



Investigation of diagnostic performance of five urinary cholesterol metabolites for Niemann-Pick disease type C^S

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Abstract Niemann-Pick disease type C (NPC) is an autosomal recessive disorder characterized by progressive nervous degeneration. Because of the diversity of clinical symptoms and onset age, the diagnosis of this disease is difficult. Therefore, biomarker tests have attracted significant attention for earlier diagnostics. In this study, we developed a simultaneous analysis method for five urinary conjugated cholesterol metabolites, which are potential diagnostic biomarkers for a rapid, convenient, and noninvasive chemical diagnosis, using LC/MS/MS. By the method, their urinary concentrations were quantified and the NPC diagnostic performances were evaluated. The developed LC/MS/MS method showed high accuracy and satisfied all analytical method validation criteria. When the urine of healthy controls and patients with NPC was analyzed, three of five urinary conjugated cholesterol metabolite concentrations corrected by urinary creatinine were significantly higher in the patients with NPC. As a result of receiver operating characteristics analysis, these urinary metabolites might have excellent diagnostic marker performance. 3 β -Sulfooxy-7 β -hydroxy-5-cholenoic acid showed particularly excellent diagnostic performance with both 100% clinical sensitivity and specificity, suggesting that it is a useful NPC diagnostic marker. **■** The urinary conjugated cholesterol metabolites exhibited high NPC diagnostic marker performance and could be used for NPC diagnosis.—Maekawa, M., I. Jinnoh, A. Narita, T. Iida, D. Saigusa, A. Iwahori, H. Nittono, T. Okuyama, Y. Eto, K. Ohno, P. T. Clayton, H. Yamaguchi, and N. Mano. **Investigation of diagnostic performance of five urinary cholesterol metabolites for Niemann-Pick disease type C. *J. Lipid Res.* 2019. 60: 2074–2081.**

Supplementary key words Niemann-Pick disease type C • urinary biomarkers • liquid chromatography/tandem mass spectrometry

Niemann-Pick disease type C (NPC) is a progressive and life-limiting autosomal recessive inherited disorder (1). The prevalence of this disease is approximately 1/100,000, and it is classified as a lysosomal disease. It is caused by mutations in the NPC intracellular cholesterol transporter 1 (*NPCI*) gene coding for membrane proteins or NPC intracellular cholesterol transporter 2 (*NPC2*) coding for secreted proteins (2, 3). Lack of these functional proteins, which work cooperatively with lysosomal free cholesterol efflux, causes excessive accumulation of free cholesterol and sphingolipids (4). However, the relationship between the characteristic lipid abnormalities and pathology of the disease remains unclear, as patients with NPC present a wide variety of clinical symptoms (5). The onset age of NPC ranges from neonatal to adult, and the symptoms are diverse and include systemic, visceral,

Abbreviations: AUC, area under the curve; GlcNAc, *N*-acetylglucosamine; HQC, high quality control; IS, internal standard (3 β -sulfooxy-7 β -hydroxy-23-*nor*-5-cholenoic acid); LQC, low quality control; MF, matrix factor; MQC, middle quality control; NPC, Niemann-Pick disease type C; QC, quality control; ROC, receiver operating characteristic; S7B- Δ^5 -CA, 3 β -sulfooxy-7 β -hydroxy-5-cholenoic acid; SNAG- Δ^5 -CA, nonamidated 3 β -sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholenoic acid; SNAG- Δ^5 -CG, glycine-amidated 3 β -sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholenoic acid; SNAG- Δ^5 -CT, taurine-amidated 3 β -sulfooxy-7 β -*N*-acetylglucosaminyl-5-cholenoic acid; S7O- Δ^5 -CA, 3 β -sulfooxy-7-oxo-5-cholenoic acid; SRM, selected reaction monitoring.

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nervous, and psychiatric abnormalities. Because the prognosis of patients with this disease is poor, it is important to diagnose NPC early and apply the treatment to maintain the quality of life of the patient (5). However, few trained specialists are available and the process leading to the discovery and diagnosis of NPC is complex. As conventional laboratory tests, the filipin test and genetic examination are considered to be the gold standards (5). However, both of these tests are complicated, so biomarker tests have attracted significant attention as a rapid screening method for NPC. Oxysterols are generated from the accumulated cholesterol in NPC cells and are present in higher concentrations in the plasma of the affected patients (6). The concentration of lysosphingomyelin, which is metabolized from sphingomyelin, is also elevated in the plasma of patients with NPC (7). Lysosphingomyelin-509 is a blood biomarker that has recently been used, but its precise structure remains unknown (8).

