



Published in final edited form as:

*J Immunol.* 2019 December 15; 203(12): 3407–3415. doi:10.4049/jimmunol.1900364.

## S4s4Activation of NLRX1 by NX-13 ameliorates IBD through immunometabolic mechanisms in CD4+ T cells

Andrew Leber<sup>\*,†</sup>, Raquel Hontecillas<sup>\*,†</sup>, Victoria Zoccoli-Rodriguez<sup>\*</sup>, Catherine Bienert<sup>\*</sup>, Jyoti Chauhan<sup>\*</sup>, Josep Bassaganya-Riera<sup>\*,†</sup>

<sup>\*</sup>Landos Biopharma, Inc., Blacksburg, VA. 24060.

<sup>†</sup>BioTherapeutics, Inc., Blacksburg, VA. 24060.

### Abstract

Inflammatory bowel disease (IBD) is a complex autoimmune disease with dysfunction in pattern recognition responses, including within the NLR family. Nucleotide-binding oligomerization domain, leucine rich repeat containing X1 (NLRX1) is a unique NLR with regulatory and anti-inflammatory functions resulting in protection from IBD in mouse models. NX-13 is an orally active, gut-restricted novel drug candidate that selectively targets and activates the NLRX1 pathway locally in the gut. *In vitro* and *in vivo* efficacy of NLRX1 activation by NX-13 was examined. Oral treatment with NX-13 ameliorates disease severity, colonic leukocytic infiltration and cytokine markers of inflammation in three mouse models of IBD (DSS, Mdr1a<sup>-/-</sup> and CD45RB<sup>hi</sup> adoptive transfer). Treatment of naïve CD4<sup>+</sup> T cells with NX-13 *in vitro* decreases differentiation into Th1 and Th17 subsets with increased oxidative phosphorylation and decreased NF- $\kappa$ B activation and ROS. With stimulation by PMA/ionomycin, TNF $\alpha$ , or H<sub>2</sub>O<sub>2</sub>, PBMCs from ulcerative colitis (UC) patients treated with NX-13 had decreased NF- $\kappa$ B activity, TNF $\alpha$ <sup>+</sup> and IFN $\gamma$ <sup>+</sup> CD4<sup>+</sup> T cells and overall production of IL-6, MCP1 and IL-8. NX-13 activates NLRX1 to mediate a resistance to both inflammatory signaling and oxidative stress in mouse models and human primary cells from UC patients with effects on NF- $\kappa$ B activity and oxidative phosphorylation. NX-13 is a promising oral, gut-restricted NLRX1 agonist for treating IBD.

### Introduction

Over 3 million people in America and 5 million worldwide suffer from inflammatory bowel disease (IBD). This widespread and debilitating illness results in decreased quality of life and significant healthcare related costs (1). The underlying immune dysfunction in Crohn's disease (CD) (2, 3) and ulcerative colitis (UC) (4, 5) is with involvement of both innate and adaptive immunity culminating in a perturbed immune tolerance to the gut microbiome and other environmental factors. Despite this complexity, current therapeutics are unrefined steroids, immunosuppressants and neutralizing antibodies to single cytokines such as TNF $\alpha$ .

Correspondence: Josep Bassaganya-Riera, 1800 Kraft Drive Suite 216, Blacksburg, VA 24060, jbr@landosbiopharma.com, phone: 540-218-2232.

Author Contributions: Conception and design of the study: AL, JBR. Generation and interpretation of data: AL, RH, VZR, CB, JBR. Drafting and revision of manuscript: AL, JC, JBR. Approval of final version: AL, RH, VZR, JC, JBR.

Disclosures: All authors are employees of Landos Biopharma. JBR is a shareholder of Landos Biopharma.

Although current treatments for IBD have improved (6, 7), these therapies remain modestly successful with adverse side effects including immunosuppression, increased risk for infection, malignancies and death. Thus, an unmet clinical need exists for novel targets capable of restoring immune tolerance and controlling the wide array of immune responses.

NLRs are a family of cytosolic pattern recognition receptors that function in surveillance of metabolic stress, discrimination between pathogenic bacteria versus beneficial symbionts, and recognition of inflammatory signaling (8–12). Genetic polymorphisms in several NLRs have been described in IBD such as NLRC1 (NOD1) and NLRC2 (NOD2) (13–15). While NOD1 and NOD2 in addition to inflammasome associated NLRs are well-characterized to contribute to human disease, a smaller class of negative regulatory NLRs remain relatively unknown. Indeed, genetic abnormalities in these well-characterized *NLR* genes are linked to IBD pathology (16–19). This smaller family of NLRs is comprised of NLRX1, NLRP12, and NLRC3 and has shown potent effects in the attenuation of inflammation in nonclinical models of autoimmune and infectious disease. NLRX1 regulates inflammation and interferon production in response to pathogens (20–23), and antagonizes NF- $\kappa$ B (20, 23, 24). However, many of these preclinical studies focus solely on the worsening of disease in loss of function designs. The ability to modulate function by pharmacologic activation of the receptor, the prevalence of function-disrupting mutations and native expression patterns in response to inflammation is unknown in human disease.

NLRX1 is a mitochondria-associated receptor involved in down-regulating inflammation during bacterial and viral exposure, acute non-infectious colitis, colorectal cancer and chronic pulmonary disease (20, 22, 23). NLRX1<sup>-/-</sup> mice with DSS colitis have significantly worse disease activity associated with more severe gut mucosal inflammation and fibrosis when compared to their wild-type counterparts (25). Colonic NLRX1 expression is significantly suppressed in colons of mice with colitis (26). RNA-seq data from colons of WT and NLRX1<sup>-/-</sup> mice unveil that loss of NLRX1 during colitis causes overzealous inflammatory chemokine and cytokine signaling (>10-fold increase) in myeloid and epithelial cell response elements such as *Il6*, *Tnf*, *Ifng*, *Il21* and *Mcp1*. Previously, we demonstrated that the deficiency of NLRX1 worsens inflammatory responses *in vitro* in both CD4<sup>+</sup> T cells and epithelial cells of mice and shifts the metabolic preferences of cells. When the metabolic differences are prevented, the immune effects resulting from the loss of NLRX1 are abrogated (25) both *in vitro* and *in vivo* that are integrated with changes in inflammation-associated bacterial taxa within the colonic microenvironment (27).

In line with these beneficial preclinical responses in IBD, we have developed 1, 3, 5-tris (6-methylpyridin-2-yloxy) benzene (NX-13), as an orally active, gut-restricted NLRX1-activating therapeutic with limited systemic exposure for the treatment of IBD. NX-13 was generated by medicinal chemistry-based optimization of novel scaffolds designed to target the previously categorized binding pocket of NLRX1. In preliminary safety and pharmacokinetic studies, NX-13 is gut-restricted with no effects on systemic hematology parameters and a NOAEL = 1,000 mg/kg (28). Following through *in silico* testing of affinity, safety and pharmacokinetics, NX-13 was synthesized to characterize its efficacy in the treatment of IBD. This manuscript provides the first evidence for NX-13 as a promising

immunometabolic therapeutic in three models of IBD and primary cells from human UC patients.

