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## Stem Cell Therapy and Hydrogen Sulfide: Conventional or Nonconventional Mechanisms of Action?

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### Abstract

**Purpose:** Hydrogen sulfide (H<sub>2</sub>S) has many beneficial biological properties, including the ability to promote vasodilation. It has been shown to be released from stem cells and increased by hypoxia. Therefore, H<sub>2</sub>S may be an important paracrine factor in stem cell mediated intestinal protection. We hypothesized that hydrogen sulfide created through conventional pathways would be a critical component of stem cell mediated intestinal protection following ischemic injury.

**Methods:** Human bone marrow derived mesenchymal stem cells (BMSCs) were transfected with negative control siRNA (Scramble), or with siRNA to CBS, MPST, or CTH. Knockdown was confirmed with PCR and hydrogen sulfide gas assessed with AzMC fluorophore. Eight week old male mice then underwent intestinal ischemia for 60 mins, after which time, perfusion was restored. BMSCs from each of the above groups were then placed into the mouse abdominal cavity prior to final closure. After 24 hours, mice were reanesthetized and mesenteric perfusion was assessed by Laser Doppler Imaging (LDI). Animals were then sacrificed and intestines excised, placed in formalin, paraffin embedded, and stained with H & E. Intestines were then scored with a common mucosal injury grading scale.

**Results:** PCR confirmed knockdown of conventional H<sub>2</sub>S producing enzymes (CBS, MPST, CTH). Hydrogen sulfide gas was decreased in MPST and CTH transfected cells in normoxic conditions but was not decreased compared to scramble in any of the transfected groups in hypoxic conditions. BMSCs promoted increased mesenteric perfusion at 24 hours post-ischemia compared to vehicle. Transfected stem cells provided equivalent protection. Histologic injury was improved with BMSCs compared to vehicle. CBS, MPST, and CTH knockdown cell lines did not have any worse histological injury compared to Scramble.

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ARJ performed animal I/R experiments, protein isolation, histological grading and drafted the manuscript, NAD performed histological grading and statistical analysis, KRO performed hydrogen sulfide assays, TAM contributed critical ideas, assistance and manuscript advice. All authors provided critical revisions to the manuscript and assisted with its final preparation.

Conflicts of Interest

TAM receives consultation fees from Scioto Biosciences and Onsite, LLC

**Conclusion:** Knocking down conventional H<sub>2</sub>S producing enzymes only impacted gas production in normoxic conditions. When cells were transfected in hypoxic conditions, as would be expected in the ischemic intestines, hydrogen sulfide gas was not depressed. These data, along with unchanged perfusion and histological injury parameters with conventional enzyme knockdown would indicate that alternative H<sub>2</sub>S production pathways may be initiated during hypoxic and/or ischemic events.

### Keywords

hydrogen sulfide; bone marrow-derived mesenchymal stromal cells; intestinal ischemia; perfusion; inflammation; small interfering RNA

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## INTRODUCTION

Intestinal ischemia occurs when the mesenteric vasculature becomes acutely occluded. Interrupted blood flow to the intestine leads to cellular damage, bowel necrosis, and mortality rates as high as 55-80% (1, 2). Surviving patients who have undergone extensive intestinal resection may require intestinal transplantation or intravenous nutrition secondary to the inability to absorb appropriate enteral substrates. Medical therapies to counteract the ischemic damage to the intestines are suboptimal, and therefore, novel treatments are desperately needed.

In this regard, stem cell therapy may provide a promising treatment alternative to traditional medications. Stem cells have been utilized for the experimental treatment of several ischemic conditions, including myocardial infarction and stroke (3, 4). Our group has previously appreciated that human bone marrow derived mesenchymal stem cells (BMSCs) can also increase survival following intestinal ischemia (5). Improved survival was also linked with improved mesenteric perfusion, less mucosal injury, and altered inflammatory cytokines.