Following the previous report regarding urinary metabolites in patients with NPC by Alvelius et al. (9), we developed a noninvasive diagnostic method using urine analysis. First, we developed an analytical method for three multi-conjugated cholesterol metabolites, nonamidated 3β -sulfooxy- 7β -*N*-acetylglucosaminyl-5-cholenoic acid (SNAG- Δ^5 -CA) as well as its glycine and taurine conjugates [glycine-amidated 3β -sulfooxy- 7β -*N*-acetylglucosaminyl-5-cholenoic acid (SNAG- Δ^5 -CG) and taurine-amidated 3β -sulfooxy- 7β -*N*-acetylglucosaminyl-5-cholenoic acid (SNAG- Δ^5 -CT)], using LC/MS/MS (10). It was observed that the metabolites in the urine of two patients with NPC were much higher than those of the controls without NPC. Subsequently, we collected over 20 urine samples and preliminarily investigated their diagnostic performance, assuming that they might be useful for NPC screening (11). However, several patients with NPC had extremely low concentrations of the relevant metabolites and false-negatives. Thus, a comprehensive analysis method was used to search for other biomarker candidates (12), which yielded two strongly detected metabolite peaks in urine of patients with NPC, 3β -sulfooxy- 7β -hydroxy-5-cholenoic acid (S7B- Δ^5 -CA) and 3β -sulfooxy-7-oxo-5-cholenoic acid (S7O- Δ^5 -CA) (13). In this study, we evaluated the NPC diagnostic marker performance of five urinary conjugated cholesterol metabolites. Therefore, we developed an LC/MS/MS method that could accurately and simultaneously analyze the urinary concentrations of the five conjugated cholesterol metabolites for each sample. The urinary conjugated cholesterol metabolites in all samples were quantified by the developed method, and their utility as NPC diagnostic markers was evaluated.

MATERIALS AND METHODS

Chemicals and reagents

SNAG- Δ^5 -CA, SNAG- Δ^5 -CG, SNAG- Δ^5 -CT, S7B- Δ^5 -CA, S7O- Δ^5 -CA, and 3β -sulfooxy- 7β -hydroxy-23-*nor*-5-cholenoic acid [as an internal standard (IS)] were synthesized as described in previous reports (the structures are shown in Fig. 1) (13–15). Ultrapure water was

prepared with a PURELAB ultra apparatus (Organo Co. Ltd., Tokyo, Japan). All reagents (HPLC grade) were purchased from FUJIFILM Wako Pure Chemical Co. Ltd. (Osaka, Japan). The urine samples were collected in the morning, stored at -80°C , and analyzed within 1 month.

LC/MS/MS analysis

A Prominence model high-performance liquid chromatograph system (Shimadzu Co., Kyoto, Japan) was connected to a triple quadrupole tandem mass spectrometer (API 5000) equipped with an ESI probe (SCIEX, Framingham, MA). MS/MS was acquired in selected reaction monitoring (SRM) mode with negative ion detection. Ion spray voltage, turbo spray temperature, curtain gas, nebulizer gas, turbo gas, and collision gas were set at $-4,500\text{ V}$, 700°C , 20 psi, 50 psi, 50 psi, and 6 units, respectively. SRM conditions were set as listed in supplemental Table S1. The dwell and pause times were set to 160 and 5 ms. Data acquisition was performed using Analyst version 1.5.0 (SCIEX) and SCIEX OS-Q software (SCIEX) for data integration. With respect to the LC, a column-switching system was used (10–13, 16). After injection of the sample aliquot, a 20 mM ammonium acetate buffer (pH 5.5)/methanol (9:1, v/v) mixture was loaded on an OASIS HLB column (2.1 mm i.d. \times 20 mm, 5 μm ; Waters, Milford, MA). Pretreatment of the sample was performed at a flow rate of 1.0 ml/min for 3 min. After washing and concentrating the analytes, the sample eluent was loaded on a Capcell pak C18 BB-H column (2.1 mm i.d. \times 150 mm, 3 μm ; Osaka Soda, Osaka) by switching the valve used for changing the flow path. Mobile phase A [20 mM ammonium acetate buffer (pH 5.5)] and mobile phase B (methanol) were gradually changed from A:B = 65:35 to A:B = 45:55 over 50 min.

Preparation of the stock and working solutions

The analytes and IS were adjusted to a concentration of 100 $\mu\text{g/ml}$ using water/ethanol (1:1, v/v, as stock solution). The IS was diluted with water/ethanol (1:1, v/v) to 33 ng/ml and used as the IS solution. The analytes were mixed and diluted with water/ethanol (1:1, v/v) to 0.3, 1, 3, 10, 30, 100, 300, and 1,000 ng/ml (working solutions for the calibration curve). For quality control (QC), mixed solutions of 2, 50, and 800 ng/ml were set as the low QC (LQC), middle QC (MQC), and high QC (HQC) (working solution for QC), respectively.

