

# Multicenter Cohort of Patients With Methicillin-Resistant *Staphylococcus aureus* Bacteremia Receiving Daptomycin Plus Ceftaroline Compared With Other MRSA Treatments

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**Background.** Daptomycin and ceftaroline (DAP-CPT) have been used for persistent methicillin-resistant *Staphylococcus aureus* bacteremia (MRSAB), but have rarely been compared with other therapies. This study provides an exploratory analysis of patients placed on DAP-CPT vs standard of care (SOC) for MRSAB.

**Methods.** This is a retrospective, matched cohort study MRSAB patients at 4 hospitals in the United States. Patients receiving DAP-CPT for  $\geq 72$  hours at any point in therapy were matched 2:1 when possible, 1:1 otherwise, to SOC, first by infection source, then age and renal function. SOC was empiric treatment with vancomycin or daptomycin and any subsequent combination antibiotic(s), except for DAP-CPT.

**Results.** Fifty-eight patients received DAP-CPT with 113 matched SOC. Ninety-six percent of SOC received vancomycin, and 56% (63/113) escalated therapy at least once in the treatment course. Twenty-four patients received DAP-CPT within 72 hours of index culture; 2 (8.3%) died within 30 days vs 14.2% (16/113) with SOC ( $P > .05$ ). Subgroup analysis identified numerically lower mortality in DAP-CPT patients with a Charlson comorbidity index  $\geq 3$ , endovascular source, and receipt of DAP-CPT within 72 hours of index culture. The median MRSAB duration was 9.3 vs 4.8 days for DAP-CPT and SOC, respectively. DAP-CPT was initiated on day 6 on average; after receipt of DAP-CPT, MRSAB duration was 3.3 days.

**Conclusions.** DAP-CPT treatment is often delayed in MRSAB. Combination therapy may be more beneficial if initiated earlier, particularly in patients at higher risk for mortality. Blinded, randomized, prospective studies are needed to eliminate selection bias inherent in retrospective analyses when examining DAP-CPT vs SOC.

**Keywords.** antimicrobial resistance; combination; gram-positive; salvage therapy; vancomycin.

Methicillin-resistant *Staphylococcus aureus* bacteremia (MRSAB) is associated with significant morbidity and mortality despite widely available treatment options. Guideline-recommended firstline therapy for MRSAB consists of vancomycin or daptomycin monotherapy, both of which have been associated with clinical failure [1]. Options for salvage therapy after initial treatment failure include escalating

daptomycin dose, switching to an alternative agent, or using a combination of 2 or more antibiotics [2]. The synergy of  $\beta$ -lactam antibiotics combined with vancomycin (VAN) or daptomycin (DAP) against *S. aureus* has been consistently shown in vitro [3–7]. Combination therapy has been used to successfully salvage cases of MRSAB, but clearance of bacteremia in these cases may not improve outcomes such as reducing mortality or infection relapse [8–10]. Consequently, optimal positioning of combination antimicrobial therapy in the algorithm of MRSAB management remains unknown.

Ceftaroline fosamil (CPT) was approved by the Food and Drug Administration in October 2010 for the treatment of community-acquired pneumonia and skin and skin structure infections, but its use has been explored beyond these indications [11–13]. Studies have demonstrated the clinical success of CPT alone or in combination for treatment-refractory MRSAB [10, 14, 15]. Ceftaroline is a particularly appealing  $\beta$ -lactam option to use in combination with other agents due to its inherent activity against MRSA mediated by PBP2a binding. It

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also demonstrates the “seesaw effect” when used in combination with VAN and DAP, wherein reduced glycopeptide and lipopeptide susceptibility confers increased susceptibility to antistaphylococcal  $\beta$ -lactams [16–18]. Additionally, ceftaroline has been shown to enhance DAP binding and cell membrane depolarization, resulting in rapid, sustained bactericidal activity against MRSA [19, 20]. As stated, this has translated to clearance of persistent bacteremia when DAP and CPT (DAP-CPT) are used as salvage therapy [10].

