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### **A Western-type dietary pattern and atorvastatin induce epicardial adipose tissue interferon signaling in the Ossabaw pig**

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#### **Abstract**

Epicardial adipose tissue (EAT) inflammation is thought to potentiate the development of coronary artery disease (CAD). Overall diet quality and statin therapy are important modulators of inflammation and CAD progression. Our objective was to examine the effects and interaction of dietary patterns and statin therapy on EAT gene expression in the Ossabaw pig. Pigs were randomized to 1 of 4 groups; Heart Healthy diet (high in unsaturated fat, unrefined grain, fruits/ vegetables [HHD]) or Western diet (high in saturated fat, cholesterol, refined grain [WD]), with or without atorvastatin. Diets were fed in isocaloric amounts for 6 months. A two-factor edge R analysis identified the differential expression of 21 genes. Relative to the HHD, the WD resulted in a significant 12-fold increase of radical s-adenosyl methionine domain containing 2 (RSAD2), a gene induced by interferon signaling. Atorvastatin led to the significant differential expression of 17 genes predominately involved in interferon signaling. Results were similar using the Porcine Translational Research Database. Pathway analysis confirmed the up-regulation of interferon signaling in response to the WD and atorvastatin independently. An expression signature of the largely interferon related differentially expressed genes had no predictive capability on a histological assessment of atherosclerosis in the underlying coronary artery. These results suggest

Data statement

Appendix A. Supplementary data

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MEW, NRM, and AHL: designed the research; NRM, SLF, and AHL: critically revised the manuscript; NRM, GSA, SLF, JFUJr., and AHL: designed the parent study; MEW, NRM, GSA, SLF, SJ, SL, AM, and JFUJr: conducted the research; MEW, TF, and WEJ: analyzed the data; MEW: wrote the manuscript; MEW: had primary responsibility for the final content; and all authors: read and approved the final manuscript.

Declaration of interest: None.

All raw RNA sequencing data from this manuscript will be deposited in the Gene Expression Omnibus (GEO) repository for public access (GSE129301).

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that a WD and atorvastatin evoke an interferon mediated immune response in EAT of the Ossabaw pig, which is not associated with the presence of atherosclerosis.

#### **Keywords**

Ossabaw pig; Epicardial adipose tissue; Transcriptomics; Dietary patterns; Atorvastatin; Interferon signaling

#### **1. Introduction**

Epicardial adipose tissue (EAT) is the perivascular adipose tissue surrounding the coronary arteries and in direct contact with the myocardium [1]. Continuity between EAT and the coronary arteries is characterized by lack of fascial layer separating the tissues and the vascularization of EAT by the coronary vasa vasorum [1]. As a readily available source of fatty acids EAT may serve as an energy store for heart and provide thermal insulation [2]. Like abdominal visceral adipose tissue (VAT), EAT originates from the splanchnopleuric mesoderm and when compared to subcutaneous adipose tissue has higher expression of proinflammatory cytokines such as interleukin 6 (IL-6), interleukin 1 beta (IL-1β), tumor necrosis factor alpha (TNFα.), and the chemokine monocyte chemotactic protein (MCP-1) [2,3].

In humans, EAT volume is thought to associate with its inflammatory status, with larger EAT volume representing increases in adipocyte size and number, and infiltration of immune cells [4,5]. It is hypothesized that inflamed EAT may secrete inflammatory cytokines to the underlying coronary arteries and potentiate the development of coronary atherosclerosis [1]. Concurrently, EAT volume, independent of body mass index and/or abdominal VAT mass, has been positively associated with coronary artery calcification, plaque progression, unstable plaques, and future incidence of coronary artery disease (CAD) [6–11]. Consistent with these observations, EAT from individuals with obesity or established CAD have lower expression and secretion of adiponectin, and higher expression of inflammatory cytokines (IL-6, IL-1 $\beta$ , and TNF $\alpha$ ), and macrophage infiltration (CD68, CD11c, CD206) [3,12–14]. Together, these data imply that EAT may be an independent risk factor in the development of CAD. Accordingly, EAT may represent a therapeutic target for the prevention and mitigation of CAD.

