

# Importance of sodium-glucose cotransporter 2 inhibitor use in diabetic patients with acute heart failure

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## Abstract

**Background:** It is known that once heart failure occurs in older patients with diabetes, the overall prognosis is extremely poor. We investigated whether early initiation of SGLT2 inhibitor therapy after admission was beneficial for diabetic patients requiring inpatient treatment for acute heart failure.

**Methods:** We retrospectively assessed consecutive patients with comorbid diabetes who were admitted to the Department of Cardiology in Tosei General Hospital for treatment of acute heart failure. Patients were divided into two groups: those who initiated SGLT2 inhibitor therapy (SGLT2 inhibitor group; mean age:  $73 \pm 9$  years) and those who did not receive the inhibitors during hospitalization (conventional treatment group; mean age:  $75 \pm 10$  years).

**Results:** No intergroup differences were observed in the distribution of either the severity or classes of heart failure on admission. Glycosylated hemoglobin levels were significantly higher in the SGLT2 inhibitor group (HbA1c:  $8.1\% \pm 0.8\%$ ) than in the conventional treatment group (HbA1c:  $7.1\% \pm 0.8\%$ ) ( $p=0.003$ ). After admission, patients in both groups recovered equally well, and in almost the same period of time, before discharge. The rate of diuretics use at the time of discharge in the SGLT2 inhibitor group ( $n=8$ , 67%) was significantly lower than that in the conventional treatment group ( $n=19$ , 100%) ( $p=0.016$ ). In particular, the dose of loop diuretics in the conventional treatment group was  $34 \pm 4$  mg/day while that in the SGLT2 inhibitor group was significantly lower at  $13 \pm 5$  mg/day ( $p=0.008$ ). During hospitalization, the incidence of acute kidney injury was significantly higher in the conventional treatment group ( $n=11$ , 58%) than in the SGLT2 inhibitor group ( $n=2$ , 16%) ( $p=0.031$ ).

**Conclusions:** For the treatment and management of heart failure in patients with diabetes, early initiation of SGLT2 inhibitor therapy appears to be effective.

**Keywords:** acute kidney injury, diabetes mellitus, heart failure, SGLT2 inhibitor

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## Introduction

In developed countries, the number of patients with type 2 diabetes mellitus is steadily increasing. The progression of this pathological condition, accompanied by concomitant cardiovascular disease, markedly impairs patient prognoses. This is particularly true among individuals aged 65 years or older.<sup>1,2</sup> Approximately 20–40% of aged individuals who have type 2 diabetes

experience concomitant heart failure, and the presence of type 2 diabetes itself is a risk factor for the subsequent development of heart failure.<sup>2,3</sup> Additionally, it is known that once heart failure occurs in older patients with diabetes, the overall prognosis is extremely poor.<sup>2</sup> Thus, for older patients with diabetes, it is important to design therapeutic strategies with early reduction in the risk of heart failure in mind.

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Sodium-glucose cotransporter 2 (SGLT2) inhibitors are recently developed antidiabetic agents that act on the proximal renal tubules to promote urinary glucose excretion and to lower blood glucose levels by inhibiting SGLT2s, which are responsible for the reabsorption of glucose from the urine.<sup>4,5</sup> Because of this underlying mechanism, these inhibitors may affect blood glucose levels, body weight, blood pressure, and serum lipid levels as well as increase diuresis, and improve pancreatic and renal function. According to recent reports from the Empagliflozin Cardiovascular Outcome Event Trial in Type 2 Diabetes Mellitus Patients-Removing Excess Glucose (EMPA-REG OUTCOME) and the Canagliflozin Cardiovascular Assessment Study (CANVAS), SGLT2 inhibitors were found to be effective for medium- and long-term inhibition of major adverse cardiovascular events and the progression of renal dysfunction.<sup>6-9</sup> In particular, the incidence of heart failure necessitating hospitalization during the follow-up period was reduced substantially by the administration of SGLT2 inhibitors. Thus, SGLT2 inhibitors are expected to act as antidiabetic agents that are also effective in the prevention of cardiovascular events including heart failure. However, because of the mechanism of action of SGLT2 inhibitors, patients being administered these drugs should be carefully monitored for urinary tract infection, dehydration, stroke, ketoacidosis, and other adverse health conditions.<sup>10,11</sup> Caution is particularly required when these drugs are administered to older people, who are less likely to notice dehydration symptoms.<sup>12</sup>

