


## RESEARCH ARTICLE

# Resistin polymorphisms, plasma resistin levels and obesity in Tunisian volunteers

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## Funding information

Tunisian Ministry of Higher Education, Scientific Research and Technology; Tunisian Ministry of Health, Grant/Award Number: LR12SP11.

**Background:** Adipose tissue is an important endocrine organ that secretes a number of adipokines, like Resistin (RETN); it's an adipocytes-secreted cytokine and has been proposed as a link between obesity and diabetes. Many resistin gene polymorphisms were described and their implication in obesity was controversial. This study was to investigate the prevalence of single nucleotide polymorphisms (SNPs) in RETN gene 420C/G; 44G/A; 62G/A; 394C/G and 299 G/A and their association with Resistin level and obesity in Tunisian volunteers.

**Methods:** We recruited 169 nonobese (mean age=42.16-14.26 years; mean body mass index [BMI]=24.51-3.69 kg/m<sup>2</sup>) and 160 obese (mean age=47.86-11.17 years; mean BMI=36-4.78 kg/m<sup>2</sup>). Genotyping was performed using polymerase chain reaction–restriction fragment length polymorphism. Anthropometric parameters, lipid levels, Glycemia and insulinemia were measured, BMI was calculated and insulinresistance was evaluated with the homeostasis model assessment insulin resistance (HOMA-IR) and resistin level was measured by ELISA. Statistical analyses were performed by SPSS19.0.

**Results:** After adjustment for confounding parameters; the Odds Ratio (OR) of obesity associated with mutated genotypes at 420C/G compared with normal genotype was as: OR=2.17; 95% CI [1.28-3.68], *P*=.004. The serum Resistin levels present no significant association with all RETN polymorphisms and it was significantly associated with BMI (*P*=.047). In our haplotype analysis, one haplotype seems to be protective and one other seems to be the highest risk to obesity.

**Conclusion:** The 420 C/G Polymorphism were associated with obesity and Leptin concentration in our population.

## KEYWORDS

levels, obesity, polymorphisms, resistin, tunisian volunteers

## 1 | INTRODUCTION

Obesity arises from a complex interaction between genetic variance, environment, and lifestyle changes. Fat excess is an important predisposing factor for serious medical conditions such as type 2 diabetes, cardiovascular disease, stroke and cancer.<sup>1</sup> Adipose tissue is an important endocrine organ that secretes a

number of factors, adipocytokines or adipokines,<sup>2</sup> several protein produced by adipose tissue have been discovered which may provide the link between insulin resistance, obesity and development of diabetes.<sup>3,4</sup>

One of the most controversial adipokines is Resistin (RETN), is a macrophage-derived signaling polypeptide hormone<sup>5</sup> which belongs to cysteine-rich proteins family.<sup>6</sup>

In mice, RETN is expressed predominantly in adipose tissue and its circulating concentration is markedly increased in genetic and diet-induced mouse models of obesity<sup>7</sup> but in human, RETN is expressed predominantly in monocytes and macrophages, being rarely expressed in adipose tissue.<sup>8</sup>

RETN is also considered to be a biomarker of metabolic and inflammatory diseases, with increased resistin levels having been associated with metabolic disorders such as obesity,<sup>9,10</sup> insulin resistance,<sup>11-13</sup> type 2 diabetes<sup>14</sup> and atherosclerotic cardiovascular disease.<sup>15,16</sup>

Resistin levels have been associated with variations in lipid levels in several adult populations.<sup>17-19</sup> A link between this cytokine and obesity has also been reported.<sup>20,21</sup>

But controversial studies have found no significant association of the circulating RETN level with obesity, insulin resistance and cardiovascular diseases.<sup>22-24</sup>

The gene encoding RETN is located on chromosome 19p13 and a high heritability of serum resistin levels has been evaluated.<sup>25</sup> Several single-nucleotide polymorphisms (SNPs) described in the resistin gene have been associated with RETN levels.<sup>26-28</sup>

Based on conflicting results of RETN polymorphisms association with obesity and RETN level in different populations, we aimed to study the relationship between five SNPs in RETN 420C/G; 44G/A; 62G/A; 394C/G and 299 G/A with Resistin level and obesity in Tunisian volunteers.

