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Circadian rhythm-dependent and circadian rhythm-independent impacts of the molecular clock on type 3 innate lymphoid cells

Qianli Wang¹, Michelle L. Robinette^{1, #}, Cyrielle Billon², Patrick L. Collins³, Jennifer K. Bando¹, José Luís Fachi^{1, 4}, Cristiane Sécca¹, Sofia I. Porter³, Ankita Saini³, Susan Gilfillan¹, Laura A. Solt⁵, Erik S. Musiek⁶, Eugene M. Oltz³, Thomas P. Burris², Marco Colonna^{1, *}

¹Department of Pathology and Immunology, Washington University School of Medicine, Saint Louis, MO 63110, USA

²Center for Clinical Pharmacology, Washington University School of Medicine and St. Louis College of Pharmacy, St. Louis, MO 63110, USA

³Department of Microbial Infection and Immunity, Ohio State University College of Medicine, Columbus, OH 43210, USA

⁴Laboratory of Immunoinflammation, Department of Genetics, Evolution, Microbiology, and Immunology, Institute of Biology, University of Campinas, Campinas, SP 13083-862, Brazil

⁵Department of Immunology and Microbiology, The Scripps Research Institute, Jupiter, FL 33458, USA

⁶Hope Center for Neurological Disorders, Department of Neurology, Washington University School of Medicine, Saint Louis, MO 63110, USA.

Abstract

Many gut functions are attuned to circadian rhythm. Intestinal group 3 innate lymphoid cells (ILC3s) include NKp46⁺ and NKp46⁻ subsets, which are ROR γ t dependent and provide mucosal defense through secretion of interleukin-22 (IL-22) and IL-17. Because ILC3s highly express some key circadian clock genes, we investigated whether ILC3s are also attuned to circadian rhythm. We noted circadian oscillations in the expression of clock and cytokine genes, such as REV-ERB α , IL-22, and IL-17, whereas acute disruption of the circadian rhythm affected cytokine secretion by ILC3s. Because of prominent and rhythmic expression of REV-ERB α in ILC3s, we also investigated the impact of constitutive deletion of REV-ERB α , which has been previously

*Correspondence: mcolonna@wustl.edu, Tel: 314-362-0367; Fax: 314-747-0809.

#present address: Department of Medicine, Brigham and Women's Hospital, 75 Francis St. Boston, MA 02115, USA

Author contributions

Q.W., M.L.R., and M.C. conceived experiments. Q.W. and M.C. wrote the manuscript. Q.W., M.L.R., C.B., P.L.C., J.K.B., J.L.F., C.S., S.I.P., A.S. and S.G. conducted experiments. L.A.S., E.S.M., E.M.O., and T.P.B. provided reagents. S.G., E.S.M., E.M.O., and T.P.B. provided expertise and feedback.

Competing interests

The authors declare that they have no competing interests

Data and materials availability

The microarray data are deposited on GEO database under the accession number GSE136557. The ATAC-seq data are deposited on GEO database under the accession number GSE136590.

shown to inhibit the expression of a ROR γ t repressor, NFIL3, while also directly antagonizing DNA binding of ROR γ t. Development of the NKp46⁺ ILC3 subset was markedly impaired, with reduced cell numbers, ROR γ t expression, and IL-22 production in REV-ERB α -deficient mice. The NKp46⁻ ILC3 subsets developed normally, potentially due to compensatory expression of other clock genes, but IL-17 secretion paradoxically increased, probably because ROR γ t was not antagonized by REV-ERB α . We conclude that ILC3s are attuned to circadian rhythm, but clock regulator REV-ERB α also has circadian-independent impacts on ILC3 development and functions due to its roles in the regulation of ROR γ t.

Introduction

The activity of every cell in the body oscillates within an endogenous period of 24 hours. This circadian rhythm is driven by a molecular clock, which consists of a set of three interlocked transcription-translation feedback loops. The main oscillator is driven by the heterodimer BMAL1:CLOCK that binds E-box motifs, thereby inducing the expression of its inhibitor PER/CRY that completes the feedback loop. BMAL1:CLOCK also induces the expression of REV-ERBs (*Nr1d1*, *Nr1d2*), RORs (retinoic acid related orphan receptors: *Rora*, *Rorb*, and *Rorc*), and DBP (D site-binding protein). Through competition at shared ROR response elements (RORE), RORs and REV-ERBs form a second loop of the molecular clock by activating and repressing, respectively, the expression of NFIL3 and BMAL1 (1). Lastly, the activator DBP and the repressor NFIL3 form a similar pair controlling the expression of genes containing a D-box motif such as PER, RORs, and REV-ERBs (2, 3). Each loop of the molecular clock also directs expression of a myriad of clock-controlled genes as the output of circadian rhythm, thus influencing many facets of biology.

The gastrointestinal system is typically tied to a daily rhythm. Feeding behaviors, digestion, absorption, gastric motility, and the microbiota are all attuned to the circadian rhythm (4–6). Recent studies suggest that circadian rhythm and clock genes may also affect intestinal immune cells. It has been reported that REV-ERB α promotes ROR γ t expression and T helper 17 (T_H17) polarization by repressing the ROR γ t inhibitor NFIL3 in a diurnal manner (7). Another study found that although REV-ERB α plays an important role in T_H17 development, it acts as a negative regulator of the T_H17 program by suppressing expression of many core genes (8). Last, a conflicting report indicated that the T cell intrinsic rhythm is dispensable for T_H17 polarization (9).

Group 3 innate lymphoid cells (ILC3) are the innate correlates of T_H17 based on their shared developmental requirement for the master transcription factor ROR γ t and secretion of interleukin-17 (IL-17) and IL-22 (10–12). In mice, ILC3s include two lineages based on ontogeny, which can be distinguished using the cell surface markers NKp46 and CCR6. NKp46⁻CCR6⁺ (CCR6⁺) ILC3s are responsible for secondary lymphoid organ formation during fetal development and tertiary lymphoid tissue development in adults (13–16). The second lineage encompasses NKp46⁻CCR6⁻ (DN) ILC3s and their progeny NKp46⁺CCR6⁻ (NKp46⁺) ILC3s (17–19). Whereas NKp46⁺ ILC3s secrete IL-22 and interferon- γ (IFN- γ), NKp46⁻ ILC3s produce IL-22 and IL-17 (17). Given their abundance in the intestinal mucosa, their resemblance to T_H17, and their developmental requirement for a ROR family

member, ILC3s are likely to have a strong connection to the biological clock. However, little is known about the role of circadian rhythm and clock genes in ILC3s.

Transcriptional profiling has shown that both ILC3 subsets highly express the circadian nuclear receptor and transcriptional repressor REV-ERB α , encoded by *Nr1d1* (20, 21). REV-ERB α , activated by the metabolite heme, forms stable interactions with NCoR (nuclear receptor corepressor) and HDAC3 (histone deacetylase 3) to suppress expression of target genes such as the ROR γ t repressor NFIL3 (7, 22, 23). REV-ERB α binds to DNA at single RORE elements or a dimer repeat of RORE elements known as RevDR2 through its DNA binding domain (24–26). RORE is also the target of ROR transcriptional activators that include ROR γ t. The impact of REV-ERB α on ROR γ t further suggests the link between circadian rhythm and ILC3 biology.

