



**Cochrane**  
**Library**

Cochrane Database of Systematic Reviews

## Minilaparotomy and endoscopic techniques for tubal sterilisation (Review)

Kulier R, Boulvain M, Walker DM, De Candolle G, Campana A

Kulier R, Boulvain M, Walker DM, De Candolle G, Campana A.  
Minilaparotomy and endoscopic techniques for tubal sterilisation.  
*Cochrane Database of Systematic Reviews* 2004, Issue 3. Art. No.: CD001328.  
DOI: [10.1002/14651858.CD001328.pub2](https://doi.org/10.1002/14651858.CD001328.pub2).

[www.cochranelibrary.com](http://www.cochranelibrary.com)

## TABLE OF CONTENTS

HEADER .....	1
ABSTRACT .....	1
PLAIN LANGUAGE SUMMARY .....	2
BACKGROUND .....	3
OBJECTIVES .....	3
METHODS .....	3
RESULTS .....	4
DISCUSSION .....	6
AUTHORS' CONCLUSIONS .....	6
ACKNOWLEDGEMENTS .....	7
REFERENCES .....	8
CHARACTERISTICS OF STUDIES .....	8
DATA AND ANALYSES .....	11
Analysis 1.1. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 1 Operative mortality. ....	13
Analysis 1.2. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 2 Major morbidity (total). ....	13
Analysis 1.3. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 3 Major morbidity (details). ....	14
Analysis 1.4. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 4 Minor morbidity (total). ....	15
Analysis 1.5. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 5 Minor morbidity (details). ....	16
Analysis 1.6. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 6 Failure of surgical approach. ....	17
Analysis 1.7. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 7 Failure of anaesthetic approach. ....	17
Analysis 1.8. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 8 Duration of operation. ....	17
Analysis 1.9. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 9 Hospital stay > 24 hours. ....	18
Analysis 1.10. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 10 Complaints. ....	18
Analysis 2.1. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 1 Operative mortality. ....	21
Analysis 2.2. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 2 Major morbidity (total). ....	21
Analysis 2.3. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 3 Major morbidity (details). ....	21
Analysis 2.4. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 4 Minor morbidity (total). ....	23
Analysis 2.5. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 5 Minor morbidity (details). ....	23
Analysis 2.6. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 6 Failure of surgical approach. ....	24
Analysis 2.7. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 7 Duration of operation. ....	24
Analysis 2.8. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 8 Hospital stay >24 hours. ....	25
Analysis 2.9. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 9 Complaints. ....	25
Analysis 3.1. Comparison 3 Laparoscopy vs culdoscopy, Outcome 1 Major morbidity (total). ....	27
Analysis 3.2. Comparison 3 Laparoscopy vs culdoscopy, Outcome 2 Major morbidity (details). ....	28
Analysis 3.3. Comparison 3 Laparoscopy vs culdoscopy, Outcome 3 Minor morbidity (total). ....	29
Analysis 3.4. Comparison 3 Laparoscopy vs culdoscopy, Outcome 4 Minor morbidity (details). ....	29
Analysis 3.5. Comparison 3 Laparoscopy vs culdoscopy, Outcome 5 Duration of operation. ....	30
Analysis 3.6. Comparison 3 Laparoscopy vs culdoscopy, Outcome 6 Hospital stay >24 hours. ....	31
Analysis 3.7. Comparison 3 Laparoscopy vs culdoscopy, Outcome 7 Complaints. ....	31
WHAT'S NEW .....	31
HISTORY .....	32
CONTRIBUTIONS OF AUTHORS .....	32
DECLARATIONS OF INTEREST .....	32
SOURCES OF SUPPORT .....	32
INDEX TERMS .....	32

[Intervention Review]

# Minilaparotomy and endoscopic techniques for tubal sterilisation

Regina Kulier<sup>1</sup>, Michel Boulvain<sup>2</sup>, Dilys M. Walker<sup>3</sup>, Gabriel De Candolle<sup>4</sup>, Aldo Campana<sup>1</sup>