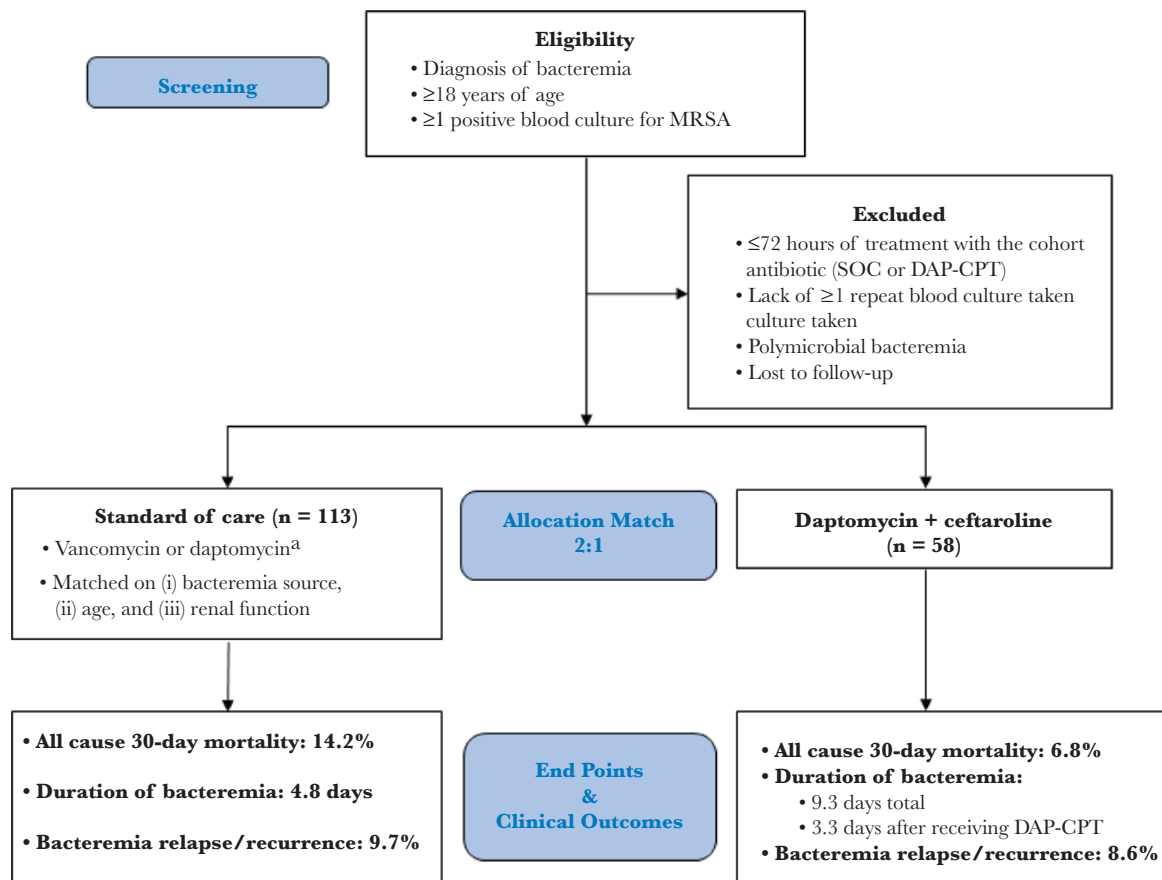
Controlled clinical data comparing DAP-CPT combination therapy vs standard of care (SOC) for MRSAB are limited to a pilot study of 40 patients wherein 17 patients treated with DAP-CPT within 72 hours of index culture were compared with 23 patients treated with standard monotherapy [21]. Treatment with DAP-CPT resulted in a significant reduction of in-hospital mortality. There are limited real-world data comparing demographics and clinical outcomes in patients receiving DAP-CPT vs SOC treatment for MRSAB. The purpose of this study was to provide a descriptive exploratory analysis of patients placed on DAP-CPT at any point in the treatment course vs matched patients receiving SOC for MRSAB.

## METHODS

### Study Design and Patient Population

This was a retrospective, multicenter, matched cohort study of hospitalized patients describing treatment for MRSAB at 4 urban medical centers (2 academic) in the United States from January 2013 to October 2017 (Madison, WI, USA; Detroit, MI, USA; San Diego, CA, USA). Figure 1 describes the patient screening and inclusion and exclusion criteria. This study was approved by the institutional review board at each institution.

