, Detroit, MI

### Abstract

**Objective:** To compare the predictive ability of estimated fetal weight (EFW) percentiles, according to seven growth standards, to detect fetuses at risk for adverse perinatal outcomes.

**Methods:** This retrospective cohort study included 3,437 African-American women. Population-based (Hadlock, INTERGROWTH-21st, WHO, FMF), ethnic specific (NICHD), customized (GROW) and African American customized (PRB/NICHD) growth standards were applied to the last available scan prior to delivery. Prediction performance indices and relative risk (RR), carried by an EFW<10<sup>th</sup> and EFW>90<sup>th</sup> percentile according to each standard, were calculated for individual and composite adverse perinatal outcomes. The sensitivity at a fixed (10%) false-

\*Corresponding authors: Roberto Romero, MD, D.Med.Sci., Perinatology Research Branch, NICHD/NIH/DHHS, Hutzel Women's Hospital, 3990 John R Street, 4 Brush, Detroit, Michigan 48201; telephone: (313) 993-2700; fax: (313) 577-6294; prbchiefstaff@med.wayne.edu. Adi L. Tarca, PhD, Perinatology Research Branch, NICHD/NIH/DHHS, Hutzel Women's Hospital, 3990 John R Street, 4 Brush, Detroit, Michigan 48201; telephone: (313) 577-5305; fax: (313) 577-6294; atarca@med.wayne.edu.

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positive rate (FPR), as well as the partial (FPR<10%) and full area under the ROC curves (AUC), were compared among the standards.

**Results:** 1) Ten percent (341/3437) of the neonates were classified as small-for-gestational-age (SGA) at birth, and of these, 16.4% (56/341) had at least one adverse perinatal outcome. SGA neonates were at a 1.5-fold increased risk of any adverse outcome ( $p<0.05$ ); 2) the screen-positive rate (EFW<10<sup>th</sup> percentile) of growth standards varied from 6.8% (NICHD) to 24.4% (FMF); 3) EFW<10<sup>th</sup> percentile, according to all standards, was associated with an increased risk for all adverse perinatal outcomes considered (all,  $p<0.05$ ); 4) the highest RRs carried by an EFW<10<sup>th</sup> percentile were: 5.1 for perinatal mortality (WHO); 5.0 for perinatal hypoglycemia (NICHD); 3.4 for mechanical ventilation (NICHD); 2.9 for Apgar score <7 at 5 minutes (GROW); 2.7 for Neonatal Intensive Care Unit (NICU) admission (NICHD); and 2.5 for the composite adverse perinatal outcome (NICHD). Although confidence intervals overlapped among all standards for each individual outcome, the RR for NICHD [2.46(1.9–3.1)] was higher than the one for FMF 1.47(1.2–1.8) for the composite outcome. 5) the sensitivity for the composite adverse perinatal outcome varied substantially among standards (15% for NICHD to 32% for FMF) given mostly to differences in the FPR, and they subsided when the FPR was set to the same value (10%); 6) the comparison of the AUC revealed a significant improvement for the PRB/NICHD (AUC=0.70) compared to Hadlock (AUC=0.66) and FMF (AUC=0.64) standards for the prediction of perinatal mortality; complementarily, the evaluation of the partial AUC (FPR<10%) revealed that the INTERGROWTH-21 standard had an advantage over the Hadlock standard for NICU admissions and mechanical ventilation (all,  $p<0.05$ ). 7) Although large-for-gestational-age (LGA) fetuses (EFW>90<sup>th</sup>) were also at risk of adverse perinatal outcomes, according to INTERGROWTH-21 (RR=1.4) and Hadlock (RR=1.7) standards, much fewer cases (2–5 fold) were detected by an LGA compared to an SGA screening by the same standards.

**Conclusions:** Fetuses with an EFW<10<sup>th</sup> as well as those with EFW>90<sup>th</sup> percentile were at increased risk of adverse perinatal outcomes according to all, or some of the seven standards, respectively. The relative risk carried by an EFW<10<sup>th</sup> percentile for the composite adverse perinatal outcome was higher for the most stringent (NICHD) than the least stringent (FMF) standard for SGA screening. The complementary analysis based on the AUC suggests slightly improved detection of adverse perinatal outcomes by more recent population-based (INTERGROWTH-21<sup>st</sup>) and customized (PRB/NICHD) standards compared to the Hadlock and FMF standards.

### Plain Language Summary:

Several fetal growth standards were recently introduced, and herein we assess their utility to predict perinatal morbidity and mortality.

### Keywords

estimated fetal weight; growth restriction; customized fetal growth standards; perinatal morbidity; perinatal mortality; Neonatal Intensive Care Unit admission; mechanical ventilation

## INTRODUCTION

Low and high birthweight is associated with increased perinatal morbidity and mortality.<sup>1–17</sup> Therefore, antenatal surveillance of fetal growth is essential to promote close monitoring and to suggest potential measures to reduce the risk (e.g., induction of labor).<sup>18–27</sup> Indeed, antenatal detection of high-risk fetuses is associated with a significant reduction in stillbirth and perinatal morbidity rates.<sup>28–32</sup>

Antenatal screening for growth restriction using ultrasound relies on the estimation of fetal weight (EFW) and comparison to a reference, also known as a growth chart or growth standard. The 10<sup>th</sup>/90<sup>th</sup> percentile cut-offs, first suggested by Battaglia and Lubchenco<sup>33</sup> for neonatal birth weight, and later adopted by Hadlock et al.<sup>34</sup> for EFW, are used to identify fetuses at risk for adverse outcomes.<sup>35–37</sup>

After Hadlock's "one-size-fits-all" growth chart was introduced, Gardosi et al.<sup>38</sup> proposed an adjustable fetal growth chart in which percentile curves are shifted up or down to account for non-pathologic factors such as maternal height, weight, parity, race/ethnicity, and fetal sex.<sup>39–45</sup> The effects of these factors were assumed to be proportionally constant during gestation, and adjustment coefficients were estimated from birthweight data in specific populations.<sup>46–52</sup> More recent customized standards do not rely on the proportionality assumption and allow these effects to vary among the specific centile curves.<sup>53</sup>

The potential of customized birthweight standards to improve identification of neonates at risk for adverse perinatal morbidity and mortality has been well established.<sup>54–67</sup> Nevertheless, recent initiatives to develop growth standards did not perform customization of growth charts or customized only for a subset of non-pathologic factors known to affect fetal growth. For example, the World Health Organization (WHO) growth standard only customizes by fetal sex,<sup>68–70</sup> while the National Institute of Child Health and Human Development (NICHD) developed ethnic-specific charts without adjusting for other factors.<sup>71</sup> In addition, the INTERGROWTH-21<sup>st</sup> project proposed a "one-size-fits-all" standard, without customization, yet the decision not to adjust for fetal sex was based on ethical grounds.<sup>72–76</sup> Similarly, the Fetal Medicine Foundation (FMF) proposed a non-customized fetal growth standard by reconciling fetal weight and birthweight data in a multi-ethnic population that included a large majority (69%) of white women<sup>77</sup>.

Given the plethora of fetal growth standards available, with their intrinsic differences in the design and in the characteristics of the populations from which they are derived, it is important to determine how these differences impact their utility. Therefore, we conducted a retrospective study, comparing the ability of an EFW<10<sup>th</sup> and EFW>90<sup>th</sup> percentile to identify fetuses at risk of perinatal morbidity and mortality, according to the seven aforementioned growth standards.

## METHODS

### Study Design

A retrospective cohort study was conducted at the Center for Advanced Obstetrical Care and Research of the Perinatology Research Branch, *Eunice Kennedy Shriver* National Institute of Child Health and Human Development (NICHD), National Institutes of Health, U.S. Department of Health and Human Services. All patients included in this study were enrolled in research protocols approved by the Human Investigation Committee of Wayne State University and the Institutional Review Board of NICHD.

The study population consisted of pregnant women who had at least one ultrasound evaluation prior to delivery and for whom perinatal information was available. Women with multiple gestations, those with known fetal anomalies or chromosomal aberrations, and those who were lost to follow-up or delivered elsewhere were excluded from the study. Detailed demographic data, medical history, and pregnancy outcomes were extracted from the patients' electronic medical records.

