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Common Vascular Toxicities of Cancer Therapies

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Historically, venous thromboembolism (VTE) has been the main and very often the only vascular disease entity noted in cancer patients. Furthermore, the risk of VTE has been considered to be present in these patients even irrespective of cancer therapy. Thus, there has not been much concern for vascular toxicities as a consequence of cancer therapy in the past, with the exception of 5-FU and radiation therapy. The introduction of targeted therapies, especially those that inhibit the VEGF signaling pathway, however, has changed this view and has drawn more attention to the topic of vascular toxicities with cancer therapies.

As outlined in Figure 1, the vascular disease spectrum that can be seen in cancer patients is very broad. It can affect all vascular territories, can involve both, the venous and the arterial circulation, can be functional or structural in nature, and can be of lasting or only temporary duration. For this very reason, it is difficult to devise a uniform classification system of vascular toxicities of cancer therapies. For practical purposes, an approach by type of presentation might be preferred and will be the structure for this review. The focus will be on clinical aspects and less so on basic and translational science.

Cerebrovascular events

Cerebrovascular events (CVAs) including transient ischemic attack (TIA) and stroke have been only rarely reported with classical chemotherapeutics in the past. This changed with the introduction of vascular endothelial growth factor (VEGF) inhibitors, including the monoclonal antibody bevacizumab and a number of tyrosine kinase inhibitors (TKIs) that target the VEGF receptor II (e.g. sunitinib, sorafenib). VEGF inhibitors increase the risk of ischemic and hemorrhagic strokes. The relative risk of either type of stroke is increased 3-fold in patients on bevacizumab with an absolute incidence of ischemic and hemorrhagic strokes of 0.5% and 0.3%, respectively.¹ A higher relative risk of CVAs was noted in

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colorectal cancer patients (6.4-fold increased risk) and the highest absolute incidence of CVAs was reported in patients with mesothelioma (1.9%).¹ The risk of any CVA doubled with doubling of the dose of bevacizumab, i.e. CVA incidence 2% and 4% with 2.5 and 5 mg/kg/week bevacizumab dose regimen, respectively.¹ Intracranial hemorrhages tend to occur earlier (median time 2.6 months), often in the setting of tumor progression with a poor prognosis (owing to tumor progression and 50% mortality of intracranial bleeding events).² On the contrary, ischemic strokes tend to be seen later on in the course of therapy (median 16.2 months) and do not associate with a rapidly fatal outcome in most cases. Key risk factors for intracranial bleeding are use of additional medications that increase the risk for bleeding and thrombocytopenia but, importantly, not CNS tumors or metastases.^{3,4} In regards to ischemic stroke, vascular risk factors apply as in the general population.

The most common type of stroke in cancer patients is thrombo-embolic in nature, and the rate of cryptogenic strokes is nearly twice as high (50% versus 30% in the general population).⁵ The risk of arterial thromboembolic events emerges 5 months before and peaks within one month window before and after cancer diagnosis (Figure 2).⁵⁻⁷ The risk is highest in patients with GI tract, lung cancers, and non-Hodgkin lymphoma. It is also seen more commonly with advanced stages (Stage III and IV).⁵⁻⁷ These dynamics and clear similarities with VTE suggest that general thrombophilia in cancer patients is an important determining factor.⁸ A nidus for thrombus in the heart can be the valves (marantic endocarditis), the left atrium/left atrial appendage (atrial fibrillation), and indwelling central venous catheters in the setting of a patent foramen oval. Other sources for emboli to the brain in cancer patients include septic emboli and tumor emboli. Platinum drugs, next to VEGF inhibitors, are the main cancer drugs that associate with thrombo-embolic events.⁹

The second group to consider (after thromboembolism) in cancer patients with ischemic stroke are those with vasculopathy. This is mainly atherosclerosis of the carotid arteries though the intracranial vasculature can be affected as well. Again, against the premise that targeted therapies would be more specific and associated with less toxicity, progressive atherosclerosis has been reported with the Bcr-Abl inhibitors nilotinib and ponatinib.¹⁰⁻¹² The drugs can cause acute CVAs with evidence of carotid artery disease or intracranial pathology similar to Moya Moya disease.^{13,14} While these drugs cause injury to the endothelium, this does not seem to provide a full explanation.¹⁵ For instance, other drugs such as cisplatin also bestow endothelial toxicity but have been associated more with thrombotic events rather than atherosclerosis.^{16,17} Other factors are therefore likely playing an important role in determining the outcome of endothelial injury with cancer therapeutics.

Abnormal vasoreactivity is less likely to be a prominent contributing factor for stroke in cancer patients even though stroke cases have been described in patients on 5-FU and capecitabine, which are known to impact vascular reactivity, most of the time without an identifiable cause. In fact the term “chemotherapy-induced stroke mimic” has been used.¹⁸ Another stroke mimic in cancer patients is posterior reversible encephalopathy syndrome (PRES), which can present as an acute cerebral event with headache, confusion, visual symptoms, and seizures. Posterior cerebral white matter edema on neuroimaging is the pathognomic sign, related to impaired autoregulation of the cerebral vasculature, often in the setting of severe hypertension. Numerous cases have been reported with a broad range of

cancer therapeutics, especially those that can cause endothelial/vascular injury such as VEGF signaling pathway inhibitors but also immune checkpoint inhibitors.^{19–21}

Finally, stroke presentations in cancer patients can be the consequence of cerebral artery dissections or compression of vessels by tumors.²² Both, venous compression/thrombosis and arterial compression are possibilities.

From a management standpoint, each patient should undergo a standard work-up within the guideline recommended time metrics for stroke evaluation.²³ This includes a timely head CT, which is key evaluation step in cancer patients, important to identify hemorrhage and/or CNS masses. If these are not seen, an ischemic etiology is to be assumed and further work-up should include evaluation for carotid artery disease and cardio-embolic causes as well as dissections and venous thrombosis.

Chest pain

Various chemotherapeutic agents have been associated with a broad spectrum of chest pain presentations including typical effort angina and atypical variant and microvascular angina.²⁴ The classical example is 5-fluorouracil (5-FU) and its oral pro-drug capecitabine, which can cause coronary vasospasm and related symptoms.²⁵ Cardiac injury seen with the use of these drugs is considered to be a consequence of the ischemia induced by these drugs (though direct cardiotoxic effects have been discussed as well).²⁶ Cardiac dysfunction can evolve to the point of cardiogenic shock.²⁷ Takotsubo's is of differential diagnostic consideration even in these cases.²⁸ The latter and various chest pain syndromes can also be encountered with paclitaxel and docetaxel, similarly related to the induction of abnormal vasoreactivity.²⁵ Finally, cisplatin, often in combination with bleomycin, can lead to presentations of chest pain, commonly in a manner that should raise concern for acute coronary syndrome (ACS).^{29–31} While these drugs lead to endothelial injury and can thus provoke signs and symptoms of endothelial dysfunction, especially platinum drugs are well known to induce thrombotic events. Abnormal vasoreactivity, arterial thrombosis, and progressive atherosclerosis have all been noted with VEGF inhibitor therapy.^{32,33} For the VEGF inhibitor sunitinib it has furthermore been shown that it alters coronary microcirculatory structure with a reduction in coronary flow reserve (CFR).³⁴ This effect is due to inhibition of PDGF beta signaling with impairment of pericyte viability.³⁴

The possibility of pre-existing coronary artery disease should not be forgotten in cancer patients and needs to be entertained in the evaluation of these patients. Of importance, patients with a history of ischemic heart disease and especially myocardial infarction have an 8-fold increased risk of developing “cardiotoxicity” with the use of 5-FU. Other etiologies of ischemic chest pain in cancer patients to consider include coronary artery compression by cardiac and noncardiac tumors.^{35–37} True invasion in the coronary arteries should raise suspicion for angiosarcoma. On the other hand, non-obstructive encasement of the right coronary artery in the right ventricular groove by diffuse large B-cell lymphoma or thymoma has become known as the “floating artery sign”.³⁸ Last but not least, other causes of chest pain need to be entertained in cancer patients just as they are in the general

population including aortopathies, pericardial diseases, even aortic stenosis, costochondritis, and gastro-intestinal and pulmonary etiologies.

