#### SINE QUA NON RADIOLOGY-PATHOLOGY

# Sinonasal Myxoma: A Distinct Lesion of Infants

Parth Mewar<sup>1</sup> · Karen E. González-Torres<sup>2</sup> · T. Matthew Jacks<sup>3</sup> · Robert D. Foss<sup>1</sup>

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#### Abstract

An 11 month old Caucasian male presented with swelling of the right side of the nose and buccal vestibule of unknown duration. Radiographic images revealed a well-circumscribed, hypodense soft tissue mass with a peripheral hyperdense circumference involving the anterior aspect of the right maxilla. The lesion extended from the inferior aspect of the orbital rim superiorly to the maxillary bone inferiorly without invading any nearby structures. The lesion was completely resected via combined extraoral and intraoral approach. The clinical, radiographic, histologic and immunohistochemical features of a sinonasal myxoma in an infant are discussed.

Keywords Myxoma · Sinonasal · Infant · Pediatric · Beta-catenin · Radiology

# History

An 11 month old Caucasian male with right sided paranasal swelling that had increased in size over several weeks, and was suspected to be of odontogenic origin, was referred to the Oral and Maxillofacial Surgery Department by

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Parth Mewar parth.mewar.mil@mail.mil

- <sup>1</sup> Head and Neck Pathology, Joint Pathology Center, 606 Stephen Sitter Ave., Silver Spring, MD 20910-1290, USA
- <sup>2</sup> Oral and Maxillofacial Pathology, US Army Dental Activity, Fort Bragg, NC, USA
- <sup>3</sup> Eugene, OR, USA

Otorhinolaryngology. Clinical examination revealed a nontender, firm fullness in the right lateral nasal area with mild intraoral swelling of the right maxillary vestibule. The nose was somewhat elevated and the skin slightly stretched. The patient was healthy, had no other symptoms, and no history of trauma or co-morbid conditions.

# **Radiographic Features**

The initial computerized tomography (CT) scan (Fig. 1) revealed a well-circumscribed, hypodense intra-osseous mass with a mostly intact bony periphery in the anterior aspect of the right maxilla. The lesion extended from the inferior aspect of the orbital rim superiorly to the alveolar process inferiorly without invading any nearby structures. The orbital floor (superior maxillary sinus wall) and the medial sinus wall were intact. The lesion abutted the right orbital floor and nasolacrimal duct and appeared to be related to the root of the right maxillary canine tooth. An anterior dehiscence was present with a focal area of soft tissue prominence. The initial impression was that of an expansile lesion of the right maxilla, suggestive of dental origin. Based on these findings, the patient underwent a transoral excisional biopsy. After the histologic diagnosis was established, magnetic resonance imaging (MR) was performed 6 days post-biopsy and compared to the initial CT scan. The MR (Fig. 2) revealed a T1 isointense and T2 bright expansile soft tissue mass in the right maxillary





**Fig.1** Axial (**a**) and coronal (**b**) views on CT scans demonstrate a well-circumscribed, expansile, hypodense soft tissue mass with a peripheral hyperdense circumference in the right maxilla, anterior to the right maxillary sinus. **a** Encroachment of the anterior wall of the

right maxillary sinus and right lateral nasal wall without invasion of nearby structures. **b** The lesion extends from the inferior aspect of the orbital rim superiorly to the maxillary bone inferiorly



Fig. 2 Axial view on MR displaying a T1 isointense and b T2 fat saturated bright expansile soft tissue mass in the right maxilla demonstrating peripheral enhancement with a small, central non-enhancing area

bone at the level of a right primary maxillary tooth root. The mass demonstrated peripheral enhancement with a small non-enhancing central area. Complete opacification of the right maxillary sinus, similar to the initial CT, was noted. The MR was not definitive as to whether the findings were of inflammatory, post-surgical origin or represented a residual soft tissue lesion. After presentation at a collaborative multidisciplinary conference, it was determined that the lesion be completely excised. Follow-up MR at 5, 36, and 48 months post-resection demonstrated no evidence of residual or recurrent lesional tissue.

