ORIGINAL ARTICLE

Prognostic Value of QRS Fragmentation in Patients with Acute Myocardial Infarction: A Meta-Analysis

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Aims: Fragmented QRS has emerged as a novel electrocardiographic parameter associated with adverse clinical events in various diseases. The aim of this study was to investigate the association of fQRS with in-hospital and long-term cardiovascular events in patients with ST-segment elevation myocardial infarction (STEMI) and non-ST segment elevation myocardial infarction (NSTEMI).

Methods and Results: We searched PubMed, Embase, Web of Science, and Cochrane Library up to October 2015 for eligible studies. We selected studies with fQRS defined with 12-lead ECG during the index hospitalization of STEMI/NSTEMI. Primary outcomes were in-hospital and long-term cardiovascular events. In-hospital mortality was significantly higher in fQRS (+) group (99/733; 13.5%) compared to fQRS (–) group (47/1293; 3.6%) (OR 4.03 95% CI 1.81–8.94; P = 0.0006). Long-term mortality rate was higher in fQRS (+) group (89/473; 18.8%) compared to fQRS (–) group (54/1009; 5.3%) (OR 3.93 95% CI 1.92–8.05; P = 0.0002). In addition the frequency of long-term MACE was higher in fQRS (+) group (46.9%) compared to fQRS (–) group (14.6%) (OR 5.13 95% CI 2.77–9.51; P < 0.00001)

Conclusion: Presence of fQRS on admission ECG was found to be predictor of mortality, MACE, deterioration of LV function, and presence of multivessel disease in patients with STEMI and NSTEMI. Ann Noninvasive Electrocardiol 2016;21(6):604–612

fragmented QRS; myocardial infarction; coronary artery disease

Acute myocardial infarction (AMI) is a leading and an important cause of morbidity and mortality worldwide and 12-lead electrocardiography (ECG) still plays a key role in the diagnosis and management of patients. Various ECG parameters have been evaluated to predict prognosis in AMI. Fragmented QRS (fQRS) was defined as various RSR' patterns with or without Q waves on ECG. Fragmented QRS complexes are novel ECG signals which are associated with varied conduction abnormalities and the delay of periinfarct conductions due to myocardial scarring or necrosis.^{1, 2}

Correlation and prognostic importance of presence of fQRS on ECG have been shown in various cardiovascular diseases such as cardiomyopathy, coronary slow flow, left ventricular noncompaction, and Brugada syndrome.³⁻⁷ In addition, various studies have evaluated the prognostic importance of fQRS in patients with acute coronary syndrome (ACS), ST-segment elevation (STEMI), or non-ST segment elevation myocardial infarction (NSTEMI).8-18 Some recent papers reviewed the clinical importance of fQRS in patients with cardiovascular diseases.¹⁹⁻²¹ However, the literature regarding the definition and the prognostic value of fQRS in patients with AMI is heterogeneous and the findings are not easy to interpret. Thus, in this meta-analysis we recruited studies of STEMI and NSTEMI and investigated the association of fORS with short-/long-term mortality and major adverse cardiovascular events (MACE) in patients with AMI.

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METHODS

Literature Search

We aimed to identify all published data relating the presence of fQRS to cardiovascular end points in patients with AMI. The electronic databases PubMed, MEDLINE, Embase, and Cochrane Library were searched to find primary references and reviews. Search terms included: fragmented QRS, QRS fragmentation, fQRS, coronary artery disease, CAD, myocardial infarction, MI, mortality, morbidity, survival, and prognosis. These terms were combined with the search algorithm, for example, "fragmented QRS and myocardial infarction." The search was restricted to adults (>18 years of age) in English language peer-reviewed journals from 1960 to October 2015. Abstracts of the articles published by the American College of Cardiology, the American Heart Association, the European Society of Cardiology, were also searched. Reviews and reference lists of retrieved articles were hand searched for potentially relevant publication not previously identified in the database search. The retrieved studies were examined to eliminate potential duplicates or overlapping data. Our analysis is based on the guidelines of the Meta-analysis of Observational Studies in the Epidemiology Group.²²

