

# Prediction of Pulmonary Arterial Hypertension in Chronic Obstructive Lung Disease from Three-Dimensional Vectorcardiographic Parameters

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**Aim:** The objective of our study was to assess diagnostic value of three-dimensional (3D) vectorcardiographic (VCG) parameters in detecting pulmonary arterial hypertension (PAH) in chronic obstructive lung disease (COLD) with and without right ventricular hypertrophy (RVH).

**Methods:** The study group of 62 patients with COPD was stratified on the basis of color Doppler echocardiographic findings into three subgroups: non-PAH (n = 23), PAH without RVH (n = 22), and PAH with RVH (n = 17). Pairwise differences between the subgroups were evaluated by one-way analysis of variance, and Pearson correlation analysis was used to evaluate the significance of the correlations between pulmonary arterial systolic pressure (PASP) and various VCG parameters.

**Results:** The azimuth of the QRS vector decreased from  $-24^\circ$  in the non-PAH group to  $-62^\circ$  in PAH without RVH and to  $-140^\circ$  in PAH with RVH ( $P < 0.01$  for pairwise differences between all three groups). Similar significant decrease was observed for the azimuth of the ventricular gradient (VG) vector. Spatial QRS/T angle increased from  $69^\circ$  in the non-PAH group to  $115^\circ$  in PAH without RVH ( $P < 0.01$ ). In the PAH group with RVH, QRS/T angle was  $94^\circ$  ( $P < 0.05$  for difference from the non-PAH group). There was a significant correlation between PASP and QRS/T angle ( $r = 0.89$ ,  $P < 0.05$ ) and between PASP and the azimuth of the VG vector ( $r = 0.86$ ,  $P < 0.05$ ). PASP increase from linear regression model was 0.8 mmHg for a QRS/T angle increase by  $10^\circ$  and 1.3 mmHg for each  $10^\circ$  increase in the azimuth of the VG vector.

**Conclusion:** 3DVCG parameters are potentially useful for predicting PASP in COLD patients, and possibly also for differentiation between COLD patients with PAH and RVH from those without RVH.

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Chronic obstructive pulmonary disease (COPD) is often associated with the changes of the structure and hemodynamic of the heart, such as chronically increased right ventricular (RV) pressure load and RV hypertrophy in response to pulmonary hypertension (PAH). Because the classical manifestations

of these changes occur late and are confounded by COPD, it is often delayed to diagnosis by symptoms and signs. Hence, more simple and practical noninvasive diagnostic tests are warranted to allow earlier detection of the disease. Conventional 12-lead electrocardiography (ECG) parameters lack

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We state that patients have given their informed consent and that the study protocol has been approved by the institute's committee on human research of Jinzhou.

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**Table 1.** Exclusion Criteria

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1. Idiopathic pulmonary arterial hypertension
2. Secondary pulmonary hypertension
2.1. Congenital heart disease
2.2. Portal hypertension
2.3. Collagen vascular disease
2.4. HIV infection
2.5. Left heart disease
2.6. Chronic thromboembolic disease
3. Coronary heart disease
4. Systemic hypertension
5. Arrhythmia
6. Any hemodynamic abnormality that can affect pulmonary artery systolic pressure (PASP)

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diagnostic accuracy, precluding their use for screening purposes, partly because they render separate one-dimensional (1D) projections of the three-dimensional (3D) cardiac vector in time, and partly because the RV mass is relatively low and is often concealed by the left ventricular (LV) mass.<sup>1-4</sup> The 3D vectorcardiographic (VCG) has been considered of additional value to ECG analysis, because it renders different information and allows calculation of parameters that cannot be computed from separate ECG leads. The purpose of this study is therefore to appreciate the potential diagnostic value of 3DVCG in identifying these abnormalities.

## METHODS

### Study Population

The study population consisted of patients who were admitted for the recent diagnosis of COPD to Liaoning Medical College between July 2010 and July 2011. Patients were included if the following criteria were met: diagnosis of COPD, according to the criteria of ICSI Health Care Guideline.<sup>5</sup> Patients' exclusion criteria was presented in Table 1. Sixty-two consecutive patients collected were evaluated with a color Doppler echocardiography, and defined as non-PAH (23 consecutive adults with normal pulmonary artery systolic pressure), PAH (22 patients with PAH), and PAH with RV hypertrophy (17 patients with PAH and RV hypertrophy). General patient characteristics were given in Table 2. There were no statistically significant differences between the three groups in terms of sex, age, body mass index (BMI), heart rate (HR;  $P > 0.10$ ).

