

A Trial of a Single-tablet Regimen of Elvitegravir, Cobicistat, Emtricitabine, and Tenofovir Disoproxil Fumarate for the Initial Treatment of Human Immunodeficiency Virus Type 2 Infection in a Resource-limited Setting: 48-Week Results From Senegal, West Africa

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Background. There is an urgent need for safe and effective antiretroviral therapy (ART) for human immunodeficiency virus type 2 (HIV-2) infection. We undertook the first clinical trial of a single-tablet regimen containing elvitegravir, cobicistat, emtricitabine, and tenofovir disoproxil fumarate (E/C/F/TDF) to assess its effectiveness in HIV-2–infected individuals in Senegal, West Africa.

Methods. HIV-2–infected, ART-naïve adults with World Health Organization stage 3–4 disease or CD4 count <750 cells/μL were eligible for this 48-week, open-label trial. We analyzed HIV-2 viral loads (VL), CD4 counts, clinical and adverse events, mortality, and loss to follow-up.

Results. We enrolled 30 subjects who initiated E/C/F/TDF. Twenty-nine subjects completed 48 weeks of follow-up. The majority were female (80%). There were no deaths, no new AIDS-associated clinical events, and 1 loss to follow-up. The median baseline CD4 count was 408 (range, 34–747) cells/μL, which increased by a median 161 (range, 27–547) cells/μL at week 48. Twenty-five subjects had baseline HIV-2 VL of <50 copies/mL of plasma. In those with detectable HIV-2 VL, the median was 41 (range, 10–6135) copies/mL. Using a modified intent-to-treat analysis (US Food and Drug Administration Snapshot method), 28 of 30 (93.3%; 95% confidence interval, 77.9%–99.2%) had viral suppression at 48 weeks. The 1 subject with virologic failure had multidrug-resistant HIV-2 (reverse transcriptase mutation: K65R; integrase mutations: G140S and Q148R) detected at week 48. There were 8 grade 3–4 adverse events; none were deemed study related. Adherence and acceptability were good.

Conclusions. Our data suggest that E/C/F/TDF, a once-daily, single-tablet-regimen, is safe, effective, and well tolerated. Our findings support the use of integrase inhibitor–based regimens for HIV-2 treatment.

Clinical Trials Registration. NCT02180438.

Keywords. HIV-1; HIV-2; ART; sub-Saharan Africa; integrase inhibitor.

Human immunodeficiency virus type 2 (HIV-2) is endemic in West Africa, with limited global spread primarily to countries with socioeconomic ties to the region [1–3]. There are an estimated 1–2 million HIV-2–infected individuals worldwide, including those dually infected with both human immunodeficiency virus type 1 (HIV-1) and HIV-2 [4–6]. Compared to

HIV-1, the natural history of HIV-2 infection is characterized by a much longer asymptomatic stage, significantly lower plasma viral loads (pVLs), slower decline in CD4 cell count, lower mortality rate due to AIDS, lower rates of mother-to-child transmission, and lower rates of genital shedding and sexual transmission [7–16]. The reasons for these differences between HIV-1 and HIV-2 have yet to be fully explored.

Despite its lower virulence, a significant proportion of HIV-2–infected individuals progress to AIDS and may benefit from antiretroviral therapy (ART). In contrast to the significant amount of science and clinical experience guiding treatment of HIV-1 in developed and low- and middle-income countries [17, 18], little is known about ART directed against HIV-2. To date there has not been a single randomized clinical trial of ART for HIV-2 infection [2, 19], even though it has been >3 decades since the discovery of HIV-2 [20] and >2 decades since

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the landmark studies showed the benefit of highly active ART for people infected with HIV-1 [21–23]. Currently, 6 different classes of antiretrovirals (ARVs) are approved for treatment of HIV-1 (nucleoside/nucleotide reverse transcriptase inhibitors [NRTIs], nonnucleoside reverse transcriptase inhibitors [NNRTI], protease inhibitors [PIs], fusion inhibitors, CCR5-coreceptor entry inhibitors, and integrase inhibitors [INIs]), of which 4 show at least some in vitro activity against HIV-2 [24–33]. HIV-2 is intrinsically resistant to NNRTIs and the fusion inhibitor enfuvirtide (T-20) [24, 25, 34]. HIV-2 also exhibits intrinsic resistance to several HIV-1 PIs, with most studies indicating that saquinavir, lopinavir, and darunavir are the only potent PI against HIV-2 replication; however, PI cross-resistance is frequent [33, 35]. The INIs (raltegravir, elvitegravir, and dolutegravir) are highly potent against HIV-2 isolates [30, 31, 36, 37].

