### **RESEARCH ARTICLE**

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# Eu<sup>3+</sup>/Sm<sup>3+</sup> dual-label time-resolved fluoroimmunoassay for measurement of hepatitis C virus antibodies

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Wuxi Young Medical Talents, Grant/Award Number: QNRC045; Jiangsu Province Science and Education Project, Grant/Award Number: CXTDB2017016; the Key Project of Nanjing Medical University, Grant/Award Number: JMUZD057; Wuxi Key Medical Talents, Grant/Award Number: zdrc006 **Aim**: To develop a new immunoassay based on the time-resolved fluorescence immunoassay (TRFIA) system for the simultaneous measurement of IgM and IgG antibodies to HCV.

**Methods**: Coated recombinant HCV antigens and Eu<sup>3+</sup>-labeled IgM and Sm<sup>3+</sup>-labeled IgG antibodies were prepared. HCV-IgM/IgG TRFIA was established and optimized, followed by a methodological assessment. Data were expressed as  $\bar{x}$ +SD and analyzed using the SPSS 13.0 software. The percentile method was used to calculate cutoff values.

**Results**: The detection sensitivities of HCV-IgM and HCV-IgG were 0.06 S/CO and 0.15 S/CO, respectively. There was a good linear response from 1:40 to 1:40 960 for HCV-IgM and 1:20 to 1:40 960 for HCV-IgG, when samples strongly positive for HCV-IgM and HCV-IgG were serially diluted from 1:10 to 1:81 920. The average intra-assay coefficients of variation (CV) for HCV-IgM and -IgG were 3.45% and 3.71% and the inter-assay coefficients of variation (CV) were 6.49% and 6.79%, respectively. When HCV-negative/positive sera were tested by ELISA and using established kits, the negative, positive, and total conformity rates for HCV-IgM were 93.3% (28/30), 100% (25/25), and 96.4% (53/55), and those for HCV-IgG were 93.3% (28/30), 100% (35/35), and 96.9% (63/65), respectively. Additionally, the established kit exhibited good stability, with declines in fluorescence values to 11.1% and 9.5%, respectively, after storage at 37°C for 7 days.

**Conclusion**: We established a dual-label HCV-IgM/IgG TRFIA assay with a wide detection range, high specificity, high sensitivity, good stability, and good clinical value for the simultaneous measurement of HCV-IgM and HCV-IgG titers in a single test.

KEYWORDS Dual-labeling, hepatitis C virus, time-resolved fluorescence immunoassay

## 1 | INTRODUCTION

Hepatitis C virus (HCV) infection is a public health problem of global concern. According to the most recent report by the World Health Organization (WHO), approximately 18.5 million people have a history of HCV infection, and nearly 350 000 people die of HCV-related

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diseases annually.<sup>1</sup> China ranks first in the world, with an HCV prevalence of approximately 1% and around 13 million infected people.<sup>2,3</sup> The clinical symptoms of HCV infection are not easily apparent, and the spontaneous seroconversion rate is low. Approximately 75%-85% of those who are initially infected with HCV develop chronic inflammation, which further deteriorates to liver cirrhosis or even hepatocellular carcinoma.<sup>4</sup> The number of deaths caused by HCV infection is expected to increase threefold by 2025.<sup>5</sup>

Effective screening of HCV infection directly affects the accuracy of diagnosis and treatment, prevention of HCV infection, and the safety of blood sources. Currently, HCV is mainly identified using enzyme-linked immunosorbent assays (ELISA) to detect HCV antibodies. Compared to HCV RNA detection, ELISA has a lower cost, is easier to operate, has a high reproducibility, and is suitable for detection using a large number of clinical serum samples. The development of thirdgeneration reagents has shortened the detection window period for HCV antibodies to approximately 8 weeks.<sup>6</sup> However, improved methods for the early diagnosis of viral infections and the effective screening of blood donors are still needed. Serum HCV-IgM antibodies appear earlier than IgG after HCV infection, with a window period of approximately 3-7 weeks. Some studies have shown a good correlation between HCV-IgM antibody levels and HCV RNA levels (window period of 1-2 weeks). Despite the benefits of the joint detection of HCV-IgM/ IgG antibodies, commercial reagents for dual antibody detection are lacking. In addition, a large number of unconfirmed and false-positive results are obtained owing to the insufficient sensitivity and stability of ELISA, which results in the missed detection of true-positive cases and the detection of only a single target at a time. Therefore, in this study, dual-label time-resolved fluoroimmunoassay (TRFIA) was used to establish a method for the simultaneous detection of HCV-IgM and IgG with high sensitivity, a wide detection range, and high stability.

