

Prevalence and Clinical Significance of Antineutrophil Cytoplasmic Antibodies in North American Patients With Idiopathic Pulmonary Fibrosis



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BACKGROUND: Antineutrophil cytoplasmic antibodies (ANCA) have been reported to occur in 7% to 10% of patients with idiopathic pulmonary fibrosis (IPF), but their clinical relevance remains unclear. The aim of this study was to estimate the prevalence of ANCA in a North American population with IPF and evaluate their clinical significance.

METHODS: This was a retrospective study of two independent cohorts of patients diagnosed with IPF at the University of California San Francisco (discovery cohort) and the University of Chicago (replication cohort). Myeloperoxidase (MPO) and proteinase 3 (PR3) ANCA were measured in all patients. Prevalence and associations of ANCA with clinical characteristics and transplant-free survival were evaluated.

RESULTS: A total of 14 of 353 (4.0%; 95% CI, 2.2-6.5) and 20 of 392 (5.1%; 95% CI, 3.1-7.8) patients with IPF were positive for ANCA at the time of diagnosis in the discovery and replication cohorts, respectively. Among those positive for MPO antibodies, two of six (33%) in the discovery cohort and three of 12 (25%) in the replication cohort developed vasculitis. None of the patients who were PR3-positive developed vasculitis. Patients who were ANCA-positive were more likely to be women than patients who were ANCA-negative, and were more likely to have some ground-glass opacities on CT scan. In the combined cohort of 745 patients, median transplant-free survival was not significantly different in patients who were ANCA-positive vs ANCA-negative ($P = .57$).

CONCLUSIONS: ANCA positivity is uncommon in North American patients with IPF and not associated with baseline disease severity or transplant-free survival; however, a significant proportion of patients who are MPO-positive with IPF develop clinical vasculitis.

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KEY WORDS: antibodies; antineutrophil cytoplasmic; idiopathic pulmonary fibrosis; interstitial lung disease; interstitial pneumonia with autoimmune features; vasculitis

ABBREVIATIONS: ANCA = antineutrophil cytoplasmic antibody; CTD = connective tissue disease; ILD = interstitial lung disease; IPAF = interstitial pneumonia with autoimmune features; IPF = idiopathic pulmonary fibrosis; MPA = microscopic polyangiitis; MPO = myeloperoxidase; PR3 = proteinase 3; UC = University of Chicago; UCSF = University of California San Francisco; UIP = usual interstitial pneumonia

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As more is understood about the differences in treatment response and outcomes between idiopathic pulmonary fibrosis (IPF), interstitial pneumonia with autoimmune features (IPAF), and connective tissue disease (CTD)-associated interstitial lung disease (ILD), there is an increasing need to understand the significance of various autoantibodies in patients with ILD. The proposal of the term interstitial pneumonia with autoimmune features by the European Respiratory Society/American Thoracic Society task force,¹ along with specific criteria to define it, has enabled the study of patients with idiopathic interstitial pneumonia and features suggestive of, but not diagnostic for, CTD. However, IPAF criteria does not include antineutrophil cytoplasmic antibodies (ANCA) in its serologic domain and does not include typical features of vasculitis in its clinical domain. Similar to ongoing research into whether a designation of IPAF has prognostic significance, it is important to study whether ANCA positivity in patients with IPF has prognostic significance.

Although ANCA are most often associated with systemic vasculitides rather than CTD, ILD is reported to be a manifestation of ANCA-associated vasculitides, particularly microscopic polyangiitis (MPA).² Despite this finding, testing for ANCA, specifically myeloperoxidase (MPO) and proteinase 3 (PR3) antibodies, is not part of the current major society recommendations for serologic evaluation in patients with suspected IPF, CTD-associated ILD, or IPAF.^{1,3-5}

Autoantibodies are found in up to 22% of patients with IPF.⁶ ANCA are estimated to be present in 7% to

