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Daily patterns of substance use and violence among a high-risk urban emerging adult sample: Results from the Flint Youth Injury Study*

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Abstract

Objective: Interpersonal violence is a significant public health problem, with substance use a key risk factor. Intensive longitudinal methods (ILMs) provide data on daily patterns/relationships between substance use and violence, informing prevention. Prior daily research has not focused on these relationships among urban minority samples.

Declaration of Competing Interest

None of the authors has any financial interests or relationships relevant to the subject of this manuscript.

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All authors contributed to the conceptualization and writing of the manuscript, and reviewed and approved the final manuscript as submitted. Drs. Buu, Cunningham, Walton, Cranford, and Zimmerman were responsible for designing the overall parent study and supervised initial data collection. Drs. Carter, Walton, Cranford, and Cunningham were responsible for initially conceptualizing and analyzing the current paper and preparing the initial manuscript. Drs. Goldstick and Cranford was responsible for the analysis of the data and critical revisions to the manuscript. Drs. Walton, Ngo, Buu, Zimmerman, and Cunningham provided critical feedback on analyses and editing of the final manuscript.

Methods: Within an RCT comparing ILM assessment/schedule methods, 162-participants completed daily IVR (n = 81) or SMS (n = 81) assessments measuring 19 substance use and violence (partner/non-partner) behaviors daily for 90-days. GLMMs characterized between- and within-person predictors of daily violence.

Results: Participants [48.7%-female; age = 24.4; 62.3%-African-American; 66.7%-public assistance] completed an average of 46.5 daily reports [SD = 26.7]. Across 90-days, alcohol was characterized by episodic weekend use (average = 10 days-of-use, 34.4% drinking-days involved binge-drinking), while marijuana use was continuous (average = 27 days-of-use; 1.7 times/day), with no weekend differences. Among 118-violent conflicts, 52.5% occurred on weekends; 57.6% were with non-partners/peers; 61.0% involved perpetration/57.6% victimization; and 52.5% involved severe violence. For violence conflicts, 27.1% were preceded by alcohol/22.9% preceded by drug use. Between-person predictors of daily violence included retaliatory attitudes (AOR = 3.2) and anxiety (AOR = 1.1). Within-person predictors included weekends (AOR = 1.6), binge drinking (AOR = 1.9), non-medical prescription opioid use (AOR = 3.5) and illicit drug use (AOR = 8.1).

Conclusion: Among a high-risk urban minority sample, we found that higher baseline retaliatory attitudes and anxiety, as well as same-day binge drinking, non-medical prescription opioid use, and illicit drug use were associated with daily violence, likely reflecting both pharmacological and socio-contextual factors. Addressing substance use and retaliatory violence with tailored prevention efforts may aid in decreasing negative interpersonal violence outcomes.

Keywords

Intensive longitudinal data; Daily substance use/violence; Emergency medicine; Youth violence

1. Introduction

Homicide is the leading cause of death for African-American adolescents and emerging adults (A/EAs; age-14–24), and the third leading cause of death for A/EAs overall (WISQARS (Web-based injury Statistics Query and Reporting System), 2014). Substance use is an important risk factor for violence, particularly in low-resource, economically-challenged urban communities (Goldstick et al., 2015; Goldstick et al., 2016; Walton et al., 2009; White et al., 2009). As many as 55% of urban A/EAs receiving emergency department (ED) assault-injury treatment report recent substance misuse, with > 20% reporting substance use in the three-hours preceding an assault (Cunningham et al., 2015; Cunningham et al., 2014). Co-occurring substance use and violence has been linked with multiple outcomes, including substance use disorders, anxiety/depression, post-traumatic stress disorder (PTSD), incarceration, violent injury, and death (Cunningham et al., 2015; Cunningham et al., 2014; Cunningham et al., 2009; Gorman-Smith et al., 2004; Walton et al., 2007; Zatzick et al., 2013; Margolin et al., 2010; Boynton-Jarrett et al., 2008; Taylor et al., 2008; Carter et al., 2015; Stoddard et al., 2012; Pailler et al., 2007).

Several theories explain this relationship, including the pharmacological effects of alcohol/drug use (Chermack et al., 2010; Chermack & Giancola, 1997; Cunningham et al., 2006), shared risk/promotive factors (Jessor, 1987), and/or the association of violence with the

illicit drug trade (Goldstein, 1985). Pharmacologically, alcohol increases aggression by impairing cognitive processing/impulse control, increasing risk for escalation of low-level conflict (Chermack et al., 2010; Chermack & Giancola, 1997). Acute impairment may increase victimization by impairing cognitive and physical functioning, decreasing risk perception in violent situations (Leonard & Quigley, 1999; Cattaneo et al., 2007). Findings for marijuana and violence are inconsistent. Although marijuana increases anxiety, arousal, confusion, and perceptual distortion in some individuals (Green et al., 2003; Hunault et al., 2014; Karila et al., 2014; Metrik et al., 2011), potentially escalating violent conflict (Ansell et al., 2015), studies generally do not find same-day associations for marijuana use and violence (Ansell et al., 2015; Testa et al., 2018). Instead, this association may reflect withdrawal and/or socio-contextual (e.g., buying/selling drugs) factors that increase violence risk (Goldstein, 1985). Drug use prior to conflict may also be an attempt to self-regulate aggressive impulses, while use following conflict may be an attempt to cope with negative affect resulting from violence (Mercado-Crespo & Mbah, 2013; Martens & Gilbert, 2008; Carter et al., 2017). Understanding these contextual/temporal relationships is key to developing effective prevention strategies.

