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Abstract: To reduce the cracking caused by shrinkage and avoid the brittle behavior of concrete, MgO expansion agent and steel fibers were used in this paper. Firstly, the effect of MgO and steel fibers on the compressive strength of concrete was compared. The results showed that the compressive strength of steel fibers reinforced concrete (SC) and steel fiber reinforced MgO concrete (SMC) was significantly improved. Compared with ordinary concrete (OC), SMC's 28 days compressive strength increased by 19.8%. Secondly, the influence of MgO and steel fibers with different contents on the self-volumetric deformation of concrete was compared through the experiment. The results showed that as a result of the hydration expansion of MgO, MC and SMC both showed obvious expansion, and their 190 days expansion was 335 $\mu \varepsilon$ and 288 $\mu \varepsilon$, respectively. Lastly, through a scanning electron microscope (SEM) test, it was found that the constraint effect of steel fibers changed the expansion mode of MgO from outward expansion to inward extrusion, thus improving the interfacial bond strength of concrete.

Keywords: concrete shrinkage; MgO expansion agent; steel fiber; compressive strength; self-volumetric deformation; interface structure

1. Introduction

Owing to its high compressive strength, good corrosion resistance, low price, and excellent operating performance, concrete has become the most popular building material all over the world. However, crack is a fatal flaw in concrete, which not only reduces the mechanical properties of concrete, but also provides channels for the intrusion of harmful substances in the outside world. Moreover, cracks accelerate the corrosion and destruction of concrete and seriously affect the durability of concrete, especially in ports and Marine structures.

In order to restrain concrete cracking and enhance its durability, researchers have proposed three methods. One is to compensate for shrinkage of cement-based materials during hydration by adding expansion agents, such as CaO-type, MgO-type, and AFt-type expansion agents, which can reduce shrinkage cracks [\[1](#page-8-0)[–5\]](#page-8-1). The other is to improve the crack resistance of concrete by adding fibers, such as polypropylene (PP) fibers, polyvinyl alcohol (PVA) fibers, and steel fibers, which can reduce plastic cracks and improve the ductility of concrete [\[6](#page-8-2)[–9\]](#page-8-3). However, there are some shortcomings in these two methods. They can reduce shrinkage cracks by using an expansion agent, but they have no effect on cracks under load. What is more, only after concrete cracks can fibers play a bridge role, and they can only refine cracks, but not prevent them from occurring [\[10](#page-8-4)[,11\]](#page-9-0). For fiber-reinforced expansive concrete, with concrete as a carrier, an expansion agent as the expansive element, and three-dimensional fibers distributed randomly as constraints, composite materials are assembled. This method can overcome the shortcomings of expansion agent and fiber used alone and give full play to the two advantages. Besides, it can even produce the "superposition" effect, effectively improving the crack resistance of concrete [\[12–](#page-9-1)[15\]](#page-9-2).

In the past two decades, some researches have focused on the engineering application of fiber-reinforced concrete and expansive concrete, such as railway sleepers [\[16](#page-9-3)[–18\]](#page-9-4), dams [\[19\]](#page-9-5), and airport pavements [\[20\]](#page-9-6). In these studies, Ahsan Parvez proposed a method to improve the physical performance of the concrete sleeper such as durability, energy absorption, fatigue, and tolerance with the inclusion of steel fibers, and he found that a minimum volume of fibers (0.25%) was essential to ensure enhanced performance [\[16\]](#page-9-3). Kaijian Huang proposed a method to enhance the volume stability of airport pavements in high altitude localities by adding fibers and MgO expansion agent [\[20\]](#page-9-6).

In this paper, the authors combined MgO expansion agent with steel fibers. The expansion behavior of MgO is restrained by steel fibers in the hardening process and produces self-pressure, which can significantly improve the cracking load. The large vertical pressure exists at the interface between the cement matrix and steel fibers, which significantly improves the bonding property. Compared with polypropylene (PP) fibers and polyvinyl alcohol (PVA) fibers, steel fibers have a higher modulus of elasticity, and thus have stronger binding capacity, which can significantly improve the bonding property.