Calibration curve

A total of 50 μl of water was used as a surrogate matrix, and 50 μl of IS solution, 50 μl of working solution for the calibration curve, and 350 μl of water were added and mixed. The mixture was then centrifuged at 15,000 *g* at 4°C for 3 min, and 200 μl of the supernatant were injected for LC/MS/MS analysis. The peak area ratio of each analyte to IS was plotted against the standard concentration and the calibration curves were prepared using the least squares method with $1/x^2$ weighting.

Matrix effects

To determine matrix effects, 50 μl of the IS solution, 50 μl of water/ethanol (1:1, v/v) or QCM solution, and 350 μl of water were added to 50 μl of urine from a healthy control or water. After mixing and centrifugation, the supernatant was injected into the LC/MS/MS system. The matrix factor (MF) for each analyte was calculated using the following formula, and the ratio considering the MF of the IS was calculated as the IS-normalized MF (7).

$$\text{MF (\%)} = \frac{(\text{Peak area of spiked urine}) - (\text{Peak area of Blank urine})}{(\text{Peak area of standard solution})} \times 100$$

$$\text{IS-normalized MF (\%)} = \frac{(\text{MF of each analyte})}{(\text{MF of IS})} \times 100$$

Intra-assay and inter-assay reproducibility

To determine intra- and inter-assay reproducibility, 50 μl of QC solution (Blank, LQC, MQC, HQC), 50 μl of IS solution, and 350 μl of water were added to 50 μl of urine from a healthy control, and the specimens were analyzed using the procedure described above. Every 3 days, urine samples were prepared and analyzed for every Blank, LQC, MQC, and HQC (N = 6). Generally, the recovery (percent) was calculated by relative error [R.E. (%)]. However, because the analytes in this study were endogenous, it was calculated by adding the concentration contained in the healthy control urine (Blank).

R.E. (%)

$$= \frac{(\text{Calculated concentration}) - [(\text{Added concentration}) + (\text{Blank concentration})]}{(\text{Added concentration}) + (\text{Blank concentration})} \times 100$$

Precision (percent) was calculated by relative standard deviation [R.S.D. (%)].

$$\text{R.S.D. (\%)} = \frac{(\text{Standard deviation})}{(\text{Mean concentration})} \times 100$$

Stability test

For the stability test, 50 μl of QC solution (Blank, LQC, HQC) was dried under a nitrogen gas stream, and the urine of a healthy control was added and stored under various conditions including: 6 months at -80°C , 24 h at 4°C , 12 h at 25°C as room temperature, freeze-thaw cycles (repeated three times), and 48 h in an autosampler. Afterwards, analysis was performed using the same pretreatment as described above, and the ratio between the data immediately after preparation and the quantitative value was calculated as recovery (percent).

Dilution test

A mixture of standard solutions was added to 1.5 ml of healthy human urine to a final standard solution concentration of 645 ng/ml (dilute 1). Dilute 1 was further diluted 20-fold with water

(dilute 2) and dilutes 1 and 2 were analyzed as described above. Dilution factor (percent) was calculated as follows.

$$\text{Dilution factor (\%)} = \frac{(\text{Concentration of dilute 2} \times 20)}{(\text{Concentration of dilute 1})} \times 100$$

Urine analysis

For analysis of the urine samples, 50 μl of urine from healthy subjects (N = 38) and patients with NPC (N = 28) were subjected to analysis. The data were processed using JMP Pro version 13.2.1 software (SAS Institute Inc.). Wilcoxon's *t*-test and receiver operating characteristic (ROC) analysis were used for intergroup analysis and diagnostic performance tests. Urinary creatinine was analyzed with an enzymatic creatinine analysis kit (Serotec, Sapporo, Japan). The urinary concentrations of five metabolites were corrected with the urinary creatinine concentration. Urine samples were collected after obtaining informed consent from untreated patients diagnosed with NPC and healthy volunteers. This study abided by the Declaration of Helsinki principles and was performed according to the protocol approved by the Ethics Committee of the Graduate School of Medicine in Tohoku University (Approval number, 2013-1-293).

RESULTS AND DISCUSSION

Detection and separation of analytes with column-switching LC/ESI-MS/MS

The analytes and IS, which are sulfate conjugates (Fig. 1), were detected with high sensitivity in negative ion mode (10–13). As a result of optimization, the SRM condition was set as listed in supplemental Table S1. A column-switching LC system, which was capable of large volume injection and online solid phase extraction, was used for the analysis (10–13, 16). Under this LC condition, the separation of all analytes and IS was achieved with sharp peak shapes (Fig. 2A). In addition, the peaks were separated from urinary contaminant peaks, which were detected constantly at the SRM transitions of m/z 469 > 97 and m/z 467 > 97 (Fig. 2B).

