# REVIEW

# **Technical Mistakes during the Acquisition of the Electrocardiogram**

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> In addition to knowledge of normal and pathological patterns, the correct interpretation of electrocardiographic (ECG) recordings requires the use of acquisition procedures according to approved standards. Most manuals on standard electrocardiography devote little attention to inadequate ECG recordings. In this article, we present the most frequent ECG patterns resulting from errors in limb and precordial lead placement, artifacts in 12-lead ECG as well as inadequate filter application; we also review alternative systems to the standard ECG, which may help minimize errors.

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In addition to knowledge of normal and pathological patterns, the correct interpretation of electrocardiographic recordings requires the use of acquisition procedures according to approved standards.1 Many electrocardiograms (ECGs) obtained in routine daily practice present inadequate lead placement. Heden et al., $\frac{1}{2}$  using automated ECG analysis software, showed that 2% of more than 11,000 ECGs analyzed presented lead placement interchange. To these errors, others must surely be added—those frequently presenting due to high precordial lead displacement and, less frequently, those produced when limb leads are placed on the chest.

The presence of artifacts in ECG recordings may induce important diagnostic errors leading to unnecessary therapeutic interventions,<sup>3</sup> such as antiarrhythmic treatment or the implantation of pacemakers or defibrillators. In this respect, Knight et al.<sup>4</sup> showed that 38% of nearly 500 electrophysiologists participating in their study diagnosed as ventricular tachycardia what was in fact an artifact.

Most manuals on standard electrocardiography devote little attention to inadequate ECG recordings. In this article, we present the most frequent ECG patterns resulting from errors in limb and precordial lead placement, artifacts or inadequate filter application; we also review alternative systems to the standard ECG that may help minimize errors.

# **INCORRECT PLACEMENT OF LIMB LEADS**

## **Upward Displacement**

Proximal or distal placement of leads on the limbs produces different ECG tracings and should therefore be correctly performed, although great precision is not required. Positioning of the limb

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Figure 1. (A) Electrocardiogram of a patient with acute coronary syndrome (ACS) due to coronary descending artery occlusion, obtained with standard electrode placement. (B) Electrocardiogram of the same patient obtained with Mason-Likar system, showing markedly reduced R voltage in lead I and aVL, and increased in lead III and aVF. The reciprocal changes in inferior leads due to coronary descending artery occlusion are further accentuated on displacement of the limb electrodes to the torso.

lead electrodes on the chest according to the Mason-Likar system<sup>5</sup> causes a rightward shift of the QRS axis, thus diminishing R voltage in lead I and aVL and increasing it in leads II, III, and aVF (Fig. 1). $6-8$  Long ago, Einthoven obtained his first recordings using distal limbs submerged in buckets of salt water. Later authors $9-10$  recommended placing electrodes on arms and legs far from the shoulders and hips, but not necessarily on the wrists and ankles.

The introduction of single-use adhesive electrodes, easily applied to any part of the limbs or even the chest, has significantly reduced ECG artifacts caused by movement and allowed more proximal limb lead placement.<sup>11</sup> Although advantageous in terms of speed and easy application, $^{12}$  the use of such electrodes with upward displacement provides ECGs that cannot be considered equivalent to standard ECGs. Any modification of the position of the limb electrodes should be recorded



**Figure 2.** (A) The most frequent interchanges without ground electrode displacement to upper limbs. (B) The presence of an isoelectric line in Einthoven leads identifies electrode interchange when involving only two electrodes.

and taken into consideration when the ECG is interpreted.

### **Electrode Placement Interchange**

In general, the ECG patterns recorded with limb lead interchange depend on the patient's basal ECG (Fig. 2A). However, there are well-defined patterns resulting from incorrect lead placement, regardless of the basal ECG. For example, tracings with a practically isoelectric line in leads I, II, or III are due to misplacement of the ground lead<sup>13-14</sup> to an upper limb (Fig. 2B).

