



Chemical Stimulation of Renal Tissue Induces Sympathetic Activation and a Pressor Response *via* the Paraventricular Nucleus in Rats

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Abstract Sympathetic activation and the kidney play critical roles in hypertension and chronic heart failure. The role of the kidney in sympathetic activation is still not well known. In this study, we revealed an excitatory renal reflex (ERR) in rats induced by chemical stimulation of the kidney that regulated sympathetic activity and blood pressure. The ERR was induced by renal infusion of capsaicin, and evaluated by the changes in renal sympathetic outflow, blood pressure, and heart rate. Renal infusion of capsaicin dose-dependently increased the contralateral renal sympathetic nerve activity, mean arterial pressure, and heart rate. Capsaicin in the cortico-medullary border had greater effects than in the cortex or medulla. Intravenous infusion of capsaicin had no significant effects. The effects of renal infusion of capsaicin were abolished by ipsilateral renal denervation, but were not affected by bilateral sinoaortic denervation. Renal infusion of capsaicin increased the ipsilateral renal afferent activity. The ERR was also induced by renal infusion of

bradykinin, adenosine, and angiotensin II, but not by ATP. Renal infusion of capsaicin increased c-Fos expression in the paraventricular nucleus (PVN) of hypothalamus. Lesion of neurons in the PVN with kainic acid abolished the capsaicin-induced ERR. These findings indicate that chemical stimulation of kidney causes an excitatory reflex, leading to sympathetic activation, pressor response, and accelerated heart rate. The PVN is an important central nucleus in the pathway of the ERR.

Keywords Sympathetic activity · Blood pressure · Renal afferents · Renal reflex · Paraventricular nucleus

Introduction

Sympathetic activity is enhanced in hypertension [1, 2], chronic heart failure [3, 4], and chronic kidney disease [5, 6]. Excessive sympathetic activation contributes greatly to the occurrence and development of hypertension and related organ damage [7]. Intervention in sympathetic overactivity has been used as an important strategy for attenuating hypertension and its complications [8, 9]. On the other hand, most patients with chronic kidney disease have high blood pressure and excessive sympathetic activation, which are closely associated with the increases in morbidity and mortality of cardiovascular events [5]. The excessive sympathetic activity not only plays a crucial role in the pathogenesis of hypertension but also contributes greatly to the development of chronic kidney diseases that are independent of hypertension [5]. Accumulating evidence has shown that the kidney plays critical roles in sympathetic activation in hypertension and chronic kidney diseases [10–15]. However, the mechanisms

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leading to excessive sympathetic activation are complex and not completely understood.

Renal nerves consist of afferent sensory and efferent sympathetic nerves. The afferents are activated by stimulation of mechanoreceptors and chemoreceptors in the kidney [16]. The mechanoreceptors are mainly distributed in the renal pelvis wall, and are activated by increased pelvic pressure. The chemoreceptors respond to the chemical environment in the renal tissue and pelvis, such as hypertonic NaCl, capsaicin, bradykinin, and adenosine. Immunoreactivity for substance P has been found in the interlobar branches of the renal artery, the walls of the renal pelvis, and the proximal ureter, which are involved in chemoreceptor function [17]. It has been shown that the activation of renal afferents reduces renal sympathetic nerve activity (RSNA) in normotensive rats, but increases the RSNA in several pathophysiological conditions such as chronic heart failure, hypertension, and ischemic acute renal failure [10, 18, 19]. The role of renal afferent nerve activity in the reflex control of sympathetic outflow is controversial or opaque [20]. Renal denervation or catheter-based radiofrequency renal denervation which interrupts both the afferent and efferent renal nerves has been used as an interventional approach to treat hypertension [16, 21, 22]. Therefore, it is important to reveal the roles of renal afferents in the reflex regulation of blood pressure and sympathetic activity. The present study was designed to determine the roles of an excitatory renal reflex (ERR) induced by chemical stimulation of the kidney in regulating sympathetic activity and blood pressure. Furthermore, whether the hypothalamic paraventricular nucleus (PVN) is critical for the central neurocircuitry of the ERR was investigated.

Methods

Animals and General Procedures

Experiments were carried out on 132 male Sprague–Dawley rats weighing 280 g–320 g. The protocols were approved by the Experimental Animal Care and Use Committee in Nanjing Medical University. The experimental procedures were carried out in accordance with the Guide for the Care and Use of Laboratory Animals (US National Institutes of Health, NIH publication, 8th edition, 2011). The rats were kept at a controlled humidity and temperature under a 12-h light/dark cycle with free access to lab chow and tap water. Each rat was anesthetized with a mixture of α -chloralose (40 mg/kg) and urethane (800 mg/kg) *via* intraperitoneal injection. The depth of anesthesia was confirmed before surgery by the absence of both corneal reflexes and paw withdrawal responses to a noxious

pinch [23]. The trachea and right carotid artery were exposed by a midline incision in the neck. The trachea was intubated for positive-pressure ventilation with room air using a small-animal ventilator (model 51600, Stoelting, Chicago, IL). The right carotid artery was cannulated to record blood pressure. The arterial blood pressure, mean arterial pressure (MAP), heart rate (HR), and RSNA were simultaneously recorded using a PowerLab data acquisition system (8SP, ADInstruments, Bella Vista, NSW, Australia). The rat was euthanized at the end of the experiment with pentobarbital sodium (100 mg/kg) *via* intravenous injection.