<sup>1</sup>Geneva Foundation for Medical Education and Research, Geneva, Switzerland. <sup>2</sup>Département de Gynécologie et d'Obstétrique, Unité de Développement en Obstétrique, Maternité Hôpitaux Universitaires de Genève, Genève 14, Switzerland. <sup>3</sup>., Preveessin, France. <sup>4</sup>Obstetrics and Gynaecology, Geneva University Hospital, Geneva 14, Switzerland

**Contact address:** Regina Kulier, Geneva Foundation for Medical Education and Research, Chemin Edouard Tavan 5, Geneva, CH-1206, Switzerland. [regina.kulier@bluewin.ch](mailto:regina.kulier@bluewin.ch).

**Editorial group:** Cochrane Fertility Regulation Group

**Publication status and date:** New search for studies and content updated (no change to conclusions), published in Issue 2, 2009.

**Citation:** Kulier R, Boulvain M, Walker DM, De Candolle G, Campana A. Minilaparotomy and endoscopic techniques for tubal sterilisation. *Cochrane Database of Systematic Reviews* 2004, Issue 3. Art. No.: CD001328. DOI: [10.1002/14651858.CD001328.pub2](https://doi.org/10.1002/14651858.CD001328.pub2).

Copyright © 2009 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

## ABSTRACT

### Background

In industrialised countries sterilisation is generally performed by laparoscopy. In settings where the resources for purchase and maintenance of laparoscopic equipment are limited, minilaparotomy may still be the most common approach. The advantages and disadvantages of laparoscopic sterilisation compared to minilaparotomy have not been systematically evaluated. The ideal method would be one which is highly effective, economical, able to be performed on an outpatient basis, allowing rapid resumption of normal activity and producing a minimal or invisible scar. This review considers the methods to enter the abdominal cavity through the abdominal wall, regardless of the technique used for tubal sterilisation.

### Objectives

To compare laparoscopic tubal sterilisation to minilaparotomy in terms of operative morbidity and mortality. Trials comparing laparoscopy or minilaparotomy with culdoscopy were also included. Different methods used to interrupt tubal patency and comparison of different forms of anaesthesia will be considered in different reviews.

### Search methods

Randomised controlled trials (RCTs) were identified by using the search strategy of the Cochrane Collaboration. Reference lists of identified trials have been searched.

### Selection criteria

All randomised controlled trials comparing laparoscopy, minilaparotomy and/or culdoscopy for tubal sterilisation.

### Data collection and analysis

Trials were evaluated for methodological quality and appropriateness for inclusion. Data were extracted independently by the reviewers. Results are reported as odds ratio for dichotomous outcomes and weighted mean differences for continuous outcomes.

### Main results

Six trials were included in the review.

Minilaparotomy vs laparoscopy: There was no difference in major morbidity between the 2 groups. Minor morbidity was significantly less in the laparoscopy group (Peto OR 1.89; 95% CI 1.38, 2.59). Duration of operation was shorter with laparoscopy (WMD 5.34; 95% CI 4.52, 6.16). Minilaparotomy vs culdoscopy: Major morbidity was higher for culdoscopy compared to minilaparotomy (Peto OR 0.14; 95% CI 0.02, 0.98). Duration of operation was shorter with culdoscopy (WMD 4.91; 95% CI 3.82, 6.01).

Laparoscopy vs culdoscopy: In the one trial comparing the two interventions there was no significant difference between the groups with regard to major morbidity. Significantly more women suffered from minor morbidities with culdoscopy (Peto OR 0.20; 95% CI 0.05, 0.77).

**Authors' conclusions**

Major morbidity seems to be a rare outcome for both, laparoscopy and minilaparotomy. Personal preference of the woman and/or of the surgeon can guide the choice of technique. Practical aspects must be taken into account before implementing endoscopic techniques in settings with limited resources. Culdoscopy is not recommended as it carries a higher complication rate.