Study Selection

Studies recruiting patients with STEMI and/or NSTEMI were included. Diagnosis of an acute STEMI was made by the presence of new or presumed new ST-segment elevation at the J point in >2 contiguous leads of >0.2 mV in leads V₁, V₂, or V₃, and >0.1 mV in other leads. Marked ST depression, which was maximal in leads V₁ through V₃, without ST segment elevation in other leads, was designated as posterior wall MI and included in the STEMI group.²³

Acute NSTEMI was defined by the detection of increases and/or decreases in cardiac biomarkers (troponin I), with >1 value above the 99th percentile of the upper reference limit, together with evidence of myocardial ischemia, which included typical symptoms of myocardial ischemia, electrocardiographic changes indicative of new ischemia (new ST-T changes) or the development of pathologic Q waves on ECG, or imaging evidence (nuclear imaging, echocardiography, or left ventriculography) of a new loss of viable myocardium

or new regional wall motion abnormality. Studies recruiting patients with stable CAD or patients with unstable angina pectoris (normal cardiac biomarker levels obtained 6–8 hours after presentation) were excluded. In addition, studies only including patients with ischemic or nonischemic cardiomyopathy, implantable cardioverter defibrillator (ICD), hypertrophic cardiomyopathy, congenital heart disease, Brugada syndrome, long QT syndrome, and Chagas' disease were excluded.

Only the studies that used 12-lead ECG during the index hospitalization of MI for the definition of fQRS were included. The description of Das for definition of fQRS was searched for in the articles and other definitions such as "QRS distortion" were omitted.¹ Das has defined fQRS as; the presence of an additional R wave (R') or notching in the nadir of the S wave, or the presence of 1R' (fragmentation) in two contiguous leads, corresponding to a major coronary artery territory where the QRS duration <120 ms. One study was excluded because the ECGs were obtained 2 months after AMI.⁸

Persistent QRS fragmentation was defined as presence of QRS fragmentation throughout the hospital stay including the discharge ECG, or the last ECG performed in case of death. Transient QRS fragmentation was defined as presence of fragmentation in at least one ECG but not in all ECGs recorded during the hospitalization or follow-up period. Studies using methods other than 12-lead ECG such as vectorcardiography, magnetocardiography, and signal-averaged ECG were also excluded.

Study End Points

The primary outcome of interest was the occurrence of a first fatal event during the study period. Major adverse cardiovascular events (MACE) were defined as recurrent myocardial infarction, target vessel revascularization (percutaneous or surgical) or death from these events.

Quality Assessment

The risk of study bias was evaluated with Quality in Prognosis Studies (QUIPS) tool which includes six domains: participation, attrition, prognostic factor measurement, outcome measurement, study confounding, statistical analysis and reporting.²⁴ Publication bias was evaluated by generating a 606 • A.N.E. • November 2016 • Vol. 21, No. 6 • Güngör, et al. • Prognostic Value of QRS Fragmentation



Figure 1. Flow-diagram for inclusion of studies in the meta-analysis.

funnel plot of the logarithm of effect size against the standard error for each trial.

Statistical Analysis

The significance between two groups was estimated by odds ratio (OR) and weighted mean difference (WMD) with a 2-tailed 95% confidence intervals (CI). A fixed-effect model was used for homogenous studies, whereas a random-effect model was used for heterogeneous studies. Statistic I^2 was used to describe the percentage of total across-studies variation due to study-to-study heterogeneity. Subgroup analyses were performed to explore and control potential confounders. A twosided P value <0.05 was considered statistically significant. Statistical analysis was performed by using Review Manager 5.0 (The Cochrane Collaboration, Oxford, United Kingdom).