From a management perspective, most patients can be started empirically on vasodilator therapy with sublingual nitroglycerin, long-acting nitroglycerin or the long-acting calcium channel blockers amlodipine unless hypotension poses concerns. In patients with vasospastic disease, this intervention is curative (and thereby diagnostic). In individuals with endothelial dysfunction or microvascular disease, vasodilator therapy can ameliorate symptom burden. Other CCBs that might need to be used include nifedipine and felodipine, or diltiazem or verapamil when cardiac function is normal in view of their negative inotropic effect. Beta-blocker have traditionally been used to favorably manage patients below their ischemic threshold. For patients in VEGF inhibitors or other endothelial toxic agents such as cisplatin, various interventions can be considered to improve vascular health (Figure 3). Vasoreactivity testing can be used as a parameter of vascular health and can be assessed, for instance, with an Endo-PAT. Additional evaluation steps include stress testing, as in the general population. In those cases with microvascular dysfunction, expected reduced CFR, quantitative PET would be ideal, which measured regional myocardial blood flow. However, in view of the multiple possible etiologies, a number of them being structural and a key question being the need for structural intervention, an anatomic imaging approach, possibly combined with functional assessment, might be recommendable. Coronary computed tomography angiography (CCTA) with virtual fractional flow reserved and myocardial perfusion imaging provides such as tool. “Triple rule out” chest CTs address the concerns related to aortic and pulmonary disease processes, pulmonary embolism, as well as coronary artery disease. For those patients with coronary artery disease not controlled by medications or signs of severe extent (including any left main disease), an invasive coronary angiogram should be performed to define the next best step in terms of revascularization. Anemia and thrombocytopenia are important considerations in cancer patients and need to be carefully weighted into the decision making. Estimates of the duration of cytopenias are important as well as is the overall prognosis of the patient. However, a case can be made for percutaneous coronary intervention (PCI) as a palliative measure to improve quality of life not accomplished but medical therapy alone.

Acute coronary syndrome

All cancer therapeutics associated with chest pain can also cause ACS; in fact, unstable angina may be considered not infrequently in those with resting chest pain secondary to abnormal vasoreactivity of the epicardial and/or microvascular circulation. Furthermore profound coronary vasospasm as seen with 5-FU, particularly with continuous infusion (less so with bolus infusion of 5-FU and capecitabine), can lead to ST segment elevation and if prolonged to myocardial infarction, ventricular arrhythmias such as ventricular tachycardia and fibrillation, and even sudden cardiac death.^{39–41} Profound and prolonged vasospasm is considered to also underlie ACS presentations with paclitaxel, gemcitabine, rituximab, and sorafenib.^{42–47}

The level of suspicion for an acute thrombotic event should be high in patients who present with chest pain while on cisplatin (and especially in those on concomitant therapy with

additional endothelial toxic drugs such as vinca alkaloids, bleomycin, or gemcitabine).^{48,49} Intravascular evaluations in patients presenting with such a constellation indicated plaque erosion as the underlying pathology.⁵⁰ Plaque hemorrhage can destabilize plaques in patients receiving treatment with vascular disrupting agents.⁵¹ Even if not acutely, plaque hemorrhage fosters the growth and vulnerability of atherosclerotic plaques.⁵² VEGF inhibitors would be expected to elicit an anti-angiogenic response and thereby plaque stabilization rather than plaque destabilization.^{53,54} Any increased risk in thromboembolic events may therefore be more due to impairment in the viability of surface-lining endothelial cells. VEGF inhibitors also suppress endothelial repair to injury, and this combined effect may ultimately be a key factor (similar to cisplatin in this regard).⁵⁵ Conceivably, immune checkpoint inhibitors may increase plaque inflammation and thereby predispose to classical plaque rupture. However, this has not yet been proven. Alternative etiologies of thrombotic coronary artery occlusions and related ACS that need to be entertained in cancer patients (similar to stroke) are embolic event via a patent foramen ovale, from the cardiac chambers, and/or even tumor embolization.^{56,57} Further to consider is spontaneous coronary artery dissection, possibly as a result of cancer therapy on vascular remodeling.⁵⁸⁻⁶⁰

As outlined in a recent study on ACS in patients with active hematological malignancies, type II myocardial infarctions were adjudicated in two thirds of MI patients who underwent coronary angiography.^{61,62} Other than altered vasoreactivity, tachycardia, hypotension, hypoxia, and anemia may predispose to demand-supply mismatch in those with significant coronary artery disease, or potentially with patho-anatomical variants such as (severe) myocardial bridging.⁶² Of note, severe coronary artery disease (three vessel and left main disease) was seen in half of the patients with active hematological malignancies and ACS who underwent coronary angiography.⁶¹

Another very important observation pertains to the impact of guideline-recommended therapies on mortality outcomes.⁶¹ Aspirin, beta-blocker, and ACE inhibitor/angiotensin receptor blocker reduced mortality whereas heparin use and an invasive approach did not.⁶¹ The latter might be explained by the fact that type I MIs constituted only the minority and medical management sufficed in most patients. Other studies support these observations in broader cohorts of patients including those with solid tumors. The SCAI-based algorithm advises on an approach based on a modified TIMI risk score and takes the platelet count of the patient into consideration (Figure 4).⁶³ Revascularization strategies should follow practice guidelines (taking into account regional differences).^{64,65,66,67} If stenting is performed, the ESC guidelines recommend drug-eluting stents (DES) regardless of (patient and lesion) presentation type.⁶⁷ This is based on the fact that improvements in DES design has reduced their thrombotic risk so much that it may be lower than with bare-metal stents (BMS).^{68,69} In the LEADERS FREE trial in patients at high bleeding risk (including 15% with anemia, 15% with anticipated surgery in the next year, and 10% with malignancy), for instance, the combination with just one month of dual anti-platelet therapy (DAPT) a polymer-free biolimus A9-coated DES was superior to BMS in terms of safety (stent thrombosis, death, and MI) and efficacy (repeat revascularization).⁷⁰ It is important to point out that most reports on acute stent thrombosis in cancer patients have been in the setting of BMS, often shortly after discontinuation of DAPT.⁷¹ This, however, does not exclude the possibility of this event after DES. In fact, malignancy has been listed as a key risk factor for

early stent thrombosis and the most important patient-related risk factor for late stent thrombosis.⁷² For patients with ACS DAPT duration should be for a minimum of 1 year, regardless of coronary management strategy, i.e. even when medical therapy alone is chosen or surgery rather than stenting. This recommendation may even more so apply to cancer patients; however, the bleeding risk of these patients (especially with anticipated thrombocytopenia) needs to be taken in consideration. At this point it is not known if prediction score for thrombosis and bleeding risk such as the DAPT and PRECISE-DAPT server equally well in cancer patients (with a higher risk of both).^{73,74}

Claudication/ acute limb ischemia

Other than in patients with pre-existing peripheral arterial disease, signs and symptoms of chronic limb ischemia were very rarely seen in cancer patients as a consequence of cancer therapy, other than, e.g. radiation therapy to the pelvis. This, however, changed with the introduction of TKIs targeting the *Bcr-Abl* oncogenic fusion gene product, namely nilotinib and ponatinib.^{12,75} These drugs were found to cause what has been termed progressive peripheral arterial occlusion disease (POAD), characterized by diffuse stenosis of the lower arterial circulation, vascular occlusions and formation of collateral circulation.⁷⁶ The dynamics of these changes were perceived to be out of proportion to the risk factor profile. Indeed, in a carefully conducted matched-control study CML patients on nilotinib experienced a significantly higher rate of arterial occlusive events, 80% and 20% involving the peripheral and coronary circulation, respectively.¹⁵ Furthermore, atherosclerotic cardiovascular disease (ASCVD) risk factors models such as the EURO score were still predictive of risk.¹⁵ Collectively, these findings support the view that nilotinib plays a causal role and that the disease process is consistent with accelerated atherosclerosis rather than a different disease process. The same seems to hold true for ponatinib.^{12,25,77} While the underlying pathophysiology is not fully defined, recent experimental studies indicate that nilotinib downregulates VEGF receptor II and thereby shares VEGF signaling pathway inhibition with ponatinib.^{15,78} Both drugs have a profoundly negative impact on endothelial cell viability, even in a therapeutic dose spectrum.^{79,80} In an animal model, nilotinib and ponatinib were found to shift the balance more towards vascular instability including both, the solid as well as the fluid phase.⁸¹ Plaque rupture with acute thrombosis is a conceivable mechanisms of acute events in patients undergoing therapy with these drugs but they have not necessarily been confirmed in all cases. Rather, it seems that at least in some patient events of acute ischemia are due to rapid progression to the point of occlusion with insufficient collateral formation.⁸²

In cancer patients at large, however, thromboembolism likely remains the more common mechanism of acute limb ischemia.⁸³ Similar to acute thrombotic events in other vascular territories, the source of embolism can be anywhere proximal to the occlusion point in the peripheral arteries, aorta, the valves, the left ventricle, the left atrium/appendage or even on the venous side with paradoxical emboli. Patients with acute promyelocytic leukemia are particularly prone to acute arterial thrombosis in all vascular territories.⁸⁴

Management of cancer patients with suspected peripheral arterial disease is as recommended by AHA/ACC guidelines.⁸⁵ Pulse status on physical exam is the first step followed by

assessment of ankle-brachial index (ABI), which takes center stage. Patients with non-compressible vessels should have an assessment of toe-brachial index, whereas those with symptoms of claudication and normal or borderline normal ABU should have an exercise ABI. Those with any abnormal findings should be started on GDMT including aspirin or clopidogrel, statin, and optimal blood pressure control, considering an ACE inhibitor/ARB. If symptoms persist, anatomic assessment of the lower extremity vascular is to be pursued including Duplex ultrasound, CT angiography or MR angiography. For patients with suspected chronic limb ischemia, i.e. physical examination suggestive of PAD with rest pain, nonhealing wound, or gangrene, any abnormality on ABI testing is to be followed in by additional perfusion assessment including TBI with waveforms, TcPO₂, and skin perfusion pressure, and if any of these are abnormal anatomic assessment as above or by invasive angiography. Patients presenting with acute limb ischemia need to be immediately recognized (acutely cold and painful leg) with motor and sensory assessment, ultrasound for arterial and venous Doppler signals. The differentiation then is between a viable limb, a marginally or immediately threatened limb, or a nonviable limb. Amputation is indicated for the latter scenario whereas all other should undergo emergent revascularization and anticoagulation, unless contraindicated.

