# **RESEARCH ARTICLE**

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# The cerebellum after trauma: Resting-state functional connectivity of the cerebellum in posttraumatic stress disorder and its dissociative subtype

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# Abstract

The cerebellum plays a key role not only in motor function but also in affect and cognition. Although several psychopathological disorders have been associated with overall cerebellar dysfunction, it remains unclear whether different regions of the cerebellum contribute uniquely to psychopathology. Accordingly, we compared seed-based resting-state functional connectivity of the anterior cerebellum (lobule IV-V), of the posterior cerebellum (Crus I), and of the anterior vermis across posttraumatic stress disorder (PTSD; n = 65), its dissociative subtype (PTSD + DS; n = 37), and non-trauma-exposed healthy controls (HC; n = 47). Here, we observed decreased functional connectivity of the anterior cerebellum and anterior vermis with brain regions involved in somatosensory processing, multisensory integration, and bodily self-consciousness (temporo-parietal junction, postcentral gyrus, and superior parietal lobule) in PTSD + DS as compared to PTSD and HC. Moreover, the PTSD + DS group showed increased functional connectivity of the posterior cerebellum with cortical areas related to emotion regulation (ventromedial prefrontal and orbito-frontal cortex, subgenual anterior cingulum) as compared to PTSD. By contrast, PTSD showed increased functional connectivity of the anterior cerebellum with cortical areas associated with visual processing (fusiform gyrus), interoceptive awareness (posterior insula), memory retrieval, and contextual processing (hippocampus) as compared to HC. Finally, we observed decreased functional connectivity between the posterior cerebellum and prefrontal regions involved in emotion regulation, in PTSD as compared to HC. These findings not only highlight the crucial role of each cerebellar region examined in the psychopathology of PTSD but also reveal unique alterations in functional connectivity distinguishing the dissociative subtype of PTSD versus PTSD.

### KEYWORDS

anterior cerebellum, anterior vermis, bodily self-consciousness, Crus I, dissociative symptoms, emotion modulation, multisensory integration, posterior cerebellum, PTSD, resting-state functional connectivity

# **1** | INTRODUCTION

The cerebellum is a highly organized and uniform structure situated in the posterior cranial fossa (Balaei, Ashtari, & Bergen, 2017). Although historically considered crucial to sensorimotor functions, recent studies have re-examined the role of this region in cognitive and affective processing (Schmahmann, 2000; Schutter, 2013; Stoodley & Schmahmann, 2010; Strata, Scelfo, & Sacchetti, 2011; Turner et al., 2007). Indeed, the cerebellum has widespread structural and functional connectivity to brain regions with differential functions, ranging from the brainstem to subcortical and cortical structures. Specifically, the cerebellum connects to the reticular system (arousal function), the brainstem nuclei (vestibular function, and dopamine and noradrenaline release), the hypothalamus (autonomic function and expression of emotion), limbic system (emotion processing and regulation), paralimbic regions (emotion processing, motivation, and control), association cortices (higher cognitive

WILFY 3355

functions and affect; Schmahmann, 2000), and sensorimotor cortices (sensorimotor integration; Schmahmann, 2004). Here, a two-stage feed-forward and feedback system between the cerebellar and cortical areas has been identified. The first feedforward system originates in the cerebellum and passes through the deep cerebellar nuclei, projecting to the thalamus on route to cortical regions. A second backward system originates in the cortex and projects to the cerebellum through the pons (Stoodley & Schmahmann, 2010).

Interestingly, the cerebellum has been subdivided into functionally defined topographic subdivisions (Schmahmann, 2000; Schutter, 2013; Stoodley & Schmahmann, 2009, 2010). The anterior lobe (lobules I-V) is considered the "sensorimotor cerebellum" and contains a somatotopic representation of the body, with a secondary representation in lobule VIII-IX (posterior lobe). The anterior lobe is dedicated to sensorimotor coordination and motor control functions and is functionally connected with sensorimotor cortices. Finally, lobules VI and VII (Crus I and II) in the posterior lobe are devoted to cognitive functions, including working memory, language, visuo-spatial, and executive functions. Together, these lobules are functionally connected to association cortices (prefrontal, posterior parietal cortices, and superior and middle temporal gyri) and are therefore referred to as the "cognitive cerebellum." By contrast, affect and emotional processing are thought to occur in the "limbic cerebellum," comprising primarily the vermis and the fastigial nucleus (it is worth noting here that neuroimaging data also show activity in lobules VI and VII in the posterior lobe during affective tasks Stoodlev & Schmahmann, 2009, 2010). Due to its involvement in emotion regulation, the limbic cerebellum has been proposed as part of an extended Papez circuit (Snider & Maiti, 1976; Strata et al., 2011), which sends projections to subcortical areas involved in emotion processing, including the ventral tegmental area, hippocampus, periqueductal grey, hypothalamus, and amygdala via the fastigial nucleus. Finally, the vestibulocerebellum comprises lobule IX and X (the flocculonodular lobe) and is connected to the vestibular nuclei and the superior colliculus in the brainstem. It receives inputs from the visual cortex via the pons, regulating balance, gait, and eye movements (Schutter, 2013).

Given its homogenous structure and involvement in several functional networks, the comprehensive universal cerebellar transform (UCT) hypothesis proposes that the cerebellum serves as a "peacemaker" or a "dampener," organizing and modulating lower level (bodily inputs) and higher level (limbic and cortical inputs) signals in an effort not only to maintain a homeostatic baseline but also to smooth or even out performance in the behavioral, emotional, and cognitive domains (Schmahmann, 2000, 2004). Lending support to this hypothesis, lesion studies have contributed significantly to our current understanding of the role of the cerebellum across multiple domains, including the regulation of emotion. Here, a Cerebellar Cognitive Affective Syndrome (CCAS) was proposed based on observations that lesions to the posterior lobe led to impairment of executive functions, memory, language, and changes in the patients' personality and affective state. Notably, this syndrome is further characterized by blunting of emotion alternating with irritability and disinhibited behavior when posterior vermal lesions are also present. Moreover, when lesions occur in children, CCAS is further associated with anxiety, aggression, and dysphoria (Schmahmann, 2000; Schmahmann, Weilburg, & Sherman, 2007). Evidence from neuropsychiatric disorders supports further cerebellar involvement in emotion dysregulation, where studies of individuals with schizophrenia, autism, depression, and PTSD collectively reveal abnormalities in cerebellar volume and/or metabolic activity (see Schmahmann, 2000; Snow, Stoesz, & Anderson, 2014; Teicher et al., 2002, 2003 for reviews).

PTSD, a psychiatric condition occurring following exposure to a traumatic event, is characterized by emotion dysregulation involving both emotional under- and overmodulation. Emotional undermodulation refers to a pattern of decreased regulatory function by prefrontal brain regions (in particular, ventromedial prefrontal and rostral anterior cingulate cortex) that is associated with hyperactivity in limbic regions (such as amygdala and anterior insula) and an associated presentation of re-experiencing and hyperarousal in PTSD (APA, 2013; Lanius, Frewen, Vermetten, & Yehuda, 2010b). By contrast, overmodulation refers to a pattern of increased regulation by the prefrontal regions that is associated with diminished activity within limbic regions (Lanius et al., 2010b). Critically, the dissociative subtype of PTSD is characterized by overmodulation with associated emotional numbing, hypoarousal, and feelings of detachment from one's own body and surroundings (depersonalization and derealization symptoms, respectively) (Lanius, 2015; Stein et al., 2013; Steuwe, Lanius, & Frewen, 2012).

Interestingly, previous structural neuroimaging studies have reported reduced cerebellar volumes in PTSD (Baldaçara et al., 2011b; De Bellis et al., 2015; Carrion et al., 2009) and in related affective disorders (e.g., depression and bipolar disorder Baldacara et al., 2011a; Yucel et al., 2013). Corresponding evidence from functional neuroimaging studies involving exposure to trauma-related stimuli has revealed that BOLD activity in the anterior vermis correlates with PTSD symptomatology (Ke et al., 2015), and that regional cerebral blood flow (rCBF) within lobules IV-V correlates with flashback intensity in PTSD (Osuch et al., 2001). Moreover, increased rCBF has been reported in the anterior vermis of veterans with PTSD during symptom provocation (Pissiota et al., 2002). Critically, it appears that even at rest, individuals with PTSD show alterations in neural activity and functional connectivity of the cerebellum. Here, increased BOLD activity in the Crus I, lobule VIII, and lobule X has emerged in PTSD as compared to healthy controls at rest (Wang et al., 2016), and increased rCBF has been reported in lobules VI and Crus I in PTSD as compared to trauma-exposed and healthy controls at rest (Bonne et al., 2003). By contrast, decreased baseline activity (amplitude of low-frequency fluctuation) characterized lobule VI in PTSD as compared to trauma-exposed controls (Yin et al., 2011). Furthermore, increased resting-state functional connectivity between the anterior vermis and the amygdala and the periaqueductal grey (Thome et al., 2016) emerged in PTSD as compared to healthy controls, where decreased functional connectivity between the posterior vermis and the medial prefrontal cortex correlated positively with PTSD symptomatology. Taken together, these studies point toward a crucial role of the cerebellum in the psychopathology of PTSD (Carletto & Borsato, 2017), which is evident not only during exposure to trauma cues but also during resting state.