## Treatment

The patient underwent a transoral excisional biopsy of the right maxillary sinus lesion including extraction of the right primary maxillary canine. At the time of biopsy, the aggressive nature of the lesion was noted with erosion through the maxilla and nasal bone, without penetrating the mucosa, and extension to the inferior orbit. Complete resection of the residual lesion was performed 6 weeks after initial surgery through combined right inferior orbitotomy (transconjunctival approach) and Caldwell-Luc approach. Crawford tubes were placed at the time of surgery to prevent damage to the nasolacrimal duct. Repair of the orbital floor defect was performed with absorbable implant. At 6 weeks postresection surgery, a temporal right lower lid entropion with surgical scar in the inferior fornix was noted but the patient was asymptomatic. Two months later the Crawford tubes were removed early due to displacement. Three months after the resection surgery, the entropion had spontaneously improved and there was no evidence of lacrimal outflow

dysfunction. At the 5 months post-resection visit, the patient had excellent orbital and facial symmetry with no residual entropion; it resolved spontaneously without surgical intervention. There appeared to be no evidence of lacrimal outflow insufficiency or tumor recurrence by MR. The intraoral incision was well-healed. The patient has been monitored by specialty and primary care services for over 48 months and no evidence of recurrence has been identified.

#### Diagnosis

Histologic evaluation of the hematoxylin and eosin stained specimens (transoral excisional biopsy and complete resection) revealed a moderately cellular proliferation of haphazardly arranged, spindled and stellate cells embedded in a fibromyxoid background with slit-like vascular spaces and extravasated erythrocytes. The neoplastic cells had small, hyperchromatic nuclei without significant pleomorphism or atypia and long cytoplasmic processes. Occasional mitotic figures and bands of dense, keloidal-type collagen were present in the lesion (Fig. 3). No necrosis or odontogenic epithelial rests were identified. The tumor was partially encompassed by a rim of reactive bone representing expanded osseous cortex. The lesional spindle cells were weakly immunoreactive for smooth muscle actin (SMA) and Ki-67 demonstrated a low proliferation index. There was strong, uniform nuclear staining with  $\beta$ -catenin (Fig. 4). The margins of the initial excisional biopsy were positive for lesional tissue with little or no adherent normal tissue. Evaluation of the resection specimen revealed negative margins. The clinical and cytomorphologic features supported classification as a sinonasal myxoma (SNM).



**Fig.3 a, b** The lesion demonstrates a moderately cellular proliferation of haphazardly arranged spindled and stellate mesenchymal cells in a fibromyxoid background. The neoplastic cells exhibit elongated

nuclei without significant pleomorphism or atypia (H&E,  $\times 40$ ,  $\times 200$  respectively)



Fig. 4 Strong positive nuclear reactivity with  $\beta$ -catenin (×200)

## Discussion

Myxomas of the head and neck, first described by Virchow in 1871, can be derived from soft tissue or from the facial skeleton [1]. Those arising in the facial skeleton most commonly present in the mandible, followed by the maxilla, are of odontogenic origin [2] and termed odontogenic myxomas. True extragnathic osseous myxomas are extremely rare; McClure and Dahlin identified only 3 out of 5000 bone tumors [3]. Head and neck myxomas involving the maxillary sinus are also rarely encountered and thought to be of osseous origin [4]. They are not categorized as a separate entity by the World Health Organization WHO. Most studies of odontogenic myxomas suggest a female predominance [2, 5-8]. They present in patients ranging in age from 1 to 73 years, but predominate in the second to fourth decades (75%), and only occasionally occur (7.3%) in patients below 10 years of age [2, 7]. Myxomas presenting in patients younger than 24 months old are almost exclusively seen in the sinonasal complex and/or maxilla [9].