At present it is unknown how to best assess patients to be started on nilotinib or ponatinib at baseline and during follow-up (Table 1).^{78,86} Various recommendations have been provided including alteration of dose and overall treatment regimens.^{11,12} In principle, for PAD and other atherosclerosis diseases with these drugs, the intensity for screening and preventive efforts should increase and the threshold for intervention and cessation of therapy should decrease with increasing risk category. As outlined above, the EURO score may be a unique tool to tailor screening efforts. The SCAI vascular surveillance algorithm takes into account duration of risk as well the impact of radiation therapy (Figure 5).

Raynaud's

Raynaud's is a clinical diagnosis with a distinction between primary or secondary Raynaud's. Abnormal vasoconstriction/ vasospasm of digital arteries and cutaneous arterioles is thought to be the underlying mechanism and in its most severe form can lead to ischemic fingertip necrosis. In most cancer patients, an underlying cause can be identified, especially medications. Raynaud's has been reported with bleomycin, vinca alkaloids, cisplatin, carboplatin, gemcitabine, and IFN alpha, even as early as after the first dose.⁸⁷⁻⁹² Endothelial injury has been a leading consideration; but evolving endothelial dysfunction may not suffice to explain this phenomenon. For IFN-alpha, for instance, immune-mediated vasculitis has been discussed in addition to thrombus formation and vasospasm.⁹³ Raynaud's can also occur as a paraneoplastic phenomenon, even before the diagnosis of malignancy is made.⁹⁴

Usually no additional testing is performed and vasodilator therapy is the treatment of choice. Calcium channel blockers are the preferred agents whereas beta-blocker should be avoided (or switched to carvedilol if absolutely needed due to its additional alpha blocking properties which may ease peripheral vasoconstriction, but there is no guarantee that patients will benefit or tolerate this beta-blocker either). As with all vascular toxicities the risks and

benefits of continuing versus discontinuing any culprit cancer therapeutic need to be carefully weighed.

Venous thromboembolic disease

As cancer patients face a higher risk of venous thromboembolism in general, it has been challenging to assign a high risk potential for venous thromboembolic events (VTEs) to specific cancer therapeutics.⁹⁵ However, a few drugs do seem to increase the risk beyond what would be expected in the population. These include cisplatin, bevacizumab, TKIs targeting the VEGF signaling pathway as well as other, mTOR inhibitors, immunomodulatory agents including thalidomide and lenalidomide, possibly even immune checkpoint inhibitors, and anti-hormonal agents such as tamoxifen. The PROTECHT risk prediction score for VTE in cancer patients takes platinum-based and gemcitabine chemotherapy into consideration and may perform better than other risk prediction scores, including the extensively validated Khorana risk score.⁹⁶ Despite the promise of such risk scores and promising results in clinical trials, generalized risk score-guided VTE prophylaxis is not recommended in cancer outpatients. In fact, primary prophylaxis is recommended only for patients with multiple myeloma, either aspirin if no additional risk factors, or LMWH/warfarin if additional risk factors are present including the use of IMDs with steroids.⁹⁷

In cancer patients with VTE, guideline recommendations for treatment vary by society (Table 2). Importantly, the most recent 2019 NCCN guideline now lists rivaroxaban as a viable option for monotherapy aside from dalteparin as well as apixaban for patients who cannot or will not take LMWH (e.g. due to HIT). Furthermore, LMWH or unfractionated heparin for 5–10 days followed by edoxaban (or dabigatran) is another viable option. For many years LMWHs had been the preferred choice over warfarin given greater efficacy in preventing recurrent VTE. However, there are many obstacles to LMWH including administration and costs. DOACs have been found to be as effective as LMWH but with a higher bleeding risk potential, especially upper gastrointestinal bleeding (and possibly also genitourinary bleeding).⁹⁸ The International Society of Thrombosis and Haemostasis Guidance Statement therefore suggests the use of specific DOACs (edoxaban and rivaroxaban) only for cancer patients with an acute diagnosis of VTE who have a low risk of bleeding and no drug–drug interactions with current systemic therapy.⁹⁹ They continue to recommend LMWHs for cancer patients with an acute diagnosis of VTE and a high risk of bleeding, including patients with luminal gastrointestinal cancers with an intact primary, patients with cancers at risk of bleeding from the genitourinary tract, bladder, or nephrostomy tubes, or patients with active gastrointestinal mucosal abnormalities such as duodenal ulcers, gastritis, esophagitis, or colitis.

It is recommended that the same anticoagulant is used for 3 months and that treatment should continue as long as cancer is active, under active treatment, or risk factors for recurrence persist. In case of recurrent VTE on anticoagulation, patients should be switched to LMWH if not on it already, otherwise, the dose of LMWH should be increased by 25% (anti-Xa levels and HIT should be considered). For patients with thrombocytopenia, the NCCN guidelines have listed enoxaparin as the only agent at full dose, half-dose, or no

dose/combo with platelet transfusion in case of platelet counts of >50k, 25–50k, or <25k. Cost considerations are an important aspect, as different insurance plans may cover one but not either anticoagulant.

Pulmonary hypertension

Pulmonary hypertension is another example of a vascular toxicity that received a new level of attention with the introduction of targeted therapy. A clustering of nine patients on dasatinib therapy, a TKI of BCL-ABL, used in patients with Philadelphia Chromosome-positive (Ph+) leukemias, was noted in the French Pulmonary Hypertension Registry. Common to all patients, pulmonary capillary wedge pressure was normal and all but one patient had not response to vasodilator therapy. Mean pulmonary artery pressure was 46 mmHg and the average right ventricular systolic pressure was 65 mmHg.¹⁰⁰ In a larger follow-up study of 21 patients, pulmonary vascular resistance and arterial pressure dropped upon discontinuation of dasatinib but remained elevated in one third of the patients over an average follow-up period of 24 months. Whether one treatment strategy (e.g. endothelin receptor antagonists) is better than another is unknown at present. Universal screening has not been endorsed, but patients developing dyspnea or signs and symptoms of right heart failure on dasatinib therapy need to be evaluated by echocardiography and additional right heart catheterization if found to have pulmonary hypertension (Figure 6).^{101,102} As many as 1 in 10 patients on dasatinib may develop pulmonary.^{100,103} Pathomechanistically, dasatinib leads to endothelial injury and increases the susceptibility to experimental pulmonary hypertension, e.g. by chronic hypoxia, with structural alterations of the pulmonary arteries.¹⁰⁴ In addition, immune mechanisms have been discussed to contribute to dasatinib-induced pulmonary hypertension based on the frequently concomitant exudative pleural and pericardial effusions with lymphocytic accumulations.¹⁰⁵

The combination of a VEGF receptor 2 inhibitor with chronic hypoxia likewise results in reproducible pulmonary hypertension in experimental models.¹⁰⁶ Furthermore, VEGF receptor 2 deficiency, even if confined to endothelial cells only, impairs vascularization and resolution of intra-pulmonary artery thrombi, which may contribute to chronic thromboembolic pulmonary hypertension.¹⁰⁷ In addition to structural alteration, Rho kinase-mediated vasoconstriction is a contributing factor to severe occlusive pulmonary hypertension under the outlined conditions.¹⁰⁸ Other newer agents that have implicated in pulmonary hypertension include nilotinib, ponatinib, carfilzomib, and ruxolitinib, but causality is not confirmed, especially in view of contradictory findings.¹⁰⁹ Trastuzumab emtansine, rituximab, and bevacizumab have been implied in isolated case reports of pulmonary hypertension.¹⁰⁹

Another chemotherapeutic that historically has been associated with pulmonary hypertension is bleomycin. Approximately 1 in 10 patients treated are affected and the risk emerges gradually over the course of therapy and even years later.¹¹⁰ The underlying pathology is pulmonary fibrosis as a consequence of the stimulation and transformation of fibroblasts into collagen-producing myofibroblasts by activated alveolar macrophages and epithelial cells in a response-to-injury pattern to inflammation.¹¹⁰ Statins have been shown to ameliorate bleomycin-induced lung injury as have Rho kinase inhibition, endothelin

receptor antagonism, arginase inhibition, and provision of inhaled or even dietary NO, and sildenafil.^{111–118}

Finally, interferon (IFN) alpha can induce pulmonary vasculitis and pulmonary hypertension for unknown reasons.⁹¹ Immune mechanisms are discussed among others, similar to the discussion on the effects of IFN alpha on the peripheral arterial vasculature.

