

# **CORRESPONDENCE** Mimotope-based allergen-specific immunotherapy: ready for prime time?

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# INTRODUCTION

Allergen-specific immunotherapy (AIT) is a therapeutic strategy to restore the normal immune response by suppressing inflammatory effector cells and inducing regulatory cells specific to the culprit allergen. Conventionally, AIT is achieved by administering escalating doses of allergen over a long treatment course. However, the use of unmodified allergens for AIT often results in severe anaphylactic side effects, and alternative approaches such as hypoallergens and T-cell epitopes with enhanced safety have been considered. The use of mimotopes in AIT is a relatively new concept, but earlier proof-ofconcept studies showed promising results for mimotopes, with decent safety profiles and immunomodulatory capacity<sup>1</sup>. While the treatment of cancer with mimotope-based immunotherapy has already been tested in clinical trials<sup>2</sup>, mimotope-based AIT remains largely in the preclinical stage. Here, we revisit the pros and cons of mimotope-based AIT and describe recent findings concerning the use of mimotopes in AIT.

### **BENEFITS AND PITFALLS OF MIMOTOPE-BASED AIT**

The term "mimotope" was first coined by Mario Geysen in 1986 to describe peptides that mimic epitopes<sup>3</sup>. By mimicking the structural or physiochemical characteristics of epitopes, mimotopes are able to inhibit the binding of antibodies to the native antigen or to induce an epitope-specific antibody response when coupled to an immunogenic carrier. Such properties are of special interest in AIT, where mimotopes could be used to induce blocking antibodies that competitively inhibit the binding of specific IgE to allergens. The major advantage of mimotope-based AIT is that mimotopes lack allergen-specific T-cell epitopes; thus, late-phase allergic side effects caused by repeated stimulation of allergen-specific T cells are less likely to occur. Moreover, since mimotopes are monovalent peptides with low crosslinking capacity, mimotope-based AIT is considerably safer than AIT based on unmodified allergens (Fig. 1). Compared with native allergens or hypoallergens, mimotopes are also able to induce epitope-specific humoral immune responses that result in antibodies with increased blocking capacity. In addition, mimotopes can be conjugated to different immunogenic carriers that confer different beneficial effects. Some peptide carriers, such as coat proteins from bacteriophages or virus-like particles, are known to mediate a Th1-biased immune response, which would be beneficial in AIT<sup>4</sup>. In contrast, the major concern regarding mimotope-based AIT is the weak immunogenicity of mimotopes. Mimotopes must be conjugated to a carrier to be immunogenic, and the safety and efficacy of mimotope-carrier constructs must be evaluated case by case.

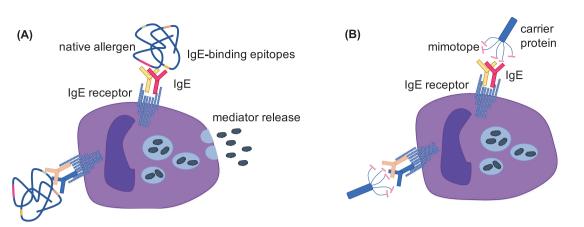
# **RECENT ADVANCES IN MIMOTOPE-BASED AIT**

Biopanning phage displayed<sup>5</sup> or screening of one-bead-onecompound combinatorial peptide libraries<sup>6</sup> are high-throughput approaches to identify mimotopes. Via screening of these peptide libraries with allergen-specific IgE, the mimotopes obtained can be subsequently mapped to the three-dimensional structure of the allergen using bioinformatic algorithms to identify the particular epitopes that they mimic. These methods are technically undemanding and cost effective. Many IgE epitopes of foods and inhalant allergens have been identified using these approaches over the last decade. However, few of these mimotopes were tested for use in AIT, except for a few inhalant allergens. Two studies investigated the allergenicity and safety of mimotopes fused with coat proteins of filamentous phages and reported that these mimotope constructs failed to induce CD63 expression in a basophil activation assay<sup>7,8</sup>. In addition, these studies demonstrated that the phage coat proteins carrying the mimotopes stimulated a Th1 response when cocultured with PBMCs from the patients. The therapeutic potential of mimotopes was also evaluated in mouse models of allergic asthma<sup>9,10</sup>, and these studies demonstrated a significant decrease in inflammatory cell infiltration and Th2 cytokine production in lung tissues and bronchoalveolar lavage fluid upon mimotope treatment. Collectively, the results from these studies tend to support the use of mimotope-based AIT. However, three of the four abovementioned studies used phage coat proteins as the carrier, the clinical use of which is limited due to their fast clearance in the human body and strict regulatory control<sup>8</sup>. The other study utilized keyhole limpet hemocyanin (KLH) as the mimotope carrier, but the allergenicity and safety of the construct was not addressed. Although KLH has frequently been used as a peptide carrier in clinical trials, there are still safety concerns, as the mimotopes could crosslink IgE and activate mast cells when displayed at a very high density on the KLH carrier. A safe but immunogenic peptide carrier, possibly with beneficial T-cellmodulating properties, is therefore desirable. In addition, inconsistent results were observed in the above animal studies. One study reported a decrease in specific IgE and an increase in IgG1<sup>10</sup>, but the specific antibody levels were not altered in another study<sup>9</sup>. More importantly, changes in biomarkers commonly used to assess the efficacy of AIT, such as regulatory cells (Treg and Breg) and cytokines (IL-10 and TGF-B), have yet to be examined in

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**Fig. 1** Illustration of the increased safety of mimotopes compared with native allergens. **a** Crosslinking of IgE receptors on mast cells requires polyclonal IgE binding to two different epitopes on the same allergen. **b** A mimotope displayed on a carrier protein (e.g., a filamentous phage coat protein) would only bind to IgE from a single colony and would thus fail to crosslink the IgE receptors on mast cells

mimotope-based AIT studies. Clearly, further advancements are necessary to understand the underlying mechanisms of mimotope-based AIT for potential clinical applications.

## **ADDITIONAL INFORMATION**

Competing interests: The authors declare no competing interests.

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