

Effects of Spaceflight on Human Induced Pluripotent Stem Cell-Derived Cardiomyocyte Structure and Function

Alexa Wnorowski,^{1,2,11} Arun Sharma,^{1,3,4,5,11} Haodong Chen,^{1,3} Haodi Wu,^{1,3} Ning-Yi Shao,^{1,3} Nazish Sayed,^{1,3} Chun Liu,^{1,3} Stefanie Countryman,⁶ Louis S. Stodieck,⁶ Kathleen H. Rubins,⁷ Sean M. Wu,^{1,3,8} Peter H.U. Lee,^{9,10} and Joseph C. Wu^{1,3,8,*}

¹Stanford Cardiovascular Institute, Stanford University School of Medicine, 265 Campus Drive, Room G1120B, Stanford, CA 94305, USA

²Department of Bioengineering, Stanford University Schools of Medicine and Engineering, Stanford, CA 94305, USA

³Institute for Stem Cell Biology and Regenerative Medicine, Stanford University School of Medicine, Stanford, CA 94305, USA

⁴Smidt Heart Institute, Cedars-Sinai Medical Center, Los Angeles, CA 90048, USA

⁵Board of Governors Regenerative Medicine Institute, Cedars-Sinai Medical Center, Los Angeles, CA 90048, USA

⁶BioServe Space Technologies, Department of Aerospace Engineering Sciences, University of Colorado, Boulder, CO 80309, USA

⁷Astronaut Office, NASA Johnson Space Center, Houston, TX 77058, USA

⁸Department of Medicine, Division of Cardiology, Stanford University School of Medicine, Stanford, CA 94305, USA

⁹Department of Surgery, The Ohio State University, Columbus, OH 43210, USA

¹⁰Department of Biomedical Engineering, The Ohio State University, Columbus, OH 43210, USA

¹¹Co-first author

*Correspondence: joewu@stanford.edu

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SUMMARY

With extended stays aboard the International Space Station (ISS) becoming commonplace, there is a need to better understand the effects of microgravity on cardiac function. We utilized human induced pluripotent stem cell-derived cardiomyocytes (hiPSC-CMs) to study the effects of microgravity on cell-level cardiac function and gene expression. The hiPSC-CMs were cultured aboard the ISS for 5.5 weeks and their gene expression, structure, and functions were compared with ground control hiPSC-CMs. Exposure to microgravity on the ISS caused alterations in hiPSC-CM calcium handling. RNA-sequencing analysis demonstrated that 2,635 genes were differentially expressed among flight, post-flight, and ground control samples, including genes involved in mitochondrial metabolism. This study represents the first use of hiPSC technology to model the effects of spaceflight on human cardiomyocyte structure and function.

INTRODUCTION

The allure of space as a natural laboratory stems from its unique properties that cannot be perfectly duplicated on Earth, notably microgravity, which has been simulated using techniques such as rotating bioreactors, random positioning machines, and magnetic levitation (Becker and Souza, 2013). While spaceflight is largely government funded, private enterprises dedicated to low-orbit payload delivery have enabled space to become a realistic destination for science (Rogers, 2001). However, the effects of microgravity on human organ function must be better understood. Because of the heart's critical role in maintaining proper bodily systemic functions, the effects of microgravity on cardiac physiology, metabolism, and cellular biology should be elucidated.

Spaceflight induces physiological changes in cardiac function (Sides et al., 2005). Astronauts on space shuttle missions experienced reduced heart rate and lowered arterial pressure (Fritsch-Yelle et al., 1996; Perhonen et al., 2001). The National Aeronautics and Space Administration (NASA) Twin Study demonstrated that long-term exposure to microgravity reduces mean arterial pressure and increases cardiac output (Garrett-Bakelman et al.,

2019). However, little is known about the role of microgravity in influencing human cardiac function at the cellular level.

Existing cardiac cellular microgravity studies have used mouse or rat cardiomyocyte (CM) models. Alterations occur in mRNA expression of rat cardiac myosin protein, critical for CM contractility, when animals are maintained in microgravity (Thomason et al., 1992). Microgravity up-regulates the expression of mitochondrial metabolism genes, such as malate dehydrogenase, in rat cardiac muscle (Connor and Hood, 1998). Hindlimb suspension of rats promoted the expression of a unique isoform of cardiac troponin I, critical for proper CM contraction (Yu et al., 2001). In rat CMs, simulated microgravity altered nuclear localization of nuclear factor κ B, which is implicated in the cellular response to oxidative stress (Kwon et al., 2009). However, animal models cannot perfectly replicate cellular functions in human cardiac tissues, partly due to species-specific differences in cardiac function (Fermini et al., 1992; Gauthier et al., 1999; Spotnitz et al., 1984). Thus, we should understand the cellular and physiological processes influenced by microgravity in human heart cells.