The electronic health record (EHR) was queried at each center to identify all patients with MRSAB and treated with DAP-CPT for  $\geq 72$  hours at any point in therapy during the study period for inclusion in the combination therapy group. As displayed in Figure 1, Patients were matched (2 SOC for every DAP-CPT patient) according to bacteremia source (primary, endovascular; secondary, nonendovascular; or catheter-related) [22, 23] then by age ( $\pm 10$  years), and finally by renal function (creatinine clearance  $\geq 50$  mL/min,  $< 50$  mL/min, dialysis-dependent). SOC patients had to match all 3 criteria for inclusion in the study population. Investigators classified patients by source according to documentation in the infectious diseases (ID) consult note. If the patient did not have ID consultation,



**Figure 1.** Study population and analysis cohort with study outcome results. <sup>a</sup>Includes empiric treatment with vancomycin or daptomycin; any subsequent non-DAP-CPT combination allowed. Abbreviations: DAP-CPT, daptomycin and ceftaroline; MRSA, methicillin-resistant *Staphylococcus aureus*; SOC, standard of care.

the source documented in the primary team's progress note was used for classification. Additionally, all patients had diagnostic imaging performed to corroborate primary source diagnosis (eg, transesophageal echocardiogram if endocarditis), along with clinical and microbiological data.

Additional data extracted from the EHR included demographic information, microbiological data, diagnostic imaging, antibiotic therapy, surgical source control, and length of stay in intensive and general care units. Antimicrobial susceptibility testing was performed by MicroScan WalkAway (UW Health, Sharp Healthcare Hospitals), BD Phoenix (Detroit Medical Center), and Vitek-2 (Henry Ford Hospital). Charlson Comorbidity Index and Pitt Bacteremia Score were calculated for every patient included in the study population to quantify the degree of comorbidity and severity of illness, respectively, at the time of index culture [24–26]. If a patient was transferred from a referring facility, Pitt Bacteremia Score was calculated using the worst set of clinical data recorded within the first 24 hours of study center admission.

### Definitions

The study end points are displayed in [Figure 1](#). The Cockcroft-Gault equation was used to calculate creatinine clearance using variables provided at the time of index culture [27]. Duration of bacteremia was calculated as the number of days between the first positive blood culture and the first negative blood culture without subsequent positive cultures within 72 hours of the negative result. The negative result was also considered time of microbiological cure. Bacteremia recurrence was defined as at least 1 positive blood culture for MRSA 7 or more days after initial microbiological cure. Source control was defined as catheter removal (if line-associated), amputation (if bone/joint source), drainage and/or debridement (if abscess or skin source), valve replacement (if endocarditis), abdominal surgery or graft removal (if abdominal source), laminectomy (if spinal osteomyelitis).

### Statistical Analysis

Descriptive statistics and analyses were used to compare patient demographics and outcomes. Characteristics potentially associated with clinical or microbiological outcomes were compared using the  $\chi^2$  test for categorical variables. Continuous variables were compared by Student *t* test or the Mann-Whitney *U* test. Correlation was evaluated by Spearman *r* analysis for nonparametric data. A *P* value  $\leq .05$  was considered statistically significant in the final analysis. STATA, version 15 (Stata Corp LLC, College Station, Texas, USA), and GraphPad Prism 7 (GraphPad Software, San Diego, CA, USA) were used for statistical analysis.

## RESULTS

A total of 171 patients were included in the study. Fifty-eight patients receiving combination therapy were matched to 113

patients receiving SOC ([Figure 1](#)). These patients have not been reported previously, with the exception 7 patients receiving DAP-CPT, which included 5 from Sakoulas et al. [21] and 2 from Jorgensen et al. [28]. Patient demographics and clinical characteristics compared between the 2 groups are provided in [Table 1](#). There were no statistically significant differences between groups except longer length of hospitalization (median,  $23.3 \pm 2.2$  days vs  $15.6 \pm 0.9$  days in SOC;  $P < .001$ ) and more patients with inadequate source control (29% vs 40% in SOC;  $P < .001$ ) for the DAP-CPT patients. The average DAP dose in patients receiving combination therapy was 8.2 mg/kg actual body weight. Ceftaroline was administered every 8 hours in 45/58 patients (77.6%). One patient in the combination therapy group received DAP-CPT for the entire treatment course. Of the remaining 57 patients, 29 (51%) received DAP-CPT as second-line therapy, 26 (46%) as third-line therapy, and 2 (3%) as fourth-line therapy. Thirty-two patients (55%) completed treatment on DAP-CPT, 15 (26%) were deescalated to DAP monotherapy, 6 (10%) to CPT monotherapy, and 5 (9%) to VAN monotherapy.