Systemic hypertension

Increase in systemic blood pressure is a notorious characteristic of agents designed to target the VEGF signaling pathway. On average, systolic and diastolic blood pressure increase by 10 to 20 mmHg and 5 to 15 mmHg, respectively. Absolute numbers as well as the reported incidence rates of hypertension, however, are influenced by the monitoring techniques and definitions used. Ambulatory blood pressure monitoring has the advantage of detecting early and mild forms of hypertension. Chemotherapy-related systemic hypertension occurs over the course of the first few cycles of therapy, in fact, as early as within hours of therapy initiation, especially with TKIs.¹¹⁹ Reported incidences of hypertension also tend to be as much as two times higher with TKIs than with bevacizumab (up to 70% for all grade and up to nearly 20% high grade, life-threatening hypertensive crisis is uncommon still, <5%).^{25,120,121} Patients with pre-existing hypertension are at greater risk of developing worsening blood pressure control.^{122,123} Age 60 to 65 years, smoking, hypercholesterolemia, and obesity may further increase the risk; but these factors have not been universally confirmed as predictors. Ethnicity may play a role as does cancer type (higher in Asians and renal cell carcinoma patients).¹²⁴

The mechanisms by which VEGF inhibitors increase blood pressure remain debated.¹²⁵ Changes in systemic vascular resistance, secondary to endothelial dysfunction and capillary rarefaction, are potential mechanisms of systemic hypertension with VEGF signaling pathway inhibitors.¹¹⁹ This is in keeping with the well documented effects of VEGF in angiogenesis and nitric oxide (NO) production by endothelial NO synthase (eNOS), with NO being crucial for normal endothelial function, vascular homeostasis and angiogenesis.¹²⁵ In addition, inhibition of renal NO signaling leads to a rightward shift of the renal pressure-natriuresis curve with impaired sodium excretion, fluid retention and thus salt-dependent hypertension.¹²⁶

The other class of chemotherapeutics that have been associated with hypertension are the mammalian target of rapamycin (mTOR) inhibitors. Everolimus carries a higher risk (up to 30%, hypertensive crisis 1%) than temsirolimus (overall <10%). The mechanisms of mTOR inhibitor-induced hypertension are not well defined. The same holds true for carfilzomib; hypertension is seen in over 40% of patients treated with this proteasome inhibitor. Hypertensive crisis and emergency is rare but can occur.

In view of the potential worsening of systemic blood pressures to the point of life-threatening levels, it is generally recommended to control blood pressure prior to initiation of therapy and to follow close especially early in the course of therapy (Figures 7 and 8). In view of the higher cardiovascular event risk in patients on VEGF inhibitor therapy, an argument for more intensive blood pressure targets can be made.¹²⁶ No anti-hypertensive

has been shown to be superior per se, but some studies suggest more favorable survival outcomes with angiotensin converting enzyme inhibitors, though this has not been universally confirmed.^{127–130} Non-dihydropyridines should be avoided as they inhibit cytochrome P450 3A4 and can result in higher levels of VEGF inhibitors.¹²⁵ Fluid/volume management is an important factor in patients on carfilzomib. In severe, resistant hypertension, cancer therapy should be interrupted, which promptly and effectively decreases blood pressures.

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Synopsis

The introduction of targeted agents into modern cancer therapy pursued the goal of molecularly more specific and thereby more effective and safer therapies. Paradoxically, however, a number of toxicities were brought to greater attention, among these not only cardiac but also vascular toxicities. The latter reach far beyond venous thromboembolism and include a broad spectrum of presentations based on vascular territories and pathomechanisms involved, including abnormal vascular reactivity, acute thrombosis or accelerated atherosclerosis. Herein we provide an overview of the most common presentations and their management strategies.

Key Points

- A broad spectrum of vascular toxicities has been recognized in the cancer patient and even more so since the introduction of targeted therapies.
- Vascular toxicities of cancer therapies can involve all vascular territories, can be functional or structural in nature, and can be of lasting or only temporary duration.
- The management of cancer therapy-related vascular toxicities is directed towards the underlying pathological mechanism: thrombosis, abnormal vasoreactivity, or structural alteration (remodeling).

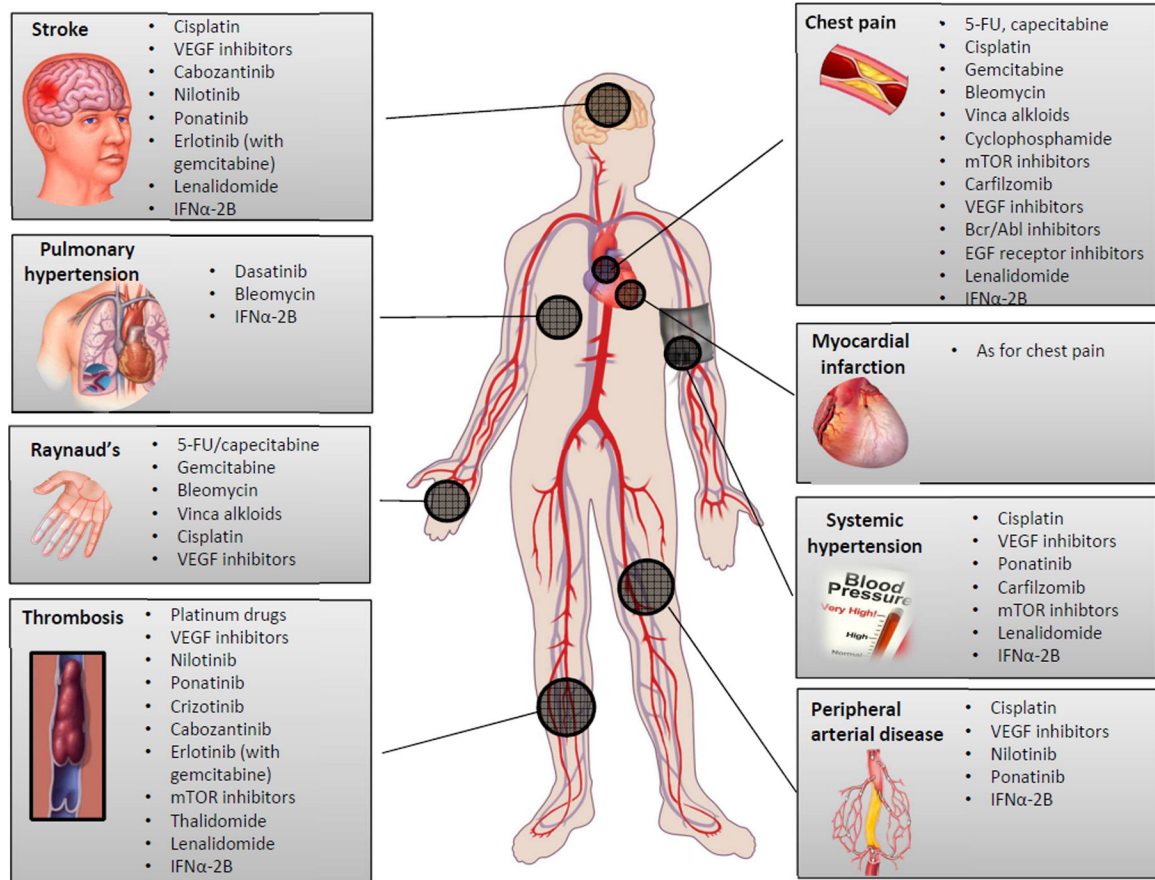


Figure 1. Outline of the spectrum of common vascular toxicities and related cancer therapeutics.