The SNM is a rare, benign mesenchymal neoplasm of uncertain histogenesis and etiology that has not been well characterized. It is generally considered a non-odontogenic tumor arising from the sinonasal region [10, 11]. It has been described as a slow growing, expansile, locally destructive, and infiltrative lesion of potentially aggressive behavior with the ability to erode bone [4, 12]. Although often identified in the literature as an odontogenic myxoma and not currently regarded as a distinct entity by the WHO, published reports of SNM [8–10, 12–34] demonstrate remarkably consistent presentations, including age, location, and other clinical features, which are inconsistent with odontogenic myxomas. Table 1 summarizes 37 published cases, including the current case, of SNM found in English language literature since 1951. The average age at presentation was 15.4 months

(2.5–36) with a 1.2:1 male:female ratio. The characteristic clinical presentation is a painless swelling of the affected area, usually the nasolabial or paranasal region. Despite varied descriptors, this classic presentation is reflected in all cases listed in Table 1. Common symptoms include nasal congestion, epistaxis and nasal obstruction. When the tumor extends to adjacent structures, it may cause pain, discomfort, malocclusion and/or diplopia.

Radiographic imaging for both traditional odontogenic myxomas and SNM demonstrate a well-defined, expansile, unilocular or multilocular radiolucent lesion that may or may not infiltrate adjacent tissue. CT and MR studies of SNM exhibit well-defined borders, usually typified by a peripheral hyperintense signal. In contrast, with these advanced imaging modalities, up to 50% of traditional odontogenic myxomas show poor, diffuse or infiltrative radiographic border definition [2, 9]. On gross examination, myxomas are gray–white, nodular, glistening masses of variable consistency, ranging from gelatinous to firm, without a true capsule. The amount of collagen influences the consistency of the lesion and may be demonstrated by prominent white bands that become visible during sectioning [1, 2, 24].

Histologically, odontogenic myxomas and SNM are similar, consisting of a non-encapsulated, loose proliferation of spindled, stellate or round cells with small, hyperchromatic nuclei and thin cytoplasmic projections in a fibromyxoid to mucinous background stroma. Pleomorphism, mitotic figures and necrosis are usually absent [2, 4]. Immunohistochemistry may not be a particularly helpful diagnostic adjunct when evaluating SNM. This is reflected in the case reports and series of infantile SNM since 2000, which all describe positivity for vimentin and negative staining for S100, cytokeratins, BCL2, Alk-1, other neural and muscle markers [9, 10, 12, 22, 23, 25, 26, 28-31, 33]. SMA reactivity, when reported, was focal and weak to negative in SNM [10, 23, 25, 28–31], as well in our described case. Two studies have shown that most, but not all, odontogenic myxomas show reactivity for alpha-smooth muscle actin [35, 36].  $\beta$ -Catenin reactivity in SNM has not been well studied with one reported example of cytoplasmic staining, but staining in this case and one unpublished case suggests the need for further investigation [29]. It is possible that SNM belongs in the spectrum of  $\beta$ -catenin driven mesenchymal lesions affecting the head and neck such as angiofibroma and cranial fasciitis. This also supports the contention of a non-odontogenic origin of SNM, as odontogenic myxomas are not known to express  $\beta$ -catenin. SNM have a consistently low Ki67 demonstrating a low proliferative index [5], as supported in our case and other previously published reports [9, 26, 29]. Traditional odontogenic myxomas rarely contain odontogenic epithelial rests (approximately 5%) [2]. Existing case reports of SNM have not reported the presence of odontogenic epithelial rests in their histologic descriptions and as previously discussed, no cytokeratin positivity has been noted in SNM. The