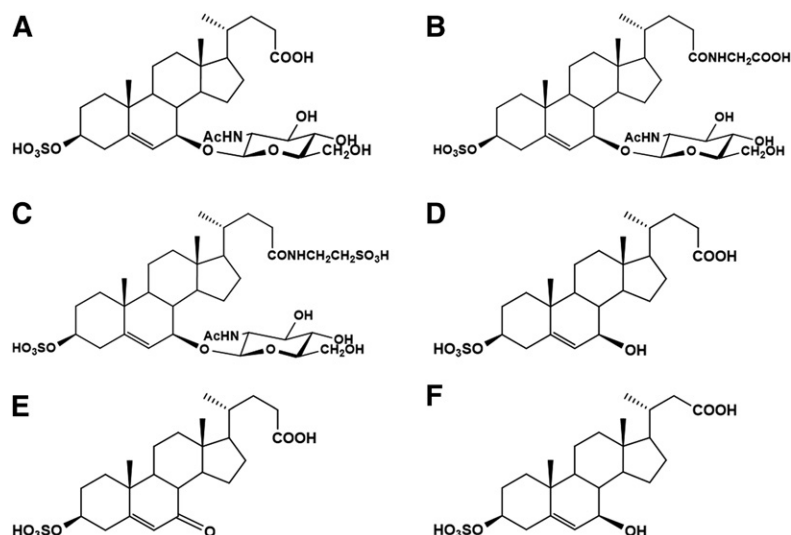


Fig. 1. Chemical structures of analytes and IS. SNAG- Δ^5 -CA (A), SNAG- Δ^5 -CG (B), SNAG- Δ^5 -CT (C), S7B- Δ^5 -CA (D), S7O- Δ^5 -CA (E), and IS (F).

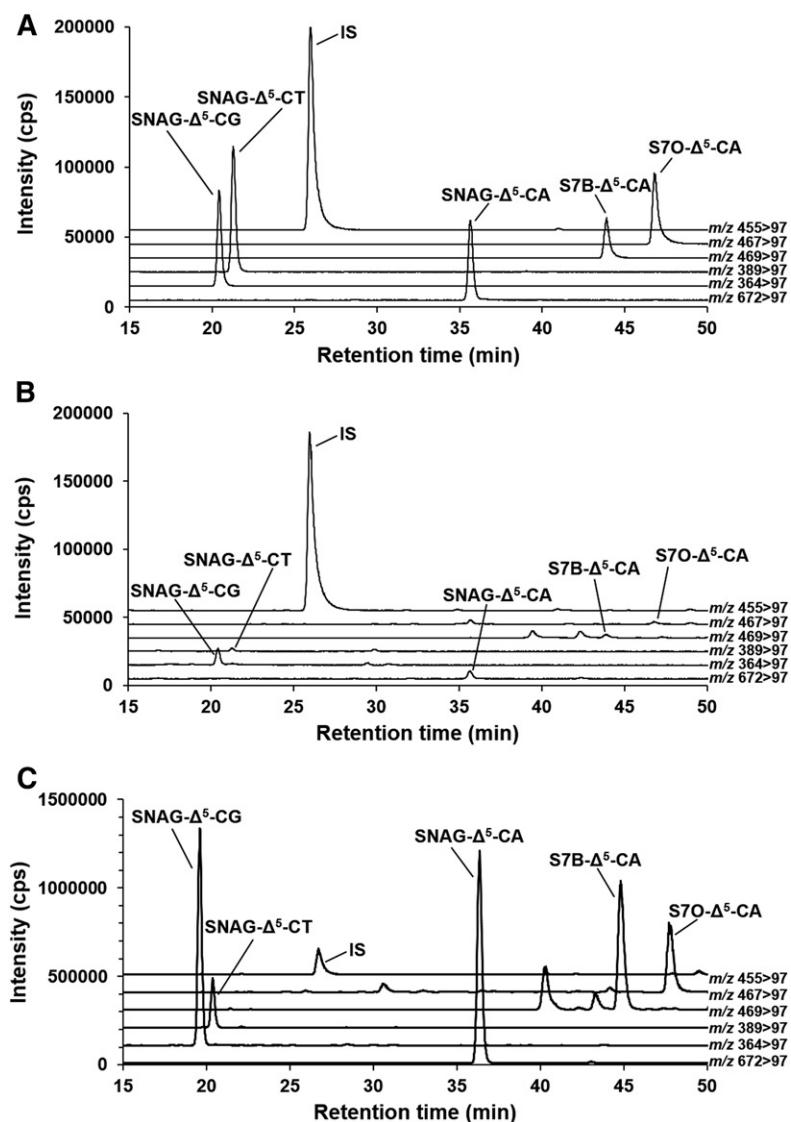


Fig. 2. SRM chromatograms of analytes and IS. Standard mixture (30 ng/ml) (A), urine of a healthy control (B), and urine of a patient with NPC (C). All of the analytes and IS were separated from each other and completely separated from the contaminant peaks.