Lifestyle modifications including weight loss and increases in physical activity are standard recommendations for the prevention of cardiovascular diseases (CVD), including CAD [15,16]. Weight loss from caloric restriction and physical activity has been associated with a reduction in EAT volume [17]. In addition to weight loss, current CVD risk reduction recommendations call for improvements in diet quality [18]. The Dietary Guidelines for Americans recommends improvements in diet quality by focusing on complete dietary patterns and highlight the replacement of saturated fat with poly- and monoun-saturated fats and a shift from refined to whole grain products [19]. Previous work has demonstrated that under conditions of weight loss a Mediterranean style diet provided greater reduction in intrapericardial adipose tissue when compared to a lower-fat control [17]. This suggests that distinct dietary patterns have the ability to differentially influence EAT.

Statin medications, standard pharmacotherapy for individuals with elevated low-density lipoprotein cholesterol (LDL-C), has also been associated with EAT regression [20–22]. Simvastatin has been reported to decrease expression of inflammatory markers in EAT, suggesting statins may reduce EAT volume through their pleiotropic anti-inflammatory effects [21,23]. How statin medications may interact with diet to modulate EAT inflammation is unknown. Due to the limited opportunistic nature of collecting EAT in humans, and lack of EAT in standard rodent models [24], there is little data examining the effect of dietary patterns and atorvastatin, independent of weight loss, on EAT gene expression.

We have previously established the Ossabaw miniature pig as a translational model of dietinduced atherosclerosis by feeding food-based diets, designed to reflect human dietary patterns, with or without statin therapy [25]. Compared to pigs fed a Heart Healthy diet (HHD), pigs fed a Western diet (WD) exhibited significantly higher LDL-C concentrations, systemic inflammation, and incidence and severity of early coronary atherosclerotic lesions [25]. Statin therapy led to a significant reduction in LDL-C and triglycerides [25]. Our objective was to characterize the effect of dietary patterns and statin therapy on the EAT transcriptome in the Ossabaw miniature pig and to determine if differentially expressed genes were associated with the presence of atherosclerosis. We hypothesized that, relative to the HHD, EAT from pigs fed the WD would have a significant increase in inflammatory gene expression, which will be attenuated by atorvastatin.

#### **2. Materials and methods**

#### **2.1. Study design, animals, and diets**

The present investigation reports results ancillary to prior work designed to assess the effect of diet patterns and statin therapy on atherosclerosis in the Ossabaw miniature pig [25]. Thirty-two Ossabaw miniature pigs (16 boars, 16 gilts) were randomized using a  $2\times2$ factorial design into four groups: Hearty Healthy diet (HHD); Heart Healthy diet + atorvastatin (HHD + S); Western diet (WD); and Western diet + atorvastatin (WD + S). One pig assigned to the HHD group died during the acclimatizing period and another pig in the WD group died during the baseline blood collection resulting in a final sample size of 30 pigs. Diets were designed to reflect human dietary patterns and were fed in isocaloric amounts for 6 months following a 2-month acclimatization period. A detailed diet composition has been reported previously [25]. Briefly, diets were composed of 38% energy (E) from fat, 47% E from carbohydrate and 15% E from protein but differed in the type of dietary fat and carbohydrate, and the amount of fiber and cholesterol [25]. The HHD contained 29% E as fat from canola, soybean, corn, and fish oils; 9% E as fat from anhydrous milk fat; 47% E from whole wheat flour and oats; a freeze-dried fruit and vegetable mix; 13 g of fiber per 100 g of diet; 0.1% wet weight of cholesterol; and 2.5% wet weight of a vitamin and mineral mix. The WD contained 16% E as fat from canola, soybean, and corn oils; 22% E as fat from anhydrous milk fat; 47% E from sugar and white flour; 7 g of fiber per 100 g of diet, 1.5% wet weight of cholesterol; and 2.5% wet weight of a vitamin and mineral mix. HHD fed pigs were supplemented with fish oil capsules (Epanova 1 g, 550 mg eicosapentaenoic acid [EPA] + 200 mg docosahexaenoic acid [DHA]) three times per