### The Assessment of Pulmonary Artery Systolic Pressure using Transthoracic Color Doppler Echocardiography

Echocardiograms were performed by one technician (E.C.) using a Philips Sonos 5500 with a 3.2 MHz transducer (Philips Medical Systems, Andover, MA, USA). Pulmonary artery systolic pressure (PASP) was obtained from the formula:  $PASP = RAP + 4V^2$ , RAP was right atrial pressure and the V refers to velocity of tricuspid regurgitation. RAP was estimated by evaluating the inferior vena cava (IVC) size and change with respiration. Briefly, RAP was estimated to be 5 mmHg when the IVC diameter was less than 20 mm and the collapsibility greater than 50%; 10 mmHg when IVC diameter was less than 20 mm and collapsibility less than 50%; 15 mmHg when IVC diameter was greater than 20 mm and collapsibility greater than 50%; and 20 mmHg when IVC diameter was greater than 20 mm and collapsibility less than 50%. PAH was defined as PASP beyond 37 mmHg and PAH refers to RV anterior wall thickness was 5.0 mm or more.

### Three-Dimensional Vectorcardiogram Analysis

3DVCG was recorded by trained ECG technicians using the frank lead system electrode configuration with every patient in supine position. The data from each patient were acquired digitally and analyzed by two independent cardiologists who were also blinded to the transthoracic echocardiography results and patients' symptoms and signs. The record length was 18 seconds. After manually reviewing three times and editing the onset and end points of the P, QRS and T waves recorded from the orthogonal XYZ leads at a paper speed of 50 mm/s, sensitivity 1 mV = 10 mm, a synthesized 3DVCG was generated and all of the parameters were derived from the averaged orthogonal X, Y, and Z leads.

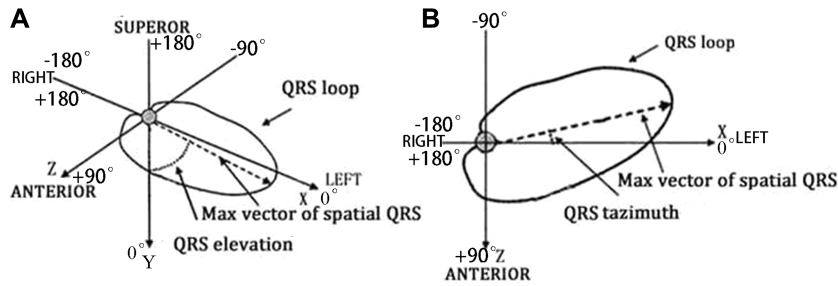
### Three-Dimensional VCG Parameters

Maximum QRS and T vectors and ventricular gradient (VG) vector were computed for each patient from their averaged QRS-T complexes, and each vector was quantified by determining spatial vector magnitude and orientation angles in frontal plane ( $0^\circ$  left,  $90^\circ$  inferior,  $-90^\circ$  superior, and  $\pm 180^\circ$  right) and the horizontal plane ( $0^\circ$  left,

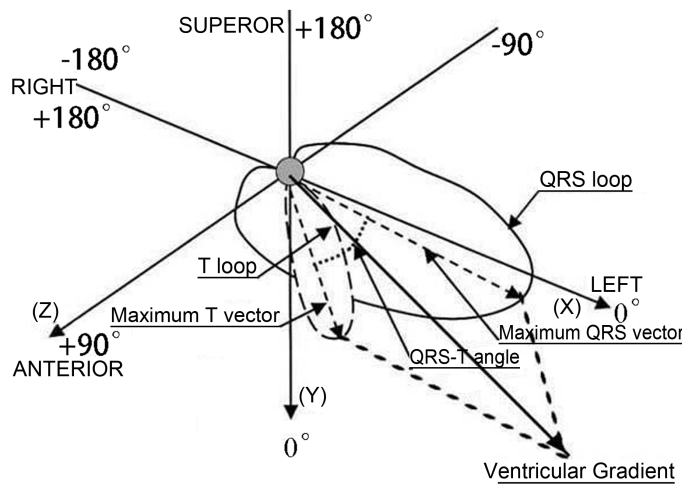
**Table 2.** Clinical Characteristics of the Total Population

Characteristics	Non-PAH	PAH	PAH with RV Hypertrophy	F/X <sup>2</sup>	P
Age (years)	69.12 ± 12.34	64.1 ± 11.74	68.46 ± 6.61	2.05	0.13
BMI (kg/m <sup>2</sup> )	20.90 ± 3.88	20.11 ± 3.28	21.24 ± 2.68	0.90	0.41
HR (beats/min)	85.82 ± 13.85	88.9 ± 13.53	93.38 ± 14.21	2.20	0.12
Female gender	13 (56.52)	12 (54.55)	9 (52.94)	0.20	0.91

Values are presented as means and standard deviation or No. (%), unless otherwise indicated.