Calibration curves and matrix effects

In general bioanalysis, working solution-spiked sample matrices are used for preparing calibration curves. Because the analytes in this study were endogenous in urine, it was necessary to use a surrogate matrix. Therefore, we investigated the matrix effects for quantification of analytes.

Procedures of sample preparation for calibration curves, QC samples, and urine samples are summarized in supplemental Table S2. We prepared calibration curves using water as a surrogate matrix, and all the calibration curves showed high linearity over a wide range from 0.3 to 1,000 ng/ml (supplemental Table S3A). Next, the matrix effects

TABLE 1. Analytical validation data, intra-day and inter-day assay

Number	Compound	Recovery (%)				Accuracy (%)		
		Blank	LQC	MQC	HQC	LQC	MQC	HQC
Intra-day assay (N = 6)								
1	SNAG- Δ^5 -CA	4.69	2.53	2.59	2.20	3.64	-6.01	-6.73
2	SNAG- Δ^5 -CG	3.07	4.36	3.19	2.87	2.56	-6.63	-7.99
3	SNAG- Δ^5 -CT	3.07	6.68	2.39	2.54	4.21	-4.06	-3.40
4	S7B- Δ^5 -CA	3.69	2.12	1.86	3.96	-4.94	-6.49	-10.23
5	S7O- Δ^5 -CA	7.48	1.54	2.13	4.28	5.73	6.10	3.17
Inter-day assay (N = 6)								
1	SNAG- Δ^5 -CA	4.27	5.50	2.95	2.25	-0.94	-3.60	-4.64
2	SNAG- Δ^5 -CG	2.43	4.29	3.50	2.03	-0.81	-4.25	-7.35
3	SNAG- Δ^5 -CT	3.11	6.15	1.69	1.82	0.100	-3.92	-4.26
4	S7B- Δ^5 -CA	8.31	6.79	4.57	3.00	-5.79	-2.46	-8.75
5	S7O- Δ^5 -CA	5.76	4.11	3.55	4.25	3.06	9.76	7.67

LQC, 2 ng/ml; MQC, 50 ng/ml; and HQC, 800 ng/ml.

were investigated. The matrix effect is usually calculated by the ratio of peak intensity of the standard solution spiked in a pretreated matrix to that of the neat standard solution (17). However, the analytical system used herein features an online solid phase extraction, so we could not evaluate the typical method (17). Therefore, it was evaluated using MF, which is the parameter combining the pretreatment extraction efficiency and matrix effects from biological contaminants (7). As a result, the MFs of all analytes and IS were 101–105% (supplemental Table S3B). The IS-normalized MFs of all analytes were nearly 100%, and it was found that the analytes could be quantified without considering the matrix effect.

Reproducibility test

The method reproducibility was investigated using QC samples. Accuracy was evaluated by subtracting the concentration in the healthy control urine as Blank. The accuracy of the inter- and intra-day assays was within $100 \pm 10\%$ for all QC samples and their precision (percent) was within 10% (Table 1).

Stability test

The QC solution-spiked urine samples were stored under various conditions and the analytes were subsequently quantified. All analytes could be stably stored under all conditions tested and could be quantified even for the long-term-preserved specimens (Table 2).

Dilution test

When the upper limit of the calibration curve was exceeded, it became necessary to dilute with the matrix and remeasure the sample using general bioanalytical techniques. Because endogenous analytes of this study are included in urine, water was used as a surrogate matrix. The influence on the quantitative value was investigated and it was found that 20-fold dilution of the urine sample by water did not affect the quantitative results (Table 2).

Analysis of five urinary cholesterol metabolites in healthy controls and patients with NPC

Subsequently, all urine samples from the healthy controls and patients with NPC were analyzed. A total of 66 specimens were collected from patients with NPC and healthy controls, and their demographics are listed in supplemental Table S4. The age of the groups did not differ between healthy controls (0.33–47 years) and patients with NPC (0.0274–48 years; $P = 0.1739$), but a larger proportion of females were recruited in the NPC patient group ($P = 0.0179$). A typical SRM chromatogram of patients with NPC is shown in Fig. 2C. The data are summarized in both creatinine-corrected concentrations, which are often used for biochemical examinations (Fig. 3, supplemental Table S5), and uncorrected concentrations (supplemental Fig. S1, supplemental Table S6). All metabolites were significantly higher in patients with NPC in terms of creatinine-corrected concentrations and uncorrected concentrations other than SNAG- Δ^5 -CT (Fig. 3, supplemental Fig. S1). The correlations between each of