National and international guidelines [17, 18, 38, 39] for ART for HIV-2 infection are primarily based on cohort studies, small case series, individual case reports, in vitro data, and extrapolation from HIV-1. As is true for HIV-1, triple-NRTI regimens appear to be inferior to boosted PI-based regimens (ie, 2 NRTIs plus a PI) [40–42]. The most experience in treating HIV-2-infected individuals is with a fixed-dose combination of lopinavir/ritonavir plus 2 NRTIs (typically azidothymidine and lamivudine [3TC]), with HIV-2 viral suppression rates and CD4 count increases often substantially less than those seen in HIV-1 [42–44].

Anecdotal evidence from published case reports and clinical series of combination ARV regimens containing INIs suggest potential utility for treating HIV-2 infection [32, 45–50]. Overall, current ARV regimens for HIV-2 infection are suboptimal and substantially less effective than those for HIV-1, and new ART options for HIV-2 infection are urgently needed. We report the first trial of elvitegravir, cobicistat, emtricitabine, and tenofovir disoproxil fumarate (E/C/F/TDF; Stribild, Gilead Sciences), an INI-based, single-tablet regimen, in HIV-2-infected, ARV-naive adults living in Senegal, West Africa.

METHODS

The trial was conducted at the Service des Maladies Infectieuses et Tropicales, Ibrahima Diop Mar, Centre Hospitalier National Universitaire de Fann, Université Cheikh Anta Diop de Dakar, Senegal. The trial was approved by the University of Washington Institutional Review Board (IRB00005647; FWA00006878) and the Senegal Ethics Committee (IRB00002659; FWA00002691); all participants provided written informed consent. The trial was registered at ClinicalTrials.gov (NCT02180438). HIV-2-infected, ART-naive adults with World Health Organization (WHO) stage 3 or 4 disease [17] or CD4 counts <750 cells/μL were eligible for this open-label trial, with planned enrollment of 30 subjects and follow-up for 48 weeks. Exclusion criteria included HIV-1 or HIV-1/HIV-2 dual

infection, pregnancy or breastfeeding, CD4 count >750 cells/μL, known allergy or contraindication to E/C/F/TDF, and/or active tuberculosis (secondary to contraindication of rifampin with E/C/F/TDF). A once-daily fixed-dose combination of elvitegravir (150 mg), cobicistat (150 mg), emtricitabine (200 mg), and tenofovir disoproxil fumarate (300 mg) (ie, E/C/F/TDF) was provided by the manufacturer (Gilead Sciences) and dispensed monthly to study subjects. Individuals with CD4 counts <350 cells/μL were given cotrimoxazole per WHO guidelines [17]. Enrolled subjects were monitored every 4 weeks for clinical and immunovirologic outcomes as well as adverse events (AEs).

For this 48-week analysis, changes in HIV-2 pVL, CD4 cell counts, AEs, all-cause mortality, and loss to follow-up were analyzed. CD4 counts were measured by the point-of-care Alere Pima CD4 test. HIV-2 pVL was measured on the Abbott m2000sp/rt platform (Abbott Molecular Diagnostics) [51]. The limit of quantification of the HIV-2 pVL assay was defined at <10 copies/mL; HIV-2 RNA detection was possible but not quantifiable below this limit [51]. There is considerable debate in the HIV-2 field regarding appropriate endpoints for clinical trials, given that a significant proportion of ART-naive, HIV-2-infected individuals maintain viral control and have undetectable or very low pVLs, and would meet HIV-1 criteria for “viral suppression” or “elite control” (<50 copies/mL) without ART [2, 19]. Given the potential problems involved with using only HIV-2 viral control/suppression at the primary biomarker endpoint, we used multiple prespecified endpoints, and these are reported independently. We used a modified intent-to-treat (mITT) analysis with noncompleter or missing data equal to failure, as well as the 48-week US Food and Drug Administration (FDA) Snapshot method, to define virologic failure. Prespecified primary outcomes were: death or new WHO stage 3 or 4 event or virologic failure (FDA Snapshot [HIV-2 pVL >50 and >400 copies/mL]) at 48 weeks. Prespecified secondary outcomes were grade 3 or 4 AEs (using the National Institute of Allergy and Infectious Diseases, Division of AIDS criteria), CD4 T-cell count at 48 weeks less than baseline, <50 cells/μL CD4 T-cell increase at 48 weeks from baseline, switching off E/C/F/TDF prior to 48 weeks, and/or development of drug resistance mutations to tenofovir disoproxil fumarate, emtricitabine, or elvitegravir. HIV-2 drug resistance mutations were evaluated in dried blood spot samples in 1 individual with virologic failure as previously described [29, 31]. HIV-2 drug resistance mutations were determined using the Stanford HIV resistance database (<https://hivdb.stanford.edu>) and the HIV-2EU resistance database (<http://www.hiv-grade.de/HIV2EU/deployed/grade.pl?program=hivalg>). Data were recorded on paper case report forms and stored in REDCap (<https://redcap.iths.org>). Statistical analyses were performed using Stata SE 14 software (StataCorp LLC, College Station, Texas). A complete trial protocol is available in the [Supplementary Data](#).

