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Review



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Author for correspondence:

Janna C. Nawroth e-mail: jnawroth@gmail.com

Multiscale mechanics of mucociliary clearance in the lung

Janna C. Nawroth¹, Anne M. van der Does², Amy Ryan (Firth)^{3,4} and Eva Kanso⁵

¹Emulate Inc., Boston, MA 02210, USA

²Department of Pulmonology, Leiden University Medical Center, 2300 RC Leiden, The Netherlands

³Hastings Center for Pulmonary Research, Division of Pulmonary, Critical Care and Sleep Medicine, Department of Medicine, ⁴Department of Stem Cell Biology and Regenerative Medicine, and ⁵Aerospace and Mechanical Engineering, University of Southern California, Los Angeles, CA 90033, USA

(D) EK, 0000-0003-0336-585X

Mucociliary clearance (MCC) is one of the most important defence mechanisms of the human respiratory system. Its failure is implicated in many chronic and debilitating airway diseases. However, due to the complexity of lung organization, we currently lack full understanding on the relationship between these regional differences in anatomy and biology and MCC functioning. For example, it is unknown whether the regional variability of airway geometry, cell biology and ciliary mechanics play a functional role in MCC. It therefore remains unclear whether the regional preference seen in some airway diseases could originate from local MCC dysfunction. Though great insights have been gained into the genetic basis of cilia ultrastructural defects in airway ciliopathies, the scaling to regional MCC function and subsequent clinical phenotype remains unpredictable. Understanding the multiscale mechanics of MCC would help elucidate genotype-phenotype relationships and enable better diagnostic tools and treatment options. Here, we review the hierarchical and variable organization of ciliated airway epithelium in human lungs and discuss how this organization relates to MCC function. We then discuss the relevancy of these structure-function relationships to current topics in lung disease research. Finally, we examine how state-of-the-art computational approaches can help address existing open questions.

This article is part of the Theo Murphy meeting issue 'Unity and diversity of cilia in locomotion and transport'.

1. Introduction

The adult human lung has a surface area of roughly 80–200 m² and it processes 10 000 l of air daily for gas exchange [1,2]. The continuous passage of air exposes the lungs to inhaled microbes, particulates and harmful gaseous compounds. Defence mechanisms include coughing, anatomical barriers, adjustable flow dynamics, airway epithelial host defence and the immune system; however, the foremost defence system is mucociliary clearance (MCC) [3,4]. In MCC, the motile cilia of the airway epithelium continuously transport a thin layer of mucus out of the lungs, taking with it all trapped matter (mucus escalator) and thereby cleansing the epithelial surface. The biomechanics of MCC have been studied extensively in both experimental and theoretical models of ciliated epithelia, mostly without taking into account the context of organ function or specific lung microenvironment [5,6]. Focusing on this reduced model has been pivotal for revealing universal mechanisms of ciliary function and mucus transport, including the origins of beat polarity [7] and metachronal beat [8], as well as their disruptions in airway disease [9]. However, many current challenges in human respiratory research cannot be adequately addressed unless we understand how MCC biomechanics scale from the individual cilia to the clinical phenotype. That is to say, we need to link cellular properties via tissue mechanics to mucus transport throughout the lungs. Here, we discuss the important biological role of (i) the variable structural and kinematic



Figure 1. Elements and mechanics of MCC. (*a*) Brush-on-gel model of MCC: goblet cells produce gel-forming mucins that constitute the mucus layer as well as brush forming mucins in the PCL that tether to cell membranes. Multiciliated cells propel the mucus layer during the power stroke (black solid arrow) and move through the PCL during the recovery stroke (black dashed arrow) to achieve directional mucociliary clearance (orange solid arrow). (*b*) Important structure–function relationships of MCC at cellular and tissue level, including ciliary beat kinematics which depend on ciliary ultrastructure; metachronal beat facilitated by hydrodynamic coupling (HC) and, in interaction with the ASL rheology, leading to fluid flow; and rotational and tissue-level polarity of ciliary beat which is modulated by planar cell polarity (PCP) signalling, mechanical coupling (MC) of cytoskeletal elements and potentially the feedback from directional fluid flow forces. (Online version in colour.)

properties associated with different spatial scales, lung regions and disease states, and (ii) the functional consequences of this diversity on ciliary mucus transport in health and disease. Given that direct experimental studies in the human lungs remain impractical, we also discuss new powerful computational modelling tools that have the capacity to integrate and investigate the spectrum and scaling of ciliary structure, function and fluid flow *in silico*.

