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## Optimized immunohistochemical detection of estrogen receptor beta using two validated monoclonal antibodies confirms its expression in normal and malignant breast tissues.

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### Abstract

**Purpose:** Significant controversy exists regarding the expression patterns of estrogen receptor beta (ER $\beta$ ) in normal and diseased breast tissue. To address this issue, we have validated two ER $\beta$  antibodies, have optimized the IHC protocols for both antibodies and now report the expression patterns of ER $\beta$  in normal and malignant breast tissues.

**Methods:** ER $\beta$  antibody specificity was determined using western blot and IHC analysis. ER $\beta$  protein expression patterns were assessed via IHC in normal breast tissue and invasive breast carcinoma. Further, we report the detailed protocol of the ER $\beta$  IHC assay developed in our CAP/CLIA certified laboratory to provide a standardized method for future studies.

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Conflict of interest:

M.P.G. reports personal fees from Genomic Health, consulting fees from Lilly, Biovica, Novartis, Sermonix, Context Pharm, Pfizer and Biotheranostics and grant funding from Pfizer and Lilly for efforts that are outside the context of the present study. All other authors declare that they have no conflicts of interest.

Ethics Approval:

This article does not contain any studies utilizing animals. All of the studies performed with the use of human tissue were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. Collection and assessment of ER $\beta$  in human tissues was approved by the Mayo Clinic IRB under protocols 16–007352, 13–000585 and 12–004582.

Informed consent:

Informed consent for tissue collection and use for future research was obtained from all individuals included in the study.

**Results:** We have confirmed the specificity of two independent ER $\beta$  monoclonal antibodies, one that detects total (i.e., full length plus splice variants 2–5, which do not include the ligand binding domain) ER $\beta$  protein (PPZ0506) and one that detects only the full-length form, which includes the ligand binding domain, of ER $\beta$  (PPG5/10). Using these two antibodies, we demonstrate that ER $\beta$  is highly expressed in normal human breast tissue as well as in 20–30% of invasive breast cancers. Further, these two antibodies exhibited similar staining patterns across multiple different tissues and were highly concordant with regard to determining ER $\beta$  positivity in breast cancers.

**Conclusions:** ER $\beta$  protein was shown to be abundant in the majority of normal breast epithelial cells and is present in 20–30% of breast cancers. Use of these two antibodies, along with their standardized IHC protocols, provide a reference for future studies aimed at determining the utility of ER $\beta$  as a prognostic and/or predictive biomarker in various tissues of benign or malignant states.

### Keywords

Estrogen Receptor Beta; Breast; Breast Cancer; Antibody

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### Introduction

Since the discovery of estrogen receptor beta (ER $\beta$ ) in the mid 1990's [1, 2], numerous studies have reported the involvement of this nuclear hormone receptor in mediating normal physiology and disease states across multiple tissues. Over the past decade, a wealth of studies have reported on the expression profiles and biological functions of ER $\beta$  in cancer, particularly in breast and prostate cancer [3, 4]. The majority of these reports demonstrated that ER $\beta$  predominantly elicits anti-proliferative and tumor suppressive effects in cancer cells, although some findings have suggested that it can function as an oncogene in certain contexts [5, 6]. Through the development of genetically manipulated cell line and animal model systems, as well as ER $\beta$  selective agonists and antagonists, it is now relatively straightforward to study the biological effects of ER $\beta$  in a given tissue, and the consequences of those effects on cellular functions, disease development and disease progression. However, translating ER $\beta$ -related laboratory findings into the clinic has been more problematic and remains controversial.

A major issue confounding a clear understanding of ER $\beta$  expression profiles in normal and diseased breast, and its association with disease related outcomes in patients, is the lack of a standardized and universally accepted methodology for accurately and reproducibly detecting ER $\beta$  protein in human specimens. Many different monoclonal and polyclonal ER $\beta$  antibodies have been developed, are widely available to the scientific community and have been indiscriminately utilized in the scientific literature. We and others have demonstrated that many of these antibodies are unfortunately non-specific and/or insensitive for detection of ER $\beta$  in multiple protein based detection methods including immunohistochemistry (IHC), western blotting and mass spectrometry [7–9]. Complicating the issue further is the fact that most ER $\beta$  antibodies also cross-react with 4 primary ER $\beta$  splice variants (ER $\beta$ 2–5) that lack a portion of the ligand binding domain rendering them non-responsive to endogenous agonists and pharmacological small molecules that have been developed to target this receptor [10–12].