We recently assessed the safety and efficacy of SGLT2 inhibitors in older Japanese patients (mean age, 73 years) with diabetes who also had underlying cardiovascular disease.<sup>13</sup> Because no signs of dehydration were observed during 6 months of SGLT2 inhibitor administration, the results of that study confirmed that the inhibitors exerted a favorable hypoglycemic effect. In the present study, we investigated whether early initiation of SGLT2 inhibitor therapy after admission was beneficial for diabetic patients requiring inpatient treatment for acute heart failure.

## Materials and methods

### *Study population*

This is a retrospective study conducted at a single center, not a randomized trial. We retrospectively

assessed consecutive patients with comorbid diabetes who were admitted to the Department of Cardiology in Tosei General Hospital for treatment of acute heart failure. The enrollment period for these patients was between January and December of 2017. All patients were diagnosed on the basis of the Framingham criteria.<sup>14</sup> Patients were also classified according to the New York Heart Association (NYHA) Functional Class and Clinical scenario rubrics.<sup>15</sup> The study included patients aged 18 years or more at the time of presentation to the emergency center with at least one symptom (respiratory discomfort or orthopnea) and one clinical sign (pedal edema, engorged jugular vein, or pulmonary congestion on radiographs) and required hospitalization. A medical history was obtained to document the etiology and severity of their heart failure, as well as additional symptoms, medications, and comorbid diseases. Routine laboratory results [e.g. for red blood cell count, hemoglobin (Hb), hematocrit (Hct), glycosylated hemoglobin (HbA1c), blood urea nitrogen (BUN), creatinine (Cre), glomerular filtration rate (GFR), and brain natriuretic peptide (BNP)] and concomitant cardiac medications were recorded. For assessment of loop diuretic doses, 30 mg of azosemide or 4 mg of torasemide was considered to be equivalent to 20 mg of furosemide. The following patients were excluded: those aged 90 years or older, those with clinical scenarios 4 and 5, those with end-stage renal failure who were also on dialysis, those with comorbid cancer, those who died from an infection or other cause during hospitalization, and those who received oral SGLT2 inhibitors before admission. Written informed consent was obtained from each patient, and the study was approved by the ethics committee of Tosei General Hospital (No 698: 2018/07/30).

### *Study groups and the length of follow up*

On admission, the additional prescription of SGLT2 inhibitors was considered for patients with comorbid, poorly controlled diabetes. Specifically, administration of SGLT2 inhibitors was initiated in patients with an HbA1c level of 6.5 or higher who consented to the additional prescription of SGLT2 inhibitors within 24 h of admission. Namely, patients were divided into two groups: those who initiated SGLT2 inhibitor therapy (SGLT2 inhibitor group) and those who did not receive the inhibitors during

hospitalization (conventional treatment group). The assignment to treatment groups was based on routine clinical care at the hospital. The hospital stay length was defined as the length of follow up, because this study aimed to assess the impact of the selection of drugs for acute-phase treatment on the incidence of acute kidney injury (AKI) and diuretic doses.