**Figure 1.** Schematic presentation of the QRS vector loop and the maximum QRS vector in space. QRS<sub>elevation</sub> (A) is the angle between the maximum QRS vector and an axis perpendicular to the horizontal plane, 0° being the vector directed downwards. QRS<sub>azimuth</sub> (B) is the angle between the projected maximum QRS vector on the horizontal plane (XZ) and the left extremity of the X axis, 0° being the vector pointed to the left. Forward vector directions are defined as 0° to 180°, and backward vector directions as 0° to 180°, respectively.



**Figure 2.** Spatial QRS-T angle and ventricular gradient. Spatial QRS-T angle is the angle between the QRS and T axes. Clockwise vector motions from the QRS axis to the T axis are defined as positive, and inverse motions as negative, respectively. VG is defined as the vectorial sum of the QRS and T integrals, which is generalized by parallelogram rule in three-dimensional geometric space.

90° anterior, -90° posterior, and ±180° right; Fig. 1A).<sup>6-10</sup> The XYZ components of the VG vector were obtained as the integrals of the XYZ leads from the beginning of QRS to the end of the

T wave) (Fig. 2). These parameters and the spatial angle between the maximum QRS and T vectors were used to describe the characteristics in each study group.

**Table 3.** Comparison of 3DVCG–Derived Variables in the Three Categories

3DVCG Variables	Non-PAH	PAH	PAH with RV Hypertrophy
QRS <sub>magnitude</sub> (mV)	1.05 ± 0.38	1.03 ± 0.27	0.96 ± 0.37
QRS <sub>elevation</sub> (°)	53.02 ± 25.56	79.08 ± 33.10 <sup>a</sup>	60.5 ± 21.32 <sup>b</sup>
QRS <sub>azimuth</sub> (°)	-23.54 ± 32.97 <sup>c</sup>	-62.20 ± 57.01 <sup>d</sup>	-139.74 ± 26.03 <sup>e</sup>
Spatial QRS-T angle (°)	68.71 ± 34.60 <sup>f</sup>	114.62 ± 46.14 <sup>d</sup>	93.49 ± 38.03 <sup>b</sup>
The ratio of the QRS <sub>magnitude</sub> and T <sub>magnitude</sub>	3.99 ± 2.32	5.80 ± 5.03	6.43 ± 4.10
VG <sub>magnitude</sub> mV	1.15 ± 0.32	0.93 ± 0.42 <sup>a</sup>	1.03 ± 0.37
VG <sub>elevation</sub> (°)	51.87 ± 25.62	79.46 ± 32.72 <sup>a</sup>	65.10 ± 18.50
VG <sub>azimuth</sub> (°)	-9.22 ± 27.92 <sup>c</sup>	-56.72 ± 28.18 <sup>d</sup>	-135.36 ± 40.70 <sup>e</sup>
T <sub>magnitude</sub>	0.22 ± 0.09	0.25 ± 0.11 <sup>a</sup>	0.18 ± 0.08
T <sub>elevation</sub>	-45.87 ± 13.39 <sup>f</sup>	-38.43 ± 24.71 <sup>a</sup>	-37.86 ± 25.54
T <sub>azimuth</sub>	19.78 ± 7.42 <sup>f</sup>	25.87 ± 85.8 <sup>a</sup>	-7.14 ± 6.83 <sup>b</sup>

All data are presented as means ± standard deviation. QRS<sub>magnitude</sub> is the magnitude of the maximum QRS vector.

<sup>a</sup>P < 0.05, for comparisons vs. non-PAH.

<sup>b</sup>P < 0.05, for comparisons vs. PAH.

<sup>c</sup>P < 0.01, for comparisons vs PAH with RV hypertrophy.

<sup>d</sup>P < 0.01, for comparisons vs. non-PAH.

<sup>e</sup>P < 0.01, for comparisons vs. PAH.

<sup>f</sup>P < 0.05, for comparisons vs. PAH with RV hypertrophy.

