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# Deciphering a delayed hemolytic transfusion reactions nightmare – Case of Chido/Roger antibodies

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## Abstract:

Antibodies against Rh (CEce) and Kidd (Jka and Jkb) system antigens are mostly implicated in delayed hemolytic transfusion reactions (DHTR), which is a potentially life-threatening complication observed in patients receiving chronic transfusions. Here, we are describing a case of Chido/Roger antibody which presented to our laboratory as DHTR. The clinical presentation and laboratory findings including the immunohematological workups with regard to the reaction are discussed, with a special emphasis on the benefit of identifying such an antibody and obtaining blood unit for transfusion supports the patient with respect to providing a compatible unit.

## Keywords:

Chido/roger antibody, delayed hemolytic transfusion reaction, red blood cell transfusion

## Introduction

Delayed hemolytic transfusion reaction (DHTR) is defined as accelerated destruction of transfused red cells that begins only when sufficient antibody has been produced as a result of an immune response induced by the transfusion.<sup>[1]</sup> The clinical suspicion arises only 3–10 days following the transfusion when clinical symptoms associated with hemolysis are observed or detected serologically.<sup>[1,2]</sup> It is mostly seen with patients who have been alloimmunized to red blood cell (RBC) antigens by previous transfusions or pregnancies, but with time the titer of the antibody has been lowered below detectable levels, resulting in not being detected during the pretransfusion testing.<sup>[2]</sup> The most common antibodies implicated for the same include Rh (CEce) and Kidd (Jka and Jkb) system antigens. However, numerous other specificities have been described.<sup>[2,3]</sup> Here, we are describing a case

of Chido/Roger (Ch/Rg) antibody at our laboratory diagnosed as DHTR.

## Case Report

A reference for drop-in hemoglobin (Hb) within 14 days following the last transfusion was received in our laboratory. She was a 41-year-old female, a known case of nephrotic syndrome for 7 years and biopsy-proven membranoproliferative glomerulonephritis. She had received immunosuppression therapy in the form of glucocorticoids, cyclophosphamide, cyclosporine inhibitors, and mycophenolate mofetil over the past 7 years. The patient was started on maintenance hemodialysis in December 2015 in view of the progressive renal dysfunction. All immunosuppressive medications were tapered off. In view of suboptimal Hb levels and in spite of iron and erythropoietin therapy, she was receiving occasional blood transfusions.

During the current admission in August 2016, she was admitted with exacerbation

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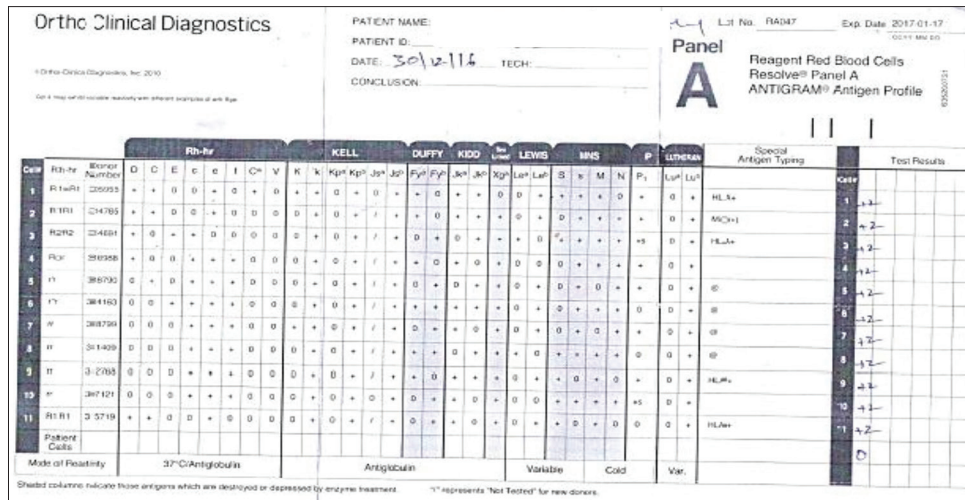