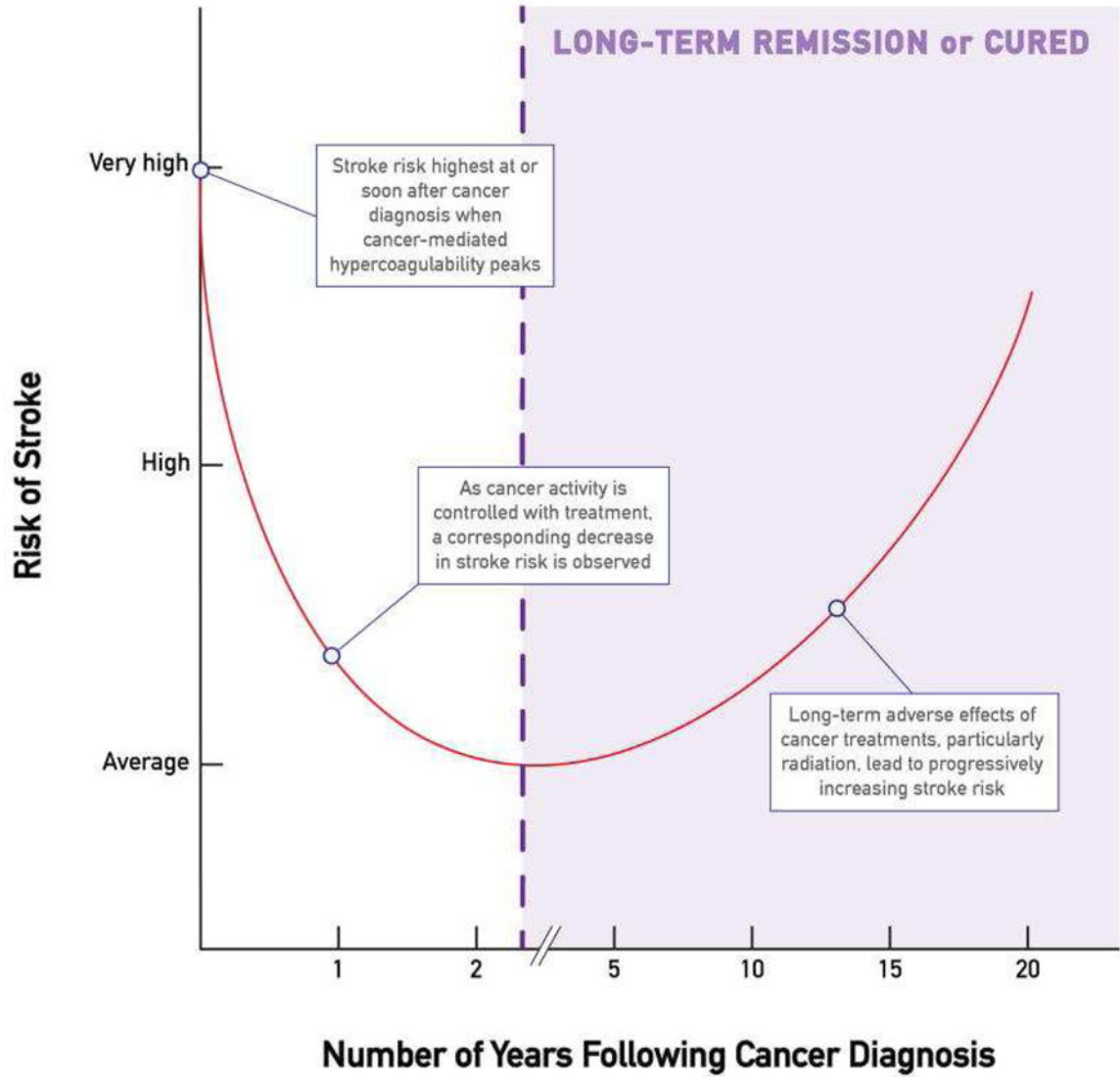


Figure 2. Illustration of the risk of stroke relative to the time of cancer diagnosis. *From Navi BB, Iadecola C. Ischemic stroke in cancer patients: A review of an underappreciated pathology. Ann Neurol. 2018;83(5):873–883; with permission.*

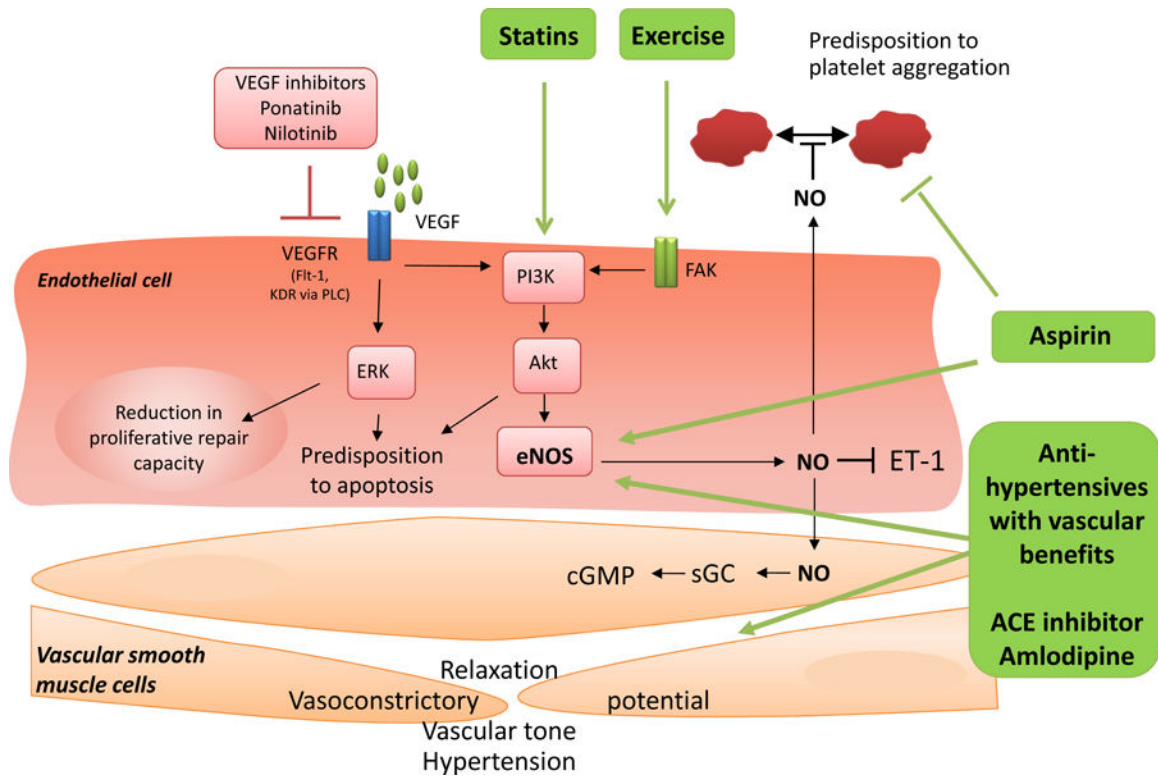


Figure 3. Therapeutic intervention to improve vascular health, especially in patients on cancer therapeutics with an inhibitory effect on the VEGF signaling pathway. *From Touyz RM, Herrmann SMS, Herrmann J. Vascular toxicities with VEGF inhibitor therapies-focus on hypertension and arterial thrombotic events. J Am Soc Hypertens. 2018;12(6):409–425; with permission.*