10% of patients with IPF without other symptoms of systemic vasculitis at the time of IPF diagnosis and are estimated to develop in another 10% of patients during follow-up.⁷⁻⁹ This is significantly higher than the prevalence noted in a study of an unselected Greek population of > 10,000 persons with a mean age of 60 years, which found the total prevalence of either MPO or PR3 antibodies to be 1.35%.¹⁰ After exclusion of persons diagnosed with small-vessel vasculitis, the prevalence was only 0.37%, suggesting that false-positives for MPO and PR3 antibodies are uncommon.¹⁰

Several small single-center studies have examined the clinical significance of MPO and PR3 antibodies with inconsistent findings in how these patients may differ from patients with ANCA-negative IPF with respect to clinical, radiographic, or pathologic findings.^{7-9,11,12} Differences in survival between patients with ANCA-positive and ANCA-negative IPF have also been inconsistent across studies to date.^{7-9,12}

Almost all of the studies exploring the prevalence and significance of ANCA in IPF have occurred in Japanese populations, where MPO antibodies and MPA are more common in the general population.² This is notable because MPA is the vasculitis mostly commonly associated with ILD. The clinical significance of ANCA in North American patients with IPF remains unclear. Therefore, we aimed to estimate the prevalence of ANCA in two North American populations diagnosed with IPF and explore any associated differences in survival and clinical, radiographic, and pathologic features between patients with ANCA-positive and ANCA-negative IPF.

Methods

Study Population

This was a retrospective cohort study of consecutive patients diagnosed with IPF prospectively enrolled in longitudinal registries and biorepositories at the University of California San Francisco (UCSF) (discovery cohort) and the University of Chicago (UC) (replication cohort). All new patients evaluated at the UCSF ILD clinic from 2002 to 2017 and UC ILD clinic from 2006 to 2017 were invited to enroll in these ongoing registries. To be included in this study, patients were required to have a diagnosis of IPF, determined by in-person multidisciplinary discussion using clinical data available at the time, including demographics, exposures, laboratory values, radiographic and pathologic findings, and supported by clinical guidelines.^{3,4} Included patients at UCSF were also required to have at least 50 μ L of stored serum (stored at -80°C) obtained at diagnosis. All included patients from UC had ANCA testing as part of their ILD clinic evaluation. This study was conducted in accordance with the amended Declaration of Helsinki and was

approved by the UCSF committee on human research (10-01592) and UC institutional review board (14163-A). All patients provided written informed consent at the time of enrollment.

Data Collection

Baseline clinical information, including demographics, pulmonary function tests, radiologic and histopathologic studies, and blood samples, was collected at the time of enrollment. The date of death was recorded clinically and confirmed using the US Social Security Death Index at 6-month intervals. Lung transplants and date of lung transplants were also recorded clinically and cross-referenced with transplant records. For patients found to have ANCA, a more in-depth, retrospective chart review was performed using a standardized data collection form for the following information: any diagnosis of vasculitis, presence of other autoantibodies, descriptions of lung pathology, and treatments.

ANCA are not routinely measured at the UCSF ILD practice in the diagnostic evaluation of patients with suspected IPF; therefore, MPO

and PR3 ANCA were systematically measured from stored serum samples on all included UCSF patients using a clinical-grade enzyme-linked immunosorbent assay performed by a Clinical Laboratory Improvement Amendments-certified laboratory (Exsera BioLabs). At UC, ANCA are included in the ILD autoimmunity serology panel; therefore, nearly all patients seen in the ILD clinic have ANCA tested at the time of their initial evaluation. This is initially performed by immunofluorescence and, if positive (titer ≥ 20), serum is subsequently tested by enzyme-linked immunosorbent assay for MPO and PR3 antibodies. MPO and PR3 antibodies were considered positive at a titer of ≥ 20 International Units/ μL in the discovery cohort and ≥ 1.0 antibody index in the replication cohort.

