

## Original Article

# Association of BTNL2 single nucleotide polymorphisms with knee osteoarthritis susceptibility

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**Abstract:** Objective: To investigate the association between SNP in the BTNL2 gene region and the susceptibility to osteoarthritis of the knee. Methods: The blood samples of 103 knee osteoarthritis and 134 healthy subjects were collected. Four SNP in the BTNL2 gene region were selected, whole DNA was extracted using the QIAamp blood DNA purification mini reagent, the BTNL2 gene fragment was amplified and sequenced, and the genotype and corresponding frequency were counted. The results were statistically analyzed. Results: The four SNP (rs41521946, rs28362677, rs28362678, rs28362675) in the BTNL2 gene region were analyzed using a chi-square test (mutation heterozygote, homozygous, and normal homozygote), and the genotypes of the four mutation points were found to be statistically significant ( $P=0.003$ ,  $0.013$ ,  $0.005$ , and  $0.045$ , respectively). Among the four SNP, the first three SNP were in Hardy-Weinberg equilibrium, and a multivariate logistic regression analysis was used to correlate them with knee osteoarthritis ( $P=0.003$ ,  $0.013$ ,  $0.005$ , respectively). rs28362675 was not in Hardy-Weinberg equilibrium but was associated with knee osteoarthritis ( $P=0.045$ ), which might be smaller samples or an ethnicity differential allelic variation. The  $P$  values of the statistical analysis of age and height in the baseline data of both groups were less than  $0.05$ . Considering the possible impact on the results, they were used as covariates in the analysis. The SNP of rs41521946 and rs28362677 showed a significant change in their associations with mutations, and the genotype  $P$  values of rs41521946 (AC+AA)/CC and rs28362677 (AG+AA)/GG were  $0.002$ ,  $0.006$ , respectively. Conclusion: Four SNP (rs41521946, rs28362677, rs28362678, rs28362675) in the BTNL2 gene region were significantly associated with knee osteoarthritis, and the target population might be significantly affected by rs28362675.

**Keywords:** Osteoarthritis, BTNL2 gene, single nucleotide polymorphism (SNP), knee, association study

## Introduction

Osteoarthritis (OA) is a common kind of articular cartilage degenerative joint disease caused by multiple factors, and its main characteristics are joint cartilage damage, bone hyperplasia, limited movement, and even joint deformity [1]. With the increasing incidence of knee osteoarthritis [2, 3], More and more attention has been paid to it. The treatments of osteoarthritis are limited, which places a heavy burden on society and families [4], so it is particularly important to prevent the disease [5, 6]. Some studies on the etiology and pathological mechanisms of osteo-

arthritis have shown that inflammatory factors may aggravate the process of articular cartilage damage during the evolution of osteoarthritis [5]. There are many risk factors for osteoarthritis of the knee [7], and epidemiological studies have proved that osteoarthritis is a complex disease due to both environmental and genetic interactions [8]. The important role of genetic factors has been demonstrated in twin and family studies [9], especially in genome-wide association studies to further confirm the influence of genetic factors on knee osteoarthritis and analyze SNP in racial and regional heterogeneity [9-11]. Genetic variation

may influence OA risk factors such as obesity, skeletal shape, bone mass and synovitis and could also affect the risk of genetic sensitivity to pain and the risk of disease progression [9]. Some studies have reported the association of rs7775228 and rs10947262 SNP on BTNL2 gene regions with knee osteoarthritis in different populations is different [11, 12]. In order to further clarify the association between BTNL2 gene polymorphisms and the Chinese knee osteoarthritis population, we investigated the association between BTNL2 gene polymorphisms and osteoarthritis in the Han population.

### Materials and methods

#### *Study population*

This study was approved by the Medical Ethics Committee of Beijing Bo'ai Hospital, China Rehabilitation Research Center. Patients and healthy controls admitted to Beijing Bo'ai Hospital of China Rehabilitation Research Center and Beijing Chaoyang Hospital Affiliated to Capital Medical University from January 1, 2017 to August 31, 2018 were selected, and we recorded detailed records of their names, sex, age, height, weight and body mass index (BMI), which was calculated as weight in kg divided by the square of height in meters (kg/m<sup>2</sup>). In our study, blood samples of 237 subjects (103 OA patients and 134 healthy controls) were collected.