While cross-sectional/longitudinal analyses have highlighted such relationships, studies are limited by use of aggregated measures (e.g., past 6-month use). Recently, researchers have utilized time-line follow-back (TLFB) methods to characterize daily relationships. Stoddard (Stoddard et al., 2015), examining non-partner violence, found that moderate victimization was more likely on days with alcohol and cocaine use, while severe victimization (e.g., knife/firearm) was more likely on alcohol use days. Moderate/severe aggression was more likely on either alcohol or sedative use days. Epstein-Ngo (Epstein-Ngo et al., 2014) found differential associations by violence type, finding that prescription sedative and opioids were more likely before partner conflicts, while alcohol and concurrent alcohol and marijuana use were more likely before non-partner conflicts. Carter (Carter et al., 2017) found that, in comparison to non-firearm conflicts, firearm conflicts more likely involved same-day marijuana use and that among those reporting firearm conflicts, alcohol, marijuana, and prescription drug use, but not illicit drug use, were higher on conflict (vs. non-conflict) days.

Such studies, while illustrative, are limited by retrospective recall. By contrast, intensive longitudinal methods (ILMs) allow for prospective data collection that assesses behaviors in close proximity to their occurrence, reducing memory-related recall biases and providing greater temporal resolution, ecologic validity, and causal inference (Bolger & Laurenceau, 2013). To date, daily ILM studies of substance use and violence (Testa et al., 2018; Shorey et al., 2017; Shorey et al., 2014; Shorey et al., 2014; Testa & Derrick, 2014; Moore et al., 2011; Stuart et al., 2013; Crane & Eckhardt, 2013; Rothman et al., 2018; Derrick & Testa, 2017; Shorey et al., 2018; Shorey et al., 2016; Shorey et al., 2016) have focused on alcohol or marijuana in relation to partner and/or sexual violence among collegiate youth or adult heterosexual couples. Few (Brown et al., 2018; Sheehan & Lau-Barraco, 2019; Parks et al., 2008; Mulvey et al., 2006; Neal & Fromme, 2007) have examined substance use and a broad range of interpersonal violence (i.e., non-partner/partner) behaviors. Among the few, four (Brown et al., 2018; Sheehan & Lau-Barraco, 2019; Parks et al., 2008; Neal & Fromme, 2007) were conducted in collegiate samples and one (Mulvey et al., 2006) among psychiatric patients. Rothman (Rothman et al., 2018), the only daily study conducted among a non-

collegiate urban minority sample, found that while same-day alcohol use was associated with partner violence, it was not a proximal predictor, and same-day marijuana use was not associated with partner violence. Variability between samples likely reflects differences in drinking patterns, highlighting the importance examining multiple contexts/populations. No ILM studies have examined alcohol and/or marijuana in relation to both partner/non-partner violence among a predominantly minority urban sample. Further, no studies have examined other substances in relation to daily violence, which may be important given TLFB findings for illicit/prescription drugs (Stoddard et al., 2015; Epstein-Ngo et al., 2014), or adjusted for key violence risk factors (e.g., retaliation, community violence, mental health) (Cunningham et al., 2015; Carter et al., 2015; Cunningham et al., 2006).

The Flint Youth Injury (FYI-1) Study (Cunningham et al., 2015; Cunningham et al., 2014; Carter et al., 2015; Bohnert et al., 2015) is a two-year longitudinal study characterizing substance use and violence outcomes among a consecutively obtained ED sample of assault-injured youth (ages: 14–24) with past 6-month drug use, and a comparison group of non-assaulted drug-using youth. FYI-1 participants were recontacted to enroll in the FYI-2 study, a seperate randomized control trial (Buu et al., 2017) examining the best assessment (Interactive Voice Response [IVR] vs. Short Message System [SMS]) and schedule (daily-vs.-weekly) methods for collecting ILM data. In the present study, we analyze data from the FYI-2 study to: 1) characterize daily substance use and interpersonal violence behaviors among a minority urban sample; and, 2) examine between- and within-person predictors of daily violence. Results will provide data to support evidence-based violence interventions.

