

Dual Perspectives

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Integrating CRISPR Engineering and hiPSC-Derived 2D Disease Modeling Systems

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Human induced pluripotent stem cells (hiPSCs) have revolutionized research on human diseases, particularly neurodegenerative and psychiatric disorders, making it possible to study mechanisms of disease risk and initiation in otherwise inaccessible patient-specific cells. Today, the integration of CRISPR engineering approaches with hiPSC-based models permits precise isogenic comparisons of human neurons and glia. This review is intended as a guideline for neuroscientists and clinicians interested in translating their research to hiPSC-based studies. It offers state-of-the-art approaches to tackling the challenges that are unique to human *in vitro* disease models, particularly interdonor and intradonor variability, and limitations in neuronal maturity and circuit complexity. Finally, we provide a detailed overview of the immense possibilities the field has to offer, highlighting efficient neural differentiation and induction strategies for the major brain cell types and providing perspective into integrating CRISPR-based methods into study design. The combination of hiPSC-based disease modeling, CRISPR technology, and high-throughput approaches promises to advance our scientific knowledge and accelerate progress in drug discovery.

Key words: Human induced pluripotent stem cells; CRISPR; psychiatric genetics; differentiation; induction; disease modeling

Introduction

The ability to apply human induced pluripotent stem cells (hiPSCs) to generate, and Clustered Regularly Interspaced Short Palindromic Repeats (CRISPR) engineering to manipulate, a multitude of cell types from either patients or controls has transformed our ability to model human diseases and to probe the mechanisms underlying disease. Genetically engineered rodents have played a critical role in understanding the relationship between genotype, circuit function, and behavior. For genes conserved between humans and rodents, these genotype–phenotype relationships frequently well inform human studies. However, rodent models struggle to recapitulate complex genetic disorders arising from the interactions of dozens of risk variants, particularly when human-specific disease-associated variants or their regulation are not well conserved between species. Moreover, strain-specific genotype–phenotype effects observed in rodent studies highlight the need to study mutations and variants in the context of diverse genetic backgrounds (Sittig et al., 2016). Donor-dependent and human-specific regulatory processes and cellular functions are at least partially to blame for observed vari-

ability and the failure of promising treatments developed in animal models to show efficacy in humans. Therefore, there is a clear need to study human diseases in human models derived from diverse genetic backgrounds.

Today, a combination of hiPSCs and CRISPR editing of disease-associated variants enables the functional evaluation of genetic risk in diverse genetic contexts, toward understanding the effect of genomic variability across a population. Even for complex genetic disorders, such as schizophrenia (Brennand et al., 2011), bipolar disorder (Mertens et al., 2015a), and autism spectrum disorder (Marchetto et al., 2010; Mariani et al., 2015), developmental phenotypes and drug treatment responses can be modeled *in vitro* (Silva and Haggarty, 2019).

Overall, hiPSCs are remarkable tools that enable us to move toward precision medicine, while at the same time challenging our basic assumptions about how to best design *in vitro* experiments. Considering the genetic heterogeneity among individuals (both patients and controls), the variable penetrance of many rare disease-causing variants, and the small effect sizes of common variants associated with brain disease (for review, see Sullivan and Geschwind, 2019), a rigorous hiPSC-based study requires thoughtful consideration of cohort size, donor (case and control) selection, and patient stratification to reduce experimental variability. Although most studies to date have been conducted in one cell type in isolation, there is a growing need to functionally combine diverse neuronal (e.g., glutamatergic, GABAergic, and