## 2 | MATERIALS AND METHODS

### 2.1 | Study subjects

As described previously by Boumaiza et al.<sup>29</sup>, this study was composed by two groups (Obese/Nonobese). Obese group was composed of 160 Tunisian unrelated subjects, on the basis of Body mass index (BMI ( $\text{kg}/\text{m}^2$ ))  $\geq 30 \text{ kg}/\text{m}^2$ , who are volunteers from consultations at Sahloul University Hospital (the governorate of Sousse, Tunisia). The mean age was  $47.86 \pm 11.17$  years and their mean BMI was  $36 \pm 4.78 \text{ kg}/\text{m}^2$ . The Nonobese group was composed of 169 unrelated subjects, who are volunteers from the staff of the hospital (BMI  $< 30 \text{ kg}/\text{m}^2$ ) (mean age =  $42.16 \pm 14.26$  years; mean BMI =  $24.51 \pm 3.69 \text{ kg}/\text{m}^2$ ). In both groups we excluded subjects taking lipid-lowering drugs and all those having renal failure, thyroid disease and hepatic pathology.

A structured questionnaire was completed to the entire members of study. Sociodemographic characteristics, family and personal history, smoking habits, drug intake if any were collected.

The participants underwent physical examinations and laboratory tests. The examiners undertook training in the questionnaire collections and measures. The study was approved by the Hospital Medical Ethic Committee and informed consent was obtained from all study subjects.

### 2.2 | Anthropometric parameters and blood pressure measurements

Weight and height were measured on the subjects barefooted and lightly clothed. Waist circumference (WC) was measured by

trained examiner from the narrowest point between the lower borders of the rib cage and the iliac crest. BMI was calculated as body weight ( $\text{kg}$ )/height<sup>2</sup> ( $\text{m}^2$ ) and obesity was defined as BMI  $\geq 30 \text{ kg}/\text{m}^2$ .<sup>30</sup> Blood pressure was measured three times from the left arm of seated subjects with a blood pressure monitor after 20 minutes of rest.

### 2.3 | Biochemical measurements

Blood was collected for laboratory testing after a 12 hours overnight fast. All biochemical parameters were performed on the Syncrom CX7 Clinical System using the Beckman reagents (Beckman, Fullerton, CA, USA). Serum total cholesterol (TC) and triglycerides (TG) were determined by enzymatic assays. High-density lipoprotein-cholesterol (HDL-C) was measured by direct enzymatic assay. Low-density lipoprotein-cholesterol (LDL-C) were measured by direct assay and were calculated with the Friedewald formula.<sup>31</sup> Insulin resistance was evaluated with the homeostasis model assessment (HOMA) using the following equation:  $\text{HOMA-IR} = (\text{Fasting insulin } [\mu\text{U}/\text{mL}] \times \text{fasting glucose} [\text{mmol}/\text{L}]) / 22.5$ .<sup>32</sup> Fasting glucose was measured by the glucose oxidase method. Insulin concentration was measured by microparticle immunoassay (MEIA) on AxSym Abbott (Abbott Laboratories, Abbott Park, IL, USA). Serum level measurement of Resistin was performed using enzyme-linked immunosorbent assay (ELISA) according to the manufacturer's instructions (BioVendor Research and Diagnostic Products, Cairo, Egypt, REF; RD191016100; Lot No: E16-O26) results were expressed in  $\mu\text{g}/\text{mL}$ .

### 2.4 | Definitions of risk factors

Dyslipidemia was defined as LDL-C concentration  $\geq 4.1 \text{ mmol}/\text{L}$  and/or HDL-C concentration  $\leq 1 \text{ mmol}/\text{L}$  and/or TG concentration  $1.71 \text{ mmol}/\text{L}$ .<sup>33,34</sup> Hypertension was defined as more than 140/90 mmHg or actually receiving antihypertensive medication.<sup>35</sup> Diabetes mellitus was defined as fasting glucose superior a 7 mmol/L or currently receiving anti diabetic treatment.

### 2.5 | DNA analysis

Genomic DNA was isolated from peripheral blood leucocytes by the salting out method.<sup>36</sup> Genotyping of polymorphisms were determined by polymerase chain reaction restriction fragment length polymorphism (PCR-RFLP) and the digest product were resolved by 2% agarose gel electrophoresis and visualized by ethidium bromide staining.

