

## Rapid Screening for Deleted Form of $\beta$ -thalassemia by Real-Time Quantitative PCR

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**Background:** Thalassemia is the most common single gene disease in human beings. The prevalence rate of  $\beta$ -thalassemia in Taiwan is approximately 1–3%. Previously methods to reveal and diagnose severe deleted form of  $\alpha$ - or  $\beta$ -thalassemia were insufficient and inappropriate for prenatal diagnosis. **Methods:** A real-time quantitative PCR method was set up for rapid screening of the deleted form of  $\beta$ -thalassemia. **Results:** Our results show that  $\Delta\Delta C_t$  between deleted form of  $\beta$ -thalassemia and normal individuals were  $1.0674 \pm 0.0713$ . On the contrary, mutation form  $\beta$ -thalassemia showed no

difference with normal healthy control. The *HBB/CCR5* ratio for deleted form of  $\beta$ -thalassemia patients was 0.48, whether normal individuals and mutation form of  $\beta$ -thalassemia was 1.0. **Conclusion:** This RQ-PCR technique is an alternative rapid screening assay for deleted form of  $\beta$ -thalassemia. In addition, it could also identify undefined type. Our technique by using RQ-PCR to quantify gene copies is a reliable and time-saving method that can screen deleted form of  $\beta$ -thalassemia. *J. Clin. Lab. Anal.* 31:e22019, 2017. © 2016 Wiley Periodicals, Inc.

**Key words:** real-time quantitative PCR;  $\beta$ -thalassemia

### INTRODUCTION

Thalassemia is the most common single gene disease in human beings. The decrease or absence of  $\beta$ -globin production leads to  $\beta$ -thalassemia (1, 2). The  $\beta$ -globin gene cluster is composed of five genes in the arrangement of 5'- $\epsilon$ - $\gamma^G$ - $\gamma^A$ - $\delta$ - $\beta$ -3' and is located at minus strand of chromosome 11 (3). The whole length of gene cluster spans around 60 kb. More than 250 mutations in  $\beta$ -globin gene have been reported to cause  $\beta$ -thalassemia, and most of them are point mutations (4–6). Until now, more than 20  $\beta$ -globin gene mutated or deleted forms have been found in Taiwanese population (7). The prevalence rate of  $\beta$ -thalassemia in Taiwan is 1–3% approximately (7, 8). Four common types of the point mutations, namely *HBB*:c.-78A>G (promoter -28 A>G), c.52A>T (codon 17 AAG→TAG), c.125\_128delTCTT (codon 41–42-TCTT) and c.316-197C>T (IVS-2 nt 654 C→T) mutations, were the main cause of  $\beta$ -thalassemia in more than

80% of patients in Taiwan (9). However, 3–5% cases belong to deleted form of  $\beta$ -thalassemia, including U01317.1:g.37242\_116449del79208 (Southeast Asian type of hereditary persistence of hemoglobin F; HPFH-SEA), U01317.1:g.40454\_119300del78847 (Chinese  $G\gamma^+(A\gamma\delta\beta)^\circ$  type), and Yunnanese type (10–14). To diagnose those deleted forms of  $\beta$ -thalassemia, duplex PCR was used to amplify the junction in clinical laboratories (13–15). According to Globin Gene Server (<http://globin.cse.psu.edu/>), there are 17 different large-fragment  $\beta$ -globin deleted forms that have been reported but not able to be identified by current duplex PCR in clinical laboratories (16).

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Previous studies showed that cDNA/DNA hybridization techniques were used to discover severe deleted form of  $\alpha$ - or  $\beta$ -thalassemia (17–19). However, those techniques are not only inappropriate for prenatal diagnosis but also laborious in a clinical laboratory. Therefore, we try to set up a real-time quantitative PCR (RQ-PCR) method for rapid screening of the deleted form of  $\beta$ -thalassemia.

## DESIGN AND METHODS

### Patients and Controls

From 2002 to 2007, a total of 112 patients from Kaohsiung Medical University Hospital were enrolled for this study. Out of the 112 patients, eight patients were detected as  $\beta$ -globin heterozygous deletions, 34 patients as mutated  $\beta$ -thalassemia and 70 healthy persons served as normal controls. Genomic DNA was extracted using a NucleoSpin<sup>®</sup> genomic DNA from blood kit according to the manufacturer's instructions (Macherey-Nagel GmbH & Co., Düren, Germany).

