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The established electrocardiographic classification of anterior wall myocardial infarction misguides clinicians in terms of infarct location, extent and prognosis

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Abstract

Background: The currently used scheme for the classification of infarct location and extent in anterior myocardial infarction (MI) is intuitive rather than being evidence‐ based, and recent evidence suggests that it may be misleading both in anatomic and prognostic sense.

Material and Methods: Consecutive patients with the diagnosis of anterior MI were enrolled. All electrocardiograms (ECG) were first classified according to established scheme and then reassessed using newer criteria for angiographic site of occlusion. The site of left anterior descending (LAD) occlusion was determined using multiple angiographic views. Clinic, echocardiographic and angiographic outcomes were compared.

Results: A total of 379 anterior MI cases were enrolled, final study population con‐ sisted of 267 patients. The established scheme did not predict infarct size or adverse outcomes. Location of the myocardium subtended by the occluded coronary net‐ work did not match with the anatomic location as ECG classification implies. Many high-risk patients with proximal LAD were classified as "anteroseptal", whereas the majority of the patients labeled as "extensive anterior MI" had in fact distal occlu‐ sions. On the other hand, expert interpretation was fairly accurate in predicting ad‐ verse outcomes and the site of angiographic involvement.

Conclusion: Classifying patients according to the established scheme neither gives prognostic information nor accurately localizes infarction. It should be regarded as obsolete and its use should be abandoned. Instead, the extent of infarction can be inferred from newer criteria provided by the angiographic correlation studies.

1 | **INTRODUCTION**

Timely reperfusion is a life‐saving therapeutic target in patients with acute anterior myocardial infarction (MI), especially in patients with an extensive area‐at‐risk. The electrocardiogram (ECG) is the most commonly used and readily available diagnostic tool providing an opportunity to describe location and extent of infarction. However, currently used scheme for the classification of infarct location and extent (Table 1) is intuitive rather than being evidence‐based and the recent studies showed that the number or location of chest leads displaying ST‐segment elevation alone does not predict the extent of potentially damaged myocardium in anterior MI (Fiol et al., 2009). Furthermore, angiographic correlation studies hint that this scheme may be misleading in prediction of the site of left anterior descend‐ ing (LAD) artery occlusion and estimation of infarct size (Arbane & Goy, 2000; Bayés de Luna, 2012; Fiol et al., 2009, 2004; Taglieri **2 of 8 |** BOZBEYOĞLU et al.

et al., 2014). This may be at least partially responsible for the fact that the failure to identify patients with a large area‐at‐risk is disap‐ pointingly common and results in lower quality care in the emer‐ gency room (Masoudi et al., 2006). In this study, we investigated whether established ECG scheme is able to correctly classify infarct localization and extent, and/or infer prognostic information. We also sought if expert interpretation using information from newer angiographic correlation studies provides a better anatomic and prognos‐ tic information.

2 | **MATERIAL AND METHODS**

The study was undertaken at Dr. Siyami Ersek Thoracic and Cardiovascular Surgery Training and Research Hospital, Istanbul, which has a large local transfer network with around 1,500 STEMI patients per year referred for primary percutaneous coronary inter‐ vention. Institutional review board approval was obtained; the study was judged to be exempt from formal evaluation because it involved only analysis of existing records.

All patients from May 2017 to January 2018, who were admitted with the diagnosis of acute anterior ST‐segment elevation MI and underwent coronary angiography revealing acute occlusion of left anterior descending artery or its branches with Thrombolysis in Myocardial Infarction 0/1 flow, were enrolled. Patients with prior history of coronary artery bypass grafting, significant collaterals to the distal LAD territory (as defined below), left bundle branch block or any other secondary repolarization abnormality were excluded. Baseline characteristics were obtained via chart review and GRACE risk score (Fox et al., 2006) at admission was calculated retrospec‐ tively. Troponin I Abbott c4100i (Abbott Diagnostics, Chicago, IL, USA) was used as the troponin assay.