Accordingly, the aim of our study was to investigate resting-state functional connectivity of the cerebellum in PTSD and its dissociative subtype as compared to healthy controls, focusing on cerebellar regions that have been shown to play a key role in PTSD WII EY

symptomatology, specifically those involved in the sensorimotor. cognitive, and emotional functions of the cerebellum: lobule IV-V in the anterior lobe, Crus I in the posterior lobe, and the anterior vermis. Comparisons of PTSD to controls were expected to reveal aberrant functional connectivity of (i) the anterior lobe with sensorimotor pathways; (ii) of the posterior lobe with cortical association areas; and (iii) of the anterior vermis with limbic regions. In addition, given that individuals with the dissociative subytpe of PTSD exhibit symptoms of depersonalization and derealization not usually experienced by PTSD or healthy controls, we hypothesized that functional connectivity of the cerebellar regions would differentiate the dissociative subtype of PTSD from PTSD and controls. In particular, we expected to find altered functional connectivity of the cerebellum with cortical areas associated with bodily self-consciousness (temporo-parietal regions) and with frontal and prefrontal regions involved in emotion regulatory processes involved in the dissociative subtype of PTSD.

# 2 | METHODS

## 2.1 | Participants

The sample consisted of 149 subjects, including 65 individuals with a diagnosis of PTSD, 37 individuals diagnosed with the dissociative subtype of PTSD (PTSD + DS), and 47 healthy non-trauma exposed controls (HC). A subset of the current sample has been utilized in previous resting state studies from our group investigating other regions of the brain (Harricharan et al., 2016, 2017; Nicholson et al., 2015, 2016; Olivé et al., 2018; Rabellino et al., 2017; Thome et al., 2016).

PTSD diagnosis was determined through administration of the Clinician Administered PTSD scale-IV or 5 [cutoff > 50 for CAPS-IV (Blake et al., 1995) (n = 131); criteria met on CAPS-5 (Weathers et al., 2013) (n = 18)]. As per standard methods, participants were included in PTSD + DS group when endorsing a severity  $\geq 4$  (frequency + intensity) for CAPS-4, or  $\geq$ 2 (severity) for CAPS-5 on the CAPS depersonalization or derealization symptoms (Harricharan et al., 2016; Rabellino et al., 2015; Steuwe et al., 2012; Weathers, Ruscio, & Keane, 1999). The Structured Clinical Interview for DSM-IV Axis I Disorders (SCID-I) (First, Spitzer, Gibbon, & Williams, 2002) was also administered to assess potential comorbidity with other psychiatric disorders. Additional psychological measurements were administered, including the Multiscale Dissociation Inventory (MDI) that assessed for dissociative symptomatology (Briere, 2002) and the Childhood Trauma Questionnaire (CTQ) (Bernstein et al., 2003) that assessed for history of childhood trauma. State anxiety and dissociative symptoms were assessed at the end of the scanning session using the State-Trait Anxiety Inventory (STAI) (Spielberger, Gorsuch, Lushene, Vagg, & Jacobs, 1983), the Clinician Administered Dissociative States Scale (CADSS) (Bremner et al., 1998), and the Responses to Script-Driven Imagery Scale (RSDI) (Hopper, Frewen, van der Kolk, & Lanius, 2007). Detailed demographic and clinical characteristics are presented by group in Table 1. During recruitment, participants were excluded if reporting a previous head injury with loss of consciousness, current or past history of neurological disorders, significant medical conditions, fMRI incompatibility, history of psychosis, bipolar disorder, substance, or alcohol use disorder for 6 months prior to the study. Furthermore, participants within the control sample did not meet any current or lifetime criteria for psychiatric disorders (as per SCID-I).

Recruitment occurred between 2011 and 2017 through community advertisement, and through mental health practitioners and family physicians within the London (ON) community referring to the Department of Psychiatry London Health Services Center (LHSC). All participants provided informed written consent. The study was approved by the research ethics board at Western University of Canada.

# 2.2 | fMRI image acquisition

Magnetic resonance images were collected at Robarts Research Institute's Center for Functional and Metabolic Mapping and Lawson Health Research Institute in London, Ontario, Canada via a whole-body 3.0 T MRI scanner (Magnetom Tim Trio, Siemens Medical Solutions, Erlangen, Germany) with a 32-channel phased array head coil. Highresolution T1-weighted anatomical images were acquired at the beginning of the scanning session with a magnetization-prepared rapid acquisition gradient echo (MPRAGE) sequence, 1 mm isotropic resolution (192 slices). Subsequently, T2\*-weighted functional images were collected using a standard gradient echo planar imaging (EPI) sequence with 2 mm isotropic resolution and the following parameters: FOV = 192 mm  $\times$  192 mm  $\times$  128 mm (94  $\times$  94 matrix, 64 slices), TR/ TE = 3,000 ms/20 ms, flip angle = 90°, 120 volumes. The first four volumes were automatically discarded to allow for equilibration. Foam pads were used to fix the head position and limit head motion of all participants.

### 2.3 Statistical analyses

# 2.3.1 | Demographic and psychological measures

Whereas gender differences between groups were tested using Pearson's chi-square tests, Kruskall–Wallis H tests, followed by post-hoc Mann–Whitney tests, were used to assess potential group differences in age, CAPS, CTQ, MDI, CADSS, state depersonalization/derealization and state reliving RSDI scores, and STAI measures.

# 2.3.2 | fMRI preprocessing

All fMRI analyses were performed using SPM12 (Wellcome Trust Center for Neuroimaging, London, UK) implemented in MATLAB R2015 (Mathworks Inc., MA). Acquired functional images were realigned to the first image and resliced to obtain a mean functional image that was coregistered to the anatomical image for each subject. Coregistration was followed by the segmentation of the images into each tissue type (grey and white matter, and cerebrospinal fluid), spatial normalization to the MNI standard template and smoothing with a 6 mm full-width at half-maximum (FWHM) Gaussian kernel. ART toolbox (version 2015-10; Gabrieli Lab, McGovern Institute for Brain Research, Cambridge, MA) was applied to correct for head motion (at 2 mm motion threshold), particularly relevant in resting-state functional connectivity measurements (Power, Barnes, Snyder Schlaggar, & Petersen, 2012). The

TABLE 1 Demographic and clinical characteristics of study sample

Demographic and clinical characteristics	PTSD group ( $n = 65$ )	PTSD+DS (n = 37)	Control group ( $n = 47$ )	<b>p</b> *
Age (mean $\pm$ <i>SD</i> ) years	$\textbf{37.58} \pm \textbf{11.75}$	$40.38 \pm 13.69$	$\textbf{33.81} \pm \textbf{11.8}$	0.73
Gender (F) frequency	40	29	32	0.216
CAPS-IV tot (mean $\pm$ SD)	67.39± 13.85 (n = 54)	$81.6 \pm 12.89 \ (n = 30)$	$0.55 \pm 2.78$ (n = 47)	<.0001
CAPS-5 tot (mean $\pm$ SD)	$32.91 \pm 10.72$ (n = 11)	$36 \pm 8.74$ (n = 7)	n/a	0.596
MDI tot score (mean $\pm$ SD)	54.53 $\pm$ 15.38 (n = 62)	77.23 $\pm$ 22.04 (n = 35)	$33.97 \pm 4.02 \ (n = 45)$	<.0001
CTQ tot score (mean $\pm$ <i>SD</i> )	55.85 ± 24.32 (n = 61)	68.19 ± 19.06 (n = 36)	31.31 ± 8.10 (n = 45)	<.0001
Post-scan STAI tot score (mean $\pm$ SD)	$5.73 \pm 2.11$ (n = 61)	$5.96 \pm 2.36$ (n = 25)	$3.58 \pm 1.20$ (n = 46)	<.0001
Post-scan CADSS tot score (mean $\pm$ SD)	$3.62 \pm 1.16$ (n = 61)	4.68 ± 2.83 (n = 25)	$3.18 \pm 0.57$ (n = 46)	<.0001
Post-scan RSDI dep/der (mean $\pm$ SD)	$3.62 \pm 1.29$ (n = 61)	$4.76 \pm 2.10$ (n=25)	$2.76 \pm 0.48$ (n = 46)	<.0001
Post-scan RSDI reliving (mean $\pm$ SD)	$2.97 \pm 1.26$ (n = 61)	$3.12 \pm 1.39$ (n = 25)	$2.11 \pm 0.38$ (n = 46)	<.0001
AXIS I comorbidity, current [past] frequency				
Major depressive disorder	12 [24]	23 [9]	-	
Panic disorder/agoraphobia	10 [6]	9 [6]	-	
Social phobia	2 [2]	6 [0]	-	
Obsessive-compulsive disorder	2 [2]	0 [2]	-	
Generalized anxiety disorder	1 [0]	0 [0]	-	
Lifetime history of alcohol abuse or dependence	0 [23]	0 [20]	-	
Lifetime history of substance abuse or dependence	0 [7]	0 [6]	-	