For these reasons, we sought to develop a reliable IHC based assay that could be used as a standard for future studies of ER $\beta$  protein expression in human tissue specimens. For this assay, we chose to employ the ER $\beta$  monoclonal antibody, PPG5/10, given that we and others have independently demonstrated that this antibody is highly specific and sensitive for ER $\beta$  detection in IHC applications [7, 13, 14] and does not cross-react with any of the ER $\beta$  splice variants [7]. It was also essential that this assay be developed in a CAP/CLIA certified environment so that it could be utilized for clinical purposes and would be available to researchers and clinicians around the world. During the development of this assay, a publication by Andersson et al. [9] described their laboratory's experience with 13 ER $\beta$  antibodies, including the PPG5/10 antibody, and reported that 1) only the monoclonal PPZ0506 antibody specifically detects ER $\beta$  in IHC assays and 2) there is no evidence for ER $\beta$  expression in normal or malignant human breast tissue. Their findings contradict more than 20 years' worth of research on ER $\beta$ , and questioned the relevance of this receptor in multiple tissue types and disease states. Here, we report our experience using the PPG5/10, as well as the PPZ0506 antibody recently described by Andersson et al., provide the optimized IHC protocols for both of these antibodies and detail the development of the first clinical test for ER $\beta$  protein in human tissue. Our findings demonstrate that the PPZ0506 antibody is highly specific for total ER $\beta$  protein levels. However, in contrast to Andersson et al., we provide evidence that the PPZ0506 antibody detects ER $\beta$  protein in both normal and malignant tissues under optimized IHC conditions and elicits staining patterns that are very similar to that of the PPG5/10 antibody.

## Materials and Methods

### Cell culture

Parental U2OS osteosarcoma cells and MDA-MB-231 breast cancer cells were originally purchased from American Type Culture Collection and grown in phenol red-free Dulbecco's modified Eagle's medium/F12 medium (DMEM/F12) (Corning Life Sciences, Oneonta, NY) containing 10% Fetal Bovine Serum (FBS) (Gemini Bio-Products, West Sacramento, CA) and 1% antibiotic/antimycotic (AA) (Invitrogen, Carlsbad, CA). Doxycycline (dox)-inducible Flag-tagged ER $\beta$  expressing U2OS and MDA-MB-231 cells were developed in our laboratory as previously described [15, 16]. Dox-inducible cells were routinely maintained in the same medium supplemented with 5 mg/liter blasticidin S (Roche Applied Science, Indianapolis, IN), and 500 mg/liter zeocin (Invitrogen).

### Transient Transfection

Cells were plated at a density of approximately 50% in 10 cm tissue culture dishes and allowed to adhere overnight. Flag-tagged expression vectors for ER $\beta$  variants 2–5 were developed in our laboratory as previously described [7, 17]. Ten  $\mu$ g of ER $\beta$  variant expression vectors were transfected into cells using FuGENE 6 transfection reagent (Roche, Indianapolis, IN) following the manufacturer's protocol. Twenty four hours following transfection, cells were washed twice with 1X PBS, protein lysates were prepared using RIPA buffer (25mM Tris pH 7.4, 150mM NaCl, 1% sodium deoxycholate, 1% NP40, 0.1% SDS) and protein concentrations were determined.

## Western blotting

Western blotting was performed using 40 µg of whole cell lysates obtained from U2OS-ERβ and MDA-MB-231-ERβ cell lines cultured in the absence and presence of doxycycline as well as U2OS cells transfected with ERβ variants 2–5. Lysates were separated on 10% Criterion Tris-HCL Precast Gels (Bio-Rad, Hercules, CA) and transferred to PVDF membranes. Membranes were blocked using 5% powdered milk in tris-buffered saline with Tween 20 (TBST) for 1 hour at room temperature. Blots were incubated overnight at 4°C with primary antibodies targeting the Flag epitope (M2 Flag; MilliporeSigma, St. Louis, MO), ERβ (PPZ0506; ThermoFisher Scientific, Waltham, MA) and GAPDH (#2118S; Cell Signaling, Danvers, MA) at 1:4000, 1:500, and 1:5000 dilutions respectively. Blots were washed 5 times in TBST and incubated with an HRP-conjugated anti-mouse or anti-rabbit secondary antibody (1:2000 or 1:4000 respectively) for 1 hour at room temperature and detected via chemiluminescence on a LI-COR Odyssey® Fc Imaging System.