All ECGs were reviewed by a senior cardiologist (E.A.), who was blinded to the angiographic and clinical outcomes. For multiple ECGs on the same patient, the earliest ECG with maximum ST‐segment deviation was used. ST‐segment elevation was measured at the J point and approximated to closest 0.5 mm. The chest leads with at least 1 mm ST-segment elevation were used for classification according to the established MI localization scheme (Table 1). The re‐ viewer also sought to predict the site of LAD occlusion using 12‐lead

^aAdditionally, ST-segment elevation in lead I and aVL is generally labeled as "high‐lateral" myocardial infarction in this scheme.

Highlights

- The currently used scheme for the classification of in‐ farct location and extent in anterior myocardial infarc‐ tion (MI) is intuitive rather than being evidence‐based.
- Recent evidence suggests that it may be misleading in both anatomic and prognostic sense.
- In this study our results showed that the location of the myocardium subtended by the occluded coronary network did not match with the anatomic location as ECG classification implies. Many high‐risk patients with prox‐ imal LAD were classified as "anteroseptal", whereas the majority of the patients labeled as "extensive anterior MI" had in fact distal occlusions. It also did not predict infarct size or adverse outcomes.
- However, expert interpretation was fairly accurate in predicting adverse outcomes and the site of angiographic involvement.
- Classifying patients according to the established scheme neither gives prognostic information nor accurately lo‐ calizes infarction. This is a very important and clinically relevant result that points the critical need for a change in nearly a century‐old framework.
- The established schema for anterior MI classification should be regarded as obsolete and its use should be abandoned. Instead, the extent of infarction can be in‐ ferred from newer criteria provided by angiographic correlation studies.

information, published criteria (Arbane & Goy, 2000; Bayés de Luna, 2012; Fiol et al., 2009, 2004; Taglieri et al., 2014) and subjective im‐ pression when published criteria were conflicting or inconclusive. Namely, Fiol's algorithm (Fiol et al., 2009) (ST‐segment depression in aVF + lead III \geq 2.5 for prediction of occlusion proximal to D1, ST-segment elevation in V₁ + aVR - V₆ ≥ 0 for prediction of occlusion proximal to S1, isoelectric or elevated ST‐segments in inferior leads for prediction of distal occlusion), right bundle branch block or ST-segment elevation in $V_1 \geq 2.5$ mm for prediction of occlusion proximal to S1, ST‐segment elevation or pathologic Q waves in aVL for prediction of occlusion proximal to DI were used (Arbane & Goy, 2000).

Echocardiographic wall motion score index was calculated using a 17‐segment model of the ventricle and a scoring system as follows: 1, normokinesia; 2, hypokinesia; 3, akinesia; 4, dyski‐ nesia. For each ECG subclass, for three subclasses with respect to the prediction of the site of occlusion (proximal, mid, distal) and for three subclasses for angiographic involvement site (proximal, mid, distal), mean values of the wall motion score for each segment were separately calculated and color‐coded bullseye displays were constructed.

Cineangiograms were reviewed by two interventional cardiolo‐ gists (E.B. and Ö.Y.), who were blinded to the electrocardiographic and clinical outcomes. Any disagreement was resolved by a third cardiologists' opinion. The relation of the site of occlusion of the LAD artery to the origin of its major first diagonal (D1) and septal (S1) branch was determined using multiple angiographic views. Any stenosis >70% (>50% for left main coronary artery) affecting non‐infarct related arteries was defined as significant for the pur‐ pose of detecting multivessel disease. Since electrocardiographic studies used S1 and D1 for prediction of LAD occlusion site and defined LAD segments according to these branches rather than established angiographic segmentation scheme, any occlusion proximal to both D1 and S1 was defined as proximal, both distal to D1 and S1 as distal, and proximal to one of D1 and S1, but distal to the other as mid segment occlusion in our study. Collateral blood supply to the distal LAD territory was assessed by visual analy‐ sis and Rentrop grade ≥2 collaterals to the territory at risk were deemed as a significant collateral supply (Rentrop, Cohen, Blanke, & Phillips, 1985).

