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Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

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[Intervention Review]

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery

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ABSTRACT

Background

Stroke is a major cause of adult disability. Selective serotonin reuptake inhibitors (SSRIs) have been used for many years to manage depression and other mood disorders after stroke. The 2012 Cochrane Review of SSRIs for stroke recovery demonstrated positive effects on recovery, even in people who were not depressed at randomisation. A large trial of fluoxetine for stroke recovery (fluoxetine versus placebo under supervision) has recently been published, and it is now appropriate to update the evidence.

Objectives

To determine if SSRIs are more effective than placebo or usual care at improving outcomes in people less than 12 months post-stroke, and to determine whether treatment with SSRIs is associated with adverse effects.

Search methods

For this update, we searched the Cochrane Stroke Group Trials Register (last searched 16 July 2018), the Cochrane Controlled Trials Register (CENTRAL, Issue 7 of 12, July 2018), MEDLINE (1946 to July 2018), Embase (1974 to July 2018), CINAHL (1982 July 2018), PsycINFO (1985 to July 2018), AMED (1985 to July 2018), and PsycBITE March 2012 to July 2018). We also searched grey literature and clinical trials registers.

Selection criteria

We included randomised controlled trials (RCTs) that recruited ischaemic or haemorrhagic stroke survivors at any time within the first year. The intervention was any SSRI, given at any dose, for any period, and for any indication. We excluded drugs with mixed pharmacological effects. The comparator was usual care or placebo. To be included, trials had to collect data on at least one of our primary (disability score or independence) or secondary outcomes (impairments, depression, anxiety, quality of life, fatigue, healthcare cost, death, adverse events and leaving the trial early).

Data collection and analysis

We extracted data on demographics, type of stroke, time since stroke, our primary and secondary outcomes, and sources of bias. Two review authors independently extracted data from each trial. We used standardised mean differences (SMDs) to estimate treatment effects for continuous variables, and risk ratios (RRs) for dichotomous effects, with their 95% confidence intervals (CIs). We assessed risks of bias and applied GRADE criteria.

Main results

We identified a total of 63 eligible trials recruiting 9168 participants, most of which provided data only at end of treatment and not at follow-up. There was a wide age range. About half the trials required participants to have depression to enter the trial. The duration, drug, and dose varied between trials. Only three of the included trials were at low risk of bias across the key 'Risk of bias' domains. A meta-analysis of these three trials found little or no effect of SSRI on either disability score: SMD -0.01 (95% CI -0.09 to 0.06; $P = 0.75$; 2 studies, 2829 participants; moderate-quality evidence) or independence: RR 1.00 (95% CI 0.91 to 1.09; $P = 0.99$; 3 studies, 3249 participants; moderate-quality evidence). We downgraded both these outcomes for imprecision.

SSRIs reduced the average depression score (SMD 0.11 lower, 0.19 lower to 0.04 lower; 2 trials, 2861 participants; moderate-quality evidence), but there was a higher observed number of gastrointestinal side effects among participants treated with SSRIs compared to placebo (RR 2.19, 95% CI 1.00 to 4.76; $P = 0.05$; 2 studies, 148 participants; moderate-quality evidence), with no evidence of heterogeneity ($I^2 = 0\%$). For seizures there was no evidence of a substantial difference. When we included all trials in a sensitivity analysis, irrespective of risk of bias, SSRIs appeared to reduce disability scores but not dependence. One large trial (FOCUS) dominated the results.

We identified several ongoing trials, including two large trials that together will recruit more than 3000 participants.

Authors' conclusions

We found no reliable evidence that SSRIs should be used routinely to promote recovery after stroke. Meta-analysis of the trials at low risk of bias indicate that SSRIs do not improve recovery from stroke. We identified potential improvements in disability only in the analyses which included trials at high risk of bias. A further meta-analysis of large ongoing trials will be required to determine the generalisability of these findings.

PLAIN LANGUAGE SUMMARY

Selective serotonin reuptake inhibitors for stroke recovery

Review question

What are the effects of selective serotonin uptake inhibitor (SSRI) drugs on recovery from stroke?

Background

Stroke is a major cause of disability. Stroke-related disability can include difficulty with daily tasks such as toileting, washing, and walking. Sometimes disability is so severe that a person becomes dependent on others for performing basic activities (this is known as 'dependence'). Our previous Cochrane Review published in 2012 suggested that SSRI drugs (a class of drug usually used to treat mood problems, which work by changing the level of chemicals in the brain), might improve recovery after stroke, thereby reducing disability and increasing the chance of being independent after a stroke. However, when we looked at only the high-quality trials, the effect was less convincing.

A large trial recruiting more than 3000 participants has now been completed and so it is necessary to update this review. In our main analyses we decided to include only high-quality trials, that is those which used rigorous methods to avoid biases (such as the person assessing outcome being aware of whether the stroke survivor received the active drug or placebo). In this review, we refer to them as 'low risk of bias' trials.

If disability and dependency can be improved by a simple drug, this could have a major impact on quality of life for many stroke survivors.

We also wanted to find out whether SSRIs had other benefits, for example improving the severity of any arm or leg weakness, mood, anxiety, quality of life, and also whether SSRIs were associated with side effects such as bleeding or seizures.

Study characteristics

In total we found 63 trials recruiting 9168 stroke survivors within one year of their stroke. There was a wide age range. About half the trials required participants to have depression to enter the trial. The duration, drug, and dose varied between trials. However, only three of these trials were at low risk of bias; the participants in these trials did not have to be depressed to enter the trial, and they were all recruited soon after the stroke.

Key results

When we combined data from these three studies at low risk of bias, which recruited 3249 participants, SSRIs did not affect disability score or dependency. SSRIs reduced the risk of future depression but increased the risk of problems with the digestive system. There was no evidence of a substantial difference in seizures. When we combined data from all the studies, irrespective of risks of bias, there appeared to

be a beneficial effect on recovery, but this was almost certainly because the studies at high risk of bias tended to give the positive results. The evidence is current until July 2018.

Quality of the evidence

We are confident that the results are reliable when we included just the studies at low risk of bias. When we included all studies regardless of risk of bias we found that SSRIs reduced disability. When they become available, we will include the results from two large ongoing trials in a future update.

SUMMARY OF FINDINGS

Summary of findings for the main comparison. SSRI versus control at end of treatment, by SSRI for stroke recovery

SSRI versus control at end of treatment, by SSRI, for stroke recovery*

Patient or population: people with stroke recovery

Settings: hospital

Intervention: SSRI versus control at end of treatment, by SSRI

* Summary of Findings table based on studies with low risk of bias.

Outcomes	Illustrative comparative risks* (95% CI)		Relative effect (95% CI)	No of Participants (studies)	Quality of the evidence (GRADE)	Comments
	Assumed risk	Corresponding risk				
	Control	SSRI versus control at end of treatment, by SSRI				
Disability (primary analysis)		The mean disability (primary analysis) in the intervention groups was 0.01 standard deviations lower (0.09 lower to 0.06 higher)		2829 (2 studies)	⊕⊕⊕⊖ moderate ^a	Outcomes: Stroke Impact Scale (SIS) score at 6 months (FOCUS Trial Collaboration 2018); Barthel Index (BI) score on day 90 (Marquez Romero 2013)
Independent on modified Rankin score (mRS 0 to 2) (primary analysis)	Study population		RR 1.00 (0.91 to 1.09)	3249 (3 studies)	⊕⊕⊕⊖ moderate ^{b,c}	-
	367 per 1000	367 per 1000 (334 to 400)				
Neurological deficit score		The mean neurological deficit score in the intervention groups was 0.3 standard deviations lower (0.63 lower to 0.04 higher)		142 (2 studies)	⊕⊕⊕⊖ moderate ^d	Outcomes: Fugl-Meyer Assessment (FMA) score on day 90 (Marquez Romero 2013); National Institutes of Health Stroke Scale (NIHSS) score on day 90 (Chollet 2011)
Depression (continuous data)		The mean depression (continuous data) in the intervention groups was 0.11 standard deviations lower (0.19 to 0.04 lower)		2861 (2 studies)	⊕⊕⊕⊖ moderate ^e	Outcomes Mental Health Inventory 5 (MHI-5) score at 6 months (FOCUS Trial Collaboration 2018); Montgomery-Åsberg De-



pression Rating Scale (MADRS) score on day 90 (Chollet 2011)

Death	Study population		RR 0.99 (0.79 to 1.25)	3254 (3 studies)	⊕⊕⊕⊕ high	-
	80 per 1000	80 per 1000 (64 to 101)				
Number of seizures	Study population		RR 1.47 (0.99 to 2.18)	3275 (3 studies)	⊕⊕⊕⊖ moderate ^f	-
	24 per 1000	36 per 1000 (24 to 53)				
Gastrointestinal side effects	Study population		RR 2.19 (1.00 to 4.76)	148 (2 studies)	⊕⊕⊕⊖ moderate ^g	-
	107 per 1000	234 per 1000 (107 to 508)				

*The basis for the **assumed risk** (e.g. the mean control group risk across studies) is provided in footnotes. The **corresponding risk** (and its 95% confidence interval) is based on the assumed risk in the comparison group and the **relative effect** of the intervention (and its 95% CI).

CI: Confidence interval; **RR:** Risk ratio; **SMD:** standardised mean difference

GRADE Working Group grades of evidence

High quality: Further research is very unlikely to change our confidence in the estimate of effect.

Moderate quality: Further research is likely to have an important impact on our confidence in the estimate of effect and may change the estimate.

Low quality: Further research is very likely to have an important impact on our confidence in the estimate of effect and is likely to change the estimate.

Very low quality: We are very uncertain about the estimate.

^aDisability is outcome is reported as a standardised mean difference. The sample size is large (> 400) and the 95% CI overlaps no effect and therefore we have downgraded for imprecision.(GRADE 2013).

^bHeterogeneity may be due to clinical variation - Chollet 2011 and Marquez Romero 2013 give 20 mg fluoxetine for 90 days and FOCUS Trial Collaboration 2018 gives 20 mg for 180 days; methodological differences (when the outcomes are measured) - Chollet 2011 and Marquez Romero 2013 measure at 90 days and FOCUS Trial Collaboration 2018 measures at 180 days; or population differences - Chollet 2011 recruited participants only with ischaemic stroke with motor deficits, Marquez Romero 2013 recruited only participants with haemorrhagic stroke and FOCUS Trial Collaboration 2018 recruited all pathological subtypes. The trials were performed in different countries where other factors such as the amount of therapy might influence outcome. These are plausible explanations for the observed heterogeneity and we have therefore we have not downgraded the evidence (Schünemann 2017).

^cThe optimal information size criterion (FOCUS Trial Collaboration 2018) has been met and the 95% CI overlaps no effect; we have therefore downgraded for imprecision (GRADE 2013).

^dNeurological deficit outcomes reported as a SMD. Sample size is < 400 and we have therefore downgraded for imprecision (GRADE 2013).

^eStudies used different measures of depression. This variability in study design may have contributed to variability in intervention effects.

^fThe sample size is large (> 2000) but the 95% CI overlaps no effect; we have therefore downgraded for imprecision (GRADE 2013).

^gStudies are small with too few events and wide CIs; we have therefore downgraded for imprecision (Schünemann 2017).

BACKGROUND

Description of the condition

Worldwide, stroke is the second leading cause of death, the third leading cause of disability (Johnson 2016), and results in 6.5 million years being lived with disability (GBD 2015). Although major advances in the early reperfusion of ischaemic stroke have been achieved in recent years (e.g. by intravenous thrombolysis, thrombectomy, and prevention of early recurrent stroke), effective, safe and widely accessible and affordable treatments that facilitate early and sustained recovery after stroke are urgently needed to further reduce the burdens of disability and dependency after stroke.

Description of the intervention

Selective serotonin reuptake inhibitors (SSRIs) are drugs that have been available for many years. They are widely used to treat mood disorders, including those that occur after stroke, such as depression and emotional lability (i.e. emotional behaviour that the patient reports as being outside normal control and that occurs in situations that previously would not have provoked such behaviour) (Allida 2019). Small trials suggest that fluoxetine, one of the SSRIs, might have a favourable effect on motor recovery after stroke (Chollet 2011; Yi 2010). Our 2012 Cochrane Review of SSRI for stroke recovery confirmed the positive effects seen in the small trials. Combining all SSRIs into a single review and meta-analysis is justified because the mechanism of action for the different drugs are very similar.

How the intervention might work

In animal studies, multiple potentially beneficial effects of SSRIs have been demonstrated in both normal and diseased brains. First, SSRIs have a neurotrophic effect. Neurotrophins are a family of proteins that are involved in embryogenesis (formulation of an embryo) and organogenesis (development of organs). They control neural plasticity (ability to change, or easily changed or shaped) in adults, regulate synaptic activity and neurotransmitter synthesis, and are essential for the regeneration of nerves (Lang 2004). The development of new nerve cells in adults is generally restricted to specific areas of the brain, namely the subependymal cells of the ventricular system and the subgranular zone of the dentate gyrus in the hippocampus (Ming 2005). SSRIs increase neurogenesis and expression of neurotrophic or growth factors in the adult hippocampus (Schmidt 2007), and this is likely to account for the behavioural benefits of antidepressants in animals (Santarelli 2003). Importantly, several studies have shown that migration of new neurones to damaged areas of brain may occur (Wiltout 2007), and that neurogenesis can also occur within areas of damaged brain, for example in people with Alzheimer's disease and in animal models of Alzheimer's disease (Taupin 2006). Second, fluoxetine may have a neuroprotective effect (i.e. protect nerve cells when the brain is damaged, e.g. by a stroke). In animals, there may be several mechanisms for neuroprotective effects of SSRIs, such as reducing inflammation (e.g. repression of microglia activation) (Lim 2009), and by enhancement of specific protein expression (hypoxia inducible factor-1 alpha, heme oxygenase-1) (Shin 2009). Third, SSRIs can indirectly affect an important hormonal system in the body, the adrenergic system, through up-regulation (i.e. increase a cellular component of a cell, such as ribonucleic acid (RNA) or

protein, in response to an external variable) of beta1 receptors (Pälvimäki 1994).

In healthy humans, functional magnetic resonance imaging (fMRI) studies have demonstrated that fluoxetine can modulate cerebral motor activity (Loubinoux 1999). In eight chronic stroke participants in Zittel 2008, a single dose of citalopram 40 mg led to improvements in dexterity.

SSRIs may also improve recovery after stroke simply through their effect on preventing or treating depression and anxiety, and through improving sleep and alertness.

Why it is important to do this review

Our 2012 Cochrane Review of SSRIs for stroke recovery showed that SSRIs appeared to reduce dependence, disability, neurological impairment, anxiety, and depression after stroke, even in participants without depression. However, there was heterogeneity between trials and methodological limitations in many of the trials. When we included only those trials at low risk of bias, effect sizes were much smaller. The review generated the hypothesis that SSRIs might promote recovery after stroke, and the review authors recommended that well-designed trials were needed to determine whether SSRIs given routinely to people early after stroke improved their recovery.

SSRIs interact with platelet function and clotting, and therefore may have adverse effects in people with stroke, particularly those with haemorrhagic stroke, and these adverse effects might outweigh any potential benefits.

Three large collaborative trials were designed based on the results of the 2012 Cochrane Review (Mead 2012), to test the hypothesis that fluoxetine given early after stroke would improve recovery, or in other words, lead to less dependency and less disability at follow-up. The largest, the FOCUS Trial Collaboration 2018, recruited over 3000 participants and has now reported, but is not included in any systematic review or meta-analysis.

Cochrane Reviews should be updated regularly, ideally every two years. In practice, this is not always possible but they should certainly be updated when substantial new evidence becomes available. Our review team knew that the results of FOCUS, a major trial, would be available in December 2018 and so we planned this current update to include FOCUS (FOCUS Trial Collaboration 2018). If a simple, inexpensive drug such as one of the SSRIs improves stroke recovery, this would have major implications for patients, carers, health services, social care services, and the economy.

OBJECTIVES

To determine if SSRIs are more effective than placebo or usual care at improving outcomes in people less than 12 months post-stroke, and to determine whether treatment with SSRIs is associated with adverse effects.

METHODS

Criteria for considering studies for this review

Types of studies

We included all randomised controlled trials (RCTs) in people with a clinical diagnosis of stroke (Hatano 1976), where an SSRI had

been given within the first year of stroke onset, i.e.: 1) trials that stipulated that participants had to be recruited within 12 months of stroke onset, or 2) trials where the mean (or median) time since stroke was less than 12 months. Trials had to have measured at least one of our outcomes of interest in order to be included in the meta-analysis. For those trials which did not report data in a form that we could use, we attempted to get the raw data from the authors, and if this was not possible, we retained the studies in the list of included studies.

We included trials:

- with more than two arms (e.g. SSRI versus another active treatment versus placebo). We included data from the SSRI arm and the placebo arm (or usual-care arm if a placebo was not used), and discarded data from the other active treatment arms;
- in all languages.

We excluded trials:

- using a quasi-experimental design (i.e. where investigators describe a non-random component in the sequence generation process, such as date of admission);
- using a cross-over design;
- in which two or more active interventions were compared against each other rather than against a placebo or a standard care group;
- combined an SSRI with another active intervention and compared it to the active treatment alone.

There was no restriction on the eligibility of RCTs on the basis of sample size or duration of follow-up.

Types of participants

We included trials that had recruited survivors of a stroke, defined as a sudden-onset focal neurological disturbance, assumed to be vascular in origin, and lasting more than 24 hours ([Hatano 1976](#)). Trials had to recruit participants within 12 months of stroke onset, or the mean time since stroke had to be less than 12 months. We intended to include trials in subarachnoid haemorrhage and perform a subgroup analysis but we did not find any such trials. We intended to exclude trials of mixed populations (e.g. stroke and head injury) unless separate results for those with stroke were available, but we found no such trials.

Types of interventions

We included any drug classified as a SSRI (e.g. fluvoxamine, fluoxetine, sertraline, citalopram and paroxetine). We included any dose or mode of delivery, given for any duration and for any reason (e.g. to aid neurological recovery, to treat depression or anxiety or emotionalism, or to prevent depression or anxiety or other mood disorders). We did not include drugs that have mixed effects that include SSRI actions.

The comparator arm could include usual care or a placebo. We excluded studies in which fluoxetine was compared with another active intervention (e.g. another type of drug or herb or acupuncture). In this update, we also excluded trials that combined an SSRI with another active treatment and compared with the active treatment alone, because of the potential for interaction between the SSRI and other active treatment.

Types of outcome measures

Primary outcomes

We had two primary outcomes:

- independence at end of treatment. In stroke trials this is typically measured using the modified Rankin Scale (mRS), with a score of 0 to 2 conventionally considered to represent independence;
- disability score at the end of treatment. Measures included, but were not limited to, Barthel index (BI) or Functional Independence Measure (FIM).

Although disability scores and independence (or not) are arguably measuring the same concept, disability scores provide a more detailed description of functional outcome than simply using a dichotomous outcome such as independence or not. In other words, we were interested in performance in personal activities of daily living (ADL)/disability (measured using disability scores) and independence in performance in personal ADL/disability measured using dichotomous outcome (independent or not).

Note that 'end of treatment' depends on the duration of treatment, and so the outcome might be measured at different time points in different trials. But we justified this approach provided that trials measured the outcome at the same time point in each group.

Secondary outcomes

- Impairments (which can include neurological deficit scores, motor deficit scores)
- Depression
- Anxiety
- Quality of life
- Fatigue
- Healthcare cost
- Death
- Adverse events including gastrointestinal (GI) side effects, bleeding, seizures, and any other side effect
- Leaving the trial early (for any reason, including death)

We anticipated that most trials would assess these at the end of treatment and possibly at one or more time points. We did not stipulate a minimum follow-up time. We did not stipulate in advance precisely how multiple time points would be handled (if they had been found); we will consider this for the next update.

Search methods for identification of studies

See the methods for the Cochrane Stroke Group [Specialised register](#). We searched for trials in all languages and arranged for the translation of trials where necessary.

Electronic searches

We developed the MEDLINE search strategy with the help of the Cochrane Stroke Group Information Specialist and adapted it for the other databases.

We searched the following electronic bibliographic databases:

- Cochrane Stroke Group Trials Register (16 July 2018);
- Cochrane Central Register of Controlled Trials (CENTRAL) Issue 7 of 12, (July 2018) ([Appendix 1](#));

- MEDLINE (from 1948 to 16 July 2018) ([Appendix 2](#));
- Embase Ovid (from 1980 to 16 July 2018) ([Appendix 3](#));
- CINAHL EBSCO (Cumulative Index to Nursing and Allied Health Literature (1982 to July 2018) ([Appendix 4](#));
- AMED Ovid (Allied and Complementary Medicine) (from 1985 to 16 July 2018) ([Appendix 5](#));
- PsycINFO Ovid (from 1967 to 16 July 2018) ([Appendix 6](#));
- PsycBITE Psychological Database for Brain Impairment Treatment Efficacy (www.psycbite.com/) (16 July 2018).

In addition, we searched the following ongoing trials registers ([Appendix 7](#)):

- Stroke Trials Registry (www.strokecenter.org/trials) (26 June 2018);
- US National Institutes of Health ongoing Trials Register ClinicalTrials.gov (www.ClinicalTrials.gov) (16 July 2018);
- ISRCTN Registry (www.isrctn.com) (26 June 2018);
- EU Clinical Trials Register (www.clinicaltrialsregister.eu) (26 June 2018);
- World Health Organization International Clinical Trials Registry Platform (apps.who.int/trialsearch/) (last searched 16 July 2018).

Evidence for this update included search results from the previous version of this review ([Mead 2012](#)), combined with results from the above searches. In [Mead 2012](#) there were no date limits and searches were applied from inception of databases.

Searching other resources

In an effort to identify further published, unpublished and ongoing trials, we:

- searched reference lists of included trials and relevant reviews when full texts were retrieved for detailed scrutiny;
- contacted researchers in the field.

Data collection and analysis

Selection of studies

Joshua Cheyne (Cochrane Stroke Group Information Specialist), ran the searches of CENTRAL, MEDLINE, Embase, CINAHL, AMED, and PsycINFO, and downloaded the resulting references into Reference Manager. These were imported into Covidence, which automatically removed some, but not all, of the duplicates.

Any two review authors (from GM, EL, LL, MK, BS, SW, RT, A-SR, or C-FH) independently scrutinised the resulting titles and abstracts and excluded obviously irrelevant reports and duplicates. We obtained full texts of potentially eligible studies. Any two review authors (from GM, EL, LL, MK, BS, SW, RT, A-SR, C-FH) independently applied inclusion and exclusion criteria; if there was lack of consensus, a third review author (usually GM unless she had already scrutinised the paper) also applied inclusion and exclusion criteria.

For this update we include a study flow diagram that includes the number of unique references identified by the searches, the number of records excluded after preliminary screening of titles and abstracts, the number of records retrieved in full text, and the number fulfilling our inclusion criteria (see [Figure 1](#)).

Data extraction and management

For the new eligible trials we had identified, we created the necessary data fields in Covidence for each individual trial. Any two review authors (from GM, EL, LL, MK, MH, BS, SW, RT, LL, A-SR, C-FH) independently extracted data from each new trial.

We extracted the following data:

- the report: author, year and source of publication;
- the study: sample characteristics, social demography;
- the participants: stroke sequence (first-ever versus recurrent), social situation, time since stroke onset, prior history of psychiatric illness, current neurological status, stroke severity, whether people with aphasia were recruited, the proportion with depression at baseline (if recorded by trialists). We did not extract information on location or size of lesion as this was unlikely to have been recorded by the trialists, and brain imaging often does not show a visible infarct in people with minor strokes;
- the research design and features: adherence, non-response and length of follow-up;
- the intervention: type, duration, dose, timing and mode of delivery;
- the effect size: sample size, nature of outcome, estimate and standard deviation (SD) (or standard error (SE));
- Source of funding.

Assessment of risk of bias in included studies

We assessed risks of bias using the Cochrane 'Risk of bias' tool ([Higgins 2017](#)). We assessed the methods used in each study to control for the following potential sources of bias: sequence generation (selection bias); allocation concealment (selection bias); blinding of participants, personnel and outcome assessors (performance and detection bias); incomplete outcome data (attrition bias); selective outcome reporting (reporting bias); and other potential threats to validity.

For incomplete outcome data, we categorised as 'low risk' if missing data were imputed using appropriate methods or if missing outcome data overall were less than 5%.

We extracted data on source of funding, and listed this under 'Other sources of bias'. If the source of funding was not given, or if there were links with the pharmaceutical industry and no explicit statement that the funder had no input into the design or analysis of the study, we classified this as 'unclear risk'. We also recorded any other potential threats to validity.

We also extracted data on how adverse effects were reported, and listed these in the descriptions of the studies.

If a trial author was also one of the review authors, then a review author who was not involved in the trial extracted data and assessed quality.

Measures of treatment effect

For dichotomous data, we reported risk ratios (RRs). For ordinal scales, where there was a well-recognised cut-point in the scale (e.g. mRS) we analysed the data as a dichotomous outcome (dependent or independent).

For ordinal scales with no recognised cut-point, we analysed the data as continuous data. The data required for meta-analyses of continuous data in Review Manager 5 are means and standard deviations (SDs) (Review Manager 2014). When extracting continuous data from the study reports, we checked whether trials reported the SD or the standard error (SE). We had planned to use the SE or 95% confidence interval (CI) to compute the SD when SDs were missing, but this was not needed as all the trials reported SDs.

For ordinal scales and continuous data, we calculated standardised mean differences (SMDs), because different scales were used for the same outcomes (e.g. BI and FIM for disability score, the Beck Depression Inventory (BDI) or the Hamilton Rating Scale for Depression (HAMD) for depression). It should be noted that the SMD does not correct for differences in the direction of the scale. As some scales increase with disease severity and others decrease, we multiplied the mean value from one set of trials by -1 . For example, in the National Institute of Health Stroke Scale a low score indicates a less severe stroke, whilst a low score in the Scandinavian Stroke Scale (SSS) indicates a more severe stroke.

If there was more than one outcome measure in the same domain (e.g. two different depression scales), we made a post hoc decision to select the one with the most complete data. We did not specify all 'acceptable' outcome measures in this review, but we will need to do this for future updates.

Unit of analysis issues

The number of observations in the analysis should match the number of 'units' that were randomised. We considered outcomes measured at the end of treatment and at the end of follow-up in separate analyses. For side effects, we considered the number of participants developing a particularly side effect rather than the total number of side effects in each group.

Dealing with missing data

For this update, we contacted authors of new trials to obtain any data that we needed for our meta-analysis that had not been included in a published full-text article or an abstract.

Assessment of heterogeneity

We assessed whether there was evidence of inconsistency in our results by considering possible clinical, methodological, and statistical heterogeneity. We assessed clinical and methodological heterogeneity by comparing similarities in our included studies between study designs, participants, interventions, and outcomes.

We quantified the effect of heterogeneity using the I^2 statistic. We assessed statistical heterogeneity by visually examining forest plots. We used the following cut-offs from the *Cochrane Handbook for Systematic Reviews of Interventions* as a rough guide to interpretation (Section 9.5.2; Deeks 2017):

- 0% to 40% is not considered important;
- 30% to 60% suggests moderate heterogeneity;
- 50% to 90% suggests substantial heterogeneity;
- 75% to 100% is considerable heterogeneity

Assessment of reporting biases

We searched clinical trials registers to identify published protocols for each of our included studies. We checked for selective reporting

of results by comparing the published protocol with the published full-text article and by scrutinising the aims and methods of the trials and comparing these with outcomes reported. We found several papers by the same authors, and contacted the authors to check whether the publications were duplicates or to check if the included study populations were unique. If it was not possible to determine whether different publications reported overlapping groups of participants, we included just one of the papers and listed the others as awaiting assessment.

If we had identified a sufficient number of included studies at low risk of bias (i.e. more than 10 studies (Sterne 2017)), we would have generated a funnel plot to assess risk of publication bias in the review; an asymmetrical funnel plot might have suggested publication of only positive results (Egger 1997).

We deployed a comprehensive search strategy in an effort to avoid reporting biases in our review methodology. See [Search methods for identification of studies](#).

We tried to avoid language bias by including all trials, irrespective of language: we sought translation where needed.

Data synthesis

We completed meta-analysis of outcomes for which we had comparable effect measures from more than one study, and when measures of heterogeneity indicated that pooling of results was appropriate. We used the statistical calculator provided in Review Manager 5 to perform meta-analysis (Review Manager 2014).

We used a fixed-effect model (Mantel 1959), rather than a random-effects model because of the dominance of the FOCUS trial (FOCUS Trial Collaboration 2018); random effects would have given too much weight to the smaller trials. The dominance of the FOCUS trial makes a fixed-effect model a more reliable indicator of the effect than the average across the smaller trials. We assessed the robustness of the results to choice of model using a sensitivity analysis.

In the 2012 review, we performed multiple meta-analyses of all outcomes, and included all trials irrespective of risk of bias. We then explored the influence of each aspect of bias on estimates of effects in a series of sensitivity analyses. This approach generated the hypothesis that SSRIs might improve stroke recovery, but also suggested that the apparently beneficial effects might simply have been due to bias, with trials at higher risk of bias tending to give positive results. This approach generated multiple forest plots.

For this update, we decided to limit our primary analysis to studies at low risk of bias (Higgins 2017), as we wanted to reliably find out whether SSRIs are more effective than placebo or usual care at improving disability or independence in people less than 12 months post-stroke.

We reached decisions on overall risk of bias by study by consideration of six 'Risk of bias' domains: sequence generation, allocation concealment, blinding of participants and trial personnel, blinding of outcome assessment, incomplete outcome data, and selective outcome reporting. We required a study to have a judgement of low risk of bias in all six domains in order to categorise it as having an overall low risk of bias. We did, however, include the studies with an unclear or high risk of bias judgements

in these six domains in a sensitivity analysis of our co-primary outcomes of disability and independence.

Subgroup analysis and investigation of heterogeneity

If there had been at least two studies at low risk of bias, we would have explored variability in the participants, interventions, and outcomes among studies using the following subgroups.

- Type of SSRI.
- Trials with depression at baseline as an inclusion criterion and those where depression was not an inclusion criterion.
- Time since stroke at recruitment. We categorised these as less than three months (0 - 90 days), three to six months (91 to 108 days), six to nine months (181 to 271 days) or nine to 12 months (272 to 365 days).

If we found high statistical heterogeneity we still performed the subgroup analysis, but considered the reason for this heterogeneity.

Sensitivity analysis

We explored the potential effects of decisions made as part of the review process as follows.

- We then included all studies regardless of 'Risk of bias' judgement for our primary outcomes of disability score and independence.
- We conducted meta-analysis using the alternate meta-analytical effects model (fixed-effect or random-effects).
- We conducted a meta-analysis using the alternate 'last available follow-up' time point.

We compared effect estimates from the above results with effect estimates from the main analysis. We reported differences that altered the interpretation of effects.

GRADE and 'Summary of findings'

We created a 'Summary of findings' table using the following outcomes: disability; dependent according to the mRS; neurological deficit score; depression (continuous data); death; seizures; and gastrointestinal side effects ([Summary of findings for the main comparison](#)). We used the five GRADE considerations (study limitations, consistency of effect, imprecision, indirectness and publication bias) to assess the quality of the body of evidence as it relates to the studies that contribute data to the meta-analyses for the prespecified outcomes ([Atkins 2004](#)). We used methods and recommendations described in Chapter 11 of the *Cochrane Handbook for Systematic Reviews of Interventions* ([Schünemann 2017](#)), using GRADEproGDT software ([GRADEproGDT 2015](#)). We justified all decisions to downgrade the quality of studies using footnotes, and made comments to aid the reader's understanding of the review where necessary.

RESULTS

Description of studies

For substantive descriptions of studies see: [Characteristics of included studies](#), [Characteristics of excluded studies](#), [Characteristics of studies awaiting classification](#), and [Characteristics of ongoing studies](#).

Results of the search

For this update, we screened 2988 references from database searches and accessed the available full-text reports for 499 studies.

The previous version of this review ([Mead 2012](#)) identified 56 eligible completed studies recruiting 4109 participants, five ongoing studies ([Anonymous 2005](#); [Hankey 2011](#); [Carda 2009](#); [Kim 2011](#); [FOCUS Trial Collaboration 2018](#)), and two studies that were awaiting classification ([Sitzer 2002](#); [Whyte 2005](#)).

The flow of search results for the previous version of the review are reported in [Mead 2012](#). We report details of the search for this update in a PRISMA flow chart ([Figure 1](#)).

Figure 1. Flow diagram showing the searches for this update. FOCUS Poland identified through personal communication

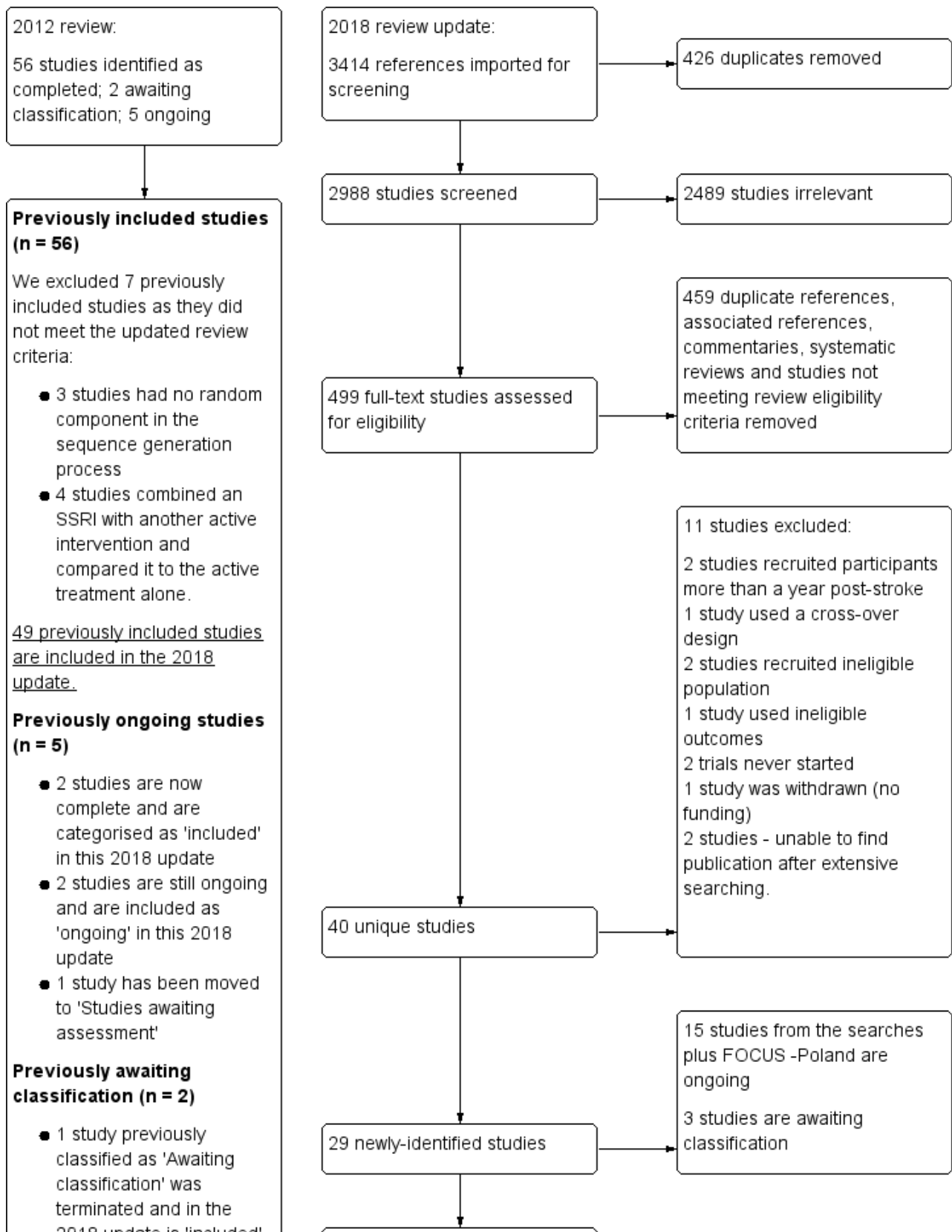
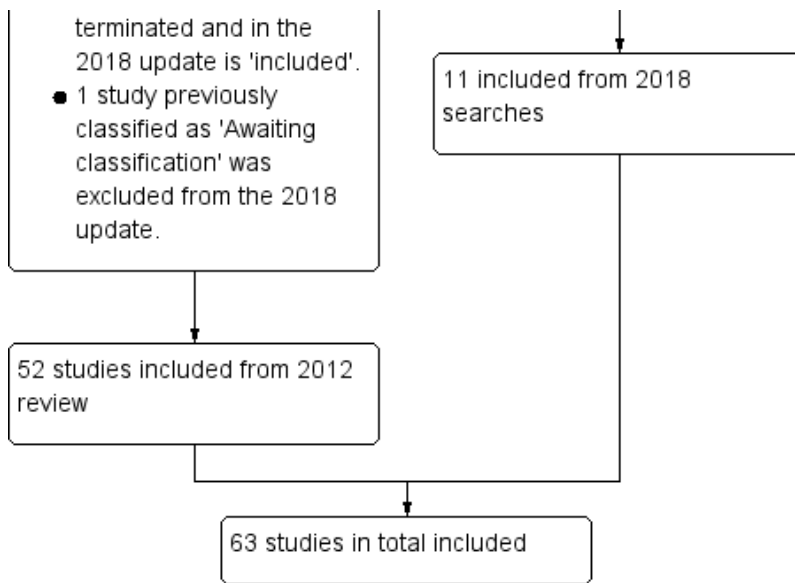


Figure 1. (Continued)



Included studies

The previous version of this review identified 56 eligible completed studies recruiting 4109 participants (Acler 2009; Almeida 2006; Andersen 1994; Brown 1998; Burns 1999; Chen 2001; Chen 2002; Chen 2005a; Chen 2005b; Cheng 2003; Chollet 2011; Dam 1996; Feng 2004; Fruehwald 2003; GlaxoSmithKline 1998; Guo 2009; He 2004; He 2005; Hu 2002; Huang 2002; Jia 2005; Kong 2007; Lai 2006; Li 2004a; Li 2004b; Li 2005; Li 2006; Li 2008; Liu 2006; Meara 1998; Miao 2004; Murray 2005; Pariente 2001; Rasmussen 2003; Restifo 2001; Robinson 2000a; Robinson 2000b; Robinson 2008; Song 2006; Wang 2003; Wen 2006; Wiart 2000; Xie 2005; Xu 2001; Xu 2006; Yang 2002; Yang 2011; Ye 2004; Zhou 2008; Finkenzeller 2009; Ji 2000; Li 2002; Liang 2003; Liu 2004; Xu 2007; Zhou 2003).

Of these we excluded seven (439 participants) from this update (Finkenzeller 2009; Ji 2000; Li 2002; Liang 2003; Liu 2004; Xu 2007; Zhou 2003), as they did not fulfil our more stringent inclusion criteria. See [Excluded studies](#).

Two previously ongoing studies are now complete (FOCUS Trial Collaboration 2018; Kim 2011), two studies are still ongoing (Anonymous 2005; Hankey 2011), and one study has been moved to studies awaiting assessment, as we were unable to make contact with the investigators (Carda 2009). One study previously classified as 'Awaiting assessment' was terminated due to difficulties meeting recruitment goals; it did not state the number of participants but has been retained in our narrative review (Whyte 2005).