It is likely that stem cells provide protection via the release of paracrine mediators (6). Hydrogen sulfide (H<sub>2</sub>S), long considered a toxic gas, has received considerable attention of late as an autocrine and paracrine mediator of a variety of physiological functions including cytoprotection, vasodilation and as a stimulus for angiogenesis (7-12). Cellular H<sub>2</sub>S production is also increased by hypoxia (13, 14) which would promote autocrine and paracrine signaling (15). This not only makes H<sub>2</sub>S metabolism an attractive candidate for oxygen sensing (16), but it also suggests that the hypoxic environment of ischemic intestinal tissue would increase H<sub>2</sub>S production by incipient stem cells, thereby triggering a number of intracellular cascades to promote adaptation to low oxygen environments. This increase in H<sub>2</sub>S would also help protect and sustain the stem cells themselves, which has previously been demonstrated (17-19).

Hydrogen sulfide gas is produced through both conventional and unconventional pathways. The conventional, and more often studied pathways, include three different parallel enzyme systems: cystathionine-β-synthase (CBS), cystathionine lyase (CSE) and 3-mercaptopyruvate sulfurtransferase (MPST) (20) (Figure 1). CBS is generally considered to be the predominant enzyme in the brain, CSE in the heart and vasculature, and MPST in the

endothelium, vascular smooth muscle, and the brain (21). Due to the difficulties in measuring H<sub>2</sub>S gas directly in biological systems, these three enzymes have been accepted as markers of cellular production of H<sub>2</sub>S (20, 22).

It is unknown if hydrogen sulfide is a vital paracrine factor in stem cell mediated intestinal protection or if the conventional H<sub>2</sub>S producing enzymes play a role in this protection. We therefore hypothesized that hydrogen sulfide gas produced via conventional pathways would be a critical paracrine factor in stem cell mediated intestinal protection following intestinal ischemia and reperfusion (I/R) injury.

## MATERIALS AND METHODS

### Cell Culture

Human BMSCs were obtained from Dr. Darwin Prokop's NIH funded lab at Texas A&M University where they procure, purify, and verify BMSCs from human subjects. BMSCs were reported to meet MSC defining criteria (23). BMSCs were cultured in MesenPRO RS™ Basal Medium for mesenchymal stem cells (Life Technologies, Grand Island, NY) with MesenPro RS™ Growth Supplement. Cells were cultured in 225 cm<sup>2</sup> polystyrene culture flasks at 37°C in a humidified atmosphere of 5% CO<sub>2</sub> in air. Once cells reached 90% confluency they were lifted from the flask with TrypLE Express (Life Technologies), and passaged to expand primary cultures or used in experimentation. BMSCs were used between passages 4-8. A fluorescent automated cell counter was used to count cells (Luna™ Automated Cell Counter, Logos Biosystems Inc., Annandale, VA).

### Transfection Method with RNA Interference

For siRNA transfection protocol, BMSCs were cultured to 90% confluency. Once cells were confluent they were lifted from flasks with TrypLE Express and counted using our automated cell counter. Cells (~2.25 million) were then plated onto a 225 cm<sup>2</sup> polystyrene culture flask and incubated at 37°C with 5% CO<sub>2</sub> overnight. The next day, cells were then transfected for 24 hours in serum-free media with siRNA against CBS (Dharmacon™ human CBS ON-TARGETplus SMARTpool #L-008617-00), CTH (Dharmacon™ human CTH ON-TARGETplus SMARTpool #L-003481-00), MPST (Dharmacon™ human MPST ON-TARGETplus SMARTpool #L-010119-00), or scrambled sequences (Dharmacon™ ON-TARGETplus Control Pool #D-001810-10-20) using a lipofectamine based transfection reagent (Dharmacon™ Dharmafect™ 1 Transfection Reagent #T-2001-02, Gene Expression and Gene Editing, GE Healthcare, Lafayette, CO, USA) per manufacturer's instructions. The cells were incubated for an additional 24 hours in normal growth conditions and were subsequently used for animal experimentation. Knockdown of mRNA was confirmed by RT-PCR with band intensities compared to the housekeeping gene, glyceraldehyde-3-phosphate dehydrogenase. Primer sequences are listed in Table 1.