### Outcomes

The adverse perinatal outcomes considered in the study were as follows: 1) perinatal mortality; 2) Neonatal Intensive Care Unit (NICU) admission; 3) Apgar scores <7 at 5 minutes after delivery; 4) neonatal hypoglycemia; 5) the need for mechanical ventilation; 6) neonatal hypothermia; 7) meconium aspiration syndrome; and 8) composite adverse perinatal outcome, involving one or more of the outcomes above. Only outcomes affecting 20 or more of the 3437 patients were analyzed individually; otherwise, they contributed only to the analysis of the composite adverse perinatal outcome.

*Perinatal mortality* was defined as stillbirth or neonatal death within 7 days of birth.<sup>78</sup> Stillbirth was defined as death of the fetus diagnosed after 20 weeks of gestation confirmed by ultrasound examination prior to delivery. *NICU admission* was defined as documented newborn admission to the NICU at any time during the hospitalization. *Apgar scores <7 at 5 minutes after delivery* were calculated according to an accepted method for reporting the status of the newborn immediately after birth.<sup>79, 80</sup> *Neonatal hypoglycemia* was defined as a glucose level <45 mg/dL.<sup>81</sup> *Mechanical ventilation* was defined when a ventilation machine was used to improve the exchange of air between the lungs and the atmosphere. *Neonatal hypothermia* defined as a neonatal axillary temperature less than 36.5°C.<sup>78, 82</sup> *Meconium aspiration syndrome* was diagnosed in infants who had dyspnea, tachycardia, and need for supplemental oxygen by hours of life, and diffuse irregular patchy infiltrates on chest radiographs.<sup>83</sup> Of note, infants with meconium below the vocal cords but with no clinical or radiographic evidence of disease were not diagnosed with aspiration syndrome.

### Fetal growth screening

Screen-positive for small-(SGA) and large (LGA) -for-gestational-age was based on an EFW<10<sup>th</sup> and EFW>90<sup>th</sup> percentile, respectively, for each standard. The observed EFW at last scan prior to delivery was derived using the formula published for each individual

standard based on biometrical parameters [i.e., abdominal circumference (AC), femur length (FL), head circumference (HC), and biparietal diameter (BPD)], as follows:

**Hadlock 1:** EFW was calculated with a three-parameter Hadlock equation (HC, AC, and FL)<sup>84</sup>, used by other recent growth standards (NICHD, WHO, PRB/NICHD, FMF), and compared to the same centile curves reported by Hadlock et al. in 1991<sup>34</sup> using a four-parameter equation.

**Hadlock 2:** EFW was calculated using a four-parameter formula (AC, FL, HC, and BPD) originally reported by Hadlock et al.,<sup>84</sup> and the observed value was compared to the centile curves derived for this EFW formula.<sup>34</sup> This fetal weight assessment was the one used clinically for the detection of SGA in the study population.

**INTERGROWTH-21st:** EFW was calculated from AC and HC using the equation proposed by the authors, and observed values were compared to the centile curves reported.<sup>75, 85</sup>

**The World Health Organization (WHO) fetal growth standard:** EFW was calculated based on a three-parameter Hadlock formula (HC, AC, FL)<sup>84</sup> and compared to the reference centile without customization for fetal sex.<sup>68-70</sup>

**The Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD):** EFW was calculated using the three-parameter Hadlock formula (HC, AC, FL)<sup>84</sup> and compared to the centile curves derived for the African-American population.<sup>71</sup>

**Gestational Related Optimal Weight (GROW):** EFW was calculated using the three-parameter Hadlock formula (HC, AC, FL)<sup>84</sup> and a corresponding customized percentile was obtained using the GROW software (V8.0.1).<sup>86</sup> Customization was made for ethnic origin, maternal height, weight and parity, and fetal sex.

**Perinatology Research Branch / Eunice Kennedy Shriver National Institute of Child Health and Human Development (PRB/NICHD):** EFW was calculated using the three-parameter Hadlock formula (HC, AC, FL),<sup>84</sup> and corresponding customized centiles were calculated using the R package available at <http://bioinformaticsprb.med.wayne.edu/software/prb-nichd-fetal-growth-standard/>. Customization of the growth centiles was made for maternal height, weight and parity, and fetal sex.<sup>53</sup>

**Fetal Medicine Foundation (FMF):** EFW was calculated based on a three-parameter Hadlock formula (HC, AC, FL)<sup>84</sup> and compared to the reference centiles described in Nicolaides et al.<sup>77</sup>.

## Statistical analysis

We evaluated the sensitivity and specificity of the screening test as well as the relative risk (RR) carried by an EFW<10<sup>th</sup> and EFW>90<sup>th</sup> percentile according to each standard for each outcome. When screening for SGA, for standards providing an exact percentile for any given

observed EFW value (GROW, Hadlock, INTERGROWTH-21<sup>st</sup>, PRB/NICHD, FMF), Receiver Operating Characteristic (ROC) curves were constructed and the full and partial (FPR<10%) areas under the ROC curves (AUC) were calculated, and compared to Hadlock 1, considered as a reference using the *pROC* package<sup>87</sup>. For these standards, the sensitivity at a 10% false-positive rate was also determined for each outcome for SGA screening.

## RESULTS

### Characteristics of the study population

The study population included 3,437 African-American women. The characteristics of the study population are summarized in Table 1. Of those, 478 women delivered preterm (<37 weeks of gestation) and 2,959 women delivered at term. The mean gestational age at delivery was  $38.5 \pm 2.4$  weeks, and the mean interval from sonographic EFW measurement to delivery was  $3.6 \text{ weeks} \pm 3.51 \text{ weeks}$ .

The median maternal body mass index of the population was 27.5 [interquartile range (IQR) 22.9–33.7], and 18.5% of women (634/3437) were smokers. About 10% (341/3,437) of the neonates were classified as SGA and 7.2% (250/3,437) as LGA according to the United States national reference for birthweight standards reported by Alexander et al.<sup>88</sup> The cohort included 11.7% (403/3,437) neonates diagnosed with at least one adverse perinatal outcome, with 219 of the 403 neonates being delivered preterm. The group of 20 cases with perinatal mortality included 11 cases of stillbirth and 9 cases of neonatal death.

Of all the neonates with at least one adverse perinatal outcome, 13.9% of neonates (56/403) were SGA (birthweight <10<sup>th</sup> centile). The RR of adverse perinatal outcomes carried by a birthweight <10<sup>th</sup> centile is shown using a forest plot in Figure S1. The RR of the composite adverse perinatal outcome associated with an SGA delivery was 1.5 [95% CI 1.15–1.94], and the highest RR for an individual outcome reached 3.49 [95% CI 2.23–5.46] for neonatal hypoglycemia.

### Association between EFW<10<sup>th</sup> and adverse perinatal outcomes

**Screen positive rates:** There was large variability in the screen-positive rate (EFW<10<sup>th</sup> percentile) across the different standards: 6.8% for NICHD, 9.4% for GROW, 11.6% for WHO, 13.2% for INTERGROWTH-21<sup>st</sup>, 13.5% for PRB/NICHD, 16.2% for Hadlock 2, 16.5% for Hadlock 1 and 24.4% for FMF.

**Relative risk:** An EFW<10<sup>th</sup> centile at the last scan before delivery (screen positive) was associated with an increased risk in individual and composite adverse neonatal outcomes for all standards (Figure 1, Table 2, and Table S1). The RR for the composite adverse perinatal outcome was significantly lower for the least stringent standard (FMF) RR=1.47 [95% confidence interval (CI) 1.2–1.8] compared to the most stringent standard (NICHD) RR=2.46 [95% CI 1.9–3.1]. The highest RRs of an individual adverse outcome were for perinatal mortality 5.05 [95% CI 2.08–12.29] (WHO); neonatal hypoglycemia 5.0 [95% CI 3.27–7.83] (NICHD); mechanical ventilation 3.39 [95% CI 2.43–4.74] (NICHD); Apgar score <7 at 5 minutes 2.88 [95% CI 1.80–4.63] (GROW); and NICU admission 2.68 [95% CI 2.01–3.57] (NICHD). Of note, for all individual outcomes, the CIs of the RR overlapped

among standards. Nonetheless, there were notable differences in RR estimates among standards for specific outcomes. For instance, for perinatal mortality, the lowest RR was 2.18 (Hadlock 1), and the highest RR was 5.05 (WHO).

