

# Enhancement of MicroRNA-200c on Osteogenic Differentiation and Bone Regeneration by Targeting Sox2-Mediated Wnt Signaling and Klf4

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MicroRNA (miR)-200c functions in antitumorigenesis and mediates inflammation and osteogenic differentiation. In this study, we discovered that *miR-200c* was upregulated in human bone marrow mesenchymal stromal cells (hBMSCs) during osteogenic differentiation. Inhibition of endogenous *miR-200c* resulted in downregulated osteogenic differentiation of hBMSCs and reduced bone volume in the maxilla and mandible of a transgenic mouse model. Overexpression of *miR-200c* by transfection of naked plasmid DNA (pDNA) encoding *miR-200c* significantly promoted the biomarkers of osteogenic differentiation in hBMSCs, including alkaline phosphatase, Runt-related transcription factor 2, osteocalcin, and mineral deposition. The pDNA encoding *miR-200c* also significantly enhanced bone formation and regeneration in calvarial defects of rat models. In addition, *miR-200c* overexpression was shown to downregulate SRY (sex determining region Y)-box 2 (*Sox2*) and Kruppel-like factor 4 by directly targeting 3'-untranslated regions and upregulate the activity of Wnt signaling inhibited by *Sox2*. These results strongly indicated that *miR-200c* may serve as a unique osteoinductive agent applied for bone healing and regeneration.

**Keywords:** *miR-200c*, osteogenic, bone, *Sox2*, *Klf4*, Wnt

## INTRODUCTION

RESTORING BONE TISSUE through synthetically engineered bone graft substitutes represents a promising alternative approach for clinical treatment of bone defects caused by trauma, dissection of tumors, and congenital deformities.<sup>1</sup> The safety and osteoinductive capacity of the substitutes determine the success of bone healing and regeneration in clinical application. Recombinant human bone morphogenetic proteins (rhBMPs), including rhBMP-2 and rhBMP-7, are the only Food and Drug Administration approved synthetic substitutes that have been applied in clinics to induce spinal fusion, heal fractures, and fill bony defects after tumor resection.<sup>2-6</sup> However, due to the relatively short half-life of rhBMP-2, a super-physiological dose of rhBMPs is needed to generate sufficient efficacies of new bone formation in many practical circumstances. A grow-

ing side effect profile has emerged as the clinical use of rhBMPs has increased, which includes post-operative inflammation and associated adverse effects, ectopic bone formation, osteoclast-mediated bone resorption, and inappropriate adipogenesis.<sup>5,7</sup> Severe adverse events have also been reported recently after the use of rhBMPs in oral and maxillofacial procedures and the administration of rhBMP-2.<sup>6</sup> Therefore, an alternative osteogenic factor that is safer, more cost-effective, and highly efficient for bone healing and regeneration is needed.

MicroRNAs (miRs), small noncoding RNAs, promote the degradation and/or repress the translation of messenger RNA (mRNA) through sequence-specific interactions with the 3'- or 5'-untranslated regions (UTRs) of specific mRNA targets. miRs play important post-transcriptional regulators in both physiologic and pathophysiological conditions and

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have emerged as innovative tools for the diagnosis of diseases and treatment.<sup>8–10</sup> *miR-200c*, a member of the miR-200 family, initially was reported to regulate function in epithelium–mesenchyme transition and has been shown to be involved in tumor progression and aggressiveness. Overexpression of *miR-200c* was revealed to potently inhibit the progression of multiple types of cancers, including breast and bladder cancers.<sup>11</sup> *miR-200c* can also regulate Wnt/ $\beta$ -catenin signaling in cancer development.<sup>12,13</sup> Recent studies have revealed that *miR-200c* is involved in osteogenic differentiation, tooth development, and inflammation.<sup>14–18</sup> Specifically, it has been demonstrated that *miR-200c* mediated the signal pathway of the nuclear factor kappa-light-chain-enhancer of activated B cells in cancer inflammation and potently downregulated interleukin (*IL*)-8 by targeting the inhibitor of nuclear factor kappa B kinase subunit beta.<sup>15</sup> Our recent studies demonstrated that *miR-200c* effectively downregulated *IL-8*, *IL-6*, and chemokine (C–C motif) ligand-5 by targeting their 3′-UTRs, and potently improves osteogenic differentiation markers in primary human bone marrow mesenchymal stromal cells (hBMSCs) and preosteoblasts.<sup>16</sup> In addition, *miR-200c* was revealed to directly target noggin in bone morphogenetic protein (BMP) signaling during tooth development.<sup>14</sup> Noggin is an antagonist in the BMP signal pathway, and inhibition of noggin improves osteogenic differentiation and bone formation.<sup>19–21</sup> In addition, in cancer research, *miR-200c* has been found to regulate SRY (sex determining region Y)-box 2 (*Sox2*), a master transcription factor in affecting the stemness and differentiation of stem cells.<sup>22,23</sup> All this evidence strongly indicates that *miR-200c* might play roles in osteogenic differentiation and craniofacial bone development and can potentially be developed into an osteoinductive agent to promote bone healing and regeneration for clinical application.

In this study, we tested the potential function of *miR-200c* in osteogenic differentiation and craniofacial bone development and investigated whether *miR-200c* can effectively improve osteogenesis *in vitro* and *in vivo*. We discovered that *miR-200c* participated in osteogenic differentiation of hBMSCs and played a critical role in craniofacial bone development in an *miR-200c*-inhibited transgenic mouse models. We also found that naked plasmid DNA (pDNA) encoding *miR-200c* could be effectively transfected into hBMSCs and significantly improved osteogenic differentiation of hBMSCs. pDNA encoding *miR-200c*-loaded collagen sponges also exhibited a strong capability for promoting bone formation and regeneration in different sized calvarial defects of

rats. We also demonstrated that *miR-200c* down-regulated *Sox2* and Kruppel-like factor 4 (*Klf4*) by directly targeting their 3′-UTRs, and *miR-200c* up-regulated the Wnt activities repressed by *Sox2*.

## MATERIALS AND METHODS

### Construction of plasmids for *miR-200c* overexpression and inhibition

pSilencer-4.1-CMV puro plasmid (Ambion, Grand Island, NY) was used to generate a vector stably expressing *miR-200c* according to our previous studies.<sup>14,16</sup> In brief, a set of oligonucleotides corresponding to the *miR-200c*-specific sequence containing *Bam*HI and *Hind*III restriction site was synthesized with the primers of 3′-UAAUACUG CCGGGUAAUGAUGGA-5′. Oligonucleotides were annealed according to the manufacturer's recommendations (Addgene, Cambridge, MA) and ligated into pSilencer-4.1-CMV puro vector using *Bam*HI and *Hind*III restriction sites and confirmed by sequencing. Empty pSilencer-4.1-CMV puro vector (EV) was used as a control. The *miR-200c* inhibitor using plasmid-based microRNA inhibitor system (PMIS) was generously provided by NaturemiRI, (Iowa City, IA) and the construction was established according to previous studies.<sup>24</sup> The *miR-200c* binding sites were annealed and ligated with a central bulge flanked by different sequences into pLL3.7 vector digested with *Hpa*I and *Xho*I restriction sites.

### Transfection of hBMSCs with pDNA encoding *miR-200c* and PMIS-*miR-200c* *in vitro*

The hBMSCs (ScienCell, Carlsbad, CA) were seeded in six-well plates at a concentration of 10<sup>5</sup> cells per well and cultured with human mesenchymal stem cell growth medium (MSCGM; Lonza, Walkersville, MD). To transfect plasmid encoding *miR-200c*, the cells were washed twice with phosphate buffered saline (PBS) and then treated with different doses of pDNA encoding *miR-200c* at 2 and 20  $\mu$ g/mL in serum-free medium (Opti-MEM; Life Technologies, Camarillo, CA) for 18 h. EV was used as controls for nonspecific effects. PMIS-*miR-200c* at 10  $\mu$ g/mL was transfected into hBMSCs to inhibit endogenous *miR-200c* using the same method. The *miR-200c* level after transfection with pDNA and PMIS was confirmed using real-time PCR.

### Cell viability assay and proliferation of hBMSCs with *miR-200c* overexpression

hBMSCs were transfected with different doses of pDNA *miR-200c* or with EV and incubated for 3 days in MSCGM medium. Cell viability was

evaluated by a LIVE/DEAD<sup>®</sup> assay according to the manufacturer's protocol (Life Technologies, Carlsbad, CA). A (3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide) (MTT) assay was used to test the effect of miR-200c on hBMSCs proliferation and metabolic activity. After the cells were transfected with different doses of *miR-200c* or with EV overnight, an MTT assay was performed according to manufacturer's protocol (Sigma-Aldrich, St. Louis, MO).

