

# PET/CT and PET/MRI in ophthalmic oncology (Review)

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**Abstract.** Orbital and ocular anatomy is quite complex, consisting of several tissues, which can give rise to both benign and malignant tumors, while several primary neoplasms can metastasize to the orbital and ocular space. Early detection, accurate staging and re-staging, efficient monitoring of treat-

ment response, non-invasive differentiation between benign and malignant lesions, and accurate planning of external radiation treatment, are of utmost importance for the optimal and individualized management of ophthalmic oncology patients. Addressing these challenges requires the employment of several diagnostic imaging techniques, such as high-definition digital fundus photography, ultrasound imaging, optical coherence tomography, optical coherence tomography (OCT)-angiography, computed tomography (CT) and magnetic resonance imaging (MRI). In recent years, technological advances have enabled the development of hybrid positron emission tomography (PET)/CT and PET/MRI systems, setting new standards in cancer diagnosis and treatment. The capability of simultaneously targeting several cancer-related biochemical procedures using positron emitting-radiopharmaceuticals, while morphologically characterizing lesions by CT or MRI, together with the intrinsic quantitative capabilities of PET-imaging, provide incremental diagnostic information, enabling accurate, highly efficient and personalized treatment strategies. Aim of the current review is to discuss the current applications of hybrid PET/CT and PET/MRI imaging in the management of patients presenting with the most commonly encountered orbital and ocular tumors.

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*Abbreviations:* EFS, event-free survival; OS, overall survival; AJCC, American Joint Cancer Committee; SUVmax, maximum standardized uptake value; OL, orbital lymphoma; OAL, ocular adnexal lymphoma; NHL, non-Hodgkin's lymphoma; HL, Hodgkin's lymphoma; UM, uveal melanoma; RB, retinoblastoma; CM, conjunctival melanoma; IOP, inflammatory orbital pseudotumor; <sup>18</sup>F-FDG, <sup>18</sup>fluoride-fludeoxyglucose; GLUT-1, glucose transporter-1; LN, lymph node; US, ultrasonography; PET, positron emission tomography; CT, computed tomography; PET/CT, positron emission tomography/computed tomography; MRI, magnetic resonance imaging; TNM, tumor-node-metastases, LFTs, liver function tests; PPV, positive predictive value; NPV, negative predictive value; HNSCC, head and neck squamous cell carcinoma; ONG, optic nerve glioma; OPG, optic pathway glioma; NF-1, neurofibromatosis type 1; CRVO, central retinal vein occlusion; <sup>18</sup>F-FCH, <sup>18</sup>F-fluorocholine; <sup>11</sup>C-MET, <sup>11</sup>C-methionine; FD, fibrous dysplasia; MAS, McCune-Albright syndrome; SSTRs, somatostatin receptors

*Key words:* orbital tumors, ocular tumors, positron emission tomography/computed tomography, positron emission tomography/magnetic resonance imaging, cancer, staging

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## 1. Introduction

The orbital and ocular space consists of several anatomical structures (Fig. 1) out of which various tumors may arise, while orbital or ocular metastases from several primary malignancies can be encountered, often being the first sign of cancer dissemination. Prompt diagnosis, accurate staging and restaging, and effective assessment of treatment response are crucial for designing patient-tailored therapeutic strategies. Cross-sectional imaging with conventional modalities [computed tomography (CT) and magnetic resonance imaging (MRI)] has been widely used for the management of these lesions. However, in recent years, with the emergence of advanced hybrid imaging techniques using positron emission tomography (PET)/CT and PET/MRI systems, as the corner-stone of diagnostic imaging for oncologic purposes, an emerging role of these modalities has been recorded in the management of patients with orbital and ocular tumors. This review focuses on current applications and future directions of PET/CT and PET/MRI in ophthalmic oncology.

PET is a diagnostic imaging technique that enables targeting, visualization and quantification of biochemical processes at the cellular and sub-cellular level, via the three-dimensional (3-D) reconstruction of the bio-distribution of several molecules radiolabeled with positron-emitting isotopes. Hybrid PET/CT systems combine the functional information provided by the PET component with the structural information obtained from CT, enabling attenuation correction of PET-images, accurate anatomic localization of the distribution of the PET-tracer and morphological characterization of lesions, leading to increased diagnostic performance (1). Moreover, the employment of contrast-enhanced CT as part of PET/CT studies, can provide additional diagnostic information, further improving the diagnostic capabilities of the modality (2).

Hybrid PET/MRI systems hold promise for superior diagnostic capabilities for oncologic applications, since MRI is an ionizing-radiation free method, that can be used for the MR-based attenuation correction of the PET-images, while offering superior soft-tissue contrast resolution, together with a broad spectrum of imaging applications such as dynamic contrast enhanced MRI (DCE-MRI), MR-spectroscopy (MRS) and diffusion weighted imaging (DWI), enabling the acquisition of both anatomical and functional information (3). In recent years, technological advancements have led to the development of clinical simultaneous PET/MRI systems, allowing superior spatial registration of PET and MR images and enabling temporal correlation between PET and MRI data, opening a broad new horizon of diagnostic capabilities (4).

The PET-radiopharmaceuticals discussed in the current review are summarized in Table I. <sup>18</sup>Fluoride-fluorodeoxyglucose (<sup>18</sup>F-FDG) is a glucose analogue radiolabeled with fluorine-18

(<sup>18</sup>F), reflecting glucose consumption and therefore, whole-body <sup>18</sup>F-FDG PET/CT studies can produce a whole-body metabolic map of the patient (5). Increased glucose uptake is one of the major metabolic features encountered in cancer cells, making <sup>18</sup>F-FDG the most widely employed PET-tracer for oncologic purposes (1,6-8). However, abnormally increased <sup>18</sup>F-FDG activity is not cancer-specific, since various benign processes, such as adenomas, or infectious and inflammatory lesions exhibit hyper-metabolism (9-13). <sup>18</sup>F-sodium fluoride (<sup>18</sup>F-NaF) is a bone seeking PET-radiopharmaceutical, which can effectively target both osteoblastic and osteolytic processes, leading to increased bone surface area being exposed to the blood flow (14). The favorable <sup>18</sup>F-NaF pharmacokinetics, the superior spatial resolution of PET, together with the inherent quantitative capabilities of PET-imaging and the capability for morphologic characterization of lesions by the CT, render <sup>18</sup>F-NaF PET/CT a powerful diagnostic tool for oncologic skeletal imaging (15-18). <sup>68</sup>Ga-DOTA-compounds are somatostatin (SST) analogs, radiolabeled with the positron emitting isotope gallium-68 (<sup>68</sup>Ga) through the chelator 1,4,7,10-tetraazacyclododecane-1,4,7,10-tetraacetic acid (DOTA) (18). The employment of these compounds enables highly efficient targeting of lesions which are characterized by cell-surface over-expression of SST receptors (SSTRs), such as neuroendocrine tumors (NETs), for which PET/CT imaging with <sup>68</sup>Ga-DOTA-compounds is evolving as the imaging standard of reference (19-33).