#### *Biomarker analyses*

Blood samples were obtained at each outpatient visit. Complete blood counts were performed using a Sysmex XE-5000 hematology analyzer (Sysmex, Kobe, Japan). Biochemical data were measured using a LABOSPECT 008 automatic analyzer (Hitachi Co., Tokyo, Japan). Estimated GFR (eGFR) levels were calculated using the CKD-EPI (Chronic Kidney Disease Epidemiology Collaboration).<sup>16</sup>

#### *Echocardiography*

Echocardiographic examination was performed by an experienced sonographer using Vivid E9 with XD clear (GE Healthcare, Tokyo, Japan). The images were recorded in Console and analyzed offline. The left ventricular ejection fraction (LVEF) was calculated using a modified version of Simpson's rule.<sup>13</sup> HFrEF (heart failure with reduced ejection fraction), HFpEF (heart failure with preserved ejection fraction), or HFmrEF (HF with mid-range ejection fraction) was defined according to the AHA and ESC guidelines.<sup>17,18</sup>

#### *Definition of acute kidney injury*

AKI was defined according to the Kidney Disease Improving Global Outcomes (KDIGO) criteria as an increase in a serum Cre levels by 0.3 mg/dl or higher within 48h, or to a level at least 0.5 times higher than reference levels within 7 days, or a recorded urinary output of 0.5 ml/kg/h or less for 6 or more hours.<sup>19</sup>

#### *Statistical analyses*

All analyses were performed using PASW Statistics 18 software (SPSS Inc., Chicago, IL, USA). The Fisher exact test was used to compare the two groups. Continuous variables were compared using a *t* test and presented as means  $\pm$  standard deviation (SD). AKI free survival rate was

determined by a Kaplan–Meier analysis with the log-rank test. In all analyses,  $p < 0.05$  was considered statistically significant.

## Results

### *Baseline characteristics*

During the study period, 31 patients with acute heart failure complicated by type 2 diabetes were admitted. Administration of SGLT2 inhibitors was initiated in patients with an HbA1c level of 6.5 or higher on admission who also consented to the additional prescription of the inhibitors within 24h of admission. There were 12 patients who initiated SGLT2 inhibitor therapy (SGLT2 inhibitor group) and 19 patients who did not receive an inhibitor during hospitalization (conventional treatment group) (Table 1). Oral administration of SGLT2 inhibitors was initiated on average  $17 \pm 15$  h (median, 13h) after admission. Nine patients (75%) received empagliflozin and three patients (25%) received canagliflozin. No patient had to suspend or discontinue use of SGLT2 inhibitors due to side effects during follow-up period.

The mean age on admission was  $75 \pm 10$  years in the conventional treatment group and  $73 \pm 9$  years in the SGLT2 inhibitor group, with no significant difference between the two groups ( $p = 0.623$ ). No significant differences were observed in the male-to-female ratio ( $p = 0.688$ ), body weight ( $p = 0.320$ ), or body mass index ( $p = 0.414$ ) between the two groups. At the time of the initial visit, the severity of heart failure among individuals in the conventional treatment group were classified as: NYHA class II in two patients (10%), III in 7 (37%), and IV in 10 (53%). In the SGLT2 inhibitor group, severity was classified as NYHA class II in two patients (17%), III in 1 (8%), and IV in 9 (75%). According to the classification of clinical scenarios (CSs) in heart failure, the conventional treatment group included 12 patients with CS1 (63%) and 7 with CS2 (37%) while the SGLT2 inhibitor group included 6 with CS1 (50%), 5 with CS2 (42%), and 1 with CS3 (8%). Thus, on admission, no significant differences in distribution of the severity or CS classes of heart failure were observed between the two groups. In addition, no significant differences between the two groups were observed in terms of the prevalence of hypertension ( $p = 0.613$ ), dyslipidemia