### In vitro H<sub>2</sub>S relative quantification

Cells were plated at a density of 10,000 cells per well in 96-well plates with gas-permeable bottoms (Coy Laboratory Products Inc., Grass Lake, MI) and grown to 80-95% confluency. The cells were then transfected and treated with the H<sub>2</sub>S-specific fluorophore 7-azido-3-

methylcoumarin (AzMC, 25  $\mu$ M;  $\lambda_{ex}$ =365nm and  $\lambda_{em}$ =450nm; Millipore Sigma, St. Louis, MO). AzMC is an irreversible fluorophore that provides a cumulative index of H<sub>2</sub>S production. Fluorescence was measured on a SpectraMax M5e plate reader (Molecular Devices, Sunnyvale, CA) according to manufacturer's recommendations and the cells were then placed in normoxia (21% O<sub>2</sub>, 5% CO<sub>2</sub>, and N<sub>2</sub> balance) or hypoxia (5% O<sub>2</sub>, 5% CO<sub>2</sub>, and N<sub>2</sub> balance) to mimic *in vivo* conditions for up to 24 hours in a model 856 HYPO hypoxia chamber (Plas Labs, Inc., Lansing, MI) at 37°C. The plates were removed at timed intervals, and fluorescence was measured before returning the plates to back to the culture incubator. Baseline H<sub>2</sub>S concentrations were subtracted from final concentrations and normalized to non-transfected control BMSCs. Experiments were repeated three times (Total N=40/group) and data are presented as folds of control.

### Murine Intestinal I/R Model

Experimental protocols and animal use were approved by the Indiana University Institutional Animal Care and Use Committee. Wild-type adult male mice (C57BL/6J, Stock No: 00664, 8-12 weeks; Jackson Laboratory, Bar Harbor, ME) underwent at least 48 hours of acclimation to the new environment prior to experimentation. Murine animals were provided normal chow and water and kept in 12 light/12 dark cycle housing.

Mice were anesthetized using 3% isoflurane followed by maintenance at 1.5% isoflurane in oxygen. A heating pad was used to achieve temperature homeostasis and the abdomen was prepped using a hair removal lotion followed by sterile preparation with 70% ethanol and betadine. To account for intra-operative fluid losses, one milliliter of 0.9% normal saline was injected subcutaneously pre-operatively. All animals were given analgesia (1mg/kg buprenorphine and 5mg/kg carprofen) by subcutaneous injection pre-operatively.

Under sterile conditions, a midline laparotomy was performed and the intestines were eviscerated. The base of the superior mesenteric artery was identified and clamped using an atraumatic microvascular clamp as we have previously described (24). The intestines were then placed back into the abdominal cavity and the abdomen was temporarily closed using silk suture to prevent evaporative losses. Following 60 minutes of intestinal ischemia, the abdomen was reopened and the atraumatic clamp was removed. The abdominal fascia and skin were then closed in a two-layer fashion with silk suture. Prior to complete abdominal closure the animals underwent intraperitoneal injection with 250 $\mu$ L of phosphate buffered saline (PBS; vehicle control) or 2 million BMSCs suspended in 250 $\mu$ L of PBS from one of the following treatment groups: 1) BMSCs, 2) BMSCs transfected with negative control siRNA (Scramble), 3) BMSCs transfected with CBS siRNA, 4) BMSCs transfected with MPST siRNA, or 5) BMSCs transfected with CTH siRNA. Antibiotic ointment was applied to the abdominal incision following complete closure. Following surgery, animals were placed in a cage on a heating pad and allowed to awaken. Once fully recovered, animals were returned to animal housing. A single surgeon (ARJ) performed the abdominal surgeries, perfusion analysis, and stem cell infusions in all animals.