For the patients in the discovery cohort, chest CT scans obtained at the time closest to enrollment were scored by a chest radiologist (B. M. E.) using a standardized data collection form for specific features relevant to ILD and classified as definitive, possible, or inconsistent with usual interstitial pneumonia (UIP) based on 2011 IPF guidelines.⁴ Individual features (eg, reticulation) were scored for their extent/severity using a semi-quantitative scale as follows: none, mild ($< 10\%$ of lung involvement), moderate (10% - 50% lung involvement), and severe ($> 50\%$ lung involvement). For patients

in the discovery cohort who had surgical lung biopsies, a lung pathologist (K. D. J.) scored the specimens for specific features and provided histopathologic classification using a standardized data collection form. The radiologist and pathologist were blinded to ANCA status. Standardized CT scan and pathology scores were not available for the replication cohort.

Statistical Analysis

The proportion of patients with MPO, PR3, or either antibody was reported along with 95% binomial CIs. Given the low prevalence of either ANCA, all subsequent associations were analyzed by categorizing patients as positive or negative for either MPO or PR3 antibodies (ie, ANCA-positive vs ANCA-negative). Clinical and radiographic characteristics were compared between patients who were ANCA-positive and ANCA-negative using the Fisher exact test or t test as appropriate. Transplant-free survival between the two groups was visualized using Kaplan-Meier survival plots and compared using the log-rank test and Cox proportional hazards models (stratified by cohort), both unadjusted and adjusted for other baseline variables commonly associated with survival in IPF; these included age, sex, FVC % predicted, and diffusing capacity of the lung for carbon monoxide % predicted.

Results

Clinical Characteristics

Among 353 patients with IPF in the discovery cohort, 14 (4.0%, 95% CI, 2.2-6.5) were found to have ANCA present at the time of study enrollment. Of the patients with ANCA, eight of 14 (57%) had PR3 antibodies and six of 14 (43%) had MPO antibodies. The proportion of patients with positive ANCA was similar in the replication cohort (20 of 392 [5.1%]; 95% CI, 3.1-7.8). Of these, two of 20 (10%) had PR3 antibodies, 12 of 20 (60%) had MPO antibodies, and six of 20 (30%) had nonspecific ANCA positivity (positive by immunofluorescence, but subsequent PR3 and MPO antibody testing negative). The comparison of clinical characteristics between patients with ANCA-positive and ANCA-negative IPF is summarized in [Table 1](#). Compared with patients with ANCA-negative IPF, patients with ANCA-positive IPF were more likely to be women in both cohorts (discovery cohort: 47.1% vs 22.9%, $P = .09$; replication cohort: 50.0% vs 25.0%, $P = .01$). There was also a trend in the combined cohort toward there being more nonwhite patients in the ANCA-positive group than the ANCA-negative group. There were no differences in severity of lung disease at enrollment, as measured by baseline pulmonary function tests. Six of the 14 patients with ANCA-positive IPF in the discovery cohort, and all of the patients with ANCA-positive IPF in the replication cohort, had positive titers of other antibodies ([Table 2](#)).

Radiologic Features

Radiographic UIP classification and specific chest CT scan findings are compared between patients with ANCA-positive and ANCA-negative IPF from the discovery cohort in [Table 3](#). Compared with patients with ANCA-negative IPF, patients with ANCA-positive IPF were significantly more likely to have ground-glass opacities (33.3% vs 9.3%, $P = .02$) and moderate or severe (vs mild or absent) honeycombing (33.3% vs 10.5%, $P = .04$). There were no significant differences in 2011 UIP classification, distribution of fibrosis, or in the presence vs absence of honeycombing, traction bronchiectasis, consolidation, nodules, or small airways disease. CT scans were not available for scoring using the same methods in the replication cohort.

Histopathologic Features

Eight patients with ANCA-positive IPF in the discovery cohort had lung biopsies, five of which were formally scored using a standardized data collection form. Ten patients with ANCA-positive IPF in the replication cohort had lung biopsies, and results were obtained from chart review and were not formally scored. Given the limited number of patients with lung biopsies, there were no statistical comparisons made between patients with ANCA-positive and ANCA-negative IPF. Summary of pathologic findings for patients with ANCA-positive IPF are included in [Table 2](#). None of these patients had evidence of capillaritis or vasculitis on pathology.