Note. Abbreviations: CADSS = Clinician Administered Dissociative States Scale; CAPS = Clinical Administered PTSD Scale; CTQ = Childhood Trauma Questionnaire; DEP/DER = depersonalization/derealization; MDI = Multiscale Dissociation Inventory; PTSD = post-traumatic stress disorder;

PTSD+DS = PTSD dissociative subtype; RSDI = Responses to Script-Driven Imagery Scale; SD = standard deviation; STAI = State-Trait Anxiety Inventory. \*The last column reports *p* values for Kruskal-Wallis and Pearson chi-squared tests.

obtained motion regressors parameters were added to the standard six movement parameters at the first level analysis. Furthermore, bandpass filtering, within a 0.012–0.1 Hz range, was applied on the smoothed images using the in-house code programmed by co-author J. Théberge.

## 2.4 Seed-based connectivity analyses

The seed regions of interest (ROIs) included the right and left lobule IV-V, Crus I of the cerebellum, and anterior vermis, respectively (see Figure 1). ROI masks were generated using the aal toolbox in WFU PickAtlas (Functional MRI Laboratory, Wake Forest University



**FIGURE 1** Seed regions for the left and right anterior vermis (green), left and right anterior cerebellum (lobules IV–V; red), and left and right posterior cerebellum (Crus I; blue) [Color figure can be viewed at wileyonlinelibrary.com]

School of Medicine) and visually inspected in comparison with an MRI atlas of the human cerebellum (Schmahmann, Doyon, Toga, Petrides, & Evns, 2000). In-house software by co-author J. Théberge was used to extract the mean signal intensity from each seed region time course to be used as a regressor within a first-level multiple regression model for each seed region and per each subject. Final connectivity indicated positive correlations between each seed region and other voxels in the brain.

For each seed region considered, a 3 (group: HC, PTSD, PTSD + DS)  $\times$  2 (ROI: right seed, left seed) full-factorial ANOVA was performed in SPM12 to investigate functional connectivity at the group level. Post-hoc one- and two-sample *t*-tests were performed to further investigate significant main and interaction effects. In addition, for each seed region, a full factorial ANOVA was performed treating current medication treatment as a nuisance covariate to examine the potential effects of medication on the current findings.

Regression analyses were used to explore the correlation of PTSD symptom severity (total CAPS-IV score, n = 84), childhood trauma exposure (as per CTQ, n = 97), dissociative traits (as per MDI, n = 97), and comorbidity with current Major Depression Disorder (as per SCID-I, n = 102) with the functional connectivity of each seed region, within the whole PTSD sample (PTSD and PTSD + DS). In addition, the correlation of state anxiety (as per STAI, n = 132), state identity dissociative symptoms (as per CADSS,

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**TABLE 2** Resting-state functional connectivity of the anterior cerebellum (lobules IV–V). (a) Results from the full factorial ANOVA; (b) between-group comparisons results; (c) correlation with symptoms results

a) Full factorial ANOVA								Peak MNI coor- dinate		
		L/R		Brain region	k	Ζ	р	x	у	z
Main effect of group		R		Middle temporal gyrus	314	6.16	<.001	66	-40	-4
		R		Angular & supramarginal gyri/TPJ	314/subcluster	5.23	<.001	66	-28	26
Main effect of hemisphere		L		Anterior vermis/Lobule V	1,147	Inf	<.001	-8	-46	-12
		L/R		Posterior Cingulum	470	4.18	<.001	-2	-34	40
		R		Middle cingulum/SMA	470/subcluster	4.01	<.001	8	-4	50
$\begin{array}{l} {\rm Group} \times {\rm hemisphere} \\ {\rm interaction \ effect} \end{array}$		R		Medial superior frontal gyrus/SMA	501	3.92	<0.001	4	28	46
(b) Between-group compari	sons							Peal cool	< MNI rdinate	
Seed region	Comparison	L/R		Brain region	k	Ζ	р	x	у	z
Left lobules IV-V	HC>PTSD			ns						
	PTSD>HC	R		Fusiform gyrus	573	4.26	<.001	28	-40	-14
		R		Hippocampus	573/subcluster	4.09	<.001	38	-28	-6
	HC>PTSD+DS	R		Middle temporal gyrus	2,695	5.49	<.001	66	-40	-6
		R		Superior parietal lobule/ supramarginal & angular gyri/TPJ	2,695/subcluster	4.89	<.001	36	-38	50
	PTSD+DS>HC			ns						
	PTSD+DS>PTSD			ns						
	PTSD>PTSD+DS	R		Middle temporal gyrus	4,347	5.64	<.001	66	-40	-4
		R		Supramarginal and angular gyri/TPJ/parietal operculum/ postcentral gyrus	4,347/subcluster	5.35	<.001	66	-28	26
Seed region	Comparison	L/R		Brain region	k	Ζ	р	x	у	z
Right lobules IV-V	HC>PTSD			ns						
	PTSD>HC	R		Posterior insula	527	4.22	<.001	38	-12	12
				Planum polare/transverse temporal gyrus	527/sublcuster	4.02	<.001	48	-6	-2
	HC>PTSD+DS	R		Middle temporal gyrus	2,764	6.62	<.001	68	-40	-4
		R		Supramarginal and angular gyri/TPJ/parietal operculum/ postcentral gyrus	2,764/subcluster	5.14	<.001	60	-56	26
	PTSD+DS>HC			ns						
	PTSD+DS>PTSD			ns						
	PTSD>PTSD+DS	R		Middle temporal gyrus	3,467	5.95	<.001	68	-40	-4
		R		Supramarginal and angular gyri/ TPJ/parietal operculum	3,467/subcluster	5.61	<.001	66	-28	26
		R		Superior temporal gyrus	3,467/subcluster	5.27	<.001	64	-44	20
(c) Correlation with sympto	ms							Peal cool	< MNI rdinate	
Seed region	Correlation	L/R		Brain region	k	Z	р	x	y	z
Left lobules IV-V	Negative correlation		R	Postcentral gyrus	581	3.89	<.001	60	-6	24

#### TABLE 2 (Continued)

(c) Correlation with sympto	ms								
CAPS tot							Peak coor	MNI dinate	
Seed region	Correlation	L/R	Brain region	k	Ζ	р	х	у	z
		R	Parietal operculum/ supramarginal gyrus	581/subcluster	3.85	<.001	56	-28	32
RSDI reliving							Peak MNI coordinate		
Seed region	Correlation	L/R	Brain region	k	Ζ	р	х	y	z
Left lobules IV-V	Positive correlation	L/R	Calcarine cortex/ cuneus/lingual gyrus/fusiform gyrus	4,808	4.34	<.001	6	-78	8
Right lobules IV-V	Positive correlation	L/R	Calcarine cortex/cuneus/ lingual gyrus	2,826	4.19	<.001	8	-74	-2

Note. Abbreviations: CAPS = Clinician Administered PTSD Scale; CNTR = control group; k = cluster extent; L = left hemisphere; PTSD = post-traumatic stress disorder group; PTSD+DS = PTSD dissociative subtype group; R = right hemisphere; RSDI = Response Script-Driven Imagery scale; SMA = supplementary motor area; TPJ = temporo-parietal junction.

All results are reported at p < .05 whole-brain corrected.

n = 132), state depersonalization/derealization symptoms (as per RSDI depersonalization/derealization average, n = 132), and state reliving symptoms (as per RSDI reliving average, n = 132) with the functional connectivity of each seed was explored within the whole study sample.

Results were corrected at a whole brain threshold of alpha < .05. This was ensured using an initial whole brain threshold set at p < .001 uncorrected followed by a 1000-iteration Monte Carlo simulation procedure [AlphaSim in RESTplus Toolbox version 1.8 (http://www.rest-fmri.net) (Song et al., 2011)] to yield minimal cluster extents for controlling a false-positive rate of 5% at the whole brain level. In addition, the individual extent thresholds were determined for each individual T-map investigated.