## 2. Orbital lymphoma and ocular adnexal lymphoma

Orbital lymphoma (OL) and ocular adnexal lymphoma (OAL), are lymphoproliferative malignancies, involving the orbit, the eyelid, the conjunctiva, the lacrimal gland, or a combination of these structures (34). OL is the most common primary malignant tumor of the orbits among adults (35), whereas OAL accounts for 55% of orbital malignancies among adults and represents 1-2% of non-Hodgkin's lymphoma (NHL) cases and 8% of extra-nodal mucosa-associated lymphoid tissue (MALT) lymphomas (36,37). In the majority of cases, OALs mainly arise from the lacrimal gland and the conjunctiva, with 7-24% of patients presenting with bilateral involvement (36). OL and OAL can either be primary malignancies or metastases from systemic disease. Histologically, the most common type of OAL is MALT lymphoma, which is a low-grade B-cell NHL (35). Once the diagnosis of OL or OAL has been established, accurate disease staging is of utmost importance for optimal patient management. Whole-body PET/CT post <sup>18</sup>F-FDG administration has evolved as the standard of care for initial disease staging and post-treatment evaluation, rendering OL and OAL the main orbital and ocular tumors, for which PET/CT is routinely employed (35) (Figs. 2-4). Low-grade MALT lymphomas may exhibit low hyper-metabolic activity and therefore low-level <sup>18</sup>F-FDG uptake, or may even present false negative findings on <sup>18</sup>F-FDG PET/CT. However, even for low-grade OLs and OALs, <sup>18</sup>F-FDG PET/CT has been proven to be highly sensitive for accurate disease staging by detecting distant metastases, missed on conventional imaging (35,36).

In a retrospective study of 11 patients with an established diagnosis of OAL who underwent whole-body <sup>18</sup>F-FDG PET scans at initial staging, Valenzuela *et al* reported that <sup>18</sup>F-FDG PET exhibited higher sensitivity in detecting systematic

Table I. PET-radiopharmaceuticals employed for PET/CT studies in patients with orbital and ocular tumors.

Feature	$^{18}\text{F}$ -FDG	$^{18}\text{F}$ -NaF	$^{68}\text{Ga}$ -DOTA-compounds	$^{18}\text{F}$ -fluorocholine ( $^{18}\text{F}$ -FCH)	$^{11}\text{C}$ -methionine ( $^{11}\text{C}$ -MET)	Alpha- $^{11}\text{C}$ Methyl-L-Tryptophan ( $^{11}\text{C}$ -AMT)
Half-life	110 min	110 min	68 min	110 min	20 min	20 min
Synthesis requirements	Cyclotron	Cyclotron	In-house generator	Cyclotron	Cyclotron	Cyclotron
Molecular target	Metabolic activity	Bone remodeling	SSTRs cell surface overexpression	Cell membrane synthesis	Amino acid transport	Tryptophan metabolism
Orbital or ocular tumor	Lymphoma, uveal melanoma, retinoblastoma conjunctival melanoma, sebaceous carcinoma, squamous cell carcinoma, optic nerve glioma, ocular and orbital metastases, inflammatory orbital pseudotumor, fibrous dysplasia	Fibrous dysplasia	Ocular and orbital metastases from neuroendocrine tumors (NETs)	Optic nerve glioma		

SSTR, somatostatin receptor;  $^{18}\text{F}$ -FDG,  $^{18}\text{F}$ fluoride-fluodeoxyglucose;  $^{18}\text{F}$ -NaF,  $^{18}\text{F}$ -sodium fluoride.

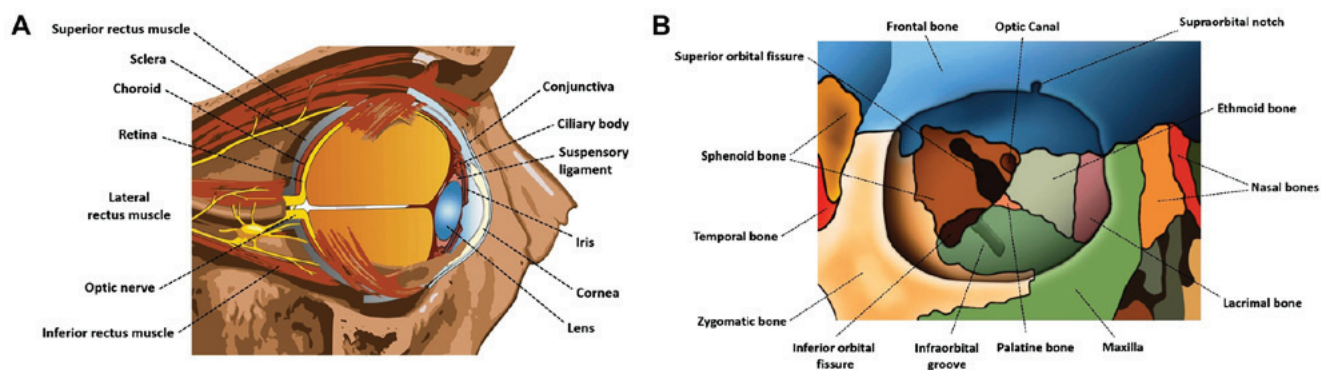


Figure 1. Diagram illustrating (A) the anatomy of the globe and (B) the bone structures forming the orbit.

extra-nodal disease compared to conventional imaging with CT, leading to disease upstaging and significantly affecting patient management; however, the efficacy of the modality in detecting orbital lesions was limited, mainly due to the small size of the lesions and physiologic  $^{18}\text{F}$ -FDG uptake by the extraocular muscles (38). English and Sullivan, in a series of 34 patients who also underwent  $^{18}\text{F}$ -FDG PET at initial staging, confirmed the enhanced performance of the modality in accurate disease staging, by detecting sites of systemic disease missed on CT, and therefore, significantly altering management strategies; their study also confirmed the limited performance of  $^{18}\text{F}$ -FDG PET in comparison to CT in detecting local OAL lesions (37).

However, the advent of hybrid PET/CT technology had a direct impact on OL and OAL detection performance. Roe *et al*, in a series of 4 patients with biopsy-proven OAL, demonstrated that hybrid  $^{18}\text{F}$ -FDG PET/CT was capable of detecting the orbital tumor in 3 patients (75%), while revealing systematic involvement in 2 of the 4 patients (50%) (39). Suga *et al* reported that in a patient with orbital MALT lymphoma,  $^{18}\text{F}$ -FDG PET/CT was able to identify a small lesion in the contralateral orbit, which had been missed on MR-imaging, and an unexpected metastatic gastric lesion, indicating the increased efficacy of the method in accurate disease staging (40). Furthermore, post-treatment  $^{18}\text{F}$ -FDG PET/CT scans revealed progressive regression and