Ninety-six percent of patients in the SOC group received VAN at index culture. The remaining 4% received empiric DAP therapy. Sixty-three (56%) patients in the SOC group proceeded to a second directed therapy regimen, most commonly DAP monotherapy ( $n = 46$ , 73%). Twelve (11%) patients were exposed to 3 or more treatment regimens throughout their infection course. In the SOC group, 52 (46%) patients completed treatment on vancomycin monotherapy, 47 (42%) on DAP monotherapy, 4 (3%) on CPT monotherapy, and 10 (9%) on other anti-MRSA antibiotics.

The source was matched between patients in each group. Endovascular source was most common (53%), followed by nonendovascular (42%) and catheter-related (5%). Of patients with an endovascular source, 74% and 78% had echocardiography-proven endocarditis in the DAP-CPT and SOC groups, respectively. Three (5%) patients in the DAP-CPT group and 1 (2%) patient in the SOC group had a left ventricular assist device source. Secondary, nonendovascular sources included osteomyelitis (15% DAP-CPT and 21% SOC), skin and soft tissue infections (12% and 10%), and pneumonia (12% and 7%). Minimum inhibitory concentrations (MICs) for vancomycin were similar between groups, with 61/178 (34%) of the total population possessing an MIC of 2 mg/L. Median Pitt Bacteremia Score ( $P = .782$ ) and Charlson Comorbidity Index were similar, but numerically more patients in the combination therapy group had a Charlson Index  $\geq 3$  (57% vs 49%;  $P = .844$ ). Patient disposition at index culture was the same for both groups (16% intensive care unit, 84% general care).

[Figure 1](#) displays the clinical outcomes in the cohorts. The 30-day mortality rate was 6.8% (4/58 patients) in the DAP + CPT group vs 14.2% (16/113 patients) in the SOC group. Twenty-four patients received DAP-CPT within 72

**Table 1. Study Population Baseline Characteristics**

Variable	Cohort		P Value
	DAP-CPT <sup>a</sup> (n = 58)	Standard of Care <sup>a</sup> (n = 113)	
Age, y	58.0 ± 2.2	57.7 ± 1.5	Matched
Female	20 (34)	46 (41)	.958
Weight, kg	89.0 ± 3.9	82.3 ± 2.4	.129
Source			Matched
Endovascular	31 (53)	60 (53)	
Secondary	24 (42)	47 (42)	
Catheter	3 (5)	6 (5)	
Creatinine clearance			Matched
Hemodialysis	33 (22)	25 (22)	
<50 mL/min	15 (26)	27 (24)	
≥50 mL/min	30 (52)	61 (54)	
Platelet count, 10 <sup>3</sup> cells/μL	240.9 ± 142.9	248.6 ± 48.9	.875
VAN MIC			.599
≤1.0 mg/L	33 (57)	62 (55)	
1.5–2.0 mg/L	25 (43)	51 (45)	
Pitt Score, median [range]	2 [0–9]	1 [0–10]	.782
Comorbidities			
Diabetes	20 (34)	48 (42)	.517
Liver dysfunction	13 (22)	18 (16)	.462
Cancer	2 (3)	4 (4)	.138
Immune supp.	5 (9)	9 (8)	.666
Charlson Index ≥3	33 (57)	55 (49)	.844
Concomitant statin	12 (21)	28 (25)	.355
Source control	17 (29)	45 (40)	<.001
Patient location at index culture			
ICU	9 (16)	18 (16)	.958
General care	49 (84)	95 (84)	
ID consult	58 (100)	104 (92)	.275
Hospital length of stay, d	23.3 ± 2.2	15.6 ± 0.9	<.001

Abbreviations: DAP-CPT, daptomycin and ceftaroline; ICU, intensive care unit; ID, infectious diseases; VAN MIC, vancomycin minimum inhibitory concentration.

<sup>a</sup>All data are presented as No. (%) or mean ± SD depending on type of data.

