

Volume 7 • 2019



Toolbox

Analysing tropical elasmobranch blood samples in the field: blood stability during storage and validation of the HemoCue® haemoglobin analyser

Gail D. Schwieterman^{1,*}, Ian A. Bouyoucos^{2,3}, Kristy Potgieter⁴, Colin A. Simpfendorfer⁵, Richard W. Brill¹ and Jodie L. Rummer²

¹Department of Fisheries Science, Virginia Institute of Marine Science, William & Mary, Gloucester Point, VA 23062, USA

²Australian Research Council Centre of Excellence for Coral Reef Studies, James Cook University, Townsville, QLD 4811, Australia

³PSL Research University, EPHE-UPVD-CNRS, USR 3278 CRIOBE, Université de Perpignan, 58 Avenue Paul Alduy, Perpignan Cedex 66860, France ⁴College of Science and Engineering, James Cook University, Townsville, QLD 4811, Australia

⁵Centre for Sustainable Tropical Fisheries and Aquaculture, College of Science and Engineering, James Cook University, Townsville, QLD 4811, Australia

*Corresponding author: Department of Fisheries Science, Virginia Institute of Marine Science, William & Mary, Gloucester Point, VA 23062, USA. Tel: +1(804) 684 7802. Email: gschwieterman@vims.edu

Blood samples collected from wild-caught fishes can provide important information regarding the effects of capture (and thus post-release survival) as well as other stressors. Unfortunately, blood samples often cannot be analysed immediately upon sampling, and blood parameters (e.g. blood oxygen levels and acid-base parameters) are known to change with storage duration due to the metabolic activity of the red blood cells. We obtained blood samples from both untreated and stressed individuals of both blacktip reef shark (Carcharhinus melanopterus) and sicklefin lemon shark (Negaprion acutidens) to determine the effects of storage duration on blood pH, haematocrit and haemoglobin concentration ([Hb]). We found no significant effects after storage on ice for up to 180 minutes. Moreover, to validate the usability of a HemoCue haemoglobin analyser (a pointof-care device), we compared data from this device to [Hb] determined using the cyanomethaemoglobin method with blood samples from 10 individuals from each of the aforementioned species as well as epaulette shark (Hemiscyllium ocellatum). Values from the HemoCue consistently overestimated [Hb], and we therefore developed the necessary correction equations. The correction equations were not statistically different among the three elasmobranch species within the biologically relevant range but did differ from published corrections developed using blood from temperate teleost fishes. Although the HemoCue is useful in field situations, development of species-specific calibration equations may be necessary to ensure the reliability of inter-species comparisons of blood [Hb]. Together, these data should increase confidence in haematological stress indicators in elasmobranch fishes, measurements of which are critical for understanding the impact of anthropogenic stressors on these ecologically important species.

Key words: haemoglobin concentration, elasmobranch, HemoCue, storage duration, blood, haematocrit,

Editor: Dr. Steven Cooke

Received 1 July 2019; Revised 6 September 2019; Editorial Decision 15 September 2019; Accepted 15 September 2019

Cite as: Schwieterman GD, Bouyoucos IA, Potgieter K, Simpfendorfer CA, Brill RW, Rummer JL (2019) Analysing tropical elasmobranch blood samples in the field: blood stability during storage and validation of the HemoCue® haemoglobin analyser. *Conserv Physiol* 7(1): coz081; doi:10.1093/conphys/coz081.

.....

© The Author(s) 2019. Published by Oxford University Press and the Society for Experimental Biology. This is an Open Access article distributed under the terms of the Creative Commons Attribution License (http://creativecommons.org/licenses/ by/4.0/), which permits unrestricted reuse, distribution, and reproduction in any medium, provided the original work is properly cited.

.....

Introduction

Elasmobranch populations the world over are being threatened with overfishing, climate change, habitat alteration and shifting trophic dynamics (Dulvy et al., 2014). To effectively conserve these economically and ecologically important species, it is critical to understand how, when, and for how long physiological stress responses occur. Controlled laboratory studies provide invaluable information regarding the mechanisms driving particular responses; however, these studies are frequently difficult to conduct with elasmobranch fishes as capture and transport to shoreside holding tanks often result in high mortality rates (Bernal and Lowe, 2016). Further, experimental results are frequently inapplicable to in situ conditions given the variable and multi-stressor nature of real-world conditions (Morash et al., 2018). Complimentary field studies can, therefore, provide essential information regarding the cumulative nature of multiple stressors and can help inform policies that attempt to minimize the impact of stress on wildlife.