**Sensitivity and specificity**—The sensitivity of EFW<10<sup>th</sup> centile for the composite adverse perinatal outcome ranged between 15% (NICHD) and 32% (FMF) with these two standards having the highest (27%) and lowest (16%) positive predictive values, respectively (see Table S1). The highest sensitivities for individual outcomes at the 10<sup>th</sup> percentile cut-off were obtained using the FMF standard: neonatal hypoglycemia 46%; perinatal mortality 45%; mechanical ventilation 40%; NICU admission 35%; and Apgar score <7 at 5 minutes 35%. The higher sensitivities for FMF standard were typically accompanied by lower specificities. The specificity for the composite adverse perinatal outcome ranged between 77% (FMF) and 94% (NICHD). The highest specificities for individual outcomes were as follows: neonatal hypoglycemia 94% (NICHD); perinatal mortality 91% (GROW); mechanical ventilation 94% (NICHD); NICU admission 94% (NICHD); and Apgar score <7 at 5 minutes 93% (NICHD) (Table S1).

Of note, while the sensitivity values discussed above were obtained using a 10<sup>th</sup> percentile cut-off for each standard to define screen-positive, the full spectrum of sensitivities can be seen in Figure 2.

**Sensitivity at a fixed false-positive rate**—To determine how much of the differences in sensitivities among standards described above are due to different stringency levels of the different standards (hence, specificity), we also determined the sensitivity at a fixed (10%) false-positive rate for standards providing exact percentiles. Indeed, there was a high similarity in sensitivity among standards when the false-positive rate was set to the same value (10%) (Figure 2). For instance, the sensitivity (at 10% FPR) for the composite adverse outcome varied only from 19.4% (GROW) to 21.7% (INTERGROWTH-21<sup>st</sup>) across the five standards shown in Figure 2, while for perinatal mortality, it was the same (30%) for all six standards shown in Figure 2. To reach the same false-positive rate (10%) for the composite adverse outcome, it was required to use a 6.6 percentile cut-off for the Hadlock-1 standard, 8.0 for both PRB/NICHD and INTERGROWTH-21<sup>st</sup>, 11.2 for GROW, and 2.0 percentile cut-off for FMF standard.

**ROC curve analysis**—The AUC statistics for individual and composite outcomes were overall either failed (0.5–0.6) or poor (0.6–0.7) and rather similar among the different growth standards (Figure 3 and Table 3). However, the PRB/NICHD standard had a higher AUC (0.70) for the prediction of perinatal mortality compared to Hadlock 1 (0.66) and FMF (0.64) ( $p<0.05$ ). The AUC was also slightly higher for Hadlock 2 standard (AUC=0.67) compared to FMF (AUC=0.64) for perinatal mortality (Table S3), and for INTERGROWTH-21<sup>st</sup> standard (AUC=0.58) compared to FMF (AUC=0.56) for Apgar <7 at 5 min.

Nevertheless, when considering only the part of the ROC curve for which the FPR<10% and computing the partial area under the curve, we noted a slightly higher values for the INTERGROWTH-21<sup>st</sup> standard compared to the Hadlock 1 and FMF standards for the

prediction of NICU admission (all,  $p < 0.05$ ) (Figure 3, Table 3, Table S3). Similarly, for the partial AUC was slightly higher for INTERGROWTH-21<sup>st</sup> standard compared to FMF standard for hypoglycemia (Figure 3, Table S3). The use of the partial AUC is motivated by the fact that it is more important for the different standards to have higher sensitivity at a low and, hence, more clinically relevant false-positive rate.

### Association between EFW > 90<sup>th</sup> and adverse perinatal outcomes

The screening rates for LGA were overall smaller than those for SGA, and they also varied greatly among standards: Hadlock 1 and 2 (2.9%), GROW (6.4%), INTERGROWTH-21<sup>st</sup> (7%), PRB/NICHD (9%), FMF (9.6%), WHO (10.2%), and NICHD (12.5%). Among the seven standards considered, LGA screening by INTERGROWTH-21<sup>st</sup> (RR=1.4) and Hadlock (RR=1.7) standards led to a significant association with the composite adverse perinatal outcome, yet sensitivity was 2-to 5-fold lower (5% for Hadlock and 10% for INTERGROWTH-21<sup>st</sup>) compared to SGA screening with the same standards (see Table S2). LGA fetuses were also at risk of hypoglycemia according to the Hadlock standard (RR=2.9) with only 8% (sensitivity) of cases being detected.

## DISCUSSION

### Customized vs. non-customized standards

More than 100 fetal growth standards were proposed for fetal growth assessment<sup>41</sup>. Several studies suggested that customized fetal growth<sup>38, 45, 89, 90</sup> and birthweight<sup>54–67</sup> assessment better predicts morbidity, while other studies found the opposite or were inconclusive.<sup>39, 40, 55, 57, 66, 91–105</sup> Sovio et al.<sup>66</sup> reported that customized third trimester growth assessment did not improve the association with neonatal morbidity compared to non-customized standards, while Blue et al.<sup>103</sup> reported superior performance of non-customized standards than ethnic-specific standards. We therefore compared seven fetal growth standards for prediction of adverse perinatal outcomes and evaluated the extent to which differences in sensitivity are due to different overall stringencies of the standards (how low or high the 10<sup>th</sup> centile curve is and, hence, the screen-positive rate) as opposed to 1) differences in the shape of the 10<sup>th</sup> percentile curve and/or 2) factors considered in the customization that lead to different percentiles across standards for the same observed EFW.

### Comparison of screen-positive rates

The screen-positive rate for SGA and LGA varied considerably with NICHD African American standard identifying only 6.8% as SGA and 12.5% as LGA; hence, this standard can be considered overall too low for our population. By contrast, Hadlock's chart identified 16.5% of fetuses as SGA and only 2.9% as LGA; hence, this standard can be considered too high. Although the 10<sup>th</sup> centile of the FMF standard was the highest compared to all standards, resulting in the largest screen positive rate for SGA (24.4%), the 90<sup>th</sup> centile of this chart was similar to the one of the other standards and classified 9.6% of fetuses as LGA, based on the last available scan.

While a previous study<sup>65</sup> in a U.S. population identified a large difference in screen-positive rates of birthweight < 10<sup>th</sup> percentile between the INTERGROWTH-21<sup>st</sup> (3.5%) and GROW



(11.1%) standards, the assessment of EFW presented herein resulted in less discrepancy (11.6%, GROW; 13.5%, INTERGROWTH-21<sup>st</sup>) likely due to differences in the populations.

### Comparison of relative risks

Sovio et al.<sup>23</sup> reported that a third-trimester EFW<10<sup>th</sup> percentile was associated with a 1.6-fold increase in the risk of neonatal morbidity, which is similar to the 1.7 estimate derived herein with Hadlock's standard. Moreover, we showed that fetuses with EFW<10<sup>th</sup> percentile were at increased risk of individual adverse perinatal outcomes according to all standards, with the highest risk estimate being for perinatal mortality (WHO standard, RR=5.05). Overall, the most stringent standard for SGA screening (NICHD) resulted in consistently higher relative risk estimates for adverse perinatal outcomes, while the least stringent standard (FMF) had the lowest relative risk estimates. The differences in relative risk among these most extreme standards were significant for the composite adverse perinatal outcome, yet the overlapping confidence intervals among all other standards impeded drawing conclusions regarding the superiority of one standard over another for individual adverse perinatal outcomes.

### Comparison of area under the ROC curve

To complement the typical assessment based on relative risk and sensitivity for adverse neonatal outcomes,<sup>65</sup> we also compared the full and partial AUC of low EFW percentiles. While sensitivity may vary due to differences in screen-positive rates, the AUC analysis considers all possible cut-offs and compares standards in terms of their ability to rank fetuses from the most (lowest percentile) to the least (highest percentile) at risk of sub-optimal growth. Even for non-customized standards, such differences in the reordering of the fetuses with respect to their risk are expected due to the shape of the 10<sup>th</sup> centile curve, which, for the same screen-positive rate, alters the balance of preterm and term fetuses being screened positive in a given cohort. Differences in performance of growth standards are also expected due to differences in pregnancy characteristics considered in customization (if any) and analytical approaches and populations used to establish the standards<sup>106</sup>.