## Perfusion Analysis

Perfusion was analyzed using a Laser Doppler perfusion Imager (LDI; Moor Instruments, Wilmington, DE) as previously described (24). Images were acquired at baseline, at the initial clamping of the superior mesenteric artery, and 24 hours after recovery. A region of interest was created around the entirety of exposed intestines to obtain a flux mean perfusion within this region. Three images were acquired at each time point and averaged. Perfusion data was expressed as a percentage of baseline (mean  $\pm$  SEM)(N=8/group). After the 24 hour recovery analysis, animals were euthanized with isoflurane overdose and cervical dislocation, and intestinal tissues were explanted for further analysis.

## Histology Injury Score

Intestinal tissues were harvested following euthanasia of experimental groups. Terminal ileums were then explanted and fixed using 4% paraformaldehyde with subsequent dehydration in 70% ethanol. Intestines were paraffin-embedded, sectioned, and subsequently stained with hematoxylin and eosin. A histological scoring method of intestinal damage was used as previously described: 0, no damage; 1, subepithelial space at the villous tip; 2, loss of mucosal lining at the villous tip; 3, loss of less than half of the villous structure; 4, loss of more than half of the villous structure; and 5, transmural necrosis (25) (26). All histological sections were evaluated by two blinded authors (ARJ, NAD) and scores were averaged (N=7-8/group, total 14-16 scores). Data were not normally distributed and are expressed as median and interquartile range.

## Statistical Analysis

All statistical analysis was done using GraphPad Prism 7 (GraphPad Software, La Jolla, CA). Normalcy of data was assessed by the Shapiro Wilk and KS normality tests. Student's t tests or the Mann-Whitney U test were used to compare groups. P-values less than 0.05 were considered statistically significant.

## RESULTS

### siRNA Transfection and its effects on H<sub>2</sub>S production

In normoxic conditions, transfection of CBS, MPST, and CTH siRNAs effectively decreased mRNA levels of these enzymes (Figure 2A). When H<sub>2</sub>S gas was measured, significant knockdown in gas production was seen with MPST and CTH transfection, but not with CBS (Figure 2B).

In an attempt to mimic the *in vivo* ischemic environment during *in vitro* transfection, separate groups of BMSCs were cultured in hypoxia. In these conditions, there was still appropriate knockdown of CBS, MPST, and CTH mRNA with siRNA transfection (Figure 3A), but the amount of H<sub>2</sub>S gas was no longer depressed in the conventional enzyme knockdown groups compared to Scramble (Figure 3B). These results may suggest activation of alternative pathways for H<sub>2</sub>S production during hypoxia.

## Mesenteric Perfusion

With use of LDI, intestinal perfusion was obtained at 24 hours following IR injury. Vehicle treated animals had significantly lower perfusion levels ( $26.4\% \pm 5.3$ ) compared to BMSCs ( $72.4\% \pm 9.3$ ,  $p=0.0006$ ) and Scramble siRNA BMSCs ( $50.7\% \pm 8.0$ ,  $p=0.01$  Figure 4A). There was no difference in perfusion between BMSC treated animals and Scramble siRNA BMSC treated animals ( $p=0.1605$ ).

In animals treated with BMSCs with siRNA knockdown of conventional H<sub>2</sub>S enzymes, a depression in perfusion following treatment was not observed compared to Scramble (Figure 4B). Perfusion at 24 hours in these animals were as follows: 1) CBS siRNA knockdown animals -  $50.1\% \pm 6.1\%$ , 2) CTH siRNA knockdown animals -  $44.7\% \pm 6.9\%$ , and 3) MPST siRNA knockdown animals -  $47.2\% \pm 3.9\%$ .

## Histological Injury

Intestinal mucosal injury scores were noted to be significantly improved in BMSC (1 (IQR 1) and Scramble siRNA BMSC (2 (IQR 1.75)) groups compared to Vehicle (4 (IQR 3)) (Figure 5A). Histology in the Scramble siRNA BMSC group was equivalent to the nontransfected BMSC treated animals. When compared to the Scramble siRNA group, CBS, MPST, or CTH knockdown cells did not result in significantly worse histological injury scores (Figure 5B).