In this study, we addressed two questions: First, are circadian clock-controlled fluctuations in gene expression evident in ILC3s? Second, what is the impact of deleting a highly expressed clock regulator, REV-ERB α , on ILC3 biology, especially given its dual roles in both inhibiting the ROR γ t repressor NFIL3 and antagonizing the binding of ROR γ t to DNA? We were able to document circadian oscillations of known clock genes and cytokine expression in ILC3s. Moreover, acute perturbations of the circadian rhythm caused by a shift-work (SW) model curtailed ROR γ t expression and cytokine production by both NKp46⁺ and NKp46⁻ ILC3s. Next, using *Nr1d1*^{-/-} mice, we showed that REV-ERB α deficiency had a marked impact on ILC3 development. Genetic deletion of REV-ERB α impaired NKp46⁺ ILC3s' numbers, expression of ROR γ t, mitochondrial function, and production of IL-22. Mixed bone marrow chimera and conditional *Nr1d1*^{-/-} mice corroborated that the defect in NKp46⁺ ILC3s is cell-intrinsic. In contrast, REV-ERB α -deficient NKp46⁻ ILC3s did not exhibit marked defects in numbers, expression of ROR γ t, and mitochondria possibly due to compensatory expression of other clock regulators. Somewhat paradoxically, NKp46⁻ ILC3s produced excessive IL-17, because ROR γ t activity was not antagonized by REV-ERB α . Thus, although ILC3s exhibit circadian fluctuations in gene expression and are functionally attuned to circadian rhythms, the key clock protein REV-ERB α is also required for ILC3 development due to its role in regulating ROR γ t.

Results

Rhythmic expression of cytokines and clock genes in ILC3s

Given that circadian rhythm has been implicated in the polarization of T_H17 and their functional similarity with ILC3s, we investigated whether clock genes expression fluctuates in ILC3s over a 24-hour period. We detected cycling transcripts of multiple circadian genes through JTK_CYCLE analysis ($p < 0.05$) (Fig. 1A) (27, 28). In particular, there were robust rhythmic expressions of *Nr1d1* and *Dbp*. Although *Nfil3* transcripts appeared to oscillate, it did not reach statistical significance, and fluctuations of *Rorc* expression were limited. We also observed cyclic expressions of *Il17a* and *Il22*, suggesting that there is also a functional rhythm in ILC3s linked with the molecular clock (Fig. 1B). To confirm that rhythmic gene expression translated to oscillating protein levels, we examined mice at ZT1 (Zeitgeber time 1) and ZT13 close to the nadir and peak, respectively, of mRNA levels for *Il17a* and *Il22*. We observed a slight reduction of ROR γ t levels in ILC3s at ZT13 while T-bet expression

was unchanged (Fig. S1A). However, we did not see robust differences in ILC3 cytokine secretion, both in the frequency of cytokine producing cells and in the amount of cytokine production, suggesting that fluctuations at the protein level may be more subtle (Fig. S1B). However, because cells continue their progression through the circadian cycle during the ~4 hours of cytokine stimulation in culture *ex vivo*, they may reach points in the cycle at which differences in cytokine expression are more attenuated. Thus, to further this investigation using a different strategy, we acutely disrupted the circadian rhythm in mice using a SW model to test whether circadian rhythm regulates ILC3 function. Mice were either maintained in conventional LD 12:12 (12 hours light: 12 hours dark) conditions or subjected to an 8-hour phase advance every 2 days (SW) to simulate circadian disruptions present in SW (Fig. 2A) (29). Altered wheel running activity confirmed disrupted circadian behavior in phase-advanced mice (Fig. S2A). Meanwhile food consumption and body weight suggested that the mice were not under abnormal physiological stress (Fig. S2B, C). Both groups of mice were examined at ZT0 (6:00 a.m.) of day 6. There was no difference in the frequency or number of any ILC3 subsets within the small intestine lamina propria (siLP) (Fig. 2B). However, there was significant reduction in ROR γ t expression in both NKp46⁺ and NKp46⁻ ILC3s from the SW cohort (Fig. 2C). Consequently, ILC3s from SW mice produced less IL-17 and IL-22 upon stimulation with varying concentrations of IL-23 or IL-23 plus IL-1 β (Fig. 2D). Other relevant transcription factors, such as T-bet, were unaffected. Although we observed limited oscillations in *Rorc* mRNA (Fig. 1B), the reduction in the protein level of ROR γ t after acute circadian disruption suggests ROR γ t expression in ILC3 may also be regulated by posttranscriptional or posttranslational modifications (30, 31). Together, these results suggest that ILC3s have circadian oscillations in cytokine expression and altered circadian rhythm impacts cytokine secretion by all ILC3 subsets.

REV-ERB α -deficient mice lack intestinal NKp46⁺ ILC3

Examination of previously reported ILC3 transcriptome and chromatin profiles revealed that *Nr1d1* mRNA (encoding REV-ERB α) is highly expressed in all three ILC3 subsets in comparison to other innate lymphocytes (Fig. 3A) (20). In addition, the robust rhythm of *Nr1d1* expression further indicated that REV-ERB α may play a prominent role in ILC3 biology. Moreover, dual roles have been reported for REV-ERB α : it both inhibits the ROR γ t repressor NFIL3 and directly antagonizes ROR γ t DNA binding. Thus, we next sought to determine how lack of REV-ERB α affects ILC3s in the previously described *Nr1d1*^{-/-} mice (32). Unexpectedly, we observed that *Nr1d1*^{-/-} mice had reduced frequencies and numbers of NKp46⁺ ILC3s in the siLP (Fig. 3B, C). A similar but less pronounced reduction of NKp46⁺ ILC3s was also present in heterozygous *Nr1d1*^{+/-} mice, suggesting haploinsufficiency. Moreover, in the absence of NKp46⁺ ILC3, DN ILC3s were increased in both frequency and number. Although there was an increase in the frequency of CCR6⁺ ILC3s, there was no significant difference in numbers. Other major lymphocyte populations such as Eomes⁺ natural killer cells (NK), Eomes⁻ ILC1s, ILC2s, B cells, and T cells were not affected (Fig. 3D). Similar results were observed in other tissues enriched for ILC3s including mesenteric lymph nodes (mLNs) and the large intestine (Fig. S3). Because REV-ERB β , a REV-ERB subtype encoded by the gene *Nr1d2*, functions similarly and shares many transcription targets with REV-ERB α (33), we asked whether REV-ERB β might also play a role in ILC3s. However, by examining *Vav1*^{iCre}*Nr1d2*^{fl/fl} mice, which lack REV-

ERB β in all hematopoietic cells, we found that REV-ERB β is dispensable in ILC3s in terms of cell numbers, ROR γ t expression, and cytokine secretion (Fig. S4). This suggests that REV-ERB β likely plays a redundant role in ILC3s.

Given the crucial role of ROR γ t in the development and function of ILC3s, we measured ROR γ t protein levels in *Nr1d1*^{-/-} and *Nr1d1*^{+/+} ILC3s. NKp46⁺ ILC3s in *Nr1d1*^{-/-} mice expressed significantly less ROR γ t than did their *Nr1d1*^{+/+} counterparts (Fig. 3E). ROR γ t expression in the CCR6⁺ and DN ILC3 subsets was less affected. We conclude that REV-ERB α plays a notable role in regulating ROR γ t expression in NKp46⁺ ILC3s, while other ILC3 subsets are less affected. These results, combined with the increase in DN ILC3s, suggest a blockade in developmental pathway leading from DN to NKp46⁺ ILC3s.