### 2.6 | Statistical analysis

Statistical analysis performed via SPSS19.0 (IBM Company, Armonk, NY, USA). The quantitative parameters were compared by student's test and reported as means  $\pm$  Standard deviations if they were in Gaussian distribution and compared by *U* Mann Whitney test and reported as median [min-max] if not. Categorical variables were analyzed

**TABLE 1** Clinical and biochemical characteristics of the study population

Variables	Population		P
	Nonobese (n=169)	Obese (n=160)	
Age (y)	43.25±13.12	48.41±10.92	<.001
Sex-ratio (men/women)	0.594	0.221	.001
Smoking n (%)	29 (17.2)	11 (6.9)	.004
Weight (kg)	66.94±11.29	93.60±12.97	<.001
BMI (kg/m <sup>2</sup> )	24.73±3.50	36.6±4.8	<.001
WC (cm)	89.09±13.67	117.85±12.61	<.001
Hypertension n (%)	23 (13.6)	72 (45.3)	<.001
Diabetes n (%)	32 (18.9)	54 (34)	.002
Cardiovascular disease n (%)	0 (0)	22 (14)	<.001
Dyslipidemia n (%)	82 (48.5)	78 (49.1)	.923
MetS n (%)	20 (12)	77 (48.1)	<.001
Fasting insulin (μU/mL)	6.27 [0.7-27.3]	8.2 [0.4-81.7]	<.001
HOMA-IR	1 [0.14-5.08]	2.32 [0.11-40.6]	<.001
TC (mmol/L)	4.75±1.1	5.17±1.25	<.001
TG (mmol/L)	0.86 [0.24-4.69]	1.2 [0.23-3.95]	<.001
HDL-C (mmol/L)	1.31±0.49	1.13±0.34	.009
LDL-C (mmol/L)	3.27±0.94	3.24±0.99	.262
Coffee consumption n (%)	125 (74.2)	98 (61.5)	.009
Daily energy intake (kcal)	3092±1541	3204±1333	.636
Resistin level (ng/mL)	11.07 [0.1-28.5]	14.34 [0.1-96]	.019

BMI, body mass index; HOMA-IR, homeostasis assessment model insulin resistance; TC, total cholesterol; TG, triglyceride; HDL-C, high density lipoprotein-cholesterol; LDL, low density lipoprotein-cholesterol; MetS, metabolic syndrome; WC, waist circumference. Mean±standard deviation or n (%).

by the chi-square test. We used SNP analyzer 2 program to checked were in Hardy-Weinberg equilibrium for both test genotype frequencies and haplotype frequencies.<sup>37</sup> Correlation between LEP and other biological and anthropometric parameters was studied by Spearman test. The biological parameter value were compared by Student's *t* test Odds ratios (ORs), two-tailed *P*-values, and 95% confidence interval (CI) were calculated as a measure of the association of the SNPs and haplotype with presence of obesity. A *P*-value of <.05 was considered statistically significant for all tests.

### 3 | RESULTS

#### 3.1 | Patient characteristics

The clinical and biological characteristics of our study were presented in Table 1 (modified from table 1 by Boumaiza et al.<sup>29</sup>). The prevalence of hypertension, diabetes, Metabolic Syndrome and cardiovascular disease was higher in obese group (*P*<.001). Compared with nonobese subjects, the obese subjects had higher weight, waist circumference, TG, TC, HOMA-IR, insulin and Resistin levels but lower HDL-C concentration. Dyslipidemia frequencies (*P*=.923), Daily energy intake (*P*=.636) and LDL-C concentrations (*P*=.262) did not showed significant differences between the two groups.

#### 3.2 | Association between Resistin polymorphisms and Resistin level

Results given in Table 2 revaluated that the serum Resistin levels present no significant association with all RETN polymorphisms.

#### 3.3 | Association between Resistin polymorphisms and obesity in all studied population

After adjustment for confounding parameters (age, gender, smoking status, HTA, diabetes, dyslipidemia, and cardiovascular disease), the OR of obesity associated with mutated genotypes at 420C/G compared with normal genotype was as: OR=2.17; 95% CI [1.28-3.68], *P*=.004.

There was no significant association between 44G/A, 394 C/G, 62 G/A and 299 G/A.

