

HHS Public Access

Author manuscript Am J Nephrol. Author manuscript; available in PMC 2021 January 01.

Published in final edited form as: Am J Nephrol. 2020 ; 51(1): 43–53. doi:10.1159/000504869.

Utility of genomic testing after renal biopsy

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Abstract

Background: Renal biopsy is the mainstay of renal pathological diagnosis. Despite sophisticated diagnostic techniques, it is not always possible to make a precise pathological diagnosis. Our aim was to identify a genetic cause of disease in patients who had undergone renal biopsy and determine if genetic testing altered diagnosis or treatment.

Methods: Patients with suspected familial kidney disease underwent a variety of next generation sequencing strategies. The subset of these patients who had also undergone native kidney biopsy were identified. Histological specimens were reviewed by a consultant pathologist and genetic and pathological diagnoses were compared.

Results: Seventy-five patients in 47 families underwent genetic sequencing and renal biopsy. Patients were grouped into five diagnostic categories based on pathological diagnosis; tubulointerstitial kidney disease (n=18); glomerulonephritis (n=15); Focal segmental glomerulosclerosis & Alport Syndrome $(n=11)$; thrombotic microangiopathy $(n=17)$ and nonspecific pathological changes ($n=14$). Thirty-nine patients (52%) in 21 families (45%) received a

Conflict of Interest Statement None declared.

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Authors' Contributions

SLM, conception analysis, and preparation of paper; **AD**, **NKF**, review of pathology; **KAB, DC, CS, KK, GC,** genetic analysis; **CK**, patient recruitment, analysis; **CO'C, LR,** data collection; **KK, ML**, data collection; **AB,** genetic analysis; **BD,** paper preparation; **FH,** genetic analysis; **PC,** paper conception and writing

genetic diagnosis; 13 cases (72%) with tubulointerstitial kidney disease, four (27%) with glomerulonephritis, six (55%) with focal segmental glomerulosclerosis/Alport syndrome, 10 (59%) with thrombotic microangiopathy and six cases (43%) with non-specific features. Genetic testing resulted in changes in understanding of disease mechanism in 21 individuals (54%) in 12 families (57%). Treatment would have been altered in at least 26% of cases (10/39).

Conclusions: An accurate genetic diagnosis can result in changes in clinical diagnosis, understanding of pathological mechanism and treatment. NGS should be considered as a complementary diagnostic technique to kidney biopsy in the evaluation of patients with kidney disease.

Keywords

Renal biopsy; pathology; CKD; genetics; genetic polymorphism

Introduction

As a procedure, the percutaneous renal biopsy is nearly 70 years old. Since it was first described by Iversen and Braun in 1951, kidney biopsy has become the gold standard for renal pathological diagnosis [1,2]. Light microscopy, immunofluorescence and electron microscopy have been refined over time to provide increasingly precise classification of kidney disease pathology. Standardised classifications guide therapy and define objective endpoints for treatment [3,4].

Kidney biopsy is a safe procedure with a high diagnostic yield. It gives useful clinical information in 80% of cases [5,6]. A prospective study of 80 patients by Turner *et al.* showed that renal biopsy modified diagnosis in 44% and therapeutic approach in 31% of patients[7]. Other studies have shown that treatment is modified in up to 54% of patients[8].

Despite its utility as a therapeutic tool, pathological findings from renal biopsies are not completely accurate or precise. Even with the implementation of international guidelines, a significant degree of inter-observer variability continues to exist [9]. Inter-observer agreement is as low as 45% in some reports[10]. Alone, renal biopsy may be inadequate to distinguish different phenotypes of kidney disease and provide a precise diagnosis. Approximately 15% of all incident patients in the UK who reach end stage renal disease (ESRD) do not have a primary renal diagnosis[11].

Next-generation sequencing (NGS) technology and associated diagnostic techniques have led to a reclassification of the aetiology of many forms of kidney disease. There are now more than 600 genes known to harbour variants that are associated with kidney disease[12]. 12 A recent study showed that whole exome sequencing (WES) can yield a genetic diagnosis in nearly 10% of patients with chronic kidney disease (CKD), including 17% of those with nephropathy of unknown origin[12].