Stress has often been quantified from blood parameters including haematocrit (Hct), pH, haemoglobin concentration ([Hb]) and mean corpuscular haemoglobin content (MCHC) (e.g. Wells et al., 1986, 1997; Frick et al., 2010a, 2010b; Marshall et al., 2012; Johnstone et al., 2017; Whitney et al., 2017). Stress-induced elevations in Hct and [Hb] are assumed to reflect a greater ability to transport oxygen, thereby meeting increased metabolic demands (Wells, 2009). Limitations to this assumption do exist, as increases in Hct (usually accomplished through splenic contraction-a common stress response in teleost fishes; Gollock et al., 2006, Mandic et al., 2009) can increase blood viscosity, thus impeding rapid oxygen transport (Wells and Baldwin, 1990). A change in pH can also indicate stress, with metabolic and respiratory acidosis disrupting homeostasis and potentially reducing blood-oxygen affinity (Bohr effect) (Berenbrink, 2011; Nikinmaa et al., 2019) and maximum blood-oxygen carrying capacity (Root effect) (Verde et al., 2007; Waser, 2011). Red blood cell (RBC) swelling (often indicated by a reduction in MCHC) in both teleost and elasmobranch fishes can accompany reductions in plasma pH (Brill et al., 2008; Chapman and Renshaw, 2009; Rummer et al., 2010).

While these metrics are generally considered to be simple and straightforward, there are difficulties associated with measuring haematological parameters in field settings. Rapid assessment of Hct, pH and [Hb] can be challenging, as each metric requires specific equipment and in the case of [Hb], chemical reagents. These challenges have led to a trend in measuring blood parameters after several minutes or even hours (Clark *et al.*, 2011). As nucleated RBCs are metabolically active, storing blood until a time when it can be measured in a laboratory setting may allow for sufficient respiration to significantly change metabolite concentrations and the partial pressure of carbon dioxide of the plasma, thus shifting pH (Korcock *et al.*, 1988; Clark *et al.*, 2011). This could induce RBC swelling where it was previously absent, changing Hct and [Hb]. As a few recent studies have challenged the assumption that elasmobranch RBCs do not exhibit swelling (Brill *et al.*, 2008; Chapman and Renshaw, 2009), or do not possess the same mechanisms by which teleost fishes are known to swell their RBCs (Rummer *et al.*, 2010), this may be a concern in elasmobranch blood samples.

The cyanmethaemoglobin method of measuring [Hb] requires the use of potassium cyanide-potassium ferricyanide solution (Drabkin's solution; Dacie and Lewis, 1975) that may be prohibited aboard commercial fishing vessels or at protected field sites because of its acute toxicity. After mixing with Drabkin's solution, samples must be measured using a spectrophotometer, an instrument that is not easily transported. In this method, Drabkin's reagent haemolyses the RBCs, and the ferricyanide oxidizes haemoglobin to produce methaemoglobin. This binds to cyanide to form a cyanomethaemoglobin complex, the absorbance of which is used to calculate [Hb]. While it is possible to freeze blood samples for later measurement using the cyanmethaemoglobin method, transporting frozen samples over long distances can be difficult. Point-of-care devices can be used to circumvent these problems (Stoot et al., 2014; Lindholm and Altimiras, 2016). These devices were developed for human medical care, however, and therefore must be validated for use with other vertebrates (Harter et al., 2015; Talwar et al., 2017).

The HemoCue haemoglobin analyser has been used in studies spanning an array of fish species (e.g. Arnold, 2005; Clark et al., 2010; Raby et al., 2015; Ekström et al., 2016; Morash et al., 2016) and has been calibrated for use in teleost blood (Clark et al., 2008; Andrewartha et al., 2016), but has not yet been validated for use with elasmobranch blood. The HemoCue uses cuvettes coated with sodium deoxycholate, which lyses the RBCs, and sodium nitrite, which converts the haemoglobin to methaemoglobin. Sodium azide then complexes with the methaemoglobin to from azidemethaemoglobin, and the absorbance of the sample is measured at 565 and 880 nm. The dual wavelengths are designed to compensate for turbidity in the sample. As the internal calculations have been calibrated for use on human blood, both Clark et al. (2008) and Andrewartha et al. (2016) found the HemoCue consistently overestimated [Hb] and posited that this was likely due to the fact that human RBCs are anucleated while fish RBCs are nucleated.

While there are many similarities between elasmobranch and teleost blood composition, there are a few differences that could potentially impact the values reported by the HemoCue (Morrison *et al.*, 2015). First, as mentioned before, teleost RBCs are known to swell in response to acidosis while elasmobranch RBCs are not (Rummer *et al.*, 2010, Morrison *et al.*, 2015). Thus, RBC membrane transporters and the mechanisms governing intracellular buffering capacity could

.....

be different from the diversity of mechanisms observed in teleost fishes (Wilhelm Filho et al., 1992; Jensen, 2004). Elasmobranch blood also does not exhibit a decline in maximum oxygen carrying capacity under acidosis (Berenbrink et al., 2005), which suggests the structure of elasmobranch haemoglobins is likely to differ from those of teleost fishes (Morrison et al., 2015). As the HemoCue is directly measuring absorbance by the respiratory pigments, this structural change could result in a different correction factor. Finally, elasmobranch fishes tend to have fewer but larger RBCs in circulation when compared to teleost fishes (Wilhelm Filho et al., 1992). The difference in cell density and relative proportion of cellular debris in the lysed sample could also impact absorbance readings.