#### **Contralateral Interchange**

*Interchange between Right and Left Arm Electrodes.* This combination is one of the easiest errors to identify in routine clinical practice ECGs. Generally, the usual lead I tracing is inverted in sinus rhythm and P, QRS, and T are negative. Lead II is in fact lead III, and aVR is aVL and vice versa. With the left leg electrode correctly placed, aVF remains unaltered. The negative P wave recorded in lead I and positive in aVR, as can be observed in ectopic rhythms, is exceptional during sinus rhythm.<sup>15</sup> In the vertical heart, this interchange produces lead I morphology showing qR or QR and aVR showing QS complex (Fig. 3). In patients with dextrocardia,



**Figure 3.** (A) Frontal plane leads in a healthy patient with left shift of the QRS electrical axis. (B) on interchanging left arm and right arm electrodes, the ECG shows the classical pattern of P, QRS, and T as negative waves in lead DI and positive in aVR. However, in the vertical heart (C) the most striking finding may be (D) a QR or qR complex in lead DI with negative P wave or negative/positive in aVR.

we may record morphologies similar to those obtained with right-left arm interchange but we do not observe the usual progression of the R wave in the precordial leads. In atrial fibrillation, this technical error can be distinguished from dextrocardia by the discordance between the QRS complex in lead I, which is predominantly negative, and  $V_{6}$ , which is positive.<sup>16</sup>

*Interchange between the Right and Left Leg Electrodes.* Interchange between the right and left leg electrodes may be overlooked in the ECG, since the potentials of the two legs are practically the same and the recording does not differ from that obtained with standard electrode placement.

#### **Homolateral Interchange**

*Interchange between Right Arm and Right Leg Electrodes.* The artifact generated by interchange between right arm and right leg electrodes is easily identified; it manifests as a practically isoelectric line in lead II, because there is practically no difference between the potentials of the right arm electrode (now on the right leg) and the left leg<sup>13</sup> (Fig. 2B). However, the difference in potential increases notably if the electrodes are elevated to the iliac crests.<sup>17</sup> In addition, lead I is inverted lead III while lead III is unaffected. Leads aVR and aVF are identical since the voltage recorded from the left and right legs is practically the same. Precordial lead voltages are only slightly affected.



Figure 4. (A) Electrocardiogram recorded with left leg-left arm electrode interchange. In this case, the P axis has a left shift with a P wave in lead I and aVL amplitude greater than in lead II. In lead III, a negative P wave is recorded followed by a QRS complex with dominant R. (B) Electrocardiogram of the same patient with correctly placed electrodes with P axis at 60◦. (C) Left leg–left arm electrode interchange in a patient with atrial flutter: the ECG shows the typical saw tooth morphology in lead III and aVF but not in II. (D) Electrocardiogram of the same patient with correctly placed electrodes.

*Interchange between Left Arm and Left Leg Electrodes.* Although changes are produced in all frontal plane leads except aVR, this placement error is difficult to detect. In general, the electrical axis of the P wave is more leftward than normal (30–70◦ in 90% of normal cases $1^{18}$  with a larger P wave in lead I than in lead II, while in lead III we occasionally observe a biphasic  $(-/+)$  P wave such as one that can be recorded in ectopic rhythms<sup>19</sup> (Fig. 4). Heden proposed an automated system that can detect interchange between left arm and left leg electrodes with a sensitivity of 57% and specificity of practically 100%.<sup>2</sup> In the presence of atrial flutter, this error is easily detected by the characteristic sawtooth morphology recorded in lead III and aVF but not in lead II.<sup>19</sup> If this error occurs in an acute coronary syndrome patient with ST elevation in the inferior

leads due to right coronary artery occlusion, the ECG shows ST elevation in lead I and aVL and ST depression in lead III and aVF, which in principle indicates that the defective artery is not the right coronary.<sup>20</sup> The same occurs in chronic phase inferior myocardial infarction with Q waves in lead II, III, and aVF where this interchange "displaces" the necrosis toward lead I and  $aVL^{21}$ 

#### **Cross-Over Electrode Interchange**

*Interchange between Right Arm and Left Leg Electrodes.* This error produces generalized inversion of the basal ECG in all the frontal plane leads except aVL. In most cases, the recording simulates that of a chronic phase inferior myocardial infarction and nonsinus rhythm<sup>22</sup> with greater inversion of the P



**Figure 5.** (A) Frontal plane leads in a 60-year-old male patient showing inferior myocardial infarction in chronic phase. (B) The same patient with right arm-left leg electrode interchange. In this case, aVF resembles the usual aVR lead and II is inverted. The Q wave in lead II disappears and its depth in aVF is reduced, thus simulating less extension of the necrosis. (C) A 30-year-old woman without cardiopathy with correctly placed electrodes. (D) Tracing of the same patient with clockwise electrode rotation without ground electrode displacement, showing negative QS and P wave complexes similar to those obtained with right arm-left leg electrode interchange obtained in a patient without previous inferior infarction.

and T waves in the rS or QS complexes. The QRS is usually positive in aVR and negative in lead I, as commonly observed when the left and right arm electrodes are interchanged. In patients with previous inferior myocardial infarction, this electrode interchange can cause the Q wave in lead II to disappear, giving the impression of a less extensive infarction (Fig. 5).

