

## Original Paper

# Post-Progression Treatment Eligibility of Unresectable Hepatocellular Carcinoma Patients Treated with Lenvatinib

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## Keywords

Lenvatinib · Child-Pugh class · Modified albumin-bilirubin grade · Hepatocellular carcinoma · Ramucirumab

## Abstract

**Background/Aim:** Post-progression treatment following tyrosine-kinase inhibitor (TKI) failure in patients with unresectable hepatocellular carcinoma (u-HCC) is important to prolong post-progression survival (PPS), which has a good correlation with overall survival (OS). This study aimed to elucidate the clinical features of progressive disease (PD) in patients treated with lenvatinib (LEN). **Materials/Methods:** From March 2018 to June 2019, 156 u-HCC patients

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with Child-Pugh A were enrolled (median age: 71 years, Child-Pugh score 5:6 = 105:51, BCLC A:B:C = 8:56:92, modified albumin-bilirubin grade (mALBI) 1:2a:2b = 59:42:55, past history of sorafenib:regorafenib = 57:17). Clinical features were retrospectively evaluated. **Results:** The median observation period was 8.5 months. Median OS was not obtained, while median time to decline to Child-Pugh B (CPB) was 11.4 months, median time to progression (TTP) was 8.4 months, and the period of LEN administration was 7.3 months. When we compared predictive values for time to decline to CPB based on Child-Pugh score and mALBI, values for Akaike information criterion (AIC) score and c-index of mALBI were superior as compared to Child-Pugh score (AIC: 592.3 vs. 599.7) (c-index: 0.655 vs. 0.597). Of the 73 patients with PD, 32 (43.8%) showed no decline to CPB or death. After excluding 3 without alpha-fetoprotein data at PD determination, only 14 (20.0%) of 70 showed REACH-2 eligibility. Non-mALBI 1/2a at the start of LEN was a significant risk factor for decline to CPB during LEN treatment (HR 2.552, 95% CI: 1.577–4.129;  $p < 0.001$ ). **Conclusion:** Introduction of TKI therapy including LEN for u-HCC patients with better hepatic function (mALBI 1/2a: ALBI score  $\leq -2.27$ ), when possible, increases the chance of undergoing post-progression treatment, which can improve PPS.

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## Introduction

Tyrosine kinase inhibitor (TKI) administration has become an important therapeutic option for improving the prognosis of patients with unresectable hepatocellular carcinoma (u-HCC). Sorafenib (SOR) was the first TKI developed for u-HCC treatment [1, 2], after which regorafenib (REG) became available as a second-line option in 2017 [3]. Nevertheless, there remains an unmet need because of lack of a next therapeutic option for patients beyond RESORCE criteria or with REG failure. In March 2018, lenvatinib (LEN) was made available in Japan as a new first-line TKI treatment drug [4]. Since its development, LEN has been recognized as an effective TKI that can be used for second- and third-line as well as first-line treatment [5, 6]. Indeed, TKI sequential treatment including LEN has been reported to show favorable effectiveness for prolonging prognosis [7]. Additionally, ramucirumab (RAM) has recently been developed as a second-line treatment option for u-HCC patients with an elevated alpha-fetoprotein (AFP) level ( $\geq 400$  ng/mL) who show SOR failure [8].

Treatment to prolong post-progression survival (PPS) has been reported to be the most important factor for prolonging overall survival (OS) [9]. As for obtaining better prognosis of u-HCC patients treated with LEN, the recent increase in therapeutic options has increased the importance of post-progression treatment to prolong PPS and improve OS. However, no report has indicated the percentage of progressive disease (PD) patients who have obtained a favorable condition including hepatic function following LEN treatment. We aimed to elucidate the clinical features of u-HCC patients during LEN treatment including hepatic reserve function in order to determine candidates for post-progression treatment with another molecular targeting agent (MTA) including TKI drugs and RAM.

## Materials and Methods

From March 2018 to June 2019, 256 u-HCC patients were treated with LEN (Lenvima<sup>®</sup>; Eisai Co., Ltd., Tokyo, Japan) at 14 different institutions in Japan. Following exclusion of those given a reduced starting dose, with a Child-Pugh class of B (CPB) or greater, and/or with an Eastern Cooperative Oncology Group performance status (ECOG PS) of 2 or greater, 156 patients were finally enrolled. We retrospectively examined the clinical records of the enrolled cohort at the start of LEN therapy and evaluated clinical data obtained at the

time of PD determination or decline to CPB. Patients positive for anti-hepatitis C virus (HCV) were judged to have HCC due to HCV, while those positive for hepatitis B virus surface antigen were judged to have HCC due to hepatitis B virus.