**Table 1.** Patient characteristics at baseline.

	Control (n = 19)	SGLT2-I (n = 12)	p value
Age (years)	75 ± 10	73 ± 9	0.623
Male sex [n (%)]	14 (73)	9 (75)	0.688
Body weight (kg)	64 ± 13	62 ± 12	0.320
Body mass index (kg/m <sup>2</sup> )	25 ± 5	24 ± 4	0.414
NYHA classification			
NYHA II	2 (10)	2 (17)	0.507
NYHA III	7 (37)	1 (8)	0.086
NYHA IV	10 (53)	9 (75)	0.194
Clinical scenario (CS)			
CS1	12 (63)	6 (50)	0.470
CS2	7 (37)	5 (42)	0.541
CS3	0 (0)	1 (8)	0.387
Previous history [n (%)]			
Hypertension	18 (95)	12 (100)	0.613
Dyslipidemia	17 (89)	11 (92)	0.648
Chronic kidney disease	17 (89)	10 (83)	0.507
Acute myocardial infarction	5 (26)	4 (33)	0.489
Angina pectoris	7 (37)	6 (50)	0.470
Atrial fibrillation	8 (42)	4 (33)	0.459
Stroke	3 (16)	0 (0)	0.216
ADHF	7 (37)	5 (42)	0.541
Result of blood test			
Hb (g/dl)	12 ± 2	12 ± 2	0.672
Hct (mg/dl)	38 ± 6	38 ± 5	0.789
Cre (mg/dl)	1.3 ± 0.5	1.3 ± 0.3	0.961
eGFR (ml/min/1.73 m <sup>2</sup> )	48 ± 22	45 ± 17	0.666
Na (mEq/l)	140 ± 4	137 ± 4	0.113
K (mEq/l)	4.2 ± 0.6	4.2 ± 0.5	0.910
Cl (mEq/l)	106 ± 3	105 ± 5	0.534
BNP (pg/ml)	681 ± 624	881 ± 1270	0.586
HbA1c (%)	7.1 ± 0.8	8.1 ± 0.8	0.003

*(Continued)*

**Table 1.** (Continued)

	Control (n=19)	SGLT2-I (n=12)	p value
Echocardiography			
Ejection fraction (%)	42 ± 18	53 ± 14	0.089
Inferior vena cava (mm)	17 ± 5	17 ± 4	0.826
HFpEF	8 (50)	8 (50)	0.183
HFmrEF	2 (10)	1 (8)	0.672
HFrEF	9 (47)	3 (25)	0.194

ADHF, acute decompensated heart failure; BNP, brain natriuretic peptide; Control, conventional treatment group; eGFR, estimated glomerular filtration rate; NYHA, New York Heart Association; SGLT2-I, SGLT2 inhibitor group.

( $p=0.648$ ), chronic kidney disease ( $p=0.507$ ), myocardial infarction ( $p=0.489$ ), a history of revascularization for angina pectoris ( $p=0.470$ ), atrial fibrillation ( $p=0.459$ ), stroke ( $p=0.216$ ), or a history of hospitalization for acute decompensated heart failure (ADHF) ( $p=0.541$ ). Furthermore, no significant differences were observed between the two groups in levels of Hb, Hct, renal function indices (e.g. Cre, eGFR, and electrolytes), or BNP. Echocardiography further revealed no significant differences in LVEF ( $p=0.089$ ) or in the average diameter of the inferior vena cava ( $p=0.826$ ) between the two groups. The proportions of HFpEF, HFmrEF, and HFrEF patients did not differ between the two groups ( $p=0.183$ ,  $p=0.672$ ,  $p=0.194$ , respectively). HbA1c levels, however, did significantly differ between the groups. In the conventional treatment group, this level was  $7.1\% \pm 0.8\%$ , whereas in the SGLT2 inhibitor group it was significantly higher at  $8.1\% \pm 0.8\%$  ( $p=0.003$ ).

#### *Clinical course during hospitalization*

The average hospital stay length was  $20 \pm 12$  days in the conventional treatment group and  $18 \pm 11$  days in the SGLT2 inhibitor group. These values were not significantly different ( $p=0.512$ ) (Table 2). At discharge, the severity of heart failure in the conventional treatment group was a NYHA class I in 17 patients (89%) and II in 2 (11%). In the SGLT2 inhibitor group, 10 patients were classified as NYHA class I (83%) and 2 as class II (17%). No significant differences were observed between the two groups in Hb or

Hct levels, or renal function indices (e.g. Cre, eGFR and electrolytes) at the time of discharge. Moreover, no significant differences between the two groups were observed in the duration of oxygen therapy during hospitalization or in the number of patients who required intravenous injection of catecholamine or human atrial natriuretic peptide. Thus, patients in both groups recovered equally well from heart failure across the same period of time and were discharged to begin outpatient treatment in comparable numbers.