## 2 | MATERIALS AND SUBJECTS

### 2.1 | Chemicals and reagents

HCV recombinant antigen (NS3/NS4/NS5/Core) was purchased from SYM-BIO (Suzhou, China). The automatic DELFIA-1235 TRFIA Analyzer was obtained from Perkin-Elmer Life Sciences and Analytical Science/Wallac Oy (Turku, Finland). The ABI7500 Fluorescent quantitative PCR Device was purchased from Applied Biosystems (Shanghai, China). Rabbit anti-human IgM (110M4778) and IgG (049K4803) were purchased from Sigma (St. Louis, MO, USA). Enhancer solution and Eu<sup>3+</sup>-labeling kit (1244-302) and Sm<sup>3+</sup>-labeling kit (1244-303) were purchased from PE Company (EG&G-Wallac, Finland). Bovine serum albumin (BSA) was supplied by the Department of Health, Institute of Biological Products (OO0303A, Shanghai, China). The Hepatitis C Viral RNA Quantitative Fluorescence Diagnostic Kit was purchased from Sansure Biotech (Changsha, China). The PD-10 column and Sepharose CL-6B column were obtained from the Pharmacia Company (Peapack, NJ, USA). Concentrated washing solution (170213), enhancer solution (170710), and reaction buffer (170227) were supplied by Jiangsu Key Laboratory of Molecular Nuclear Medicine (Wuxi, China). ELISA kits for HCV antibody detection were purchased from Beijing Wantai BioPharm (2017080908, Beijing, China). Anti-hepatitis A (HAV) (AM20170402B), anti-hepatitis D (HDV) (20170503R), and antihepatitis E (HEV) (EM20170101B), as well as the positive standard, were purchased from Beijing Controls & Standards Company (Beijing, China). Anti-human immunodeficiency virus (HIV) (2017010112) and

anti-*Treponema pallidum* (TP) antibodies (2017102612) were purchased from Beijing Wantai BioPharm (Beijing, China). All additional chemicals and reagents were of analytical grade.

### 2.2 | Source of samples

Serum samples were collected from 200 patients with hepatitis C infection (18 acute hepatitis C, 24 subacute hepatitis C, and 158 chronic hepatitis patients) admitted to our hospital from February 2015 to March 2016 and from 270 healthy volunteers. The inclusion criterion for the HCV-infected patients was that their serum samples were positive for anti-HCV antibody or HCV-RNA. HCV-infected individuals were excluded if they had HAV, HBV, HDV, or HEV infection. Similarly, healthy control individuals were excluded if they were infected with HAV, HBV, HCV, HDV, or HEV. Informed consent was obtained from all study participants during the medical examination, and the protocol was approved by the ethics committees of Wuxi People's Hospital Affiliated to Nanjing Medical University.

### 3 | METHODS

### 3.1 | Preparation of solid-phase antigens

Recombinant HCV antigens were diluted with a coating buffer containing 50 mmol/L Na<sub>2</sub>CO<sub>3</sub>-NaHCO<sub>3</sub> (pH 9.6), and 100  $\mu$ L coating buffer was added to each well of a 96-well microtiter plate and incubated overnight at 4°C. The coating buffer was discarded, and each well was blocked with 100  $\mu$ L of 3 g/L BSA at room temperature for 2 hours. The blocking buffer was discarded, and the plates were dried under a vacuum and stored at –20°C in a sealed plastic bag with a desiccant until use.

### 3.2 | Preparation of labeled antibodies

Eu<sup>3+</sup> labeling of rabbit anti-human IgM antibodies was performed according to the instructions provided with the Eu<sup>3+</sup> labeling kit. One milliliter of rabbit anti-human IgM antibodies was passed through a PD-10 column to adjust the buffering conditions using a 50 mmol/L Na<sub>2</sub>CO<sub>3</sub>-NaHCO<sub>3</sub> (pH 8.5) elution solution containing 0.155 mol/L NaCl. The fractions with protein peaks were collected and concentrated to 2 g/L. Then, 500  $\mu$ L of the above solution was added to a bottle containing freeze-dried 0.2 mg Eu<sup>3+</sup>-N<sub>2</sub>-[p-isocyanato-benzyl]-diethylenetriamine tetraacetic acid and reacted for 20 hours at 25°C with a magnetic stirrer. The reaction solution was passed through an agarose CL-6B column (1 × 30 cm) that was equilibrated with an 80 mmol/L Tris-HCl (pH 7.8) buffer solution for chromatography with a fully automated TRFIA detector. The protein peaks were collected and packaged (1 mL/bottle) after dilution and freeze-dried for storage. Sm<sup>3+</sup>-labeled IgG antibodies were prepared using the same method.