All measurements were presented as mean and standard devia‐ tion. Baseline characteristics were summarized using standard de‐ scriptive statistics. Comparisons of relevant parameters according to ECG group or expert prediction of angiographic occlusion site were performed by chi‐square or Kruskal–Wallis *H* test as appropriate. Trends across groups were assessed by Jonckheere–Terpstra test. A Spearman's rank order correlation was run to assess the relationship between expert prediction and the real angiographic site of occlusion. All statistical analyses were performed with SPSS (version 24.0; SPSS Inc., Chicago, IL, USA).

3 | **RESULTS**

A total of 379 anterior MI cases were enrolled during study period. One‐hundred and twelve patients were excluded because one of several reasons including left bundle branch block (*n* = 19), sec‐ ondary ST‐T abnormalities, such as left ventricular hypertrophy, preexcitation syndrome (*n* = 24), subacute ECG changes (*n* = 41), history of coronary artery bypass grafting (*n* = 21), significant col‐ laterals to the infarct territory (*n* = 7). Therefore, final patient pop‐ ulation consisted of 267 patients. Baseline clinical characteristics were summarized in Table 2, along with a comparison of baseline characteristics and clinical outcomes according to the site of LAD occlusion.

Of 267 patients, 43 (16.1%) were classified as "septal," 49 (18.4%) as "anteroseptal," 37 (13.7%) as "anteroapical," 13 (4.9%) as "antero‐ lateral," 1 (0.4%) as "lateral," 124 (46.4%) as "extensive anterior" MI according to leads displaying ST‐segment elevation on ECG. One pa‐ tient with lateral MI was included in anterolateral group. No signifi‐ cant difference was observed in any of the baseline characteristics across the groups. When clinical parameters and adverse outcome measures, such as Killip class on admission, the need for endotra‐ cheal intubation or cardiopulmonary resuscitation (CPR) during

hospital stay, in‐hospital mortality; or measures of infarct size, such as peak troponin level, ejection fraction, wall motion score index, were compared among groups, there was no significant difference in any of these parameters (Table 3). Also, there were no significant differences in individual segmental wall motion scores across the groups.

After exclusion of 11 patients with isolated diagonal branch oc‐ clusion, the distribution of the site of LAD occlusion across groups was significantly heterogeneous. However, location of the myocardium subtended by the occluded coronary network does not seem to match with the anatomic location as the ECG classification implies. For example, angiographically proximal occlusions (supposedly extensive anterior MI) were more frequent in "septal" and "anteroseptal" groups rather than "extensive anterior" group. When these two groups were separately compared, proximal occlusion was significantly more frequent in "anteroseptal" group than "extensive anterior" group (54.1% vs. 29.5%, *p* < 0.001). Conversely, angiographically distal occlusions (supposedly anteroapical MI) were more common in "anteroapical," "anterolateral" and "extensive anterior" groups. Of note, isolated diagonal branch occlusions were clas‐ sified in "septal" group due to isolated ST-segment elevation in V_2 (in addition to ST‐segment elevation in lead I, aVL and concomitant ST-segment depression in inferior leads; "South African flag sign") (Durant & Singh, 2015; Sclarovsky et al., 1994).

On the other hand, expert interpretation classified 93 (34.8%) ECGs as proximal LAD occlusion (supposedly "extensive anterior" involvement), 33 (12.4%) as occlusion proximal to S1 (supposedly "anteroseptal" involvement), 37 (13.9%) as occlusion proximal to D1 (supposedly "anterolateral" involvement), 93 (34.8%) as distal LAD occlusion (supposedly "anteroapical" involvement), 11 (4.1%) as isolated diagonal occlusion (supposedly "lateral" or "high‐lateral" involvement). When occlusions between S1 and D1 were grouped together as mid‐LAD occlusion and isolated diagonal occlusions were excluded, expert interpretation accurately predicted adverse outcomes and angiographic site of occlusion in a graded fashion (Table 4). When angiographic occlusion site was similarly stratified as three groups, there was a strong correlation between expert prediction and the real angiographic site of occlusion $(r_s = 0.580;$ *p* < 0.001).

