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J Fluoresc. Author manuscript; available in PMC 2020 January 02.

Published in final edited form as:

Author manuscript

J Fluoresc. 2003 March; 13(2): 119–122. doi:10.1023/A:1022916524083.

## Fractal Silver Structures for Metal-Enhanced Fluorescence: Applications for Ultra-Bright Surface Assays and Lab-on-a-Chip-Based Nanotechnologies

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#### Keywords

Radiative decay engineering; metal-enhanced fluorescence; enhanced fluorescence; enhanced photostability; fractal silver structures

*Five-hundred-fold* enhanced fluorescence emission from fluorophore-protein coated silver fractal-like structures has been observed. These results further serve to complement our recent work on the effects of nobel metal particles with fluorophores, a relatively new phenomenon we have termed both metal-enhanced fluorescence [1] and radiative decay engineering [2,3]. We believe that this new silver-surface preparation, which results in ultrabright and photostable fluorophores, offers a new generic technology platform for increased fluorescence signal levels, with widespread potential applications to the analytical sciences, imaging, and medical diagnostics.

Silver fractal-like structures have been grown on both silver electrodes and on glass slides. These structures were coated with a monolayer of human serum albumin. (HSA) protein that had been labeled with two fluorescent probes, indocyanine green (ICG) and fluorescein (FITC), respectively. Remarkable increases in fluorescence intensities were observed, typically 500-fold on the glass–silver fractal substrate and some 100-fold on the roughened silver electrodes, as compared with a control with the same substrates but with no fractal structures. In addition, dramatically decreased lifetimes and significantly increased photostabilities of the fluorescent labels were observed. Our results show that we can detect a 160-fold increase in the number of detectable photons from the labeled protein, prior to

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photobleaching. These exciting results are explained by the metallic surfaces modifying the radiative decay rate, G, of the fluorescent labels.

Roughened silver electrodes are widely used for surface-enhanced Raman scattering (SERS) [4,5]. Although the large increases in Raman signals observed with roughened silver electrodes are thought to be due to surface-contact interactions, we questioned their use in metal-enhanced fluorescence, given that metal-enhanced fluorescence is thought to be a through-space phenomenon. We therefore reasoned that a monolayer protein space ( $\approx 4$  nm) would provide for the through-space distance requirement of metal-enhanced fluorescence [1–3].

A constant current was passed between two silver electrodes separated by 10 mm in pure water (Fig. 1). We typically observed the growth of the fractal-like structures on the silver cathode electrode (Fig. 1, bottom). We incubated the electrode in 30 mM ICG, 60 mM HSA for 24 hr, then rinsied it with water to remove the unbound material. As a control sample, an unused electrode was also coated with ICG–HSA. Figure 2 shows the fluorescence intensity of ICG–HSA-coated roughened electrodes. The *remarkable increase* in fluorescence intensity,  $\approx$ 100-fold, was also accompanied by a significantly reduced ICG lifetime, reduced >100-fold. An increase in fluorescence intensity coupled with a reduction in lifetime can only be explained by an increase in the radiative decay rate:

$$\tau_0 = \frac{1}{\Gamma + k_{nr}} \tag{1}$$

$$Q_0 = \frac{\Gamma}{\Gamma + k_{nr}} \tag{2}$$

where  $k_{nr}$  are the nonradiative rates.

Figure 3 shows the enhanced photostability of ICG on the roughened silver cathode. At the onset of illumination, the relative intensity of ICG-HSA decays more rapidly on the fractal structure than on the control sample (Fig. 3, top). However, the effect is small and the rates become comparable after  $\approx 2$  min. Interestingly, if the illumination intensity is adjusted so that both samples yield the same steady-state intensity at the onset of illumination, then the ICG–HSA on the fractal-like silver cathode photobleaches at a much slower rate (Fig. 3, bottom). Given that the detectable signal from the ICG–HSA is given by the area under these photobleaching curves, then substantially more emission can be obtained from the roughened electrodes as compared with the control sample. Intuitively, the ICG intensity remains higher after the initial decrease in intensity (Fig. 3, top), which suggests that ICG will display *higher intensities* for *longer times* when bound to fractal silver electrodes. Such effects are most desirable in many analytical applications, such as in high-sensitivity surface assays, in which signal intensity and photostability are paramount concerns.

To test this technology on other useful surfaces, such as on glass, we grew silver fractal structures on glass between two silver electrodes (Fig. 4). The emission intensity of FITC–HSA was enhanced between 100- and 500-fold when absorbed to the silver fractal structures

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as compared with the glass control. As was observed with the fractal-silver electrodes, the amplitude-weighted life-time was reduced to near 3 ps as compared with about 80 ps for FITC–HSA-coated glass. This confirms that increased rates of excitation [1–3], or greater coverage of FITC–HSA on the increased surface area fractal structures cannot account for the increased fluorescence signals because these would invariably leave the lifetime unchanged. For both fractal structures, the increase in fluorescence signal is attributed to increases in the radiative decay rate of the fluorophores,  $\Gamma$ , as shown in Eqs. (1) and (2).

#### APPLICATIONS AND ADVANTAGES OF FRACTAL-METALLIC SURFACES

Our recent reports of metal-enhanced fluorescence have used sodium borohydride or sodium citrate to reduce silver ions to metallic islands on glass substrates [6,7]. We have even employed additional chemistries to immobilize silver colloids to glass [8]. Here silver deposition is accomplished in pure water and localized to regions were the electrodes are placed. In addition, the silver can be generated in situ, on demand, by low-current flow and yet still retains its enhancing properties. As a result, we believe that it will be possible to use proteins and DNA, that are appropriately labeled for ultrabright immunoassays and DNA arrays.

We also anticipate that fractal-metallic surfaces for metal-enhanced fluorescence will find widespread use in medical diagnostics and biotechnology, in an analogous manner to the widespread use of roughened silver electrodes and surfaces for SERS [4,5].

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Top: constant-current apparatus for silver fractal growth. Bottom: silver growth on the silver cathode after 6 s. Bright field image.



#### Fig. 2.

Fluorescence intensity of ICG–HSA-coated roughened silver electrodes and an unused silver electrode, Ag, Ex = 760 nm. It should be noted that the normal fluorescence emission maximum (H<sub>2</sub>O, pH 7) of 810 nm is shifted in this regard because of the choice of filters than were required to discriminate against a highly scattering surface.





Top: photostability of ICG–HSA on a roughened silver electrode and on an unused silver electrode, measured using the same excitation power at 760 nm, and (bottom) with the laser power *adjusted* to give the same initial fluorescence intensities. In all measurements, vertically polarized excitation was used, whereas fluorescence emission was observed at the magic angle; i.e., 54.70. It should be noted there is a background of about 40 cps that has not been subtracted in these intensity plots.







Top: configuration for creation of fractal silver surfaces on silver electrodes and glass. Bottom: silver structures on or near the silver cathode. Bright field image.