## Materials and Methods

### Mice

Wild-type (WT) and Rag2<sup>-/-</sup> mice were used on a C57BL/6 background. Mdr1a<sup>-/-</sup> were used on an FVB background. All procedures and experiments were approved by an Institutional Animal Care and Use Committee (IACUC). Experimental groupings were age-, gender- and litter-matched with equal distribution to groups in co-housed conditions. For dextran sulfate sodium (DSS) experiments, 8-wk-old WT mice were administered dextran sulfate sodium in drinking water for 7 days. Mice were scored daily for disease activity. For adoptive transfer experiments, 7-wk-old Rag2<sup>-/-</sup> mice were injected with 4×10<sup>5</sup> naïve CD4<sup>+</sup> T cells (CD45RB<sup>hi</sup>) per mouse by intraperitoneal injection. Mice were scored weekly post-transfer for disease activity for 8 weeks. For Mdr1a<sup>-/-</sup> experiments, Mdr1a<sup>-/-</sup> mice were started on treatment at 4 wk of age and continued treatment through 10 wk of age. Mice were scored weekly. Disease activity was scored on a range from 0 to 4 encompassing parameters pertaining to rectal inflammation, stool consistency, presence of blood in stool and overall appearance/behavior. General assignment of score corresponded to 0, no symptoms; 1, soft/loose/watery stool; 2, blood or moderate rectal inflammation; 3, blood and moderate or greater inflammation; 4, severe gastrointestinal symptoms with reduced activity or weight loss. NX-13 treatments, or vehicle control, were administered by orogastric gavage daily for the duration of each experiment.

### CD4<sup>+</sup> T cell culture

Naïve CD4<sup>+</sup> T cells were obtained from spleens of WT mice by magnetic sorting of a cellular suspension of splenocytes. Naïve CD4<sup>+</sup> T cells were cultured in Iscove's Modified Dulbecco's Medium (IMDM) supplemented with fetal bovine serum within anti-CD3/anti-CD28 coated 96 well plates. Cells were differentiated into Th1 or Th17 cells by cytokine mixture: [IL-12 (10 ng/mL), anti-IL-4 (500 ng/mL)] or [IL-6 (10 ng/mL), TGFβ (5 ng/mL), anti-IL-4 (500 ng/mL)], respectively. During differentiation, cells were treated with NX-13. After 48 h, cells were stimulated with phorbol 12-myristate-13-acetate (5 ng/mL) and ionomycin (500 ng/mL) (PMA/I) for 6 hours. After stimulation, cells were assayed for cellular phenotype by flow cytometry, gene expression by qRT-PCR, proliferation by carboxyfluorescein succinimidyl ester (CFSE) staining, or NF-κB, reactive oxygen species (ROS), lactate dehydrogenase (LDH) activity, and glucose uptake according to manufacturer's instructions.

### Flow cytometry

Lamina propria lymphocytes were obtained from colons by collagenase/DNase digestion followed by purification by Percoll gradient. Cultured cells were obtained directly from culture. Cells were washed and stained for extracellular antigens (CD45, CD3, CD4, CD8, CD25, Gr1). Cells were then fixed and permeabilized for staining of intracellular antigens (IFNγ, Tbet, IL10, FOXP3, IL17, RORγT, IL4). Data was acquired on a BD FACSCelesta II and analyzed using BD FACSDiva version 9.0.

## Gene expression

Colon or cells were homogenized within RLT buffer. RNA was isolated from homogenate by RNAEasy Mini kit, according to manufacturer's instructions. From RNA, cDNA was produced by iScript reverse transcriptase. qRT-PCR was conducted with SybrGreen mastermix. Starting quantity was calculated according to standard curve and normalized to beta-actin as previously described.

## Histopathology

Colons were fixed within 10% buffered formalin, embedded in paraffin, sectioned and stained with hematoxylin and eosin for examination. Colons were scored (0–4) for leukocytic infiltration, mucosal thickening, and epithelial erosion by blinded pathologist.

## PBMC culture

Peripheral blood mononuclear cells (PBMCs) were isolated from fresh whole blood of male and female ulcerative colitis patients. PBMCs were separated by LeucoSep tube and remaining red blood cells were lysed by hypotonic lysis. Isolated cells were treated with NX-13 (0, 50, 100, 500 nM). Cells were stimulated by TNF $\alpha$  (0.5 ng/mL) for 24 h, hydrogen peroxide (1 mM) for 24 h, or PMA/I for 6 h. Cytokine responses were measured by Luminex and NF- $\kappa$ B activity was measured by TransAM NF- $\kappa$ B p65 kit (Active Motif).

## Statistical analysis

Data is presented as mean  $\pm$  SEM. Quantitative data were analyzed using ANOVA, followed by the Scheffe multiple-comparisons test. ANOVA was performed using the general linear model procedure of SAS (SAS Institute, Cary, NC). Statistical significance was determined at  $p < 0.05$ .

## Results

### NX-13 modulates CD4+ T cell differentiation and metabolism

NX-13 is a symmetric tri-phenyl compound designed to activate NLRX1 in the GI tract. By CETSA, NX-13 has *in situ* binding effects on the stability of NLRX1 at concentrations below 100 nM, with an estimated EC<sub>50</sub> of 58 nM (Figure 1). As NLRX1 has previously been associated with immunometabolic effects in CD4+ T cells in IBD (25), the differentiation of naïve CD4+ T cells was assessed in the presence of NX-13. Treatment with NX-13 significantly decreased the differentiation of Th1 (Figure 2A) and Th17 (Figure S1) at 0.05  $\mu$ M with a dose response and suppressive effect observed down to 0.005  $\mu$ M. The effect on CD4+ T cell differentiation was observed to be dependent on the presence of NLRX1, whereby CD4+ T cell deficient in NLRX1 did not respond to NX-13 treatment (Figure S1). Reduction of Th1 phenotyped cells corresponded with a marked decrease in IFN $\gamma$  production (Figure 2G–H). In line with the previously described metabolic functions of NLRX1 activation, NX-13 decreased LDH activity (Figure 2B) and glucose uptake (Figure 2C) in *in vitro* differentiated Th1 cells paired with a decrease in proliferation (Figure 2D, I). No effect on cell death or apoptosis was observed (Figure S1). NX-13 also decreased NF- $\kappa$ B activity (Figure 2E) and intracellular reactive oxygen species (ROS) levels (Figure 2F), two

inflammatory signaling elements inhibited by NLRX1 activation. Additionally, after the observation of effects on metabolism and ROS levels, we further characterized the effects of NX-13 treatment by qRT-PCR of *in vitro* differentiated Th1 cells. While NX-13 is associated with increased oxidative phosphorylation (Figure 2J–M), it is also associated with increased expression of antioxidant enzymes including Gpx1, Gstm1, and Txnrd1 (Figure 2N–P). Meanwhile, Eno1, a marker of anaerobic glycolysis activity and a moonlighting enzyme associated with inflammatory signaling, is decreased by NX-13 (Figure 2Q).