#### **In vitro osteogenic differentiation of hBMSC with miR-200c overexpression and analysis**

Osteogenic differentiation was performed on hBMSCs 24 h after transfection. The cells were seeded in six-well plates at  $10^5$  cells per well and cultured with complete Dulbecco's modified Eagle medium (DMEM), supplemented with 1 mM  $\beta$ -glycerophosphate and 0.05 mM L-ascorbic acid 2-phosphate. The medium was changed every 3 days up to 4 weeks. The osteogenic biomarkers including alkaline phosphatase (*ALP*), Runt-related transcription factor 2 (*Runx2*), and osteocalcin (*OCN*) were analyzed after different designed time points. The mRNA expression of osteogenic biomarkers was measured after 4 days using real-time PCR, whereas the enzyme-linked immunosorbent assay (ELISA) measurements to quantify the concentrations of *Runx2* and *OCN* were performed after 2 weeks according to the manufacturer's instruction (MyBiosource, Inc., San Diego, CA). *ALP* staining was performed after 2 weeks of osteogenic differentiation using a commercially available kit (Millipore Sigma, St. Louis, MO). The intracellular *ALP* activity was also quantified using the *p*-Nitrophenyl phosphate (pNPP) phosphatase ELISA according to the manufacturer's instruction (Sigma-Aldrich). Results were normalized to the total proteins content of each well. Mineralization of hBMSCs was analyzed after 4 weeks, and Alizarin red staining (ARS) was used to detect calcium deposition in the extracellular matrix. The red stain was then extracted using 10% cetylpyridinium chloride (Sigma-Aldrich) buffer for 1 h with gentle shaking, and the absorbance at 550 nm was read using a SpectraMax Plus microplate reader to quantitatively measure the mineralization.

#### **Quantitative gene analysis**

Total cellular RNA from hBMSCs and from rat explants was extracted using a miRNeasy Mini Kit (Qiagen, Valencia, CA). The concentration and purity of total RNA were quantified using the NanoDrop<sup>®</sup> ND-2000 spectrophotometer and verified

using gel analysis. *miR-200c* expression was measured using the mirScript II reverse transcription kit and the mirScript SYBR Green PCR Kit (Qiagen) and normalized to *RNU6B* (*U6*) by a comparative Ct ( $\Delta\Delta Ct$ ) method. In addition, mRNA expression of osteogenic markers was assessed by quantitative real-time PCR. In total, 2  $\mu$ g of RNA was reverse transcribed using the PrimeScript<sup>™</sup> Reagent Kit. *Runx2*, *ALP*, and *OCN* were expressed on a CFX Connect<sup>™</sup> (Bio-Rad, Hercules, CA) using the SYBER<sup>®</sup> Premix Taq<sup>™</sup> II Kit and the following primer sets (Table 1). The Vacuolar protein sorting 29 homolog (*VPS29*) was used as an internal control for human cells, whereas the ribosomal protein gene (*RPS18*) was used as house-keeping gene for rat samples.

#### **Generation of PMIS-miR-200c transgenic mice**

Transgenic mice with *PMIS-miR-200c* were created as described in our previous publications.<sup>24</sup> In brief, to create mouse lines harboring the *PMIS-miR-200c* construct, the 900 nucleotide *PMIS* system was cloned into the transgene B vector using the *ASCI* and *SMAI* restriction enzymes. The transgene contains an antirepressor sequence followed by the *U6* promoter driving the miR inhibitor construct. After amplification, 10  $\mu$ g of the vector was linearized and gel-purified for pronuclear injection. The linear DNA was used in the pronuclear injection of fertilized oocytes, which were implanted into pseudopregnant female mice. Several founders were generated using this method and examined for the expression of the *PMIS-miR-200c* transgene.

#### **Analysis of craniofacial bone development of transgenic PMIS-miR-200c mice**

Microcomputed tomography ( $\mu$ CT) was used to assess craniofacial shape and abnormal growth. The skulls of 8-week-old *PMIS-miR-200c* mice were analyzed using a high-resolution  $\mu$ CT scanner SkyScan model 1272 (Bruker, Belgium) at a voltage of 80 kV, a current of 125  $\mu$ A, a rotation step of 0.6, and an image pixel size of 21.5  $\mu$ m. A three-

**Table 1.** Sequence for forward and reverse primer sets used for real-time polymerase chain reaction

Human Primer	Forward Primer (5'-3')	Reverse Primer (5'-3')
Klf4	ACGATCGTGGCCCCGAAAAGGACC	CAACAACCGAAAATGCACCAGCCCCAG
Sox2	GGGAAATGGGAGGGGTGCAAAAGAGG	TTGCGTGAGTGTGGATGGGATTGGTG
Runx2	AACCCACGAATGCACTATCCA	CGGACATACCGAGGGACATG
OCN	TAGTGAAGAGACCCAGGCGC	CACAGTCCGGATTGAGCTCA
ALP	ACCACCACGAGAGTGAACCA	CGTTGTCTGAGTACCAAGTCCC

ALP, alkaline phosphatase; Klf4, Kruppel-like factor 4; OCN, osteocalcin; Runx2, Runt-related transcription factor 2; Sox2, SRY (sex determining region Y)-box 2.

dimensional (3D) virtual image of the skull was reconstructed with the NRecon software version 1.6.10.2. 3D volume rendering and a 3D imaging of the defect area were done using the CTvox software version 3.3. The  $\mu$ CT threshold was first calibrated and then applied to all samples. Skeletal regions including skull, cranial bones, and maxilla/palatine (MP) were segmented and bone mass was calculated by means of a bone volume fraction (bone volume/tissue volume or BV/TV).

### **Bone formation and regeneration in calvarial defects of rats**

Animal experiments were approved by the Office of Animal Resources at the University of Iowa, and performed in accordance with the Institutional Animal Care and Use Committee—policies and guidelines. Under anesthesia using a ketamine/xylazine cocktail, a middle skin incision from the nasofrontal area to the external occipital protuberance was performed on 12-week-old male Sprague Dawley rats (Charles River Laboratories, Wilmington, MA). We used two 5 mm-diameter full-thickness defects created on the parietal bone, on both sides of the sagittal suture of each rat to test the capacity of *miR-200c* treatment on promoting bone formation. The defects were randomly filled with a dental collagen plug (Zimmer, Palm Beach Gardens, FL) loaded with different treatments: (1) defect with no treatment; (2) collagen sponge alone; (3–5) with pDNA encoding EV at 1, 10, and 50  $\mu$ g per defect; (6–8) plasmid *miR-200c* at 1, 10, and 50  $\mu$ g per defect, respectively. All operations were performed under sterile conditions and the rats were euthanized after 1 and 4 weeks. The tissues within the original surgical defects, including the collagen sponges, were collected 1 week after surgery and stored at  $-80^{\circ}\text{C}$  until processed for total RNA extraction to assess the transfection of pDNA *miR-200c* *in vivo*. The bone formation with different treatments at defects was evaluated using  $\mu$ CT and histological analysis after 4 weeks. In addition, critical-sized calvarial defects were used to test the bone regenerative capacities of *miR-200c*. A full-thickness, 10 mm in diameter, calvarial defect was created in Sprague Dawley rats. The rats were then randomly divided into three groups receiving different treatments: (1) defect with no treatment, (2) collagen sponge loaded with plasmid EV at 10  $\mu$ g per defect, and (3) collagen sponge loaded with plasmid *miR-200c* at 10  $\mu$ g per defect. Six weeks after surgery, animals were sacrificed and the craniums were collected and fixed in 10% formalin for  $\mu$ CT and histological analysis.

### **$\mu$ CT analysis for bone formation**

An  $\mu$ CT analysis was performed to evaluate new bone formation at the defect site. Specimens were analyzed at a voltage of 70 kV, a current of 142  $\mu$ A, a rotation step of 0.6, and an image pixel size of 10  $\mu$ m. Reconstruction of 3D virtual models was performed with the NRecon software version 1.6.10.2. Bone mineral density (BMD) and BV/TV were used to calculate new bone formation within a region of interest of 4 and 7 mm from the center of the 5- and 10-mm defects, respectively, using the CTAn software version 1.15.4. 3D volume rendering and 3D imaging of the defect area were done using the CTvox software version 3.3. The  $\mu$ CT threshold was first calibrated and then applied to all samples.