The developmental defect of REV-ERB α -deficient NKp46⁺ ILC3s is cell intrinsic

We next investigated whether the defect in ILC3s is cell-intrinsic by generating mixed bone marrow chimeras. A 50:50 mixture of bone marrow hematopoietic progenitors from congenically marked *Nr1d1*^{+/+} (CD45.1/2) and *Nr1d1*^{-/-} (CD45.2) was injected into irradiated *Nr1d1*^{+/+} (CD45.1) mice to distinguish donors from radioresistant recipient ILCs. After 8 weeks of engraftment, chimerism of splenic CD45⁺ cells indicated roughly equivalent engraftment of *Nr1d1*^{+/+} and *Nr1d1*^{-/-} donors with a slight predominance of *Nr1d1*^{-/-} cells. CCR6⁺ ILC3 and other innate lymphocytes were reconstituted in ratios consistent with the bone marrow chimerism. In contrast, the majority of NKp46⁺ ILC3s were derived from *Nr1d1*^{+/+} hematopoietic progenitors rather than *Nr1d1*^{-/-} donors in a clear reversal of the bone marrow chimerism (Fig. 4A). In addition, there was an increase in *Nr1d1*^{-/-} donor-derived DN ILC3s relative to donor chimerism. Furthermore, in accordance with *ex vivo* data at steady state (see Fig. 3E), NKp46⁺ ILC3s derived from *Nr1d1*^{-/-} progenitors also expressed significantly less ROR γ t than those derived from *Nr1d1*^{+/+} progenitors (Fig. 4B). These results indicated that the decrease in NKp46⁺ ILC3 numbers and their reduced expression of ROR γ t in *Nr1d1*^{-/-} mice are cell intrinsic.

DN ILC3s have been shown to give rise to NKp46⁺ ILC3s (17, 18). The increase in *Nr1d1*^{-/-} DN ILC3s in conjunction with sharply reduced *Nr1d1*^{-/-} NKp46⁺ ILC3s in the mixed bone marrow chimeras and *Nr1d1*^{-/-} mice (see Fig. 3B, C and 4A) suggested a possible blockade in the differentiation of NKp46⁺ ILC3s. To test this hypothesis, we crossed *Ncr1*^{iCre} mice with *Nr1d1*^{fl/fl} mice (also known as *Nr1d1*-DBD^{fl/fl} due to reported in-frame deletion of the DNA binding domain) to examine the conditional deficiency of REV-ERB α in cells that express NKp46 (33, 34). The *Ncr1*^{iCre}*Nr1d1*-DBD^{fl/fl} mouse perfectly phenocopied the *Nr1d1*^{-/-} mouse; we observed a similar reduction in the frequency and numbers of NKp46⁺ ILC3s and significantly reduced ROR γ t expression on those remaining (Fig. 4C). Correspondingly, there is a significant accumulation of DN ILC3. This suggests that during the development of NKp46⁺ ILC3s, the deletion of *Nr1d1* driven by the expression of *Ncr1*^{iCre} resulted in the inability to maintain ROR γ t expression, thus halting their development.

REV-ERB α is required to sustain mitochondria in NKp46 $^+$ ILC3s

REV-ERB α has been shown to be intimately involved in cellular metabolism, especially mitochondrial functions. *Nr1d1* $^{-/-}$ mice have reduced mitochondrial mass and impaired oxidative capacity in skeletal muscle. Overexpression of REV-ERB α in a skeletal muscle cell line and fibroblasts improved mitochondrial respiration and protected cells from oxidative stress (35, 36). Therefore, we hypothesized that *Nr1d1* $^{-/-}$ NKp46 $^+$ ILC3s may also experience mitochondrial dysfunction. *Nr1d1* $^{-/-}$ NKp46 $^+$ ILC3s had significantly reduced mitochondrial mass by MitoTracker Green staining (Fig. 5A). DN and CCR6 $^+$ ILC3s were unaffected. The reduction in mitochondrial content of *Nr1d1* $^{-/-}$ NKp46 $^+$ ILC3s may result in insufficient energy production. Mitochondrial membrane potential, assessed by both MitoTracker Red and tetramethylrhodamine methyl ester (TMRM) staining, was significantly reduced in NKp46 $^+$ ILC3s, but not in DN and CCR6 $^+$ ILC3s (Fig. 5B, C). To determine whether the loss of total mitochondrial membrane potential is a result of reduced mitochondrial mass or defects in mitochondrial respiration, we costained ILC3s with MitoTracker Green and TMRM. By normalizing the TMRM signal to MitoTracker Green signal, we concluded that the loss of mitochondrial membrane potential is due to reduced mitochondrial content (Fig. 5C). Furthermore, this regulation is likely independent of circadian rhythm because there were no marked differences in mitochondrial content and membrane potential after acute circadian disruption (Fig. S5). Therefore, REV-ERB α plays a crucial role in the regulation of mitochondria in NKp46 $^+$ ILC3s in a circadian-independent manner. However, the mechanism linking REV-ERB α to mitochondria metabolism specifically in NKp46 $^+$ ILC3 will require further investigation.

REV-ERB α does not influence NKp46 $^+$ ILC3 plasticity

NKp46 $^+$ ILC3s have the intrinsic ability to undergo cellular transformation into ILC1s through the graded acquisition of T-bet and downregulation of ROR γ t (17, 37). Thus, the depletion of NKp46 $^+$ ILC3s in *Nr1d1* $^{-/-}$ mice may also reflect an increased transition into ILC1-like cells. To test this hypothesis, we developed a REV-ERB α -deficient ROR γ t reporter and fate-mapping mouse (*Nr1d1* $^{-/-}$ *Rorc* $^{eGFP/+}$ *Rorc-Cre* $^{tgR26R^{TdTomato/+}}$) based on the previously published ROR γ t fate-map mouse design (37). Because the *Rorc-Cre* tg locus appears genetically linked to the *Nr1d1* locus, it was only possible to examine *Nr1d1* $^{+/+}$ and *Nr1d1* $^{+/-}$ fate-map mice. Given that *Nr1d1* $^{+/-}$ mice have a moderate but obvious reduction in NKp46 $^+$ ILC3, we hypothesized that increased plasticity would be appreciated in the *Nr1d1* $^{+/-}$ fate-map mice. Nevertheless, we did not detect more fate-mapped positive siLP ILC1s in *Nr1d1* $^{+/-}$ than in *Nr1d1* $^{+/+}$ fate-map mice (Fig. S6). These results indicate that increased plasticity likely does not contribute to the reduction of NKp46 $^+$ ILC3s in the *Nr1d1* $^{-/-}$ mice.

REV-ERB α deficiency differentially affects cytokine production in ILC3 subsets

We next examined the effect of REV-ERB α deficiency on cytokine secretion by ILC3 subsets. After *in vitro* stimulation with IL-23 and IL-1 β , significantly fewer IL-22-producing cells and reduced amount of IL-22 per-cell were present among the residual NKp46 $^+$ ILC3s from *Nr1d1* $^{-/-}$ mice. *Nr1d1* $^{-/-}$ DN and CCR6 $^+$ ILC3s were less affected, exhibiting only a slight reduction in the amount of IL-22 per cell (Fig. 6A). In contrast, more IL-17-producing

cells and higher IL-17 production on a per-cell level were present among CCR6⁺ and DN ILC3s from *Nr1d1*^{-/-} mice than among their *Nr1d1*^{+/+} counterparts. Last, lack of REV-ERB α had no effect on the production of IFN- γ by NKp46⁺ ILC3s after stimulation with a combination of IL-12, IL-18, IL-1 β , and IL-23 (Fig. 6B). Given the role of IL-17A and IL-22 in mucosal immunity, we next tested the impact of altered ILC3 function in a model of *Clostridium difficile* infection (CDI). Similar effects of REV-ERB α deficiency on ILC3 function were observed. On day 2 after infection, *Nr1d1*^{-/-} DN and CCR6⁺ ILC3s produced significantly more IL-17A than did *Nr1d1*^{+/+} ILC3s both *ex vivo* and after *in vitro* stimulation. Whereas we did not observe differences in IL-22 secretion by DN and CCR6⁺ ILC3s, *Nr1d1*^{-/-} NKp46⁺ ILC3s secreted less IL-22 (Fig. 6C). Furthermore, we detected more bacterial translocation to the mLNs in *Nr1d1*^{-/-} mice than in *Nr1d1*^{+/+} mice (Fig. 6D). Previous reports have suggested that IL-17A drives inflammatory responses in CDI and implicated increased IL-17A in poorer disease outcomes (38–40). Therefore, hyperresponsive IL-17 secretion by REV-ERB α -deficient ILC3s may contribute to more severe inflammation and bacterial burden.