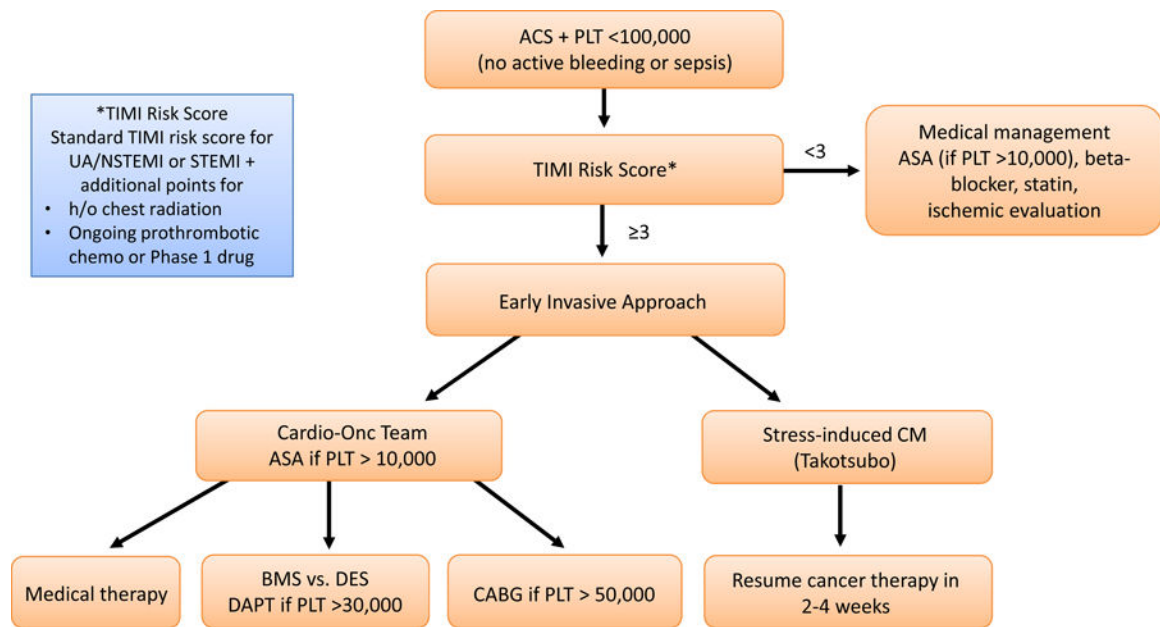


Figure 4. SCAI algorithm for the management of ACS in cancer patients. *Adapted from Iliescu CA, Grines CL, Herrmann J, et al. SCAI Expert consensus statement: Evaluation, management, and special considerations of cardio-oncology patients in the cardiac catheterization laboratory (endorsed by the cardiological society of india, and sociedad Latino Americana de Cardiologia intervencionista). Catheter Cardiovasc Interv. 2016;87(5):E202–223; with permission.*

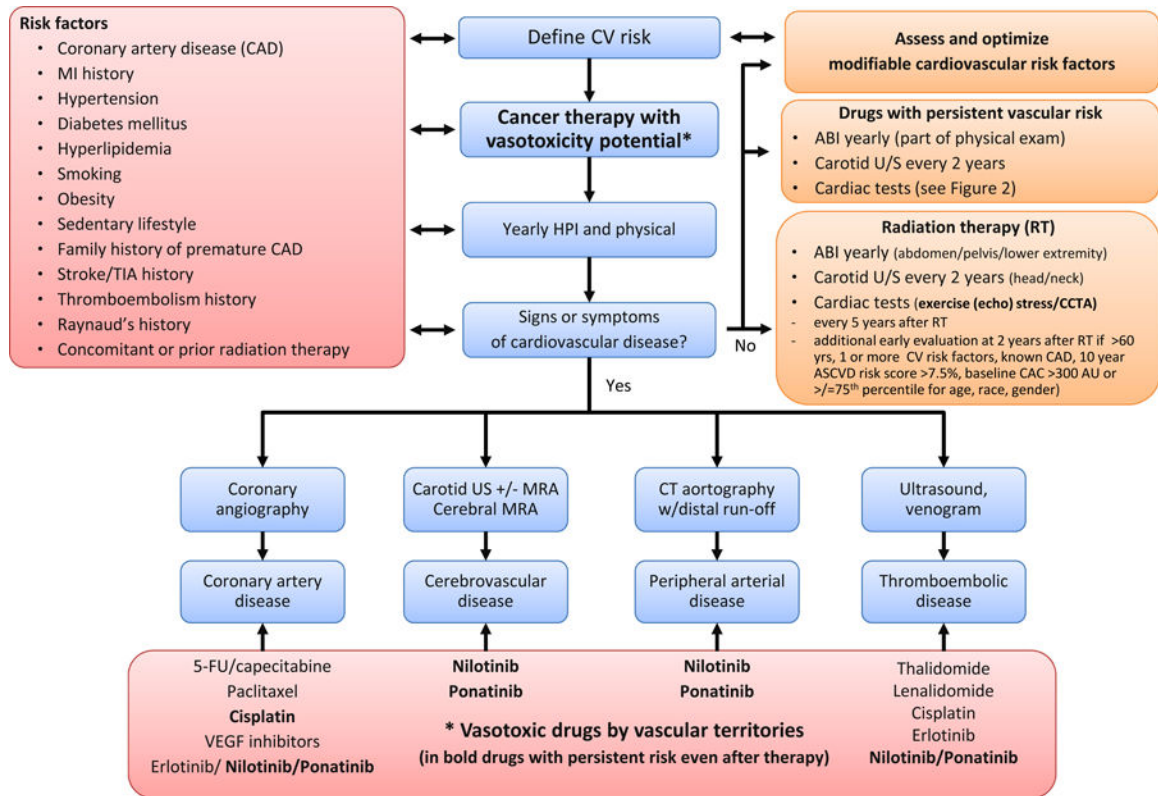


Figure 5. SCAI algorithm for the surveillance of vascular toxicities with cancer therapies. *Adapted from* Iliescu CA, Grines CL, Herrmann J, et al. SCAI Expert consensus statement: Evaluation, management, and special considerations of cardio-oncology patients in the cardiac catheterization laboratory (endorsed by the cardiological society of india, and sociedad Latino Americana de Cardiologia intervencionista). *Catheter Cardiovasc Interv.* 2016;87(5):E202–223; with permission.

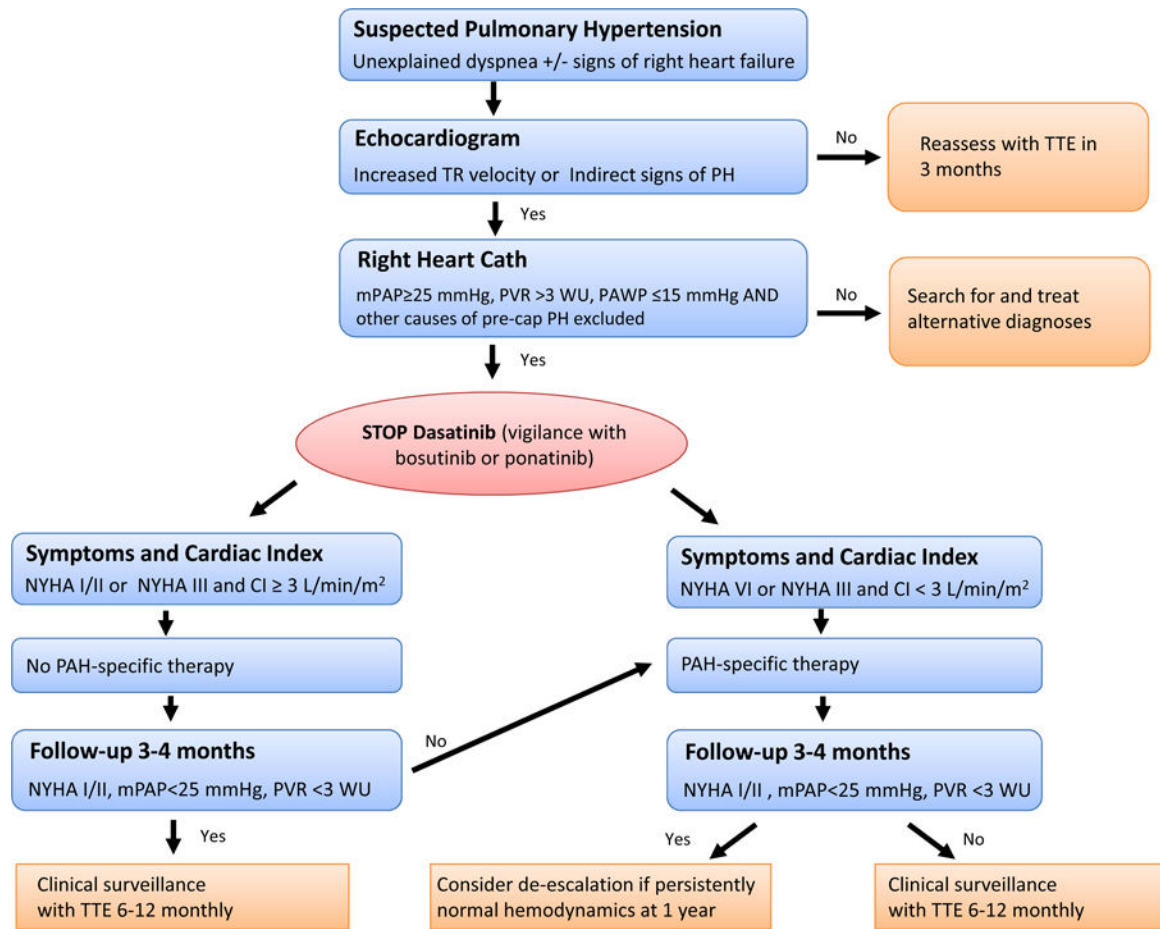


Figure 6. Suggested algorithm for the evaluation for pulmonary hypertension in patients on dasatinib. Adapted from Weatherald J, Chaumais MC, Savale L, et al. Long-term outcomes of dasatinib-induced pulmonary arterial hypertension: a population-based study. *Eur Respir J.* 2017;50(1); with permission.