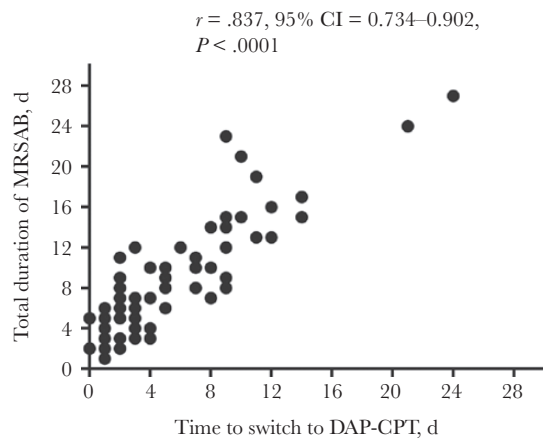
hours of index culture; 2 (8.3%) died within 30 days ( $P > .05$  vs 14.2% in the SOC group). There was no statistical difference in 30-day mortality in patients receiving DAP-CPT within 72 hours of index culture vs SOC. However, mortality was numerically reduced by 80% for patients with a primary endovascular source receiving DAP-CPT within 72 hours of index culture vs SOC (4.3% vs 20.8%;  $P = .162$ ).

The mean duration of bacteremia was 4.8 days in the SOC group vs 9.3 days in the DAP-CPT group ( $P < .001$ ); following switch to DAP-CPT, the mean duration of continued bacteremia was 3.3 days for the entire combination cohort. The duration of bacteremia for patients who had switched to combination therapy within 24, within 72, and after 72 hours was 3.6, 5.2, and 12.2 days, respectively. The median duration of bacteremia for patients switched to DAP-CPT within 72 hours vs after 72 hours was 5 and 11.5 days, respectively ( $P < .001$ ), with an overall linear association between time to switch and duration ( $r = .84$ ;  $P < .001$ ) (Figure 2). Patients in the combination group were escalated to DAP-CPT after a

mean (range) of 6 (0–24) days of bacteremia. Overall, there was no difference in bacteremia relapse or recurrence at 90 days after initial microbiological clearance between DAP-CPT and SOC.

## DISCUSSION

Standard-of-care therapy for MRSAB is associated with high failure rates and substantial morbidity and mortality, necessitating exploration of alternative treatment strategies including the use of 2 or more antibiotics in combination [29]. Updated treatment guidelines incorporating CPT are lacking, and there are limited clinical data for use of salvage combinations earlier in infection courses, leaving many questions unanswered in our current treatment paradigm. Questions such as which agents (if any) to use in combination, the appropriate duration of combination therapy, and antibiotic doses when agents are used in combination are increasingly critical for clinician–researchers to answer.



**Figure 2.** Correlation of time to switch to DAP-CPT combination and total duration of bacteremia using Spearman correlation analysis. Abbreviations: CI, confidence interval; DAP-CPT, daptomycin and ceftaroline; MRSAB, methicillin-resistant *Staphylococcus aureus* bacteremia.

Our data support previous studies that the combination of DAP-CPT results in clearance of persistent MRSAB, but the presumed clinical benefits of blood culture sterilization are mitigated if this occurs late in the treatment course [10]. These data also support the potentially DAP-sparing effect of CPT synergy and opportunity for combination de-escalation, as our combination group received a mean 8.2-mg/kg/d DAP, as opposed to the guideline-recommended option of 10 mg/kg/d [6]. Although the majority (77.6%) of patients in our cohort received CPT every 8 hours, the optimal dose of CPT when used in combination with DAP remains unknown. Furthermore, almost half of the DAP-CPT patients successfully completed their treatment course on a single agent; the role of continued combination therapy is also unclear.

To date, this is the first study evaluating the treatment course of patients with MRSAB in a matched cohort of those receiving DAP-CPT at any time in therapy vs SOC. There was a numerically lower 30-day mortality rate in those patients switched to DAP-CPT within 72 hours of index culture (8.3%) vs SOC (14.2%). These findings are further supported by a recent small, prospective, unblinded, randomized study where treatment with DAP-CPT within 72 hours of index culture was associated with reduced in-hospital mortality compared with SOC, particularly in patients with high-risk endovascular sources and/or IL-10 >5 pg/mL [21]. Additionally, even in patients switched to DAP-CPT after 72 hours and with persistent bacteremia (a well-established marker of mortality in *S. aureus*), 30-day mortality was the same as for the patients on SOC in the present study, revealing that patients with a high predictor of mortality still did the same as patients on SOC. Patient variables including infection source, age, and renal function are additional clinical predictors of mortality in *S. aureus* bacteremia [15, 30–32]. By matching combination cases to SOC using these 3 important characteristics, we avoid the limitations of previous DAP-CPT

clinical studies and present evidence toward a possible survival benefit conferred by DAP-CPT combination therapy over conventional standard monotherapy for the treatment of MRSAB, particularly in patients with an endovascular infection source.

