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Integrin β₁-enriched Extracellular Vesicles Mediate Monocyte Adhesion and Promote Liver Inflammation in Murine NASH

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Abstract

Background and aims: Hepatic recruitment of monocyte-derived macrophages (MoMF) contributes to the inflammatory response in nonalcoholic steatohepatitis (NASH). However, how hepatocyte lipotoxicity promotes MoMF inflammation is unclear. Here we demonstrate that lipotoxic hepatocyte-derived extracellular vesicles (EVs) are enriched with active integrin β_1 (ITG β_1), which promotes monocyte adhesion and liver inflammation in murine NASH.

Methods: Hepatocytes were treated with either vehicle or the toxic lipid mediator lysophosphatidylcholine (LPC); EVs were isolated from the conditioned media and subjected to proteomic analysis. C57BL/6J mice were fed a diet rich in fat, fructose, and cholesterol (FFC) to induce NASH. Mice were treated with anti-ITG β_1 neutralizing antibody (ITG β_1 Ab) or control IgG isotype.

Conflict of interest: the authors have no conflict of interest related to the manuscript.

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Results: Ingenuity Pathway Analysis of the lipotoxic hepatocyte-derived EV (LPC-EVs) proteome indicated that integrin signaling is an overrepresented canonical pathway. Immunogold electron microscopy and nanoscale flow cytometry confirmed enrichment of LPC-EVs with active ITG β_1 . Furthermore, we showed that LPC treatment in hepatocytes activates ITG β_1 and mediates its endocytic trafficking and sorting into EVs. LPC-EVs-enhanced monocytes adhesion to liver sinusoidal endothelial cells (LSECs) was observed by shear stress adhesion assay, and was attenuated in the presence of ITG β_1 Ab. FFC-fed, ITG β_1 Ab-treated mice displayed reduced inflammation defined by decreased proinflammatory MoMF hepatic infiltration and activation as assessed by immunohistochemistry, mRNA expression, and flow cytometry. Likewise, mass cytometry by time-of-flight (CyTOF) on intrahepatic leukocytes (IHL) displayed reduced infiltrating proinflammatory monocytes. Furthermore, ITG β_1 Ab treatment significantly ameliorated liver injury and fibrosis.

Conclusions: Lipotoxic EVs mediate monocyte adhesion to LSECs mainly by an ITG β_1 dependent mechanism. ITG β_1 Ab ameliorates diet-induced NASH in mice by reducing MoMFdriven inflammation, suggesting that blocking ITG β_1 is a potential anti-inflammatory therapeutic strategy in human NASH.

LAY SUMMARY

Herein, we report that a cell adhesion molecule termed integrin β_1 (ITG β_1) plays a key role in the progression of nonalcoholic steatohepatitis (NASH). ITG β_1 is released from hepatocytes under lipotoxic stress as a cargo of extracellular vesicles, and mediates monocyte adhesion to liver sinusoidal endothelial cells, which is an essential step in hepatic inflammation. In a mouse model of NASH, blocking ITG β_1 reduces liver inflammation, injury and fibrosis. Hence, ITG β_1 inhibition may serve as a new therapeutic strategy for NASH.

Graphical Abstract



Keywords

extracellular vesicles; integrin β_1 ; integrin α_9 ; adhesion; inflammation; NASH; monocytes; liver sinusoidal endothelial cells; mass cytometry; fibrosis

INTRODUCTION

With the worldwide increase in obesity, nonalcoholic fatty liver disease (NAFLD) is currently the most common chronic liver disease.[1] A subset of patients with NAFLD develops a more severe inflammatory form termed nonalcoholic steatohepatitis (NASH) which can progress to end-stage liver disease. NASH is currently the leading cause of liverrelated mortality in many western countries.[2] Therefore, there is an unmet need for mechanism-based therapeutic strategies that reverse established NASH and control the progression of the disease.

Current concepts suggest that excess circulating free fatty acids mediate hepatocyte lipotoxicity in NASH.[3] Moreover, NASH patients are at risk of end-stage liver disease, mainly secondary to the unrelenting sterile inflammatory response triggered by hepatocyte lipotoxicity. This inflammatory response is mediated, in part, by the recruited monocytes that differentiate into macrophages, so-called monocyte-derived macrophages (MoMFs).[4] Although targeting monocyte infiltration in NASH via the dual CC chemokine receptor types 2 and 5 (CCR2/5) antagonist improved fibrosis, it was insufficient to resolve human steatohepatitis. [5] Therefore, key additional signals regulating the trafficking and retention of circulating monocytes in the NASH liver remain undefined.

Hepatocytes release diverse types of membrane-bound, nanometer-sized extracellular vesicles (EVs) into the extracellular milieu under physiological conditions. EVs are efficient messengers, with superior stability and bioavailability of their signature cargos implicated in inflammatory responses.[6–8] Interestingly, many of the EV cargos are selectively transferred through intracellular trafficking pathways and packaged into EVs, reflecting the pathophysiological context of the parent cell.[9] EVs released from lipotoxic hepatocytes are involved in MoMF chemotaxis and the hepatic inflammatory response; [6–8] however, the role of lipotoxic hepatocyte-derived EVs (lipotoxic EVs) in promoting circulating monocyte liver-specific homing through regulating their adhesion to liver sinusoidal endothelial cells (LSECs) in the NASH liver microenvironment has not been explored.