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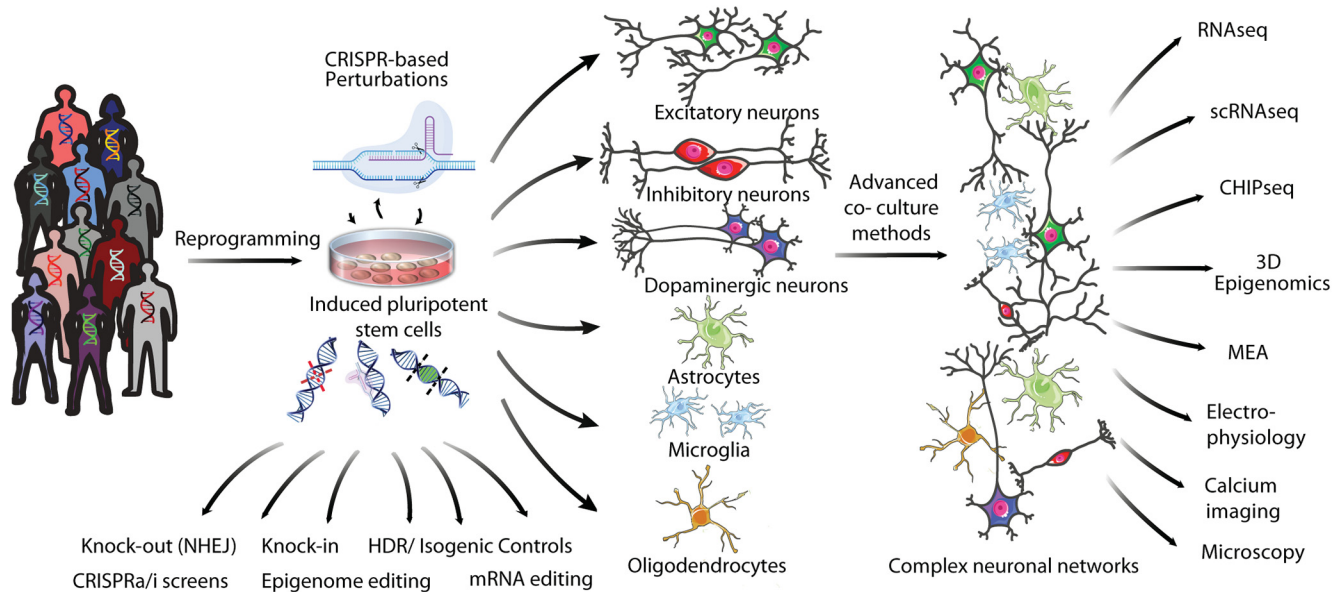


Figure 1. Approaching hiPSC disease modeling. The general human population exhibits high genetic variability, which can be overcome by stratification of the cohort or by CRISPR editing approaches. Generated iPSC lines can be differentiated or induced into several neural cell types, comprising neurons and glia, which can be modularly combined into cocultures for complex genetic, phenotypic, or functional analysis. Components of schematic were adapted from Servier Medical Art (<https://smart.servier.com/#>) and BioRender (created with www.BioRender.com).

dopaminergic neurons) and glial (astrocytes, oligodendrocytes, and microglia) cell types into defined “circuits,” to model the complex interactions underlying, for example, neuropsychiatric diseases (Figure 1). Ultimately, hiPSCs-derived neurons and glia represent an important source of cells for future drug screening and cell replacement therapies. Here we provide an introduction to hiPSC-based modeling, noting not just the potentials of this approach, but also pointing out potential pitfalls, and striving to provide guidelines for designing these studies in a meaningful way. By applying CRISPR editing to hiPSCs from diverse human genetic backgrounds, and state-of-the-art methods to generate specific neural cell types, hiPSCs represent a new model enabling the study of gene function and disease variants in a human-specific context. Furthermore, hiPSCs serve as a nearly limitless source of cells for personalized drug screening and cell replacement therapies.

Advantages of hiPSC-based disease models

Perhaps the greatest advantage of hiPSC-based disease models is the ability to generate and manipulate otherwise inaccessible cell types for the study of human neurodegenerative and psychiatric disorders. The earliest of such studies focused on disorders likely involving single genes, such as Rett syndrome (*MECP2*) (Marchetto et al., 2010), autism spectrum disorder (*SHANK3*) (Kathuria et al., 2018), and schizophrenia (*DISC1*) (Z. Wen et al., 2014; Srikanth et al., 2015). Among other phenotypes, these studies reported fewer synapses in patient-derived neurons, providing strong proof-of-concept evidence that hiPSC-based studies could identify disease phenotypes that were reproducible across cohorts and laboratories.

Because hiPSCs enable researchers to examine the impact of rare and common genetic variants across distinct genetic backgrounds, they are extremely well suited for modeling complex genetic disorders. Due to the differences in penetrance and effect size between risk loci, the most appropriate experimental strategies vary between genetic variants. Although the clinical impact of rare variants can be pleiotropic, rare variants tend to be associated with larger effect sizes, which are thought to be easier to

resolve *in vitro* than common variants with often small effects or incomplete penetrance. There are several examples for the modeling of rare variants: an engineered conditional heterozygous truncation of neurexin1 (*NRXN1*, associated with SZ, autism, and Pitt-Hopkins-like syndrome 2), in hiPSC-derived neurons led to reduced synaptic transmission (Pak et al., 2015), and *C9orf72* (associated with ALS and FTD; patient-derived motor neurons showed evidence of neurodegeneration) (X. Wen et al., 2014; Shi et al., 2018). Identifying and recruiting a sufficient number of patients with rare penetrant variants can be difficult, but variants can now be introduced by CRISPR editing (Tai et al., 2016), making it possible to test their penetrance across different genetic backgrounds.