#### 3.4 | Correlation between serum Resistin levels and biological and anthropometric parameters

Results given in Table 3 revealed that the serum Resistin concentration was significantly associated with BMI (*P*=.047).

Whereas no statistical differences were observed for HOMA-IR, WC, TG and HDL-C.

**TABLE 2** Association between Resistin polymorphisms and Resistin level

	[Resistin] ng/mL	P	Global P
420 C/G			
CC	13.69 [0.1-53.67]	1	.137
CG	12.43 [0.1-96]	.744 <sup>a</sup>	
GG	15.72 [0.1-84]	.038 <sup>a</sup>	
44G/A			
GG	13.68 [0.1-96]	1	.899
GA	12.84 [2.48-84]	.701 <sup>a</sup>	
AA	19.72 [4.25-25.2]	.082 <sup>a</sup>	
62G/A			
GG	13.95 [0.1-96]	1	.683
GA	12.08 [0.1-53.67]	.971 <sup>a</sup>	
AA	28.55	.388 <sup>a</sup>	
394 C/G			
CC	14.31 [1.1-69.27]	1	.277
CG	12.55 [0.1-96]	.701 <sup>a</sup>	
GG	15.05 [8.64-84]	.082 <sup>a</sup>	
299 G/A			
GG	14.63 [0.1-96]	1	.594
GA	12.78 [0.1-63.46]	.589 <sup>a</sup>	
AA	13.54 [0.1-84]	.613 <sup>a</sup>	

<sup>a</sup>Comparison vs normal genotype.

### 3.5 | ROC curve, sensibility and specificity of Resistin level

Figure 1 show the ROC curve plotted from the sensitivity and specificity values found for each Resistin level measured in the study sample, with obesity as the outcome. The best cutoff is denoted by the intersection of the dotted lines and its Leptin value of 11.55 ng/mL (Sensitivity=61.5%; Specificity=52.6%) corresponded to the shoulder of the curve. with Positive predictive value (PPV)=82.1% and Negative predictive value (NPV)=27.7%. The area under the curve represents the overall accuracy of the test (0.617).

Polymorphisms	OR crude	CI	P	OR <sup>a</sup> adjusted	CI	P
420C/G CG+GG/CC	2.22	1.39-3.56	<b>.001</b>	2.17	1.28-3.68	<b>.004</b>
44 G/A GA+AA/GG	1.41	0.874-2.291	.178	1.61	0.948-2.74	.078
62 G/A GA+AA/GG	1.41	0.773-2.590	.284	1.38	0.742-2.58	.307
394 C/G CG+GG/CC	1.45	0.938-2.240	.098	1.3	0.926-2.03	.115
299 G/A AA+GA/GG	0.90	0.571-1.442	.681	0.681	0.424-1.520	.496

OR, odds ratio; CI, confidence interval; HTA, hypertension.

The bold values are significant ( $P < .05$ ).

<sup>a</sup>OR adjusted to age, gender, smoking status, HTA, diabetes, dyslipidemia, and cardiovascular disease.

### 3.6 | Haplotype frequency distribution and Resistin level association

SNP analyzer showed 22 haplotypes (H), two of them seem to be significantly associated with obesity (Table 4).

Haplotypes follow this order; 420C/G, 44G/A, 62G/A, 394 C/G and 299G/A (Table 5).

The more protective haplotype seems to be H4 "CGGCA"; OR=0.328 [0.151-0.711] ( $P=.030$ ) and the highest risk seems to be associated to H5 "GGGGA"; OR=3.299 [0.982-11.08] ( $P=.020$ ) (Table 6).

Comparison of Resistin level between these two haplotypes showed that the potential protective haplotype carriers (H4) had lower Resistin level 10.03 [0.11-6.51] then the potential carriers of H5 33.3 [6.06-69.2] with  $P < .001$  (Table 6).