**PLAIN LANGUAGE SUMMARY****Laparoscopy ( "keyhole" surgery ) has fewer complications than other forms of tubal ligation ( tying the tubes for contraception ), but requires more skills and equipment**

Tubal ligation or sterilisation ( tying the tubes ) is a common method of fertility regulation. It is usually done by using the following methods: mini-laparotomy ( through a small cut in the abdomen ), laparoscopy ( "keyhole" surgery - through a tube inserted through the umbilicus ( belly button ) or a very small cut ), or culdoscopy ( using a tube, but through the vagina ). The review found that overall, laparoscopy had fewer complications than mini-laparotomy, but it requires more sophisticated expensive equipment and greater skills. Culdoscopy has higher rates of complications.

## BACKGROUND

Worldwide, the most commonly used method of fertility regulation is tubal sterilisation (Limpaphayom 1991).

Over a hundred million women of childbearing age have been sterilised and it is estimated that more than 100 million women in the developing world alone will seek sterilisation in the next 20 years (WHO 1992).

Sterilisation has undergone an evolution similar to many surgical techniques. Initially, surgical sterilisation implied a major intervention requiring an open laparotomy and general anaesthesia, with significant morbidity and mortality. In an effort to simplify the procedure, Steptoe developed the technique of laparoscopic sterilisation, eventually becoming an outpatient procedure with the option of using local anaesthesia (Wheless 1972).

On a parallel track, laparotomy techniques to perform sterilisation through smaller incisions (minilaparotomy), also with the option of using local anaesthesia, have been developed and are now widely used (Uchida 1975, Osathanondh 1974).

The World Health Organisation's (WHO) Task Force on Female Sterilization stated: "The ideal female sterilization would involve a simple, easily learned, one-time procedure that could be accomplished under local anaesthesia and involve a tubal occlusion technique that caused minimum damage. The procedure would be safe, have high efficacy, be readily accessible, and be personally and culturally acceptable. The cost for each procedure would be low and there would be minimal costs for the maintenance of equipment". The task force promoted neither laparoscopy or minilaparotomy as the superior technique, though it reported that they both came close to meeting the required criteria listed above according to the data of a large multicentre prospective study [WHO A 1982].

In industrialised countries sterilisation is generally performed by laparoscopy rather than by minilaparotomy, based on the belief that this approach is both safe and effective. In addition, most believe that the laparoscopy scar is aesthetically more acceptable and the period of recuperation is more rapid. In settings where the resources are limited for the purchase and maintenance of the more sophisticated laparoscopic equipment, minilaparotomy may still be the most common approach. In both resource poor and industrialized countries using the technique with the greatest effectiveness and safety, together with the least costs, is extremely important.

The laparoscopic approach uses a long thin needle inserted through the umbilicus into the peritoneal cavity, through which gas (primarily CO<sub>2</sub>) is introduced. Then, after removal of the needle, a trocar is inserted into the peritoneal cavity. Other approaches to create a pneumoperitoneum are used, including direct trocar insertion and open laparoscopy. Techniques of gasless laparoscopy have been also proposed. Through the trocar sheath, the laparoscope is passed. The actual technique for occluding the fallopian tubes began as unipolar electrocoagulation, which later evolved into bipolar electrocoagulation (electrocautery), diminishing the risks of thermal bowel injuries. In an attempt to simplify the laparoscopic technique, other methods of tubal occlusion were soon introduced, including clips and rings (Wheless 1992).

Minilaparotomy is described as laparotomy through a small (usually less than 5 cm) suprapubic incision. For performing the operation only standard surgical instruments are required.

Though both methods are widely used, the advantages and disadvantages of laparoscopic sterilisation compared to minilaparotomy have not been systematically evaluated. The ideal method would be one which is highly effective, economical, able to be performed on an outpatient basis, allowing rapid resumption of normal activity, producing a minimal or invisible scar and having a potential for reversibility.