We identified a further 11 eligible studies from the 2018 search (Andersen 2013; Black-Schaffer 2012; Birchenall 2019; Gao 2016; He 2016; Marquez Romero 2013; Pan 2018; Razazian 2014; Savadi Oskouie 2012; Shah 2016; Zhao 2011). Thus, in addition to FOCUS Trial Collaboration 2018, Kim 2011 and Whyte 2005 there is a total of 14 new studies for this update, recruiting a further 5498 participants.

There are now 63 included studies recruiting a total of 9168 randomised participants. Not all the studies provided data that

could be used in the meta-analysis (thus the denominator in the forest plots does not equal 9168). Two trials did not state the number of participants (Meara 1998; Whyte 2005).

Of the 63 included studies:

- 32 trials used fluoxetine (Birchenall 2019; Black-Schaffer 2012; Brown 1998; Chen 2001; Cheng 2003; Chollet 2011; Dam 1996; Feng 2004; FOCUS Trial Collaboration 2018; Fruehwald 2003; He 2004; He 2016; Hu 2002; Huang 2002; Kong 2007; Li 2004a; Li 2004b; Li 2008; Marquez Romero 2013; Pariente 2001; Razazian 2014; Restifo 2001; Robinson 2000a; Robinson 2000b; Shah 2016; Song 2006; Wang 2003; Wen 2006; Wiart 2000; Xu 2001; Zhao 2011; Zhou 2008);
- 8 trials used sertraline (Almeida 2006; Burns 1999; Guo 2009; Meara 1998; Murray 2005; Rasmussen 2003; Whyte 2005; Xie 2005);
- 11 used paroxetine (Chen 2002; Chen 2005b; GlaxoSmithKline 1998; He 2005; Lai 2006; Li 2005; Pan 2018; Xu 2006; Yang 2002; Yang 2011; Ye 2004);
- 8 used citalopram (Acler 2009; Andersen 1994; Andersen 2013; Gao 2016; Li 2006; Liu 2006; Miao 2004; Savadi Oskouie 2012);
- 2 used escitalopram (Kim 2011; Robinson 2008);
- 1 used either sertraline or fluoxetine (Jia 2005)
- 1 used citalopram or fluoxetine (Chen 2005a)

Baseline sociodemographic and clinical characteristics

Six trials do not present baseline demographic and clinical characteristics for each group, but rather the baseline demographic and clinical characteristics for only those completing the trial are presented (He 2016; Kim 2011; Pan 2018; Razazian 2014; Savadi Oskouie 2012; Shah 2016).

The mean age of participants ranged from 51 ± 7 years (Song 2006) to 75.6 years (Wang 2003), with most trials recruiting participants in their 60s (data from 48/63 studies).

Mean time since stroke

Of the 63 included studies:

- 38 report recruiting participants between 0 and 90 days after stroke onset: (Acler 2009; Almeida 2006; Andersen 1994; Andersen 2013; Birchenall 2019; Chen 2001; Chen 2005b; Cheng 2003; Chollet 2011; Feng 2004; FOCUS Trial Collaboration 2018; Fruehwald 2003; Gao 2016; He 2004; He 2016; Hu 2002; Huang 2002; Kim 2011; Kong 2007; Li 2004a; Li 2004b; Li 2008; Marquez Romero 2013; Pan 2018; Rasmussen 2003; Robinson 2008; Savadi Oskouie 2012; Shah 2016; Song 2006; Wen 2006; Wiart 2000; Xie 2005; Xu 2001; Xu 2006; Yang 2011; Ye 2004; Zhao 2011; Zhou 2008). A further three trials described participants as having an 'acute stroke'; we assume this meant zero to three months, so have included these in the zero-to-three-month group (He 2005; Lai 2006; Li 2006). Two further studies reported that the mean time since stroke was between five and 16 weeks, so we included these in the zero-to-three-month group (Robinson 2000a; Robinson 2000b). One trial, which did not recruit any participants, had an inclusion criterion of less than 15 days before stroke (Black-Schaffer 2012);
- four trials report recruiting participants three to six months (91 to 108 days) after stroke onset: Dam 1996 (described as participants being one to six months); Miao 2004, Murray 2005, and Yang 2002 ('recovery phase of stroke' two to six months);
- two trials report recruiting participants at six to nine months (181 to 271 days) after stroke onset (Guo 2009; Liu 2006);
- no trials reported recruiting participants between nine and 12 months after stroke;
- one trial reported the experimental and control group being median 10.5 months and 5.5 months after stroke, respectively (Burns 1999).
- 12 trials did not report the precise time (Brown 1998; Chen 2002; Chen 2005a; GlaxoSmithKline 1998 (less than 12 months); Jia 2005; Li 2005; Meara 1998; Pariente 2001; Razazian 2014; Restifo 2001; Wang 2003; Whyte 2005).

Depression as an inclusion criterion

Thirty-three studies included participants affected by depression (i.e. depression used as an inclusion criterion): Andersen 1994; Chen 2001; Chen 2002; Chen 2005a; Chen 2005b; Cheng 2003; Feng 2004; Fruehwald 2003; GlaxoSmithKline 1998; Guo 2009; He 2005; Hu 2002; Huang 2002; Jia 2005; Lai 2006; Li 2004a; Li 2004b; Li 2005; Li 2006; Li 2008; Liu 2006; Meara 1998; Miao 2004; Murray 2005; Robinson 2000a; Song 2006; Wang 2003; Wiart 2000; Xie 2005; Xu 2001; Yang 2002; Yang 2011; Ye 2004.

Thirty studies did not use depression as an inclusion criterion: Acler 2009; Almeida 2006; Andersen 2013; Birchenall 2019; Black-Schaffer 2012; Brown 1998; Burns 1999; Chollet 2011; Dam 1996; FOCUS Trial Collaboration 2018; Gao 2016; He 2004; He 2016; Kim 2011; Kong 2007; Marquez Romero 2013; Pan 2018; Pariente 2001; Rasmussen 2003; Razazian 2014; Restifo 2001; Robinson 2000b; Robinson 2008; Savadi Oskouie 2012; Shah 2016; Wen 2006; Whyte 2005; Xu 2006; Zhao 2011; Zhou 2008.

Criteria for diagnosing depression varied between trials.

Excluded studies

In line with the guidance for Cochrane Reviews, which states that the list of excluded studies should be as brief as possible and should not list studies that obviously do not fulfil the inclusion criteria, we have now listed only 20 of these in the [Characteristics of excluded studies](#). Of these 20 studies, the reasons for exclusion are as follows.

We excluded three studies that we had previously included but were no longer eligible for this review, as there was no random component in the sequence generation process (Li 2002; Liang 2003; Zhou 2003). We excluded four studies that combined an SSRI with another active intervention and compared it to the active treatment alone (Finkenzeller 2009; Ji 2000; Liu 2004; Xu 2007).

We excluded two studies listed as 'Awaiting classification' in the previous version of this review because we could find no published results, and when we sought further information from the authors we received no responses (Graffagnino 2002; Sitzer 2002). Given the insufficient information to assess eligibility and, owing to the length of time since the study abstract was published, we have now excluded these studies.

We excluded four studies because they recruited participants more than one year post-stroke (Berends 2009; Choi Kwon 2008; Gourab 2015; Sun 2015).

Other reasons for exclusion were: cross-over design (Andersen 1993), ineligible outcomes (Robinson 2011), trial never started (Andersen 2012; Anderson 2002), study withdrawn (no funding) (University of Alabama 2013), and unable to find publication after extensive searching (Anonymous 2012; Anonymous 2012b).

See [Characteristics of excluded studies](#) for studies excluded during this update. Studies excluded in previous searches are listed in [Mead 2012](#).

Ongoing studies

In addition to one study identified as ongoing in the previous review (Anonymous 2005), we identified 14 new ongoing studies from the clinical trials register searches (Chollet 2016; Cocho 2015; Dike 2019; Farokhi 2017; Fregni 2014; Hankey 2011; Karimialavijeh 2017; Leibovitch 2018; Levitt 2019; Lundström 2014; Pastore-Wapp 2016; Pirzeh 2012; Sadaat 2012; Sahin 2016), and one from personal contact (FOCUS-Poland 2014). See [Characteristics of ongoing studies](#).

Studies awaiting classification

We were unable to assess review eligibility for four studies (Carda 2009; Guo 2015; He 2012; Jurcau 2016). Carda 2009 has been moved from 'Ongoing studies' in the previous review (Mead 2012), to 'Studies awaiting classification' in this update, as we were unable to make contact with the investigators. Jurcau 2016 was published as an abstract and included insufficient detail; the author did not respond to requests for information. From a combination of trial registration details and published information, and after contacting authors, we were uncertain whether three studies (Guo 2015; He 2012; He 2016) included unique study populations and we therefore decided to include the data from one publication (He 2016), and classified the remaining two as 'Awaiting classification' (Guo 2015; He 2012). See [Characteristics of studies awaiting classification](#).

Risk of bias in included studiesSee [Figure 2](#) and [Figure 3](#).

All 63 studies were RCTs.

Figure 2. Risk of bias summary: review authors' judgements about each risk of bias item for each included study.

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Acler 2009	+	?	+	+	?	?	?
Almeida 2006	+	+	+	?	+	+	+
Andersen 1994	?	+	+	?	+	+	?
Andersen 2013	+	+	+	+	-	+	+
Birchenall 2019	?	?	?	?	?	?	?
Black-Schaffer 2012	?	?	?	?	?	?	?
Brown 1998	?	?	+	+	+	?	?
Burns 1999	+	?	+	?	+	+	?
Chen 2001	?	?	-	?	-	?	?
Chen 2002	?	?	?	?	-	?	?
Chen 2005a	?	?	?	?	?	?	?
Chen 2005b	?	?	-	?	+	?	?
Cheng 2003	?	?	-	?	?	-	?
Chollet 2011	+	+	+	+	+	+	?
Dam 1996	?	?	+	?	-	+	?
Feng 2004	?	?	-	-	-	?	?
FOCUS Trial Collaboration 2018	+	+	+	+	+	+	+
Fruehwald 2003	+	+	+	+	-	?	?
Gao 2016	+	+	-	-	+	?	+
GlaxoSmithKline 1998	?	?	?	?	-	?	?

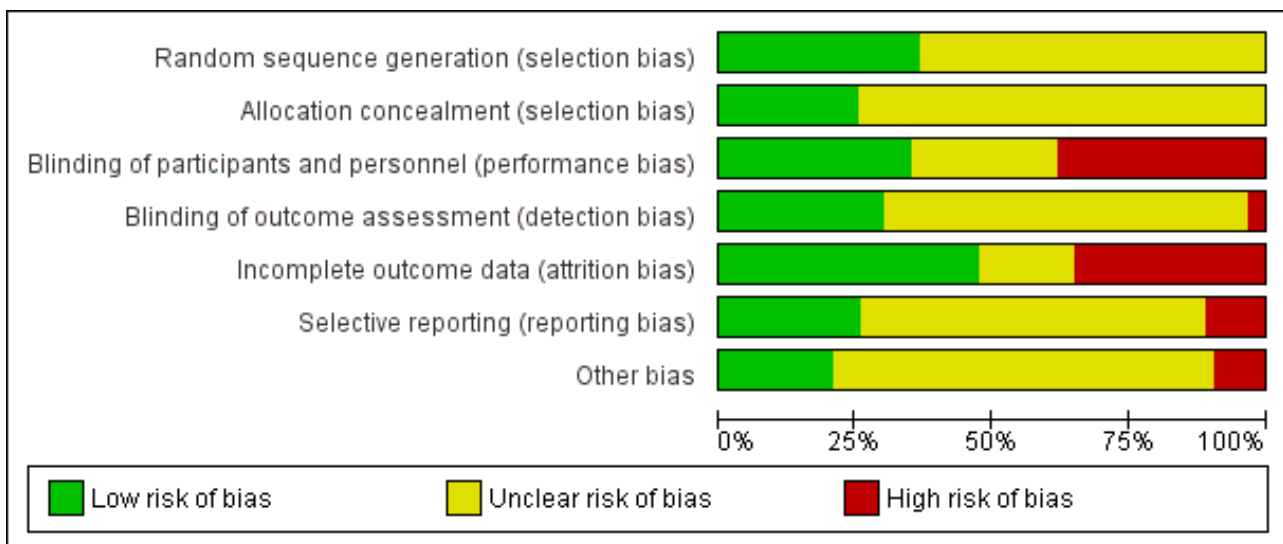
Figure 2. (Continued)

GlaxoSmithKline 1998	?	?	?	?	-	?	?
Guo 2009	+	?	-	+	+	?	+
He 2004	?	?	-	+	-	?	+
He 2005	?	?	-	?	+	-	+
He 2016	+	?	?	+	-	-	-
Hu 2002	?	?	-	?	+	?	?
Huang 2002	?	?	?	?	+	?	?
Jia 2005	?	?	-	?	?	?	?
Kim 2011	+	+	+	+	-	+	-
Kong 2007	+	?	+	+	-	?	?
Lai 2006	?	?	?	?	+	-	?
Li 2004a	+	+	-	?	+	?	?
Li 2004b	?	?	-	?	-	?	?
Li 2005	?	?	-	?	+	?	?
Li 2006	?	?	-	?	-	?	?
Li 2008	+	?	+	+	?	?	+
Liu 2006	?	?	-	?	+	?	?
Marquez Romero 2013	+	+	+	+	+	+	+
Meara 1998	?	?	?	?	?	?	?
Miao 2004	?	?	-	+	-	?	?
Murray 2005	+	+	+	+	+	-	?
Pan 2018	+	?	?	+	+	?	-
Pariante 2001	+	+	+	+	+	?	?
Rasmussen 2003	?	?	+	?	+	+	?
Razazian 2014	?	?	+	?	-	+	-
Restifo 2001	?	?	?	?	?	?	?
Robinson 2000a	+	+	+	?	+	+	?
Robinson 2000b	+	+	+	?	+	+	?
Robinson 2008	+	?	+	+	+	+	?
Savadi Oskouie 2012	+	+	?	?	-	+	-
Shah 2016	?	?	-	?	-	?	-

Figure 2. (Continued)

Shah 2016	?	?	-	?	-	?	-
Song 2006	?	?	?	?	+	?	?
Wang 2003	?	?	-	?	-	?	?
Wen 2006	?	?	-	?	+	?	?
Whyte 2005	?	?	?	?	?	?	?
Wiert 2000	?	?	+	?	+	+	?
Xie 2005	?	?	-	?	+	?	?
Xu 2001	?	?	-	?	-	?	?
Xu 2006	?	?	?	?	-	?	+
Yang 2002	?	?	-	?	-	-	?
Yang 2011	?	?	-	?	+	?	+
Ye 2004	?	+	?	+	?	?	?
Zhao 2011	+	?	?	?	-	?	+
Zhou 2008	?	?	-	?	+	-	+

Figure 3. 'Risk of bias' graph: review authors' judgements about each 'risk of bias' item presented as percentages across all included studies.



Allocation

We judged the random sequence generation to be adequately presented (i.e. there was a low risk of bias) in 22 studies. For the remaining 41 studies, the risk of selection bias was unclear. There was no study in which the random sequence generation was inadequate (i.e. there was a high risk of bias).

Sixteen studies had adequate (low risk) allocation concealment. In the other 47 studies, the details provided did not allow an assessment of the methods used to prevent investigators and participants from foreseeing the assignment (unclear risk of bias).

Blinding

We judged the blinding of participants and personnel (performance bias) as low risk in 22 studies, as high risk in 24 studies, and as unclear risk in the remaining 17 studies.

We judged the blinding of outcome assessment (detection bias) to be at low risk in 19 studies, at high risk in two studies, and at unclear risk in the remaining 42 studies.

Incomplete outcome data

The risk of incomplete outcome data (attrition bias) was at low risk in 30 studies, at high risk in 22 studies, and at unclear risk in the remaining 11 studies.

Selective reporting

We judged missing data to be at low risk in 16 studies, high risk in seven studies, and as having unclear risk in the other 40 studies.

Other potential sources of bias

We judged 13 studies to be at low risk of bias from other potential sources of bias, at high risk in six studies, and as having unclear risk in the other 44 studies.

Overall risk of bias

The [FOCUS Trial Collaboration 2018](#), [Chollet 2011](#), and [Marquez Romero 2013](#) studies had an overall low risk of bias (i.e. low risk of bias in each of six domains: sequence generation, allocation concealment, blinding of participants and trial personnel, blinding of outcome assessment, incomplete outcome data and selective outcome reporting) ([Figure 2](#)).

Effects of interventions

See: [Summary of findings for the main comparison SSRI versus control at end of treatment, by SSRI for stroke recovery](#)

Primary outcomes

Disability score at the end of treatment

We combined data for studies with an overall low risk of bias for the outcome of disability score, using a standardised mean difference (SMD) with a fixed-effect model (SMD -0.01 , 95% CI -0.09 to 0.06 ; $P = 0.75$; 2 studies, 2829 participants; moderate-quality evidence) with no important heterogeneity. There was no difference in measures of disability score between SSRI intervention and placebo ([Analysis 1.1](#)).

Independent on modified Rankin score (mRS 0 to 2) at the end of treatment

We combined data for studies with an overall low risk of bias for the outcome of independent on mRS 0 to 2 using a risk ratio with a fixed-effect model (RR 1.00, 95% CI 0.91 to 1.09; $P = 0.99$; 3 studies, 3249 participants; moderate-quality evidence). There was no difference in mRS (independence) between SSRI intervention and placebo ([Analysis 1.2](#)), but substantial heterogeneity between studies with an I^2 of 78%.

Secondary outcomes

Neurological deficit score at the end of treatment

We combined data for studies with an overall low risk of bias for the outcome of neurological deficit score, using the SMD with a fixed-effect model. The analysis found no difference in neurological scores between SSRI and placebo (SMD -0.30 , 95% CI -0.63 to 0.04 ; $P = 0.08$; 2 studies, 142 participants; moderate-quality evidence), with no important heterogeneity ($I^2 = 0\%$) ([Analysis 1.3](#)).

Depression severity at end of treatment (continuous data)

We combined data for studies with an overall low risk of bias for the outcome of depression using the SMD with a fixed-effect model (SMD -0.11 , 95% CI -0.19 to -0.04 ; $P = 0.002$; 2 studies, 2861 participants; moderate-quality evidence). Participants who received an SSRI intervention had significantly lower end-of-treatment scores on measures of depression than those participants receiving placebo ([Analysis 1.4](#)). However, there was substantial heterogeneity between trials ($I^2 = 69\%$).

Depression at the end of treatment (dichotomous data)

Data were not available for more than one study at low risk of bias for any analysis ([Analysis 1.5](#)). This high-quality study demonstrated that fluoxetine reduced the risk of depression at the end of treatment (RR 0.78, 95% CI 0.66 to 0.92; 1 study, 3127 participants).

Anxiety severity at end of treatment (continuous data)

No studies at low risk of bias reported measures of anxiety.

Anxiety severity at end of treatment (dichotomous data)

No studies at low risk of bias reported number of diagnoses of anxiety.

Cognition at end of treatment (continuous data)

No studies at low risk of bias reported cognition at the end of treatment.

Death at end of treatment

We combined data for studies with an overall low risk of bias for the outcome of death, using a risk ratio with a fixed-effect model. The analysis found no difference in the total number of deaths between SSRI and placebo (RR 0.99, 95% CI 0.79 to 1.25; $P = 0.95$; 3 studies, 3254 participants; high-quality evidence), with no evidence of heterogeneity ($I^2 = 0\%$) ([Analysis 1.6](#)).

Side effects: seizures at end of treatment

We combined data for studies with an overall low risk of bias for the outcome of seizures, using a risk ratio with a fixed-effect model. The analysis found no evidence of a substantial difference in the total number of seizures between SSRI and placebo (RR 1.47, 95% CI 0.99 to 2.18; 3 studies, 3275 participants; moderate-quality evidence), with no evidence of heterogeneity ($I^2 = 0\%$) ([Analysis 1.7](#)).

Side effects: gastrointestinal side effects at end of treatment

We combined data for studies with an overall low risk of bias for the outcome of gastrointestinal side effects, using a risk ratio with a fixed-effect model. There was a higher number of gastrointestinal side effects ($P = 0.05$) among participants treated with SSRIs

compared to placebo (RR 2.19, 95% CI 1.00 to 4.76; 2 studies, 148 participants; moderate-quality evidence), with no evidence of heterogeneity ($I^2 = 0\%$) (Analysis 1.8).

Side effects: bleeding at end of treatment

Data were not available for more than one study at low risk of bias for any analysis (Analysis 1.9). The risk ratio was 0.96, 95% CI 0.56 to 1.66.

Change in depression score between baseline and follow-up

No studies at low risk of bias reported change in depression score between baseline and follow-up.

Change in cognition between baseline and follow-up

No studies at low risk of bias reported change in cognition between baseline and follow-up.

Leaving the study early (before the end of scheduled follow-up)

We combined data for studies with an overall low risk of bias for the outcome of leaving the study before the end of scheduled follow-up, using a risk ratio with a fixed-effect model. The analysis found no difference between SSRI and placebo, with no evidence of heterogeneity (RR 1.01, 95% CI 0.48 to 2.10; $P = 0.98$; 3 studies, 3277 participants) with no heterogeneity ($I^2 = 0\%$) (Analysis 1.10).

Motor deficits

We combined data for studies with an overall low risk of bias for the outcome of motor deficit score, using the SMD with a fixed-effect model. The analysis found no difference between SSRI and placebo (SMD 0.02, 95% CI -0.05 to 0.09; $P = 0.58$; 3 studies, 2936 participants) with considerable evidence of heterogeneity ($I^2 = 88\%$) (Analysis 1.11).

Note that data from [Chollet 2011](#) are adjusted means, and data from [Marquez Romero 2013](#) are means and SDs estimated from reported medians and interquartile ranges ([Wan 2014](#)).

Quality of life

Of the high-quality trials, only FOCUS reported quality of life ([FOCUS Trial Collaboration 2018](#)). There was no difference between groups in the Euroqol 5D-5L.

Fatigue

Of the high-quality trials, only FOCUS reported fatigue ([FOCUS Trial Collaboration 2018](#)). This was measured using the SF-36 vitality score. There was no difference in fatigue between the groups.

Healthcare costs

No trial reported healthcare costs.

We have included those outcomes in the [Summary of findings for the main comparison](#) which we decided were key to decision-making.

Subgroup analyses by intervention characteristics and subsets of participant

We did not perform preplanned subgroup analyses by intervention characteristics and subsets of participant (including with or without

depression) as there were insufficient studies at low risk of bias. All the trials at low risk of bias stipulated that the participants did not have to have depression to enter the trial.

Sensitivity analysis

Inclusion of all studies regardless of 'Risk of bias' judgement for our primary outcomes

We included all studies regardless of 'Risk of bias' judgement for the co-primary outcome of disability at the end of treatment using a SMD and a fixed-effect model. Participants who received an SSRI intervention had significantly lower end-of-treatment scores on measures of disability than those participants receiving placebo or standard care/practice (SMD 0.23, 95% CI 0.18 to 0.29; $P < 0.001$; 26 studies, 5334 participants) with considerable heterogeneity between trials ($\text{Chi}^2 = 328.10$, $\text{df} = 25$ ($P < 0.001$); $I^2 = 92\%$) (Analysis 1.12).

Re-analysis included all studies regardless of 'Risk of bias' judgement for the outcome of independence. Modified Rankin score (mRS 0 to 2) at the end of treatment did not alter the result (RR 0.97, 95% CI 0.91 to 1.03; $P = 0.35$, $I^2 = 74\%$; 5 studies, 4002 participants) ($\text{Chi}^2 = 15.57$, $\text{df} = 4$ ($P = 0.004$) (Analysis 1.13).

Meta-analysis using the alternate meta-analytical effects model (fixed-effect or random-effects)

We re-analysed the data for our primary outcomes (disability score and independence on modified Rankin score 0 to 2) using the random-effects analysis for the three high-quality trials. For mRs 0 to 2, this altered the effect estimate to 1.83 (95% CI 0.74 to 4.56). Note that the random-effects model gives more weight to smaller trials; this explains the implausibly large effect size. For disability, the same effect size was obtained irrespective of whether fixed or random effects were used.

Meta-analysis using the alternative end of follow-up time point

Two of the studies at low risk of bias ([Chollet 2011](#); [Marquez Romero 2013](#)) reported outcome data only at the end of treatment. [FOCUS Trial Collaboration 2018](#) reported outcomes at the end of treatment and also six months after the end of treatment. With just one high-quality trial reporting results at an alternative end point, it was therefore not possible to perform a meta-analysis.

DISCUSSION

Summary of main results

For this update we included 63 studies with 9168 participants.

Of the 63 included studies, 32 trials used fluoxetine, eight trials used sertraline, 11 used paroxetine, eight used citalopram, two used escitalopram, one used either sertraline or fluoxetine, and one used citalopram or fluoxetine.

We assessed only three of the 63 included studies to be at low risk of bias across the key domains. The three trials at low risk of bias compared fluoxetine to placebo. We included these three trials in our meta-analysis.

Comparing fluoxetine to placebo, we found moderate-quality evidence of no beneficial effects of fluoxetine on our two primary outcomes (disability and independence). We found moderate-

quality evidence that fluoxetine reduced the severity of depression evaluated using a continuous outcome. We found moderate-quality evidence that fluoxetine increased gastrointestinal side effects compared to placebo. We found a non-significant excess of seizures in those allocated to fluoxetine. We found no difference for other outcomes.

Overall completeness and applicability of evidence

This review includes studies from different settings (e.g. countries; high-, middle- and low-income settings; healthcare systems), with different criteria for selecting participants (e.g. methods of pre-randomisation diagnosis and investigation, inclusion and exclusion criteria), that may reflect differences between the trial protocol and routine clinical practice (e.g. inclusion of participants based on a diagnosis of stroke made using brain imaging; brain imaging is unlikely to be either available or affordable in routine clinical care in many low- and middle-income country settings); and different characteristics of randomised participants (e.g. baseline demographic and clinical characteristics, stroke severity, time since stroke onset, presence or absence of depression, severity of depression). These trial characteristics may in part explain the heterogeneity of results, but we know from our previous review that the most probable cause of heterogeneity is trial quality.

Six published studies did not present the baseline demographic and clinical characteristics for each group, but rather they reported the baseline demographic and clinical characteristics for those completing the trial (i.e. a subset of all those randomised). This makes it very difficult to compare the study groups at baseline.

There is a discordance between the results for disability (one of our co-primary outcomes) between the trials at low risk of bias, which showed no effect, and all trials (a positive effect). This is because trials at high risk of bias tended to be positive.

The results of the meta-analysis of the three trials at low risk of bias are applicable to clinical practice, although the meta-analysis is dominated by the UK FOCUS trial which recruited participants from the National Health Service ([FOCUS Trial Collaboration 2018](#)). Nevertheless, FOCUS had broad inclusion criteria, and the demographics of those recruited are similar to UK patients with stroke. [Chollet 2011](#) recruited participants from France and [Marquez Romero 2013](#) recruited participants from Mexico. [FOCUS Trial Collaboration 2018](#) included participants with both haemorrhagic and ischaemic stroke, [Chollet 2011](#) recruited participants with ischaemic stroke, and [Marquez Romero 2013](#) recruited participants with haemorrhagic stroke.

There is a theoretical risk that SSRIs might carry particular risks in people with haemorrhagic stroke, due to their effects on platelet aggregation and bleeding. An individual patient meta-analysis is needed to explore this. This might be possible when the [AFFINITY \(Hankey 2011\)](#), and [EFFECTS \(Lundström 2014\)](#) trials are published.

We were unable to explore the influence of the type of SSRI, as all three high-quality trials used fluoxetine.

The searches were performed in July 2018. Had we had sufficient resources, we would have updated the searches again immediately prior to publication of the review. Instead, we aim to update the review soon after two large key trials are published in 2020. We are not aware of any studies that have been published since July 2018.

Quality of the evidence

For the evaluation of quality of the evidence, we contacted authors of primary studies as yet unpublished for data on outcomes. We did not contact authors of primary studies for supplementary information on features of the study design that were unclear or omitted from published trial reports; rather, we assessed the study based on the information available in the published report. We did contact authors of primary studies for clarification when there were multiple publications indicating separate studies with unique populations.

We used the Cochrane 'Risk of bias' tool to assess study methodology. In this update we decided to restrict meta-analyses to studies at low risk of bias, because in the previous review there was evidence that the apparently beneficial effects of SSRI on recovery might have been simply due to methodological limitations of the included trials. For this update, only three of the 63 included studies met our criteria for overall low risk of bias.

The meta-analysis of the high-quality studies is dominated by [FOCUS Trial Collaboration 2018](#), which provided more than 90% of the data, and so it is not surprising that the results of the meta-analysis are very similar to the results of FOCUS. FOCUS was neutral for its primary outcome (mRS at six months), unlike the other two high-quality but smaller studies, which were both positive.

We performed sensitivity analyses of our two co-primary outcomes (disability and independence) by including all the available outcome data, irrespective of risk of bias. Like our initial (hypothesis-generating) Cochrane Review, we found that SSRIs reduced disability at the end of treatment. However, it is highly likely that this positive effect is due to biases in trial quality. It will therefore be important to update this review again when further data become available, to increase the generalisability of the findings.

We found a high I^2 measure for independence. This might reflect different settings, different stroke types, and different durations of treatment.

Potential biases in the review process

We conducted the review using robust Cochrane methodology, with two review authors independently assessing studies for eligibility, extracting data, and carrying out 'Risk of bias' assessment. Five review authors were also authors of the [FOCUS Trial Collaboration 2018](#) (MD, GM, EL, GH, MH) and so review authors who were independent of the trial extracted the data from FOCUS, and performed quality assessment and the meta-analysis.

We made some changes to the review during this update. We used Covidence for screening and data extraction. We excluded trials which combined an SSRI with another active intervention and compared it to the active treatment alone. We restricted the criteria for considering studies for this review to randomised controlled trials and excluded studies where investigators described a non-random component in the sequence-generation process. We incorporated 'Risk of bias' assessments in analyses by restricting the primary analysis to studies at low risk of bias. We performed sensitivity analyses to determine how the conclusions were affected by including studies at unclear and high risk of bias; we found evidence of a beneficial effect of SSRIs on measures of disability with inclusion of studies at unclear and high risk of bias

with considerable heterogeneity. For the outcome 'independence', the results were unchanged. We made these changes to the review in order to increase the robustness of our evidence.

Comparing the effect estimates in the this update with the effect estimates from only the high-quality trials in the original review suggest that our decisions have not introduced bias.

Agreements and disagreements with other studies or reviews

This review has demonstrated that SSRIs do not improve recovery after stroke. This is in contrast with other meta-analyses, including our own 2012 Cochrane Review, which showed a positive effect of SSRIs on recovery.

This difference is almost certainly because previous meta-analyses included trials at higher risk of bias.

AUTHORS' CONCLUSIONS

Implications for practice

Based on our meta-analysis of the trials at low risk of bias, there is currently no indication for the routine prescription of SSRIs to promote stroke recovery. Fluoxetine reduces the risk of depression, but this is probably not a sufficiently strong rationale to give all people with stroke a six-month course of the drug. Nevertheless, the data in this review have provided further information about the risks of SSRIs in stroke, which will enable those clinicians who may wish to give prophylactic SSRI to patients at high risk of depression to weigh up the risks and the benefits.

Implications for research

A meta-analysis is generally more robust if it includes several high-quality trials. We will therefore update this review when two further large trials using fluoxetine have been published. There are also smaller ongoing trials which we will include in a future update. In the meantime, we recommend that further new trials exploring whether fluoxetine improves recovery after stroke are not established.

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* Indicates the major publication for the study

CHARACTERISTICS OF STUDIES
Characteristics of included studies [ordered by study ID]
Acler 2009

Methods	Study type: interventional (clinical trial) Intervention model: parallel assignment Primary purpose: treatment
Participants	20 participants Location: Italy Setting: inpatient Inclusion criteria: first-ever ischaemic stroke, CT or MRI documenting a single monohemispheric lesion, age below 80 years, within 3 months of onset Exclusion criteria: major affective disorders, alcohol abuse and dementia leading to unco-operative behaviour, pacemakers, metal in the head, concomitant neuropathies, systemic vasculopathies, major affective disorders

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Acler 2009 (Continued)

Treatment: 10 people, mean age 68 ± 7 years, 6 men

Control: 10 people, mean age 65 ± 7 years, 6 men

Interventions	Citalopram 10 mg daily Placebo: identical pill daily Duration of treatment: at least 4 months Duration of follow-up: not stated
Outcomes	Motor cortex excitability NIHSS Lindmark Scale BI HDRS BDI No data on death, GI upset, bleeds or seizures
Funding source	Source of funding not stated; unclear whether or not a drug company was involved in the study
Notes	Dates of study not stated. Any conflicts of interest not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated random numbers
Allocation concealment (selection bias)	Unclear risk	Method of allocation concealment not stated
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Stated blinded, placebo was 'an identical pill'
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Stated blinded
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	It is not stated whether data from all recruited participants are reported
Selective reporting (reporting bias)	Unclear risk	Side effects were not reported although they were assessed
Other bias	Unclear risk	–

Almeida 2006

Methods	<p>Parallel design</p> <p>Analysis: ITT (last observation carried forward), withdrawn owing to becoming depressed, AE, treating practitioner started antidepressant, medical advice, no reason given, not contactable - numbers not included</p>
Participants	<p>Location: Australia</p> <p>Setting: inpatient</p> <p>Treatment: 55 people, mean \pm SD age 68 ± 13 years, 67% men</p> <p>Control: 56 people, mean \pm SD age 67 ± 13 years, 62% men</p> <p>Stroke criteria: acute ischaemic or haemorrhagic stroke, diagnosis by clinical signs (ICD-10) and CT (100% imaged, 10/111 CT scan did not show acute ischaemia); stroke on average < 2 weeks prior to randomisation</p> <p>Not depressed (HADS-D had to be over 7)</p> <p>Other entry criteria: not stated</p> <p>Comparability of treatment groups: more participants in treatment group with previous heart attack and stroke, also higher levels of hypertension</p> <p>Exclusion criteria: severe communication difficulties, unstable medical condition, severe cognitive impairment and depression (MMSE < 10), taking antidepressants within 4 weeks of stroke, contraindication to sertraline, previous reaction to sertraline, could not speak English</p>
Interventions	<p>Treatment: sertraline 50 mg daily (night)</p> <p>Control: matched placebo</p> <p>Duration: treatment continued for 24 weeks</p> <p>Duration of follow-up (post-treatment to study end): 28 weeks</p>
Outcomes	<p>Depression: change in scores from baseline to end of treatment on HDRS, proportion depressed</p> <p>Change in MMSE scores</p> <p>mRS</p> <p>Death</p> <p>Leaving the trial early</p> <p>Check list of possible AEs read out to participant by a research nurse</p>
Funding source	Funded by an unrestricted grant from Rotary Health Research Fund
Notes	<p>Recruitment June 2004 to June 2006</p> <p>Conflicts of interest not stated</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated random numbers

Almeida 2006 (Continued)

Allocation concealment (selection bias)	Low risk	Centralised
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Stated in paper, matched placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated in paper
Incomplete outcome data (attrition bias) All outcomes	Low risk	Performed last observation carried forward
Selective reporting (reporting bias)	Low risk	Trial protocol published on www.strokecentre.org/trials
Other bias	Low risk	No other obvious biases

Andersen 1994

Methods	<p>Parallel design</p> <p>Analysis (ITT) last observation carried forward and per protocol: death (1 treatment, 1 control) withdrawn owing to AE (6 treatment, 1 control), all excluded from analysis</p>
Participants	<p>Location: Denmark</p> <p>Setting: mixed</p> <p>Treatment: 33 people, mean \pm SD age 68 ± 4 years, 36% men</p> <p>Control: 33 people, mean \pm SD age 66 ± 9 years, 66% men</p> <p>Stroke criteria: ischaemic stroke and PICH; diagnosis via clinical signs and CT (100%); stroke 2 to 52 weeks prior to randomisation (average time 12 weeks)</p> <p>Depression criteria: HDRS score > 12 (score transformed to appropriate DSM-III-R criteria)</p> <p>Other entry criteria: none stated</p> <p>Comparability of treatment groups: balanced</p> <p>Exclusion criteria: depression within last year, receiving current treatment for depression, severe dementia or communication problems, degenerative or expansive neurological disease, decreased consciousness</p>
Interventions	<p>Treatment: citalopram 10 mg in participants > 66 years, 20 mg in participants < 67 years daily; dose doubled if no response to treatment within 3 weeks</p> <p>Control: matched placebo</p> <p>Duration: treatment continued for 6 weeks</p> <p>Duration of follow-up (post-treatment to study end): 0</p>

Andersen 1994 (Continued)

Note that although the protocol on www.strokecentre.org/trials states that mood scores were measured up to 1 year post-stroke, this probably refers to the time since stroke at the time of randomisation

Outcomes	Depression: change in scores from baseline to end of treatment on HDRS Melancholia scale Proportion no longer meeting entry criteria (< 13 on HDRS) 50% reduction in HDRS score Additional: leaving the study early Death AEs (unwanted drug effects were registered and evaluated at the same intervals using a side effect scale) Unable to use: BI, Social Activities Index, MMSE (data not presented)
Funding source	Funded by Lundbeck Foundation, Medical Research Foundation for North Jutland County, The Aalborg Diocese Research Foundation, Consultant Otorhinolaryngologist Kopp's Foundation and Stine and Martinus Sorensen's Foundation. Lundbeck Pharma A/S provided the citalopram and placebo; thus we have classified this as 'unclear risk'.
Notes	Recruitment 1 February 1991 to 29 February 1992. Conflicts of interest not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Blocks of 4 used
Allocation concealment (selection bias)	Low risk	Centralised opaque envelopes
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Matched placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Those who were blinded were not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	Although there were dropouts, analysis performed both per protocol and using last observation carried forward
Selective reporting (reporting bias)	Low risk	Trial published on www.strokecentre.org/trials The primary outcome was reported
Other bias	Unclear risk	–

Andersen 2013

Methods	<p>Multicentre</p> <p>Study type: interventional (clinical trial)</p> <p>Intervention model: parallel assignment</p> <p>Primary purpose: treatment</p>
Participants	<p>642 participants</p> <p>Country: Denmark</p> <p>Setting: inpatient</p> <p>At randomisation number allocated: citalopram n = 319; placebo n = 323</p> <p>% male at baseline: citalopram n = 199/319 (62%); placebo n = 222/323 (69%)</p> <p>Age at baseline: mean age, citalopram 68 ± 13 (n = 319); placebo 68 ± 13 (n = 323)</p> <p>Subtype of stroke at baseline: not available</p> <p>Severity of stroke at baseline: NIHSS, citalopram 5.3 ± 5.6; placebo 4.8 ± 4.8</p> <p>Time since stroke onset: mean time from last known 'well' to first treatment 1.7 days (median 1, IQR 0 to 6)</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • First ever ischaemic stroke • Age ≥ 18 years <p>Exclusion Criteria:</p> <ul style="list-style-type: none"> • Haemorrhagic stroke • Dementia or other neurodegenerative disease • Antidepressant medical treatment within 6 months of admission • Acute need for antidepressant treatment • Drug abuse or other conditions that may indicate non-compliant behaviour • Liver failure (increased liver enzyme levels up to or more than 2 times upper limit) • Renal failure (eGFR below 30 ml/min per 1.73 m²) • Hyponatremia (S-potassium below 130 mmol/l) • Actively bleeding ulcer • Fatal stroke or other severe co-morbidity that markedly decreases expected life span • Prolonged corrected QT-interval (QTc above 480 ms) • Ongoing treatment with drugs known to prolong the QTc interval
Interventions	<p>Experimental: citalopram 20 mg (10 mg if aged ≥ 65 years or having reduced liver/kidney function) or placebo once daily for 6 months</p> <p>Comparator: ½ to 2 tablets with no intrinsic drug activity per day for 6 months</p>
Outcomes	<p>Primary outcomes</p> <ul style="list-style-type: none"> • Vascular death, TIA/stroke and myocardial infarction within 6 months • Functional status at 6 months (mRS) <p>Secondary outcomes within or at 6 months</p> <ul style="list-style-type: none"> • Vascular death • Death of any cause

Andersen 2013 (Continued)

- TIA/stroke
- Bleeding
- Myocardial infarction
- Disability/dependence (mRS and BI)
- Physical activity (PASE)
- Cognitive and organic cerebral impairment (MMSE and the Symbol Digit Modalities Test)
- Fatigue (Multidimensional Fatigue Inventory)
- Post-stroke depression (Major Depression Inventory test (MDI), Global depression scale (self and clinician and Hamilton Depression Scale - 6 item (HAM-D6))
- Pathological crying (Pathological Crying Scale)
- Lesion size (FLAIR positive lesion size on MRI 24 hours after treatment with Alteplase)

Funding source	TrygFonden, the Danish Council for Independent Research, the Regional Medicine Fund, and the Aarhus University Research Foundation
Notes	<p>Dates study conducted: September 2013 to December 2016</p> <p>Declarations of Interest: Dr Kraglund received speaker honoraria from Bristol-Meyers Squibb and Pfizer. Dr Iversen received speaker honoraria from Boehringer Ingelheim, Bristol-Myers Squibb, Bayer, AstraZeneca, and Pfizer and has previously participated in advisory board meetings for Boehringer Ingelheim, Bristol-Myers Squibb, Pfizer, Bayer, AstraZeneca, and Amgen. Dr Grove has received speaker honoraria from AstraZeneca, Baxter, Bayer, Boehringer Ingelheim, Bristol-Myers Squibb, MSD, and Pfizer and has previously participated in advisory board meetings for AstraZeneca, Bayer, Boehringer Ingelheim, and Bristol-Myers Squibb. Dr Andersen reports other from MSD, personal fees from AstraZeneca, outside the submitted work</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "A computer-generated randomization code was used to randomize patients in blocks of 10."
Allocation concealment (selection bias)	Low risk	Quote: "Citalopram was commercially available (Sandoz, Denmark) and production of the placebo and randomization was prepared by a pharmacy independently of the investigators (Glostrup Pharmacy, Denmark). The tablets were indistinguishable and were supplied in numbered containers."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Blinding of participant, care provider, and investigator assured and unlikely that the blinding could have been broken
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Blinding of outcome assessor assured and unlikely that the blinding could have been broken
Incomplete outcome data (attrition bias) All outcomes	High risk	Attrition/exclusions reported with reasons provided (including did not start on study medication, consent withdrawn, side effects, indication for open label, other reasons (no detail provided)). At < 31 days of study medication, twice as many participants in the citalopram group withdrew consent (n = 29/318 (9%)) compared to the placebo group (n = 14/320 (4%)). However, at < 31 days twice as many participants in the placebo group (n = 12/318(4%)) compared to the citalopram group (n = 6/320 (2%)) were switched to open label. Attrition/exclusions: 51/319 (16%) in the citalopram group and 39/319 (11%) in the placebo group.