## 4 | DISCUSSION

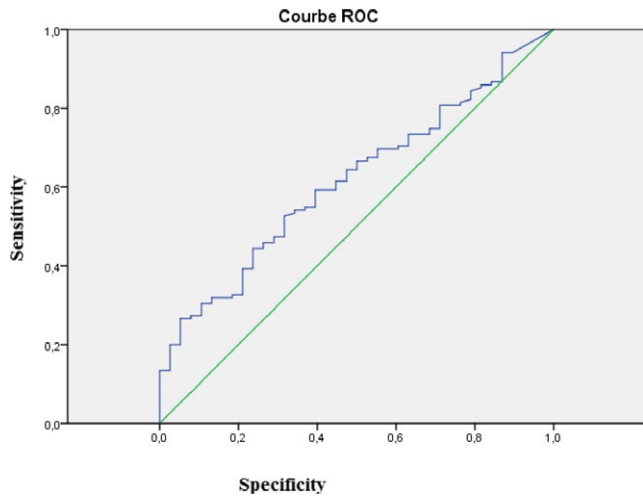
Obesity is multifactor disease which many factors interact together like genetic, metabolic and environmental factors. There is some urgency in identifying specific genetic influences on overweight and obesity and their interactions with concrete environmental exposures. Indeed, in the Tunisian population, obesity became rather frequent pathology.

In adult Tunisian women aged 20-59, prevalence of obesity and abdominal obesity were, respectively, 22.6% and 29.2%.<sup>38</sup> Several association studies revealed the contribution of RETN gene variants to the pathogenesis of obesity; however, they were inconclusive or inconsistent. These discrepancies may be attributed to differences in sample size, ethnicity, disease status and probably these studies did not analyze the whole gene.<sup>39</sup>

In our study we found a significant difference between obese/non-obese subjects and Resistin levels, it is clear that obesity is characterized by high levels of Resistin with cut-off value of 11.55 ng/mL to separate normal weight from overweight was observed (Sensitivity=61.5%; Specificity=52.6%).

In agreement with our study, Amal et al.<sup>39</sup> in Egyptian population reported that RETN levels were measured respectively as

**TABLE 3** Association between resistin polymorphisms and obesity in all studied population



**FIGURE 1** Sensibility and specificity of resistin level in study population. Cut off of resistin=11.55 ng/mL; Sensitivity=61.5%; Specificity=52.6%; PPV (Positive predictive value)=82.1%; NPV (Negative predictive value)=27.7%; air under the curve=0.617 [ $P=.027$ ]

controls ( $1.33 \pm 0.27$  ng/mL) and obese patients ( $2.43 \pm 1.5$  ng/mL). In India, Kumar et al.<sup>13</sup> found a significant difference in serum Resistin levels between 305 women with metabolic syndrome ( $14.63 \pm 11.02$  ng/mL) and 310 women without metabolic syndrome ( $9.61 \pm 6.28$  ng/mL).

In Iranian study, Takhshid et al.<sup>40</sup> revealed that Serum Resistin level was correlated with serum triglyceride, total and low density lipoprotein (LDL) cholesterol ( $P < .05$ ) in diabetes patients. But, controversial results was found also by Yamunah DA et al. in 469 non-obese and 162 obese Malaysian subjects ( $P = .729$ ).<sup>26</sup> Contrarily, Han et al.<sup>23</sup> he did not observe significant differences in serum Resistin levels between the metabolic syndrome and non metabolic syndrome groups.

Menzaghi et al.<sup>25</sup> estimated that up to 70% of the variation in circulating resistin levels can be explained by genetic factors but this divergence in results may be explained also by ethnic origin, life style, food composition and the variations in adipose tissue of the body distribution.

In our study we found significant negative correlation between Resistin serum levels and BMI  $R = -0.155$  ( $P = .045$ ). In agreement with our study results, Yannakoulia et al.<sup>41</sup> studied the dynamic between the RETN level and body fat mass in healthy subjects, reported that

**TABLE 4** Correlation between serum Resistin levels and biochemical and anthropometric parameters

	HOMA-IR	WC	BMI	TG	HDL-C
Resistin level (ng/mL)					
Coefficient of correlation R	0.100	0.109	-0.155	0.135	0.035
P	.192	.144	.047	.070	.639

BMI, body mass index; HOMA-IR, homeostasis assessment model insulin resistance; TG, triglyceride; HDL-C, high density lipoprotein-cholesterol; WC, waist circumference.