## DISCUSSION

Hydrogen sulfide gas has recently been proposed as a potent gasotransmitter that may be responsible for the protection of ischemic tissues (17, 27-29). H<sub>2</sub>S has been observed to act like a free radical scavenger, to protect against cellular apoptosis, and to promote vasodilation (30). Therefore, the paracrine release of H<sub>2</sub>S from stem cells may be a plausible mechanism of action for BMSCs to promote end organ protection following injury. H<sub>2</sub>S is endogenously secreted by BMSCs, and therefore, may also serve as a key paracrine gasotransmitter in stem cell mediated intestinal protection (31).

Herein we discovered that hydrogen sulfide gas was reduced when conventional H<sub>2</sub>S producing enzymes were knocked down during normoxic conditions, but when cells were transfected and then cultured in hypoxia, gas levels were no different between transfected groups. It is known that hypoxia stimulates hydrogen sulfide gas production (32). Under normoxic conditions, CBS and CSE are usually found in the cytosol, while MPST is present in both the cytosol and in the mitochondria. However, during hypoxia, CBS and CTH are transported to the mitochondria where they can increase H<sub>2</sub>S production in a matter of minutes due to significantly increased levels of cysteine (16). Additionally, H<sub>2</sub>S producing enzymes are distributed differently in different cells and tissues (21). Therefore, the observation that H<sub>2</sub>S was not decreased with CBS knockdown (in spite of adequate mRNA knockdown) might suggest that CBS does not play as crucial of a role in hydrogen sulfide production in stem cells as the other two enzymes. In our study, we did not observe a compensatory increase in the other two conventional enzyme's mRNA when the third enzyme was knocked down. Higher levels of H<sub>2</sub>S gas in hypoxia in the absence of a



compensatory increase in the other mRNAs would suggest that the increased gas was due to the activation of unconventional pathways of hydrogen sulfide production (Figure 1).

This concept was also supported in the perfusion and histological data. In the perfusion studies, all of the stem cell groups that underwent transfection provided equivalent protection following intestinal I/R. All these groups had better post-ischemic mesenteric perfusion compared to vehicle, and the CBS, MPST, and CTH knockdown groups had equivalent protection to Scramble. When the intestinal tissue was analyzed for histological injury, both non-transfected BMSC and Scramble BMSC transfected groups had better histological injury scores compared to vehicle. However, CBS, MPST, and CTH knockdown groups were not any worse compared to Scramble groups.

There are other methods of hydrogen sulfide production that have been described that are outside the scope of the three main conventional enzymes of CBS, MPST, and CTH (21). One such unconventional enzyme, catalase, was found to dependently generate H<sub>2</sub>S from dithiothreitol in both normoxia and hypoxia, concomitantly oxidizing H<sub>2</sub>S in the presence of oxygen. Catalase has also been shown to generate H<sub>2</sub>S from garlic oil, diallyltrisulfide, thioredoxin and sulfur dioxide, but not from sulfite, metabisulfite, carbonyl sulfide, cysteine, cystine, glutathione or oxidized glutathione (33). Other unconventional sources of hydrogen sulfide production include acid labile sulfides, mitochondrial complex I, thiosulfates, and volatile organic sulfides (21).

The culmination of our data might suggest that hydrogen sulfide is not an important paracrine factor in stem cell mediated intestinal protection following ischemia. However, knowing that application of exogenous hydrogen sulfide has elicited protection after intestinal injury (34, 35), that hydrogen sulfide is an important component of stem cell mediated intestinal protection in models of necrotizing enterocolitis (36), that multiple avenues of production exist (21), that it is nearly impossible to block all aspects of production, and that it is a sensor for hypoxia (16), would all lead us to consider an alternative hypothesis. We would postulate that the reason we see similar protective effects when nontransfected stem cells or stem cells with knockdown of H<sub>2</sub>S producing enzymes are used is that hydrogen sulfide gas production is increased during ischemia via *unconventional methods* within the hypoxic environment. It is likely these mechanisms of H<sub>2</sub>S gas production that drive stem cell mediated intestinal protection.