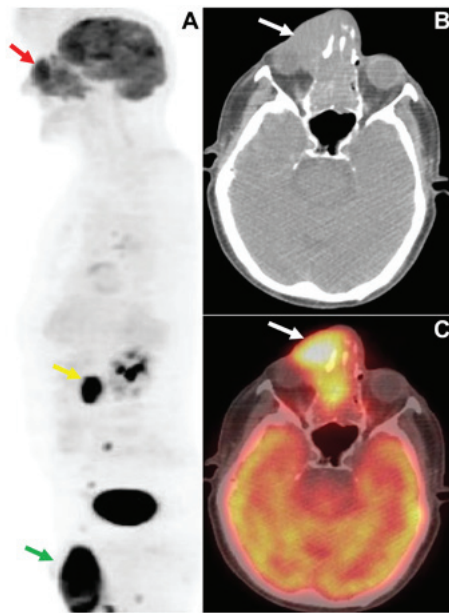


Figure 2. A 68-year-old male patient who presented with swelling, ptosis and a right orbital/sinonasal mass. (A) Sagittal view of the maximum intensity projection (MIP)  $^{18}\text{F}$ -FDG PET image of the head and the torso showing (red arrow) intensely elevated activity (SUVmax:13) by the orbital/sinonasal mass and hypermetabolic lesions in para-aortic lymph nodes (yellow arrow) and in the testes (green arrow), indicating metastatic dissemination, and enabling accurate disease staging. (B and C) Axial CT and fused  $^{18}\text{F}$ -FDG PET/CT images of the skull illustrating the hypermetabolic orbital/sinonasal mass infiltrating the right orbit. Histology revealed B-cell non-Hodgkin's lymphoma. SUVmax, maximum standardized uptake value;  $^{18}\text{F}$ -FDG,  $^{18}\text{F}$ -fluoride-fluorodeoxyglucose; PET/CT, positron emission tomography/computed tomography.

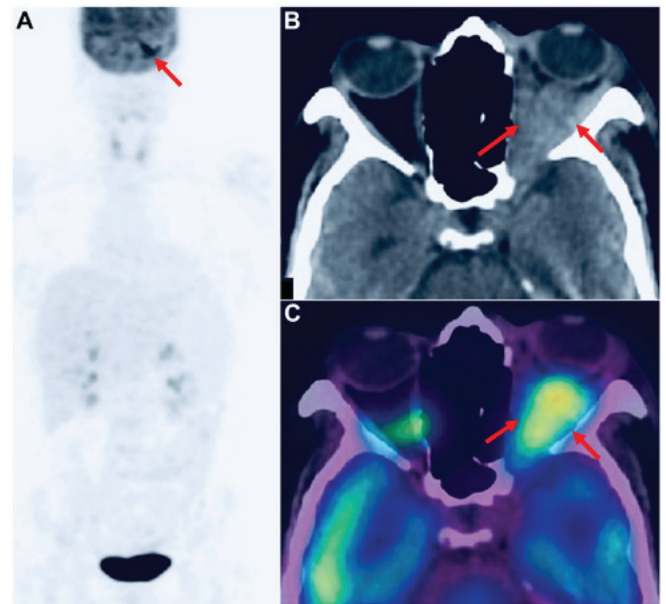


Figure 3. A 62-year-old male patient who presented with exophthalmos and abnormal ocular movement. (A) Maximum intensity projection (MIP)  $^{18}\text{F}$ -FDG PET image of the head and the torso showing (red arrow) abnormally increased (SUVmax: 9)  $^{18}\text{F}$ -FDG uptake in the left orbit. (B and C) Axial CT and fused  $^{18}\text{F}$ -FDG PET/CT images of the skull showing (red arrows) the hypermetabolic retro-orbital mass. Histology revealed left B-cell NHL MALT lymphoma. Whole-body  $^{18}\text{F}$ -FDG PET/CT contributed to accurate patient management by excluding distant metastatic lesions. SUVmax, maximum standardized uptake value;  $^{18}\text{F}$ -FDG,  $^{18}\text{F}$ -fluoride-fluorodeoxyglucose; PET/CT, positron emission tomography/computed tomography; NHL, non-Hodgkin's lymphoma; MALT, mucosa-associated lymphoid tissue.

finally the disappearance of  $^{18}\text{F}$ -FDG activity at disease sites, suggesting the utility of the modality for monitoring treatment response (40). Several other studies have confirmed the usefulness of  $^{18}\text{F}$ -FDG PET/CT for the initial staging and assessment of treatment response in patients with OLs and OALs (41–43).

Fuji *et al*, in a recent series of 9 patients with histologically proven OAL [diffuse large B-cell lymphoma, MALT, follicular lymphoma, natural killer (NK)/T-cell lymphoma, lymphoplasmacytic lymphoma, Hodgkin's lymphoma (HL)] who underwent pre- and post-treatment  $^{18}\text{F}$ -FDG PET/CT investigated the utility of the modality in assessing treatment response (44).  $^{18}\text{F}$ -FDG uptake was assessed by means of maximum standardized uptake value (SUVmax), and a decrease was recorded in 8 out of the 9 patients post-treatment, while in 7 patients there was a complete metabolic response from the first post-treatment scan, which was in accordance with the clinical condition of the patients during the follow-up period. Only in one patient there was a false-negative conjunctival lesion on  $^{18}\text{F}$ -FDG PET/CT, indicating that the usefulness of the modality may be affected by the histological type and the anatomic location.

### 3. Uveal melanoma

Uveal melanoma (UM) (Fig. 5) is the most common primary intraocular malignancy among adults, and most frequently arises from the choroid (85% of cases) (36,45). Singh *et al*, in a systematic review including 4,070 patients with primary UM in the USA over a 36-year period from 1973 to 2008,

reported a mean age-adjusted incidence of 5.1 per million of population (95% CI, 4.8–5.3), a predilection for the Caucasian population (97.8% of cases) and an unaltered 5-year survival rate of 81.6% (46). Tumor size, an age >60 years, intense tumor pigmentation and localization in the anterior uvea have been shown to indicate a poor prognosis (36). Although distant metastases can occur to the lungs, bones and the central nervous system, UM presents a unique metastatic pattern to the liver, as the main site for disease dissemination (36,45,47). Therefore, accurate disease staging is critical for guiding decision-making in patients diagnosed with UM.

In an early study by Reddy *et al*, including a cohort of 50 patients with untreated choroidal melanomas [American Joint Cancer Committee (AJCC); T1:18 patients, 36%; T2:24 patients, 48%; T3:8 patients, 16%],  $^{18}\text{F}$ -FDG PET/CT failed to detect any of the AJCC-T1 tumors, while increased  $^{18}\text{F}$ -FDG activity (SUVmax >2.5) was observed in 33 and 75% of AJCC-T2 and AJCC-T3 choroidal melanomas, respectively (48). According to these findings, it was suggested that  $^{18}\text{F}$ -FDG PET/CT most likely cannot differentiate small UMs from suspicious nevi, and does not seem to be superior over standard clinical evaluation with ophthalmoscopy, fluorescein angiography and ophthalmic ultrasonography (US) in the detection of primary choroidal melanomas. Finger *et al*, in a series of 14 patients with choroidal melanomas (AJCC-T2, 1 patient; AJCC-T3, 13 patients), reported that the one T2 tumor and 10 out of the 13 (77%) T3 tumors demonstrated elevated  $^{18}\text{F}$ -FDG uptake (SUVmax >2.5) with the highest SUV value