### **NX-13 reduces inflammation in a model of DSS colitis**

Upon validation of NLRX1-mediated activity *in vitro*, NX-13 was tested in a DSS model of colitis to characterize its therapeutic efficacy and underlying immunological changes induced by NX-13 in the gut. Oral treatment with NX-13 reduced disease activity index (Figure 3A), a summarized score encompassing diarrhea, rectal bleeding, rectal inflammation and overall activity, with significant reduction retained throughout the 7-day DSS period, at doses as low as 1 mg/kg. Similar trends were observed microscopically with reductions in leukocytic infiltration, epithelial erosion and mucosal thickening recorded at 1 mg/kg and higher upon examination of colon (Figure 3B–D). Reduction in leukocytic infiltration was observed at both the mucosal and submucosal levels, while NX-13 also protected against ulceration and loss of crypt architecture (Figure 3K, L). Treatment with NX-13 resulted in an increased colonic expression of *Nlr1* (Figure S2) with significant increases observed at 10 and 20 mg/kg. Fecal calprotectin, a clinical biomarker for intestinal inflammation and treatment response and remission, was decreased by NX-13 treatment on d 7 (Figure 3E). Notably, NX-13 treatment resulted in a greater reduction of fecal calprotectin in the DSS model when compared to current UC therapeutics (Figure S3). By flow cytometry immunophenotyping, 1 mg/kg oral NX-13 significantly decreased Th1, Th2 and Th17 (Figure 3F–H) locally within the colon. A significant decrease in neutrophils was observed at 10 mg/kg and higher with a noted suppressive trend at lower doses (Figure 3I). In contrast, CD25<sup>+</sup> Tregs were significantly increased at the highest test dose, 20 mg/kg, and slightly increased at lower doses (Figure 3J). Similar trends in cellular populations were also observed based on percentage of CD45<sup>+</sup> cells (Figure S2). When NX-13 was dosed to unchallenged mice, splenic immune cell populations were unchanged (Figure S2), suggestive of local action.

### **NX-13 maintains immune homeostasis after CD45RB<sup>hi</sup> adoptive transfer**

Based on the *in vitro* response to NX-13 in CD4<sup>+</sup> T cells, its therapeutic efficacy was also assessed in the CD45RB<sup>hi</sup> adoptive transfer model of IBD. Oral NX-13 treatment significantly reduced signs of disease post-transfer with reduction of overall disease activity (Figure 4A). Significant reductions in colonic histopathology parameters (Figure 4B–D) were similarly observed with NX-13 with notable decreases in leukocytic infiltration and mucosal thickening (Figure 4E, F). In an environment of altered immune tolerance, NX-13 decreased Th1 and Th17 cells while the number of CD25<sup>+</sup> Tregs was unchanged (Figure 4G–I). Reduced neutrophils were also observed in the colonic lamina propria of NX-13-treated mice (Figure 4J). In regards to the percentage of CD45<sup>+</sup> cells, similar trends were observed in the proportion of Th1 and neutrophil cells while the proportion of Tregs was increased (Figure S2).

### Therapeutic efficacy of NX-13 in an *Mdr1a*<sup>-/-</sup> model of colitis

The knockout of *Mdr1a* was used as a spontaneous model of severe colitis. Similar to other models of colitis, oral NX-13 treatment results in an early reduction of inflammation that is maintained throughout the course of the experiment in *Mdr1a*<sup>-/-</sup> (Figure 5A). By histopathology, NX-13 reduces the occurrence of crypt destruction and structural abnormalities with reduced infiltration of neutrophils and eosinophils (Figure 5B–C). Cellular reductions in inflammation were confirmed by flow cytometry by observation of reduced Th1 cells and neutrophils and increased proportion of IL-10-producing Tregs in the colonic lamina propria (Figure 5D–F). Due to a decrease in total immune cell infiltration in the colon, Th1 and neutrophil numbers were also significantly reduced, while the total number of Tregs were unchanged (Figure S2). At the transcriptional level, colonic expression of *Ifng* and *Tnf* was reduced with oral NX-13 treatment (Figure 5G–H).

### *In vivo* validation of NX-13-induced metabolic changes in *Mdr1a*<sup>-/-</sup> colitis

Upon demonstration of therapeutic efficacy, we examined local biomarkers of NX-13 activity. A panel of cytokines was used to determine changes in inflammatory response representative of the effects of NX-13 (Figure 6A). Notable cytokines prominent in IBD, such as TNF, IL-6 and MCP1 were decreased by NX-13, while an increase in IL-10 was observed in NX-13-treated mice. Additional cytokines with a lower degree of characterization in IBD, such as CXCL1, MIP1 $\alpha$ , IL-9 and IL-1 $\alpha$  were also decreased, indicating an ability of NX-13 to extend anti-inflammatory properties beyond a single cytokine. Next, expression of metabolic genes was measured in *Mdr1a*<sup>-/-</sup> mice after treatment with 10 or 20 mg/kg NX-13 to determine local metabolic biomarkers of NX-13 activity. In a similar manner to that observed *in vitro*, NX-13 resulted in an increase in markers of oxidative phosphorylation including the mitochondrially encoded Nd3 and Co3, and rate-limiting enzyme, Ogdh (Figure 6B–D). In contrast, *Eno1* was decreased by NX-13 (Figure 6E). The change in oxidative phosphorylation was paired with increased expression of antioxidant enzymes, Gpx1 and Gstm1 (Figure 6F, G). In an activity-based assay, colonic glutathione peroxidase was also observed to be increased with NX-13 (Figure 6H), with similar increases observed in colonic glutathione levels (Figure 6I). Similar to the DSS model, these cytokines and metabolic changes correlated to increased colonic expression of *Nlr1* at 10 and 20 mg/kg (Figure S2).

### NX-13 reduces inflammation and alters NLRX1 signaling in PBMCs from UC patients

Based on the efficacy of NX-13 in mouse models of IBD, the translational value and potency of response to NX-13 treatment was tested within PBMCs from moderate to severe UC patients. At concentrations of 0.01  $\mu$ M and higher, NX-13 significantly reduced TNF $\alpha$  and IL-4-producing cells after 24 h of culture (Figure 7A, B). Meanwhile at 0.05  $\mu$ M and above, IL-10-producing cells were increased and IFN $\gamma$  producing cells were decreased (Figure 7C, D). NX-13 reduces both NF- $\kappa$ B and ROS production upon stimulation with PMA/I, TNF, or hydrogen peroxide (Figure 7E, F). Importantly, NX-13 greatly reduced ROS production with oxidative stress caused by hydrogen peroxide. Additionally, NX-13 decreased inflammatory cytokines implicated in IBD, including IL-8, MCP1, and IL-6 upon stimulation with PMA/I or TNF (Figure 7 G–I). These results suggest a translatable potency of NX-13 between mice

and humans, with clear therapeutic benefit *ex vivo* for the reduction of inflammation in primary cells from UC.

## Discussion

NX-13 is a promising immunometabolic oral, gut-restricted therapeutic for CD and UC that is effective at reducing inflammation in DSS, adoptive transfer and *Mdr1a*<sup>-/-</sup> mouse models of IBD plus in *in vitro* studies using primary murine and human cells. Through the activation of NLRX1, NX-13 increases oxidative phosphorylation in immune cells resulting in a decrease in the inflammation-associated anaerobic glycolysis. However, despite the increase in oxidative metabolism, NX-13 treatment decreases cellular ROS through activation and increased expression of antioxidant enzymes. Downstream of NLRX1, these immunometabolic changes result in decreased NF- $\kappa$ B activity and lower production of inflammatory cytokines such as TNF $\alpha$  and IFN $\gamma$ . Both *in vitro* and *in vivo*, these signaling changes result in lower levels of Th1 cells. Oral NX-13 treatment reduces colonic lesions and overall disease severity at a dose as low as 1 mg/kg indicating a high potential for further development as an investigational new drug for CD and UC.