4 | **DISCUSSION**

The prediction of infarct size and localization is more than an aca‐ demic exercise, as it can influence the selection of acute reperfusion strategy, help in risk stratification, lead to better referral decisions, promote a vigilant search for associated complications. Although ECG can help clinicians in differentiating a proximal LAD occlusion that will ultimately result in extensive anterior MI from a more lim‐ ited an anteroapical MI caused by distal LAD occlusion, the failure to identify the former is common and results in lower quality care and worse outcomes (Engelen et al., 1999; Karha et al., 2003). In the ear‐ lier days of clinical electrocardiography, the presence of abnormal

TABLE 2 Baseline characteristics^a

Notes. Bpm, beats per minute; Cx, circumflex artery; Hgb, hemoglobin; GRACE, global registry of acute coronary events study; LAD, left anterior de‐ scending artery; LMCA, left main coronary artery; LVEF, left ventricular ejection fraction; MI, myocardial infarction; PCI, percutaneous coronary intervention; RCA, right coronary artery; SBP, systolic blood pressure; WMSI, wall motion score index.

^aValues are presented as mean (*SD*) or number (percentage) as appropriate. ^bp-value for inter-group comparison.

Q‐waves in specific lead groups was related to several anatomic loca‐ tions on the basis of correlations with the postmortem anatomic gold standard (Table 1) (Myers, Klein, & Hiratzka, 1949; Roberts & Gardin, 1978). Despite later studies did not reproduce these results (Savage, Wagner, Ideker, Podolsky, & Hackel, 1977; Sullivan, Vlodaver, Tuna, Long, & Edwards, 1978) and a new terminology based on cardiac magnetic resonance imaging has been proposed (Bayés de Luna et al., 2006), the older terminology not only persisted but also repli‐ cated itself into ST-segment terminology after the Q/non-Q to ST-/ non‐ST‐MI paradigm shift. Unfortunately, many educational sources

TABLE 3 Parameters related to infarct size, extent, mortality and morbidity according to electrocardiographic localization^a

Notes. CPR, cardiopulmonary resuscitation; D1, first major diagonal artery; GRACE, global registry of acute coronary events study; LVEF, left ventricular ejection fraction; S1, first major septal artery; STE, ST-segment elevation; WMSI, wall motion score index.

a Values are presented as mean (*SD*) or number (percentage) as appropriate.

and textbooks still reiterate this older scheme and may contribute to this inappropriate risk stratification (Mirvis & Goldberger, 2015; Prutkin, 2018; Thomas & Brady, 2018).

To our knowledge, our study, for the first time, aimed to show that the established scheme for anterior MI classification (Table 1) misguides clinicians in predicting infarct location and extent and their prognostic implications. This classification scheme system‐ atically classifies high-risk patients to a lower risk stratum, while patients with limited infarctions consistently classified in high-risk stratum. Actually, the scheme seems to distribute patients across groups so unselectively that all information about infarct size and prognostication becomes blurred. Furthermore, our data also show no correlation between the site of LAD occlusion and the location of MI as ECG class implies. For example, our results indicated that the majority of the patients labeled as "septal‐anteroseptal" group had in fact "extensive anterior MI," whereas the majority of the patients labeled as "extensive anterior MI" did not have proximal LAD occlusion. Patients labeled as having "septal" infarctions actually had diagonal branch occlusion. Lastly, the established scheme did not provide any information on infarct size in terms of peak tropo‐ nin or ejection fraction, despite angiographic stratification showed such a trend.

On the other hand, the rising trend of electrocardiographic pre‐ diction of angiographic occlusion site is fairly well evidence‐based (Arbane & Goy, 2000; Bayés de Luna, 2012; Engelen et al., 1999; Fiol et al., 2009, 2004; Sasaki, Yotsukura, Sakata, Yoshino, & Ishikawa, 2001; Taglieri et al., 2014). In these studies, the direction and the magnitude of the ST vector seemed to convey information about

TABLE 4 Parameters related to infarct size, extent, mortality and morbidity according to expert interpretation⁸

Notes. CPR, cardiopulmonary resuscitation; D1, first major diagonal artery; GRACE, global registry of acute coronary events study; LVEF, left ventricular ejection fraction; S1, first major septal artery; WMSI, wall motion score index.