Lack of REV-ERB α in CCR6⁺ and DN ILC3s elicits compensatory mechanisms

We next asked why ILC3 subsets are differentially affected by REV-ERB α deficiency despite sharing similar levels of expression. Given REV-ERB α 's role in regulating chromatin conformation, we tested whether lack of REV-ERB α affected chromatin accessibility by ATAC-seq (assay for transposase-accessible chromatin using sequencing) of DN and CCR6⁺ ILC3s from *Nr1d1*^{+/+} and *Nr1d1*^{-/-} mice. After identifying genomic regions that are differentially accessible in *Nr1d1*^{+/+} and *Nr1d1*^{-/-} cells, we analyzed the enrichment of transcription factor motifs in these regions using HOMER to determine the transcriptional programs affected by REV-ERB α deficiency (41). In *Nr1d1*^{-/-} DN and CCR6⁺ ILC3s, significantly enriched motifs included bHLH/E-box and bZIP/D-box motifs that are central to circadian transcriptional programs (Fig. 7A, Table S3, S4) (42). In contrast, preferential enrichment of nuclear factor κ B (NF κ B) and RUNX motifs, as well as an increase in RORE motifs, was evident in *Nr1d1*^{+/+} DN and CCR6⁺ ILC3s (Table S1, S2). The RevDR2 motif (REV-ERB) did not differ dramatically between *Nr1d1*^{+/+} and *Nr1d1*^{-/-} ILC3s. This indicates that in *Nr1d1*^{-/-} DN and CCR6⁺ ILC3s, the epigenetic landscape may be more open to the regulation by the other transcription factors of the molecular clock. ATAC-seq showed increased accessibility at the *Nfil3* locus and reverse transcription quantitative polymerase chain reaction (RT-qPCR) showed increased expression of *Nfil3*, *Dbp*, and *Nr1d2* in *Nr1d1*^{-/-} CCR6⁺ ILC3 compared with *Nr1d1*^{+/+} CCR6⁺ ILC3 (Fig. 7B, C, Fig. S7A). In contrast, *Nr1d1*^{-/-} NKp46⁺ ILC3 failed to significantly upregulate *Dbp* and *Nr1d2* compared to *Nr1d1*^{+/+} NKp46⁺ ILC3. These results suggested that *Nr1d1*^{-/-} CCR6⁺ ILC3 have the increased clock gene expression and receptive epigenetic landscape to provide compensation for the loss of REV-ERB α .

Dbp and *Nr1d2* compensatory up-regulations are noteworthy. Given that DBP is an antagonistic partner of NFIL3 that recognizes the same D-box motif and induces the transcription of target genes (43) and that NFIL3 inhibits ROR γ t in Th17 cells (7), increased DBP in *Nr1d1*^{-/-} CCR6⁺ ILC3s can counteract the inhibitory effect of NFIL3 to maintain the expression of ROR γ t. In contrast, in *Nr1d1*^{-/-} NKp46⁺ ILC3s, increased NFIL3 without

increased DBP likely contributed to the repression of ROR γ t expression. Moreover, *Nr1d1*^{-/-} CCR6⁺ ILC3s also up-regulated the expression of *Nr1d2* much more markedly than did *Nr1d1*^{-/-} NKp46⁺ ILC3s. Thus, up-regulation of REV-ERB β may be another compensatory mechanism enabled in CCR6⁺ but not NKp46⁺ *Nr1d1*^{-/-} ILC3s that leads to the dichotomous effects of REV-ERB α deficiency on ROR γ t expression in the two ILC3 subsets.

REV-ERB α deficiency results in derepression and unimpeded ROR γ t activity at targets

The compensation by DBP or REV-ERB β could explain the limited reduction of ROR γ t expression but not the increased production of IL-17 in *Nr1d1*^{-/-} DN and CCR6⁺ ILC3s. Because REV-ERB α regulates chromatin structure and competes against ROR γ t for RORE binding sites to inhibit gene expression, we hypothesized that loss of REV-ERB α may lead to increased accessibility at the *Il17* locus and ROR γ t may bind regulatory regions of *Il17* gene unimpeded in *Nr1d1*^{-/-} DN and CCR6⁺ ILC3s. The *Il17* locus was consistently more accessible in *Nr1d1*^{-/-} ILC3s at putative ROR γ t binding sites across multiple biological replicates (Fig. 7D, Fig. S7B). Meanwhile, the control *Tbp* locus was not preferentially open (Fig. 7D, Fig S7C). Furthermore, we isolated and compared the transcriptomes of *Nr1d1*^{+/+} with *Nr1d1*^{-/-} CCR6⁺ ILC3s. Among the genes up-regulated in *Nr1d1*^{-/-} CCR6⁺ ILC3s were some known ROR γ t targets (44), including *Il17a*, consistent with an amplified ROR γ t activity at this locus (Fig. 7E). We conclude that the paradoxical increased production of IL-17 by *Nr1d1*^{-/-} DN and CCR6⁺ ILC3s depends on the loss of inhibition by REV-ERB α and an augmented ROR γ t activity.

Discussion

In this study, we report two major findings. We first found limited but detectable circadian fluctuation in homeostatic cytokine secretion by ILC3s. The degree to which ILC3 cytokine fluctuations are controlled by an ILC3 intrinsic molecular clock or driven by extrinsic signals regulated by circadian rhythms such as nutrition-derived signals remains to be established. Regardless, intestinal ILC3 function attuned to feeding behavior, digestion, and intestinal motility may facilitate nutrient absorption, given the impact of ILC3-secreted IL-22 in regulating transport of lipids and lipophilic vitamins in intestinal epithelial cells (45, 46). Acute perturbations of the normal circadian rhythm hindered expression of ROR γ t and optimal secretion of IL-17 and IL-22 by ILC3s. Thus, disruption of circadian fluctuations may impair the capacity of ILC3s to preserve homeostatic interactions with nutrients and commensal bacteria (47, 48), thereby facilitating malabsorption and dysbiosis. Future studies will specify which intestinal functions are impacted by ILC3 daily fluctuations.

Beyond the role of circadian rhythm in the regulation of ILC3 functions, our second finding is that REV-ERB α is a core ILC3 transcription factor that directly impacts the development of ILC3s independent of circadian regulation. The impact of REV-ERB α on ILC3 development is complex and varies in distinct ILC3 subsets. In NKp46⁺ ILC3s, lack of REV-ERB α led to increased NFIL3 that reduced ROR γ t expression. A similar mechanistic sequence was reported in T_H17 (7). Conditional *Nr1d1* knockout analyses further

demonstrated that reduced NKp46⁺ ILC3s numbers are likely related to a block of DN differentiation into NKp46⁺ ILC3s. Although trafficking of circulating immune cells has been recently linked to circadian biology (49), the reduction of NKp46⁺ ILC3 in *Nr1d1*^{-/-} mice is unlikely to result from a homing defect as they develop from DN ILC3s present in tissue

In contrast to what was observed in NKp46⁺ ILC3, the increase in NFIL3 expression in REV-ERB α -deficient CCR6⁺ ILC3s was not paralleled by a marked reduction in ROR γ t. These seemingly opposing impacts of REV-ERB α deficiency in distinct ILC3 subsets depended on activation of feedback loops involving DBP and REV-ERB β in CCR6⁺ ILC3s that compensated, at least in part, for the perturbations due to the REV-ERB α defect. It will be important to validate this concept in the REV-ERB α / β double knockout mice. However, because REV-ERB α is also a competitive antagonist of ROR γ t, REV-ERB α deficiency in CCR6⁺ ILC3s did enhance the ability of ROR γ t to freely bind (unopposed by REV-ERB α) to RORE elements. This mechanism, corroborated by our chromatin analysis of the *Il17* locus, resulted in upregulation of IL-17A, similar to what has been described in T_H17 cells (8). Overall, our results highlight that since clock genes are involved in complex feedback loops, constitutive lack of any one of them is likely to have distinct developmental defects in each cell type or subset, depending on the expression of other clock genes. In line with this concept, we do not exclude the possibility that REV-ERB α deficiency may also affect the amplitude or phase of circadian gene oscillations in ILC3s as previously observed in other cell types (50, 51).