RESULTS

The baseline characteristics of the 30 adult ARV-naive, HIV-2-infected subjects enrolled in the trial are shown in [Table 1](#). The median age was 49 years, and the majority of participants were female. Seven individuals had WHO stage 3 or 4 HIV disease at entry. The median CD4 count was 408 cells/ μ L, with 4 individuals with CD4 counts <200 cells/ μ L, 7 individuals with CD4 counts between 200 and 350 cells/ μ L, 11 individuals with CD4 counts between 351 and 500 cells/ μ L, and 8 individuals with CD4 counts between 501 and 750 cells/ μ L. At study entry, HIV-2 pVL was detectable in 73%. Ten percent of participants were coinfecting with hepatitis B virus.

There were no deaths or new, on treatment, WHO stage 3 or 4 clinical events. There was 1 loss to follow-up/self-withdrawal at week 4.

Using mITT analysis from week 0, CD4 count trajectory over 48 weeks is shown in [Figure 1](#), and CD4 count increases from study entry (overall and stratified by CD4 count at entry) for those participants who completed 48 weeks of E/C/F/TDF are shown in [Table 2](#). Of note, there was a median increase of >100 CD4 cells/ μ L over 48 weeks at all strata (<200, 200–350, 351–500, and 501–750 cells/ μ L) of the CD4 count at entry ([Table 2](#)).

Table 1. Characteristics of Antiretroviral-naive Human Immunodeficiency Virus Type 2-infected Subjects Initiating Elvitegravir, Cobicistat, Emtricitabine, and Tenofovir Disoproxil Fumarate

Characteristic	No. (%) or Median (IQR)
Screened	35
Enrolled	30
Female sex	24 (80)
Age, median (range)	49 (24–65)
Year of HIV diagnosis, median (IQR)	2008 (2005–2015)
WHO stage ^a	
1	13 (43.3)
2	9 (30.0)
3	6 (20.0)
4	1 (3.3)
BMI, kg/m ² , median (IQR)	21.3 (18.0–29.0)
CD4 count, cells/ μ L	
Median (range)	408 (34–747)
<200	4 (13.3)
200–350	7 (23.3)
351–500	11 (36.7)
501–750	8 (26.7)
HIV-2 plasma viral load	
Not detected	8 (26.7)
Detected, <10 copies/mL (quantifiable limit)	7 (23.3)
Detected, copies/mL, median (IQR; range) ^b	41 (28–53; 10–6135)
HBsAg positive	3 (10)
Creatinine, mg/dL, median (IQR)	0.8 (0.7–1.0)
Hemoglobin, g/dL median (IQR)	12.3 (10.8–13.4)

Data are presented as No. (%) unless otherwise indicated.

Abbreviations: BMI, body mass index; HBsAg, hepatitis B surface antigen; HIV, human immunodeficiency virus; IQR, interquartile range; WHO, World Health Organization.

^aMissing WHO stage: n = 1.

^bAmong those with quantifiable viral loads.

In addition, CD4 increases were similar irrespective of whether HIV-2 viral load was detectable or undetectable (cutoff <10 copies/mL) prior to initiation of ART (median CD4 count change over 48 weeks: 129 vs 182 cells/ μ L, respectively, $P > .05$; Mann-Whitney U test).