This review considers the methods to enter the abdominal cavity through the abdominal wall, either by minilaparotomy, laparoscopy or culdoscopy regardless of the technique used for tubal sterilisation. Comparison of different techniques for interrupting tubal patency and different types of anaesthetics will be considered in other reviews.

## OBJECTIVES

To evaluate laparoscopic tubal sterilisation, as compared to mini-laparotomy in terms of operative morbidity, mortality and failure of surgical approach. Trials comparing laparoscopy or minilaparotomy with culdoscopy were included in the review.

Different methods used to interrupt tubal patency (excision, occlusion and coagulation) and comparison of different forms of anaesthesia will be considered in different reviews.

## METHODS

### Criteria for considering studies for this review

#### Types of studies

All randomised controlled trials comparing laparoscopy, minilaparotomy or culdoscopy for tubal sterilisation. Trial characteristics have been assessed and trials have been included if they fulfill the following criteria: random allocation to experimental and comparison groups; reasonable measures to ensure allocation concealment; violations of allocated management not sufficient to materially affect outcomes.

#### Types of participants

Women requesting tubal sterilisation as an interval procedure, independent of other surgical operations.

If trials on women requesting postpartum sterilisation will be identified in future they will be analysed separately.

#### Types of interventions

In this review two endoscopic approaches, laparoscopy and culdoscopy were compared to minilaparotomy for tubal sterilisation irrespective of the technique used for interrupting tubal patency.

Laparoscopic sterilisation was defined as any sterilisation using a laparoscope, with or without the use of a camera. Minilaparotomy was defined as any sterilisation through a small incision (less than 5 cm), according to the description by the author of the report. Culdoscopy sterilisation was defined as any sterilisation using an endoscope through an incision in the posterior cul-de-sac. The level of expertise of the surgeon (which may have an important

impact on the success or failure of the intervention), was included, whenever possible, in the discussion.

The comparison between different tubal occlusion techniques (coagulation, rings, clips, sutures and excision) is evaluated in a different review, as well as the comparison between local, regional and general anaesthesia for surgical sterilisation.

### Types of outcome measures

Operative mortality and major morbidity (cardiac arrest, pulmonary embolism, intestinal or vascular injuries requiring additional surgery)

Minor morbidity (intestinal or vascular injuries not requiring additional surgery, post operative wound haematoma or infection not requiring hospitalisation, urinary tract infection)

Failure of surgical approach (laparoscopy converted into laparotomy or extension of the mini-laparotomy incision), failure of anaesthetic approach, duration of operation, hospital stay > 24 hours, complaints (abdominal pain, analgesic use post-operatively, persistent abdominal pain at follow-up, other minor complaints at follow-up)

Duration of operation and length of hospital stay

Women's satisfaction (as questioned at follow-up)

### Search methods for identification of studies

Randomised controlled trials (RCTs) have been identified by using the search strategy of the Cochrane Collaboration. The Cochrane Controlled Trials Register has been searched (CLIB 2001, Issue 4). Reference lists of identified trials have been searched. An electronic search strategy has been developed, including the following terms: (tubal OR female OR contracep\*) AND (sterilis\* OR steriliz\* OR laparo\* OR culdoscopy OR Filshie OR Hulka OR Yoon).

### Data collection and analysis

The selection of trials for inclusion in the review was performed by three of the reviewers (RK, MB, DW) after employing the search strategy described previously. A quality score for concealment of allocation has been assigned to each trial, using the following criteria:

- (A) adequate concealment of allocation
- (B) unclear whether concealment of allocation is adequate
- (C) inadequate concealment of allocation, quasi-randomisation

Only studies scoring A or B were included in the review.

Data extraction was conducted independently by three co-reviewers (RK, MB, DW). A form was designed to facilitate the process of data extraction. In case of discrepancies between reviewers in either the decision of inclusion/exclusion of studies or in data extraction, this was resolved by consensus. Whenever possible, the analysis was conducted on an 'intention to treat' basis. Attempts were made to obtain additional information on outcomes of women excluded from the original analysis [WHO A 1982].

