




## A Glimpse into the Microbiota of Marketed Ready-to-Eat Crickets (*Acheta domesticus*)

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**Abstract** The present study was aimed to get an insight into the bacterial biota of ready-to-eat small crickets (*Acheta domesticus*) already marketed in the European Union. 16S rRNA gene of the DNAs extracted from thirty-two samples of ready-to-eat crickets commercialized by 4 European Union producers located in Austria, Belgium, France and the Netherlands (2 batches per producer) was analyzed by Polymerase Chain Reaction–Denaturing Gradient Gel Electrophoresis (PCR–DGGE). The species belonging to the genera *Hespellia*, *Ruminococcus* and *Clostridium* were detected in samples from Austria, while those from genera *Lysobacter*, *Staphylococcus* and *Clostridium* were detected in samples from Belgium. Moreover, samples from France were characterized by *Staphylococcus*, *Pseudomonas*, and *Hydrogenophilus* genera. Finally, the genera *Staphylococcus*, *Hydrogenophilus*, *Clostridium* and *Ruminococcus* were identified in the samples produced in the Netherlands. When insects are intended for commercialization, rearing, processing and handling could affect the presence of the occurring microbial species. Hence, to assure a safe product, the need for a full standardization of production technologies, including feed supply as well as rearing and processing practices, is recommended.

**Keywords** Edible insects · Crickets · PCR–DGGE · Batches

Edible insects are a novel source of high value proteins [1]. Notwithstanding, their introduction in the European food market has only recently been authorized with Regulation (EU) No. 2015/2283. To assure health protection and disease prevention, in 2015 the European Food Safety Authority (EFSA) delivered a Scientific Opinion on the risk profile associated with the use of insects as food for humans and animals [2]. The opinion also highlighted the lack of scientific studies on the potential chemical and microbiological hazards in edible insects whether they are used as food or feed. Our study was aimed to get an insight into the bacterial biota of ready-to-eat small crickets (*Acheta domesticus*) already marketed in the European Union (EU). DNAs were extracted from 32 samples of ready-to-eat crickets commercialized by 4 European Union producers (2 batches per producer) and 16S rRNA genes were subsequently analyzed by Polymerase Chain Reaction–Denaturing Gradient Gel Electrophoresis (PCR–DGGE). In more detail, (boiled and dried) ready-to-eat crickets were purchased from producers each located in a European country, being Austria, Belgium, France and the Netherlands. From each producer, 2 different batches of the crickets were bought in October 2017 (Batch 1) and April 2018 (Batch 2), respectively, each including 4 samples (replicates). EU countries for collection of the crickets were selected among those that are most active in insect rearing, counting the highest number of start-ups and companies producing insects for human consumption.

Bacterial DNA extraction was performed as previously described by Osimani et al. [3]. Equal portions of DNA extracts (standardized to 25 ng/μL) obtained from the 4

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**Table 1** The results of the sequencing of the bands excised from the DGGE gel

Sample	Band <sup>a</sup>	Closest relative	% Identity <sup>b</sup>	Acc. no <sup>c</sup>	Acc. no <sup>d</sup>
AU B1	1	<i>Hespellia porcina</i>	100	NR_025206	MH891537
	2	<i>Hespellia porcina</i>	96	NR_025206	MH891538
BL B1	3	<i>Staphylococcus capitis</i>	99	MH158289	MH891539
	4	<i>Staphylococcus</i> sp.	99	MF948900	MH891542
	5	<i>Staphylococcus capitis</i>	99	MH158289	MH891540
	6	<i>Lysobacter</i> sp.	98	MG198704	MH891541
FR B1	7	<i>Staphylococcus</i> sp.	99	MF948900	MH891542
	8	Failed	–	–	–
	9	<i>Pseudomonas</i> sp.	100	HM626451	MH891543
NL B1	10	<i>Staphylococcus</i> sp.	97	MH817399	MH891544
	11	Failed	–	–	–
	12	<i>Hydrogenophilus hirschii</i>	100	NR_104788	MH891545
AU B2	13	<i>Ruminococcus gauvreauii</i>	100	NR_044265	MH891546
	14	<i>Clostridium</i> sp.	97	AF443594	MH891547
	15	Failed	–	–	–
	16	<i>Clostridium</i> sp.	95	AF443594	MH891548
BL B2	17	<i>Clostridium</i> sp.	97	LC341577	n.d.
	18	<i>Clostridium</i> sp.	97	AF443594	MH891549
	19	Failed	–	–	–
FR B2	20	Failed	–	–	–
	21	<i>Pseudomonas</i> sp.	100	HM626451	MH891550
	22	<i>Hydrogenophilus hirschii</i>	99	MF595849	MH891551
NL B2	23	<i>Ruminococcus gauvreauii</i>	98	NR_044265	MH891552
	24	<i>Clostridium</i> sp.	98	AF443594	MH891553

n.d., sequences not deposited in the GenBank database (< 200 bp); AU, Austria; BL, Belgium; FR, France, NL, the Netherlands; B1, Batch 1; B2, Batch 2