Here, we field test the stability of elasmobranch blood samples on ice over time and the reliability of the HemoCue haemoglobin analyser to measure [Hb] in elasmobranch blood. With regard to haematological parameter stability over time, we test the null hypotheses that (i) storage duration has no effect on haematological parameters, and (ii) stress has no effect on the impact of storage duration. With regard to the HemoCue validation, we test (i) whether elasmobranch [Hb] values need to be corrected to match values obtained using the Drabkin's method, and (ii) whether elasmobranch [Hb] values obtained using the HemoCue haemoglobin analyser require the same correction as teleost [Hb] values.

We used blood samples from untreated and stressed juvenile blacktip reef (Carcharhinus melanopterus) and sicklefin lemon sharks (Negaprion acutidens) to address questions regarding storage duration of elasmobranch blood samples. We used blood from these two species as well as from the epaulette shark (Hemiscyllium ocellatum) to correlate haemoglobin values measured by the HemoCue haemoglobin analyser to that measured using the cyanmethaemoglobin method. These three elasmobranch species are common in the tropics and easily maintained in captivity. The species examined in this study are from two disparate orders and thus represent some of the diversity of the elasmobranch group.

Materials and methods

All capture, handling and experimental protocols were approved by the James Cook University Animal Ethics Committee (A2588 and A2394).

Blood storage duration

Juvenile blacktip reef and sicklefin lemon sharks were collected in the waters of Moorea, French Polynesia using a gill net (50 m long, 1.5 m tall, 5 cm stretch mesh). Individuals were transported to the Centre de Recherches Insulaires et Observatoire de l'Environnement, where they were maintained in temperature-controlled flow through systems at 28°C as

.....

described by Bouyoucos et al. (2018). Epaulette sharks were collected by snorkelers who captured the animals by hand near Orpheus Island. Sharks were then transported to the Aquaculture Research Facility Unit at James Cook University. All individuals were given at least 2 weeks to habituate to captivity before being sampled.

To determine the stability of elasmobranch haematological parameters over time, we took 2 ml of blood samples via caudal venipuncture using heparinized syringes both from blacktip reef and sicklefin lemon sharks held in captivity (hereafter referred to as "untreated"; N = 10 for each species), and those recently captured by gill-net (hereafter referred to as "stressed"; N = 10 for each species). Stressed individuals were caught as part of the long-term monitoring program in Moorea and, following capture, were held out of water in brief bouts (<10 minutes combined) while they were weighed, measured, pit-tagged and photographed. Blood samples were taken just prior to release, following handling. No anaesthesia was used in this study.

All blood samples (both from untreated and stressed sharks) were transferred to Eppendorf tubes and maintained in an insulated cooler with ice packs for up to 3 hours. Measurements were taken immediately after blood was transferred to Eppendorf tubes, with pH being the first metric measured, and then after 30, 90 and 180 minutes of storage. Time points were selected to be longer than we typically encountered during the long-term research program in Moorea. We measured haematocrit using microcentrifuge tubes (Globe Scientific, Mahwah, NJ, USA) and in a Zipocrit haematocrit microcentrifuge (LW Scientific, Lawrenceville, GA, USA) for 5 minutes at 11000 rpm. We measured blood pH using a Hanna Instruments HI 99161 pH meter (Hanna Instruments, Woonsocket, RI, USA) calibrated with a two-point calibration with 7.01 and 4.01 (at 25°C) buffer solutions (HI 50004; Hanna Instruments). Calibrations were conducted in ambient lab air temperature (~25°C) following Talwar et al. (2017). Stored blood samples were warmed by hand to approximately the same temperature as the first sample, but blood pH was not temperature corrected as the meter has a built-in temperature correction formula. Raw pH readings were corrected using the equation provided by Talwar *et al.* (2017):

$$pH_{corr} = \frac{pH_{Hann} - 1.4517}{0.78385}$$
(1)

where pH_{corr} is the pH standardized to the iStat system, and pH_{Hann} is the raw pH reading provided by the handheld Hann pH meter.

[Hb] was measured using the Drabkin's methods with a 96-well plate and a Biotek 800 TS spectrophotometer (BioTek Instruments, Inc., Winooski, VT, USA) following the methods described by Arnaud et al. (2016). We also calculated MCHC as [Hb]/(Hct/100).

.....