*Interchange between Left Arm and Right Leg Electrodes.* The most striking aspect in this case is the presence of a practically isoelectric line in lead III (Fig. 2B) due to practically no difference in potential between the right leg electrode (negative pole) and the incorrectly placed left leg electrode (positive pole). $23$  In this case, leads I and II are identical. This type of error also affects the potential of the precordial leads.

#### **Clockwise and Anticlockwise Interchange without Misplacement of the Ground Lead**

Ho and  $Ho^{24}$  described these two unusual ECG patterns resulting from the misplacement of three electrodes.

Clockwise rotation generates a pattern similar to that obtained from interchanging right arm and left leg leads, with negative P waves and QRS complexes in inferior leads. Anticlockwise rotation generates a P axis with a marked right shift, with P positive in aVR and negative in lead II. Lead I and aVL are replaced by—II and aVR, respectively.

# **INCORRECT PLACEMENT OF PRECORDIAL LEADS**

The misplacement of precordial lead electrodes is perhaps the most frequent error found when 12 lead ECGs are performed. The degree of inexactitude in the placement of precordial electrodes is closely related with the level of technical training of the professional performing the technique.<sup>25</sup> This technical error may be due to

- (1) Vertical displacement of electrodes, usually toward the head.
- (2) Horizontal displacement of electrodes.
- (3) Interchange of electrodes with respect to their assigned places.

The first and second cases are more difficult to detect than the third where abnormal R wave progression reveals the technical error.

# **Vertical Displacement of Electrodes**

The method of correct placement of the precordial leads was described long ago<sup>26-28</sup> and has recently been updated. $1$  The precise identification of the intercostal spaces (IS) is necessary for such placement.<sup>29</sup> Of vital importance is the localization of the Sternal Angle or Angle of Louis (Fig. 6) to identify the 2nd IS and thereafter the 3rd and 4th IS. On occasions, there may be difficulty in locating the anatomical reference points, for example in obese individuals without a prominent sternal



**Figure 6.** (A) From the sternal notch, the 2nd and 3rd fingers are slid down the sternum to the angle of Louis. (B) Sliding the fingers to the left or right, the 2nd intercostal is located, then downward to locate the 3rd and 4th intercostal spaces.

angle. A typical error when trying to locate the 1st IS is to confuse it with the costoclavicular space.

Another frequent error is high IS placement of  $V_1$ and  $V_2$ .<sup>30,31</sup> This produces important ECG changes, especially in the P, R, and T waves.<sup>32</sup> Zema et al.<sup>33</sup> showed 1 mm reduction of the R wave for every IS involved. Certain morphological patterns are produced, and knowing them helps identify high placement of these electrodes (Fig. 7A).<sup>34,35</sup>

(1) The recording of the negative component of P wave in  $V_2$  indicates high placement. This P morphology can be recorded as from the 3rd IS and is usually accompanied by an isodiphasic P wave in  $V_1$  or with a predominantly negative component.

- (2) Exclusively negative P wave in  $V_1$ . In ECGs obtained from healthy subjects, the P wave in  $V_1$  is positive or diphasic type +/− with greater positive component and a slight slope. High placement of this electrode suggests that  $V_1$  is recording the tail of the resulting vector instead of the head due to atrial depolarization.
- (3) The classic  $rSr'$  pattern with a negative P wave is exclusively indicative of  $V_1$  placement in the 2nd IS; this placement error presents in 17% of healthy individuals' ECGs. In this case, the high placement of  $V_1$  results in recording of the third vector due to basal ventricular depolarization  $(r' \circ R')$ .