### **Histological analysis**

Fixed calvarial tissues were decalcified with 14% ethylenediaminetetraacetic acid for 14 days, rinsed in PBS, then dehydrated in gradient of alcohol. Samples were cleared with xylene and embedded in paraffin. Coronal sections of 7  $\mu$ m thick were cut perpendicular to the sagittal suture through the center of the defect. Sections were stained with hematoxylin and eosin staining following standard protocols. Photographs were taken under the microscope to examine bone formation.

### **Reporter gene analysis of *miR-200c* on 3'-UTRs of *Sox2* and *Klf4***

Primary hBMSCs cultured in six-well plates were treated overnight with pDNA *miR-200c* (5  $\mu$ g/well), or with the same amount of *miR-200a* or scrambled miRs. After 72 h, RNA was isolated from the cells, and complementary DNA (cDNA) from the RNA was generated using a Biorads PrimePCR cDNA Kit, and the quality of the cDNA was validated by quantitative PCR. The expression of *miR-200c*, *Sox2*, and *Klf4* was determined using real-time PCR. We performed the reporter gene analysis to test whether *miR-200c* directly targets 3'-UTR of *Sox2* and *Klf4* as described in our previous studies.<sup>16</sup> In brief, 900 and 850 bp of the 3'-UTRs of *Klf4a* and *Sox2* were cloned into pMIR-reporter and cotransfected into human embryonic palatal mesenchyme (HEPM) cells with overexpression of *miR-200c* and/or control at a 0.25/1/5 ratio of luciferase reporter, miR, and  $\beta$ -galactosidase reporter, respectively. Cells were lysed and measured for luciferase activity, protein concentration, and  $\beta$ -galactosidase activity at 40 h. Luciferase values were determined, normalized to protein concentration, and  $\beta$ -galactosidase reporter activity.

### TOPflash/FOPflash assay

We used TOPflash/FOPflash test to determine the effect of *miR-200c* and *Sox2* on *Wnt* activity. TOP-Flash (Super 8×tcf sites) and FOP-Flash (8×mutant tcf sites) reporters were commercially purchased from Addgene. The TOPflash and FOPflash were added into HEPM cells with overexpression of *miR-200c* with or without *Sox2* at a ratio of 1:5 (reporter to cDNA) for 40 h. Cells were lysed and measured for luciferase activity and protein concentration and  $\beta$ -galactosidase. Values expressed are lactase unit (LU)/ $\mu$ g corrected for  $\beta$ -galactosidase. Lithium chloride (LiCl) was used at a concentration of 8 mM as a positive control for Wnt activation.

### Western blot

*Sox9* was detected using Western blot to demonstrate the downstream of *Wnt*/ $\beta$ -Catenin signaling after *miR-200c* overexpression.<sup>25,26</sup> The HEPM cells, HEPM cells with scrambled-miRs, and the HEPM with *miR-200c* overexpression were grown in DMEM to 80% confluency. The lysates of these cells were prepared using Reporter Lysis Buffer (Promega, Madison, WI) and the protein was detected by standard Western blot technique on 10% nondenaturing acrylamide gels. The primary antibodies of *Sox9* (75 kD; Santa Cruz, Dallas, TX) and *GAPDH* (37 kD; Santa Cruz, Dallas, TX) were used for the detection.

### Statistical analyses

Descriptive statistics were conducted. One-way analysis of variance, followed by a *post hoc* Tukey–Kramer test, was used to detect the difference among the experimental groups. Statistical analyses were performed using the statistical package SAS<sup>®</sup> System version 9.4 (SAS Institute, Inc., Cary, NC). A significance level of 0.05 was utilized for all the tests.

## RESULTS

### *miR-200c* affects osteogenic differentiation in hBMSCs and craniofacial bone development in mice

Figure 1A and B summarized the  $\mu$ CT image and quantitative analysis for skulls of the wild-type and transgenic mice with *PMIS-miR-200c*. The radiopacity of *PMIS-miR-200c* mouse skulls was lower than that of the wild-type mice, especially at the facial bone and MP region (Fig. 1A). Figure 1B shows how the segment measurement was quantified on mouse craniofacial bone tissues and the quantitative results of BV fractions in the skull,

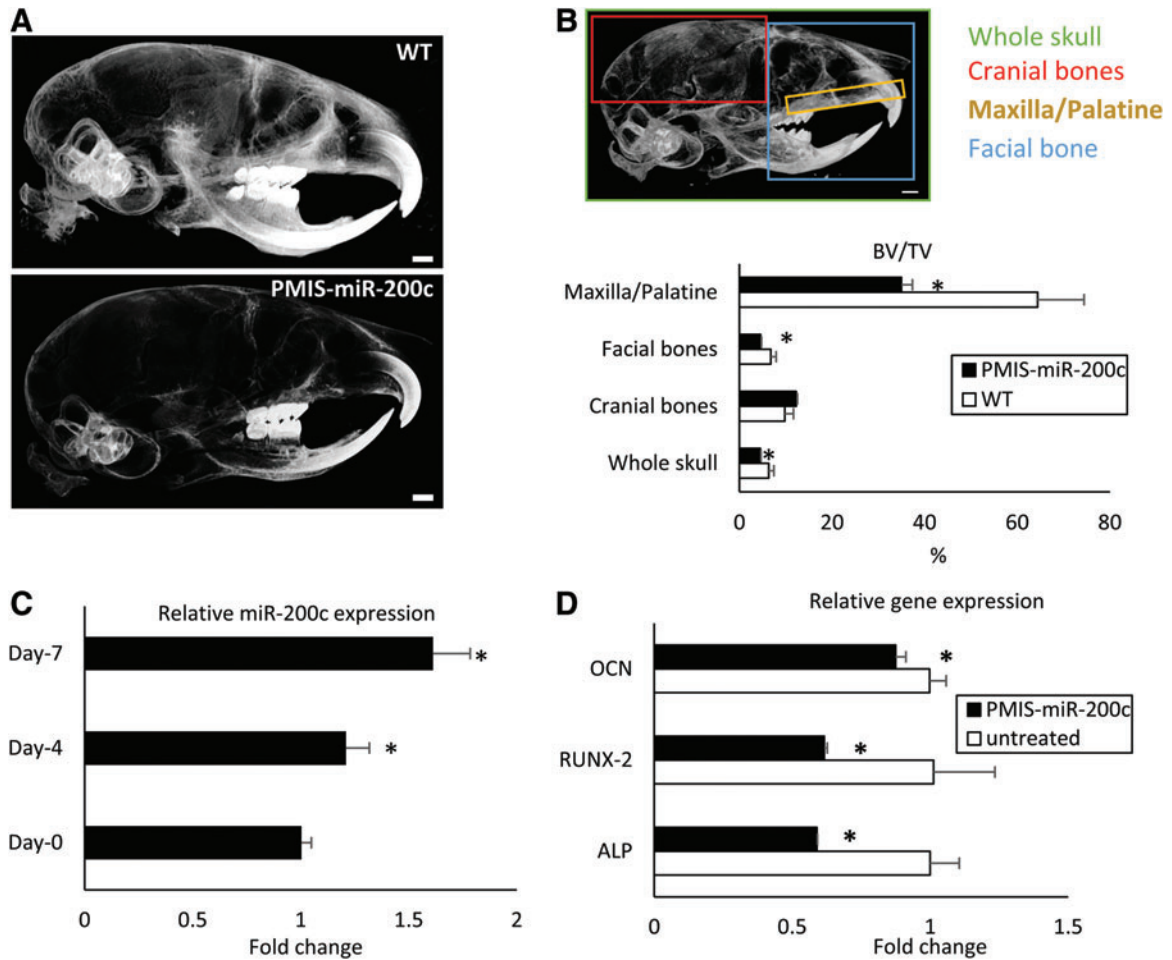
facial bones, and the MP bones. The BV/TV fractions in the location of whole skull, facial, and MP were significantly lower in transgenic *PMIS-miR-200c* mice than in wild-type mice (Fig. 1B). The roles of *miR-200c* in osteogenic differentiation were tested *in vitro* using hBMSCs. After hBMSCs were cultured in osteogenic differentiation medium, the expression of endogenous *miR-200c* was upregulated by 1.2 and 1.6-fold at days 4 and 7, compared with day 0, respectively ( $p < 0.05$  in each instance) (Fig. 1C). Meanwhile, the transcripts of osteogenic biomarkers, including *ALP*, *Runx2*, and *OCN*, were significantly downregulated in hBMSCs pretreated *PMIS-miR-200c* to inhibit endogenous *miR-200c* after 7 days of osteogenic induction ( $p < 0.05$  in each instance) (Fig. 1D).