Human CMs are a limited resource and cannot be maintained long term (Bergmann et al., 2009). However,

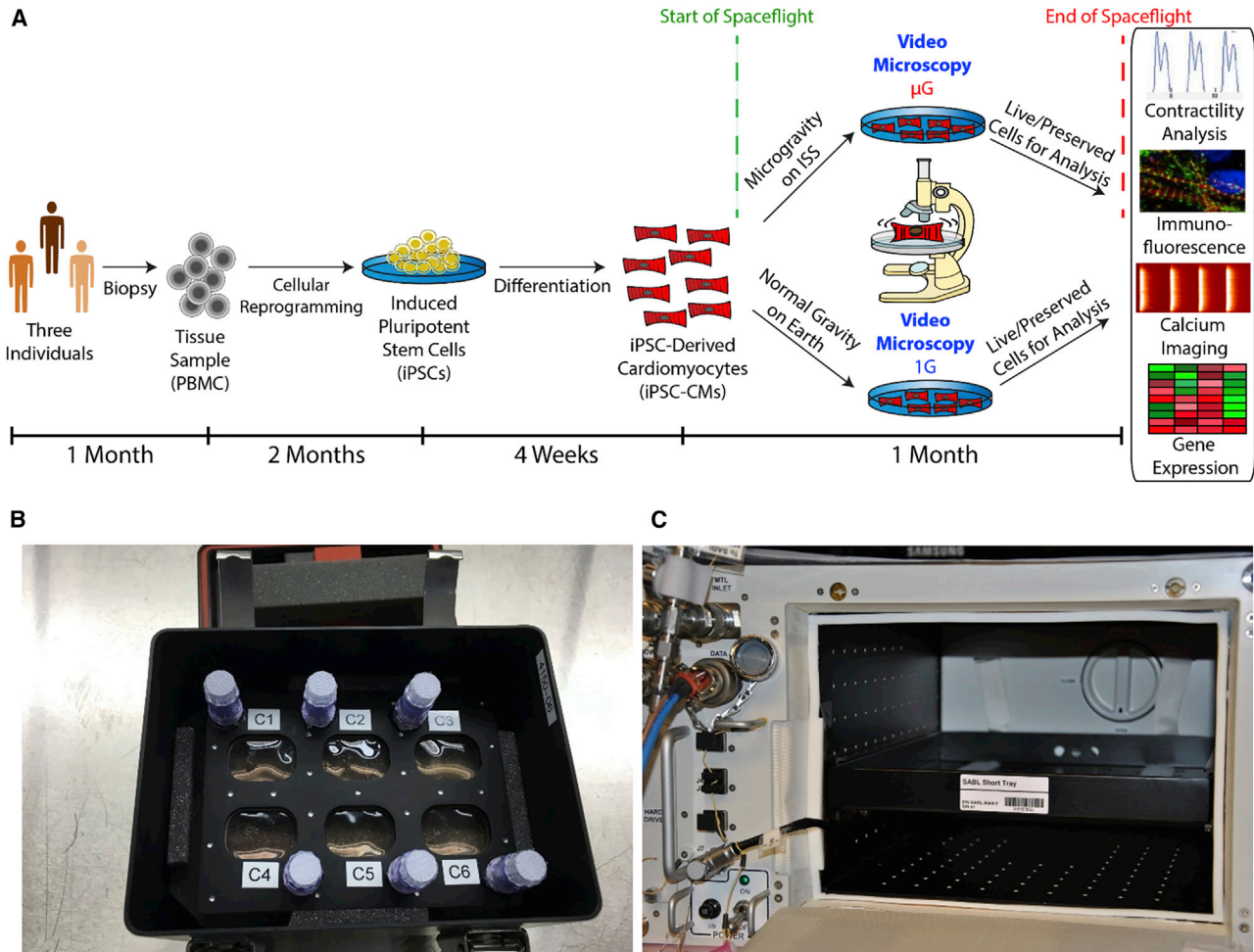


Figure 1. Evaluating the Effects of Spaceflight on hiPSC-CM Structure and Function

(A) Timeline for experiment. Tissue samples were collected from three individuals and used to generate human induced pluripotent stem cell-derived cardiomyocytes (hiPSC-CMs). The hiPSC-CMs were plated in fully enclosed 6-well plates optimized for microgravity (“BioCells”) and sent to the International Space Station (ISS) for culture and live imaging for ~1 month. Ground controls with the same hiPSC-CM lines and hardware were maintained at Stanford University. Media exchanges and imaging were strictly scheduled so that the only significant difference in cell environment was spaceflight. After sample return from the ISS, cellular phenotypes were evaluated using gene expression, immunofluorescence, calcium imaging, and contractility analyses.

(B) A BioCell in its environmental control habitat (“PHAB”).

(C) The interior of the Space Automated Bioproduct Laboratory (SABL), the incubator used to maintain the cells on the ISS.

human induced pluripotent stem cell-derived CMs (hiPSC-CMs) have emerged as a surrogate for studying the molecular and cellular mechanisms of human cardiac pathophysiology (Sharma et al., 2013, 2017, 2018; Sun et al., 2012). The hiPSC-CMs can be mass produced, cultured long term, and manipulated *in vitro* (Sharma et al., 2013). Employing a multi-disciplinary approach and access to the International Space Station (ISS), we utilized hiPSC-CMs to provide insights into the effects of spaceflight and microgravity on human cardiac physiology, cell structure, and gene expression.