# 3 | RESULTS

## 3.1 Demographic and psychological measures

No significant between-group differences emerged for gender and age. By contrast, significant between-group differences were found for all the psychological measures considered. Specifically, whereas the PTSD + DS group showed significantly higher CAPS, CTQ, MDI, depersonalization/derealization RSDI scores as compared to PTSD and HC (all p < .010), the PTSD group also showed higher scores on the same measures as compared to HC (all p < .001). Moreover, the PTSD and the PTSD + DS groups did not differ significantly on CADSS, STAI, and reliving RSDI scores; however, both groups had significantly higher scores than HC (all p < .001; for detailed results see Table 1).

# 3.2 Seed-based functional connectivity analyses

## 3.2.1 | Anterior cerebellum: Lobules IV-V

A full-factorial ANOVA revealed a significant main effect of group on the functional connectivity of lobules IV-V with the right middle temporal, angular, and supramarginal gyri, brain regions known to form the temporo-parietal junction. In addition, a main effect of hemisphere was found in relation to the functional connectivity of lobules IV-V with the left anterior vermis, the bilateral posterior and right middle cingulum. Interestingly, a group by hemisphere interaction effect was found for the functional connectivity between lobules IV-V and the medial superior frontal gyrus, extending to the supplementary motor area (Table 2a).

#### Between-group comparisons

**PTSD** versus HC The PTSD group showed increased functional connectivity between the left lobules IV–V and the right fusiform gyrus and hippocampus, and between the right lobules IV–V and the right posterior insula and planum polare extending into the transverse temporal gyrus in comparison to the control group (Table 2b, Figure 2).

PTSD + DS versus HC As compared to the control group, the PTSD + DS group showed decreased functional connectivity between the bilateral lobules IV–V and the right middle temporal, supramarginal, and angular gyri, including the temporo-parietal junction (TPJ). In addition, the left lobules demonstrated decreased functional connectivity with the superior parietal lobule, and the right lobules showed decreased functional connectivity with the right postcentral gyrus, in PTSD + DS as compared to controls (Table 2b, Figure 2).

PTSD + DS versus PTSD Similar to the results above, when compared to the PTSD group, the PTSD + DS sample showed decreased functional connectivity between the bilateral lobules IV-V and the right middle temporal, supramarginal, angular gyrus, including the TPJ, the right parietal operculum and postcentral gyrus. In addition, the right lobules IV-V exhibited decreased functional connectivity with the right superior temporal gyrus in PTSD + DS as compared to PTSD (Table 2b, Figure 2).



# Left Anterior Cerebellum

**Right Anterior Cerebellum** 



**FIGURE 2** Between-group resting-state functional connectivity results emerged for the left and right anterior cerebellum (lobules IV–V). Results are shown at a cluster extent threshold ensuring whole-brain correction at  $\alpha$  < .05. CNTR: control group; PTSD: posttraumatic stress disorder group; PTSD + DS: dissociative subtype of PTSD group; >: increased functional connectivity; <: decreased functional connectivity [Color figure can be viewed at wileyonlinelibrary.com]

# Correlation with symptoms

Functional connectivity of the left lobules IV–V with the right postcentral gyrus, parietal operculum, and supramarginal gyrus was negatively correlated with PTSD symptom severity (as per CAPS-IV total score) within the whole PTSD sample (PTSD and PTSD + DS). In addition, state reliving

symptoms (as per RSDI) showed a positive correlation with the functional connectivity between bilateral lobules IV–V and bilateral calcarine cortex, cuneus, lingual, and fusiform gyrus within the whole sample (Table 2c).

No other significant correlations were demonstrated with psychological measures, including childhood trauma (as per CTQ), trait

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dissociation (as per MDI), current Major Depressive Disorder (as per SCID-I), state anxiety (as per STAI), state identity dissociative (as per CADSS), and state depersonalization/derealization symptoms (as per RSDI).

# The effects of current medication status

In the-full factorial ANOVA with current medication treatment included as a nuisance covariate, all results presented above remained significant, with the exception of decreased functional connectivity in PTSD + DS as compared to controls between the right anterior cerebellum and the parietal operculum and the postcentral gyrus (these regions were previously part of a bigger cluster, including the angular and supramarginal gyri in the TPJ; please refer to Supporting Information, Table S1 for detailed results).

# 3.2.2 | Posterior cerebellum: Crus I

The full-factorial ANOVA revealed a main effect of group in the functional connectivity of Crus I with the right temporal pole and a main effect of hemisphere in the left seed region. No interaction effect of group by hemisphere emerged (Table 3a).

# Between-group comparisons

PTSD versus HC The PTSD group showed decreased functional connectivity of the left Crus I with the bilateral middle and superior frontal gyrus extending to the medial prefrontal cortex in comparison to the control group (Table 3b, Figure 3). No significant between-group comparisons emerged when considering the right lobule.

PTSD + DS versus HC As compared to controls, PTSD + DS individuals showed increased functional connectivity of the left Crus I with the left occipital fusiform gyrus and the right temporal pole (Table 3b, Figure 3). No significant between-group comparisons emerged relative to the right lobule functional connectivity.

PTSD + DS versus PTSD The PTSD + DS group showed increased functional connectivity of the left Crus I with the right middle frontal gyrus, the bilateral precentral gyrus (frontal eye field), the left supplementary motor area, the left superior frontal gyrus, the right temporal pole, the right inferior frontal gyrus/frontal operculum, the right orbito-frontal cortex extending into the ventromedial prefrontal cortex, and the bilateral subgenual anterior cingulum as compared to the PTSD group. In addition, the right Crus I showed increased functional connectivity with the right middle, superior, and orbital frontal gyrus, and with the right middle and superior temporal gyrus, in the PTSD + DS as compared to the PTSD group. Please refer to Table 3b and Figure 3 for detailed results.

# Correlation with symptoms

Childhood trauma (as per CTQ) was negatively correlated with functional connectivity between the right Crus I and the right calcarine cortex, middle, and superior occipital gyrus, and the bilateral cuneus and precuneus, within the whole PTSD sample (PTSD and PTSD + DS). By contrast, state anxiety symptoms (as per STAI) showed a positive correlation with the functional connectivity between the right Crus I and the left middle

and inferior occipital gyrus, and the bilateral cuneus, and a positive correlation between the left Crus I and the left calcarine cortex within the whole sample. In addition, state dissociative symptoms (as per RSDI) showed a positive correlation with functional connectivity between the left Crus I and the left dorsal anterior insula and the inferior frontal gyrus within the whole sample. State reliving symptoms (as per RSDI) showed a positive correlation between the left Crus I and bilateral lingual gyrus, calcarine cortex, anterior vermis, right inferior occipital and fusiform gyrus, and left anterior cerebellum—lobule V, whereas a positive correlation with state reliving symptoms was found between the right Crus I and the right inferior and middle occipital gyrus, lingual, and fusiform gyrus, and the cuneus within the whole sample (Table 3c).

No other significant correlations were found, including with PTSD symptom severity (as per CAPS-IV), trait dissociation (as per MDI), current major depressive disorder (as per SCID-I), and state identity dissociation (as per CADSS).

# The effects of current medication status

In the full-factorial ANOVA with current medication treatment as nuisance covariate, all findings presented above remained significant, with the exception of the temporal pole, which, although present, did not reach significance ( $\alpha = .105$ ) as a main effect of group. Moreover, the previously observed increased functional connectivity of the left posterior cerebellum with the temporal pole no longer reached significance in PTSD + DS as compared to controls (please refer to Supporting Information, Table S2).

# 3.2.3 | Anterior vermis

Results from the full-factorial revealed a main effect of group for the functional connectivity between the right and left anterior vermis and the right middle and the left inferior temporal gyrus, respectively. In addition, a group by hemisphere interaction effect was found for the functional connectivity with the right ventral anterior insula (Table 4a). No main effect of hemisphere was demonstrated.

Between-group comparisons PTSD versus HC No significant results emerged.

PTSD + DS versus HC The PTSD + DS group showed decreased functional connectivity between the left and right anterior vermis and the right middle temporal, postcentral, and angular and supramarginal gyri as compared to controls (Table 4b, Figure 4).

PTSD + DS versus PTSD The PTSD + DS group showed decreased functional connectivity between the left and right anterior vermis and the bilateral middle and inferior temporal gyri and the right angular and supramarginal gyri in comparison to the PTSD group. Additionally, the right anterior vermis showed decreased connectivity with the right postcentral gyrus in PTSD + DS as compared to PTSD (Table 4b, Figure 4).