**TABLE 5** Comparison of haplotype frequencies

Haplotypes (H)		Total population	Frequency	
			Nonobese	Obese
H1	CGGCG	0.25238	0.26155	0.24746
H2	GGGCG	0.12320	0.09325	0.11970
H3	GGGCA	0.10610	0.08075	0.12777
H4	<b>CGGCA</b>	<b>0.09959</b>	<b>0.16549</b>	<b>0.06312</b>
H5	<b>GGGGA</b>	<b>0.09490</b>	<b>0.02497</b>	<b>0.11679</b>
H6	CGGGG	0.08288	0.10422	0.07575
H7	CAGCG	0.04951	0.04789	0.05892
H8	CGGGA	0.02435	0.03564	0.02180
H9	GAGGA	0.02146	0.02411	0.01931
H10	GGGGG	0.02064	0.03643	0.01111
H11	CAGCA	0.01458	0.04789	0.01290
H12	GGACA	0.01383	0.03930	0.00472
H13	CAACG	0.01358	0	0.01648
H14	GAGCA	0.01346	0.03547	0
H15	GAAGA	0.01218	0.02411	0.00876
H16	GAACG	0.01150	0.01407	0.00476
H17	GGAGA	0.00998	0.01461	0.00739
H18	CAGGG	0.00919	0.00739	0
H19	GAAGG	0.00851	0	0.01232
H20	CAAGA	0.00571	0	0.00981
H21	CGACA	0.00386	0	0.00583
H22	GGAGG	0.00268	0	0.00314

Haplotypes follow this order; 420C/G, 44G/A, 62G/A, 394 C/G and 299G/A. Bold values indicate haplotype with frequency  $< 1$ .

serum RETN levels were negatively correlated with BMI and body fat in young participants. Several studies confirmed this result.<sup>42-44</sup>

Booth et al.<sup>45</sup> reported that the relation between subcutaneous adipose tissue and RETN was stronger than the relation of other measures of obesity to RETN and this is may be explained by expression mode of RETN.

In fact, RETN is not expressed by adipocytes but is secreted by macrophages located within adipose tissue depots.<sup>8</sup> So, circulating RETN is not directly related to adiposity levels but to the degree of inflammation within the adipose tissue depots.<sup>45</sup>

In our population we aimed to study not only the relationship between Resistin level and obesity but also to examine this relation with some polymorphisms in RETN gene.

Our study reevaluated that the serum RETN levels present no significant association with all RETN polymorphisms except for 420 C/G.

For 420C/G SNP we noted an increase in serum resistin in GG carriers vs CC and CG. This is association between G allele and serum resistin was controversies in same studies<sup>25,46</sup> but reported in the Koreans population<sup>47</sup> and Malaysians study.<sup>26</sup>

In other hand, RETN 420C/G has been studied extensively in regards to obesity risk but with conflicting reports and that the GG

Haplotypes (H)	H*	OR	CI	P	RETN level	Global P
H4	CGGCA	0.328	0.151-0.711	.030	10.03 (0.11-6.51)	<.001
H5	GGGGA	3.299	0.982-11.08	.020	33.3 (6.06-69.2)	

P, comparison between obese and nonobese groups.

H\*, Haplotypes follow this order; 420C/G, 44G/A, 62G/A, 394 C/G and 299G/A.

genotype have been reported similarity to our results to have a higher prevalence of obesity<sup>48,49</sup> and the G allele has been associated with increased BMI, weight, body fat mass, and WC.<sup>9,50</sup>

The effect of the 420 C/G SNP can be explained by his localization wish appears to have a key functional consequence and to increase the resistin promoter activity observed with G allele.<sup>14,47</sup> In fact, the DNA element of SNP -420C and SNP -420G of RETN gene had different binding affinities for stimulatory protein 1 (Sp1) and stimulatory protein 3 (Sp3), Sp1 and Sp3 transcription factors specifically bound to the DNA element of SNP -420G with high affinity and enhanced expression of the RETN gene.<sup>51,52</sup>

For the 44G/A polymorphism our results were not significant but, Boumaiza et al.<sup>53</sup> found a association between 44AA and Metabolic syndrome risk after adjustment to confounding parameters and in a Turkish population, the 44G/A polymorphism is associated with obesity and insulin-related phenotypes.<sup>54</sup> But, Sentinelli et al.<sup>55</sup> could not found any significant differences.