LSECs are highly specialized endothelial cells that serve as a platform for various immune cells, including monocytes, to lodge in the liver.[10] As monocyte receptor-LSEC ligand interactions are not unique to the liver, the question remains whether hepatocyte-specific recruitment processes via EVs exists in NASH. A single prior study reported that adoptive transfer of EVs isolated from the serum of high fat diet-fed mice into chow-fed mice resulted in myeloid cell activation and accumulation in the liver.[11] However, the mechanism by which EVs mediate the hepatic accumulation of myeloid cells was not explored.

Integrins (ITGs) provide the central mechanism for cells in multicellular organisms to interact with and sense their extracellular environment.[12] Integrins are heterodimeric cell surface transmembrane proteins consisting of 24 non-covalently associated α and β subunits which mediate cell-cell and cell-matrix interaction.[13] ITG α_9 and β_1 exist as heterodimers, and our data indicate that they are particularly enriched in EVs derived from lipotoxic hepatocytes; hence we will use ITG β_1 for simplicity in this manuscript to refer to ITG $\alpha_0\beta_1$. Vascular cell adhesion molecule 1 (VCAM-1) is expressed on the surface of LSECs and is a known ligand for ITG $\alpha_9\beta_1$.[14] Interestingly, ITG can adopt a closed conformation that has a low affinity for ligand (inactive) or an extended open conformation that has a high affinity for ligand (active).[15] Binding of intracellular proteins such as Talin to the dephosphorylated cytoplasmic tail of $ITG\beta_1$ regulates its activation and promotes ligand binding.[15] Kinase p38 has been implicated in ITGβ activation *via* an inside-out, ligandindependent signaling in different disease models.[16, 17] We have previously demonstrated that lipotoxic treatment in hepatocytes induces a mitogen-activated protein kinase (MAPK) signaling cascade leading to the activated phosphorylation of p38.[6, 18, 19] Moreover, ITGs undergo constant endocytic trafficking and recycling that regulate ITG-mediated cell adhesion and migration. [20, 21] This process of ITG trafficking suggests that in lipotoxic hepatocytes, ITG β_1 trafficks through the endocytic-multivesicular body (MVB) pathway to be released in EVs.

Herein we report that ITG β_1 , a highly expressed ITG in hepatocytes,[22] is enriched and in an active status in lipotoxic EVs. ITG β_1 -enriched EVs enhance monocyte adhesion to LSECs. Most importantly, we demonstrate that ITG β_1 neutralizing antibody attenuates dietinduced NASH in mice, mainly through reducing proinflammatory monocyte hepatic infiltration.

MATERIALS & METHODS:

Please see supplementary material

RESULTS

Lipotoxic hepatocyte-derived EVs are enriched with integrins.

We adopted a non-biased approach to identify and characterize the key proteins on lipotoxic hepatocyte-derived EVs. To this end, we performed proteomics analysis by mass spectrometry (MS) on the EVs derived from primary mouse hepatocytes (PMH) treated with vehicle (Veh) and the toxic lipid mediator lysophosphatidylcholine (LPC). We employed LPC since the toxicity of the saturated free fatty acid palmitate is dependent upon its metabolism to LPC.[23, 24] Unbiased Ingenuity pathway analysis (IPA) of the proteomics data identified ITG signaling among the top represented canonical pathways, particularly in EVs from LPC-treated hepatocytes when compared to EVs from vehicle-treated hepatocytes (Figure 1A). Next, we performed immunoblot analysis for different ITG in hepatocytes treated with vehicle and LPC, and their derived EVs. Western blot identified selective enrichment of ITG β_1 , ITG α_5 , ITG α_9 , and ITG α_v in EVs released from lipotoxic PMH, without changes at the cellular levels (Figure 1B). Similar results were obtained with the human hepatoma cell line Huh7 (Figure 1C). Since ITG β_1 is the most abundant integrin on

hepatocytes [22] and the only integrin β expressed on EVs based on our mass spectrometry data, we focused on ITG β_1 as the key functional integrin family member on lipotoxic EVs. Interestingly, the protein level of Talin-1 (a versatile ITG β_1 affinity regulator implicated in adhesion) [25] was also increased in lipotoxic EVs, suggesting that the ITG β_1 on lipotoxic EVs is in active conformation status. To confirm this observation, we employed immunogold electron microscopy, and demonstrated using the active conformation sensitive ITG β_1 antibody (9EG7) enrichment of ITG β_1 in EVs released from lipotoxic PMH (Figure 1D). This observation was further confirmed by nanoscale flow cytometry, which allows the quantification of active ITG β_1 -bearing EVs. LPC-treated PMH released more abundant active ITG β_1 -positive EVs as compared to Veh-treated PMH (Figure 1F). These findings were also confirmed using Huh7 cells (Figure 1G). Interestingly ITG β_1 expression was increased in the serum EVs of patients with NASH (Figure 1H). Collectively, these data indicate that ITG β_1 in an active conformation is selectively sorted into EVs released from lipotoxic EVs.

Hepatocyte lipotoxic treatment induces ITG_{β1} activation and endocytic trafficking.