The AUC for prediction of perinatal mortality with the PRB/NICHD standard was higher than for Hadlock 1 and FMF standards, yet the improvement emerged at FPR>15%; hence, a difference was not detected when comparing the partial area under the curve (FPR<10%). Of note, using a 20<sup>th</sup> percentile cut-off on the PRB/NICHD growth standard identifies one-half of fetuses at risk of perinatal mortality and one-third of those at risk of any adverse perinatal outcome considered herein (Figure 3).

Based on the partial AUC, the INTERGROWTH-21<sup>st</sup> standard showed superiority over Hadlock and FMF standards for individual perinatal outcomes. This can be understood since fetuses at risk for these outcomes had lower percentiles according to INTERGROWTH-21<sup>st</sup> compared to the Hadlock and FMF standards, resulting in higher sensitivity at low FPR (Figure 3, Table 3, Table S3). Therefore, the ROC curve-based analyses provided a perspective not attainable by simply comparing relative risk at the 10% EFW cut-off.

## Strengths and limitations

This is the first study to compare seven fetal growth standards used worldwide, for prediction of adverse perinatal outcomes in the same population. The limitations are: 1) the population comprised only African-American women, and future studies are required to determine whether findings extrapolate to other populations; 2) the population included a wide range of gestational ages at the last ultrasound scan that was related to the actual distribution of gestational age at delivery; 3) the current study evaluated several but not all adverse perinatal outcomes due to their low frequencies; 4) the cohort included in this study was derived from a larger set of 4,001 pregnancies used to develop the PRB/NICHD standard; hence, prediction performance estimates for this particular standard may be biased.