TABLE 1] Clinical Characteristics of Patients With Idiopathic Pulmonary Fibrosis Who Are Positive vs Negative for Antineutrophil Cytoplasmic Antibodies

Characteristic	Combined			Discovery			Replication		
	ANCA-Negative (n = 711)	ANCA-Positive (n = 34)	P Value	ANCA-Negative (n = 339)	ANCA-Positive (n = 14)	P Value	ANCA-Negative (n = 372)	ANCA-Positive (n = 20)	P Value
Age (y)	70.3 ± 8.3	67.9 ± 8.9	.09	70.6 ± 8.6	66.6 ± 7.8	.09	70.1 ± 8.0	68.8 ± 9.6	.48
Female	163 (22.9)	16 (47.1)	.001	70 (20.6)	6 (42.9)	.09	93 (25.0)	10 (50.0)	.01
Race/ethnicity			.06			.21			.05
White	590 (83.0)	24 (70.6)		272 (80.2)	10 (71.4)		318 (85.5)	14 (70.0)	
Asian or Pacific Islander	36 (5.1)	1 (2.9)		27 (8.0)	0 (0.0)		9 (2.4)	1 (5.0)	
Black	23 (3.2)	4 (11.8)		3 (0.9)	0 (0.0)		20 (5.4)	4 (20.0)	
Hispanic or Latino	53 (7.5)	4 (11.8)		28 (8.3)	3 (21.4)		25 (6.7)	1 (5.0)	
Other or unknown	9 (1.3)	1 (2.9)		9 (2.7)	1 (7.1)				
FVC % predicted	67.4 ± 18.1	66.3 ± 20.7	.72	69.8 ± 18.1	70.5 ± 17.9	.88	65.3 ± 17.9	63.3 ± 22.4	.63
Dlco % predicted	48.4 ± 17.5	50.4 ± 22.2	.54	47.4 ± 16.7	53.0 ± 26.2	.25	49.4 ± 18.2	48.6 ± 19.3	.86
Ever smoker ^a	504 (70.9)	26 (76.5)	.48	236 (69.6)	12 (85.7)	.20	268 (72.0)	14 (70.0)	.84

Data are presented as No. of patients (% total), mean ± SD, or as otherwise indicated. ANCA = antineutrophil cytoplasmic antibody; Dlco = diffusing capacity of lung for carbon monoxide.
^aEver smoker (current or former) vs never smoker.

Treatment and Outcomes

After a median follow-up time of 18.3 months by chart review, two of the six patients (33%) with MPO antibodies in the discovery cohort developed a clinical diagnosis of MPA, both at least 1 year after their diagnosis of IPF (Table 2). In the replication cohort, three of 12 patients (25%) with MPO antibodies subsequently developed clinical vasculitis (one developed MPA and two developed nonspecific ANCA-associated vasculitis) after a median follow-up of 10.5 months. Additionally, all patients who developed vasculitis in both the discovery and replication cohorts were women. The clinical manifestations of vasculitis seen in these patients were renal disease (three of five patients), mononeuritis multiplex (two of five patients), purpura (one of five patients), sinusitis (one of five patients), and inflammatory arthritis (one of five patients). None of the patients with PR3 or nonspecific ANCAs developed vasculitis during the follow-up period.

As outlined in Table 2, the choice of pharmacologic treatment in the discovery cohort appears to be based largely on time of study enrollment. The three patients with ANCA-positive IPF enrolled before 2012, when the results of the Prednisone, Azathioprine, and N-Acetylcysteine for Pulmonary Fibrosis trial had been published, were all recommended azathioprine, and most patients enrolled after this time were recommended antifibrotic agents alone.¹³ In the replication cohort, 15 of the 20 patients with ANCA-positive IPF received immunosuppressive medications, either with or without antifibrotic agents. Of the 15 patients who received immunosuppression, two were treated prior to the results of the Prednisone, Azathioprine, and N-Acetylcysteine for Pulmonary Fibrosis trial, eight were treated prior to multidisciplinary team diagnosis of IPF, two were treated because of concern for autoimmune features despite no CTD or vasculitis diagnosis, and three were treated after diagnosis of vasculitis.