2. Methods

This analysis examines daily data collected via IVR/SMS during the 90-day FYI-2 study. Weekly and control condition data were not included. Procedures were approved by University of Michigan (UM) and Hurley Medical Center (HMC) institutional review boards (IRBs) and an NIH certificate of confidentiality (COC) was obtained. The study was conducted in Flint, Michigan. The FYI-1 sample was originally recruited in the Hurley Medical Center ED, the region's only Level-1 trauma center. The sample reflects Flint's socio-demographics (U.S. Census Bureau, 2010; Cunningham et al., 2009; Cunningham et al., 2009; Walton et al., 2010). Flint violence/crime rates are comparable to other urban settings (Federal Bureau of Investigation, 2014).

2.1. Procedures

FYI-2 recruitment (Buu et al., 2017) proceeded in two waves (Cohort-1: 3/2014–9/2014; Cohort-2: 1/2015–1/2016). Eligible participants (agreeing to recontact and not in prison/jail or deceased) were contacted. Following recontact/consent, participants completed a new baseline assessment, consisting of a 30-min self-administered computerized survey (\$20-remuneration). Participants were randomized into five experimental groups (IVR daily, IVR weekly, SMS daily, SMS weekly, control). This analysis focuses on the 90-days of data collected in the daily IVR/SMS conditions. Participants were instructed to call (IVR)/text (SMS) the computer system to complete daily assessments. For those not completing assessments, the IVR/SMS system sent a reminder. RAs monitored compliance and

contacted participants after missing two consecutive surveys to enhance participation. For cohort-1 (n = 87), remuneration was \$1/survey with \$10/month for completing > 75% of surveys. To increase compliance, a new payment structure was implemented for cohort-2 (n = 244); a flat \$4/survey.

2.2. Measures

2.2.1. Daily measures—Measures were the same regardless of condition (~160characters/question). The dependent variable was daily violence, defined as any physical altercation between a non-partner (e.g., peer, stranger) or partner (e.g., wife/husband, girlfriend/boyfriend). Daily violence, and the characteristics of conflicts, were measured using eight adapted TLFB Aggression Module (TLFB-AM) items (Chermack et al., 2010; Carter et al., 2017; Stoddard et al., 2015; Epstein-Ngo et al., 2014; Chermack et al., 2006; Chermack & Blow, 2002; Epstein-Ngo et al., 2013). Participants indicated if they were involved in a fight (altercation involving pushing, slapping, kicking, punching, beating up, threatening/using a gun/knife) the prior day (yes/no). For affirmative responses, they identified the combatant (i.e., non-partner/partner) and their own use of alcohol (yes/no) or drugs (yes/no) in the three-hours preceding conflict. Within this context "drugs" referred to either marijuana, illicit drug, or prescription drug use prior to the altercation. Of note, drug use prior to the violent encounter was not characterized by individual type of drug (i.e., illicit drug vs. marijuana use). Four items separately measured type/severity of aggression (i.e., they did to someone) and victimization (i.e., someone did to them) behaviors. Moderate (e.g., shove/grab) and severe (e.g., threaten/use a firearm/knife) behaviors mirrored the Conflict Tactics Scale (CTS-2) (Straus et al., 1996; Straus, 2007). For participants with no violence, alternate questions (e.g., physical activity) (Tucker et al., 2012; California Department of Public Health, 2010) were asked to prevent under-reporting for the purposes of saving time.

Daily substance use (regardless of occurance before or after the episode of violence) was also assessed using six TLFB-substance use module (Sobell et al., 1988; Sobell et al., 1979; Maisto et al., 1979) items from prior work (Carter et al., 2017; Stoddard et al., 2015; Epstein-Ngo et al., 2014; Epstein-Ngo et al., 2013). Participants were asked about prior-day alcohol quantity (i.e., number drinks) and marijuana frequency (i.e., number-of-times). They were also asked about use (yes/no) of illicit drugs (including cocaine, methamphetamine, inhalants, hallucinogens, or street opioids) or non-medical use (yes/no) of prescription drugs, including seperately asking about stimulants, sedatives, or opioids. Non-medical use was defined as using to get high, using more than prescribed, or using someone else's medications.

2.2.2. Baseline measures—Socio-demographics were measured using Add-Health, SAOM, and DATOS items (Sieving et al., 2001; Handelsman et al., 2005; Add Health, 1997; Smith et al., 1996; Smith et al., 2006). Race/ethnicity (African-American-vs.-other) and relationship status (married/living with someone vs. other) were dichotomized.

The CTS-2 (Straus et al., 1996; Straus, 2007; Wolfe et al., 2001) physical-assault subscale measured past-6-month moderate/severe aggression/victimization behaviors for partners/

non-partners. Response scales ranged from 0 (never) to 6 (20-times). Items were combined so that positive responses indicated *any prior 6-month violence*. Retaliatory attitudes were measured using the retaliation subscale of children's perceptions of environmental violence (Hill & Noblin, 1991). Items were coded/summed such that higher scores indicated more willingness to retaliate (Copeland-Linder et al., 2007). Community violence exposure was assessed with five-items from the "Things Seen/Heard Survey." (Richters & Saltzman, 1990; Richters & Martinez, 1990) For analysis, a summary score was created.