RSNA Recording

RSNA was recorded as we reported previously [24]. Briefly, the left renal artery and nerves were exposed *via* a left flank incision. The renal nerve was isolated and cut at its distal end to abolish afferent activity from the kidney. The nerve was then placed on a pair of parallel silver electrodes, and immersed in mineral oil at 37 °C. The nerve activity was amplified with an AC/DC differential amplifier (model DP-304, Warner Instruments, Hamden, CT). The signals were low-pass filtered at 3,000 Hz and high-pass filtered at 100 Hz, and then integrated at a 100-ms time constant. After each experiment, the central end of the renal nerve was cut to record background noise. The RSNA value was obtained by the integrated RSNA value minus the background noise value, and expressed as a percentage change of the control value.

Recording of Renal Afferent Nerve Activity

The right renal nerve was exposed, isolated, and sectioned at its central end to abolish the renal efferent activity. Renal afferent nerve activity was recorded as for RSNA recording.

Chemical Stimulation of Kidney to Induce the ERR

The right kidney was exposed and a stainless-steel tube (0.31 mm outer diameter) was horizontally inserted into the kidney for the infusion of chemicals. The tube was inserted from the right side of the kidney to the left side, except in the protocol used to compare the effects of capsaicin at different sites in the kidney. The tip of the tube was held at the cortico-medullary border or at different depths from the renal surface to compare the effects of capsaicin. The insertion of the tube stopped when a slight resistance was encountered, indicating that the tip reached the cortico-medullary border, which was about 2 mm below the renal surface. The ERR was induced by renal infusion of capsaicin (1 nmol/ μ L), or bradykinin

(0.5 nmol/ μ L), adenosine (0.5 nmol/ μ L), ATP (1.5 nmol/ μ L), or angiotensin II (Ang II, 0.01 nmol/ μ L). The tube was connected to a microinjector through a PE50 polyethylene catheter. The infusion was carried out using a programmable pressure injector (PM2000B, MicroData Instrument, NJ) at 1.0 μ L/min for 20 min. The ERR was evaluated by the RSNA, MAP, and HR responses to the renal infusion of chemicals.

Microinjection into the PVN

Microinjections were performed as we reported previously [25]. Briefly, each rat was fixed in a stereotaxic frame in the prone position (Stoelting, Chicago, IL). The coordinates of the PVN used in the present study were 0.4 mm lateral to the midline, 1.8 mm caudal to bregma, and 7.9 mm below the dorsal surface. The PVN microinjection was performed with a glass micropipette (50 μ m tip diameter). The volume of the microinjection for each side was 50 nL, and it was completed in 1 min. After each experiment, the same volume of Evans Blue was microinjected. The injection sites were localized histologically [26]. The visible extent of dye was <300 μ m in diameter. The data from rats with microinjection sites outside the PVN were excluded.

Identification of PVN Lesion

Toluidine blue staining of brain sections was used to identify the lesion in the PVN. The nuclei of cells stained blue. The standard for the effectiveness of a PVN lesion was that the number of nuclei within 0.2 mm around the injection site in the bilateral PVN was reduced by >60%.

Sinoaortic Denervation (SAD)

SAD was carried out in only one of the experimental protocols to examine the secondary effect of the baroreflex on the ERR. The bilateral vagal and carotid sinus nerves in the neck were individually identified and sectioned. All other nerve fibers visible in the carotid sinus area were cut. The common carotid arteries and carotid bifurcation were stripped of adventitial tissues 4 mm above and below the bifurcation. Phenol solution (10%) was applied to this area to destroy any remaining nerve fiber. The denervation was confirmed by showing that the HR change was <5 beats/min after intravenous administration of phenylephrine (20 μ g/kg) [27].

Immunohistochemistry

Immunohistochemistry for c-Fos expression was examined as we previously described [28, 29]. Mouse monoclonal antibody against c-Fos (sc-271243) was from Santa Cruz (Dallas, TX) and diluted 1:1000 for use. Biotinylated secondary antibody was from Santa Cruz (ABC staining system kit).

Chemicals

Capsaicin was from MedChem Express (Monmouth Junction, NJ); bradykinin, Ang II, adenosine, and ATP were from Sigma Chemical Co. (St Louis, MO); and kainic acid (KA) was from Abcam (Cambridge, MA). Capsaicin was dissolved in ethanol and stored as stock solution. The capsaicin solution was diluted before use; it contained 1% stock solution, 1% Tween 80, and 98% normal saline. The vehicle was used as the control for capsaicin. Other chemicals were dissolved in saline.

Statistics

The changes of RSNA, MAP, and HR were determined by the average values for 1 min when their maximal response was reached. Comparisons between two groups were assessed by Student's *t*-test. One-way or two-way ANOVA was used for multiple comparisons followed by *post hoc* Bonferroni's test. All data are expressed as the mean \pm SEM. A *P* value <0.05 was considered statistically significant.