Including combined data from both cohorts, median transplant-free survival was 5.0 years (95% CI, 3.8-infinite) for patients with ANCA-positive IPF vs 4.9 years (95% CI, 3.8-5.6) for patients with ANCA-negative IPF (log-rank $P = .57$) (Fig 1). There was no significant difference in survival after controlling for age, sex, and baseline pulmonary function (hazard ratio, 0.84; 95% CI, 0.39-1.80; $P = .65$).

Discussion

This study demonstrates that a small percentage of North American patients with IPF are positive for

TABLE 2] Clinical Characteristics, Treatment, and Outcomes of Patients With Antineutrophil Cytoplasmic Antibody-Positive Idiopathic Pulmonary Fibrosis

Identification/ Cohort	Age (years)/ Sex	ANCA Type	Vasculitis Diagnosis	Other Autoantibodies, Titers	Lung Biopsy Results	Outcome	Treatment	Months of Database Follow-Up	Months of Chart Follow-Up
1/D	72/F	PR3	No	^a	Emphysema, some areas of fibroblast foci, lung fibrosis with architectural distortion and subpleural accentuation. Nonclassifiable fibrosing interstitial pneumonitis.	Deceased	AZA	25	0
2/D	73/F	MPO	No	^a	UIP	Deceased	AZA	59	0
3/D	54/F	MPO	MPA	ANA 1:160, RF 157	^a	Deceased	Steroids, AZA, CYC, MMF, RTX	101	102
4/D	65/M	PR3	No	None	Moderate to severe fibrosis with subpleural and bronchiolocentric accentuation, fibroblast foci, and patchy airway-centered fibrosis. No well-developed microscopic honeycombing.	Transplant	Pirfenidone, nintedanib	60	73
5/D	63/F	MPO	MPA	ANA 1:160	^a	Alive	Steroids, RTX, NAC	48	27
6/D	67/M	MPO	No	ANA 1:40	^a	Alive	^a	42	0.0
7/D	65/F	MPO	No	None	^a	Alive	Nintedanib	36	46
8/D	67/M	MPO	No	ANA 1:640, RF 351	^a	Alive	Nintedanib	25	34
9/D	59/M	PR3	No	ANA 1:160, anti-dsDNA, anti-CCP	UIP	Alive	^a	16	0
10/D	55/F	PR3	No	^a	UIP	Alive	Pirfenidone	12	18
11/D	84/M	PR3	No	ANA 1:40	^a	Alive	Nintedanib	14	20
12/D	65/M	PR3	No	None	Emphysema, insufficient material	Alive	Pirfenidone, nintedanib	11	18
13/D	76/M	PR3	No	None	UIP, scattered lymphoid aggregates with occasional germinal centers noted in the fibrotic regions. Pulmonary arteries show mild to moderate thickening.	Alive	Pirfenidone, nintedanib	11	7
14/D	67/M	PR3	No	None	^a	Alive	Nintedanib	5	11
15/R	84/M	NS	No	SSA	^a	Alive	None	4	7
16/R	53/M	NS	No	ANA 1:160	Extensive OP, superimposed on UIP	Alive	Steroids, AZA	8	7
17/R	65/M	PR3	No	ANA 1:160	UIP, emphysema, moderate to severe pulmonary hypertension	Alive	Nintedanib, pirfenidone	26	32

(Continued)

TABLE 2] (Continued)