### Detection of $\beta$ -thalassemia by PCR-RFLP and Duplex PCR

To detect point mutated  $\beta$ -thalassemia, PCR-restriction fragment length polymorphism (PCR-RFLP) method was used as described in our previous report (9). To detect HPFH-SEA, a duplex PCR was used with three primers bridging the 3' breakpoint (13). The upstream primer 5'-TGGTATCTGCAGCAGTTGCC-3' (NT 5207166 to 5207147 in NC\_000011) and the downstream primer 5'-AGCCTCATGGTAGCA-GAATC-3' (NT 5179380 to 5179399 in NC\_000011) were used to amplify the breakpoint region. For normal control, another upstream primer 5'-ATTGTT-GAGTTGCAAGATCG-3' (NT 5179944 to 5179925 in NC\_000011) with the downstream primer around the breakpoint region were used. To detect Yunnanese deletion ( $A\gamma\delta\beta$ )<sup>o</sup>, a upstream primer 5'-TTCCCCA-CACTATCTCAATGC-3' (NT 5227764 to 5227744 in NC\_000011) and a downstream primer 5'-CAAGGC-CAGGGAGAACTGC-3' (NT 5207049 to 5207068 in NC\_000011 of GenBank) were used to amplify breakpoint region. Identical upstream primer with downstream primer 5'-AGAGGACAGGTTGCCAAAGC-3' (NT 5227336 to 5227355 in NC\_000011) was used to amplify the normal 5' area around the breakpoint region (14). To detect Chinese deletion ( $G\gamma^+(A\gamma\delta\beta)$ )<sup>o</sup>,  $\gamma$ A1 5'-GCTGGACACATATAAAATGCTGC-3' (NT 5226740 to 5226718 in NC\_000011) and  $\gamma$ A3 5'-AGAAATTGCCTCATGTCTCT-3' (NT 5147639 to 5147658 in NC\_000011) were used to amplify the

breakpoint region.  $\gamma$ A2 5'-TGCAGG-TAGTTGTTCCCCTTCA-3' (NT 5226443 to 5226464 in NC\_000011) and  $\gamma$ A1 were used to amplify normal 5' sequence around the breakpoint region (12). Approximately 0.2–1.0  $\mu$ g genomic DNA was mixed with 50 ng of each primer and 200  $\mu$ M of each dNTP in 50  $\mu$ l reaction buffer containing 10 mM Tris-HCl (pH 8.3) 50 mM KCl, 1.5 mM MgCl<sub>2</sub>, and 2.5 units of Taq polymerase. PCR amplification was carried out in an ABI 9700 thermal cycler. The mixture was incubated at 95°C for 5 min, followed by thirty-six amplification cycles of 95°C for 1 min denaturation, 52°C for 1 min annealing and 72°C for 2 min extension. The amplified PCR product was further incubated at 72°C for 7 min to ensure the complete extension. The PCR products were analyzed by electrophoresis on 2% agarose gel and visualized in UV light.

### PCR Primers for Real-Time Quantitative PCR (RQ-PCR)

Primers for RQ-PCR were designed by a DNASTAR PrimerSelect. The primers for *HBB* gene were *HBB*145F 5'-TGGTATCAAGGTTACAAGACAGGTT-3' (NT 5204733 to 5204708 in NC\_000011) and *HBB*245R 5'-CAGAGAGAGTCAGTGCCTATCAGAA-3' (NT 5204633 to 5204654 in NC\_000011). The internal control primers for *CCR5* gene were *CCR5*F 5'-GAACCTTGACGGCATTGC-3' (NT 46391197 to 46391214 in plus strand of NC\_000003) and *CCR5*R 5'-CCTCCCTCCTCCCATCC-3' (NT: 46391394 to 46391377 in plus strand of NC\_000003).