AUDIT-C (Saunders et al., 1993; Chung et al., 2000) and NIDA-ASSIST (Humeniuk et al., 2008; National Institute on Drug Abuse, 2009) seperately measured past 6-month substance use, including marijuana, illicit drugs, and non-medical prescription drug use. For analysis, alcohol and drug misuse were defined as AUDIT-C 4 or ASSIST 4 on any subscale. Past week anxiety and depression symptoms were measured using the 12-item Brief Symptom Index (BSI). (Derogatis & Melisaratos, 1983; Derogatis & Spencer, 1982; Recklitis et al., 2006) Items were summed separately to create anxiety and depression scores. The 17-item civilian PTSD checklist assessed past-month PTSD symptoms. (Weathers et al., 1991) Mean score was used for analysis.

2.3. Analysis

Descriptive statistics were computed. Bivariate analyses were conducted for the dependent variable, daily violence during the 90-days, in relation to baseline factors. Next, we estimated a GLMM of between- and within-person predictors of daily violence using a Bernoulli sampling model and logit link via the GLIMMIX procedure (Snijders & Bosker, 1999; Raudenbush & Bryk, 2002) in SAS. (Institute S, 2011; Allison, 2012) Between-person predictors were included based on theory. (Cunningham et al., 2015; Carter et al., 2015; Cunningham et al., 2006) Due to multicollinearity, not all mental health variables could be included; anxiety was retained given it is a precursor symptom to other mental health conditions (e.g., PTSD).(Gorman-Smith & Tolan, 1998) Similarly, ED visit for violent injury at FYI-1 enrollment and any prior 6-month violence were highly correlated despite the visit occuring ~4 years prior; this was retained as a theoretical indicator of violence involvement severe enough to require medical treatment and to account for FYI-1 design. Baseline alcohol, marijuana, and prescription drug misuse were included to adjust for underlying substance use severity. Daily variables included same-day alcohol, marijuana, illicit drugs, and prescription opioid use. Presciption opioids were included over sedatives/ stimulants given higher prevalence. Of note, we used maximum likelihood estimation for all GLMMs, allowing inclusion of participants with at least one daily observation. (Raudenbush & Bryk, 2002).

3. Results

Among 599 FYI-1 participants, 540 were eligible for FYI-2. EAs were ineligible if they were incarcerated (n = 52) or deceased (n = 7). Among eligible participants, 352 (65.2%) were recontacted/consented for FYI-2. The remainder did not consent for re-contact (n = 43), refused participation when they were contacted (n = 43), or were not reachable (n = 102). Baseline characteristics and group differences have been reported. (Buu et al., 2017)

Other than sex/race/ethnicity (Female/Black EAs were more likely to enroll in FYI-2), there were no socio-demographic or group (assault-injury-vs.-comparison group) differences between FYI-2/FYI-1. This analysis focuses on the FYI-2 sub-sample (n = 162) completing daily IVR(n = 81)/SMS(n = 81) assessments, of which mean age was 24.4 (SD = 2.3), 62.3% (n = 101) were African-American, 48.7% (n = 79) were female, 66.7% (n = 108) were on public assistance, 39.5% reported living with a partner/being married, and 58.6% (n = 95) were in the FYI-1 assault-injury cohort. Of note, 59.9% (n = 97) reported their highest education was high-school/GED. We found no socio-demographic differences between daily IVR/SMS groups. Across the sample (n = 162), assessments were fully completed on 7541 of 14,580 (51.7%) days, averaging 46.5 daily assessments [SD = 26.7; range = 1–89] per participant. No compliance differences were noted by assessment method or socio-demographics; compliance was lower on weekends vs. weekdays (51.6%-vs-54.5%; p < 0.05) and increased from cohort 1-to-2 (34.1 days-vs.-51.2 days; p < 0.001).

3.1. Substance use/violence at the individual/daily level

Across 90-days, substance use was high, with 77.8% (n = 126) of participants reporting alcohol, 74.7% (n = 121) marijuana, and 16.7% (n = 27) illicit drug use (Fig. 1). Past-90-day non-medical prescription opioid, stimulant, and sedative use were 25.3% (n = 41), 15.4% (n = 25), and 19.1% (n = 31), respectively. At the daily level, alcohol was reported on 16.5% of days, with 31.2% of drinking-days involved binge drinking and participants averaging of 10 drinking days. Marijuana use was reported on 42.3% of days, with participants averaging 27 days-of-use and using 2.8 times/day on a day of use. While no weekend/weekday differences were identified for marijuana (Fig. 1), alcohol use was highest on weekends (i.e., Friday/Saturday/Sunday). No trends were observed for daily, weekly, or monthly alcohol/drug use.