#### *Diagnostic criteria*

The diagnostic criteria of osteoarthritis of the knee of the American College of Rheumatology were adopted [13]. The diagnostic criteria for osteoarthritis of the knee include knee pain plus at least 3 out of the 7 following criteria: ① age  $\geq 50$  years old, ② stiffness  $< 30$  minutes, ③ crepitus, ④ bony enlargement, ⑤ bony tenderness, ⑥ no palpable warmth, and ⑦ osteophyte formation on radiological examination. Inclusion criteria of the patient group: ① the Han people of northern China, living and working in this region for more than 20 years, ② aged between 40 and 70 years old, ③ body mass index  $< 30$  Kg/m<sup>2</sup> [9], ④ corresponding to the diagnostic criteria of osteoarthritis of the knee, ⑤ volunteered to participate in this study. Exclusion criteria of the patient group: ① the transient population, or less than 20 years

of life in this region, ② age  $> 70$  or  $< 40$  years of age, ③ body mass index  $\geq 30$  Kg/m<sup>2</sup>, ④ incompatible diagnostic criteria of knee joint osteoarthritis, ⑤ secondary OA, inflammatory arthritis (rheumatoid arthritis, systemic lupus erythematosus, hemophilic arthritis, etc.), the above diagnosis must be accompanied by a certificate of diagnosis issued by a Third Level 1st Class Hospital, ⑥ diabetes, hyperuricemia, heart disease, infectious diseases, severe mental disorders.

#### *Sample processing*

According to the inclusion and exclusion criteria, the samples meeting the requirements were strictly screened, and 2 ml EDTA (ethylene diamine tetraethylene) anticoagulant blood was collected and the samples were divided into 300 microliters and stored at  $-80^{\circ}\text{C}$ .

#### *DNA amplification and genotyping*

Genomic DNA was extracted from peripheral blood leukocytes (according to the QIAamp DNA Mini Kit operation protocol). The extracted DNA was stored at  $4^{\circ}\text{C}$  for future analysis. The genotyping of the four SNP in the BTNL2 gene was performed using the pairs of primers: sense primer 5'-TGCTCCAGCCAGCCTCAT-3', anti-sense primer 5'-GGTCTTCATATTTATTTCC-3' (Primer PREMIER Version 5.0, Primer 5). Each 25.0  $\mu\text{L}$  PCR reaction mixture consisted of 5.0  $\mu\text{L}$  of genomic DNA, 1.0  $\mu\text{L}$  of each primer (10 pmol/L), 12.5  $\mu\text{L}$  of 2  $\times$  Taq PCR Mastermix (50 mM Tris-HCl, pH 8.7, 100 mM KCl, 4 mM MgCl<sub>2</sub>, 0.1 U Taq Platinum polymerase/ $\mu\text{L}$ , 500  $\mu\text{M}$  dNTP each), and 5.5  $\mu\text{L}$  of ddH<sub>2</sub>O (DNase/RNase-free). The reaction mixture was subjected to denaturation at  $95^{\circ}\text{C}$  for 5 min, followed by 35 cycles at  $95^{\circ}\text{C}$  for 45 s,  $52.3^{\circ}\text{C}$  for 45 s,  $72^{\circ}\text{C}$  for 45 s, then a final extension at  $72^{\circ}\text{C}$  for 5 min. Agarose gel electrophoresis was performed on the products of PCR. With DL 2000 DNA marker as the reference, amplified bands appeared on the horizontal line of the target sequence and were relatively obvious, which were sequenced in the second generation (Shanghai Majorbio Biopharm Technology Co., LTD). We used the NCBI blast database (<http://www.ncbi.nlm.nih.gov/BLAST/>) in the detection after the sequencing of sequence, and the matching degree between the target sequences and BTNL2 sequences was greater than or equal to 98.9%. Alleles and