The addition of molecular techniques to kidney biopsy as a diagnostic modality may improve precision and lead to more refined diagnosis, more reliable predictions of prognosis and a wider choice of therapeutic options. It may give better diagnostic certainty for patients

and families and facilitates screening and genetic counselling. This may offer direct benefits in terms of an earlier diagnosis, and screening of potential living related renal donors who are twice as likely to develop ESRD as unrelated kidney donors [13].

The Irish Kidney Gene Project (IKGP) was established in 2015 to define the prevalence of a positive family history in a cohort of adult patients with CKD in Ireland and to apply NGS techniques to determine genetic causes of kidney disease in this cohort. Our aim was to identify the genetic cause of kidney disease in a cohort of patients who had previously undergone percutaneous kidney biopsy and to review the initial pathological diagnosis in light of this new information. We aimed to determine if genetic diagnosis would lead to a change in understanding of disease mechanism and if this changed understanding of disease mechanism would have implications for the treatment plan.

Methods

Patient Population

Participants were recruited from patients who attended nephrology services in Ireland from January 2014 to December 2017. Informed consent was obtained from all patients. The study was approved by the medical ethics board at the recruitment sites.

Patients were included if they were aged >18 years, capable of giving consent and had either a self-reported family history of CKD, or extra-renal features consistent with an inherited cause of kidney disease as adjudged by the treating nephrologist. They were excluded if they had not undergone percutaneous native renal biopsy. Demographic and clinical information and family history was obtained from participants. DNA was extracted from blood or saliva samples.

Genetic Diagnosis

A specific genetic diagnosis was obtained by NGS via one of the following three methods.

Some samples were tested using multiple techniques:

- **1.** In the first cohort of 138 participants, WES was performed in Boston Children's Hospital, Massachusetts as previously described by Connaghton et al [14].
- **2.** A second cohort consisted of 54 individuals with autosomal dominant tubulointerstitial kidney disease (ADTKD) who were suspected of having ADTKD-MUC1 or ADTKD-UMOD. Gene testing for MUC1 C+ insertions was performed at the Broad Institute, Massachusetts using techniques described elsewhere [15]. UMOD mutational analysis was performed in all UMOD exons by the Rare Inherited Kidney Disease team of Wake Forest School of Medicine, Winston-Salem, NC[16,17].
- **3.** A subsequent third cohort of 44 patients was sequenced using targeted NGS. Samples were sequenced in the Royal College of Surgeons in Ireland (RCSI) by targeted NGS using a custom Roche NimbleGen SeqCap or a Roche NimbleGen HeatSeq panel (genes listed in Supplementary Table 1) as per the manufacturer's

instructions, using 500ng of input gDNA. Sequencing was performed on an Illumina MiSeq or NextSeq. Sequence data were analysed using a custom, inhouse pipeline. Sequence data were aligned to the NCBI 138/hg38 reference genome and processed using a Burrows-Wheeler Aligner (BWA) and Picard. Variants were identified using the Genome Analysis ToolKit (GATK) best practices protocol and annotated using ANNOVAR. Sequences with a minimum coverage of $10X$ were included for analysis. Rare variants (minor allele frequency (MAF) <0.01 (homozygotes/ compound heterozygotes) or MAF <0.001 (heterozygotes) in gnomAD control database), functional (exonic/ splicing variant), predicted damaging by at least two prediction software tools, and in a relevant disease gene (as per Online Mendelian Inheritance in Man (OMIM)) were selected for discussion at a multidisciplinary team meeting.

In all cases, potentially causative variants were classified as pathogenic, likely pathogenic, a variant of unknown significance (VUS), likely benign or benign as per the guidelines of the American College of Medical Genetics (ACMG)[18].

Pathological Diagnosis

We identified all sequenced patients who had undergone a renal biopsy. Biopsies were reviewed independently by an experienced renal histopathologist (AD) in Beaumont Hospital, Dublin (Supplementary table 2). Where available, electron micrographs were also reviewed. The histopathologist re-assessed the histological slides and compared them to the original results. If there was a discrepancy between the two, the diagnosis was changed to reflect the diagnosis on re-assessment. The histopathologist was blinded to the gene sequencing results. Where review could not be performed due to inadequate condition or suitability, the original pathological diagnosis was used. Original slides were available and in acceptable condition in 92% of all cases. Electron microscopy was available in 79% of cases.