Studies of common variants have been informed by genome-wide association studies (GWAS) of single nucleotide polymorphisms (SNPs), which have identified hundreds of common variants of small effect that are associated with schizophrenia (Schizophrenia Working Group of the Psychiatric Genomics Consortium, 2014; Pardiñas et al., 2018) and other neuropsychiatric disorders. Several studies have used hiPSCs to explore the impact of GWAS-significant loci within patient cohorts (e.g., the involvement of the complement component 4 locus in synaptic elimination) (Sellgren et al., 2017, 2019), but the effect of common variants can also be directly evaluated by applying CRISPR editing to introduce the precise SNP(s) identified through GWAS. Functional validation can demonstrate whether SNPs play a causal role in gene regulation through, for example: alterations in enhancer-promoter looping, as shown for *CACNA1C* (Roussos et al., 2014); 3D-genome folding, as shown for *PCDHα* (Rajarajan et al., 2018); or miRNA levels, as shown for miR-137 (Forrest et al., 2017) and *FURIN* (Schrode et al., 2019).

Environmental factors with clear biological effectors are also amenable to *in vitro* study in hiPSC-derived cells. One such example is congenital Zika syndrome; hiPSC-based models were among the first to reveal that neural progenitor cells were the most susceptible to Zika-mediated cell death (Tang et al., 2016) and that infection was mediated by infiltrating microglia (Muffat et al., 2018). Furthermore, hiPSC Zika models were used to

screen for novel drugs that could prevent infection and promote neural survival (Zhou et al., 2017). Indeed, even the clinical discordance between affected and unaffected dizygotic twins could be recapitulated *in vitro* following Zika infection of patient-derived neural progenitor cells (Caires-Júnior et al., 2018).

One of the most immediate clinical applications of hiPSC-derived cells will occur through drug screening (for review, see Moffat et al., 2017). Already, hiPSC-based drug screening has led to the discovery of novel compounds that reduce endogenous human tau (relevant for Alzheimer's disease) (Wang et al., 2017; van der Kant et al., 2019) and confirmed the functionality of drugs identified in mouse models in a human context (Yang et al., 2013). We recently described a proof-of-concept application of transcriptomic drug screening to schizophrenia, wherein we demonstrated cell-type-specific and donor-dependent drug-induced gene expression changes (Readhead et al., 2018).

The full promise of hiPSC-based models lies in the possibility of patient-specific drug screening, the ability to predict clinical treatment response *in vitro*. The extent to which clinical drug responsiveness is heritable and/or stable throughout the lifetime across the spectrum of neuropsychiatric disease needs further investigation, but promising examples have been reported. For instance, the lithium response of hiPSC-derived neurons from known lithium responders and nonresponders differed *in vitro* (Mertens et al., 2015a), and clinical lithium response could be accurately predicted by examining as few as five patient-derived neurons (Stern et al., 2018).

In addition, hiPSCs represent the possibility of donor-specific cells for transplantation into patients with neurodegenerative diseases. However, the utility of cell replacement therapy is likely limited to a narrow subset of diseases defined by the loss of a single cell type that is well characterized, surgically accessible, and capable of being generated at high-purity *in vitro*. Nonetheless, the first clinical trials for retinal disease (Mandai et al., 2017) and Parkinson's disease (Barker et al., 2017) are now underway (for review, see Barker et al., 2018). In either case, being able to conduct drug screens or transplantation therapies using patient-matched cells promises to make possible a move toward precision medicine.

Disadvantages of hiPSC-based disease models

Studying hiPSC-derived neurons has tremendous benefits and advantages for studying disease; however, their very nature raises challenges and limitations to their use, and these clear disadvantages have to be considered when approaching hiPSC studies. The limited sample size that can yet be achieved is one critical disadvantage of hiPSC-based studies, relative to genetic and postmortem studies. During the reprogramming process, epigenetic marks are mostly removed and somatic cells are reverted to an embryonic-like state. To ensure the generation of a reliable hiPSC line, extensive validation is needed, including confirmation of differentiation potential, absence of residual reprogramming factor expression, and exclusion of additional mutations (Schlaeger et al., 2015). The generation and validation of hiPSCs are time-consuming and expensive, limiting sample size. We hope that automation (Kiskinis et al., 2014; Paull et al., 2015) and stem cell banking initiatives (<https://www.nimhgenetics.org/>; <https://www.cirm.ca.gov/researchers/ipsc-repository>; <http://hpscereg.eu>) will overcome this obstacle, enabling multiple laboratories to share hiPSCs for comparative studies, reducing costs, and increasing scientific fidelity and possible sample size.