### Statistical Analysis

The SPSS 13.0 for Windows Software package was used for data analysis. Continuous data were presented as means and standard deviation. Comparison of 3DVCG–derived parameters in three groups was performed with one-way analysis of variance with post hoc Bonferroni correction. Pearson correlation analysis was used for comparison of the ones with pulmonary artery systolic pressure in PAH. A value of P < 0.05 was considered to be statistically significant.

## RESULTS

### Comparison of Derived VCG Parameters in Study Subgroups

The results from the comparison of 3DVCG–derived parameters in the three study groups are summarized in Table 3. With the transition from non-PAH to PAH without RVH and further to PAH with RVH, QRS<sub>az</sub> decreased from -23 ± 33.0° to -62 ± 57.0° and to -140 ± 26.0 (P < 0.01 for pairwise differences between non-PAH versus PAH without RVH groups and between the PAH groups). Similar significant trends as for QRS<sub>az</sub> took place for VG<sub>az</sub>. The spatial QRS-T angle was larger in patients with PAH than those with non-PAH (115 ± 46.1° vs. 68.7 ± 34.6°, P < 0.01), but it was narrower in patients with PAH and RV hypertrophy than those with PAH without RVH

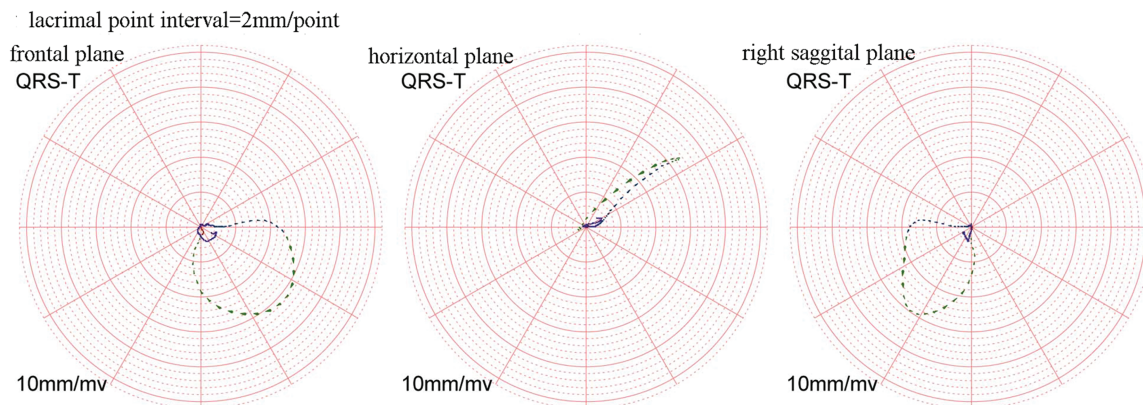
(115 ± 46.1° vs. 94 ± 38.0°, P = 0.13, although the small decrease did not reach statistical significance.

### Correlation between PAPS and 3DVCG Variables

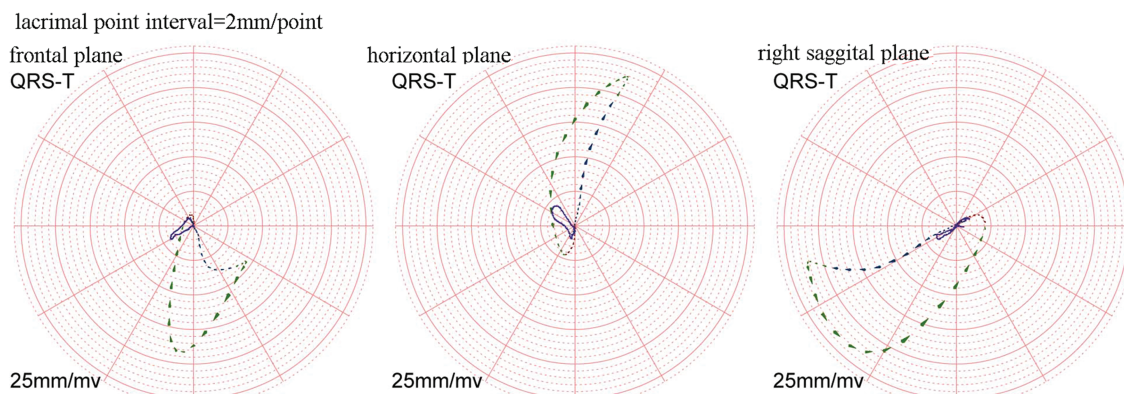
There was a linear correlation between the QRS-T angle and PAPS in patients with PAH (r = 0.89, P < 0.05). Linear regression analysis rendered the following formula for prediction of PAPS: PAPS = 0.08 × QRS-T angle + 40 (R<sup>2</sup> = 0.80, P < 0.05). In addition, PAPS was inversely correlated with VG<sub>az</sub> (r<sup>2</sup> = -0.86, P<sup>2</sup> < 0.05), and the formula for prediction of PAPS from VG<sub>az</sub>: PAPS = -0.13 × VG<sub>az</sub> + 41 (R<sup>2</sup> = 0.74, P < 0.05). These formulas imply that a QRS-T angle increase by 10° was associated with a 0.8 mmHg increase in PAPS and a 10° decrease in the azimuth of the VG vector was associated a 1.3 mmHg increase in PAPS.