week. Statin treated pigs were given atorvastatin (Lipitor), daily at a dose of 20 mg/day during months 1–3, and 40 mg/day during months 4–6.

#### **2.2. Sample collection**

The collection of blood and fixation of samples for histology has been previously described [25]. EAT adjacent to the proximal left anterior descending artery was collected at necropsy and flash frozen in liquid nitrogen. Samples were stored at−80 °C until processing.

#### **2.3. Sample processing**

**2.3.1. Blood samples—**Serum total cholesterol, high-density lipoprotein cholesterol (HDL-C), LDL-C, triglyceride, and high sensitivity C-reactive protein (hsCRP) measurements were assessed and reported as previously described [25]. Data on LDL-C concentrations was estimated using the Friedewald equation [26]. Plasma hsCRP concentrations were measured by a two-site enzyme-linked immunoassay procedure, (Pig High-Sensitive CRP ELISA Cat. No. KT-184, Kamiya Biomedical Company, Seattle, WA, USA).

**2.3.2. Histopathology—**As part of the original study histological presence of atherosclerosis in the proximal left anterior descending coronary artery was determined by a blinded board-certified veterinary cardiovascular pathologist using the previously established Stary system of classification [25,27].

**2.3.3. EAT RNA isolation—**EAT was homogenized and RNA was isolated using RNeasy Universal Midi kit (Qiagen, Valencia, CA, USA) per the manufacturer's instructions for lipid rich tissue. Isolated RNA was treated with Turbo DNase (Ambion, Waltham, MA) to minimize genomic DNA contamination. RNA quality was assessed using the Experion RNA analysis electrophoresis kit (Bio-Rad, Hercules, CA, USA). Only samples with an RNA Quality Indicator (RQI) greater than 7 were sequenced.

#### **2.4. TruSeq library preparation, sequencing, and processing of reads**

Prior to RNA sequencing samples were processed (mRNA purification and fragmentation, cDNA synthesis, end repair, 3′ adenylation, adaptor ligation, and DNA enrichment) using the Illumina TruSeq RNA Sample Preparation Kit v2 (Illumina, San Diego, CA, USA) and AMPure XP beads (Beckman Coulter, Brea, CA, USA) per the manufacturer's instructions. DNA fragment size was determined using Experion DNA 1 K chips (Bio-Rad, Hercules, CA, USA) and library quantification was completed using the KAPA Library Quantification kit (KAPA Biosystems, Wilmington, MA). Samples were sequenced on an Illumina NextSeq 500 sequencer (Illumina, San Diego, CA, USA) with 100 base pair single end reads. Raw data in FASTQ format was processed for quality using CLC Bio Genomic Workbench (Qiagen, Valencia, CA, USA). The EAT transcriptome was assembled using the annotated Sus scrofa10.2 as a reference genome [28].

#### **2.5. Transcriptomic analysis**

Differential expression analysis was performed on 22,862 genes using a two-factor model design matrix in edge R, a Bioconductor package based on a negative binomial distribution