Results

Dose- and Time-Effects of Renal Infusion of Capsaicin

Unilateral renal infusion of capsaicin at the cortico-medullary border of the kidney caused immediate increases in the contralateral RSNA, MAP, and HR in a dose-dependent manner (Fig. 1A). The infusion sites in kidneys were confirmed by Evans blue staining (Fig. 1B). The capsaicin had its maximal effects at \sim 1 nmol/min for 20 min (Fig. 2A), so we used this dose in all subsequent experiments. The maximal effects of capsaicin began at \sim 15 min after the beginning of infusion (RSNA, +18.3% \pm 3.2%; MAP, +8.2 \pm 1.3 mmHg; HR, +8.1 \pm 2.9 bpm), and lasted 40 min–50 min. Renal infusion of vehicle did not have significant effects on the RSNA, MAP, and HR (Fig. 2B).

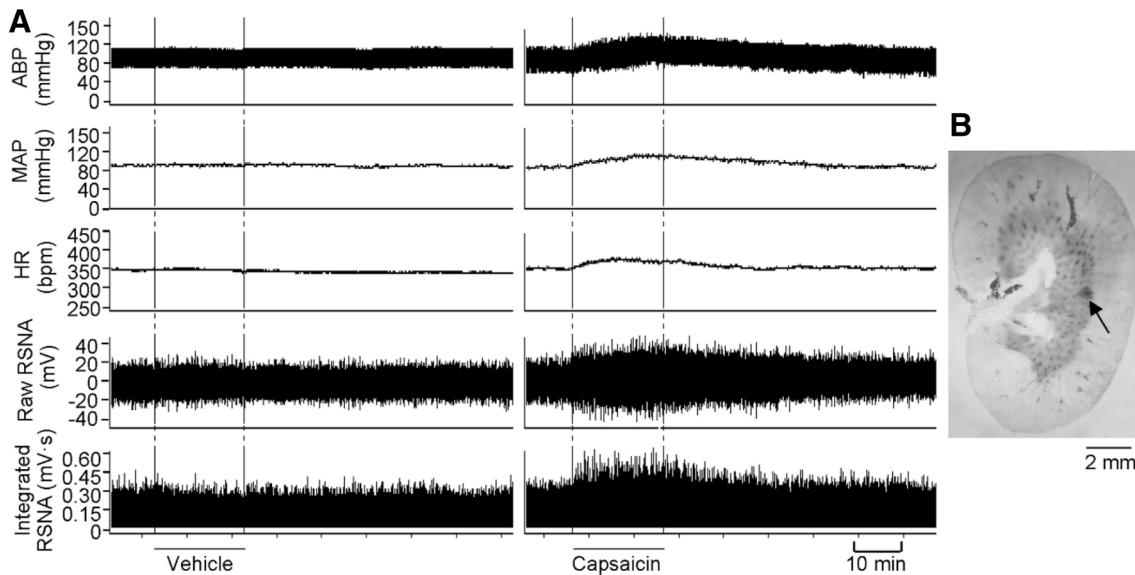


Fig. 1 Capsaicin-induced excitatory renal reflex (ERR). **A** Representative recordings showing the capsaicin-induced reflex changes of arterial blood pressure (ABP), mean arterial pressure (MAP), heart rate (HR), and contralateral renal sympathetic nerve activity (RSNA).

The capsaicin was infused into the cortico-medullary border of the right kidney at 1 nmol/min for 20 min. **B** Representative section of kidney showing the infusion site.

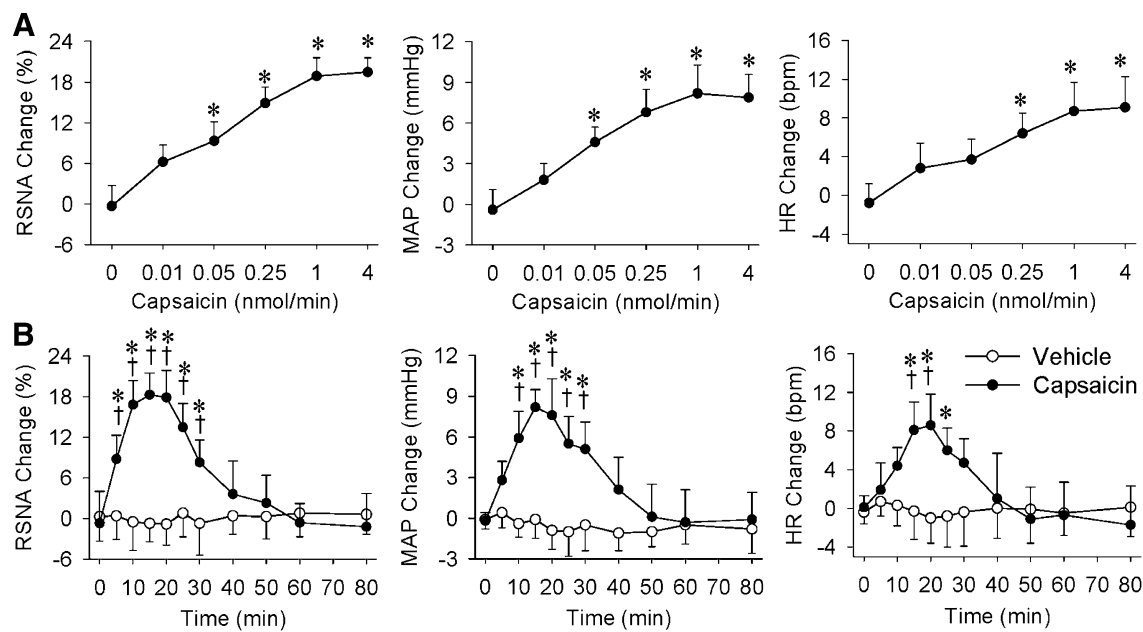


Fig. 2 Dose- and time-effects of the capsaicin-induced excitatory renal reflex (ERR). Capsaicin was infused into the cortico-medullary border of the right kidney to induce reflex changes in contralateral renal sympathetic nerve activity (RSNA), mean arterial pressure (MAP) and heart rate (HR). **A** Dose-response curves for capsaicin