TABLE 2. Analytical validation data, stability and dilution test

Number	Compound	Freeze and Thaw		-80°C for 6 Months		4°C for 24 h		24°C for 12 h		Autosampler for 48 h		Dilution (10 µg/ml)
		LQC	HQC	LQC	HQC	LQC	HQC	LQC	HQC	LQC	HQC	
1	SNAG- Δ^5 -CA	99.9 ± 3.75	104 ± 0.687	95.3 ± 4.58	95.0 ± 2.64	99.1 ± 3.19	97.1 ± 0.227	95.5 ± 3.23	95.8 ± 2.16	92.2 ± 2.80	93.7 ± 0.797	109 ± 0.759
2	SNAG- Δ^5 -CG	97.9 ± 1.17	99.1 ± 0.642	110 ± 3.76	97.6 ± 1.88	101 ± 3.84	97.2 ± 0.931	98.4 ± 2.36	95.9 ± 1.15	99.7 ± 2.21	94.4 ± 0.844	109 ± 0.976
3	SNAG- Δ^5 -CT	98.1 ± 2.34	101 ± 1.08	96.8 ± 2.13	98.5 ± 1.66	97.7 ± 4.48	97.2 ± 1.97	95.6 ± 2.17	94.6 ± 0.399	94.7 ± 2.38	96.3 ± 2.18	107 ± 1.81
4	S7B- Δ^5 -CA	98.6 ± 2.47	97.4 ± 1.18	98.9 ± 5.89	103 ± 1.46	96.8 ± 1.34	92.1 ± 0.347	94.4 ± 7.45	93.8 ± 2.30	101 ± 3.09	106 ± 1.09	104 ± 1.11
5	S7O- Δ^5 -CA	96.8 ± 4.99	104 ± 1.64	99.9 ± 3.05	104 ± 0.168	102 ± 6.30	93.4 ± 1.65	95.3 ± 2.92	96.9 ± 3.36	103 ± 1.43	109 ± 1.40	102 ± 1.76

Recovery (%; mean ± SD). LQC, 2 ng/ml; MQC, 50 ng/ml; HQC, 800 ng/ml.