[29]. Three pigs (one HHD and two HHD  $+ S$ ) displayed abnormal high counts across all genes and were excluded from subsequent analysis, resulting in a final sample of n=27. Count data on annotated genes was filtered based on a minimum of at least one count per million across six samples in all groups and normalized using the trimmed mean of M values (TMM) method. The edge R two-factor model was designed to determine differential gene expression attributable to diet, statin, or a diet  $\times$  statin interaction. Differentially expressed genes were identified using the Cox-Reid profile-adjusted likelihood method and likelihood ratio test. A Benjamini-Hochberg false discovery rate (FDR) method was used to adjust pvalues for multiple comparisons [30]. Sample size and power were previously determined based on prior work assessing the primary outcome of atherosclerosis and not for a transcriptomic analysis. Thus, given the ancillary nature of this study genes were considered differentially expressed based on an FDR adjusted  $P<sub>1</sub>$  and absolute fold change  $\sim$  1.5. Fold change for genes identified by the edge R two-factor model were interpreted as diet effect: fold change of WD relative to HHD and statin effect: fold change of atorvastatin relative to no atorvastatin. Differentially expressed genes were only attributed to main effects (diet and statin) if there was no significant diet  $\times$  statin interaction. A significant diet  $\times$  stain interaction is indicated by a FDR adjusted  $P<1$ .

As a replication of our transcriptomic analysis we conducted a secondary differential expression analysis using the manually curated Porcine Translational Research Database [31]. The secondary transcriptomic analysis was completed using the methods described above by replacing the Sus scrofa10.2 genome database with the Porcine Translational Research Database.

#### **2.6. Pathway analysis**

Following differential expression analysis genes were analyzed using Ingenuity Pathway Analysis (IPA; v 9.0, Mountain View, CA, USA) to determine relevant biological pathways affected by the diet and statin therapy. An exploratory pathway analysis was conducted. In total 1432 genes with an absolute fold change 1.5 were uploaded to IPA and evaluated using the canonical pathway analysis. Z-scores were calculated for each pathway to indicate the direction of pathway regulation (activated versus inhibited) and match to IPA Knowledge Base (observed *versus* predicted). Pathways with an absolute Z score 2 and an FDR adjusted P .05 were considered significant.

#### **2.7. Additional statistical analyses**

Principal component analysis (PCA) was performed on genes differentially expressed by the main effects (diet and statin) (Table 1) to create a gene expression signature. Expression data (reads per kilobase million [rpkm]) for differentially expressed genes, from a pooled sample of pigs  $(n=27)$ , was scaled and centered prior to PCA analysis. The first principal component explained over 78% of the variance (Appendix Fig. A.1) and was used as a signature of EAT differentially expressed genes (EATPC). Three logistic regression models were used to determine the predictive capability of the EAT expression signature on the presence of coronary atherosclerosis in the underlying left anterior descending coronary artery and to determine if the EAT expression signature would provide additional predictive capability in the presence of LDL-C and hsCRP. Three hsCRP values were more than two standard

deviations beyond mean values and were replaced by median values for pigs in the respective diet +/− statin group. Model 1 evaluated the EATPC alone; model 2 evaluated LDL-C and hsCRP; and model 3 evaluated LDL-C, hsCRP, and the EATPC. Stary score was previously used for a histological assessment of the presence and degree of atherosclerosis in the proximal left anterior descending artery [25]. A score of 0 was defined as no presence of atherosclerosis and scores 1 were defined was presence of atherosclerosis. Likelihood ratio tests were used to determine model significance and compare models. Receiving operating characteristic (ROC) curves displaying area under the curve (AUC) and 95% confidence intervals (CI) were used to evaluate predictive capability. ROC curves and AUC were generated using the pROC package in R [32].

#### **3. Results**

#### **3.1. Differential expression analysis**

With the FDR adjusted p-value cutoff of b0.1 our two-factor edge R analysis identified a total of 21 genes with differential expression. There was 1 significant gene with differential expression attributable to the diet effect (WD relative to HHD), 17 significant genes with differential expression attributable to the statin effect (atorvastatin relative to no atorvastatin), and an additional four genes with a significant diet  $\times$  statin interaction. All genes designated as significantly different had an absolute fold change value >1.5. Fold change and average expression values for differentially expressed genes are displayed in Table 1 and values for all genes are included in Appendix Table A.1.