Figure 1: Whole blood pH for both blacktip reef (a) and sicklefin lemon (b) sharks. There was a significant difference between the untreated (N = 10) and stressed (N = 10) samples in both species (P < 0.01), but there was no significant effect of storage duration within species and within treatment

HemoCue validation

For the HemoCue validation experiments, juvenile blacktip reef (N = 10) and sicklefin lemon sharks (N = 10) were sampled, as well as epaulette sharks (N = 10). Blood draws were conducted on captive, unstressed animals, and were analysed separately from the blood draws described previously. Blood was drawn via caudal venipuncture using a heparinized syringe and immediately transferred to an insulated cooler with ice packs. Within 15 minutes, each blood sample was divided among five Eppendorf tubes. Two of these tubes were spun using a benchtop microcentrifuge (5 minutes at 6000 rpm) to separate the plasma. A fraction of this plasma was removed to concentrate the RBCs, and then the Eppendorf tubes were gently vortexed to resuspend the packed RBCs. Additional plasma was added to two of the remaining three Eppendorf tubes to dilute the RBCs, thus creating a range of [Hb] greater than what would be observed in nature (Clark et al., 2008; Andrewartha et al., 2016).

The [Hb] for each sample was measured using both the HemoCue analyser and the traditional cyanomethaemoglobin method. For measurement with the HemoCue, initial tests of incubation times between 30 seconds and 15 minutes suggested that [Hb] remained constant after 9 minutes of incubation in HemoCue cuvettes, rather than the 30 seconds suggested by the manufacturer. This has also been observed with teleost blood (Andrewartha *et al.*, 2016). For the cyanomethaemoglobin method, 7.5 µl of blood was added to 1.5 ml of Drabkin's and Brij solution, allowed to incubate for at least 5 minutes, then the absorbance at 540 nm was read in quadruplicate in a 96-well plate using a Biotek 800

TS spectrophotometer (BioTek Instruments, Inc., Winooski, VT, USA).

Statistical analyses

Differences between the different time steps of storage duration, as well as between the two treatment groups, were analysed using a repeated measures linear model, where time step and treatment were fixed effects, and individual and location (either holding tank for untreated individuals, or capture site for stressed individuals) were treated as nested random effects. Analyses were conducted using the nlme package (Pinheiro, *et al.*, 2014) in R (Team RDC, 2019).

For the HemoCue validation, a linear regression was fit to [Hb] measurements made with the HemoCue and cyanmethaemoglobin methods. Slope and intercept vales were then compared to equivalent equations developed for teleost blood (Clark *et al.*, 2008, Andrewartha *et al.*, 2016). Significant differences were determined using the 95% confidence intervals (CIs) around the slope and intercept values. Data were also pooled to generate a global regression.

Results

.....

Storage duration

Blood pH was measured at a consistent temperature across species and treatments $(24.9 \pm 0.2^{\circ}\text{C}, \text{mean} \pm \text{standard error}$ [SE]). Blood pH was lowered significantly in stressed black-tip reef and sicklefin lemon sharks compared to untreated sharks (*F* = 74.8 and 581, respectively; *P* < 0.05, Fig. 1) with

.....

.



Figure 2: Haematocrit for both blacktip reef (a) and sicklefin lemon (b) sharks. Although there was separation in values between the untreated (N-10) and stressed (N = 10) samples in blacktip reef shark (P = 0.09), this was not evident in the sicklefin lemon shark samples. There was no significant effect of storage duration within species and within treatment

.....

changes from 7.93 ± 0.01 and 7.82 ± 0.01 to 7.34 ± 0.03 and 7.29 ± 0.01 (mean ± SE), respectively. In contrast, Hct values were elevated in stressed blacktip reef sharks from 15.6 ± 0.4 to $23.3 \pm 0.3\%$ (mean ± SE), although this was not significant (F = 142, P = 0.09; Fig. 2). There was no difference in Hct between untreated and stressed lemon shark blood samples (F = 0.53, P = 0.60; Fig. 2). There were no significant differences in [Hb] or MCHC between the untreated and stressed blood samples of either species (F = 0.52, P = 0.26for blacktip reef sharks; F = 0.23, P = 0.71 for sicklefin lemon sharks). We also found no effect of storage duration on pH, Hct, [Hb] or MCHC (P > 0.05; Figs 1–4, respectively) in blood samples from either species, although it should be noted that variability was high in [Hb] measurements, particularly in blacktip shark (Fig. 3).

HemoCue validation

The relationship between [Hb] measured by the HemoCue and cyanmethaemoglobin methods was linear for all three species, (Table 1; Fig. 5), although the regression parameters were species-specific. Blacktip reef sharks had significantly different correction equations when compared to the sicklefin lemon shark (t = -3.24, P < 0.01) and the epaulette shark (t = -2.99, P < 0.01), but there was no significant difference between the sicklefin lemon shark regression and that of epaulette shark (t = 0.75, P = 0.45). When compared individually, both the blacktip reef and the epaulette shark exhibited significantly different equations to those published by Clark *et al.* (2008) and Andrewartha *et al.* (2016) as determined using 95% CI. It is important to note, however, that, when examining the intersection points between these regression lines (Fig. 5e), it is evident that they intersect within a biologically relevant [Hb] range. Given this high level of overlap in the biologically relevant range, we recommend using the following correction equation from all three species in this study

$$[Hb]_{corr} = ([Hb]_{raw} \times 0.93) - 6.89$$
 (2)

where [Hb]_{corr} is the corrected value that is equivalent to values derived from the cyanomethaemoglobin method, and [Hb]_{raw} is the value provided by the HemoCue (Fig. 6).