Another difficulty with hiPSC studies is that a perhaps unexpected level of variability occurs between and within donors, re-

flecting variation in genetic background coupled with stochastic differences during the reprogramming and neuronal differentiation protocols (Hoffman et al., 2017), limiting resolution of genetically regulated donor effects. Interdonor variation can be well countered by the application of CRISPR-mediated genetic (for review, see Adli, 2018) and/or epigenetic (for review, see Pulecio et al., 2017) perturbations, resulting in isogenic pairs (same genetic background with or without the perturbation) with which to functionally validate the impact of specific disease-associated loci.

Finally, the physiological relevance of hiPSC-derived neuronal populations can be limited by functional immaturity, a failure to form complex neuronal circuits, and lack of myelination and microglia pruning. hiPSC-derived neural cells most resemble fetal counterparts (Nicholas et al., 2013; Brennand et al., 2015), suggesting that they are most appropriate for modeling disease risk rather than end-stage disease processes. While mechanistic studies and drug-based screening in hiPSC-based studies may be better suited to identify drug targets that prevent disease, this offers the possibility of an earlier window for therapeutic intervention. One attempt to improve maturity is the establishment of multicellular systems enabling functional interactions (e.g., myelinating oligodendrocytes) (Douvaras et al., 2014), neuromuscular junctions (Puttonen et al., 2015), and synaptic pruning (Sellgren et al., 2019), even though these systems still lack the maturity and stability of their *in vivo* counterparts. Ongoing work to advance 3D organoids (Amin and Pasca, 2018; companion Dual Perspectives article), promises to improve the maturity, functionality, and fidelity of hiPSC-based models by incorporating functional vasculature (Mansour et al., 2018), myelination (Madhavan et al., 2018), blood–brain barriers (Vatine et al., 2017), and increasing the diversity of neuronal cell types (Xiang et al., 2017, 2019; Sloan et al., 2018). Interactions among cell types (e.g., cocultures or organoids) are now being explored in higher throughput drug screens (for review, see Miranda et al., 2018).

Although hiPSC-based disease models can be limited by small sample sizes, high interdonor and intradonor variability, lack of maturation, and the limited circuit complexity yet attainable, they represent a path to more accurate modeling of human-specific disorders and identification of novel therapeutic targets and drugs. hiPSCs offer us the unique opportunity to study human diseases using patient-derived cells. When coupled with CRISPR engineering, they provide the ability to model and manipulate risk factors linked to both monogenic and complex genetic disorders, and the heterogeneity between cases (and controls) allows us to explore the effect of variable penetrance and genetic background.

Major considerations in study design

Although hiPSCs are a powerful tool to unravel phenotypes and mechanisms of human diseases, to achieve meaningful results and statistical resolution, cohort size, patient stratification, and suitable cell types must be carefully considered. For example, complex diseases can be modeled by reprogramming patient-derived samples or by engineering specific disease-associated variant(s). For the former, a larger cohort consisting of multiple patients and controls is needed, necessitating stratification of patients and controls selected based on shared genetic, clinical, or pharmaceutical response traits. For the latter, one must choose to either introduce a disease-associated variant in a control donor background or reverse it in a patient-derived hiPSC, with potential issues of penetrance and unknown epistatic interactions in either case.

Achieving statistical significance in phenotypic comparisons is frequently problematic for one of two reasons: (1) limited experimental size owing to the time-consuming and expensive nature of these studies and (2) increased experimental noise arising from both interdonor variability in genetic background and intradonor stochastic heterogeneity in cell type composition between experimental replicates. Nonetheless, with thoughtful experimental design with respect to cohort size, donor selection, cell type(s) of interest, and phenotypic assay(s), both case–control and hiPSC-based studies yield novel insights into disease and drug response.

What size of cohort is large enough?

Given the genetic heterogeneity within patient and control populations, it is important to consider the size of case–control studies (i.e., the number of patients and healthy controls to enroll and the number of hiPSC lines to characterize per donor) and the number of independent genetic backgrounds across which CRISPR-based isogenic comparisons should be conducted.