**3.1.1. Diet effect—**Radical s-adenosyl methionine domain containing 2 (viperin [RSAD2]), an antiviral gene induced by interferon signaling, and involved in immune response, had a more than 12-fold increase in expression in EAT of pigs fed the WD relative to the HHD.

**3.1.2. Statin effect—**Atorvastatin resulted in increased expression of 15 genes and decreased expression of 2 genes (Table 1). Genes with increased expression due to atorvastatin were largely involved in immune response and inflammation. Whereas, pleiotrophin (PTN), a gene involved in cell proliferation, and collagen triple helix repeatcontaining protein (CTHRC1), a gene involved in cell migration, had decreased expression.

**3.1.3. Diet x statin interaction—**Four genes had a significant diet  $\times$  statin interaction, indicating the effect of atorvastatin on EAT gene expression was differentially modified by the respective dietary patterns (Table 1). The addition of atorvastatin to the WD resulted in a decrease in expression of indoleamine 2,3-dioxygenase 1 (IDO1) and antimicrobial peptide NK-lysin (*NKL*), whereas *IDO1* and NKL expression were increased with the addition of atorvastatin to the HHD. Additionally, the addition of atorvastatin led to relatively large increases in expression of two genes, myosin light chain 4 (MYL4) and myosin light chain 7 (MLY7), in EAT of pigs fed the WD but decreases in expression of pigs fed the HHD.

#### **3.2. Pathway and secondary analyses**

To further determine biological relevance of the diet and statin effects an IPA canonical pathway analysis was conducted. This analysis was exploratory in nature and included genes with an absolute fold change  $>1.5$ . Five pathways were identified as significantly regulated by the diet effect and 11 by the statin effect (Appendix Table A.2). The 3 top scoring pathways and associated genes for the diet and statin effects are displayed in Table 2.

**3.2.1.** Diet effect—Top pathways in EAT of pigs fed the WD compared to the HHD included and up-regulation of (1) Interferon signaling, (2) Neuropathic Pain Signaling in Dorsal Horn Neurons, and (3) Role of Pattern Recognition Receptors in Recognition of Bacteria and Viruses.

**3.2.2. Statin effect—**Top pathway regulated by atorvastatin included an up-regulation of (1) Interferon Signaling and the down-regulation of (2) IL-8 Signaling and (3) Leukocyte Extravasation Signaling.

Differential expression analysis using the Porcine Translational Research Database as the referent yielded similar results for the diet and statin effects (Appendix Table A.3). In contrast, no significant genes were identified a diet  $\times$  statin interaction. Pathway analysis of genes with an absolute fold change >1.5 from this analysis confirmed an up-regulation of interferon signaling as the primary pathway regulated by both diet ( $FDR<0.0001$ ) and statin (FDR<0.0001) effects.

