



## *Dunaliella salina* microalgae oppose thioacetamide-induced hepatic fibrosis in rats



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### ABSTRACT

Several hepatic pathological conditions are correlated with the stimulation of hepatic stellate cells. This induces a cascade of events producing accretion of extracellular matrix components triggering fibrosis. *Dunaliella salina*, rich in carotenoids, was investigated for its potential antagonizing activity; functionally and structurally against thioacetamide (TAA) - induced hepatic fibrosis in rats. Adult male albino Wistar rats were treated with three dose levels of *D. salina* powder or extract (daily, p.o.); for 6 weeks, concomitantly with TAA injection. Serum levels of aspartate transaminase (AST), alanine transaminase (ALT), alkaline phosphatase (ALP), bilirubin and albumin were determined. Reduced glutathione (GSH), malondialdehyde (MDA), smooth muscle actin alpha ( $\alpha$ -SMA) and collagen I hepatic contents were also estimated. Treatment with *D. salina* powder or extract caused a significant decline in serum levels of AST, ALT, ALP, bilirubin, MDA and hepatic contents of  $\alpha$ -SMA and collagen I. Additionally, serum albumin and GSH hepatic content were highly elevated. Liver histopathological examination also indicated that *D. salina* reduced fibrosis, centrilobular necrosis, and inflammatory cell infiltration evoked by TAA. The results implied that *D. salina* exerts protective action against TAA-induced hepatic fibrosis in rats. The phytochemical investigation revealed high total carotenoid content prominently  $\beta$ -carotene (15.2 % of the algal extract) as well as unsaturated fatty acids as alpha-linolenic acid which accounts for the hepatoprotective activity.

### 1. Introduction

Nowadays, microalgae have gained great interest due to their several health benefits. They present a prosperous source of different pharmacologically effective molecules including carotenoids, polyunsaturated fatty acids, phenolic compounds, and polysaccharides [1] that satisfy the increased demand for novel pharmaceutical and nutraceutical ingredients. Various studies have proven the antioxidant, cytotoxic [2,3] and anti-inflammatory activities of different microalgal extracts [4].

*Dunaliella salina* (*D. salina*) is unicellular marine phytoplankton that belongs to the phylum Chlorophyta family Dunaliellaceae [5], *Dunaliella* was first described in a hundred years and was considered a key element for most of the primary biota in hypersaline environments worldwide. *Dunaliella* represents a convenient organism for algae study of salt adaptation. The accumulation of carotenoids, especially  $\beta$ -carotene by *D. salina* under suitable growth conditions has led to its potent antioxidant and effect. Moreover, previous work revealed the

antidiabetic activity of *D. salina* in streptozotocin (STZ)-induced diabetic rats [6], the neuromodulating effect against the development of Alzheimer's disease [7] as well as the protective activity against myocardial infarction [8].

Silymarin, an extract of milk thistle (*Silybum marianum*), is one of the famous herbal agents used for its hepatoprotective effect and possesses antioxidant and anti-inflammatory effects [9].

Thioacetamide (TAA) model is reliable for induction of hepatic fibrosis model. Its long exposure exhibited histological and biochemical damage similar to liver fibrosis in human *via* stimulation of extensive oxidative stress [10] that is indicator of xenobiotics hazards [11] and moreover inducing advanced hepatocellular carcinoma [12]. Hepatoprotective activities of drugs are related to antioxidant properties that upregulate the endogenous antioxidant defense system [13].

Hepatic fibrosis; a wound healing process, is amongst the most prevailing liver ailments affecting the world population. It is generally related to unhealthy lifestyles, alcoholic abuse, non-alcoholic steatohepatitis, and chronic hepatitis viral infections. Eventually, hepatic

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fibrosis leads to more severe stages as cirrhosis and ultimately hepatocellular carcinoma [14]. One of the focal causes of liver incompetence is oxidative stress which hinders the liver function in detoxification processes resulting in further accumulation of oxidant factors [15] and is the primary mechanism of liver damage and fibrosis which is a pathological response to hepatocyte [16]. When the liver is attacked by ROS, Parenchyma cells are exposed to oxidative stress and produce ROS. Moreover, Kupffer cells, Hepatic stellate cells (HSCs) and endothelial cells are sensitive to oxidative stress. The proliferation and collagen synthesis of HSCs are induced by lipid peroxidation, malondialdehyde (MDA) [17].

Hepatic stellate cells (HSCs) are collagen-producing cells, which once activated display myofibroblast phenotype which is considered a pivotal incident in many chronic liver diseases progression. A cascade of molecular, cellular, and tissue events is produced bringing about the accretion of extracellular matrix (ECM) components, especially collagen, and the liver parenchyma is altered into scar tissues, progressing into fibrosis [18]. Activated HSCs play an essential role in the secretion of alpha-smooth muscle actin ( $\alpha$ -SMA), the expression of collagen type I and III, and the assembly of matrix metalloproteinases (MMPs) [19].

The present work is intended to assess the potential role of carotenoid-rich *D. salina* microalga powder and extract in opposing TAA-induced hepatic fibrosis in rats.

## 2. Materials and methods

### 2.1. Chemicals

Thioacetamide reagent,  $\geq 99.0\%$  was bought from Sigma-Aldrich, USA. Silymarin was procured from MEPACO- Egypt; high analytical grade chemicals were used during the experimental procedures. Kits used for measurement of serum aspartate transaminase (AST), alanine transaminase (ALT), alkaline phosphatase (ALP), total bilirubin levels, albumin, reduced glutathione (GSH) and malondialdehyde (MDA), were procured from Biodiagnostic, Egypt. Alpha-smooth muscle actin ( $\alpha$ -SMA) and collagen I were procured from SinoGeneClone Biotech Co., Ltd.

### 2.2. Preparation of *D. salina* extract

The dried powder of *Dunaliella salina* biomass was subjected to extensive grinding to assure disruption of the cell wall. The algal biomass was macerated in a solvent mixture of hexane, ethyl acetate (80:20), filtered and the solvent was then removed under reduced pressure in a rotary evaporator apparatus at a temperature not exceeding  $40^\circ\text{C}$  till complete dryness. This step was repeated till complete exhaustion of the algal powder [20]. The dried extract was kept in a opaque bottle at a  $4^\circ\text{C}$  for further analysis.

### 2.3. Determination of total carotenoid content

The total carotenoid content was estimated spectrophotometrically (Shimadzu UV 240 (PIN 204–5800), at  $450\text{ nm}$  [21]. To determine the total carotenoid content, the algal extract was suspended in distilled water and conveyed to a 500 mL separating flask containing 40 mL petroleum ether ( $40-60^\circ\text{C}$ ). The aqueous layer was discarded and the procedure was repeated four times. Then, the collected petroleum ether extract was filtered over anhydrous sodium sulfate and transferred to a 50 mL volumetric flask and the volume was adjusted up to 50 mL using petroleum ether. The absorbance of the extract was measured at  $450\text{ nm}$  and the total carotenoid content was calculated according to the following equation:

$$\text{Carotenoids content } (\mu\text{g/g}) = \frac{A \times V(\text{mL}) \times 10^4}{A_{1\text{cm}}^{1\%} \times P(\text{g})}$$

where A = Absorbance of the extract; V = Total volume of the extract; P = initial sample weight and = 2592 ( $\beta$ -carotene Extinction Coefficient in petroleum ether).