Reprogramming, differentiation, and phenotypic analyses of hiPSC-derived neural cells can be cumbersome, time-consuming, and expensive. One reprogramming experiment produces several clones per donor, which are very similar and carry in principle the same genetic background; however, preexisting somatic mutations or alterations during the reprogramming process can lead to slight variations between clones. When studying idiopathic disease, genetic analyses have increasingly revealed that, given the costs involved, it is always preferable to add additional independent donors rather than duplicate hiPSC clones per donor, due to the limited knowledge about variation in idiopathic diseases (Hoffman et al., 2017). For rare variant studies, where the number of available patients is limiting, increased statistical power can be acquired by generating multiple hiPSCs per donor. Recent idiopathic hiPSC cohorts have reached ~10 cases and 10 controls, with multiple hiPSC clones per donor (Topol et al., 2016; Hoffman et al., 2017; Lang et al., 2019), while studies of isogenic pairs typically use just one or two donor backgrounds for editing (Yi et al., 2016; Forrest et al., 2017; Kiskinis et al., 2018). The largest hiPSC cohorts (711 hiPSC lines from 301 individuals) have been applied to expression quantitative trait loci analyses, linking genomic SNP data to expression data of a specific locus, revealing that up to 50% of variability arises from different genetic backgrounds (Carcamo-Orive et al., 2017; DeBoever et al., 2017; Kilpinen et al., 2017). With current methodologies, hiPSC-based recall-by-genotype studies, which recruit patients on the basis of genetic variation, require at least 20–80 donors to detect the effects of regulatory variants (Schwartzentruber et al., 2018).

Overall, both attaining an appropriate cohort size to achieve statistical significance and incorporating isogenic comparisons are crucial for making biologically meaningful conclusions. Although recent papers have described relatively small sample sizes across which molecular and cellular readouts have been possible, current thinking is that cohort size should always be maximized, even at the expense of replicated hiPSC clones from each donor (Germain and Testa, 2017; Hoffman et al., 2017).

Which patients should be recruited?

Given the substantial costs associated with generating a large case–control hiPSC cohort, it is important that one carefully consider issues associated with accurate diagnosis, patient stratification, and appropriately matched controls, together with the inclusion of isogenic comparisons.

Because a single clinical designation can apply to a collection of phenotypes resulting from distinct genetic perturbations (e.g.,

influenced by the affected gene, genetic region, expression signature, polygenic risk score), genetic stratification can improve study design by focusing on shared underlying mechanisms. One must strive to carefully select representative and meaningful donors, given the limited samples sizes currently possible with hiPSC-based disease models. This can either be based on matching the underlying genetic cause, or if unknown, on shared clinical (e.g., imaging, ENIGMA; <http://enigma.ini.usc.edu/>) (Thompson et al., 2014), pharmacological (e.g., drug responsiveness) (Stern et al., 2018), or genetic information (e.g., polygenic risk score) (for review, see Hoekstra et al., 2017; Hoffman et al., 2019) of donors.

Another useful design is to specifically recruit or CRISPR-edit donor-specific cells to assess the impact of variable penetrance across genetic backgrounds. For example, carriers of the APOE4/4 risk variant are substantially more susceptible to Alzheimer's disease than APOE3/3 carriers (Lin et al., 2018); a cohort comprised of APOE4/4 resilient controls and Alzheimer's disease cases could inform on the biological pathways limiting disease progression. An example of selection based on clinical presentation is *NRXN1*, where copy number variations are strongly associated with both autism spectrum disorder and schizophrenia (Matsunami et al., 2013; Marshall et al., 2017).

As an alternative to case–control design, rare or common variants identified by GWAS can either be introduced into control hiPSCs or repaired in patient hiPSCs. For rare variants, the precise mutation to be engineered is generally straightforward to identify; with common variants, selection is much more nuanced. First, putative causal common variant SNPs can be inferred by demonstrating that they are associated with gene expression in the cell type(s) relevant to disease. For example, by directly integrating schizophrenia-associated GWAS SNPs to those linked to gene regulation in the postmortem brain, disease-associated common variant risk loci associated with both gene expression and disease liability could be identified (Fromer et al., 2016). Second, although SNPs are frequently inherited together via linkage disequilibrium, linkage disequilibrium blocks can sometimes be resolved to a single putative causal SNP via fine-mapping analyses (Dobyn et al., 2018). Depending on the number of putative causal SNPs identified at a given loci (and their hypothesized mechanism of action), a variety of CRISPR-based tools are available to enable isogenic comparisons.

In summary, the design of an ideal hiPSC cohort for disease modeling should be based on accurate diagnosis, which can be further refined by genetic characterization and/or clinical patient stratification. An alternative approach is the targeted genome engineering of known variants or risk factors.