RESULTS

Microgravity Cell Culture and Maintenance of hiPSC-CMs in Space

hiPSC lines were generated from three individuals by reprogramming peripheral blood mononuclear cells (PBMCs) and differentiating them into hiPSC-CMs (Burrige et al., 2014). Monolayers of beating hiPSC-CMs were sent to the ISS for 5.5 weeks (Figure 1A). The hiPSC-CMs were grown in fully enclosed 6-well plates (BioCells) optimized for long-term microgravity cell culture



(Figure 1B). BioCells were launched to the ISS aboard a SpaceX Dragon transport spacecraft via a SpaceX Falcon 9 rocket during the SpaceX CRS-9 commercial resupply service mission. BioCells were maintained aboard the ISS in an on-station incubator (Space Automated Bioproduct Laboratory [SABL]) (Figure 1C) at 37°C and 5% CO₂, and ground control cells were cultured in parallel. The hiPSC-CMs within the BioCells were cultured in a high-nutrient CM maintenance medium that was changed weekly. Ground control hiPSC-CMs were maintained identically, with media changes replicated exactly on a 6-h delay from the ISS.

Functional Analyses of hiPSC-CMs in Microgravity Conditions and Post Spaceflight

Prolonged spaceflight alters human heart physiology. Thus, we aimed to determine the effects of microgravity on hiPSC-CM morphology and function. Upon return to Earth, space-flown hiPSC-CMs were evaluated for changes in morphology and structure. Phase-contrast microscopy found no overt changes between groundside controls and flight samples (Figure 2A). The hiPSC-CMs from cell line 2 exhibited lower cell confluence than other lines, likely due to lower survival at initial plating. Immunofluorescence of ground and flight samples for sarcomeric proteins α -actinin and cardiac troponin T (cTnT) illustrated standard, striated sarcomeres (Figure 2B). DAPI-positive and cTnT/ α -actinin-negative cells indicated the presence of a non-myocyte, fibroblast-like population. We did not observe significant differences in sarcomere structure, length, or regularity between ground and flight samples (Figures 2C–2E). These results suggest that space-flown hiPSC-CMs retain sarcomeric structure and morphology when compared with ground hiPSC-CMs.

For hiPSC-CM functional assessment, we analyzed hiPSC-CM contractile properties using video microscopy (Videos S1 and S2) with motion vector analysis (Huebsch et al., 2015). Ground and space-flown hiPSC-CMs had a similar spontaneous beat rate after 2.5 weeks (Figure 3A). There was no significant difference between contraction and relaxation velocities (Figures 3B and 3C). We also assessed Ca²⁺-handling properties of space-flown hiPSC-CMs after return to Earth (Figure 3D). Space-flown hiPSC-CMs exhibited unchanged Ca²⁺ transient amplitude but showed a significant increase in transient decay tau (Figures 3E and S1) that is indicative of a decreased calcium recycling rate. We also observed an increase in the standard deviation of beating intervals (Figure 3F) in space-flown hiPSC-CMs, indicating beating irregularity. These results suggest that calcium-handling-related parameters remain altered for space-flown hiPSC-CMs following return to normal gravity.

Gene Expression of hiPSC-CMs in Microgravity and Post Spaceflight

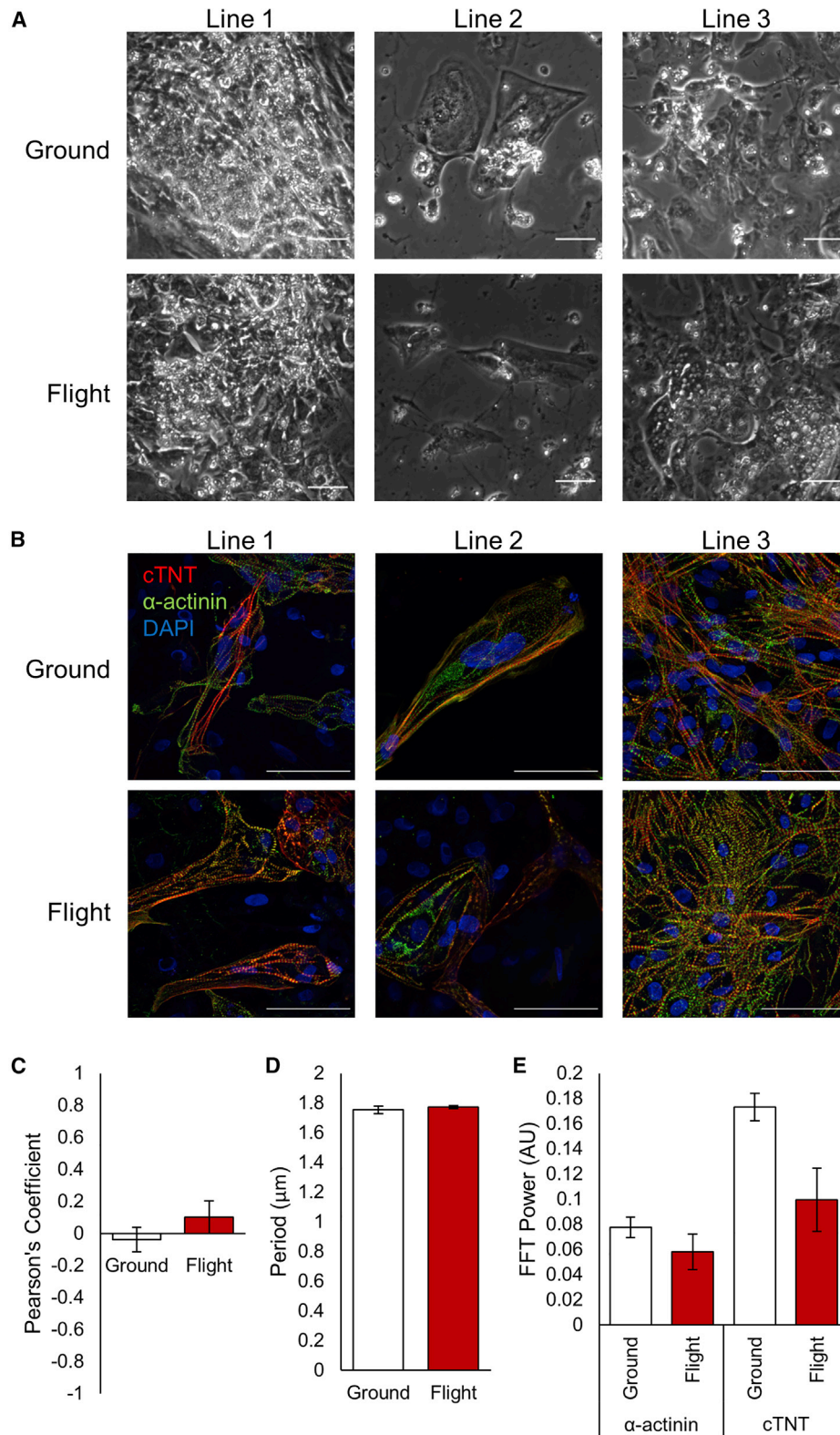
We analyzed the transcriptome of hiPSC-CMs during spaceflight and post-flight. hiPSC-CMs were harvested at 4.5 weeks in spaceflight and on day 10 after return to Earth. Ground hiPSC-CMs were collected at the post-return time point as controls. Based on RNA sequencing, principal component analyses of flight, post-flight, and ground hiPSC-CMs showed that samples clustered based on the cell line of origin (Figure S2A) and developed a differential pattern of gene expression during the experiment. Flight samples clustered separately from post-flight samples, which in turn clustered most closely with ground controls (Figure 4A).