HIV-2 virologic outcomes are shown in [Figure 2](#). We used an mITT analysis of virologic suppression (HIV-2 pVL <50 and <400 copies/mL) of HIV-2-infected patients on E/C/F/TDF over 48 weeks (n = 30), with viral load >50 copies/mL (n = 1 at weeks 36 and 48), noncompleter (n = 1), or missing (week 12, n = 1) equaling failure. Prespecified primary and secondary outcomes are shown in [Table 3](#). The 1 participant with initial virologic failure (HIV-2 pVL = 236 copies/mL at week 36) did not show evidence of INI resistance at week 36 (genotyping for NRTI resistance was attempted but nonobtainable). However, this individual developed multidrug-resistant (MDR) HIV-2 by week 48, with mutations in both reverse transcriptase (K65R) and integrase (G140S + Q148R). These mutations predict high-level NRTI resistance to 3TC/emtricitabine and potential tenofovir disoproxil fumarate and abacavir resistance, as well as pan-INI resistance [52].

E/C/F/TDF was well tolerated, and no clinical AEs were deemed medication-related ([Table 4](#)). Grade 3 or 4 laboratory abnormalities were not common (n = 7; [Supplementary Table 1](#)). The change in creatinine in the 29 subjects who completed 48 weeks was a median of +0.1 mg/dL (interquartile range [IQR], 0–0.3 mg/dL), and total cholesterol increased by a median of 18 (IQR, 1–42) mg/dL. Medication adherence as measured by self-report of pills missed in the last 7 days was generally good (8/29 subjects reported missing between 1 and 22 pills over the course of the study; total reported pills missed = 0.57%).

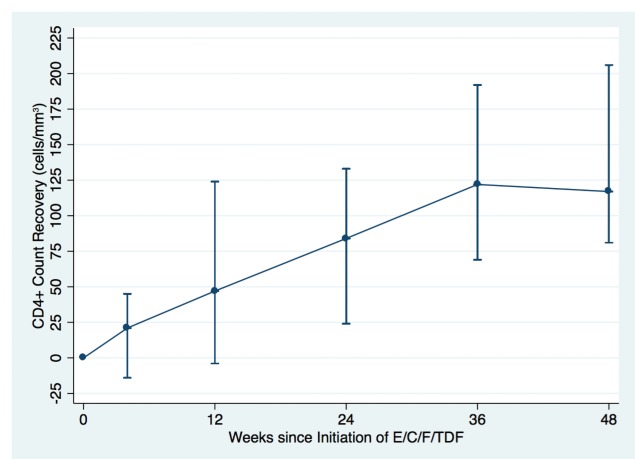


Figure 1. Modified intent-to-treat analysis of CD4 cell count trajectory of human immunodeficiency virus type 2 (HIV-2)-infected patients on elvitegravir, cobicistat, emtricitabine, and tenofovir disoproxil fumarate (E/C/F/TDF) from week 0 to week 48 (n = 29/30). Missing CD4 data at week 0 (n = 1). Bars indicate median CD4 count change from baseline (with interquartile range).

Table 2. Forty-eight-week CD4 Count Trajectory by Baseline CD4 Count at Antiretroviral Therapy Initiation With Elvitegravir, Cobicistat, Emtricitabine, and Tenofovir Disoproxil Fumarate

Baseline ^a CD4 Count, Cells/ μ L	CD4 Increase at 48 wk ^b , Median (Range)
Overall ^c (387; 34–747)	161 (27–547)
<200	121 (64–271)
200–350	161 (58–241)
351–500	111 (36–375)
501–750	195 (27–547)

^aBaseline = screening visit.

^bIn those individuals completing 48 weeks of antiretroviral therapy (n = 29).

^cFor all CD4 count strata.

Overall, acceptability of the regimen was high, as evidenced by the 96.7% study completion rate.

DISCUSSION

Effective first- and second-line ART regimens for HIV-2 infection have not been defined with well-controlled clinical trials, and no ARV drugs are currently approved for treatment of HIV-2 by the FDA or the European Medicines Agency. In our clinical trial of a once-daily single-tablet regimen of E/C/F/TDF in ART-naive, HIV-2-infected adults, there were no on-treatment AIDS-associated clinical events or deaths. HIV-2 virologic control/suppression was maintained or achieved (<50 copies/mL) in 93.3% (95% confidence interval, 77.9%–99.2%) of participants (28/30) at 48 weeks (mITT analysis). A primary endpoint occurred in 1 subject who had virologic failure at 48 weeks. The median CD4 count increase was 161 cells/ μ L in the 29 participants who completed 48 weeks in the study. Two trial

participants meet the secondary endpoint for lack of CD4 count increase of at least 50 cells/ μ L at 48 weeks. Notably, there was no significant difference in CD4 count increase between individuals with vs without detectable HIV-2 pVL (cutoff <10 copies/mL) prior to initiation of E/C/F/TDF (129 vs 182 cells/ μ L, respectively), suggesting that there may be some immunological benefit in treating HIV-2-infected individuals with undetectable viral loads at baseline. Similarly, we observed robust CD4 cell count increases in all strata (<200, 200–350, 351–500, and 501–750 cells/ μ L) of pretreatment CD4 counts, suggesting that early treatment of HIV-2 may also confer some immunologic benefit.