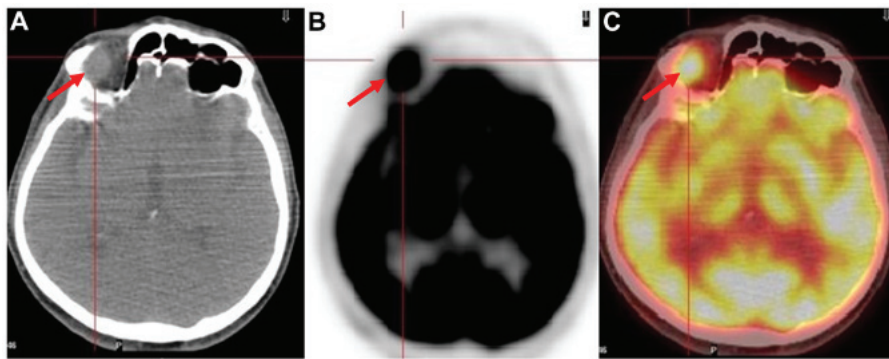


Figure 4. A 72-year-old male patient with a history of tonsil non-Hodgkin's lymphoma who presented with enlargement of the inguinal lymph nodes bilaterally. A follow-up whole-body  $^{18}\text{F}$ -FDG PET/CT study revealed a hypermetabolic (SUVmax:11) right ocular mass, which did not produce any symptoms. (A) Axial CT image of the skull revealed (red arrow) the mass. (B and C) Axial  $^{18}\text{F}$ -FDG PET and fused  $^{18}\text{F}$ -FDG PET/CT images of the skull, illustrating (red arrows) the ocular site with abnormally increased radiotracer uptake. SUVmax, maximum standardized uptake value;  $^{18}\text{F}$ -FDG,  $^{18}\text{F}$ fluoride-fludeoxyglucose; PET/CT, positron emission tomography/computed tomography.

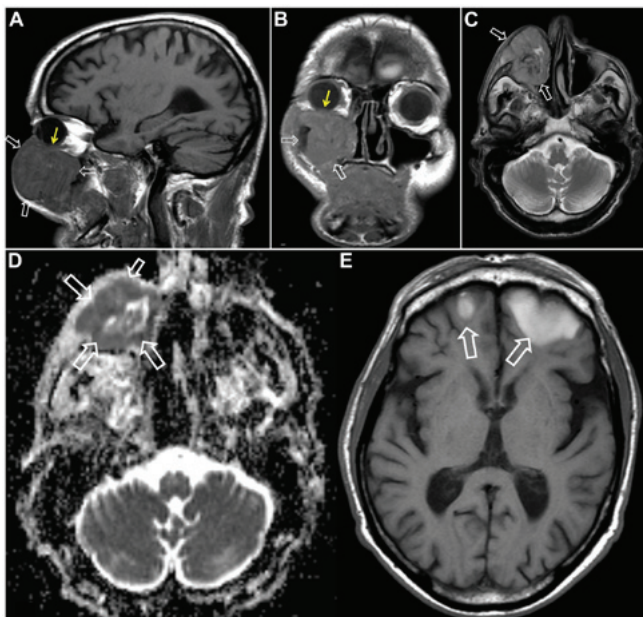


Figure 5. MR imaging in recurrent uveal melanoma in a 65-year-old male patient with a history of melanoma 3 years prior to imaging. Patient presented with swelling of the right infraorbital area and behavioral changes. (A-C) Sagittal T1-w (A), coronal T1-w (B) and axial T2-w (C) images, respectively, showing the origin of the recurrent tumor from the lower uvea (thin yellow arrows) and the extraocular extension within and anterior to the right maxillary sinus (open white arrows). (D) Apparent diffusion coefficient (ADC) map showing (open white arrows) restricted diffusion consistent with an aggressive lesion. (E) Axial T1-w MR image showing (open white arrows) hyperintensity, due to hemorrhage or melanin formation, metastatic brain lesions in the frontal lobes.

(9.0) observed in the tumor which was largest in size (49). Furthermore, they reported a positive association between SUV values with known clinical, pathological and US characteristics related to increased metastatic potential, indicating possible prognostic value of  $^{18}\text{F}$ -FDG uptake observed on PET/CT in the setting of UM (49).

In a cohort of 7 patients with choroidal melanoma, Matsuo *et al* explored the association between  $^{18}\text{F}$ -FDG avidity and the clinicopathological characteristics of the tumors.  $^{18}\text{F}$ -FDG PET/CT detected the primary tumor in 5 out of 7 patients, concluding that large nodular choroidal melanomas

can be effectively identified by  $^{18}\text{F}$ -FDG PET/CT, in contrast to diffusely infiltrating choroidal melanomas without nodular formation, which proved to be  $^{18}\text{F}$ -FDG-negative (50). However, all distant liver and bony metastases in 2 of the patients in the cohort were effectively targeted with  $^{18}\text{F}$ -FDG PET/CT, suggesting the employment of the modality for disease staging. Furthermore, a positive association was reported between tumor size, as defined by histopathological measurements and  $^{18}\text{F}$ -FDG uptake, as determined by SUVmax (50). McCannel *et al*, in a retrospective study including 37 patients with primary choroidal melanomas, reported significant association between  $^{18}\text{F}$ -FDG positivity of the tumors (SUVmax >2.5) with larger tumor size and with chromosome 3 loss, which is a known risk factor related with increased metastatic potential of choroidal melanomas (51). This data indicated that apart from tumor size,  $^{18}\text{F}$ -FDG positivity may be associated with molecular features of UMs and that  $^{18}\text{F}$ -FDG avidity holds promise to serve as an independent prognostic biomarker for patients with UM.

Papastefanou *et al*, in a retrospective study of 76 patients diagnosed with UM who underwent pre-operative  $^{18}\text{F}$ -FDG PET/CT scans, reported  $^{18}\text{F}$ -FDG positivity (SUVmax >2.5) in 92% of the tumors (52). In addition, 94% of patients with chromosome 3 monosomy exhibited  $^{18}\text{F}$ -FDG avidity (SUVmax >2.5), whereas patients with abnormalities (gains) in chromosome 8, which is also associated with a poor prognosis in UM did not exhibit significantly higher  $^{18}\text{F}$ -FDG activity. Moreover, increased tumor size and AJCC tumor-node-metastases (TNM) prognostic groups were positively associated with  $^{18}\text{F}$ -FDG uptake, as determined by SUVmax, further implying the prognostic application of  $^{18}\text{F}$ -FDG PET/CT imaging in the setting of patients with UM (52).

However, the main indication for the employment of  $^{18}\text{F}$ -FDG PET/CT in the work-up of patients with UM is the detection of regional and distant metastasis. Kurli *et al* reported 100% sensitivity and 100% specificity of  $^{18}\text{F}$ -FDG PET/CT in detecting liver metastases compared to 12.5% sensitivity of liver function tests (LFTs). Furthermore,  $^{18}\text{F}$ -FDG PET/CT significantly contributed to the detection of osseous extra-hepatic metastatic lesions, implying the application of this technique for disease staging at the time of initial diagnosis as well as for follow-up purposes (53). In a large retrospective series of



333 patients with UM, who underwent whole-body  $^{18}\text{F}$ -FDG PET/CT studies for staging purposes at the time of initial diagnosis, Freton *et al* confirmed the value of the modality as a screening tool for initial staging (54). All  $^{18}\text{F}$ -FDG-positive liver lesions observed on PET/CT were subsequently confirmed as metastases via biopsies, indicating 100% positive predictive value (PPV), providing significant advantages over anatomic imaging techniques, which exhibit a higher rate of false-positive liver findings. Furthermore,  $^{18}\text{F}$ -FDG PET/CT enabled the detection of extra-hepatic disease sites missed on blood tests or conventional imaging, and revealed synchronous second primary malignancies in 3.3% (95% CI: 0.9-5.5) of the study population, significantly affecting patient management (54).