## 3. HPLC estimation of $\beta$ -carotene in algal extract

### 3.1. Sample preparation

*D. salina* extract was sonicated with 5 mL methanol/acetone in a ratio of 1:1 v/v till dissolution, then filtered through a membrane filter ( $0.45\ \mu\text{m}$ ) and stored in the dark for HPLC analysis.

### 3.2. Preparation of standard curve

Solutions of  $\beta$ -carotene in the range of 0.02–0.1 mg of standard  $\beta$ -carotene (purchased from Sigma-Aldrich, Germany) were prepared. The calibration curve was drawn by plotting the concentrations of standard against the peak area. The correlation coefficient ( $r^2$ ) and the regression equation were calculated [8].

### 3.3. HPLC analysis

The analysis was performed using an analytical HPLC system equipped with a Zorbax-C18 column ( $5\ \mu\text{m}$ ;  $250\text{ mm} \times 4.6\text{ mm}$ ) on an Agilent 1200 series instrument. A mobile phase consisting of methanol, water, dichloromethane and acetonitrile in the ratio of 70:4:13:13, v/v/v/v in an isocratic mode was used. All the solvents used were HPLC grade, filtered through  $0.45\ \mu\text{m}$  membrane and degassed before use. The flow rate was adjusted at  $1.0\text{ mL/min}$  and the analysis was done at room temperature. Detection was recorded at wavelength 280, 450 and  $480\text{ nm}$  using a photodiode-array detection system.

### 3.4. Identification and quantification of $\beta$ -carotene

$\beta$ -carotene was identified in algal extract by comparing the retention time with that of the reference standard in addition to spiking the algal extract with  $\beta$ -carotene standard solution. The amount of  $\beta$ -carotene was calculated from the calibration curve as mg%.

### 3.5. Determination of fatty acids

The algal powder was mixed with petroleum ether and placed in an ultrasonic extractor till complete extraction of the lipoidal matter then filtered to eliminate algal debris. After extraction of lipoidal matter, it was dissolved in 5% methanolic hydrochloric acid for methylation of fatty acids, heated under reflux for 2 h. After cooling, fatty acid methyl esters were extracted in diethyl ether. The ether phase was separated, evaporated and transferred to GC analysis.

### 3.6. Gas chromatography/mass spectrometry (GC/MS)

The analysis was done on a Thermo Scientific, Trace GC Ultra/IQS Single Quadrupole MS apparatus, equipped with TG-5MS fused silica capillary column 30 mm of length,  $0.251\text{ mm}$  width, and  $0.1\text{ mm}$  film thickness. Helium; the carrier gas, was set at a constant flow rate of  $1\text{ mL/min}$  and an electron ionization system with ionization energy of  $70\text{ eV}$  was used. The temperature was adjusted at  $280^\circ\text{C}$ . The oven temperature was set initially at  $150^\circ\text{C}$  increasing at a rate of  $5^\circ\text{C/min}$  till reaching  $280^\circ\text{C}$ . The identification of the separated fatty acids as methyl esters was done according to their retention times and mass spectra as compared with the data supported by the libraries of the apparatus and that found in the literature.

### 3.7. Animals

Adult male albino Wister rats of 120–150 g average weight were

supplied from the animal house at the National Research Centre (Giza, Egypt) and kept in a well aerated, 12-h light/dark cycled room at 25 °C. The animals were let free to a standard laboratory diet ad libitum. All experimental procedures on animals were held in accordance with the guidelines for care and use of experimental animals permitted by the Ethical Committee of the National Research Centre. In addition, this study was approved by the Egypt Academy of Scientific Research and Technology with project identification code number: KTA-C2-2.10.

### 3.8. Acute toxicity studies

Male albino Wister rats were kept fasting providing only water, after which they were orally administered gradual doses (1–5 g/kg) of the algal powder and extract through a gastric tube. The rats were kept under observation for 72 h for any toxic symptoms or mortality.

### 3.9. Fibrosis experimental design

After an acclimatization period of one week, male albino Wister rats have haphazardly arranged into 9 groups 8 rats per group as follows:

**Group 1:** received water containing 1 % Tween 80 orally for 6 weeks and served as normal control.

**Group 2:** received TAA (200 mg/kg, suspended in 1 % Tween 80; i.p.) twice per week for 6 weeks and served as TAA control [22].

**Group 3:** received silymarin (50 mg/kg, orally) daily for 6 weeks concurrent with TAA [23].

**Group 4-6:** received *D. salina* powder (12.5, 25 & 50 mg/kg, orally) daily for 6 weeks concurrent with TAA.

**Group 7-9:** received *D. salina* extract (12.5, 25 & 50 mg/kg, orally) daily for 6 weeks concurrent with TAA.

After the completion of the experiment; the animals were subjected to light anesthesia using ketamine (80 mg/kg) and blood was collected from the retro-orbital veins. Blood samples were permitted to coagulate and subsequently subjected to centrifugation at 3000 rpm for 15 min to separate the sera. Serum levels of AST and ALT activities [24]; ALP [25]; total bilirubin [26] and albumin [27] were estimated. Additionally, levels of GSH and MDA were recorded in serum in accordance with Beutler et al. and Ohkawa et al. [28,29]. Under anesthesia, the animals' livers were excised, washed with saline solution, located in ice-cold phosphate buffer (pH 7.4) and subjected to homogenization. The 20 % tissue homogenate was further used for the estimation of hepatic contents of  $\alpha$ -SMA and collagen I using Eliza kits.

### 3.10. Histological examination

Liver sections were set in 10 % formalin solution and exposed to increasing percentages of alcohol for dehydration then immersed in paraffin. Four sections/group, at the 4  $\mu$ m thickness, were taken and stained using hematoxylin and eosin (H&E) and Masson Trichrome.

### 3.11. Fibrosis scoring

Blinded METAVIR fibrosis score from 0 to 4 was used to evaluate the degree of liver fibrosis. Score 0 indicates no liver fibrosis. Score 1 designates minimum liver scarring in the region of the portal tract with no septa formed. Score 2 indicates a few numbers of septa formed around the portal tract. Score 3 designates multiple septa formation without reaching cirrhosis. Score 4 indicates extensive cirrhosis [30].