Discussion

Through a systematic validation of field-based physiological methodologies, we can increase both the confidence and reliability of field-based physiological assessments, thus providing tools to facilitate much-needed research regarding *in situ* stress levels and responses. Here, we evaluated two different aspects of elasmobranch haematological analyses and found both were valid.

Blood storage duration

The lack of significant differences in measured parameters between blood measured immediately after sampling and after 3 hours of cold storage suggests physiologically relevant parameters remain stable over this interval, potentially driven by metabolic suppression due to cool storage temperatures. If this is the case, equivalent suppression of metabolic activity in nucleated fish RBCs *via* a reduction in temperature may not be effective for other species. The two tropical species



Figure 3: [Hb] for both blacktip reef (a) and sicklefin lemon (b) sharks. There was no significant difference between the untreated (N = 10) and stressed (N = 10) samples for either species, and there was no significant effect of storage duration within species and within treatment



Figure 4: MCHC for both blacktip reef (a) and sicklefin lemon (b) sharks. There was no significant difference between the untreated (N = 10) and stressed (N = 10) samples in either species, and there was no significant effect of storage duration within species and within treatment

.....

examined in this part of the study were caught at temperatures between 26 and 34°C and maintained in the laboratory at 28°C. Cold-water fish species will have enzymes optimized to function at low temperatures; therefore storing blood at low temperatures may not suppress metabolic activity as we observed (Tamburrini *et al.*, 1992). We also were concerned that storage in non-airtight containers with large headspaces could affect measured parameters, but the lack of significant differences between parameters measured immediately and those measured after 3 hours suggests air exposure did not affect the measured parameters of these samples.

In agreement with results from Nikinmaa *et al.* (1984), and Jensen (1987), we also observed differences in blood pH between blood samples from untreated and stressed individuals, which suggests that this metric can be used to assess acute stress in elasmobranch fishes. Morgan and Iwama (2011) have posited that other metrics such as blood glucose, [Cl⁻]

Table 1: Results of the linear regression for each species

Species	Intercept	Slope	r ²	Source
Blacktip reef shark	-13.08 ± 2.10	1.03 ± 0.03	0.97	This study ^a
Sicklefin lemon shark	-4.10 ± 4.12	0.86 ± 0.05	0.89	This study ^{b,c}
Epaulette shark	-5.30 ± 1.35	0.91 ± 0.03	0.95	This study ^b
Sockeye salmon	-5.831	0.820		Clark <i>et al</i> . 2008 ^c
Chinook salmon				
Pacific bluefin tuna				
Chub mackerel				
Atlantic salmon	-2.198	0.815	0.98	Andrewartha <i>et al</i> . 2016 ^c

Data are presented as linear model output \pm SE. Significance is shown through superscripts on the source.



Figure 5: HemoCue validation for (a) blacktip reef, (b) sicklefin lemon and (c) epaulette sharks (N = 10 for each species), with raw data in open circles and 95% CIs plotted in the dotted lines. The light grey line represents the 1:1 line in all plots. All three regressions are plotted together in panel (d), along with the published correction equations calculated from teleost fishes. The box in panel (d) represents the zoomed in section represented in panel (e), which shows the intersections over a biologically relevant haemoglobin concentration ([Hb]) range. Here, CIs have been excluded for clarity

.....

and [Na⁺] are reliable predictors of acute stress, and Bouyoucos *et al.* (2018) found that lactate also was significantly different between stressed and untreated blacktip reef and sicklefin lemon sharks. Here, we did not observe significant differences in any of the blood parameters we measured from untreated and stressed sharks besides pH. We did observe higher Hct in blood samples from stressed backtip reef sharks relative to untreated animals. This, coupled with the lack of significant changes in MCHC, suggests this species may have undergone mild RBC swelling, increased circulating RBCs or decreased plasma, as was observed in sandbar shark (*C. plumbeus*) (Brill *et al.*, 2008). The species-specific responses observed lead us to advocate for the use of multiple haemato-



Figure 6: HemoCue validation for blacktip reef, sicklefin lemon and epaulette sharks (N = 10 for each species), with raw data in black, red and blue open circles, respectively. 95% CIs are plotted in the dotted lines. The light grey line represents the 1:1 line

logical parameters when assessing stress responses in elasmobranch fishes.

We did see substantial variability, particularly in our untreated individuals. It is generally accepted that elasmobranch blood is stable following the handling associated with caudal venipuncture (Cooper and Morris, 1998; Brill *et al.*, 2008). We therefore attribute this to the fact that multiple individuals were maintained together in each holding tank, and we were unable to quantify the stress of other individuals' capture. Other sources of individual variation could come from differences in the handling stress, the time taken to obtain blood, and whether the blood was obtained from venous or arterial vessels.