## Preparation of cell pellets for immunohistochemistry

U2OS cells stably expressing Flag-tagged ERβ under the control of a dox-inducible promoter were expanded in a total of 10 T150 tissue culture flasks. Cells were treated with and without doxycycline to generate ERβ+ and ERβ- cultures respectively. When cells reached approximately 80% confluence, growth medium was removed and cells were washed twice with 1X PBS and fixed in 10% neutral buffered formalin for 5 minutes. Following fixation, cells were scraped and incubated in formalin at 4°C for a minimum of 12 hours. Cells were pelleted, processed, and paraffin embedded prior to use for IHC as previously described [7].

## Human tissues

Formalin fixed paraffin embedded tissues used for evaluation of ERβ expression included eight independent histologically-confirmed benign breast tissues obtained from reduction mammoplasties, normal testis tissue, normal lung tissue and normal cerebral cortex tissue. ERβ protein levels were also evaluated in two independent breast cancer cohorts. The first cohort consisted of 56 invasive breast carcinomas of which 7 were ERα+, 1 was ERα+/HER2+, 15 were ERα-/HER2+ and 33 were triple negative (TN). The second cohort consisted of 643 histologically characterized TN breast carcinomas [18].

## Immunohistochemistry and scoring

We developed and optimized IHC protocols for detection of ERβ using the PPG5/10 and PPZ0506 antibodies. The IHC protocol for the PPG5/10 antibody was developed in our CAP/CLIA-certified clinical Immunostains Laboratory at Mayo Clinic Rochester. The PPZ0506 IHC protocol was developed in the CAP-certified Mayo Clinic Pathology Research Core Facility.

Numerous iterations of the assays were performed and tested variables included the type of autostainer, antibody dilution, antigen retrieval method, antibody incubation time and temperature, and signal amplification steps. Details of the optimized assays are described below.

The IHC assay using the PPG5/10 antibody for detection of full-length ER $\beta$  was performed on the Ventana Discovery Ultra platform. Tissues were pretreated for 32 minutes in Discovery RiboCC followed by use of the ChromoMap peroxidase inhibitor for 12 minutes. Primary antibody (1:150 dilution in Dako Background Reducing Diluent, clone PPG5/10, Bio Rad Laboratories, Inc., Hercules, CA) was subsequently incubated for 48 minutes at room temperature followed by anti-mouse HQ for 24 minutes, anti-HQ HRP for 24 minutes, ChromoMap DAB for 8 minutes, Hematoxylin II for 8 minutes and finally Bluing Reagent for 4 minutes.

For detection of total ER $\beta$  using the PPZ0506 antibody, samples were IHC stained on-line using the Leica Bond RX stainer. Antigen retrieval was performed for 20 minutes using Leica Epitope Retrieval 1 (citrate based) and subsequently incubated in Dako Protein Block for 5 minutes. The PPZ0506 ER $\beta$  primary antibody (mouse monoclonal, Thermo #MA5–24807) was diluted 1:300 in Dako Background Reducing diluent and incubated for 15 minutes. The Polymer Refine Detection System (Leica) was used with the inclusion of DAB chromogen for stain visualization.

ER $\beta$  positivity in breast tumors was defined by moderate to strong nuclear staining intensity in  $\geq$  25% of tumor cells. Tumors with weak staining intensity and/or moderate to strong staining in  $<$ 25% of tumors cells were considered to be ER $\beta$  low/negative. All IHC images were evaluated by an anatomic pathologist with expertise in breast pathology (JMC).

## Results

### Western blot detection of ER $\beta$ using PPZ0506

We previously demonstrated that the PPG5/10 ER $\beta$  monoclonal antibody is specific for the detection of the full-length and ligand binding form of ER $\beta$  and does not cross-react with ER $\beta$  splice variants [7]. Given that the PPZ0506 antibody targets the C-terminus of ER $\beta$ , which is conserved among all of the splice variants, we sought to confirm that this antibody is capable of detecting all forms of ER $\beta$ . Western blot analysis of dox-inducible U2OS-ER $\beta$  and MDA-MB-231-ER $\beta$  cell lines revealed detection of a highly specific band of the correct size only in dox-induced samples (Figure 1A). Western blotting with a monoclonal flag antibody also detected ER $\beta$  expression only in dox-induced samples (Figure 1A) further confirming specificity of the band detected using the PPZ0506 antibody. Western blotting of U2OS cell lysates following transient transfection of full-length ER $\beta$ , or ER $\beta$  splice variants 2, 3, 4 and 5, confirmed that the PPZ0506 antibody also detects these splice variant forms (Figure 1B). Western blotting with a Flag antibody resulted in the exact same patterns as observed with the PPZ0506 antibody (Figure 1B).