### Real-Time Quantitative PCR

The RQ-PCR combined with the dissociation curve analysis was used to determine *HBB* gene copy number of patients. *CCR5* gene served as a reference to normalize and enable the comparability of RQ-PCR data. Delta Ct value (cycle threshold value;  $\Delta$ Ct) was calculated by subtracting  $Ct_{(HBB)}$  from  $Ct_{(CCR5)}$ . Delta Ct was calculated by subtracting  $\Delta$ Ct ( $\beta$ -thalassemia group) from  $\Delta$ Ct (normal healthy control). RQ-PCRs were performed on a LightCycler 1.0 or LightCycler 480 (Roche Diagnostics; F. Hoffmann-La Roche Ltd., Basel, Switzerland). Each reaction was carried out in 2  $\mu$ l of 100 ng/ $\mu$ l genomic DNA and 8  $\mu$ l reaction mixture containing 2.4 mM MgCl<sub>2</sub>, 1 U of FastStart DNA Master Mix SYBR Green I (containing Taq DNA polymerase, SYBR Green I, and deoxynucleoside triphosphate mix), 0.6  $\mu$ M of the primers (forward and reverse). PCRs were subjected to 10 min of 95°C hot-start enzyme activation, and 40 cycles of 95°C denaturation for 5 sec, 64°C annealing

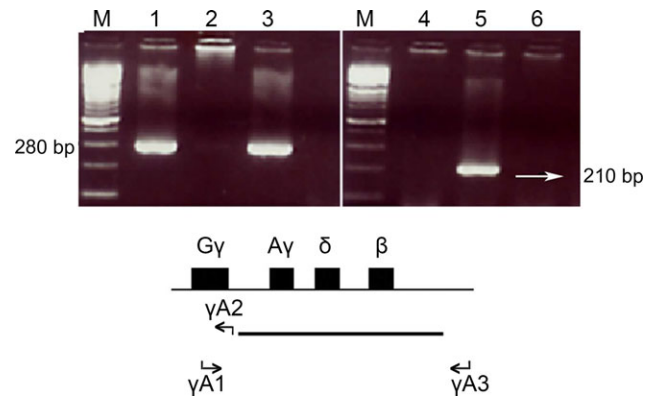
for 5 sec, 72°C elongation for 12 sec, and 80°C signal detection for 0 sec. To avoid cross-contamination and sample carryover, pre- and post-PCR sample processing were performed in separate rooms. All fluid transfers were carried out with plugged pipette tips to eliminate aerosols. Diethyl pyrocarbonate (DEPC)-treated water served as the template for negative control amplifications, which were included with each PCR run. Amplified DNA products were detected by melting curve analysis which consisted of 95°C for 5 sec, 65°C for 30 sec, and continuously heated at the rate of 0.1°C/sec until 95°C. For analysis of the melting curves, the Light Cycler instrument's software that automatically converts them into melting peaks was used. The  $T_m$ 's of the peaks were analyzed using the best-fit analysis software provided by Roche Diagnostics (F. Hoffmann-La Roche Ltd.).

### Statistical Analysis

Results were analyzed by SPSS version 11.5 for Windows (SPSS Inc., Chicago, IL). One-way ANOVA and Scheffé post hoc analysis were used to test continuous variables in three different groups. A  $P$  value  $<0.05$  was considered statistically significant.