### Transfection of naked pDNA encoding *miR-200c* promotes the *miR-200c* expression in hBMSCs

The expression of *miR-200c* was increased by ~8- and 69-fold, respectively, 24 h for the different concentrations (2 and 20  $\mu$ g) of pDNA encoding *miR-200c* (Fig. 2B). However, EV at the same amount had a limited effect on *miR-200c* expression. Treatment with pDNA encoding *miR-200c* and EV showed high viability and less toxicity with no significant difference compared with the untreated group. The cells treated with *miR-200c* maintained elongated and a spindle-shaped form after transfection (Fig. 2B). All cells with transfection displayed decreased proliferation with a significant and dose-dependent decline after 48 h. However, the cells transfected with *miR-200c* have significantly higher proliferation rates versus cells transfected with EV at the same concentrations (Fig. 2C).

### pDNA encoding *miR-200c* promotes hBMSC osteogenic differentiation *in vitro*

To demonstrate the effect of pDNA encoding *miR-200c* to enhance osteogenic differentiation, the hBMSCs were transfected with pDNA *miR-200c* at 2 and 20  $\mu$ g and subsequently cultured in osteogenic supporting medium up to 28 days. After 4 days from osteogenic differentiation, the mRNA level of the osteogenic markers, including *Runx2*, *ALP*, and *OCN*, in hBMSCs pretransfected with a higher dose of *miR-200c* pDNA was significantly greater than that of EV-treated hBMSCs (Fig. 3A, D, F). In addition, hBMSCs with *miR-200c* overexpression displayed denser *ALP*-positive staining than did the normal and EV-treated hBMSCs after 14 days (Fig. 3B). The extracellular *ALP* activity was also significantly greater, with an increase of ~50%, for the hBMSCs pretreated with 2 or 20  $\mu$ g



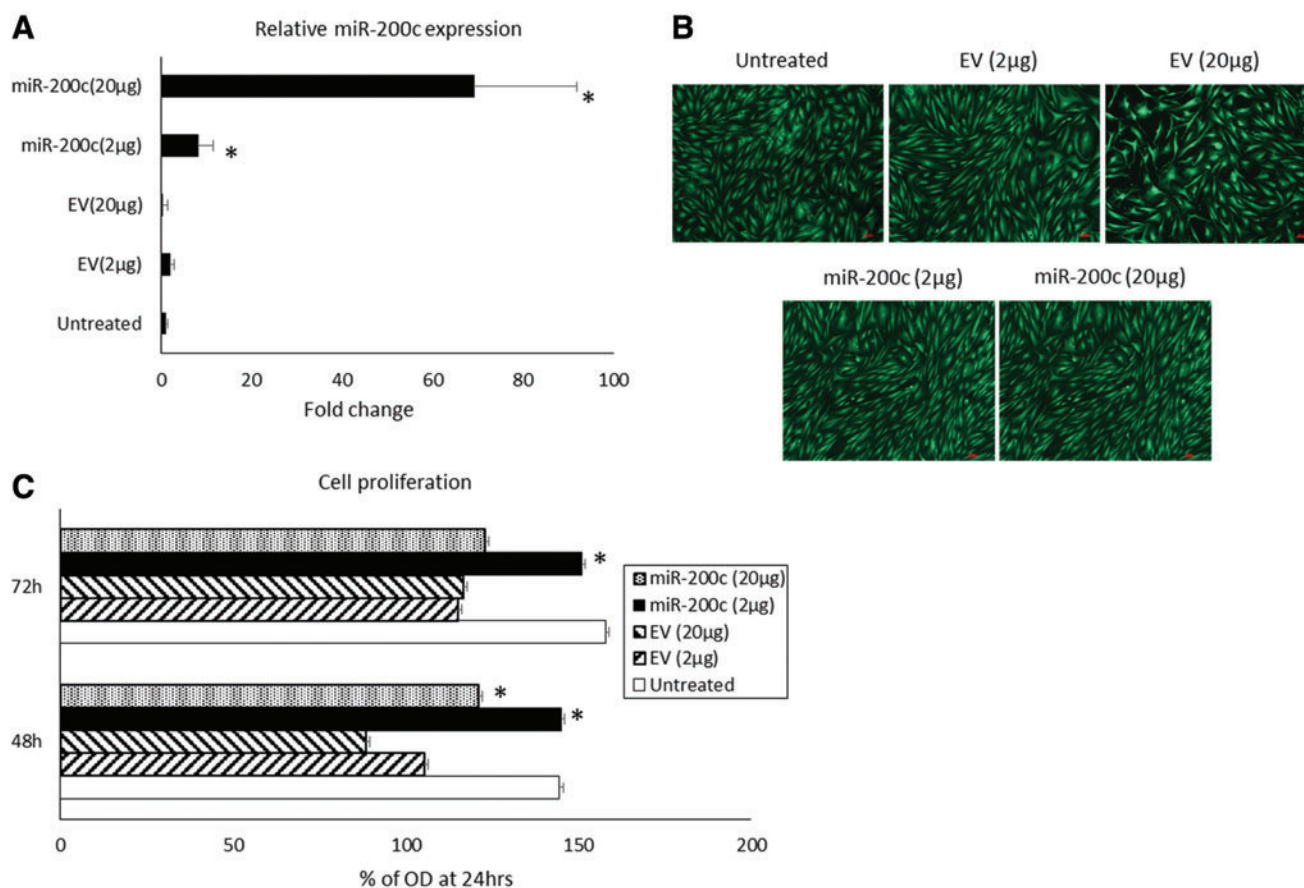
**FIG. 1.** *miR-200c* involved in mouse craniofacial development and osteogenic differentiation of hBMSCs. **(A)**  $\mu$ CT images of 7-week-old mice of transgenic *PMIS-miR-200c* and WT; bar = 1 mm. **(B)** Quantitative measurement of BV/TV using  $\mu$ CT at different locations of skull of transgenic mice with *PMIS-miR-200c* compared with WT mice. \* $p < 0.05$ ,  $n = 3$ . **(C)** Fold change of *miR-200c* in hBMSCs after osteogenic differentiation. **(D)** Fold change of *ALP*, *Runx2*, and *OCN* in hBMSCs with endogenous *miR-200c* inhibited by PMIS 7 days after osteogenic differentiation. \* $p < 0.05$  versus untreated, performed in triplicate.  $\mu$ CT, microcomputed tomography; ALP, alkaline phosphatase; BV/TV, bone volume/tissue volume; hBMSCs, human bone marrow mesenchymal stromal cells; miR, microRNA; OCN, osteocalcin; PMIS, plasmid-based microRNA inhibitor system; Runx2, Runt-related transcription factor 2; WT, wild type. Color images are available online.

pDNA encoding *miR-200c* than it was for the control group (Fig. 3C). *miR-200c* overexpression also significantly increased *Runx2* and *OCN* secretion in hBMSCs than did untreated controls and the EV after 14 days (Fig. 3E, G). Although the protein level of *Runx2* showed no difference when high doses of *miR-200c* were used (20  $\mu$ g), *OCN* protein levels were upregulated after 14 days. ARS at day 28 indicated that the *miR-200c* overexpression increased bone nodules formation compared with untreated control groups and the cells pretreated with EV (Fig. 3H). Quantitatively, the analysis of calcium content showed that *miR-200c* overexpression enhanced calcium deposition in a dose-dependent manner (Fig. 3I), whereas there was no significant effect by treatment with EV at 2 and 20  $\mu$ g.