REV-ERB α has been shown to be involved in many aspects of physiology in multiple tissues, including regulation of lipid metabolism in the liver, energy expenditure in skeletal muscle, and behavior through activities in the central nervous system (35, 52, 53). Our study shows that REV-ERB α impacts the metabolism of an immune cell type by controlling mitochondrial content of NKp46⁺ ILC3s. *Nr1d1*^{-/-} NKp46⁺ ILC3s had significantly reduced mitochondrial content and consequently inadequate mitochondrial energy production. These observations are consistent with studies of REV-ERB α -deficient fibroblasts and skeletal muscle cells in which REV-ERB α was shown to promote mitochondrial biogenesis and suppress mitophagy (35, 36). Previous studies have demonstrated the importance of mitochondrial dynamics in regulating memory T cell fate and function (54). BNIP3- and BNIP3L-mediated mitophagy was also reported to promote NK cell survival and memory formation following viral infection (55). Because ILC3s are long-lived cells like memory T cells, they may similarly depend on mitochondrial oxidative phosphorylation. Loss of mitochondrial content and energy production through oxidative phosphorylation may contribute to reduced development of NKp46⁺ ILC3s or deviate their metabolism towards glycolysis. Given the role of REV-ERB α as developmental regulator of ILC3s that we report here, and the availability of REV-ERB α agonists and antagonists, REV-ERB α could prove an impactful target for therapeutic interventions aimed at modulating ILC3s in pathology.

Materials and Methods

Study Design

The objective of this study was 1) to characterize the circadian rhythm in ILC3s and 2) to investigate the role of REV-ERBa in the transcriptional programs that regulate ILC3 development and function. We used previously reported mouse models to perform experiments in cellular immunology, metabolism, and bioinformatics. The number of independent experiments and sample sizes are outlined in the figure legends.

Animals

Nr1d1^{-/-} (*Nr1d1*^{tm1Ven/J}), *Rorc*^{eGFP} (B6.129P2(Cg)-*Rorc*^{tm2Litt/J}), B6.Cg-*Gt(ROSA)26Sor*^{tm9(CAG-tdTomato)Hze/J}, and C57BL/6J mice were obtained from Jackson Laboratory. *Nr1d1*^{fl/fl} (or *Nr1d1*-DBD^{fl/fl}) mice (33) were provided by E.S.M. *Nr1d2*^{fl/fl} mice (56) were provided by L.A.S. *Rorc*-*Cre*^{tg} mice (16) were provided by A. Tumanov. *Ncr1*^{iCre} mice (57) were provided by E. Vivier. All mice were backcrossed to the C57BL/6 background. Sex- and age-matched littermates or cohoused males and females were used within each experiment and were randomly assigned to experimental groups. Mice were bred and maintained in specific pathogen-free facilities at Washington University in Saint Louis. For circadian studies, mice were housed in light-controlled cabinets. All studies were conducted in accordance with the Washington University Animal Studies Committee.

Tissue dissociation

Small intestines (either whole length or the proximal 50%) and large intestines were flushed to remove luminal contents, and Peyer's patches were removed. Intestines were opened lengthwise, gently agitated for 20 min in Hanks' balanced salt solution (HBSS) containing HEPES, bovine calf serum, and EDTA, and then vortexed. Small intestines were subjected to a second round of gentle agitation and vortexing in EDTA. The tissue was then rinsed with HBSS prior to digestion with collagenase IV (Sigma-Aldrich) in complete RPMI-1640 for 40 min (small intestine) or 60 min (large intestine) at 37°C under agitation. Digests were filtered through 100-µm mesh and subjected to density gradient centrifugation using 40% and 70% Percoll solutions. To generate single cell suspensions of mLNs, tissues were mashed against a 70-µm filter.

Antibodies and flow cytometry

Fluorochrome-conjugated antibodies to mouse CD45, CD3e, CD4, CD5, CD19, NK1.1, RORγt, Eomes, IL-22, CD45.1, and CD45.2 were purchased from eBioscience. Fluorochrome-conjugated antibodies to mouse CD90.2, GATA3, CD196, IL-17A, T-bet, CD4, CD19, and T cell receptor β (TCRβ) were purchased from BD Biosciences. Fluorochrome- and biotinconjugated antibodies to mouse CD3e, CD19, CD45.1, KLRG1, NK1.1, CD196, and NKp46 were purchased from BioLegend. Biotin-conjugated antibody to mouse NKp46 was also generated inhouse. For staining, single cell suspensions were incubated with Fc block for 10 minutes and then stained with antibodies and Fc block for 20 min at 4°C. Dead cells were excluded using either the LIVE/DEAD Fixable Aqua Dead Cell Stain Kit (ThermoFisher Scientific) or 7-aminoactinomycin D. Intracellular proteins were

stained using either the BD Biosciences Fixation/Permeabilization Solution Kit or the eBioscience Transcription Factor Staining Kit. Cells were run on a FACSCanto II or LSRFortessa (BD Biosciences) and analyzed using FlowJo (FlowJo LLC). Cells counts were conducted with counting beads (eBioscience). ILCs were identified as live CD3e⁻CD5⁻CD19⁻ lymphocyte-sized cells that were either GATA3^{hi}KLRG1⁺ (ILC2), RORγt⁺ (ILC3), RORγt⁻NKp46⁺NK1.1⁺ (ILC1), or RORγt⁻ NKp46⁺NK1.1⁺Eomes⁺ (NK). In experiments with intracellular cytokine or mitochondrial staining, ILC3 were identified as CD3e⁻CD5⁻CD19⁻CD90.2^{hi}CD45^{int} live lymphocytes and then were further subdivided using NKp46 and CCR6. ILC3s were purified by sorting live, lymphocyte-sized cells that were negative for CD3e, CD5, CD19, TCRβ, KLRG1; positive for CD90.2; and intermediate for CD45.

Mixed bone marrow chimeras

Recipient *Nr1d1*^{+/+} CD45.1 mice were irradiated once with 11 Gy. The next day, 3×10⁶ *Nr1d1*^{+/+} CD45.1/2 and 3×10⁶ *Nr1d1*^{-/-} CD45.2 donor bone marrow cells were injected intravenously. Mice were analyzed eight weeks after irradiation.

Mitochondrial staining

Cells were stained with each or combinations of 100 to 200nM MitoTracker Green FM, 200nM MitoTracker Red FM, and 100nM TMRM (Invitrogen) in HBSS buffer for 30 min at 37°C.

Cell stimulations and cytokine analysis

Cells were stimulated *ex vivo* with no cytokine (unstimulated), IL-23 (1 ng/ml), IL-1β and IL-23 (10 ng/ml), or a mixture [IL-1β (10 ng/ml), IL-23 (10 ng/ml), IL-18 (12.5 ng/ml), and IL-12 (3.2 ng/ml)] for 3.5 hours as indicated. For intracellular cytokine staining, brefeldin A was present for the last 3 hours of stimulation.

Acute SW model

Mice were singly housed, synchronized to standard lighting condition of LD 12:12, and allowed to adjust to its new enclosure. Then, mice were randomly assigned to either remain in this control condition or undergo circadian disruption. In the SW model, mice were subjected to 8-hour phase advance every 2 days for 5 days (see Fig. 2A). All mice were studied at ZT0/6:00 a.m. of day 6. Wheel running activity was recorded throughout the experiment. Each mouse was weighed at the beginning and at the end of the experiment. Food consumption was measured after the first phase advance and at the end of the experiment.