# Correlation with symptoms

A positive correlation emerged between anxiety states (as per STAI) and functional connectivity between the right anterior vermis and the left fusiform gyrus using the whole sample. By contrast, functional connectivity of the left anterior vermis with the bilateral medial superior **TABLE 3** Resting-state functional connectivity of the posterior cerebellum (Crus I). (a) Results from the full-factorial ANOVA; (b) betweengroup comparisons results; (c) correlation with symptoms results

3362

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(a) Full factorial A	NOVA						Peak MNI coordinate		
		L/R	Brain region	k	Ζ	р	x	у	z
Main effect of gr	oup	R	Temporal pole	310	4.16	<.001	40	12	-28
Main effect of he	emisphere	L	Cerebellum lobule VIIa Crus I	689	5.16	<.001	-30	-74	-28
Group × hemisph interaction effe	ect	ns							
(b) Between-grou	p comparisons						Peak M	NI coordi	nate
Seed region	Comparison	L/R	Brain region	k	Ζ	р	х	у	z
Left Crusl	HC>PTSD	L/R	Middle frontal gyrus/ superior frontal gyrus	3,546	4.4	<.001	-32	56	12
		L/R	Superior frontal gyrus/ mPFC	3,546/ subcluster	4.21	<.001	-14	64	22
	PTSD>HC		ns						
	HC>PTSD+DS		ns						
	PTSD+DS>HC	L	Occipital fusiform gyrus	877	4.94	<.001	-26	-72	-2
		R	Temporal pole	258	4.05	<.001	38	12	-30
	PTSD+DS>PTSD	R	Middle frontal gyrus	2,078	4.81	<.001	44	22	46
		R	Precentral gyrus	2,078/ sublcuster	4.67	<.001	50	2	40
		L	Supplementary motor area	286	4.57	<.001	-8	-6	56
		L	Superior frontal gyrus	286/ subcluster	3.58	<.001	-10	-6	74
		R	Temporal pole	451	4.33	<.001	40	12	-28
		R	Middle frontal gyrus	1,382	4.21	<.001	36	44	-8
		R	IFG/frontal operculum	1,382/ subcluster	4.03	<.001	50	22	8
		R	OFC/vmPFC	1,382/ subcluster	3.98	<.001	8	60	-16
		L/R	Subgenual ACC	1,382/ subcluster	3.61	<.001	-6	20	-8
		L	Precentral gyrus	315	4.15	<.001	-44	-10	50
	PTSD>PTSD+DS		ns						
Seed region	Comparison	L/R	Brain region	k	Ζ	р	x	у	z
Right Crusl	HC>PTSD		ns						
	PTSD>HC		ns						
	HC>PTSD+DS		ns						
	PTSD+DS>HC		ns						
	PTSD+DS>PTSD	R	Middle/orbital frontal gyrus	442	4.35	<.001	36	44	-8
		R	SFG	442/ subcluster	3.75	<.001	22	62	4
		R	Middle temporal pole	276	3.81	<.001	38	16	-32

(Continues)

TABLE 3 (Continued)

Seed region	Comparison	L/R	Brain region	k	Ζ	р	x	у	z
		R	STG	276/ subcluster	3.54	<.001	48	14	-18
	PTSD>PTSD+DS		ns						
(c) Correlation w	ith SYMPTOMS						Deals M		
CTQ Seed region	Correlation	L/R	Brain region	k	7	n			
Right Crust	Negative correlation	R	Calcarine cortex/cuneus	2 757	-	< 001	8	, -84	-
		R	Middle and superior occipital gyrus	2,757/ subcluster	4.08	<.001	32	-76	42
		L/R	Cuneus/precuneus	2,757/ subcluster	3.97	<.001	0	-74	32
STAI Seed region	Correlation	L/R	Brain region	k	Z	р	x	у	z
Left Crusl	Positive correlation	L	Calcarine cortex	700	4.13	<.001	-8	-80	12
Right Crusl	Positive correlation	L	Inferior/middle occipital gyrus	6,985	4.72	<.001	-44	-82	6
		L	Cuneus	6,985/ subcluster	4.51	<0.001	-16	-74	24
		R	Cuneus	420	4.59		14	-82	32
RSDI dep/der Seed region	Correlation	L/R	Brain region	k	Z	р	x	у	z
Left Crusl	Positive correlation	L	IFG/dAinsula	402	4.15	<.001	-34	28	-6
RSDI reliving									
Seed region	Correlation	L/R	Brain region	k	Ζ	р	x	у	z
Left Crusl	Positive correlation	L/R	Lingual gyrus/calcarine cortex	7,123	5.55	<.001	24	-96	0
		R	Inferior occipital gyrus/ fusiform gyrus	7,123/ subcluster	5.5	<.001	28	-84	0
		L/R	Anterior vermis	259	4.47	<.001	2	-62	-12
		L	Cerebellar lobule V	259/ subcluster	3.81	<.001	-10	-60	-16
Right Crusl	Positive correlation	R	Inferior and middle occipital gyrus/ fusiform gyrus/ cuneus/lingual gyrus	2,647	4.3	<.001	40	-74	-6

Note. Abbreviations: CNTR = control group; CTQ = Childhood Trauma Questionnaire; DAInsula = dorsal anterior insula; DEP/DER = depersonalization/derealization; IFG = inferior frontal gyrus; k = cluster extent; L = left hemisphere; OFC = orbito-frontal cortex; PTSD = post traumatic stress disordergroup; PTSD+DS = PTSD dissociative subtype group; R = right hemisphere; RSDI = Response Script Driven Imagery Scale; SFG = superior frontal gyrus;STAI = State-Trait Anxiety Inventory; STG = superior temporal gyrus; vmPFC = ventromedial prefrontal cortex.All results are reported at <math>p < .05 whole-brain corrected.

frontal and middle gyri and the bilateral supplementary motor area correlated negatively with state depersonalization/derealization symptoms (as per RSDI) within the whole sample. Moreover, state reliving symptoms (as per RSDI) correlated positively with the functional connectivity between the bilateral anterior vermis and the bilateral calcarine cortex and lingual gyrus, and with the right fusiform gyrus within the whole sample (Table 4c).

No other significant correlations emerged with psychological measures, including PTSD symptom severity (as per CAPS-IV), child-hood trauma (as per CTQ), trait dissociation (as per MDI), current major

depressive disorder (as per SCID-I), and state identity dissociation (as per CADSS).

# The effects of current medication status

Results from the full-factorial ANOVA including current medication treatment as a nuisance covariate revealed a main effect of group within the middle temporal gyrus; the inferior temporal and postcentral gyrus, although present, no longer reached significance. In addition, the decreased functional connectivity observed previously between the bilateral anterior vermis and the postcentral

3363

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FIGURE 3 Between-group resting-state functional connectivity results emerged for the left and right posterior cerebellum (Crus I). Results are shown at a cluster extent threshold ensuring whole-brain correction at  $\alpha < .05$ . CNTR: control group; NS: nonsignificant results; PTSD: posttraumatic stress disorder group; PTSD + DS: dissociative subtype of PTSD group; >: increased functional connectivity; <: decreased functional connectivity [Color figure can be viewed at wileyonlinelibrary.com]

gyrus/supramarginal gyrus in the PTSD + DS as compared to controls only approached significance ( $\alpha = .083$  for the left anterior vermis and  $\alpha = .056$  for the right anterior vermis, respectively). Similarly, the increased functional connectivity observed previously between the right anterior vermis and the postcentral gyrus in the PTSD as compared to the PTSD + DS group only approached significance ( $\alpha = .050$ ). All other results remained significant (please refer to Supporting Information, Table S3).