### Immunohistochemical detection of ER $\beta$ in cell lines

We next developed optimized immunohistochemical protocols for the PPG5/10 and the PPZ0506 antibodies. Using these protocols, we first stained sections of FFPE dox-inducible U2OS-ER $\beta$  cell line pellets. Robust nuclear staining for ER $\beta$  was observed with both antibodies only in cells that were treated with dox with no staining observed in non-dox treated cells (Figure 2). Some mild cytoplasmic staining was also observed with the

PPG5/10 antibody. These results demonstrate the specificity and sensitivity of both antibodies for nuclear ER $\beta$  expression in a controlled cell line model system using IHC.

### Immunohistochemical detection of ER $\beta$ in normal human tissues

Using the same IHC conditions, we next assessed ER $\beta$  protein expression patterns as detected with the PPG5/10 and PPZ0506 antibodies in normal human tissues that are known to express ER $\beta$  including breast, testis, cerebral cortex and lung. Strong to moderate nuclear staining was observed for ER $\beta$  using both antibodies in sub-sets of normal breast epithelial and myoepithelial cells (Figure 3). Notably, subsets of fibroblasts and immune cells were negative for ER $\beta$  giving confidence to the specificity of the positive nuclear staining observed in epithelial cells (Figure 3). In normal testis, both antibodies also stained the epithelium of the seminiferous tubules and the epithelium of the rete testis, but fibroblasts and myoid cells of the tubules were largely negative (Figure 3). In the cerebral cortex, both the PPG5/10 and the PPZ0506 antibodies detected cytoplasmic ER $\beta$  staining in neurons with the PPZ0506 antibody exhibiting more robust staining (Figure 3). ER $\beta$  expression was also detected in scattered glial cells with the PPZ0506 antibody but not the PPG5/10 antibody (Figure 3). In normal lung tissue, the PPG5/10 antibody elicited strong nuclear staining of the bronchiolar epithelium and most pneumocytes as well as a subset of endothelial cells (Figure 3). The PPZ0506 antibody weakly stained the bronchiolar epithelium with strong staining of pneumocytes and endothelial cells (Figure 3).

### ER $\beta$ protein expression in breast carcinomas

We also evaluated ER $\beta$  expression in a tissue microarray composed of 56 invasive breast carcinomas representative of all breast cancer sub-types. Approximately 30% of tumors exhibited nuclear ER $\beta$  positivity (moderate or high nuclear staining intensity) with the PPG5/10 assay. The PPZ0506 antibody had a slightly lower sensitivity, but a similar specificity, showing nuclear staining restricted to the same tumors deemed ER $\beta$ + with the PPG5/10 assay, but with slightly weaker staining intensity. Both antibodies did show mild cytoplasmic immunoreactivity, both in subsets of tumors with or without nuclear ER $\beta$  expression. Representative images of two ER $\beta$  positive tumors and two ER $\beta$  negative tumors are shown in Figure 4. Given the similar performance of these two antibodies, we further evaluated full-length ER $\beta$  expression in a cohort of 643 TN breast carcinomas [18] using the PPG5/10 clinical assay. In this cohort, approximately 20% of tumors exhibited nuclear ER $\beta$  staining with, at minimum, moderate staining intensity in 25% of tumor cells (data not shown) further confirming ER $\beta$  expression in this sub-type of breast cancer.

### Discussion

Here, we provide evidence that the ER $\beta$  monoclonal antibody, PPZ0506, is highly specific for the detection of ER $\beta$  protein in western blotting and IHC applications. Using ER $\beta$  positive and negative control cell lines, we have developed optimized IHC protocols for detection of total ER $\beta$  protein levels, including the splice variant forms, using the PPZ0506 antibody. We also describe the development of the first ER $\beta$  test that is conducted in a CAP/CLIA-certified laboratory specifically for detection of only the full-length and ligand binding form of ER $\beta$  using the PPG5/10 antibody. Using these two assays, we have assessed



ER $\beta$  protein levels in multiple different normal tissues as well as breast cancers. Our results show that ER $\beta$  is highly expressed in normal breast tissue and in 20–30% of breast cancers. Importantly, the staining patterns for ER $\beta$  were very similar across tissues and identification of ER $\beta$  positive tumors was highly concordant between the two antibodies.