^aValues are presented as mean (SD) or number (percentage) as appropriate.

involved myocardial segments rather than chest leads directly over‐ lying involved myocardial tissue. For example, a distal LAD occlu‐ sion or an occlusion proximal to D1 generally causes ST-vector to be directed anterolaterally, which results in ST‐segment elevation in leads V_1 through V_6 . In this situation, ECG is labeled as "extensive anterior" MI by the older scheme, but instead, the occluded coronary network deprives apical or anterolateral region of blood supply. On the contrary, proximal LAD occlusion frequently displays ST-segment elevation in leads V_1 to V_4 and ST-segment depression in V_5 and V_6 , due to a ST vector directed to dominant basal segments, which is incorrectly classified as "anteroseptal" MI in the older scheme (Allencherril et al., 2018a, 2018b; Bandeali et al., 2012; Bayés de Luna, 2012; Huang, Tran, Jneid, Wilson, & Birnbaum, 2011). However, a complex interaction with reciprocal changes and vessel anatomy also influences the leads showing ST‐segment eleva‐ tion in addition to the site of occlusion. For example, while ST‐seg‐ ment elevation in I and aVL and ST depression in the inferior leads are specific signs of LAD occlusion before the first diagonal branch, their sensitivity is low, as proximal occlusion of a long LAD often does not cause ST‐segment deviation in the limb leads. Therefore, the deadliest cases of proximal occlusion of a wrapping LAD could

be misinterpreted as small infarcts caused by distal occlusion of a short LAD (Sasaki et al., 2001).

Our results show that expert interpretation of the ECG using the published criteria can accurately predict the site of LAD occlusion in a sizable portion of the patients. In the current study, in accordance with the previous studies (Arbane & Goy, 2000; Bayés de Luna, 2012; Engelen et al., 1999; Fiol et al., 2009, 2004; Taglieri et al., 2014) angiographic and electrocardiographic site of occlusion were reasonably correlated, although there is still room for improvement. For example, expert interpretation correctly classified high‐risk patients in terms of adverse outcomes, but infarct size as assessed by peak troponin, ejection fraction, and wall motion scores did not show a significant difference across groups. One can notice that the graded decrease in infarct extent according to actual angiographic LAD occlusion site presented in Table 2 could not be reproduced in Table 4 by the predicted occlusion site according to expert inter‐ pretation. This may be due to the fact that the accuracy of expert prediction was moderate at best and the criteria used in this study still incorrectly classified approximately one-fourth of the patients. Nevertheless, results presented here show that expert interpreta‐ tion of the ECG is better than the established scheme and, most

importantly, it can predict adverse outcomes and provides a better risk stratification. This is a very critical and clinically relevant re‐ sult that points the critical need for a change in nearly a century‐old framework.

Our study has several limitations. This is a retrospective chart review study, with all known limitations associated with bias. Because of retrospective nature of the study, standard lead place‐ ment could not be confirmed. Expert interpretation of ECG is hard to standardize and use of different criteria may result in different conclusions. Echocardiographic wall motion scores may have influ‐ enced by the ECG diagnosis as the echocardiographers were not blinded. Cohort size may be small for subclassifications. Another imaging test with higher diagnostic accuracy such as cardiac magnetic resonance might be of greater value for the assessment of infarct localization. Due to variations in coronary anatomy, the definitions of the site of coronary occlusion may differ among in‐ terventionalists. Angiographic involvement site may not always be associated with a standard infarction location. Angiographic vari‐ ables, such as the length of the LAD and the concomitant size of size branches, can also influence the amplitude and location of ST‐ segment elevation; but these variables were not specifically taken into account in our study.

In conclusion, classifying patients according to the established scheme, which is predominantly based on chest leads, neither gives prognostic information nor accurately localizes infarction. It should be regarded as obsolete and its use should be abandoned. Rather, extent of infarction should be classified according to newer angio‐ graphic occlusion prediction site studies. However, further studies with imaging correlations are needed to develop more accurate algorithms.

CONFLICT OF INTEREST

No authors have any conflicts of interest to report.

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