### 3.12. Statistical analysis

All the values are recorded as means  $\pm$  standard error of the means (SE). Data were statistically analyzed by one-way analysis of variance then by Tukey's multiple comparisons test using Graph Pad Prism software, version 5 (Inc., San Diego, USA). The difference was considered significant when  $p < 0.05$ .

## 4. Results

### 4.1. Acute toxicity

The oral acute toxicity assay resulted in no lethality or manifestations of toxicity for *D. salina* powder/extract up to a dose level of 5 g/kg, hence it was considered safe. Therefore 12.5, 25 & 50 mg/kg/day (0.0025, 0.005 & 0.01 of 5 g) of the extract or powder were the doses selected for further study.

### 4.2. Effects of *D. salina* on serum hepatic functions biomarkers

Injection of TAA (200 mg/kg; i.p.) resulted in considerable hepatic fibrosis as figured out in the significant elevations in serum levels of AST, ALT, ALP and total bilirubin in reference to normal control group records. Treatment with silymarin lessened serum level of ALT only, in reference to the TAA group.

Treatment with *D. salina* powder (25 & 50 mg/kg) resulted in a significant reduction in serum levels of AST, ALT, ALP and total bilirubin as compared to TAA group. However, treatment with *D. salina* powder at a minimal dose (12.5 mg/kg) caused significant reduction only in serum levels of ALT and AST, as compared to the TAA group. Similarly, treatment with *D. salina* extract (25 & 50 mg/kg) resulted in a significant reduction all fore mentioned parameters whereas the lower dose level (12.5 mg/kg) caused reduction only in serum levels of ALT and bilirubin, as compared to TAA group (Table 1).

Injection of TAA resulted in a decrease of serum levels of albumin by 19 % as compared to normal control values. Treatment with *D. salina* powder and extract (25 & 50 mg/kg) elevated serum level of albumin by 14 %, 21 %, 12 % and 12 %, respectively as compared to TAA group (Table 1).

Liver fibrosis was induced by TAA (200 mg/kg, i.p.) twice per week for 6 weeks. Silymarin (50 mg/kg, orally), *D. salina* powder and *D. salina* extract (12.5, 25 & 50 mg/kg, orally) were administered daily for 6 weeks concurrent with TAA. Data are presented as the mean  $\pm$  S.E. of ( $n = 8$ ) for each group and % of TAA group. The statistical analysis was held using one-way analysis of variance then by Tukey's multiple comparisons test. <sup>a</sup> Statistically significant from the control group. <sup>b</sup> Statistically significant from TAA group at  $P < 0.05$ .

### 4.3. Effects of *D. salina* on serum oxidative stress biomarkers

A reduction in serum level of GSH and an elevation in the serum level of MDA were observed in the TAA group by 57 % and 83 % respectively as compared to normal control values. Treatment with silymarin increased serum level of GSH by 92 % and decreased serum level of MDA by 29 % as compared to the TAA group (Table 2).

Treatment with *D. salina* powder (25 & 50 mg/kg) revealed an elevation in serum level of GSH by 91 % and 117 % respectively and produced a reduction in serum level of MDA by 19 % and 35 % respectively as compared to TAA group. Treatment with extract (12.5, 25 & 50 mg/kg) exhibited an elevation in serum level of GSH by 42 %, 93 % and 126 % respectively as compared to TAA group. Treatment with *D. salina* extract (25 & 50 mg/kg) reduced serum level of MDA by 29 % and 39 % respectively, as compared to the TAA group (Table 2).

Liver fibrosis was induced by TAA (200 mg/kg, i.p.) twice per week for 6 weeks. Silymarin (50 mg/kg, orally), *D. salina* powder and *D. salina* extract (12.5, 25 & 50 mg/kg, orally) were administered daily for 6 weeks concurrent with TAA. Data are presented as the mean  $\pm$  S.E. of ( $n = 8$ ) for each group and % of TAA group. The statistical analysis was held by using one-way analysis of variance then by Tukey's multiple comparisons test. <sup>a</sup> Statistically significant from the control group. <sup>b</sup> Statistically significant from TAA group at  $P < 0.05$ .

**Table 1**  
Effects of *D. salina* powder and extract on serum hepatic functions biomarkers.

	Normal control	TAA	Silymarin (50 mg/kg)	<i>D. salina</i> powder (12.5 mg/kg)	<i>D. salina</i> powder (25 mg/kg)	<i>D. salina</i> powder (50 mg/kg)	<i>D. salina</i> extract (12.5 mg/kg)	<i>D. salina</i> extract (25 mg/kg)	<i>D. salina</i> extract (50 mg/kg)
ALT (U/L) ALT (% of TAA control)	43.82 ± 0.37	68.52 ± 0.61 <sup>a</sup> (100 %)	57.98 ± 0.17 <sup>ab</sup> 85 %	42.93 ± 0.33 <sup>b</sup> 63 %	40.17 ± 0.73 <sup>b</sup> 59 %	42.76 ± 0.45 <sup>b</sup> 62 %	38.81 ± 0.24 <sup>b</sup> 57 %	38.61 ± 0.27 <sup>b</sup> 56 %	38.81 ± 0.19 <sup>b</sup> 57 %
AST (U/L) AST (% of TAA control)	66.55 ± 0.08	103.3 ± 0.74 <sup>a</sup> (100 %)	92.35 ± 0.41 <sup>a</sup> 89 %	88.18 ± 0.4 <sup>ab</sup> 85 %	88.03 ± 0.67 <sup>ab</sup> 85 %	87.51 ± 0.62 <sup>ab</sup> 85 %	95.18 ± 1.27 <sup>a</sup> 92 %	88.51 ± 0.54 <sup>ab</sup> 86 %	88.18 ± 0.81 <sup>ab</sup> 85 %
ALP (IU/L) ALP (% of TAA control)	57.85 ± 0.15	124.59 ± 0.48 <sup>a</sup> (100 %)	115.38 ± 1.57 <sup>a</sup> 93 %	98.24 ± 0.59 <sup>a</sup> 79 %	69.56 ± 1.85 <sup>b</sup> 56 %	60.81 ± 0.77 <sup>b</sup> 49 %	93.82 ± 1.26 <sup>a</sup> 75 %	74.12 ± 1.79 <sup>b</sup> 59 %	67.21 ± 2.67 <sup>b</sup> 54 %
Bilirubin (mg/dl) Bilirubin (% of TAA control)	1.45 ± 0.01	2.62 ± 0.02 <sup>a</sup> (100 %)	2.25 ± 0.01 <sup>a</sup> 86 %	2.15 ± 0.01 <sup>a</sup> 82 %	1.65 ± 0.04 <sup>b</sup> 63 %	1.53 ± 0.03 <sup>b</sup> 59 %	1.46 ± 0.01 <sup>b</sup> 56 %	1.30 ± 0.02 <sup>b</sup> 50 %	1.29 ± 0.00 <sup>b</sup> 49 %
Albumin (g/dl) (% of TAA control)	4.19 ± 0.00	3.39 ± 0.03 <sup>a</sup> (100 %)	3.43 ± 0.02 <sup>a</sup> 101 %	3.54 ± 0.02 <sup>a</sup> 104 %	3.86 ± 0.02 <sup>ab</sup> 114 %	4.10 ± 0.03 <sup>b</sup> 121 %	3.54 ± 0.02 <sup>a</sup> 104 %	3.79 ± 0.01 <sup>ab</sup> 112 %	3.81 ± 0.03 <sup>ab</sup> 112 %