Our findings presented here largely contradict the recent report by Andersson and colleagues who concluded that the PPG5/10 antibody was not suitable for detection of ER $\beta$  via IHC and that only the PPZ0506 antibody was specific for ER $\beta$  in IHC assays. They also concluded that ER $\beta$  was not expressed in normal or malignant breast tissue based on lack of immunoreactivity when using the PPZ0506 antibody [9]. We agree that the PPZ0506 antibody is highly specific for detection of total ER $\beta$  protein, both by western blotting and by IHC. However, we strongly disagree that the PPG5/10 antibody is non-specific and that ER $\beta$  is not expressed in normal or malignant breast tissue. We believe that there are multiple reasons for these discrepancies. First, Andersson and colleagues utilized the same IHC methodology for all of the antibodies that they tested. We have clearly demonstrated that different detection methods, and even different autostainers, are required for optimized use of these two antibodies. Second, Andersson et al., used higher concentrations of the PPG5/10 antibody (1:60 dilution) in their study compared to what we identified as the ideal dilution (1:150). Indeed, use of high concentrations of any antibody will result in non-specific staining in IHC applications. Third, they employed more dilute concentrations of the PPZ0506 antibody (1:600) in their assays while we determined that a 1:300 dilution was appropriate. It is our conclusion that these factors, among others, likely explain our disparate findings and highlight the need for the implementation of standardized methodology for ER $\beta$  IHC assays across the field.

Within the context of breast cancer, the relevance of ER $\beta$  as either a prognostic or predictive biomarker has yet to be determined. A number of studies have indicated that ER $\beta$  is expressed in normal breast epithelial cells [7, 19–23]. Others have also indicated that ER $\beta$  protein expression levels decline, or are completely lost, in breast carcinomas [21, 22, 24–31]. However, there is little consensus regarding the incidence of ER $\beta$  positivity in breast cancer as published manuscripts have reported results that range from 0–100% [9, 16, 19, 20, 31–45]. Here we provide firm evidence, using two specific monoclonal ER $\beta$  antibodies, that ER $\beta$  protein is highly expressed in sub-sets of normal breast epithelial cells. Further, we have demonstrated that approximately 20–30% of breast carcinomas exhibit moderate to strong ER $\beta$  protein expression. These findings support a tumor suppressive/anti-proliferative role for ER $\beta$  in breast cancer and support a multitude of studies that have described ER $\beta$ 's anti-breast cancer effects in cell line and animal model systems [6, 16, 17, 46–57].

Although we report very similar and concordant staining patterns between the PPG5/10 and PPZ0506 antibodies, it is important to consider the form(s) of ER $\beta$  that these two antibodies detect. Specifically, we have confirmed that the PPZ0506 antibody is a pan-ER $\beta$  antibody and cross-reacts with full-length ER $\beta$  and all of its primary splice variant forms. However, the PPG5/10 antibody recognizes only the full-length and ligand binding form of ER $\beta$ . This may explain the slight differences in staining patterns that were observed with these two antibodies in normal lung tissue and in the cerebral cortex. Further, detection of total ER $\beta$  versus only full-length ER $\beta$  may contribute to the discrepancies that have been reported in

the literature regarding the correlation of ER $\beta$  expression with breast cancer patient outcomes. Most studies have indicated that expression of this receptor is associated with improved rates of recurrence, disease-free survival and overall survival [16, 32, 34–37, 45, 58–62]. However, some reports indicate little to no correlation [38, 40, 59] or even worse prognosis [42, 63, 64]. Several studies have also indicated that ER $\beta$  positivity, within the context of ER $\alpha$  positive breast tumors, is associated with the efficacy of endocrine therapy including both tamoxifen [16, 43, 65–67] and aromatase inhibitors [68]. Finally, it is also essential to consider the hormonal status of patients within a given cohort as the functional consequences of ER $\beta$  expression are likely to differ based on menopausal status and use of hormone/endocrine therapy.