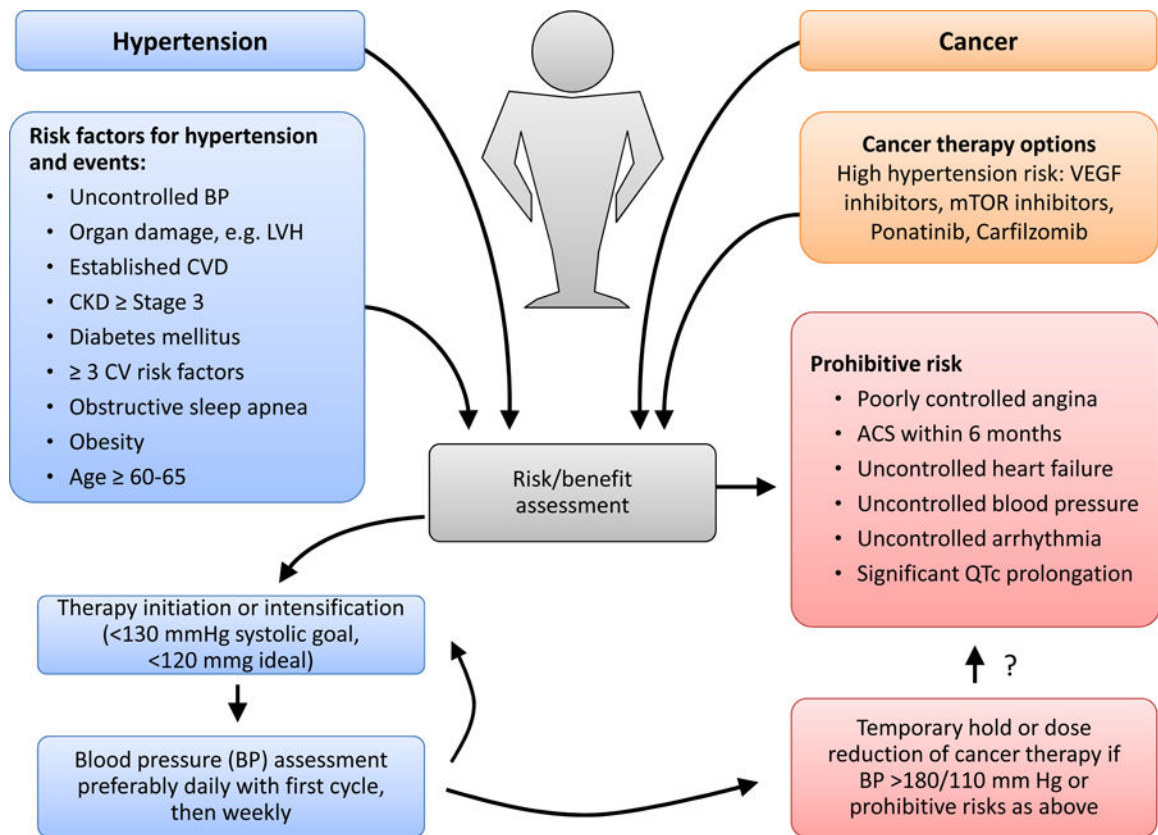


Figure 7.

Evaluation proposal for cancer patients undergoing chemotherapy with hypertension risk such as those targeting the vascular endothelial growth factor (VEGF) pathway. Baseline evaluation should take into account risk factors for cardiovascular (CV) events, including uncontrolled blood pressure (BP), left ventricular hypertrophy (LVH), cardiovascular disease (CVD), chronic kidney disease (CKD), diabetes. Ideally patients should be optimized before starting chemotherapy and should be followed more closely early after starting therapy. In case of severe BP elevation or complications related or aggravated by it, cessation of therapy is to be considered. A blood pressure goal for patients on VEGF inhibitor therapy of <130 mmHg systolic (2017 hypertension guideline) and <120 mmHg systolic ideally (SPRINT trial target) is proposed. *From* Touyz RM, Herrmann SMS, Herrmann J. Vascular toxicities with VEGF inhibitor therapies-focus on hypertension and arterial thrombotic events. *J Am Soc Hypertens.* 2018;12(6):409–425; with permission.

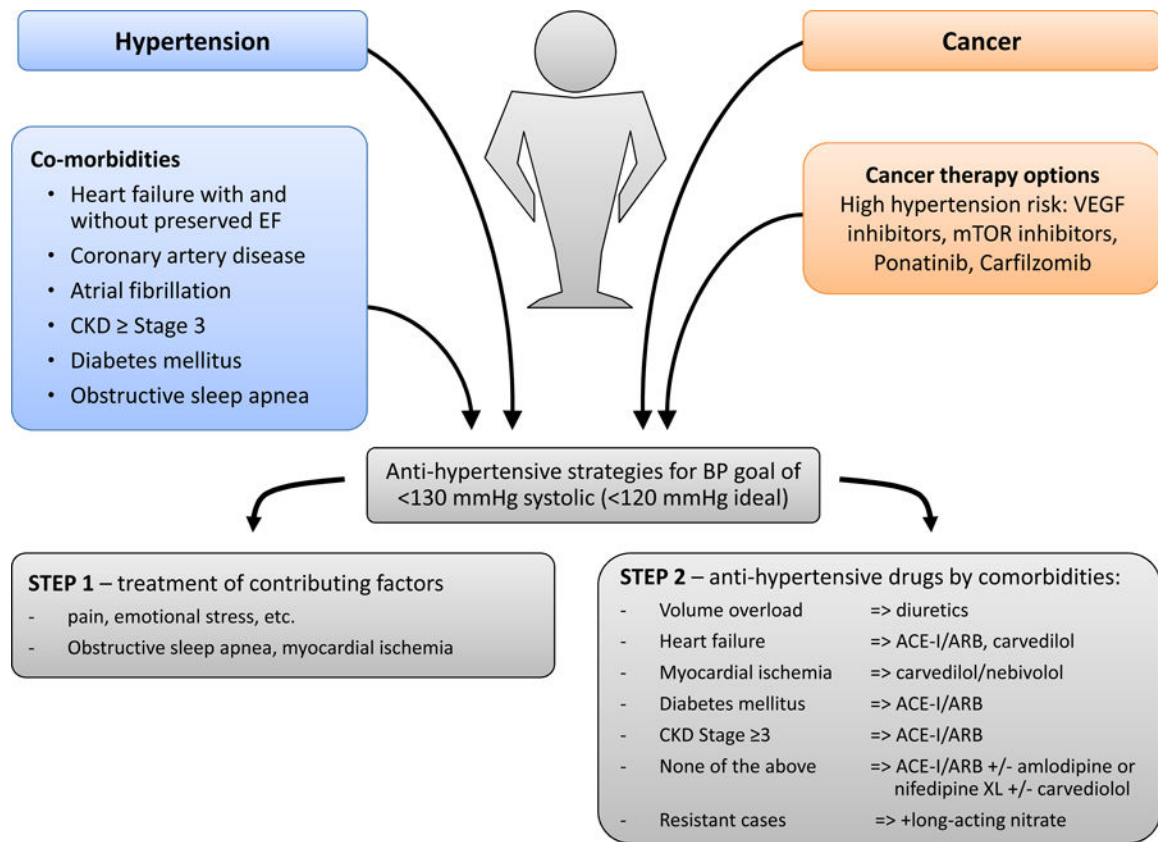


Figure 8.

Management proposal for blood pressure (BP) control of cancer patients undergoing chemotherapy with hypertension risk. As outlined in the text, we propose that patients on VEGF inhibitor therapy should be treated toward a goal of <130 mmHg systolic (2017 hypertension guideline) and <120 mmHg systolic ideally (SPRINT trial target). Two steps toward reaching this goal are to be pursued: (1) treatment of contributing and aggravating factors and (2) antihypertensive therapy by comorbidity. *From Touyz RM, Herrmann SMS, Herrmann J. Vascular toxicities with VEGF inhibitor therapies-focus on hypertension and arterial thrombotic events. J Am Soc Hypertens. 2018;12(6):409–425; with permission.*

Table 1.

Recommendation for vascular assessment of patients on Bcr/Abl therapy, namely nilotinib and ponatinib

Symptoms	Peripheral Pulse status	Risk Factors	Vascular tests	F/u
None	Normal	None	None	Every 12 months
None	Reduced +/-	None or present	ABI	If ABI \geq 0.9: 12 mo. f/u If ABI <0.9: additional tests* and 6 mo. f/u
Present +/-	Reduced +/-	None or present	ABI	Vascular specialist 3–6 mo. f/u If ABI <0.7: stop

* Additional tests include exercise ABI, Duplex U/S, and lower extremity CT angiography as well as evaluation of carotid IMT and coronary CTA or stress test

Data from Breccia M, Arboscello E, Bellodi A, et al. Proposal for a tailored stratification at baseline and monitoring of cardiovascular effects during follow-up in chronic phase chronic myeloid leukemia patients treated with nilotinib frontline. *Crit Rev Oncol Hematol.* 2016;107:190–198.