Circadian expression study

Because of time requirement of small intestine tissue dissociation, the following procedures were designed to allow for optimal sample collection and measurements within a 24-hour period. For the 24-hour gene expression study, mice were randomly divided into two groups. One group was housed in standard LD 12:12 condition (light on from 6:00 a.m. to 6:00 p.m.). The other group was housed in LD 12:12 condition with a 6-hour delay (light on from 12:00 p.m. to 12:00 a.m.). Both groups were allowed to adjust and synchronize to lighting

condition for a minimum of 3 weeks. Then, mice from both groups were euthanized at 6:00 a.m. and 6:00 p.m. on the same day to allow collection of samples at ZT0, ZT6, ZT12, and ZT18 within the same day. ZT0 denotes time of lights on, and ZT12 denotes time of lights off. For study of ILC3 protein expression at ZT1 and ZT13, mice were divided into two groups. One group was housed in standard LD 12:12 condition (light on from 6:00 a.m. to 6:00 p.m.), and the other group was housed in inverted DL 12:12 condition (light on from 6:00 p.m. to 6:00 a.m.). Both groups were allowed to adapt to lighting condition for a minimum of 3 weeks and then euthanized at 7:00 a.m. for sample collection at ZT1 and ZT13.

C. difficile Infection

The *C. difficile* VPI 10463 strain was cultured in brain heart infusion agar with blood at 37°C in anaerobic conditions (AnaeroGen, Oxoid; ThermoFisher Scientific; Waltham, MA, USA). Infection in mice was performed as previously described (58). Briefly, mice were pre-treated with antibiotics [kanamycin (0.4 mg/ml), gentamicin (0.035 mg/ml), colistin (0.035 mg/ml), metronidazole (0.215 mg/ml), and vancomycin (0.045 mg/ml) from Sigma-Aldrich] in drinking water for 4 days. Twenty-four hours later, mice received a single intraperitoneal dose of clindamycin (10 mg/kg, intraperitoneally) (Sigma-Aldrich). Then after 1 day, mice were orally gavaged with 1×10^8 colony forming units (CFUs) of *C. difficile*. For bacterial translocation, DNA from mLN was extracted using QIAamp Fast DNA Stool Mini Kit (Qiagen). Microbial load was quantified by measuring Eubacteria 16S ribosomal DNA using qPCR. Results were calculated using a standard curve of serial diluted *E. coli* genomic DNA and normalized to tissue mass.

Microarray analysis

RNA was extracted from sorted siLP ILC3s with an RNeasy Plus Micro Kit (QIAGEN). RNA amplification and hybridization to Affymetrix Mouse Gene 2.0 ST array was conducted by the Genome Technology Access Center in the Department of Genetics at Washington University School of Medicine in Saint Louis. Data were analyzed using Multiplot by GenePattern.

Assay for transposase-accessible chromatin using sequencing

Transposase reactions and library preparation for ATAC-seq was performed as previously described (59), according to manufacturer's instructions (Illumina), and sequenced using Illumina HiSeq 3000 2x150. Libraries were processed using NovaAlign (alignment), DeepTool's BamCoverage [reads per kilobase of transcripts per million (RPKM) normalization] and the UCSC (University of California, Santa Cruz) Genome Browser (visualization) (60). The UCSC Genome Browser was used to generate differential accessibility track collections (61). T_H17 ROR γ t peaks were generated from previously published data [Gene Expression Omnibus (GEO): GSE56020] (44).

Transcription factor motif analysis

Differentially accessible genomic regions between *Nr1d1*^{+/+} and *Nr1d1*^{-/-} ILC3s from ATAC-seq were defined using DESeq2 binomial enrichment as peaks with >1.5 fold change

in peak intensity and p value <0.05 and then extracted for analysis by HOMER motif pipeline with default settings and size parameter set to peak size (41, 62).

Reverse transcription quantitative polymerase chain reaction

ILC3s were purified by fluorescence-activated cell sorting, lysed, and frozen in RLT buffer (Qiagen). RNA was extracted using the RNeasy Plus Micro Kit (Qiagen). Complementary DNA (cDNA) was synthesized with qScript cDNA Synthesis Kit (Quantabio). cDNA expression was analyzed by qPCR using iTaq Universal SYBR Green Supermix (Bio-Rad Laboratories) on the StepOnePlus system (Applied Biosystems). The expression of target genes was calculated and normalized to the expression of the control gene *Actb*.

Statistical analysis

Data were analyzed with either Student's *t* tests or one-way analysis of variance (ANOVA) as indicated in figure legends using GraphPad Prism 7. Circadian periodicity was evaluated in R using MetaCycle as previously described (28). Bars indicate mean (\pm SD). ns, not significant; * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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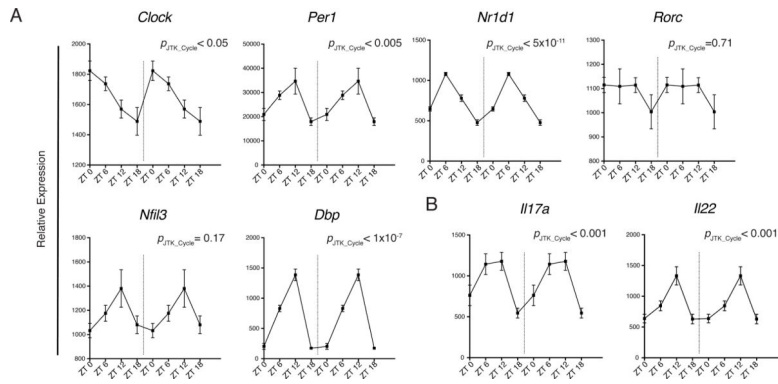


Figure 1. Circadian gene expression in ILC3 is associated with rhythmic cytokine expression. **A)** Circadian gene and **B)** *Il17a* and *Il22* expression in sorted ILC3 (all subsets included) over a 24-hour period by RT-qPCR, relative expression to *Actb*. Double-plotted for better visualization separated by dotted vertical line. Statistical analysis was performed using MetaCycle indicated by $P_{\text{TK_CYCLE}}$ value. Points indicate means (\pm SEM). Data are pooled from two independent experiments (n=4 per time point per experiment).

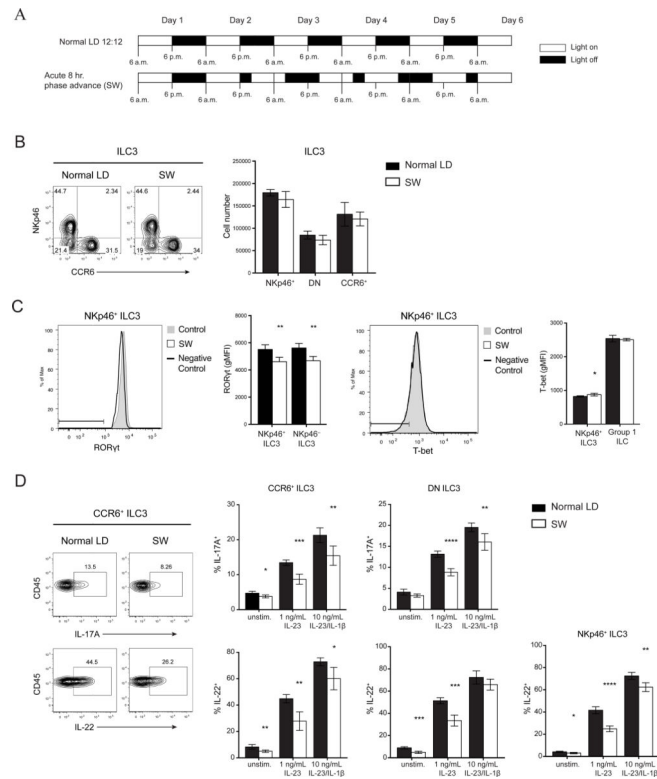


Figure 2. Acute circadian disruption alters ILC3 cytokine secretion.