<sup>a</sup>Bands are numbered as specified in Fig. 1

<sup>b</sup>Percent of similarity between the sequences obtained from the PCR–DGGE analysis and the sequences deposited in the GenBank database

<sup>c</sup>Accession number of the sequences found by a BLAST search

<sup>d</sup>GenBank accession number of the deposited sequences

cricket samples derived from the same producer and production batch were pooled together and vortexed vigorously. Eight final pooled DNA samples were obtained and labeled as follows: AU-B1 and AU-B2 (DNA pools of the samples from the two batches from Austria); BL-B1 and BL-B2 (DNA pools of the samples from the two batches from Belgium); FR-B1 and FR-B2 (DNA pools of the samples from the two batches from France); NL-B1 and NL-B2 (DNA pools of the samples from the two batches from the Netherlands). PCR–DGGE analysis was performed following the protocol reported by Osimani et al. [3].

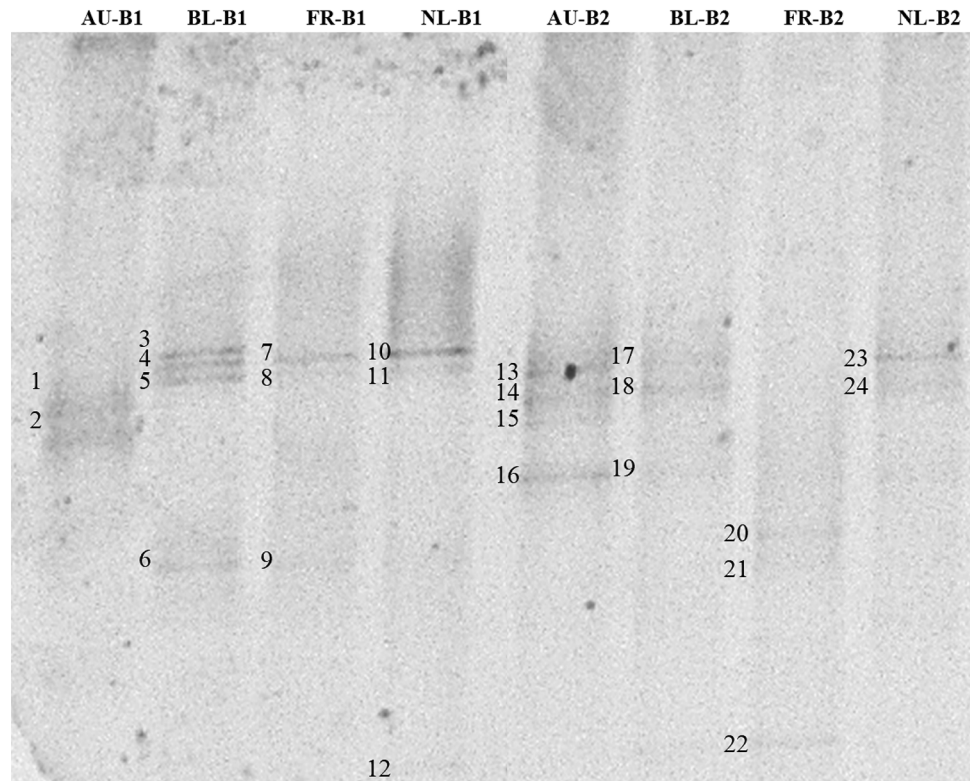
The PCR products were then sequenced and identified at the genus or species level. In more detail, the obtained sequences were analyzed by BLAST (Basic Local Alignment Search Tool), available from NCBI (National Center for Biotechnology Information; <http://www.ncbi.nlm.nih.gov>).

The sequences were submitted to the NCBI GeneBank under the accession numbers MH891553–MH891537.

PCR–DGGE has been extensively applied in food and environmental microbiology representing a valid molecular tool for the exploration of the food microbial communities [4]. The results of PCR–DGGE analysis are shown in Table 1 and Fig. 1.