### **pDNA encoding *miR-200c* promotes bone formation at calvarial defects of rats**

To evaluate the potential of *miR-200c* to enhance bone formation *in vivo*, collagen type I sponge trimmed to 5 mm in diameter and 2 mm thickness was used as a scaffold. pDNA encoding *miR-200c* at 1, 10, and 50  $\mu$ g was incorporated in collagen sponges and then freeze dried before they were implanted into the 5 mm calvarial bone defects in the rats. After 1 week, the expression of *miR-200c* in implants loaded with 1, 10, and 50  $\mu$ g *miR-200c* was increased by ~2, 3, and 4.5-fold, respectively, whereas collagen sponge alone or loaded with EV transfection had limited effect on *miR-200c* overexpression (Fig. 4A). For bone formation enhanced by *miR-200c*, calvarial bone tissue containing the defects was harvested after 4 weeks. 3D re-





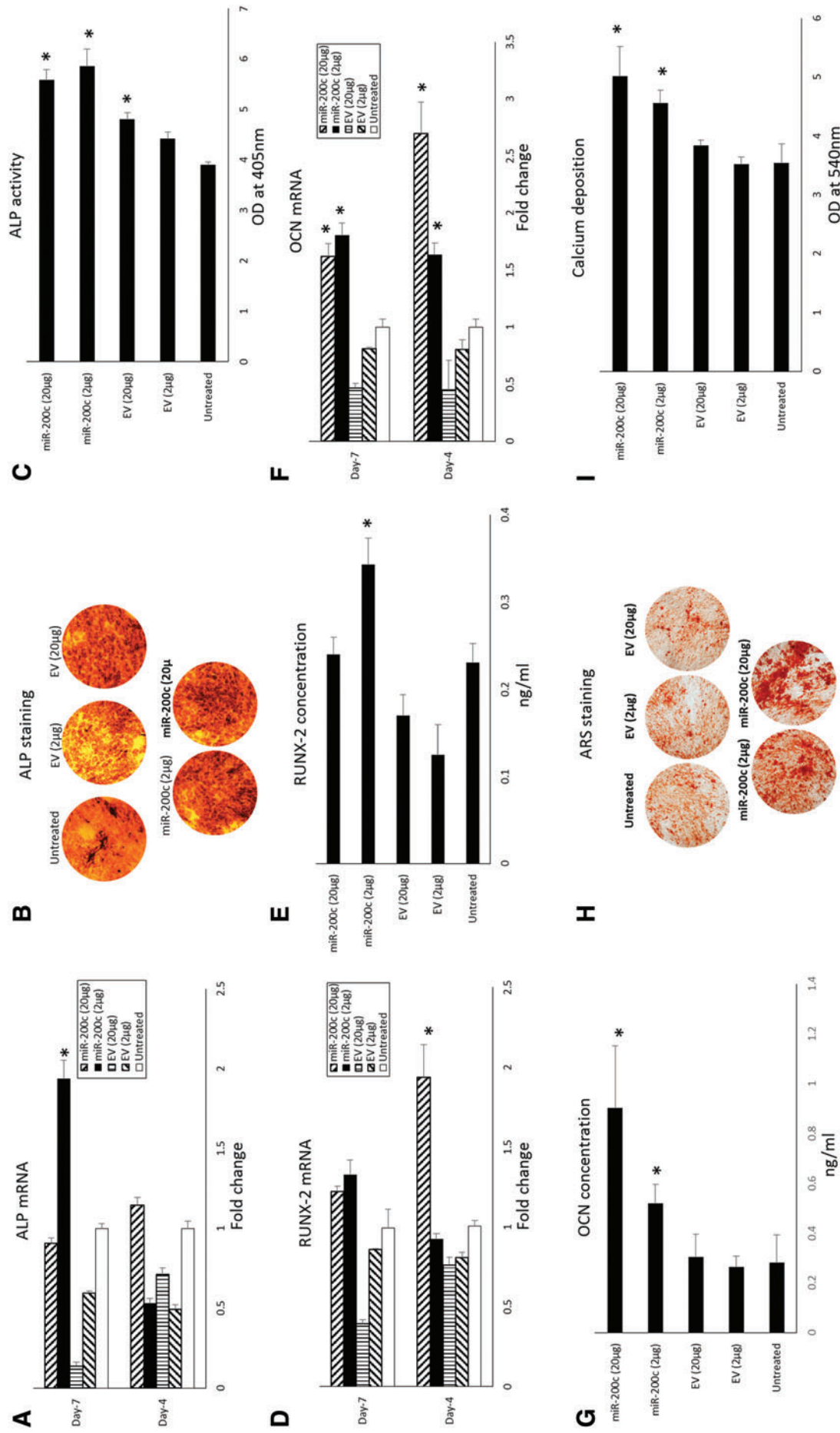
**FIG. 2.** *In vitro* delivery of *miR-200c* by naked plasmid transfection. **(A)** Fold change of *miR-200c* expression in hBMSCs 3 days after transfected with pDNA encoding *miR-200c*. **(B)** LIVE/DEAD<sup>®</sup> assay of hBMSCs transfected with naked plasmid encoding *miR-200c*. The scale bar represents 10 μm. **(C)** Proliferation rates of hBMSCs transfected with *miR-200c* or EV evaluated by MTT assay. \* $p < 0.05$  versus EVs, performed in triplicate. EV, empty vector; MTT, 3-(4, 5-dimethylthiazol-2-yl)-2, 5-diphenyltetrazolium bromide; pDNA, plasmid DNA. Color images are available online.

constructed images showed complete healing and increased bone tissue for the *miR-200c*-treated group, whereas the defect in untreated groups and groups treated with collagen alone or EV-loaded collagen was not healed (Fig. 4B). Quantitatively, treatment with collagen and EV-loaded collagen showed a slight, but not statistically significant, increase in bone formation, compared with the empty defect group or without any treatment. However, *miR-200c*-loaded collagen scaffolds increased the BV formation by ~205%, 230%, and 245% when 1, 10, and 50 μg pDNA encoding *miR-200c* were used, respectively (Fig. 4C). Consistently, the BMD of defects treated with *miR-200c*-loaded collagen sponges was also significantly increased (Fig. 4D). The bone defects treated with 50 μg of *miR-200c* had the highest BMD and BV/TV. In histological sections, although bone formation was observed inside empty defects because of spontaneous bone healing, *miR-200c*-loaded collagen sponges induced newly formed bone with greater thickness in defects, compared with treat-

ment with collagen alone and the defects without treatment. The newly formed tissue had woven-like and laminar structures (Fig. 4E).

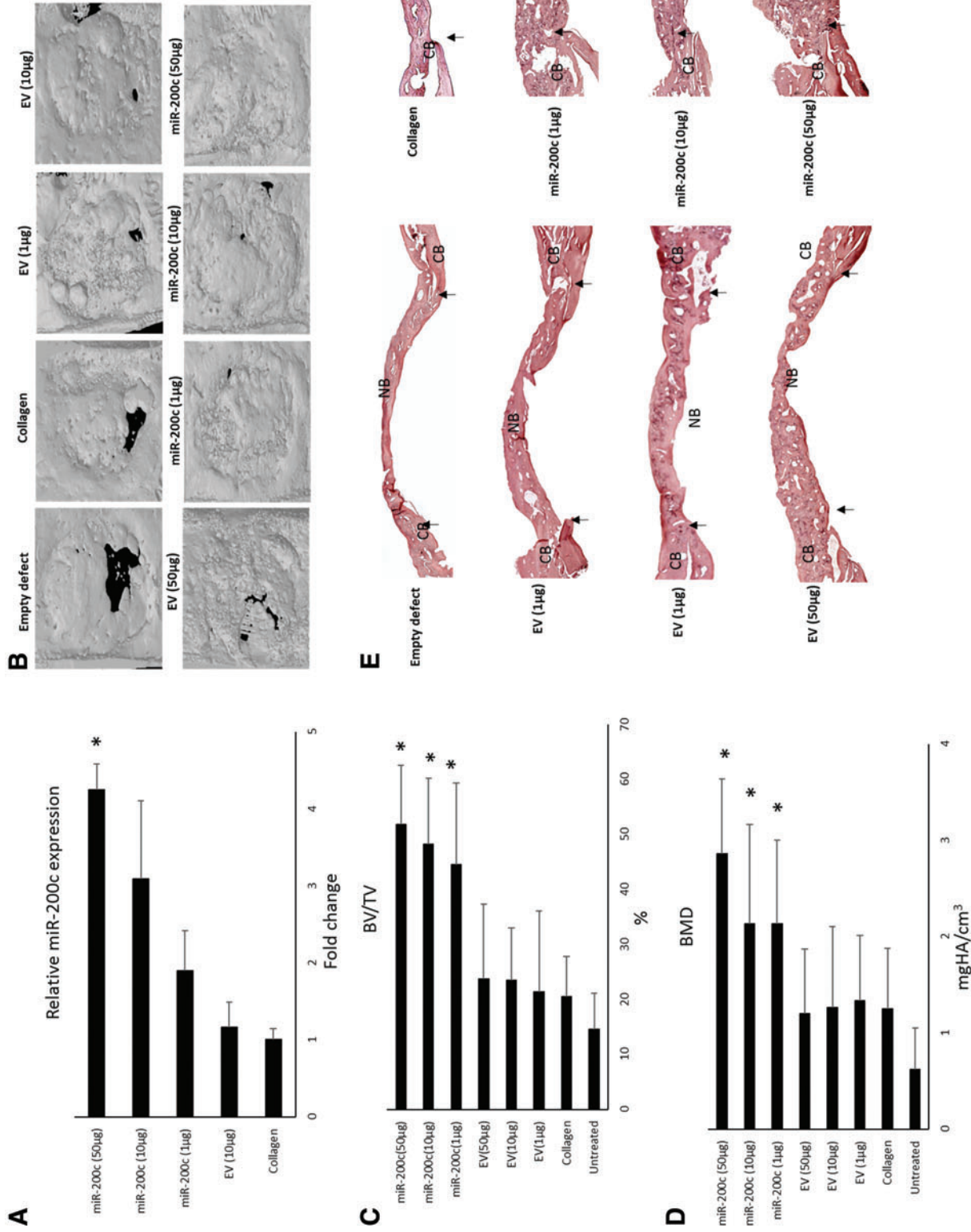
#### ***miR-200c* induces bone regeneration in critical size defects of rat calvaria**