HemoCue validation

As hypothesized, regression line fit for each of the three species did not fall on the 1:1 line, following the findings for teleost fishes (Clark et al., 2008; Andrewartha et al., 2016). However, the regression lines for both epaulette and blacktip reef sharks were significantly different than these published values. The correspondence between the published equations and the sicklefin lemon shark regression line may be attributed to the large scatter around the regression line and thus wider CIs. The overlap of the intersection points between the three regressions calculated here suggests that, while these equations are statistically different, the regression equations are not actually species-specific. This should promote confidence in the use of published correction factors when using the HemoCue, despite the lack of a mechanistic understanding of what may be driving the overestimation in raw HemoCue values from fish blood compared to those obtained with human blood. Work on the molecular diversity of haemoglobin isomers present in fishes would be necessary

to determine if the ratio of absorbance to [Hb] is different among fish species and between fishes and human blood (Morrison *et al.*, 2015, Andrewartha *et al.*, 2016).

Together, these results should enable researchers to collect important and informative haematological indicators of stress in education settings (e.g. experiential learning camps for lower school students), aboard commercial and research vessels and in remote or protected areas. Our results suggest that haematological indicators of stress in elasmobranch fishes can be collected if blood samples can be analysed within 3 hours after sampling. It remains unknown, however, if longer storage is likewise possible. To evaluate stress, we recommend measuring a suite of haematological parameters, as we did observe species-specific responses in Hct that may be indicative of RBC swelling. Further, there are other stress indicators in the blood that were not measured here but can provide valuable information regarding physiological status (Renshaw et al., 2012). We also demonstrate the reliability of the HemoCue for measuring elasmobranch [Hb], although we note the use of a correction factor (Fig. 6; Eq. (2)) is necessary to obtain accurate results. By helping to validate both the storage of blood over hours and the use of handheld point-of-care devices, we hope to provide tools that enable more field measurements of stress and provide tools for field researchers seeking to collect information essential for the conservation and effective management of these ecologically and economically important species.

Acknowledgements

Shark illustrations for Figs 1–6 were done by Erin Walsh. We thank the staff of the Centre de Recherches Insulaires et Observatoire de l'Environnement (CRIOBE) in Moorea, French Polynesia and the Marine and Aquaculture Research Facilities Unit (MARFU) at James Cook University in Australia for their assistance facilitating this work. We also thank Kim Eustache, Isabel Ender and Björn Illing for their help with data collection. Finally, we would like to thank two anonymous reviewers for their thoughtful feedback on an earlier version of this manuscript.

Funding

.....

This work was supported by the National Science Foundation Graduate Research Program (DGE-1444317) and the Graduate Research Opportunities Worldwide Supplemental Funding Program to GDS, a James Cook University Postgraduate Research Scholarship to IAB, an Australian Research Council (ARC) Early Career Discovery Fellowship [PDE150101266], a L'Oréal-UNESCO Women in Science Foundation Fellowship (both to JLR), and infrastructure and research allocation from the ARC Centre of Excellence for Coral Reef Studies at James Cook University (to both JLR and IAB). This research was also made possible with support from the Laboratoire d'Excellence CORAIL, the Station d'Ecologie Espérimentale of the CRIOBE and the French Ministère de l'Environnement.

References

Andrewartha SJ, Munns SL, Edwards A (2016) Calibration of the hemocue point-of-care analyser for determining haemoglobin concentration in a lizard and a fish. *Conserv Physiol* 4: cow006.

.....