Based on our contractility and calcium-handling data, we examined expression of genes related to these functions. There was no significant change in expression levels of calcium cycling-related genes ryanodine receptor 2 (*RYR2*) or sarcoplasmic/ER calcium ATPase 2 (*SERCA2*) (Figure 4B). Thus, the declined calcium recycling we observed may have resulted from stress-induced calcium sarcoplasmic reticulum (SR) load increase, shifting the calcium balance between the SR and cytoplasm and decreasing the recycling rate through the same amount of SERCA2a. Increased SR load may increase calcium leak from RyR2, which would promote the beating irregularity we observed.

Sarcomeric genes cardiac troponin T (*TNNT2*) and troponin I1 (*TNNI1*) were significantly upregulated in flight, although other sarcomeric genes were similarly expressed (*MYH7*). Motif enrichment analysis of differentially expressed genes among the conditions (Table S2) indicated that the motif for specificity protein 1 (*Sp1*) was enriched for genes upregulated in flight compared with ground. *Sp1* activates the *TNNT2* promoter, which can contribute to a hypertrophic phenotype (Azakie et al., 2006).

Myocyte enhancer factor 2 (MEF2) transcription factor motifs were enriched in genes upregulated in flight compared with ground. Like *Sp1*, MEF2 contributes to regulation of a hypertrophic phenotype (Agrawal et al., 2010). *MEF2D*, which mediates stress-dependent cardiac remodeling (Kim et al., 2008), was upregulated in flight hiPSC-CMs compared with that on the ground (Figure 4C). Association of MEF2 with class II histone deacetylases (HDACs) represses hypertrophy, whereas class I HDACs induce hypertrophy (Agrawal et al., 2010). Expression of *HDAC10* and *HDAC4* (class II) was lower in flight hiPSC-CMs than on the ground, whereas expression of *HDAC8* (class I) was increased.

Other transcription factors for which motifs were enriched include peroxisome proliferator-activated receptors, Krüppel-like factor 5 (*KLF5*), and chicken ovalbumin upstream promoter transcription factor II (*COUP-TFII*), which



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are involved in regulating cardiac metabolism (Drosatos et al., 2016; Wu et al., 2015). Although expression of these factors was not significantly different among the three conditions (Figure 4D), further annotation of RNA-sequencing data revealed that genes belonging to the mitochondrial metabolic pathway showed the most significant changes both between flight and ground and between flight and post-flight (Figures 4E and S2B; Table S3). Flight samples showed a decreased expression of genes related to RNA/DNA helicase and DNA damage and repair compared with both post-flight and ground samples. The numbers of differentially expressed genes in a two-group comparison between ground and flight (3,008 genes) and between post-flight and flight (2,026 genes) were much greater than the number of differentially expressed genes between post-flight and ground (1,049 genes), with the most overlap in differentially expressed genes between the ground versus flight and post-flight versus flight comparisons (Figure 4F). These results suggest that hiPSC-CMs adopt a unique gene-expression signature during spaceflight, and this gene-expression pattern reverts to one similar to ground controls upon return to normal gravity.