We used rat calvarial defects at 10 mm in diameter to test the bone regenerative potential of pDNA encoding *miR-200c* (Fig. 5A). After 6 weeks of implantation with collagen type I sponge of 10 mm in diameter and 2 mm thickness incorporated 10 μg pDNA *miR-200c*, limited bone formation was observed in the EV-loaded collagen group as seen by μCT, whereas nearly no bone formation was observed in defects without treatment. However, *miR-200c*-loaded collagen sponges induced newly formed bone tissue nearly covering the defects (Fig. 5B). Quantitatively, bone defects treated with *miR-200c* had ~27% increase in bone formation, whereas the empty defect group with a lower BV/TV only had a ~4% increase and the EV-loaded collagen groups had a ~13% increase (Fig. 5C).

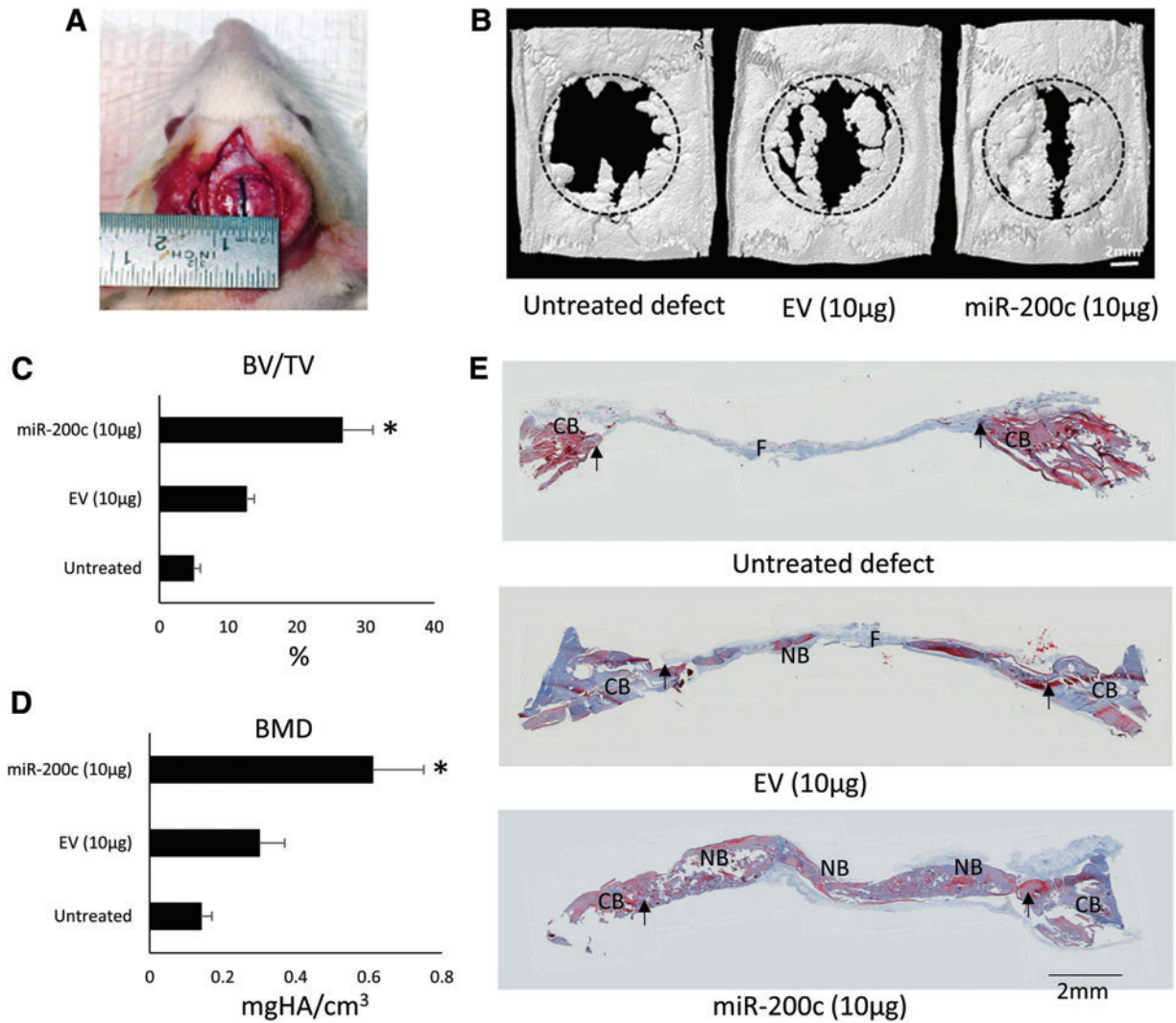


**FIG. 3.** *miR-200c* promotes osteogenic differentiation of hBMSCs *in vitro*. **(A)** Transcripts of *Runx2*, *ALP*, and *OCN* of hBMSCs with different transfection 4 and 7 days after exposure to osteogenic support medium. **(B, C)** Photographs of ALP staining and the quantitative measurement of ALP activity in hBMSCs pretransfected with pDNA *miR-200c* and its concentration in the supernatant of hBMSCs pretransfected with pDNA *miR-200c* after osteogenic differentiation. **(D, E)** Fold change of *Runx-2* and its concentration in the supernatant of the hBMSCs after osteogenic differentiation. **(F, G)** Fold change of *OCN* and its concentration in the supernatant of the hBMSCs after osteogenic differentiation. **(H, I)** Photographs of ARS and quantitative CPC extraction of ARS staining hBMSCs pretransfected with *miR-200c* after osteogenic differentiation. \*  $p < 0.05$  versus untreated, performed in triplicate. ARS, Alizarin red staining; CPC, cetylpyridinium chloride; mRNA, messenger RNA; OD, optical density. Color images are available online.





**FIG. 4.** pDNA encoding *miR-200c* promotes bone formation at rat CB defects. **(A)** Quantitative measurement of *miR-200c* expression level in the different implants after 1 week. \*  $p < 0.05$ ;  $n = 3$ . **(B)**  $\mu$ CT top view image of CB defect (5 mm in diameter) 4 weeks after receiving the implantation of collagen sponge loaded with different doses of pDNA *miR-200c* or controls. **(C, D)** Quantitative measurement of BV/TV and BMD in the rat CB defects. \*  $p < 0.05$  versus untreated;  $n = 8$ . **(E)** Microphotographs of histological cross section of the rat calvarial defects 4 weeks after different treatments. H&E staining; bar = 1 mm; arrows: the edges of defects; BMD, bone mineral density; CB, calvarial bone; H&E, hematoxylin and eosin; NB, new bone. Color images are available online.