Definitions:

Major morbidity: any morbidity occurring as a result of the intervention and leading to an additional intervention (e.g. additional surgical procedure, blood transfusion).

Minor morbidity: any morbidity occurring as a result of the intervention and which does not lead to major additional interventions.

Failure of surgical approach: failure of the surgical approach used to enter the abdomen leading to change of approach (including extension of mini-laparotomy incision).

Failure of anaesthetic approach: failure of the anaesthetic approach used leading to change of approach.

In addition to the data on outcomes the following methodological details were extracted from the reports:

Details on surgical methods: classification of surgical procedure, type of anaesthesia, setting (country, level of the health care institution, year).

Number of randomised women, number of women not included in the study, exclusion after randomisation and losses to follow-up.

Method of randomisation and concealment of allocation

Data on outcomes:

Major and minor morbidity, intra- and postoperative conditions, death, failure of surgical approach, complaints have been extracted. Data on failure (pregnancy) has not been extracted as it is assumed this would be primarily influenced by the technique used to interrupt tubal patency.

Heterogeneity between studies has been explored for each outcome. If significant heterogeneity ( $p < 0.1$ ) between studies was detected, reasons for that were explored, including setting (developing and industrialised countries), year of the study, use of a camera during laparoscopy, single or multiple incisions, selection of women and expertise of the surgeon.

Results expressed as cumulative incidence were combined using the methods available in RevMan.

## RESULTS

### Description of studies

Four trials of minilaparotomy compared to laparoscopy including a total of 1911 women, one trial of minilaparotomy compared to culdoscopy including 395 women and one trial evaluating minilaparotomy, laparoscopy and culdoscopy in 295 women met the criteria for inclusion in the review. In this meta-analysis, no statistically significant heterogeneity was detected for any of the outcomes.

Modified Pomeroy technique (ligation and excision) for tubal occlusion was used during culdoscopy and minilaparotomy in all trials but one, where the surgeons used Hulka clips [Letchworth 1980]. Laparoscopic sterilisation was performed by coagulation in 3 trials (cauterisation as described by Wheeless [Wheeless 1992] in 2 trials and in 1 trial electrocoagulation was not further specified) and either Hulka clips or Pomeroy method in 1 trial. All but two trials mentioned that the physicians performing the sterilisations were experienced surgeons and not trainees [Meyer 1976, Taner 1994]. WHO conducted a multicentre study in 7 developing country and 3 developed country centres. Eight centres compared minilaparotomy with laparoscopy and 2 compared minilaparotomy with culdoscopy. The two comparisons were conducted at different sites with different sample sizes and were therefore in the review included as different trials [WHO A 1982 and WHO B 1982]. The same inclusion criteria were used for both trials and outcomes were reported as major and minor complications, pregnancies, technical

problems and women's complaints. The women were discharged usually after 8 hours and follow-up was scheduled at 1 week and 6 weeks post-operatively.

In the study [WHO A 1982] 1827 women were recruited (912 minilaparotomy and 915 laparoscopy). The post-randomisation exclusion rate was about 12% (121 women) in the minilaparotomy group and about 10% (96 women) in the laparoscopy group due to protocol violations (mostly because of inclusion of patients with subumbilical scar, which was an exclusion criteria). There were important differences in baseline characteristics mainly due to one centre (Bangkok) where women in the laparoscopy group were older, had more living children and had been married longer. Also, women in the minilaparotomy group were lighter and had a lower ponderal index, mainly due to the contribution of two centres (Bangkok, Havana). These differences were statistically significant for the Bangkok centre. In the three developed country centres (London, Los Angeles, Sydney) all operations were performed under general anaesthesia, whereas in two developing country centres (Bangkok, Seoul) local anaesthesia was used for both procedures. In Havana and Singapore all patients in the laparoscopy group received general anaesthesia and most minilaparotomy procedures were done under spinal/epidural anaesthesia. In Santiago all minilaparotomy cases were performed under spinal, all laparoscopy cases under local anaesthesia. In all centres sedatives for pre-medication were used.