However, Strobel *et al*, in a retrospective study of 13 patients with UM, questioned the usefulness of  $^{18}\text{F}$ -FDG PET/CT in UM staging, since 16 out of 27 liver lesions (59%) were  $^{18}\text{F}$ -FDG-negative, all of which were detected by anatomic imaging with CT or MRI (55). Furthermore, liver metastases from UM demonstrated significantly ( $P < 0.001$ ) lower  $^{18}\text{F}$ -FDG uptake in terms of SUVmax in comparison to liver metastases from cutaneous melanoma, although histological analysis did not reveal any difference in glucose transporter-1 (GLUT-1) expression between UM and CM liver metastases (55). In accordance with the findings of the study by Strobel *et al* (55), Orcurto *et al* reported the superiority of MRI over  $^{18}\text{F}$ -FDG PET/CT in detecting small metastatic liver lesions in patients with UM (56). However, Orcurto *et al* (56) observed that during chemotherapy,  $^{18}\text{F}$ -FDG activity in liver lesions with a stable size on MRI, exhibited a significantly decreased lesion-to-liver SUV ratio, while enlarging lesions on MRI exhibited an increased lesion-to-liver SUV ratio. These data suggest the application of  $^{18}\text{F}$ -FDG PET/CT in the early assessment of treatment response (56).

#### 4. Retinoblastoma

Retinoblastoma (RB) is a malignant tumor of the retina originating from precursor cells of the retinal neuroepithelium (36). RB is the most common intraocular tumor in childhood, with 95% of patients being diagnosed by the age of 5 (57). RB can be encountered either in a hereditary (40%) or in a sporadic form (60%), with patients with hereditary RB presenting with an increased risk of developing intracranial primitive neuroectodermal tumor (PNET), most frequently pineoblastomas (58-60). The combination of unilateral or bilateral hereditary RB with an intracranial PNET is termed trilateral RB, which is often associated with a poor prognosis due to spinal dissemination (61). RBs typically present with leukocoria, while proptosis, pain, redness and swelling can be common RB manifestations (62).

Radhakrishnan *et al*, in a prospective evaluation of the role of  $^{18}\text{F}$ -FDG PET/CT in staging and assessment of the response to neoadjuvant chemotherapy, demonstrated that intraocular RB did not take up the radiotracer, in contrast to the  $^{18}\text{F}$ -FDG avidity of extraocular RBs (63). Furthermore, no significant difference was revealed between staging with CT or MRI and staging based on  $^{18}\text{F}$ -FDG PET/CT findings. However, the detection of  $^{18}\text{F}$ -FDG uptake by the optic nerve at the baseline PET/CT study was strongly associated with poor event-free survival (EFS) and overall survival (OS), indicating a strong prognostic value, in comparison to patients with no  $^{18}\text{F}$ -FDG

uptake by the optic nerve. In addition, a complete or partial response to neoadjuvant chemotherapy assessed by  $^{18}\text{F}$ -FDG PET/CT was associated with an improved EFS and OS, further supporting the prognostic value of the modality (63).

#### 5. Conjunctival melanoma

Conjunctival melanoma (CM) is a relatively rare, yet potentially lethal malignancy with an increasing incidence rate (64). Folberg *et al* reported that approximately 75% of CMs typically arise from primary acquired melanosis (PAM), with 9-25% of patients with CM presenting local or systematic spread with lymph node (LN) involvement (65,66). In a retrospective cross-sectional study including 85 patients with primary CM, aiming to elucidate the metastatic pattern of this neoplasm, Tuomaala and Kivelä demonstrated that initial regional LN and systematic metastasis were equally encountered, with LN infiltration being associated with a better prognosis (67). Major metastatic sites are the lungs, the liver, the gastrointestinal track and the central nervous system (68).

$^{18}\text{F}$ -FDG PET/CT has been employed for staging purposes in patients with CM. Kurli *et al* investigated 14 patients with CM (13 patients with T3 tumors, 1 patient with T4 tumor), who were evaluated with whole body  $^{18}\text{F}$ -FDG PET/CT scans for the detection of metastatic disease (68). Seven of these patients were scanned with  $^{18}\text{F}$ -FDG PET/CT at initial diagnosis and 7 were imaged post-treatment (surgical removal with adjuvant cryotherapy and/or chemotherapy). The study concluded that  $^{18}\text{F}$ -FDG PET/CT failed to reveal local, regional or systemic disease in any of the 13 patients with diffuse, multifocal T3 CM, either at initial diagnosis or post-treatment. On the contrary, the post-treatment  $^{18}\text{F}$ -FDG PET/CT scan revealed widespread metastases in the nasal fossa, liver, pleural space, mediastinal lymph nodes, lungs, peritoneal cavity, lumbar spine and right supraclavicular lymph node in the patient with T4 CM. Based on these data, Kurli *et al* suggested the limited application of  $^{18}\text{F}$ -FDG PET/CT at the initial staging of patients with CM, with potential usefulness for follow-up and re-staging purposes (68).

Damian *et al* reported the positive contribution of  $^{18}\text{F}$ -FDG PET/CT in the effective management of a patient with CM, by successfully detecting the primary ocular lesion and an infiltrated preauricular node, and by excluding other LN involvement or systemic dissemination of the disease (66). Tsai *et al* described the usefulness of  $^{18}\text{F}$ -FDG PET/CT in revealing CM as a second primary neoplasm, in a patient with lymphocytic lymphoma/chronic lymphocytic leukemia (CLL) and nasal cavity carcinoma (69). Given these data, further studies are required to explore the potential usefulness of  $^{18}\text{F}$ -FDG PET/CT in the management of CM.

#### 6. Sebaceous carcinoma

Sebaceous carcinoma (SebCa) is a rare type of cancer with a low incidence rate (0.11 to 0.65 cases/100,000 individuals/year) and a higher prevalence in the female population (70,71). With the face being the most common anatomical region for SebCa due to the abundance of sebaceous glands, it is usually presented as a nodule or diffuse thickening of the eyelids (71). Although the upper lid and the palpebral conjunctiva are the most common sites, SebCa may also arise in the bulbar

conjunctiva and the caruncle (71). Eyelid SebCa can often be misdiagnosed both clinically and pathologically (72). Typically, there is a delay in the diagnosis associated with a higher recurrence rate following surgical excision, ranging from 18 to 19.4% (71,72). Distant and nodal metastases have been associated with eyelid SebCa in 3-8 and 8-18% of cases, respectively (71).