- Arnaud F, Higgins A, McCarron R, Moon-Massat PF (2016) Determination of methemoglobin and hemoglobin levels in small volume samples. *Artif Cells Nanomed Biotechnol* 45: 58–62.
- Arnold JE (2005) Hematology of the sandbar shark, *carcharhinus plumbeus*: standardization of complete blood count techniques for elasmobranchs. *Vet Clin Pathol* 34: 115–123.
- Berenbrink M (2011) Transport and exchange of respiratory gasses in the blood- evolution of the bohr effect. In AP Farrell, ed, *Encyclopedia of fish physiology: From genome to environment* Vol. 2. New York Associated Press, pp. 921–928
- Berenbrink M, Koldkjær P, Kepp O, Cossins AR (2005) Evolution of oxygen secretion in fishes and the emergence of a complex physiological system. *Science* 307: 1752–1757.
- Bernal D, Lowe CG (2016) Field studies of elasmobranch physiology. In RE Shadwich, AP Farrell, CJ Brauner, eds, *Physiology of elasmobranch fishes: Structure and interaction with environment* Vol 34a. Elsevier Inc., Sand Dlego, CA, pp. 311–377
- Bouyoucos IA, Weideli OC, Planes S, Simpfendorfer CA, Rummer JL (2018) Dead tired: evaluating the physiological status and survival of neonatal reef sharks under stress. *Conserv Physiol* 6: coy053.
- Brill R, Bushnell P, Schroff S, Seifert R, Galvin M (2008) Effects of anaerobic exercise accompanying catch-and-release fishing on blood-oxygen affinity of the sandbar shark (*carcharhinus plumbeus*, nardo). *J Exp Mar Biol Ecol* 354: 132–143.
- Chapman CA, Renshaw GM (2009) Hematological responses of the grey carpet shark (*Chiloscyllium punctatum*) and the epaulette shark (*Hemiscyllium ocellatum*) to anoxia and re-oxygenation. *J Exp Zool A Ecol Genet Physiol* 311: 422–438.
- Clark TD, Donaldson MR, Drenner SM, Hinch SG, Patterson DA, Hills J, Ives V, Carter JJ, Cooke SJ, Farrell AP (2011) The efficacy of field techniques for obtaining and storing blood samples from fishes. *J Fish Biol* 79: 1322–1333.
- Clark TD, Eliason EJ, Sandblom E, Hinch SG, Farrell AP (2008) Calibration of a hand-held haemoglobin analyser for use on fish blood. *J Fish Biol* 73: 2587–2595.
- Clark TD, Sandblom E, Hinch SG, Patterson DA, Frappell PB, Farrell AP (2010) Simultaneous biologging of heart rate and acceleration, and their relationships with energy expenditure in free-swimming sockeye salmon (*oncorhynchus nerka*). J Comp Physiol B 180: 673–684.
- Cooper AR, Morris S (1998) The blood respiratory, haematological, acidbase and ionic status of the port Jackson shark, *heterodontus portusjacksoni*, during recovery from anaesthesia and surgery: a comparison with sampling by direct caudal puncture. *Comp Biochem Physiol* 119: 895–903.

.....

- Dacie JU, Lewis SM (1975) Basic hematology techniques. Dacie JU, Lewis SM: Practical haematology, London, Churchill Livingston. 21–96
- Dulvy NK *et al.* (2014) Extinction risk and conservation of the world's sharks and rays. *elife* 2014: e00590.
- Ekström A, Jutfelt F, Sundström LF, Adill A, Aho T, Sandblom E (2016) Chronic environmental warming alters cardiovascular and haematological stress responses in european perch (*perca fluviatilis*). *J Comp Physiol B* 186: 1023–1031.
- Frick LH, Reina RD, Walker TI (2010a) The phyiological response of port Jackson sharks and australian swellsharks to sedation, gill-net capture, and repeated sampling in captivity. *N Am J Fish Manag* 29: 127–139.
- Frick LH, Reina RD, Walker TI (2010b) Stress related physiological changes and post-release survival of port Jackson sharks (*heterodon-tus portusjacksoni*) and gummy sharks (*mustelus antarcticus*) following gill-net and longline capture in captivity. *J Exp Mar Biol Ecol* 385: 29–37.
- Gollock MJ, Currie S, Petersen LH, Gamperl AK (2006) Cardiovascular and haematological responses of Atlantic cod (*gadus morhua*) to acute temperature increase. *J Exp Biol* 209: 2961–2970.
- Harter TS, Morrison PR, Mandelman JW, Rummer JL, Farrell AP, Brill RW, Brauner CJ (2015) Validation of the i-stat system for the analysis of blood gases and acid-base status in juvenile sandbar shark (carcharhinus plumbeus). *Conserv Physiol* 3: cov002.
- Jensen FB (1987) Influences of exercise-stress and adrenaline upon intraand extracellular acid-base status, electrolyte composition and respiratory properties of blood in tench (*tinca tinca*) at different seasons. *J Comp Physiol B* 157: 51–60.
- Jensen FB (2004) Red blood cell ph, the bohr effect, and other oxygenation-linked phenomena in blood o₂ and co₂ transport. *Acta Physiol Scand* 182: 215–227.
- Johnstone CP, Lill A, Reina RD (2017) Use of erythrocyte indicators of health and condition in vertebrate ecophysiology: a review and appraisal. *Biol Rev Camb Philos Soc* 92: 150–168.
- Korcock DE, Houston AH, Gray JD (1988) Effects of sampling conditions on selected blood variables of rainbow trout, *salmo gairdneri* Richardson. J Fish Biol 33: 319–330.
- Lindholm C, Altimiras J (2016) Point-of-care devices for physiological measurements in field conditions. A smorgasbord of instruments and validation procedures. *Comp Biochem Physiol A Mol Integr Physiol* 202: 99–111.
- Mandic M, Todgham AE, Richards JG (2009) Mechanisms and evolution of hypoxia tolerance in fish. *Proc Biol Sci* 276: 735–744.
- Marshall H, Field L, Afiadata A, Sepulveda C, Skomal G, Bernal D (2012) Hematological indicators of stress in longline-captured sharks. *Comp Biochem Physiol A: Mol Integr Physiol* 162: 121–129.
- Morash AJ, Mackellar SR, Tunnah L, Barnett DA, Stehfest KM, Semmens JM, Currie S (2016) Pass the salt: physiological consequences of ecologically relevant hyposmotic exposure in juvenile gummy sharks

(mustelus antarcticus) and school sharks (galeorhinus galeus). Conserv Physiol 4: cow036.