Andersen 2013 (Continued)

The investigators use LOCF in their intention-to-treat analysis. LOCF assumes that missing values are missing completely at random and ignores improvements or deteriorations in the participants condition since dropout and therefore stops improvements or declines in outcome measures. LOCF introduces risk of false or biased conclusions ([Molnar 2008](#))

Selective reporting (reporting bias)	Low risk	The study protocol is available and all of the study's prespecified (primary and secondary) outcomes that are of interest to the review have been reported in the prespecified way
Other bias	Low risk	The study appears to be free of other sources of bias

Birchenall 2019

Methods	<p>Study type: interventional (clinical trial)</p> <p>Intervention model: parallel assignment</p> <p>Primary Purpose: treatment</p>
Participants	<p>6 participants</p> <p>Country: France</p> <p>Setting: inpatient</p> <p>At randomisation number allocated: 6 although unclear as to which group</p> <p>% male: not available</p> <p>Age: not available</p> <p>Subtype of stroke: not available</p> <p>Severity of stroke: not available</p> <p>Time since stroke onset: not available</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • Age 18 to 80 years. • Social security affiliation • Day 3 to day 15 after stroke or brain haemorrhage • Hemiparesia with upper limb motor deficit (Fugl-Meyer score - hand \leq 10) • Informed consent <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • NIHSS > 20 • Depression (criteria DSM5-R) with MADRS score > 19 • History of recurrent bipolar or depressive disorders • History of behavior or suicidal idea • Family history of extension of the interval QT or congenital long interval QT • History of clinical stroke • Aphasia preventing correct evaluation of motor and depression scales. • Patients treated by antidepressant drugs, IMAO, and neuroleptics in the past month • Benzodiazepines within 48 hours preceding inclusion. • Intolerance or allergy to fluoxetine (Sandoz® 20 mg pill)

Birchenall 2019 (Continued)

- Severe swallowing disorders preventing oral administration of the treatment
- Planned carotid surgery
- Pregnant or breast-feeding woman
- Hepatic failure (TGO and TGP > 2N); severe renal failure (creatinine > 180micromol/l)
- Concomitant severe disease not allowing follow-up
- Participation to another therapeutic study
- Contraindication to MRI and TMS

Withdrawal criteria: not stated

Interventions	Experimental: fluoxetine; 1 pill of 20 mg/day, during 3 months Comparator: placebo of fluoxetine; 1 pill of 20 mg/day, during 3 months
Outcomes	Primary outcome: <ul style="list-style-type: none"> • Slope of the curve of recruitment of the MEPs at 3 months. Secondary outcomes recorded at 3 and 6 months: <ul style="list-style-type: none"> • Slope of recruitment of the MEPs (effect of a first dose of fluoxetine on the slope of recruitment of the MEPs) • Slope of recruitment of the MEPs (persistence of fluoxetine effect on the slope of recruitment of the MEPs to month 6) • Index finger force control in paretic hand • In index finger force control in non-paretic hand
Funding source	Not stated
Notes	No published data, unpublished data say 6 patients, none of whom died, so we have used this information Dates study conducted: February 2014 to August 2015 Declarations of Interest: none reported.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No information available
Allocation concealment (selection bias)	Unclear risk	No information available
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	No information available
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	No information available
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	No information available

Birchenall 2019 *(Continued)*

Selective reporting (reporting bias)	Unclear risk	No information available
Other bias	Unclear risk	No information available

Black-Schaffer 2012

Methods	<p>Study type: interventional (clinical trial)</p> <p>Intervention model: parallel assignment</p> <p>Primary purpose: treatment</p>
Participants	<p>0 participants (aimed to recruit 25 participants)</p> <p>Country: USA</p> <p>Setting: inpatient</p> <p>At randomisation number allocated: 0</p> <p>% male: not available</p> <p>Age: not available</p> <p>Subtype of stroke: not available</p> <p>Severity of stroke: not available</p> <p>Time since stroke onset: not available</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • Ischaemic infarction within 15 days • Admission NIHSS item 5 score ≥ 2 • Able to give informed consent, with surrogate consent acceptable <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • Pre-stroke mRS score equal or ≥ 3 • Pregnant or lactating • Taking an SSRI on admission • Taking a medication likely to have adverse interaction with an SSRI • Unable to return for follow-up testing days 90, 180 • Concurrent medical condition likely to worsen patient's functional status over next 6 months • Unable to competently participate in testing for 45 minutes to 2 hours with rest breaks • for MRI substudy: contraindication to MRI
Interventions	<p>Experimental: fluoxetine 20 mg daily for 90 days starting day 5 to 10 after stroke</p> <p>Comparator: placebo participants will take 1 placebo pill daily for 90 days</p>
Outcomes	<p>Primary outcome measures:</p> <ul style="list-style-type: none"> • FMMS (baseline to 90 days, baseline to 180 days) <p>Secondary Outcome Measures</p> <ul style="list-style-type: none"> • Western Aphasia Battery (baseline to 90 days) • Behavioral Inattention Test (baseline to 90 days, baseline to 180 days)

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Black-Schaffer 2012 (Continued)

- FIM (baseline to discharge)
- Fatigue Severity Scale (baseline to 90 days, baseline to 180 days)
- BDI (baseline to 90 days, baseline to 180 days)
- Western Aphasia Battery (baseline to 180 days)
- mRS (baseline to 90 days, baseline to 180 days)

Funding source	Not stated
Notes	clinicaltrials.gov/ct2/show/NCT01674868 Withdrawn - unable to find patients meeting inclusion/exclusion criteria Dates study conducted: April 2013 to December 2015 (estimated completion date) Declarations of Interest: none reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Withdrawn: unable to find patients meeting inclusion/exclusion criteria
Allocation concealment (selection bias)	Unclear risk	Withdrawn: unable to find patients meeting inclusion/exclusion criteria
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Withdrawn: unable to find patients meeting inclusion/exclusion criteria
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Withdrawn: unable to find patients meeting inclusion/exclusion criteria
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Withdrawn: unable to find patients meeting inclusion/exclusion criteria
Selective reporting (reporting bias)	Unclear risk	Withdrawn: unable to find patients meeting inclusion/exclusion criteria
Other bias	Unclear risk	Withdrawn: unable to find patients meeting inclusion/exclusion criteria

Brown 1998

Methods	Parallel design Analysis: per protocol: 1 withdrawn (treatment), excluded from analysis
Participants	Diagnosis: stroke, time from stroke to randomisation not reported Randomised 10 to treatment and 10 to control Treatment: 9 completed treatment, mean \pm SD age 61.4 \pm 8.6 years, 55% men Control: 10 people completed placebo, mean \pm SD age 63.7 \pm 5.4 years, 60% men

Brown 1998 (Continued)

Emotionalism criteria: emotionalism of at least 4 weeks' duration assessed during semi-structured interview using a modified Lawson and MacLeod rating scale, in addition to frequency of outbursts

Exclusion criteria: cognitive impairment, dysphasia, major depressive disorder

Interventions	Treatment: fluoxetine 20 mg daily Control: matched placebo Duration: 10 days Duration of follow-up: (end of treatment to end of study) 0
Outcomes	Used leaving the study early Unable to use data from HDRS, Lawson and MacLeod Scale, self-rating scales (mean and SD not presented) Also reported emotional outbursts; we have not used these in our analyses AEs: not presented
Funding source	Funder not stated
Notes	Dates of study not stated; conflicts of interest not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomisation method not stated
Allocation concealment (selection bias)	Unclear risk	Randomised by independent statistician
Blinding of participants and personnel (performance bias) All outcomes	Low risk	States blinding, matched placebo
Blinding of outcome assessment (detection bias) All outcomes	Low risk	States blinding
Incomplete outcome data (attrition bias) All outcomes	Low risk	Only 1 withdrawn (5% of participants) - we categorised this as low risk
Selective reporting (reporting bias)	Unclear risk	Insufficient information to make judgement
Other bias	Unclear risk	No other obvious biases, baseline balanced

Burns 1999

Methods	Parallel design
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Burns 1999 (Continued)

Analysis: ITT: 2 withdrawn and 1 death (treatment), 1 death (placebo), last value carried forward

Participants	Diagnosis: stroke. Months from stroke: median (range) 10.5 months (1 ± 156) in sertraline group and 5.5 months (1.5 ± 48) in the control group Treatment: 14 people Control: 14 people Exclusion criteria: less than 1 month since stroke, depression or dementia using the DSM III-R criteria
Interventions	Treatment: sertraline 50 mg daily Control: matched placebo Duration: treatment continued for 8 weeks Duration of follow-up: 2 weeks off treatment. All scores became non-significant (though data not reported so could not be used in the analysis)
Outcomes	Able to use: <ul style="list-style-type: none"> • improved score on lability scale • improved score on clinician's interview based impression of change • diminished tearfulness • leaving the study early • death • AEs Method of collecting AEs was not stated Unable to use: MADRS, BI, MMSE (data not presented)
Funding source	Funded by an unrestricted personal grant from Pfizer, the manufacturers of sertraline
Notes	Dates of study not stated, conflicts of interest not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Blocks of 4 using list produced by medical statistics department
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Matched placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Run-out was single-blind, treatment was double-blind, but unclear whether outcome assessors were blind
Incomplete outcome data (attrition bias)	Low risk	Analysis: ITT, LOCF

Burns 1999 (Continued)

All outcomes

Selective reporting (reporting bias)	Low risk	<p>Trial details published on www.strokecentre.org/trials, although unable to use data from MADRS</p> <p>Given that the main aim was to explore effect on emotionalism, this is unlikely to have biased results</p>
Other bias	Unclear risk	<p>Placebo group younger, uncertain influence on bias</p> <p>Statistical analysis was carried out independently by the Applied Statistics Research Unit in Canterbury</p>

Chen 2005a

Methods	To observe the changes of neurotransmitter in people with post-stroke depression by using Encephalofluctuography Technology, and observe the effect of antidepressant treatment on the activity of neurotransmitter
Participants	48 participants with post-stroke depression
Interventions	<p>Treatment: 24 people received citalopram 20 mg plus usual care, or fluoxetine if side effects such as nausea, emesis</p> <p>Control: 24 people usual care alone</p>
Outcomes	<p>Encephalofluctuography technology</p> <p>Level of sympathin and 5-hydroxytryptamine at 4 weeks and 3 months after treatment started</p>
Funding source	Not stated
Notes	<p>No data from our endpoints of interest, so data not included in a meta-analysis</p> <p>Recruitment March 2001 to December 2001</p> <p>Conflicts of interest not stated</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	"Randomly divided" but method not stated
Allocation concealment (selection bias)	Unclear risk	Method not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not described
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described

Chen 2005a (Continued)

Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not described
Selective reporting (reporting bias)	Unclear risk	Unclear
Other bias	Unclear risk	Unclear

Chen 2005b

Methods	Parallel group Analysis: according to allocated treatment group
Participants	Country: China Setting: inpatient Stroke criteria: first ever stroke, onset time ≤ 7 days, haemorrhagic and ischaemic, clinical diagnosis plus confirmation by imaging (though not clear whether a stroke lesion had to be present), at least 1 limb with muscle power grade 3 or less, BI ≤ 50 , no consciousness disturbance Mood criteria: HAMD > 16 Treatment: 40 people, mean age 63.5 years, 29 men Control: 38 people, mean age 65.8 years, 25 men No difference in baseline depression and BI between treatment and control group Excluded: severe cardiac, hepatic and renal organic diseases, psychiatric disorders
Interventions	Treatment: paroxetine 20 mg daily plus routine stroke medication, nerve nutritional agents, acupuncture and rehabilitation Control: routine stroke medication, nerve nutritional agents, acupuncture and rehabilitation Duration of treatment: 12 weeks Duration of follow-up (post-treatment to study end): 0 weeks
Outcomes	HAMD BI Death Number completing the trial AEs not reported
Funding source	No description of funding
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
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Chen 2005b (Continued)

Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	Dropouts: none
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	No obvious risks, baseline similar

Chen 2001

Methods	<p>Randomised trial</p> <p>Aim: to observe effects of integrative Chinese herb YuLeShu and fluoxetine on the depressive symptoms and rehabilitation of neurological impairment in patients with post-stroke depression</p>
Participants	<p>Country: China</p> <p>Setting: not described</p> <p>Participants: internal carotid system cerebral infarction or haemorrhage within previous 2 months</p> <p>Fluoxetine: 19 people, mean age 61.71 ± 8.13 years, 8 men</p> <p>Control: 18 people, mean age 62.85 ± 7.32 years, 7 men</p> <p>Depression: diagnosis of depression according to DSM-IV</p> <p>Inclusion criteria: HDRS ≥ 20 but < 35 and/or Zung SDS ≥ 41</p> <p>Exclusion criteria: HDRS > 35, previous depression, aphasia, severe cardiac, pulmonary, hepatic and renal diseases, previous stroke</p>
Interventions	<p>3 groups: fluoxetine plus usual care versus YuLeShu plus usual care versus usual care. We are using the fluoxetine plus usual care versus usual care alone in the comparison</p>
Outcomes	<p>HDRS</p> <p>Zung SDS</p> <p>BI</p> <p>Scandinavian Neurological Stroke Scale (also known as CSS)</p>

Chen 2001 (Continued)

Stated no side effects, but not clear which side effects were sought, or how they were sought. They were reported at 4, 8 and 12 weeks after treatment

Funding source Funded by a local scientific academic fund, drug company not involved

Notes –

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "using a computer", but method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	High risk	Dropouts: 2 people dropped out of the fluoxetine group, 1 dropped out of the YuLeShu group and 2 dropped out of the control group
Selective reporting (reporting bias)	Unclear risk	Protocol not published
Other bias	Unclear risk	Reported that of the people who completed the tests, there were no differences in baseline No comment on whether there were differences in baseline for the entire group

Chen 2002

Methods	Parallel group (3 groups: doxepin, paroxetine, placebo; we used the paroxetine and placebo data in our review) Aim: treat depression and determine effect on neurological function
Participants	Country: China Setting: unclear Stroke diagnosis: diagnostic criteria of the 4th National Meeting of the Cerebrovascular Diseases proved by CT or MRI Time since stroke: not known Depression diagnosis: Classification and Diagnosis of Psychosis in China (2nd edition) Treatment: 24 people, age and gender not given

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Chen 2002 (Continued)

Control: 24 people, age and gender not given

Exclusion: pre-stroke mental disease, cognition disorder (MMSE < 24), marked deterioration in depression during treatment (HAMD > 24) or suicide mood, intolerance to drug

Interventions	Treatment: paroxetine 20 mg 3 times per day Control: placebo guvitamine once per day Duration of treatment: 8 weeks Duration of follow-up (post-treatment to study end): unclear: follow-up is performed 'after treatment' so we assume this is at 8 weeks (so post-treatment to study end = 0)
Outcomes	HAMD BI CSS Death/side effects/leaving the trial early Method of reporting side effects not stated
Funding source	Funder not stated, unclear if there was drug company involvement
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Placebo was used, but unclear if this was matching
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	High risk	Dropouts: 4 in placebo and 0 in paroxetine
Selective reporting (reporting bias)	Unclear risk	No protocol available
Other bias	Unclear risk	Demographic data not provided, so we cannot determine whether the baseline was balanced

Cheng 2003

Methods	<p>Parallel design</p> <p>Aim: to treat depression and augment rehabilitation</p> <p>Analysis: according to allocated treatment group</p>
Participants	<p>Location: China</p> <p>Setting: inpatient</p> <p>Treatment: 25 people</p> <p>Control: 32 people</p> <p>Whole group (including non-depression group, depression control group and depression treatment group): 132 (mean age 62 ± 12 years, 79 men)</p> <p>Stroke: ischaemic stroke or PICH, clinical diagnosis plus confirmation on brain imaging (not clear that a stroke lesion had to be present), clear consciousness</p> <p>Depression diagnosis (at 2 weeks after stroke onset): psychiatric interview, DSM IV criteria</p> <p>Excluded: major psychological trauma history in previous 1 year, severe mental retardation, severe impairment of lingual expression or comprehension, major complicated medical event in previous 1 year</p>
Interventions	<p>Treatment: fluoxetine 20 mg daily</p> <p>Control: no fluoxetine</p> <p>Duration of treatment: 6 months</p> <p>Duration of follow-up (post-treatment to study end): 6 months</p>
Outcomes	<p>SSS</p> <p>ADL</p> <p>HAMD</p> <p>Zung SDS</p> <p>Zung SAS</p> <p>No deaths, none left trial early</p> <p>No data on AEs</p>
Funding source	No description of funding
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described

Cheng 2003 (Continued)

Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	59 participants were diagnosed to have depression by symptoms but only 57 were included in the results table
Selective reporting (reporting bias)	High risk	No protocol, no report of the results of the self-rating anxiety scale
Other bias	Unclear risk	No clear description of differences between the treatment and control group

Chollet 2011

Methods	Randomised parallel-group trial
Participants	<p>Location: France</p> <p>Setting: stroke units</p> <p>Inclusion criteria: aged 18 to 85 years with FMMS of 55 or less, acute ischaemic stroke with hemiparesis or hemiplegia, 5 to 10 days after stroke onset, unclear if there had to be a visible lesion on brain imaging</p> <p>Treatment: 59 people, mean \pm SD age 66.4 \pm 11.7 years; 63% men</p> <p>Control: 59 people, mean \pm SD age 62.9 \pm 13.4 years; 59% men</p> <p>Comparability of treatment groups: total FMMS score fluoxetine 17.1 compared with 13.4 in placebo Previous stroke more common in the fluoxetine group; fluoxetine group had more diabetes</p> <p>Exclusions: clinical depression or treatment with antidepressants, MADRS > 19, aphasia severe enough to mask detection/assessment of depression, pregnancy, patient on neuroleptics/benzodiazepines, owing to undergo carotid endarterectomy, other major diseases that would prevent follow-up</p>
Interventions	<p>Treatment: fluoxetine 20 mg daily for 90 days</p> <p>Control: identical capsules to active drug</p> <p>Duration of treatment: 90 days</p> <p>Duration of follow-up (treatment end to study end): 0 days</p>
Outcomes	<p>Primary outcome: the mean change of FMMS score between inclusion (day 0) and day 90 after the start of the study drug</p> <p>Secondary endpoints were NIHSS, mRS and MADRS measured at days 0, 30 and 90</p>
Funding source	Funded by French national programme for clinical research: the sponsor had no involvement in study design, data collection, data analysis, data interpretation or writing the report
Notes	Recruitment 14 March 2005 to 9 June 2009. Authors state "no conflicts of interest"

Chollet 2011 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Balanced by centre with an allocation based on a block size of 4 generated with a computer random-number generator
Allocation concealment (selection bias)	Low risk	Sequentially-numbered opaque envelopes
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Identical capsules for control arm
Blinding of outcome assessment (detection bias) All outcomes	Low risk	All study site investigators and all investigators were masked to treatment allocation
Incomplete outcome data (attrition bias) All outcomes	Low risk	Dropouts: 2 participants died (1 in each group) and 3 dropped out - not stated how missing outcome data were dealt with
Selective reporting (reporting bias)	Low risk	Trial protocol published on www.strokecentre.org/trials , all outcomes were reported
Other bias	Unclear risk	Note difference in baseline: it is not clear what effect this had on results, so we have classified this as 'unclear risk'

Dam 1996

Methods	Parallel design Analysis: per protocol: withdrawn because of AEs (2 treatment), all excluded from analysis
Participants	Location: Italy Setting: unclear Treatment: 18 people, mean \pm SD age 68 ± 9 years, 44% men Control: 17 people, mean \pm SD age 68 ± 5.5 years, 44% men Stroke criteria: ischaemic, unilateral MCA territory stroke, diagnosis via clinical signs and CT (100%), stroke 1 to 6 months prior to randomisation (average time 3 months) Other inclusion criteria: unable to walk Comparability of treatment groups: balanced Exclusion: history of major affective disorders; alcohol abuse; or a history or evidence or both of severe heart, lung, kidney or liver diseases or mental deterioration
Interventions	Treatment: fluoxetine 20 mg daily Control: matched placebo Duration: treatment continued on average 74 ± 6 days, duration not reported for control group

Dam 1996 (Continued)

	Duration of follow-up (treatment end to study end): 0
Outcomes	Depression: change in scores from baseline to end of treatment on HDRS Additional: graded neurological scale (HSS), BI Leaving the study early Death AEs including seizures - unclear if these were reported systematically
Funding source	Funding source not stated
Notes	Dates of recruitment and conflicts of interest not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No description
Allocation concealment (selection bias)	Unclear risk	No description
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Examining neurologists blind to treatment". Comment: Unclear if this refers to outcome assessors or the neurologist caring for the participant. However, placebo was 'matched' so this is low risk
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	See above
Incomplete outcome data (attrition bias) All outcomes	High risk	2/35 dropouts, per-protocol analysis
Selective reporting (reporting bias)	Low risk	Trial available, including results on www.strokecentre.org/trials - all specified outcome measures were reported
Other bias	Unclear risk	Baseline characteristics similar in the 2 groups

Feng 2004

Methods	Aim: to study the influence of Jieyu Huoxue decoction on rehabilitation of patients with depression after cerebral infarction
Participants	Country: China 4 groups: fluoxetine plus usual care, Jieyu Huoxue decoction plus usual care, usual care in people with depression, usual care in people with no depression We are using data from 'fluoxetine plus usual care' versus 'usual care in people with depression' Setting: mixed inpatient and outpatient

Feng 2004 (Continued)

Stroke criteria: ischaemic stroke within 1 month of stroke onset, clinical diagnosis plus confirmation by imaging. Did not state whether a visible lesion was needed to make a diagnosis

Depression: psychiatric interview using DSM IV, Zung SDS ≥ 41

Included those with no previous psychiatric history

54 participants with post-stroke depression were randomised

18 received fluoxetine plus usual care, 18 received usual care only and 18 received Jieyu Huoxue decoction

Of the 54 participants with depression randomised, mean age: 71.5 ± 6.7 years, 24 men

Excluded: previous stroke, previous depression, and severe cardiac, pulmonary, hepatic and renal diseases

Interventions	Treatment: fluoxetine 20 mg daily plus usual stroke care Control: usual stroke care Duration of treatment: 60 days Duration of follow-up (post-treatment to study end): 0 weeks
Outcomes	Zung SDS ADL - although score not referenced, so not used in analysis MESSS Reported side effects in fluoxetine group but not in the control group Unclear how side effects were collected
Funding source	Funding source not stated
Notes	-

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not stated
Allocation concealment (selection bias)	Unclear risk	No description
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	High risk	No blinding
Incomplete outcome data (attrition bias) All outcomes	High risk	8 participants dropped out (2 in fluoxetine group, 2 in the depression control group, 1 in the Jieyu Huoxue decoction, 3 in no-depression control)

Feng 2004 (Continued)

Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Baseline balanced

FOCUS Trial Collaboration 2018

Methods	<p>Multicentre RCT</p> <p>Study type: interventional (clinical trial)</p> <p>Primary purpose: treatment</p>
Participants	<p>3127 participants</p> <p>Country: UK</p> <p>Setting: inpatient</p> <p>At randomisation number allocated: N = 3127: fluoxetine (n = 1564); placebo (n = 1563)</p> <p>% male: fluoxetine (62%); placebo (61%)</p> <p>Age: mean age: fluoxetine = 71.2 ± 12.4; placebo = 71.5 ± 12.1</p> <p>Subtype of stroke:</p> <ul style="list-style-type: none"> • Total anterior circulation infarct: fluoxetine (20%); placebo (20%) • Partial anterior circulation infarct: fluoxetine (36%); placebo (35%) • Lacunar infarct: fluoxetine (20%); placebo (18%) • Posterior circulation infarct: fluoxetine (12%); placebo (15%) • Uncertain: fluoxetine (2%); placebo (2%) <p>Severity of stroke: NIHSS, Median (IQR) fluoxetine (6 (3 to 11)); placebo (6 (3 to 11))</p> <p>Time since stroke onset: mean days: fluoxetine 6.9 ± 3.6; placebo 7.0 ± 3.6</p> <p>Inclusion criteria</p> <ul style="list-style-type: none"> • Age > 18 years • Brain imaging consistent with intracerebral haemorrhage or ischaemic stroke • Randomisation can be performed between 2 and 15 days after stroke onset • Persisting focal neurological deficit is present at the time of randomisation <p>Exclusion criteria</p> <ul style="list-style-type: none"> • Subarachnoid haemorrhage • Unlikely to be available for follow up at 12 months • Patient and/or carer unable to understand spoken or written English • Other life-threatening illness • Pregnant or breast-feeding or of child bearing age not taking contraception • History of epileptic seizures • Attempted suicide or self-harm • Allergy or contra indication to fluoxetine • Taken a monoamine oxidase inhibitor in last 5 weeks • Current or recent depression requiring treatment with selective serotonin reuptake inhibitor • Already participating in a CTIMP

FOCUS Trial Collaboration 2018 (Continued)

Interventions	Experimental: 20 mg orally once daily for 6 months Comparator: matching placebo orally once daily for 6 months
Outcomes	Primary outcome: <ul style="list-style-type: none"> mRS at 6 months Secondary outcome measures: <ul style="list-style-type: none"> Deaths from all causes at 6 and 12 months Modified Rankin scale at 12 months Stroke Impact Scale EuroquoL 5D-5L Mental Health Inventory 5 Vitality subscale of SF36 (as an assessment of fatigue) Diagnosis of depression Other adverse events Adherence to the trial medication Health and social care resources used during follow-up
Funding source	MHRA approval granted. Start-up phase funded by The Stroke Association. Main phase funded by NIHR
Notes	ISRCTN83290762. Recruitment 10 September 2012 to 31 March 2017. Authors declared no conflicts of interest

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Patients were randomly assigned in a 1:1 ratio to receive fluoxetine or placebo, by use of a centralised randomization system."
Allocation concealment (selection bias)	Low risk	Quote: "Patients were randomly assigned in a 1:1 ratio to receive fluoxetine or placebo, by use of a centralised randomization system."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Patients, their families, and the health-care team including the pharmacist, staff in the coordinating centre, and anyone involved in outcome assessments were all masked to treatment allocation by use of a placebo capsule that was visually identical to the fluoxetine capsules even when broken open."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Patients, their families, and the health-care team including the pharmacist, staff in the coordinating centre, and anyone involved in outcome assessments were all masked to treatment allocation by use of a placebo capsule that was visually identical to the fluoxetine capsules even when broken open."
Incomplete outcome data (attrition bias) All outcomes	Low risk	For the primary outcome of mRS at 6 months data were available for fluoxetine n = 1553/1564 (99.3%) and placebo n = 1553/1563 (99.3%)
Selective reporting (reporting bias)	Low risk	The study protocol is available and all of the study's prespecified (primary and secondary) outcomes that are of interest in the review have been reported
Other bias	Low risk	The study appears to be free of other sources of bias

Fruehwald 2003

Methods	<p>Parallel design</p> <p>Analysis: per protocol:</p> <p>Withdrawals: death (1 treatment), withdrawn owing to AEs (1 treatment, 2 control), all excluded from analysis</p>
Participants	<p>Location: Austria</p> <p>Setting: inpatients</p> <p>Treatment: 28 people, mean \pm SD age 65 ± 14 years, 46% men</p> <p>Control: 26 people, mean \pm SD age 64 ± 14 years, 71% men</p> <p>Stroke criteria: ischaemic stroke and PICH; diagnosis via clinical signs and CT (100%); stroke on average 11 days prior to randomisation</p> <p>Depression criteria: psychiatric interviews, HDRS score > 15</p> <p>Other entry criteria: not stated</p> <p>Comparability of treatment groups: non-significant trend towards more women and right-sided strokes in treatment group</p> <p>Exclusion criteria: MMSE < 20, more than mild communication deficit, diseases of the central nervous system and previous neurodegenerative or expansive neurological disorders</p>
Interventions	<p>Treatment: fluoxetine 20 mg daily, dose escalation at 4 weeks if HDRS score > 13</p> <p>Control: matched placebo</p> <p>Duration of treatment: 12 weeks</p> <p>Duration of follow-up (end of treatment to study end): 15 months</p>
Outcomes	<p>Depression: change in scores from baseline to end of treatment of HDRS, BDI and CGI (item 1)</p> <p>Proportion of responders (< 13 HDRS)</p> <p>Additional: SSS</p> <p>Death</p> <p>AEs (selected data)</p> <p>Unable to use: RS, BI, MMSE (data not presented at follow-up)</p> <p>AEs data on dizziness, nausea and cephalalgia (data not presented by group)</p>
Funding source	The medication was supplied by Lannacher Heilmittel, Lannach, Austria
Notes	Recruitment 1 June 1998 to 31 December 1998. Conflicts of interest not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computerised randomisation, using random permuted block design

Fruehwald 2003 (Continued)

Allocation concealment (selection bias)	Low risk	Centralised concealment
Blinding of participants and personnel (performance bias) All outcomes	Low risk	States blinded, used matching placebo
Blinding of outcome assessment (detection bias) All outcomes	Low risk	States blinded
Incomplete outcome data (attrition bias) All outcomes	High risk	4/54, per protocol analysis
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Baseline balanced All participants were randomly assigned to either fluoxetine or placebo treatment by the drug company independently of the research teams and the study centres

Gao 2016

Methods	Study type: interventional (clinical trial) Primary purpose: treatment
Participants	274 participants Country: China Setting: outpatient At randomisation number allocated: N = 274, citalopram (n = 91); placebo (n = 91); cognitive behavioural therapy (n = 92) % male: 51.8% Age: mean age, citalopram 66.0 ± 7.3 (n = 91); placebo 67.2 ± 9.6 (n = 91); cognitive behavioural therapy 64.9 ± 8.0 (n = 92) Subtype of stroke: not available Severity of stroke: not available Time since stroke onset: acute ischaemic stroke within the previous 7 days Inclusion criteria: <ul style="list-style-type: none"> • Age ≥ 18 • First ever ischaemic stroke meeting World Health Organization (WHO) diagnostic criteria confirmed by MRI • No history of depression • No antidepressant use prior to the study

Gao 2016 (Continued)

Exclusion criteria:

- No consent
- Premorbid stroke related impairment
- BI < 10

Interventions	<p>Experimental: citalopram 20 mg per day for a minimum of 3 months + general discussions</p> <p>Comparator 1: placebo + general discussions</p> <p>Comparator 2: placebo + cognitive behavioural therapy</p>
Outcomes	<ul style="list-style-type: none"> • Depressive symptoms (17-item Hamilton Depression Scale (HAMD17), Bech-Rafaelsen Melancholia Scale (MES)) at 3 months. • Drug side-effects (Udvalg for Kliniske Undersogelser side-effect scale at 2, 4, and 6 weeks, and 3 months) • Performance in ADL (BI) at 3 months • Functional impairment (FIM scale) at 3 months
Funding source	Natural Science Foundation of China [81100243, 81171131, 81272564, 81272795, 81100893, 81172197, and 81372484], the Natural Science Foundation of Liaoning Province in China [No. L2013296], and Liaoning Science and Technology Plan Projects [No. 2011225020]
Notes	<p>This trial was particular in that recruitment happened at 4 different time points: at 0 months, 3 months, 6 months and 9 months from discharge. Inclusion criteria required that participants suffered from post-stroke depression. Participants were invited to complete the BDI and those with a score > 10 were included, provided other criteria were met</p> <p>Group 'placebo + general discussions' and 'citalopram + general discussions' were included. No significant differences observed in the 2 included groups</p> <p>Dates study conducted: Participants enrolled between October 2011 and June 2013</p> <p>Declarations of Interest: none reported</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Randomization into one of three intervention groups was undertaken by an independent researcher using computer-generated random number sequences..."
Allocation concealment (selection bias)	Low risk	Quote: "...that were prepared in advance and placed in consecutively numbered, sealed, opaque envelopes."
Blinding of participants and personnel (performance bias) All outcomes	High risk	<p>Study described as "single blind".</p> <p>Quote: "The researcher successively opened the envelopes corresponding to different time periods and determined the intervention by patient number."</p> <p>Quote: "The study therapists acted as clinical evaluators."</p> <p>Quote: "The study therapists were asked not to divulge any treatment information to their patients."</p> <p>Comment: Care providers, investigator and outcome assessors were all aware of allocation.</p>
Blinding of outcome assessment (detection bias)	High risk	Quote: "The study therapists acted as clinical evaluators."