Across 90-days, 27.2% (n = 44) of participants reported violence, with 65.9% reporting one violent day. Of note, only 9.1% reported > 3 violence days. At the daily level, violent altercations were reported on 1.5% of days (118-conflict days), with 53% occurring on weekends (Fig. 1). Among conflicts, 57.6% occurred with non-partners (42.4% partners). Participants reported 61.0% (n = 72) involved aggression, 57.6% (n = 68) involved victimization, and 43.2% (n = 51) involved both aggression and victimization. Most (52.5%) incidents involved severe violence (e.g., knife/firearms). Among conflicts (n = 118), 45% were preceded by alcohol and/or drug (i.e., marijuana, illicit, or prescription) use, with 27.1% preceded by alcohol and 22.9% by drug use.

3.2. Daily violence correlates at the between-person level

Bivariate analyses (Table 1) comparing baseline characteristics of those reporting and not reporting violent conflicts during the 90-days found that those involved in conflict were less likely African-American and more likely to endorse retaliatory attitudes, community violence exposure, and higher anxiety/depression symptoms. They were also more likely to report marijuana misuse, non-medical prescription drug misuse, and alcohol misuse.

3.3. Between- and within-person predictors of daily violence

Between- and within-person predictors of daily violence are presented (Table 2). At the individual-level, retaliatory attitudes and anxiety remained significant. In addition to weekends, significant same-day predictors included binge drinking, prescription drug use, and illicit drug use. In terms of effect size, it is notable that a one-unit increase in retaliatory attitudes was associated with a three-fold increase in the odds of daily violence, even after controlling for predictors. Daily illicit drug use emerged as the strongest predictor, with an 8-fold increase in violence. Of note, we tested separate models including cohort assignment (given different compliance rates) and survey day (adjusting for potential assessment-reactivity). Neither was significant or substantively influenced model results (available upon request).

4. Discussion

This is the first ILM analysis to characterize daily relationships between a broad range of substances and interpersonal violence behaviors among a predominantly minority noncollegiate urban sample. We found that binge drinking was twice as likely on conflict days, but temporally preceded violence in only a quarter of conflicts, suggesting a bi-directional association between daily alcohol and violence. Within this sample, alcohol use was primarily episodic with frequent binge drinking, rather than chronic daily use. The episodic binge drinking pattern observed may suggest that alcohol consumption was driven primarily by social-oriented motives (e.g., attending weekend social events with friends where alcohol is available). (Kuntsche et al., 2005) Given that alcohol-involved social situations may enhance contact between those with prior conflict and amplify proactive aggression, retaliatory violence, and/or victimization, this pattern may explain conflicts occurring after or in the context of alcohol use. However, alcohol consumption following conflict may reflect use to cope with negative affect or calm down following altercations. Ecological momentary assessment studies are needed to collect such data, including motives, multiple times per day to further characterize this relationship. In the mean time, findings emphasize the need to include alcohol-specific content within violence interventions and tailor content to address underlying drinking motives/situations given variation in use before/after conflict.

Findings that illicit drugs (excluding marijuana) and prescription drugs are associated with same day violence are novel, given neither has been characterized in relation to daily violence using ILMs. It is important to note that while about one in four conflicts were preceded by any drug use (meaning three in four were not preceded by other drug use), we were not able to disaggregate this by specific drug to determine temporal ordering of individual drug type before a violent encounter. Illicit drugs, despite lower base rates than other substances, had the strongest association with same-day conflict. This may reflect clustering of co-occurring problem behaviors (Jessor, 1987) among a small subset of violent participants with higher substance use, and/or the association of illicit drugs with violent contexts (e.g., buying/selling drugs). (Goldstein, 1985; Hoaken & Stewart, 2003)

Alternatively, given that some illicit (e.g., methamphetamine, cocaine) drugs increase aggression, this may reflect acute pharmacological effects. (Boles & Miotto, 2003) Given that prescription opioids have been shown to decrease aggression, (Boles & Miotto, 2003)

our finding that same-day prescription opioid use was three times more likely on conflict days may reflect attempts to self-regulate aggression before conflict, treat pain following assault-injuries, and/or cope with negative affect following conflict. (Mercado-Crespo & Mbah, 2013; Martens & Gilbert, 2008; Carter et al., 2017) Alternatively, this finding may reflect socio-contextual factors, such as opioid users finding themselves in violent situations because they are suffering from withdrawal and attempting to secure more drugs, or because they are committing illegal acts to acquire money for more drugs. (Boles & Miotto, 2003; Catalano et al., 2011; Murphy et al., 2014) To inform interventions, future studies should clarify these relationships with greater temporal resolution and identify motives underlying use on conflict days. Tailoring intervention content to address drug use motives/situational contexts may enhance efficacy, reducing violence outcomes.