### RESULTS AND DISCUSSION

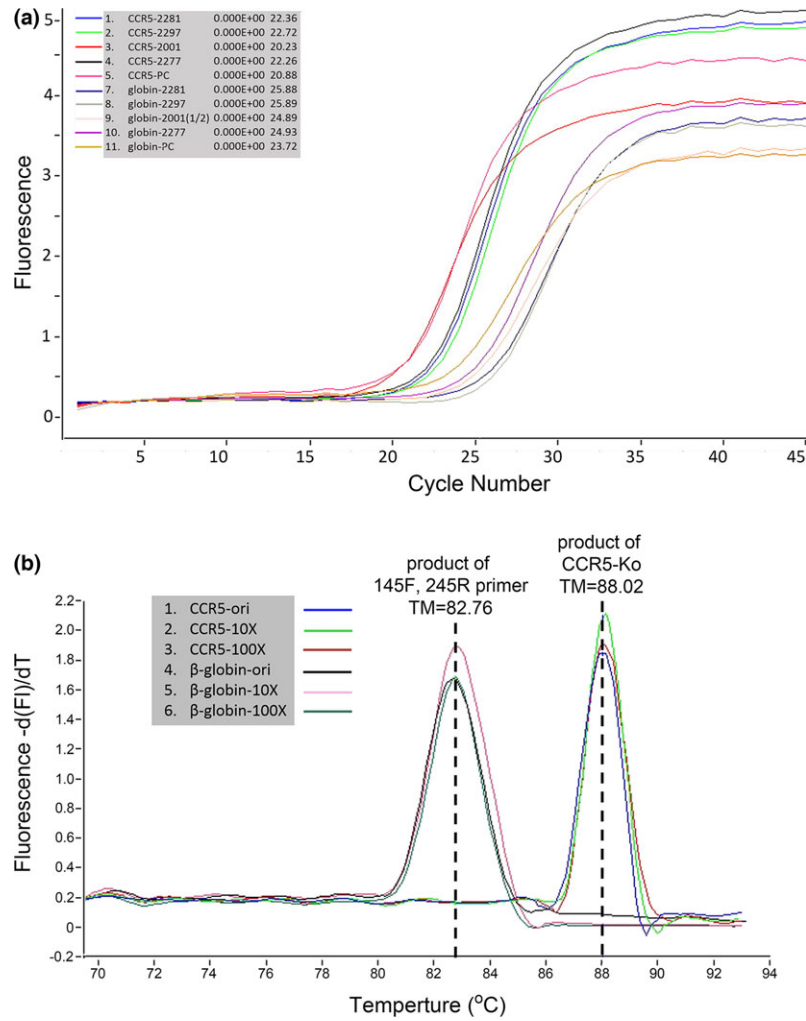
All of the  $\beta$ -thalassemia forms were diagnosed by the PCR-RFLP and duplex PCR methods. Figure 1 shows the duplex PCR result of a case of  $G\gamma^+(A\gamma\delta\beta)^\circ$  of Chinese type. For RQ-PCR screening, the PCR efficiency of these two primer pairs was of no difference. *HBB*145F and *HBB*245R primer pair was used for detection of target *HBB* gene, whereas *CCR5*F and *CCR5*R primer pair for *CCR5* gene served as a reference control. In this study, genomic DNA from normal populations were serially diluted and quantified by RQ-PCR using *HBB*145F and *HBB*245R, and *CCR5*F and *CCR5*R primer pairs to test their PCR efficiency. The amplification curve was shown in the Figure 2a. According to the cycle number vs. concentration for each standard, standard curve for target *HBB* gene were constructed (figures were not shown). The average slope of *HBB*145F and *HBB*245R primer pair was  $3.738 \pm 0.18$  and the average PCR efficiency was  $1.852 \pm 0.02$ . However, the average slope of *CCR5*F and *CCR5*R primer pair was  $3.707 \pm 0.15$  and the average PCR efficiency was  $1.872 \pm 0.02$ . The melting point of PCR product of *HBB* gene was 82.76°C, whereas product of *CCR5* gene was 88.06°C (Fig. 2b). No other non-specific product was found in melting curve analysis and electrophoresis.



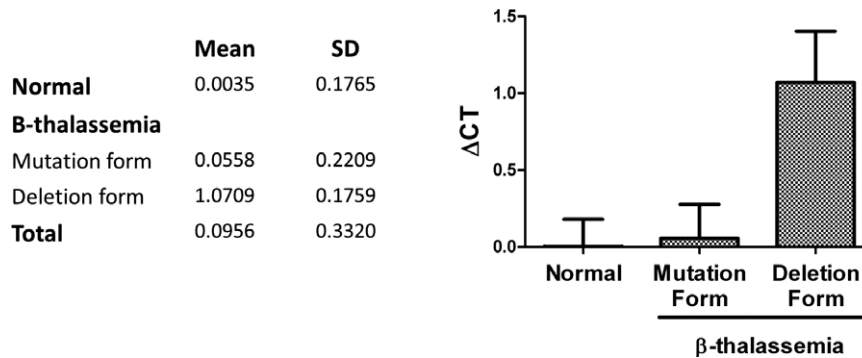
**Fig. 1.** The PCR-RFLP result of the breakpoint in a case of Chinese  $G\gamma^+(A\gamma\delta\beta)^\circ$ -thalassemia. The  $\gamma A1$  and  $\gamma A2$  primer pair amplifies the normal upstream sequence around the breakpoint region, the PCR product is 280 bp. The  $\gamma A1$  and  $\gamma A3$  primer pair amplifies the breakpoint region, the product is 210 bp. M represents 100 bp ladder marker. The lower panel shows the relative location of the primers. The diagram of  $\beta$ -gene cluster is not the true scale.