#### **3.3. EAT gene expression signature and presence of atherosclerosis**

We have previously reported the effects of the dietary patterns and atorvastatin on LDL-C, hsCRP concentrations, and the degree of atherosclerosis [25]. Here we sought to examine the relationship between the expression of differentially expressed genes in EAT and the presence of atherosclerosis independent of dietary pattern or atorvastatin (see Methods 2.7). Additionally, we examined if a EAT gene expression signature added predictive capability to a model that included LDL-C and hsCRP concentrations. Using the pooled group of pigs  $(n=27)$  LDL-C concentrations ranged from 0.83 to 19.27 mmol/L with a median value of 2.97 mmol/L and hsCRP concentrations ranged from 42 to 163 mg/L with a median value 79 mg/L. The EATPC contained all differentially expressed genes attributable to the main effects (diet and statin). Interferon stimulated genes (ISGs) had relatively high factor loading scores, while unrelated genes such as PTN and CTHRC1 had negative scores (Appendix Fig. A.1). Thus, the EATPC may be considered representative of differential ISG expression. The AUC of model 1 (EATPC alone) was 0.49 (95% CI: 0.28, 0.71) indicating that the EAT signature was not a significantly better predictor of atherosclerosis than random chance (Fig. 1). In contrast, the AUCs for models 2 (LDL-C + hsCRP) and 3 (LDL-C + hsCRP + EATPC) were 0.74 (95% CI: 0.53, 0.90) and 0.79 (95% CI: 0.60, 0.92), respectively, indicating moderate capability to predict presence of atherosclerosis (Fig. 1). Concurrently, model 1 was not a significant classifier of atherosclerosis  $(X^2=1.74, P=.187)$ , while models 2  $(LDL-C + hscRP)$  and 3  $(LDL-C + hscRP + EATPC)$  were both significant classifiers  $(X^2=6.82, P=.033$  and  $X^2=7.98, P=.047$  respectively). However, there was no significant difference between models 2 and 3 ( $X^2$ =1.15,  $P$ =.283). Together these data indicate that the

EAT gene expression signature alone is not an independent predictor of atherosclerosis. Although the EAT gene expression signature provided a small increase in predictive capability to a model with LDL-C and hsCRP, this increase did not translate to a statistically significant improvement in predictive capacity.

#### **4. Discussion**

Promising data suggests weight loss and statin therapy reduce EAT volume and inflammation in humans. Little data is available on the effects of dietary patterns and statin therapy, independent of weight loss, on alterations in EAT gene expression. The present study was designed to address this gap using the Ossabaw miniature pig model of dietinduced atherosclerosis.

We found that a WD, relative to a HHD, led to a significant increase in expression of RSAD2, an antiviral ISG involved in immune response. Atorvastatin resulted in significant increases in expression of genes predominately related to interferon signaling, including ISGs. Interferon signaling was identified as the top biological pathway for both the diet and statin effects. We determined that a gene expression signature of our largely interferon related gene expression phenotype was not significantly associated with the presence of atherosclerosis in the underlying artery and added no significant predictive value to established risk factors.

#### **4.1. Diet effect**

RSAD2 was the only gene with expression significantly affected by the WD, relative to the HHD. However, pathway analysis indicated the up-regulation of two pathways related to type 1 interferon signaling (interferon signaling and role of pattern recognition receptors in recognition of bacteria and viruses). These results may have been mediated in part by the effects of saturated fatty acids on toll-like receptor (TLR) signaling [33]. Saturated fatty acids act as agonists for TLR2 and TLR4 which initiate type I interferon signaling [34–36]. While the HHD and WD were matched for total fat content (38% of energy), 22% of energy in the WD was from anhydrous milk fat (rich in saturated fatty acids) compared to 9% of energy in the HHD [25]. It has previously been demonstrated that palmitic acid, a predominant fatty acid in anhydrous milk fat, induces type I interferon expression in both hepatocytes and macrophages [37]. The higher saturated fat content of the WD may have evoked interferon signaling by the direct induction of TLRs in EAT or indirectly via mechanisms such as an unfavorable modulation of the gut microbiome. Adipose tissue is the major site of *de novo* lipogenesis in the pig [38]. Consequently, endogenous synthesis of saturated fatty acids in EAT may have in part mitigated significant differences in saturated fatty acid induced gene expression between diets, resulting in only a modest effect of the WD.