(a) Full factorial ANOVA									
							Peak N	1NI coor	dinate
		LR	Brain region	k	Z	р	x	у	z
Main effect of group		R	Middle temporal gyrus	314	5.28	<.001	68	-40	-4
		L	Inferior temporal gyrus	160	4.93	<.001	-54	-64	-10
		R	Postcentral gyrus	350	4.35	<.001	42	-26	48
Main effect of hemisphere		ns							
Interaction effect group $ imes$ hemisphere		R	Ventral Anterior Insula	179	4.27	<.001	42	8	-10
(b) Between-group compariso	ons						Peak N	1NI coor	dinate
Seed region	Comparison	L/R	Brain region	k	Z	р	х	у	Z
Left ant vermis	HC>PTSD		ns						
	PTSD>HC		ns						
	HC>PTSD+DS	R	Middle temporal gyrus	287	5.13	<.001	68	-40	-4
		R	Postcentral Gyrus/ supramarginal gyrus	730	4.42	<.001	50	-24	52
	PTSD+DS>HC		ns						
	PTSD+DS>PTSD		ns						
	PTSD>PTSD+DS	R	Middle/inferior temporal gyrus	688	5.17	<.001	68	-40	-4
		L	Middle temporal gyrus	239	5.03	<.001	-62	-48	-12
		L	Inferior temporal gyrus	239/ subcluster	4.49	<.001	-54	-62	-12
		R	Angular gyrus/ supramarginal gyrus	197	3.82	<.001	50	-46	26
Seed region	Comparison	L/R	Brain region	k	Ζ	р	x	у	z
Right ant vermis	HC>PTSD		ns						
	PTSD>HC		ns						
	HC>PTSD+DS	R	Middle temporal gyrus	338	5.19	<.001	68	-40	-4
		R	Postcentral gyrus/ supramarginal gyrus	1,082	4.93	<.001	44	-26	48
	PTSD+DS>HC		ns						
	PTSD+DS>PTSD		ns						
	PTSD>PTSD+DS	R	Middle/inferior temporal gyrus/occipital gyrus	1,834	5.21	<.001	68	-40	-4
		R	Angular/supramarginal gyrus	1,834/ subcluster	5.12	<.001	66	-28	34
		L	Middle temporal gyrus	200	4.82	<.001	-62	-48	-12
		L	Inferior temporal/occipital gyrus	200/ subcluster	4.4	<.001	-54	-62	-12
		R	Postcentral gyrus	180	3.68	<.001	34	-32	44
(c) Correlation with symptom	IS						Peak M	1NI coor	dinate
STAI Seed region	Correlation	L/R	Brain region	k	Z	р	X	y	Z
Right ant vermis	Positive correlation	L	Fusiform gyrus	476	4.03	<.001	-40	-44	-14

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### TABLE 4 (Continued)

(c) Correlation with symptom	IS								
STAI							Peak M	1NI coord	linate
Seed region	Correlation	L/R	Brain region	k	Ζ	р	х	у	z
RSDI dep/der									
Seed region	Correlation	L/R	Brain region	k	Ζ	р	x	у	z
Left ant vermis	Negative correlation	R	Medial superior frontal gyrus/ middle frontal gyrus	471	3.98	<.001	22	18	56
		L/R	Supplementary motor area	471/ subcluster	3.43	<.001	2	20	60
		L	Superior frontal gyrus	362	3.82	<.001	-10	32	54
RSDI reliving									
Seed region	Correlation	L/R	Brain region	k	Ζ	р	x	У	z
Left ant vermis	Positive correlation	L/R	Calcarine cortex	3,947	4.3	<.001	14	-80	10
		L/R	Lingual gyrus	3,847/ subcluster	4.23	<.001	8	-74	0
		R	Fusiform gyrus	3,847/ subcluster	4.14	<.001	18	-88	-8
Right ant vermis	Positive correlation	L/R	Calcarine cortex	4,945	4.3	<.001	14	-82	10
		L/R	Lingual gyrus	4,945/ subcluster	4.19	<.001	8	-74	0
		R	Fusiform gyrus	4,945/ subcluster	4.16	<.001	28	-92	-10

Note. Abbreviations: CNTR = control group; k = cluster extent; DEP/DER = depersonalization/derealization; L = left hemisphere; PTSD = post-traumatic stress disorder group; PTSD+DS = PTSD dissociative subtype group; R = right hemisphere; RSDI = Response Script Driven Imagery Scale; STAI = State-Trait Anxiety Inventory.

All results are reported at p < .05 whole-brain corrected.

# 4 | DISCUSSION

Overall, the results of this study reveal unique patterns of functional connectivity across three cerebellar regions, lobule IV-V, Crus I, and the anterior vermis, in PTSD as compared to PTSD + DS and healthy controls. Specifically, in PTSD + DS as compared to PTSD and healthy controls, the anterior cerebellum (lobules IV-V) showed decreased functional connectivity with sensorimotor regions and brain areas involved in multisensory integration (supramarginal and angular gyri, TPJ). By contrast, in comparison to healthy controls, the PTSD group showed increased functional connectivity of the anterior cerebellum with limbic and temporal regions, and areas dedicated to interoceptive awareness (posterior insula) and visual processing (fusiform gyrus). Interestingly, whereas the posterior cerebellum showed increased functional connectivity with occipital, temporal, frontal cortices, and motor and premotor areas (precentral gyrus and supplementary motor area) in PTSD + DS as compared to healthy controls and PTSD, the PTSD group showed decreased functional connectivity of this region with frontal regions when compared to healthy controls. Finally, the anterior vermis in the PTSD + DS group exhibited decreased connectivity with the temporal lobe, the postcentral gyrus,

and the supramarginal gyrus as compared to the healthy controls and PTSD. Notably, no significant differences were demonstrated in anterior vermis functional connectivity when comparing the PTSD to the healthy control group.

Correlation with childhood trauma (as per CTQ), symptom severity (as per CAPS), state anxiety (as per STAI) and state reliving and state depersonalization/derealization symptoms (as per RSDI) further clarified the functional connectivity patterns of the anterior cerebellum in the lobules IV–V (CAPS, RSDI state reliving symptoms), the posterior cerebellum in the Crus I (CTQ, STAI, RSDI state reliving, and state depersonalization/derealization symptoms), and the anterior vermis (STAI, RSDI state reliving, and state depersonalization/derealization symptoms).

The following discussion will consider the results for each seed region separately.

# 4.1 Anterior cerebellum: Lobules IV-V

#### 4.1.1 | Between-group comparisons

The most striking result to emerge in our analyses was the finding that in comparison to both PTSD and healthy controls, the PTSD + DS



**FIGURE 4** Between-group resting-state functional connectivity results emerged for the left and right anterior vermis. Results are shown at a cluster extent threshold ensuring whole-brain correction at  $\alpha$  < .05. CNTR: control group; NS: nonsignificant results; PTSD: posttraumatic stress disorder group; PTSD + DS: dissociative subtype of PTSD group; >: increased functional connectivity; <: decreased functional connectivity [Color figure can be viewed at wileyonlinelibrary.com]

group showed decreased functional connectivity of the sensorimotor cerebellum (lobules IV–V) with brain regions dedicated to somatosensory processing and multisensory integration (right supramarginal and angular gyri included in the TPJ, the right postcentral gyrus, and the right superior parietal lobule). The postcentral gyrus represents the primary somatosensory cortex, including a somatotopic representation of the body in space (Reed, 2002) that is reproduced in the sensorimotor cerebellum (lobules IV–V) (Stoodley & Schmahmann, 2010). The right parietal junction, including the supramarginal and angular giri, together with the ventral premotor cortex and the posterior parietal cortex, have been identified as the key hub for bodily self-consciousness (Limanowski & Blankenburg, 2015). Specifically, the supramarginal gyrus appears to be involved in monitoring one's peripersonal space and attributes self-location in space, thus integrating different sensory inputs (visual, tactile, proprioceptive, and vestibular) for the maintenance of a global bodily self-consciousness (Bekrater-Bodmann et al., WILEY

2014; Blanke, Slater, & Serino, 2015; Brozzoli, Gentile, & Ehrsson, 2012: Serino et al., 2013). In addition, the right TPJ is thought to play a critical role in creating the experience of the body as a whole, and of attributing this body to a location in space, from which position and perspective of the surrounding world can be perceived (lonta et al., 2011; Petkova et al., 2011; Serino et al., 2013). Here, a study on the functional connectivity of the TPJ provided evidence for a functional network, comprising the bilateral TPJ (with a dominance of the right TPJ), the right posterior insula, and the supplementary motor area, dedicated to the processing of bodily self-consciousness (lonta, Martuzzi. Salomon. & Blanke. 2014). It is critical to note that, in our study, a profound disconnection of the cerebellum from regions responsible for multisensory integration and bodily self-consciousness characterized the PTSD + DS group at rest. Notably, individuals with PTSD + DS commonly experience symptoms of depersonalization and derealization not only during symptom provocation but also at rest. We therefore argue that decreased functional connectivity of the sensorimotor cerebellum with the primary somatosensory cortex and multisensory integration processing regions, including the supramarginal and angular gyri within the TPJ, may account for the inability of patients with PTSD + DS to maintain a stable sense of bodily self-consciousness even in the absence of an explicit trauma-related trigger. This interpretation is supported further by increased state depersonalization/derealization symptoms during the resting state scan in PTSD + DS individuals relative to PTSD and HC (Table 1).