#### *Details of oral drugs used at the time of discharge*

Next, the details of prescription drugs used at the time of discharge were compared and analyzed between the conventional treatment and SGLT2 inhibitor groups (Table 3). No significant difference in the use of RAS inhibitors ( $p=0.226$ ), beta-blockers ( $p=0.281$ ), or calcium channel blockers ( $p=0.459$ ) was found between the two groups. There were also no differences in the use of either statins or antidiabetic agents, other than SGLT2 inhibitors, between the two groups. In contrast, rates of diuretic and aldosterone blocker use were significantly lower in the SGLT2 inhibitor group than in the conventional treatment group ( $p=0.016$  and  $p=0.032$ , respectively). There were no differences in the use of tolvaptan between the two groups. Prescribed doses of loop diuretics at the time of discharge were also noted. Diuretic dose in the conventional treatment group ( $34 \pm 4$  mg/d) was significantly greater than in the SGLT2 inhibitor group ( $13 \pm 5$  mg/d) ( $p=0.008$ ).

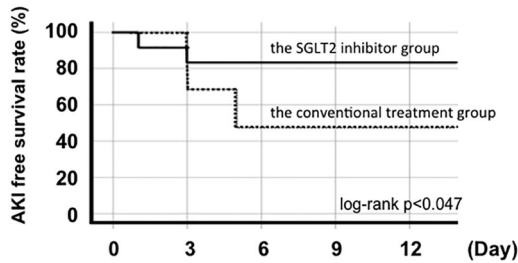
**Table 2.** Patient characteristics at discharge.

	Control (n=19)	SGLT2-I (n=12)	p value
Length of hospital stay (days)	20 ± 12	18 ± 11	0.512
NYHA classification			
NYHA I	17 (89)	10 (83)	0.672
NYHA II	2 (11)	2 (17)	0.672
Hb (g/dl)	12 ± 2	13 ± 3	0.280
Hct (mg/dl)	37 ± 5	39 ± 8	0.261
Cre (mg/dl)	1.3 ± 0.5	1.4 ± 0.4	0.921
eGFR (ml/min/1.73m <sup>2</sup> )	45 ± 20	41 ± 16	0.634
Na (mEq/l)	139 ± 4	138 ± 4	0.192
K (mEq/l)	4.2 ± 0.4	4.3 ± 0.4	0.082
Cl (mEq/l)	103 ± 4	105 ± 4	0.366
Control, conventional treatment group; eGFR, estimated glomerular filtration rate; NYHA, New York Heart Association; SGLT2-I, SGLT2 inhibitor group.			

**Table 3.** Concomitant medication at discharge.

	Control (n=19)	SGLT2-I (n=12)	p value
RAS inhibitor [n (%)]	14 (74)	11 (92)	0.226
Beta-blocker [n (%)]	17 (89)	9 (75)	0.281
Calcium channel blockers [n (%)]	8 (42)	4 (33)	0.459
Statin [n (%)]	13 (68)	6 (50)	0.258
DPP-4 inhibitor [n (%)]	15 (79)	8 (67)	0.362
α-Glucosidase inhibitor [n (%)]	9 (47)	2 (17)	
Metformin [n (%)]	4 (21)	0 (0)	0.123
Sulfonylurea [n (%)]	3 (16)	0 (0)	0.216
Glinide [n (%)]	4 (21)	3 (25)	0.086
Pioglitazone [n (%)]	0 (0)	0 (0)	–
Insulin [n (%)]	2 (11)	1 (8)	0.653
Diuretics [n (%)]	19 (100)	8 (67)	0.016
Aldosterone blockers [n (%)]	11 (57)	2 (17)	0.032
Tolvaptan [n (%)]	9 (47)	3 (25)	0.194
Dose of loop diuretics (Furosemide-equivalent dose, mg)	33 ± 4	13 ± 5	0.008
Control, conventional treatment group; DPP: dipeptidyl peptidase; RAS: renin-angiotensin system; SGLT2-I, SGLT2 inhibitor group.			