Figure 2: Elven-cell panel

**Table 1: Immunohematology procedures performed on the patient**

Test	Result
Blood group	B Rh (D) positive (no discrepancy)
DAT	Negative
IAT	Positive (2+)
Autocontrol	Negative
3-cell panel	2 + (pan reaction) - [Figure 1]
11-cell panel	2 + (pan reaction) - [Figure 2]
AHG phase crossmatch	2+incompatible
Antibody titers	1:32
Modified antibody titers	1:32
Antibody screening with plasma neutralized serum	Negative
Antibody screening with ficin-treated cells	Negative

Concluding antibody - Anti-Chido/Roger. DAT=Direct antiglobulin test, IAT=Indirect antiglobulin test, AHG=Antihuman globulin

## Discussion

HTLA shows high titer (>64) but low avidity (1+ or less) for the corresponding antigen in the AHG phase of testing.<sup>[4]</sup> These are high-frequency antigens and antibodies are IgG type, which do not bind complement. However, the antibody is considered clinically insignificant as it is neither implicated in causing hemolytic transfusion reaction nor hemolytic disease of the newborn. These antibodies are mostly noted among patients with multiple transfusion or in transfused multiparous women similar to our patient.<sup>[4]</sup> The variable reaction strength and inability to obtain a crossmatch compatible bag are the various immunohematological challenges associated with the antibodies, making them nebulous antibodies. The various antibodies belonging to this group are Ch/Rg, Knops, Cost, and JMH. The other antibodies which are known to interfere with the reactivity of HTLA group were ruled out such as the combination of anti-Jk<sup>a</sup> and

anti-K and anti-Vel, anti-Di<sup>b</sup>, and anti-Cr<sup>a</sup>, by increasing the serum-to-cell ratio and incubation time to 60 min for IAT.<sup>[4]</sup> The HTLA antibodies show a similar pattern of reaction irrespective of the modification in the testing. A similar pattern was noted in the above case also. However, in our case, we noted at reaction strength of 1+ by CTT and 2+ by column agglutination technology for the HTLA antibodies. The available literature describes the strength of the reaction should be <1+; however, there is no mention regarding the testing methodology. The titer strength was 1:32 in our case, which was <1:64 as per the standard definition for HTLA antibodies. After ruling out all the other possibilities such as Lutheran or Cartwright system, the final conclusion of HTLA antibodies was made in our case.<sup>[4]</sup>

Chido and Rogers are a part of the C4 component of the complement system. Ch/Rg antibodies are the IgG type. However, they are not considered clinically significant from the red cell transfusion aspect, as they do not cause a reduction in red cell survival, despite being detected as DHTR antibodies in multiply transfused patients.<sup>[4,5]</sup> There are various methods to confirm the presence of Ch/Rg antibodies such as testing of the subject's red cells with anti-Ch and Rg sera, plasma inhibition studies, enzyme studies, and using C4-coated cells for testing.<sup>[5,6]</sup> In our case, we used plasma inhibition technique and enzyme studies for the confirmation Ch/Rg antibodies. Plasma of individual's is known to express Ch/Rh antigens, and inhibition studies are effective at inhibiting anti-Ch/Rg antibodies. Anti-Ch/Rg are the only antibodies neutralized or inhibited by this method.<sup>[4,5]</sup>

As described in the above case scenario, though the patient had the antibodies, ABO compatible PRBCs should survive normally *in vivo*, and the patient could tolerate four episodes of transfusion without any adverse reactions associated to the antibodies.

## Conclusion

The Ch/Rg antibodies are known to be nebulous antibody. However, it is always essential to decipher these antibodies which not only rule out the clinical significant one but also helps in providing the appropriate transfusion support to such patients, as every unsolved antibody is a nightmare in part of an immunohematologist and the treating physicians.

## Declaration of patient consent

The authors certify that they have obtained all appropriate patient consent forms. In the form, the patient(s) has given her consent for her images and other clinical information to be reported in the journal. The patient understands that her name and initial will not be published and due efforts will be made to conceal their identity, but anonymity cannot be guaranteed.

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## Conflicts of interest

There are no conflicts of interest.

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