Gao 2016 (Continued)

All outcomes		Quote: "The study therapists were asked not to divulge any treatment information to their patients."
Incomplete outcome data (attrition bias) All outcomes	Low risk	<p>Quote: "in Group A [placebo + general discussions] , one patient violated protocol in the second time period, one could no longer be reached, and one left the study owing to stroke recurrence in the third time period; in Group B [citalopram + general discussions], persistent side-effects from the drugs led five patients to leave the study (two owing to orthostatic dizziness, one owing to palpitation, and two owing to constipation)"</p> <p>Comment: Attrition reported for each intervention group and reasons given</p> <p>Group A (placebo + general discussions) 3/91 = 3% attrition</p> <p>Group B (citalopram + general discussions) 5/91 = 5% attrition</p> <p>Overall = 4% attrition</p>
Selective reporting (reporting bias)	Unclear risk	There is no study protocol available. Therefore insufficient information to judge yes or no
Other bias	Low risk	The study appears to be free from other sources of bias

GlaxoSmithKline 1998

Methods	Parallel group Analysis: according to treatment group
Participants	Location: not stated Setting: not stated Stroke criteria: "documented diagnosis of stroke within 12 months prior to screening" Mood: MADRS score > 17 Treatment: 112 people, age 64.3 ± 11.4 years, 61 men Control: 117 people, 65.6 ± 10.5 years, 64 men Excluded: concurrent psychiatric disorders, concurrent psychotropic pharmacotherapy, patients who posed a suicidal risk, patients with substance abuse/dependence, concurrent psychotropic pharmacotherapy, MMSE < 24, participating in another clinical trial, serious medical condition or clinically significant finding on screening or baseline evaluation that would preclude the administration of paroxetine and an intolerance to paroxetine
Interventions	Treatment: paroxetine 20 to 50 mg daily Control: placebo (not stated whether matching) Duration of treatment: 8 weeks Duration of follow-up (treatment to study end): 0 weeks
Outcomes	Change from baseline to endpoint in MADRS Proportion of participants scoring < 8 on the MADRS total score at the endpoint (we used this in our analysis) Changes from baseline to endpoint on the BI

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GlaxoSmithKline 1998 (Continued)

Change from baseline to endpoint on RS score

Change from baseline to endpoint on the Clinical Global Improvement Severity of Illness Score (CGI-S)
Proportion of responders based on CGI-Global Improvement (CGI-G) score (score of < 4) at endpoint

GI side effects reported, but unclear whether these are 'events' or 'participants', so we cannot use these data. It is not clear how the side effects were collected

Withdrawal from study

Funding source Source of funding not stated, but we assume it was funded by GlaxoSmithKline

Notes Study period 29 August 1998 to 15 October 1999. Conflicts of interest not stated. Study number PAR625.
Date updated: 11 March 2005

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomisation method not described
Allocation concealment (selection bias)	Unclear risk	Allocation concealment: not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Blinding not described, used placebo but not stated whether identical
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Blinding not described
Incomplete outcome data (attrition bias) All outcomes	High risk	20 in each group dropped out
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Insufficient information to make clear judgement

Guo 2009

Methods Parallel group, 3-arm trial, comparing sertraline plus routine care versus routine care versus acupuncture plus routine care. We are using the sertraline plus routine care versus routine care in this review

Aim: to treat depression

Analysis: according to allocated treatment

Participants Country: China

Setting: unknown

Stroke criteria: first ever stroke, clinical diagnosis plus relevant lesion on imaging, age ≥ 60 years old

Guo 2009 (Continued)

 Depression criteria: HAMD score ≥ 8 , no depression prior to stroke

 Treatment: 40 people, mean age 67.6 ± 12.43 years, 23 men

 Control: 40 people, mean age 64.5 ± 12.07 years, 22 men

Exclusions: psychiatric disorders or family psychiatric disorders, severe cognitive impairment, global aphasia, sensory aphasia, apraxia, severe cardiac, hepatic, renal, lung or other severe somatic disorder, consciousness disturbance, severe deafness, family or patient unable to comply

Interventions	Treatment: sertraline 50 mg daily plus stroke care (acute, secondary prevention, rehabilitation and psychotherapy) Control: stroke care (acute, secondary prevention, rehabilitation and psychotherapy) Duration of treatment: 6 weeks Duration of follow-up: (treatment end to study end): 6 months
Outcomes	HAMD NIHSS FIM (reported cognition and mobility scores only) SF-36 AEs not reported
Funding source	Funded by a local scientific academic fund
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random-number table
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Outcome assessor blind
Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts, analysed by allocated treatment
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Low risk	No obvious risk, balance baseline

He 2004

Methods	Parallel group Analysis: according to treatment allocation
Participants	Location: China Setting: inpatient Inclusion criteria: all pathological types of stroke, clinical diagnosis plus confirmation by imaging (did not state that a visible lesion was needed to make the diagnosis), first ever stroke Depression diagnosis: 'HAMD scores'. Translation of paper: did not have to have depression at recruitment Treatment: 36 people, mean age 70.8 ± 6.7 years, 25 men Control: 35 people, mean age 70.4 ± 6.8 years, 23 men Exclusion: psychiatric disorders, dysphasia, consciousness disturbance, agnosia, severe dementia
Interventions	Treatment: fluoxetine 20 mg daily plus usual stroke care Control: usual stroke care Duration of treatment: 8 weeks Duration of follow-up (treatment end to study end): 0
Outcomes	HAMD SSS No description of how side effects were collected
Funding source	Funded by local scientific academic fund
Notes	Reported that there were no AEs, so we have assumed no seizures or GI side effects

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "Outcome assessors blind"
Incomplete outcome data (attrition bias)	High risk	13 dropped out after randomisation

He 2004 (Continued)

All outcomes

Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Low risk	Balanced baseline, no obvious risks

He 2005

Methods	<p>Parallel design. 3 groups: paroxetine, paroxetine plus psychotherapy, control. We are using paroxetine and control data in this review</p> <p>Analysis: according to treatment group</p>
Participants	<p>Location: China</p> <p>Setting: inpatient</p> <p>Stroke criteria: first ever stroke; ischaemic and haemorrhagic, timing: "acute", clinical diagnosis plus confirmation by imaging (though not clear whether a stroke lesion had to be present or not)</p> <p>Mood criteria: meets ICD-10 organic depression and organic anxiety diagnostic criteria on psychiatric interview, HAMD score ≥ 17 and HAMA score ≥ 14</p> <p>Treatment: 27 people, mean age 62.4 ± 6.1 years, 14 men</p> <p>Control: 27 people, mean age 63.2 ± 5.7 years, 16 men</p> <p>Exclusion: previous psychiatric disorder, antidepressants and "nerve block agents" in recent 3 months, severe cognitive impairment, aphasia, severe cardiac, hepatic and renal function impairment, allergy to paroxetine, severe suicidal behaviour</p>
Interventions	<p>Treatment: paroxetine 20 mg plus routine stroke treatment</p> <p>Control: routine stroke treatment</p> <p>Duration of treatment: 6 weeks</p> <p>Duration of follow-up: end of treatment to study end: 0</p>
Outcomes	<p>SSS</p> <p>BI</p> <p>HAMD</p> <p>HAMA</p> <p>TESS</p> <p>Also reported GI upset and dizziness. They did not list any seizures in the list of AEs, so we are assuming no seizures in either groups</p> <p>Unclear how side effects were collected</p>
Funding source	Funded by a local scientific academic fund
Notes	The authors mentioned using the SDS and the SAS for evaluation, but they did not report the results of SDS and SAS

He 2005 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts, analysed according to treatment group
Selective reporting (reporting bias)	High risk	No protocol, the authors mentioned using the SDS and the SAS for evaluation but they did not report the results
Other bias	Low risk	Balanced baseline

He 2016

Methods	Study type: interventional (clinical trial) Primary purpose: prevention
Participants	374 participants Country: China Setting: inpatient At randomisation numbers allocated: N = 300 Experimental group 1: fluoxetine immediately after enrolment n = 100; comparator group 1: fluoxetine 7 days after enrolment n = 100; comparator group 2: no fluoxetine n = 100 % male: unclear Age: experimental, unclear; comparator 1, unclear; comparator 2, unclear Subtype of stroke: unclear Severity of stroke NIHSS score at baseline: unclear Experimental: unclear Comparator 1: unclear Comparator 2: unclear

He 2016 (Continued)

Time from stroke onset: within 1 week after onset of cerebral infarction

Inclusion criteria:

- ICD-10 diagnostic criteria for acute cerebral infarction
- Age 18 to 80 years
- First onset of stroke within 1 week
- NIHSS score > 2
- Stroke related impairment
- Informed consent by patients or legal representative

Exclusion criteria:

- Coma
- Haemorrhagic stroke
- Previous neurological impairment
- Use of antidepressants over previous 3 months
- Use of benzodiazepines over previous 2 weeks
- Self-harm, suicidal ideation or need for antidepressants
- Abnormal liver enzymes or creatinine levels
- Gastrointestinal disorders affect drug absorption seriously
- Life-threatening illness (e.g. malignancy)
- Allergic
- Mental health disorders
- Pregnant or breast feeding
- Allergic
- Enrolled in another interventional clinical research trial within previous 3 months
- Scheduled endovascular intervention

Withdrawal criteria:

- Unblinding
- Serious adverse reactions e.g. anaphylactic shock
- Need for immediate stroke-related surgery
- Complications
- Antidepressant use
- Self-harm, suicidal intention, urgent need for antidepressants
- Withdrawal from the study

Interventions	Experimental: 20 mg of fluoxetine a day for 90 days and conventional therapy Comparator: conventional therapy
Outcomes	Primary outcome at days 15, 90 and 180 • NIHSS score Secondary outcome at days 90 and 180 • BI score
Funding source	This study was funded by Science and Technology Department of Guangdong, China (grant number: 2011B031800130), Science and Technology Innovation Committee of Shenzhen, China (grant number: 201101020), and Health and Family Planning Committee of Shenzhen, China (grant number: 201501009). It was registered on the Chinese Clinical Trial Registry (number: ChiCTR-TRC-12002078)
Notes	Dates study conducted: Unclear. Either from June 2011 to December 2012 (ChiCTR-TRC-12002078) or

He 2016 (Continued)

from December 2015 to June 2016 (ChiCTR-IPR - 15007658)

Declarations of Interest: none reported

Trial registration detail (ChiCTR-TRC-12002078) does not match but rather matches ChiCTR-IPR - 15007658.

Baseline demographic and clinical characteristics for each group not presented, but rather the baseline demographic and clinical characteristics for those completing the trial (i.e. a subset of all those randomised at baseline) are presented

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Table of random numbers"
Allocation concealment (selection bias)	Unclear risk	Insufficient information on method of allocation concealment to judge yes or no
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement yes or no
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "The evaluator was banned from participation in the treatment or from querying of the randomisation data."
Incomplete outcome data (attrition bias) All outcomes	High risk	For the primary outcome of NIHSS score at 15, 90 and 180 days there was 8/187 (4%) lost to follow-up in the experimental group; 16/187 (15%) in the comparator group. Twice as many participants in the comparator group (16/187(9%)) compared to the fluoxetine group (8/187 (4%)) were lost to follow-up. Attrition and exclusions were not fully reported > 5% lost to follow-up
Selective reporting (reporting bias)	High risk	The trial registration number/protocol does not match the study design presented, but rather matches ChiCTR-IPR - 15007658
Other bias	High risk	The baseline data presented in table 1: comparison of data at baseline between control group and the treatment group are not true baseline characteristics (i.e. at randomisation). The data presented in table 1 are the baseline characteristics of all those completing the trial which is a subgroup of all participants randomised. We cannot tell if there is whether there was any baseline imbalance in important demographic or clinical characteristics

Hu 2002

Methods	Parallel design Aim: to study effect of antidepressants on depressive symptoms and nervous function
Participants	Country: China Setting: inpatient

Hu 2002 (Continued)

Stroke criteria: all pathological stroke types, clinical diagnosis plus confirmation by imaging (though unclear whether a relevant lesion had to be visible), onset of stroke 0.5 to 2 months, no obvious aphasia

Depression: according to CCMD-II-R

Treatment: 42 people, mean age 61.4 ± 3.6 years, 32 men

Control: 30 people, mean age 60 ± 4.8 years, 23 men

Interventions	Treatment: fluoxetine 20 mg daily Control: no other antidepressant Duration of treatment: 8 weeks Duration of follow-up (end of treatment to study end): 0
Outcomes	HAMD MESSS However, these data were not usable, as they were reported as proportions above or below "decrement levels" Reported side effects but unclear how this was done None left the trial early
Funding source	Source of funding not stated
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomisation method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Balanced baseline, no other obvious risks

Huang 2002

Methods	<p>Parallel design</p> <p>Aim: efficacy and tolerance of fluoxetine in early post-stroke depression</p> <p>Analysis: according to treatment group</p>
Participants	<p>Country: China</p> <p>Setting: inpatient</p> <p>Stroke criteria: first ever stroke, with single unilateral lesion, clinical diagnosis with imaging consistent with stroke, both ischaemic and haemorrhagic, recruited 2 weeks after stroke onset</p> <p>Depression criteria: CCMD II-R depression diagnosis</p> <p>Treatment: 40 people, age and gender not stated</p> <p>Control: 40 people, age and gender not stated</p> <p>Participants in the treatment and control groups were selected from a group of 168 first-ever acute stroke patients with average age of 62 ± 8.1 years, 76 men</p>
Interventions	<p>Treatment: fluoxetine 20 mg daily</p> <p>Control: placebo</p> <p>Duration of treatment: 4 weeks</p> <p>Duration of follow-up (treatment end to study end): 0</p>
Outcomes	<p>HAMD</p> <p>CSS</p> <p>Did not report death</p> <p>Unclear how AEs were reported: no obvious AEs were found, but they did not specifically report seizures</p>
Funding source	Source of funding not stated
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not stated
Allocation concealment (selection bias)	Unclear risk	Method not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Placebo used, but unclear if identical
Blinding of outcome assessment (detection bias)	Unclear risk	Not described

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Huang 2002 (Continued)

All outcomes

Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts, analysed according to treatment group
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	No description of the differences between treatment and control group in baseline characteristics

Jia 2005

Methods	Parallel design Aim: to determine the effect of early intervention for post stroke depression on movement after 3 months of stroke
Participants	Country: China Setting: inpatient Inclusion: aged 40 to 75 years, all pathological types of stroke, clinical diagnosis plus confirmation by imaging (did not state whether a relevant lesion had to be present to make a diagnosis), able to give informed consent Depression diagnosis: Zung SDS > 41 for screening for depression, HDRS for evaluation of the depression severity level Treatment: 92 people randomised, 90 accepted allocation, mean age 55.6 ± 6.5 years, 60 men Control: 92 people randomised, 90 accepted allocation, mean age 55.1 ± 6.8, 55 men Excluded: organic psychiatric disorders such as Alzheimer's disease or degenerative disease, functional disorders such as schizophrenia and affective disorders
Interventions	Treatment: either fluoxetine or sertraline (given sertraline if also had anxiety) plus routine stroke care Control: routine stroke care Duration of treatment: 3 months Duration of follow-up: 3 years but the authors did not describe the extent of neurological function damage and HAMD scores in the third year
Outcomes	HAMD Extent of neurological damage Recurrent stroke Death Did not report AEs
Funding source	Source of funding not stated
Notes	–

Jia 2005 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	No blinding
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Dropouts: 6 in treatment group (2 refused allocation), 4 in control group (2 refused allocation)
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Balanced baseline

Kim 2011

Methods	Multicentre Study type: interventional (clinical trial) Intervention model: parallel assignment Primary purpose: prevention
Participants	478 participants Country: South Korea Setting: inpatient. At neurology departments in 17 university hospitals throughout South Korea At randomisation number allocated: N = 478, escitalopram (n = 241); placebo (n = 237) % male at baseline: unclear Age at baseline: unclear Subtype of stroke at baseline: unclear Severity of stroke at baseline: unclear Time since stroke onset: acute ischaemic stroke or intracerebral haemorrhage within the previous 21 days Inclusion criteria:

Kim 2011 (Continued)

- Age > 20 years
- Patients with acute stroke (ischaemic stroke or cerebral haemorrhage) confirmed by neuroimaging within 21 days after stroke onset
- Patients with haemorrhagic transformation of infarcted tissue will not be included, but if investigators judge the risk of bleeding is small (i.e. reduced amount of blood in follow-up neuroimaging) those patients can be enrolled
- Patients with MRS ≥ 2 on screening
- Patients without definite history of depression
- Patients who fulfil the following criteria in the K-MADRS test: The combined score of the 9th question (pessimistic thoughts) and the 10th question (suicidal idea) ≤ 7 The score of the 10th question < 6
- Patients without serious communication problem
- Consent

Exclusion criteria

- MRS 0 or 1 on screening
- History of depression or have taken antidepressants
- Diagnosis of bipolar disorder or other psychiatric disorders
- Severe dementia or aphasia and unable to communicate
- Taken migraine medication on screening or expected to take migraine medication frequently due to severe migraine
- Suicidal ideation on screening test or those who express their wish to be treated for depression
- Depression requiring treatment diagnosed by physician
- SSRI medication required for other reasons
- Taken antiepileptic drugs on screening
- History of traumatic brain injury, brain tumour, or other brain disease (except stroke) within 30 days prior to screening
- Uncommon causes of stroke (e.g. subarachnoid haemorrhage, venous thrombosis, arteriovenous malformation, or Moyamoya disease)
- Bleeding diathesis, haemophilia, or thrombocytopenia
- Severe concomitant illness (e.g. liver disease, renal disease, malignancy)
- Patients with abnormal blood tests, renal insufficiency, heart failure
- Pregnant or breastfeeding
- Participating in another clinical (interventional) trial

Withdrawal criteria: not stated

Interventions	<p>Experimental: escitalopram: first week 5 mg, 2nd week ~ 12 week: 10 mg</p> <p>Comparator: "sugar pill". First week 5 mg, 2nd week ~ 12 week: 10 mg</p>
Outcomes	<p>Primary outcomes collected at 3 months</p> <ul style="list-style-type: none"> • Occurrence rate of depression (Montgomery-Asberg Depression Scale (MADRS) score ≥ 16) <p>Secondary outcomes:</p> <ul style="list-style-type: none"> • Prevention of depression at 3 months • Prevention of emotional incontinence (modified Kim's criteria) at 3 and 6 months • Prevention of anger proneness (modified Spielberger trait anger scale) at 3 and 6 months • Recovery of neurologic dysfunction (NIHSS, mRS Barthel Index, motor function test from Hemispheric Stroke Scale at 3 months • Improvement of cognitive function (Montreal Cognitive Assessment (MoCA) at 3 and 6 months • Improvement of quality of life (Stroke Specific Quality of Life scale) at 3 and 6 months • Improvement of caregiver burden (Sense of Competence Questionnaire scores) at 3 and 6 months

Kim 2011 (Continued)

Funding source	Dong-A Pharmaceutical Company, grants from the Ministry for Health, Welfare, and Family Affairs, South Korea
Notes	<p>NCT01278498</p> <p>Baseline demographic and clinical characteristics for each group not presented, but rather the baseline demographic and clinical characteristics for those completing the trial (i.e., a subset of all those randomised at baseline) are presented.</p> <p>Dates study conducted: January 2011 to December 2015.</p> <p>Declarations of Interest: none reported</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Eligible patients were enrolled by investigators at each centre, and randomly assigned in a 1:1 ratio using a web-based system to the escitalopram group or the placebo group after being assigned a subject number. Randomisation was done with random permuted blocks of sizes four to six, and was stratified by centre. The placebo was identical in appearance to escitalopram"
Allocation concealment (selection bias)	Low risk	Quote: "Eligible patients were enrolled by investigators at each centre, and randomly assigned in a 1:1 ratio using a web-based system to the escitalopram group or the placebo group after being assigned a subject number. Randomisation was done with random permuted blocks of sizes four to six, and was stratified by centre"
Blinding of participants and personnel (performance bias) All outcomes	Low risk	<p>Quote: "The placebo was identical in appearance to escitalopram"</p> <p>Quote: "The individual treatment code was stored separately by the main medical statistician (E-JL) and two designated statisticians. All investigators including interviewers and assessors of the outcome, participants, and care providers were masked to treatment assignment throughout the study. The code could be unblinded only with the approval of the steering committee."</p>
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "All investigators including interviewers and assessors of the outcome, participants, and care providers were masked to treatment assignment throughout the study. The code could be unblinded only with the approval of the steering committee."
Incomplete outcome data (attrition bias) All outcomes	High risk	<p>The following participants were excluded from the 'full analysis set' post-randomisation from both escitalopram group and placebo group:</p> <ul style="list-style-type: none"> • did not take at least 1 dose of study medication (escitalopram = 4, placebo = 6) • did not undergo at least 1 assessment of the primary endpoint (escitalopram = 27, placebo = 36) <p>Reasons for attrition were reported (withdrew consent, violated protocol, considered for treatment for depression, death). Numbers were similar in both groups</p> <p>At 12 weeks, escitalopram group 67/241 (28%) attrition and placebo 73/237(31%) attrition</p> <p>Attrition greater than 5%</p>

Kim 2011 (Continued)

		It is not clear how missing data were imputed for the intention-to-treat analysis; Quote: "we used latest available records for analysis."
Selective reporting (reporting bias)	Low risk	The study protocol is available and all the study's prespecified (primary outcomes and secondary outcomes) that are of interest in the review have been reported in the prespecified way.=
Other bias	High risk	The baseline data presented in table 1: comparison of data at baseline between control group and the treatment group are not true baseline characteristics (i.e. at randomisation). The data presented in table 1 are the baseline characteristics of all those completing the trial which is a subgroup of all participants randomised. We cannot tell if there is whether there was any baseline imbalance in important demographic or clinical characteristics

Kong 2007

Methods	Parallel Aim: to study whether fluoxetine could prevent post-stroke depression and improve neurological function
Participants	Country: China Setting: inpatient Stroke: met diagnostic criteria of various cerebrovascular diseases formulated in the 4th National Cerebrovascular Disease conference and confirmed as stroke by CT or MRI, all hemiplegic, within 7 days of onset HAMD score of no depression Treatment: 48 people, mean age 64 ± 7 years, 60% men Control: 42 people, mean age 62 ± 7 years, 57% men Exclusion: major depression, current antidepressants, allergy to fluoxetine, substance abuse, bipolar disorder, schizophrenia, MMSE ≤ 23/30, substance abuse, obvious liver and renal deficit
Interventions	Treatment: fluoxetine 20 mg daily Control: matching placebo capsules Duration of treatment: 8 weeks Duration of follow-up (end of treatment to end of study): 0
Outcomes	HAMD BI NIHSS Reported "somatic side effects and hyponatraemia" but not death or other side effects Authors state that "side effect rating was assessed at each visit" but unclear how this was done
Funding source	Source of funding not stated. Fluoxetine and placebo were supplied by Lilly Pharmaceutical Company
Notes	-

Kong 2007 (Continued)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated table of random digits
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Identical capsules, participants blinded
Blinding of outcome assessment (detection bias) All outcomes	Low risk	States that researchers were blinded
Incomplete outcome data (attrition bias) All outcomes	High risk	17/90 dropouts
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Balanced baseline

Lai 2006

Methods	Parallel design Analysis: analysed according to allocated treatment groups
Participants	Location China Setting: inpatients Treatment: 40 people Control: 40 people Total: mean age 60 ± 14 years, 43 men Stroke criteria: unclear stroke types, clinical diagnosis plus brain imaging (though not clear that stroke lesion had to be present), acute stroke Depression criteria: HAMD at least 7, or Zung SDS > 53, but no clear description about using which scale for inclusion criteria Other entry criteria: none stated Comparability of treatment groups: unclear Exclusion criteria: unclear
Interventions	Treatment: paroxetine 20 mg daily Control: placebo

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Lai 2006 (Continued)

Duration: treatment continued for 2 months

Duration of follow-up (end of treatment to end of study): 0

Outcomes	Depression: HAMD, Zung SDS (abnormal if the score is > 53) Additional: Zung SAS (abnormal is the score is > 50) Death The author described that they recorded AEs but they did not report any AEs
Funding source	Source of funding not stated
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not stated
Allocation concealment (selection bias)	Unclear risk	Not stated
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Placebo used, not stated if matching
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	No participant dropped out
Selective reporting (reporting bias)	High risk	No protocol, stated that they would evaluate side effects but these were not reported
Other bias	Unclear risk	Demographic details at baseline not described

Li 2004a

Methods	Parallel group Aim: to study effects of fluoxetine on neurological impairment and post-stroke depression
Participants	Location: China Setting: inpatient Stroke: inclusion: all pathological types, clinical diagnosis plus confirmation by imaging that relevant lesion visible, CSS 16 to 30 Depression criteria: HAMD scores ≥ 17 and DSM IV diagnostic criteria

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Li 2004a (Continued)

Treatment: 33 people, mean age 60.33 years, 24 men
 Control: 34 people, mean age 60.44 years, 23 men
 Excluded severe psychiatric disorders, severe cardiac, pulmonary, hepatic and renal disease

Interventions	Treatment: fluoxetine 20 mg daily plus routine acute stroke care Control: routine acute stroke care Duration of treatment: 4 weeks Duration of follow-up (end of treatment to end of study): 0
Outcomes	CSS Depression incidence Laboratory monitoring parameters AEs (method of reporting not stated)
Funding source	Source of funding not stated
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer random numbers
Allocation concealment (selection bias)	Low risk	Opaque sealed envelopes
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Balanced baseline

Li 2004b

Methods	Parallel design
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Li 2004b (Continued)

Aim: to treat depression

Participants	Country: China Setting: inpatient Stroke criteria: ischaemic stroke, clinical diagnosis plus imaging confirmation (though not clear that a relevant lesion had to be seen), stroke onset time \leq 7 days Depression criteria: HAMD score \geq 8 Treatment: 37 people, age 48 to 87 years, 17 men Control: 36 people, age 53 to 82 years, 15 men Exclusion: previous depression or psychiatric interview, dementia (according to MMSE scores), aphasia, severe cardiac, pulmonary, hepatic, renal function impairment, consciousness disturbance
Interventions	Treatment: fluoxetine 20 mg daily plus usual stroke care Control: usual stroke care Duration: 8 weeks Duration of follow-up (treatment end to study end): 0
Outcomes	HAMD CSS (cannot use as reported as a categorical variable) MMSE (reported as a dichotomous variable) BI (reported as a dichotomous variable) Data for continuous variables not provided Death reported Side effects in treatment group only reported, not control group. Method of reporting side effects not stated
Funding source	Source of funding not stated
Notes	Note that the sum of numbers in each category of HAMD at 8 weeks in the control group adds up to 30, not 32

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Method not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo

Li 2004b (Continued)

Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	High risk	Dropouts: 6 in treatment and 4 in control group
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Baseline balanced

Li 2005

Methods	Parallel design Improvement of post-stroke depression and augmentation of rehabilitation
Participants	Country: China Setting: inpatient Stroke criteria: all stroke, clinical diagnosis plus confirmation on imaging (though not clear whether a relevant lesion had to be present) Depression according to CCMD-II-R Treatment: 74 participants Control: 74 participants Participants in the treatment and control groups were selected from a group of 368 stroke patients with an average age of 57 ± 11.8 years, age range 33 to 84 years, 240 men Excluded: previous psychiatric disorders, severe dementia, aphasia, consciousness disturbance
Interventions	Treatment: paroxetine 20 mg daily plus routine stroke treatment Control: routine stroke treatment Duration of treatment: 4 weeks Duration of follow-up (end of treatment to study end): 0
Outcomes	HAMD SSS Deaths Side effects not recorded
Funding source	Source of funding not stated
Notes	–

Risk of bias

Li 2005 (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Randomisation method not described
Allocation concealment (selection bias)	Unclear risk	No description
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated whether blinded
Incomplete outcome data (attrition bias) All outcomes	Low risk	Analysed according to allocated treatment group, no participant dropped out
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	No description of differences between treatment and control group

Li 2006

Methods	Parallel group
Participants	<p>All pathological types of stroke, CT or MRI needed for diagnosis</p> <p>Inclusion criteria: depression diagnosed by Chinese Classification of Mental Disorders 3 and HAMD ≥ 18, no previous organic brain disorder, and no previous psychiatric history, clear consciousness, no comprehension problems, normal language, first acute stroke, first episode of depression</p> <p>Treatment: 52 people, mean \pm SD age 61.12 ± 10.25, 32 men</p> <p>Control: 53 people, mean \pm SD age 60.89 ± 9.12, 35 men</p>
Interventions	<p>Treatment: citalopram 20 mg daily plus usual care</p> <p>Control: usual care</p> <p>Duration of treatment: 12 weeks</p> <p>Duration of follow-up (end of treatment to end of study): 0</p>
Outcomes	<p>HDRS (also known as HAMD)</p> <p>BI</p> <p>CSS</p> <p>MMSE</p> <p>Side effects reported according to the participant's complaints and observation, no description of who recorded AEs; and reported only for the treatment group</p>

Li 2006 (Continued)

Funding source	Source of funding not stated
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	No description
Allocation concealment (selection bias)	Unclear risk	No description
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	No description
Incomplete outcome data (attrition bias) All outcomes	High risk	2 dropouts in treatment group, 4 in control group. 1 in treatment group died, and 2 in the control group died (i.e. > 5%)
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Baseline balanced

Li 2008

Methods	Parallel trial, 3 (fluoxetine versus "free and easy wandering" versus placebo), we are using the fluoxetine versus placebo comparison in this review
Participants	<p>Country: China</p> <p>Setting: unclear</p> <p>Stroke criteria: by neuroimaging, ischaemic or PICH</p> <p>Depression diagnosis: "each patient was evaluated by a psychiatrist", HAMD > 20 included</p> <p>Fluoxetine group: 60 people, mean age 69.2 ± 3.5 years, men 41.6%</p> <p>Control: 30 people, mean age 67.8 ± 3.9 years, men 56.7%</p> <p>Excluded psychiatric illness other than depression, antidepressants within previous 2 weeks, MMSE < 23, severe aphasia</p>
Interventions	<p>Treatment: fluoxetine 20 to 40 mg daily</p> <p>Control: placebo</p> <p>Duration of treatment: 8 weeks</p>

Li 2008 (Continued)

Duration of follow-up (treatment end to study end): 0

Outcomes	HAMD BI Description of why participants left the trial early AEs (reported by participant or observed/elicited by physician at each visit)
Funding source	Funded by the Natural Science Foundation of Shandong Province, People's Republic of China. None of authors had financial ties with the companies producing the medications in this study
Notes	Note twice as many in fluoxetine as in control group study conducted between March 2006 to September 2007. None of the authors or departments involved in the study had financial ties with the companies producing the medications used in this study

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Computer-generated random numbers
Allocation concealment (selection bias)	Unclear risk	Unclear
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Paper states blinded, used placebo (though unclear if matching)
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Blinded
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	4/90 dropped out (< 5%)
Selective reporting (reporting bias)	Unclear risk	No placebo
Other bias	Low risk	Balanced baseline

Liu 2006

Methods	Parallel design Aim: to study effect of citalopram on post-stroke depression and neurological functional rehabilitation
Participants	Country: China Setting: inpatient Stroke criteria: stroke during "recovery phase" at 6 to 9 months, NIHSS score ≥ 13 , HAMD score ≥ 17

Liu 2006 (Continued)

60 people randomised, of whom 38 were men, mean age 60.7 ± 8.6 years. Demographics for treatment and control groups were not provided

Treatment: 30 people, age and gender not stated

Control: 30 people, age and gender not stated

Exclusion criteria: previous psychiatric disorder, dementia, aphasia, consciousness disturbance

Interventions	Treatment: citalopram 20 mg daily plus routine stroke care Control: routine stroke care Duration of treatment: 6 weeks Duration of follow-up (treatment end to study end): 0
Outcomes	HAMD NIHSS BI Death
Funding source	Source of funding not stated
Notes	AEs not reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Baseline balance reported by authors

Marquez Romero 2013

Methods	<p>Multicentre</p> <p>Study type: interventional (clinical trial)</p> <p>Primary purpose: supportive care</p>
Participants	<p>32 participants</p> <p>Country: Mexico</p> <p>Setting: inpatient</p> <p>At randomisation number allocated: N = 32: fluoxetine (n = 15); placebo (n = 17)</p> <p>% men: 50%</p> <p>Age: mean age 55.1 ± 12.2</p> <p>Subtype of stroke: not available</p> <p>Severity of stroke: NIHSS, Median (IQR): fluoxetine (12 (5)); placebo (14 (5))</p> <p>Time since stroke onset: within 10 days</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • Age > 18 years • Patients who had an acute intracerebral haemorrhage within the past 10 days causing hemiparesis or hemiplegia • FMMS scores of ≤ 55 • Written informed consent <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • NIHSS score > 20 • Premorbid disability, evidenced by residual motor deficit from a previous stroke • Comprehension deficit or severe aphasia • Previous diagnosis of depression or one of the following: Hospital Anxiety and Depression Scale score ≥ 11 points; taking antidepressant drugs 2 weeks before inclusion • Use of neuroleptic drugs or benzodiazepines 2 weeks before inclusion • Other life-threatening illnesses <p>Withdrawal criteria:</p> <ul style="list-style-type: none"> • Detection of eligibility violations • Poor compliance (< 90%) or noncompliance • Use of any medication or treatment during the trial that could affect the study results • Occurrence of a serious adverse event: <ul style="list-style-type: none"> * participant has an acute reaction (allergy, shock) to the investigational product * participant develops depression, evidenced by HAD score ≥ 11 points at visit * participant withdraws consent or is unco-operative
Interventions	<p>Experimental: fluoxetine 20 mg orally once daily for 90 days</p> <p>Comparator: matching placebo orally once daily for 90 days</p>
Outcomes	<p>Primary outcome</p> <ul style="list-style-type: none"> • FMMS score (baseline and 90 days): change from baseline in FMMS score at 90 days <p>Secondary outcomes</p>

Marquez Romero 2013 (Continued)

- BI (baseline and 90 days): change from baseline in BI at 90 days
- mRS (baseline and 90 days): change from baseline in mRS at 90 days
- NIHSS (baseline and 90 days): change from baseline in NIHSS at 90 days

Funding source	Psicofarma S.A. de C.V.
Notes	NCT01737541 Terminated (study recruitment was suspended due to lack of funding) Dates study conducted: November 2012 to August 2014 Declarations of Interest: none reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "A pharmaceutical laboratory (Psicofarma™ S.A. de C.V.) will be responsible for the manufacture and randomization of the investigational product, which will be achieved using a web-based randomization program. This program will be set to assign participants equally to each site at a ratio of 1:1."
Allocation concealment (selection bias)	Low risk	Quote: "Each of the sites will be assigned 22 participants. The manufacturer will then deliver the pre-randomized bottles containing the investigational product to each recruiting center. Study subjects who satisfy the eligibility criteria at each recruiting center will receive the investigational product corresponding to a consecutive number assigned according to their entrance to the study."
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Fluoxetine and placebo tablets will be identical in form, color, odor and packaging." "Both the investigator and the subject will be blinded to the assignment of the study drugs. The manufacturer of the tablets will label the investigational drugs by the randomization code number. The labeled experimental products will be provided to the recruiting centers by the manufacturer. An envelope containing all randomization codes will be delivered to the principal investigator and will be kept sealed until the conclusion of the trial."
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Blinding of participants and key study personnel ensured, and unlikely that blinding could have been broken
Incomplete outcome data (attrition bias) All outcomes	Low risk	Aimed to recruit 44 per group (total of 88) 35 in each group + 20% to allow for predicted 20% loss to follow-up Actual enrolment N = 32. Quote: "Two patients (one in each group) did not take any medication returning the unopened bottles at visit 1 and had to be excluded from analysis." Comment: Report includes data from 30 participants (14 participants in the fluoxetine group and 16 in the placebo group)
Selective reporting (reporting bias)	Low risk	The study protocol is available and all of the study's prespecified (primary and secondary) outcomes that are of interest in the review have been reported
Other bias	Low risk	The study appears to be free of other sources of bias

Meara 1998

Methods	Parallel design Analysis: unclear
Participants	Location: Wales, UK Setting: inpatient Treatment: unclear Control: unclear Stroke criteria: ischaemic stroke > 11 weeks prior to randomisation Depression criteria: GDS (15-item) score > 4 Other entry criteria not stated Exclusion criteria: moderate to severe dementia, severe aphasia, communication difficulties, poorly controlled epilepsy
Interventions	Treatment: sertraline 50 mg daily, dose escalation to 100 mg for non-responders at 2 weeks Control: matched placebo Duration: treatment continued for 6 weeks
Outcomes	Depression: change in scores from baseline to end of treatment on GDS Unable to use GDS, BI, MMSE, FAI, FAST Leaving trial early Death AEs
Funding source	Source of funding not stated
Notes	Contacted author for more details but no response We could not use the data in our meta-analysis Dates of study not stated. Conflicts not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Double-blind reported, those who were blind not described
Blinding of outcome assessment (detection bias)	Unclear risk	Double-blind reported, those who were blind not described

Meara 1998 (Continued)

All outcomes

Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not described
Selective reporting (reporting bias)	Unclear risk	Insufficient data to make a judgement
Other bias	Unclear risk	Insufficient data to make a judgement

Miao 2004

Methods	Parallel group 9 not allocated (5 in treatment group refused allocation, 4 in the control group refused allocation)
Participants	Country: China Setting: mixed inpatient and outpatient All stroke pathological types, clinical diagnosis plus confirmation by imaging that a relevant lesion was visible, 2 to 8 months after stroke, clear consciousness, no comprehension problem, 1 lesion in 1 hemisphere, normal language comprehension Mood: depression after stroke onset, HAMD score ≥ 20 Participants: 90 randomised, 34 in each group at treatment end Treatment: 34 people, age 58.16 ± 8.49 years, 19 men Control: 34 people, age 62.45 ± 8.24 years, 18 men Exclusion criteria: other organic brain disorders and other aetiologies-related depression
Interventions	Treatment: citalopram 20 mg daily plus usual stroke care Control: usual stroke care Duration of treatment: 6 weeks Duration of follow-up (treatment end to study end): 0
Outcomes	HAMD SDS Efficacy Death AEs (only in the citalopram group) Method of recording AEs was not stated
Funding source	Source of funding not stated
Notes	–

Risk of bias
Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Miao 2004 (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Simple random sampling" Comment: no further description given
Allocation concealment (selection bias)	Unclear risk	Allocation not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Blinding described
Incomplete outcome data (attrition bias) All outcomes	High risk	9 not allocated after randomisation, 13 dropouts
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Baseline balanced

Murray 2005

Methods	Parallel design Analysis: ITT (last observation carried forward) and per-protocol: death (2 control), no efficacy (16 treatment, 22 control), withdrawn owing to AE (8 treatment, 5 control), withdrew consent (1 control), all excluded from analysis
Participants	Location: Sweden Setting: mixed Treatment: 62 people, mean \pm SD age 71 \pm 10 years, 52% men Control: 61 people, mean \pm SD age 71 \pm 10 years, 44% men Stroke criteria: all subtypes, diagnosis by WHO criteria and CT (100%); stroke 3 to 367 days prior to randomisation (average time 128 days) Depression criteria: psychiatric interview (DSM-IV, major and minor) and MADRS > 9 Other entry criteria: > 17 years of age, stroke within the previous 12 months Comparability of treatment groups: significant trend towards more left-hemisphere lesion strokes in treatment group Exclusion criteria: under 18 years of age, severely impaired communication, apparent difficulties adhering to study protocol, acute myocardial infarction, other psychiatric illnesses other than depression, significant risk of suicide, antidepressants during the month after randomisation, current use of psychotropic medication or opiate analgesic drugs

Murray 2005 (Continued)

Participants with < 20% reduction in MADRS score at 6 weeks were excluded

Interventions	Treatment: sertraline 50 mg daily; possible dose escalation to 100 mg after 4 weeks Control: matching placebo Duration of treatment: 26 weeks Duration of follow-up: (treatment end to study end): 0
Outcomes	Depression: change in scores from baseline to end of treatment on MADRS Additional: leaving the study early Death Unable to use: Scandinavian Supervision Stroke Scale, BI, Stroke Unit Mental Status, Examination social performance, treatment costs, mortality, relative's situation, neuropsychological performance, neurological recovery (data not presented) AEs (selected data presented) using a modified version of the Udvalg for Kliniske Undersogelser side effect rating scale
Funding source	Funded by an unrestricted grant, study drug and placebo from Pfizer AG Sweden and grants from the AFA Insurances and Marianne and Marcus Wallenberg Foundation
Notes	Recruitment September 1998 to January 2001. Conflicts stated; some of the authors have received grants from pharmaceutical companies

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Block randomisation
Allocation concealment (selection bias)	Low risk	Centralised randomisation
Blinding of participants and personnel (performance bias) All outcomes	Low risk	States blinding and used matching placebo
Blinding of outcome assessment (detection bias) All outcomes	Low risk	States blinding
Incomplete outcome data (attrition bias) All outcomes	Low risk	ITT as well as per protocol
Selective reporting (reporting bias)	High risk	No protocol, paper stated that ADL data and SSS data were collected, but these were not reported
Other bias	Unclear risk	Balanced baseline except that more participants had left hemisphere brain lesion in sertraline group than in placebo group (statistically significant)

Pan 2018

Methods	<p>Study type: interventional (clinical trial)</p> <p>Primary purpose: treatment</p>
Participants	<p>170 participants</p> <p>Country: China</p> <p>Setting: inpatient</p> <p>At randomisation number allocated: 170, paroxetine (n = 85); usual care (n = 85)</p> <p>% male: paroxetine (71.8); usual care (unclear)</p> <p>Age: mean age paroxetine = 65.6 ± 7.56; placebo = unclear</p> <p>Subtype of stroke: not stated.</p> <p>Severity of stroke: NIHSS, Median (IQR): paroxetine 8 (6 – 10); usual care (unclear)</p> <p>Time since stroke onset: within 1 week</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • Age between 50 and 80 years old • Diagnostic criteria met (Fourth National Cerebrovascular Disease Conference) and confirmation by MRI • Ability to participate in assessments within 1 week of stroke onset • FMMS score of < 55 points • Montreal Cognitive Assessment score of < 26 points <p>Exclusion criteria</p> <ul style="list-style-type: none"> • NIHSS score > 20 points • Aphasia • History of pre-stroke depression and taken antidepressants or benzodiazepines • HAMD score > 7 points • Receipt of thrombolytic therapy • Complications such as infection, bed sores, or heart failure that might affect rehabilitation <p>Withdrawal criteria: not stated</p>
Interventions	<p>Experimental: orally administrated paroxetine at dosages of 10 mg/day during week 1 and 20 mg/day thereafter, for a total treatment duration of 3 months</p> <p>Comparator: usual care</p>
Outcomes	<p>Outcomes were collected at 15, 90 and 180 days</p> <ul style="list-style-type: none"> • Movement assessed using FMMS • Cognitive impairment assessed using the Montreal Cognitive Assessment • Depression assessed using HAMD
Funding source	No grant funding from any grant funding agency, commercial or not-for-profit organisations.
Notes	<p>There is no study protocol/trial register reference.</p> <p>Baseline sociodemographic and clinical characteristics are provided only for those who completed the study.</p>