In a series of 15 patients with biopsy-proven periorbital tumors Baek *et al*, reported that in the subset of patients (5 out of 15) with SebCa of the upper eyelid <sup>18</sup>F-FDG PET/CT successfully detected all cases with regional LN involvement, even when contrast-enhanced CT was falsely negative (73). Krishna *et al* reported the employment of <sup>18</sup>F-FDG PET/CT in successfully staging 2 patients with ocular SebCa, critically contributing to optimal patient management, guiding the decision to preserve the eye and implying the application of the modality in accurate staging of ocular and non-ocular SebCas (74). Furthermore, follow-up in patients with SebCa can be facilitated with <sup>18</sup>F-FDG PET/CT. Ishiguro *et al* reported the detection of a colon adenocarcinoma 42 months following the surgical removal of a left upper eyelid SebCa, in a patient with Muir-Torre syndrome, which is characterized by the presence of at least one sebaceous skin tumor (75). Thus, <sup>18</sup>F-FDG PET/CT is of value for staging and restaging purposes in patients with SebCa.

## 7. Squamous cell carcinoma

Squamous cell carcinoma (SCC) is a type of skin cancer which manifests as a scaled, indurated, keratinized or ulcerated raised nodule or plaque, which is most commonly encountered in the lower eyelid and medial canthus, with an incidence rate 3-fold higher in males than in females (71). SCC arises from abnormal keratinocyte proliferation and either emerges for the first time without any previous predisposition or in sites of pre-existing actinic or solar keratosis (71). The clinical presentation of SCC may vary from erythematous patches to large ulcerated lesions. The 5-year recurrence rate ranges from 2.4 to 36.9% with regional LN involvement at 25% of cases, and distant metastases in 6.2% of cases, with the most common regional metastatic sites being the parotid, the preauricular and the submandibular nodes (76,77). Periocular SCC is highly metastatic in the case of delayed treatment, invading orbital and intracranial structures and leading to considerably increased mortality and morbidity (78,79).

<sup>18</sup>F-FDG PET/CT has been reported to be an effective tool for the detection of distant metastases in patients with recurrent head and neck SCCs (HNSCCs). In a series of 82 patients with histologically confirmed HNSCCs, Yi *et al* reported that whole-body <sup>18</sup>F-FDG PET/CT correctly identified distant metastases in 12 of 14 patients and their absence in 57 of 68 patients, exhibiting sensitivity, specificity, accuracy, PPVs and negative predictive values (NPVs) of 86% (95% CI, 57-98%), 84% (72-91%), 84% (74-91%), 52% (30-73%) and 97% (88-99%), respectively (80). Literature on the employment of <sup>18</sup>F-FDG PET/CT in the work-up of patients with eyelid or conjunctival SCC is rather limited. Lin *et al* reported high <sup>18</sup>F-FDG avidity (SUV<sub>max</sub>: 8) by a biopsy proven left bulbar conjunctiva SCC, in a patient with previous history of endometrial lymphoma (81). Abdelmalik *et al* reported a patient with a

biopsy-proven left orbital SCC, which was intensely <sup>18</sup>F-FDG avid in the pre-treatment PET/CT scan (82). Furthermore, several retromandibular, mediastinal and abdominal LNs demonstrated increased <sup>18</sup>F-FDG activity, with only the retromandibular being metastatic and the remainder being inflammatory, highlighting the limitations of the modality in cancer staging, since both malignant and inflammatory processes exhibit elevated <sup>18</sup>F-FDG uptake (82). Therefore, based on the existing literature, further studies are required to justify the usefulness of <sup>18</sup>F-FDG PET/CT in the setting of periocular SCC.

## 8. Rhabdomyosarcoma

Rhabdomyosarcoma (RMS) is the most common mesenchymal tumor in childhood accounting for approximately 4-5% of all pediatric cancers, with orbits being the commonest site in the head and neck (36,83). Orbital RMS usually presents as a unilateral rapidly progressive mass, leading to proptosis or globe displacement, while eyelid edema, hemorrhage, pain, vision impairment, blepharoptosis, conjunctival edema and inflammatory signs consist non-specific RMS manifestations. RMS of the orbits is an aggressive, life-threatening malignancy with high potential to infiltrate adjacent tissues, while metastatic dissemination can occur to the lungs, bones, bone marrow and LNs (83). Therefore, accurate initial staging and restaging is critical for the optimal and individualized patient management.

Norman *et al*, in a systematic review including 272 patients with RMS, with orbits being the primary tumor site in at least 13 cases (not all included studies provided information on the location of the primary tumor), investigated the role of <sup>18</sup>F-FDG PET and <sup>18</sup>F-FDG PET/CT in the management of childhood RMS (84). They reported that <sup>18</sup>F-FDG PET and <sup>18</sup>F-FDG PET/CT had been consistently superior over conventional imaging (contrast-enhanced CT, standard MRI, technetium-99m bone scintigraphy) at the initial RMS staging, since LN involvement and distant metastases were determined with higher accuracy. Furthermore, the management strategy was altered based on <sup>18</sup>F-FDG PET and <sup>18</sup>F-FDG PET/CT findings in 7/40 (17.5%) RMS patients (not all the included studies provided information on this outcome) (84). However, the role of <sup>18</sup>F-FDG PET/CT as a prognostic indicator of the outcome in patients with RMS, is controversial (85). Moreover, patients and particularly pediatric patients with RMS may benefit from <sup>18</sup>F-FDG PET/MRI, which promises more accurate locoregional staging and follow-up evaluation (36,86).

## 9. Optic nerve glioma

Optic nerve glioma (ONG), also known as optic pathway glioma (OPG), is the most common primary optic nerve tumor, accounting for approximately 1% of all intracranial tumors. ONG is divided into two types: A low-grade benign form and an aggressive highly malignant form. Benign ONGs are slow-growing tumors, which are mostly encountered in children and are often associated with neurofibromatosis type 1 (NF-1). Bilateral ONGs are almost pathognomonic for NF-1. ONGs in pediatric patients usually present with painless proptosis, decreased visual acuity, visual fields, or color vision, while

compression effects can cause hypothalamic symptoms or obstructive hydrocephalus due to the compression of the third ventricle and central retinal vein occlusion (CRVO) because of the compression of the central retinal vein. The aggressive form of ONGs is mainly encountered among adults and consists a life-threatening malignancy with poor prognosis. ONGs among adults are rapidly-growing neoplasms, which present with acute vision loss bilaterally due to the involvement of the optic chiasm (36,87-89).

Miyamoto *et al* first reported intense  $^{18}\text{F}$ -FDG uptake by an ONG in an adult patient, guiding decision for surgical excision (90). Peng *et al* reported the utility of PET imaging with alpha- $^{11}\text{C}$  methyl-L-tryptophan in assessing the treatment response in a child with symptomatic ONG (91). Moharir *et al*, in a small retrospective study of pediatric patients with NF-1, implied that  $^{18}\text{F}$ -FDG PET/CT may play a role in ONG surveillance by differentiating those tumors with a higher likelihood to advance and become symptomatic (92). Roselli *et al* reported the application of PET/CT with  $^{18}\text{F}$ -fluorocholine ( $^{18}\text{F}$ -FCH), which targets the biosynthesis of cell membranes, in assessing treatment response of ONG in the setting of NF-1 (93). Rizzo *et al*, in a recent case report, described intense  $^{11}\text{C}$ -methionine ( $^{11}\text{C}$ -MET) activity by an ONG in an 80-year-old male patient (94).  $^{11}\text{C}$ -MET, is a PET-tracer, targeting amino acid utilization processes, which exhibits advantages over  $^{18}\text{F}$ -FDG in detecting brain tumors, such as very low-level activity by inflammatory sites and by normal brain tissue (95). These data hold promise for the application of  $^{11}\text{C}$ -MET PET imaging in patients with ONG. However, larger prospective series of patients are required to elucidate the role of PET-imaging utilizing several PET-tracers beyond  $^{18}\text{F}$ -FDG in the management of both benign and malignant ONG types.