Study	Age (months)/gender	Clinical presentation	Location	Follow-up period (post-operative months)	Recurrence (post- operative months)
Current case	11/M	Right paranasal and intraoral swelling of the right maxillary vestibule	Anterior right maxilla from inferior orbital rim to the maxillary alveolar process	48	NED
Hansen et al. [34]	36/M	Right nasolabial fold	Maxilla and floor of right orbit	09	NED
Kelly et al. [33]	5/M	Right nasolabial fold and nasolacrimal duct obstruction	Right nasolacrimal mass and eroding left nasomaxillary groove and floor of right orbit	30	NED
Zainine et al. [32]	2.5/NS	Left nasal obstruction and rhinorrhea	Left ethmoid-nasal mass with intra-orbital extension	30	NED
Kadlub et al. [31]	18/F	Paranasal, red overlying skin	Maxilla, orbital rim and nasal cavity	72	NED
	23/F	Paranasal	Maxilla	48	NED
	21/F	Paranasal	Maxilla and orbital rim	18	8 or 14*
	14/M	Paranasal, epiphora	Maxilla and orbital rim	12	8 or 14*
Chen et al. [30]	15/F	Right nasolabial fold	Right maxillary sinus with disruption of ante- rior maxillary wall and medial orbital floor	27	NED
Kansy et al. [29]	12/NS	Left paranasal	Inferior, anterior, medial wall of maxillary sinus and left infraorbital rim	24	NED
	11/NS	Left paranasal, infection left tear duct and eye	Left maxillary sinus and left nasal cavity to left medial canthus and floor of orbit	96	NED
Ríos y Valles-Valles et al. [28]	11/F	Left medial canthus	Anterior aspect of maxillary sinus	48	NED
Safadi et al. [9]	20/M	Left nasolabial mass	Premaxilla, anterior wall of maxillary sinus adjacent to nasal bone and inferior orbital wall	12	NED
latrou et al. [10]	12/M	Left nasobuccal groove	Anterior maxilla to ipsilateral orbit, protrud- ing to left nasal cavity and anterior ethmoid cells	42	NED
King et al. [27]	18/M	Left nasomaxillary groove	Erosion/obliteration of maxillary vestibule and maxillary sinus with encroachment of lateral nasal wall and orbital floor	18	NED
	M/L1	Left anterior maxila	Anterior medial aspect of left maxillary bone with expansion and obliteration of maxillary bone	24	NED
Boussault et al. [26]	14/M	Right lateral nose	Expansile mass with medial displacement of lateral nasal wall extending up medial can- thus and down the nasolabial fold; involving anterior wall right maxillary sinus reaching teeth roots, compressing right maxillary sinus cavity, nasal cavity, lacrimal duct without invasion; pressure erosion anterior wall maxillary antrum	NS	NED

 Table 1
 Summary of SNM in children 3 years of age or younger (1951–2018)

Table 1 (continued)					
Study	Age (months)/gender	Clinical presentation	Location	Follow-up period (post-operative months)	Recurrence (post- operative months)
Prasannan et al. [12]	20/F	Right infraorbital mass pushing nose to left side	Right maxillary sinus extending into anterior subcutaneous soft tissues, inferior aspect of right orbit, right nasal cavity and right ethmoidal air cells	×	NED
Simon et al. [8]	3/NS	Rapid aggressive growth	Unknown	NS	NS
Rotenberg et al. [25]	13/F	Left nasolabial groove	Anterior maxilla, nasomaxillary mass eroding into maxillary sinus	48	NED
	16/M	Left nasolabial fold	Left maxilla infiltrating nasal antrum and orbital rim	84	NED
	18/F	Left maxillary mass	Invading maxillary sinus, nasal cavity, tooth sockets and infraorbital rim	168	NED
Wachter et al. [24]	13/M	Left nasolabial fold mass	Mass in left anterior maxillary sinus with mild encroachment upon left lateral nasal wall	1 24	NED
	19/F	Right nasofacial groove mass	Expansile mass right anterior maxilla, from above the root of the canine to inferior orbital rim	24	NED
Fenton et al. [23]	17/M	Left lateral nose extending up medial canthus	Anterior maxillary antrum encroaching antrum and nasal septum	16	NED
Brewis et al. [22]	13/M	Left nasomaxillary groove	Anterior of left maxillary antrum extending to inferior aspect of maxilla	4	NED
Caleffi et al. [21]	24/M	Right alar groove, nasolabial region	Connected to anterior wall of maxillary sinus	12	NED
Heffner [20]	12/M	Left paranasal cheek swelling	Anterior maxillary sinus wall extending to anterior turbinate	NS	NS
	24/M	Left cheek swelling near nose	Anterior maxillary sinus involving anterior sinus wall	144	NED
Ang et al. [19]	13/M	Left nasal swelling encroaching nasal cavity	Anteromedial angle of maxillary antrum involving upper alveolus	10	NED
	14/F	Right side of nose	Arising from maxilla, extending outwards, destroying orbital floor	89	S
Hayes et al. [18]	12/F	Mass lateral right nares obliterating nasolabial crease	Right anterior maxillary sinus wall	ε	NED
James et al. [17]	11/F	Left lateral nose swelling	Anterior of left maxillary antrum encroaching the anterior sinus wall, bulging through the lateral wall of the nose, encroaching on the masal septum and enveloping the nasolacri- mal duct	84^	NED