The  $V_4$ - $V_6$  electrodes are sometimes placed lower and too far to the left than their correct position,<sup>30</sup> and furthermore,  $V_5$  and  $V_6$  are erroneously placed attempting to follow the costal curvature of the 5th IS. This is probably due to the fact that many ECG textbooks mention this anatomical reference point instead of the correct one, which is the same horizontal level as  $V_4$  at the intersection of the anterior and midaxillary line. $16$  New guidelines for the standardization and interpretation of ECGs recommend placing  $V_5$  on the midline between  $V_4$ – $V_6$ when the anterior axillary line is not well defined.<sup>1</sup> However,  $V_1$  and  $V_2$  recordings with high IS electrode placement may be useful for increasing sensitivity to detect Brugada syndrome.<sup>36,37</sup>

In women,  $V_1$  and  $V_2$  electrode placement is usually not affected by the breast size, whereas the placement of the other precordial leads, especially V4 may be complicated by large breasts. Much debate has centered on the possible voltage attenuation of the ECG waves by placing electrodes on the left breast. Colaco<sup>38</sup> compared R wave amplitude with electrodes placed on the breast or below it. He showed significantly reduced  $V_3$  voltage with breast placement, but no significant differences for  $V_4$ . However,  $V_5$  and  $V_6$  voltage was greater with electrodes placed on the left breast compared with placement below it.

Rautaharju et al.<sup>39</sup> reported that the effect of breast placement on ECG wave amplitude was insignificant and therefore recommended breast placement of precordial lead electrodes to facilitate more precise positioning. However, current

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**Figure 7.** (A1) Subject without cardiopathy and the  $V_1$  and  $V_2$  electrodes correctly placed; the P wave is positive in both leads. (A2)  $V_1$  and  $V_2$  electrodes placed on the 3rd intercostal space; the P wave is positive in both leads. (A3) rSr' pattern preceeded by a negative P wave in  $V_1$  and  $V_2$ ; this suggests high placement of these electrodes (on the 2nd intercostal space). (B) Leads  $V_1$ and  $V_2$  in a patient without cardiopathy and normal ST segment, obtained with electrodes correctly placed in the 4th and 3rd intercostal spaces. If the electrodes are placed on the 2nd intercostals space, we see rectification and increased ST segment in  $V_1$  and  $V_2$ .

guidelines recommend electrode placement below the breast, pending further evidence from new studies<sup>1</sup>

In certain clinical situations such as acute coronary syndrome, incorrect precordial electrode placement may falsely reduce or increase signals from ischemic areas. $40$  In other situations, such as chest pain of doubtful origin in combination with electrode misplacement<sup>41</sup> (Fig. 7B), inappropriate therapeutic intervention may be initiated.

# **Horizontal Displacement of Electrodes**

Horizontal displacement occurs most frequently with the placement of the  $V_3$  to  $V_6$  electrodes.

Thus, on performing seried ECGs as in patients with suspected ACS, small placement changes may be important for diagnosis. In this case, the use of single-use adhesive electrodes, or skin marking to indicate the exact position of the precordial leads, will help to ensure the same electrode placement for each recording<sup>42</sup> (Fig. 8A). For  $V_4$  placement, visual estimation without anatomic reference points or taking the breast aureole as the midaxillary line are not infrequent practices, which involve the risk of left or right displacement of this electrode and consequently incorrect ECG tracings. A recommended method to locate the midclavicular line is to start by placing the index finger on the sternocostoclavicular joint and the middle finger on the



**Figure 8.** (A) Patient with acute myocardial infarction at subacute stage with  $V_1-V_6$  Q waves and correctly placed precordial leads (A.1). Small changes of leftward misplacement of V<sub>3</sub>–V<sub>6</sub> electrodes (A.2) cause significantly modified QRS morphology with qR in V<sub>6</sub>. According to classical nomenclature, the first ECG (A.1.1) would be interpreted as necrosis spreading to low lateral wall, and the second ECG (A.1.2) as no recorded spreading. A.2: Patient with inferolateral infarction (R  $\geq$  S1 in V<sub>1</sub>) and QR in V<sub>6</sub> (A2.1). After slight rightward displacement of the precordial leads, the QR pattern in  $V_6$  disappears. B.1: ECG of a healthy 45-year-old man with  $V_6 > V_5$  voltage, which obliges us to review the placement of these two electrodes. B.2: Interchange between the two black colored electrodes,  $V_5$  and the ground lead (IEC), which imitates interchange between  $V_6$  and  $V_5$ . In this case, we can observe the loss of S in  $V_5$  that is present in  $V_4$  and  $V_6$ .

acromioclavicular joint, then join them toward the middle of the clavicle.