We further examined the activation and endocytic trafficking of ITG β_1 in hepatocytes under lipotoxic stress (Figure 2A). Conformation-specific antibodies against ITGB1 cannot detect the SDS-denatured target protein, and thus are not suitable for immunoblot assay. Therefore, to determine if hepatocyte ITG β_1 is activated by lipotoxic treatment, lysates from Veh or LPC-treated Huh7 cells were immunoprecipitated with the inactive (MAB13) or the active (9EG7) conformation-specific ITG β_1 antibodies, and immunoblotted with an antibody for total ITG β_1 (Figure 2B). Based on our prior report of p38 activation with lipotoxic treatment in hepatocytes, [6, 19] and the established role of p38 in ITG activation in different disease models, [16, 17] we examined whether p38 mediates LPC-induced ITG β_1 activation in hepatocyte. LPC treatment causes a significant decrease in inactive (tyrosine phosphorylated ITG β_1 tail, higher molecular weight), and increase in active (tyrosine dephosphorylated tail, lower molecular weight) ITG β_1 , which is reduced in the presence of the p38 inhibitor SB203580, indicating that lipotoxic stress-induced hepatocyte ITGB1 activation occurs via a p38-mediated pathway. Similar results were obtained with the mouse hepatocyte cell line AML12 (Figure 2C), (the inactive conformation sensitive antibody MAB13 reacts only with human species hence it was not used with the mouse AML12 cells). To confirm that the ITG β_1 9EG7 antibody immunoprecipitates active ITG β_1 , we analyzed the ITG β_1 immunoprecipitates from vehicle and LPC-treated PMH by MS as previously described by us.[6] The MS data was searched allowing for phosphostyrosine as a variable modification and showed absence of phosphorylation on the first NPxY motif on the ITG β_1 C terminal, confirming that the pulled ITG β_1 is in an active conformation (Supplementary table 1). Furthermore, we employed immunofluorescence (IF) microscopy and confirmed that LPC treatment induced activation of $ITG\beta_1$, which was diminished with SB203580 (Figure 2D). Moreover, we noted that in lipotoxic hepatocytes, the active $ITG\beta_1$ accumulated in cytoplasmic structures consistent with intracellular vesicles (Figure 2D, second panel). To further explore the intracellular trafficking of active ITG β_1 , we examined the co-localization of active ITG β_1 with the early endosome marker early endosome antigen (EEA) 1, the MVB marker CD63, and the late endosome marker Rab7. ITG β_1 co-localization with EEA1, CD63 or Rab7 (Figure 2E) was increased with LPC treatment when quantified using the

Pearson's correlation coefficient. To examine if lipotoxicity regulates active $ITG\beta_1$ lysosomal degradation, we assessed the co-localization of active $ITG\beta_1$ with the lysosome marker LAMP1; however, there was no obvious co-localization of $ITG\beta_1$ with LAMP1

(Supplementary Figure 1). Collectively, these results suggest that hepatocyte lipotoxic treatment induces $ITG\beta_1$ activation and endocytic trafficking, resulting in active $ITG\beta_1$ release in EVs.

Lipotoxic Hepatocytes Release EVs in the Circulation.

We have previously demonstrated that LPC treatment increases hepatocytes EVs release *in vitro*.[6, 8] To assure that this observation is not an artifact of the *in vitro* system, we developed a mouse model to track circulating EVs of hepatocyte origin (Supplementary Figure 2A). We then quantified the hepatocyte-derived EVs in the plasma by nanoscale flowcyometry, and identified a 5-fold increase with the NASH-inducing diet (Supplementary Figure 2B). These data conclusively demonstrate for the first time that lipotoxic hepatocytes release large number of EVs in the circulation *in vivo*.

Lipotoxic hepatocyte-derived EVs promote monocytes adhesion to LSECs via an ITG β_1 -dependent mechanism.

We have previously reported that EVs from lipotoxic hepatocytes induce MoMF chemotaxis. [6] To understand the biological functions exerted by lipotoxic hepatocyte-derived EVs on monocytes, we performed RNA sequencing (RNAseq) on primary mouse monocytes incubated with EVs from LPC (LPC-EVs) or vehicle (Veh-EVs)-treated PMH. IPA of RNAseq data showed leukocyte adhesion and diapedesis-related signaling among the top overrepresented canonical pathways in monocytes stimulated with LPC-EVs, suggesting the involvement of LPC-EVs in monocyte adhesion to LSECs (Figure 3A).

To examine the interaction between lipotoxic EVs-stimulated monocytes and LSECs, we cocultured the human monocyte cell line, THP1, with EVs derived from equal number of hepatocytes treated with either vehicle or LPC. EVs were labelled with a fluorescent lipophilic dye DiO. Confocal microscopy revealed that monocytes incubated with LPC-EVs were more likely to adhere to LSECs (Figure 3B). We then subjected monocytes to live cell imaging with Z stack microscopy following incubation with EVs. EVs were observed both on the surface and on deeper focal plane (intracellular) of the THP1 cells (Figure 3C), suggesting that ITG β_1 -enriched EVs interact with monocytes in a topography that allows them to potentially tether monocytes to LSECs. Interestingly, many of these EVs are also internalized by monocytes (Figure 3C), which has implications for ITG β_1 recycling to the cell surface. To further explore if LPC-EVs enriched with ITG β_1 mediates monocyte adhesion to LSECs, a key stage in liver inflammation, we employed a flow-based adhesion assay using microfluidic chambers (Supplementary Figure 3A-B) coated with a monolayer of mouse primary LSECs. Monocytes stimulated with LPC-EVs have enhanced adhesion to LSECs (Figure 3D). Interestingly this enhanced adhesion was diminished when monocytes were incubated with anti-ITG β_1 neutralizing antibody (ITG β_1 Ab), suggesting that ITG β_1 on lipotoxic EVs may be responsible for EVs-induced monocytes adhesion to LSECs. We further confirmed this finding using $ITG\beta_1$ -knockdown Huh7 by shRNA technology $(shITG\beta_1)$ (Figure 3E–F, Supplementary Figure 3C). Likewise the adhesion of lipotoxic