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**Table 1.** Baseline characteristics of the participants whose DNA was extracted in this study

Variable	OA (103)	Normal (134)	X <sup>2</sup> /t	P value
Age (SD), year	67.18±9.53	60.23±6.69	6.31	.00
Female, n (%)	86 (83.50%)	99 (73.88%)	3.14	.08
Height (SD), cm	160.11±6.05	163.12±4.28	-4.30	.00
Weight (SD), Kg	69.05±11.05	69.57±9.10	0.40	.69
BMI (SD), kg/m <sup>2</sup>	26.91±3.93	26.17±3.59	1.50	.14

Values were the mean (SD). Individuals were classified as normal if they did not have disease in either knee at both examinations and as having osteoarthritis (OA) if they met the diagnostic criteria.

**Table 2.** Hardy-Weinberg equilibrium

SNP	XX	XY	YY	X <sup>2</sup>	P value
rs41521946	195	38	4	1.72	0.41
rs28362677	192	40	5	2.65	0.27
rs28362678	192	41	4	1.06	0.59
rs28362675	215	19	3	9.26	0.01

XX, XY, YY represent wild type, homozygous, mutant genotype.

genotypes of BTNL2 were determined by peak mapping using chromas software (version 1.62 graph 1).

### Statistical analysis

The Hardy-Weinberg equilibrium (HWE) test was applied to confirm the independent segregation of the alleles. Qualitative variables were expressed as a raw count and a percentage. Mean ± SD was used for the presentation of quantitative variables. Genotypic and allelic frequencies were calculated by direct counting. Pearson's  $\chi^2$  test was used to evaluate the difference in genotype distribution and sex ratio between the groups. The differences in the general characteristics between the patient group and the control group were evaluated using the independent-Sample *T*-test. A multivariate logistics regression was used to assess the association between SNP and osteoarthritis of the knee. A two sided  $P < 0.05$  was considered significant. We estimated the interactions between the SNPs and age and height, which were regarded as covariates to perform a multiple logistic regression analysis again (**Table 5**). Odds ratios (ORs) were also calculated. All statistical analyses were carried out using the statistical software package SPSS 23.0 (SPSS Inc., Chicago, Illinois, USA).

## Results

### General characteristics

A comparison of the generalized features can be found in **Table 1**. The values of mean age (67.18±9.53 vs. 60.23±6.69) and height (160.11±6.05 vs. 163.12±4.28) were significant between the groups ( $P < 0.05$ , respectively), but the statistical analyses adjusted for age and height still showed the same association. There was no significant difference in sex ratio, weight and BMI between the two groups ( $P > 0.05$ , respectively).

### Electrophoresis, genotyping, and sequencing

The amplification of genomic DNA yielded PCR products of 489 bp. After agarose gel electrophoresis, the PCR products meeting the requirements were sequenced, and their genotypes were identified by peak mapping software (**Figure 1**), and there were three genotypes in each single nucleotide polymorphism. Thus, XX represented a homozygous genotype, and XY was on half of a heterozygous genotype, and YY stood for the mutated homozygote (**Table 2**).

### Genotypic and allelic frequencies

In our study, four SNP (rs41521946, rs28362677, rs28362678, rs28362675) in the BTNL2 gene region were evaluated using chi-square tests (mutation heterozygote, homozygous and normal homozygote), and the genotypes of the four mutation points were statistically significant ( $P = 0.003, 0.013, 0.005, \text{ and } 0.045$ , respectively) (**Table 3**). Among the four SNP, the first three SNP were in Hardy-Weinberg equilibrium (**Table 2**), and a multivariate logistic regression analysis was used to associate them with knee osteoarthritis ( $P = 0.003, 0.013, 0.005$ , respectively). rs28362675 was not in Hardy-Weinberg equilibrium but was also associated with knee osteoarthritis ( $P = 0.045$ ) (**Table 3**). The *P* values of the statistical analysis of age and height in the baseline data of both groups were less than 0.05. Considering the possible impact on the results, they were used in a covariate analysis for the multiple logistic regression analysis. The SNP of rs41521946 and rs28362677 showed a significant change in the association of mutations,