## LIMITATIONS

The superior mesenteric artery (SMA) ligation model of intestinal I/R does not model clinical intestinal ischemia to its fullest. Although complete small bowel ischemia is possible secondary to SMA thrombus or embolus, the majority of intestinal ischemic episodes are due to segmental intestinal ischemia, such as may be seen with adhesive bowel obstructions or incarcerated hernias. Nonetheless, this model mimics the most severe form of intestinal ischemia, and therefore, is likely considered the best animal model available to test the effectiveness of novel therapies.

An additional limitation is that we did not combine all three H<sub>2</sub>S producing enzymes together in an attempt to simultaneously knockdown all enzymes. This would have required using 1/3 the dose of siRNA for each enzyme in order to match the total siRNA amount in the negative control Scramble group. This would have resulted in less siRNA for each enzyme being used than what was used in the single knockdown groups. We could also have used a second negative control (Scramble) in which we used three times the amount of Scramble siRNA and then used a triple knockdown in which each component would have matched their single knockdown counterpart, but we felt that this would have been too toxic to cells.

Furthermore, human cells were utilized in this study as a preclinical assessment in a mouse model of intestinal I/R injury. Cross species transplantation usually results in acute rejection and largely does not elicit effective results within immunocompetent hosts. However, mesenchymal stem cells, including those derived from bone marrow, have specific immunomodulatory properties that suppress T-lymphocyte proliferation and allow them to be transplanted across species (37, 38).

Finally, other cytokines and cell populations within the *in vivo* environment that are absent within the *in vitro* environment likely interact and affect the transplanted stem cells. The exact interactions and effects on the stem cells from these other factors are difficult to predict and may play a role in the study outcomes. .

## CONCLUSION

BMSCs have been shown to be protective to the intestines in many studies. Furthermore, it is likely that stem cells provide protection through the release of one, or likely multiple, paracrine mediators. This study suggests that either stem cells do not utilize hydrogen sulfide as a key paracrine mediator in intestinal protection, or more likely, that there are multiple avenues to generate hydrogen sulfide that have the ability to compensate for the more traditionally studied H<sub>2</sub>S producing enzymes when they are blocked or knocked down.