Pan 2018 (Continued)

The authors state that one of the inclusion criteria is Montreal Cognitive Assessment (MoCA) score of < 26 points. In the Results section they state that there were "72 cases of cognitive impairment" (i.e. a MoCA score of < 26 points) in the comparator group and 82 in the experimental group at days 15, 90 and 180. This suggests that either that the inclusion criteria were not strictly adhered to or if 100% of participants had a MoCA score of < 26 points at baseline then 10/82 participants in the comparator group and 3/85 in the experimental group have improved on the MoCA between days 0 and 15

Dates study conducted: participants recruited between January 2012 and June 2014

Declarations of Interest: none reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "Random number table"
Allocation concealment (selection bias)	Unclear risk	Insufficient information to judge yes or no
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to judge yes or no
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Quote: "All scale evaluators were trained and tested by the main investigator and were blind to the group assignment."
Incomplete outcome data (attrition bias) All outcomes	Low risk	All data available for all participants in the experimental group (n = 85/85) and data available for (n = 82/85) participants in the comparison group for the Fugl-Meyer Motor Scale and the HAMD score For the MoCA (see 'Other bias' below) < 5% overall loss to follow-up
Selective reporting (reporting bias)	Unclear risk	There is no study protocol/trial register reference, so insufficient information to judge yes or no.
Other bias	High risk	The authors state that one of the inclusion criteria is Montreal Cognitive Assessment (MoCA) score of < 26 points. In the Results section they state that there were "72 cases of cognitive impairment" (i.e., a MoCA score of < 26 points) in the comparator group and 82 in the experimental group at days 15, 90 and 180. This suggests that either that the inclusion criteria were not strictly adhered to or, if 100% of participants had a MoCA score of < 26 points at baseline then 10/82 participants in the comparator group and 3/85 in the experimental group have improved on the MoCA between days 0 and 15. The results 'Comparison of MoCA scores' and table 3 suggests otherwise

Pariente 2001

Methods	Prospective double-blind cross-over placebo-controlled study of 8 people with pure motor hemiparesis
Participants	Lacunar ischaemic stroke, assessed by brain CT

Pariente 2001 (Continued)

Quote: "Early phase of recovery"

Interventions	Single dose of fluoxetine
Outcomes	fMRI (raw data provided) Finger tapping (presented as a graph, no raw data) NIHSS, motricity index, BI, trunk control test, Ashworth scale, somatosensory scale (no data)
Funding source	Source of funding not stated
Notes	We could not use these data in our meta-analyses. The authors reported that fluoxetine led to hyper-activation in the ipsi-lesional (i.e. on the same side as the stroke lesion) primary motor cortex during a motor task; moreover, fluoxetine significantly improved motor skills of the affected side Dates of recruitment not given. Conflicts not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomisation code kept at the centre and broken at the end of the study
Allocation concealment (selection bias)	Low risk	Randomisation code kept at the centre and broken at the end of the study
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Double-blind, placebo given
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Double-blind
Incomplete outcome data (attrition bias) All outcomes	Low risk	Data on fMRI appears complete
Selective reporting (reporting bias)	Unclear risk	Data on clinical outcomes were not reported
Other bias	Unclear risk	Balanced baseline

Rasmussen 2003

Methods	Parallel design Analysis: ITT (last observation carried forward) and per-protocol: details of those excluded from analyses (35 treatment, 35 control) unclear
Participants	Location: Denmark Setting: unclear Treatment: 70 people, mean \pm SD age 72 \pm 9, 50% men

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Rasmussen 2003 (Continued)

Control: 67 people, mean \pm SD age 68 \pm 11, 51% men

Stroke criteria: ischaemic and PICH; diagnosis by clinical signs and symptoms; stroke 0 to 4 weeks prior to randomisation

Other entry criteria: not stated

Comparability of treatment groups: participants in treatment group older on average

Interventions	<p>Treatment: sertraline 50 mg daily; at any time after 2 weeks dose could be increased in 50 mg increments up to 150 mg daily; average dose 62.9 mg daily</p> <p>Control: matched placebo</p> <p>Duration of treatment: 12 months</p> <p>Duration of follow-up (end of treatment to end of study): 0</p>
Outcomes	<p>Depression: change in scores from baseline to end of treatment on HDRS</p> <p>Proportion scoring > 2 on the CGI or > 16 on the GDS at end of treatment</p> <p>Additional: leaving the study early. Did not report death</p> <p>Unable to use: HDRS, GDS, aphasia severity rating scale, European Stroke Scale, MMSE, Cambridge Cognitive Examination, SF-36, BI (data not presented)</p> <p>AEs (detailed data not presented) evaluated by using the Udvalg for Kliniske Undersogelser Side Effect Rating Scale</p> <p>Did not report death</p>
Funding source	Funding from Pfizer A/S, Gert Jorgensen legat and the Brain Cause. It is unclear whether the drug companies had input into the design and analysis of the study
Notes	Recruitment January 1996 to May 1998. Conflicts not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not stated
Allocation concealment (selection bias)	Unclear risk	Method not stated
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Matched placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	Used ITT analysis and last observation carried forward

Rasmussen 2003 (Continued)

Selective reporting (reporting bias)	Low risk	Trial details published on www.strokecentre.org/trials
Other bias	Unclear risk	Those given sertraline were slightly older (by 4 years) but this is unlikely to introduce bias There was no significant difference between groups

Razazian 2014

Methods	Study type: interventional (clinical trial) Primary purpose: treatment
Participants	172 participants Country: Iran (Islamic Republic of) Setting: inpatient At randomisation number allocated: fluoxetine n = 86; placebo n = 86 % male: unclear Age: fluoxetine group = unclear; placebo = unclear Subtype of stroke: not available Severity of stroke: not available Time since stroke onset: not available Inclusion criteria <ul style="list-style-type: none"> • Middle cerebral artery stroke (documented with imaging) • Hemiplegia, monoplegia or paresis • No coma • Consent • Suitable for discharge • Not admitted to Intensive care unit Exclusion criteria <ul style="list-style-type: none"> • Death from any cause during study • Irregular use of drugs • Irregular return for re-examinations • Seizures • Severe diarrhoea, vomiting, • Severe insomnia • Metabolic disorder • History of psychiatric disorder or severe depression prior to stroke • SAH, lobar ICH, brain tumour or stroke in other vascular territories • Use of any MAOI, selegiline, cyproheptadine Withdrawal criteria: not stated
Interventions	Experimental: fluoxetine, 20 mg once a day for 90 days

Razazian 2014 (Continued)

Comparator: placebo fluoxetine for 90 days

All participants received 30 sessions of routine physiotherapy during the rehabilitation period

Outcomes	<p>Primary outcomes collected at day 45 and day 90</p> <ul style="list-style-type: none"> • Motor deficit (BI) • Psychiatric disorder (HDRS)
Funding source	Kermanshah University of Medical Sciences.
Notes	<p>IRCT201312088323N7</p> <p>Baseline demographic and clinical characteristics for each group not presented, but rather the baseline demographic and clinical characteristics for those completing the trial (i.e. a subset of all those randomised at baseline) are presented</p> <p>Dates study conducted: participants recruited between June 2013 and September 2014</p> <p>Declarations of Interest: none reported</p>

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	<p>Quote: "random permuted blocks".</p> <p>Comment: Insufficient information about the block randomisation to permit judgement</p>
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement of yes or no
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "placebo that was identical to the active drug in appearance and packaging"
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement of yes or no
Incomplete outcome data (attrition bias) All outcomes	High risk	13% attrition at 90 days. 13% (n = 11/86) from the experimental group and 13% (n = 11/86) from the comparator group were excluded from the full set analysis at 90 days follow-up. Reasons for attrition reported
Selective reporting (reporting bias)	Low risk	Protocol available and all the study's prespecified outcomes that are of interest to the review have been reported in a prespecified way
Other bias	High risk	The baseline data presented in table 1: patients demographic characteristics and risk factors and not true baseline characteristics (i.e. at randomisation). The data presented in table 1 are the characteristics of the full analysis set which is a subgroup of all participants randomised. We cannot tell if there is whether there was any baseline imbalance in important demographic or clinical characteristics

Restifo 2001

Methods	Double-blind study
Participants	10 participants with disabling hemiplegia owing to hemispheric ischaemic stroke in territory of left MCA
Interventions	Treatment: fluoxetine 20 mg daily for 3 months plus usual care (including Bobath rehabilitation) Control: usual care including Bobath rehabilitation
Outcomes	Transmagnetic stimulation to establish motor reorganisation The authors reported that fluoxetine might modulate the primary motor cortex reorganisation
Funding source	Source of funding not stated
Notes	Abstract only, full paper could not be found by our searches. Dates of study and conflicts of interest not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Random allocation", method not described
Allocation concealment (selection bias)	Unclear risk	Quote: "Random allocation", method not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	A placebo was used, not clear if it was matching
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Unclear from abstract
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Unclear from abstract
Selective reporting (reporting bias)	Unclear risk	Unclear from abstract
Other bias	Unclear risk	Unclear from abstract

Robinson 2000a

Methods	Parallel design Comparison of fluoxetine, nortriptyline and placebo. We are using the fluoxetine and placebo data Analysis: per protocol, number excluded from analyses varied Data provided for depressed and non-depressed separately. We are labelling the depressed group as Robinson 2000a (this trial), and the non-depressed group as Robinson 2000b
Participants	Location: USA and Argentina

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Robinson 2000a (Continued)

Setting: mixed

 Treatment: 23 people with depression, mean \pm SD age 65 \pm 14 years; 17 men

 Control: 17 people with depression, mean \pm SD age 73 \pm 10 years; 9 men

Stroke criteria: all subtypes, diagnosis by clinical signs and CT (100%), stroke within 6 months of recruitment, 18 to 85 years of age

Stroke on average 16 weeks (fluoxetine) and 6 weeks (placebo) prior to randomisation

Exclusion criteria: other significant medical illness, severe comprehension deficit, prior history of head injury, prior history of other brain disease (with the exception of stroke), participants on antidepressants (other than fluoxetine) were allowed to stop their antidepressant for a 2-week washout period

Interventions	Treatment: fluoxetine 10 mg daily (3 weeks), 20 mg daily (3 weeks), 30 mg daily (3 weeks), 40 mg daily (3 weeks) Control: matched placebo Duration: treatment continued for 12 weeks Duration of follow-up (end of treatment to end of study): 0
Outcomes	Depression: change in scores from baseline to end of treatment on HDRS Additional: MMSE, JHFI Death AEs (method of reporting these was not stated)
Funding source	Funded by NIMH grants and grants from the Raul Carrea Institute of Neurological Research and Fundacion Perez Companc. Eli Lilly and company supplied the fluoxetine and placebo
Notes	Note difference in time since stroke between treatment groups Dates of recruitment not stated. Conflicts not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random-number table
Allocation concealment (selection bias)	Low risk	Concealment held by independent person
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Matched placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	Per-protocol and ITT analyses

Robinson 2000a (Continued)

Selective reporting (reporting bias)	Low risk	Protocol published www.strokecentre.org/trials
Other bias	Unclear risk	Imbalance in treatment groups for time since stroke and gender

Robinson 2000b

Methods	<p>Parallel design</p> <p>Comparison of fluoxetine, nortriptyline and placebo. We are using the fluoxetine and placebo data</p> <p>Analysis: per protocol, number excluded from analyses varies</p> <p>Data provided for depressed and non-depressed separately. We are labelling the depressed group as Robinson 2000a, and the non-depressed group as Robinson 2000b (this trial)</p>
Participants	<p>Location: USA and Argentina</p> <p>Setting: mixed</p> <p>Treatment: 17 non-depressed people, mean \pm SD age 66 \pm 13 years, 15 men</p> <p>Control: 16 non-depressed people, mean \pm SD age 67.9 years, 12 men</p> <p>Stroke criteria: all subtypes, diagnosis by clinical signs and CT (100%), stroke within 6 months of recruitment, aged 18 to 85 years of age</p> <p>Stroke on average 8 weeks (treatment) and 5 weeks (control) prior to randomisation</p> <p>Comparability of treatment groups: unclear</p> <p>Exclusion criteria: other significant medical illness, severe comprehension deficit, prior history of head injury, prior history of other brain disease (with the exception of stroke), participants on antidepressants (other than fluoxetine) were allowed to stop their antidepressant for a 2-week washout period</p>
Interventions	<p>Treatment: fluoxetine 10 mg daily (3 weeks), 20 mg daily (3 weeks), 30 mg daily (3 weeks), 40 mg daily (3 weeks)</p> <p>Control: matched placebo</p> <p>Duration: treatment continued for 12 weeks</p> <p>Duration of follow-up (end of treatment to end of study): 0</p>
Outcomes	<p>Depression: change in scores from baseline to end of treatment on HDRS</p> <p>Additional: MMSE, JHFI</p> <p>Death</p> <p>AEs (method of reporting these was not stated)</p>
Funding source	Funded by NIMH grants and grants from the Raul Carrea Institute of Neurological Research and Fundacion Perez Companc. Eli Lilly and company supplied the fluoxetine and placebo
Notes	<p>Note difference in time since stroke between groups</p> <p>Dates of recruitment not stated. Conflicts of interest not stated</p>

Risk of bias
Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Robinson 2000b (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Random-number table
Allocation concealment (selection bias)	Low risk	Concealment held by independent person
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Matched placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	ITT and per-protocol
Selective reporting (reporting bias)	Low risk	Trial on www.strokecentre.org/trials
Other bias	Unclear risk	Note imbalance in time since stroke and in gender.

Robinson 2008

Methods	<p>Parallel group, 3-arm (escitalopram, placebo, problem-solving therapy group). We are using the escitalopram versus placebo arm in this review</p> <p>Analysis: ITT</p>
Participants	<p>Country: USA</p> <p>Setting: mixed: neurology department and newspaper advertisements</p> <p>Stroke criteria: ischaemic or haemorrhagic stroke not because of complications of intracranial aneurysm or intracranial vascular malformation; within 3 months of index stroke</p> <p>Mood: excluded if DSM IV for major or minor depression or HAMD > 17</p> <p>Treatment (escitalopram): 59 people, mean \pm SD age 61.2 \pm 13.7, 38 men</p> <p>Control (matched placebo): 58 people, mean \pm SD age 63.9 \pm 11.1, 37 men</p> <p>Exclusion: acute coronary syndrome, neurodegenerative disorders, DSM IV criteria for alcohol or substance abuse</p>
Interventions	<p>Treatment: escitalopram 5 to 10 mg (depending on age - lower dose given to > 65 years old)</p> <p>Control: matched placebo</p> <p>Duration of treatment: 12 months</p> <p>Duration of follow-up (treatment end to study end): 0</p>
Outcomes	Diagnosis of depression

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Robinson 2008 (Continued)

HAMD (dichotomised)

FIM (though no raw data provided in the paper for meta-analysis)

Social functioning examination

Repeatable Battery for Neuropsychological Status

The Iowa subset provided detailed information about cognition

Participants, family members and primary care physicians were asked about AEs at 3 monthly intervals or sooner if an individual reported an AE using a standardised checklist

Funding source The initial report states that "This work was supported solely by National Institute of Mental Health Grant RO1MH-65134. All the study medications were purchased using NIMH grant funds." In a subsequent letter to the Journal, the authors disclosed honoraria and expenses from pharmaceutical companies, and that 1 of the authors owned Pfizer stock. However, the authors stated that the design and analysis of any of the expenses of the study were supported by monies, materials or any intellectual input from Forest Laboratories

Notes The escitalopram group had significantly more diabetes than the placebo group

Financial disclosures: see above

Recruitment: 9 July 2003 to 1 October 2007

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Randomised blocks of 3, 6 and 9
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Low risk	Identical placebo
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Outcome assessors were blind
Incomplete outcome data (attrition bias) All outcomes	Low risk	ITT analyses, all participants used in analysis Dropouts: 5 in placebo and 7 drop-outs in escitalopram)
Selective reporting (reporting bias)	Low risk	All specified outcome data reported. Trial published on www.strokecentre.org/trials
Other bias	Unclear risk	There was more diabetes in the escitalopram group than placebo group

Savadi Oskouie 2012

Methods Study type: interventional (clinical trial)

Savadi Oskouie 2012 (Continued)

	Primary purpose: treatment
Participants	<p>144 participants</p> <p>Country: Islamic Republic of Iran</p> <p>Setting: inpatient</p> <p>At randomisation number allocated: N = 144; citalopram (n = 72); placebo (n = 72)</p> <p>% male at baseline: citalopram n = unclear; placebo n = unclear</p> <p>Age at baseline: citalopram (n = unclear); placebo (n = unclear)</p> <p>Subtype of stroke at baseline: unclear</p> <p>Severity of stroke at baseline: unclear</p> <p>Time since stroke onset: within 7 days</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • Acute ischaemic stroke • No previous use of citalopram or other antidepressants in the month prior to stroke onset • Pre-stroke NIHSS < 20 • No depression MADRS > 18 <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • Request of patients to leave the study • Previous chronic disease likely to interfere with assessment of effects of citalopram including: chronic infections, liver or kidney failure, cancer • Previous stroke-related disability • Pregnancy or breastfeeding or any conditions that makes follow-up impossible • Severe loss of consciousness • Thrombolytic therapy • Endarterectomy • Depression (MADRS > 18) <p>Withdrawal criteria: not stated</p>
Interventions	<p>Experimental: oral citalopram 20 mg once daily</p> <p>Comparator: placebo</p>
Outcomes	<p>Primary outcome</p> <ul style="list-style-type: none"> • 50% reduction in NIHSS score at 3 months compared to baseline <p>Secondary outcome</p> <ul style="list-style-type: none"> • mRS score at 3 months • 50% reduction in NIHSS (motor) score at 3 months compared to baseline • 50% reduction in NIHSS (language) score at 3 months compared to baseline • Mortality
Funding source	Neurosciences Research Center (NSRC) of Tabriz University of Medical Sciences
Notes	IRCT201203192150N2

Savadi Oskouie 2012 (Continued)

Baseline demographic and clinical characteristics for each group not presented, rather the baseline demographic and clinical characteristics for those completing the trial (i.e. a subset of all those randomised at baseline) are presented.

Dates study conducted: May 2012 to January 2014

Declarations of Interest: none reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Quote: "A total of 144 patients were randomized through an allocation sequence based on 2 blocks with size of 72, generated with a computer random number generator."
Allocation concealment (selection bias)	Low risk	Quote: "Allocation was concealed using the sequentially numbered black envelopes."
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Not explicitly stated that key study personnel and care providers were blinded, although implied by Quote: "The blinding code remained confidential until the end of the study." Quote: "placebo of the same shape and full packaging during the first day after hospital admission."
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not explicitly stated that outcome assessors were blinded, although perhaps implied by the fact Quote: "The blinding code remained confidential until the end of the study."
Incomplete outcome data (attrition bias) All outcomes	High risk	Primary outcome data were available for 58 (81%) of the citalopram group and 50 (69%) of the placebo group. Reasons for attrition are reported but there are differences between groups: number of participants in the placebo group (n = 11) dead compared to the citalopram group (n = 4). 3 times the number of participants in the placebo group were depressed (n = 6) compared to the citalopram group (n = 2). Did not want to continue (placebo group (n = 5), citalopram group (n = 8). Intention-to-treat analyses were carried out (suppl table) assuming that 1. those lost to follow-up had a poor outcome (i.e. did not improve their NIHSS scores from baseline) and 2. those participants in the placebo group who did not want to continue had a good outcome. Overall loss of > 5%
Selective reporting (reporting bias)	Low risk	The study protocol is available and all the study's prespecified (primary outcomes and secondary outcomes) that are of interest in the review have been reported in the prespecified way
Other bias	High risk	The baseline data presented in table 1: comparison of demographic and baseline variables and not true baseline characteristics (i.e. at randomisation). The data presented in table 1 are the characteristics of the full analysis set at 3 months which is a subgroup of all participants randomised. We cannot tell if there is whether there were any baseline imbalance in important demographic or clinical characteristics. However, given that approximately 3 times the number of participants in the placebo group (n = 11) died compared to the citalopram (n = 4) and 3 times the number of participants in the placebo group were depressed (n = 6) compared to the citalopram group (n = 2), this suggests that

Savadi Oskouie 2012 (Continued)

there may have been important group differences in clinical characteristics at baseline

Shah 2016

Methods	<p>Study type: interventional (clinical trial)</p> <p>Primary purpose: supportive care</p>
Participants	<p>89 participants</p> <p>Country: India</p> <p>Setting: inpatient</p> <p>At randomisation number allocated: N = 89: fluoxetine (n = 45); placebo (n = 44)</p> <p>% male: unclear</p> <p>Age: unclear</p> <p>Subtype of stroke: unclear</p> <p>Severity of stroke: unclear</p> <p>Time since stroke onset: within 5 to 10 days</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • Age 18 to 80 years old • Patients who had an acute ICH within the past 5 to 10 days causing hemiparesis or hemiplegia • FMMS scores of 55 or less <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • NIHSS score > 20 • Diagnosis of depression MADRS score > 19 points • Premorbid disability, evidenced by residual motor deficit from a previous stroke • Use of neuroleptic drugs or benzodiazepines 4 weeks before inclusion • Other life-threatening illnesses that would prevent follow-up • Pregnancy <p>Withdrawal criteria: not stated</p>
Interventions	<p>Experimental: fluoxetine 20 mg orally once daily for 90 days</p> <p>Comparator: matching placebo orally once daily for 90 days</p>
Outcomes	<p>Primary outcome</p> <ul style="list-style-type: none"> • FMMS score (baseline and 90 days): change from baseline in FMMS score at 90 days
Funding source	Not stated
Notes	<p>Baseline demographic and clinical characteristics for each group not presented, rather the baseline demographic and clinical characteristics for those completing the trial (i.e. a subset of all those randomised at baseline) are presented</p> <p>Dates study conducted: January 2014 to January 2015</p>

Shah 2016 (Continued)

Declarations of Interest: none reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Insufficient information about the sequence generation process to permit judgement of yes or no
Allocation concealment (selection bias)	Unclear risk	Insufficient information about the method of allocation concealment to permit judgement of yes or no
Blinding of participants and personnel (performance bias) All outcomes	High risk	"Patients, attendants, study staff and investigators were masked to treatment allocation." However, "matching was done on a 1:1 basis for age, sex, severity of stroke " which suggests that some key study personnel were not blinded and this non-blinding is likely to introduce bias
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement of yes or no
Incomplete outcome data (attrition bias) All outcomes	High risk	3/45 (7%) participants in the fluoxetine and 2/44 (5%) in the placebo group were lost to follow-up. Reasons for attrition/exclusion not reported. 6% lost to follow-up
Selective reporting (reporting bias)	Unclear risk	No study protocol available. Insufficient information to permit judgement of yes or no
Other bias	High risk	The use of matching suggests a matched case control design rather than an RCT design. We cannot tell whether there was any baseline imbalance in important demographic or clinical characteristics

Song 2006

Methods	Aim: to evaluate changes in depression and cognitive impairment in people with post-stroke depression treated with fluoxetine Parallel trial
Participants	Country: China Setting: inpatient Stroke diagnosed by clinical criteria and "proved on CT" (though not clear if lesion had to be visible) Depression: diagnosed in accordance with the CCMD-II-R Treatment: 41 people, mean age 51 ± 7 years, 25 men), time since stroke: 3.5 days Control: 41 people, mean age 50 ± 8 years, 24 men), time since stroke: 3.7 days Excluded: previous mental disorders, previous "neurological disorder", if other psychiatric drugs had been taken, these had to be stopped for 1 week before fluoxetine was administered
Interventions	Treatment: fluoxetine 20 mg daily Control: placebo (although not stated whether this was identical to fluoxetine)

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Song 2006 (Continued)

Duration of treatment: 6 weeks

Duration of follow-up (treatment end to study end): 0

Side effects not reported

Outcomes	SDS p300 (an event-related potential) Although the stated aim was to assess cognitive impairment, it is not clear how this was measured
Funding source	Source of funding not stated
Notes	Recruitment December 1999 to June 2003. Conflicts of interest not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Placebo - but not clear whether identical
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts
Selective reporting (reporting bias)	Unclear risk	Unclear
Other bias	Unclear risk	Balanced baseline

Wang 2003

Methods	Parallel design 3-arm trial: routine care, fluoxetine plus routine care, amitriptyline plus routine care. We are using the routine care and fluoxetine plus routine care in this analysis Aim: to observe effects of antidepressant therapy on post-stroke and neurological rehabilitation in the elderly
Participants	Country: China Setting: inpatient

Wang 2003 (Continued)

Stroke criteria: ischaemic stroke, clinical diagnosis plus confirmation by imaging (although not clear whether a stroke lesion had to be present)

Depression diagnosed according to CCMD-II-R diagnostic criteria, HAMD ≥ 18

Treatment: 64 people, mean age 75.6 ± 19.7 years, 39 men

Control: 56 people, mean age 74.9 ± 20.8 years, 29 men

Excluded: psychiatric disorder history, severe cardiac, pulmonary, hepatic and renal diseases

Interventions	<p>Treatment: fluoxetine 20 to 80 mg daily (start at 20 mg/day, increase dosage at 3 weeks if poor therapeutic effect and no AE), plus usual stroke care</p> <p>Control: usual stroke care</p> <p>Duration of treatment: 12 to 24 weeks</p> <p>Duration of follow-up (treatment end to study end): 6 to 9 months</p>
Outcomes	<p>HAMD</p> <p>Neurological function impairment score</p> <p>BI</p> <p>AEs not recorded</p>
Funding source	Source of funding not stated
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	High risk	13 dropped out of fluoxetine group, and 9 dropped out of control group
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Baseline appeared balanced but no statistical comparison between groups

Wen 2006

Methods	<p>Parallel trial</p> <p>Aim: to explore effects of prophylactic antidepressant therapy on nerve functional rehabilitation after stroke</p> <p>Analysis: according to treatment group</p>
Participants	<p>Country: China</p> <p>Setting: inpatient</p> <p>Stroke criteria: acute stroke of all pathological subtypes, clinical diagnosis plus confirmation by imaging (although not clear whether a stroke lesion had to be present)</p> <p>Treatment: 42 people, mean age 56.8 years, men 19</p> <p>Control: 42 people, mean age 57.2 years, men 16</p> <p>Excluded those with primary psychiatric impairment and premorbid mood disorders, pre-existing neurological disease causing confusion, severe systemic diseases and pulmonary, hepatic and renal failure</p>
Interventions	<p>Treatment: fluoxetine 20 mg daily plus routine stroke care</p> <p>Control: routine stroke care</p> <p>Duration of treatment: 8 weeks</p> <p>Duration of follow-up (end of treatment to end of study): 0</p>
Outcomes	<p>HAMD</p> <p>MESSS</p> <p>AEs (method of obtaining data not stated)</p> <p>Death</p>
Funding source	Source of funding not stated
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias)	Unclear risk	Not described

Wen 2006 (Continued)

All outcomes

Incomplete outcome data (attrition bias) All outcomes	Low risk	Analysed according to treatment group, no dropouts
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Balanced baseline

Whyte 2005

Methods	Study type: interventional (clinical trial) Primary purpose: prevention
Participants	Number of participants: unclear Country: USA Setting: inpatient At randomisation number allocated: unclear % male: unclear Age: unclear Subtype of stroke: unclear Severity of stroke: unclear Time since stroke onset: unclear Inclusion criteria: <ul style="list-style-type: none"> • Age > 40 years old • Ischaemic stroke within 3 months of study entry • Admitted to a UPMC hospital for acute inpatient treatment or rehabilitation of stroke • English-speaking • Women willing to use an effective form of birth control throughout the study Exclusion criteria <ul style="list-style-type: none"> • Major depressive episode (DSM-IV-TR criteria) • History of any bipolar disorder • Psychotic or history of a psychotic disorder • Alcohol or substance abuse or dependence (DMS-IV TR criteria) within 3 months of study entry • Current treatment with antidepressant medication for any reason (e.g. anxiety disorder, neuropathic pain) • Primary haemorrhagic stroke • Language impairment severe enough to prevent assessment • CNS disease other than prior stroke or psychiatric illness (e.g. head trauma, multiple sclerosis, HIV with CNS involvement) • Pulse < 50 or > 100 beats per minute • Significant hyponatraemia (Na < 130 meq) • Current hypothyroid state

Whyte 2005 (Continued)

- Medically unstable including symptoms of delirium
- History of sensitivity to sertraline
- Pregnant or breastfeeding

Interventions	Experimental: sertraline 12.5 mg/d for 3 days, increased to 25 mg/d for 4 days, then 50 mg/d for 7 days, then increased to 75 mg/d. Target dose = 75 mg per day for the remainder of participation in the study Comparator: matched placebo
Outcomes	Primary outcome collected at 12 months: <ul style="list-style-type: none"> • Major depression at 12 months Secondary outcomes collected at 12 months: <ul style="list-style-type: none"> • Severity of depressive symptoms post-stroke as measured by the HDRS • Level of disability as measured by the FIM
Funding source	None stated
Notes	Terminated (recruitment goals could not be met). Last update 27 June 27 2014

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Insufficient information to permit judgement
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Insufficient information to permit judgement
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to permit judgement

Wuart 2000

Methods	Purpose: to treat early depression Parallel design
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Wuart 2000 (Continued)

Analysis: ITT (last observation carried forward), withdrawn owing to AE (1 treatment), protocol violation (1 treatment)

Participants	<p>Location: France</p> <p>Setting: unclear</p> <p>Treatment: 16 people, mean \pm SD age 66 ± 7 years, 65% men</p> <p>Control: 15 people, mean \pm SD age 66 ± 12 years, 40% men</p> <p>Stroke criteria: ischaemic stroke and PICH, diagnosis by clinical signs and CT (100%); stroke on average 47 ± 22 days (treatment group) and 48 ± 20 days (control group)</p> <p>Depression criteria: psychiatric interview (ICD-10 criteria) and MADRS score > 19</p> <p>Other entry criteria: all antidepressant or neuroleptic drugs stopped 10 days prior to enrolment</p> <p>Comparability of treatment groups: balanced</p> <p>Exclusion criteria: severe psychiatric problems which required hospitalisation, severe aphasia, previous stroke, severe cognitive impairment, chronic alcoholism, chronic associated handicapping pathology, contraindication to fluoxetine</p>
Interventions	<p>Treatment: fluoxetine 20 mg daily</p> <p>Control: matched placebo</p> <p>Duration of treatment: 45 days</p> <p>Duration of follow-up (treatment end to study end): 0</p>
Outcomes	<p>Depression: change in scores from baseline to end of treatment of MADRS, 50% reduction in MADRS score</p> <p>Additional: FIMs</p> <p>MMSE</p> <p>Motricity Index</p> <p>Leaving the study early</p> <p>Death</p> <p>AEs ("evaluated qualitatively and quantitatively". Complete blood count, liver test and renal function test were carried out at each assessment visit)</p>
Funding source	Lilly France Laboratory provided methodological and financial support
Notes	Dates of recruitment not stated. Conflicts of interest not stated

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method of randomisation not stated
Allocation concealment (selection bias)	Unclear risk	Method not stated

Wiert 2000 (Continued)

Blinding of participants and personnel (performance bias) All outcomes	Low risk	Quote: "Identical white capsules" given
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Method of blinding not stated
Incomplete outcome data (attrition bias) All outcomes	Low risk	Used last observation carried forward
Selective reporting (reporting bias)	Low risk	Trial published on www.strokecentre.org/trials . The primary outcome was reported
Other bias	Unclear risk	Baseline balanced

Xie 2005

Methods	Aim: to study the effect of treatment with sertraline in elderly patients with post-stroke depression Parallel study
Participants	Country: China Setting: unclear Recruited "clinically stable stroke patients with post-stroke depression" No other inclusion and exclusion criteria given Mood: Zung SDS score ≥ 40 or GDS score 5 to 10 Treatment: 65 people, mean age 69.8 years, 29 men Control: 65 people, mean age 70.7 years, 27 men Time since stroke: mean 87.8 days, range 48 to 142 days
Interventions	Treatment: sertraline 50 mg/day plus usual stroke care Control: usual stroke care Duration of treatment: 12 weeks Duration of follow-up: 0
Outcomes	Zung SDS, GDS, ADL score AEs were not reported
Funding source	Local scientific academic fund funded the study
Notes	–

Risk of bias

Xie 2005 (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	No clear description between treatment and control

Xu 2001

Methods	Parallel Aim: to study the effect of fluoxetine on depression in early recovery stage of cerebral infarction
Participants	Country: China Setting: outpatient in rehabilitation clinic Stroke: first acute cerebral infarction, no description of the diagnostic criteria and the need for imaging confirmation, excluded large cerebral infarction or lacunar infarction (clinical condition too severe or too mild); onset to recruitment time mean 30 days Zung SDS ≥ 40 Treatment: 32 people Control: 31 people (no details of participant characteristics) Excluded if previous antidepressants
Interventions	Treatment: fluoxetine 20 mg daily plus usual stroke care Control: usual stroke care Duration of treatment: 8 weeks Duration of follow-up (treatment end to study end): 0
Outcomes	Zung SDS ADL (BI)

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Xu 2001 (Continued)

Neural function deficient
 Death
 AEs not reported

Funding source Source of funding not stated

Notes –

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	High risk	10/62 dropouts
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	No clear description of stroke criteria and imaging

Xu 2006

Methods	Parallel group Aim: to test whether early prophylactic antidepressant treatment by paroxetine has any beneficial influence on the rate of post-stroke depression and rehabilitation
Participants	Country: China Setting: inpatient Stroke criteria: stroke onset time ≤ 3 days, age ≤ 75 years old, no previous psychiatric disorders, no obvious cognitive impairment or aphasia Depression diagnosis was not mentioned as an inclusion criteria, so we assumed that patients did not have to have depression to enter the trial Treatment: 32 people, mean age 65 ± 12 years, 17 men Control: 32 people, mean age 63 ± 11 years, 16 men

Xu 2006 (Continued)

Exclusion: no severe hepatic or renal impairment, DSM IV depression not stated as an inclusion, but none met criteria for depression initially

Interventions	Treatment: paroxetine 20 mg daily Control: placebo Duration of treatment: 12 weeks Duration of follow-up (treatment end to study end): 0
Outcomes	MESSS ADL Post-stroke diagnosis incidence of depression according to DSM IV AEs not recorded
Funding source	Study funded by local scientific academic fund
Notes	The number of participants in Table 1 (p187) were wrong (paroxetine/placebo: N = 32/32 should be N = 28/29)

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Sequence numbers"
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Placebo used, but unclear if it was matched
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	High risk	7 participants dropped out
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Low risk	Baseline balance

Yang 2002

Methods	Parallel group Aim: to study effects of antidepressant in treatment of people with post-stroke depression
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Yang 2002 (Continued)

Participants	Country: China Setting: inpatients and outpatients Stroke criteria: recovery phase of stroke (2 to 6 months after ischaemic stroke, and 1.5 to 6 months after haemorrhagic stroke). We included this in the 3 to 6 month group. Clinical diagnosis of stroke (not stated whether confirmation by imaging was needed) Depression: HAMD > 7 Treatment: 64 people, mean age 64 ± 3 years, 40 men Control: 57 people, mean age 63 ± 5 years, 32 men
Interventions	Treatment: paroxetine 20 mg daily plus stroke treatment and rehabilitation Control: stroke treatment and rehabilitation Duration of treatment: 4 months Duration of follow-up: 0
Outcomes	Death They collected data on HAMD and CSS but did not report these data ADL score: did not state which one, so not used AEs not reported
Funding source	Source of funding not reported
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	High risk	11/121 (9%) dropouts
Selective reporting (reporting bias)	High risk	No protocol. The paper stated that ADL data and depression data were collected, but these data were not reported

Yang 2002 (Continued)

Other bias	Unclear risk	No baseline differences between groups, no other obvious source of bias
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Yang 2011

Methods	Aim: to treat early post-stroke depression	
Participants	Country: China Setting: inpatient Stroke: all pathological types, clinical diagnosis plus confirmation of lesion on imaging, no previous psychiatric and psychological disorders, age < 75 years old, stroke onset time < 72 hours, NIHSS score: 4 to 19 Mood: HAMD ≥ 8 Treatment: 20 people, mean age 64 ± 8 years, 8 men Control: 22 people, mean age 64 ± 10 years, 13 men Note inconsistency between abstract (20 in treatment and 22 in control, but in tables of results, there are 22 in treatment and 20 in control). We have used the data from the abstract Excluded: functional psychiatric disorder, functional depression, psychoactive substance and addictive substance induced psychiatric disorders, infectious disease, severe cognitive impairment to affect communication, severe aphasia to affect communication, severe cardiac, pulmonary, hepatic and renal function impairment, previous organic brain disease such as brain tumour, or symptomatic stroke, encephalitis	
Interventions	Treatment: paroxetine 20 mg daily plus usual stroke care Control: usual stroke care Duration of treatment: at least 3 months Duration of follow-up: 0	
Outcomes	HAMD score, IL-1β and IL-6 level Death AEs not reported	
Funding source	Source of funding: local scientific academic fund	
Notes	-	

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Quote: "Case sequence" randomisation
Allocation concealment (selection bias)	Unclear risk	Not described

Yang 2011 (Continued)

Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Low risk	No difference in baseline

Ye 2004

Methods	<p>Aim: to investigate whether antidepressive therapy is needed for people with post-stroke depression or not, and the effect of different antidepressive drugs on the rehabilitation of psychological and neurological function after stroke</p> <p>3 groups: paroxetine, imipramine and control. We are using the paroxetine versus control arm in this review</p>
Participants	<p>Country: China</p> <p>Setting: inpatient</p> <p>Stroke: all pathological subtypes, clinical diagnosis plus confirmation by imaging (did not state whether a visible lesion was needed to make the diagnosis), no positive psychiatric disorders or family history, clear consciousness, no comprehension problem</p> <p>Mood: inclusion criteria: HAMD score > 21, HAMA scale > 14</p> <p>Treatment: 30 people, age 58.04 ± 8.28 years, 22 men</p> <p>Control: 30 people, age 59.21 ± 9.52 years, 17 men</p> <p>Exclusion criteria: severe cardiac, hepatic and renal diseases, multiple infarcts or haemorrhage</p>
Interventions	<p>Treatment: paroxetine 20 mg/day plus acute stroke routine care and rehabilitation</p> <p>Control: acute stroke routine care plus rehabilitation</p> <p>Duration of treatment: 12 weeks</p> <p>Duration of follow-up (end of treatment to end of study): 0</p>
Outcomes	<p>Chinese Neurological Impairment Scale, modified BI, HAMD, HAMA, Therapeutic Effect for Depression and Neurologic Function</p> <p>Death, GI upset</p> <p>Method of recording side effects not stated</p>
Funding source	Source of funding not stated

Ye 2004 (Continued)