#### *Assessments of Hepatic Reserve Function, Therapeutic Response, and Prognosis*

The Child-Pugh classification [10] and albumin-bilirubin (ALBI) grade were used to assess hepatic reserve function. ALBI grade was calculated based on serum albumin and total-bilirubin values using the following formula: ALBI score =  $(0.66 \times \log_{10} \text{bilirubin } [\mu\text{mol/L}]) + (-0.085 \times \text{albumin } [\text{g/L}])$ , with the result defined by the following scores:  $\leq -2.60$  = Grade 1,  $> -2.60$  to  $\leq -1.39$  = Grade 2, and  $> -1.39$  = Grade 3 [11–13]. For more detailed evaluations of patients with the middle grade of ALBI (grade 2), we used modified ALBI (mALBI) grading consisting of 4 levels, which included subgrading for the middle grade of 2 (2a and 2b) based on an ALBI score of  $-2.27$  as the cut-off, which was previously reported as the value for indocyanine green retention after 15 min (ICG-R15) of 30% [14, 15].

Local physicians at each institution evaluated tumors in the present patients using dynamic computed tomography (CT) or magnetic resonance imaging (MRI) procedures performed 4, 8, and 12 weeks and then every 12 weeks thereafter from the introduction of LEN, as possible, in accordance with the modified RESPONSE Evaluation Criteria in Solid Tumors (mRECIST) guideline [16, 17].

#### *Diagnosis of HCC*

HCC was diagnosed based on an increasing course of AFP, as well as dynamic CT [18], MRI [19, 20], contrast enhanced ultrasonography with perflubutane (Sonazoid®, Daiichi Sankyo Co., Ltd., Tokyo, Japan) [21, 22], and/or pathological findings. Tumor node metastasis (TNM) stage, determined as previously reported in a study for staging of HCC conducted by the Liver Cancer Study Group of Japan (LCSG) 6th edition [23] (TNM-LCSG), was used for evaluation of tumor progression.

#### *LEN Treatment, Assessment of Adverse Events, and Definition of Eligibility for Post-Progression*

##### *Treatment following LEN*

After obtaining written informed consent, LEN was orally administered at 8 mg/day to patients weighing  $<60$  kg and at 12 mg/day to those  $\geq 60$  kg and discontinued with development of any unacceptable or serious adverse event (AE), or when clinical tumor progression was observed. According to the guidelines for administration of LEN, the drug dose was reduced or treatment interrupted when a patient developed a grade 3 or more severe AE, or if any unacceptable grade 2 drug-related AE occurred. Furthermore, according to the guidelines provided by the manufacturer, if a drug-related AE occurred, dose reduction or temporary interruption was maintained until the symptom was resolved to grade 1 or 2. Non-eligibility for post-progression TKI treatment following LEN at the time of judgment of PD in the present analysis was defined as CPB or greater and ECOG PS 2 or more.

##### *Statistical Analysis*

Statistical analyses were performed using Fisher's exact test, the Kaplan-Meier method, a log-rank test, and Cox hazard analysis with a backward stepwise regression model. Akaike information criterion (AIC) and c-index values were used for evaluating prognostic predictive values for each hepatic function. A  $p$  value  $<0.05$  was considered to indicate statistical significance. All statistical analyses were performed using Easy R (EZR), version 1.29 (Saitama Medical Center, Jichi Medical University, Saitama, Japan) [24], a graphical user interface for R (The R Foundation for Statistical Computing, Vienna, Austria).

## Results

### *Patient Clinical Features*

The clinical features of the 156 enrolled patients are shown in Table 1. Median age was 71 years (interquartile range [IQR]: 64–77 years). Child-Pugh score 5 was noted in 105 (67.3%), while mALBI 1 was noted in 59, 2a in 42, and 2b in 55. A past history of SOR was seen in 36.5% ( $n = 57$ ), while that of REG was seen in 10.9% ( $n = 17$ ). As for Barcelona Clinic Liver Cancer stage (BCLC), it was A in 8, B in 56, and C in 92, while TNM-LCSG I was noted in 1, II in 16, III in 57, IVa in 17, and IVb in 65. An elevated level of AFP ( $\geq 400$  ng/mL) was observed in 46 (29.5%) of the enrolled patients.