### 3.3 | Establishment of the HCV-IgM/IgG TRFIA

The assay is summarized in Figure 1. In brief, after diluting the serum with buffer 200 times,  $100\,\mu L$  of test serum or positive or negative





FIGURE 1 Illustration of the HCV-IgM/IgG TRFIA detection principle

control serum was added to microplates coated with HCV antigens. After incubation at 25°C with shaking for 45 minutes, the plates were washed five times with washing solution before the addition of 100  $\mu$ L/ well Eu<sup>3+</sup>-rabbit anti-human IgM and Sm<sup>3+</sup>-rabbit anti-human IgG conjugates, followed by incubation at room temperature with shaking for 45 minutes. After washing twice, the enhancer solution (100  $\mu$ L/well) was added. The fluorescence values were read after incubation at room temperature for 5 minutes with shaking, during which the HCV-IgM/ IgG antibodies in the serum were bound to the solid-phase plate. HCV antigen-HCV IgM-Eu<sup>3+</sup> and HCV antigen-HCV IgG-Sm<sup>3+</sup> complexes formed after the addition of Eu<sup>3+</sup>-rabbit anti-human IgM and Sm<sup>3+</sup>-rabbit anti-human IgG. After the addition of a dissociation enhancer for dissociating the lanthanide ions, the fluorescence intensity was directly proportional to the levels of HCV-IgM/IgG antibodies in the sample.

# 3.4 | Methodological assessment and statistical analysis

The sensitivity, specificity, precision, and stability of the assay were compared with those obtained using existing methods. SPSS 13.0 was used for statistical analyses.

### 4 | RESULTS

### 4.1 | Labeling rate

Using the Eu<sup>3+</sup> and Sm<sup>3+</sup> standards provided by PerkinElmer, the labeling rates were 10.4 Eu<sup>3+</sup> ions per anti-human IgM antibody and 9.6 Sm<sup>3+</sup> ions per anti-human IgG antibody.

### 4.2 | Optimal antibody labeling concentration

The labeled antibodies from the reaction step were diluted 1:10, 1:20, 1:50, 1:100, 1:200, 1:400, 1:800, and 1:1600. We simultaneously tested the positive and negative samples. The background signal increased as the labeling concentration increased, and the dilution with the maximum positive/negative (P/N) ratio was selected. Thus, we obtained the optimal dilutions for  $Eu^{3+}$ -rabbit anti-human IgM (1:100) and Sm<sup>3+</sup>-rabbit anti-human IgG (1:50).

### 4.3 | Optimal serum dilution

The negative serum was diluted 1:25, 1:50, 1:100, 1:200, 1:400, and 1:800 with the buffer to decrease nonspecific adsorption. The decline in the fluorescence value tended to plateau as the sample dilution increased, and 1:200 was the optimal serum dilution (Figure 2).

# 4.4 | Confirmation of positive cutoff values (CO values)

The Eu<sup>3+</sup>/Sm<sup>3+</sup> dual-label TRFIA was used to detect HCV in sera from 270 healthy volunteers. The HCV-IgM and HCV-IgG fluorescence values ( $\bar{x} \pm$  SD) were 4020.5 ± 1856.4 and 580.0 ± 272.3, respectively. The sample fluorescence/mean negative control fluorescence values (S/Nx) are shown in Table 1. The reference CO value was 95%, and the one-tailed S/Nx CO values for HCV-IgM and HCV-IgG were 2.2 and 2.4, respectively. Thus, the following equations were derived: Cutoff <sub>IgM</sub> = negative control value × 2.2 (negative control values less than 4,021 were set to 4021); cutoff <sub>IeG</sub> =

**TABLE 1** Serum HCV-IgM and HCV-IgG fluorescence values relative to the negative control fluorescence values for 270 healthy volunteers

	S/N value	0.26~	0.66~	1.06~	1.46~	1.86~	2.26~	>2.66
HCV-IgM	n	99	84	39	22	15	5	6
	Percentage (%)	36.7	31.1	14.4	8.1	5.6	1.9	2.2
	Cumulative percent- age (%)	36.7	67.8	82.2	90.3	95.9	97.8	100
	S/N value	0.32~	0.82~	1.32~	1.82~	2.32~	2.82~	>3.32
HCV-IgG	n	143	84	18	11	5	3	6
	Percentage (%)	53.0	31.1	6.7	4.1	1.9	1.1	2.2
	Cumulative percent-	53.0	84.1	90.7	94.8	96.7	97.8	100

negative control value × 2.4 (negative control values less than 580 were set to 580); S/CO  $\ge$  1 was considered positive.