DISCUSSION

Decades of observations on space-flown animal models and human astronauts have confirmed that cardiovascular physiology is profoundly changed by spaceflight (Hughson et al., 2017). However, most cardiovascular microgravity physiology studies have been conducted either in non-human models or at tissue, organ, or systemic levels. While recent studies of human cardiac progenitor cells have demonstrated that microgravity can enhance their differentiation and maintenance (Baio et al., 2018; Camberos et al., 2019; Jha et al., 2016), none have addressed the effects of spaceflight on differentiated cardiomyocytes. Using 6-well plates optimized for microgravity, we sent live hiPSC-CMs from three individuals to the ISS as an *in vitro* human model for microgravity exposure.

Previous microgravity studies in animal models have demonstrated changes in contractile muscle protein expression (Thomason et al., 1992; Yu et al., 2001). While we did not observe a significant difference in contractility

or differences in cell morphology or sarcomere structure between space-flown and groundside CMs, we did observe changes in calcium recycling and expression of myofilament genes in space-flown hiPSC-CMs. These findings parallel the aforementioned organ-level observations and suggest that, even at the cellular level, human CMs can functionally respond to changes in apparent gravity.

Gene-expression pathways related to mitochondrial function were upregulated in space-flown hiPSC-CMs. Binding motifs for transcription factors known to regulate cardiac metabolism were enriched in space-flown hiPSC-CMs. These results align with previous studies showing that the rat heart undergoes mitochondrial adaptations via gene upregulation after short-term exposure to microgravity (Connor and Hood, 1998). The NASA Twin Study also noted mitochondrial-related gene-expression changes (Garrett-Bakelman et al., 2019). Although their analysis was performed in PBMCs, the presence of mitochondrial gene-expression changes in their study and ours indicates that a cellular-level response to spaceflight may not be cell-type specific. Annotation of genes upregulated in post-flight compared with ground indicated that mitochondrial pathways were still enriched, demonstrating that a return to normal gravity does not completely restore normal mitochondrial gene expression, at least not within the first 10 days after return. Motif enrichment analysis also demonstrated that motifs enriched in genes upregulated in space-flown hiPSC-CMs were associated with transcription factors known to regulate hypertrophic pathways.

While we identified mitochondria- and hypertrophy-related pathways as those of interest, our conclusions are limited by time scale and available methods for this study. Longer exposure to microgravity or a longer readjustment period to normal gravity may change the extent of irreversible and reversed gene-expression changes, respectively. Additionally, the flight RNA samples were preserved at a different time points than the post-flight and ground samples, which may have contributed to the observed differences in gene expression. Finally, while we matched media change timing and environmental conditions for ground and flight samples as closely as possible, we note additional variables. For example, radiation levels are higher aboard the ISS than on Earth. Also, flight samples experienced launch and re-entry, whereas ground samples did not.

Figure 2. hiPSC-CMs Demonstrate No Overt Changes in Cell Morphology or Sarcomere Structure after Return from Spaceflight

(A) Representative phase-contrast images of live-return hiPSC-CMs from each cell line 3 days after sample return from the ISS, prior to paraformaldehyde fixation.

(B) Immunofluorescence of flight and ground control samples from each cell line showing sarcomeric proteins cardiac troponin T (cTnT) and α -actinin, and nuclear stain DAPI. Scale bars represent 50 μ m.

(C–E) Pearson's coefficient (C), period (D), and fast Fourier transform (E) power of cTnT and α -actinin signals along sarcomere lines for ground and flight samples (arbitrary units). N = 3 lines, n = 2–3 images per line, with 8–15 sarcomeres analyzed per image.

Error bars represent standard error of the mean (SEM).