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EVs-stimulated monocytes to endothelial cells was reduced in the presence of ITGa₉ neutralizing antibody (Supplementary Figure 3D). Moreover, pretreatment of LSECs with a neutralizing antibody against VCAM-1 (an ITGa₉ β_1 ligand expressed on LSECs under basal conditions as examined by flowcytometry), significantly diminished the adhesion of LPC-EVs-stimulated monocytes to LSECs (Figure 3F). Taken together, these results support a role for LPC-EV ITGa₉ β_1 in monocyte adhesion to LSEC via an ITGa₉ β_1 -VCAM-1 binding interactions. Interestingly, monocyte inflammatory activation markers expression was also enhanced with lipotoxic EVs stimulation (Supplementary Figure 4), supporting the proinflammatory role of lipotoxic EVs.

Anti-ITG β_1 antibody treatment does not alter the metabolic phenotype or the steatosis in FFC diet-fed mice.

Based on the *in vitro* findings supporting a key role of lipotoxic EV ITG β_1 in monocyte adhesion to LSECs and potentially in liver inflammation; we examined the potential beneficial effect of $ITG\beta_1$ neutralizing antibody in our mouse model of diet-induced NASH. Eight-week-old C57BL/6J wild-type mice were fed either chow or a diet high in saturated fat, fructose, and cholesterol (FFC) for 24 weeks. At 20 weeks of the diet mice were treated with either anti-ITG β_1 neutralizing antibody (ITG β_1 Ab) or control IgG isotype antibody (IgG) twice per week for 4 weeks. Firstly, we assessed the metabolic status of each group of mice. Comprehensive Laboratory Animal Monitoring System (CLAMS) study showed that total daily caloric intake (Supplementary Figure 5A), physical activity, energy expenditure, and respiratory quotient (Figure 4A) were similar between FFC-fed ITG β_1 Ab-treated versus control IgG-treated mice. Body weight during the whole study period (Figure 4B, Supplementary Figure 5B), liver weight (Supplementary Figure 5C), and liver to body weight ratio (Figure 4C) at the time of sacrifice were significantly increased with the FFC diet, but similar between ITG β_1 Ab-treated and control IgG-treated groups. Likewise, homeostasis model assessment of insulin resistance (HOMA-IR) (Figure 4D), and triglyceride content in liver tissue (Figure 4E) were increased with the FFC diet, but were not different between the 2 treatment groups on the FFC diet; although HOMA-IR has some limitations in assessing insulin sensitivity in vivo. Moreover, histological examination of the liver by hematoxylin and eosin (H&E) stain displayed similar extent of steatosis in the FFCfed mice from the different treatment groups (Figure 4F). Interestingly, ITGβ₁Ab-treated mice had less inflammatory infiltrates compared to IgG-treated, FFC-fed mice (Figure 4F). Consistent with the *in vitro* data, active ITG β_1 expression was increased with FFC diet when assessed by immunohistochemistry and reduced with the ITG β_1 neutralizing Ab (Supplementary Figure 6A). Collectively, ITG β_1 Ab treatment in FFC-fed mice was well tolerated, and did not affect the metabolic phenotype or the hepatic steatosis.

Anti-ITGβ₁ antibody treatment in FFC-fed mice attenuates hepatic inflammation.

Given the key role of ITG β_1 in monocyte adhesion to LSECs (Figure 3D–F), we examined whether ITG β_1 Ab reduces hepatic proinflammatory monocyte recruitment and macrophagemediated liver inflammation in our dietary mouse model of NASH. Immunostaining of liver tissues revealed that ITG β_1 Ab-treated mice had reduced positive area for Mac-2, a marker of phagocytically active macrophages (Figure 5A–B). This finding was supported by the decrease in hepatic mRNA expressions of the macrophage marker *Cd68*, the infiltrating

proinflammatory monocyte marker *Ccr2*, proinflammatory cytokines *Tnf*- α , *II12b* (Figure 5C, Supplementary Figure 6B) in FFC-fed ITG β_1 Ab-treated mice. Furthermore, flow cytometric analysis of the IHL population identified an increase in CD45⁺ cells in the FFC-fed mice, without significant alteration with ITG β_1 Ab treatment (Figure 5D). In contrast, ITG β_1 Ab-treated FFC-fed mice did display a significant decrease in the infiltrating proinflammatory monocytes (M1 polarized) defined as CD45⁺CD11b^{hi}F4/80^{int}CCR2⁺ cells. Collectively, these findings suggest that blockade of ITG β_1 reduces hepatic proinflammatory monocyte infiltration and MoMF-mediated liver inflammation.

Anti-ITGβ₁ antibody treatment in FFC-fed mice reduces the pro-inflammatory monocyte hepatic infiltration.