Unfortunately, it is impossible to accurately compare the results of our trial with existing published data on ART outcomes in HIV-2-infected individuals. A recent systematic review of the subject, including 17 reports involving 976 HIV-2-infected patients (none of which were clinical trials) [40], concluded that the available data were insufficient to determine a preferred first-line regimen for HIV-2 infection. In addition, HIV-2 virologic suppression and/or failure rates at 12 months, as well as CD4 cell count trajectories, were often reported in an aggregate manner and were not broken down by individual ARV regimens.

Similarly, it is challenging to directly compare results between HIV-1 and HIV-2. Controlled trials of a single-tablet regimen of E/C/F/TDF in ART-naive, HIV-1-infected patients have demonstrated rates of viral load suppression that are similar to the rate found in our study (~88%–90%), with potentially higher CD4 count gains at 48 weeks of treatment (204–239 cells/ μ L) [53–56]. However, as is typical for HIV-2 infection, a substantial number of individuals in our study had low or undetectable HIV-2 VL prior to initiating ART, confounding direct comparisons of “virologic suppression.” Moreover, several retrospective cohort studies with non-INI-based regimens have also reported less robust CD4 cell count reconstitution in HIV-2-infected patients on ART compared with HIV-1, although these comparisons may have been confounded by differences in patient characteristics and ART regimens [41].

The 1 study participant (3.3%) with virologic failure had evidence of MDR HIV-2, with both NRTI and INI resistance mutations at week 48. Our data suggest that MDR was acquired on treatment with E/C/F/TDF, as the participant’s VL decreased from a pretreatment baseline of 487 copies/mL to undetectable by week 12, with viral rebound at week 36 (236 copies/mL). In addition, the dried blood spot sample from week 36 had no detectable INI-associated mutations, suggesting that MDR HIV-2 became the predominant genotype between weeks 36 and 48 of treatment (we were unable to amplify RT-encoding sequences from this time point to assess NRTI resistance). MDR HIV-2 has also been observed in a substantial number of patients failing initial PI-based regimens [33, 57, 58]. Given the intrinsic resistance of HIV-2 to NNRTI, the low genetic

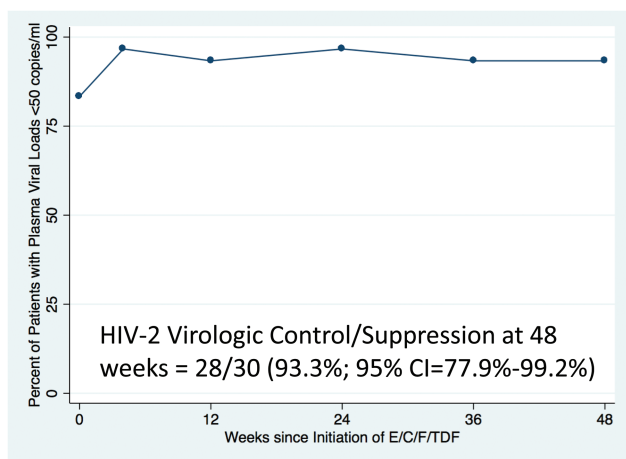


Figure 2. Modified intent-to-treat analysis (with 95% confidence interval [CI]) of virologic suppression (human immunodeficiency virus type 2 [HIV-2] plasma viral load <50 copies/mL) of HIV-2-infected patients on elvitegravir, cobicistat, emtricitabine, and tenofovir disoproxil fumarate (E/C/F/TDF) over 48 weeks (n = 30). Events: HIV-2 >50 copies/mL (weeks 36 and 48, n = 1), noncompleter (n = 1), missing (week 12, n = 1).