In summary, we report data on ER $\beta$  immunohistochemistry using two rigorously optimized ER $\beta$  antibodies and provide clear evidence that ER $\beta$  protein is expressed in normal breast epithelium and a sub-set of breast carcinomas, including TNBC. We provide the detailed methodology for use of these two antibodies in IHC-based applications based on optimization in our CAP/CLIA-certified laboratories. These data should provide clarity to the field and we recommend that future studies evaluating the IHC detection of ER $\beta$  protein utilize the methodologies described in this manuscript.

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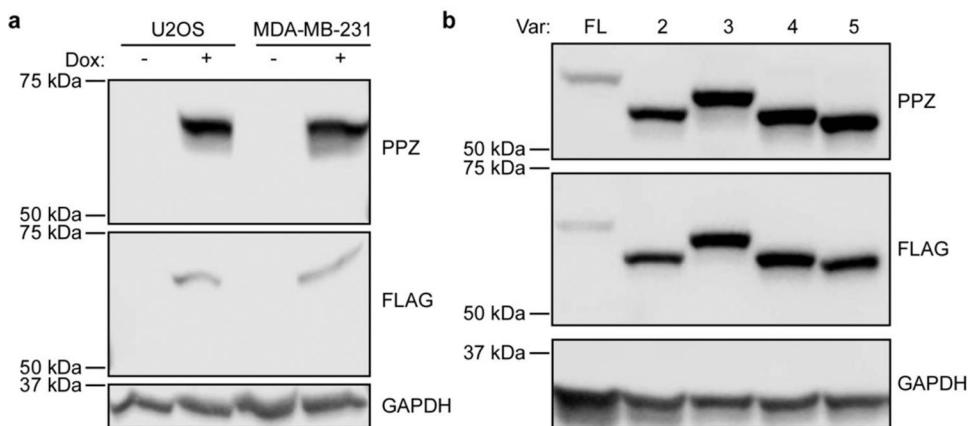


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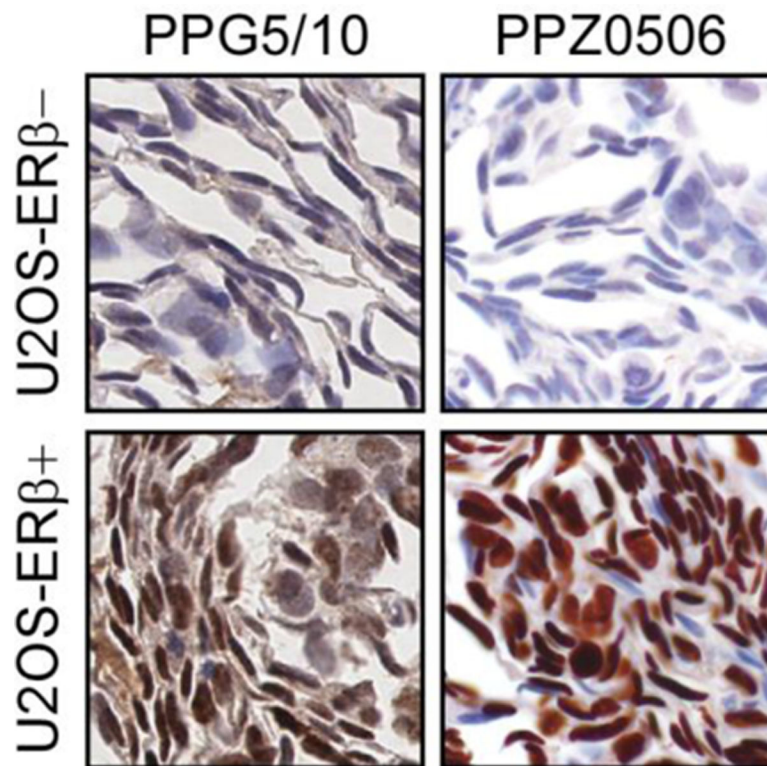
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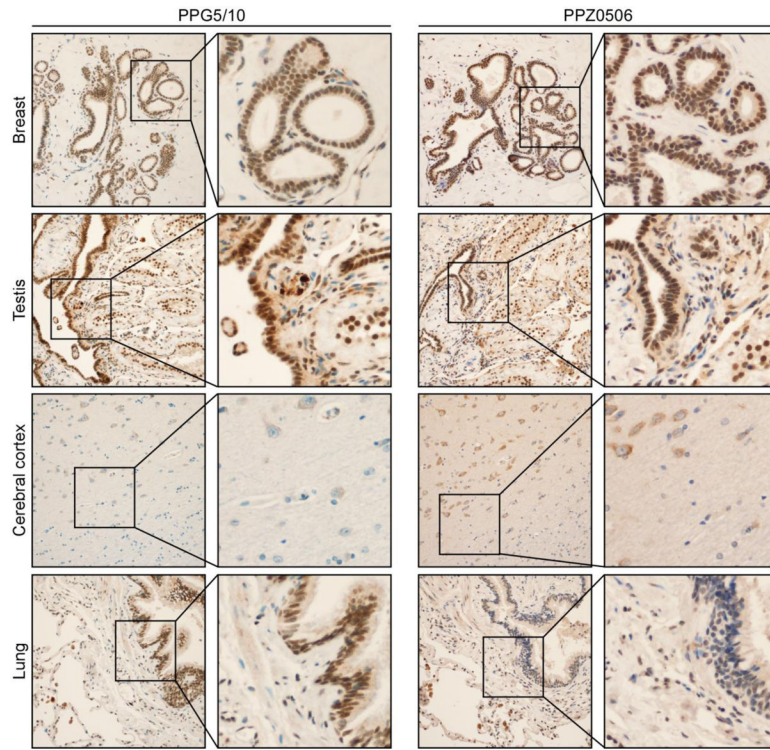