Macrophages are characterized using a variety of criteria, including ontogeny (yolk sac- vs. bone marrow-derived) and function (pro-inflammatory vs. restorative).[4] Liver macrophages are also frequently classified as resident macrophages (Kupffer cells) or recruited macrophages (i.e., circulating bone marrow-derived monocytes differentiating into macrophages). Functionally, macrophages exist as a continuum, with tissue damaging or pro-inflammatory at one end of the spectrum (M1-like), and restorative macrophages involved in tissue repair and healing at the other end (M2-like). While MoMFs play a crucial role in NASH pathogenesis and progression, [26] various other immune cells including neutrophils, dendritic cells, and lymphocytes are involved in NASH pathogenesis.[27, 28] Moreover, $ITG\beta_1$ neutralizing antibodies are known to inhibit T lymphocyte trafficking, [29] and might also affect neutrophil trafficking to the liver. Therefore, to determine the contribution of the different subset of macrophages, and other immune cells in ITG β_1 Ab protective effect in NASH, we profiled B lymphocytes, T lymphocytes, natural killer cells, NKT cells, dendritic cells and neutrophils in addition to monocytes and macrophages using the state of the art technology mass cytometry by time-of-flight (CyTOF). Twenty eight clusters were obtained (Figure 6A) based on the intensities of 24 different cell surface markers (Figure 6B). Each group of mice displayed a characteristic pattern of clusters abundance (Figure 6C and D). Out of 28 clusters obtained by CyTOF, 13 clusters were differentially expressed between the study groups and categorized into distinct leukocyte subpopulations based on the intensities of individual cell surface markers (Supplementary Table 2). In particular, clusters 5 and 9 had typical expression markers of infiltrating proinflammatory MoMFs, the abundance of these clusters was increased with the FFC-diet, but significantly reduced with ITG β_1 Ab treatment (Figure 7A), confirming the flow cytometry data. Likewise, clusters 7 and 17 (Figure 7B) defined as infiltrating MoMF, were reduced in the FFC-fed ITG β_1 Ab-treated mice. In contrast, clusters 1 and 2 had typical marker expression patterns of alternative, M2 polarized, or restorative macrophages defined by increased expression of the anti-inflammatory surface marker CD206, as well as the hepatic macrophage markers Lgals, MERTK, and F4/80. The abundance of clusters 1 and 2 was decreased in the FFC-fed mice, but significantly increased with $ITG\beta_1$ blockade (Figure 7C). We next assessed other clusters defined as B cell-like cluster 8 (Supplementary Figure 7A), neutrophil-like cluster 15 (Supplementary Figure 7B), dendritic cell-like cluster 19 (Supplementary Figure 7C), and T lymphocyte cluster 16 and 21 (Supplementary Figure 7D). These clusters showed no statistically significant difference between the FFC-fed experimental groups, indicating that the protective effect of $ITG\beta_1$ blockade in the FFC-diet

induced NASH is mainly through reduced proinflammatory monocyte trafficking and retention in the liver without significant effect on other immune cells.

Anti-ITGβ₁ antibody treatment reduces FFC diet-induced liver injury and fibrosis in murine NASH.

To determine if reduced hepatic inflammation through ITG β_1 blockade may protect against NASH progression and liver fibrosis, we examined liver injury and fibrosis. FFC-fed, ITG β_1 Ab-treated mice were relatively protected against hepatocyte apoptosis compared to control IgG-treated mice, as demonstrated by reduced TUNEL-positive cells (Figure 8A) and serum alanine aminotransferase (ALT) levels (Figure 8B) as well as reduced NAFLD activity score (NAS) (Figure 8C) when compared to IgG-treated mice on the same diet. Next, we examined the expressions of fibrosis-related genes, mRNA levels of both *Collagen 1a1 and Osteopontin* were elevated in the FFC-fed mice, and significantly decreased with ITG β_1 Ab treatment (Figure 8D), indicating the possible anti-fibrotic effect of ITG β_1 Ab. This finding was further confirmed by Sirius red staining (Figure 8E) as well as a.-smooth muscle actin (a-SMA) immunohistochemistry (Figure 8F). Taken together, these findings indicate a protective effect of ITG β_1 Ab against NASH-associated liver injury and fibrosis in diet-induced NASH.

DISCUSSION

The current study provides insights regarding the mechanism by which lipotoxic hepatocytederived EVs may regulate peripheral blood monocyte adhesion to LSECs and hepatic recruitment and retention during NASH. The current data indicate that: i) lipotoxic insult in hepatocyte activates ITG β_1 and facilitates its endocytic trafficking and release in EVs; ii) lipotoxic hepatocyte-derived EVs enhance monocyte adhesion to LSECs mainly via their ITG $\alpha_9\beta_1$ cargo binding interaction with LSEC VCAM-1; in FFC diet-induced NASH; iii) ITG β_1 neutralizing antibody reduces proinflammatory monocyte hepatic infiltration; iv) blocking ITG β_1 attenuates liver injury, inflammation and fibrosis. To our knowledge, our report is the first comprehensive profiling of IHL in murine NASH using CyTOF, and the first study of a therapeutic effect of ITG β_1 inhibition in diet-induced NASH. Our findings are discussed in greater details below.