By contrast, as compared to controls, PTSD showed increased functional connectivity of the left sensorimotor cerebellum with the fusiform gyrus and the hippocampus and increased connectivity of the right sensorimotor cerebellum with the posterior insula. The fusiform gyrus is critical to visual monitoring and recognition of shapes, with a dominance for face processing (Weiner & Zilles, 2016). Whereas this region is thought responsible for monitoring one's surroundings for safety (Porges, 2011), the hippocampus has been associated with contextual fear learning, memory retrieval, sensitization, and mediation processes in stress response (Lanius et al., 2010a; Liberzon & Abelson, 2016; Patel, Spreng, Shin, & Girard, 2012; Shin & Liberzon, 2010). The posterior insula, on the other hand, integrates somatosensory and visceral information to develop and modulate interoceptive awareness (Craig, 2002; Pessoa, 2017; Tsakiris, Jimenez, & Costantini, 2011). The increased functional connectivity observed in PTSD as compared to controls by the sensorimotor cerebellum with limbic and cortical regions necessary for the visual processing of the surrounding space and for the integration of external and internal sensory inputs (fusiform gyrus and posterior insula), together with regions involved with memory retrieval and sensitization processing (hippocampus), could be interpreted as reflecting the increased need in PTSD for constant monitoring of both external and internal sensory information, while concurrently storing such inputs and comparing them to previous memories. This interpretation is supported not only by the typical symptomatology associated with PTSD (hyperarousal, re-experiencing, avoidance symptoms), but also reportedly higher state reliving symptoms during the resting-state scan in the PTSD sample (Table 1). Moreover, a significant positive correlation was found between the functional connectivity of the lobule IV–V with visual processing areas and state reliving symptoms (see below).

Finally, we observed a strong laterality effect. Here, both right and left lobules IV–V showed significant functional connectivity betweengroup differences (PTSD and PTSD + DS versus controls) exclusively with the right hemisphere pointing towards a right dominance of functional connectivity alterations of the sensorimotor cerebellum in PTSD and in PTSD + DS. In addition to its key role in the human stress response (Schore, 2002), the right hemisphere is thought critical for processing emotional experiences and for the development of emotion regulatory capacities (Schore, 2000; Schore, 2001; Tanaka, Matsui, Uematsu, Noguchi, & Miyawaki, 2012), appearing significantly affected by early-life stress. Our results support these observations by revealing aberrant functional connectivity of right cortical regions with the bilateral sensorimotor cerebellum (lobule IV–V), thus providing further evidence of trauma-related right hemispheric dysfunction involving multisensory integration and bodily consciousness.

#### 4.1.2 | Correlation with symptoms

Functional connectivity of the left lobules IV–V with the right postcentral gyrus and parietal operculum correlated negatively with PTSD symptom severity (as measured by CAPS total), supporting the above findings by linking the severity of PTSD symptomatology (significantly more severe in the dissociative subtype, see Table 1) with functional disconnection between the sensorimotor cerebellum and somatosensory areas in the cortex. Moreover, the positive correlation observed between state reliving symptoms (as measured by RSDI) and functional connectivity of the bilateral lobules IV–V with bilateral occipital regions associated with visual processing and face recognition and processing (calcarine cortex, cuneus, lingual, and fusiform gyrus; Kanwisher, McDermott, & Chun, 1997; Klein, Paradis, Poline, Kosslyn, & Le Bihan, 2000; Weiner & Zilles, 2016) supports the hypothesis that lobule IV–V plays a critical role in visual processing of intrusive memories spontaneously observed at rest within the PTSD sample.

# 4.2 | Posterior cerebellum: Crus I

#### 4.2.1 | Between-group comparison

As compared to controls, the PTSD group showed *decreased* functional connectivity of the Crus I (considered to be the "cognitive cerebellum") with the frontal cortex, including for the middle and superior frontal gyrus extending to the medial prefrontal cortex. As noted above, Cerebellar Cognitive Affective Syndrome is characterized by affect dysregulation associated with either passivity, blunted affect, and withdrawal, or disinhibition, irritability, emotional lability (Schmahmann, 2004; Stoodley & Schmahmann, 2010), symptoms also exhibited by individuals with PTSD (APA, 2013). Here, dysfunctional connectivity of the posterior cerebellum with core brain areas devoted to emotional awareness and regulation (prefrontal cortex) adds to previously reported literature describing aberrant neural circuitry in regions underlying emotional awareness and regulation in PTSD (Frewen et al., 2008; Hayes, Hayes, & Mikedis, 2012; Kühn & Gallinat, 2013; Lanius et al., 2010a; Phillips, Drevets, Rauch, & Lane, 2003; Phillips, Ladouceur, &

Drevets, 2008; Shalev, Liberzon, & Marmar, 2017; Shin & Liberzon, 2010; White, Costanzo, Blair, & Roy, 2015; Yehuda et al., 2015).

In stark contrast, PTSD + DS showed *increased* functional connectivity of the Crus I in the posterior cerebellum with several nodes in the prefrontal regions, including the middle and superior frontal gyrus, the ventromedial prefrontal cortex, and the orbito-frontal cortex, as well as the ventral (subgenual) anterior cingulum as compared to PTSD. As described in the introduction, a model of emotional overmodulation has been proposed to differentiate the dissociative subtype of PTSD from PTSD (Lanius et al., 2010b). Here, the prefrontal cortex and anterior cingulum are thought to over-regulate responses in the amygdala and insula, with consequent emotional numbing and dissociative symptoms in individuals with PTSD + DS. The present results suggest that the Crus I in the posterior cerebellum may make an important, additional, contribution to the neural circuitry of PTSD + DS, given its enhanced connectivity to a number of regions underlying this emotional overmodulation.

Notably, Crus I also showed increased functional connectivity with cortical areas involved in executive and motor functions, including the frontal eye field (within the bilateral precentral gyrus), in PTSD + DS as compared to PTSD. Here, whereas the frontal eye field is known to process visual attention and modulate eye movements, the precentral gyrus and SMA are recognized as primary motor and premotor cortices, respectively (Bigbee, 2011; Nachev, Kennard, & Husain, 2008). These data suggest increased visual attention to the environment and preparation to motor action even at rest in the dissociative subtype of PTSD, which may in turn be suggestive of a spontaneous traumatic memory recall, as also supported by the increased state reliving symptoms (as per RSDI reliving scores) reported by PTSD + DS participants during the resting state scan (Table 1). This latter notion is also supported by the increased functional connectivity observed in PTSD + DS as compared to PTSD between Crus I and the temporal pole, a cortical association area involved in processing multiple sensory modalities as well as personal and episodic memory (Barredo, Öztekin, & Badre, 2015; Takashima et al., 2007), and by the increased functional connectivity of Crus I with the fusiform gyrus and the temporal pole in PTSD + DS as compared to controls, again suggesting increased connectivity with regions involved in episodic memory processing and retrieval. Significant correlations with state reliving symptoms further support and clarify this hypothesis (see following paragraph).

#### 4.2.2 | Correlation with symptoms

Interestingly, the functional connectivity of the Crus I with visual association cortices appeared to play a crucial role as a function of state anxiety (as per STAI) and childhood trauma (as per CTQ; see Table 1) within the entire PTSD sample. Specifically, the more state anxiety reported during the scan, the greater functional connectivity was observed between the posterior cerebellum (Crus I) and visual association cortices. This finding suggests that in PTSD, as state anxiety symptoms increase, the posterior cerebellum demonstrates increased connectivity with areas dedicated to processing and recognizing forms and shapes in the surroundings (Remington, 2012), perhaps shaping a behavioral response in case of threat. The heightened hyperarousal or defensive posturing centrally characterizing PTSD may play a key role in promoting brain connections that facilitate the ability of the individual to scan the environment for safety, a characteristic that seems to persist even at rest. By contrast, this same functional connectivity pattern seems to be negatively correlated with childhood trauma, thus suggesting that the observed integration of sensory information (anchored in the association cortices) with cognitive processes (provided by the posterior cerebellum) is weaker when childhood trauma has been more severe. Moreover, a significant positive correlation was found between state reliving symptoms and the functional connectivity between the Crus I and bilateral occipital regions involved in mental imagery and face and visual processing (lingual gyrus, calcarine cortex, cuneus, fusiform gyrus, inferior occipital cortex; Kanwisher et al., 1997; Klein et al., 2000; Rossion, Schiltz, & Crommelinck, 2003; Weiner & Zilles, 2016). These findings suggest that the more the individual reexperienced traumatic memories (e.g., in the form of flashback) during the scan, the more the posterior cerebellum (Crus I) contributed to the processing of such mental imagery through functional connection with occipital regions.

Finally, state dissociation was positively correlated with functional connectivity between Crus I and the inferior frontal gyrus extending to the dorsal anterior insula. The inferior frontal gyrus has been related previously to top-down inhibitory processes and avoidant behaviors in PTSD (Hopper et al., 2007). At the same time, the dorsal anterior insula appears to be linked to emotional awareness (Craig, 2009). We hypothesize that increased state dissociation recruits cortical regions dedicated to top-down inhibitory processes to facilitate emotional overmodulation with concomitant detachment from one's feelings to provide a psychological escape from intolerable affect (Sierra & David, 2011).