The medical and histological diagnosis of all patients were reviewed and recorded, including glomerular, interstitial, vascular and tubular features as well as percentage fibrosis.

Following review of biopsy material, renal pathological diagnosis was divided into five categories:

- **–** Tubulo-interstitial kidney disease (TIKD)
- **–** Chronic glomerulonephritis
- **–** FSGS & Alport syndrome
- **–** Thrombotic microangiopathy (TMA)
- **–** Non-specific pattern of injury

Statistical Analysis

Descriptive statistics were expressed using frequencies and proportions.

Unpaired t-tests and chi squares were used to test for significance between those in whom a genetic diagnosis was obtained and those in whom one was not obtained. A p value of <0.05 was considered statistically significant.

Results

A total of 75 individuals in 47 families had undergone renal biopsy and genetic testing. Of those 75 patients, a pathogenic or likely pathogenic, disease-causing variant that met ACMG criteria (Supplementary Table 3) was detected in 39 cases (52%) in 21 families (45%). In the remaining 36 patients (48%) and 26 families (55%) we were unable to identify a pathogenic variant. A family history was present in 69 patients (92%).

The mean age of patients at the time of renal biopsy was 36 years and 65% were male. There were no statistical differences in age at biopsy, sex, risk of progressing to ESRD, creatinine at biopsy, or presence of a family history between those who obtained a genetic diagnosis and those that did not. (Table 1) The median time from biopsy to genetic diagnosis was 15 years (range; 1 to 46 years).

Following review of the pathological diagnosis, TIKD accounted for the histological diagnosis in 18 cases (24%) and six families (13%), chronic glomerulonephritis in 15 patients (20%) and eight families (17%), FSGS & Alport Syndrome in 11 cases (15%) and 10 families (21%), TMA in 17 cases (23%) and four families (9%) and non-specific findings in 14 patients (18%) or 11 families (23%) (Table 2). In the additional eight families (17%) there was a conflicting pathological diagnosis between two or more family members. Six of these families had at least one family member whose biopsy showed TMA.

Of the 39 patients in whom a genetic diagnosis was made, the genetic diagnosis was provided by testing in cohort one in 13 patients (33%) and had been previously reported by Connaughton et al [14]. The diagnostic rate in this cohort was 39%. Cohort two provided diagnosis in 13 (33%) of all patients. Diagnostic rate was 72%. Cohort three provided a genetic diagnosis in 13 patients (33%). Diagnostic rate was 52%.

In the 18 patients with a pre-existing pathological diagnosis of TIKD, a genetic diagnosis was made in 13 cases (72%) (MUC1, n=6; UMOD, n=4; HNF1B, n=1; IFT140, n=1; *NPHP1 n=1)* and six families (Table 3). In all 13 cases, there was concordance between the a priori histological subtype and the genetic diagnosis. In three families, the diagnosis confirmed a suspected clinical and pathological diagnosis (ADTKD-MUC1, ADTKD-UMOD). In one family it helped confirm the cause of extra-renal features (IFT140 causing Mainzer-Saldino syndrome) in a case of suspected nephronophthisis, in two further families (*NPHP1 & HNF1B*) it helped to identify a diagnosis in patients that had previously only been identified as non-specific TIKD (Table 4). In the five cases in which a diagnosis could not be made, a family history was present in all cases.

In the chronic glomerulonephritis group, a genetic diagnosis was made in four cases (27%) (COL4A5, $n=2$; MUC1, $n=1$; UMOD, $n=1$) in four families (Table 3). In each case, a genetic diagnosis was advanced which indicated an alternative diagnosis of kidney disease. In those in whom a COL4A5 variant was identified, one had a biopsy diagnosis of IgA

nephropathy and the other a diagnosis of focal proliferative glomerulonephritis. In those in whom a TIKD- associated gene was identified, one patient (UMOD) had membranoproliferative glomerulonephritis on biopsy. The other patient (*MUC1*), had a history of gout and multiple family members with kidney disease, but had initially presented with a clinical as well as histological phenotype consistent with systemic lupus erythematosus (SLE) (Table 4).

In the FSGS & Alport Group, genetic diagnosis was made in six cases (55%) (COL4A5, n=5; FANCI, n=1) (Table 3) in six families. Four patients with an *a priori* diagnosis of Alport syndrome had their diagnosis confirmed (COL4A5). A further patient who had previously been simply labelled FSGS was also found to have a diagnosis of COL4A5.