**Table 1.** Clinical background of unresectable hepatocellular carcinoma patients classified as Child-Pugh A (*n* = 156)

Age, years	71 (64–77) <sup>a</sup>
Gender, male:female	113:43
BMI, kg/m <sup>2</sup>	22.5 (20.6–24.1) <sup>a</sup>
ECOG PS 0:1	136:20
Etiology, HCV:HBV:alcohol:others	67:31:22:36
Platelets, ×10 <sup>4</sup> /μL	13.6 (10.7–16.8) <sup>a</sup>
AST, IU/L	43 (28–63) <sup>a</sup>
ALT, IU/L	32 (19–49) <sup>a</sup>
Total bilirubin, mg/dL	0.6 (0.2–0.7) <sup>a</sup>
Albumin, g/dL	3.7 (3.4–4.0) <sup>a</sup>
Prothrombin time, %	88.8 (80.0–97.0) <sup>a</sup>
Child-Pugh score, 5:6	105:51
Modified ALBI grade, 1:2a:2b	59:42:55
AFP, ng/mL	52 (6.7–790.9) <sup>a</sup>
AFP ≥400 ng/mL, <i>n</i> (%)	46 (29.5)
Past history of sorafenib, <i>n</i> (%)	57 (36.5)
Past history of regorafenib, <i>n</i> (%)	17 (10.9)
Vessel invasion,	
Vp1:Vp2:Vp3:Vp4:Vv1:Vv2:Vv3	6:11:8:2:1:4:4
BCLC stage A:B:C	8:56:92
TNM-LCSGJ stage, I:II:III:IVa:IVb	1:16:57:17:65
Starting dose of lenvatinib, 8:12 mg	68:88
Observation period, months	8.5 (5.9–11.2) <sup>a</sup>

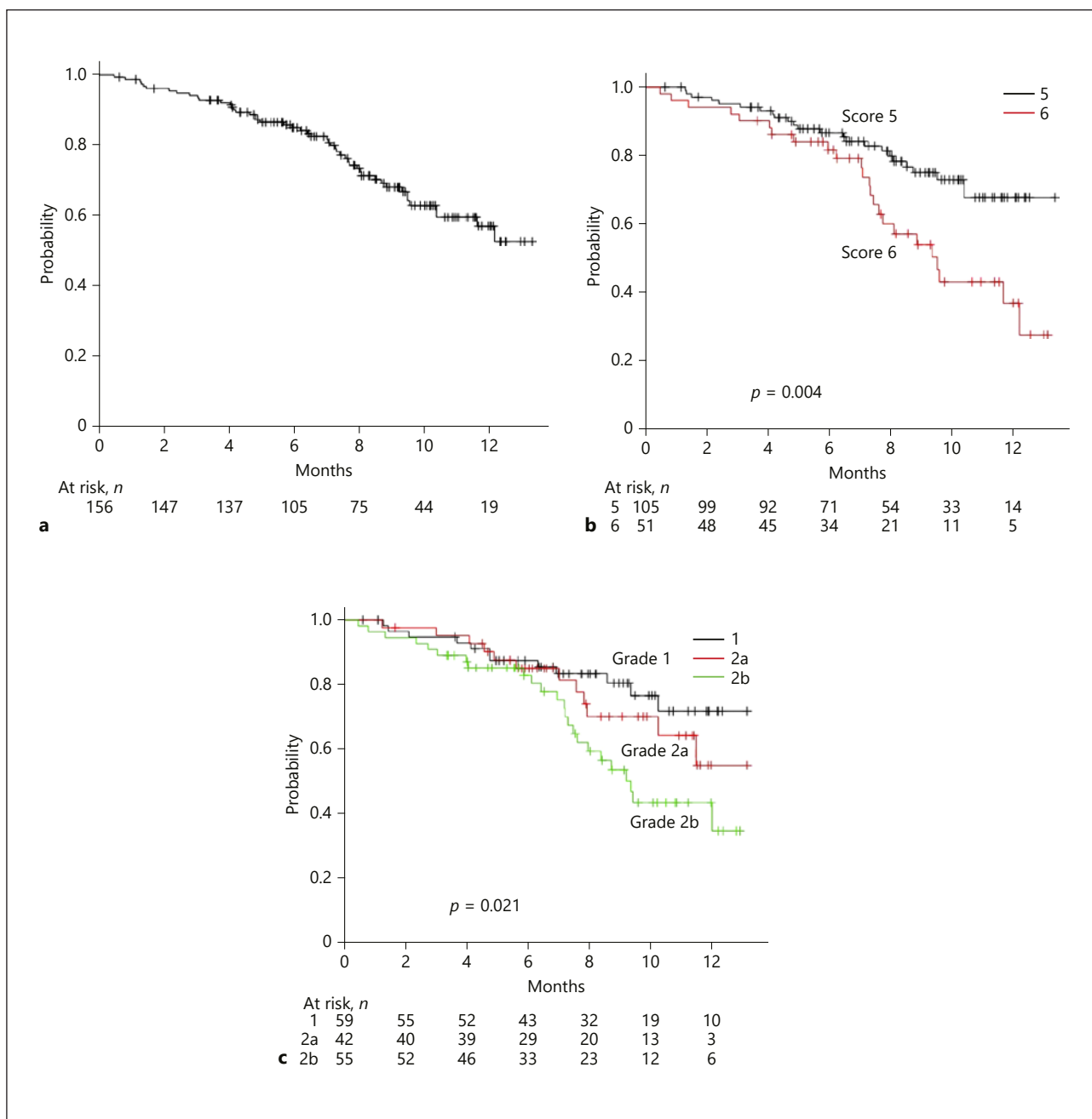
BMI, body mass index; ECOG PS, Eastern Cooperative Oncology Group Performance status; HCV, hepatitis C virus; HBV, hepatitis B virus; AST, aspartate transaminase; ALT, alanine aminotransferase; modified ALBI grade, modified albumin-bilirubin grade; AFP, alpha-fetoprotein; TNM LCSGJ 6th, tumor node metastasis stage by Liver Cancer Study Group of Japan 6th edition; BCLC, Barcelona Clinic Liver Cancer stage. <sup>a</sup> Median value (interquartile range).