lable I (continued)					
Study	Age (months)/gender	Clinical presentation	Location	Follow-up period (post-operative months)	Recurrence (post- operative months)
Smith et al. [16]	15/F	Swelling right side of nose overlying the ascending process of right maxilla	Nasal mass in right upper nasal cavity destroy- ing nasal septum and extending into right maxilla; upon recurrence, eroded medial anterior walls of maxillary sinus extending into orbital rim and upper nasal cavity	13	2
Harris et al. [15]	12/F	Lump right lateral nose	Medioinferior aspect of right orbit, extending into ethmoid sinus	12	NED
Fu et al. [14]	15/F	Left nasofacial cleft	Left anterior antral wall, lateral to nasol- acrimal canal projecting anteriorly into subcutaneous tissues and posteriorly into maxillary sinus	108	NED
Greenfield et al. [13]	24/M	Facial asymmetry	Filling maxillary antrum	3	NED
Average (range)	15.4 (2.5–36)			43 (3–168)	8 (5–14)
NED No evidence of disease, *Specific case and recurrence `NED at 8 months in original	NS not specified time was not specified article. NED at 84 month	is in Ang et al. [19]			

clinical, radiographic and microscopic differential diagnosis of SNM includes, but is not limited to sinonasal inflammatory polyp, fibrous dysplasia, odontogenic cysts and tumors (ameloblastoma, odontogenic fibroma, odontogenic keratocyst), fibroblastic tumors (fibromatosis, myofibroma, inflammatory myofibroblastic tumor) and pediatric sarcomas (particularly rhabdomyosarcoma). Care must be taken when interpreting biopsy specimens. Reported cases of infantile SNM have been initially diagnosed on biopsy as fibrous dysplasia [32], nodular fasciitis [17, 31], infantile fibromatosis [19], pseudosarcomatous fasciitis and rhabdomyosarcoma [25].

The treatment of choice for an infantile SNM appears to be surgical resection via local excision along with conservative ostectomy [4, 12], although some authors have recommended adjuvant chemotherapy [27] or radical resection with margins [10, 12]. As noted in Table 1, 36 additional literature cases of infantile SNM were identified. Of these, 34 cases reported an average of 43 months of follow-up, with four recurrences at an average of 8 months post-surgery [16, 19, 31]. This 11% recurrence rate compares with an approximate 25% recurrence rate for true odontogenic myxomas [2]. The true recurrence rate for infantile SNM is likely much lower if complete removal is accomplished at initial surgery. Smith et al. [16] reported an initial removal without any normal margin, which was subsequently curetted and rongeured in the second excision with no repeat recurrence 8 months later. Kadlub et al. [31] also believe that "incomplete tumor removal" contributed to their two reported recurrences and support conservative surgical excision as treatment of choice. There is no evidence that SNM are responsive to radiation or chemotherapy, undergo malignant transformation, or metastasize. The distinctive clinical and radiographic features, along with the microscopic and immunophenotypic findings warrant recognition of SNM as a specific entity.

#### **Compliance with Ethical Standards**

**Conflict of interest** The authors have no conflicts of interest to disclose.

Ethical Approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institution and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. For this type of retrospective case report, formal consent is not required. The tumor tissue included in the manuscript was obtained as part of the standard of care for the patient and retrospectively collected for the case report.

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