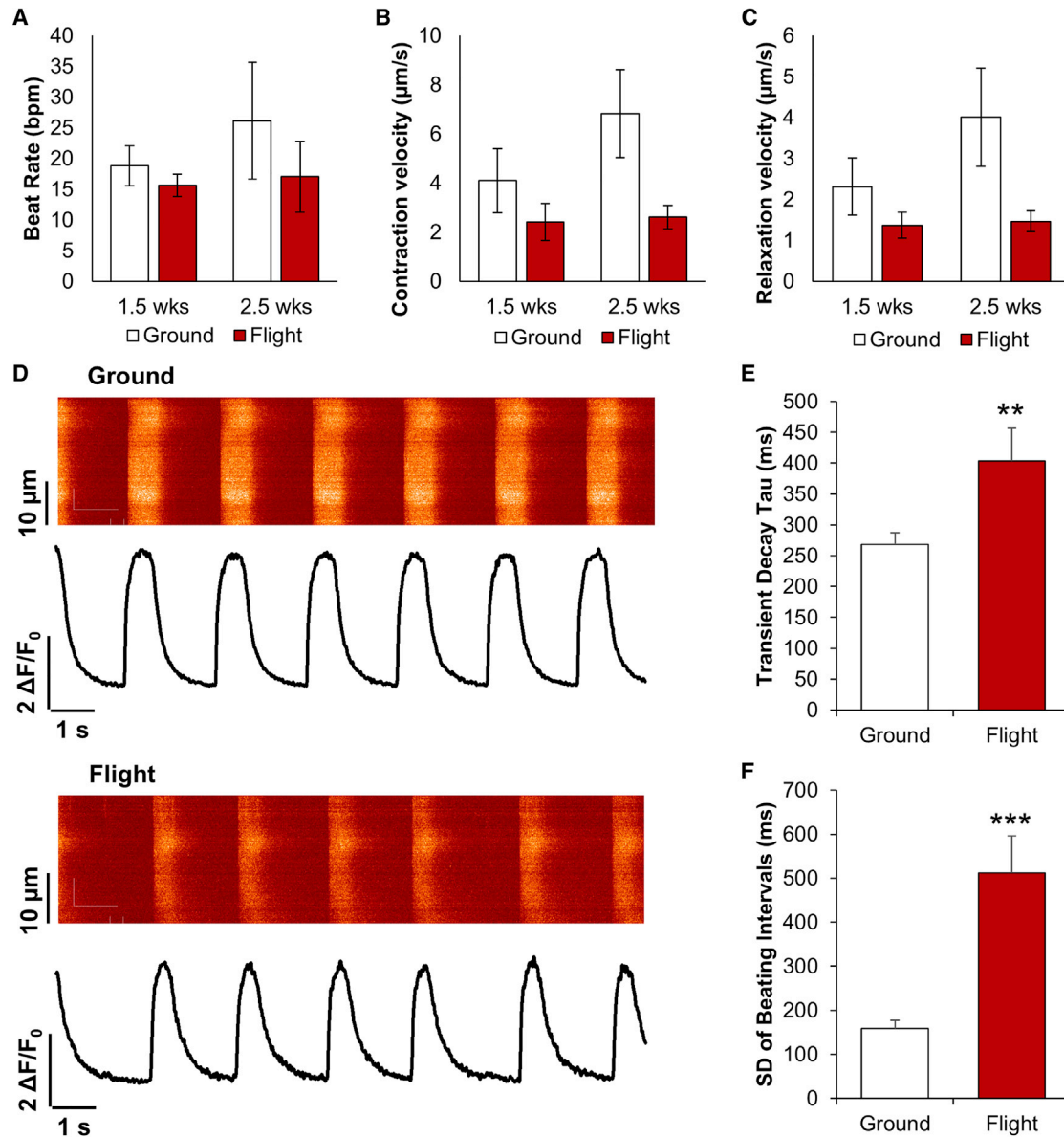


Figure 3. hiPSC-CM Contraction and Calcium Handling Are Altered by Spaceflight

(A–C) Beat rate in beats per minute (bpm) (A), contraction velocity (B), and relaxation velocity (C) for ground control and flight hiPSC-CMs after 1.5 and 2.5 weeks of culture on the ISS. $N = 3$ lines, $n = 1$ –2 biological replicates per line, with 1–4 videos per sample.

(D) Representative calcium transients for ground and flight conditions, measured 3 days after live return from the ISS.