The concept that immune and metabolic pathways have important co-dependencies has clear relevance to the understanding of disease and therapeutic development, particularly IBD with diminished activity of the electron transport chain and lower ATP levels observed in the inflamed GI (29, 30). Effector CD4<sup>+</sup> T cells (Th1 and Th17) drive glycolytic responses to produce energy quickly (31). Immune cells unable to establish fatty acid metabolism can show insensitivity to regulatory and suppressive signals (32). Our data suggests that NLRX1 acts as a key regulator of metabolic re-programming within immune cells with greater oxidative phosphorylation by NX-13 treatment in line with the previously described augmentation of glycolytic flux and decreased substrate-switching capability displayed by NLRX1 deficient cells (25). Indeed, NLRX1 directly influences the maturation of mitochondrial RNA for important oxidative phosphorylation enzymes (33). Further, *Eno1*, which is decreased by NX-13, is connected to TNF $\alpha$ , IL-1 $\beta$ , and IFN $\gamma$ , is increased in colonic tissues and may serve as an important antigen in IBD with 50% of UC and CD patients presenting with serum anti-ENO1 antibodies (34, 35). The remaining question was whether the increased oxidative phosphorylation would lead to an increase in intracellular ROS and activation of inflammatory pathways. However, activation of NLRX1 by NX-13 leads to a decrease in ROS that is paired with increased antioxidant enzyme activity. Due to its previous connection to the regulation of MAVS, NLRX1 could be acting as an important switch through c-Abl that would serve to activate GPX1 (36, 37). The role in this regulation merits further exploration. With previous connections to the prevention of oxidative stress (25, 38) and the described data herein including increases to *Gpx1*, *Gstm1*, and *Txnrd1*, NLRX1 is a potent controller of the cellular oxidative state. Meanwhile, impaired function of these enzymes has been linked to enhanced susceptibility to IBD and leukocytic infiltration in colons of patients (39–41).

The implication of ROS in the NLRX1 pathway extends beyond the metabolic effects but the downstream signaling. Among other molecules, ROS are proposed to be a key mediator in the downstream effects of NLRX1 on NF- $\kappa$ B and potentially other inflammatory

pathways including the phosphorylation of ERK1 and ERK2 leading to upregulation of MAPK activity (42). While cytoplasmic NLRX1 has direct effects on NF- $\kappa$ B activity, the control of *Gpx1* and other antioxidant enzymes may provide further inhibitory support of the pathway as IKK $\alpha$  can be inhibited by the decrease in hydrogen peroxide levels (43). Conversely, NF- $\kappa$ B activity has also been linked to antioxidant enzyme transcription suggesting a potential co-regulation and feedback in this linkage in parallel to NF- $\kappa$ B-mediated upregulation of ROS producers (44). Dysfunction of this feedback may be important in the pathogenesis of IBD and a cause of the increased intestinal oxidative stress observed in UC and CD (45). Additionally, GPX1 activity has been connected to a decreased ability of TNF to activate expression of VCAM and ICAM molecules (46), which would lead to further support of *in vivo* anti-inflammatory effects locally in the GI tract, and serve as a mechanistic link for the observed decreased leukocytic infiltration observed in the three models of IBD. While current data supports a lack of effect on systemic immune profiles (28), risk for infection remains a concern in the development of immune-targeted therapeutics. The immunometabolic effects induced by NX-13 may support specific anti-viral responses through a depletion of lactate and modulation of the overall cellular energy phenotype. Many of the viral responses connected to NLRX1 have been through its interaction with MAVS; however, MAVS is also highly responsive to metabolic change with recent publications linking high lactate to impaired MAVS and Type I IFN production (47) as well as the necessity of O-GlcNAcylation in MAVS signaling (48). Therefore, the metabolic change combined with NLRX1 activation provide a balance in antiviral signaling. However, additional studies on the effect of NX-13 on both the susceptibility and severity of bacterial and viral infections is needed.

Via control of NF- $\kappa$ B, it is proposed that NLRX1 activation influences a wide array of cytokine responses. Based on the presented findings, oral NX-13 treatment provides anti-inflammatory control over a number of cytokines within the colonic mucosa. These cytokines cover a broad range of functions including potent inflammatory mediators of activation and differentiation (TNF, IL-6), neutrophil and monocyte chemokines (MCP1, CXCL1) as well as those with newly emergent functions in IBD (MIP1 $\alpha$ , IL-9, IL-1 $\alpha$ ). Recently, CXCL1 has been identified as a differentiator between responders and non-responders clinically (49) and IL-9 positively correlated to clinical scores, including mucosal healing and endoscopic appearance in UC (50) while changes in MIP1 $\alpha$  and IL-1 $\alpha$ , indicate a potential involvement of myeloid cells in the response to NX-13 treatment (51).

As regulators of many of these molecular changes, this manuscript largely focuses on the effect of NX-13 in CD4+ T cells due to their role in the pathogenesis and chronicity of IBD and the previous implication of NLRX1 in this cell type. NX-13 shows a direct ability to decrease effector CD4+ T cells, including Th1 and Th17 cells. Recent evidence on the dual regulation of these cell types (52), along with the development of anti-IL-23 antibodies (53) which serve to suppress both Th1 and Th17 differentiation, support that the potential down-modulation of these cell types independently can reduce gastrointestinal inflammation in IBD. Based on prior knowledge of NLRX1 and therapeutic efficacy across mouse models of IBD, NX-13 is likely to also induce direct effects on epithelial and myeloid cells, although currently unexplored. Given the shared immunometabolic pathways in each of these cell



types, these direct effects would be supportive of the overall anti-inflammatory nature of NX-13 treatment.

Combined with the described therapeutic efficacy in this manuscript, NX-13 is safe up to oral doses of 1,000 mg/kg in preliminary safety studies in rats (28). This benign safety profile is mediated in part by gut-restricted pharmacokinetics with local colonic concentrations over 1000-fold higher than those in plasma (28). NX-13 is effective *in vivo* at oral doses as low as 1 mg/kg with *in vitro* responses below 100 nM. With a wide therapeutic window permitted by this large safety margin, NX-13 is a prime candidate for advancement into investigational new drug (IND)-enabling studies and clinical testing in UC and CD patients. By immunometabolic mechanisms targeting enhanced oxidative phosphorylation and controlled ROS levels, NLRX1 activation is an innovative first-in-class strategy for the treatment of autoimmune disease. Further, the categorization of NLRX1 as a regulatory NLR offers the potential to intrinsically restore immune tolerance to the gut.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

This work was supported by National Institutes of Health Public Service Grant 1R43DK121561.

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**Key Points**

NLRX1 activation induces immunometabolic mechanisms to reduce effector CD4+ T cells.

NX-13 is a novel NLRX1-targeting therapeutic for inflammatory bowel disease.