Table 3. Prespecified Primary and Secondary Outcome Measures at 48 Weeks After Antiretroviral Therapy Initiation (n = 29^a)

Outcome	No. of Participants
Primary outcome	
Death	0
New WHO stage 3 or 4 event	0
Virologic failure: FDA Snapshot	
HIV-2 plasma viral load	
>50 copies/mL	1 ^b
>400 copies/mL	0
Secondary outcome	
Grade 3 or 4 adverse events	
Clinical	1
Laboratory	7
CD4 T-cell count less than baseline	0
CD4 T-cell increase <50/μL from baseline	2
Switching off E/C/F/TDF	0
HIV-2 drug resistance mutations	1 ^b
	RT = K65R
	IN = G140S, Q148R

Abbreviations: E/C/F/TDF, elvitegravir, cobicistat, emtricitabine, and tenofovir disoproxil fumarate; FDA, US Food and Drug Administration; HIV-2, human immunodeficiency virus type 2; IN, integrase; RT, reverse transcriptase; WHO, World Health Organization.

^aOne participant of the 30 enrolled was lost to follow-up/self-withdrew at week 4.

^bAt virologic failure (week 36), the HIV-2 viral load was 236 copies/mL; data available for integrase only (no drug resistance mutation [DRM] detected); at 48 weeks the same study participant had a HIV-2 viral load = 214 copies/mL and DRM: K65R + G140S/Q148R.

barrier to broad-spectrum NRTI resistance [29, 57], and the potential for cross-resistance among HIV-2–active PI [33, 35], second-line and salvage regimens for patients harboring MDR HIV-2 are severely limited. Although maraviroc appears to have activity against CCR5–tropic HIV-2 strains, testing for tropism is not routinely available, and CXCR4–tropic HIV-2 is commonly observed in individuals failing first-line regimens [32, 50].

Our study has several limitations. Study patients were followed intensively and likely received more care and monitoring than is typically available in Senegal and other resource-limited settings. Our study had a planned enrollment of 30 patients; this relatively small sample size is reflected in the large 95% confidence interval surrounding the estimate of viral suppression. Furthermore, rare AEs were unlikely to have been captured. Last, it should be noted that elvitegravir and cobicistat have the potential for drug–drug interactions with cytochrome P450 CYP3A- and CYP2D6-metabolized drugs. This interaction limits the concurrent use of elvitegravir and cobicistat with

Table 4. Clinical Adverse Events

Adverse Event	Time	Grade	Outcome
Lower limb edema	Week 4	Grade 1	Resolved
Oral candidiasis	Week 4	Grade 1	Resolved (Rx fluconazole)
Vomiting/diarrhea	Week 4	Grade 1	Resolved
Abdominal pain/dyspepsia	Week 28	Grade 1	Resolved
Stroke (CVA)	Week 36–40	Grade 4	Partial improvement

Abbreviations: CVA, cerebrovascular accident; Rx, prescription.

rifampin, thereby complicating treatment of HIV/tuberculosis coinfection, which is endemic in resource-limited settings.

Our findings, together with the forthcoming results from 3 other trials of first-line, INI-based ART for HIV-2 (NCT01605890, NCT02150993, and NCT03224338), will hopefully help define evidence-based guidelines for management of this oft-neglected infection. In addition, our data suggest that there is a potential benefit in treating HIV-2–infected individuals with either low or undetectable viral loads, as well as those with CD4 counts >500 cells/μL. Moreover, extrapolating from the wealth of data from HIV-1 infection, it would not be unreasonable to consider treatment for HIV-2 as soon as individuals are diagnosed and ready to start ART (ie, a “test and treat” approach) as well as for its potential public health benefits, (ie, “treatment as prevention”), with the goal of eventually eradicating HIV-2 from the human population [6].

For too long, outcomes of HIV-2–infected patients on ART in West Africa and other locales have been suboptimal, and new therapeutic options are needed. Our data suggest that E/C/F/TDF, a once-daily single-tablet regimen, is safe, effective, and well tolerated in this population. Our findings support the use of INI-based regimens for HIV-2 treatment. Efforts to make them available in HIV-2–endemic areas should be an urgent priority.

Supplementary Data

Supplementary materials are available at *Clinical Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

Notes

Author contributions. Study design: R. A. S., S. E. H., P. S. S., M. S., G. S. G. Data collection: S. B., D. N. R., F. S., K. F. Data analysis: S. B., D. N. R., R. A. S., S. E. H., G. S. G. Data interpretation: D. N. R., R. A. S., S. E. H., P. S. S., M. S., G. S. G. Manuscript writing: S. B., D. N. R., R. A. S., F. S., S. E. H., P. S. S., M. S., G. S. G. All authors approved the final manuscript.

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