We did not find an association between same-day marijuana use and daily violence. Although some prior TLFB studies (Carter et al., 2017; Epstein-Ngo et al., 2014) demonstrate an association between same-day marijuana use and non-partner conflict, and a prior adult EMA study found marijuana predicted impulsivity and interpersonal hostility, (Ansell et al., 2015) our results are consistent with the majority of prior studies demonstrating either no same-day relationship with partner violence (Shorey et al., 2014; Rothman et al., 2018; Buchholz et al., 2017) or that participants are less likely to perpetrate partner violence on use days. (Stuart et al., 2003) Our findings are also consistent with laboratory studies that show marijuana doesn't routinely increase aggression. (Myerscough & Taylor, 1985) The apparent contradiction in results from prior studies may be explained by newer research suggesting that the relationship between marijuana use and aggression is dose-dependent and related to overall severity of use. (Reingle et al., 2012; Brook et al., 2014; Norström & Rossow, 2014) Recent research has identified that chronic heavier longterm use is associated with increased aggression due to altered neural functioning in the prefrontal cortex. (Schoeler et al., 2016) Further, there is some evidence that occasional recreational users may experience stronger acute impulsivity effects than chronic users, also potentially explaining positive findings between marijuana and aggression at the daily level in some prior studies. (Theunissen et al., 2012) Third, prior research also indicates that among chronic users with a history of aggression, withdrawal from marijuana is associated with increased partner aggression. (Smith et al., 2013) Future daily research should investigate the possibility of such mechanisms explaining the variability in current research findings, as well as how such relationships may be affected by the increasing potency of marijuana used among community samples. (ElSohly et al., 2016) Despite the lack of an association in our study, it is important to note that the high levels of marijuana use, combined with anxiety as a violence predictor, may be indicative of marijuana use to selftreat anxiety, depression, or PTSD symptoms, all of which are elevated among violenceinvolved urban samples. (Cunningham et al., 2015; Bohnert et al., 2015) Thus, violence interventions should address higher severity marijuana use and provide mental health referrals for untreated conditions.

Higher retaliatory attitudes were associated with a three-fold higher odds of daily violence. This is consistent with research identifying retaliation as a key motivation for interpersonal violence. (Carter et al., 2015; Carter et al., 2017; Copeland-Linder et al., 2007) The *code of the street theory* explains this relationship, positing that youth/EAs living in urban settings

have informal rules governing social interactions. (Copeland-Linder et al., 2007; Anderson, 1999) Within this context, youth/EAs perceive retaliatory violence as necessary to correct perceived injustices, restore peer respect, and deter future victimization. (Copeland-Linder et al., 2007; Anderson, 1999; Cota-McKinley et al., 2001) Such retaliation may be reactive (i.e., impulsive) or proactive (i.e., planned), emphasizing the need for tailored interventions addressing both subtypes. (Walton et al., 2010; Copeland-Linder et al., 2007) Motivational interventions combining behavioral therapy and cognitive skill building strategies have been efficacious decreasing violence among both universal and selective at-risk ED samples. (Walton et al., 2010; Carter et al., 2016) Within such interventions, skills-based strategies for reactive aggression include addressing emotion regulation, impulse control, and anger management, while proactive aggression strategies include conflict resolution skills or violence alternatives. (Walton et al., 2010; Carter et al., 2016)

Alcohol use and violence were higher on weekends, which was also predictive in the model. This is consistent with research finding that socially-oriented weekends are structurally different than work/school-oriented weekdays, (Finlay et al., 2012) and developmental theories emphasizing that leisure boredom and unstructured socializing increase problem behaviors. (Fergus & Zimmerman, 2005; Wegner & Flisher, 2009; Orcutt, 1984; Iso-Ahola & Crowley, 1991; Columbia Univ. NY, Ny. National Center on Addiction and Substance Abuse. National Survey of American Attitudes on Substance Abuse Viii, 2003) EAs typically engage in either serious (e.g., community/religious), casual (e.g., "hanging out"), or project-based (e.g., volunteer) leisure activities. (Stebbins, 2007; Stebbins, 1997) Compared with goal-oriented activities promoting skill/knowledge development and supportive mentor relationships, casual activities are unstructured, focus on sensationseeking or impulsive behaviors, and are often associated with delinquent peers. (Caldwell & Smith, 2006) EAs in disadvantaged urban neighborhoods may face increased barriers (e.g., lack of access/availability, neighborhood safety) to structured program participation, (Molnar et al., 2004) increasing unstructured leisure activities by default. Findings suggest that interventions increasing engagement in structured pro-social activities, especially on weekends, may be beneficial. This is consistent with resilience-based theories, emphasizing healthy development in spite of risk exposure by enhancing access to positive resources and building self-efficacy. (Fergus & Zimmerman, 2005)

While socio-demographics, including gender, were not predictive of violence, it is important to note that half of those reporting violence were female, highlighting the need to construct interventions for both sexes. Of note, 40% were married/living with a partner. This, combined with the finding that ~40% of conflicts (~60% among females) occurred with a partner, highlight the need to incorporate safety planning within interventions. We observed overlap among aggression and victimization behaviors for both partner and non-partner conflicts, with most involving severe behaviors (e.g., knife/gun) with elevated injury risk. Taken together, this emphasizes the need for violence interventions addressing multiple violence types, bi-directional behaviors, and higher severity behaviors (e.g., firearm carriage/use). Further, when considering the increased risk for partner homicide in homes with firearms, (Kellermann et al., 1993; Campbell et al., 2003) findings suggest interventions should include counseling to reduce firearm access during high-risk periods. (Zeoli et al., 2016; Vittes et al., 2013)