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**Table 3.** Results of the genotype frequency analysis of the SNP

SNP	Genotype	Frequency (n%)		X <sup>2</sup>	P Value
		OA	Normal		
rs41521946	CC	76 (73.79)	119 (88.80)	-	-
	AC	24 (23.30)	14 (10.45)	7.59	0.006
	AA	3 (2.91)	1 (0.75)	2.13	0.145
	CC/(AC+AA)	27 (26.21)	15 (11.2)	9.01	0.003
rs28362677	GG	76 (73.79)	116 (86.57)	-	-
	AG	24 (23.30)	16 (11.94)	5.63	0.018
	AA	3 (2.91)	2 (1.49)	0.21	0.647
	GG (AG+AA)	27 (26.21)	18 (13.43)	6.18	0.013
rs28362678	CC	75 (72.82)	117 (87.31)	-	-
	CT	25 (24.27)	16 (11.94)	6.62	0.010
	TT	3 (2.91)	1 (0.75)	0.88	0.349
	CC (CT+TT)	28 (27.18)	17 (12.69)	7.96	0.005
rs28362675	GG	89 (86.41)	126 (94.03)	-	-
	TG	12 (11.65)	7 (5.22)	3.37	0.066
	TT	2 (1.94)	1 (0.75)	0.09	0.770
	GG (TG+TT)	14 (13.59)	8 (5.97)	4.02	0.045

**Table 4.** The association between the polymorphism and the risk of osteoarthritis

Gene	rs number	Genotype	Frequency		OR	P value
			OA (103)	Normal (134)		
BTNL2	rs41521946	CC	76	119	1	
		AC	24	14	2.68	0.007
		AA	3	1	4.70	0.184
		AC+AA	27	15	2.82	0.003
	rs28362677	GG	76	116	1	
		AG	24	16	2.29	0.020
		AA	3	2	2.29	0.370
		AG+AA	27	18	2.29	0.014
	rs28362678	CC	75	117	1	
		CT	25	16	2.44	0.012
		TT	3	1	4.68	0.185
		CT+TT	28	17	2.57	0.006
	rs28362675	GG	89	126	1	
		TG	12	7	2.43	0.073
		TT	2	1	2.83	0.398
		TG+TT	14	8	2.49	0.051

ORs were estimated by multiple logistic regression analyses.

and the genotype *P* values of rs41521946 (AC+AA)/CC and rs28362677 (AG+AA)/GG were 0.002, 0.006, respectively (**Tables 4, 5**). The corresponding *P* and OR values were calculated, and the OR values of all four SNP were more than 1, which could prove that they were risk factors.

### Discussion

We chose the population that had lived in the north of China for more than 20 years to reduce the environmental impact and to avoid the ethnic and geographical heterogeneity as much as possible. Four SNP (rs-41521946, rs28362677, rs2-8362678, rs28362675) in the BTNL2 gene region were analyzed using a chi-square test (mutation heterozygote, homozygous, and normal homozygote), and the genotypes of the four mutation points were found to be statistically significant (*P*=0.003, 0.013, 0.005, and 0.045, respectively) (**Table 3**). Among the four single nucleotide polymorphisms, the first three SNP were in Hardy-Weinberg equilibrium (**Table 2**), and a multivariate logistic regression analysis was used to correlate them with knee osteoarthritis (*P*=0.003, 0.014, 0.006, respectively). The single nucleotide polymorphism rs28362675 was not in Hardy-Weinberg equilibrium and seemed to be associated with knee osteoarthritis (*P*=0.051) (**Table 4**). On the one hand, this might be caused by a small sample size or an allelic variation based on ethnic differences and could possibly be due to genotyping errors; on the other hand, it might be affected by multiple factors, such as sex, age, BMI, and so on. The *P* values of the statistical analysis of age and height in the baseline data of both groups were less than 0.05. We considered the possible impact on

the results, which were regarded as covariates to perform a multiple logistic regression analysis again (**Table 5**). The SNP of rs415-21946 and rs28362677 showed a significant change in the association of mutations, The *P* value of rs41521946 genotype (AC+AA)/CC and the rs28362677 genotype (AG+AA)/GG