#### **Interchange of Precordial Electrodes**

This error is easily identified by the alteration it produces in the normal pattern of the R wave in precordial leads. $43$  When the R wave is higher in lead  $V_6$  than in lead  $V_5$ , interchange of these electrodes must be suspected, since this finding is not observed in normal ECGs<sup>44</sup> but can be found in left ventricular hypertrophy<sup>45</sup> (Fig. 8B).

# **INTERCHANGE BETWEEN LIMB AND PRECORDIAL ELECTRODES**

This interchange generates important changes in both planes of a standard ECG, altering Wilson's

Central Terminal $17$  except if the interchange affects the ground electrode (Fig. 8B). The fact that the electrodes recording both planes are the same  $color<sup>46</sup> together with operator in experience,<sup>47</sup> fa$ vors this type of error. There are two different systems of color coding and cable labeling (Fig. 9), one recommended by the American Heart Association (AHA) and the other by the International Electrotechnical Commission (IEC).

# **ARTIFACTS THAT SIMULATE ARRHYTHMIAS IN THE 12-LEAD ECG**

The literature contains numerous cases of artifacts simulating cardiac arrythmia. $48-50$  In general, most artifacts are directly attributable to

| AHA                | IEC                |                                  |
|--------------------|--------------------|----------------------------------|
| Colour/Inscription | Colour/Inscription | <i>Placement/Positions</i>       |
| White/RA           | Red/R              | Right arm                        |
| Black/LA           | Yellow/L           | Left arm                         |
| Green/RL           | Black/N            | Right leg                        |
| Red/LL             | Green/F            | Left leg                         |
| Red-brown/V1       | Red-white/C1       | Fourth IS right sternal border   |
| Yellow-brown/V2    | Yellow-white/V2    | Fourth IS left sternal border    |
| Green-brown/V3     | Green-white/C3     | Midway between V2 and V4         |
| Blue-brown/V4      | Brown-white/C4     | Fifth IS left midclavicular line |
| Orange-brown/V5    | Black-white/C5     | LAA at the level of V4           |
| Purple-brown/V6    | Violet-white/C6    | LMA at the level of V4           |

Figure 9. Electrode color coding and labeling system for electrocardiograms recommended by the American Heart Association and the International Electrotechnical Commission.

patient factors such as tremor or voluntary movements during ECG recording; however, they are also caused by deficient electrode-skin contact.

Confusing an artifact with an important diagnostic entity may lead to inappropriate clinical intervention. Serious error may occur when an artifact results in diagnosis of ventricular tachycardia, for example, and unnecessary diagnostic and therapeutic procedures for the patient. $^2$  In this case, the artifact may easily be identified if any of the 12 leads presents basal rhythm of the patient. In other cases, it is necessary to perform a detailed examination of the basal complexes underlying the artifactual tracing appearing as a spike  $(R$  wave) or a notch<sup>51</sup> (Fig. 10A). For this, a useful procedure is to identify the basal rhythm with a pair of compasses.

It is important to know that certain artifacts may sometimes simulate atrial waves. These artifacts may be produced by diaphragmatic contractions (singultus or hiccups) and also recording problems arising from involuntary patient movement such as tremor (Parkinson's disease). In the latter case, the artifact is usually more evident in the frontal plane leads, and the basal rhythm of the patient may be present in the precordial leads (Fig. 10B). The problem may disappear on placing the limb electrodes as proximal as possible, $52$  bearing in mind the need to record the modifications made in electrode placement. Davidenko and Snyder<sup>53</sup> showed that on numerous occasions baseline artifacts lead to misdiagnosis of atrial fibrillation by medical staff, especially when there was irregular ventricular rhythm and low P wave amplitude.