Several SNPs in the 3' UTR of RETN (like 44 G/A and 62 G/A) had been associated with resistin levels in Caucasians and Japanese population.<sup>19,46</sup>

The molecular mechanisms of the 44 G/A and 62 G/A are not clearly identified, but these SNPs are present in this critical region 3' UTR<sup>56</sup> and this position of the 3' end of mRNA may regulate gene expression by several mechanisms<sup>57</sup> like regulation of the stability, subcellular localization and mRNA translation.<sup>58</sup> Also, for the 44G/A polymorphism is located 60 bp 3' from the stop codon and 8 bp 5' from the AATAAA polyadenylation signal and may be therefore affect polyadenylation of RETN mRNA.<sup>19</sup>

A regards to 394 C/G (promoter 5' flanking region) and 62 G/A, there is no association between these SNPs and obesity and the lack of association was also reported in many study<sup>19,46,53,55,59</sup> and this may be explained by differential distributions of risk factors, genetic predisposition and environmental conditions. However, 62 G/A it has been reported to be associated with hypertension<sup>60,61</sup> and type 2 diabetes<sup>61</sup> and this may explain by he's localization in a critical region (3'UTR). Nambiar et al.<sup>62</sup> reported a positive correlation between BMI and resistin levels but no significant correlation was found between the genotypes analyzed of 62 G/A polymorphism and RETN levels. Similar findings were reported in the study from Spain.<sup>63</sup>

As regards to 299 G/A SNP located at intron 2 of resistin gene, we have report any significant association of serum resistin with obesity and our results was also reported by Miyamoto et al.<sup>49</sup> and Suriyaprom et al.<sup>64</sup> Also, Wang et al.<sup>65</sup> added that RETN gene variants may influence insulin sensitivity interaction in obese subjects. On the contrary, Osawa et al.<sup>66</sup> he did not found this association with RETN +299 G/A with obesity.

**TABLE 6** Haplotypes associated with obesity and resistin level

Chung et al.<sup>67</sup> found significant association between +299 G/A SNP and diabetes and also. Demonstrated that this SNP was in moderate linkage disequilibrium (LD) with rs1862513 ( $r^2=.45$ ,  $D'=0.71$  in Han Chinese in Beijing and Japanese in Tokyo combined samples). So, It is hard to assess by only genetic syndrome studies exactly which SNP is involved; especially when a gene is very polymorphic with several SNPs in LD.<sup>53</sup>

The lack of association between 394 C/G, 299 G/A and 62 G/A SNPs and obesity risk in our study may be explained by different genetic backgrounds or environmental conditions of the studied population than by the SNP itself.

In other hand, this is divergence in results may be explained by different genetic backgrounds or environmental conditions, lifestyle characteristics and ethnic origin of distinct population groups rather than by the SNP itself. Obesity it's a polygenic disease, with a strong environmental influence, genotype is just one factor in the causal pathway to the disease, and gene-gene and gene-environment interactions can influence the final association between genotype and disease.

Also, this dissimilarity might be results too many interaction factors like a limited number of subjects, the ethnic specificity of population or also the variation in the entry criteria of subjects.

In our study population, comparison of the haplotype frequencies between obese and non-obese groups; showed significant difference for two haplotypes H4 "CGGCA" which seems to be protective and it occurred more frequently in the non-obese than in obese group ( $P=.030$ ) but H5 "GGGGA" seems to be the most Haplotype associated to obesity risk with OR=3.299 [0.982-11.08] ( $P=.020$ ).

Concerning the Resistin level, H5 showed higher value 33.3 [6.06-69.2] vs the protective haplotype H4=10.03 [0.11-6.51].

In conclusion, this study showed that only RETN 420 C/G Polymorphism were associated with obesity and Leptin concentration in our population.

Also, when combined in haplotypes a synergic effect was observed in Resistin levels and obesity risk.

## ACKNOWLEDGMENTS

This study was supported by grants from the Tunisian Ministry of Higher Education, Scientific Research and Technology and the Tunisian Ministry of Health (LR12SP11); without their extremely generous and strong support, this study could not have been undertaken. The authors are especially grateful to the study participants. We acknowledge general director of Sahloul University Hospital and the excellent echnical assistance of members of the Biochemistry MDepartment of Sahloul University Hospital.



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**How to cite this article:** Zayani N, Hamdouni H, Boumaiza I, et al. Resistin polymorphisms, plasma resistin levels and obesity in Tunisian volunteers. *J Clin Lab Anal.* 2018;32:e22227. <https://doi.org/10.1002/jcla.22227>