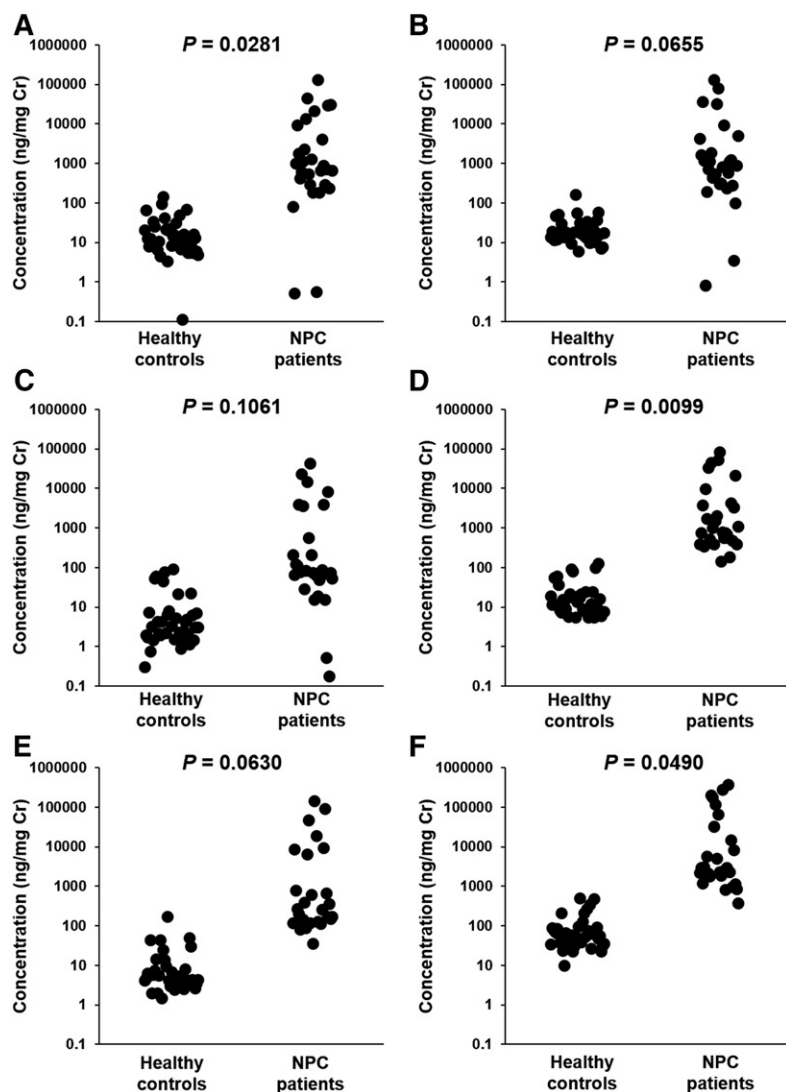


Fig. 3. The creatinine-corrected concentrations of SNAG- Δ^5 -CA (A), SNAG- Δ^5 -CG (B), SNAG- Δ^5 -CT (C), S7B- Δ^5 -CA (D), S7O- Δ^5 -CA (E), and their total concentration (F) in the urine of healthy controls and patients with NPC. SNAG- Δ^5 -CA, S7B- Δ^5 -CA, and their total concentration in the urine of patients with NPC were significantly higher than those observed in healthy controls.

the metabolites were investigated and observed to generally correlate (supplemental Fig. S2). On the other hand, the correlation for S7B- Δ^5 -CA and other metabolites was slightly lower than other combinations. Similar to the reports of Mazzacupa et al. (18) and Jiang et al. (19), we speculate that the analytes in this study were produced via oxysterols. It was also assumed that S7O- Δ^5 -CA is metabolized from 7-ketocholesterol, and SNAG- Δ^5 -CA, SNAG- Δ^5 -CG, SNAG- Δ^5 -CT, and S7B- Δ^5 -CA are produced from 7 β -hydroxycholesterol. The sequence of cleavage of the side chain, conjugation with sulfuric acid, amino acid, and *N*-acetylglucosamine (GlcNAc) remains unknown. Because SNAG- Δ^5 -CA, SNAG- Δ^5 -CG, and SNAG- Δ^5 -CT showed high correlations, it is expected that they are produced via similar metabolic pathways. In contrast, S7B- Δ^5 -CA and S7O- Δ^5 -CA may pass through a slightly different route. In addition, S7B- Δ^5 -CA did not overlap at all between the samples from the patients with NPC and healthy controls in any cases tested. In our previous studies (11) and the report by Mazzacupa et al. (18), several cases where metabolites bearing the 7 β -GlcNAc group were present in extremely low concentration were observed due to mutation of the UGT3A1 gene, which codes for UDP

glucosyltransferase 3A1 as a GlcNAc conjugation enzyme (20). In this study, the concentrations of the metabolites of SNAG- Δ^5 -CA, SNAG- Δ^5 -CG, and SNAG- Δ^5 -CT were very low in the urine of patients with NPC numbers 10 and 17. Conversely, the concentration of S7B- Δ^5 -CA, which does not contain a GlcNAc group, in NPC samples was higher than those of healthy controls, and it is likely that the discrimination between patients with NPC from other subjects by urinary S7B- Δ^5 -CA concentration may be possible. Similarly, S7O- Δ^5 -CA does not contain a GlcNAc group, but some overlap was observed between the concentrations present in the urine samples of the patients with NPC and healthy subjects. The results suggested that analysis of urinary S7B- Δ^5 -CA may prevent overlooking of patients with NPC with false negative results based on abnormally low concentrations due to the UGT3A1 mutation (18, 20). Because the concentrations of urinary cholesterol metabolites were generally higher than plasma oxysterols (Fig. 3, supplemental Table S7, Refs. 6, 21), these metabolites act as an excretion pathway of excessive accumulated cholesterol due to metabolic abnormalities similar to other cholesterol metabolic disorder diseases (22–26).