**Table 2**  
Effects of *D. salina* powder and extract on serum oxidative stress biomarkers.

	Normal control	TAA	Silymarin (50 mg/kg)	<i>D. salina</i> powder (12.5 mg/kg)	<i>D. salina</i> powder (25 mg/kg)	<i>D. salina</i> powder (50 mg/kg)	<i>D. salina</i> extract (12.5 mg/kg)	<i>D. salina</i> extract (25 mg/kg)	<i>D. salina</i> extract (50 mg/kg)
GSH (mg/dl) GSH (% of TAA)	15.60 ± 0.17	6.77 ± 0.06 <sup>a</sup> 100 %	13.00 ± 0.03 <sup>b</sup> 192 %	7.91 ± 0.03 <sup>a</sup> 116 %	12.93 ± 0.08 <sup>b</sup> 191 %	14.67 ± 0.19 <sup>b</sup> 217 %	9.60 ± 0.17 <sup>ab</sup> 142 %	13.07 ± 0.04 <sup>b</sup> 193 %	15.33 ± 0.09 <sup>b</sup> 226 %
MDA (nmol/ml) MDA (% of TAA)	10.14 ± 0.04	18.57 ± 0.15 <sup>a</sup> 100 %	13.24 ± 0.18 <sup>ab</sup> 71 %	18.21 ± 0.17 <sup>a</sup> 98 %	15.03 ± 0.03 <sup>ab</sup> 81 %	12.17 ± 0.11 <sup>b</sup> 65 %	17.59 ± 0.23 <sup>a</sup> 95 %	13.31 ± 0.08 <sup>ab</sup> 71 %	11.24 ± 0.15 <sup>b</sup> 61 %



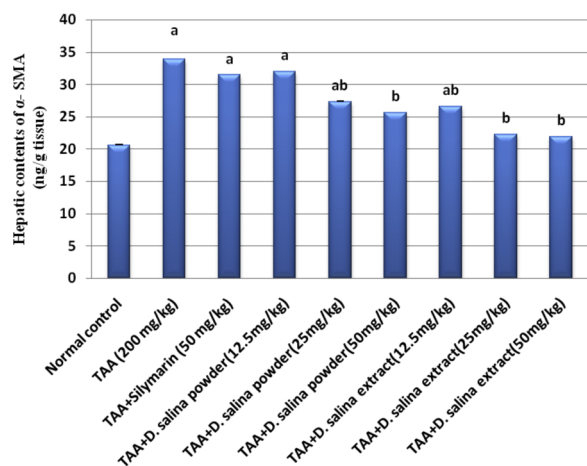


Fig. 1. Effects of *D. salina* powder and extract on hepatic content of α-SMA.

#### 4.4. Effects of *D. salina* on fibrotic biomarkers

Injection of TAA showed considerable hepatic fibrosis as assessed by significant elevations in hepatic contents of α-SMA and collagen I by 64 % and 88 % respectively as compared to normal control values. Treatment with silymarin did not show any changes in hepatic contents of α-SMA and collagen I as compared to the TAA group.

Treatment with *D. salina* powder (25 mg/kg) resulted in a reduction in hepatic contents of α-SMA and collagen I by 19 % and 73 % respectively; treatment with powder (50 mg/kg) normalized hepatic contents of α-SMA and collagen I as compared to TAA group. Therefore the effective dose of *D. salina* powder is 50 mg. Treatment with *D. salina* extract (12.5 mg/kg) decreased hepatic content of α-SMA by 22 % while normalized collagen I. Treatment with extract (25 & 50 mg/kg) normalized hepatic contents of α-SMA and collagen I, as compared to TAA group. Therefore the effective doses of *D. salina* extract are 25 & 50 mg (Figs. 1 & 2).

Liver fibrosis was induced by TAA (200 mg/kg, i.p.) twice per week for 6 weeks. Silymarin (50 mg/kg, orally), *D. salina* powder and *D. salina* extract (12.5, 25 & 50 mg/kg, orally) were administered daily for 6 weeks concurrent with TAA. α-SMA was measured in liver tissue. Data are presented as the mean ± S.E. of (n = 8) for each group. The statistical analysis was held by using one-way analysis of variance then by Tukey's multiple comparisons test. <sup>a</sup> Statistically significant from the control group. <sup>b</sup> Statistically significant from TAA group at P < 0.05.

Liver fibrosis was induced by TAA (200 mg/kg, i.p.) twice per week for 6 weeks. Silymarin (50 mg/kg, orally), *D. salina* powder and *D. salina* extract (12.5, 25 & 50 mg/kg, orally) were administered daily for