2. The multiscale mechanics of mucociliary transport in the human airways

MCC is powered by an estimated 2×10^{12} motile cilia that propel a layer of mucus towards the larynx [3,4]. Healthy airway epithelia contain mostly multiciliated cells and are covered with an airway surface liquid (ASL) consisting of two components, a mucus layer near the tip of the cilia that is propelled by the ciliary power stroke and entraps inhaled particles and foreign pathogens, and a low-viscosity periciliary layer (PCL) in between the cilia that facilitates the ciliary return stroke (Gel-on-Liquid model) [3,10]. According to recent studies, the PCL additionally contains a fine matrix mesh that prevents mucus from seeping into the PCL (Gel-on-Brush model) [10] (figure 1a). Despite the relative simplicity of MCC, experimental and computational studies have revealed a sophisticated hierarchical tissue organization underlying the ciliary-powered transport mechanism (figure 1b). On the organelle level, this includes the well-defined ultrastructure, orientation and beat kinematics of individual cilia, all of which are thought to depend on genetically pre-programmed processes, including planar cell polarity signalling [11]. Indeed, many pathologies affecting MCC are rooted in gene mutations that cause ultrastructural defects of the ciliary apparatus [12]. A striking level of organization arising from the properties of individual cilia is their metachronal beat synchronization, which is thought to reflect passive hydrodynamic coupling rather than active coordination [8]. Two important organizational features are the rotational polarity of all cilia in a given cell, and the collective polarity of multiple ciliated cells in a plane [13]. This multi-level organization may also depend on collective ciliary beat rather than being genetically hard-coded. Specifically, tissue-wide beat polarity can be fine-tuned through sensing of, and alignment to, the dominant cilia-powered flow direction [14]. Mechanical interaction of ciliated cells via cytoskeletal links also appears to

contribute to both rotational and tissue-wide polarity [15]. In addition to the role of ciliated cells, ASL rheology is a major factor that determines the mechanics and efficiency of MCC, and altered fluid properties contribute to the severe disease symptoms of asthma and cystic fibrosis [9,16].

These well-known relationships suggest that establishment and maintenance of MCC depends on a highly conserved structural organization of the ciliary epithelium. A recent study suggests the importance of structural heterogeneity in tracheal MCC [17]. However, the geometry of the airways as well as the proportion of ciliated and mucus-producing cell types also vary greatly by lung regions and it is currently not clear if these changes affect local MCC.

Briefly, the lung tracheobronchial tree is functionally divided into a conducting zone formed by bronchi and bronchioles, and a respiratory zone formed by respiratory bronchioles, alveolar ducts and finally the alveoli, where gas exchange occurs (figure 2). Though quantitative data from human lungs are sparse, it is known that throughout the respiratory tree, duct diameter and cellular composition of the airway epithelium change as a function of branching generation. This review focuses on the range from trachea to respiratory bronchioles, as this is where ciliated cells are present (figure 2). The trachea and bronchi are lined by a pseudostratified epithelium formed by a variety of cells including approximately 50% of ciliated cells, approximately 12% of secretory (mostly goblet) cells and approximately 20-30% of basal cells, in addition to undifferentiated cells [18,20]. As the airways continue to branch into bronchioles and decrease in diameter, a decrease in density of basal and mucus-producing goblet cells is observed, whereas club cells, which are thought to produce watery secretions, become more prevalent in the small airways (diameter < 2 mm) compared to the large airways (diameter > 2 mm). By contrast, the density of ciliated cells remains relatively unchanged [19]; however, total cell density is lower in the small airways, possibly reflecting larger cell bodies as the epithelium becomes more cuboidal in the small airways [18], resulting in a higher relative proportion of ciliated cells [21,22]. The effect of these compositional changes on MCC remains unclear, partly because we are lacking quantitative data on the surface area and spatial distribution of cell types (e.g. random or clustered). Also, as should be pointed out, the cell type proportions listed above might be updated in the future since these numbers are based on relatively few studies which differ in species, tissue preparation methods



Figure 2. Variability of lung epithelial composition in the tracheobronchial tree. The relative abundance of ciliated, secretory goblet and club cells, as well as basal cells changes as a function of airway branching level and diameter. Cell percentage values estimated from Crystal *et al.* [18] and Mercer *et al.* [19]. (Online version in colour.)

mucociliary clearance in interaction with complex mechanisms



Figure 3. Three research areas that involve the intimate relationship between MCC and local lung environment. (Online version in colour.)