Notes	Inconsistent description about the number of recruitment and randomisation between abstract (N = 90) and result part (N = 93) of the text. The number for final analysis is consistent in the text
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Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Used "number table" - but unclear if this was a random number table
Allocation concealment (selection bias)	Low risk	The study designer did not involve in assessment and treatment, the assessors did not know the allocation
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	The participants were blinded. Not clear if those delivering the treatment were blind, but no placebo used
Blinding of outcome assessment (detection bias) All outcomes	Low risk	Assessors were blinded
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Only 1 dropped out in paroxetine group
Selective reporting (reporting bias)	Unclear risk	No protocol
Other bias	Unclear risk	Different numbers reported to have been recruited and randomised, baseline similar

Zhao 2011

Methods	Study type: interventional (clinical trial) Primary purpose: treatment
Participants	Country: People's Republic of China Setting: inpatient At randomisation number allocated: N = 82: fluoxetine (n = 41); placebo (n = 41) % male: 58.5 Age: mean age 65 ± 12 Subtype of stroke: Ischaemic stroke: 61/82 (74%); haemorrhagic stroke: 21/82 (26%) Severity of stroke: MESSS: fluoxetine 23.2 ± 6.2 (n = 37); placebo 22.8 ± 5.8 (n = 34) Time since stroke onset: within 10 days Inclusion criteria: <ul style="list-style-type: none"> Consistent with the Diagnostic Criteria for Cerebrovascular Disease formulated by the Fourth National Conference of Chinese Medical Association in 1995, and prove with brain CT or MRI

Zhao 2011 (Continued)

- Obvious aphasia and unable to communicate normally after language function evaluation
- Age 75 years old or less
- Without previous psychiatric illness
- No severe cognitive impairment

Exclusion criteria: none

Withdrawal criteria: not stated

Interventions	Experimental: fluoxetine 20 mg daily for 12 weeks Comparator: no fluoxetine
Outcomes	Outcomes collected at 2nd, 4th and 12 week of treatment and 12 weeks after the end of treatment <ul style="list-style-type: none"> • Severity of stroke (MESSS) • Performance in ADLs
Funding source	Not available
Notes	Dates study conducted: 2008 to 2010 Declarations of Interest: none reported

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	The participants were randomised into 2 groups (with fluoxetine or without fluoxetine) according to the sequence number and a block randomisation table
Allocation concealment (selection bias)	Unclear risk	Insufficient information to permit judgement of yes or no
Blinding of participants and personnel (performance bias) All outcomes	Unclear risk	Insufficient information to permit judgement of yes or no
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Insufficient information to permit judgement of yes or no
Incomplete outcome data (attrition bias) All outcomes	High risk	Attrition rate of fluoxetine group vs control group was 4/41 (9.8%) vs 7/41 (17.1%) > 5% loss to follow-up
Selective reporting (reporting bias)	Unclear risk	No trial protocol available. Insufficient information to permit judgement of yes or no
Other bias	Low risk	The study appears to be free from other sources of bias

Zhou 2008

Methods	Aim: to study effect of early paroxetine on post-stroke depression and rehabilitation
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Zhou 2008 (Continued)

	Parallel design Analysis: according to treatment groups
Participants	Country: China Setting: inpatient Stroke criteria: all stroke, clinical diagnosis plus confirmation by imaging (though not clear if a relevant stroke lesion had to be visible), stroke onset time ≤ 7 days, no obvious cognitive impairment, no obvious aphasia HAMD score < 8 Treatment: 36 people, mean age 63 ± 9.3 years, 16 men Control: 40 people, mean age 61 ± 9.6 years, 19 men Excluded: previous psychiatric disorders, severe hepatic and renal impairment, taking agents with obvious interaction with fluoxetine in recent 1 month
Interventions	Treatment: fluoxetine 20 mg daily plus acute stroke routine medication Control: acute stroke routine medication Duration of treatment: 8 weeks Duration of follow-up: 0
Outcomes	No raw data provided for any of the following outcomes: diagnosis of depression (CCMD-3, HAMD, ADL, MESSS) Reported no deaths in either group. Unclear how data on side effects were collected
Funding source	Source of funding not stated
Notes	–

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Method not described
Allocation concealment (selection bias)	Unclear risk	Not described
Blinding of participants and personnel (performance bias) All outcomes	High risk	No placebo
Blinding of outcome assessment (detection bias) All outcomes	Unclear risk	Not described
Incomplete outcome data (attrition bias) All outcomes	Low risk	No dropouts, analysed according to allocated treatment group

Zhou 2008 (Continued)

Selective reporting (reporting bias)	High risk	No protocol, no raw data provided for several of the outcomes
Other bias	Low risk	Baseline similar

ADL: activities of daily living; AE: adverse events; AE: adverse event; BDI: Beck Depression Inventory; BI: Barthel Index; CCMD-II-R: Chinese Classification of Mental Disorders, second edition, revised; CCMD-3: Chinese Classification of Mental Disorders-3; CGI: Clinical Global Impressions Scale; CSS: Chinese Stroke Scale; CT: computerised tomography; CTIMP: Clinical Trial of an Investigational Medical Product; EEG: electroencephalogram; FAI: Frenchay Activities Index; FAST: Frenchay Aphasia Screening Test; FIM: Functional Independence Measure; FMMS: Fugl-Meyer Motor Scale; fMRI: functional magnetic resonance imaging; GDS: Geriatric Depression Scale; GI: gastrointestinal; HADS: Hospital Anxiety and Depression Scale; HAMA: Hamilton Anxiety scales; HAMD/HDRS: Hamilton Depression Rating Scale; HSS: Hemispheric Stroke Scale; ICD: International Classification of Diseases; ICH: intracerebral haemorrhage; IL: interleukin; ITT: intention-to-treat; IQR: interquartile range; JHFI: Johns Hopkins Functioning Inventory; LOCF: last-observation-carried-forward; MADRS: Montgomery-Åsberg Depression Rating Scale; MAOI: mono-amino-oxidase inhibitor; MCA: middle cerebral artery; MEP: motor evoked potentials; MESSS: Modified Edinburgh-Scandinavian Stroke Scale; MMSE: Mini-Mental State Examination; MRI: magnetic resonance imaging; mRS: modified Rankin score; NIHSS: National Institutes of Health Stroke Scale; PASE: Physical Activity Scale for the Elderly; PICH: primary intracerebral haemorrhage; RS: Rankin score; SAH: subarachnoid haemorrhage; SAS: Zung Self-rating Anxiety Scale; SD: standard deviation; SDS: Zung Self-rating Depression Scale; SF-36: Short Form-36; SSS: Scandinavian Stroke Scale; TESS: Treatment Emergent Symptom Scale; TIA: transient ischaemic attack; WHO: World Health Organization

Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
Andersen 1993	Cross-over design: double-blind placebo-controlled cross-over protocol as follows: 7 days initial baseline registration, 21 days citalopram or placebo (randomised), 7 days wash-out, 7 days baseline registration, and cross-over to second 21-day treatment period
Andersen 2012	The trial never started
Anderson 2002	The trial never started
Anonymous 2012	Unable to find publication after extensive searching
Anonymous 2012b	Unable to find publication after extensive searching
Berends 2009	Mean time from stroke onset to fluoxetine was 39.1 months
Choi Kwon 2008	Participants more than 1 year post-stroke
Finkenzeller 2009	SSRI plus active intervention (psychotherapy) versus active treatment (psychotherapy) alone. This trial had been included in the original 2012 review but due to the potential interaction between the SSRI and psychotherapy we decided to exclude it in this update
Gourab 2015	Time of stroke onset > 12 months
Graffagnino 2002	Previously listed in 'Studies awaiting classification' (Mead 2012). Unable to access any full publication and we received no response from the author. Given the insufficient information to assess eligibility and, owing to the length of time since the study abstract (2002) was published, we have now excluded this study. CRSREF: 3340767
Ji 2000	SSRI plus active intervention versus active treatment alone
Li 2002	There is no random component in the sequence generation process

Study	Reason for exclusion
Liang 2003	There is no random component in the sequence generation process. This had been included in the 2012 review but on review of the methodology the review authors decided to exclude this for the update
Liu 2004	SSRI plus active intervention versus active treatment alone
Robinson 2011	Ineligible outcomes: prevention of generalised anxiety disorder
Sitzer 2002	Previously listed in 'Studies awaiting classification' (Mead 2012). Unable to access any full publication and we received no response from the author. Given the insufficient information to assess eligibility and, owing to the length of time since the study abstract (2002) was published, we have now excluded this study
Sun 2015	Mean time since onset 19.2 ± 3.5 months. No placebo or usual-care control group (prozac, acupuncture, and prozac plus acupuncture)
University of Alabama 2013	Study withdrawn (not funded)
Xu 2007	This had been included in the 2012 review but it compares fluoxetine plus wulung capsule vs wulung capsule alone. Wulung capsule is an active comparator so we have therefore excluded this trial for this update
Zhou 2003	There is no random component in the sequence generation process. This trial had been included in the 2012 version of the review but for this update we excluded it

RCT: randomised controlled trial

SNR: serotonin–norepinephrine reuptake inhibitor

SSRI: selective serotonin reuptake inhibitor

Characteristics of studies awaiting assessment *[ordered by study ID]*

[Carda 2009](#)

Methods	Study type: interventional (clinical trial) Estimated enrolment: 200 participants Allocation: randomised Intervention model: parallel assignment Masking: quadruple (participant, care provider, investigator, outcomes assessor) Primary purpose: treatment
Participants	Country: Italy Setting: inpatient Inclusion criteria: <ul style="list-style-type: none"> • > 18 years • first ischaemic or haemorrhagic stroke Exclusion criteria: <ul style="list-style-type: none"> • unstable medical conditions • unable to understand study aims and procedures

Carda 2009 (Continued)

- severe aphasia
- other progressive neurological disease
- previous or concomitant psychiatric illness
- not willing to participate

Interventions

Experimental: escitalopram and rehabilitation. Escitalopram given 5 mg once a day for the first week, 10 mg once a day from the second to fourth week, and 20 mg daily until the 6th month

Comparator: placebo and rehabilitation

Outcomes

Primary outcome collected at 2 and 6 months

- FIM

Secondary outcomes collected at 2 and 6 months:

- MMSE
- Trunk Control Test
- Canadian Stroke Scale
- Motricity Index
- Token test
- The Bells Test
- Stroop Test
- Wisconsin Card Sorting test
- Verbal Fluency
- Raven's Matrices Test
- Trail Making A-B Test
- Center for Epidemiological Studies Depression Scale

Notes

clinicaltrials.gov/ct2/show/NCT00967408

Contacted author Prof Cisari; response received; data being analysed

Guo 2015

Methods

Study type: interventional (clinical trial)

Actual enrolment: 300

Allocation: randomised

Intervention model: parallel assignment

Masking: single (outcomes assessor)

Primary purpose: prevention

Participants

Country: China

Setting: inpatient

At randomisation numbers allocated: N = 300

Experimental group 1: fluoxetine immediately after enrolment n = 100

Comparator group 1: fluoxetine 7 days after enrolment n = 100

Comparator group 2: no fluoxetine n = 100

% male: unclear

Guo 2015 (Continued)

Age: Experimental, unclear; Comparator 1, unclear; Comparator 2, unclear

Subtype of stroke: unclear

Severity of stroke NIHSS score at baseline: unclear

Experimental: unclear

Comparator 1: unclear

Comparator 2: unclear

Time from stroke onset: within 1 week after onset of cerebral infarction

Inclusion criteria:

- ICD-10 diagnostic criteria for acute cerebral infarction
- Age 18 to 80 years
- First onset of stroke within 1 week
- NIHSS > 2
- Stroke-related impairment
- Informed consent by participants or legal representative

Exclusion criteria:

- Coma
- Haemorrhagic stroke
- Previous neurological impairment
- Use of antidepressants over previous 3 months
- Use of benzodiazepines over previous 2 weeks
- Self-harm, suicidal ideation or need for antidepressants
- Abnormal liver enzymes or creatinine levels
- Gastrointestinal disorders affect drug absorption seriously
- Life-threatening illness (e.g. malignancy)
- Allergic
- Mental health disorders
- Pregnant or breast feeding
- Allergic
- Enrolled in another interventional clinical research trial within previous 3 months

Withdrawal criteria:

- Unblinding
- Serious adverse reactions e.g. anaphylactic shock
- Need for immediate stroke-related surgery
- Complications
- Antidepressant use
- Self-harm, suicidal intention, urgent need for antidepressants
- Withdrawal from the study

Interventions	<p>Experimental: 20 mg of fluoxetine per day for 90 days given immediately after enrolment and conventional therapy of cerebral infarction</p> <p>Comparator 1: 20 mg of fluoxetine a day for 90 days given 7 days after enrolment and conventional therapy of cerebral infarction</p> <p>Comparator 2: no fluoxetine and conventional therapy of cerebral infarction</p>
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Outcomes	Primary outcome at days 15, 90 and 180
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Guo 2015 (Continued)

- NIHSS score
- Secondary outcome at days 90 and 180
- BI score

Notes	ChiCTR-TRC-15007658 xuanyi_guo@163.com Baseline demographic and clinical characteristics for each group not presented, but rather the baseline demographic and clinical characteristics for those completing the trial (i.e. a subset of all those randomised at baseline) are presented
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He 2012

Methods	Study type: interventional (clinical trial) Actual enrolment: 404 Allocation: randomised Intervention model: parallel assignment Masking: single (outcomes assessor) Primary purpose: prevention
Participants	Country: China Setting: inpatient At randomisation numbers allocated: N = 404 Experimental group: fluoxetine n = 202 Comparator group n = 202 % male: 70.5% Age: Experimental: 61.14 ± 10.48; Comparator 62.72 ± 11.86 Subtype of stroke: unclear Severity of stroke NIHSS score at baseline: Experimental: Median 6 (IQR 4, 8) Comparator: Median 5 (IQR 3, 8) Time since stroke onset: mean days, fluoxetine 4.28 ± 1.89; placebo 4.08 ± 2.15 Inclusion criteria: <ul style="list-style-type: none"> • ICD-10 diagnostic criteria for acute cerebral infarction • Age 18 to 80 years • within 1 week of stroke onset • Written informed consent by participants or legal representatives Exclusion criteria: <ul style="list-style-type: none"> • Coma

He 2012 (Continued)

- History of stroke
- Pregnant or breast feeding
- Self-injury, suicidal intention or depression and need for antidepressants
- History of peptic ulcer or gastritis
- Life-threatening illness (e.g. cardiac insufficiency, malignancy)
- Use of antidepressants over previous 3 months
- Use of benzodiazepines over previous 2 weeks
- Allergic
- Enrolled in another interventional clinical research trial within previous 3 months

Withdrawal criteria:

- Violation of randomisation or blinding rules during the follow-up
- Serious adverse reactions, such as anaphylactic shock
- Serious infections or medical complications.
- Antidepressants use
- Self-injury, suicidal intention or depression and need for antidepressants
- Withdrawal from the study (participant or legal relatives)

Interventions	Experimental: 20 mg of fluoxetine a day for 90 days and conventional therapy Comparator: conventional therapy
Outcomes	<ul style="list-style-type: none"> • Recurrence rate of cerebral infarction within 3 years • Improvement of NIHSS, hypertension, diabetes, hyperlipids at day 90
Notes	ChiCTR-TRC-12002078 xuanyi_guo@163.com

Jurcau 2016

Methods	Study type: interventional (clinical trial) Actual enrolment: 89 Allocation: randomised Intervention model: parallel assignment Masking: unclear Primary purpose: treatment
Participants	Country: Romania Setting: inpatient At randomisation numbers allocated: N = 89 Experimental group: escitalopram = 43 Comparator group: ?secondary preventive treatment = 46 % male: unclear Age: unclear

Jurcau 2016 *(Continued)*

	Subtype of stroke: unclear Severity of stroke: unclear Time since stroke onset: unclear Inclusion criteria: unclear Exclusion criteria: unclear withdrawal criteria: unclear
Interventions	Experimental: escitalopram 10 mg/day for 12 weeks Comparator: ?secondary preventive treatment = 46
Outcomes	Outcomes collected at 3, 6 and 12 months post-stroke <ul style="list-style-type: none"> • NIHSS • BI • MMSE • BDI • HAM-D17
Notes	Does not appear to be a clinical trial register number

BDI: Beck Depression Inventory

BI: Bathel Index

FIM: Functional Independence Measure

HAM-D17: Hamilton Depression Scale

MMSE: Mini-Mental State Examination

NIHSS: National Institutes of Health Stroke Scale

od: once daily

Characteristics of ongoing studies *[ordered by study ID]*
Anonymous 2005

Trial name or title	Influence of escitalopram on the incidence of depression and dementia following acute middle cerebral artery territory infarction. A randomised, placebo-controlled, double-blind study
Methods	Study type: interventional (clinical trial) Estimated enrolment: 60 participants Allocation: randomised Intervention model: parallel assignment Masking: double (detail unclear) Primary purpose: prevention
Participants	Country: Germany Setting: inpatient Inclusion criteria <ul style="list-style-type: none"> • Acute MCA territory infarction • Aiming to recruit 60 over 3 years

Anonymous 2005 (Continued)

- Within 7 days of stroke onset
- Prepared to and considered able to follow the whole trial period

Exclusion criteria:

- Dementia
- Recurrent major depression
- Major stroke
- Alcohol and drug dependency
- Pregnancy, breastfeeding
- Participating in other trials of medicinal products
- Impaired liver/kidney disease
- Life expectancy less than 6 months

Aiming to recruit 60 participants

Interventions	Experimental: escitalopram Comparator: placebo
Outcomes	Depression (MADRS) after 180 days Incidence of dementia after 180 days (Clinical Dementia Rating scale) Severity of dementia Zarit Burden Interview Incidence of depression (Depression Visual Analogue Scale) Severity of post-stroke depression Quality of life (SF-36) Bayer Activities of Daily Living score NPI
Starting date	MHRA approval 7 April 2006; start date not known
Contact information	Not available. National Competent authority is Germany-BFarm Sponsor Name: Central Institute for Mental Health, Mannheim, Division of Gerontopsychiatry
Notes	Details available on EudraCT website www.clinicaltrialsregister.eu/ctr-search/trial/2005-005266-37/DE

Chollet 2016

Trial name or title	Resting state MRI connectivity in acute ischemic stroke: Serotonin Selective Reuptake Inhibitor (SSRI) in enhancing motor recovery: a placebo controlled study
Methods	Study type: interventional (clinical trial) Estimated enrolment: 60 participants Allocation: randomised Intervention model: parallel assignment

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Chollet 2016 (Continued)

	Masking: double (participant, investigator) Primary purpose: treatment
Participants	Country: France Setting: inpatient Inclusion criteria: <ul style="list-style-type: none"> • Age 18 years to 85 years • First-ever ischaemic stroke • Cortical or subcortical stroke • NIHSS > 12 or motor NIHSS > 6 at inclusion • MRI-proved ischaemic stroke Exclusion criteria: <ul style="list-style-type: none"> • pregnant or breast-feeding • alcoholism • ongoing SSRI treatment or interruption < 1 month • allergic reaction after SSRI administration • MRI contraindication • NIHSS > 22 • Severe aphasia • Coma
Interventions	Experimental: 20 mg of fluoxetine capsule a day from day 0 to day 90 and have fMRI Comparator: cellulose placebo a day from day 0 to day 90 and have fMRI
Outcomes	Primary outcome at 90 days <ul style="list-style-type: none"> • Intracerebral connectivity in the motor network between fluoxetine and placebo group. Secondary outcome at 90 days <ul style="list-style-type: none"> • Intracerebral connectivity in the motor network between good responder participants (defined by 8 points gain on the NIHSS, assessed between day 0 and day 30 and between day 0 and day 90, or 2 points gain on the mRS assessed between day 0 and day 30 and between day 0 and day 90) • Intracerebral connectivity in the motor network between non-responder participants
Starting date	January 2016
Contact information	Virginie Sattler, Dr sattler.v@chu-toulouse.fr François Chollet, MD PhD chollet.f@chu-toulouse.fr
Notes	NCT02767999

Cocho 2015

Trial name or title	Effect of serotonin and levodopa in ischemic stroke (SELEIS)
Methods	Study type: interventional (clinical trial) Estimated enrolment: 240 participants

Cocho 2015 (Continued)

	Allocation: randomised Intervention model: parallel assignment Masking: single (outcomes assessor) Primary purpose: treatment
Participants	Country: Spain Setting: inpatient Inclusion criteria: <ul style="list-style-type: none"> • Age > 18 years • NIHSS 5 to 20 points • mRS < 3 prior to stroke • Participants without prior cognitive impairment or depressive syndrome • Assigned treatment initiated within the first 5 days of stroke Exclusion criteria: <ul style="list-style-type: none"> • Aphasia • Prior myocardial or cerebral haemorrhage • TIA • History of cognitive impairment or prior depressive syndrome • mRS 3 or higher • Life-threatening illness that is likely to reduce 1-year survival • Use of levodopa, an antidepressant or neuroleptic Aiming to recruit 240 participants.
Interventions	Placebo comparator: placebo Active comparator: citalopram 20 mg Active comparator: sinemet plus 100 mg Sinemet plus + citalopram group
Outcomes	Rankin Scale at 12 months
Starting date	1 January 2015
Contact information	Dolores Cocho dcocho@fhag.es
Notes	NCT02386475

Dike 2019

Trial name or title	Pharmacological enhancement of motor function recovery in patients with ischaemic stroke: a trial of fluoxetine
Methods	Study type: interventional (clinical trial) Estimated enrolment : 40 participants Allocation: randomised

Dike 2019 (Continued)

	<p>Intervention model: parallel assignment</p> <p>Masking: double (participant, outcomes assessor)</p> <p>Primary purpose: treatment</p>
Participants	<p>Country: Nigeria</p> <p>Setting: inpatient</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • 18 to 85 years of age • Ischaemic stroke, unilateral, supra-tentorial confirmed by neuroimaging • Presentation within first 14 days of stroke onset • NIHSS score \leq 16 • Hemiparesis or hemiplegia • FMMS \leq 55 • Informed consent <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • Haemorrhagic stroke on CT • Glasgow coma score $<$ 8 • NIHSS score $>$ 16 • Cardiovascular/metabolic/respiratory instability: hypertensive emergency or hypotension/acidosis or alkalosis/RR $>$ 24 cycles per minute • Previous central/peripheral nerve injury • Current use of a medication likely to have an adverse interaction with fluoxetine • Concurrent medications interacting with SSRI • Substantial premorbid disability • Depression (MADRS score $>$ 19) • Current use of antidepressant medication • Pregnancy <p>Aiming to recruit 60 participants</p>
Interventions	<p>Experimental: 20 mg fluoxetine for 30 days plus standard treatment</p> <p>Comparator: standard treatment</p>
Outcomes	<p>Primary outcome:</p> <ul style="list-style-type: none"> • Changes in FMMS at day 14 and day 30 <p>Secondary outcome</p> <ul style="list-style-type: none"> • NIHSS at day 30 • mRS at day 30
Starting date	1 January 2015
Contact information	<p>Dike Franklin, Abak Road, Uyo, 530001, Nigeria</p> <p>frankincense4m@yahoo.com</p>
Notes	PACTR201412000967245

Farokhi 2017

Trial name or title	Evaluation of fluoxetine and standard treatment efficacy on change to side effect of stroke of ischaemic strokes in both hemispheres in anterior circulation
Methods	<p>Study type: interventional (clinical trial)</p> <p>Estimated enrolment: 60 participants</p> <p>Allocation: randomised</p> <p>Intervention model: parallel assignment</p> <p>Masking: unclear</p> <p>Primary purpose: treatment</p>
Participants	<p>Islamic Republic of Iran</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • Age 40 to 70 years • No previous history ischaemic stroke • Diagnosis of stroke confirmed by imaging • Within 2 to 7 days of stroke onset <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • Not available during study period • History of side effect of fluoxetine and other antipsychotic drugs • Pregnant or breast feeding; • Depression in the previous month and treatment with antipsychotic drugs • Use of any MAOI in the last 5 months <p>Aiming to recruit 60 participants</p>
Interventions	<p>Experimental: 20 milligram fluoxetine and standard treatment (antiplatelets, anticoagulant and statin)</p> <p>Comparator: placebo and standard treatment (antiplatelets, anticoagulant and statin)</p>
Outcomes	<p>Primary outcome collected at 1 and 2 months</p> <ul style="list-style-type: none"> • Change to side effect of stroke (NIHSS questionnaire)
Starting date	11 October 2017
Contact information	<p>Fariba Farokhi, Arak University of Medical Sciences Iran (Islamic Republic of Iran)</p> <p>f.farokhi@arakmu.ac.ir</p>
Notes	www.irct.ir/trial/17976

FOCUS-Poland 2014

Trial name or title	Fluoxetine Or Control Under Supervision - Poland
Methods	Study type: interventional (clinical trial)

FOCUS-Poland 2014 (Continued)

Estimated enrolment: 200 participants
 Allocation: randomised
 Intervention model: parallel assignment
 Masking: double (participant, care provider)
 Primary purpose: treatment

Participants

Country: Poland
 Setting: inpatient
 Inclusion criteria:

- Age ≥ 18 years
- Ischaemic or haemorrhagic stroke confirmed by neuroimaging
- Within 2 to 15 days from the stroke onset
- Evidence of neurological deficit at randomisation
- Upper limb functional before stroke

Exclusion criteria:

- Subarachnoid haemorrhage (except when secondary to intracerebral bleeding)
- History of upper limb paresis.
- A high probability that the patient will not be available during the follow-up examination after 12 months
- Patient or carer or both unable to understand spoken or written Polish language (e.g. aphasia hindering communication)
- Scoring in NIHSS in subsection 1a > 1 point
- Presence of life-threatening illness
- Pregnancy, breastfeeding or reproductive age with no oral contraceptives
- Epileptic seizures
- Suicide attempt or self-harm
- Allergic or other contraindications to the use of fluoxetine
- Taking a monoamine oxidase inhibitor for the last 5 weeks prior to enrolment
- Current or recent depression (up to 6 months) that requires treatment with selective serotonin reuptake inhibitors (SSRIs)
- Participation in another clinical trial or other evaluation of a medical product (relative contraindication)
- For participants with new upper limb paresis and being considered for TMS the following exclusion criteria
 - * Presence of devices containing metal components in the immediate vicinity of the coil discharge (e.g. cochlear implants, brain stimulators, infusion pumps, pacemakers)
 - * History of craniotomy
 - * Use of drugs with central or myorelaxant effect (barbiturates, benzodiazepines, myorelaxants, inhalation and intravenous anaesthetics, antiepileptic drugs, antidepressants, neuroleptic)

Aiming to recruit 200 participants

Interventions

Fluoxetine 20 mg daily (1 capsule) for 6 months (180 capsules) vs placebo

Outcomes

The primary outcomes

- mRS at 1, 3, 6 and 12 months after the stroke
- MEP parameters at 1 and after 3 months (in participants who have received TMS only)
- Brunnstrom scale
- Medical Research Council scale

FOCUS-Poland 2014 *(Continued)*

Secondary endpoints

- Stroke Impact Scale
- EuroQol 5D-5L
- MHI-5
- Diagnosis of depression
- Compliance with drug intake
- NIHSS at baseline, 1, 3, 6 and 12 months on BI
- BDNF at baseline, 1 and 3 months.
- Treatment effects and the occurrence of possible adverse reactions are assessed up to 12 months

Starting date	December 2014
Contact information	jbememek@o2.pl czlonkow@ipin.edu.pl
Notes	

Fregni 2014

Trial name or title	Effects rTMS combined with fluoxetine on motor recovery in stroke patients
Methods	<p>Study type: interventional (clinical trial)</p> <p>Estimated enrolment: 45 participants</p> <p>Allocation: randomised</p> <p>Intervention model: parallel assignment</p> <p>Masking: triple (participant, investigator, outcomes assessor)</p> <p>Primary purpose: treatment</p>
Participants	<p>Country: USA</p> <p>Setting: inpatient</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • Age > 18 years • Ischaemic infarction within the past 2 years and resultant impairment • Upper extremity weakness defined as a score of > 11 and ≤ 56 on the arm motor FMMS • Score of < 3 in the mRS_e • Able to follow directions and participate in 2 hours of testing with short breaks • Consent <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • Mental impairment that may interfere with understanding instruction for motor testing • Excessive pain in any joint of the paretic extremity • Contraindications to single pulse TMS • Fluoxetine use in the past 5 weeks • SSRI use at the time of enrolment or in the previous month • Use of other medication likely to have adverse interaction with SSRIs • Score of 24 or higher in the HAM-D

Fregni 2014 (Continued)

- Concurrent medical condition likely to worsen patient's functional status in the next 6 months
- Pregnancy

Interventions	<p>Experimental 1: active rTMS/active fluoxetine</p> <p>10 daily 20-minute sessions over 15 days of active low-frequency rTMS, followed by 8 weekly 20-minute sessions of active low-frequency rTMS + active fluoxetine (20 mg) taken orally consecutively for 90 days</p> <p>Comparator 1: sham rTMS/active fluoxetine</p> <p>10 daily 20-minute sessions over 15 days of sham low-frequency rTMS, followed by 8 weekly sessions of sham low-frequency 20-minute rTMS sessions + active fluoxetine (20 mg) taken orally consecutively for 90 days</p> <p>Comparator 2: sham rTMS/placebo fluoxetine</p> <p>10 daily 20-minute sessions over 15 days of sham low-frequency rTMS. This will be followed by 8 weekly sessions of sham low-frequency 20-minute rTMS sessions + placebo fluoxetine (sugar pills) taken orally consecutively for 90 days</p>
Outcomes	<p>Primary outcome over 90-day period</p> <ul style="list-style-type: none"> • Changes in Motor Function (JTT, Purdue Pegboard, range of motion) <p>Secondary outcome over 90-day period</p> <ul style="list-style-type: none"> • Changes in cortical excitability
Starting date	5 August 2014
Contact information	Felipe Fregni, Principal Investigator, Spaulding Rehabilitation Hospital, Charlestown, Massachusetts, USA
Notes	NCT02208466

Hankey 2011

Trial name or title	Assessment of Fluoxetine In sTroke recoverY (AFFINITY) trial
Methods	<p>Multicentre</p> <p>Study type: interventional (clinical trial)</p> <p>Estimated enrolment: 1600 participants</p> <p>Allocation: randomised</p> <p>Intervention model: parallel assignment</p> <p>Masking: quadruple (participant, care provider, investigator, outcomes assessor)</p> <p>Primary purpose: treatment</p>
Participants	<p>Country: Australia</p> <p>Setting: inpatient</p> <p>Inclusion criteria</p> <ul style="list-style-type: none"> • Age > 18 years

Hankey 2011 (Continued)

- Clinical diagnosis of stroke 2 to 15 days previously
- Brain imaging consistent with ischaemic or haemorrhagic stroke (including normal CT brain scan)
- Persisting measurable focal neurological deficits causing a functional deficit at the time of randomisation

Exclusion criteria:

- History of epileptic seizures
- History of bipolar disorder
- History of drug overdose or attempted suicide
- Ongoing treatment with any selective serotonin reuptake inhibitor
- Allergy or contra-indication to fluoxetine
- Use of medications that may interact seriously with fluoxetine
- Not available for follow-up over the next 365 days e.g. no fixed home address
- Life-threatening illness (e.g. advanced cancer) that is likely to reduce 365-day survival
- Pregnant, breast-feeding or of child-bearing potential and not using contraception
- Enrolled in another interventional clinical research trial involving an investigational product (medicine) or device

Aiming to recruit 1600 participants

Interventions	Fluoxetine 20 mg once daily or matching placebo capsules for 6 months
Outcomes	<p>Primary outcome</p> <ul style="list-style-type: none"> • Functional outcome as measured by the mRS at 180 days after randomisation <p>Secondary outcomes at 180 and 365 days after randomisation</p> <ul style="list-style-type: none"> • Survival • Mood (PHQ-9) • Cognitive function (TICSm) • Communication (SIS) • Motor function (SIS) • Overall health status (SIS) • Health-Related Quality of Life (HRQoL) (EuroQoL) • Functional recovery (smRSq) at the 365-day assessments • New diagnosis of depression requiring treatment with antidepressants • Fatigue (vitality domain of the SF-36) • Serious adverse events at any time during follow-up including new stroke, acute coronary syndrome, epileptic seizures, fall, new fractures or death
Starting date	July 2012
Contact information	graeme.hankey@health.wa.gov.au
Notes	ACTRN12611000774921

Karimialavijeh 2017

Trial name or title	Comparison of the effects of citalopram versus fluoxetine on motor recovery after stroke: a double-blind placebo-controlled randomised clinical trial
Methods	Study type: interventional (clinical trial)

Karimialavijeh 2017 (Continued)

Estimated enrolment: 90 participants
Allocation: randomised
Intervention model: parallel assignment
Masking: unclear
Primary purpose: treatment

Participants	<p>Iran (Islamic Republic of Iran)</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • Age > 18 years • First-time acute (in the past 24 hours) ischaemic stroke • hemiparesis or hemiplegia • FMMS score < 55 <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • NIHSS score < 5 • Existing impairments including stroke-related aphasia, cognitive or motor disorders, or other neurodegenerative disease • Pregnancy or breastfeeding • Using antidepressant medication • Contraindications of therapy (e.g. renal insufficiency abnormal liver function tests) • Significant adverse effects (e.g. agitation, hypertension) as a consequence of treatment
Interventions	<p>Experimental: 20 mg of fluoxetine orally, daily for 90 days, as well as physiotherapy sessions 1 hour a day, 5 days a week, for 12 weeks</p> <p>Comparator 1: 20 mg of citalopram orally, daily for 90 days, as well as physiotherapy sessions 1 hour a day, 5 days a week, for 12 weeks</p> <p>Comparator 2: capsules containing microcrystalline cellulose, orally, daily for 90 days, as well as physiotherapy sessions 1 hour a day, 5 days a week, for 12 weeks</p>
Outcomes	<p>Primary outcome collected at 90 days</p> <ul style="list-style-type: none"> • Motor function (FMMS score)
Starting date	3 December 2017
Contact information	<p>Ehsan Karimialavijeh</p> <p>Dr Shariati hospital, North Karegar Ave1411713135</p> <p>Tehran Iran (Islamic Republic of)</p> <p>drkarimi86@gmail.com</p>
Notes	IRCT20141116019971N3

Leibovitch 2018

Trial name or title	FLuoxetine Opens Window to improve motor recovery after stroke (FLOW)
Methods	Study type: interventional (clinical trial)

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Leibovitch 2018 (Continued)

Estimated enrolment: 176 participants

Allocation: randomised

Intervention model: parallel assignment

Intervention model description

- Intervention group (trial drug (fluoxetine) and exercise intervention)
- Placebo group (placebo and exercise intervention)

Masking: quadruple (participant, care provider, investigator, outcomes assessor)

Primary purpose: treatment

Participants

Country: Canada

Setting: inpatient

Inclusion criteria:

- Age > 25 years
- Between 60 to 210 days post-stroke at enrolment
- Lower limb FMMS < 30

Exclusion criteria:

- Subarachnoid haemorrhage
- Pre-morbid mRS > 2
- Substantial premorbid disability or pre-existing deficit or language comprehension deficit that could interfere with assessments
- Diagnosis of major depressive disorder/anxiety disorder requiring antidepressant use within 6 weeks of enrolment
- Taking neuroleptic drugs, benzodiazepines, MAOIs within 30 days of enrolment
- Unstable serious medical condition (e.g. terminal cancer, renal or liver failure, congestive heart failure)
- Resting blood pressure exceeding 180/100 mmHg
- Requires more than a one-person assist for transfer
- Planned surgery that would affect participation in the trial
- Participating in another exercise programme more than 1 day a week
- Pregnant
- Ongoing history of illicit drug use or alcohol abuse or both
- Unwilling or unable to comply with trial requirements
- Unable to understand English

Interventions

Experimental: fluoxetine hydrochloride (Prozac): 10 mg Prozac per day for 3 to 5 weeks and then 20 mg for 12 weeks (the duration of the exercise intervention)

Comparator: an over-encapsulated placebo (identical 'sugar pill'): 10 mg 'sugar pill' a day for 3 to 5 weeks and then 20 mg for 12 weeks (the duration of the exercise intervention)

Outcomes

Primary outcomes at 12 weeks

- Fugl-Meyer Lower Extremity Score at 12 weeks

Secondary outcomes at 12 weeks and 6 months

- Ambulatory function measured using 6 Minute Walk Test/10 Metre Walk Test
- Lower limb strength measured using knee strength
- Balance measured using Berg Balance Assessment

Leibovitch 2018 (Continued)

- Grip Strength
- Waist-to-Hip Ratio
- Body Mass Index
- SIS
- Fugl-Meyer Lower Extremity Score at 6 months
- Fugl-Meyer Upper Extremity Score
- PHQ-9
- Simple and Choice Reaction Time Test
- Trail Making Test - A & B
- Montreal Cognitive Assessment
- Fasting Blood Draws

Starting date	1 November 2018
Contact information	Farrell Leibovitch farrell@canadianstroke.ca
Notes	NCT03448159

Levitt 2019

Trial name or title	Depression in haemorrhagic stroke
Methods	Study type: interventional (clinical trial) Estimated enrolment: 224 participants Allocation: randomised Intervention model: parallel assignment Intervention model description: double-blinded placebo-controlled randomised trial Masking: triple (participant, care provider, investigator) Primary purpose: prevention
Participants	Country: USA Setting: inpatient Inclusion criteria: <ul style="list-style-type: none"> • Age 18 to 85 years • Subarachnoid haemorrhage from a ruptured cerebral aneurysm • Consent Exclusion criteria: <ul style="list-style-type: none"> • Non-English speaking • Taking therapy for depression or related mental health diagnoses before admission • Medical contraindications to fluoxetine therapy • Pregnancy or considering getting pregnant during the trial period at the time of consent. • Active psychosis • Incarcerated or in police custody

Levitt 2019 (Continued)

	<ul style="list-style-type: none"> Comorbidity or a score > 26 on the Montreal Cognitive Assessment
Interventions	<p>Experimental: fluoxetine 20 mg/day for a period of 1 year</p> <p>Comparator: placebo 20 mg/day for a period of 1 year</p>
Outcomes	<p>Primary outcomes at 1 year</p> <ul style="list-style-type: none"> Depression measured using HAM-D Depression measured using PHQ-9 <p>Secondary outcomes at 1 year:</p> <ul style="list-style-type: none"> Anxiety measured using Hamilton Rating Scale for Anxiety Fatigue measured using Fatigue Severity Scale Healthcare utilization measured using Self-Report Health Service Utilization and Medication Use Social support measured using Multidimensional Scale of Perceived Social Support (MSPSS)
Starting date	1 March 2019
Contact information	Cory M Kelly 206-685-3043 kellycm@neurosurgery.washington.edu
Notes	NCT03826875