#### **4.2. Statin effect**

The differential expression analysis revealed a more pronounced effect on ISGs by atorvastatin and our pathway analysis indicated that atorvastatin led to an up-regulation in type I interferon signaling. These results were unexpected as statins are recognized to have

pleiotropic anti-inflammatory effects, which are thought to mediate the association between statin therapy and EAT regression [20–22]. Though few studies have examined the effect of statins directly on ISGs, crosstalk between interferon signaling and sterol biosynthesis has been documented [39]. In vitro studies have demonstrated that type I interferon signaling leads to reductions in cellular sterol biosynthesis which further potentiates interferon signaling [39,40]. Evidence suggests that interferon mediated reductions in sterol biosynthesis are in part due to inhibition of sterol regulatory binding protein-2 (SREBP2) and mevalonate activity attributed to increased concentrations of the oxysterol 25 hydroxycholesterol [39,41,42]. Statin medications have been reported to have antiviral activity and an *in vitro* study has demonstrated up-regulation of gene and protein expression of ISGs by the targeted down-regulation of 3-hydroxy-3-methyl-glutaryl-coenzyme A (HMG-CoA) reductase or treatment with simvastatin [39,43,44]. Hence, antiviral effects of statins are likely due to suppression of sterol and isoprenoid biosynthesis pathways [39,44]. Our results here corroborate interferon-sterol crosstalk with the induction of ISGs by atorvastatin in EAT of the Ossabaw miniature pig.

#### **4.3. Diet × statin interaction**

Differential expression analysis indicated a diet  $\times$  statin interaction for four genes. Expression of MYL4 and MYL7 likely reflect the myocardium associated with EAT and are not of biological importance. The addition of atorvastatin to the WD resulted in lower expression of two immune response genes, ISG *IDO1*, relative to addition of atorvastatin to the HHD. Reasons for the potential interaction are unclear. Of note, these results were not substantiated in our secondary analysis and should be interpreted with caution.

The EAT gene expression signature was representative of all differentially expressed genes attributable to the diet and statin effects. In particular ISGs had high factor loadings scores. This gene expression signature was not associated with the presence of atherosclerosis and had no independent predictive value. Though ROC curves demonstrated that adding this gene expression signature to a model with LDL-C and hsCRP slightly improved the predictive capability, there was no significant difference between this model and a model including only LDL-C and hsCRP. These results imply that the specific EAT gene expression phenotype we observed had limited, if any, local effects on the development of atherosclerosis in the underlying coronary artery.

Interferon signaling is integral in the response and regulation of the innate immune system [45]. Additionally, interferons, and the proteins that regulate their signaling (interferon regulatory factors [IRFs]), have been positively associated with obesity, adipose tissue inflammation and atherosclerosis [35,46–52]. In contrast, type I interferon signaling, and the expression of ISGs, in adipose tissue may protect against metabolic dysfunction [37,53,54]. The modest up-regulation of interferon signaling in EAT of pigs fed a WD and a more pronounced up-regulation in EAT of pigs receiving atorvastatin was predominately attributable to the number of differentially expressed genes that were ISGs. ISGs are induced by interferons binding to their respective receptors, ultimately leading to the phosphorylation and translocation of IRFs into the nucleus where they bind to a interferon stimulated response element (ISRE) [35,55,56]. We cannot determine if pro-longed interferon signaling

may induce inflammation or if the expression of ISGs is protective against adipose tissue inflammation. However, we did not detect differential expression of interferons (IFNα,  $IFN\beta$ , and  $IFN\gamma$ ) or inflammatory cytokines typically induced by interferon signaling. This may explain why the EAT gene expression signature had no significant association with atherosclerosis.