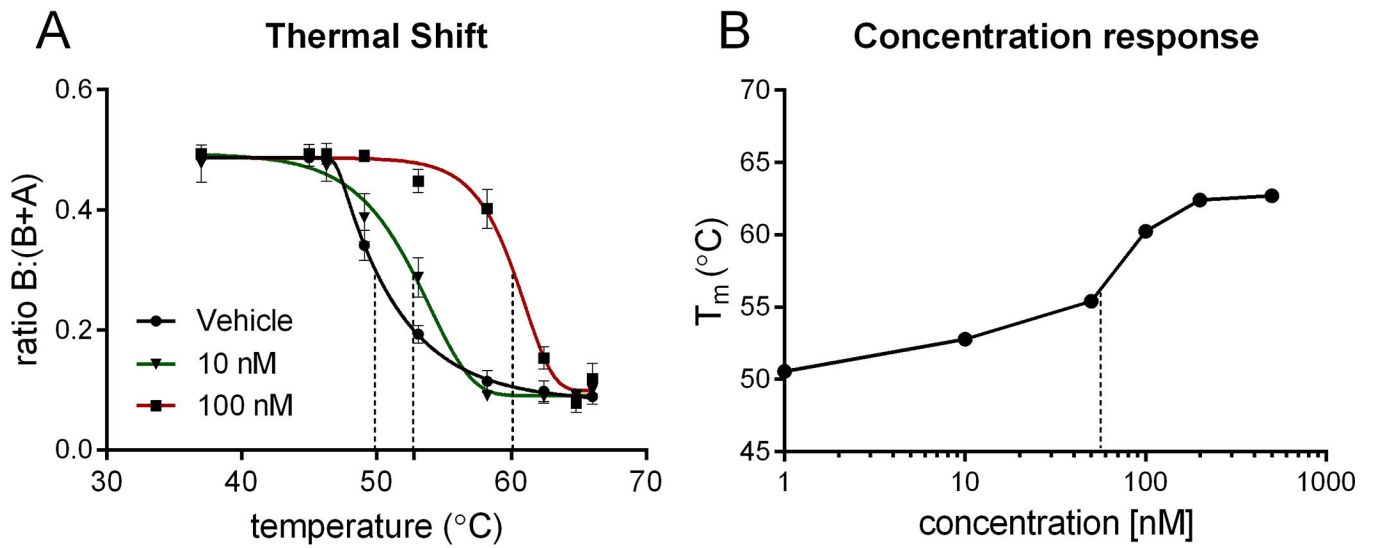
NX-13 is effective in three mouse models of IBD and primary human cells from UC.

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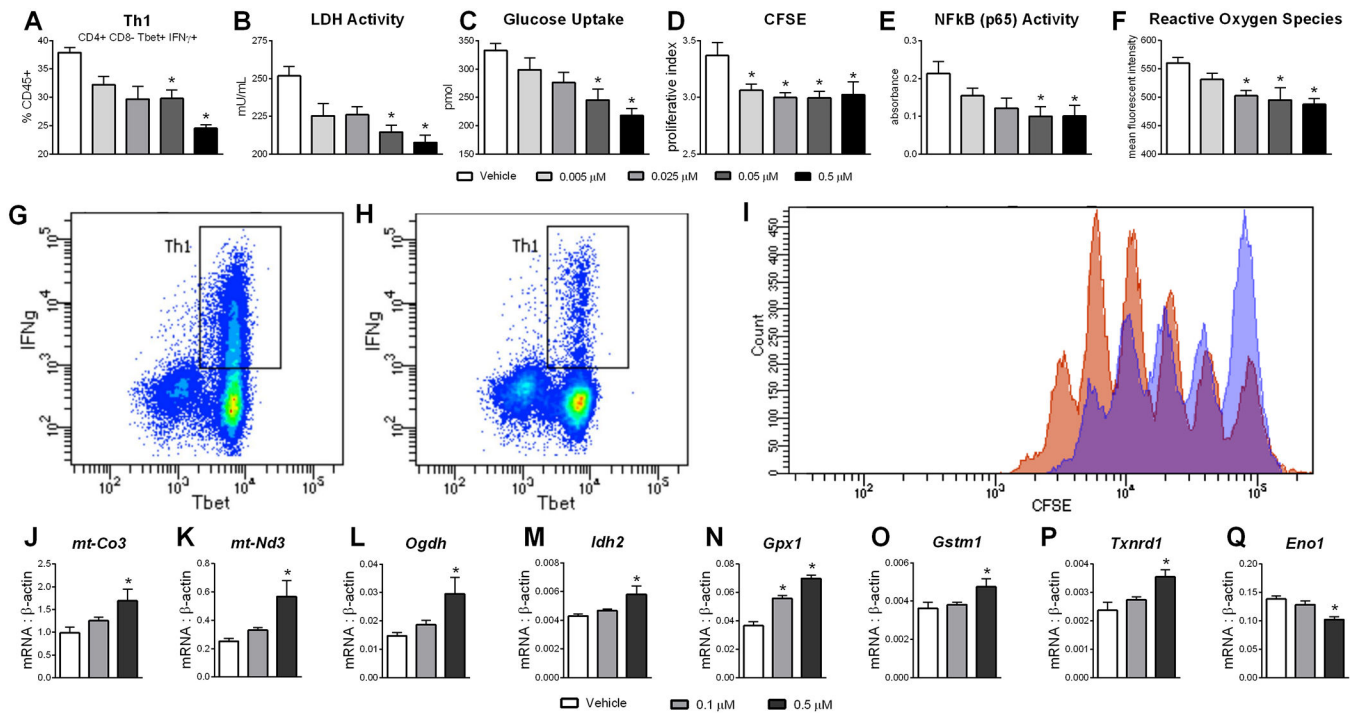
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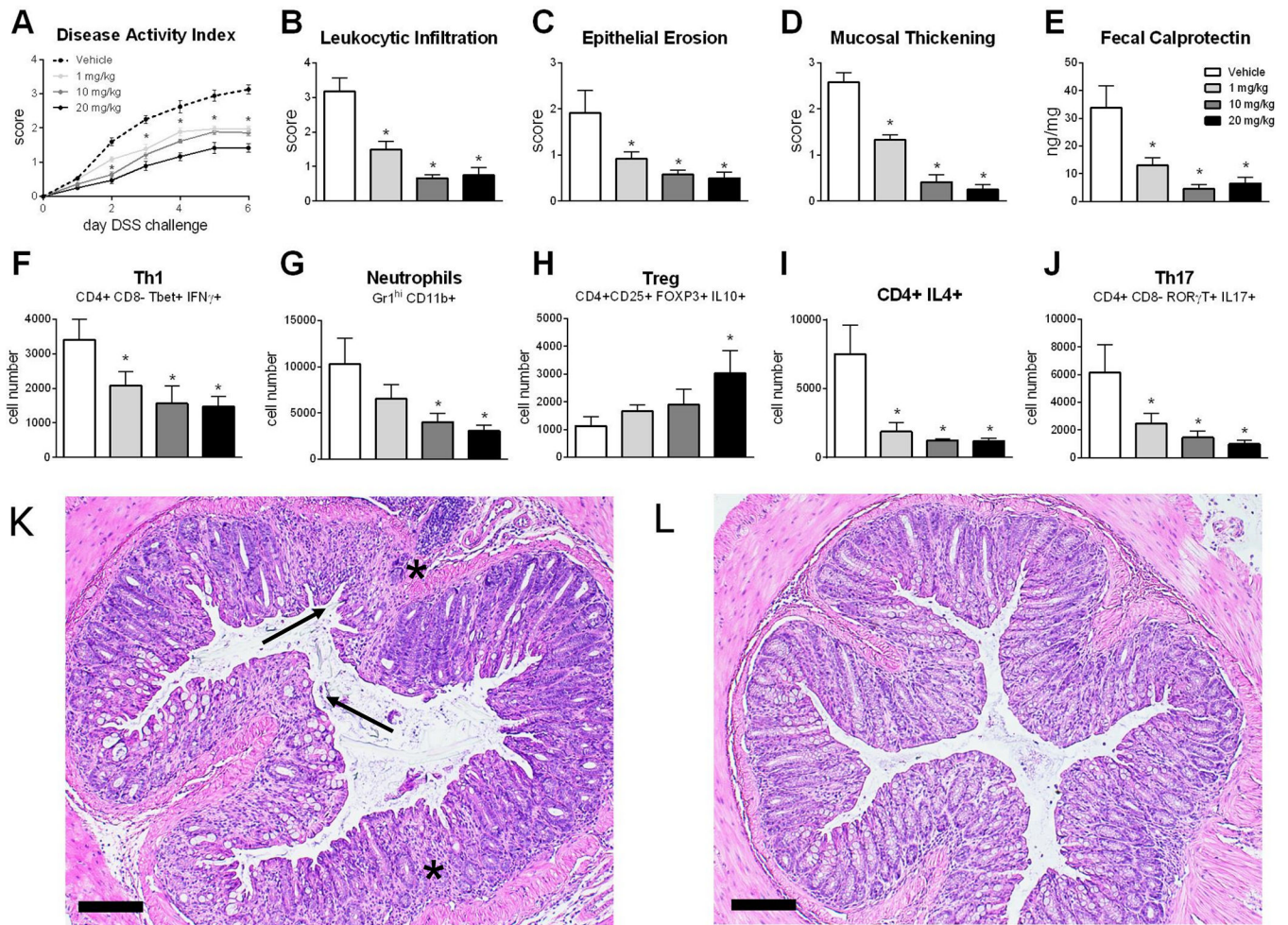