### 4.5 | Methodological assessment

### 4.5.1 | Linearity

Strongly positive HCV-IgM and HCV-IgG samples were serially diluted from 1:10 to 1:81 920. The established TRFIA method was used to quantitate fluorescence. IgM showed a good linear response at dilutions of 1:140 to 1:40 960, and IgG showed a good linear response from 1:20 to 1:40 960 (Figure 3).

### 4.5.2 | Specificity

The established reagent kit was used to detect reference samples positive for anti-HAV, anti-HDV, anti-HEV, anti-HIV, and anti-TP. The test results were all negative, showing that there was no crossreactivity with the above antibodies.

### 4.5.3 | Sensitivity

The fluorescence values for blank controls in 10 wells were measured according to  $\bar{x}$  + 2SD. The detection limits for HCV-IgM and HCV-IgG were 0.06 S/CO and 0.15 S/CO, respectively.



**FIGURE 2** Serial dilution of negative serum samples and corresponding fluorescence values

### 4.5.4 | Precision

Samples with high, medium, and low concentrations were tested 10 times under similar experimental conditions within 8 days (Table 2). The mean intra-assay Circulation Volume (CV) for IgM and IgG were 3.45% and 3.71%, respectively, and the mean inter-assay CV were 6.49% and 6.79%, respectively. The mean intra-assay CV was less than 10% and the mean inter-assay CV was less than 15%, showing that our method has good precision.

### 4.5.5 | Comparative tests

The established TRFIA method and ELISA for HCV-IgM and IgG detection were simultaneously used to test 55 serum samples from 200 patients with HCV and 65 serum samples from 270 healthy volunteers collected from February 2015 to March 2016. The comparative results are summarized in Table 3. The IgM positive, negative, and total coincidence rates were 100% (25/25), 93.3% (28/30), and 96.4% (53/55), respectively. Similarly, the IgG positive, negative, and total coincidence rates were 100% (35/35), 93.3% (28/30), and 96.9% (63/65), respectively.



**FIGURE 3** Detection range for HCV-IgM/IgG TRFIA (1:10 to 1:81 920)

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### TABLE 2 Intra-assay and inter-assay precision

		Low		Medium	Medium		High	
	Group	IgM	IgG	IgM	IgG	IgM	lgG	
Intra-assay precision	Concentration (S/CO)	1.75	1.87	5.91	18.36	20.54	88.63	
(n = 20)	CV (%)	4.23	5.12	3.25	3.48	2.87	2.52	
Inter-assay precision	Concentration (S/CO)	1.68	1.73	5.84	18.65	20.42	87.45	
(n = 10)	CV (%)	7.71	8.54	6.63	6.46	5.13	5.38	

### 4.5.6 | Stability

Reagent kits stored at 37°C for 7 days and those stored under normal conditions were used to simultaneously quantitate six HCV-positive samples. The quantitation results showed that the HCV IgM fluorescence values obtained using the reagents stored at 37°C decreased by 12.2%, 13.8%, 11.0%, 10.2%, 9.8%, and 9.6% compared to those obtained using the reagents stored under normal conditions, while the IgG fluorescence values decreased by 10.4%, 8.4%, 9.6%, 10.7%, 9.7%, and 8.4%. The mean decreases for IgM and IgG were 11.1% and 9.5%, respectively.

### 4.6 | Clinical applications

The prepared HCV-IgM/IgG TRFIA reagent kit was used to analyze sera from 200 patients with HCV and compared with the results of the HCV-RNA and HCV-IgG and IgM. The joint testing of HCV-IgM and IgG increased the positive rate of HCV detection (Table 4).

### 5 | DISCUSSION

HCV ELISA reagent kits have undergone multiple rounds of improvement, and their sensitivity and specificity have been continuously optimized since their initial production in 1989, when Choo et al (Chiron Corporation, Emeryville, CA, USA) established the first generation of HCV antibody diagnosis reagent kits.<sup>6,7</sup> However, as ELISA uses active enzymes, many factors may affect the labeling process, and issues with the linear range and stability are common drawbacks. Hence, a large number of unconfirmed and false-positive results are obtained in low-risk populations, and true HCV-positive cases may sometimes be missed, which is a matter of immense concern.<sup>8</sup> In addition, there is variation in results depending on the kit manufacturer. Currently, the clinical detection of HCV antibodies is mainly based on IgG detection by ELISA, but the single detection of HCV IgG cannot be used to distinguish between acute and chronic hepatitis, and the window period is long. Thus, ELISA has limitations for the detection of early acute infections. The HCV-IgM titer, which is positive at about 4 weeks of HCV acute infection, starts to decrease when the HCV-IgG titer reaches its peak at weeks 12-16. Thus, HCV-IgM is more appropriate for the early diagnosis of HCV infection and the determination of antiviral therapeutic efficacy, liver disease activity, and correlations with viral replication.<sup>9,10</sup>