The present study has several strengths but is not without limitations. The differential gene expression we detected was likely attributable to cells in the stromal vascular fraction of adipose tissue. As RNA was isolated from adipose tissue homogenates, reflective of multiple cell types, we expect gene expression from this fraction was diluted. We did not detect changes in the expression of inflammatory cytokines that have previously been associated with an inflamed EAT and are thought to mediate the association between EAT and CAD in humans. This could be due to the aforementioned dilution of the stromal vascular fraction or may in part be due to feeding the two diets in isocaloric amounts, making it unlikely that changes in gene expression more closely associated with obesity would be detected here. The results presented in this experimental study require replication and should be interpreted in the context of the identified biological pathway(s) and not individual genes. We did not detect changes in the expression of inflammatory cytokines that have previously been associated with an inflamed EAT and are thought to mediate the association between EAT and CAD in humans. This could be due to the aforementioned dilution of the stromal vascular fraction or may in part be due to feeding the two diets in isocaloric amounts, making it unlikely that changes in gene expression more closely associated with obesity would be detected here. A strength of our study is the secondary differential expression analysis using the Porcine Translational Research Database [31]. As the porcine genome may not be as well annotated as the genomes of more typical experimental models ( $e.g.$ rodents) this secondary analysis helps validate our results. An additional strength is the translational value of the study, particularly the use of the food-based diets designed to replicate human dietary patterns [25]. Typical control and disease inducing diets fed to experimental models frequently focus on the quantity of dietary fat (low- vs. high-fat) and not on the macronutrient quality. Hence, such diets do not reflect current dietary guidance and are of limited translational value. Our approach was intended to replicate human dietary patterns and determine how these patterns affect EAT gene expression. Lastly, porcine models, like the Ossabaw miniature pig, represent an innovative approach to study the effects of diet on EAT as they provide the benefit of controlled feeding and have a EAT depot, similar to humans.

In conclusion, we investigated the effects of dietary patterns and atorvastatin on EAT in the Ossabaw miniature pig. Our transcriptomic and pathway analyses indicated that relative to an HHD, a WD resulted in an upregulation of interferon signaling. Additionally, atorvastatin resulted in a more pronounced up-regulation of interferon signaling. This interferon related gene expression profile exhibited no predictive capability on a histological determination of atherosclerosis. These results indicate that in the Ossabaw miniature pig a WD pattern and statin therapy play a role in inducing interferon signaling in EAT, which could in turn influence the regulation of EAT inflammatory status.

#### **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

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#### **Fig. 1.**

Receiving operating characteristic curves display AUC and 95% CI, and demonstrate predictive performance of three different models on the classification of coronary atherosclerosis determined by histological assessment using the Stary Score Classification System. (A) Model 1: EATPC, (B) Model 2: LDL-C and hsCRP, (C) Model 3: LDL-C, hsCRP, and EATPC. AUC: area under the curve, CI: confidence interval, EAT: epicardial adipose tissue, EATPC: gene expression signature of EAT differentially expressed genes, LDL-C: low-density lipoprotein cholesterol, hsCRP: high sensitive C-reactive protein.

## **Table 1**

7

Diet, statin, and diet × statin interaction differentially expressed genes in EAT



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FDR adjusted

P<.1.

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\*\* FDR adjusted P<.05. <sup>1</sup>EAT: epicardial adipose tissue, FC: fold change, rpkm: reads per kilobase per million mapped reads, HHD: Heart Healthy diet, WD: Westem diet, HHD+S: Heart Healthy diet with atorvastatin, WD+S:<br>Westem diet with atorvasta EAT: epicardial adipose tissue, FC: fold change, rpkm: reads per kilobase per million mapped reads, HHD: Heart Healthy diet, WD: Western diet, HHD+S: Heart Healthy diet with atorvastatin, WD+S: Western diet with atorvastatin, Diet effect: WD relative to HHD, Statin effect: atorvastatin relative to no atorvastatin.

 $\mathcal{Z}_{\text{Unknown transcript.}}$ Unknown transcript.

 $\beta_{\rm Ensembl}$  ID. Ensembl ID. Author Manuscript

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# **Table 2**

Top biological pathways of EAT differentially expressed genes with a fold change of±1.5 7.



EAT: epicardial adipose tissue, Diet effect: WD relative to HHD, HHD: Heart Healthy diet, WD: Western diet, Statin effect: atorvastatin relative to no atorvastatin. EAT: epicardial adipose tissue, Diet effect: WD relative to HHD, HHD: Heart Healthy diet, WD: Western diet, Statin effect: atorvastatin relative to no atorvastatin.