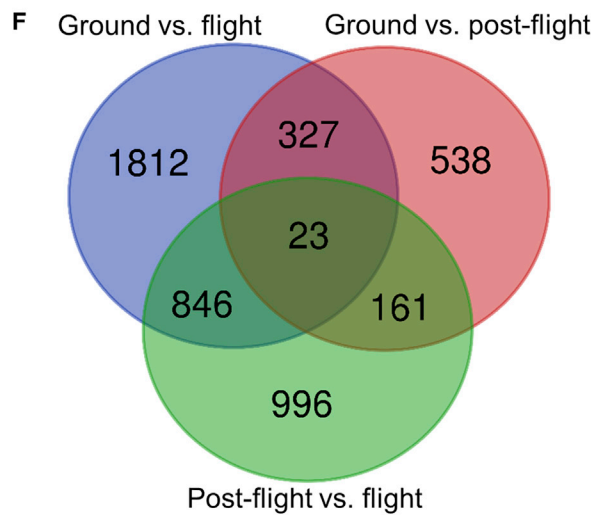
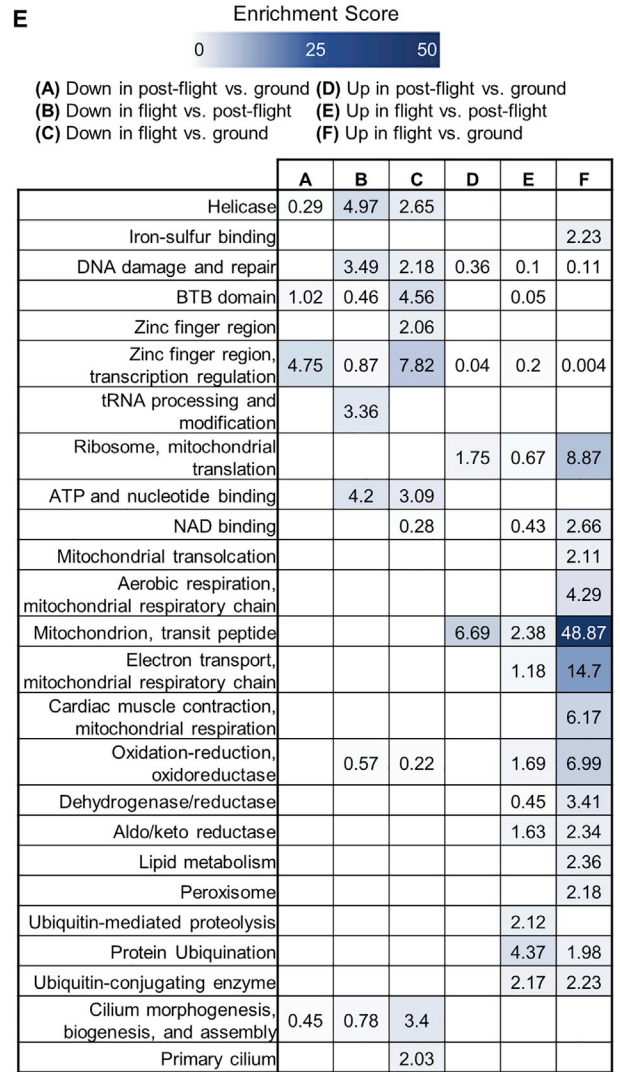
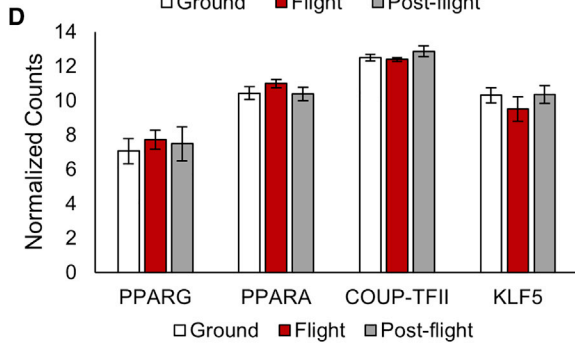
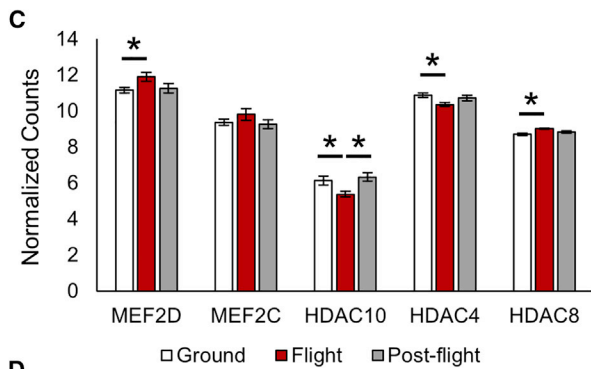
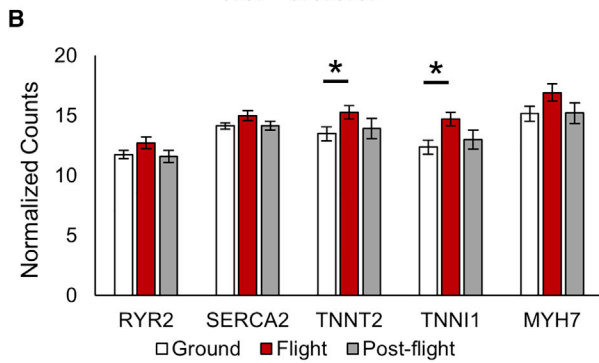
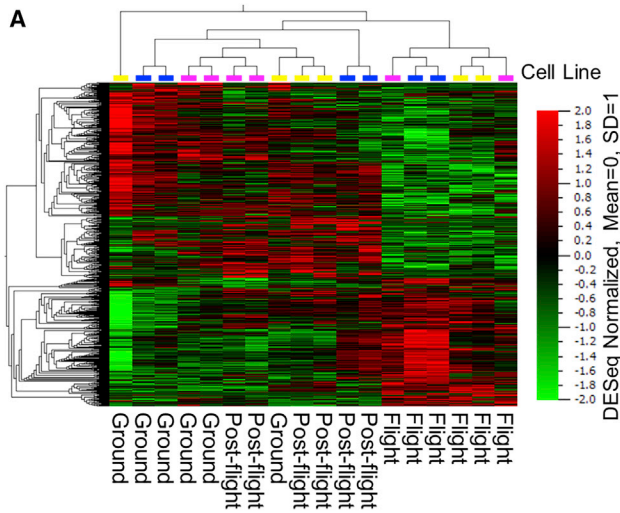
(E and F) Transient decay tau (E) and standard deviation of beating intervals (F) from calcium transients. $N = 103$ and 34 cells in ground and flight groups, respectively. ** $p < 0.01$ and *** $p < 0.001$ versus ground control.

Error bars represent SEM. See also [Figure S1](#); [Videos S1](#) and [S2](#).

The forces that cells experienced during transit may have affected their phenotype and gene expression. In future studies, including a 1G centrifuge control on the ISS or a simulated microgravity control on the ground may help disaggregate these effects.

There are also well-established caveats to using hiPSC-CMs. We noted the presence of non-cardiomyocyte,

fibroblast-like cells in each hiPSC-CM line, likely due to incomplete metabolic selection of hiPSC-CMs prior to spaceflight. Perfect purification of hiPSC-CMs remains an issue during differentiation, and long-term metabolic selection using a low-glucose medium is often unable to completely eliminate fibroblasts. Residual fibroblasts may have proliferated during this month-long experiment.