Identification/ Cohort	Age (years)/ Sex	ANCA Type	Vasculitis Diagnosis	Other Autoantibodies, Titers	Lung Biopsy Results	Outcome	Treatment	Months of Database Follow-Up	Months of Chart Follow-Up
18/R	75/F	MPO	No	ANA 1:320, anti-CCP	^a	Alive	Steroids, nintedanib	14	16
19/R	72/M	MPO	No	RF 166, Scl70	UIP, centrilobular emphysema, scattered regions of dendriform calcifications	Alive	Steroids, MMF, pirfenidone	0	15
20/R	82/F	MPO	No	RF 37, SSA, SSB, anti-Ku	^a	Alive	Steroids, MMF, pirfenidone	3	2
21/R	46/F	MPO	no	ANA 1:160, RF 62	UIP with poorly formed granulomas consistent with chronic hypersensitivity pneumonitis, secondary pulmonary hypertension	Alive	Steroids, AZA, RTX, CYC	26	22
22/R	67/F	MPO	MPA	ANA 1:160	UIP	Alive	Steroids, AZA, MMF, RTX	0	4
23/R	61/F	MPO	AAV	ANA 1:320	UIP, NSIP in less involved areas, rare multinucleated giant cells	Alive	Steroids, AZA, MMF	60	66
24/R	71/M	NS	No	ANA 1:40	^a	Alive	Steroids	2	12
25/R	69/M	MPO	No	ANA 1:1,280, RF 78	UIP, lymphoid follicles with germinal centers. Focal giant cells without granulomas	Transplant	None	24	31
26/R	70/M	NS	No	ANA 1:160	^a	Alive	Steroids, pirfenidone	1	2
27/R	74/M	NS	No	ANA 1:2,560	UIP, few nonnecrotizing granulomas consistent with chronic hypersensitivity pneumonitis	Alive	Steroids, MMF	11	15
28/R	62/F	MPO	No	ANA 1:640	UIP with extensive OP	Deceased	Steroids	3	2
29/R	76/F	MPO	No	ANA 1:80, RF, SSA	^a	Alive	Steroids, AZA	72	0
30/R	55/F	NS	No	ANA 1:160	^a	Alive	Steroids, AZA	29	48
31/R	77/F	PR3	No	ANA 1:320	UIP	Alive	None	80	85
32/R	77/M	MPO	No	RF 23	^a	Deceased	None	8	0
33/R	71/M	MPO	No	ANA 1:160	^a	Deceased	Steroids	5	5
34/R	68/F	MPO	AAV	RF 20	^a	Deceased	Steroids, CYC	45	9

AAV = ANCA-associated vasculitis; ANA = antinuclear antibody; Anti-CCP = anti-cyclic citrullinated peptide antibody; Anti-dsDNA = anti-double stranded DNA antibody; AZA, azathioprine; CYC = cyclophosphamide; D = discovery cohort; F = female; M = male; MMF = mycophenolate mofetil; Months of chart follow-up = time from study enrollment to most recent clinical documentation for review in the patient's electronic medical record; Months of database follow-up = time since study enrollment to most recent vital status check; MPA = microscopic polyangiitis; MPO = myeloperoxidase; NAC = N-acetylcysteine; NS = nonspecific ANCA; NSIP = nonspecific interstitial pneumonia; OP = organizing pneumonia; PR3 = proteinase 3 antibody; R = replication cohort; RF = rheumatoid factor; RTX = rituximab; SSA = anti-Ro; SSB = anti-La; Treatment = medication recommended by consulting pulmonologist or medication that patient was recorded as taking; UIP = usual interstitial pneumonia. See Table 1 legend for expansion of other abbreviation.

^aNo data available.

TABLE 3] Chest CT Scan Findings of Patients With Antineutrophil Cytoplasmic Antibody-Positive vs Antineutrophil Cytoplasmic Antibody-Negative Idiopathic Pulmonary Fibrosis in the Discovery Cohort