and quantification metrics and often contradict each other. For example, it was found in both human and rat lungs that the percentage of ciliated surface area increases in the distal airways [19], which contradicts the findings in mice [23]; however, currently, it is impossible to attribute the conflict to either species-species differences or differences in methods. In addition to these common and well-described cell populations, there are likely other, rarer cell types in the human airways that thus far have mainly been characterized in rodent airways, including (chemosensory) brush or tuft cells [24-26], solitary chemosensory cells (SSC) [27] and ion-gating ionocytes [28]. There is also evidence for functional subtypes of club cells in rodents [28] and locationand disease-associated subtypes of ciliated cells in humans [26]. Their functional roles remain to be discovered; however, it is already evident that even sparse cell types may greatly affect mucus clearance from the lung, as in the case of ionocytes, which make up only 1% of all cells in the mouse airway epithelium yet greatly modulate airway fluid and mucus physiology [28].

Additionally, the mucus environment also depends on the lung region. From the trachea until the termination of the cartilaginous bronchioles, secretions of mixed submucosal glands [29] and goblet-cell-derived mucus comprise the bulk of ASL in the large airway region, whereas in the smaller airways, the mucus produced by goblet cells is likely gradually replaced by watery club-cell secretions [20]. Accompanying this anatomical diversity between lung regions, there is also evidence for a generally higher ciliary beat frequency (CBF) in the large airways compared to the small airways [30], and considerable variance of at least some cellular parameters within the same region, such as ciliary beat angle [31].

3. Relevancy of multiscale mucociliary clearance for human health

The regional and local variability of airway morphology suggests a potential link between lung anatomy and MCC function, as well as susceptibility to disease. Here, we examine three areas of research that could particularly benefit from further insights into this relationship: regional airway diseases, microbe–host interactions and genotype–phenotype relationships (figure 3).

(a) Region-specific airway function and disease

The variable organization of the airway epithelium raises the question of whether MCC differs between lung regions, and what the functional consequences could be for health and disease. As detailed above, the density of mucus-producing goblet cells in the respiratory epithelium gradually reduces with the branching of the airways until near zero [19]; this relationship might reduce the risk of clogging narrow airways with mucus and may affect mucus composition in different regions of the lungs. Indeed, regional differences in ASL composition were already demonstrated in canines [32] and it would be interesting to determine if this also holds true in humans, whether it correlates with secretory cell abundance and what the local effects are on CBF and MCC. This is especially interesting since chronic inflammatory lung diseases such as asthma and chronic obstructive pulmonary disease (COPD) are characterized by goblet-cell hyperplasia and metaplasia, resulting in mucus hypersecretion [33]. Understanding the consequences of this remodelling on local ASL composition and MCC (e.g. in the large airway versus the small airway environment) would be highly informative for therapeutic strategies.

In addition to local changes in ASL composition, there are multiple other factors that can modulate CBF and MCC and could thereby contribute to lung disease. For example, CBF is sensitive to temperature, ATP availability, pH and mucus viscosity [34-36]. Especially in disease, these factors may be altered locally [34], thereby changing CBF and contributing to impaired MCC. One intriguing hypothesis is that MCC is not the only transport function accomplished by airway cilia and that some lung regions have a ciliary organization tuned towards facilitating other fluid interactions attributed to motile cilia, such as fluid mixing [37] or mechanochemical sensing [38]. For example, it has been proposed that surfactants are mixed into the ASL in order to reduce surface tension and prevent mucus bridging, especially in the small airways [39]; hence, it would be very interesting to investigate whether the small airway ciliary mechanics were found to enhance fluid mixing, which could facilitate the homogeneous distribution of surfactant in the ASL. Alternatively, the regional organization of the airway epithelium could reflect an allometric scaling law by which homogeneous MCC is achieved across the complex branching geometry of the lung.

Understanding region-specific airway function in combination with lung-wide flow mechanics will also provide insights into why, in lung disease, regions of the lungs are differentially affected. For example, patient-specific inhalation patterns of cigarette smoke, an established risk factor for COPD, correlate with disease phenotype. Specifically, the degree by which smoke is inhaled into the alveolar space positively correlates with the risk of developing emphysema, which destroys the alveolar space, and negatively correlates with developing bronchitis and productive cough, which indicates interception of smoke by ciliated airway surfaces [40]. Currently, it cannot be discriminated whether altered smoke inhalation is causal or a consequence of patientspecific disease phenotypes. Probing the interaction between airflow, particle deposition and (locally) defective MCC could help us understand patient-specific penetration and residence time of noxious particles in the alveolar and airway spaces. For example, in some patients, the small airways may accumulate noxious particles more readily and hence be more susceptible to damage [41]. Indeed, certain patterns of small-airway branching can cause increased susceptibility to COPD [42]. Further, in asthmatic and COPD subjects, altered expiratory flow patterns were associated with lung

regional impairment of MCC [43]. Both examples further indicate that airflow dynamics and associated patterns of particle deposition also matter.