Our study has several limitations inherent to retrospective analyses, the most significant of which is inherent bias. As treatment was not randomized and was instead chosen by the clinicians managing these infections, combination therapy patients are expected to be higher risk, frequently failing firstline therapy, and combination is used as salvage treatment. Also, although the multicenter cohort is a strength, this may present issues for interpreting treatment-related outcomes, as the processes of diagnosis and managing patients at each site may vary. Future prospective, randomized studies may address this limitation and compare salvage therapies by standardizing second-line treatment for each group. The finding of statistically similar and numerically lower mortality rates in the combination therapy group compared with SOC, despite statistically significantly longer duration of bacteremia, longer hospital stay, and less source control in the DAP-CPT group, supports an advantage of DAP-CPT, had a comparison been done on equal footing, as seen in the small prospective study [21]. This is particularly important in select patient populations, such as those with left ventricular assist devices in our study. Patients treated with DAP-CPT had a higher rate of ID consultation, which has demonstrated decreased mortality in patients with MRSAB [33, 34]. However, the rate of ID consultation in the SOC group (92%) exceeded the rate of ID consultation in previous studies.

Data regarding the use of antibiotics lacking in vitro MRSA activity for the index infection were not collected. Although this is unlikely to confound the comparison between combination therapy and SOC, as both groups were equally as likely to receive empiric, concomitant antibiotics targeting gram-negative pathogens, there is literature to support that the empiric combination of vancomycin and other  $\beta$ -lactam antibiotics can shorten the duration of MRSA bacteremia [8, 35]. Therapeutic drug monitoring for patients receiving vancomycin therapy varied at each institution and was not included in the study analysis. However, each institution follows the general approaches recommended by the vancomycin use and monitoring guidelines and has pharmacist-driven pharmacokinetic services for the management of vancomycin therapy [36]. Susceptibility testing and MIC distribution for DAP or CPT was not documented for all cases in this analysis.

Finally, our study did not assess safety outcomes of combination therapy compared with monotherapy, such as incidence of *Clostridioides difficile* and acute kidney injury (AKI). Recent abstract data suggest that combination therapy with VAN and flucloxacillin or cefazolin for MRSAB shortens the duration of bacteremia compared with monotherapy (11% vs 20% with positive blood cultures on day 5). However, this had no impact on 90-day mortality, presumably due to an increase in AKI in

patients receiving VAN and flucloxacillin (35% vs 9%). Patients receiving VAN and ceftazolin had an AKI rate of 7%, comparable to VAN monotherapy [37]. Existing data for DAP-CPT do not suggest a safety signal; however, it is imperative that larger, blinded, prospective randomized controlled trials are performed to evaluate the safety and efficacy of empiric treatment regimens for MRSAB, including, but not limited to, DAP-CPT combination therapy, VAN plus ceftazolin combination therapy, and CPT monotherapy.

## CONCLUSIONS

This study is the only matched cohort to our knowledge to compare DAP-CPT combination therapy used as both initial (within 72 hours of index culture) and salvage therapy with SOC for MRSAB. Combination DAP-CPT resulted in clearance of persistent MRSA bacteremia. Patients placed on DAP-CPT had a high inherent persistent bacteremia of >4 days, which has been shown to be a well-established marker of mortality in *S. aureus*. Despite the DAP-CPT group having a higher baseline mortality risk and statistically less source control, the overall mortality rates were still similar to SOC.

Receiving DAP-CPT early in the infection course may be more beneficial for survival, as opposed to its use as salvage therapy, especially in patients with endovascular sources or those at high risk of death. Blinded, randomized prospective studies are needed to eliminate the treatment selection bias inherent in retrospective analyses when examining SOC vs aggressive combination regimens in the treatment of MRSA bacteremia.

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