Feature	ANCA-Negative	ANCA-Positive	P Value
Total No. with CT scan scored	313	12	
UIP, definite or possible ^a	249 (79.6)	9 (75.0)	.72
Reticulation, moderate or severe ^b	249 (79.6)	8 (66.7)	.28
Traction bronchiectasis present	307 (98.1)	12 (100.0)	> .99
Moderate or severe ^b	195 (62.3)	4 (33.3)	.07
Honeycombing present	211 (67.4)	9 (75.0)	.76
Moderate or severe ^b	33 (10.5)	4 (33.3)	.04
Fibrosis, cranial-caudal distribution			.64
Diffuse	14 (4.5)	1 (8.3)	
Lower	288 (92.0)	11 (91.7)	
Middle or upper	11 (3.5)	0 (0.0)	
Fibrosis, axial distribution			> .99
Central	2 (0.6)	0 (0.0)	
Diffuse	23 (7.3)	1 (8.3)	
Peripheral	288 (92.0)	11 (91.7)	
Ground-glass opacity present	29 (9.3)	4 (33.3)	.02
Consolidation present	11 (3.5)	0 (0.0)	> .99
Nodules present	2 (0.6)	0 (0.0)	> .99
Small airways disease present	68 (97)	4/4 (100)	> .99

CT scans of the chest evaluated for UIP pattern and specific radiographic findings pertinent to interstitial lung disease. Values are No. (%) or as otherwise indicated. See Table 1 and 2 legends for expansion of abbreviations.

^aDefinite or possible UIP pattern vs inconsistent with UIP pattern.

^bModerate or severe vs mild or none.

ANCAs, but only a subset of patients with MPO antibodies appear to develop clinical vasculitis. It also provides further evidence that ANCA positivity is more common in patients with IPF compared with the general

population, but suggests that it may be less common in North American populations than previously reported in Japanese IPF populations. This difference appears to be largely because of differences in prevalence of MPO antibody positivity. In this study, 1.7% to 3.1% of patients with IPF were MPO-positive, whereas prior studies performed in Japan found that MPO positivity was seen in about 4% to 10% of patients with IPF.^{7,9,12,14} In contrast, the prevalence of PR3 positivity in the discovery cohort (2.3%) was similar to prior studies (2%-5%).^{8,9}

Clinically, patients with ANCA-positive IPF appear to be similar to patients with ANCA-negative IPF, except for a more even sex distribution in those who are ANCA-positive than those who are ANCA-negative. This mirrors the sex distribution in the ANCA-associated vasculidities where the percentage of men to women is also often equal or just slightly male predominant.^{15,16} However, this finding contrasts prior studies of patients with ANCA-positive IPF, which found low proportions of women, similar to patients with ANCA-negative IPF.^{7,8,11,12}

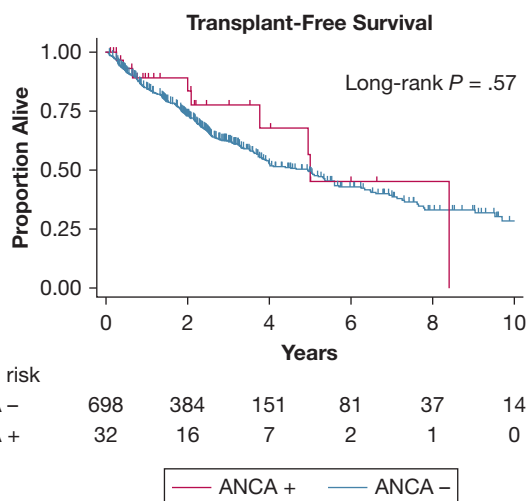


Figure 1 – Kaplan-Meier curve comparing transplant-free survival in patients with idiopathic pulmonary fibrosis that are positive vs negative for ANCA. ANCA = antineutrophil cytoplasmic antibody.