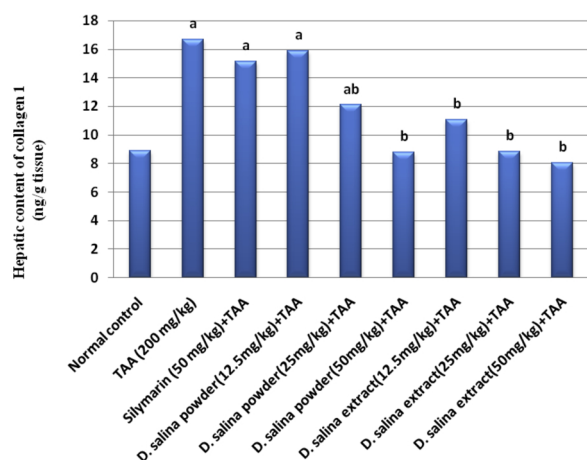


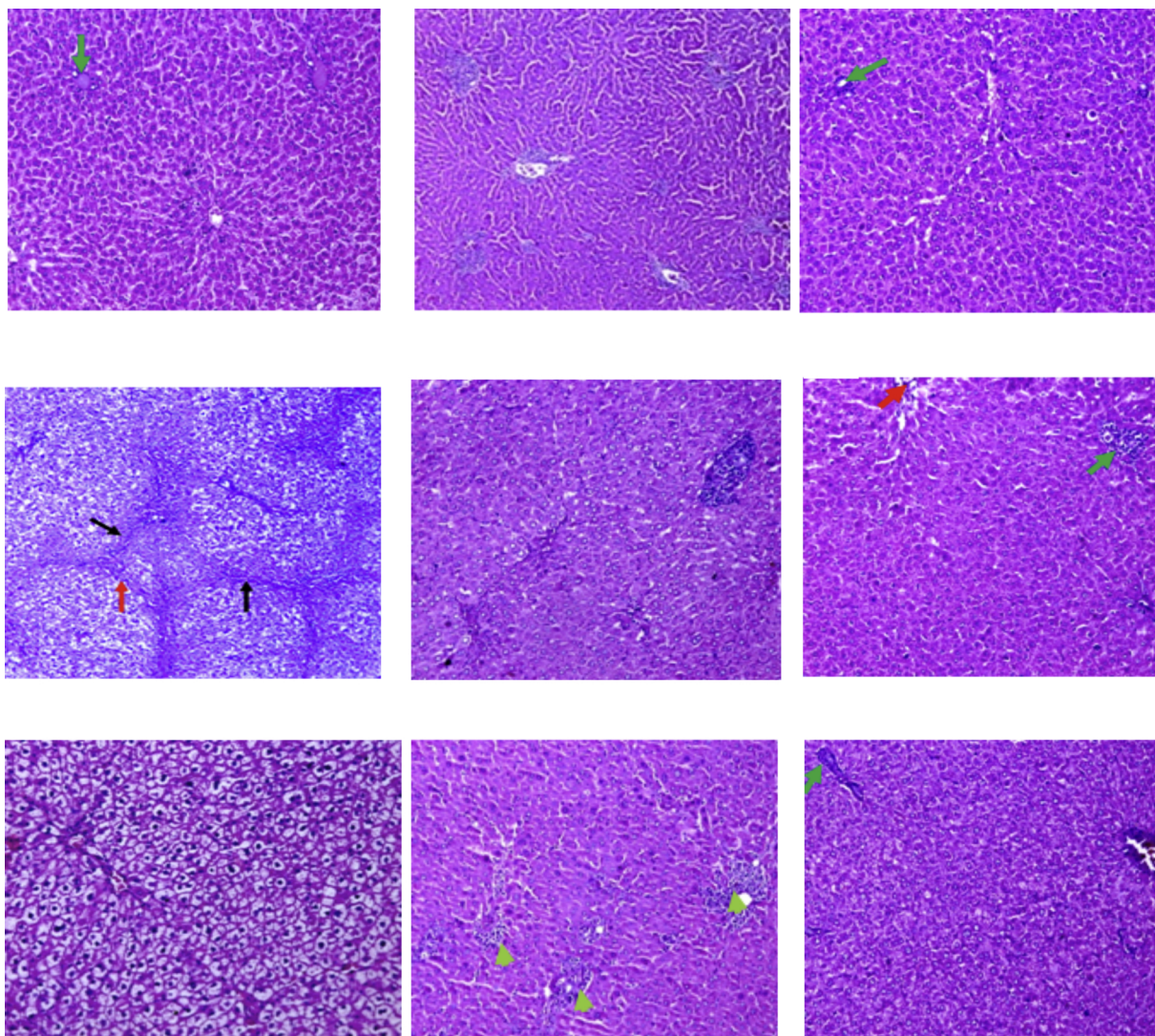
Fig. 2. Effects of *D. salina* powder and extract on hepatic content of collagen I.

6 weeks concurrent with TAA. Collagen I was measured in liver tissue. Data are presented as the mean ± S.E. of (n = 8) for each group. The statistical analysis was held by using one-way analysis of variance then by Tukey's multiple comparisons test. <sup>a</sup> Statistically significant from the control group. <sup>b</sup> Statistically significant from TAA group at P < 0.05.

## 5. Histopathological study

Stained liver sections are illustrated at two magnifications (x100 and x200) in Figs. 3 & 4. Liver sections from the **normal control group** (group 1) showed hepatic tissue with normal structure and architecture, hepatocytes arranged in thin plates (black arrow) and sinusoids (yellow arrow), central vein (red arrow), Portal tract (green arrow) (Fig. A). **TAA treated group** (group 2) liver sections showed distorted lobular hepatic architecture (black arrow) with attempts to form micro and macro regenerating nodules as complete and incomplete thick interlobular fibrous septa between portal-portal and portal-central septa (red arrow), with moderate ballooning of hepatocyte with (yellow arrow), and binucleated nuclei (blue arrow), (Fig. B). Whereas liver sections from **silymarin treated group** showed hepatic tissue with almost normal structure and architecture, hepatocytes arranged in thin plates with ballooning (black arrow), central vein (red arrow), (Fig. C). Fig. D shows group 4 (low dose group; 12.5 mg/kg) and it shows preserved hepatic lobular architecture, with almost normal hepatocyte (black arrow) and binucleated hepatocytes (yellow arrow), sinusoids (red arrow), mildly thickened portal tract with lymphocytes (green arrow) (H&E; x200, x400), Fig. E shows group 5 (medium dose group; 25 mg/kg) and it revealed preserved hepatic lobular architecture, with almost normal hepatocyte (black arrow) and binucleated hepatocytes (yellow arrow), dilated sinusoids (red arrow), portal tract mildly extended with lymphocytes (green arrow), intercellular lymphocytes collection (blue arrow) (H&E, x200, x400) and Fig. F shows group 6 (high dose group; 50 mg/kg) and it showed preserved hepatic lobular architecture, with almost normal hepatocyte (black arrow) and binucleated hepatocytes (yellow arrow), dilated sinusoids (red arrow), portal tract mildly extended with lymphocytes (green arrow), bile duct (blue arrow), blood vessel (white arrow) (H&E; x200, x400). Fig. G shows liver sections from animals treated with algal extract low dose (12.5 mg/kg, group 7) revealing preserved hepatic lobular architecture, with almost normal hepatocyte (black arrow) and binucleated hepatocytes (yellow arrow), congested central vein (red arrow), sinusoids (blue arrow), portal tract (green arrow) (H&E; x200, x400), while Fig. H shows liver sections from animal group 8 receiving algal extract medium dose group (25 mg/kg) where preserved hepatic lobular architecture, with almost normal hepatocyte (black arrow) central vein (red arrow), sinusoids (yellow arrow) and lymphocytes in portal tract (green arrow) appeared (H&E; x200, x400). Finally, Fig. I shows liver sections from animal group 9 receiving algal extract high dose (50 mg/kg) showing preserved hepatic lobular architecture, with almost normal hepatocyte (black arrow) and binucleated hepatocytes (yellow arrow), congested central vein (red arrow), sinusoids (blue arrow), portal tract (green arrow) (H&E; x200, x400).