(0 nmol/min, 0.01 nmol/min, 0.05 nmol/min, 0.25 nmol/min, 1 nmol/min, and 4 nmol/min for 20 min). **B** Time-courses for capsaicin (1 nmol/min for 20 min). Values are the mean \pm SEM. * $P < 0.05$ vs 0 nmol or 0 min; † $P < 0.05$ vs Vehicle. $n = 6$ per group.

Effects of Capsaicin in Different Sites in the Kidney

Renal infusion of capsaicin 1 mm, 2 mm, or 4 mm below the kidney surface (corresponding to the cortex, cortico-medullary border, and medulla) increased the contralateral RSNA, MAP, and HR. However, the effects of capsaicin at

the cortico-medullary border were significantly greater than those in the cortex and medulla (Fig. 3A). Infusion of capsaicin into the cortico-medullary border of the upper, lateral, or lower parts of the kidney showed similar increases in the contralateral RSNA, MAP, and HR (Fig. 3B). There were no significant differences in the

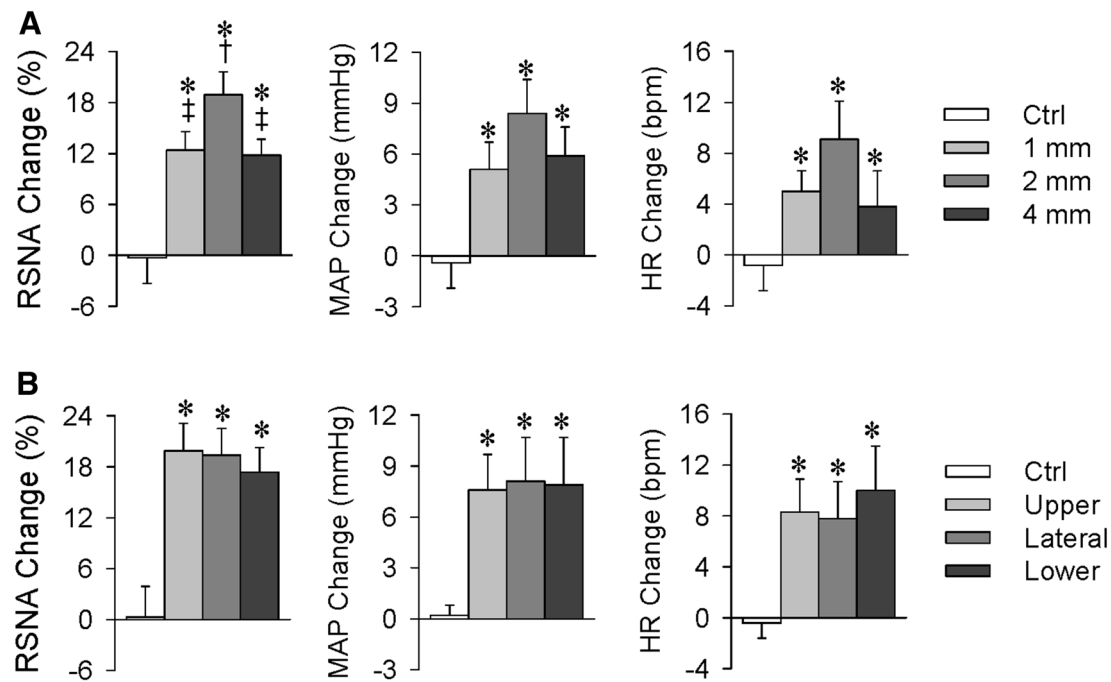


Fig. 3 Excitatory renal reflex (ERR) induced by capsaicin at different sites in the kidney. Capsaicin (1 nmol/min for 20 min) was infused into the right kidney to induce reflex changes in the contralateral renal sympathetic nerve activity (RSNA), mean arterial pressure (MAP), and heart rate (HR). **A** Effects of capsaicin at

different depths in the kidney (1 mm, 2 mm, and 4 mm below the lateral surface). **B** Effects of capsaicin at different locations in the kidney (upper, lateral, and lower parts, 2 mm below the surface). Values are the mean \pm SEM. * $P < 0.05$ vs Ctrl; † $P < 0.05$ vs 1 mm; ‡ $P < 0.05$ vs 2 mm. $n = 6$ per group.

baseline RSNA, MAP, and HR among these groups (Tables S1 and S2). The cortico-medullary border in the lateral kidney was selected as the infusion site in all other experiments.