Owing to the constraints of steel fibers, the expansion and mechanical properties of steel fiber-reinforced MgO concrete (SMC) are quite different from those of MgO concrete (MC). In this paper, self-volumetric deformation experiments and compressive experiments were performed to reveal the expansion property of MC and SMC and the mechanical properties of SMC, which can help us understand SMC better and provide a theoretical basis for further engineering application.

2. Materials and Experiments

2.1. Materials

Portland cement, fly ash, coarse aggregates, fine aggregates, steel fibers, and polycarboxylate based plasticizer were used as the experimental objects. The details about each material are enumerated below.

2.1.1. Cement

The cement was produced by Shandong Shan Aluminum Cement Co., Ltd. (Zibo, China). The specific model was Shan Lu P.0. 52.5 ordinary Portland cement. The 3 days compressive strength of cement was 33.2 MPa and the 28 days was 59.8 MPa. The initial setting time of cement was 220 min, and the ultimate setting time was approximately 290 min. Table [1](#page-1-0) shows the detailed chemical composition of the cement.

Type	Chemical Composition/wt %										
	CaO				MgO Al_2O_3 SiO ₂ Fe ₂ O ₃ SO ₃		K ₂ O	$Na2O$ Loss		Total	
Cement	60.51	2.18	6.34	22.02	3.05	1.86	0.47	0.23	1.96	98.62	

Table 1. Chemical composition of cement.

2.1.2. Fly Ash

Fly ash was Class I fly ash produced by Shenhua Huashou Power Co., Ltd. (Shanghai, China). The sulfur trioxide content of fly ash was 1.2% and the water storage ratio was 74%. Table [2](#page-2-0) shows the detailed chemical composition of the fly ash.

Type	Chemical Composition/wt %									
	CaO				MgO Al_2O_3 SiO_2 Fe_2O_3 SO_3 K_2O Na_2O Loss					Total
Fly ash	5.01	1.03	34.18	48.91	5.22	1.20	0.89	0.62	1.50	98.56

Table 2. Chemical composition of fly ash. *Materials* **2019**, *12*, x FOR PEER REVIEW 3 of 10

2.1.3. Steel Fiber 2.1.3. Steel Fiber

Steel fibers were wavy steel fibers produced by Shuanglian Building Materials Co. LTD in Zibo, Steel fibers were wavy steel fibers produced by Shuanglian Building Materials Co. LTD in Zibo, China and the tensile strength of the steel fibers was 520 MPa. The diameter of the steel fibers was 0.58 China and the tensile strength of the steel fibers was 520 MPa. The diameter of the steel fibers was mm and the length was 38 mm. The photograph of the wavy steel fibers utilized in the present study
. is depicted in Figure [1.](#page-2-1) a and the tensile strength of the steel fibers was 520 MPa. The diameter of the steel fibers was 0.58 mm and the length was 38 mm. The photograph of the way steel fibers utilized in the present study $\frac{1}{2}$ is depicted in Figure 1

Figure 1. Photograph of wavy steel fibers. **Figure 1.** Photograph of wavy steel fibers. 2.1.4. MgO Expansion Agent 2.1.4. MgO Expansion Agent **Figure 1.** Photograph of wavy steel fibers. 2.1.4. MgO Expansion Agent

MgO expansion agent was produced by Wuhan Sanyuan Special Building Materials co. LTD in MgO expansion agent was produced by Wuhan Sanyuan Special Building Materials co. LTD in Wuhan, China, and its activity was 115 s. The crystal size of MEA was 36.3 nm and the specific surface $\frac{1}{2}$ MgOexpansion agent was produced by Wuhan Sanyuan Special Building Materials co. LTD in Wuhan, China, and its activity was 115 s. The crystal size of MEA was 36.3 nm and the specific surface area was 45.7 m²/g. The phot the detailed chemical composition of MgO. area was 45.7 m²/g. The photograph of MgO in the present study is depicted in Figure 2. Table 3 shows
the detailed chemical composition of MgO.

Figure 2. Photograph of MgO. **Figure 2.** Photograph of MgO. **Figure 2.** Photograph of MgO.

Type	Chemical Composition/wt %									
	CaO	MgO	Al_2O_3	SiO ₂	Fe ₂ O ₃	Loss	Total			
MgO	3.19	85.44	0.73	4.45	0.42	4.49	98.72			

Table 3. Chemical composition of MgO.