## DISCUSSION

The key results of our study were the following: (1) The azimuth of the QRS vector decreased progressively from the non-PAH group to PAH without RVH and PAH with RVH, demonstrating a progressive shift from posterior-left to posterior-right. (2) A similar shift was observed in the azimuth of the VG vector. (3) The correlation between PAPS and QRS-T angle was significant (r = 0.89, P < 0.05) and similarly between PAPS and the azimuth of the VG vector (r = 0.86,



**Figure 3.** QRS and T vector loops of one patient in non-PAH. The azimuth is  $-38.15^\circ$  and the elevation is  $58.24^\circ$ . The big head of lacrimal point is the rotation direction forward.



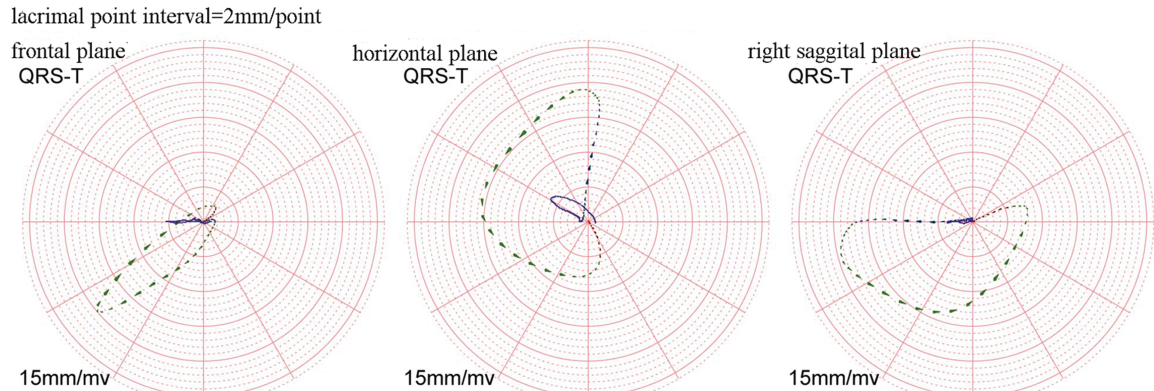
**Figure 4.** QRS and T vector loops of one patient in PAH. The azimuth is  $-70.66^\circ$  and the elevation is  $76.42^\circ$ . The big head of lacrimal point is the rotation direction forward.

$P < 0.05$ ). (4) In a linear regression model, a QRS-T angle increase by  $10^\circ$  was associated with a 0.8 mmHg increase in PASP and a  $10^\circ$  decrease in the azimuth of the VG vector was associated a 1.3 mmHg increase in PASP. These results concur with limited earlier data from an animal experiment and a clinical observation.<sup>9,10</sup>

### Impact of PAH and RV Hypertrophy on the Maximum QRS Vector Azimuth in Patients with COPD

In the group of COLD patients with no PAH, the mean QRS vector is directed to inferior-left and slightly posterior and the peak T vector to inferior-left and slightly anterior (Table 3, Fig. 3). Because spatial direction of repolarization sequence is diametrically opposite to the direction of T vectors, the above QRS-T relationship implies that the spatial direction of repolarization

sequence is predominantly reverse with respect to depolarization during repolarization of the free LV wall. This resembles the reverse repolarization of the left ventricle in clinically normal subjects.<sup>11,12</sup> Compared to No-PAH group, in the PAH group with no RVH (Fig. 4), the mean QRS vector shifts further posterior (Raz decreases from  $-24^\circ$  in the No-PAH to  $-62^\circ$ ) with little change in the direction of the mean T vector. Finally, in the PAH group with RVH, QRS peak vector shifts to posterior-right (Raz decreases to  $-140^\circ$ ) and in both PAH groups QRS vector direction remains prominently inferior. The prominent right-inferior orientation of the mean QRS vector is exemplified in Figure 5 from the frontal and horizontal plane loops from a representative patient of that group. The wide horizontal plane QRS loop of the patient is seen rotating from left-anterior to right-anterior and then having an increasingly prominent terminal posterior orientation. The T vector loop orientation