RESULTS

Search Results

The study selection process is illustrated in Figure 1. In total, 204 studies (excluding duplicates) were identified by our literature search. After the exclusion of nonrelevant studies, case reports and reviews by title and abstracts, 41 studies including patients with acute MI were retrieved for further consideration. In 27 of these studies, data on morbidity/mortality were not reported. Three studies were excluded as morbidity/mortality data regarding subgroup analysis of STEMI/NSTEMI were not reported. Finally, 10 studies were included in our systematic review.⁹⁻¹⁸

Study Quality

The methodological quality of the included studies was generally good, without high risk of bias (Table 1). In six studies with long-term follow-up, only Lorgis et al. reported data regarding loss to follow-up.^{9-12, 16, 17} Six studies reported in-hospital adverse events, thus it may be assumed that no cases were lost to follow-up.¹³⁻¹⁸ In addition, it was not clear how three studies accounted for potential confounders, raising the small possibility of result distortion.^{13, 15, 18} The funnel plot did not suggest evidence of publication bias (Fig. 2).

Baseline Characteristics of Included Studies

The baseline characteristics of ten included studies are shown in Table 2. The study size differed from 85 to 433 subjects and in total 2766 cases were included in this meta-analysis, 1064 of them were assigned in the fQRS (+) group (38.5%) and 1702 of them were assigned in the fQRS (-) group (61.5%). Four studies were designed as prospective and others were retrospective trials.^{9,15-17} Male patients were predominantly enrolled in these studies. The mean age of cases ranged from 54 to 71 years in fQRS (+) groups. Five studies included patients only with STEMI (n = 1398)^{9,14-16,18} and three studies included patients only with NSTEMI (n = 761).^{10,12,17} Two

	Study Participation	Study Attrition	Prognostic Factor Measuring	Outcome Measuring	Study Confounding	Statistical Analysis and Reporting
Arı 2012	Low	Medium	Low	Low	Low	Low
Guo 2012	Low	Medium	Low	Medium	Low	Low
Lorgis 2013	Low	Low	Low	Low	Low	Low
Yıldırım 2013	Low	Low	Low	Low	Medium	Medium
Bekler 2014	Low	Medium	Low	Low	Low	Low
Akgul 2014	Low	Medium	Low	Low	Low	Low
Sheng 2014	Low	Low	Medium	Low	Medium	Medium
Stavileci 2014	Low	Low	Low	Low	Low	Low
Tanrıverdi 2015	Low	Low	Low	Medium	Medium	Medium
Bozbeyoğlu 2015	Low	Low	Low	Low	Low	Low

Table 1. Quality in Prognosis Studies Analysis of Internal Validity



Figure 2. Funnel plot for the included studies.

studies included patients with both STEMI and NSTEMI (n = 607).^{11,13} In total, 1626 patients (58.7%) had STEMI and 1440 patients had NSTEMI (41.3%).

QRS Fragmentation

All of the studies have defined QRS fragmentation using ECGs obtained during acute MI and mostly within 48 hours of hospitalization (Table 2). The rate of QRS fragmentation ranged between 20% and 61% and was 38.5 % in total. In the STEMI population, fQRS was detected in 568 of 1527 patients (37.2%) and in NSTEMI population, fQRS was detected in 327 of 939 patients (34.8%) which was not statistically different (P = 0.41). Five studies reported QRS duration which was not different between fQRS (+) and (-) groups.^{9,11,16-18}

Five studies reported the persistence of QRS fragmentation during the hospitalization or followup period.^{10,11,13,14,18} Two studies included subjects with transient QRS fragmentation in the control group^{10,14} and two studies included cases with transient QRS fragmentation in the fQRS (+) group.^{13,18} Lorgis et al. reported the rate of adverse events separately in patients with transient