A) Diagram of light settings in acute SW model of circadian disruption. **B)** Representative plots (left) and numbers (right) of siLP ILC3 subsets in control and SW mice. **C)** Representative histogram and quantification of RORγt (left) and T-bet (right) expressions by intracellular staining in ILC3 subsets and group 1 ILCs (ILC1 and NK cells), horizontal bars in histograms represent negative control gate. gMFI, geometric mean fluorescence intensity. **D)** Representative plots (left) and quantifications (right) of IL-17A and IL-22 production in ILC3 subsets after *in vitro* stimulation with indicated concentrations of IL23±IL-1β. Statistical analysis was performed using Student's *t* test. Bars indicate means (±SD). * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$. Data are representative of two independent experiments (n=5 per group per experiment) (A to D).

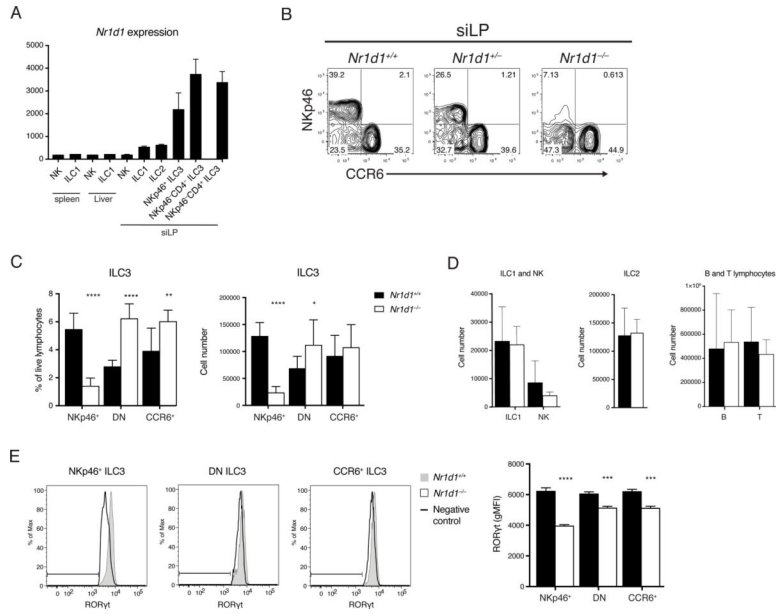


Figure 3. REV-ERBa deficiency reduces frequency and number of NKp46+ ILC3. **A)** *Nrd1* expression in ILCs of the indicated tissues by microarray analysis, ImmGen Consortium. **B)** ILC3s from *Nrd1*^{+/+}, *Nrd1*^{+/-}, and *Nrd1*^{-/-} siLP, gated on live CD45⁺Lin⁻ (CD3/CD5/CD19)RORγt⁺ cells. **C)** Frequency of live lymphocytes and cell counts of each ILC3 subsets in the siLP. **D)** Cell counts of ILC1s, NK cells, ILC2s, B cells, and T cells in siLP. **E)** Intracellular staining of RORγt in *Nrd1*^{+/+} and *Nrd1*^{-/-} ILC3 subsets and quantification of RORγt levels, horizontal bars in histograms represent negative control gate. Statistical analysis was performed using Student’s *t* test. Bars indicate means (±SD). * *P* < 0.05; ** *P* < 0.01; *** *P* < 0.001; **** *P* < 0.0001. Data are representative of (B, D, and E) or pooled from at least two independent experiments (C) (n=3 per group per experiment).

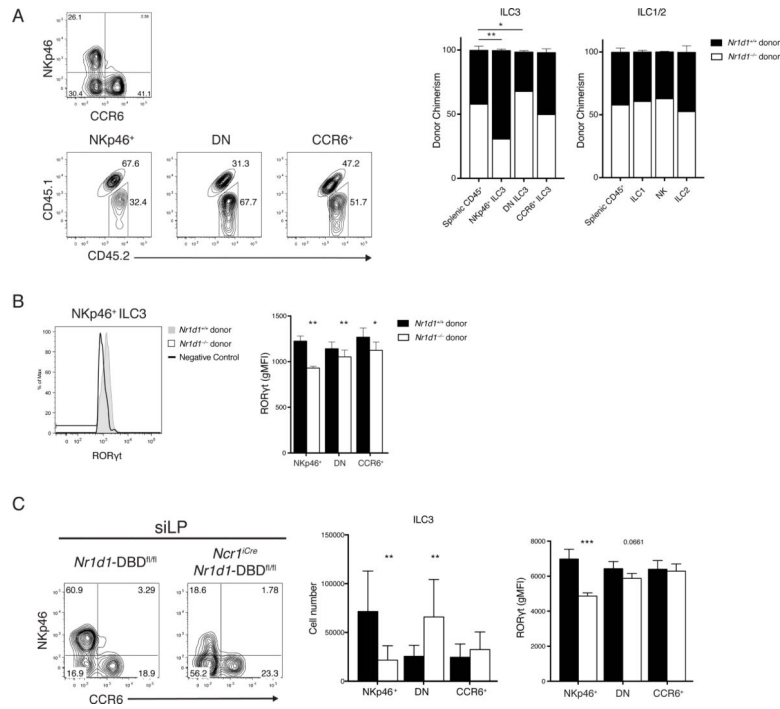


Figure 4. Reduction of NKp46⁺ ILC3 and RORgt expression in *Nr1d1*^{-/-} mice is cell intrinsic. **A)** Representative plots of ILC3 chimerism, gated on live CD45.2⁺Lin⁻(CD3/CD19)RORgt⁺ cells (left). Quantified donor chimerisms (right) for indicated siLP cell populations compared with chimerism of splenic CD45⁺ cells. **B)** Representative histogram of RORgt expression in NKp46⁺ ILC3s from *Nr1d1*^{+/+} and *Nr1d1*^{-/-} donors (left) and quantification of RORgt expressions in ILC3 subsets (right), horizontal bars in histograms represent negative control gate. **C)** Representative plot (left), cell count (middle) and quantification of RORgt levels (right) of siLP ILC3 from *Nr1d1*-DBD^{fl/fl} and *Ncr1*^{Cre}*Nr1d1*-DBD^{fl/fl} mice. Statistical analysis was performed using one-way ANOVA with multiple comparisons (A) or Student's *t* test (B and C). Bars indicate means (±SD). * *P* < 0.05; ** *P* < 0.01; *** *P* < 0.001. Data are representative of three independent experiments (n = 3 to 5 per group per experiment) (A, B, and C, right) or pooled from three independent experiments (n = 3 to 4 per group per experiment) (C, middle).