In the TMA group, 10 cases (59%) in six families received a genetic diagnosis (UMOD, $n=2$; HNF1B, $n=2$; MUC1, $n=1$; INF2, $n=4$; IFT140, $n=1$) (Table 3). No patient had a phenotype consistent with a primary TMA or haemolytic uraemic syndrome (HUS). In the non-specific findings group a genetic diagnosis was made in six cases (43%) (COL4A5, $n=1$; C3, $n=1$; WNK4, $n=1$; SLC3A1, $n=1$; HNF1B, $n=1$; INF2, $n=1$). (See table 3). This reclassified patients with TMA or non-specific findings into the TIKD group in seven cases ($MUC1$, $UMOD$, $IFT140$, $HNF1B$) and into the FSGS & Alport Group in six cases (COL4A5, INF2 related FSGS). Three cases had non-specific genetic diagnoses including pseudohypoaldosteronism (*WNK4*), low complement C3 (C3), and cystinuria (*SLC3A1*) (Table 3).

A genetic diagnosis helped to alter or clarify the diagnosis in 31 patients (79%) and 17 families (81%) and materially altered the diagnosis in 21 patients (54%) in 12 families (57%) in whom a genetic diagnosis was made or 28% of patients and 26% of families who underwent biopsy (Table 4). A genetic diagnosis had the potential to alter treatment in 10 cases (26%) of those with a genetic diagnosis and 13% of the total group who underwent biopsy. These potential interventions included screening, with the referral to ophthalmology and hearing assessment in four cases of undiagnosed Alport syndrome, diabetic screening in cases of renal cysts and diabetes syndrome, and novel treatments, such as the addition of thiazide diuretics in a patient diagnosed with pseudohypoaldosteronism (Table 4).

Discussion

Renal biopsy remains the gold standard for diagnosis of renal disease and a useful tool in predicting diagnosis and prognosis in patients with CKD. However, it remains imprecise when differentiating certain renal disorders. This is partially due to inter-observer variability and partially due to heterogeneity of many kidney diseases. We have demonstrated that NGS sequencing provides a deeper understanding of the mechanism of kidney disease and this potentially allows for more rational selection of treatment.

In our cohort, genetic diagnosis was most sensitive in TIKD. We made a diagnosis in 72% of those who had been biopsied. However, even in those groups where inherited disease is not suspected, genetic testing may be valuable. One patient diagnosed with TMA, one with MPGN and one with proliferative vasculitis were suggested to have an alternate diagnosis of

familial TIKD following review. This is consistent with the findings of Groopman *et al.* who showed that even in what are traditionally thought to be multifactorial disorders such as hypertensive or diabetic kidney disease, a monogenic diagnosis may still be identified in 1– 2.5% of cases[12]. Our findings suggest that COL4A5 disorders in adults may still be underdiagnosed on biopsy alone. This would be consistent with recent evidence that COL4A pathogenic variants are an under-recognised cause of FSGS in patients without the classic hearing loss of Alport syndrome[20]. A recent paper identified monogenic disorders in 9% of adults with FSGS, the majority of which were COL4A pathogenic variants[21].

In those in which a genetic cause of kidney disease was identified, we have shown an increased precision or change in diagnosis in 81% of families and 79% of patients. This does not account for any affected family members that did not undergo biopsy, whom are also likely to be affected by genetic diagnosis. There was a potential to alter management in 26% of patients. In particular, it would allow for screening for extra-renal features, such as diabetes in patients diagnosed with diabetes and renal syndrome (HNF1B) and hearing loss in Alport syndrome (COL4A5). Genetic diagnosis can facilitate avoidance of toxic inappropriate therapies[22,23]. It may help avoid corticosteroid therapy in patients with the appearance of tubulointerstitial nephritis on biopsy but a genetic diagnosis of ADTKD such as MUC1.Though none of our biopsied patients received steroids due to known family histories, many had biopsies consistent with an acute interstitial nephritis, which would traditionally receive corticosteroids.