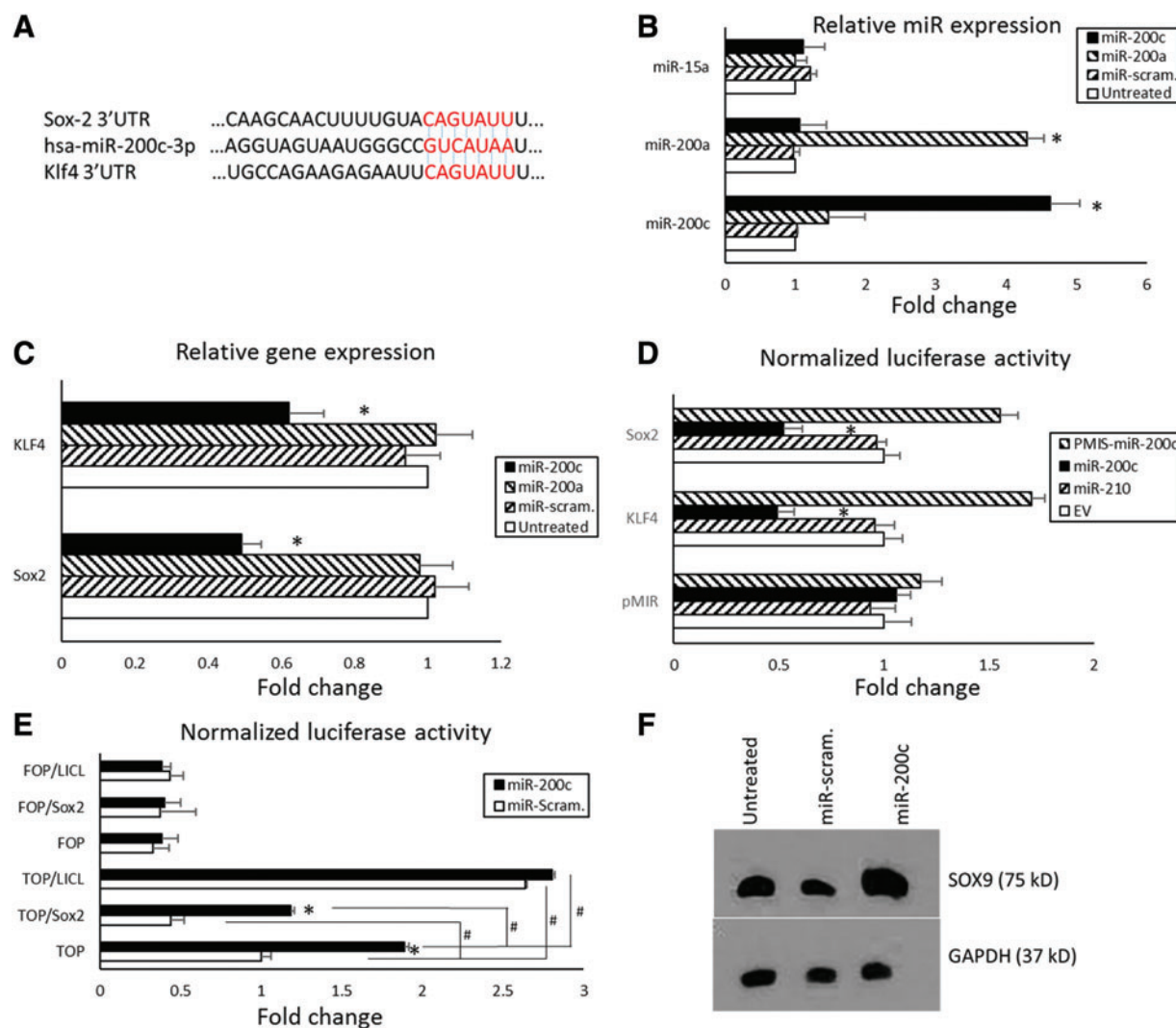
**FIG. 5.** pDNA *miR-200c* promotes bone regeneration in rat calvarial critical-size defect. **(A)** Surgical photograph of rat calvarial defects at 10 mm in diameter treated with pDNA *miR-200c*. **(B)**  $\mu$ CT top view image of critical-sized defect 6 weeks after receiving the implantation of collagen sponge loaded with different doses of pDNA *miR-200c*. **(C, D)** Quantitative measurement of BV/TV and BMD in the rat CB defects 6 weeks after receiving different treatments. \* $p < 0.05$ ;  $n = 3$ . **(E)** Microphotographs of histological cross section of the critical size defects of rat calvaria 6 weeks after different treatments. H&E staining, bar = 1 mm; arrow: the edges of defects. Color images are available online.

The BMD of defects treated with *miR-200c* also significantly increased (Fig. 5D). In histological sections, new bone formation was hardly observed in the defects without treatment. Although the EV-loaded collagen groups presented a connective tissue with minimal bone formation, the defects stayed open and filled with fibrous tissues. Interestingly, collagen sponge loaded with pDNA *miR-200c* demonstrated a significantly higher amount of newly formed bone in the defects than did those treated with EV and untreated controls (Fig. 5E).

#### ***miR-200c* regulates *Sox2*, *Klf4*, and associated Wnt activity**

miR target prediction indicates that *miR-200c* directly targets the 3'-UTR of *Sox2* and *Klf4*

(Fig. 6A). To further confirm it, primary hBMSCs cultured in six-well plates were treated overnight with pDNA encoding *miR-200c* (5  $\mu$ g/well), or the same amount of *miR-200a* or scrambled miRs. After 72 h, expression of *miR-200c* was approximately fivefold greater for hBMSCs treated with *miR-200c* than for the cells treated with pDNA encoding *miR-200a* and those with scrambled miRs (Fig. 6B). The transcripts of *Sox2* and *Klf4* were significantly reduced in the hBMSCs treated with *miR-200c* compared with the cells treated with *miR-200a* and those treated with scrambled miRs (Fig. 6C). We cloned the 3'-UTR sequence of *Sox2* and *Klf4* after the luciferase gene and measured luciferase activity with and without *miR-200c*. After treatment with *miR-200c*, the

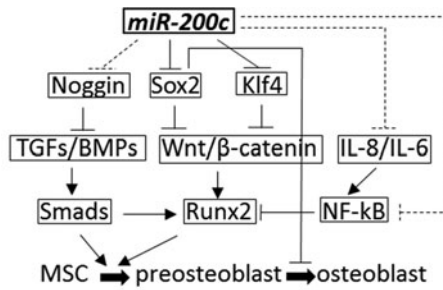


**FIG. 6.** *miR-200c* targets *Sox2* and *Klf4* and upregulates Wnt activity. **(A)** The sequence and *miR-200c* binding region located in the 3'-UTR of *Sox2* and *Klf4*. **(B)** Fold change of expression of *miR-200c*, *200a*, and *15a* in hBMSCs treated with pDNA *miR-200c*, *miR-200a*, or the same amount of scrambled miRs. **(C)** Fold change of *Sox2* and *Klf4* in hBMSCs treated with pDNA *miR-200c*, *miR-200a*, or the same amount of scrambled miRs. **(D)** Normalized luciferase activities of the 3'-UTR of *Sox2* and *Klf4*-luciferase reporters treated with EV, *miR-210*, *miR-200c*, and *PMIS-miR-200c*. \* $p < 0.05$  versus untreated; performed in triplicate. **(E)** TOP/FOPflash luciferase activity of HEPM cells with overexpression of *miR-200c* and scrambled miRs with or without *Sox2*. \* $p < 0.05$  versus scrambled miR; # $p < 0.05$ ; performed in triplicate. **(F)** A Western blot analysis of *Sox9* in untreated HEPM cells and the cells with *miR-200c* overexpression and scrambled miRs. GAPDH, glyceraldehyde 3-phosphate dehydrogenase; HEPM, human embryonic palatal mesenchyme; *Klf4*, Kruppel-like factor 4; *Sox2*, SRY (sex determining region Y)-box 2; UTR, untranslated region. Color images are available online.

normalized luciferase activity of the luciferase reporter with 3'-UTR of *Sox2* and *Klf4* was significantly lower, whereas EV and the *miR-210* (a negative control) have no effects on 3'-UTR of *Sox2* and *Klf4* (Fig. 6D). Inhibiting *miR-200c* using *PMIS-miR-200c* effectively inhibited endogenous *miR-200c* and increased the luciferase activity of *Sox2* and *Klf4* reporter constructs. There is no effectiveness of *miR-200c* treatment in luciferase activity when using the parental vector with no 3'-UTR after the luciferase gene. In addition, we used the TOP/FOPflash analysis to in-

vestigate the effect of *miR-200c* and *Sox2* on Wnt activity. Under the stimulation of LiCl as a positive control (a known inhibitor of GSK3), TOP (Wnt signaling) was activated in both HEPM with *miR-200c* and scrambled miRs. However, LiCl had no function on FOPflash, a negative control. Cells with the overexpression of *miR-200c* had significantly higher TOPflash activation than did the cells with scrambled miRs. Although overexpression of *Sox2* reduced TOPflash activation in both cells with *miR-200c* overexpression and those with scrambled miRs (Fig. 6E), the TOP activation in HEPM with





**FIG. 7.** A graphic summary of the multiple roles of *miR-200c* in bone formation by mediating Wnt signaling through targeting *Sox2* and *Klf4*. BMPs, bone morphogenetic proteins; IL, interleukin; MSC, mesenchymal stromal cell; NF- $\kappa$ B, nuclear factor-kappa B; TGF, transforming growth factor.