Fig. 5A. liver section from a normal control group showed hepatic tissue with normal structure and architecture, hepatocytes arranged in thin plates (black arrow) and sinusoids (yellow arrow), central vein (red arrow). Fig. B. Liver section from TAA group showed distorted lobular hepatic architecture (black arrow) with attempts to form micro and macro regenerating nodules as complete and incomplete thick interlobular septa between portal-portal and portal-central septa (red arrow), congested blood vessels (yellow arrow). Fig. C. liver section from Silymarin group showed hepatic tissue with almost normal structure and architecture, hepatocytes arranged in thin plates with ballooning (black arrow), central vein (red arrow), and normal portal tract (yellow arrow). Fig. D. Liver section from *D. salina* Extract (12.5 mg/kg) showed preserved hepatic lobular architecture, with almost normal hepatocyte, congested central vein (black arrow),



**Fig. 3.** liver section from A.normal control group; B. TAA group; C. Silymarin group; D. *D. salina* Powder (12.5 mg/kg) group; E. *D. salina* Powder (25 mg/kg) group; F. *D. salina* Powder (50 mg/kg) group; G. *D. salina* Extract (12.5 mg/kg) group; H. *D. salina* Extract (25 mg/kg) dose; I. *D. salina* Extract (50 mg/kg) group (H&E;x 200).

sinusoids (red arrow), portal tract (yellow arrow). Fig. E. Liver section from *D. salina* Extract (25 mg/kg) showed preserved hepatic lobular architecture, with almost normal hepatocyte, lymphocytes in portal tract and congested blood vessels (black arrow). Fig. F. Liver section from *D. salina* Extract (50 mg/kg) showed preserved hepatic lobular architecture, with almost normal hepatocyte, congested central vein (black arrow), normal portal tract (red arrow). Fig. G. Liver section from *D. salina* powder (12.5 mg/kg) showed preserved hepatic lobular architecture, with almost normal hepatocyte, sinusoids (red arrow), normal portal tract (black arrow). Fig. H. Liver section from *D. salina* powder (25 mg/kg) showed preserved a hepatic lobular architecture with almost normal hepatocyte, mildly congested dilated sinusoids (black arrow), portal tract mildly extended with lymphocytes (red arrow). Fig. I. Liver section from *D. salina* powder (50 mg/kg) showed preserved hepatic lobular architecture with almost normal hepatocyte, mildly congested dilated sinusoids (black arrow), portal tract mildly extended with lymphocytes (red arrow), bile duct (yellow arrow), blood vessel (green arrow) (Masson Trichrome x400).

### 5.1. Scoring of liver fibrosis

After 6 weeks of the experiment, liver fibrosis was scored where

TAA group showed high fibrotic score as related to the healthy control group revealing the establishment of fibrosis. Whereas, *D. salina* powder or extract groups fibrotic scores indicated that *D. salina* intervention was effective to protect against fibrosis as compared to TAA group (Table 3).

Histopathological changes; Score 0 indicates no liver fibrosis. Score 1 designates minimum liver scarring in the region of the portal tract with no septa formed. Score 2 indicates a few numbers of septa formed around the portal tract. Score 3 designates multiple septa formation without reaching cirrhosis. Score 4 indicates extensive.

### 5.2. Phytochemical analysis

The spectrophotometric analysis of the total carotenoid content in *D. salina* was estimated by 3381.7  $\mu\text{g/g}$  *D. salina* powder. On the other hand, the HPLC analysis of  $\beta$ -carotene showed that it constituted 15.2 % of the algal extract (Fig. 6).

The GC/MS analysis of the fatty acid methyl esters showed the presence of ten fatty acids as shown in Table 4. Lauric acid was the most abundant fatty acid (33.78 %) followed by palmitic (21.12%) and palmitoleic acids (11.14%).



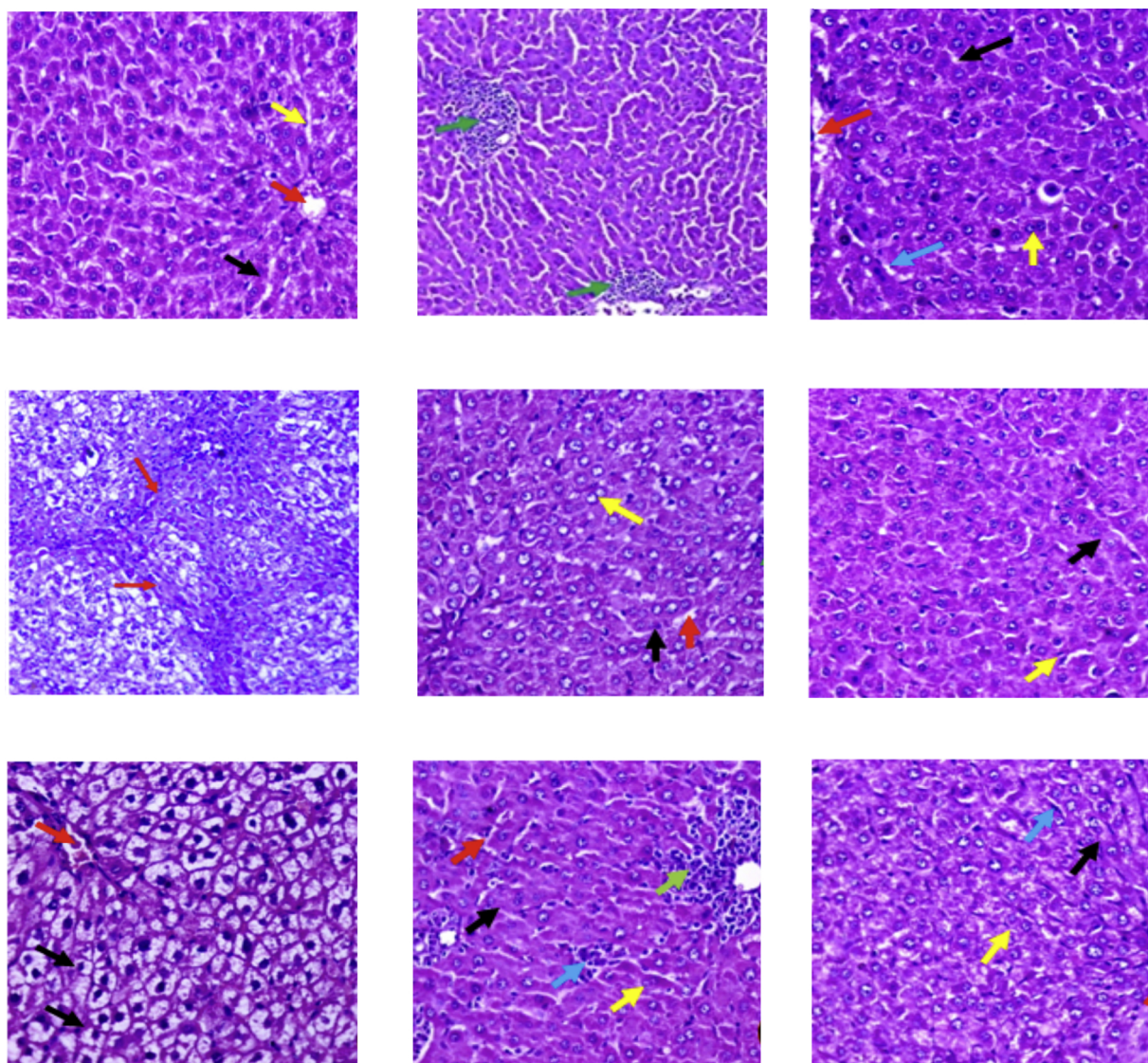


Fig. 4. liver section from A. normal control group; B. TAA group; C. Silymarin group; D. *D. salina* Powder (12.5 mg/kg) group; E. *D. salina* Powder (25 mg/kg) group; F. *D. salina* Powder (50 mg/kg) group; G. *D. salina* Extract (12.5 mg/kg) group; H. *D. salina* Extract (25 mg/kg) dose; I. *D. salina* Extract (50 mg/kg) group (H&E;x 400).