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Additionally, hiPSC-CMs typically exhibit an immature human cardiac phenotype that is reflected in the contractility, force output, electrophysiology, and overall structure of these cells, all of which differ from true adult human CMs (Oikonomopoulos et al., 2018). However, we still believe that hiPSC-CMs represent the best model currently available for studying cell-level human cardiac function in response to environmental stimuli such as microgravity.

Further investigations into cardiac response to spaceflight are necessary to confirm these results and elucidate the mechanism of response to microgravity. Studies of functional changes in mitochondria of CMs exposed to microgravity would complement the gene-expression changes we observed. Using three-dimensional, tissue-like structures, such as engineered heart tissues or cardiac organoids, would provide a more physiologically accurate model and allow study of interactions between multiple cell types (Wnorowski et al., 2019). Eventually, these platforms may enable prevention or treatment strategies to be developed for spaceflight-induced cardiac remodeling.

Our study demonstrated for the first time that hiPSC-CMs can model the effects of spaceflight and microgravity. Human heart muscle cells, like the whole heart, change their functional properties in spaceflight and compensate for the apparent loss of gravity by altering their gene-expression patterns at the cellular level. As humans spend more time in space, we must better understand the effects of spaceflight on human physiology at the cellular level. Here, we demonstrated that long-term cell culture of advanced, highly specialized cell types such as human CMs is possible aboard the ISS and that such studies can provide informative data. We also laid the groundwork for future studies that will employ next-generation technologies, such as three-dimensional organoids, organ or body-on-a-chip systems, and high-throughput screening platforms, to more accurately model cardiac and human physiology in spaceflight.

EXPERIMENTAL PROCEDURES

Full details are provided in [Supplemental Experimental Procedures](#).

hiPSC-CM Differentiation and Culture

All hiPSCs were derived with approval from the Institutional Review Board at Stanford University. hiPSCs were cultured on Matrigel-coated plates and differentiated into hiPSC-CMs using two-dimensional monolayer differentiation (BurrIDGE et al., 2014).

Custom Spaceflight Hardware (BioServe Space Technologies)

Plate Habitat

The Plate Habitat (PHAB) is an aluminum box that can be sealed or vented. When transporting live mammalian cells to the ISS, the PHAB is charged with 5% CO₂. Vents are then sealed with a cover made of aluminum and Kapton tape. The PHAB, in this configuration, can maintain 4.5%–5% CO₂ for up to 9 days once charged and sealed. On board the ISS, the vent cover is removed and the PHAB is placed in an on-board incubator (SABL) that provides 37°C and active 5% CO₂ control. The PHAB provides containment for liquids as per NASA safety protocol.

BioCell

The BioCell is a fully contained cell culture vessel for ISS use. The 6-well BioCell has an aluminum frame and a polysulfone center with 6 individual wells, each with its own access port. A gas-permeable membrane covers both sides of the well. The membrane also provides the growth surface for cells being cultured within each well. Each well has a maximum volume of 2.5 mL. Fluid exchanges are completed by attaching a syringe to each access port and then exchanging the fluid in the well with the fluid in the syringe.

Space Automated Bioproduct Laboratory

The SABL is a “smart” incubator currently aboard the ISS that can hold temperatures between –5°C and 43°C. For mammalian cell culture, BioServe’s Atmosphere Control Module (ACM) is inserted into SABL and provides 5% CO₂. For this hiPSC-CM experiment, the SABL with ACM installed was used to house three PHABs, each with a 6-well BioCell. Temperature set points for SABL are controlled from the ground via BioServe’s Payload Operations and Command Center.

ACCESSION NUMBERS

RNA-sequencing data for this article are available on the Gene Expression Omnibus with accession number GEO: GSE137081.

SUPPLEMENTAL INFORMATION

Supplemental Information can be found online at <https://doi.org/10.1016/j.stemcr.2019.10.006>.

Figure 4. hiPSC-CM RNA Expression Profiles Are Altered by Spaceflight

RNA-sequencing data comparing flight samples preserved in RNAlater after ~4.5 weeks in microgravity, post-flight samples preserved 10 days post return after ~5.5 weeks in microgravity, and ground control samples preserved at the same time as post-flight samples.

(A) Heatmap displaying 2,635 genes differentially expressed among the three groups with $p \leq 0.05$.

(B–D) Expression of genes related to (B) calcium handling and contraction, (C) hypertrophy, and (D) metabolism, with $*p \leq 0.05$.

(E) Group enrichment scores for top functional annotation clusters (enrichment score ≥ 2 for at least one group) determined using the Database for Annotation, Visualization, and Integrated Discovery (DAVID) for genes differentially expressed between the indicated groups with $p \leq 0.05$ based on a two-tailed Student’s t test.

(F) Venn diagram demonstrating differentially expressed genes for each comparison with $p \leq 0.05$ based on a two-tailed Student’s t test. See also [Figure S2](#) and [Tables S1](#), [S2](#), and [S3](#).



AUTHOR CONTRIBUTIONS

A.W. and A.S.: conception and design, data collection, data analysis, and manuscript writing; H.C., H.W., N.-Y.S., and C.L.: data collection and data analysis; N.S.: data collection, data analysis, and manuscript writing; K.H.R.: conception, design, and data collection; S.C. and L.S.S.: conception and design; S.M.W. and P.H.U.L.: conception, design, and manuscript writing; J.C.W.: conception and design, financial support, manuscript writing, and final approval of manuscript.

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