2.1.5. Mix Proportions

The mix proportions used in the present study are listed in Table [4.](#page-3-1) The content of MgO expansion agent was 8% of the total amount of cementitious materials, by weight. Besides, the content of steel fibers was 1%, by volume.

	Composition/ $kg·m-3$								
Specimen	Cement	Fly Ash	Fine Aggregate	Coarse Aggregate	Water	Water Reducer	Steel Fiber	MgO	W/C
ordinary concrete (OC)	450	50	713	1025	160	6	Ω	0	0.32
MgO concrete (MC)	450	50	713	1025	160	7.5	Ω	40	0.32
steel fiber-reinforced concrete (SC)	450	50	713	1025	160	6	78	0	0.32
steel fiber-reinforced MgO concrete (SMC)	450	50	713	1025	160	7.6	78	40	0.32

Table 4. Mix proportion of concrete.

2.2. Experimental Works

2.2.1. Strain Gauge

Type-VWS-10 vibrating wire strain gauges made by Nanjing Gelan Industrial Co., Ltd. (Najing, China) were used. The gauge distance of strain gauge was 100 mm, and the vibrating modulus of the strain gauge, F, was closely related to its length, varying with the length change of the transducer brought about by deformation of concrete [\[20\]](#page-9-6). The strain was calculated by Equation (1):

$$
\varepsilon = k\Delta F + (b - a)\Delta T \tag{1}
$$

where ε is the self-volumetric deformation of concrete; *k* is measurement sensitivity of strain gauge; ΔF is the change in the measured value in real time relative to the base value of vibrating modulus; *b* is temperature correction factor of strain gauge; a is the linear expansion coefficient of concrete; and ∆*T* is the change of the temperature.

2.2.2. Experiment Works

For each mix design, nine cylinders (dimension \varnothing 50 mm \times H100 mm) were cast for the measurements of compressive strength (ASTM C109 [\[21\]](#page-9-7)), at 3 and 28 days after casting. In addition, four plastic buckets were used to test the self-volumetric deformation of concrete. The size of each plastic bucket was \varnothing 250 mm \times 300 mm (Figure [3\)](#page-4-0). The concrete was poured into a plastic bucket and the strain gauge was placed vertically in the bucket at the same time. Then, the concrete surface was sealed with epoxy resin to prevent moisture exchange. After that, the plastic bucket was moved to a 20 degree curing room to maintain a constant temperature and absolute humidity (Figure [4\)](#page-4-1). All test preparations were to be completed within 20 min. Lastly, the strain of concrete was tested every hour to research the self-volumetric deformation of concrete.

Figure 3. Schematic diagram of measuring device using strain gauge.

Figure 4. Self-volumetric deformation testing device for concrete. **Figure 4.** Self-volumetric deformation testing device for concrete. **Figure 4.** Self-volumetric deformation testing device for concrete.

2.2.3. Microstructure Characterization 2.2.3. Microstructure Characterization 2.2.3. Microstructure Characterization

In order to study the effect of the steel fibers and MgO expansion agent on the microstructure of concrete, fractured surfaces of concrete at the age of 30 days were investigated by scanning electron microscope (SEM, JSM-6510LA, JEOL, Ltd., Tokyo, Japan). microscope (SEM, JSM-6510LA, JEOL, Ltd., Tokyo, Japan). microscope (SEM, JSM-6510LA, JEOL, Ltd., Tokyo, Japan).

3. Results and Discussion 3. Results and Discussion 3. Results and Discussion

3.1. Failure Pattern of Concrete 3.1. Failure Pattern of Concrete 3.1. Failure Pattern of Concrete

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Figure 5. Failure pattern of concrete. (a) OC, ordinary concrete; (b) MC, MgO concrete; (c) SC, steel fiber-reinforced concrete; (**d**) SMC, steel fiber-reinforced MgO concrete. fiber-reinforced concrete; (**d**) SMC, steel fiber-reinforced MgO concrete.