				Tab	le 2. Sum	ımary o	of Study Ch	aracteristics				
Name	2	Type	Age fORS +/-	Male Gender fORS +/-	ST/NS TEMI	ECG Time	fORS (+) ratio, n (%)	ORS width (ms) fORS +/-	LV EF, % fors +/-	Follow -up, Months	Death,n fORS +/-	MACE, n fORS +/-
Ari 2012 Guo 2012	85 179	Prosp	54/55 62/60	29/41 66/47	85/0 0/179	48 48	34 (40) 106 (59)	73/68 NR	39/43 57 2/57 1	6.6 ± 2.3	NR 18/4	10/3
Loreis 2013	307	Retro	71/62	103/113	129/178	36	145 (47)	80/80	55/50	28.2	25/17	72/20
Vildirim 2013	355	Prosp	59/55	175/90	355/0	48	217 (61)	NR	42/50	In-hospital	14/0	55/9
Bekler 2014	149	Retro	64/59	38/74	0/149	Adm	46 (31)	NR	46/50	18.	12/9	33/20
Akgul 2014	414	Prosp	60/53	59/269	414/0	48	91 (22)	94/88	64/46	12	22/7	37/39
Sheng 2014	300	Retro	68 (total)	204 (total)	99/201	48	169 (56)	NR	NR	In-hospital	40/19	NR
Stavileci 2014	296	Retro	61/61	70/156	296/0	Adm	80 (27)	NR	37/44	In-hospital	16/12	NR
Tanriverdi 2015	248	Retro	65/62	69/120	248/0	48	91 (37)	108/102	35/47	In-hospital	13/7	NR
Bozbeyoğlu 2015	433	Prosp	63/62	59/231	0/433	Adm	85 (20)	103/95	45/50	In-hospital, 12 months	12/17	NR
ADM = admission; E myocardial infarctior	ECG = 1; NR =	electroc: = not rep	ardiography; vorted; Prosp	LV EF = left v = prospective	entricular e e; Retro = r	ijection 1 etrospe	fraction; MA ctive; STEMI	CE = major ac = ST segment	dverse cardiov t myocardial ir	ascular events; ifarction.	NSTEMI = no	1-ST segment

and persistent QRS fragmentation subgroups.¹¹The rate of transient fQRS in the study populations ranged between 12.5% and 54%.^{11, 13, 18} The rates of permanent QRS fragmentation ranged between 3% and 74%.^{10, 11, 13, 14, 18} When, only patients with STEMI were considered, the rate of fQRS persistence was reported as 27% and 66%.^{14, 18} Sheng et al. reported the average onset time of fQRS as 2.9 days but at the end of 7 days only 5% of the fQRS (+) cases had persistent fQRS.¹³

Left Ventricular Ejection Fraction

All of the studies except for Sheng et al. reported left ventricular EF in study groups. In six studies, left ventricular EF was lower in fQRS (+) (ranged between 35% and 45%) compared to fQRS (-) group (ranged between 43% and 50%).^{9,14-18} Whereas, three studies reported an insignificant difference of left ventricular EF between the groups.¹⁰⁻¹² Seven studies reporting left ventricular EF in mean \pm standard deviation were analyzed with the random effects approach. The overall effect showed that patients who had fQRS on admission ECG had a significantly lower LVEF than patients without fQRS (WMD -6.01, 95% CI [-9.08, -2.94], P < 0.00001) (Fig. 3)

Coronary Angiography

In six studies the frequency of 3-vessel disease was reported.^{10, 12, 14, 16-18} In four studies, the frequency of 3-vessel disease was higher in fQRS (+) group (ranged between 42% and 61%) compared to fQRS (-) group (ranged between 15% and 33%). In total, the frequency of 3-vessel disease was 46.4% in fQRS (+) group and was 24.2% in fQRS (-) group (P < 0.01).Whereas, two studies reported an insignificant difference between groups regarding multivessel involvement.^{12, 17} Most of the patients with STEMI were treated with primary percutaneous coronary intervention (77.6%).