Morash AJ, Neufeld C, MacCormack TJ, Currie S (2018) The importance of incorporating natural thermal variation when evaluating physiological performance in wild species. *J Exp Biol* 221.

Morgan J, Iwama G (2011) Measurements of stressed states in the field. In *Fish Stress and Health in Aquaculture*, Cambridge University Press, New York. pp. 247–270

Morrison PR, Gilmour KM, Brauner CJ (2015) Oxygen and carbon dioxide transport in elasmobranchs. *Fish Physiol* 34: 127–219.

Nikinmaa M, Berenbrink M, Brauner CJ (2019) Regulation of erythrocyte function: multiple evolutionary solutions for respiratory gas transport and its regulation in fish. *Acta Physiol* (*Oxf*) 227: e13299.

Nikinmaa M, Cech JJ, McEnroe M (1984) Blood oxygen transport in stressed striped bass (morone saxatilis): role of beta-adrenergic responses. J Comp Physiol B 154: 365–369.

Pinheiro J, Bates D, DebRoy S, Sarkar D, Team RC (2014) Nlme: Linear and Nonlinear Mixed Effects Models. R Package Version 3, pp. 1–117

Raby GD, Wilson SM, Patterson DA, Hinch SG, Clark TD, Farrell AP, Cooke SJ (2015) A physiological comparison of three techniques for reviving sockeye salmon exposed to a severe capture stressor during upriver migration. *Conserv Physiol* 3: cov015.

Renshaw GM, Kutek AK, Grant GD, Anoopkumar-Dukie S (2012) Forecasting elasmobranch survival following exposure to severe stressors. Comp Biochem Physiol A: Mol Integr Physiol 162: 101–112.

Rummer JL, Roshan-Moniri M, Balfry SK, Brauner CJ (2010) Use it or lose it? Sablefish, anoplopoma fimbria, a species representing a fifth teleostean group where the betanhe associated with the red blood cell adrenergic stress response has been secondarily lost. *J Exp Biol* 213: 1503–1512.

Stoot LJ, Cairns NA, Cull F, Taylor JJ, Jeffrey JD, Morin F, Mandelman JW, Clark TD, Cooke SJ (2014) Use of portable blood physiology point-ofcare devices for basic and applied research on vertebrates: a review. *Conserv Physiol* 2: cou011.

Talwar B, Bouyoucos IA, Shipley O, Rummer JL, Mandelman JW, Brooks EJ, Grubbs RD (2017) Validation of a portable, waterproof

.....

blood ph analyser for elasmobranchs. *Conserv Physiol* 5: cox012.

- Tamburrini M, Brancaccio A, Ippoliti R, di Prisco G (1992) The amino acid sequence and oxygen-binding properties of the single hemoglobin of the cold-adapted antarctic teleost gymnodraco acuticeps. *Arch Biochem Biophys* 292: 295–302.
- Team RDC (2019) R: A Lanugague and Environment for Statistical Computing. R Foundation for Statistical Computing, Vienna, Austria
- Verde C, Vergara A, Giordano D, Mazzarella L, Di Prisco G (2007) The root effect—a structural and evolutionary perspective. *Antarct Sci* 19: 271.
- Waser W (2011) Root effect: root effect definition, functional role in oxygen delivery to the eye and swimbladder. In *Encyclopedia of Physiology: From Genome to Environment*, Elsevier, New York. pp. 929–934
- Wells RMG, Baldwin J, Seymour RS, Weber RE (1997) Blood oxygen transport and hemoglobin function in three tropical fish species from northern australian freshwater billabongs. *Fish Physiol Biochem* 16: 247–258.
- Wells RMG, McIntyre RH, Morgan AK, Davie PS (1986) Physiological stress responses in big gamefish after capture observations on plasma chemistry and blood factors. *Comp Biochem Physiol A: Mol Integr Physiol* 84A: 565–571.
- Wells RMG, Baldwin J (1990) Oxygen transport potential in tropical reef fish with special reference to blood viscosity and haematocrit. *Journal of Experimental Marine Biology and Ecology* 141(2-3): 131–143. Academic Press.
- Wells RMG (2009) Blood-gas transport and hemoglobin function: Adaptations for functional and environmental hypoxia. In *Fish physiology* 27: 255–299. Academic Press.
- Whitney NM, White CF, Anderson PA, Hueter RE, Skomal GBJFB (2017) The physiological stress response, postrelease behavior, and mortality of blacktip sharks (*carcharhinus limbatus*) caught on circle and jhooks in the Florida recreational fishery. *Fish Bull* 115: 532–544.
- Wilhelm Filho D, Eble GJ, Kassner G, Caprario FX, Dafré AL, Ohira M (1992) Comparative hematology in marine fish. *Comp Biochem Physiol A: Physiol* 102: 311–321.