The limitations of this study are its size. Only 39 patients had both a histological and genetic diagnosis. While care was taken to ensure a correct histological diagnosis, in a handful of cases not all modalities were available for review and in two cases only original biopsy reports were available. In addition, it was not possible to rule out the presence of dual diagnoses. For instance, patient 7A presented with arthropathy, low C3 levels and a biopsy showing acute glomerulonephritis and they were treated acutely for SLE. While presentation of subsequent family members with CKD led to subsequent screening and detection of a pathogenic MUC1 variant, the retrospective nature of the analysis means it is difficult to assess what role, if any, this played in the patient's initial presentation.

Currently, genetic testing remains time-consuming and is unlikely to replace renal biopsy as the gold standard for diagnosis due to rapidity of turnaround. However, with increased availability, development of new technologies and falling cost, we believe NGS will have a major role to play in combination with kidney biopsy in the diagnosis of CKD and may provide additional information beyond what kidney biopsy may supply.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgements

The authors wish to acknowledge the work of Claire Foley.

Disclosures

SLM is funded by the RCSI Hermitage Medical STAR MD, CPS is supported by the Irish Research Council and Punchestown Kidney Research Fund (grant number EPSPG2015). KB is supported by the IRC Enterprise Partnership Fellowship, funded by the Irish Research Council in conjunction with the Punchestown Kidney Research fund. DMC is funded by Health Research Board, Ireland (HPF-206-674), the International Paediatric Research Foundation Early Investigators' Exchange Program and the Amgen® Irish Nephrology Society Specialist Registrar Bursary. FH was supported by grants from the National Institutes of Health. (DK088767, DK076683, and DK068306). SC is currently supported by an academic training grant under the Irish Clinical Academic Training (ICAT) Programme, supported by the Wellcome Trust and the Health Research Board (Grant Number 203930/B/16/Z) Patient recruitment was funded by grants from Science Foundation Ireland (11/Y/B2093) to MAL, the Meath Foundation (203170.13161) to PC and the Beaumont Hospital Department of Nephrology Research Fund.

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Table 1:

Clinical Characteristics of 76 individuals who underwent next generation sequencing and kidney biopsy

Table 2:

Information on genetic diagnosis in 75 individuals who underwent next generation sequencing and histological diagnosis by renal pathological diagnostic group.

Am J Nephrol. Author manuscript; available in PMC 2021 January 01.

Murray et al. Page 12

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Table 3:

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Am J Nephrol. Author manuscript; available in PMC 2021 January 01.

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FSGS, Focal Segmental Glomerulosclerosis; fs, frameshift mutation; G, guanine; GN, Glomerulonephritis; hem, hemizygous; het, heterozygous; homozygous; ID, personal identity number; IG, **G**, guanine; **GN,** Glomerulonephritis; **hem,** hemizygous; **het**, heterozygous; **hom**, homozygous; **ID,** personal identity number; **IG,** immunoglobulin; M, male; MAF; Minor Allele frequency; p. Change, amino acid change; Path, pathogenic; PKD, polycystic kidney disease; SNV, single nucleotide variation; T, thymine; TI, immunoglobulin; M, male; MAF; Minor Allele frequency; p. Change, amino acid change; Path, pathogenic; PKD, polycystic kidney disease; SNV, single nucleotide variation; T, thymine; IT, Tubulointerstitial; TBMN, Thin Basement Membrane Nephropathy; TIKD, tubulointerstitial kidney disease; TMA, thrombotic microangiopathy; Tubulointerstitial; **TBMN,** Thin Basement Membrane Nephropathy; **TIKD,** tubulointerstitial kidney disease; **TMA,** thrombotic microangiopathy; **FSGS,** Focal Segmental Glomerulosclerosis; **fs**, frameshift mutation;

enetic diagnosis as reported by Connaughton DM, Kennedy C, Shril S, et al. Monogenic causes of chronic kidney disease in adults. Kidney Int. February 2019. doi:10.1016/j.kint.2018.10.03 Genetic diagnosis as reported by Connaughton DM, Kennedy C, Shril S, et al. Monogenic causes of chronic kidney disease in adults. Kidney Int. February 2019. doi:1016/j.kint.2018.10.03

Table 4:

Information on phenotype and histological diagnosis among families and family members, alteration to final diagnosis and potential alterations to Information on phenotype and histological diagnosis among families and family members, alteration to final diagnosis and potential alterations to treatment following next generation sequencing. treatment following next generation sequencing.

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Am J Nephrol. Author manuscript; available in PMC 2021 January 01.

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