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**Table 5.** The association of polymorphisms with osteoarthritis risk after adjustment for age and height

Gene	rs number	Genotype	Frequency		OR	P value
			OA (103)	Normal (134)		
BTNL2	rs41521946	CC	76	119	1	
		AC	24	14	2.68	0.007
		AA	3	1	4.70	0.184
		AC+AA	27	15	3.64	0.002
	rs28362677	GG	76	116	1	
		AG	24	16	2.29	0.020
		AA	3	2	2.29	0.370
		AG+AA	27	18	2.98	0.006
	rs28362678	CC	75	117	1	
		CT	25	16	3.34	0.003
		TT	3	1	2.30	0.539
		CT+TT	28	17	3.28	0.003
rs28362675	GG	89	126	1		
	TG	12	7	2.38	0.127	
	TT	2	1	3.71	0.308	
	TG+TT	14	8	2.49	0.051	

ORs were estimated by multiple logistic regression analyses after adjustment for age and height.

were 0.002, 0.006, respectively (**Table 5**). We considered that these changes might be affected by age, height, weight, and body mass index.

Genome-wide association studies demonstrated that there were many SNPs in the BTNL2 gene regions [10-12], but their biological significance were not clear. A study turned out that SNP of rs10947262 and rs7775228 on BTL2 gene regions were significantly associated with knee osteoarthritis in the Japanese population ( $P=3.07 \times 10^{-3}$ ,  $OR=1.53$ ,  $5.74 \times 10^{-3}$ ,  $OR=1.47$ , respectively) [12], but not in European descent ( $P=0.42$ ,  $0.28$ , respectively) [11]. All of these might demonstrate racial and geographic heterogeneity in the SNP located in the BTNL2 gene region. Our research also supported this view. The three SNP in the BTNL2 gene region (rs41521946, rs28362677, rs28362678) were correlated with the susceptibility to rheumatoid arthritis [14], and Spanish scholars also confirmed that the BTNL2 gene was associated with the onset of rheumatoid arthritis and could be an independent risk factor for rheumatoid osteoarthritis [15]. However, their association with knee osteoarthritis had not been reported, which was verified by our study. From the perspective of OR, four single nucleotide polymorphisms might be risk factors for osteoarthritis of the knee. Some reports had found that

rs7775228 and rs10947262 had significant association with SNP located in the 340 kb region of the HLA locus, including BTNL2, HLA-DRA, HLA-DRB5, HLA-DRB1, HLA-DQA1, and HLA-DQB1. Only SNPs in the 340 kb region had strong correlations with OA, but SNPs outside this region have no significant correlation with OA [12]. Our results showed that the four SNP in this region were consistent with this view, and it was not known whether other SNP outside this region were associated with knee osteoarthritis.