Excluding the Possibility of Extra-Renal Effects Due to Capsaicin Diffusion

Although renal infusion of capsaicin increased the contralateral RSNA, MAP, and HR, intravenous infusion of same dose failed to have any significant effects on these parameters (Fig. 4A). The results excluded the possibility that the effects of renal infusion might be due to leakage of capsaicin into the circulation. Our previous studies have shown that administration of capsaicin to white adipose tissue induces an adipose afferent reflex that causes sympathetic activation and pressor responses [30–32]. Similar effects were found for capsaicin infusion into the perirenal fat in the present study. However, the effects of capsaicin in the perirenal fat were smaller than those at the same dose in the kidney (RSNA, $11.3\% \pm 1.5\%$ vs $18.9\% \pm 2.7\%$, $P < 0.05$; MAP, 3.9 ± 1.5 mmHg vs 8.4 ± 2.2 mmHg, $P < 0.05$; HR, 1.4 ± 2.2 bpm vs 9.1 ± 3.0 bpm, $P < 0.05$). Furthermore, the effects of capsaicin in perirenal fat were completely abolished by denervation of the perirenal fat (Fig. 4B). More

importantly, the effects of renal infusion of capsaicin were completely abolished by ipsilateral renal denervation, but not affected by ipsilateral perirenal lipectomy (Fig. 5A). These results indicate that the effects of renal infusion of capsaicin are caused by stimulation of the kidney rather than perirenal fat.

Renal Infusion of Capsaicin Increases Ipsilateral Renal Afferent Nerve Activity

Renal infusion of capsaicin increased the ipsilateral renal afferent activity (Fig. 5B). There were no significant differences in baseline afferent activity between the vehicle- and the capsaicin-treated groups (Table S3). Representative recordings showed that capsaicin in the kidney induced an immediate increase in the afferent activity (Fig. 5C). The results showed that capsaicin stimulates renal afferents in the kidney and increases their activity. Taking into account all the above results, we concluded that the effects of capsaicin in the kidney are primarily caused by increased renal afferent nerve activity due to their activation rather than capsaicin-induced release of chemicals or signal molecules into the circulation.

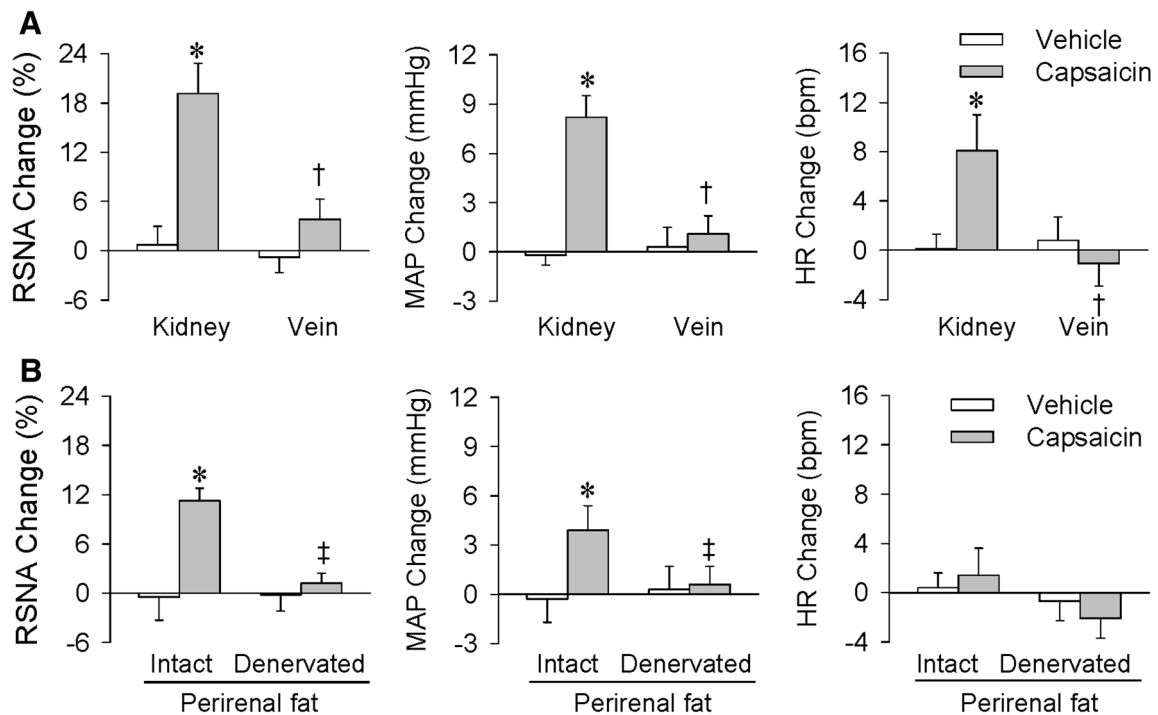


Fig. 4 Effects of infusion of capsaicin into the right kidney, jugular vein, and perirenal fat on contralateral renal sympathetic nerve activity (RSNA), mean arterial pressure (MAP), and heart rate (HR). **A** Effects of capsaicin infusion into the cortico-medullary border of

the right kidney and the jugular vein. **B** Effects of capsaicin infusion into intact or denervated perirenal fat. Capsaicin was infused at 1 nmol/min for 20 min. Values are the mean ± SEM. **P* < 0.05 vs Vehicle; †*P* < 0.05 vs Kidney; ‡*P* < 0.05 vs Intact. *n* = 6 per group.