Several limitations require attention. First, data were from a high-risk drug-using sample originally recruited while seeking treatment in an urban Emergency Department, limiting generalizability to rural/suburban samples and general community samples. Yet our data may be generalizable to non-collegiate urban samples of high-risk youth and emerging adults with elevated rates of violence involvement not widely studied or characterized in prior literature; regardless replication is required. Second, while prospective ILMs is a strength, daily reports may nevertheless be biased by retrospective recall and/or social desirability. This is mitigated by the short recall period (Follingstad & Rogers, 2013) and privacy/confidentiality. Third, while causal attributions cannot be made unequivocally, assessments did indicate when alcohol preceded violence, providing data suggesting temporal ordering. Preceding drug use, however, was not able to be disaggregated by type, limiting temporal conclusions for illicit/prescription drugs. Future research should aid in clarifying the temporal ordering of individual drug type before subsequent violence encounters. Fourth, missing data for incomplete surveys has potential to bias results if dayspecific behaviors are associated with survey completion. Given no gold standard for measuring daily marijuana quantity, our use estimates are limited, especially in the context of varying potency, multiple administration methods, and potential for participants to share marijuana. (Van der Pol et al., 2013) Sixth, we did not assess whether participants had spent time with their partner daily, limiting ability to assess partner violence within the context of daily exposure. While descriptively presented, the number of violence encounters were too small to analyze separately by type/behavior. In addition, rates were too low to assess behavioral reactivity. Yet, it should be noted that violence rates did not differ substantially between the first/second half (1.5%-vs-1.6%, NS) of the study and parallel analyses examining reactivity for daily alcohol/marijuana (Buu et al., 2019) found only short-term measurement reactivity for alcohol during the first week that remitted by the second and none for marijuana. Finally, while self-report data is a potential limitation, it has been shown to be reliable/valid when privacy/confidentially are assured as in our study. (Brener et al., 2003)

5. Conclusion

Limitations notwithstanding, results advance knowledge about substance use and interpersonal violence by focusing on a rarely studied population, examining temporally-organized daily data, and providing insights about contextual factors when substance use may precede violence. Results suggest factors that may both exacerbate and reduce violence, providing useful information to guide prevention. Findings also suggest that daily and ecological momentary assessment research expanding on this data to collect a broader range of contextual factors theorized to be associated with interpersonal violence, including conflict/use motives, firearm carriage, and underlying mood/affect would be a fruitful direction for future research. The closing of the digital divide in urban communities (Anderson & Rainie, 2015) combined with the advancement of m-health technologies, especially mobile applications and passive smarphone and wearable data collection, presents opportunities to leverage technology to collect this broader set of real-time data and will inform the next phase of critical violence interventions.

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Abbreviations:

ED Emergency Department

HMC Hurley Medical Center

UM University of Michigan

IRB Institutional Review Board

CDC Centers for Disease Control

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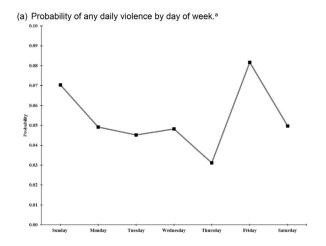
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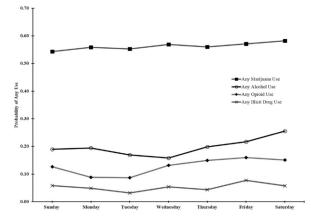
HIGHLIGHTS

• In a 90-day daily study, alcohol and marijuana were most frequently used substances.

- Among 118 violence days, 58% were with non-partners and 61% involved aggression.
- Among violent conflicts, 27% preceded by alcohol and 23% preceded by drugs.
- Between-person predictors of daily violence were retaliatory attitudes and anxiety.
- Same-day binge drinking and illicit/prescription drug use predicted daily violence.



(b) Probability of Alcohol, Marijuana, and other drug use by day of week.b



(c) Daily Quantity of Alcohol Use and Daily Frequency of Marijuana Use by Day of Week

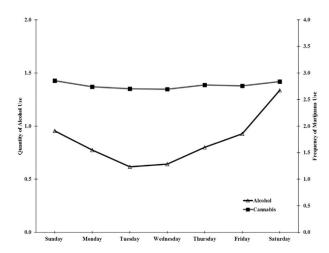


Fig. 1.Patterns of Daily Violence, Alcohol, Marijuana, and other Drug Use by Day of Week. (a)
Probability of any daily violence by day of week.^a (b) Probability of Alcohol, Marijuana,
and other drug use by day of week.^b (c) Daily Quantity of Alcohol Use and Daily Frequency
of Marijuana Use by Day of Week^c.