Comparison of Clinical Outcome

Six studies reported in-hospital mortality¹³⁻¹⁸ and six studies reported long-term adverse events.^{9-12, 16, 17} Most of the studies defined MACE as mortality, reinfarction, or repeat target vessel revascularization whereas Sheng et al. and Stavileci et al. defined MACE as arrhythmic complications during hospitalization. Ari et al. did not report

	fQ	RS (+)		fQ	RS (-)			Mean Difference		Mean Difference	
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Random, 95% Cl		IV, Random, 95% Cl	
Akgül 2014	44	10	91	49	8	323	14.7%	-5.00 [-7.23, -2.77]		*	
Ari 2012	39.5	5.4	34	43	5.4	51	14.5%	-3.50 [-5.84, -1.16]		-	
Bozbeyoğlu 2015	45.1	13.1	85	50.5	11.7	348	13.7%	-5.40 [-8.44, -2.36]		*	
Guo 2012	57.2	10.4	106	57.1	11.1	73	13.5%	0.10 [-3.13, 3.33]		+	
Stavileci 2014	37	11	80	44	13	216	13.8%	-7.00 [-9.97, -4.03]		*	
Tanrıverdi 2015	34.8	6.8	91	46.8	6.2	157	15.2%	-12.00 [-13.70, -10.30]		*	
Yıldırım 2013	41.6	10.5	217	50.2	10.5	118	14.5%	-8.60 [-10.95, -6.25]		+	
Total (95% CI)			704			1286	100.0%	-6.01 [-9.08, -2.94]		•	
Heterogeneity: Tau ² =	15.45; 0	Chi²=	66.26,	df = 6 (F	o.0 × ۱	0001); I	²= 91%		100		400
Test for overall effect:	Z = 3.83) (P = 0).0001)						-100	-50 0 50 Favours fQRS (+) Favours fQRS (-)	100

Figure 3. Forest plot for left ventricular ejection fraction between fQRS (+) and fQRS (-) groups. The relative size of the data markers indicates the weight of the sample size from each study.

	fQRS	(+)	fQRS	(-)		Odds Ratio		Odds Ra	atio	
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl		M-H, Randon	n, 95% Cl	
Akgül 2014	14	91	2	323	14.1%	29.18 [6.50, 131.09]				
Bozbeyoğlu 2015	2	85	7	348	13.3%	1.17 [0.24, 5.75]				
Sheng 2014	40	169	19	131	24.3%	1.83 [1.00, 3.34]		-		
Stavileci 2014	16	80	12	216	22.0%	4.25 [1.91, 9.45]				
Tanrıverdi 2015	13	91	7	157	20.1%	3.57 [1.37, 9.32]		•		
Yıldırım 2013	14	217	0	118	6.2%	16.89 [1.00, 285.66]		-		
Total (95% CI)		733		1293	100.0%	4.03 [1.81, 8.94]			•	
Total events	99		47							
Heterogeneity: Tau ² =	0.59; Ch	i² = 15.	25, df = 5	(P = 0.	009); l ² =	67%			10	100
Test for overall effect:	Z= 3.42	(P = 0.0)006)				0.01	Favours fQRS (-) F	avours fQRS (+)	100

Figure 4. Forest plot for in-hospital mortality between fQRS (+) and fQRS (-) groups. The relative size of the data markers indicates the weight of the sample size from each study.

mortality rates but reported the outcome as MACE only.

Regarding in-hospital events, mortality was significantly higher in fQRS (+) group (99/733; 13.5%) compared to fQRS (-) group (47/1293; 3.6%) (OR 4.03; 95% CI, 1.81–8.94; P = 0.0006) (Fig. 4). When only STEMI studies were included in the analysis, mortality was higher in fQRS (+) group (57/479; 11.9%) compared to fQRS (-) group (21/814; 2.6%) (OR 6.01; 95% CI, 2.37–15.23; P = 0.0002).^{14–16,18}

Five studies reported mortality rates during a follow up period ranging between 6.6 and 28.2 months.^{10-12, 16, 17} The mortality rate was higher in fQRS (+) group (89/473; 18.8%) compared to fQRS (-) group (54/1009; 5.3%) (OR 3.93; 95% CI, 1.92–8.05; P = 0.0002) (Fig. 5). In addition the frequency of MACE was higher in fQRS (+) group (46.9%) compared to fQRS (-) group (14.6%) (OR 5.13; 95% CI, 2.77–9.51; P < 0.00001) (Fig. 6). When only 3 NSTEMI studies are included in the analysis, mortality rate was higher in fQRS (+) group (17.7%) compared to fQRS (-) group (5.7%) (OR 3.42; 95% CI, 2.01–5.82; P < 0.00001). $^{10,\,12,\,17}$