**Figure 1.** NX-13 binding to NLRX1 in situ. Splenocytes were cultured with NX-13 (1, 10, 50, 100, 200, 500 nM) for 3 h following which cells were exposure to acute thermal stress. Protein was isolated, NLRX1 content was assessed by Western blot and compared at a ratio of soluble to total (A). Melting temperature (B) was calculated by 5-parameter logistic fit of ratio of soluble to insoluble/denatured NLRX1. EC50 estimated to be 58 nM in situ by protection from denaturation.



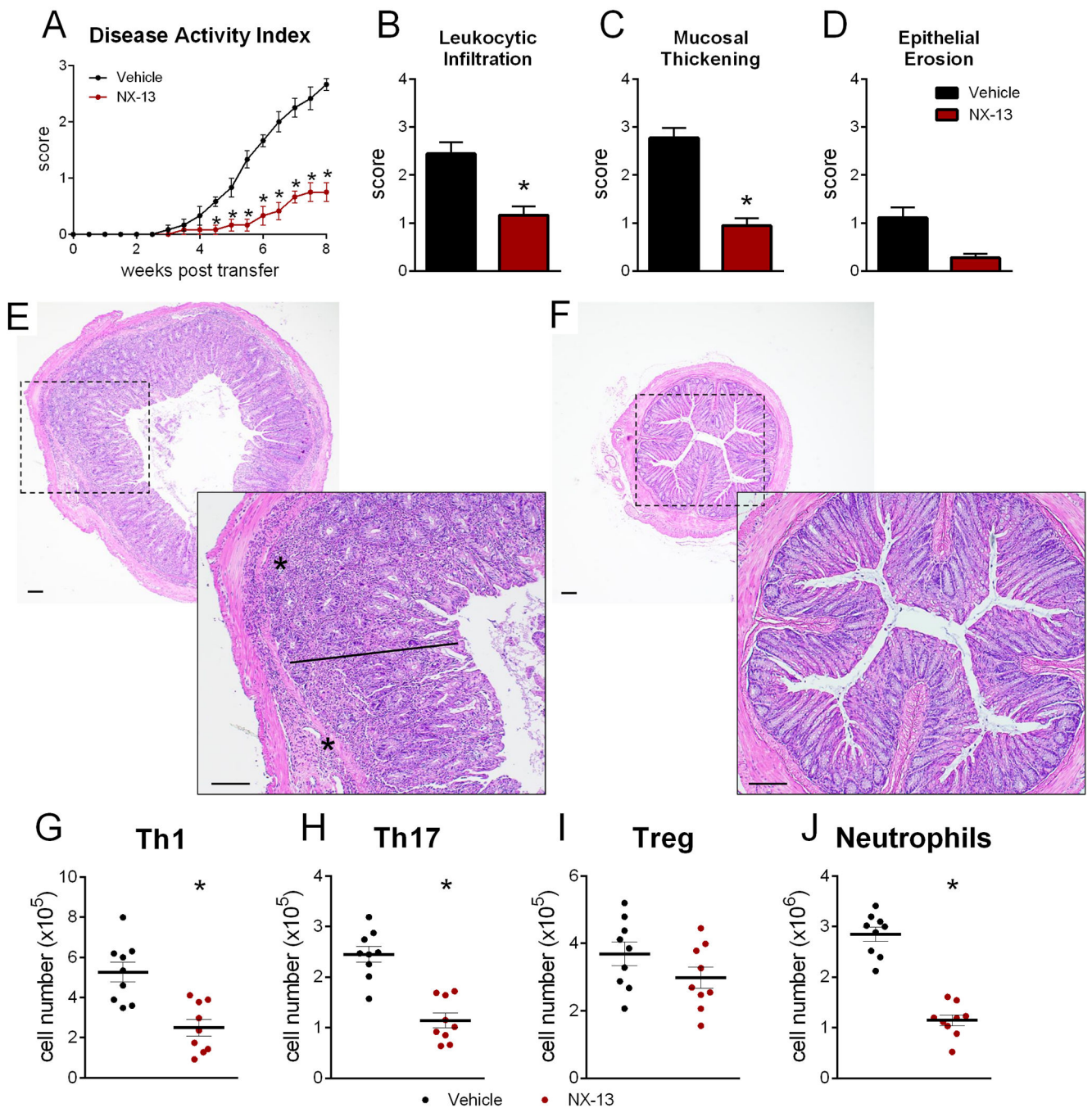
**Figure 2.**

*In vitro* responses to NX-13. Naïve CD4<sup>+</sup> T cells were obtained from wild-type spleens and differentiated into Th1 cells *in vitro* in presence of NX-13 (0 – 0.5  $\mu$ M) (A). After differentiation LDH activity (B), glucose uptake (C), proliferation (D), NF- $\kappa$ B activity (E) and reactive oxygen species (F) were measured. Representative plots of Th1 populations in untreated (G) and 0.5  $\mu$ M NX-13 (H). Representative histogram (I) of untreated (orange) and 0.05  $\mu$ M NX-13 (blue). Expression of mt-Co3 (J), mt-Nd3 (K), Ogdh (L), Idh2 (M), Gpx1 (N), Gstm1 (O), Txnrd1 (P), and Eno1 (Q) were measured by qRT-PCR. Data presented as mean  $\pm$  SEM (n = 6). Asterisks mark significance (p < 0.05).