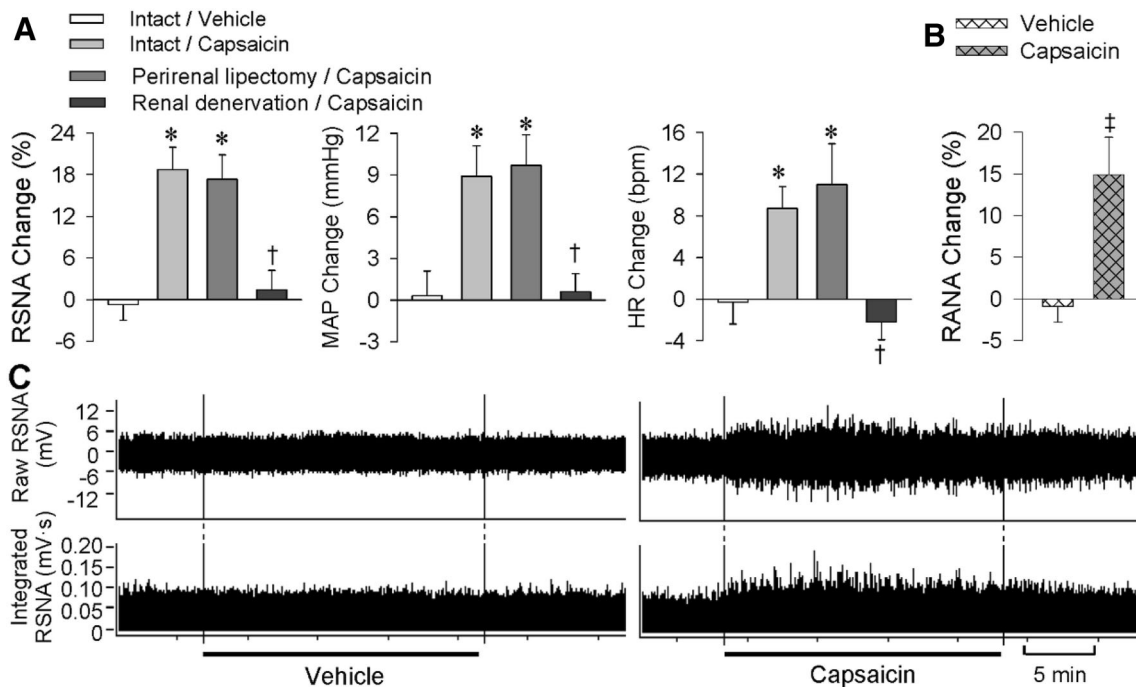


Fig. 5 Role of renal afferents in the capsaicin-induced excitatory renal reflex (ERR). Capsaicin (1 nmol/min for 20 min) was infused into the cortico-medullary border of the right kidney to induce reflex changes in the contralateral renal sympathetic nerve activity (RSNA), mean arterial pressure (MAP), and heart rate (HR). **A** Effects of capsaicin in kidney were not affected by ipsilateral perirenal

lipectomy, but were abolished by ipsilateral renal denervation. **B** Effect of intrarenal infusion of capsaicin on renal afferent nerve activity (RANA). **C** Representative recordings of RANA. Values are the mean ± SEM. **P* < 0.05 vs Intact/Vehicle; †*P* < 0.05 vs Intact/Capsaicin; ‡*P* < 0.05 vs Vehicle. *n* = 6 per group.

ERR Induced by Different Chemicals

Capsaicin is the main pungent ingredient in hot chili peppers, and selectively activates sensory neurons *via* acting on a non-selective ligand-gated cation channel, transient receptor potential vanilloid-1. Capsaicin is used to stimulate sensory afferents [33–35]. It was of interest to determine whether ERR can be induced by other chemicals. We found that renal infusion of bradykinin, adenosine, and Ang II had effects similar to capsaicin on the contralateral RSNA, MAP, and HR. However, renal infusion of ATP failed to induce the ERR (Fig. 6A).

Effects of SAD on Capsaicin-Induced ERR

The ERR was examined 1 h after SAD surgery to determine whether the baroreflex plays a role in capsaicin-induced ERR. SAD had no significant effects on baseline RSNA, MAP, and HR (Table S4). The SAD rats showed a tendency towards an enhanced ERR, but the difference from sham-operated rats failed to reach significance (Fig. 6B), suggesting that the inhibitory effect of the baroreflex on the ERR is very weak under normal conditions. Therefore, all other experiments were carried out in rats without SAD, better representing the true state of the ERR in regulating sympathetic and cardiovascular activity in intact animals.