In general, in airway disease, MCC is often negatively affected [44], either due to changes in mucus composition and production (due to detrimental effects on ciliary function or cell number) or due to altered patterns of airflow and particle deposition in obstructed airways. Indeed, radioactive particle tracing has revealed that the combination of these mechanisms can lead to disease-specific impairments of MCC; for example, in cystic fibrosis, reduced MCC of the small airways leads to prolonged particle retention in these regions [45]. In addition, MCC of the small airways have been shown to decline with age [46]. Furthermore, cigarette smoke exposure results in reduced cilia length [47], ciliophagy [48] and airway epithelial remodelling with reduced levels of ciliated cells [49]. In addition, flavouring chemicals in electronic cigarettes were demonstrated to negatively affect ciliated cell number [50] and impair ciliary beat [51]. Since ciliary density is directly related to the distance mucus can be transported [52], altered ciliary densities through damage or in airway disease could directly lead to mucus congestion. Cigarette smoke may also impair MCC by negatively affecting the expression of cystic fibrosis transmembrane regulator (CFTR), an important ion channel for maintaining proper mucus osmolarity [53,54]. Clearly, an important role of impaired MCC in disease symptoms and development has been established. However, to our knowledge, the impairment, sensitivity and contributions of different lung regions remain mostly unknown, and our understanding of airway disease development would greatly benefit from exploring the role of regionally specific and locally impaired MCC.

(b) Microbe-host interactions

In healthy individuals, the presence of a low-abundant microbiota in the airways is a result of a constant turnover of microbes entering by inhalation and microaspiration and exiting by MCC and cough [55]. MCC normally dominates this process but when it is impaired, for example, in patients with (chronic) airway diseases, a third factor contributes to the composition of the microbiota: local bacterial growth conditions. These conditions are shaped by, for example, host–microbe interactions, epithelial host defence, pH, temperature and others, and if they are favourable to growth, they can support the unwanted outgrowth of bacteria into these niches and cause the altered microbiota composition in patients with airway disease [56].

Although little is known about the direct effects of bacteria or bacteria-derived mediators on MCC, toxins derived from the lung-disease-associated pathogens *Pseudomonas aeruginosa* and non-typeable *Haemophilus influenzae* were demonstrated to slow down CBF, most likely by affecting intracellular adenosine nucleotide levels [57]. Similarly, the whooping-cough-causing pathogen *Bordetella bronchiseptica* produces a ciliostatic toxin that is key to early colonization events [58]. Such bacteria-mediated damage to MCC could contribute to the local outgrowth of specific bacteria as seen in patients with COPD or cystic fibrosis. Conversely, host defence mechanisms can also respond to the increased presence of bacteria or noxious compounds by enhancing MCC. Specifically, motile cilia express specific taste receptors that sense bitter compounds, such as bacterial

products or nicotine, and sweet taste receptors that can detect the local reduction in sugar compounds due to microbial activity. Taste receptor activation causes nitric oxide (NO)mediated increases in ciliary beat frequency and hence MCC [59,60]. A combination of factors such as bacterial phenotype, infection stage, released virulence factors and other stressors therefore contribute to whether MCC defences are increased or weakened by bacteria. Changes in mucus composition can further promote bacterial outgrowth; for example, changes in mucus pH can impair bacterial clearance from the mucus [61] or mucus plugging could favour the outgrowth of anaerobic bacteria [62]. Strikingly, it was demonstrated that these anaerobic bacteria subsequently break down mucus, thereby releasing amino acids and short-chain fatty acids that serve as nutrients for the outgrowth of other bacteria that would normally not be able to survive in the lungs [62]. These local bacterial niches are especially evident in patients with (end-stage) chronic lung disease [56] and could therefore locally affect MCC, further aggravating disease or contribute to development of disease exacerbations. A better understanding of the extent to which microbiota shifts affect MCC, and by which mechanisms, could contribute to the development of therapies that aim at normalizing MCC.