Who is the ideal “control?”

The generation of isogenic controls (i.e., the introduction or repair of a disease-associated mutation) allows the comparative analysis of variants in the same donor background, vastly reducing variability confounded by difference in genomic background. Furthermore, CRISPR editing can facilitate the study of penetrance of risk variants across genetic backgrounds (e.g., a high or low polygenic risk score for disease) and can be particularly valuable when no patient material is available. To evaluate penetrance, isogenic studies can be conducted across different genetic backgrounds from donors with high and low polygenic disease risk scores. At the same time, potential additive effects of additional variants can be directly tested, to explore the molecular and functional convergence of risk factors.

Table 1. Overview of 2D differentiation and induction protocols of neural cell types from hiPSCs, including timing, efficiency, and induction factors

| Cell type | Differentiation | | Induction | | |
|-----------------------|---|------------|---|--------------------------|--------------------------|
| | Timing | Efficiency | Factors | Timing | Efficiency |
| Glutamatergic neurons | 80 d Shi et al. 2012 | 80%–100% | <i>NGN2</i> Zhang et al., 2013 | <2 weeks | ~100% |
| GABAergic neurons | 6 weeks Liu et al., 2013; Maroof et al., 2013 | >95% | <i>DLX2, ASCL1</i> Sun et al., 2016; Yang et al., 2017 | 4 weeks | >80% |
| Dopaminergic neurons | 35 d Kriks et al., 2011; Zhang et al., 2014 | 90% | <i>ASCL1, NURR1, LMX1A</i> Caiazzo et al., 2011; Theka et al., 2013 | 21 d | >93% |
| Serotonergic neurons | 6 weeks Lu et al., 2016 | 60% | <i>NKX2.2, FEV, GATA2, LMX1B, ASCL1, NGN2</i> Vadodaria et al., 2016 | 3 weeks from fibroblasts | 60% |
| Motor neurons | 4 weeks Du et al., 2015 | ~90% | <i>LHX3, NGN2, ISL1</i> Goto et al., 2017 | 2 weeks | ~85% |
| Astrocytes | <30 d TCW et al., 2017 | 90% | <i>SOX9, NFIB</i> Canals et al., 2018 | 2 weeks | 96% |
| Oligodendrocytes | 75 d Wang et al., 2013; Douvaras et al., 2014; Douvaras and Fossati, 2015 | 45%–70% | <i>SOX10 and OLIG2</i> Pawlowski et al., 2017 <i>SOX10, OLIG2, NKX6.2</i> Ehrlich et al., 2017 | 20 d 28 d | almost 100% 60–70% |
| Microglia | 5 weeks Muffat et al., 2016; Abud et al., 2017 | >90% | — | — | — |

When isogenic comparisons are not possible, unaffected relatives or age- and sex-matched controls are typically used as a point of comparison. Unfortunately, there is often little known about healthy donors, and there is usually no possibility to track disease state after the time of donation, leaving uncertainty about whether the young “healthy donor” will remain healthy. Old donors provide the advantage of a known clinical history, but the disadvantage of a lifetime of possible accumulation of somatic mutations that might be present in donor hiPSCs and could influence gene expression and phenotypes of hiPSC-derived cells (Lo Sardo et al., 2017). Thus, we should probably be acquiring donor material as part of longitudinal studies, ultimately yielding hiPSCs derived from old, healthy donors that were generated in their younger years and frozen as somatic cells or hiPSCs for future studies.

In summary, when developing hiPSC-based disease models, it is crucial to choose an appropriate cohort size and to incorporate the recruitment and/or isogenic editing of suitable controls. In addition, it is beneficial to focus on genetically characterized patients sharing common risk factors. By integrating hiPSC-based approaches with CRISPR engineering, *in vitro* studies can explore the impact of disease-associated risk factors across a range of genetic backgrounds, which may help us to improve genetic-based diagnosis, prognosis, and treatment.

Which cell types should be studied?

Because neurological diseases often stem from effects on specific cell types, it is crucial to consider the impact of disease-associated variants within and between the diverse cell types that make up the brain. Which cell type(s) to study for a given disease might be answered by relying on clinical data, imaging studies, animal studies, and publicly available expression data of *in vivo* and hiPSC-derived cells (e.g., www.brainrnaseq.org; <http://corteccon.neuralsci.org/>), to determine which cell types express the gene of interest or are affected by disease.