The PVN is Important in Mediating the Capsaicin-Induced ERR

The PVN is critical in the cardiac sympathetic afferent reflex [36] and adipose afferent reflex [30], so we investigated its role in the ERR. Immunohistochemistry showed that unilateral renal infusion of capsaicin increased c-Fos expression in the bilateral PVN (Fig. 7A). The increased c-Fos expression involved both the parvocellular and magnocellular parts of the PVN (Fig. 7B). KA is strongly neurotoxic [37] and is widely used to destroy neurons in brain nuclei without lesioning terminals and axons of passage in the injection site [38]. Neurons immediately fire at a very high rate after KA injection, and no neuronal activity is recorded 1 h later [38]. Bilateral PVN microinjection of KA induces a great and immediate increase in sympathetic outflow, blood pressure, and HR, which recovers within 1 h, and then remains at baseline levels [30, 36]. In the present study, microinjection of KA into the bilateral PVN prevented the capsaicin-induced ERR 2 h later (Fig. 7C). There were no significant differences in baseline RSNA, MAP, and HR before the PVN microinjection of saline or KA (Table S5). The effectiveness of PVN lesioning by KA was confirmed by toluidine blue staining (Fig. S1). Microinjection of KA into anterior hypothalamic areas near the PVN failed to prevent the capsaicin-induced ERR, indicating that the PVN is involved in the central pathway of the ERR.

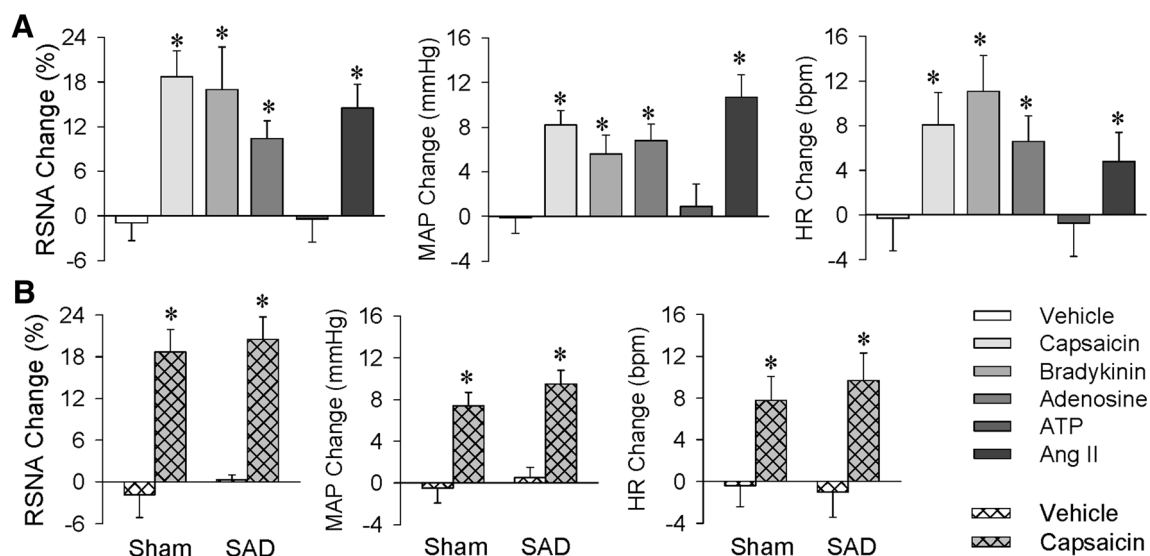


Fig. 6 Excitatory renal reflex (ERR) induced by different chemicals and effects of sinoaortic denervation (SAD) on capsaicin-induced ERR as evaluated by the reflex changes in contralateral renal sympathetic nerve activity (RSNA), mean arterial pressure (MAP), and heart rate (HR). **A** Effects of renal infusion of capsaicin (1 nmol/

min), bradykinin (0.5 nmol/min), adenosine (0.5 nmol/min), ATP (1.5 nmol/min), and Ang II (0.01 nmol/min) for 20 min. **B** Effects of bilateral SAD on the ERR. Renal infusion of vehicle or capsaicin was carried out 1 h after sham operation (Sham) or bilateral SAD. Values are the mean \pm SEM. * $P < 0.05$ vs Vehicle. $n = 6$ per group.