#### *OS, Period of LEN Administration, and Time to Progression*

In the present study, median OS was not reached during the period of observation (8.5 months) (Fig. 1a). On the other hand, OS was predicted using both Child-Pugh score and mALBI (Fig. 1b, c). Although AIC scores were similar between them (426.9 vs. 427.1), the c-index of mALBI was better than that of Child-Pugh score (0.591 vs. 0.580). The median period of LEN administration was 7.3 months (online suppl. Fig. 1a; for all online suppl. material, see [www.karger.com/doi/10.1159/000503031](http://www.karger.com/doi/10.1159/000503031)). In the assessment of period of administration of LEN, the AIC score and c-index of mALBI were better than those of Child-Pugh score (AIC: 824.6 vs. 826.2) (c-index: 0.565 vs. 0.535) (online suppl. Fig. 1b, c). Median time to progression (TTP) was 8.4 months (Fig. 2a). When we compared the predictive values of TTP for Child-Pugh score and mALBI, the AIC score and c-index of mALBI were better than those of Child-Pugh score (AIC: 648.0 vs. 650.9) (c-index: 0.580 vs. 0.554) (Fig. 2b, c).

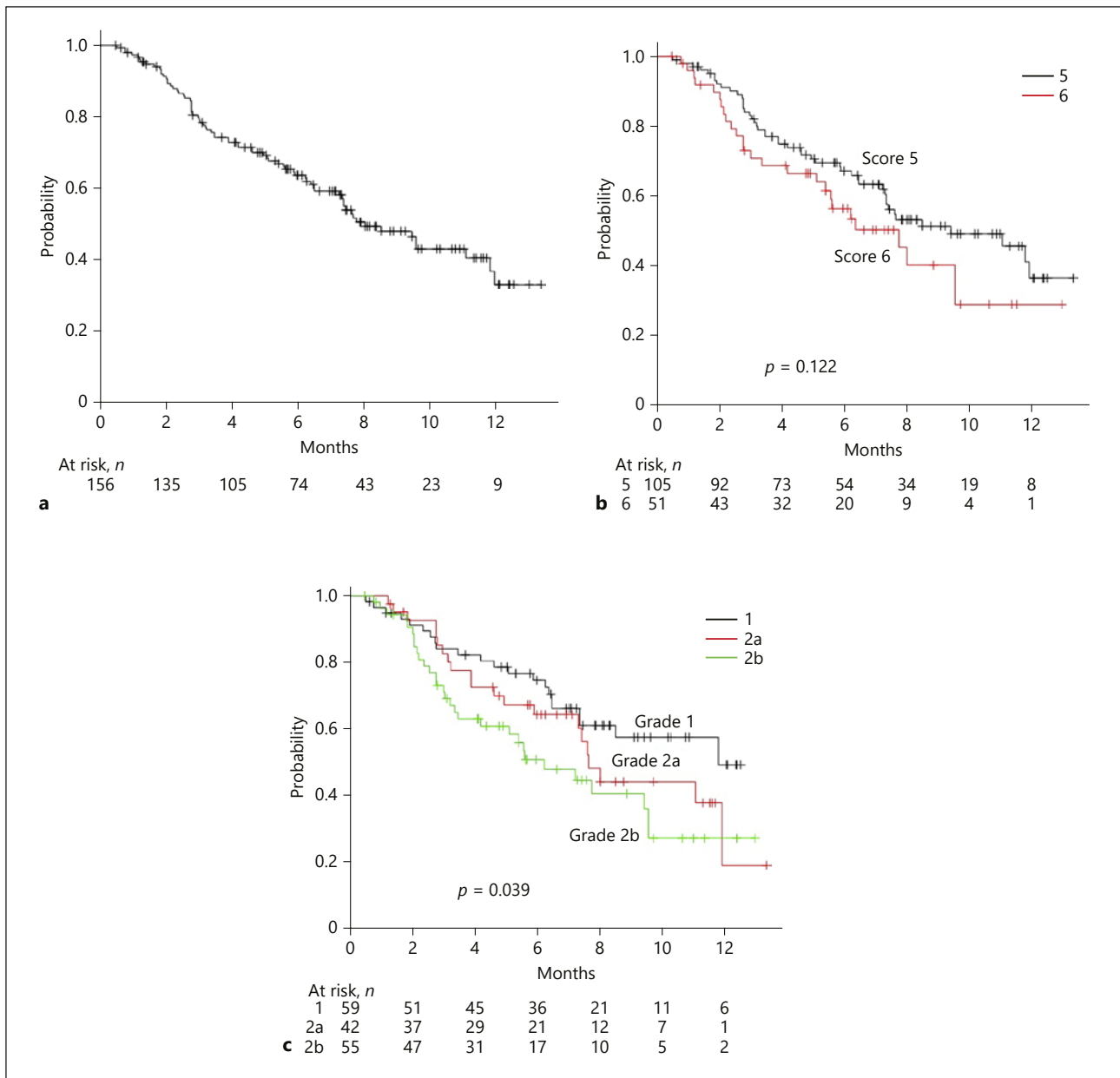
#### *Period of Decline to CPB*

The median period of time to decline to CPB for all patients was 11.4 months (Fig. 3a). When we compared the predictive values for time to decline to CPB using Child-Pugh score and mALBI, AIC and c-index values for mALBI were better as compared to Child-Pugh score (AIC: 592.3 vs. 599.7) (c-index: 0.655 vs. 0.597) (Fig. 3b, c). Only hepatic reserve function



**Fig. 1. a** Overall survival (OS) of all 156 patients. Median survival time (MST): not reached (NR) during the present observation period. **b** OS according to Child-Pugh score. OS was better in patients with a Child-Pugh score of 5 than in those with a score of 6 (MST: NR vs. 10.1 months,  $p = 0.004$ ). **c** OS according to modified albumin-bilirubin grade (mALBI). Median OS in patients with mALBI 1, 2a, and 2b was NR, NR, and 10.1 months, respectively ( $p = 0.021$ ).