Lundström 2014

Trial name or title	Efficacy of Fluoxetine – a randomised Controlled Trial in Stroke (EFFECTS)
Methods	<p>Multicentre RCT</p> <p>Study type: interventional (clinical trial)</p> <p>Estimated enrolment: 1500 participants</p> <p>Allocation: randomised</p> <p>Intervention model: parallel assignment</p> <p>Masking: quadruple (participant, care provider, investigator, outcomes assessor)</p> <p>Primary purpose: treatment</p>
Participants	<p>Sweden</p> <p>Inclusion criteria</p> <ul style="list-style-type: none"> Age ≥ 18 Informed consent can only be obtained from a patient who according to the trial investigator is mentally capable of decision-making and who, after having received information and got answers to their questions, wants to participate in the trial Brain imaging is compatible with intracerebral haemorrhage or ischaemic stroke Randomisation can be performed between 2 and 15 days after stroke onset and by the research group at the person's local/emergency hospital Persisting focal neurological deficit is present at the time of randomisation severe enough to warrant treatment from the physicians and the patient's and relative's perspective <p>Exclusion criteria</p> <ul style="list-style-type: none"> Subarachnoidal haemorrhage (except where secondary to a primary intracerebral haemorrhage)

Lundström 2014 (Continued)

- Unlikely to be available for follow-up for the next 12 months e.g. no fixed home address
- Unable to speak Swedish and no close family member available to help with follow-up forms
- Other life-threatening illness (e.g. advanced cancer) that will make 12-month survival unlikely
- History of epileptic seizures
- History of allergy or contraindications to fluoxetine
- Pregnant or breastfeeding
- Previous drug overdose or attempted suicide
- Already enrolled into a CTIMP
- Current or recent (within the last month) depression requiring treatment with an SSRI antidepressant
- Current use of medications which have serious interactions with fluoxetine
- Use of any MAOI during the last 5 weeks

Aiming to recruit 1500 participants

Interventions	Fluoxetine (20 mg once daily) for 6 months with oral capsules
Outcomes	<p>Outcomes collected at 6 months and 12 months</p> <p>Primary outcome</p> <ul style="list-style-type: none"> • mRS <p>Secondary outcomes</p> <ul style="list-style-type: none"> • Death from all causes • HRQoL (EQ5D-5L) • Depression and anxiety (MHI 5) • Level of fatigue (vitality subscale of the Health Questionnaire) • Recovery from stroke (SIS) • New diagnosis of depression since randomisation • Adverse events (including participant-completed diary) • Health and social care utilisation • Adherence to trial medication • Motor function (NIHSS) • Aphasia (NIHSS), aphasia (Norsk Grunntest for Afasi) • Depression (MADRS + DSM-IV/DSM-V) • Cognitive function (Montreal Cognitive Assessment (MoCA))
Starting date	20 October 2014
Contact information	Associate Professor Erik Lundström, Department of Neuroscience, Neurology, Uppsala University, Akademiska sjukhuset, 751 85 Uppsala, Sweden. Email: erik.lundstrom@neuro.uu.se .
Notes	clinicaltrials.gov/ct2/show/NCT02683213

Pastore-Wapp 2016

Trial name or title	Cortical Ischemic Stroke and Serotonin (CISS)
Methods	<p>Study type: interventional (clinical trial)</p> <p>Estimated enrolment: 90 participants</p> <p>Allocation: randomised</p>

Selective serotonin reuptake inhibitors (SSRIs) for stroke recovery (Review)

Pastore-Wapp 2016 (Continued)

Intervention model: parallel assignment

Masking: quadruple (participant, care provider, investigator, outcomes assessor)

Primary purpose: supportive care

Participants	<p>Country: Switzerland</p> <p>Setting: inpatient</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • First-ever stroke • Clinically significant contralesional hand plegia or paresis as a main symptom • Involvement of the pre-and/or post-central gyri confirmed on DWI and FLAIR scans • Written informed consent <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • Aphasia or cognitive deficits severe enough to preclude understanding of study purposes • Prior cerebrovascular events • Significant stenosis (70% to 99% according to NASCET) or occlusion of the carotid and intracranial arteries on MRA • Purely subcortical stroke • Known brain lesion (tumour, old cerebral haemorrhage) • Other medical conditions interfering with task performance or SSRI-treatment, specifically: prolonged corrected QT interval (QTc) on electrocardiogram, ongoing drug/alcohol abuse • Simultaneous intake of medications which can lead to prolonged QTc syndrome known or suspected hypersensitivity to one of the ingredients of Cipralex® or placebo • Simultaneous administration of antidepressants • Conditions interfering with MRI (e.g. patients with a cardiac pacemaker or cochlear implant) • Pregnant or breastfeeding • Women in childbearing age without sufficient birth control (at least 2 contraceptive methods)
Interventions	<p>Experimental: escitalopram 5 mg/day at the baseline visit (day 14 (\pm7) post-stroke) for 7 days followed by a weekly dosage increase of 5 mg/day till target dose of escitalopram 20 mg/day. Participants remain on escitalopram 20 mg/day until visit 3 (day 90 (\pm14) post-stroke) followed by dosage reduction of escitalopram 10 mg/day for 1 week</p> <p>Comparator: placebo 5 mg/day at the baseline visit (day 14 (\pm7) post-stroke) for 7 days followed by a weekly dosage of 5 mg/day until target dose of placebo 20 mg/day. Participants remain on placebo 20 mg/day until visit 3 (day 90 (\pm14) post-stroke) followed by placebo 10 mg/day for 1 week</p>
Outcomes	<p>Primary outcome</p> <ul style="list-style-type: none"> • Effect of escitalopram on sensorimotor network at month 9 (task-related fMRI (act-fMRI)) <p>Secondary outcomes:</p> <ul style="list-style-type: none"> • Imaging patterns of rs-fMRI at month 3 and month 9 • Imaging patterns of act-fMRI at month 3 and month 9 • JTT monthly from baseline to month 9 • Mean cortical volume changes at month 3 and month 9 • Serum concentration of escitalopram at month 3 • Genetic polymorphisms in genes at month 3 <p>Other outcomes:</p> <ul style="list-style-type: none"> • Glutamate/glutamine concentration at month 3 and month 9 • rTMS at month 3 and month 9

Pastore-Wapp 2016 (Continued)

- Number of adverse events due to study medication monthly until month 9

Starting date	August 2016
Contact information	Manuela Pastore-Wapp manuela.pastore-wapp@insel.ch
Notes	NCT02865642

Pirzeh 2012

Trial name or title	A study of sertraline effect on quality of life in stroke inpatients
Methods	<p>Study type: interventional (clinical trial)</p> <p>Estimated enrolment: 80 participants</p> <p>Allocation: randomised</p> <p>Intervention model: parallel assignment</p> <p>Masking: unclear</p> <p>Primary purpose: prevention</p>
Participants	<p>Iran (Islamic Republic of Iran)</p> <p>Inclusion criteria:</p> <ul style="list-style-type: none"> • 55 years old to 75 years old • first-ever stroke <p>Exclusion criteria:</p> <ul style="list-style-type: none"> • History of stroke • Renal failure • Hepatic failure • Cardiac failure • Substance related disorders <p>Aiming to recruit 80 participants</p>
Interventions	<p>Experimental: 3 weeks after stroke sertraline 50 mg a day for 12 months versus</p> <p>Comparator: 3 weeks after stroke a placebo tablet every day</p>
Outcomes	<p>Primary outcomes collected at 3 months, 6 months, 9 months</p> <ul style="list-style-type: none"> • Quality of life (NHP) <p>Secondary outcomes collected at 3 months, 6 months, 9 months</p> <ul style="list-style-type: none"> • Depression (BDI)
Starting date	28 November 2012
Contact information	<p>Reza Pirzeh, Tabriz University of Medical Sciences, Iran (Islamic Republic of)</p> <p>pirzehr@tbzmed.ac.ir</p>

Pirzeh 2012 (Continued)

Notes IRCT2012101011062N1

Sadaat 2012

Trial name or title	Effect of fluoxetine on functional recovery of patients with cerebrovascular accident following middle cerebral artery trunk obstruction: a randomised clinical trial
Methods	<p>Study type: interventional (clinical trial)</p> <p>Estimated enrolment: 60 participants</p> <p>Allocation: randomised</p> <p>Intervention model: parallel assignment</p> <p>Masking: unclear</p> <p>Primary purpose: treatment</p>
Participants	<p>Iran (Islamic Republic of Iran)</p> <p>Inclusion criteria</p> <ul style="list-style-type: none"> • Age 55 to 85 years • Informed consent • Unilateral occlusion of middle cerebral artery trunk • Resident in Rasht • Admission NIHSS < 20 • No history of alcohol abuse • No history of insomnia • No epilepsy • "No history of cerebral haemorrhage and heart of cerebral stroke" [sic] • No history of systemic diseases of other organs, including liver failure and kidney • No cardiac pace maker, severe neuropathy, systemic vascular disease or major affective disorders • No concomitant stroke in an area other than the stroke of the middle cerebral artery <p>Exclusion criteria</p> <ul style="list-style-type: none"> • Dissatisfaction of patient during the study • Occurrence of serious adverse drug affects at any time during drug administration • Alcohol abuse during the study period • Occurrence of post-stroke depression, concomitant use of the MAOIs or serotonergic drugs such as tricyclic antidepressants and SSRI
Interventions	<p>Intervention: fluoxetine, 15 mg oral pill for the first month and 20 mg for the next 2 months</p> <p>Comparator: placebo, 15 mg oral pill for the first month and 20 mg for the next 2 months</p>
Outcomes	<p>Primary outcomes collected at discharge, 1 and 3 months</p> <ul style="list-style-type: none"> • Disability (mRS) • Activities of Daily Living (BI) • Functional recovery (NIHSS) • Depression (BDI questionnaire) <p>Secondary outcomes collected at discharge</p>

Sadaat 2012 (Continued)

- Cerebral blood flow changes of middle cerebral artery (TCD)

Starting date	5 April 2012
Contact information	Dr Babak Bakhshayesh Eghbali Poorsina hospital, Guilan University of Medical Sciences bakhshayesh@gums.ac.ir
Notes	IRCT201112228490N1 Contacted 7 February 2019

Sahin 2016

Trial name or title	Fluoxetine for visual recovery after ischemic stroke (FLUORESCENCE)
Methods	Study type: interventional (clinical trial) Estimated enrolment : 40 participants Allocation: randomised Intervention model: parallel assignment Masking: quadruple (participant, care provider, investigator, outcomes assessor) Primary purpose: treatment
Participants	USA Inclusion criteria 18 to 85 years Inclusion criteria: <ul style="list-style-type: none"> • MRI-confirmed acute ischaemic stroke resulting in an isolated homonymous visual field loss Exclusion criteria: <ul style="list-style-type: none"> • Known hypersensitivity to fluoxetine or other SSRIs • NIHSS score > 5 • Premorbid mRS score > 2 • Premorbid monocular or binocular visual field deficits • Premorbid retinopathy or optic neuropathy • Premorbid depression • History of cognitive impairment, dementia, or neurodegenerative disorder • History of seizure disorder • History of mania or hypomania • History of hyponatraemia • History of angle-closure glaucoma or elevated intraocular pressure • Current alcohol abuse or impaired liver function • Current use of an antidepressant medication • Current use of a medication likely to have an adverse interaction with fluoxetine • Current use of a medication likely to impair post-stroke recovery • Contraindication to MRI

Sahin 2016 (Continued)

- Pregnancy or lactation
- Haemorrhagic transformation of the index stroke, resulting in mass effect
- Enrolment in another clinical trial at the time of the index stroke

Aiming to recruit 40 participants

Interventions	Experimental: 20 mg fluoxetine capsule by mouth once daily for 90 days Comparator: matching placebo
Outcomes	Outcomes collected at 6 months Primary outcome <ul style="list-style-type: none"> • Improvement in size of visual field deficit at 6 months Secondary outcomes <ul style="list-style-type: none"> • Improvement in size of visual field deficit at 6 months • Functional field score at 6 months • Visual Function Questionnaire-25 score at 6 months • PHQ-9 score at 6 months • mRS score at 90 days • Post-stroke changes in cortical visual representation as measured by functional magnetic resonance imaging at 6 months • Post-stroke changes in retinal nerve fibre layer thickness at 6 months
Starting date	May 2016
Contact information	Bogachan Sahin bogachan_sahin@rochester.edu
Notes	NCT02737930

BDI: Beck Depression Inventory; BDNF: brain-derived neurotrophic factor; BI: Barthel Index; CT: computerised tomography; CTIMP: Clinical Trial of an Investigational Medicinal Product;

DWI: diffusion-weighted imaging; FAI: Frenchay Activities Index; FLAIR: fluid-attenuated inversion recovery; FMMS: Fugl Meyer Motor Score; fMRI: functional magnetic resonance imaging; HAM-D: Hamilton Depression Rating Scale; HRQoL: Health-Related Quality of Life; JTT: Jebsen Taylor Test; MADRS: Montgomery-Åsberg Depression Rating Scale; MAOI: mono-amino-oxidase inhibitor; MCA: middle cerebral artery; MEP: motor evoked potential; MHI 5: Mental Health Inventory; MHRA: Medicines and Healthcare products Regulatory Agency; MRA: magnetic resonance angiography; MRI: magnetic resonance imaging; mRS: modified Rankin score; NHP: Nottingham Health Profile; NIHSS: National Institute of Health Stroke Scale; NPI: Neuropsychiatric Inventory Scale; PHQ-9: Patient Health Questionnaire; rTMS: repetitive transcranial magnetic stimulation; SF-36: Short Form-36; SIS: Stroke Impact Scale; smRSq: simplified modified Rankin Scale questionnaire; SSRI: selective serotonin reuptake inhibitor; TCD: transcranial Doppler; TIA: transient ischaemic attack; TICSm: telephone interview for cognitive status - modified; TMS: transcranial magnetic stimulation

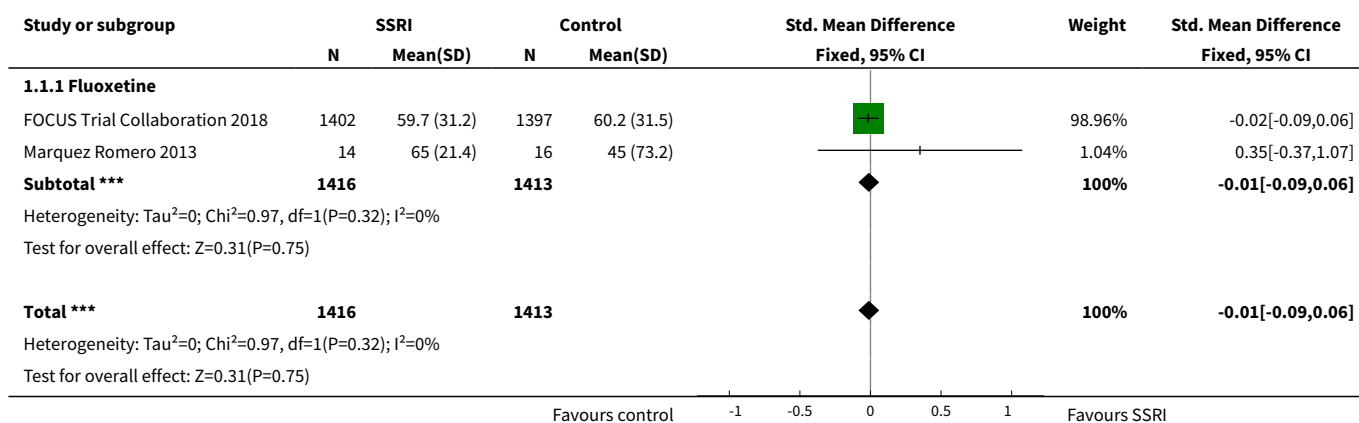
DATA AND ANALYSES

Comparison 1. SSRI versus control at end of treatment, by SSRI

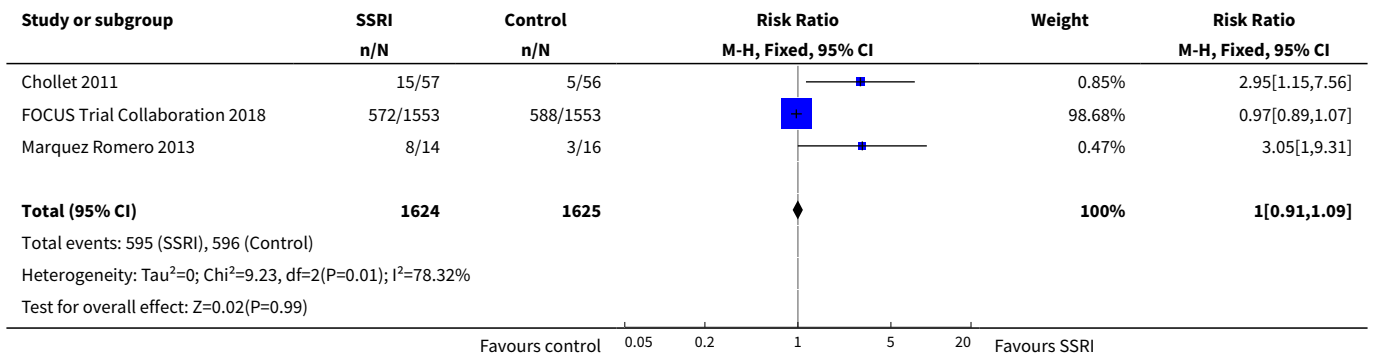
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Disability (primary analysis)	2	2829	Std. Mean Difference (IV, Fixed, 95% CI)	-0.01 [-0.09, 0.06]
1.1 Fluoxetine	2	2829	Std. Mean Difference (IV, Fixed, 95% CI)	-0.01 [-0.09, 0.06]
2 Independent on modified Rankin score (mRS 0 to 2) (primary analysis)	3	3249	Risk Ratio (M-H, Fixed, 95% CI)	1.00 [0.91, 1.09]
3 Neurological deficit score	2	142	Std. Mean Difference (IV, Fixed, 95% CI)	-0.30 [-0.63, 0.04]
3.1 Fluoxetine	2	142	Std. Mean Difference (IV, Fixed, 95% CI)	-0.30 [-0.63, 0.04]
4 Depression (continuous data)	2	2861	Std. Mean Difference (IV, Fixed, 95% CI)	-0.11 [-0.19, -0.04]
4.1 Fluoxetine	2	2861	Std. Mean Difference (IV, Fixed, 95% CI)	-0.11 [-0.19, -0.04]
5 Depression (dichotomous data)	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
5.1 Fluoxetine	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
6 Death	3	3254	Risk Ratio (M-H, Fixed, 95% CI)	0.99 [0.79, 1.25]
6.1 Fluoxetine	3	3254	Risk Ratio (M-H, Fixed, 95% CI)	0.99 [0.79, 1.25]
7 Seizures	3	3275	Risk Ratio (M-H, Fixed, 95% CI)	1.47 [0.99, 2.18]
7.1 Fluoxetine	3	3275	Risk Ratio (M-H, Fixed, 95% CI)	1.47 [0.99, 2.18]
8 Gastrointestinal side effects	2	148	Risk Ratio (M-H, Fixed, 95% CI)	2.19 [1.00, 4.76]
8.1 Fluoxetine	2	148	Risk Ratio (M-H, Fixed, 95% CI)	2.19 [1.00, 4.76]
9 Bleeding	1		Risk Ratio (M-H, Fixed, 95% CI)	Totals not selected
9.1 Fluoxetine	1		Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
10 Leaving the trial before the end of scheduled follow-up	3	3277	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.48, 2.10]
10.1 Fluoxetine	3	3277	Risk Ratio (M-H, Fixed, 95% CI)	1.01 [0.48, 2.10]
11 Motor deficits	3	2936	Std. Mean Difference (IV, Fixed, 95% CI)	0.02 [-0.05, 0.09]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
11.1 Fluoxetine	3	2936	Std. Mean Difference (IV, Fixed, 95% CI)	0.02 [-0.05, 0.09]
12 Disability (sensitivity analyses all studies regardless of RoB)	26	5334	Std. Mean Difference (IV, Fixed, 95% CI)	0.23 [0.18, 0.29]
12.1 Fluoxetine	15	3919	Std. Mean Difference (IV, Fixed, 95% CI)	0.14 [0.08, 0.20]
12.2 Sertraline	1	130	Std. Mean Difference (IV, Fixed, 95% CI)	1.38 [0.99, 1.76]
12.3 Paroxetine	5	293	Std. Mean Difference (IV, Fixed, 95% CI)	1.29 [1.03, 1.55]
12.4 Citalopram	5	992	Std. Mean Difference (IV, Fixed, 95% CI)	0.24 [0.11, 0.37]
13 Independent on modified Rankin score (mRS 0 to 2) (sensitivity analysis)	5	4002	Risk Ratio (M-H, Fixed, 95% CI)	0.97 [0.91, 1.03]
13.1 Fluoxetine	3	3249	Risk Ratio (M-H, Fixed, 95% CI)	1.00 [0.91, 1.09]
13.2 Sertraline	1	111	Risk Ratio (M-H, Fixed, 95% CI)	1.0 [0.97, 1.04]
13.3 Citalopram	1	642	Risk Ratio (M-H, Fixed, 95% CI)	0.90 [0.82, 0.98]

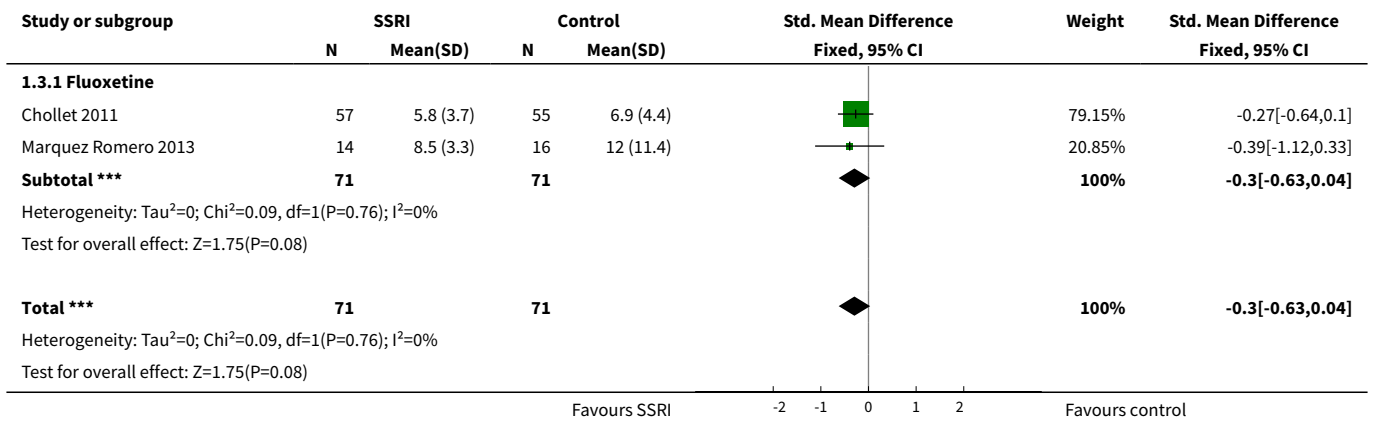
Analysis 1.1. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 1 Disability (primary analysis).



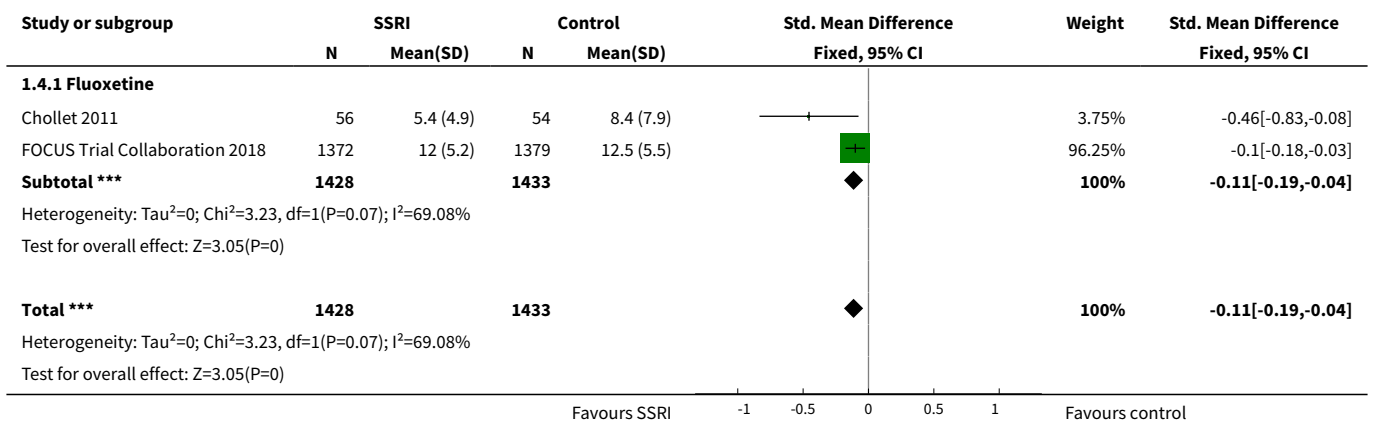
Analysis 1.2. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 2 Independent on modified Rankin score (mRS 0 to 2) (primary analysis).



Analysis 1.3. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 3 Neurological deficit score.



Analysis 1.4. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 4 Depression (continuous data).



Analysis 1.5. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 5 Depression (dichotomous data).

Study or subgroup	SSRI n/N	Control n/N	Risk Ratio M-H, Fixed, 95% CI	Risk Ratio M-H, Fixed, 95% CI
1.5.1 Fluoxetine				
FOCUS Trial Collaboration 2018	210/1564	269/1563	+	0.78[0.66,0.92]

Favours SSRI 0.01 0.1 1 10 100 Favours control

Analysis 1.6. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 6 Death.

Study or subgroup	SSRI n/N	Control n/N	Risk Ratio M-H, Fixed, 95% CI	Weight	Risk Ratio M-H, Fixed, 95% CI
1.6.1 Fluoxetine					
Chollet 2011	1/59	1/59		0.76%	1[0.06,15.61]
FOCUS Trial Collaboration 2018	129/1553	130/1553		99.24%	0.99[0.79,1.25]
Marquez Romero 2013	0/14	0/16			Not estimable
Subtotal (95% CI)	1626	1628		100%	0.99[0.79,1.25]
Total events: 130 (SSRI), 131 (Control)					
Heterogeneity: Tau ² =0; Chi ² =0, df=1(P=1); I ² =0%					
Test for overall effect: Z=0.06(P=0.95)					
Total (95% CI)	1626	1628		100%	0.99[0.79,1.25]
Total events: 130 (SSRI), 131 (Control)					
Heterogeneity: Tau ² =0; Chi ² =0, df=1(P=1); I ² =0%					
Test for overall effect: Z=0.06(P=0.95)					

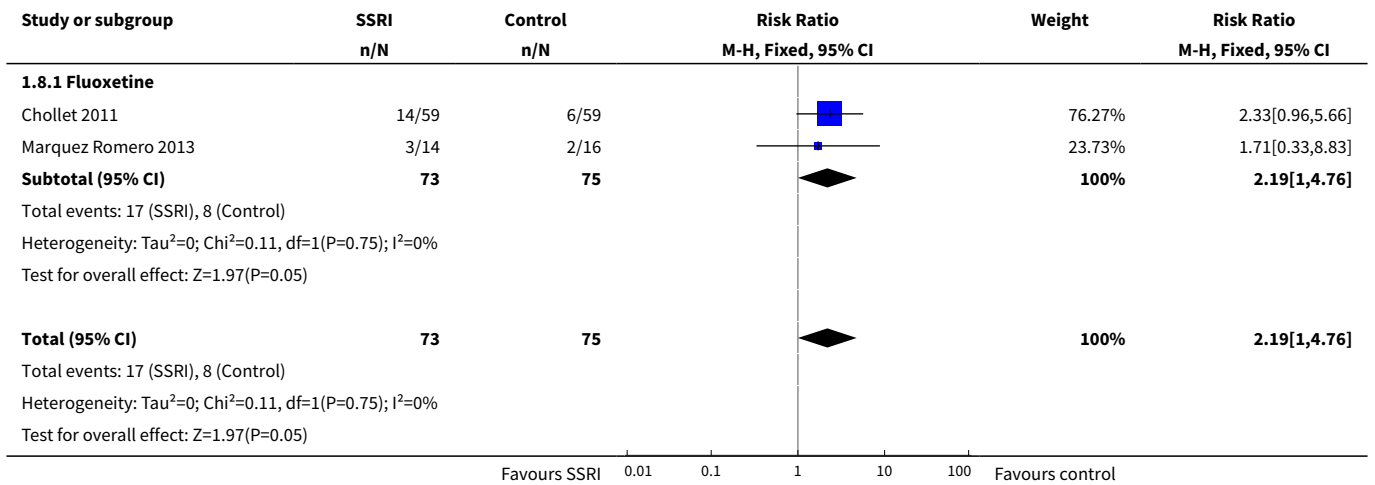
Favours SSRI 0.01 0.1 1 10 100 Favours control

Analysis 1.7. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 7 Seizures.

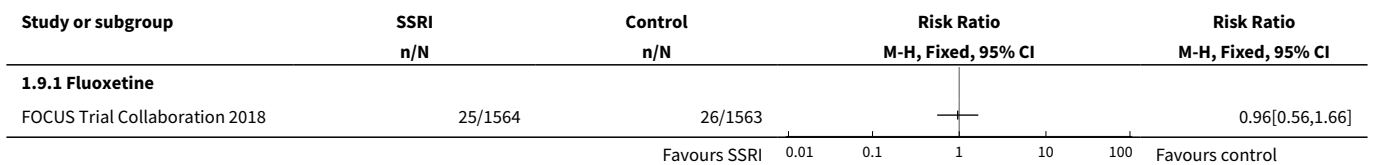
Study or subgroup	SSRI n/N	Control n/N	Risk Ratio M-H, Fixed, 95% CI	Weight	Risk Ratio M-H, Fixed, 95% CI
1.7.1 Fluoxetine					
Chollet 2011	1/59	0/59		1.23%	3[0.12,72.18]
FOCUS Trial Collaboration 2018	58/1564	40/1563		98.77%	1.45[0.97,2.15]
Marquez Romero 2013	0/14	0/16			Not estimable
Subtotal (95% CI)	1637	1638		100%	1.47[0.99,2.18]
Total events: 59 (SSRI), 40 (Control)					
Heterogeneity: Tau ² =0; Chi ² =0.2, df=1(P=0.66); I ² =0%					
Test for overall effect: Z=1.91(P=0.06)					
Total (95% CI)	1637	1638		100%	1.47[0.99,2.18]
Total events: 59 (SSRI), 40 (Control)					
Heterogeneity: Tau ² =0; Chi ² =0.2, df=1(P=0.66); I ² =0%					
Test for overall effect: Z=1.91(P=0.06)					

Favours SSRI 0.01 0.1 1 10 100 Favours control

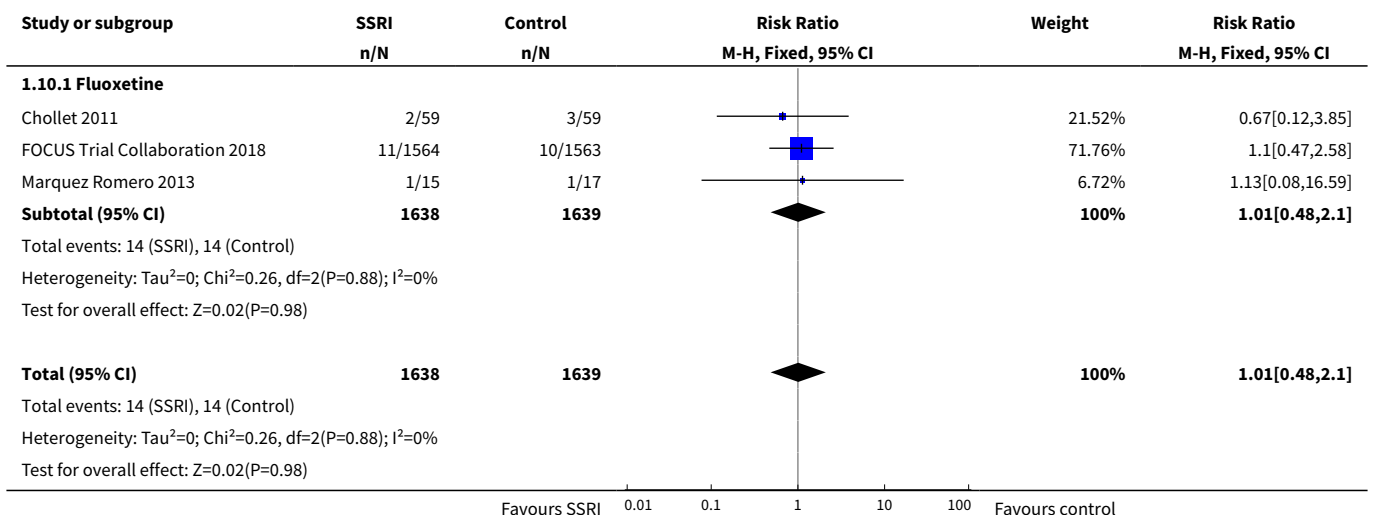
Analysis 1.8. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 8 Gastrointestinal side effects.



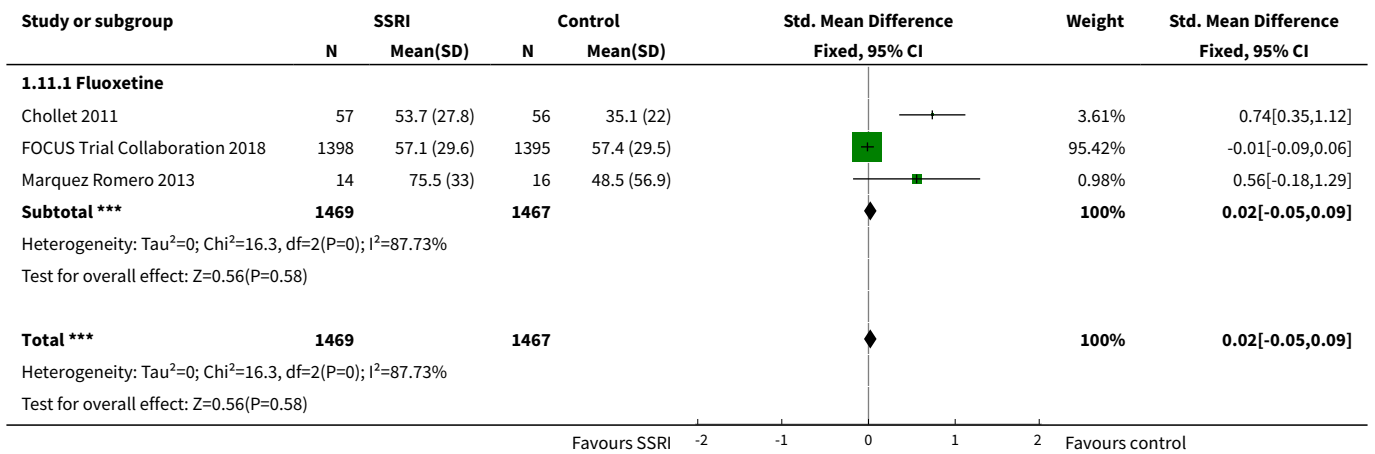
Analysis 1.9. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 9 Bleeding.



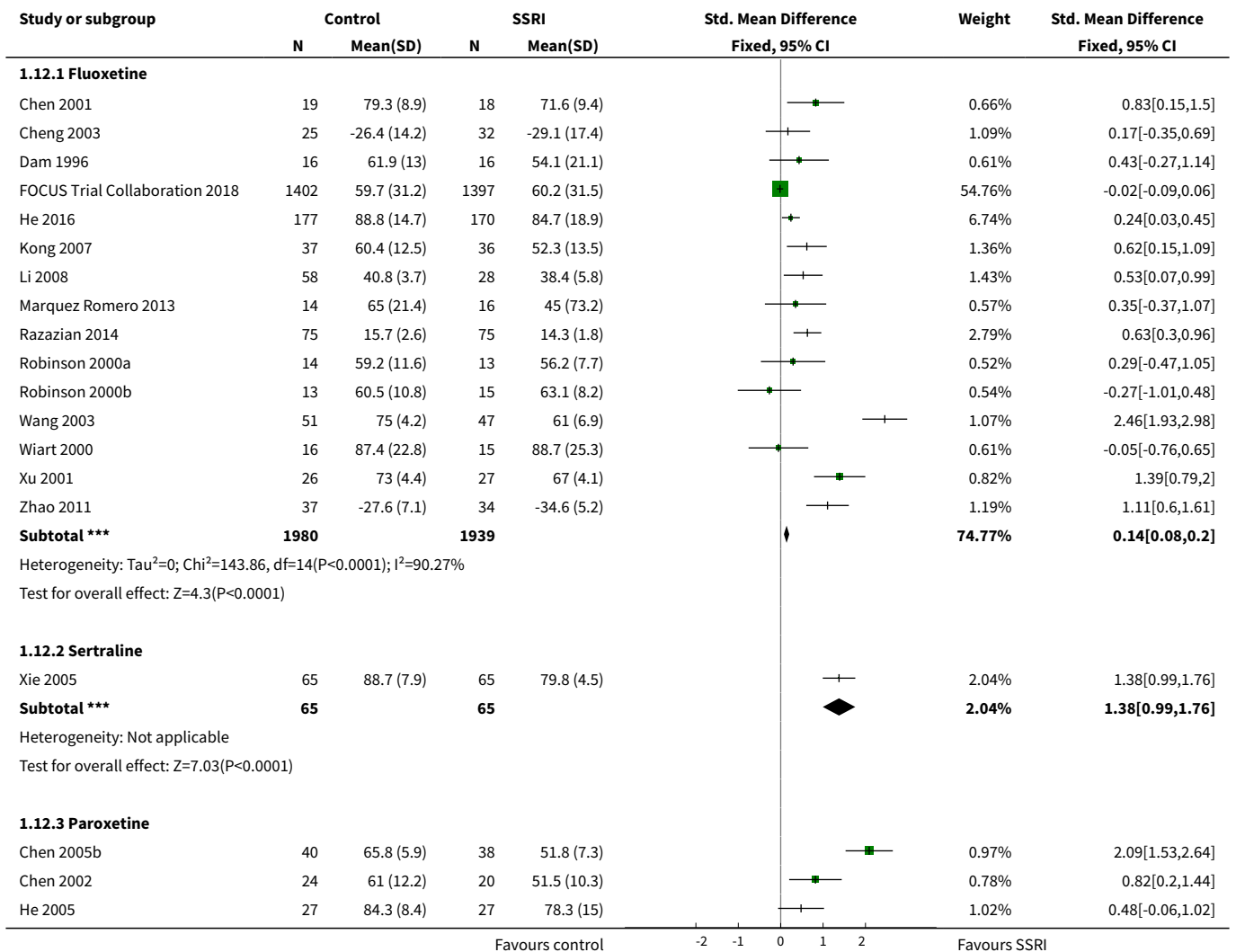
Analysis 1.10. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 10 Leaving the trial before the end of scheduled follow-up.