## Conclusion

This study demonstrated that differences in stringency (and hence FPR) among standards explain the variability in sensitivity and relative risk of adverse perinatal outcomes. When considering a wider range of FPR by ROC curve analysis, the recent international (INTERGROWTH-21<sup>st</sup>) and customized (PRB/NICHD) standards seem to improve detection of fetuses at risk of some adverse perinatal outcomes compared to Hadlock and FMF standards in a African-American population. Although LGA fetuses were also at risk of adverse perinatal outcomes, much fewer cases will be detected by LGA than SGA screening.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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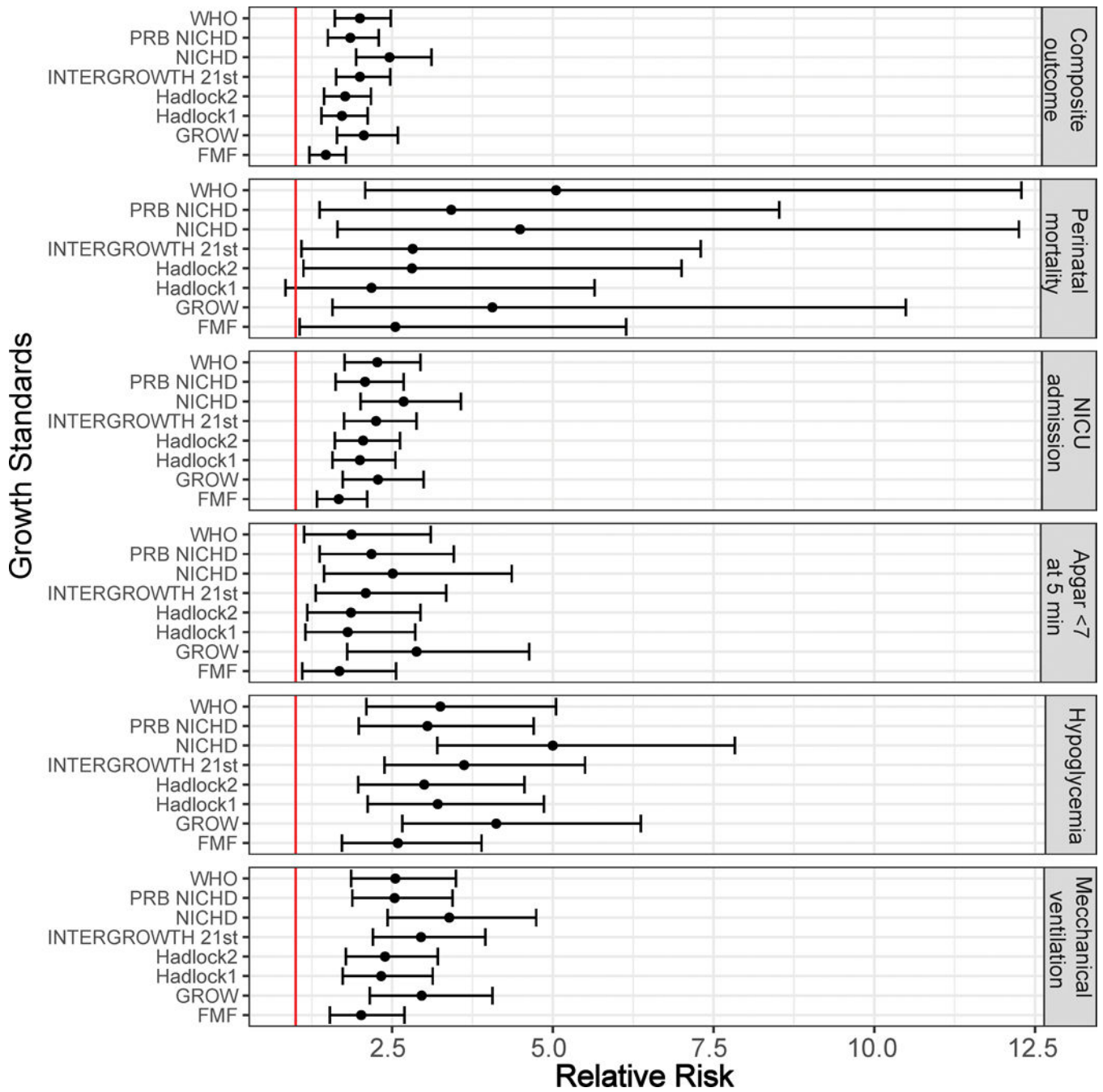
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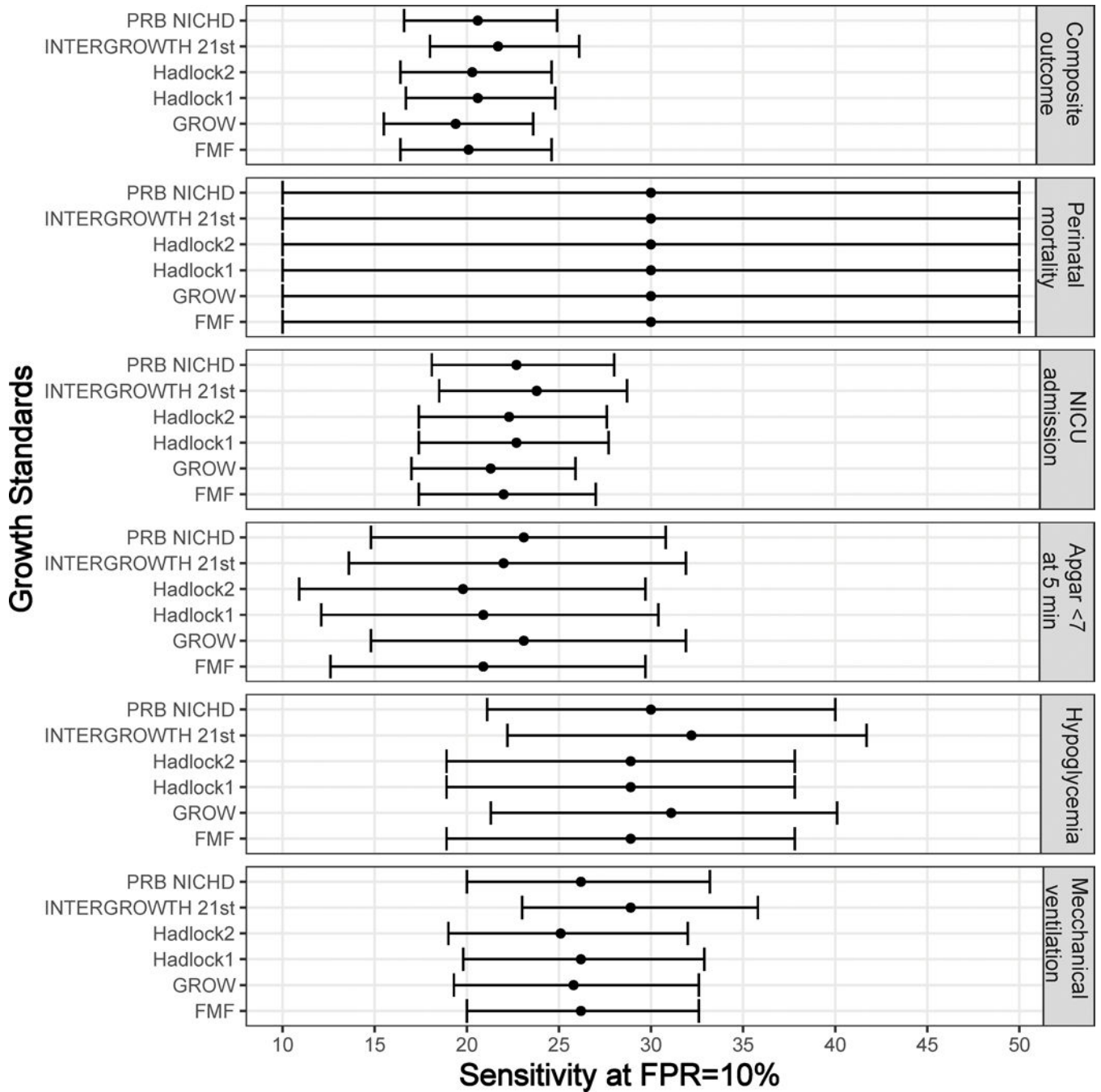
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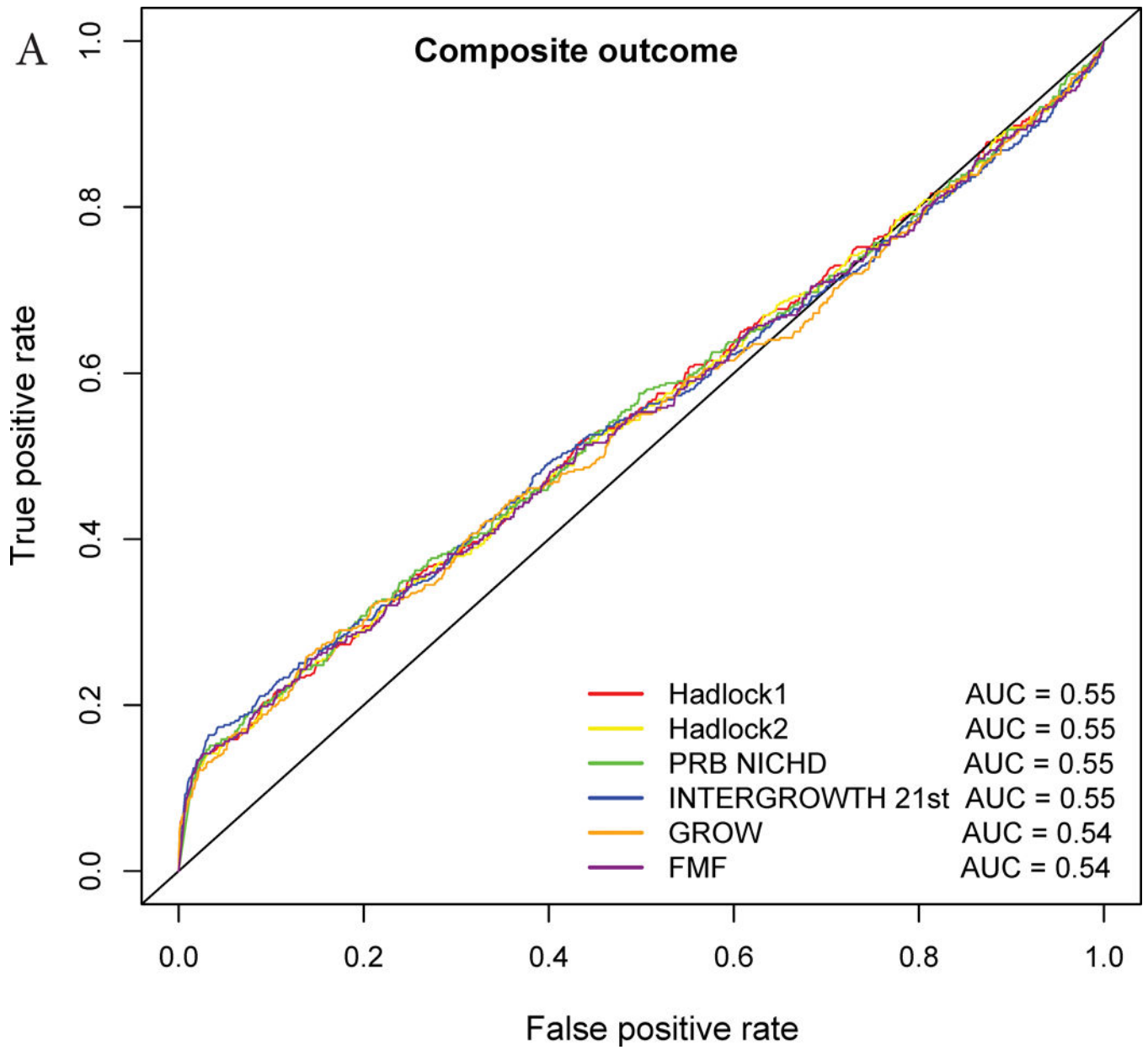
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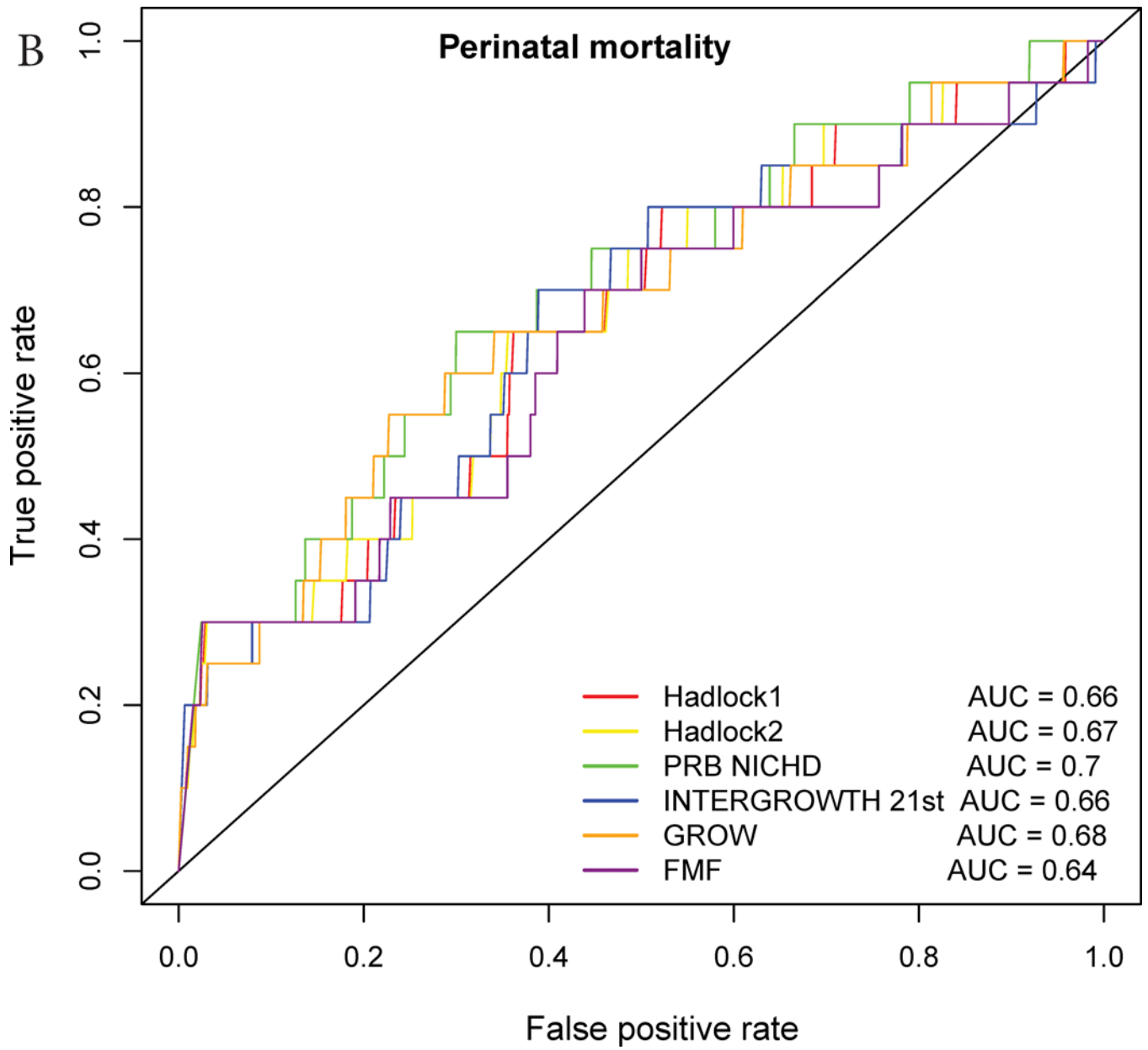