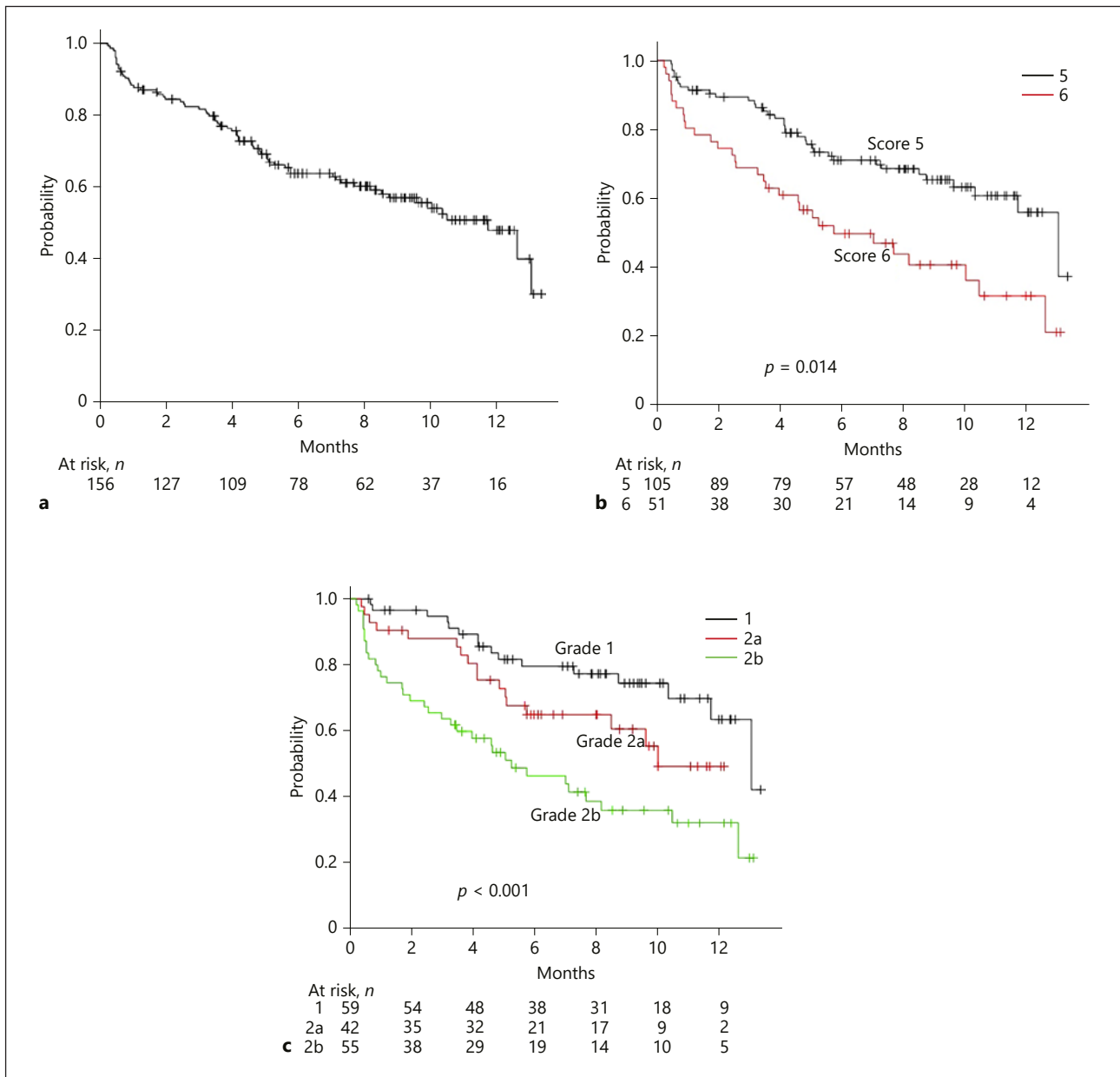
(non-mALBI 1/2a) at the time of LEN introduction was a significant risk factor for decline to CPB, as shown by Cox hazard analysis with a backward stepwise regression method (Table 2). There were 12 patients who abandoned LEN due to AEs before first assessment of therapeutic response of LEN at 4 weeks, and 10 of them showed deterioration to CPB at discontinuation of LEN.



**Fig. 2. a** Time to progression (TTP) of all 156 patients (median: 8.4 months). **b** TTP according to Child-Pugh score. There was no significant difference in TTP between Child-Pugh score 5 and 6 (median TTP: 9.3 vs. 6.9 months,  $p = 0.122$ ). **c** TTP according to modified albumin-bilirubin grade (mALBI). Median TTP in patients with mALBI 1, 2a, and 2b was 9.3, 8.3, and 6.1 months, respectively ( $p = 0.039$ ).