**Figure 1.** Kaplan–Meier estimate of the time to AKI free survival rate. AKI, acute kidney injury.

### Events during hospitalization

Finally, clinical events during hospitalization were compared and analyzed between the conventional treatment and SGLT2 inhibitor groups. No cardiovascular events, including acute myocardial infarction or stroke, occurred in either group. Moreover, no incidence of hypoglycemic episodes or ketoacidosis, which are associated with antidiabetic treatment, occurred in either group. According to the KDIGO criteria, AKI was diagnosed in 11 patients in the conventional treatment group (58%) and two patients in the SGLT2 inhibitor group (16%). The incidence of AKI was significantly lower in the SGLT2 inhibitor group ( $p = 0.031$ ). Furthermore, Kaplan–Meier analysis demonstrated that patients in the SGLT2 inhibitor group had significantly higher AKI free survival rate compared with those in the conventional treatment group (log-rank  $p < 0.047$ ) (Figure 1).

### Discussion

In the present study, we assessed whether early initiation of SGLT2 inhibitor therapy was effective for the treatment and management of heart failure in diabetic patients requiring inpatient treatment. The conventional treatment group included 19 patients with a mean age of 75 years, and the SGLT2 inhibitor group included 12 patients with a mean age of 73 years. Diabetic patients were compared and analyzed. Early initiation of SGLT2 inhibitor therapy after the onset of acute heart failure allowed for less diuretic use and reduced loop diuretic doses. Furthermore, the use of SGLT2 inhibitors contributed significantly to the prevention of AKI during treatment. According to recent reports from the EMPA-REG OUTCOME and CANVAS trials, administration of SGLT2 inhibitors prevents hospitalization for heart failure and

the progression of renal dysfunction.<sup>6–9</sup> Thus, the results of the present study are consistent with those of these other, larger-scale trials.

In the treatment of heart failure, a bolus injection of loop diuretics has been reported to be a potential factor for poor prognosis of heart failure.<sup>20–22</sup> However, to control intractable heart failure, the use of loop diuretics and increases in their doses are necessary under present circumstances.<sup>23</sup> In the present study, heart failure was well controlled with extremely low doses of loop diuretics in the SGLT2 inhibitor group. Upon recovery from heart failure and subsequent discharge, the mean doses of loop diuretics were 34 mg/day in the conventional treatment group and 13 mg/day in the SGLT2 inhibitor group. Because early, first-line use of SGLT2 inhibitor therapy for heart failure preserves the option of later treatment *via* diuretic dose increases, this therapy may be beneficial for the medium- and long-term clinical management of heart failure.

AKI has been known as a predictor of cardiovascular disease prognosis.<sup>24–26</sup> It has also been reported that, despite recovery from transient pathological conditions, renal dysfunction gradually progresses and sometimes results in end-stage renal failure.<sup>27</sup> In addition, AKI-complicating acute heart failure aggravates heart failure and further impairs circulation.<sup>24–26</sup> In such cases, the prognosis is extremely poor. Because the incidence of AKI is very high among patients admitted for heart failure (approximately 40%), the prevention of AKI's development is a critical issue in the treatment and management of acute heart failure.<sup>28</sup>

In terms of AKI prevention, the efficacy of loop diuretics has also been questioned.<sup>29</sup> Because there are reports that the use of loop diuretics increases the incidence of AKI, many nations' guidelines do not recommend the use of loop diuretics except for when they are used to correct fluid overload.<sup>19,30,31</sup>

In the EMPA-REG OUTCOME and CANVAS trials, SGLT2 inhibitors were found to be more effective at preventing the progression of diabetic nephropathy than were conventional treatments.<sup>7,9</sup> Moreover, the results of a meta-analysis suggest that the administration of SGLT2 inhibitors may prevent the long-term development of AKI.<sup>32</sup> Similarly, in the present study, the

incidence of AKI during hospitalization for heart failure was significantly lower in the SGLT2 inhibitor group. Thus, early initiation of SGLT2 inhibitor therapy in the management of heart failure may be an extremely effective strategy for the prevention of AKI.