On the other hand, the failure modes of SC and SMC specimens were obviously brittle. When to appear on the surface of the specimen. After reaching the peak point, the bearing capacity of the specimen decreased more and more slowly, and a large number of discontinuous longitudinal short cracks appeared. Finally, the specimen could not return to the original deformation state and formed an inclined main crack. The angle between the inclined crack surface and the vertical line of the load was 70-80 degrees, and the failure form of steel fibers was pull out failure. the specimen approached the peak stress gradually, a small number of small vertical cracks began

of interfaces between fiber and cement matrix, and the 28 days compressive strength of concrete *3.2. Compressive Strength of Concrete 3.2. Compressive Strength of Concrete*

Figure [6](#page-5-1) presents the results of the 3 days and 28 days compressive strength of the concrete specimens. For OC, the 3 days and 7 days compressive strength was 47.3 MPa and 58.7 MPa, specimens. For OC, the 3 days and 7 days compressive strength was 47.3 MPa and 58.7 MPa, respectively. For MC, the 3 days and 7 days compressive strength of concrete increased by 1.69% and respectively. For MC, the 3 days and 7 days compressive strength of concrete increased by 1.69% and 5.79% respectively, to 48.1 MPa and 62.1 MPa. The reason for this increase is the addition of MgO, 5.79% respectively, to 48.1 MPa and 62.1 MPa. The reason for this increase is the addition of MgO, which increases the total amount of active ingredients. For SC, the 3 days compressive strength of concrete decreased by 2.11%, because the addition of steel fibers leads to an increase in the number of interfaces between fiber and cement matrix, and the 28 days compressive strength of concrete increased by 9.54%, because the steel fibers have the effect of preventing crack development.

Figure 6. Compressive strength at 3 and 28 days.

For SMC, the 3 days and 7 days compressive strength of concrete increased by 4.23% and 19.8% respectively, to 49.3 MPa and 70.3 MPa. There are two main reasons for the rise in the strength of SMC. First, steel fibers prevent cracks from developing, and delay further damage to concrete. Secondly, the combined use of MgO and steel fibers produces a "superstack" effect and, under the constraint of steel and its 190 days fibers, and the stress of concrete becomes a three-way compression state, which create self-pressure inside the concrete and further increases the strength of the concrete.

3.3. Deformations of Concrete extent owing to the restraint effect of steel fibers. For MC, the specimen showed an obvious expansion

The strain of concrete with different dosages of steel fibers and MgO, which represents the self-volumetric deformation, is listed [in](#page-6-0) Figure 7. For OC, its early shrinkage rate was relatively large (0–40 days), reaching 165 $\mu\varepsilon$, after which the shrinkage rate was significantly reduced, and its 190 days shrinkage strain was 178 $\mu \varepsilon$. For SC, its contraction curve was very similar to OC; however, different from OC, the late shrinkage of SC decreased significantly, and its 190 days shrinkage decreased by 24.1% to 135 $\mu \varepsilon$. This means that steel fibers can improve the volumetric stability of concrete to some extent owing to the restraint effect of steel fibers. For MC, the specimen showed an obvious expansion owing to the addition of MgO, and the expansion value of 190 days reached 335 $\mu \varepsilon$, which means that MgO can effectively compensate for the shrinkage of concrete. Because of the large shrinkage of concrete in the early stage (0–40 days), the expansion of MC was small in the early stage and gradually increased in the late stage.

Figure 7. Self-volumetric deformation of concrete. **Figure 7.** Self-volumetric deformation of concrete.

was 16.3% less than that of MC owing to the constraint action of steel fibers, reaching 288 με. In the first stage (0–50 days), the SMC expansion energy was almost all used for tensioning steel fibers because small. The 50 days expansion was only 25 $\mu \varepsilon$, which was 50% of the expansion of MC. After that, the expansion of SMC continued to increase as the restraint of the steel fibers weakened significantly, and both steel fibers and concrete matrix expanded outward together. The expansion curve of SMC was similar to that of MC, but the 190 days expansion value of SMC of the strong constraint effect of steel fibers. Therefore, the total volume expansion of SMC was very

3.4. Performance Enhancement Mechanism of Concrete

u_1 expansion will also cause the concrete to cause the concrete to cause the other hand, $\overline{4}$ 3.4.1. The Relationship between Expansion and Stress

Figure 8 shows different expansion models of the concrete specimens. For expansion in the free state, the adjacent particles of MC move away from each other in a back direction, thus generating tensile stress in the concrete. What is more, in the process of concrete hardening, the compactness of

concrete may be reduced owing to the existence of tensile stress. When the tensile stress exceeds the ultimate tensile stress of concrete, the concrete will crack. Therefore, when the expansion agent is used in excess, greater harmful expansion will also cause the concrete to crack [\[4\]](#page-8-5). On the other hand, for expansion under the constraint condition of steel fibers, the adjacent particles of SMC move in the opposite direction and get close to each other, so as to generate compressive stress in the concrete, that *Materials* **2019**, *12*, x FOR PEER REVIEW 8 of 10 is, chemical pre-pressure, which indirectly improves the tensile strength of concrete.