# **IMPROPER FILTER APPLICATION**

Improper filter application is relatively frequent in ECGs performed in daily clinical practice, as shown by Kligfield and Okin.<sup>54</sup> In the great majority of the ECGs they studied, filters were applied that did not conform to the standards established by AHA in 1975. The most prevalent deviation



**Figure 10.** (A) Healthy 35-year-old patient, with palpitations. Holter recording shows rapid bursts with wide complexes and morphology similar to that of ventricular flutter. Detailed examination of the recording allows identification of the basal rhythm (arrows) hidden among the wide artifactual complexes. (B) Patient with Parkinson's disease whose ECG simulates atrial flutter in DIII while V<sub>4</sub> clearly shows P waves.

from standard was reduced high-frequency cutoff, which was present in 96% of tracings with nonstandard bandwidth (most commonly 40 Hz). Increased low-frequency cutoff was present in 62% of ECGs in which it was documented.

The objective of filtering 12-lead ECG recordings is to reduce unwanted signals, noise and interference, and thus provide an ECG of maximum quality. Among the most important signals that may provoke artifacts are those produced by the electrical power line and electromiographic signals produced by normal or abnormal muscular activity (Parkinson's disease and others) (Fig. 11A). However, acquiring ECGs with clean amplification and high gain is no easy task; filtering should only minimally distort or modify the original unfiltered cardiac signals.

The filters habitually applied in electrocardiography are as follows:

#### (1) Alternating current filtering.

Alternating current frequency varies from 50 Hz (e.g., in Spain) to 60 Hz (e.g., in USA). Modern ECG recorders incorporate a notch filter that selectively attenuates the frequency of the interference produced by the electrical power line with a very narrow range of frequency so as not to significantly affect cardiac signals.<sup>55</sup> This filter cannot normally be deactivated from the keyboard, although some recorders allow this.

#### (2) Low-frequency high-pass filter.

Low frequency interference presents as baseline wander in the ECG. The low-frequency high-pass filter is important to attenuate this, which occurs with patient movement and breathing. Current AHA guidelines<sup>1</sup> establish a low-frequency filter



Figure 11. (A) Examples of artifacts caused by different circumstances. (B) Effect on the ST segment on manually applying three different low-frequency filters to precordial lead signals, in a healthy patient with early repolarization. A striking elevation of the ST segment is observed in  $V_1$  and  $V_2$  on applying the 0.5 Hz filter, but not when the standard recommended filter (0.05 Hz) is applied. (C) Lead  $V_5$  in a healthy 23-year-old man with early repolarization. The J wave is visible on applying the low-pass filter at 150 Hz (arrow), but this disappears on reducing the frequency to 40 Hz.

cutoff of 0.05 Hz, which may be up to 0.67 Hz if linear filters are used with zero distortion phase.<sup>56</sup> Using this filter to eliminate baseline sway or wander without distorting the ST segment may prove difficult on occasions (Fig. 11B). The use of conventional analogue filters with a frequency cutoff of 0.5 Hz may produce significant alterations of the ST segment. $57 - 59$  This situation is particularly important in nonlinear phases, when the frequency and wave amplitude change suddenly, as occurs at the end of the QRS complex and the beginning of the ST segment. $60$  To avoid potentially important distortion from the clinical point of view, it

is necessary to use a linear phase filter or a lowfrequency filter set at 0.05 Hz.

Bidirectional linear phase filters are most commonly used; they apply the same high-pass filter in the forward direction and then again in the reversetime direction. This type of filter presents two important features: (1) They double the filtering order (while only doubling the filtering computational cost instead of multiplying it by a factor of four) and (2) they do not produce signal delay, which may be prolonged when dealing with high-order linear filters. Biderectional filters require storage of the signal in the computer memory for reversetime filtering. From a practical point of view, this means that reverse-time filtering cannot be carried out when performing the ECG in real time (manual mode)<sup>54</sup> Alternative linear methods can be applied in real time, although there may be some signal delay.

#### 1. High-frequency low-pass filters.

High-frequency filters should be at least 150 Hz for adolescents and adults and up to 250 Hz for children.<sup>1</sup> It must be remembered that a highfrequency filter set too low, at 40 Hz for instance, eliminates most of the noise but also eliminates high-frequency signals that may be important from a clinical point of view (Fig. 11C) for example pacemaker peaks, R wave voltage, QRS notches,  $etc.<sup>61</sup>$ 

# **ALTERNATIVES TO STANDARD ECG RECORDING**

The different problems arising from incorrect electrode placement described above are directly related to the fact that standard 12-lead electrocardiography requires the correct placement of 10 electrodes. This number of electrodes may constitute a source of error. Much debate has therefore centered on the idea of developing more simplified recording systems.