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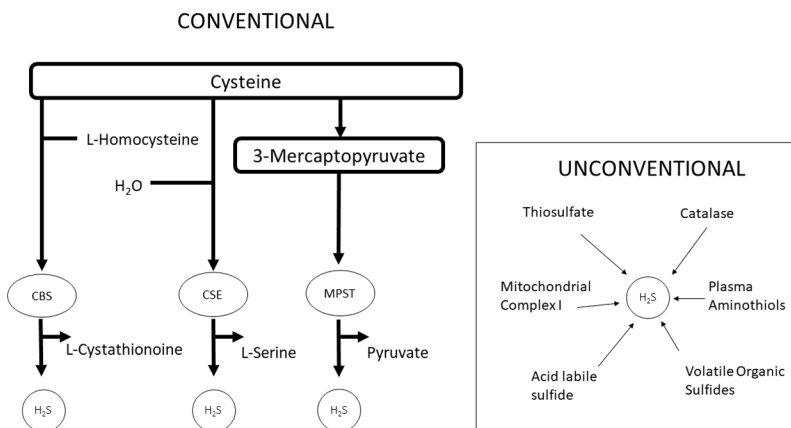
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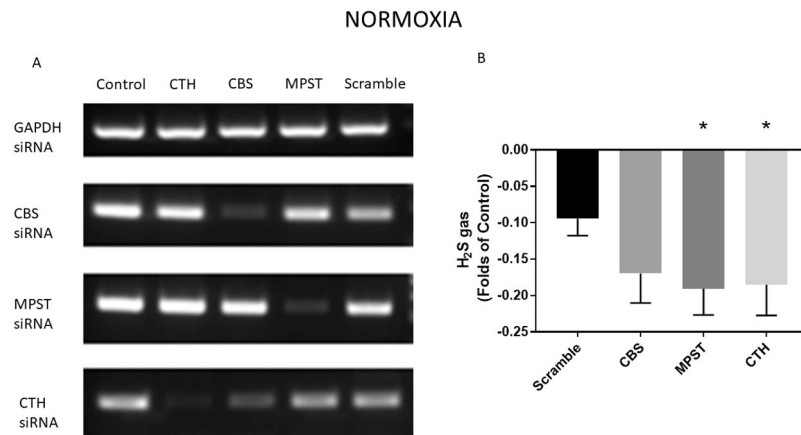
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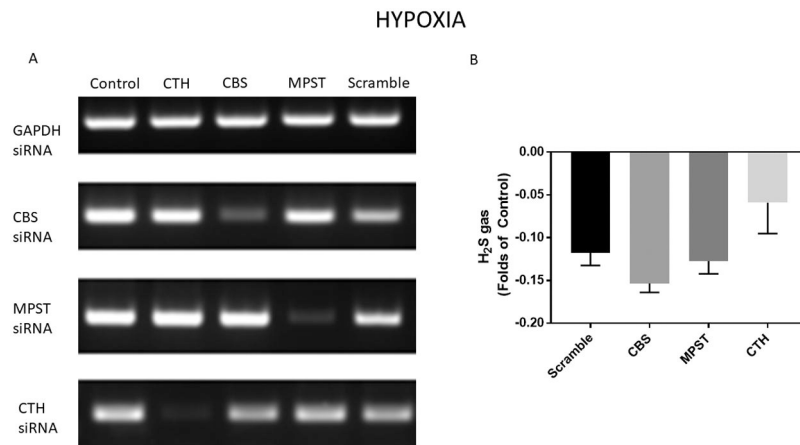
**Figure 1. Conventional and Unconventional Methods of Producing H<sub>2</sub>S.**

Hydrogen sulfide is produced via three conventional enzymes, CBS, MPST, and CTH. It is also produced through a number of unconventional pathways including through catalase, volatile organic sulfides, and mitochondrial complex I.



**Figure 2. Hydrogen sulfide gas is decreased in normoxic conditions with ablation of conventional H<sub>2</sub>S producing enzymes.**

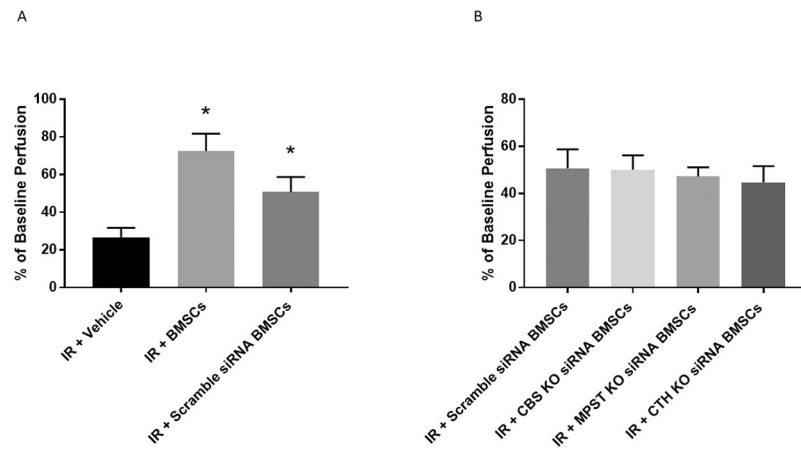
A) Representative PCR blots demonstrating effective decrease in mRNA levels with siRNA transfection. Stem cells were incubated with negative control (Scramble) siRNA, as well as siRNA to CBS, MPST, and CTH. B) Analysis of H<sub>2</sub>S production demonstrates a decrease under normoxic conditions when CTH and MPST siRNAs were used. \*= $p < 0.05$  vs. Scramble (Total N=40/group. Experiments were repeated three times and averaged: 16+16+8).