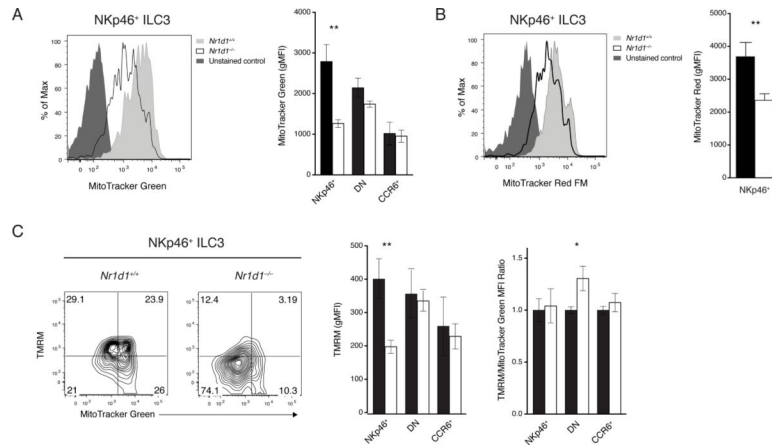


Figure 5. Requirement of REV-ERBa for mitochondrial content of NKp46⁺ ILC3s. **A)** Mitochondrial content in *Nr1d1*^{+/+} and *Nr1d1*^{-/-} ILC3s by MitoTracker Green FM staining (left, representative histogram; right, gMFI). **B)** Mitochondrial potential of *Nr1d1*^{+/+} and *Nr1d1*^{-/-} NKp46⁺ ILC3s by MitoTracker Red FM staining (left, representative histogram; right, gMFI). **C)** Functional mitochondrial content and per unit mitochondrial potential of *Nr1d1*^{+/+} and *Nr1d1*^{-/-} ILC3s measured by TMRM (mitochondrial potential) and MitoTracker Green FM (mitochondrial mass) co-staining (left, representative plot of NKp46⁺ ILC3s; middle, TMRM gMFI; right, normalized TMRM/MitoTracker Green ratio). Statistical analysis was performed using Student's *t* test. Bars indicate means (±SD). * *P* < 0.05; ** *P* < 0.01; *** *P* < 0.001; **** *P* < 0.0001. Data are representative of three independent experiments, (n=3 per group per experiment).

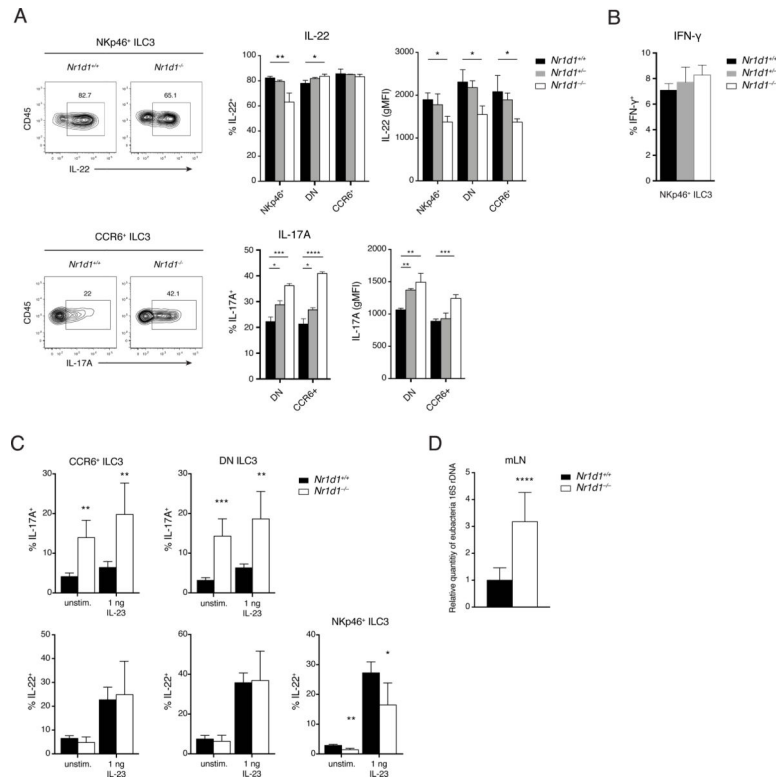


Figure 6. REV-ERBA deficiency differentially affects cytokine production in ILC3 subsets

A) IL-17A and IL-22 production in ILC3 subsets in response to *in vitro* stimulation with IL1 β and IL-23 (10 ng/ml). Left: Representative intracellular staining of IL-22 and IL-17A. Right: Frequency and expression levels (gMFI) of IL-22⁺ and IL-17A⁺ ILC3s (right). **B)** IFN-g production in NKp46⁺ ILC3s in response to *in vitro* stimulation with a mixture of IL1 β , IL-23, IL-12, and IL-18. **C)** IL-17 and IL-22 secretion by ILC3 subsets on day 2 of CDI. **D)** qPCR analysis of relative bacterial load translocated to mLNs on day 2 of CDI. rDNA, ribosomal DNA. Statistical analysis was performed using one-way ANOVA with multiple comparisons test (A and B) or Student's *t*-test (C and D). Bars indicate means (\pm SD). * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$. Data are representative of two independent experiments (n = 3 to 5 per group per experiment) (A to C) or pooled from two independent experiments (n = 4 or 5 per group per experiment) (D).

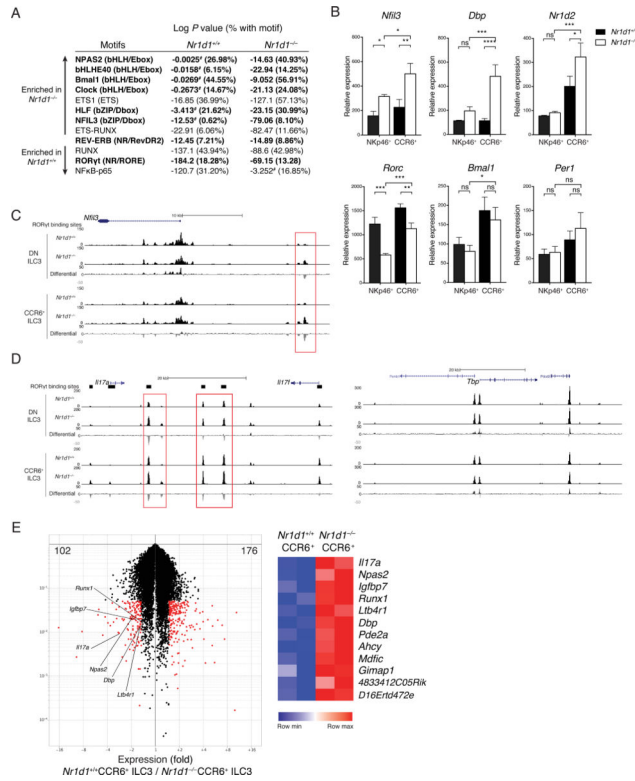


Figure 7: REV-ERBA deficiency alters the epigenetics landscape and differentially affects clock gene expression in ILC3 subsets.

A) Transcription factor motifs enriched in regions that are differentially accessible in *Nr1d1^{-/-}* NKp46⁻ (DN and CCR6⁺) ILC3s vs. *Nr1d1^{+/+}* NKp46⁻ ILC3s, log *P* values for enrichment and frequency of target sequences with motif. Circadian related motifs shown in bold; #, not significant or possible false-positive result. B) Gene expressions of sorted NKp46⁺ and CCR6⁺ ILC3s from *Nr1d1^{+/+}* and *Nr1d1^{-/-}* siLP by RT-qPCR, relative expression to *Actb*. C and D) UCSC Genome Browser view of ATAC-seq tracks of mouse C) *Nfil3*, D) *Il17*, and *Tbp* loci in the indicated ILC3 subsets. Black bars on top represent locations of RORgt binding sites based on published RORgt chromatin immunoprecipitation sequencing in TH17 cells (GEO: GSE56020). The differential tracks are subtraction plots showing differences in peak accessibility between *Nr1d1^{+/+}* and *Nr1d1^{-/-}* ILC3. E) Volcano plot of genes with >1.5-fold differential expression (red) in *Nr1d1^{+/+}* vs. *Nr1d1^{-/-}* CCR6⁺ ILC3s (left); Heatmap of known RORgt target genes differentially expressed in *Nr1d1^{+/+}* and *Nr1d1^{-/-}* CCR6⁺ ILC3s. Statistical analysis was performed using one-way ANOVA with multiple comparisons test (B). Bars indicate means (\pm SD). ns, not significant; * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$; **** $P < 0.0001$. Data are representative of at least two independent experiments (n=3 per group per experiment) (B).