When 2 studies which required persistence of fQRS(+) throughout the hospitalization period were excluded,^{10,14} presence of fQRS was still found to be correlated with higher risk of mortality in the remaining study population (OR 3.59; 95% CI, 1.99–6.47; P < 0.00001), in STEMI subgroup (OR 8.08; 95% CI, 2.65–24.65; P < 0.00001),^{15,16,18} and in NSTEMI subgroup (OR 3.20; 95% CI, 1.46–6.99; P < 0.00001).^{12,17}

DISCUSSION

This meta-analysis included 10 studies involving 2766 patients. The main findings of the current meta-analysis are (1) the frequency of fQRS on ECGs obtained within 24 hours of hospital admission is not different between STEMI and NSTEMI groups (2) presence of fQRS is correlated with higher rate of multivessel disease on CAG and lower LVEF on echocardiography (3)

	fQRS	(+)	fQRS	(-)	Odds Ratio			Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl		M-H, Random, 95% Cl
Akgül 2014	22	91	7	323	19.9%	14.39 [5.91, 35.03]		
Bekler 2014	12	46	9	103	19.0%	3.69 [1.43, 9.52]		—
Bozbeyoğlu 2015	12	85	17	348	21.4%	3.20 [1.47, 6.99]		—
Guo 2012	18	106	4	73	16.7%	3.53 [1.14, 10.90]		
Lorgis 2013	25	145	17	162	23.0%	1.78 [0.92, 3.44]		⊢ ∎−-
Total (95% CI)		473		1009	100.0%	3.93 [1.92, 8.05]		•
Total events	89		54					
Heterogeneity: Tau ² =	0.46; Ch	i² = 13.	79, df = 4	(P = 0.	008); l² =	71%		
Test for overall effect:	Z = 3.75	(P = 0.0	0002)				0.01	Favours [fQRS (-)] Favours [fQRS (+)]

Figure 5. Forest plot for long-term mortality between fQRS (+) and fQRS (–) groups. The relative size of the data markers indicates the weight of the sample size from each study.

	fQRS	(+)	fQRS	(-)		Odds Ratio	Odds Ratio
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Random, 95% Cl	M-H, Random, 95% Cl
Akgül 2014	37	91	39	323	23.7%	4.99 [2.92, 8.53]	
Ari 2012	10	34	3	51	11.8%	6.67 [1.68, 26.50]	
Bekler 2014	33	46	20	103	19.3%	10.53 [4.70, 23.60]	
Guo 2012	46	106	22	73	22.1%	1.78 [0.95, 3.34]	⊢ ∎
Lorgis 2013	72	145	20	162	23.1%	7.00 [3.96, 12.38]	_
Total (95% CI)		422		712	100.0%	5.13 [2.77, 9.51]	•
Total events	198		104				
Heterogeneity: Tau ² =	0.34; Ch	i ² = 15.1	11, df = 4	(P = 0.	004); I ² =	74%	
Test for overall effect:	Z = 5.19	(P < 0.0	0001)				Favours fQRS (-) Favours fQRS (+)

Figure 6. Forest plot for long-term major adverse cardiovascular events between fQRS (+) and fQRS (-) groups. The relative size of the data markers indicates the weight of the sample size from each study.

presence of fQRS is associated with higher risk of in-hospital and long-term mortality and adverse cardiovascular events in patients with AMI.