Besides bacteria, viruses also actively target ciliated cells or ciliary function. For example, human immunodeficiency virus (HIV) suppresses ciliogenesis and tracheobronchial MCC and decreases expression of CFTR via transforming growth factor β (TGF-β) signalling [63]. Human parainfluenza virus type 3 (PIV) preferentially infects ciliated cells [64] as does human respiratory syncytial virus (RSV) [65]. Ciliary dyskinesia is therefore an early sign of RSV infection [66]. Within 24 h of infection in nasal epithelial cells, virus was observed on the apical surface of ciliated cells, but not on the ciliary axoneme [66], and ciliary dyskinesia was present. Little is known about how these virus infections affect MCC and how widely and quickly the damage manifests in the airways. By better understanding the local conditions, possibly therapies could be developed that do not need to target the virus itself but could stimulate MCC to prevent local mucus stagnation and accumulation of noxious or inflammatory stimuli.

(c) Genotype-phenotype relationships

Genetic mutations of either motile or chemosensory ciliary function can lead to airway disease. Inheritable diseases that impair ciliary motility are collectively known as primary ciliary dyskinesia (PCD) [67]. In the airways, PCD is broadly associated with chronic bronchitis, sinusitis and atelectasis, and these symptoms have been attributed to defective clearance of lung mucus. PCD is the result of recessive mutations in one or many genes, with at least mutations in 37 separate loci identified and linked to specific ultrastructural abnormities of the ciliary axoneme [12]. These recessive mutations account for around 70% of the diagnosed cases of PCD and can present as a spectrum of ciliary defects. A typical multiciliated respiratory epithelial cell contains 200-300 cilia [68]. In the past, severely reduced ciliation, now known as reduced generation of motile cilia (RGMC), was often attributed to infection, poor sample preparation for analysis or more generically as 'ciliary aplasia'. Through genome sequencing, mutations in genes such as Cyclin O (CCNO) and multicilin (MCIDAS), found in a highly conserved region of chromosome 5, were discovered to result in decreased basal body replication and migration to the airways apical surface, resulting in reduced ciliation [69–71]. These mutations likely occur more frequently than previously diagnosed and lead to severe clinical manifestations. Attributing a genetic basis for ciliary aplasia reconfirms the gamut of genotypes and phenotypes that could lead to defective motile cilia in the airways.

In most instances of PCD, cilia with different PCD genotypes are associated with characteristic defects in the ciliary length, waveform and beat kinematics [72]. However, there has not been a clear relationship between genotypes, motility defects, MCC and respiratory phenotypes. Subsequently, many genotype-phenotype relationships remain unexplained and surprising. For example, CCDC39 and CCDC40 mutations (causing microtubular disorganization) lead to ciliary dysmotility or immotility that appears similar to the effects of other gene mutations; however, subjects with CCDC39 and CCDC40 are more likely to develop more severe pulmonary disease [73], suggesting that small differences in ciliary defects can manifest in substantially different clinical outcomes. Interestingly, CCDC39 and CCDC40 mutations result in absent inner dynein arm, misplaced radial spokes and microtubular disorganization in only a subpopulation of cilia [74]. Also, the resulting ciliary motility defects are variable, ranging from altered waveform and reduced ciliary beat frequency to immobility. Further studies are needed to understand whether this mechanical heterogeneity is sufficient to increase the detrimental effects of the mutation on MCC compared to a more homogeneous impairment of ciliary function. In general, research is needed to address the question of how ultrastructural defects and their combinations manifest in MCC and at the clinical level.

As prospective longitudinal studies are being carried out evaluating genotype with clinical features, correlations with lung function are starting to emerge. Subjects with absent inner dynein arm, central apparatus defects and microtubular disorganization have worse lung function and a greater decline in lung function over time than those with the more common outer dynein arm mutations DNAH5 [75]. Although yet to be identified, it also remains plausible that complex heterozygosity with allelic mutations in two different PCD genes could lead to mild symptomatic disease. In-depth understanding of how specific ultrastructural defects change the lungs capacity for MCC will be critical to understanding the heterogeneity and complete range of ciliopathy-related diseases.

As mentioned earlier, motile cilia of the airways also have sensory capabilities, such as sensing bitter compounds. Sensory activation leads to increased beat frequency [38] and enhanced MCC [76] which is thought to more effectively clear pathogens and toxins. Indeed, genetic variants of the chemosensory receptors that are linked to reduced sensitivity increase the susceptibility to respiratory infection [60]. It would be very interesting to map chemosensitivity and beat frequency response as a function of airway region and to study how this distribution might affect airway defence.