**Figure 5.** QRS and T vector loops of one patient in PAH with RV hypertrophy. The azimuth is  $-163.85^\circ$  and the elevation is  $50.31^\circ$ . The big head of lacrimal point is the rotation direction forward.

in the horizontal plane indicates that except for a relatively short initial period, the direction of terminal repolarization is prominently reverse with respect to the direction of depolarization.

### Interpretation of the Finding and Possible Mechanisms for the Findings

The notion of VG was introduced by Wilson in 1934 as a net time integral of QRS-STT complexes of any single lead ECG.<sup>13</sup> The concept was generalized as a 3D VG vector by Burger,<sup>14</sup> who noted that under simplified assumptions VG was independent of the origin of cardiac excitation. In a uniform nerve fiber with constant action potential waveform and action potential duration (APD)  $VG = 0$ . The cardiac situation is far more complex, with hemodynamic conditions changed with respect to intracavitary blood volume (Brody effect), fiber orientation, walls strain distribution, distance from cardiac source to recording points, and many other factors.

Of particular interest is the interpretation of the findings in PAH with respect to directional relationships between QRS and T vectors, QRS-T angle, and VG. In clinically normal persons and evidently also in the COLD group with non-PAH in LV free wall, the epicardial APDs are shorter than endocardial APD.<sup>11,12</sup> Ionic channel currents regulating APD are involved as the mechanism. LV epicardial layers where repolarization normally starts have higher levels of transient outward potassium current (Ito) expression. This accounts for the reverse repolarization sequence (and nonzero VG) of the left ventricle. However, terminal repolarization sequence in clinically

**Table 4.** Correlation Coefficients between Pulmonary Arterial Systolic Pressure and the 3DVCG Variables

3DVCG Variables	Correlation Coefficient	P Value
QRS <sub>magnitude</sub>	0.608	>0.05
QRS <sub>elevation</sub>	0.594	>0.05
QRS <sub>azimuth</sub>	-0.529	>0.05
QRS-T angle	0.89 <sup>a</sup>	<0.05
VG <sub>magnitude</sub>	0.521	>0.05
VG <sub>elevation</sub>	0.668	>0.05
VG <sub>azimuth</sub>	-0.86 <sup>a</sup>	<0.05

<sup>a</sup>indicates  $P < 0.05$ .

normal subjects is concordant with respect to depolarization direction.

The situation changes progressively in patients with PAH, with mean QRS vectors shifting posterior and then posterior-right and terminal repolarization sequence direction becoming progressively more reverse (as already noted referring to Figure 5 and Table 3) in particular in the group with PAH and RVH. In the latter group hypertrophied RV wall in the region of pulmonary cone and supraventricular repolarization is closely reverse with respect to depolarization sequence. Reverse repolarization sequence necessitates the assumption that RV epicardial APD become shorter than endocardial APD. Overall, VG magnitude increase and the VG azimuth change parallel increasing QRS/T angle. Henkens et al.<sup>9,10</sup> found in rats with experimentally induced RVH a drastic increase in QRS/T angle by 25 days with terminal repolarization sequence changing from normal concordant to reverse sequence. These authors considered the these changes as an adaptive

mechanism also suggesting that downregulation of RV load- (stretch-) dependent voltage-gated potassium channels is likely involved.

The above directional QRS/T relationships also explain the observed correlation of QRS/T angle and VGaz with PAH in Table 4 and the observed predictability of PAH from QRS/T angle and VGaz.

## CONCLUSION

Our results suggest that 3DVCG parameters may be useful for predicting PASP in COLD patients, and possibly also for differentiation between COLD patients with PAH and RVH from those without RVH.

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**Authors Contributions:** D. Pan carried out the COPD studies, participated in design, data collection, the laboratory analyses, the statistical analyses, and the drafting of the manuscript. R. Liu conceived of the study, and participated in its design and coordination and helped to revise it critically for important intellectual content and gave final approval of the version to be published. S. Ren, C. Li, and Q. Chang contributed to the data collection, the revise of the manuscript for important intellectual content. All authors read and approved the final manuscript.

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