**Figure 3.**

Efficacy of NX-13 in DSS colitis. Wild-type mice were challenged with DSS and treated daily with oral NX-13 (0 – 20 mg/kg). Disease activity was assessed daily (A). Colon histology was scored at day 7 of DSS challenge for leukocytic infiltration (B), epithelial erosion (C), and mucosal thickening (D). Fecal calprotectin was assessed in colonic contents on day 7 (E). Th1 (F, CD4+ CD8- Tbet+ IFN $\gamma$ +), neutrophils (G, Gr1<sup>hi</sup> CD11b+), Treg (H, CD4+ CD25+ FOXP3+ IL10+), IL4+ CD4+ (I), and Th17 (J, CD4+ CD8- ROR $\gamma$ T+ IL17+) were quantified by flow cytometry on day 7. Representative photomicrographs of H&E stained colon from vehicle (K) and 10 mg/kg NX-13 (L) groups; asterisks mark leukocytic infiltration, arrows mark ulceration (scale bar, 100  $\mu$ m). Data presented as mean  $\pm$  SEM (n = 9). Asterisks mark significance (p < 0.05).



**Figure 4.**

Efficacy of NX-13 in CD45RB<sup>hi</sup> adoptive transfer. Rag2<sup>-/-</sup> were adoptively transferred  $4 \times 10^5$  naïve CD4<sup>+</sup> T cells and treated daily with oral NX-13 (10 mg/kg). Mice were scored twice weekly for disease activity until eight weeks post-transfer (A). Colon histology was scored at 8 weeks post-transfer for leukocytic infiltration (B), mucosal thickening (C), and epithelial erosion (D). Representative photomicrographs of H&E stained colon from vehicle (E) and 10 mg/kg NX-13 (L) groups; asterisks mark leukocytic infiltration, bars mark mucosal thickening (scale bar, 100  $\mu$ m). Th1 (G, CD4<sup>+</sup> CD8<sup>-</sup> Tbet<sup>+</sup> IFN $\gamma$ <sup>+</sup>), Th17 (H,

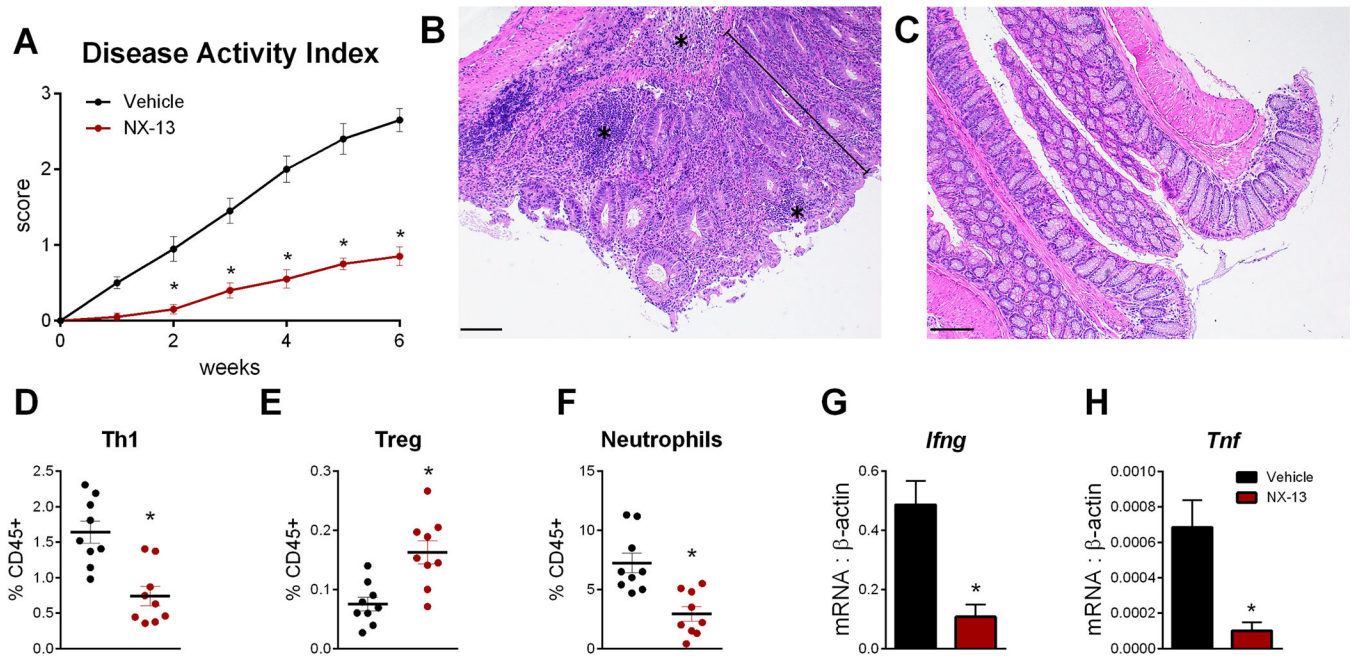
CD4<sup>+</sup> CD8<sup>-</sup> ROR $\gamma$ T<sup>+</sup> IL17<sup>+</sup>), Treg (I, CD4<sup>+</sup> CD25<sup>+</sup> FOXP3<sup>+</sup> IL10<sup>+</sup>), and neutrophils (J, Gr1<sup>hi</sup> CD11b<sup>+</sup>) were quantified by flow cytometry in colon at eight weeks post-transfer. Data presented as mean  $\pm$  SEM (n = 10). Asterisks mark significance (p < 0.05).