Herein, we build on our prior observation implicating EVs released from lipotoxic hepatocytes in the sterile pro-inflammatory response in NASH via their chemotactic cargo CXCL10 [6] and examine the signaling molecules responsible for monocyte homing to the liver and adhesion to LSECs, a key step for the initiation of inflammation in NASH. We demonstrate for the first time that toxic lipid treatment in hepatocytes induces an active conformation switch of $ITG\beta_1$ via a p38 signaling pathway.

The role of ITG-enriched EVs has been established in organotropism, and tumor cell migration.[21, 30] Thus, EV-mediated intercellular integrin signaling is a biologically plausible concept; and our study is the first to identify a non-neoplastic role of ITG on EVs. Moreover, we define the molecular mediators engaged in the adhesion process by employing microfluidic chambers, the optimal technology to study cross talk between two different cell types, in a flow-based paradigm [31]. Here we demonstrate that EVs stimulated monocyte

adhesion to LSECs was diminished with $Itg\beta_1$ knockdown in the EV donor lipotoxic hepatocytes or with pharmacological inhibition of $ITG\beta_1$ $ITG\alpha_9$ or its LSECs ligand VCAM-1. Interestingly, recent *in vivo* study using zebrafish embryo showed targeting of ITG β_1 -enriched EVs to the venous endothelium and macrophages.[32] Inspection of tumorderived EVs in close proximity to the vessel wall revealed arrest of EVs following a rolling behavior, suggesting that it could be driven by progressive activation of adhesion molecules. [32] A very similar behavior was observed for endogenous EVs in zebrafish.[33] Furthermore, EVs either surfed on the filopodia or were taken up by macrophages leading to reduced macrophage motility, and polarization to the M1-like phenotype. Although the exact molecular mediators of the interaction of EVs with both endothelial cells and macrophages were not examined in these studies, these findings relate to ours and support that $ITG\beta_1$ enriched EVs interact with monocytes in a topography that allows binding to LSECs either by fusion/surfing on the cell membrane or endocytosis and recycling back to the surface. Future effort will be concentrated on defining the molecular mediators responsible for hepatocyte-derived EVs uptake by target cells (LSECs, and MoMF). Furthermore our data demonstrate for the first time that the number of circulating EVs of hepatocyte origin is increased in mice with NASH (Supplementary Figure 2). The hepatocyte-derived EV gradient is the highest in the liver microenvironment, mainly the sinusoidal space where EVs likely confer the liver homing signal in response to lipotoxic injury. Our findings are also in line with published proteomics analysis of circulating EVs from NAFLD mice, showing enrichment with cell adhesion-related proteins.[34]

To examine the role of ITG β_1 in monocyte adhesion and liver inflammation *in vivo*, we utilized a well-established dietary mouse model with high fidelity to human NASH.[35] In the current study, we demonstrate that the FFC diet induces similar changes in both ITG β_1 Ab and IgG isotype-treated mice in the metabolic profile and hepatic steatosis. Interestingly, ITG β_1 Ab-treated mice on the FFC diet have a relative attenuation of all the injurious features of NASH, when compared with isotype-treated mice. Moreover, our CyTOF data did not show significant alteration in the T lymphocyte, B lymphocyte, NK cells, neutrophil and dendritic cells populations with ITG β_1 antibody treatment in FFC-fed mice, suggesting that the therapeutic benefit of ITG β_1 antibody is mainly through reduced proinflammatory monocyte infiltration.

Inflammation correlates with liver fibrosis and disease progression in NASH patients.[26] Hence improved liver fibrosis in ITG β_1 Ab-treated FFC-fed mice might be a consequence of reduced MoMF-mediated hepatic inflammation. However, we cannot exclude the possibility that blockade of endogenously expressed ITG β_1 in other liver cell types such as hepatic stellate cells might have contributed to the reduced fibrosis.

EVs are emerging as key players in cell-to-cell communication. Hence, modulation of EV interaction with target cells by $ITG\beta_1$ pharmacological inhibition would offer a specific therapeutic strategy to block the proinflammatory signal originating from lipotoxic hepatocytes. Integrin-based therapeutics have shown clinically significant benefits in patients with chronic inflammatory diseases, [29] and may have an expanded indication for use in patients with NASH. Thus, the current study advances our understanding of the pathogenic mechanisms linking integrin signaling to liver inflammation in NASH, and identify new

potential anti-inflammatory therapeutic strategies, that reduces the propensity of LSECs to recruit harmful proinflammatory monocytes.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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List of abbreviations:

| AAV | adeno-associated viral vector |
|-------|--|
| ALT | alanine aminotransferase |
| a-SMA | alpha smooth muscle actin |
| CCR2 | CC chemokine receptor 2 |
| CD | cluster of differentiation |
| CLAMS | comprehensive lab animal monitoring system |
| CLEC4 | type-C lectin domain family 4 |
| CyTOF | mass cytometry by time-of-flight |
| DAB | diaminobenzidine |
| DMEM | Dulbecco's modified Eagle's medium |
| EEA1 | early endosome antigen 1 |
| EGFP | enhanced green fluorescent protein |
| ELISA | enzyme-linked immunosorbent assay |
| EV | extracellular vesicle |
| FBS | fetal bovine serum |
| FFC | fat, fructose and cholesterol |
| GAPDH | glyceraldehyde-3-phosphate dehydrogenase |