In certain clinical settings, alternative ECG recording with simplified electrode placement is performed. Although any change in standard electrode positioning causes ECG wave alterations, this has little effect in continuous cardiac monitoring where the objective is to detect gross alterations in cardiac rhythm. Precisely in this setting, different more simplified systems of electrode placement

have been used; $62$  however, these present important limitations for ECG analysis.

The following two alternative systems developed in recent years are widely used:

(1) Mason-Likar system.

In 1966, Mason and Likar<sup>5</sup> introduced a modification of standard electrode placement to overcome signal distortion due to muscle activation in exercise ECG, placing standard limb electrodes on the torso. The right arm electrode in the Mason-Likar modification is assigned to a point in the infraclavicular fossa medial to the border of the deltoid muscle. The left arm electrode is located similarly on the left side. The left leg electrode is placed on the anterior axillary line half way between the costal ridge and the left iliac crest (this position is not critical) and finally, the right leg electrode is habitually placed in the region of the right iliac fossa but can be placed elsewhere.

The rapid and easy applicability of this modification $11,12$  together with elimination of artifacts caused by limb movement has promoted its use in resting ECG recording. However, significant variations are observed between standard and the Mason-Likar ECG, $6-8$  as mentioned previously. The Wilson Central Terminal is notably affected, with reduced R wave amplitude in precordial leads and right shift of the axis in the frontal plane (Fig. 1).

Although the Mason-Likar electrode positions have been suggested for use in routine 12-lead  $ECG<sub>1</sub>$ <sup>63</sup> an appropriate system for converting recording data obtained from standard positioning to the alternative is necessary, $64$  primarily for the limb lead measurements<sup>62</sup> or, although more complicated, the creation of new diagnostic standards adapted to this system.

#### (2) EASI system.

Dower et al. $65$  introduced a simplified configuration with four electrodes being placed on the patient torso (and one ground electrode, usually placed anywhere below these positions). Called EASI, this system places electrodes on E (sternum at the level of 5th intercostal space), A (midaxillary line at the level of  $V_6$ ), S (sternum below the sternal notch) and I (midaxillary line at the level of V6R). From these four electrodes, three essen-

tially orthogonal leads are recorded and from them a full 12-lead ECG is derived. This system has been the subject of many studies seeking to determine its comparability with standard ECG in different clinical settings, such as the diagnosis of multiple cardiac abnormalities $66$  and the classification of acute myocardial ischemia and old myocardial infarction, <sup>67</sup> where the tracings obtained with EASI were comparable to those obtained with the standard ECG system.

More recently, various studies have been published on the EASI system used to monitor highrisk coronary unit patients<sup>68</sup> and to detect acute coronary syndrome in hospitalized patients.<sup>69</sup>

Sejersten et al. $31$  compared the management of patients referred to hospital with chest pain who had undergone three types of ECG before hospitalization (Standard ECG, EASI, and Mason-Likar electrode configuration). They sought possible differences in clinical decisions based on the ECGs obtained. Although acknowledging the obvious limitation of a small sample size, the authors recommended using either alternative system for patient monitoring but emphatically not for diagnostic purposes.

Two important aspects must be considered when using alternative systems.

- (1) It is not possible to compare seried ECGs obtained using different systems. This has basic clinical implications, the same patient may have ECG recordings performed at different stages (prehospital setting, emergency department, coronary unit, hospital ward, etc.). Clearly, comparisons between ECGs obtained by different systems may lead to erroneous diagnosis and inappropriate decisions.
- (2) Any of the systems proposed as simplified alternatives to the conventional 12-lead ECG must consistently demonstrate accuracy and reliability in the clinical context, especially if our aim is to generalize their use as a routine technique.

# **CONCLUSION**

Undoubtedly, many factors and technical problems may alter the interpretation of ECGs. They may induce erroneous diagnoses and inappropriate therapeutic interventions, putting patients at risk, and harming the credibility of the medical

professional. Therefore, they are of significant clinical importance.

Training programs should include correct electrode placement and the differences between normal and pathological patterns, with special attention given to the ability to recognize ECG patterns derived from electrode misplacement, artifacts, and other technical problems inducing erroneous interpretation.

With specific training, the quality of ECG recording may be substantially improved and we could be assured that interpretation is based on artifact-free ECGs reflecting the real clinical situation of the patient.

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