In conclusion, systematically integrating research on MCC with genetic, cellular and clinical studies could help identify (regional) genotype–phenotype relationships and ultimately link the onset and progression of respiratory disease to specific gene mutations, yielding enormous opportunities for improving diagnostics and treatment options. As discussed in the final section, one way to advance this integration of biological data is to develop and employ computational models of MCC.

4. Computational models of structure-function relationships in mucociliary clearance

Mathematical modelling has been mainly concerned with describing, deciphering and predicting three aspects of cilia mechanics: (i) the molecular underpinnings of ciliary oscillations [77-81], (ii) the emergence of cilia coordination and metachronism [82-87], and (iii) cilia-driven flows. Cilia-driven flows are typically of the order of $100 \,\mu m \, s^{-1}$, implying that inertia is negligible and viscous forces are dominant, even at low fluid viscosities (e.g. in water). Fluid transport in this drag-dominated regime is not intuitive. It depends on both the cilia asymmetric beating pattern and the metachronal coordination between neighbouring cilia. A great deal of research effort focuses on transport by planar and spatially homogeneous arrays of cilia with prescribed kinematics and coordination, as reviewed in Smith et al. [5]. These models typically consider single- or two-layer Newtonian fluids, with particular interest in the effect of fluid viscosity or the viscoelastic properties of the mucus layer on the overall mucociliary transport [88]. The outcome is to quantify beataveraged flow profiles across the ASL depth, and the effects of altered fluid rheology, CBF, cilia-mucus penetration and other parameters on these flow profiles, as well as the relation between transport and mixing of passive tracers [37]. However, rigorous assessment of the merits of these models in comparison to experimental findings remains sparse [5]. At present, there is no experimental benchmark under agreed upon 'nominal' and 'altered' cilia conditions that can be used as a testbed for theoretical and computational models [89]. To evaluate mathematical models, we need to compare their behaviour to experimental results, but, more importantly, we need to test their predictive ability under altered conditions. A major difficulty arises from the fact that the MCC system is composed of multiple scales that are coupled together via mechanical and chemical feedback and feed-forward loops from mucus mechanics, to cilia beat kinematics, to molecular motor activity. Many of the loops in this hierarchical organization are not well understood, as highlighted earlier. Mathematical modelling could play an important role in formulating and testing hypotheses regarding the interdependence of these distinct hierarchies. To succeed in this mission, we need, in addition to new models with increasingly more accurate rheology and fluid mechanics, (i) models that connect the molecular machinery underlying cilia oscillations to cilia beating and cilia coordination, taking into account chemical signalling to and from the epithelial cells; (ii) multiscale models that account for spatial heterogeneity in cilia distribution and parameters

and that link them to cilia coordination and to mucus secretion and transport; and (iii) the integration of more accurate biological data with the new generation of computational models. A particularly exciting research direction would be to employ high-content imaging [72,90] to connect these theoretical models to experimental observations [91].

5. Conclusion

MCC is a major defence mechanism of the lung whose impairment can cause tissue damage and respiratory stress contributing to the development of a variety of lung diseases. As discussed, it is a significant challenge to understand how (regional) differences in MCC contribute to the onset and progression of airway disease because of the many variables involved. For once, the structure-function relationships of MCC in the human lung span multiple spatial scales, ranging from the beat of nanoscale organelles to clinically observable 'productive cough'. The establishment of functional MCC depends on both hard-wired genetic and dynamic tuning mechanisms. Adding to this complexity are the regional variability of the cellular and extracellular elements of MCC as well as their dynamic interactions with environmental factors, such as particles and bacteria. Moreover, MCC function is sensitive to noxious effects of harmful agents it is designed to clear. Recently, however, promising advances have been made towards disentangling these complex interactions: human tissue engineering can be applied to reverse-engineer select defects of MCC using patient-specific induced pluripotent stem cells and to thereby verify and investigate disease mechanisms [92]. We are proposing that computational tools could be very helpful in integrating these and other experimental data and predicting the relative role individual biological factors may play in stabilizing or disrupting MCC, and to what effect. Combining these computational and empirical models would greatly help in extrapolating genetic and cellular properties to clinical phenotypes and aid the development of new diagnostic tools and treatment options.

Data accessibility. This article has no additional data.

Authors' contributions. J.C.N. and E.K. designed the outline and scope of the review. J.C.N. drafted the manuscript. All authors helped to write and critically review the work and gave final approval for publication.

Competing interests. We declare we have no competing interests.

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