### TABLE 3 Comparison of HCV-IgM and HCV-IgG results

		ELISA		
	TRFIA	Positive (n)	Negative (n)	Total
HCV-IgM	Positive (n)	25	2	27
	Negative (n)	0	28	28
	Total	25	30	55
HCV-IgG	Positive (n)	35	2	37
	Negative (n)	0	28	28
	Total	35	30	65

TABLE 4	Comparison of HCV-RNA detection by FQ-PCR and
HCV-IgM ar	Id IgG detection by TRFIA

		HCV-IgM		HCV-IgG	
HCV-RNA	n	-	+	-	+
-	93	93	0	0	93
+	107	59	48	8	99
Total	200	152	48	8	192

For suspected cases of HCV-IgG-negative samples based on ELISA, HCV-RNA can be detected by fluorescence quantitative PCR (FQ-PCR), but the positive detection rate is low because of instrument-associated problems, a low detection threshold, and low levels of replicating virus in patients after treatment.

Commonly used immunoassays, such as radioimmunoassays, ELISA, chemiluminescent immunoassays, and electrochemiluminescence immunoassays have various limitations. For example, the use of FQ-PCR is limited by its complexity, and ELISA is only able to detect single antibodies. TRFIA is a novel technology that uses lanthanide elements for labeling, and it provides various benefits, such as a high sensitivity, wide linear range, and good tracer stability; in addition, it is not easily affected by sample autofluorescence.<sup>11,12</sup> Moreover, multiple labeling analyses can be performed as the detection windows and wavelengths of lanthanide elements vary. Eu<sup>3+</sup> and Sm<sup>3+</sup>, which are used extensively in clinical and scientific research, use the same enhancer system containing  $\beta$ -naphthoyl trifluoroacetone ( $\beta$ -NTA) and a pair of common labels.<sup>13,14</sup>

The Eu<sup>3+</sup> and Sm<sup>3+</sup> dual-labeled HCV-IgM/IgG TRFIA method established in this study can be used to simultaneously detect

serum HCV-IgM and HCV-IgG in a single experiment. In this system, the detection sensitivity, mean intra-assay CV, and inter-assay CV of HCV-IgM were 0.06 S/CO, 3.45%, and 6.49%, respectively, and those of HCV-IgG were 0.15 S/CO, 3.71%, and 6.79%, respectively, conforming to clinical requirements. ELISA was used as a reference to detect HCV-positive and -negative samples; the HCV-IgM positive coincidence rate was 100%, negative coincidence rate was 93.3%, and total coincidence rate was 96.4%. The HCV-IgG positive, negative, and total coincidence rates were 100%, 93.3%, and 96.9%, respectively. In addition, samples strongly positive for HCV-IgM and HCV-IgG were serially diluted from 1:10 to 1:81 920. HCV-IgM and HCV-IgG showed a wide linear range, with good linear responses from 1:40 to 1:40 960 and 1:20 to 1:40 960, respectively. The stability of the assay also satisfies clinical reagent requirements. When reagent kits stored at 37°C for 7 days and those stored under normal conditions were used to simultaneously quantitate six HCV-positive samples, the mean HCV IgM and IgG fluorescence values for the reagent box stored at 37°C decreased by only 11.1% and 9.5%, respectively.

In conclusion, the HCV-IgM/IgG TRFIA method established in this study does not cause radioactive pollution, requires 2-3 hours for complete detection, has a wide detection range, and can simultaneously generate results for both HCV-IgM and HCV-IgG in a single experiment. This reduces the clinical workload, labor, and reagent costs, and increases the accuracy of detection by avoiding false-positive and false-negative results and limits the differences resulting from variation in experimental conditions. The detection levels for TRFIA were better than those of other methods, reaching 10<sup>-18</sup> mol/L (chemiluminescence: 10<sup>-15</sup> mol/L, ELISA: 10<sup>-9</sup> mol/L), and the results were reproducible. In addition, the instruments required for TRFIA are easy to operate and are widely used in China. We therefore expect this method to improve the early diagnosis of HCV infection and the effective screening of blood donors.

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### AUTHOR CONTRIBUTIONS

Z.G. Hu conceived the study and designed the experiments. X. Yang and Y. Ye conducted the experiments and wrote the manuscript. T.T. Wang, M. Li, L. Yu, M. Xia, and J. Qian analyzed the results.

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