**Figure 1:** Detection of ER $\beta$  using the PPZ0506 antibody via western blotting. **A).** Western blot analysis of whole cell lysates (40  $\mu$ g) obtained from indicated cell lines grown in the absence and presence of doxycycline using the ER $\beta$  PPZ0506 and Flag antibodies. GAPDH is shown as a protein loading control. **B).** Western blot analysis of whole cell lysates (40  $\mu$ g) obtained from U2OS cells that were transiently transfected with either a full-length (FL) ER $\beta$  expression vector, or expression vectors for ER $\beta$  variants 2, 3, 4 and 5.

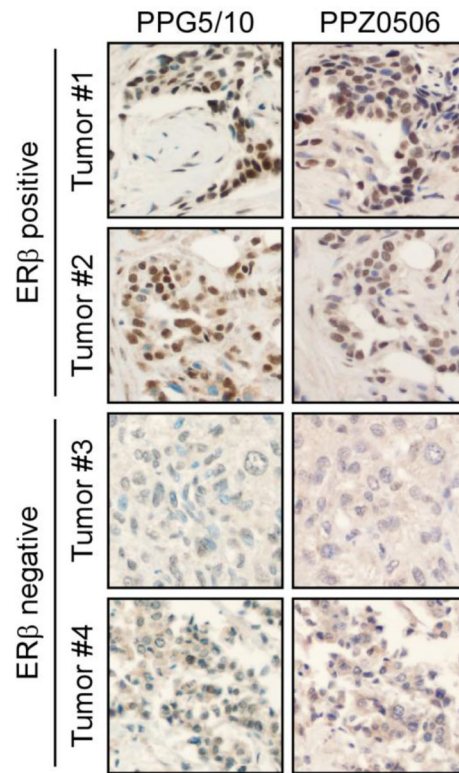


**Figure 2:** Immunohistochemical detection of ER $\beta$  via IHC in cell lines. U2OS ER $\beta$  positive (+) and ER $\beta$  negative (-) cell line pellets were formalin fixed and paraffin embedded, sectioned and stained for ER $\beta$  using the PPG5/10 and PPZ0506 antibodies. Representative images using the optimized IHC conditions for each antibody are shown.





**Figure 3:** Immunohistochemical detection of ER $\beta$  via IHC in normal human tissues. Using optimized IHC protocols for the PPG5/10 and PPZ0506 antibodies, ER $\beta$  protein expression was assessed in normal human breast, testis, cerebral cortex and lung. Representative low and high magnification images of each tissue are shown.



**Figure 4:** Immunohistochemical detection of ER $\beta$  via IHC in breast tumors. Using optimized IHC protocols for the PPG5/10 and PPZ0506 antibodies, ER $\beta$  protein expression was assessed in 56 invasive breast carcinomas. Two representative ER $\beta$  positive tumors and two representative ER $\beta$  negative tumors are shown.