*Eligibility for Post-Progression Treatment after LEN at Time of PD Determination*

Seventy-three patients were determined to have PD during the present study period. After exclusion of 3 without AFP data at the time of PD determination, 23 (32.9%) showed a high level of AFP ( $\geq 400$  ng/mL). Of all 73 patients with PD, 32 (43.8%) were considered eligible for post-progression treatment from the view of maintaining Child-Pugh A and ECOG PS 0/1. After exclusion of 1 without AFP data at the time of PD determination, 14 showed AFP elevation ( $\geq 400$  ng/mL) of them (45.2% [14/31]). The percentage of patients with mALBI 1/2a who showed eligibility for post-progression treatment was significantly greater as



**Fig. 3.** **a** Period of decline to Child-Pugh B (CPB) or greater in all 156 patients (median: 11.4 months). **b** Period of decline to CPB or greater according to Child-Pugh score. There was a significant difference between Child-Pugh score 5 and 6 (median: 12.8 vs. 5.7 months,  $p = 0.014$ ). **c** Period of decline to CPB or greater according to modified albumin-bilirubin grade (mALBI). Median period for decline to CPB or greater in patients with mALBI 1, 2a, and 2b was 12.8, 10.4, and 5.5 months, respectively ( $p < 0.001$ ).

compared to those with mALBI 2b (58.1% [25/43] vs. 23.3% [7/30],  $p = 0.037$ ). As a result, the percentage of those with PD who met the criteria for the REACH-2 trial was only 20.0% ( $n = 14$ ) among patients with both PD and AFP data ( $n = 70$ ). Although there was no statistical significance, the percentage of patients who met the criteria for the REACH-2 trial at PD was larger in the patients with mALBI 1/2a than those with mALBI 2b after excluding 1 patient without AFP data at the time of PD determination (52.0% [13/25] vs. 16.7% [1/6]) ( $p = 0.185$ ).



**Table 2.** Cox hazard analysis (with backward stepwise regression method) for risk of decline to Child-Pugh B

	HR	95% CI	p value
<i>Predictor variables</i>			
Elderly (≥75 years old)	1.088	0.615–1.924	0.772
Female gender	0.728	0.409–1.296	0.281
BMI ≥22.0 kg/m <sup>2</sup>	0.808	0.470–1.389	0.441
Etiology (viral hepatitis)	0.721	0.395–1.317	0.287
Positive for intake of BCAA	0.856	0.455–1.616	0.634
Platelets (×10 <sup>4</sup> /μL; 10 or more)	1.571	0.868–2.845	0.136
Child-Pugh score 6	1.395	0.661–2.944	0.383
Non-mALBI 1/2a	2.059	0.987–4.293	0.054
Past history of sorafenib	0.823	0.438–1.543	0.543
Past history of regorafenib	2.071	0.887–4.837	0.092
AFP ≥400 ng/mL	1.892	1.079–3.318	0.026
Tumor occupancy rate (liver; 50% or more)	1.510	0.760–3.001	0.239
Positive for vessel tumor invasion	1.153	0.581–2.291	0.685
TNM-LCSGJ stage IV	1.093	0.584–2.045	0.781
<i>Result of backward stepwise regression method</i>			
Non-mALBI 1/2a	2.552	1.577–4.129	<0.001

HR, hazard ratio; 95% CI, 95% confidence interval; BMI, body mass index; BCAA, branched chain amino acid; mALBI, modified albumin-bilirubin grade; AFP, alpha-fetoprotein; TNM LCSGJ 6th, tumor node metastasis stage by Liver Cancer Study Group of Japan 6th edition.

## Discussion

A previous study noted that even among patients with the best possible Child-Pugh score (5 points), the prognosis of those with ALBI 1 (same as mALBI 1) who were treated with SOR was superior to that of those with ALBI 2 [25]. Therefore, it is considered that a detailed assessment of hepatic function is necessary for clinical practice. However, the middle grade of ALBI (grade 2) covers a wide range and its prognostic value is weak, resulting in underestimation of hepatic function in some patients [26]. Previously, we proposed modification of the ALBI grade by dividing grade 2 into two subgrades based on a cutoff of ALBI score  $-2.27$  for predicting ICG-R15 30% [15].