^aData are based on participants who reported at least one incident of violence during the daily diary period. The "day of week" variable is coded so that each day corresponds to the day being reported on, e.g., results for Friday are based on reports completed on Saturday. ^bData are based on participants who reported at least one occasion of marijuana, alcohol, opioid, or illicit drug use during the daily diary period. Alcohol and Marijuana use are based on a binary coded version of a frequency question. The "day of week" variable is coded so that each day corresponds to the day being reported on, e.g., results for Friday are based on reports completed on Saturday. ^cAmong those who reported any alcohol use during the daily diary period, the average number of daily drinks was 4.4 (SD = 5.6). Among those who reported any marijuana use during the daily diary period, the average frequency of daily marijuana use was 2.8 (SD = 1.5). The "day of week" variable is coded so that each day

corresponds to the day being reported on, e.g., results for Friday are based on reports completed on Saturday.

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Table 1

Bivariate comparison of violence involvement at the between-person level (n = 162).

	Any violent conflicts $(n = 44, 27.2\%)$	No violent conflicts (n = 118, 72.8%) Odds ratio (95% CI)	Odds ratio (95% CI)
Background characteristics			
Age (mean, SD)	24.0 (2.1)	24.6 (2.4)	0.9 (0.8, 1.1)
Sex (N, % Female)	24 (54.5%)	59 (50.0%)	1.2 (0.6, 2.4)
African-American (n, %) *	22 (50.0%)	79 (66.9%)	0.5 (0.2, 1.0)
Public assistance (n, %)	32 (72.7%)	76 (64.4%)	1.5 (0.7, 3.2)
1st wave enrollment			
Violent Injury group (n, %)	29 (65.9%)	66 (55.9%)	1.5 (0.7, 3.1)
Past 6-month violence behaviors			
Retaliatory attitudes (mean, SD)*	2.6 (0.5)	2.3 (0.5)	3.2 (1.5, 7.1)
Any Violence (n, %)*	32 (72.7%)	54 (45.8%)	3.2 (1.5, 6.7)
Community violence (mean, SD)*	1.4 (0.8)	0.9 (0.7)	2.1 (1.3, 3.4)
Past 6-month substance use			
Marijuana Misuse (n, %) st	34 (77.3%)	65 (55.1%)	2.8 (1.3, 6.1)
Illicit Drug Misuse (n, %)	3 (6.8%)	5 (4.2%)	1.7 (0.4, 7.2)
Non-medical prescription stimulant use (n, %)	4 (9.1%)	3 (2.5%)	3.8 (0.8, 17.9)
Non-medical prescription sedative use (n, %)	1 (2.3%)	4 (3.4%)	0.7 (0.1, 6.1)
Non-medical prescription opioid use (n, %) *	7 (15.9%)	6 (5.1%)	3.5 (1.1, 11.2)
Prescription drug misuse $(n,\%)^*$	9 (20.5%)	7 (5.9%)	4.1 (1.4, 11.7)
AUDIT score (mean, SD) *	5.4 (6.8)	3.2 (3.7)	1.1 (1.0, 1.2)
Alcohol misuse (n, %)*	19 (43.2%)	33 (28.0%)	2.0 (1.0, 4.0)
Past 6-month mental health			
Anxiety symptoms (mean, SD)*	4.4 (4.9)	1.8 (3.1)	1.2 (1.1, 1.3)
Depression symptoms (mean, SD) *	5.2 (5.5)	2.5 (3.4)	1.2 (1.1, 1.3)
PTSD symptoms (mean, SD)	2.4 (1.1)	1.9 (0.8)	1.7 (1.0, 3.0)

Significance levels:

< 0.05,

*** < 0.001. Prescription Drug Misuse - combines misuse of prescription stimulants, sedatives, or opioids.

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Table 2

Multi-level logistic regression model characterizing between- and within-person daily level predictors of daily violence incidents.

	AOR (95% CI)
Between-person individual-level variables	
Age	0.8 (0.7–1.0)
Sex (female vs. other)	1.2 (0.6–2.7)
African-American	0.5 (0.2–1.2)
Public Assistance	1.9 (0.8–4.7)
Violent Injury Group	1.7 (0.7–4.0)
Retaliatory attitudes *	3.2 (1.3–7.5)
Community violence	1.3 (0.8–2.3)
Alcohol misuse	0.8 (0.4–1.9)
Prescription drug misuse	1.1 (0.4–3.1)
Marijuana misuse	1.9 (0.7–5.2)
Anxiety symptoms *	1.1 (1.0–1.2)
Within-person daily-level variables Weekend day *	1.6 (1.1–2.5)
Binge drinking (> 4 drinks)*	1.9 (1.0–3.4)
Prescription opioid use ***	3.5 (1.8–7.0)
Marijuana use (frequency of use)	1.0 (0.9–1.2)
Illicit drug use (excluding MJ) ***	8.1 (3.2–20.1)

Significance levels:

^{*} < 0.05,

^{** &}lt; 0.01,

^{***} < 0.001.