This is the first meta-analysis focused on STEMI and NSTEMI. Two prior meta-analyses included patients with stable/unstable CAD, cardiomyopathy and ICD implantation.^{19,20} AMI is the most severe form of CAD which is associated with high risk of left ventricular failure, arrhythmias and mortality compared to stable patients. Fragmentation of QRS has been shown to be correlated with myocardial scar, left ventricular dysfunction and arrhythmias in patients with various cardiovascular diseases.^{2,19} In fact, AMI is the initial event in most of patients that lead to heart failure, arrhythmias and ICD implantation. Determination of QRS fragmentation during the acute phase of AMI (especially within 48 hours) is feasible and as we have shown in this metaanalysis, presence of fQRS may have clinical value in establishing patients with higher risk for short and long term adverse cardiac events.

In this analysis, we have found that presence of fQRS is correlated with short- and long-term

adverse cardiac event regardless of the AMI type. In addition, a higher portion of patients with fQRS had multivessel disease which may result in incomplete revascularization. We have found that patients with fQRS (+) have lower LVEF compared to fQRS (-) patients. This finding is concordant with previous reports which found lower LVEF, and larger left ventricular systolic and diastolic dimensions and volumes in patients with fQRS and CAD.^{21,25} As we included only AMI patients, we can assume that appearance of QRS fragmentation even in the early phase of AMI may indicate larger infarct size and worse LV systolic function. This correlation may partially explain the worse prognosis in patients with fORS(+).

The prognostic value of QRS fragmentation during the acute phase of ACS was first proposed by Das et al.²⁶ In that study, they have reported that fQRS had higher sensitivity for diagnosis of STEMI or NSTEMI compared to Q waves, T-wave inversion or ST-segment depression. In addition, they have found higher long-term mortality rates in fQRS(+) group compared to fQRS (-) group. This study was not included in this meta-analysis because the mortality and morbidity rates were not reported in the AMI subgroup. In another study, Pietrasik et al. reported incidence of QRS fragmentation as 53% in AMI patients after 2 months.⁸ They found that presence of QRS fragmentation and/or Q waves was not associated with long term adverse events. Interestingly, they found that patients with resolved Q waves and persistent fQRS had the highest risk for long-term adverse events.

An important confounding factor in evaluation of QRS fragmentation in CAD patients is the timing of the ECG and persistence of QRS fragmentation throughout the study period. The studies are heterogeneous and persistence of ECG findings were not reported in all studies. In this metaanalysis, five studies reported data regarding duration of QRS fragmentation^{10, 11, 13, 14, 18} In subgroup analysis, we have found that documentation of QRS fragmentation within 48 hours of hospitalization is adequate and is correlated with worse outcome in STEMI and NSTEMI patients. The data regarding the rate of persistence of QRS fragmentation after AMI is controversial, thus, to our opinion use of the ECGs obtained within 48 hours of hospitalization is adequate for risk stratification of patients.

The exact mechanism of fQRS on ECG has not been fully elucidated in the literature but most of the studies have concluded the main causative mechanism is cardiac fibrosis and scarring. Presence of QRS fragmentation is accepted as a sensitive marker of myocardial scar after AMI.² Myocardial damage causes heterogeneity of myocardial segments and a conduction delay around the infarction zone or scar accounts for the reason for fragmentation in QRS. Even if arrhythmic complications were not reported in detail in this analysis, sudden cardiac death is a major cause of death in patients with CAD and MI. Thus, presence of fQRS may be correlated with arrhythmic complications and SCD that leads to higher mortality risk.

Study Limitations

Several potential limitations of present metaanalysis should be taken into account. First, there is publication bias on considering only published studies. In addition, language was restricted to English. About half of the studies were retrospective which warrants more large scale randomized controlled trials. The duration of follow-up was not same for all studies. In addition, it is hard to evaluate the additive prognostic value of QRS fragmentation besides reduced LVEF in patients with AMI.

CONCLUSION

Presence of fQRS on admission ECG was a predictor of mortality, MACE, deterioration of LV function and presence of multivessel disease in patients with STEMI and NSTEMI. Further evaluation of clinical use of QRS fragmentation in patients with AMI are needed to establish the risk of arrhythmic complications and mortality in patients with fQRS.

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