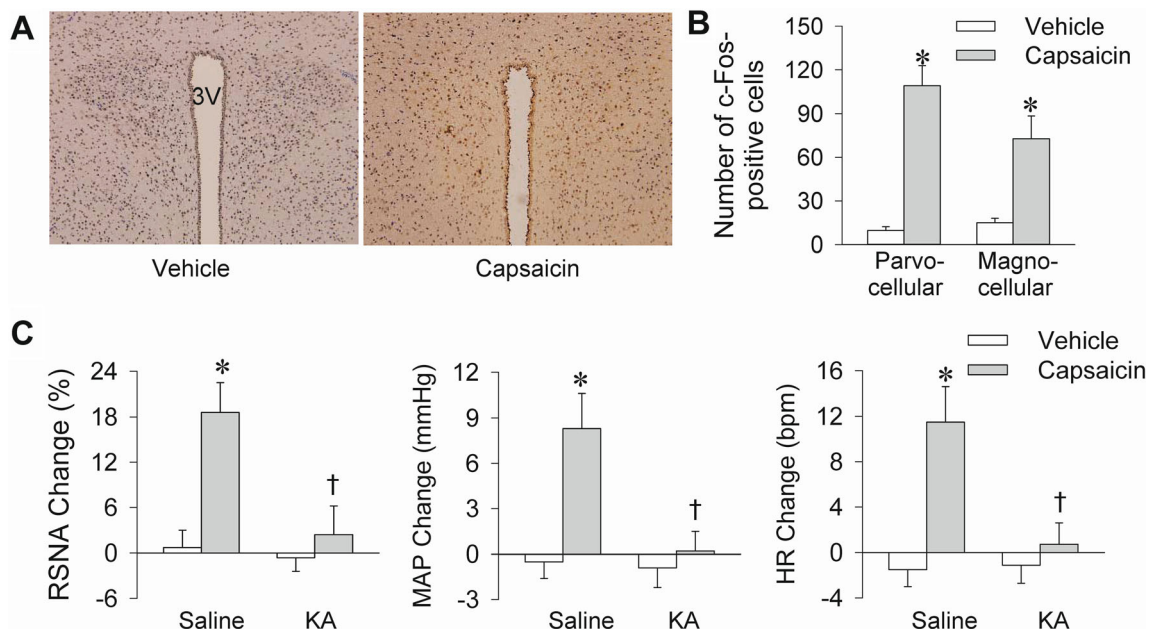


Fig. 7 The PVN is involved in the capsaicin-induced excitatory renal reflex (ERR). **A** Representative immunohistochemical sections showing the c-Fos expression (yellow) in the PVN 30 min after renal infusion of capsaicin. **B** Numbers of c-Fos-positive cells in the parvocellular and magnocellular parts of the PVN 30 min after renal

infusion of capsaicin. **C** Effects of bilateral PVN lesions with kainic acid (KA) on the capsaicin-induced ERR. Vehicle or capsaicin (1 nmol/min for 20 min) was infused 120 min after the PVN microinjection of saline or KA (2 nmol). Values are the mean \pm SEM. * $P < 0.05$ vs Vehicle; † $P < 0.05$ vs Saline. $n = 6$ per group.

Discussion

The kidney is critical in the sympathetic activation in hypertension and chronic kidney diseases [10–15]. Numerous studies have focused on renal sympathetic activity and its underlying mechanism, but the role of renal afferent activity in sympathetic activation is obscure or controversial. In the present study, we established a method to induce an ERR. Chemical stimulation of renal afferents induces the ERR, which leads to an increase in sympathetic activity, blood pressure, and HR. The PVN is an important component of the central neurocircuitry of the ERR.

In a preliminary study, we found that the responses to renal infusion of capsaicin were much more stable than that to a single renal injection of capsaicin, so we used infusion for 20 min to induce the ERR. Activation of renal afferents with capsaicin increased sympathetic activity, blood pressure and HR. That the ERR might involve the activation of renal chemoreceptors was supported by the findings that the infusion of bradykinin, adenosine, or Ang II induced ERR effects similar to capsaicin. Substance P immunoreactivity has been reported in the interlobar branches of the renal artery, the walls of the renal pelvis, and the proximal ureter, which are involved in chemoreceptor function [17]. That the ERR induced by capsaicin at the cortico-medullary border was greater than that in cortex or medulla may be related to the arcuate arteries or interlobar branches

of the renal artery containing chemoreceptors near the cortico-medullary border.

Renal infusion of capsaicin increased the ipsilateral renal afferent activity and the capsaicin-induced ERR was not affected by ipsilateral perirenal lipectomy, but was completely abolished by ipsilateral renal denervation. These results indicate that the renal afferent nerves are responsible for the effects of capsaicin in the kidney, and this is supported by the fact that the afferent nerves from the kidney enter the spinal cord through the T6-L2 dorsal root ganglia, and terminate in ipsilateral laminae I–III [39].

Neuroanatomical evidence has shown that renal afferent activity is closely connected with various sites in the brain associated with sympathetic outflow and cardiovascular regulation, including the nucleus of the solitary tract, rostral ventrolateral medulla, PVN, subfornical organ, and preoptic area [10]. The PVN is important in the control of cardiovascular activity and sympathetic outflow *via* its descending projections to the rostral ventrolateral medulla and intermediolateral column of spinal cord [40–43]. Stimulation of the renal afferent nerve altered the activity of 197 neurons in 407 neurons in the PVN, most of which were excited, but 8% were suppressed [44]. We found that renal infusion of capsaicin increased c-Fos expression in the bilateral PVN. Lesioning of bilateral PVN with KA abolished the effects of capsaicin in the kidney. These findings indicate that the PVN is important in the ERR pathway. It has been reported that afferent activity from

one kidney can modulate contralateral efferent renal nerve activity to regulate diuresis and natriuresis to balance overall renal function between the two kidneys [10, 45]. In this study, we found that renal infusion of capsaicin increased c-Fos expression in both the parvocellular and magnocellular parts of the PVN. The latter may be related to its reflex effects in regulating sodium balance.

Sympathetic overactivity contributes greatly to the development and progress of chronic heart failure, hypertension, and chronic kidney disease [16]. Increased renal input may play critical roles in the excessive sympathetic activity in these diseases. Numerous studies have shown that catheter-based radiofrequency renal denervation, which abolishes both afferent and efferent renal activity, has been used as an interventional therapy for chronic heart failure, chronic kidney disease, and hypertension [16, 21, 22]. Selective renal afferent and efferent denervation may be new therapeutic approaches in the treatment of hypertension.

In summary, chemical stimulation of the kidney causes the ERR, which results in increased sympathetic outflow, blood pressure, and HR. The PVN is critical in the central neurocircuitry of the ERR.

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Conflict of interest The authors declare no competing financial interests.

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