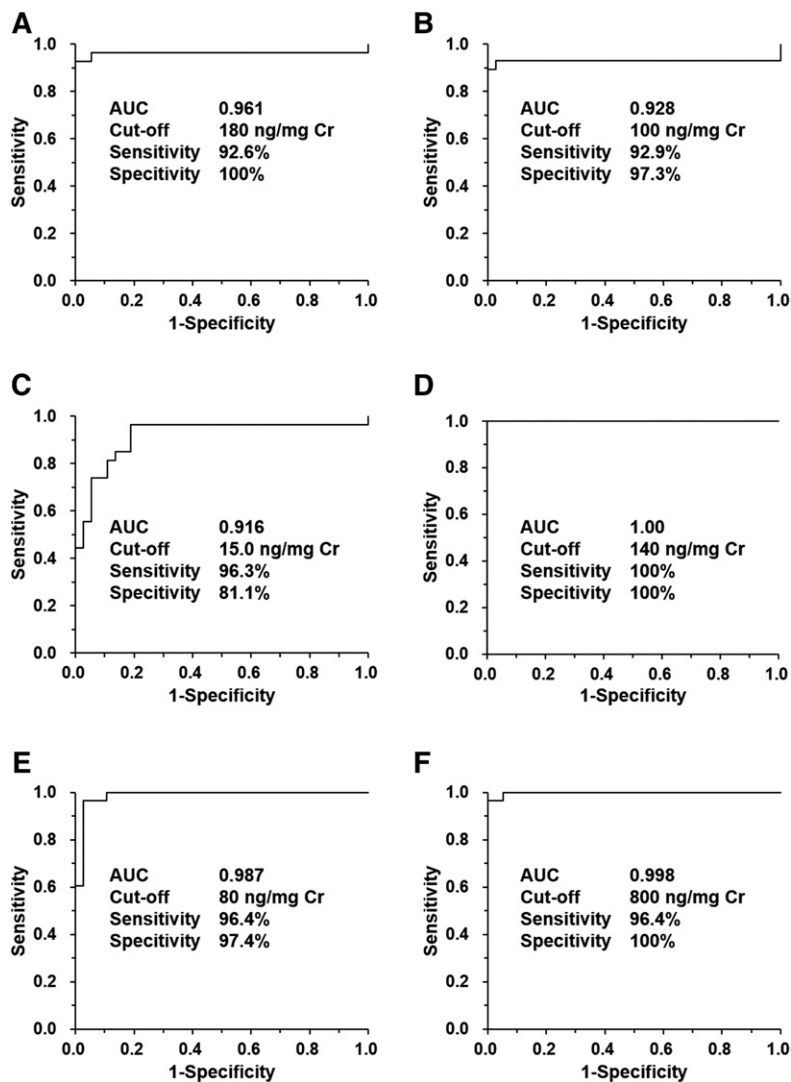



Fig. 4. ROC analysis results of the urinary concentration of SNAG- Δ^5 -CA (A), SNAG- Δ^5 -CG (B), SNAG- Δ^5 -CT (C), S7B- Δ^5 -CA (D), S7O- Δ^5 -CA (E), and their total concentration (F). AUC, cut-off concentration, sensitivity, and specificity are also shown. The AUC values ranged between 0.916 and 1.0. The sensitivities were 92.6–100% and the specificities were 81.1–100%. The cut-off concentrations ranged from 15 to 800 ng/mg creatinine (Cr) and S7B- Δ^5 -CA showed clear-cut diagnostic performance.

Diagnostic performance of the urinary NPC biomarker candidates. Finally, the NPC diagnostic performance of each urinary cholesterol metabolite was evaluated using ROC analysis (Fig. 4). This study investigated the biomarkers for a rare lysosomal disease, NPC, and we experienced difficulty collecting urine specimens and collected a total of 66 specimens. This limited sample size is not ideal, but the sample number in this study exceeded the threshold that could yield significant differences as a result of power analysis (data not shown). Accordingly, the analytical results were subjected to statistical analysis and the area under the curve (AUC) value exceeded 0.92 for each metabolite. In particular, because S7B- Δ^5 -CA exhibited no overlap between NPC and control patients, the AUC value of the metabolite was 1.0. The cut-off concentration was set to the concentration with the highest value of sensitivity-(1-specificity), which is representative of the highest true positive rate and lowest false negative rate. The sensitivity was 92.6–100% and specificity was 81.1–100%, but S7B- Δ^5 -CA showed 100% for both parameters. These results were nearly equivalent to the plasma oxysterols (6) and their metabolites (18, 19). Therefore, the metabolites investigated herein represent a series of metabolites produced from cholesterol

accumulated by NPC pathology (18, 19). These results also suggest that urinary metabolites are a series of metabolites generated from cholesterol accumulation in an NPC-dependent manner (6, 18, 19). In addition, some patients with other lysosomal diseases and cholesterol metabolic disorders provided almost low concentrations (supplemental Tables S5, S6). Thus, it is suggested that these urinary metabolites can serve as useful NPC diagnostic biomarkers, reflecting the pathology of NPC.

CONCLUSIONS

A simultaneous analytical method for five urinary conjugated cholesterol metabolites identified from the urine of patients with NPC was developed using LC/MS/MS. The performance of the five metabolites as NPC diagnostic biomarkers was also evaluated. First, we developed a reliable analytical method using column-switching LC/MS/MS, and then five NPC diagnostic biomarker candidates in urine were quantified. All five metabolites were generally present in higher concentrations in the urine of patients with NPC compared with that of healthy controls and

showed excellent diagnostic marker performance. It was observed that the conjugated cholesterol metabolites are useful as diagnostic markers of NPC. In particular, S7B- Δ^5 -CA is a valuable biomarker, exhibiting both 100% sensitivity and specificity. In the future, it is expected that these five urinary cholesterol metabolites (S7B- Δ^5 -CA in particular) will be used for a noninvasive diagnostic screening method for NPC. 

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