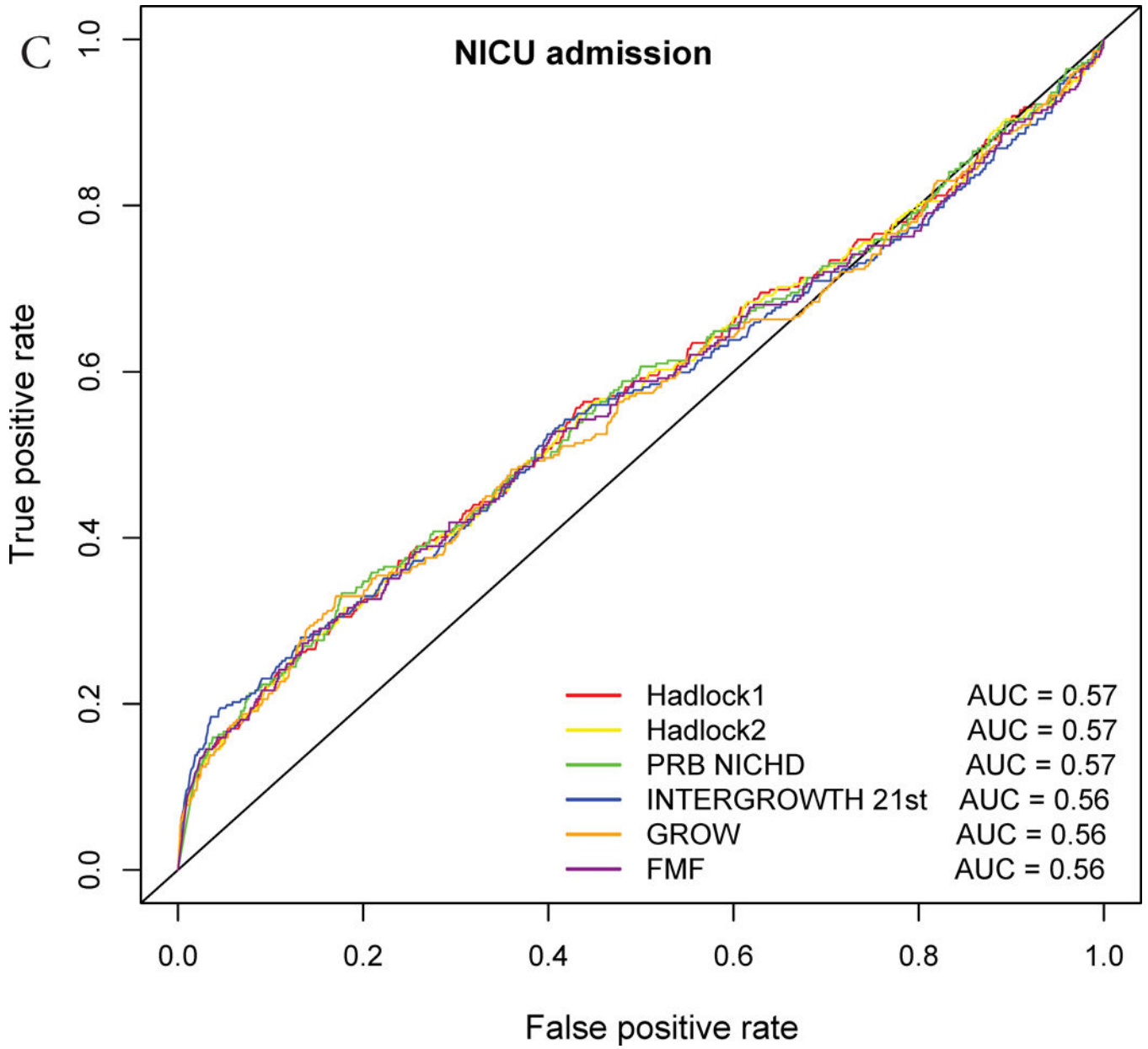
**Figure 1:** Association between an EFW<10th percentile and adverse perinatal outcomes. Relative risk and 95% confidence intervals are shown using a forest plot. Estimated fetal weight (EFW) and percentile values are calculated as described in the Methods section.