The copy numbers of *HBB* gene in deleted form of  $\beta$ -thalassemia were significantly different from normal individuals ( $P < 0.001$ ). The mean  $\Delta\Delta C_t$  in each run of Q-PCR was  $0.0035 \pm 0.1765$  in normal individuals,  $0.0558 \pm 0.2209$  in mutational form of  $\beta$ -thalassemia, and  $1.0709 \pm 0.1759$  in deleted form of  $\beta$ -thalassemia. One-way ANOVA and Scheffé post hoc were used to test the difference of  $\Delta\Delta C_t$  among the three groups (Fig. 3). The result showed  $F = 113.189$  and  $P < 0.001$  in one-way ANOVA. The mean difference of  $\Delta\Delta C_t$  was  $1.0674 \pm 0.0713$  between deleted form of  $\beta$ -thalassemia and normal individuals, and  $1.0151 \pm 0.0751$  between deleted form and mutation form of  $\beta$ -thalassemia. The *HBB*/*CCR5* ratio for deleted form of  $\beta$ -thalassemia patients was 0.48, whereas for normal individuals and mutation form of  $\beta$ -thalassemia, it was 1.0.

This RQ-PCR technique is an alternative rapid screening assay for deleted form of  $\beta$ -thalassemia and could be used to find out undefined type. The cDNA/DNA hybridization technique is used to discover severe deletion forms of  $\alpha$  and  $\beta$ -thalassemia (18). In this method, the initial step is the isolation of messenger RNA and translation by incubating with wheat germ cell-free system containing [ $^{14}C$ ]-leucine. Then, cDNA is hybridized to mRNA,  $\beta$ -enriched cDNA, and total DNA to determine whether mismatched hybrids of low stability are formed at the lower temperature. It takes a long time for each step. In 1979, Orkin et al. (16) used restriction endonuclease mapping of cell DNA to investigate the deleted form of  $\beta$ -thalassemia. The diagnostic procedure started from using EcoRI,



**Fig. 2.** The amplification and melting curves of *HBB* and *CCR5* gene: (a) The amplification curve of *CCR5* and *HBB* gene, respectively. (b) The melting point of PCR product of *HBB* gene was 82.76°C, whereas product of *CCR5* gene was 88.06°C.



**Fig. 3.** The difference of  $\Delta\Delta C_t$  among the three groups: The copy numbers of *HBB* gene in deleted  $\beta$ -thalassemia were significantly different from normal individuals and mutated  $\beta$ -thalassemia ( $P < 0.001$ ).

Pst I, Bgl II, and BamHI to digest cellular DNA samples and followed by electrophoresis in 1% agarose gel. Then,  $\beta$ -globin [ $^{32}$ P] cDNA is used to hybridize

the sample. The shortage of this technique is that it only can detect small length deletion (no more than 1,000 bps) of  $\beta$ -globin. In 1986, Henthorn et al. (20)

used breakpoint junction PCR/gel electrophoresis method to detect Indian HPFH  $G\gamma^{\Delta}\gamma(\delta\beta)^0$ -thalassemia. In 1990, field-inversion gel electrophoresis was used to detect Belgian  $G\gamma^+(A\gamma\delta\beta)^0$ -thalassemia (21). Fluorescent in situ hybridization with  $\beta$ -globin genes as probe to detect the  $\beta$ -globin gene copy is also a reliable method (22). However, this method is time consuming and need relative more viable cells. Currently, duplex PCR with three primers bridging the 3' breakpoint is a widely used method as it can only detect each of well-known deleted forms (12–14). A real-time PCR Light-Cycler technology using fluorescence and melting curve analysis has been developed in 1998 (23). Since then the nucleic acid-based diagnostics were widely used in clinical practice for the detection of microorganisms (24), gene polymorphisms (25), lymphoma (26, 27), and many other diseases (28, 29).

In conclusion, the deleted  $\beta$ -thalassemia, including HPFH-SEA, Chinese  $G\gamma^+(A\gamma\delta\beta)^0$  type and Yunnanese type, can be screened through the change in  $\Delta\Delta Ct$  and it could also identify undefined type of deleted  $\beta$ -thalassemia. Our technique, RQ-PCR, to quantify gene copies is a reliable and time-saving method that can screen deleted forms of  $\beta$ -thalassemia.

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## AUTHORSHIP

L-YK designed the study, participated in data collection, analysis, interpretation, and wrote the draft of the manuscript; T-CL participated in designing the study, and in data collection, analysis, and interpretation, and approved the final version; J-GC and C-SC co-ordinated the research and recruited the patients; and C-WL and L-LS performed the laboratory work.

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