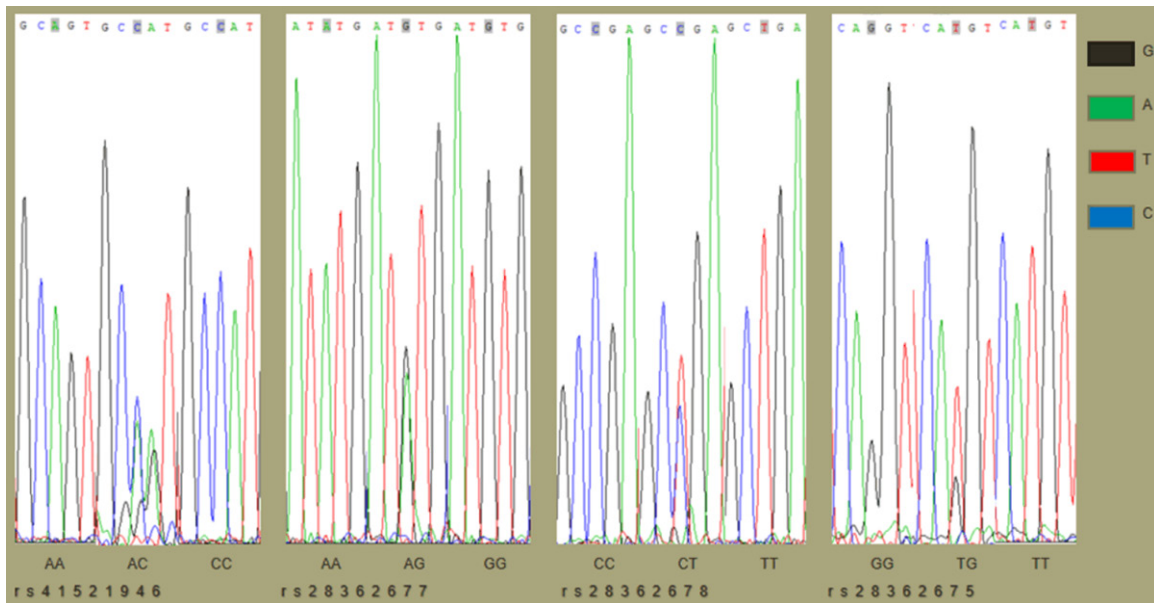
Some scholars have reported changes in pathophysiological mechanisms following mutations in the BTNL2 gene. In a linkage study between HLA-DPB1 and other HLA loci, five apparent recombinations between DPB1 and DR/DQ loci were observed, which changed the protein expression [16], and genes encoding structural extracellular matrix components (such as DVWA) and molecules involved in prostaglandin metabolism (such as DQB1 and BTNL2) might be present in OA [17]. Body adipose tissue had been shown to be related to the development and progression of knee OA [18], which could change our body center of gravity and exercise patterns. Meanwhile, most scholars have confirmed the correlation between BTNL2 and sarcoidosis [19-21] and have reported an association of sarcoidosis and HLA class I and especially class II alleles in different populations [22].

The current treatments for OA are limited and insufficient to prevent the occurrence and development of the disease. Genetic studies of OA patients can elucidate the molecular mechanisms that lead to the progression of specific diseases, including joint damage, pain, and chronic pain and can provide new insights into treatment.

### Conclusion

Four SNP (rs41521946, rs28362677, rs28362678, rs28362675) in the BTNL2 gene region

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**Figure 1.** The adjacent sequences and genotypes of four SNP on the BTNL2 gene. The specific fragment of BTNL2 was amplified by the action of restriction endonucleases, and the genotypes of four SNP were determined by chromas peak mapping software after sequencing. The position of each light-colored shadow marker mutation site was judged by the peak map, the single peak was homozygous, and the double peak was heterozygous. The genotype of this locus is indicated below the graph. Each color represents a base, and black, green, red, and blue represent G, A, T, and C, respectively.

are significantly associated with knee osteoarthritis, and the target population might be significantly affected by rs28362675.

### Limitations

There were some limitations in this study. First, the number of patients in this study and the healthy controls were still not large enough and might not reveal the potential link between the mutation site and OA. Second, the patients in this study were from Beijing Bo'ai Hospital and Beijing Chaoyang hospital, so the study might be unable to represent all OA targets. Finally, all normal controls in this study were OA-free, but it is possible that a small number of the control patients who had mild asymptomatic and radiological OA were selected as normal controls. Radiological examination was not possible due to objective conditions, including economic reasons. Therefore, it is necessary to conduct further research in a wider population and even in other ethnic groups. This study also had its own advantages. Strict laboratory procedures ensured a high reliability of the genotyping results. Secondly, logistic regression analysis was used to remove the interference of baseline data on the experimental results, which could make the results more credible.

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### Disclosure of conflict of interest

None.

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