When considering TKI sequential treatment for u-HCC, hepatic reserve function evaluated using ALBI score has been reported to be the most important factor [7, 27]. Because deterioration of ALBI score was observed at 4 weeks after introducing LEN in each mALBI grade (mALBI 1:  $-2.82$  to  $-2.53$ , mALBI 2a:  $-2.46$  to  $-2.31$ , and mALBI 2b/3:  $-1.90$  to  $-1.75$ ) in our past report [28], detailed assessment ability of ALBI score for hepatic function was very useful in TKI treatment. In addition, Ueshima et al. [29] reported that better ALBI grade (ALBI 1) affected objective response (odds ratio: 3.32, 95% CI: 1.04–10.50) and discontinuation of LEN due to AEs (odds ratio: 0.22, 95% CI: 0.06–0.69) in 82 patients treated with LEN. In our past report, mALBI 2b or greater (ALBI score  $>-2.27$ ) was shown to be a prognostic factor for poor prognosis of u-HCC patients receiving LEN, while Child-Pugh score was not found to be indicative of prognosis [30], indicating that ALBI and four-grade mALBI have a better assessment ability regarding hepatic function as compared to Child-Pugh score with regard to patients undergoing LEN treatment for u-HCC. In the present study, non-mALBI grade 1/2a at the start of LEN indicated a significant risk for decline to CPB during LEN treatment (HR 2.552, 95% CI: 1.577–4.129;  $p < 0.001$ ). Based on these results, hepatic



function at the start of LEN might have a great impact on the prognosis of u-HCC patients treated with LEN.

In the present cohort of 73 patients with PD, 43.8% ( $n = 32$ ) were considered eligible for additional post-progression treatment with LEN. Post-progression LEN therapy is currently an unmet clinical need. Among our 156 patients, 36.5% ( $n = 57$ ) received LEN as second- or third-line treatment. In other words, for some patients, there are few additional therapeutic options available other than RAM. In the REACH-2 trial, that drug only showed therapeutic efficacy when given as second-line treatment in patients with SOR failure and elevated AFP ( $\geq 400$  ng/mL). Thus, a current question in real-world clinical practice is whether RAM can be used for effective post-progression treatment following LEN failure in patients with elevated AFP. Of the present cohort, only 20.0% met the eligibility criteria for RAM at the time of PD determination, which was similar to the percentage of patients treated with SOR who were found eligible for RAM (23.3%) in the study by Kuzuya et al. [31]. Introducing LEN in patients with better hepatic function (mALBI 1/2a) might enhance the possibility of eligibility for RAM as a post-progression treatment. Clinical trial findings and accumulation of real-world data regarding RAM treatment as post-progression treatment following LEN treatment are necessary.

Prolonging PPS in u-HCC patients might contribute to improve OS [9]. Terashima found that the correlation between median OS and median TTP was weak ( $r = 0.50$ ), while that between median OS and median PPS was strong ( $r = 0.78$ ) [32]. The process of development of new anti-cancer drugs for u-HCC is complicated and difficult; thus, establishment of the best sequential order of currently available MTA is a matter of urgency. In a future study, we intend to investigate the therapeutic efficacy of MTA given as therapy in different sequences.

The present study has some limitations, including its retrospective nature. Furthermore, though multiple centers participated, the number of analyzed patients was small and the observation period limited. Nevertheless, when possible, introduction of TKI/MTA therapy including LEN is important for patients with better hepatic reserve function (mALBI 1/2a), as that can increase the chance of undergoing post-progression treatment, which has the potential to improve PPS.

### Statement of Ethics

Written informed consent for performing TKI treatment was obtained from all patients. The present study protocol was approved by the Institutional Ethics Committee of Ehime Prefectural Central Hospital (No. 30–66).

### Disclosure Statement

Conflicts of interest of Dr. Takashi Kumada (2018): lecture – Eisai. Conflicts of interest of Prof. Masatoshi Kudo, MD, PhD (2018): lecture – Bayer, Eisai, MSD; grant – EA Pharma, Eisai, Gilead, Takeda, Otsuka, Taiho; advisory consulting – Eisai, Ono, MSD, BMS. Conflicts of interest of Dr. Koichi Takaguchi (2018): lecture – AbbVie.

### Author Contributions

Atsushi Hiraoka: conceptualization, formal analysis, writing original draft; Takashi Kumada: conceptualization, review, editing; Kunihiko Tsuji, Koichi Takaguchi, Ei Itobayashi, Kazuya Kariyama, Hironori Ochi, Kazuto Tajiri, Masashi Hirooka, Taeang Arai, Noritomo Shimada, Toru Ishikawa, Akemi Tsutsui, Hiroshi Shibata, Toshifumi Tada, Hidenori Toyoda, Kazuhiro Nouse, Norio Itokawa, Kouji Joko, Yoichi Hiasa, Kojiro Michitaka, Michitaka Imai, Masanori Atsukawa, Korenobu Hayama, Takuya Nagano, Yohei Koizumi, Shinya Fukunishi, Keisuke Yokohama: data curation; Masatoshi Kudo: review, editing.

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