| H&E | hematoxylin and eosin |
|---------|--|
| HOMA-IR | homeostasis model assessment of insulin resistance |
| IACUC | institutional animal care and use committee |
| IHL | intrahepatic leukocyte |
| IP | immunoprecipitation |
| IPA | ingenuity pathway analysis |
| ITG | integrin |
| LAMP1 | lysosomal-associated membrane protein 1 |
| LPC | lysophosphatidylcholine |
| LSEC | liver sinusoidal endothelial cell |
| Mac-2 | macrophage galactose-specific lectin |
| МАРК | mitogen-activated protein kinase |
| mRNA | messenger RNA |
| MoMF | monocyte-derived macrophage |
| MS | mass spectrometry |
| MVB | multivesicular body |
| MWCO | molecular weight cut off |
| NAFLD | nonalcoholic fatty liver disease |
| NAS | NAFLD activity score |
| NASH | nonalcoholic steatohepatitis |
| NTA | nanoparticle-tracking analysis |
| PAGE | polyacrylamide gel electrophoresis |
| PBS | phosphate buffered saline |
| PCR | polymerase chain reaction |
| PFP | platelet-free plasma |
| РМН | primary mouse hepatocyte |
| PMT | photomultiplier tube |
| RNAseq | RNA sequencing |
| rRNA | ribosomal RNA |

| SDS | sodium dodecyl sulfate |
|--------|---|
| SEM | standard error of the mean |
| shRNA | small hairpin RNA |
| TBG | thyroxine binding protein |
| TGF-a | transforming growth factor-a |
| TNF-a | tumor necrosis factor-a |
| TSG101 | tumor susceptibility gene 101 |
| tSNE | t-distributed stochastic neighbor embedding |
| TUNEL | terminal deoxynucleotidyl transferase deoxyuridine triphosphate nick-end labeling |
| UF-SEC | ultrafiltration and size-exclusion chromatography |
| VCAM-1 | vascular cell adhesion molecule 1 |
| WCL | whole cell lysate |

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HIGHLIGHTS

- Hepatocytes under lipotoxic stress release active ITGβ₁-enriched extracellular vesicles (EVs)
- Lipotoxic hepatocyte-derived EVs enhance monocyte adhesion to liver sinusoidal endothelial cells mainly via their $ITG\beta_1$ cargo
- ITGβ₁ neutralizing antibody reduces proinflammatory monocyte hepatic infiltration in murine NASH
- Blocking $ITG\beta_1$ attenuates liver inflammation, injury and fibrosis in murine NASH



Fig. 1. Lipotoxic hepatocyte-derived EVs are enriched with active $ITG\beta_1$

(A) Top ranked canonical pathways identified by IPA of proteomic data on EVs derived from vehicle or LPC-treated PMH. Immunoblot analysis showing protein levels of integrin family members and Talin-1 on EVs and whole cell lysate (WCL) from (B) PMH or (C) Huh7 cells treated with vehicle or 20 μ M LPC for 4 hours. Beta-actin, and the EV markers TSG101, CD63 and CD81 were used as loading controls for WCL and EVs, respectively. (D) Immunogold electron microscopy images showing immunoreactivity for ITG β_1 in an active conformation on EVs derived from PMH treated with vehicle (Veh-EV) or LPC (LPC-EV). Nanoscale flow cytometry showing expression levels of active ITG β_1 on EVs, (E) various sizes silica nanoparticles used as calibration beads to define EVs based on the particle size (top panel). ITG β_1^+ EVs from PMH treated with Veh or LPC (bottom panel), quantification of ITG β_1 -positive EVs from (F) PMH and (G) Huh7. Bar columns represent mean \pm standard error of the mean (SEM); n=3–5. (H) Quantification of ITG β_1^+ EVs in the

serum of patients with simple steatosis (n=8), and NASH with stage 1–2 fibrosis (n=17). Graphs represent mean \pm SEM; *p<0.05, **p<0.01 (Unpaired *t* test).



Fig. 2. Hepatocyte lipotoxic treatment induces ITG β_1 activation and endocytic trafficking. (A) Schematic representation of activation and endocytic trafficking of ITG β_1 . (B) Huh7 cells and (C) AML12 cells were treated with either vehicle or 20 µM LPC for 15–30 min ±10 µM p38 inhibitor SB203580 (SB). Cell lysates were immunoprecipitated with active conformation-sensitive ITG β_1 antibody (9EG7), inactive conformation-sensitive ITG β_1 antibody (Mab13) or isotype IgG. Beta-actin was used as a loading control. Huh7 cells were treated with either vehicle or 5 µM LPC for 20 min ± 10 µM SB203580, (D) active ITG β_1 was labeled with 9EG7. (E) Co-localization of active ITG β_1 with early endosomes, late endosomes, or MVBs was assessed using anti-EEA1, anti-Rab7, and anti-CD63 antibodies, respectively. Scale bar: 5µm, n=3, quantification of co-localization between two fluorophores was done by Pearson's correlation coefficient; ***p<0.001, ****p<0.0001 (Unpaired *t* test).



Fig. 3. toxic hepatocyte-derived EVs promote monocyte adhesion to LSECs via an $ITG\beta_1$ dependent mechanism.