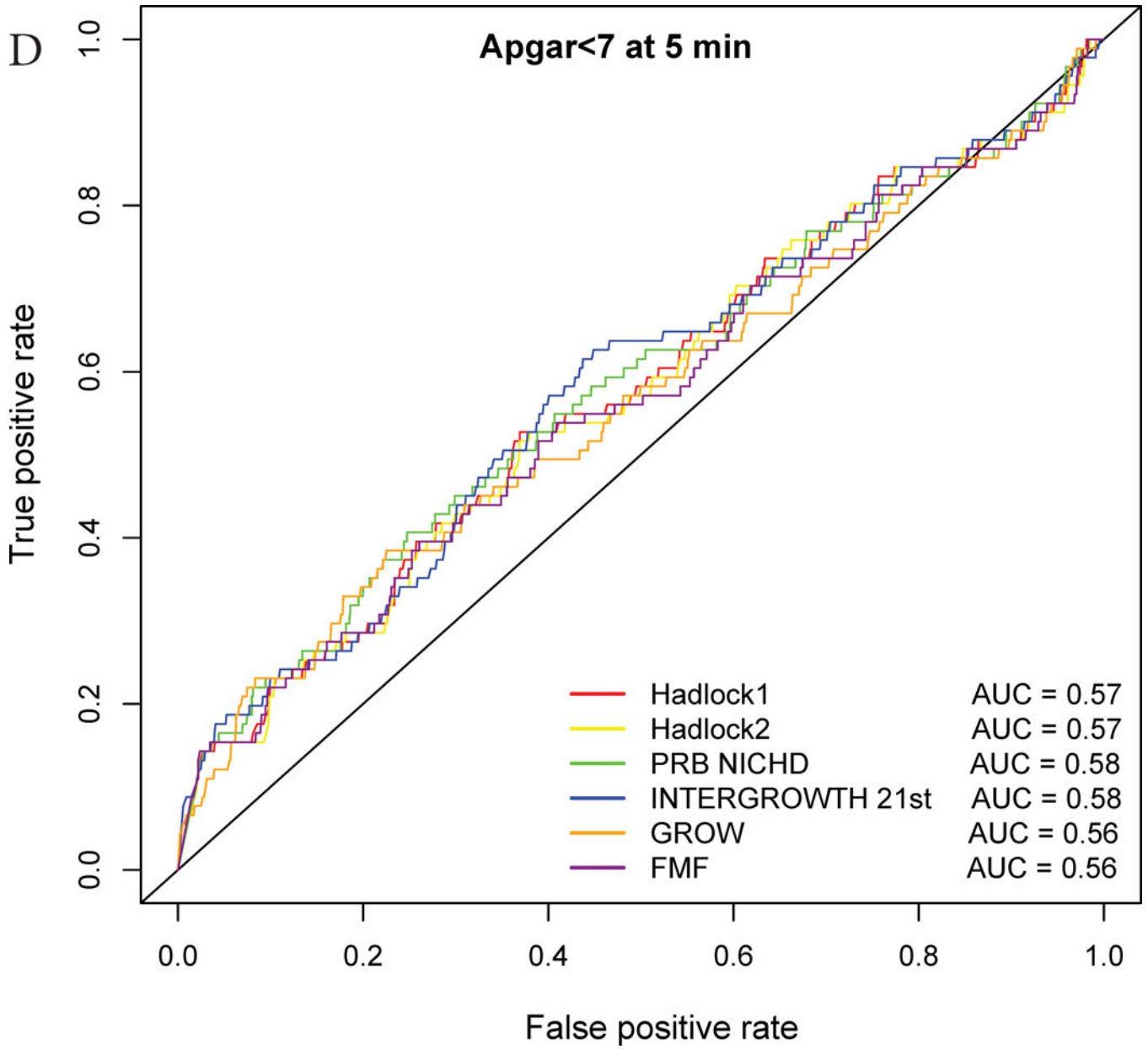


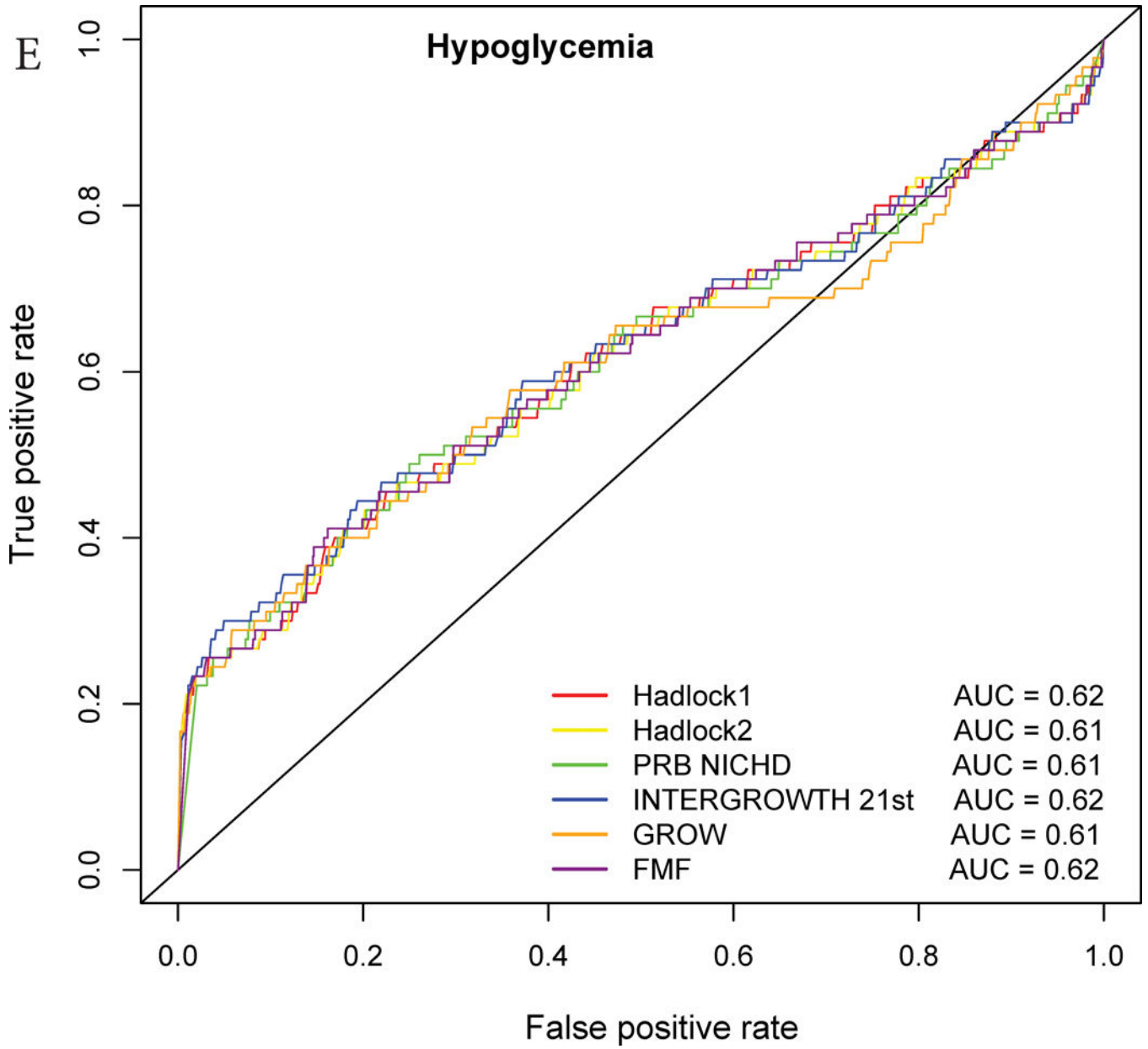
**Figure 2:** Sensitivity at fixed false-positive rate. For standards providing an exact percentile value, the test positive is based on a cut-off chosen so that the false-positive rate is 10% for each outcome considered. Sensitivity and 95% confidence intervals are shown using a forest plot.