To date, there have been no consistent chest CT scan findings that distinguish patients with ANCA-positive IPF from patients with ANCA-negative IPF. Nozu et al¹⁷ and Foulon et al¹¹ found no significant difference in chest CT scan features between patients with ANCA-positive and ANCA-negative IPF. Ando et al⁷ found low attenuation areas (ie, mosaic perfusion) to be more common in patients with MPO-positive IPF; however, there were significantly more smokers in the MPO-positive IPF group. In this study, the most significant difference seen on chest CT scan of patients with ANCA-positive IPF was the increased prevalence of ground-glass opacities. This is consistent with the Hosoda et al findings¹² of increased attenuation around honeycombing and cysts in patients who were MPO-positive with UIP patterns on surgical lung biopsy. The increased ground glass or areas of increased attenuation may reflect increased inflammation in the lungs of the patients with ANCA-positive IPF because Hosoda et al¹² also found that patients who were MPO-positive had more prominent inflammatory cell infiltration and lymphoid follicles with germinal centers. We were unable to replicate these findings because of the low number of patients with ANCA-positive IPF with surgical lung biopsies.

Regarding outcomes of patients with ANCA-positive IPF, 25% to 33% of patients with MPO antibodies subsequently developed clinical manifestations of vasculitis. This is similar to prior studies of patients with MPO-positive IPF, which found that 16% to 26% of patients subsequently developed MPA; however, one study found a much higher percentage (83%).^{7,9,11,12} The most common clinical manifestations of vasculitis seen in the two cohorts were renal disease (three of five patients) and mononeuritis multiplex (two of five patients). This is consistent with prior studies of patients with vasculitis and pulmonary fibrosis, which found the most common extrapulmonary manifestations of vasculitis to be renal involvement (57%-74%), peripheral nervous system involvement (32%-89%), and fever (52%-63%).^{9,15,18} Interestingly, all patients in this study who developed clinical vasculitis were MPO-positive and women, whereas none of the patients who were PR3-positive or men developed vasculitis during follow-up. The lack of development of vasculitis in patients with PR3-positive pulmonary fibrosis is consistent with prior studies.^{8,9} None of the lung biopsies from the patients with ANCA-positive IPF showed any evidence of vasculitis at baseline.

This finding is consistent with almost all prior studies; however, one study did report evidence of vasculitis in the lung biopsies of five of 15 patients with MPO-positive IPF.^{2,7,12,14,19}

ILD is now recognized as a relatively common manifestation of MPA, seen in 2.7% to 45% of patients with MPA, with UIP pattern seen histologically in 45% to 100% of these patients.^{2,18,20,21} Additionally, pulmonary fibrosis is a morbid manifestation of MPA. One study found fourfold higher mortality in patients with MPA with ILD compared with those without ILD.²¹ Another study of patients with MPA with and without ILD found that respiratory failure was the cause of death in all patients with MPA and ILD, whereas none of the patients with MPA without ILD died during follow-up.¹⁸ However, in the context of a diagnosis of IPF, this study did not find a statistically significant difference in survival between patients who were ANCA-positive and ANCA-negative, which may be because of the high mortality of IPF.^{7,8,11,12}

This study has several key strengths compared with prior studies of ANCA positivity in IPF. To our knowledge, it is the first study to systematically estimate the prevalence of ANCA positivity in two independent North American populations of patients with IPF. It is also the largest study to date examining the clinical associations of ANCA positivity in patients with IPF. It is also notable that both cohorts had remarkably similar findings despite differences in the methods and blinding to ANCA testing. There are, however, notable limitations to this study. First, the radiographic associations found in the discovery cohort could not be replicated; therefore, these results are provisional. Second, the limited duration of clinical follow-up for patients with ANCA-positive IPF may have resulted in an underestimation of the risk of developing vasculitis. Third, the incidence of ANCA seroconversion during follow-up could not be determined because only baseline serum samples were evaluated.

These findings have important clinical implications. Given the low prevalence of PR3 antibody positivity in North American patients with IPF and the lack of any associated impact on survival or development of vasculitis, these results do not support the routine measurement of PR3 antibodies in patients with suspected IPF. In contrast, MPO positivity, although

uncommon in patients with IPF, when present, is associated with at least a 25% to 33% risk of developing clinical manifestations of vasculitis. Because the development of vasculitis has therapeutic implications

and may impact morbidity, measurement of MPO antibodies may be indicated in patients with suspected IPF, especially women who have the highest risk of MPO positivity and vasculitis.

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