*miR-200c* overexpression was higher than that of HEPM with scrambled miRs. This evidence strongly indicates that *miR-200c* potentially upregulates Wnt activity repressed by *Sox2*. Figure 6F shows the protein level of *Sox9* in HEPM cells with overexpression of *miR-200c* compared with controls. The Western blot band intensity of *Sox9* in the HEPM cells with *miR-200c* overexpression was higher than in control cells, which further demonstrated that the Wnt/ $\beta$ -Catenin signaling was upregulated after *miR-200c* overexpression in the HEPM cells. Figure 7 shows the potential signal pathways in *miR-200c* regulation on osteogenic differentiation and bone formation.

## DISCUSSION

Our previous studies have reported that *miR-200c* enhanced osteogenic differentiation and mediated BMP signaling by targeting noggin.<sup>14,16</sup> In this study, we extended that line of research and revealed that pDNA encoding *miR-200c* can be transfected into hBMSCs *in vitro* and calvarial defects in a rat model, and doing so effectively improved osteogenic differentiation of hBMSCs and enhanced bone formation *in vivo*. The pDNA encoding *miR-200c* loaded in collagen sponges effectively promoted bone regeneration in the critical-sized defects of the rats. We have also demonstrated that *miR-200c* downregulated mRNAs of *Klf4* and *Sox2* by directly targeting their 3'-UTRs. *miR-200c* potentially upregulated the activity of Wnt signaling inhibited by *Sox2*. *miR-200c* effectively promoted *Sox9*, a readout of Wnt signal pathway. These data strongly indicate that *miR-200c* may potentially serve as an osteoinductive factor to promote bone healing and regeneration for clinical therapeutic purposes.

Although we previously revealed that *miR-200c* enhanced osteogenic differentiation of hBMSCs *in vitro* and *miR-200c* targeted noggin to effect BMP signaling, its roles in osteogenesis and potentially underlying mechanism(s) were not completely known. Also the potential of *miR-200c* to regenerate bone tissue *in vivo* had not been tested. In this study, we first extended our previous studies to investigate the potential roles of *miR-200c* in osteogenic differentiation of hBMSCs and craniofacial development of mice. We observed that *miR-200c* is upregulated at the early stage of osteogenic differentiation in hBMSCs, and repression of *miR-200c* using *miR-200c* inhibitor resulted in the downregulation of osteogenic biomarkers in hBMSCs. Furthermore, in a mouse model with *miR-200c* inhibition, we observed that it had an underdeveloped craniofacial bone with lower BV and BMD than did wild-type mice. These data strongly indicate that *miR-200c* plays important roles in osteogenic differentiation and craniofacial bone development. We further detected that *miR-200c* downregulated the expression of *Klf4* and *Sox2* in hBMSCs and our reporter gene analysis revealed that *miR-200c* effectively targeted 3'-UTR of *Klf4* and *Sox2*, which is consistent with the predicted targets using the miR target prediction software (TargetsScan 7.0; miRbase). *Sox2* and *Klf4* are transcription factors that regulate stem cell proliferation and differentiation; however, both of them are involved the maintenance of the stemness in these stem cells and work to inhibit differentiation. Although they are required for the multiple differentiation capacities of stem cells, inhibition of *Sox2* and *Klf4* has been demonstrated to improve differentiation capabilities.<sup>27–32</sup> Besides targeting noggin in BMP signaling, these findings also identify additional underlying mechanism(s) of the function of *miR-200c* in osteogenic differentiation and craniofacial bone development. In addition, our Wnt activity studies demonstrated that *Sox2* effectively downregulated Wnt activity, which is consistent to previous studies.<sup>27</sup> It has been well documented that Wnt signaling plays a critical role in osteogenesis and bone formation.<sup>29,30,33</sup> Inhibition of Wnt activity effectively repressed osteogenic differentiation and bone formation, whereas the activation of Wnt signaling pathways can accelerate bone regeneration. Many miRs have been reported to regulate Wnt signaling in osteogenic differentiation.<sup>34–37</sup> In this study, we demonstrated that *Sox2* inhibited Wnt activity and *miR-200c* could effectively increase the Wnt activity inhibited by *Sox2*. Therefore, the

inhibition of *Sox2* and *Klf4* targeted by *miR-200c* can potentially improve osteogenic differentiation and bone development. In addition, noggin is an antagonist in BMP signaling and plays inhibitory roles in Wnt signaling.<sup>38</sup> *miR-200c* may also upregulate Wnt signaling indirectly by targeting noggin. Taken together, by directly targeting *noggin*, *Sox2*, *Klf4*, and a number of proinflammatory cytokines, *miR-200c* effectively improves the activities of BMP and Wnt signaling to promote osteogenic differentiation and bone regeneration (Fig. 7).

Our previous studies have demonstrated that overexpression of *miR-200c* induced by pDNA encoding *miR-200c* delivered using polyethylenimine (PEI) nanoparticles promoted osteogenic differentiation of hBMSCs. In this study, we further demonstrated that naked pDNA encoding *miR-200c* also exhibited strong capabilities to enhance osteogenic differentiation of hBMSCs. The transfection efficiency of *miR-200c* was dose dependent and we determined that limited or no toxicity of pDNA transfection was observed even at a higher concentration of pDNA. However, because the plasmids do not contain the green fluorescent protein, we could not visually measure the transfection efficiency of the plasmid encoding *miR-200c* in this study. Although the transfection of pDNA reduced the proliferation of hBMSCs, the proliferation rate in the cells with *miR-200c* overexpression was higher than in the cells with EV. *miR-200c* was reported to reduce the proliferation in many types of cancer cells. Although the mechanism(s) that *miR-200c* uses to increase hBMSC proliferation is not clear, it may be due to the initial differentiation of hBMSCs induced by *miR-200c*. Although the transfection efficiency induced by naked pDNA *miR-200c* is lower than that delivered using PEI in our previous studies,<sup>16</sup> *miR-200c* significantly increased the biomarkers of osteogenic differentiation in hBMSCs *in vitro* and promoted bone formation in rat calvarial defects *in vivo*. In addition, no dose-dependent enhancement of osteogenic differentiation and bone formation was observed in the study, which indicated that the osteogenic potential induced by pDNA encoding *miR-200c* was sufficient to significantly improve bone formation. Also, the newly formed bone structure was similar to the natural bone, and no overgrowth of bone formation was observed. In the critical-sized defects, we also observed that naked pDNA encoding *miR-200c* significantly improved bone regeneration. These data indicated that *miR-200c* at a

relatively low transfection efficiency has a strong capability to promote bone regeneration, and naked pDNA encoding *miR-200c* may be safely applied in the clinical applications of bone healing and regeneration. To achieve this long-term goal, the underlying mechanism(s) of *miR-200c* and its potential off-target effects need to be further investigated to ensure the safety of *miR-200c* applications. Also, a safe and efficient delivery system is needed to reduce the dose and postpone the release of pDNA encoding *miR-200c*, which may further promote the efficiency of bone regeneration induced by *miR-200c*.

## CONCLUSION

Our findings in this study strongly indicated that *miR-200c* has an important role in osteogenic differentiation and craniofacial bone development. Overexpression of *miR-200c* using naked pDNA as vectors can efficiently promote osteogenic differentiation and bone regeneration *in vitro* and *in vivo*, which indicates that pDNA encoding *miR-200c* may serve as an effective gene therapy tool for human clinical application of bone healing and regeneration. In addition, the mechanism(s) of osteogenesis induced by *miR-200c* is targeting *Sox2* and *Klf4* and upregulating Wnt signal.

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## AUTHORS' CONTRIBUTIONS

B.A.A. and L.H. designed the research; A.A., S.E., M.E.S., M.R.B., M.Z., and L.H. performed the research; A.A., F.Q., and L.H. analyzed and interpreted the data; and A.A. and L.H. wrote the article.

## AUTHOR DISCLOSURE

L.H. and B.A.A. have filed the U.S. patent for *miR-200c*-based bone regeneration. B.A.A. is the founder of the NaturemiRI Company.



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