**Figure 3. Hydrogen sulfide gas is not decreased in hypoxic conditions with ablation of conventional H<sub>2</sub>S producing enzymes.**

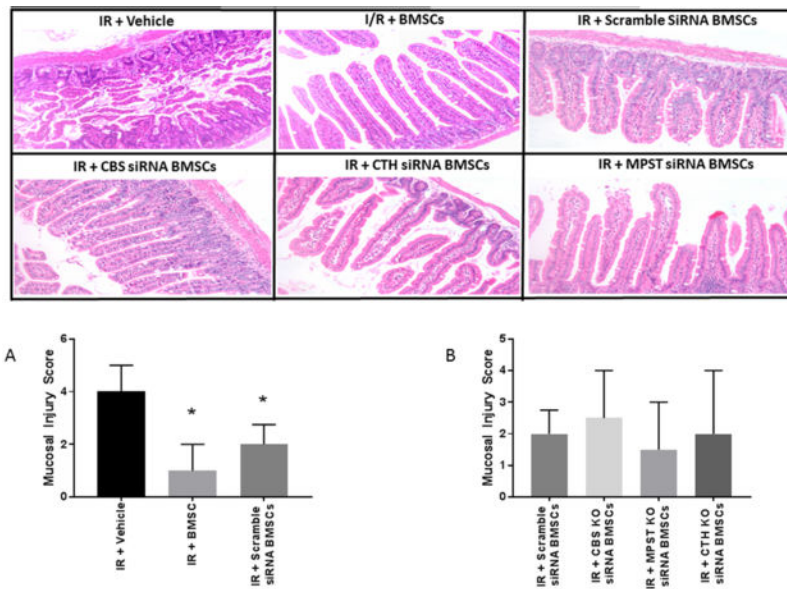
A) Representative PCR blots demonstrating effective decrease in mRNA levels with siRNA transfection. Stem cells were incubated with negative control (Scramble) siRNA, as well as siRNA to CBS, MPST, and CTH. B) Analysis of H<sub>2</sub>S production demonstrates no change in H<sub>2</sub>S in siRNA knockdown groups compared to Scramble during hypoxia. (Total N=40/group. Experiments were repeated three times and averaged: 16+16+8).





**Figure 4. Mesenteric Perfusion.**

(A) BMSC and Scramble BMSC treated groups improved post-ischemic mesenteric perfusion compared to Vehicle. (B) Knockdown of CBS, MPST, or CTH had no effect on mesenteric perfusion compared to Scramble.  $*=p<0.05$  vs. IR+Vehicle. (Total N=8/group)



**Figure 5. Histological Injury.**

(A) BMSC and Scramble BMSC treated groups improved post-ischemic mucosal injury scores compared to Vehicle. (B) Knockdown of CBS, MPST, or CTH had no effect on histologic injury scores compared to Scramble. \*= $p < 0.05$  vs. IR+Vehicle, #= $p < 0.05$  vs. IR +BMSC (Total N=7-8/group, total 14-16 scores)

**Table 1.**

## PCR Primers (5'→3')

CBS	Forward	GTCAGACCAAGTTGGCAAAGT
	Reverse	CACCCCGAACACCATCTGC
CTH	Forward	CATGAGTTGGTGAAGCGTCAG
	Reverse	AGCTCTCGGCCAGAGTAAATA
MPST	Forward	CGCCGTGTCACTGCTTGAT
	Reverse	CAGGTTCAATGCCGTCTCG
GAPDH	Forward	GGAGCGAGATCCCTCCAAAAT
	Reverse	GGCTGTTGTCATACTTCTCATGG

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