Table 2.

Treatment of cancer-related venous thrombosis

2016 ITAC-CME consensus recommendations	2015 International Society of Thrombosis and Haemostasis Guidance Statements on Diagnosis and treatment of the incidental venous thrombosis in cancer patients	2019 NCCN Guidelines on Cancer-Associated Venous Thromboembolic Disease	2016 ACCP Guidelines
<p>Initial treatment of established venous thromboembolism (VTE): first 10 days of anticoagulation</p> <ol style="list-style-type: none"> 1. Low-molecular-weight heparin (LMWH) is recommended for the initial treatment of established VTE in patients with cancer (grade 1B). 2. Fondaparinux and unfractionated heparin can also be used for the initial treatment of established VTE in patients with cancer (grade 2D). 3. Thrombolysis in patients with cancer with established VTE should only be considered on a case-by-case basis, with specific attention paid to contraindications, especially bleeding risk—eg, specifically if brain metastasis (guidance, based on evidence of very low quality and the high bleeding risk of thrombolytic therapy). 4. In the initial treatment of VTE, inferior vena cava filters can be considered in the case of contraindication for anticoagulant treatment or in the case of pulmonary embolism recurrence under optimal anticoagulation. Periodic reassessment of contraindications for anticoagulation is recommended, and anticoagulation should be resumed when safe. <p>Early maintenance (10 days to 3 months) and long-term (beyond 3 months)</p> <ol style="list-style-type: none"> 1. LMWHs are preferred over vitamin K antagonists (VKAs) for the treatment of VTE in patients with cancer (grade 1A). 2. LMWH should be used for a minimum of 3 months to treat established VTE in patients with cancer (grade 1A). 3. Direct oral anticoagulants can be considered for VTE treatment of patients with stable cancer not receiving systemic anticancer therapy, and in cases where VKA is an acceptable, but not an available, treatment choice (guidance). 4. After 3–6 months, termination or continuation of anticoagulation (LMWH, VKA, or direct oral 5. anticoagulants) should be based on individual assessment of the benefit-to-risk ratio. 	<ul style="list-style-type: none"> • In cancer patients with a diagnosis of incidental VTE, we recommend a careful review of the history to exclude symptomatic VTE. • In patients with incidental PE involving the main, lobar, segmental or multiple subsegmental pulmonary arteries, we suggest that no further testing is required to confirm the diagnosis. • In patients with isolated SSPE, we recommend careful review of the images by radiologists, and suggest that compression ultrasonography of the lower limbs be performed to detect concomitant incidental DVT. • In patients with incidental iliofemoral DVT on CT of the abdomen and pelvis, we suggest confirming the diagnosis with Doppler ultrasonography of the pelvis and compression ultrasonography of the lower limbs. • In cancer patients with incidental VTE, we recommend standard anticoagulation with LMWH in those with symptoms compatible with VTE. • In patients with incidental proximal DVT, or PE of the main, lobar, segmental or multiple subsegmental pulmonary arteries, we recommend therapeutic anticoagulation for at least 6 months. • In patients with isolated SSPE with proximal DVT, we recommend therapeutic anticoagulation for at least 6 months. • In patients with isolated SSPE with distal DVT or without DVT, we suggest that the decision to provide anticoagulation be made on a case-by-case basis, considering the risk of bleeding, the presence of risk factors for recurrent thrombosis, the performance status of the patient, and patient preference. If the decision is not to anticoagulate, we suggest clinical monitoring and serial bilateral compression ultrasonography after 1 week 	<p>Monotherapy</p> <ul style="list-style-type: none"> • LMWH: Dalteparin 200 U/kg SC daily for 30 days, then 150 U/kg once daily for 2–6 months (category 1), enoxaparin (category 2A) • Rivaroxaban 15 mg BID for 21 days, then 20 mg daily (category 2A) • Fondaparinux 5, 75., 10 mg [<50, 50–100, and >100 kg] (category 2A) • UFH (category 2B) • UFH IV then SC (category 2A) • UFH SC (category 2A) <p>For patients who refuse or have compelling reasons to avoid LMWH: Apixaban (category 2A)</p> <p>Combination therapy with edoxaban</p> <ul style="list-style-type: none"> • LMWH (dalteparin 200 U/kg SC daily or enoxaparin 1 mg/kg SC BID) (category 1) or UFH IV or SC for 5–10 days, then edoxaban 60 mg daily (or 30 mg if CrCl 30–50 mL or <60 kg weight or concomitant p-glycoprotein inhibitors or inducers) for at least 6 months <p>Combination therapy with warfarin</p> <ul style="list-style-type: none"> • LMWH (as above), fondaparinux, or UFH IV or SC for 5–10 days, then warfarin with INR 2–3 for at least 6 months • Combination therapy with dabigatran • LMWH (dalteparin 200 U/kg SC daily or enoxaparin 1 mg/kg SC BID) (category 1) or UFH IV or SC for 5–10 days, then dabigatran 150 mg BID (as long as CrCl >30 mL/min) for at least 6 months <p>Duration:</p> <ul style="list-style-type: none"> • Minimum of 3 months • For non-catheter-associated DVT/PE indefinite while cancer is active, under treatment or risk factors for recurrence persist • For catheter-associated thrombosis, anticoagulation as long as catheter is in place, recommended at least 3 months 	<ul style="list-style-type: none"> • In patients with DVT of the leg or PE and cancer (“cancer-associated thrombosis”), as long-term (first 3 months) anticoagulant therapy, we suggest LMWH over VKA therapy (Grade 2B), dabigatran (Grade 2C), rivaroxaban (Grade 2C), apixaban (Grade 2C), or edoxaban (Grade 2C). • In patients with DVT of the leg or PE who receive extended therapy, we suggest that there is no need to change the choice of anticoagulant after the first 3 months (Grade 2C). • In patients with DVT of the leg or PE and active cancer (“cancer-associated thrombosis”) and who (i) do not have a high bleeding risk, we recommend extended anticoagulant therapy (no scheduled stop date) over 3 months of therapy (Grade 1B), or (ii) have a high bleeding risk, we suggest extended anticoagulant therapy (no scheduled stop date) over 3 months of therapy (Grade 2B). • In patients with an unprovoked proximal DVT or PE who are stopping anticoagulant therapy and do not have a contraindication to aspirin, we suggest aspirin over no aspirin to prevent recurrent VTE (Grade 2B). • In patients with acute DVT or PE who are treated with anticoagulants, we recommend against the use of an inferior vena cava (IVC) filter (Grade 1B). • In patients with acute DVT of the leg, we suggest not using compression stockings routinely to prevent PTS (Grade 2B).

2016 ITAC-CME consensus recommendations	2015 International Society of Thrombosis and Haemostasis Guidance Statements on Diagnosis and treatment of the incidental venous thrombosis in cancer patients	2019 NCCN Guidelines on Cancer-Associated Venous Thromboembolic Disease	2016 ACCP Guidelines
<p>tolerability, drug availability, patient preference, and cancer activity (guidance, in the absence of data).</p> <p>Treatment of VTE recurrence in patients with cancer given anticoagulant treatment:</p> <ol style="list-style-type: none"> 1. increase in LMWH dose (by 20–25%) in patients treated with LMWH 2. switch from VKA to LMWH in patients treated with VKA; and 3. inferior vena cava filter insertion—with continued anticoagulant therapy, unless contraindicated <p>Treatment of established catheter-related thrombosis</p> <ol style="list-style-type: none"> 1. For the treatment of symptomatic catheter-related thrombosis in patients with cancer, anticoagulant treatment is recommended for a minimum of 3 months; in this setting, LMWHs are suggested. Direct comparisons between LMWHs and VKAs have not been made in this setting. 2. The central venous catheter can be kept in place if it is functional, well positioned, and non-infected with good resolution of symptoms under close surveillance; irrespective of whether the central venous catheter is kept or removed, no standard approach in terms of duration of anticoagulation is established (guidance) 	<p>in those with distal DVT, to detect thrombus extension.</p> <ul style="list-style-type: none"> • In patients with incidental splanchnic vein thrombosis, we suggest anticoagulant therapy in patients with thrombosis that appears to be acute, or that shows progression or extension over time, and in those who are neither actively bleeding nor have a very high risk of bleeding. • In cancer patients with evidence of disease or ongoing systemic or locoregional therapy, we suggest periodic re-evaluation of the risks of bleeding and VTE recurrence, as well as patient preferences, to guide the decision of whether to extend LMWH beyond 6 months. 		

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