## 6. Discussion

Microalgae have become a source of various vital pharmaceutical products that are used for cardiac diseases, osteoarthritis, and asthma [31]. Microalgal products of high therapeutic value, as carotenoids viz.,  $\beta$ -carotene and astaxanthin, and omega fatty acids viz., eicosapentaenoic acid and docosahexaenoic acid (DHA), act as potent antioxidants in nutraceuticals and foods [32]. In the present study, the effect of *D. salina* on TAA-induced hepatic fibrosis in rats was investigated for the first time.

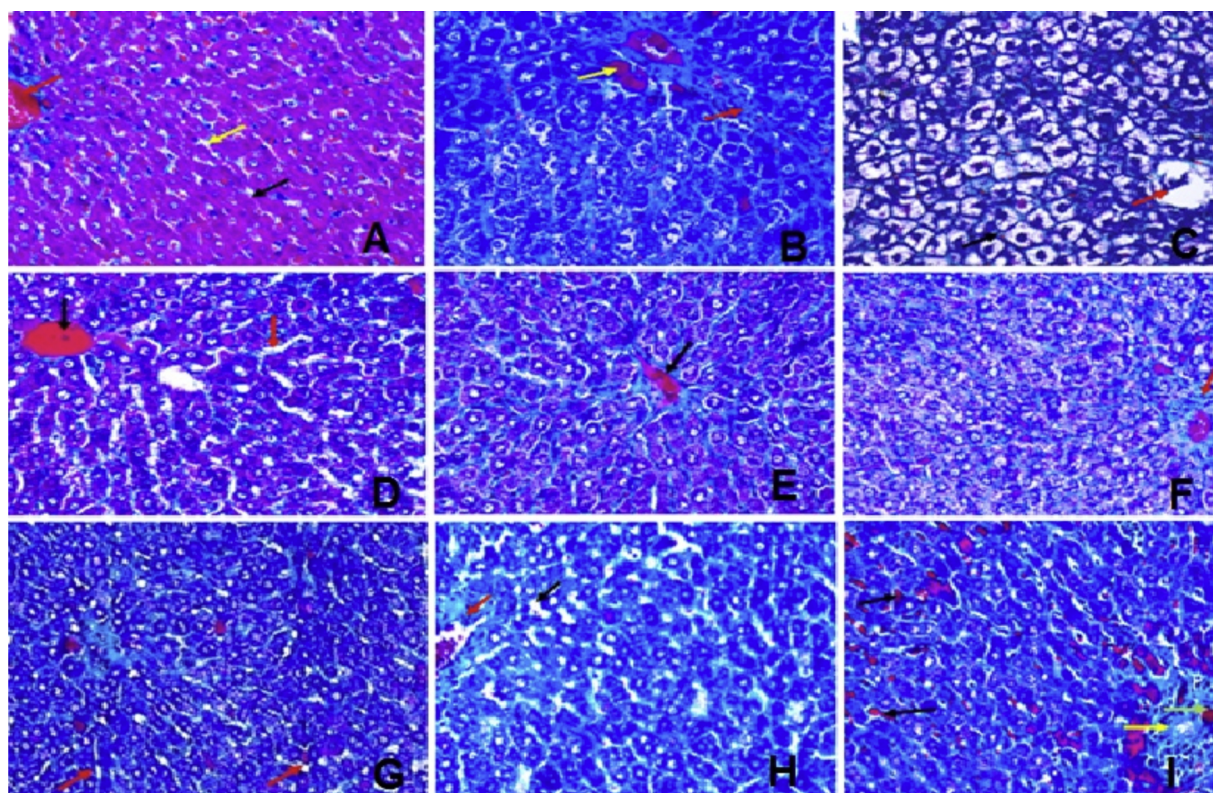
Fibrosis is considered a world wide major health hazard causing individual disability due to sustained cellular injury. It is the implementation of liver damage as manifested in scar formation accompanied by an alteration in liver function [33]. Hence, the discovery of novel source that can protect or halt liver fibrosis is an urgent need. TAA-induced liver fibrosis is a widely used model for liver fibrosis in animals due to the transformation of TAA into TAA sulfoxide by cytochrome P450 provoking oxidative damage to the liver [34]. It damages both zones 1 and 3 hepatocytes with a periportal injury. Additionally, it requires the least animal management and is non invasive [35]. Furthermore, mitochondrial dysfunction and apoptosis were proven to be involved in the TAA model of fibrosis [36]. In order to validate the

protective effect of *D. salina* against the fibrotic effect of TAA, this study included the evaluation of liver function, oxidative stress markers, and fibrotic markers.

In the current work, the liver injury of TAA was revealed by measuring serum liver enzyme levels. Six weeks of TAA treatment induced significant elevations of AST, ALT, ALP, and bilirubin serum levels as well as a reduction of albumin serum level as compared to the normal control group. These results are confirmed by a previous study [37]. AST and ALT, liver enzymes, are released into the blood after hepatic cell damage. ALT is more specific to the liver injury and AST generally correlates to liver damage and cases of cardiac infarction and traumatic muscle injury, moreover, serum ALP and bilirubin levels are linked to hepatic cell function [38]. Albumin levels are likely to be decreased due to the impaired ability of liver cells to synthesize proteins in a chronic liver injury [39].

Treatment with *D. salina* powder or extract showed to be hepatoprotective, as indicated by the reduction of all liver enzymes, especially, treatment with the high dose which resulted in the normalization of the above-mentioned enzyme levels in rats which were comparable with that observed for silymarin. This indicates that *D. salina* powder or extract might be able to provoke the regeneration of liver cells and reducing liver enzyme leakage into the blood. These results are in line



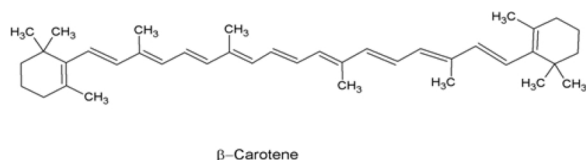


**Fig. 5.** liver section from A. normal control group; B. TAA group; C. Silymarin group; D. *D. salina* Powder (12.5 mg/kg) group; E. *D. salina* Powder (25 mg/kg) group; F. *D. salina* Powder (50 mg/kg) group; G. *D. salina* Extract (12.5 mg/kg) group; H. *D. salina* Extract (25 mg/kg) dose; I. *D. salina* Extract (50 mg/kg) group (Masson Trichrome x400).