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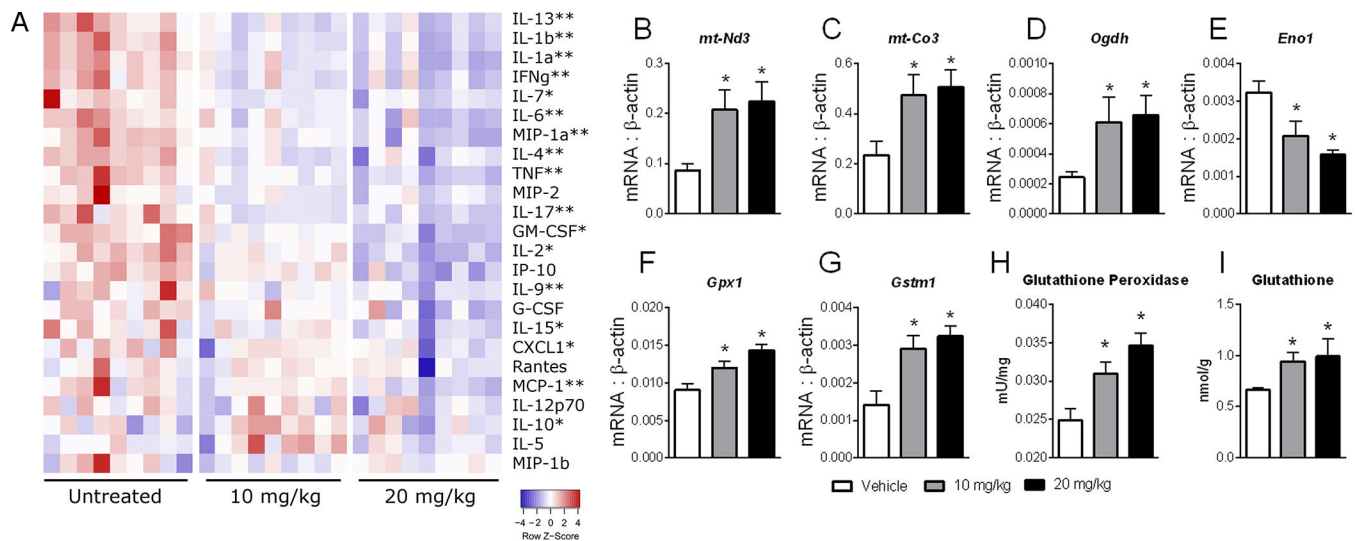
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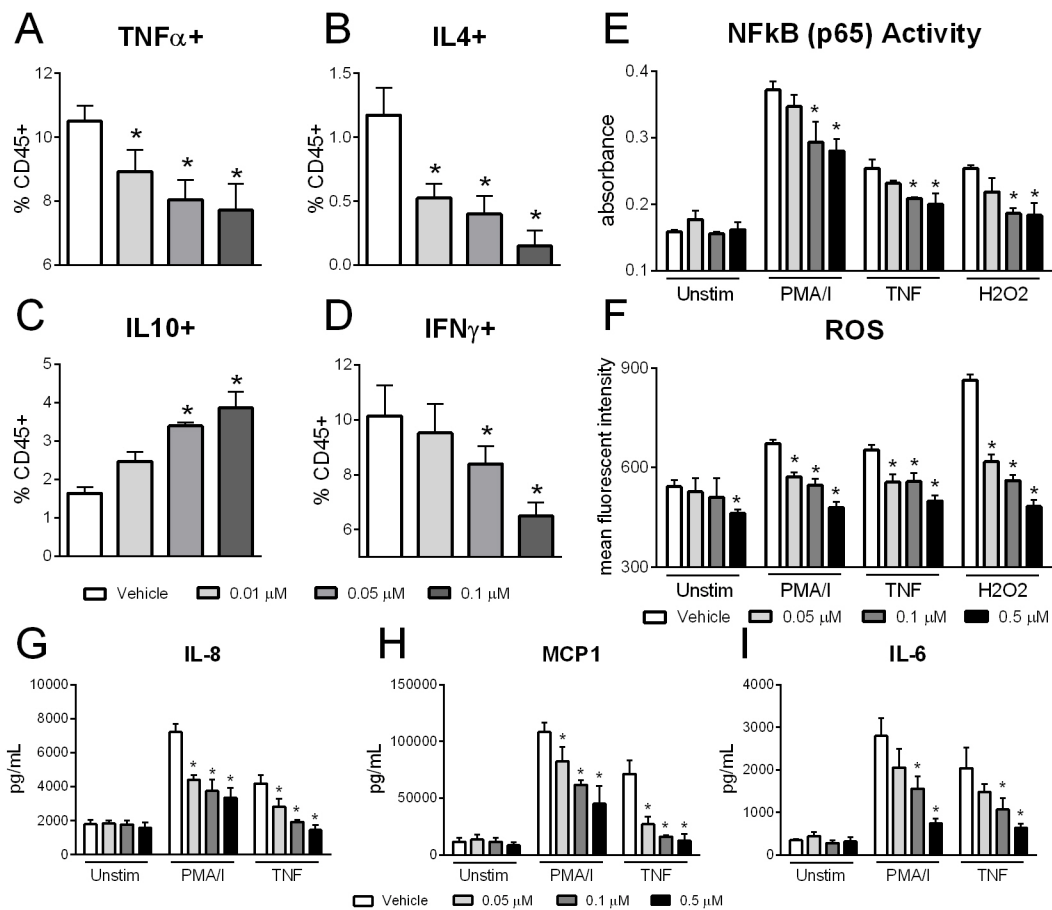


**Figure 5.**

Efficacy of NX-13 in *Mdr1a*<sup>-/-</sup> mice. *Mdr1a*<sup>-/-</sup> mice were administered oral NX-13 (20 mg/kg) daily for six weeks during which disease activity was assessed weekly (A). Representative photomicrographs of vehicle (B) and NX-13-treated (C) mice after six weeks of treatment; asterisks mark sites of leukocytic infiltration, brackets mark mucosal thickening (scale bar, 100  $\mu$ m). Th1 (D, CD4<sup>+</sup> CD8<sup>-</sup> Tbet<sup>+</sup> IFN $\gamma$ <sup>+</sup>), Treg (E, CD4<sup>+</sup> CD25<sup>+</sup> FOXP3<sup>+</sup> IL10<sup>+</sup>), and neutrophils (F, Gr1<sup>hi</sup> CD11b<sup>+</sup>) were quantified by flow cytometry in colon after six weeks of treatment. Expression of colonic *Ifng* (G) and *Tnf* (H) were measured by qRT-PCR. Data presented as mean  $\pm$  SEM (n = 9). Asterisks mark significance (p < 0.05).

**Figure 6.**

*In vivo* biomarker and metabolic effects of NX-13 in *Mdr1a*<sup>-/-</sup> mice. *Mdr1a*<sup>-/-</sup> mice were administered oral NX-13 (0, 10, or 20 mg/kg) daily for six weeks. Protein levels (A) of cytokines and chemokines in colon after six weeks were measured by Luminex; single asterisks mark significance relative to vehicle in the 20 mg/kg group and double asterisks mark significance at both 10 and 20 mg/kg. Expression of *mt-Nd3* (B), *mt-Co3* (C), *Ogdh* (D), *Eno1* (E), *Gpx1* (F), and *Gstm1* (G) were measured by qRT-PCR. Glutathione peroxidase (H) and glutathione (I) were measured in colon after six weeks of treatment. Data presented as mean  $\pm$  SEM (n = 8). Asterisks mark significance (p < 0.05).



**Figure 7.**

Efficacy of NX-13 in ulcerative colitis PBMCs. PBMCs were isolated from blood samples of UC donors and cultured ex vivo with NX-13 (0, 0.01, 0.05, 0.1, 0.5 μM) for 24 h. Cells were stimulated with PMA (5 ng/mL) / ionomycin (500 ng/mL), TNF (0.5 ng/mL), or hydrogen peroxide (1 mM) as indicated. TNFα+ (A), IL4+ (B), IL10+ (C), and IFNγ+ (D) CD4+ T cells by flow cytometry. NF-κB activity (E) and reactive oxygen species levels (F) after 24 h treatment. Secreted IL-8 (G), MCP1 (H) and IL-6 (I) protein levels by Luminex. Data presented as mean ± SEM (n = 5). Asterisks mark significance (p < 0.05).