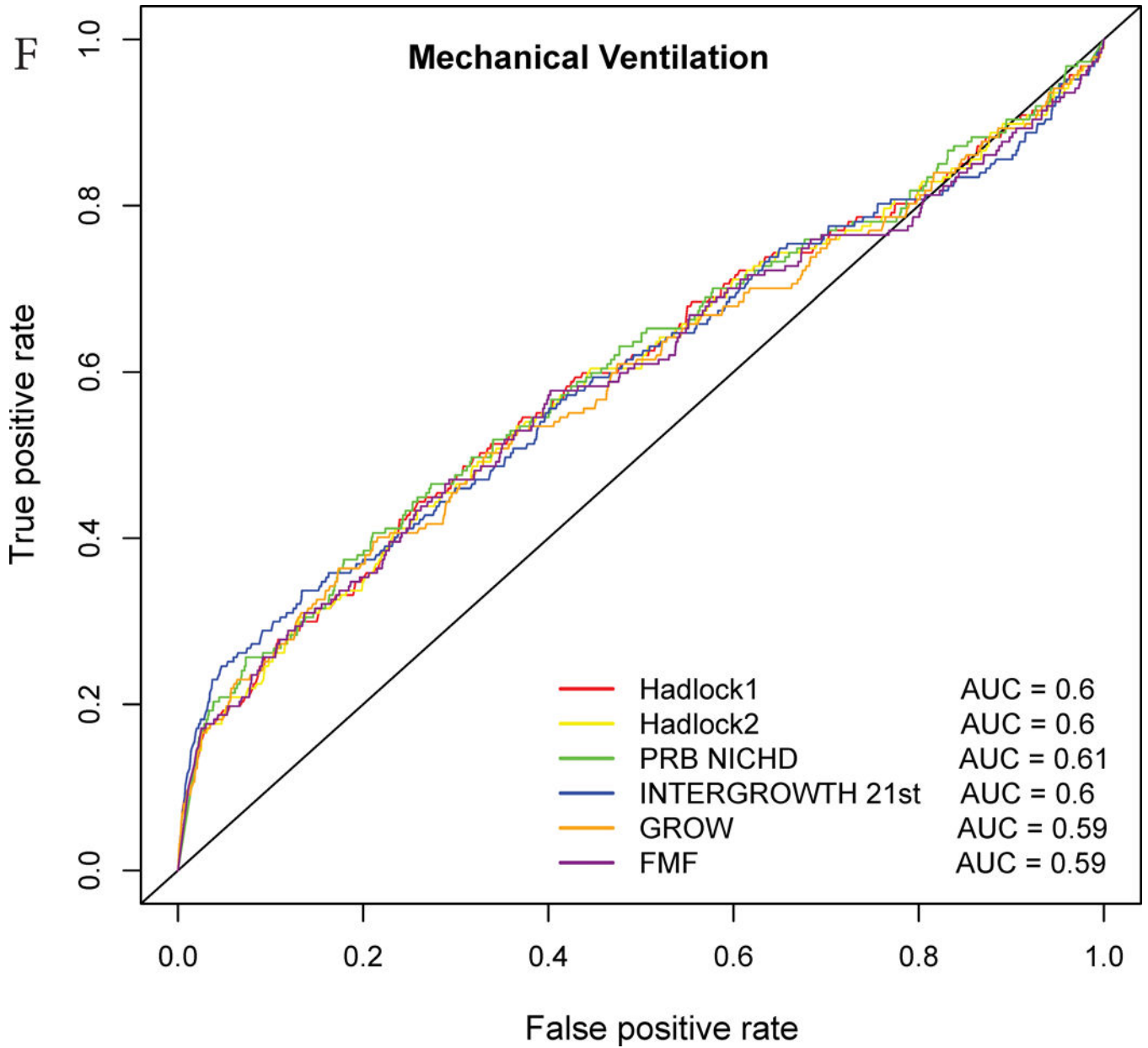












**Figure 3:** Receiver Operating Characteristic (ROC) curves for prediction of adverse neonatal outcomes. The ROC curves are constructed from the percentile values derived from each standard, and the area under the curves (AUC) is shown in the legend. The following outcomes are considered: A – Composite adverse perinatal outcomes; B – Perinatal mortality; C – NICU admission; D – Apgar score <7 at 5 minutes; E – Hypoglycemia; F – Mechanical ventilation.

**Table 1:**  
**Characteristics of the study population (n=3,437).**

Data are given as median [interquartile range] or number (%). Maternal height and weight were recorded in inches and pounds and then converted into cm and kg, respectively, prior to analysis.

Characteristic	Statistic
Maternal age (y)	23 [20–27]
Parity	
Nulliparous	1259 (36.6%)
Multiparous	2178 (63.4%)
Body mass index	27.5 [22.9–33.7]
Height (cm)	162.6(157.5–167.6)
Weight (kg)	72.6(60.8–90.3)
Smoking status	
Smoker	634 (18.5%)
Non-smoker	2803 (81.5%)
Gestational age at delivery (weeks)	39.0 [38.0–39.9]
Interval from scan to delivery (weeks)	2.6 [1.0–5.3]
Preterm delivery	478 (13.9 %)
Mode of delivery	
Vaginal	2475 (72.0%)
Caesarean section	962 (28.0%)
Sex	
Male	1755 (51.1%)
Female	1682 (48.9%)
Birthweight (g)	3145 [2790–3465]
SGA by Alexander	341 (9.9%)

**Table 2:**  
**Relative risk carried by an EFW<10<sup>th</sup> percentile for adverse perinatal outcome.**

Data are shown as relative risk estimates and 95% confidence intervals.

	Hadlock 1	Hadlock 2	PRB/NICHD	NICHD	WHO	INTERGROWTH-21st	GROW	FMF
<b>Composite adverse perinatal outcome (n=403) [219*]</b>	1.72 (1.4–2.12)	1.77 (1.44–2.17)	1.85 (1.5–2.29)	2.46 (1.94–3.11)	2.0 (1.61–2.48)	2.0 (1.63–2.47)	2.06 (1.64–2.59)	1.47 (1.21–1.78)
<b>Perinatal mortality (n=20) [17*]</b>	2.18 (0.84–5.65)	2.81 (1.12–7)	3.42 (1.37–8.52)	4.49 (1.65–12.25)	5.05 (2.08–12.29)	2.82 (1.09–7.3)	4.06 (1.57–10.49)	2.55 (1.06–6.14)
<b>NICU admission (n=282) [176*]</b>	2.0 (1.57–2.55)	2.05 (1.61–2.62)	2.08 (1.62–2.68)	2.68 (2.01–3.57)	2.27 (1.76–2.94)	2.25 (1.75–2.88)	2.28 (1.73–2.99)	1.67 (1.33–2.11)
<b>Apgar &lt;7 at 5 min (n=91) [48*]</b>	1.81 (1.15–2.86)	1.86 (1.18–2.94)	2.18 (1.37–3.46)	2.51 (1.44–4.36)	1.87 (1.13–3.1)	2.09 (1.31–3.34)	2.88 (1.8–4.63)	1.68 (1.1–2.56)
<b>Hypoglycemia (n=90) [58*]</b>	3.21 (2.12–4.86)	3.0 (1.97–4.56)	3.05 (1.98–4.7)	5.0 (3.2–7.83)	3.25 (2.1–5.05)	3.62 (2.38–5.5)	4.12 (2.66–6.37)	4.56 (2.95–7.05)
<b>Mechanical Ventilation (n=187) [148*]</b>	2.33 (1.73–3.13)	2.39 (1.78–3.21)	2.54 (1.88–3.44)	3.39 (2.43–4.74)	2.55 (1.86–3.49)	2.95 (2.2–3.95)	2.96 (2.15–4.06)	2.02 (1.53–2.69)

\* number of cases delivered preterm (<37 weeks).

**Table 3:**  
**Area under the ROC curves for prediction of adverse perinatal outcomes by a low EFW percentile compared to Hadlock 1 standard.**

Area under the ROC curve (AUC) for each standard (%) was compared against the Hadlock 1 standard. AUC values in bold are significantly ( $p < 0.05$ ) higher compared to Hadlock 1 standard by at least 2%. Partial AUC values in bold are significantly ( $p < 0.05$ ) higher compared to Hadlock 1 standard by at least 0.2%.

Perinatal Outcome		AUC (%)			partial AUC (%) (FPR<10%)		
		Standard	Reference Hadlock1	p	Standard	Reference Hadlock1	p
Composite adverse perinatal outcome	Hadlock2	54.7		0.082	1.5		0.517
	PRB/NICHD	55		0.781	1.5		0.541
	INTERGROWTH-21 <sup>st</sup>	54.7	54.9	0.675	1.6	1.5	0.036
	GROW	54.1		0.107	1.4		0.405
	FMF	54.4		<0.001*	1.5		0.313
Perinatal mortality	Hadlock2	66.8		0.157	2.6		0.406
	PRB/NICHD	<b>69.9</b>		0.011*	2.6		0.803
	INTERGROWTH-21 <sup>st</sup>	65.7	66.2	0.827	2.4	2.6	0.495
	GROW	67.5		0.554	2.3		0.256
	FMF	64		0.001*	2.6		0.991
NICU admission	Hadlock2	56.6		0.200	1.5		0.627
	PRB/NICHD	56.9		0.856	1.6		0.520
	INTERGROWTH-21 <sup>st</sup>	56.2	56.8	0.285	<b>1.7</b>	1.5	0.017
	GROW	55.9		0.148	1.5		0.576
	FMF	56.2		<0.001*	1.5		0.440
Apgar <7 at 5 min	Hadlock2	57.2		0.263	1.3		0.105
	PRB/NICHD	58.1		0.287	1.5		0.101
	INTERGROWTH-21 <sup>st</sup>	58.4	57.4	0.272	1.6	1.4	0.179
	GROW	56.3		0.246	1.4		0.708
	FMF	56.3		0.001*	1.4		0.827
Mechanical Ventilation	Hadlock2	59.6		0.039*	1.8		0.558
	PRB/NICHD	60.6		0.194	1.9		0.064
	INTERGROWTH-21 <sup>st</sup>	59.8	60	0.843	<b>2.2</b>	1.8	0.003
	GROW	59.1		0.295	1.8		0.656
	FMF	59.1		<0.001*	1.8		0.550
Hypoglycemia	Hadlock2	61.4		0.151	2.5		0.828
	PRB/NICHD	61.4		0.557	2.3		0.198
	INTERGROWTH-21 <sup>st</sup>	62.2	61.7	0.656	2.7	2.5	0.072
	GROW	60.8		0.423	2.5		0.546
	FMF	61.5		0.425	2.4		0.362