**Table 3**

Effect of *D. salina* powder and extract on histopathological changes in the livers of TAA-induced rats.

	Normal control	TAA	Silymarin (50 mg/kg)	<i>D. salina</i> powder (12.5 mg/kg)	<i>D. salina</i> powder (25 mg/kg)	<i>D. salina</i> powder (50 mg/kg)	<i>D. salina</i> extract (12.5 mg/kg)	<i>D. salina</i> extract (25 mg/kg)	<i>D. salina</i> extract (50 mg/kg)
Fibrosis score	0	3	2	2	1	1	1	1	1



**Fig. 6.** Chemical structure of β-carotene of *Dunaliella salina*.

with a previous study that showed that pretreatment with *D. salina* microalga (1000 mg/kg) normalized liver enzyme levels in rats intoxicated with paracetamol [40]. *D. salina* has also been shown to be

safe [41] and exert a hepatoprotective action in carbon tetrachloride-induced liver toxicity via the presence of many forms of carotene and xanthophylls [42].

In the present study, *D. Salina* exhibited antioxidant effects against TAA, mediated by the increase of GSH level and the inhibition of MDA level. GSH has antioxidant and anticarcinogenic tripeptide, thus improving protection against oxidant-induced cell damage [43]. Another study showed that *D. salina* ameliorated corneal oxidative damage provoked by UVB radiation in mice, through the stimulation of antioxidant enzyme activity and the suppression of lipid peroxidation [44]. Our results are in accordance with Sukalingam et al. [45].

**Table 4**

GC/MS analysis of the fatty acid methyl esters of *Dunaliella salina*.

Fatty Acid	Peak no.	Retention time	Common name	Molecular formula	Peak area %
C12(0)	1	11.607	Lauric acid	CH <sub>3</sub> (CH <sub>2</sub> ) <sub>10</sub> COOH	33.78 %
C14(0)	2	16.794	Myristic acid	CH <sub>3</sub> (CH <sub>2</sub> ) <sub>12</sub> COOH	1.72 %
C15(0)	3	18.271	Pentadecylic acid	CH <sub>3</sub> (CH <sub>2</sub> ) <sub>13</sub> COOH	4.15 %
C16(0)	4	20.490	Palmitic acid	CH <sub>3</sub> (CH <sub>2</sub> ) <sub>14</sub> COOH	21.12 %
C16(1)	5	21.565	Palmitoleic acid	CH <sub>3</sub> (CH <sub>2</sub> ) <sub>5</sub> CH = CH(CH <sub>2</sub> ) <sub>7</sub> COOH	11.14 %
C18(0)	6	25.127	Stearic acid	CH <sub>3</sub> (CH <sub>2</sub> ) <sub>16</sub> COOH	7.62 %
C18(1)	7	25.871	Oleic acid	CH <sub>3</sub> (CH <sub>2</sub> ) <sub>7</sub> CH = CH(CH <sub>2</sub> ) <sub>7</sub> COOH	2.80 %
C18(2)	8	26.871	Linoleic acid	CH <sub>3</sub> (CH <sub>2</sub> ) <sub>4</sub> (CH = CHCH <sub>2</sub> ) <sub>2</sub> (CH <sub>2</sub> ) <sub>6</sub> COOH	5.95 %
C18(3)	9	27.959	Linolenic acid	CH <sub>3</sub> CH <sub>2</sub> (CH = CHCH <sub>2</sub> ) <sub>3</sub> (CH <sub>2</sub> ) <sub>6</sub> COOH	8.74 %
C20(0)	10	28.601	Arachidic acid	CH <sub>3</sub> (CH <sub>2</sub> ) <sub>18</sub> COOH	1.64 %

Activation of HSCs was associated with elevations of hepatic contents of  $\alpha$ -SMA and collagen I. In current work, fibrosis induced by TAA was not only reflected by a marked elevation of hepatic contents of  $\alpha$ -SMA and collagen I but also was notable through histopathological alterations. These results were confirmed by another study, which showed that the injection of TAA increased hepatic expression of fibrosis-related genes including  $\alpha$ -SMA, TGF- $\beta$ 1, and collagen I [10,46] upregulating ECM deposition [47]. The extent of hepatic fibrosis that was induced by TAA was determined by Masson's trichrome stained area in liver sections as shown in the histopathological examination and confirmed by Koppula et al. [48]. The effect of *D. salina* on TAA-induced liver fibrosis was determined by assessing hepatic contents of  $\alpha$ -SMA, collagen I and histopathologic examinations.  $\alpha$ -SMA and collagen I hepatic contents were declined in rats treated with *D. salina* powder or extract ameliorating ECM accumulation induced by TAA. Additionally, the histopathological examination asserted the antifibrotic effect of *D. salina* as evidenced by the preservation of hepatic lobular architecture and the absence of interlobular fibrous septa as compared to the TAA-treated group. Treatment with silymarin didn't change  $\alpha$ -SMA and collagen I hepatic contents and didn't attenuate ECM accumulation due to its poor bioavailability, where only 20–50 % of its oral administration is absorbed from the gastrointestinal tract [49].

The phytochemical analysis of the bioactive extract of *D. salina* revealed a high content of carotenoids especially  $\beta$ -carotene that has a lot of benefits as in liver disease and cancer [50]. It also revealed the presence of unsaturated fatty acids which may contribute to the antioxidant activity of the extract and in other studies has therapeutic effects in reproductive dysfunction [51] and in cancer [52]. Previous work of our team isolated zeaxanthin from the bioactive extract of *D. salina* [53]. Zeaxanthin; a xanthophyll that accumulates in the retina of the human eye and protects the retinal structures from light-induced damage, is also known for its potent antioxidant activity [54].

## 7. Conclusion

*D. salina* powder and extract showed pronounced protective activity against TAA-induced liver fibrosis via ameliorating ECM accumulation and decreasing  $\alpha$ -SMA and collagen I. The effect was dose-dependent since 50 mg of powder and 25 mg of extract exerted the utmost protective effect. These results suggest that *D. salina* may be used as an effective hepatoprotective agent for the hepatic fibrosis. Further experimental and clinical trials examining the therapeutic effects of *D. salina* as anti-fibrotic animals and patients with liver fibrosis are proceeding.

## Transparency document

The [Transparency document](#) associated with this article can be found in the online version.

## Declaration of Competing Interest

The authors declare no conflict of interest.

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