Lipo (A) Top represented canonical pathways in monocytes stimulated with LPC-EVs *vs* Veh-EVs. (B) Equal number of Huh7 cells were treated with either veh or LPC. EVs were collected from the conditioned media and labelled with DiO. THP1 cells were co-cultured with human LSECs in the presence of labelled EVs. Scale bar: 20 µm for the top panel, and 5 µm for the bottom panel. (C) Z-stack confocal microscopy of THP1 incubated with DiO-labelled EVs from LPC-treated Huh7 cells (white arrows). (D) Primary mouse monocytes were stimulated with Veh-EV or LPC-EV from PMH \pm ITG β_1 Ab, and infused in microfluidic chambers coated with a monolayer of primary mouse LSECs. Adherent cells were quantified. (E) Immunoblot analysis showing ITG β_1 knockdown in shITG β_1 cell line. Beta-actin was used as a loading control. (F) THP1 cells were stimulated with either Veh-EV or LPC-EV from wild-type (WT) Huh7 cells, or shITG β_1 Huh7 cells, and infused in microfluidic chambers coated with a monolayer of primary human LSECs \pm VCAM-1 Ab.

Adherent THP1 cells were quantified similar to D. VCAM-1 is expressed on human LSECs under basal condition as shown by flow cytometry; bar graphs represent mean±SEM; n=6, ***p<0.001, ****p<0.0001 (One-way ANOVA with Bonferroni's multiple comparison).

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Fig. 4. Anti-ITG β_1 antibody treatment did not alter neither the metabolic phenotype nor the steatosis in FFC diet-fed mice.

Wild-type C57BL/6J mice were fed either chow or FFC diet, and treated with either ITG β_1 Ab or control IgG isotype. (A) Physical activity, energy expenditure, and respiratory quotient were assessed by CLAMS chambers. (B) Body weight curves. (C) Liver to body weight ratio at the time of sacrifice. (D) HOMA-IR at 23 weeks. (E) Hepatic triglyceride content. (F) Representative images of H&E staining of liver tissues (scale bar, 100 µm). Arrows indicate inflammatory cells infiltrate; bar graphs represent mean±SEM; ***p<0.001, ****p<0.0001, ns, nonsignificant; n=5–6 per group (One-way ANOVA with Bonferroni's multiple comparison).



Fig. 5. Anti-ITGβ₁ **antibody treatment in FFC-fed mice attenuates hepatic inflammation.** (A) Representative images of macrophage galactose-specific lectin (Mac-2) staining of liver sections. (B) Mac-2 positive areas were quantified in 10 random 20x microscopic fields and averaged for each animal. (C) Hepatic mRNA expression levels of *Cd68, Ccr2* and *Tnf-a* were assessed by real-time PCR. Fold change was determined after normalization to *18s* expression and expressed relative to Chow-IgG mice. (D) Flow cytometric analysis of the IHL population: top panels show the gating strategy; infiltrating monocytes were defined as CD45⁺ CD11b^{hi} F4/80^{int} CCR2⁺cells. Bottom panels show quantification of each population. Bar graphs represent mean±SEM; n=3–5 per group; *p<0.05, **p<0.01, ****p < 0.001, ****p<0.001 (One-way ANOVA with Bonferroni's multiple comparison, unpaired *t* test for panel D.).

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Figure 6. Intrahepatic leukocyte profiling by mass cytometry by time-of-flight (CyTOF). CyTOF was performed on IHL of chow-fed mice, and FFC-fed mice treated with either ITG β_1 Ab or control IgG isotype. IHL from IgG-treated chow-fed mice were used as control. (A) Twenty-eight unique clusters of IHL were defined by a 24 cell surface marker panel using the Rphenograph clustering algorhithm and were visualized on a t-distributed stochastic neighbor embedding (tSNE) plot. (B) Heat map demonstrating the distribution and relative intensity of the cell surface markers used in the clustering analysis. (C) Heat map showing the relative abundance of each cluster for each mouse. (D) Representative tSNE plots of each group. Red indicates high frequency categorization of cells to a cluster; blue indicates low frequency; n=3 per group.



Fig. 7. nti-ITG β_1 antibody reduces the pro-inflammatory monocyte hepatic infiltration in the FFC-fed mice.

A Differentially expressed clusters between the groups (top graphs); clusters categorized into distinct leukocyte subpopulations based on intensities of individual cell surface markers (bottom graphs). (A) Cluster 5 and 9 represent infiltrating pro-inflammatory MoMF, (B) clusters 7, and 17 represent infiltrating MoMF, (C) cluster 1, 2 and 28 represent restorative macrophage, and (D) cluster 10 represents hepatic macrophage (n=3 per group); bar graphs represent mean±SEM (top panel); *p < 0.05, **p<0.01***, p<0.001, ****p< 0.0001 (Oneway ANOVA with Bonferroni's multiple comparison).



Fig. 8. Anti-ITG β_1 antibody treatment reduces FFC diet-induced liver injury and fibrosis in murine NASH.

(A) Representative images of TUNEL staining of liver sections, quantification of TUNELpositive cells. (B) Serum ALT levels. (C) NAS scores. (D) Hepatic mRNA expression of *Collagen1a1* and *Osteopontin*. (E) Representative images of Sirius red staining, quantification of Sirius red-positive areas. (F) Representative images of α -SMA staining of liver sections, quantification of α -SMA-positive areas. Scale bars: 100 µm; n=5–6 per group; bar graphs represent mean±SEM; *p<0.05, **p<0.01, ***p<0.001, ****p<0.0001(One-way ANOVA with Bonferroni's multiple comparison).