# 4.3 | Anterior vermis

### 4.3.1 | Between-group comparison

Between-group results revealed exclusively *decreased* functional connectivity of the anterior vermis with regions related to bodily selfconsciousness (supramarginal gyrus), emotional processing (middle and inferior temporal gyri), and somatosensory processing in PTSD + DS as compared to PTSD and healthy controls.

These results overlap partially with the functional connectivity exhibited by the anterior cerebellum in PTSD + DS as compared to PTSD and healthy controls. The anterior vermis projects fibers to the brainstem and the cerebral cortex via the deep cerebellar nuclei, receiving and sending projections from the peripheral nervous system and the primary motor and somatosensory cortices. The anterior vermis also contains a complete somatosensory map of the body (Kandel, Schwartz, Jessell, Siegelbaum, & Hudspeth, 2012). Furthermore, it plays a key role in maintaining balance through somatosensory integration of visual and proprioceptive inputs and facilitates execution of body movements (Colnaghi, Honeine, Sozzi, & Schieppati, 2017) using sensory feedback to control muscle tone and movements (Kandel et al., 2012). At the same time, the vermis is considered part of the limbic cerebellum, crucial for motivation and emotion processing (O'Halloran, Kinsella, & Storey, 2012; Schmahmann, 2000; Schutter & van Honk,

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2005). Depression and anxiety disorders have been linked to abnormalities in the anterior vermis structure and functionality (Schutter, 2013).

Taken together, our findings suggest that the dissociative subtype of PTSD involves constant impaired integration of somatosensory inputs as demonstrated by decreased functional connectivity of the anterior vermis with the somatosensory cortex, with associated altered bodily self-consciousness reflected in decreased functional connectivity with the supramarginal gyrus. In addition, given the role of the vermis in emotional processing, we hypothesize that the anterior vermis may provide emotional context to bodily self-consciousness, integrating emotions associated with specific bodily perceptions. This integration process appears to be particularly impaired in PTSD + DS, where state depersonalization and derealization symptoms are demonstrated even at rest as shown in Table 1.

## 4.3.2 | Correlation with symptoms

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Symptom correlations revealed that the more state depersonalization/ derealizaiton symptoms present during the scan, the less the anterior vermis appeared functionally connected to bilateral prefrontal regions (medial superior, middle, and superior frontal gyrus) and to the bilateral supplementary motor area. Here, we hypothesize that emotional overmodulation characterizing the dissociative subtype may decrease the regular functional connectivity between cortical regions within the prefrontal cortex and limbic cerebellar areas (the anterior vermis) dedicated to emotion regulation, thus fostering emotion dysregulation. Moreover, increased levels of state anxiety correlated positively with increased functional connectivity of the anterior vermis with the fusiform gyrus. Given the role of the fusiform gyrus in processing facial expressions (Kanwisher et al., 1997; Weiner & Zilles, 2016) and safety of the environment (Porges, 2011), we suggest that state anxiety during the scan may relate to intrusive traumatic imagery exhibited during resting state. Here, a positive correlation emerged between state reliving symptoms and functional connectivity between the anterior vermis and bilateral calcarine cortex, lingual, and fusiform gyri, supporting the notion that increased functional connectivity between these regions is related to intrusive memories and flashbacks experienced during the resting state scan (please see state RSDI reliving symptoms reported in Table 1 within the PTSD sample).

# 5 | LIMITATIONS AND FUTURE DIRECTIONS

The current findings need to be considered in light of several limitations. This study was conducted at a static time-point in the individuals' life; we therefore cannot exclude possible premorbid factors. Longitudinal studies are needed to identify these factors. Interestingly, when we performed supplementary analyses to explore the effects of current medication treatment the overall pattern of findings observed in the present study remained largely unaltered; a small number of differences did, however, emerge. Further research is therefore warranted to investigate the effects of medication treatment on the functional connectivity of cerebellar regions (Lanius et al., 2010c). Our method of analysis allows for the investigation of functional connectivity between regions; however, no inferences can be made on the directionality of such connectivity. Models testing hypotheses on the direction of the neural connectivity would be required (e.g., dynamic causal modeling) to test this directionality. Last, our method of neuroimaging analysis, although standard in the field, likely lacks the capacity to identify fully brainstem structures involved in the functional connectivity of the cerebellum. Future research is expected to adopt novel methods (e.g., higher magnetic field, software tailored to analyze cerebellar and brainstem structures) to specifically target these brain regions.

# 6 | CONCLUSIONS

All the cerebellar seed regions examined (anterior cerebellum–lobules IV–V, posterior cerebellum-Crus I, and anterior vermis) exhibited differential functional connectivity in PTSD + DS and PTSD as compared to healthy controls, thus demonstrating the critical role of the cerebellum in the neurobiology underlying PTSD and its dissociative subtype (please see Figure 5 for an illustrative summary of the results).

Consistent with the profound alterations in bodily selfconsciousness characterizing PTSD + DS, disturbances (as evidenced by decreased functional connectivity) in sensorimotor integration processing carried out by the anterior cerebellum and the anterior vermis in functional connection with temporo-parietal regions and somatosensory cortices were found in the dissociative subtype of PTSD as compared to PTSD and healthy controls. We also found further evidence for the contribution of the posterior cerebellum to emotional overmodulation. Specifically, we observed increased functional connectivity of the posterior cerebellum with prefrontal regions and the anterior cingulum in PTSD + DS as compared to PTSD; increased activity within these prefrontal regions has been associated with emotional detachment through dampening of the emotional limbic system. By contrast, in comparison to healthy controls, the PTSD group showed increased functional connectivity of the anterior cerebellum with brain regions involved in visual monitoring (fusiform gyrus), integration of sensory inputs (posterior insula), memory retrieval, and contextual processing (hippocampus). These findings suggest that during ongoing efforts to inspect the environment for safety in PTSD, even at rest, the anterior cerebellum is involved in the constant monitoring of external and internal signals/threats in relation to previous memories. Moreover, decreased functional connectivity was found between the posterior cerebellum and cortical regions associated with emotion regulation (prefrontal regions) in the PTSD group as compared to controls. These findings are consistent with symptoms associated with cerebellar cognitive affective syndrome, where lesions to the posterior cerebellum are associated with dysfunctional emotional awareness, dysphoria, negative cognition and mood, and emotional dysregulation. Critically, these symptoms mirror the emotion dysregulation observed in PTSD, including higher state anxiety and state dissociative symptoms in PTSD during the resting state scan.

Our findings point toward the need for further research examining the unique roles of the different cerebellar lobules in the psychopathology of PTSD. These findings also highlight the differential cerebellar



**FIGURE 5** Cerebellar functional connectivity in PTSD and its dissociative subtype. Diagrams synthesize the results of the between-group comparisons of the functional connectivity of (a) the anterior cerebellum (lobules IV–V); (b) the posterior cerebellum (Crus I); and (c) the anterior vermis. Whereas the solid green line represents *increased* functional connectivity between cerebellar and cortical regions in PTSD as compared to controls, the dotted green line represents *decreased* functional connectivity between cerebellar and cortical regions in PTSD as compared to controls. Whereas solid blue lines refer to the *increased* functional connectivity between cerebellar and cortical regions in PTSD + DS as compared to PTSD, dotted blue lines refer to *decreased* functional connectivity between cerebellar and cortical regions in the PTSD + DS group as compared to the PTSD and the control groups. Red circles report cortical regions and their functions according to our model. ACC: anterior cingulate cortex; FEF: frontal eye field; HC: healthy controls; MFG: middle frontal gyrus; MPFC: medial prefrontal cortex; OFC: orbito-frontal cortex; PTSD: posttraumatic stress disorder group; PTSD+DS: dissociative subtype of PTSD; SFG: superior frontal gyrus; SMA: supplementary motor cortex; SMG: supramarginal gyrus; TPJ: temporo-parietal junction [Color figure can be viewed at wileyonlinelibrary.com]

functional connectivity pathways characterizing the dissociative subtype of PTSD + DS. Important clinical implications can be drawn from our results in suggesting that interventions focused on sensorimotor integration and bodily self-consciousness may be central to the remediation of PTSD. Indeed, targeted interventions, tailored to the specific PTSD symptomatology presented, may be necessary to reestablish altered mind-body connections and sensorimotor integration (e.g., mindfulness-based interventions, sensorimotor approaches) and to improve dissociative symptoms in PTSD.

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3371

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#### SUPPORTING INFORMATION

Additional Supporting Information may be found online in the supporting information tab for this article.

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