Figure 8. Expansion model of concrete: (**a**) Expansion under freedom, (**b**) Expansion under constraint.

3.4.2. The Interface Structure of Concrete 3.4.2. The Interface Structure of Concrete

Concrete interface is the weak link of the concrete specimens, and the interface between cement matrix and aggregate directly affects the mechanical properties and durability of concrete [\[22–](#page-9-8)[24\]](#page-9-9). Scanning electron microscope was performed to study the effect of steel fibers and MgO expansion Scanning electron microscope was performed to study the effect of steel fibers and MgO expansion
agent on the interface. Figur[e 9](#page-7-1) reflects the interface morphology of cement matrix and aggregate in concrete. For MC specimen in Figure 9a, there were many defec[ts](#page-7-1) in the interfacial transition zone, long cracks in the parallel direction, and many associated cracks in the vertical direction. On the other hand, for SMC specimens in Figur[e 9](#page-7-1)b, because MgO and steel fibers act as extrusion fillers and pore refiners, a large vertical pressure exists at the interface between cement matrix and steel fibers, and the
transition zone of SMC becomes very dense. In the vertical direction of SMC, only a few small cracks transition zone of SMC becomes very dense. In the vertical direction of SMC, only a few small cracks can be found, and the interface is intact, indicating that they have better interfacial bonding strength.

 $\mathcal{L}(\mathcal{L})$ (b) $\mathcal{L}(\mathcal{L})$ (b) $\mathcal{L}(\mathcal{L})$ (b) $\mathcal{L}(\mathcal{L})$ (b) $\mathcal{L}(\mathcal{L})$ (b) $\mathcal{L}(\mathcal{L})$ **Figure 9.** Scanning electron microscope (SEM) image of interface between cement matrix and aggregate: (a) MC, (b) SMC. (**a**) MC, (**b**) SMC. **Figure 9.** Scanning electron microscope (SEM) image of interface between cement matrix and **Figure 9.** Scanning electron microscope (SEM) image of interface between cement matrix and aggregate:

\mathbf{a} MC, (b) SMC, (b) SMC, (b) SMC **4. Conclusions 4. Conclusions**

Considering the defects of MgO expansion agent or steel fibers when used alone, this paper combined MgO expansion agent and steel fibers. On the basis of detailed experiments and theories, the following conclusions can be drawn: $\frac{d}{dt}$

(1) After the combined use of MgO expansion agent and steel fibers, the damage pattern of SMC under compression changed significantly compared with OC, and the SMC showed obvious ductile damage. The compressive strength of SMC increased by 19.8%, which was much greater than the simple sum of strength increments of MC (5.79%) and SC (9.54%).

(2) Compared with OC, the 190 days shrinkage of SC was reduced by 24.1% owing to the restraint effect of steel fibers. However, the steel fibers cannot completely offset the shrinkage of the concrete, and the 190 days shrinkage of SC still reached 135 $\mu\epsilon$. Owing to the hydration of the MgO expansion agent, MC and SMC showed significant expansion, and their 190 day expansion was 335 $\mu \varepsilon$ and 288 $\mu \varepsilon$ respectively. Further, the steel fibers also restrained the expansion, causing the SMC's expansion to be 16.3% less than MC's.

(3) According to the SEM test, there were many defects in the interface between cement matrix and aggregate in MC, while SMC had a denser interface and better bond strength, which explained why the compressive strength of SMC was significantly higher than MC.

(4) Thanks to the positive results in this study, SMC should be widely used in the basement, bridge deck, and other structures with high requirements for anti-seepage and crack resistance.

Author Contributions: F.J. designed and conducted the experimental program. M.D. gave many suggestions about experiment and helped solve the testing problems. Z.M. and D.L. assisted in pouring concrete. All authors assisted in the analysis.

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