Tissue perfusion injury secondary to heart failure reduces blood flow in the renal arteries. It is further understood that, when the kidneys detect circulatory disturbances, reabsorption of sodium and water by the renal tubules is enhanced.<sup>33</sup> In this circumstance, sodium-potassium-chloride-adenosine-triphosphatase and renal tubule sodium-chloride-adenosine-triphosphatase pump hyperactivity eventually aggravates the hypoxic environment surrounding the renal tubules.<sup>34</sup> In addition to the hyperactivity of these pumps, the activity of the sodium-potassium-adenosine-triphosphatase pump around the proximal renal tubules is also enhanced in diabetic patients. As a consequence of this, the hypoxic state is aggravated and renal tubular injury is aggravated. SGLT2 inhibitors may ameliorate such proximal renal tubular injury and thus exert renoprotective effects.<sup>35</sup> The prevention of AKI by using SGLT2 inhibitors, as seen in the present study, may be attributable to these inhibitors' direct inhibitory effects on renal tubular injury and titration of loop diuretic doses.

There was no difference in the levels of eGFR between the two groups, although the rate of AKI occurrence was significantly different. As one of the reasons, it is suggested that we have only observed a short-term effect of SGLT2 inhibitor in diabetic patients with acute heart failure. SGLT2 inhibitors often induce an initial decrease in eGFR in patients with type2 diabetes. The acute GFR lowering effect of SGLT2 inhibitor relates to the contribution of SGLT2 to the primary tubular hyper-reabsorption in the diabetic kidney that secondarily causes glomerular hyperfiltration.<sup>36,37</sup> On the other hand, AKI is observed in patients with hypovolemia treated with high dose of furosemide or other diuretics.<sup>36,37</sup>

Our study has several limitations. This is a retrospective study conducted at a single center, not a randomized trial. The sample size was relatively small. In the future, prospective studies are warranted to validate these findings in a larger population. Meanwhile, an analysis using the G\*power

software was performed to calculate the sample size required to yield a significant correlation in the incidence of AKI between the conventional treatment group and the SGLT2 inhibitor group. Further, the sample size of this study was confirmed to be appropriate (total sample size: 16, actual power: 0.95). In addition, few studies have reported an association between the use of SGLT2 inhibitors and doses of loop diuretics during treatment of acute heart failure. In this study, early initiation of SGLT2 inhibitor therapy after the onset of acute heart failure contributed to a reduction in the doses of loop diuretics to approximately one third. Furthermore, there are few reports on the association between the use of SGLT2 inhibitors and incidence of AKI during treatment of acute heart failure. In this study, the incidence of AKI was significantly lower in the SGLT2 inhibitor group than that in the conventional treatment group. Despite the small sample size, we consider this study to be significant because it provides new findings regarding acute-phase treatment for heart failure.

### Conclusion

The present study demonstrated that the use of SGLT2 inhibitors was safe and effective in diabetic patients who required inpatient treatment for acute heart failure. Early initiation of SGLT2 inhibitor therapy after the onset of acute heart failure reduced the doses of loop diuretics that these patients required and contributed to greater prevention of AKI. For the treatment and management of heart failure in diabetic patients, early initiation of SGLT2 inhibitor therapy appears to be effective.

### Author contributions

T.K., R.S., T.M. and M.A. designed and carried out the studies. T.K., H.O., H.A. and M.A. analyzed the data. R.S. wrote the paper.

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### Conflict of interest statement

The authors declared no conflict of interest.

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## Data availability

The data used to support the findings of this study are available from the corresponding author upon request.

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