## 10. Ocular and orbital metastases

Intra-ocular metastases are the most common intra-ocular malignancy, and often the first sign of systemic cancer spreading (96). The uvea, due to its rich vascularity, is the commonest metastatic site with the choroid being the most often metastatic location, while iris or ciliary body involvement is less commonly encountered (97). In patients with presumed uveal metastases, conventional imaging modalities (CT and MRI) often fail to detect the primary tumor. In this setting of patients, whole-body  $^{18}\text{F}$ -FDG PET/CT studies can vitally contribute to accurate patient management, by successfully detecting the primary site and other metastatic lesions not seen on CT or MRI (98).

Orbital metastases stand for the most commonly encountered orbital malignancy, accounting for approximately 20% of all orbital cancers (36,99), and being the first disease manifestation in 15% of the cases (100). Patients with orbital metastases usually present with diplopia, pain, palpable mass, proptosis, strabismus and visual loss. Breast, lung and prostatic cancer, together with cutaneous melanoma and neuroblastomas in children are the commonest tumors metastasizing to the orbit (36,99,101). Orbital metastases exhibit  $^{18}\text{F}$ -FDG avidity and therefore,  $^{18}\text{F}$ -FDG PET/CT is a valuable diagnostic tool for these patients, enabling detection of the primary tumor, accurate disease staging and effective assessment of therapeutic

response (99). Furthermore, orbital metastases originating from NETs can be successfully detected on SSTRs imaging with PET using  $^{68}\text{Ga}$ -DOTA-conjugated compounds (18,101). Both ocular and orbital metastases harbor histological features identical to the primary malignancy, and therefore, immunohistochemistry should be employed in challenging cases, where imaging with advanced hybrid techniques fails to detect the primary disease site.

## 11. Inflammatory orbital pseudotumor

Inflammatory orbital pseudotumor (IOP), also known as idiopathic orbital pseudotumor, is a benign, non-infective, inflammatory condition of the orbit without systematic or locally identifiable causes, being reported as the most common cause of painful orbital mass and the third most common orbital disease following thyroid orbitopathy and lymphoproliferative disorder (102,103). Typically, adult patients with IOP suffer from unilateral orbital pain, proptosis and impaired ocular movement, while in pediatric cohorts, IOP is bilaterally manifested, commonly associated with disc edema, uveitis and eosinophilia (103). Histopathologically, IOPs are characterized by a mixed inflammatory infiltrate, exhibiting a mixture of small lymphocytes, plasma cells and histiocytes (36,102), while fibrosis is frequently encountered (104).

Imaging-wise, IOP is a great 'mimicker' (105).  $^{18}\text{F}$ -FDG PET/CT scans demonstrate highly elevated radiotracer activity, in a lymphoma-mimicking pattern and biopsy is further required for establishing diagnosis (36). However,  $^{18}\text{F}$ -FDG PET/CT can efficiently facilitate accurate monitoring of treatment response, in cases of non-surgical treatment approaches such as radiotherapy or administration of steroids, or in cases of incomplete surgical resection and lesion recurrence (106).

## 12. Fibrous dysplasia

Fibrous dysplasia (FD) of the bone is an uncommon, developmental benign skeletal disorder, characterized by the replacement of normal bone and normal bone marrow with abnormal fibro-osseous tissue, leading to bone deformity, pain, fractures and physical impairment (107). FD may affect a single skeletal site (monostotic FD), or multiple sites (polyostotic FD), and can be encountered either sporadically or in combination with extra-skeletal manifestations, including café-au-lait-like skin pigmentation and hyperfunctioning endocrinopathies. The combination of skeletal FD lesions with one or more extra-skeletal manifestations is termed McCune-Albright syndrome (MAS) (107,108). FD involvement of the orbital bones can lead to hypertelorism, exophthalmos, vision impairment or even vision loss, due to narrowing of the optic nerve canal and subsequent optic nerve compression (36). Typically, bone FD lesions present a characteristic ground-glass appearance on the CT scan with expansion of the medullary cavity (Fig. 6).

Bone FD lesions may present  $^{18}\text{F}$ -FDG-negative (109,110) or exhibit variable degrees of  $^{18}\text{F}$ -FDG activity on PET/CT, mimicking malignancy (111-116). However, co-registration with CT enables confident characterization of lesions and avoidance of erroneous interpretation of  $^{18}\text{F}$ -FDG positive skeletal findings. Moreover, intensely increasing  $^{18}\text{F}$ -FDG activity



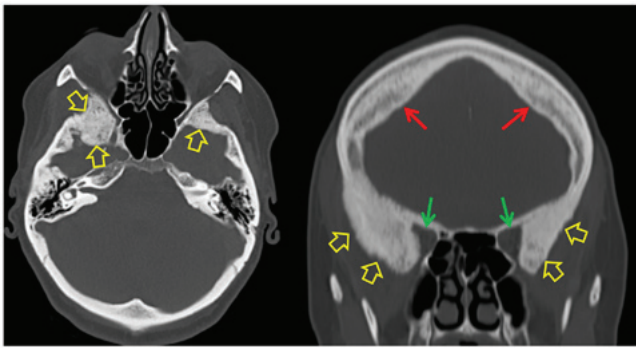


Figure 6. A 42-year-old female with fibrous dysplasia of bone. Left image, axial CT image of the skull shows bony expansion and the typical ground glass appearance involving the sphenoid bones bilaterally (open yellow arrows). Right image, coronal multi-planar (MPR) CT image of the skull demonstrates (green arrows) the reduction - more pronounced on the right - of the orbital volume, due to the sphenoidal fibrous dysplasia involvement (open yellow arrows). Furthermore, hyperostosis frontalis interna is recognized (red arrows).