Advances in directed differentiation protocols largely reflect an improved understanding of, and ability to recapitulate, the

growth factors and regionalization factors present during neurodevelopment. To date, efficient differentiation protocols for most of the major neural cell types, including cortical neurons, dopaminergic neurons, astrocytes, oligodendrocytes, and microglia have been established and validated across multiple sites (Schwartzentruber et al., 2018). Using these classical differentiation protocols, the purity of differentiated neural cell populations can reach 80%; however, extensive variability can occur between hiPSC lines of different genetic backgrounds, both in the yield of the desired cell type and in the composition of the undesired cells (Hoffman et al., 2017).

Extrinsic growth factors applied during the course of these differentiation protocols ultimately result in changes in signaling and transcription factor activity within the differentiating cells. Identifying the key transcription factors regulating specific neural fates, either through screening of candidates (Vierbuchen et al., 2010; Pang et al., 2011) or unbiased genomewide screening (Liu et al., 2018; Tsunemoto et al., 2018), enables the direct induction of neural fate by overexpression of critical transcription factors. Today, several protocols are widely used: for example, overexpression of *NGN2* rapidly generates a nearly pure neuronal population with glutamatergic forebrain identity (Zhang et al., 2013; Ho et al., 2016), whereas overexpression of *DLX2* and *ASCL1* produces GABAergic neurons (Sun et al., 2016; Yang et al., 2017).

A comprehensive overview of some of the most reliable differentiation and induction protocols for the major neural cell types is provided in Table 1, including a comparison of the yields and timelines. Although classical differentiations can achieve enriched cultures, as noted above, they often produce impure, mixed populations of different cell types with varying compositions and maturities over more protracted time courses. Advanced transcription factor induction-based protocols, on the other hand, generate cell types at higher purities, effectively reducing the variability within and between experiments. This higher purity enables the assembly of more complex, defined populations with known cell-type compositions to study cell-

type interactions. Another advantage of induced neurons is an accelerated functional maturation, achieving electrophysiological maturity at earlier time points than their classically differentiated counterparts (Meijer et al., 2019; Rhee et al., 2019).

Nonetheless, neurons differentiated and induced from hiPSCs most resemble fetal cells (Nicholas et al., 2013; Brennand et al., 2015), whereas neurons directly induced from aged somatic fibroblasts maintain aged markers (Pang et al., 2011; Mertens et al., 2015b), suggesting that the choice of neural generation methods might reflect whether the experimental objective is to query development, disease risk, or later aspects of disease state.

In contrast to 2D differentiation or induction methods, 3D organoids techniques generate a self-organizing brain-like structure containing several different cell types (see companion Dual Perspectives article; Li et al. 2020). While these models reflect improved cellular complexity and are valuable for studying self-organization, migration, and certain aspects of brain architecture, they often display a high degree of variability between donors and experiments (Quadrato et al., 2017; de Souza, 2018), limiting their potential for studying small effect sizes or defined cell types and compositions. More recent protocols achieve higher reproducibility between organoids and experiments (Velasco et al., 2019), and 3D culture makes it possible to use extended differentiation protocols (up to 1 year), facilitating maturation in organoid cultures (Pasca et al., 2015). Overall, by developing a toolbox of methods by which to generate a growing number of cell types in 2D, our collective ability to generate more complex “circuits” is being advanced.

The necessity for modeling the interactions between different cell types is exemplified by schizophrenia, where the genetic data strongly point to an enrichment of genetic risk in glutamatergic and different subsets of GABAergic neurons (Skene et al., 2018). hiPSC-based schizophrenia models have not only reported deficits in glutamatergic neurons (Yu et al., 2014) and GABAergic neurons (Shao et al., 2019), but also neural progenitor cells (Brennand et al., 2015), dopaminergic neurons (Hook et al., 2014), astrocytes (Windrem et al., 2017), oligodendrocytes (McPhie et al., 2018), and microglia (Sellgren et al., 2019). There are consistent difficulties in resolving the primary cell type underlying disease and the complex interactions of cell types that produce clinical phenotypes, which may be better addressed using defined coculture populations.

Ultimately, the ability to separate cell-type-specific signatures from these complex populations, by single-cell analyses (Skene et al., 2018; Lang et al., 2019), FACS-based physical separation (Arlotta et al., 2005), biochemical ribosome-tagged separations (Sanz et al., 2009; Lesiak and Neumaier, 2016), and/or computational strategies (for review, see Avila Cobos et al., 2018), will allow the deconvolution of cell-type-specific effects, alone and in coculture with other cell types.