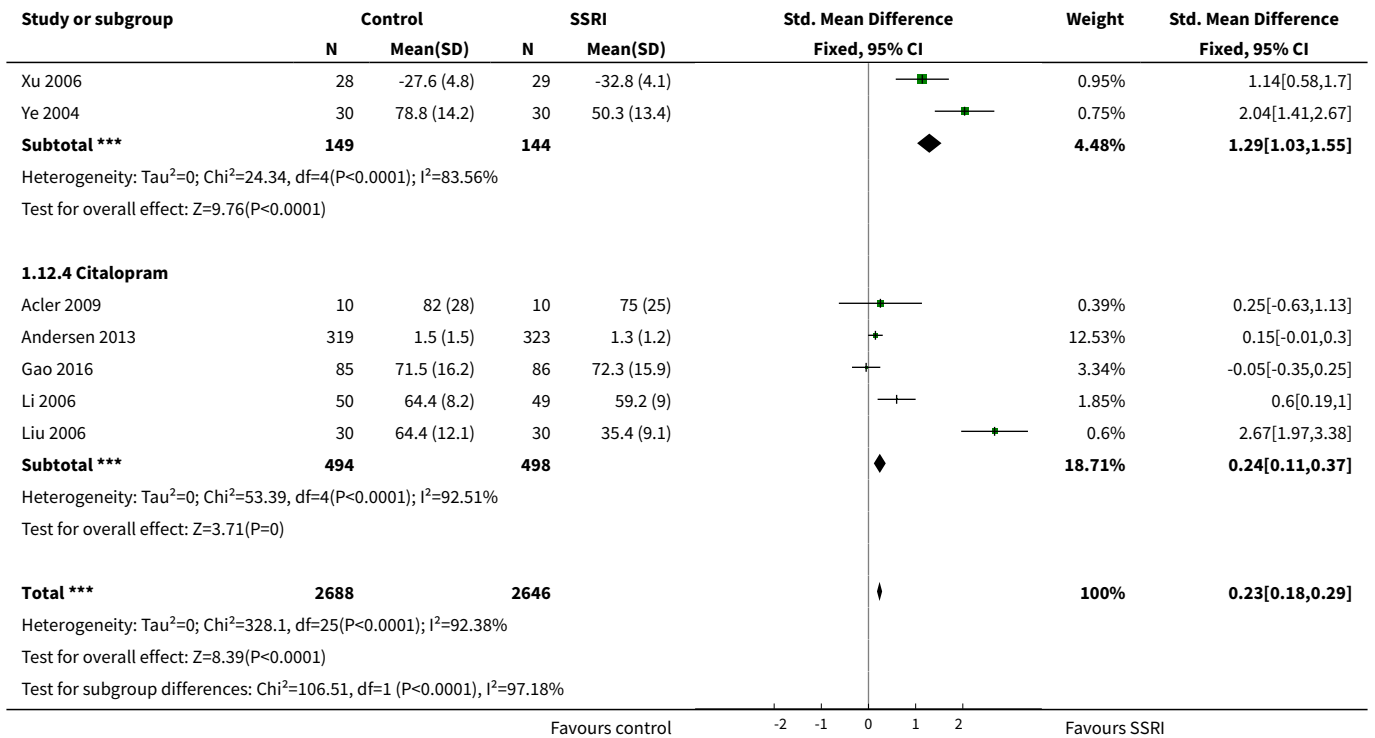


Analysis 1.11. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 11 Motor deficits.

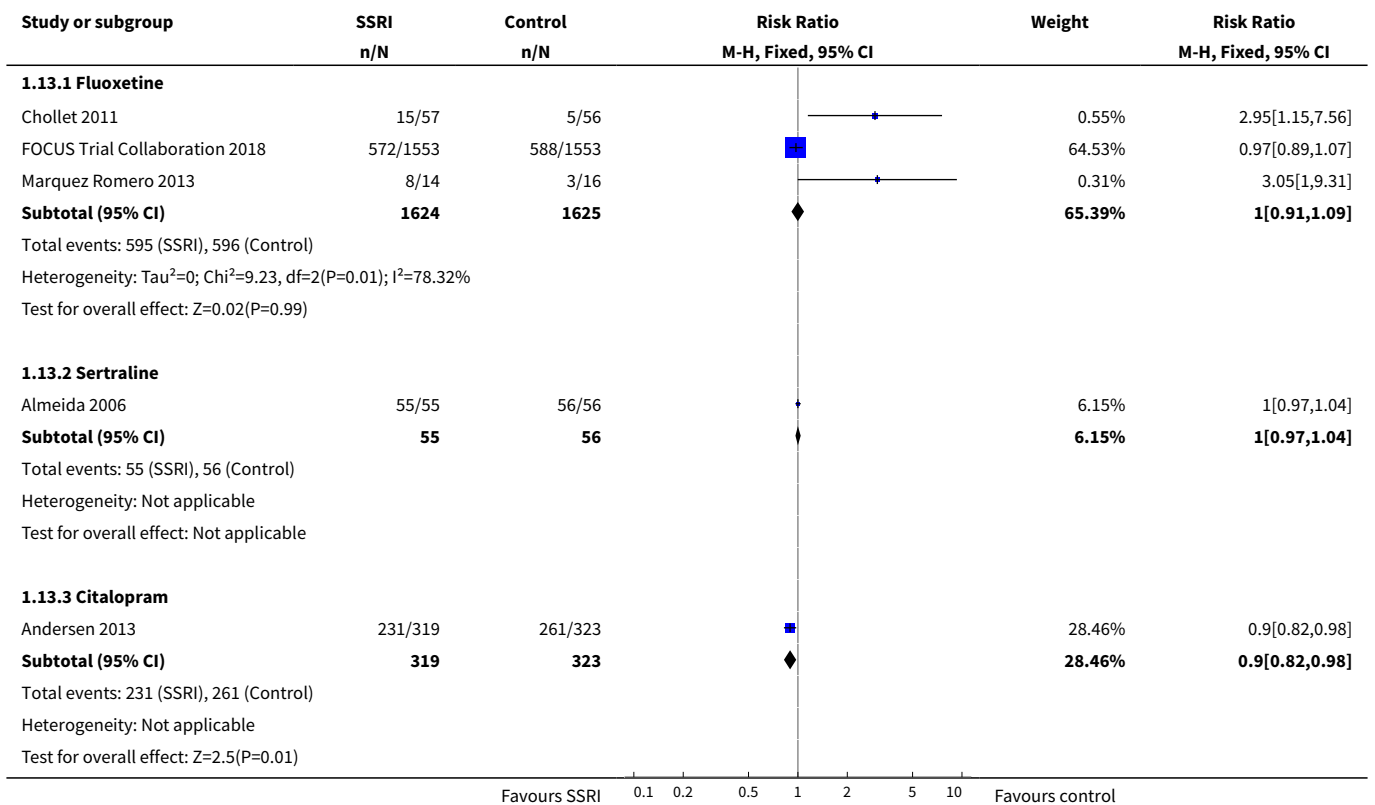


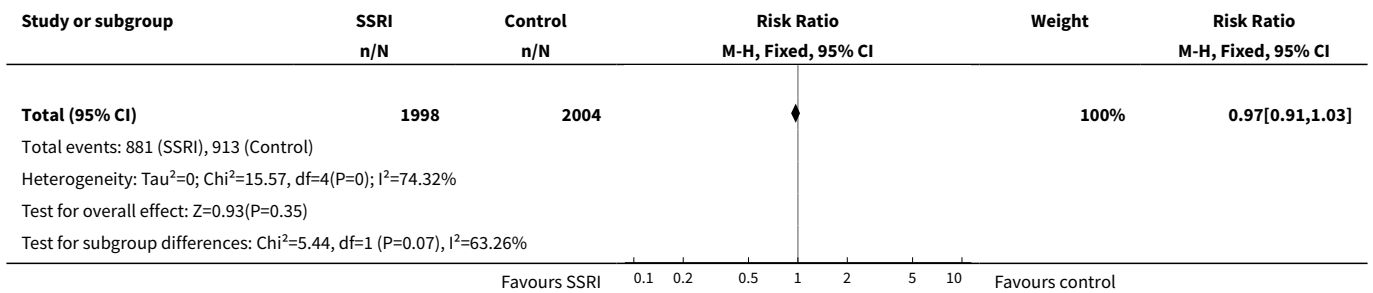
Analysis 1.12. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 12 Disability (sensitivity analyses all studies regardless of RoB).





Analysis 1.13. Comparison 1 SSRI versus control at end of treatment, by SSRI, Outcome 13 Independent on modified Rankin score (mRS 0 to 2) (sensitivity analysis).





APPENDICES

Appendix 1. Cochrane Central Register of Controlled Trials (CENTRAL) search strategy

- #1. MeSH descriptor Cerebrovascular Disorders explode all trees
- #2. (stroke in Title, Abstract or Keywords or poststroke in Title, Abstract or Keywords or post-stroke in Title, Abstract or Keywords or cerebrovasc* in Title, Abstract or Keywords or (brain in Title, Abstract or Keywords and vas* in Title, Abstract or Keywords) or (cerebral in Title, Abstract or Keywords and vas* in Title, Abstract or Keywords) or cva* in Title, Abstract or Keywords or apoplex* in Title, Abstract or Keywords or SAH in Title, Abstract or Keywords)
- #3. ((brain* in Title, Abstract or Keywords or cerebr* in Title, Abstract or Keywords or cerebell* in Title, Abstract or Keywords or intracran* in Title, Abstract or Keywords or intracerebral in Title, Abstract or Keywords) and (ischemi* in Title, Abstract or Keywords or ischaemi* in Title, Abstract or Keywords or infarct* in Title, Abstract or Keywords or thrombo* in Title, Abstract or Keywords or emboli* in Title, Abstract or Keywords or occlus* in Title, Abstract or Keywords))
- #4. ((brain* in Title, Abstract or Keywords or cerebr* in Title, Abstract or Keywords or cerebell* in Title, Abstract or Keywords or intracerebral in Title, Abstract or Keywords or intracranial in Title, Abstract or Keywords or subarachnoid in Title, Abstract or Keywords) and (haemorrhage* in Title, Abstract or Keywords or hemorrhage* in Title, Abstract or Keywords or haematoma* in Title, Abstract or Keywords or hematoma* in Title, Abstract or Keywords or bleed* in Title, Abstract or Keywords))
- #5. MeSH descriptor hemiplegia this term only
- #6. MeSH descriptor paresis explode all trees
- #7. MeSH descriptor Gait Disorders, Neurologic explode all trees
- #8. (hemipleg* in Title, Abstract or Keywords or hemipar* in Title, Abstract or Keywords or paresis in Title, Abstract or Keywords or paretic in Title, Abstract or Keywords)
- #9. (#1 or #2 or #3 or #4 or #5 or #6 or #7 or #8)
- #10. MeSH descriptor Serotonin Uptake Inhibitors explode all trees
- #11. (serotonin in Title, Abstract or Keywords or 5-HT in Title, Abstract or Keywords or "5 HT" in Title, Abstract or Keywords or 5-hydroxytryptamine in Title, Abstract or Keywords or "5 hydroxytryptamine" in Title, Abstract or Keywords)
- #12. (uptake in Title, Abstract or Keywords or reuptake in Title, Abstract or Keywords or re-uptake in Title, Abstract or Keywords)
- #13. inhib* in Title, Abstract or Keywords
- #14. (#11 and #12 and #13)
- #15. SSRI* in Title, Abstract or Keywords
- #16. (alaproclat* in Title, Abstract or Keywords or cericlamin* in Title, Abstract or Keywords or citalopram in Title, Abstract or Keywords or dapoxetine* in Title, Abstract or Keywords or escitalopram in Title, Abstract or Keywords or femoxetine* in Title, Abstract or Keywords or fluoxetine* in Title, Abstract or Keywords or fluvoxamin* in Title, Abstract or Keywords or paroxetine* in Title, Abstract or Keywords or sertraline* in Title, Abstract or Keywords or trazodone in Title, Abstract or Keywords or vilazodone in Title, Abstract or Keywords or zimelidine in Title, Abstract or Keywords)
- #17. (Celexa in Title, Abstract or Keywords or Cipramil in Title, Abstract or Keywords or Cipram in Title, Abstract or Keywords or Recital in Title, Abstract or Keywords or Emocal in Title, Abstract or Keywords or Dalsan in Title, Abstract or Keywords or Sepram in Title, Abstract or Keywords or Seropram in Title, Abstract or Keywords or Citox in Title, Abstract or Keywords or Priligy in Title, Abstract or Keywords or Lexapro in Title, Abstract or Keywords or Cipralex in Title, Abstract or Keywords or Seroplex in Title, Abstract or Keywords or Esertia in Title, Abstract or Keywords or Prozac in Title, Abstract or Keywords or Fontex in Title, Abstract or Keywords or Seromex in Title, Abstract or Keywords or Seronil in Title, Abstract or Keywords or Sarafem in Title, Abstract or Keywords or Ladose in Title, Abstract or Keywords or Motivest in Title, Abstract or Keywords or Fluctin in Title, Abstract or Keywords or fluox in Title, Abstract or Keywords or Lovan in Title, Abstract or Keywords or Luvox in Title, Abstract or Keywords or Fevarin in Title, Abstract or Keywords or Faverin in Title, Abstract or Keywords or Favoxil in Title, Abstract or Keywords or Movox in Title, Abstract or Keywords or Paxil in Title, Abstract or Keywords or Seroxat in Title, Abstract or Keywords or Sereupin in Title, Abstract or Keywords or Aropax in Title, Abstract or Keywords or Deroxat in Title, Abstract or Keywords or Divarius in Title, Abstract or Keywords or Rexetin in Title, Abstract or Keywords or Xetanor in Title, Abstract or Keywords or

Paroxat in Title, Abstract or Keywords or Loxamine in Title, Abstract or Keywords or Zoloft in Title, Abstract or Keywords or Lustral in Title, Abstract or Keywords or Serlain in Title, Abstract or Keywords or Asentra in Title, Abstract or Keywords)

#18. (#10 or #14 or #15 or #16 or #17)

#19. (#9 and #18)

Appendix 2. MEDLINE (Ovid) search strategy

1. cerebrovascular disorders/ or exp basal ganglia cerebrovascular disease/ or exp brain ischemia/ or exp carotid artery diseases/ or exp intracranial arterial diseases/ or exp "intracranial embolism and thrombosis"/ or exp intracranial hemorrhages/ or stroke/ or exp brain infarction/ or vertebral artery dissection/
2. (stroke or poststroke or post-stroke or cerebrovasc\$ or brain vasc\$ or cerebral vasc\$ or cva\$ or apoplex\$ or SAH).tw.
3. ((brain\$ or cerebr\$ or cerebell\$ or intracran\$ or intracerebral) adj5 (isch?emi\$ or infarct\$ or thrombo\$ or emboli\$ or occlus\$)).tw.
4. ((brain\$ or cerebr\$ or cerebell\$ or intracerebral or intracranial or subarachnoid) adj5 (haemorrhage\$ or hemorrhage\$ or haematoma\$ or hematoma\$ or bleed\$)).tw.
5. hemiplegia/ or exp paresis/
6. (hemipleg\$ or hemipar\$ or paresis or paretic).tw.
7. exp Gait Disorders, Neurologic/
8. or/1-7
9. exp Serotonin Uptake Inhibitors/
10. ((serotonin or 5-HT or 5 HT or 5-hydroxytryptamine or 5 hydroxytryptamine) adj5 (uptake or reuptake or re-uptake) adj5 inhib\$).tw.
11. SSRI\$1.tw.
12. (alaproclat\$ or cericlamin\$ or citalopram or dapoxetine\$ or escitalopram or femoxetine\$ or fluoxetine\$ or fluvoxamin\$ or paroxetine\$ or sertralin\$ or trazodone or vilazodone or zimelidine).tw,nm.
13. (Celexa or Cipramil or Cipram or Recital or Emocal or Dalsan or Sepram or Seropram or Citox or Priligy or Lexapro or Cipralext or Seroplex or Esertia or Prozac or Fontex or Seromex or Seronil or Sarafem or Ladose or Motivest or Fluctin or fluox or Lovan or Luvox or Fevarin or Faverin or Favoxil or Movox or Paxil or Seroxat or Sereupin or Aropax or Deroxat or Divarius or Rexetin or Xetanor or Paroxat or Loxamine or Zoloft or Lustral or Serlain or Asentra).tw,nm.
14. 9 or 10 or 11 or 12 or 13
15. 8 and 14
16. exp animals/ not humans.sh.
17. 15 not 16
18. Randomized Controlled Trials as Topic/
19. random allocation/
20. Controlled Clinical Trials as Topic/
21. control groups/
22. clinical trials as topic/ or clinical trials, phase i as topic/ or clinical trials, phase ii as topic/ or clinical trials, phase iii as topic/ or clinical trials, phase iv as topic/
23. Clinical Trials Data Monitoring Committees/
24. double-blind method/
25. single-blind method/
26. Placebos/
27. placebo effect/
28. cross-over studies/
29. Multicenter Studies as Topic/
30. Therapies, Investigational/
31. Drug Evaluation/
32. Research Design/
33. Program Evaluation/
34. evaluation studies as topic/
35. randomized controlled trial.pt.
36. controlled clinical trial.pt.
37. (clinical trial or clinical trial phase i or clinical trial phase ii or clinical trial phase iii or clinical trial phase iv).pt.
38. multicenter study.pt.
39. (evaluation studies or comparative study).pt.
40. meta analysis.pt.
41. meta-analysis as topic/
42. random\$.tw.
43. (controlled adj5 (trial\$ or stud\$)).tw.
44. (clinical\$ adj5 trial\$).tw.
45. ((control or treatment or experiment\$ or intervention) adj5 (group\$ or subject\$ or patient\$)).tw.
46. (quasi-random\$ or quasi random\$ or pseudo-random\$ or pseudo random\$).tw.
47. ((multicenter or multicentre or therapeutic) adj5 (trial\$ or stud\$)).tw.

48. ((control or experiment\$ or conservative) adj5 (treatment or therapy or procedure or manage\$)).tw.
49. ((singl\$ or doubl\$ or tripl\$ or trebl\$) adj5 (blind\$ or mask\$)).tw.
50. (coin adj5 (flip or flipped or toss\$)).tw.
51. latin square.tw.
52. versus.tw.
53. (cross-over or cross over or crossover).tw.
54. placebo\$.tw.
55. sham.tw.
56. (assign\$ or alternate or allocat\$ or counterbalance\$ or multiple baseline).tw.
57. controls.tw.
58. (treatment\$ adj6 order).tw.
59. (meta-analy\$ or metaanaly\$ or meta analy\$ or systematic review or systematic overview).tw.
60. or/18-59
61. 17 and 60

Appendix 3. EMBASE (Ovid) search strategy

1. cerebrovascular disease/ or basal ganglion hemorrhage/ or exp brain hematoma/ or exp brain hemorrhage/ or exp brain infarction/ or exp brain ischemia/ or exp carotid artery disease/ or cerebral artery disease/ or cerebrovascular accident/ or exp intracranial aneurysm/ or exp occlusive cerebrovascular disease/ or stroke/
2. stroke unit/ or stroke patient/
3. (stroke or poststroke or post-stroke or cerebrovasc\$ or brain vasc\$ or cerebral vasc\$ or cva\$ or apoplex\$ or SAH).tw.
4. ((brain\$ or cerebr\$ or cerebell\$ or intracran\$ or intracerebral) adj5 (isch?emi\$ or infarct\$ or thrombo\$ or emboli\$ or occlus\$)).tw.
5. ((brain\$ or cerebr\$ or cerebell\$ or intracerebral or intracranial or subarachnoid) adj5 (haemorrhage\$ or hemorrhage\$ or haematoma\$ or hematoma\$ or bleed\$)).tw.
6. hemiparesis/ or hemiplegia/ or paresis/
7. (hemipleg\$ or hemipar\$ or paresis or paretic).tw.
8. or/1-7
9. exp serotonin uptake inhibitor/
10. ((serotonin or 5-HT or 5 HT or 5-hydroxytryptamine or 5 hydroxytryptamine) adj5 (uptake or reuptake or re-uptake) adj5 inhib\$).tw.
11. SSRI\$1.tw.
12. (alaproclat\$ or cericlamin\$ or citalopram or dapoxetine\$ or escitalopram or femoxetine\$ or fluoxetine\$ or fluvoxamin\$ or paroxetine\$ or sertraline\$ or trazodone or vilazodone or zimelidine).tw.
13. (Celexa or Cipramil or Cipram or Recital or Emocal or Dalsan or Sepram or Seropram or Citox or Priligy or Lexapro or Cipralext or Seroplex or Esertia or Prozac or Fontex or Seromex or Seronil or Sarafem or Ladose or Motivest or Fluctin or fluox or Lovan or Luvox or Fevarin or Faverin or Favoxil or Movox or Paxil or Seroxtat or Sereupin or Aropax or Deroxat or Divarius or Rexetin or Xetanor or Paroxat or Loxamine or Zolof or Lustral or Serlain or Asentra).tw,tn.
14. 9 or 10 or 11 or 12 or 13
15. 8 and 14
16. limit 15 to human
17. Randomized Controlled Trial/
18. Randomization/
19. Controlled Study/
20. control group/
21. clinical trial/ or phase 1 clinical trial/ or phase 2 clinical trial/ or phase 3 clinical trial/ or phase 4 clinical trial/ or controlled clinical trial/
22. Double Blind Procedure/
23. Single Blind Procedure/ or triple blind procedure/
24. placebo/
25. "types of study"/
26. research subject/
27. random\$.tw.
28. (controlled adj5 (trial\$ or stud\$)).tw.
29. (clinical\$ adj5 trial\$).tw.
30. ((control or treatment or experiment\$ or intervention) adj5 (group\$ or subject\$ or patient\$)).tw.
31. (quasi-random\$ or quasi random\$ or pseudo-random\$ or pseudo random\$).tw.
32. ((singl\$ or doubl\$ or tripl\$ or trebl\$) adj5 (blind\$ or mask\$)).tw.
33. (coin adj5 (flip or flipped or toss\$)).tw.
34. versus.tw.
35. placebo\$.tw.
36. controls.tw.
37. or/17-36
38. 16 and 37

Appendix 4. CINAHL (Ebsco) search strategy

S23. S12 and S22

S22. S13 or S17 or S18 or S19 or S20 or S21

S21. AB Celexa or Cipramil or Cipram or Recital or Emocal or Dalsan or Sepram or Seropram or Citox or Priligy or Lexapro or Cipralex or Seroplex or Esertia or Prozac or Fontex or Seromex or Seronil or Sarafem or Ladose or Motivest or Fluctin or fluox or Lovan or Luvox or Fevarin or Faverin or Favoxil or Movox or Paxil or Seroxat or Sereupin or Aropax or Deroxat or Divarius or Rexetin or Xetanor or Paroxat or Loxamine or Zoloft or Lustral or Serlain or Asentra

S20. TI Celexa or Cipramil or Cipram or Recital or Emocal or Dalsan or Sepram or Seropram or Citox or Priligy or Lexapro or Cipralex or Seroplex or Esertia or Prozac or Fontex or Seromex or Seronil or Sarafem or Ladose or Motivest or Fluctin or fluox or Lovan or Luvox or Fevarin or Faverin or Favoxil or Movox or Paxil or Seroxat or Sereupin or Aropax or Deroxat or Divarius or Rexetin or Xetanor or Paroxat or Loxamine or Zoloft or Lustral or Serlain or Asentra

S19. TI (alaproclat* or cericlamin* or citalopram or dapoxetine* or escitalopram or femoxetine* or fluoxetine* or fluvoxamin* or paroxetine* or sertralin* or trazodone or vilazodone or zimelidine) OR AB (alaproclat* or cericlamin* or citalopram or dapoxetine* or escitalopram or femoxetine* or fluoxetine* or fluvoxamin* or paroxetine* or sertralin* or trazodone or vilazodone or zimelidine)

S18. TI SSRI* OR AB SSRI*

S17. S14 and S15 and S16

S16. TI inhib* OR AB inhib*

S15. TI (uptake or reuptake or re-uptake) OR AB (uptake or reuptake or re-uptake)

S14. TI (serotonin or 5-HT or 5 HT or 5-hydroxytryptamine or 5 hydroxytryptamine) OR AB (serotonin or 5-HT or 5 HT or 5-hydroxytryptamine or 5 hydroxytryptamine)

S13. (MH "Serotonin Uptake Inhibitors+")

S12. S1 or S2 or S3 or S6 or S9 or S10 or S11

S11. TI (hemipleg* or hemipar* or paresis or paretic) or AB (hemipleg* or hemipar* or paresis or paretic)

S10. (MH "Hemiplegia")

S9. S7 and S8

S8. TI (haemorrhage* or hemorrhage* or haematoma* or hematoma* or bleed*) or AB (haemorrhage* or hemorrhage* or haematoma* or hematoma* or bleed*)

S7. TI (brain* or cerebr* or cerebell* or intracerebral or intracranial or subarachnoid) or AB (brain* or cerebr* or cerebell* or intracerebral or intracranial or subarachnoid)

S6. S4 and S5

S5. TI (ischemi* or ischaemi* or infarct* or thrombo* or emboli* or occlus*) or AB (ischemi* or ischaemi* or infarct* or thrombo* or emboli* or occlus*)

S4. TI (brain* or cerebr* or cerebell* or intracran* or intracerebral) or AB (brain* or cerebr* or cerebell* or intracran* or intracerebral)

S3. TI (stroke or poststroke or post-stroke or cerebrovasc* or brain vas* or cerebral vas* or cva or apoplex or SAH) or AB (stroke or poststroke or post-stroke or cerebrovasc* or brain vas* or cerebral vas* or cva or apoplex or SAH)

S2. (MH "Stroke Patients") OR (MH "Stroke Units")

S1. (MH "Cerebrovascular Disorders") OR (MH "Basal Ganglia Cerebrovascular Disease+") OR (MH "Carotid Artery Diseases+") OR (MH "Cerebral Ischemia+") OR (MH "Cerebral Vasospasm") OR (MH "Intracranial Arterial Diseases+") OR (MH "Intracranial Embolism and Thrombosis") OR (MH "Intracranial Hemorrhage+") OR (MH "Stroke") OR (MH "Vertebral Artery Dissections")

Appendix 5. AMED (Ovid) search strategy

1. cerebrovascular disorders/ or cerebral hemorrhage/ or cerebral infarction/ or cerebral ischemia/ or cerebrovascular accident/ or stroke/

2. (stroke or poststroke or post-stroke or cerebrovasc\$ or brain vas\$ or cerebral vas\$ or cva\$ or apoplex\$ or SAH).tw.

3. ((brain\$ or cerebr\$ or cerebell\$ or intracran\$ or intracerebral) adj5 (isch?emi\$ or infarct\$ or thrombo\$ or emboli\$ or occlus\$)).tw.

4. ((brain\$ or cerebr\$ or cerebell\$ or intracerebral or intracranial or subarachnoid) adj5 (haemorrhage\$ or hemorrhage\$ or haematoma\$ or hematoma\$ or bleed\$)).tw.

5. hemiplegia/

6. (hemipleg\$ or hemipar\$ or paresis or paretic).tw.

7. or/1-6

8. antidepressive agents/

9. ((serotonin or 5-HT or 5 HT or 5-hydroxytryptamine or 5 hydroxytryptamine) adj5 (uptake or reuptake or re-uptake) adj5 inhib\$).tw.

10. SSRI\$1.tw.

11. (alaproclat\$ or cericlamin\$ or citalopram or dapoxetine\$ or escitalopram or femoxetine\$ or fluoxetine\$ or fluvoxamin\$ or paroxetine\$ or sertralin\$ or trazodone or vilazodone or zimelidine).tw.

12. (Celexa or Cipramil or Cipram or Recital or Emocal or Dalsan or Sepram or Seropram or Citox or Priligy or Lexapro or Cipralex or Seroplex or Esertia or Prozac or Fontex or Seromex or Seronil or Sarafem or Ladose or Motivest or Fluctin or fluox or Lovan or Luvox or Fevarin or Faverin or Favoxil or Movox or Paxil or Seroxat or Sereupin or Aropax or Deroxat or Divarius or Rexetin or Xetanor or Paroxat or Loxamine or Zoloft or Lustral or Serlain or Asentra).tw.

13. 8 or 9 or 10 or 11 or 12

14. 7 and 13

Appendix 6. PsycINFO (Ovid) search strategy

1. cerebrovascular disorders/ or cerebral hemorrhage/ or exp cerebral ischemia/ or cerebral small vessel disease/ or cerebrovascular accidents/ or subarachnoid hemorrhage/
2. (stroke or poststroke or post-stroke or cerebrovasc\$ or brain vas\$ or cerebral vas\$ or cva\$ or apoplex\$ or SAH).tw.
3. ((brain\$ or cerebr\$ or cerebell\$ or intracran\$ or intracerebral) adj5 (isch?emi\$ or infarct\$ or thrombo\$ or emboli\$ or occlus\$)).tw.
4. ((brain\$ or cerebr\$ or cerebell\$ or intracerebral or intracranial or subarachnoid) adj5 (haemorrhage\$ or hemorrhage\$ or haematoma\$ or hematoma\$ or bleed\$)).tw.
5. (hemipleg\$ or hemipar\$ or paresis or paretic).tw.
6. hemiparesis/ or hemiplegia/
7. or/1-6
8. exp serotonin reuptake inhibitors/
9. ((serotonin or 5-HT or 5 HT or 5-hydroxytryptamine or 5 hydroxytryptamine) adj5 (uptake or reuptake or re-uptake) adj5 inhib\$).tw.
10. SSRI\$1.tw.
11. (alaproclat\$ or cericlamin\$ or citalopram or dapoxetine\$ or escitalopram or femoxetine\$ or fluoxetine\$ or fluvoxamin\$ or paroxetine\$ or sertraline\$ or trazodone or vilazodone or zimelidine).tw.
12. (Celexa or Cipramil or Cipram or Recital or Emocal or Dalsan or Sepram or Seropram or Citox or Priligy or Lexapro or Cipralext or Seroplex or Esertia or Prozac or Fontex or Seromex or Seronil or Sarafem or Ladose or Motivest or Fluctin or fluox or Lovan or Luvox or Fevarin or Faverin or Favoxil or Movox or Paxil or Seroxat or Sereupin or Aropax or Deroxat or Divarius or Rexetin or Xetanor or Paroxat or Loxamine or Zoloft or Lustral or Serlain or Asentra).tw.
13. 8 or 9 or 10 or 11 or 12
14. 7 and 13

Appendix 7. Search strategy for the trial registers

Patient: stroke

Intervention: alaproclate OR cericlamine OR citalopram OR clomipramine OR dapoxetine OR etoperidone OR femoxetine OR fenfluramine OR fluoxetine OR fluvoxamine OR norfenfluramine OR paroxetine OR sertraline OR trazodone OR vilazodone OR zimelidine

Comparison: placebo

Trial status: ongoing OR Recruiting OR Not yet recruiting OR Active

Age: adult OR older adult

Methods: Randomised Controlled Study

WHAT'S NEW

Date	Event	Description
14 March 2019	New citation required and conclusions have changed	We include 2 new high-quality trials. Meta-analysis of all the high-quality trials shows no effect on either of the co-primary outcomes of independence and disability. Meta-analysis of all trials irrespective of trial quality showed that SSRIs reduced disability at the end of treatment.
14 March 2019	New search has been performed	<p>We have clarified that there are 2 primary outcomes: independence and disability.</p> <p>For modified Rankin Score (mRS) in advance of starting this update, we decided to report the proportion of independent participants compared with the proportion dead or dependent which is the usual convention in stroke trials. In the previous version we had reported the proportion dependent and had excluded the dead participants from the analysis.</p> <p>We checked the total number of participants included in the 2012 review. We had stated that the trials included 4060 participants; there were errors in the arithmetic (due to counting number allocated rather than those recruited, and omitting to count data from 2 small trials). When we recalculated the figures, there</p>

Date	Event	Description
		<p>were 4109 recruited. We excluded 7 of these trials (439 participants) which had combined an SSRI with another active intervention and compared it to the active treatment alone or where there was a non-random component to sequence generation process (see list of excluded studies in text).</p> <p>We added 14 new completed trials, recruiting 5498 participants.</p> <p>There are now a total of 63 trials recruiting a total of 9168 participants.</p> <p>We decided to restrict our primary analyses only to those trials at low risk of bias. We did this because we wished to provide a clear answer about the risks and benefits of SSRIs, which was not influenced by trial quality and because it would have been impractical, given the resources for this update, to perform analyses including all the low-quality trials. We made this decision before we knew the results of the largest trial in this review (FOCUS). We have, however, performed a sensitivity analysis for dependence and disability (our primary outcomes) using data from all trials; as in the first version of the review, this sensitivity analysis showed that when low-quality trials are included, results tend to be in favour of SSRIs.</p> <p>We adhered to the MECIR standards for conduct and reporting.</p> <p>We shortened our list of excluded studies in line with the Cochrane Handbook, by not listing those studies that obviously did not fulfil inclusion criteria, including those studies which clearly had an ineligible comparator, intervention or study design.</p>

HISTORY

Protocol first published: Issue 11, 2011

Review first published: Issue 11, 2012

Date	Event	Description
26 August 2013	Amended	<p>The review authors identified minor errors following publication of the previous version. These errors have now been corrected and have resulted in very minor changes in SMD for disability and some I² values. The changes have not materially changed the results or conclusions of the review.</p> <p>Changes made:</p> <p>(1) the total number of participants has been changed from 4059 to 4060;</p> <p>(2) Almeida 2006 recruited people without depression; this has been corrected in the 'Characteristics of included studies' table, and data have been moved to 'did not have to have depression' in the relevant subgroup analyses;</p> <p>(3) disability data for Acler 2009 had been entered incorrectly; this has now been corrected.</p>

CONTRIBUTIONS OF AUTHORS

Gillian Mead conceived the study, screened references, extracted data, assessed risk of bias, performed the analyses and wrote the first draft.

Lynn Legg searched for studies selected studies for inclusion, collected data, assessed risk of bias, managed studies through the review process, contributed to the final version.

Russel Tilney screened citations, retrieved potentially relevant papers and screened their eligibility, assisted with data extraction, performed 'Risk of bias' assessments and drafted an initial version of a manuscript for the fluoxetine trials.

Cheng Fang Hsieh screened citations, retrieved potentially relevant papers and screened their eligibility, assisted with data extraction, performed 'Risk of bias' assessments and approved the final version.

Simiao Wu screened citations, retrieved potentially relevant papers and screened their eligibility, assisted with data extraction, performed 'Risk of bias' assessments and approved the final version.

Erik Lundström screened citations, retrieved potentially relevant papers and screened their eligibility, assisted with data extraction performed 'Risk of bias' assessments and approved the final version.

Ann-Sofie Rudberg screened citations, retrieved potentially relevant papers and screened their eligibility, assisted with data extraction, performed 'Risk of bias' assessments and approved the final version.

Mansur Kutlubaev screened citations, retrieved potentially relevant papers and screened their eligibility, assisted with data extraction, performed 'Risk of bias' assessments and approved the final version.

Babak Soleimani screened citations, retrieved potentially relevant papers and screened their eligibility, assisted with data extraction, performed 'Risk of bias' assessments and approved the final version.

Amanda Barugh screened citations, retrieved potentially relevant papers and screened their eligibility, assisted with data extraction, drafted the manuscript for submission, performed 'Risk of bias' assessments and approved the final version.

Maree Hackett screened citations, retrieved potentially relevant papers and screened their eligibility, assisted with data extraction, performed 'Risk of bias' assessments and approved the final version.

Graeme Hankey conceived the review, provided expertise in relation to analysis methods, checked the list of excluded studies and approved the final version of the review.

Martin Dennis provided topic expertise, advised on methods of analysis and approved the final version.

DECLARATIONS OF INTEREST

Lynn A Legg: none known.

Russel Tilney: none known.

Cheng-Fang Hsieh: none known.

Simiao Wu: none known.

Erik Lundström: none known.

Ann-Sofie Rudberg: none known.

Mansur A Kutlubaev: none known.

Martin Dennis: none known.

Babak Soleimani: none known.

Amanda Barugh: none known.

Maree L Hackett: during the completion of this work Maree Hackett was supported by a National Health and Medical Research Council of Australia Career Development Fellowship, Population Health (Level 2), APP1141328 (1/1/18-31/12/21)

Graeme J Hankey: in the past three years, GJH has a project grant from the National Health and Medical Research Council of Australia to lead a trial of fluoxetine for stroke recovery (AFFINITY trial). He has also received honoraria from the American Heart Association for serving as an associated editor of the journal *Circulation*, and from AC Immune for chairing the data safety monitoring committee of two clinical trials of vaccines for Alzheimer's disease.

Gillian E Mead: has developed a course on exercise after stroke which was licensed to Later Life Training, who pay royalties for the course. These royalties are used to support further research in this area. She has received expenses for speaking at conferences on exercise and fatigue after stroke.

Gillian Mead, Martin Dennis, Maree Hackett, Erik Lundstrom and Graeme Hankey are investigators on the FOCUS trial (Fluoxetine or control under supervision) in the UK, the AFFINITY (Assessment of fluoxetine in stroke recovery) trial in Australia ([Hankey 2011](#)), and the EFFECTS trial in Sweden designed to assess the impact of fluoxetine on disability and dependency after stroke ([Lundström 2014](#)). None of these review authors extracted data from [FOCUS Trial Collaboration 2018](#).

SOURCES OF SUPPORT

Internal sources

- None, Other.

External sources

- Stroke Research Network, UK.

Stroke Research Network in England provided some financial support to the Cochrane Stroke Group for assistance with the searches

- Scotland, Other.

Scottish Stroke Research Network provided some funding to the Cochrane Stroke group for assistance with the searches

- Incentive grant from National Institute of Health Research, UK.

£5000 incentive grant to support an honorarium to Lynn Legg

DIFFERENCES BETWEEN PROTOCOL AND REVIEW

Changes to 'Criteria for considering studies for this review'

We edited the [Types of studies](#) section: we excluded trials which combined an SSRI with another active intervention and compared it to the active treatment alone. We restricted the criteria for considering studies for this review to randomised controlled trials and excluded studies where investigators described a non-random component in the sequence generation process.

Changes to 'Data collection and analysis'

We edited the [Methods](#) section of the review to reflect current MECIR standards, adding information for [Assessment of risk of bias in included studies](#); [Measures of treatment effect](#); [Unit of analysis issues](#); [Dealing with missing data](#); [Assessment of heterogeneity](#); [Assessment of reporting biases](#); and [Subgroup analysis and investigation of heterogeneity](#). We also restricted the meta-analyses to studies at low risk of bias.

Changes to Results

We excluded three studies that were previously included but were no longer eligible for this review, as there was a non-random component in the sequence generation process ([Li 2002](#); [Liang 2003](#); [Zhou 2003](#)). We excluded four studies that combined an SSRI with another active intervention and compared it to the active treatment alone ([Finkenzeller 2009](#); [Ji 2000](#); [Liu 2004](#); [Xu 2007](#)). We excluded two studies ([Graffagnino 2002](#); [Sitzer 2002](#)), listed as 'Awaiting classification' in the previous version of this review ([Mead 2012](#)). We could find no published results and when we sought further information from the authors, we received no responses.

We renamed previously included studies to match current Cochrane standards: EMOTION 2011 is now [Kim 2011](#); FOCUS 2011 is now [FOCUS Trial Collaboration 2018](#); AFFINITY is now [Hankey 2011](#); EFFECTS is now [Lundström 2014](#).

INDEX TERMS

Medical Subject Headings (MeSH)

Anxiety [*drug therapy]; Citalopram [therapeutic use]; Cognition [drug effects]; Depression [*drug therapy]; Fluoxetine [therapeutic use]; Nervous System Diseases [drug therapy]; Paroxetine [therapeutic use]; Randomized Controlled Trials as Topic; Serotonin Uptake Inhibitors [adverse effects] [*therapeutic use]; Sertraline [therapeutic use]; Stroke [*drug therapy] [psychology]; Stroke Rehabilitation

MeSH check words

Adult; Humans