Samples from Austria were found to be most closely related to *Hespellia* (in pooled samples from batch 1), *Ruminococcus* and *Clostridium* (both in pooled samples from batch 2), with a sequence identity from 97 to 100%. By contrast, the samples from Belgium were found to be most closely related to *Lysobacter*, *Staphylococcus* (both in pooled samples from batch 1) and *Clostridium* (in pooled samples from batch 2), with sequence identities between 97 and 99%.

**Fig. 1** DGGE profiles of the bacterial DNA obtained from insect samples and amplified with primer pair U968GC-L1401R. The labeled DGGE bands were sequenced. The identification results are reported in Table 1. AU, Austria; BL, Belgium; FR, France; NL, the Netherlands; B1, Batch 1; B2, Batch 2



Moreover, pooled samples from Batch 1 of the crickets produced in France were found to be most closely related to *Staphylococcus* and *Pseudomonas*, whereas pooled samples from Batch 2 were characterized by *Pseudomonas* and *Hydrogenophilus*, with sequence identities from 97 to 100%.

Finally, regarding the pooled samples produced in the Netherlands, batch 1 was characterized by the presence of the *Staphylococcus* and *Hydrogenophilus*, whereas batch 2 by the presence of the *Clostridium* and *Ruminococcus*, all with a sequence identities between 97 and 100%.

Regarding the species detected in the pooled samples, some considerations can be made. *Clostridium* was detected in the Austrian, Belgian and the Dutch samples. This spore forming bacterial genus has previously been reported in ready-to-eat small crickets and cricket powder analyzed by both PCR–DGGE and metagenomic sequencing, as well as in other edible insects such as giant water bugs, mealworms, desert locusts, and black soldier flies [1, 5, 6]. In foodstuffs, pathogenic *Clostridium* species like *Clostridium botulinum*, *Clostridium difficile* and *Clostridium perfringens*, represent a health threat for consumers because they are able to resist heat treatments and produce toxins [7].

The detection of *Staphylococcus* at both the species and genus levels in the batch 1 pooled samples from Belgium, France and the Netherlands agrees well with its previous detection in a number of edible insects including cockroaches, ants, rhino beetles, beetles, butterflies, silkworms,

mealworms and flies [1]. The genus *Staphylococcus* encompasses both saprophytic species and species with pathogenic potential. *Pseudomonas* was detected only in the pooled samples from France. To date, this bacterial genus has been found in cricket-based products through metagenomic sequencing, as well as in different insect species, such as grasshoppers, cockroaches, flies, rhino beetles, lygaeid bugs, butterflies, and mealworms [1]. Interestingly, Osimani et al. [3] has recently detected the DNA of *Pseudomonas aeruginosa* in the frass of laboratory-reared mealworms, thus suggesting the possible occurrence of this pathogenic species in edible insects.

Concerning *Hespellia porcina*, to the authors' knowledge, this is its first detection of this organism in insects and more specifically, in crickets produced in Austria. First isolated from swine manure storage pits, it has been more recently detected in the cecal microbiota of chicken as a commensal microorganism, suggesting the possible occurrence of this microorganism in the insect gut [8, 9]. No reports on the occurrence of *H. porcina* in foodstuff are currently available in the scientific literature for a further comparison of the data.

To the authors' knowledge, the presence of *Ruminococcus gausvreauii*, detected in both the pooled samples from Austria (batch 2) and the Netherlands (batch 2), has never been reported in edible insects, although Garofalo et al. [4] highlighted the presence of Ruminococcaceae in samples of ready-to-eat small crickets and cricket

powder by using Next Generation Sequencing (NGS) [4]. Very recently, the detection of *Ruminococcus* in the gut microbiota of chicken that were fed edible insect-based feed was also observed [10].

It is noteworthy that, for biological threats, the specific production procedures, the type of the substrate, the harvest period, the type of the insect and their developmental phase could exert an impact on the occurrence of microbial species. Furthermore, the vertical transmission of the microorganisms can be due to the evacuation of the bacteria during egg laying or by the contamination of the egg with symbionts defaecated from the mother's gut to offspring, thus affecting the microbial community of the insects [3]. When insects are intended for commercialization, further processing could also alter the presence of the occurring microbial species. Hence, to assure a safe product, the need for a full standardization of production technologies, including feed supply as well as rearing and processing practices, is recommended.

#### Compliance with Ethical Standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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