Overall, a variety of protocols for the generation of distinct subtypes of neurons and glia have now been reported, using both differentiation and induction approaches. By developing an expanded set of methodologies by which to generate increasingly defined neural cell types, we are progressively able to construct cocultures of more advanced and complex neuronal models to tackle underlying mechanisms and interactions in disease relevant readouts.

Assays for resolving disease-relevant insights

Experimental readouts can comprise a variety of unbiased omics (transcriptomics, epigenetics, and proteomics) approaches, functional evaluation of populationwide activity and single-cell elec-

trophysiology, and/or disease-specific cellular and biochemical assays (Fig. 1). Recent advances, particularly at the single-cell level, have begun to yield remarkable insights linking genotype, gene expression, and function. For example, single-cell RNAseq of hiPSC-derived dopaminergic neurons derived from patients with Parkinson's disease yielded a pseudo-time analysis that temporally ordered differentially expressed genes and prioritized the transcriptional repressor histone deacetylase 4 (*HDAC4*) as a putative driver gene (Lang et al., 2019). Single-cell electrophysiological analyses can also resolve genotype-associated presynaptic and postsynaptic deficits, particularly when low numbers of disease and control isogenic neurons are “sprinkled” onto a shared neuronal lawn to generate sparse connectivity cultures (Schrode et al., 2019; Zaslavsky et al., 2019). New methods, such as “optopatch,” will hopefully yield increased scalability of single-cell recordings of neuronal activity (Kiskinis et al., 2018).

In conclusion, hiPSCs represent a powerful platform with which to observe important biological characteristics and cellular interactions in the context of disease or drug treatment.

Advances in CRISPR-mediated strategies

Isogenic comparisons reduce the variation introduced by genetic background and enable focused investigation of the impact of one or more variants. Advances and widespread application of CRISPR technology enable rapid manipulation of the genome (e.g., generation of isogenic controls) but also facilitate transient manipulations and changes to the epigenome (for review, see Pulecio et al., 2017; Adli, 2018).

The CRISPR/Cas systems are widely used for efficient KO of genes in a heterozygous and homozygous manner, through indel formation via nonhomologous end joining, homology directed repair, or knock-in (for review, see Powell et al., 2017). To remove or invert larger genomic loci, multiplexing CRISPR approaches can be applied. CRISPR systems function through a catalytic or nuclease null “effector” protein that is guided via a synthetically derived RNA. The Cas9 effector is most prominently used in CRISPR-based applications; however, new effectors, such as Cpf1 identified in different bacterial species, have been adapted to increase editing specificities or broaden targeting ranges (Zetsche et al., 2015; Singh et al., 2018).

CRISPR activation or inhibition (CRISPRa/i) can directly modulate endogenous expression levels of one or more genes, through the recruitment of an additional effector protein by an inactive dCas9 (for review, see Vora et al., 2016). Interestingly, the efficiency of CRISPRa/i can vary by donor and cell type, emphasizing the need to carefully validate the platform for each experiment (Ho et al., 2017). New CRISPR systems (CasRx) can modulate RNA, rather than DNA, making possible the perturbation not just of mRNA levels, but also alternative splicing patterns (Koneremann et al., 2018). By coupling incompatible Cas9-, Cpf1-, and CasRx-based CRISPRa/i approaches, bidirectional and combinatorial perturbations should be feasible. For a more permanent modulation that can be passed onto daughter cells, effectors targeting the epigenome (Hilton et al., 2015; Liu et al., 2016) can be used. CRISPR can even be used to modulate and study the 3D genome via CRISPR-GO, redirecting specific loci to nuclear compartments (Wang et al., 2018). Ultimately, unbiased genomewide CRISPR KO, CRISPRa, and/or CRISPRi screens will make the discovery of novel regulators of cell fate, neuronal function, and disease processes possible (Kurata et al., 2018; Sanson et al., 2018; Tian et al., 2019).

In conclusion, hiPSC-derived neural cells are an invaluable tool for the study of human neurodevelopment and neuropsychi-

atric diseases, enabling the modeling of monogenic as well as complex genetic disorders and interacting biological factors. Incorporating rigorous diagnostic criteria and further patient stratification, as well as isogenic controls, can add further value to disease models. Ultimately, elucidation of the genetic factors underlying disease risk, of the cellular processes of disease initiation, and of the associated pathological mechanisms, offers the possibility to interfere with disease risk before clinical disease onset. Overall, hiPSC-based models represent an important tool with which to advance genetic diagnosis and to optimize drug-screening platforms for drug discovery.

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