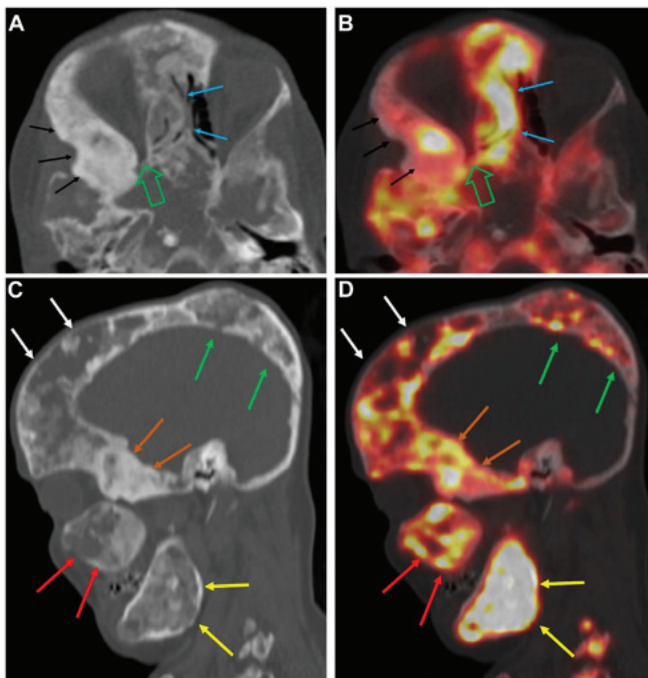


Figure 7. A 46-year-old female with extensive fibrous dysplastic bone lesions with both hypodense and hyperdense lesions on the CT. (A and B) Axial CT and fused  $^{18}\text{F}$ -NaF PET/CT images of the skull showing marked narrowing of the right orbital apex (open green arrow) and FD lesions involving the nasal bones (blue arrows) and the right sphenoid bone (black arrows), with abnormally increased  $^{18}\text{F}$ -NaF uptake. (C and D) Sagittal CT and fused  $^{18}\text{F}$ -NaF PET/CT images of the skull showing FD lesions involving the right frontal bone (white arrows), right parietal bone (green arrows), right sphenoid (orange arrows), right maxilla (red arrows), and right ramus of mandible (yellow arrows), all of which exhibit abnormally elevated  $^{18}\text{F}$ -NaF activity. (Figure is courtesy of Dr M.T. Collins and Dr A.M. Boyce, National Institute of Dental and Craniofacial Research (NIDCR), National Institutes of Health (NIH), Bethesda, MD, USA.  $^{18}\text{F}$ -NaF,  $^{18}\text{F}$ -sodium fluoride; PET/CT, positron emission tomography/computed tomography; FD, fibrous dysplasia.

by FD lesions should raise suspicion for the rare possibility of malignant transformation (<2% of all FD cases) (117,118). In this particular setting of malignantly transformed FD lesions, whole-body  $^{18}\text{F}$ -FDG PET/CT has a role in the early detection

of the transformation and in the management of these patients, by facilitating accurate biopsy guidance, staging, optimal surgical planning, detection of recurrence and efficient follow-up (118).

Bone FD has been visualized with conventional SSTRs scintigraphy using  $^{111}\text{In}$ -pentetreotide, suggesting cell surface over-expression of SSTRs by fibrous dysplastic cells (119). The introduction of  $^{68}\text{Ga}$ -DOTA-conjugated-peptides into clinical practice has enabled the employment of PET-imaging in targeting lesions, characterized by SSTRs-overexpression (18,19-33). Papadakis *et al* reported intensely increased  $^{68}\text{Ga}$ -DOTATE (radiolabeled somatostatin analogue suitable for PET-imaging, which targets SSTRs) activity on PET/CT, by a biopsy proven FD lesion in the temporal bone (22). These data suggest the potential application of PET/CT with  $^{68}\text{Ga}$ -DOTA-conjugated-peptides in assessing and monitoring FD activity or even prognostic value of  $^{68}\text{Ga}$ -DOTATE uptake in FD lesions that need to be further investigated. Furthermore, bone FD can be effectively targeted with  $^{18}\text{F}$ -NaF PET/CT (Fig. 7), which has been shown to be strongly associated with bone turnover markers in the blood, while exhibiting prognostic value for clinical manifestations of the disorder (120-124).

### 13. PET-MRI

PET/MRI combines the functional information of PET with the superior soft-tissue contrast and the functional MR-sequences, providing enhanced oncologic applications, especially in small anatomic regions with complex anatomy such as the orbital and ocular space. Furthermore, pediatric and pregnant oncologic patients with need for follow-up studies, can take advantage of the reduced radiation exposure of PET/MRI compared to PET/CT. In recent years, PET-MRI technology has evolved into an established clinical diagnostic tool, with instrumentation advancements leading to PET detectors compatible with the MRI field, enabling simultaneous PET and MRI acquisition (125,126). These advancements hold promise for superior diagnostic capabilities, improved image quality with reduced PET-image noise, more accurate co-registration of PET-data with MRI anatomy, correction for respiratory, heart and bulk patient motion, and temporal synchronization of the data acquired by the two modalities (4).

PET/MRI has already been widely employed in the management of head and neck cancers, providing incremental diagnostic information for the local staging of the primary tumor and regional lymph node status, while facilitating more accurate radiation treatment planning (4,36,127,128). Patients with lymphomas, neuroblastomas and soft tissue sarcomas may benefit from PET/MRI evaluation, which holds promise for improved oncologic applications (36,127-130), with further studies being needed in order to elucidate the role and the added value of this modality in ophthalmic oncology.

### 14. Conclusions

The introduction of hybrid PET/CT and PET/MRI systems into clinical practice has opened new broad horizons in ophthalmic oncology. The challenges of managing orbital and ocular tumors, can be addressed more effectively, through

these multimodal imaging approaches. For the detection of primary orbital and ocular tumors, <sup>18</sup>F-FDG PET/CT imaging does not seem to offer additional information over clinical evaluation and conventional anatomic imaging modalities (CT, MRI and US). However, <sup>18</sup>F-FDG PET/CT has an established role for patients with OL and OAL both at initial staging and post-treatment assessment. In addition, despite contradictory data, patients with UM most likely will have significant benefit from evaluation with <sup>18</sup>F-FDG PET/CT for staging and follow-up. Moreover, <sup>18</sup>F-FDG PET/CT is of utmost value for patients presenting with intraocular or orbital metastases, and unknown primary cancer. For the remaining set of ophthalmic tumors, <sup>18</sup>F-FDG PET/CT seems to be of value for advanced malignancies with an increased suspicion of regional or distant disease dissemination. PET/CT with <sup>18</sup>F-NaF is the imaging modality of choice for the evaluation and monitoring of disease activity in patients with FD of the orbital bones. Finally, in patients with well-differentiated NETs, PET/CT using <sup>68</sup>Ga-DOTA-compounds is the imaging technique of reference for detecting orbital or ocular metastases. The development of novel cancer-specific PET-tracers together with the advent of clinical simultaneous PET/MRI systems and the employment of artificial intelligence (AI)-based multi-modal predictive models (130), hold promise for more efficient personalized management strategies of ophthalmic oncology patients.

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### Availability of data and materials

Not applicable.

### Authors' contributions

GZP and MSK conceived and designed the study. GZP and MSK researched the literature, performed analysis and interpretation of data and drafted the manuscript. AHK, DE, ETD, OZ, KM, CM, UB, IP, AS, IK KP, PK, GAK, DAS and AT critically revised the article for important intellectual content, and assisted in the literature search for this review article. All authors agree to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated, and finally approved the version of the manuscript to be published. IK also designed Fig. 1.

### Ethics approval and consent to participate

The patient images presented in Figs. 2-7 were obtained after acquiring ethics approval from the relevant ethics committees

and patient consent. The images in Figs. 2-6 were provided by the author DE, from the PET/CT department of Evangelismos Hospital in Athens; all patients have provided written consent forms prior to scanning. Fig. 7 was provided by esteemed physicians at the NIH, with whom the senior and corresponding author of the article collaborates. All study participants at the NIH clinical protocols provided all the extensive consent forms and strict ethical approval documents that the NIH standards require.

### Patient consent for publication

Not applicable.

### Competing interests

DAS is the Editor-in-Chief for the journal, but had no personal involvement in the reviewing process, or any influence in terms of adjudicating on the final decision, for this article. All the other authors declare that they have no competing interests.

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