In the study [WHO B 1982] 400 women were randomised (200 minilaparotomy and 200 culdoscopy) and 5 women were excluded after randomisation because of protocol violation (4 minilaparotomy, 1 culdoscopy). All operations were performed under local anaesthesia. It is somehow not clear if this trial was conducted only in one centre (Manila).

In the trial conducted by Letchworth [Letchworth 1980] 200 women were randomised to either minilaparotomy or laparoscopy (Stephoe technique). Three women (1 minilaparotomy, 2 laparoscopy) were excluded after randomisation due to protocol violation. Main outcome measures were duration of operation and hospitalisation, post operative pain and analgesia use. The women were usually discharged the next day after the operation and contacted 14 days later for a follow-up questioning. No baseline data comparing the two groups were reported.

In the trial of Meyer [Meyer 1976] 60 women were randomised, 30 to the minilaparotomy group and 30 to the laparoscopy group. Main outcome measures were serious complications and duration of operation. All operations were performed on an outpatient basis and women were discharged after 6 hours. All but four of the laparoscopic procedures were performed under local anaesthesia. In the minilaparotomy group, after 3 unsuccessful attempts using local anaesthesia all operations were performed under general anaesthesia. Codeine was prescribed routinely for women undergoing minilaparotomy.

In the study of Sitompul [Sitompul 1984] an equal number of women were randomly allocated to three groups (100 for minilaparotomy, laparoscopy and culdoscopy), 5 women were excluded after randomisation (3 minilaparotomy, 2 laparoscopy). All women had terminated their last pregnancy at least 6 weeks prior to sterilisation.

In the trial of Taner [Taner 1994], 24 women were randomised to minilaparotomy and 20 to laparoscopy. Four women in the

laparoscopy group and 2 women in the minilaparotomy group underwent 1st trimester termination of pregnancy at the same time.

Surgical incision for minilaparotomy was described in 3 studies as transverse suprapubic incision [Letchworth 1980, Meyer 1976, Sitompul 1984]. Laparoscopy was performed by using 3 trocar technique in one study [Taner 1994] and an one hole incision in two studies [Meyer 1976, Sitompul 1984]. No data on the type and amount of gas insufflated during laparoscopy were reported.

### Risk of bias in included studies

Three trials [WHO A 1982, WHO B 1982, Meyer 1976] received an A allocation concealment score, based on adequate concealment prior to randomisation. The three remaining trials received a score of 'B' for unclear methods of randomisation and of concealment of allocation.

The two WHO trials [WHO A 1982 and WHO B 1982] used random allocation by envelope system generated centrally by WHO. No further information could be obtained from the trialists as the system used could not be retrieved. However, the significant baseline differences in centres in Bangkok and Havana suggest that aversion of randomisation may have taken place.

Meyer [Meyer 1976] used sealed, opaque envelopes randomly drawn with no consecutive numbering.

In the Letchworth [Letchworth 1980] trial the allocation took place on the day of surgery when patients were randomly selected for either minilaparotomy or laparoscopy and all patients were operated on by one of the authors. Three patients were excluded after randomisation because the operation has been performed by a surgeon other than the authors.

Sitompul [Sitompul 1984] and Taner [Taner 1994] only mentioned random allocation to two groups.

Due to the type of interventions evaluated blinding after randomisation was not possible and is therefore not considered for the evaluation of the methodological quality for this review.

### Effects of interventions

There were no cases of operative mortality in the two trials reporting this outcome [WHO A 1982 and WHO B 1982].

Minilaparotomy vs laparoscopy: There was no difference in major morbidity between the two groups. There were statistically significant fewer cases in the laparoscopy group having total minor morbidity (Peto OR 1.89; 95% CI 1.38,2.59) and minor vascular injuries (Peto OR 2.06; 95% CI 1.18, 3.59). These results are mainly based on one multicentre trial [WHO A 1982] where one centre reported excess minor bleeding during minilaparotomy. If data from that centre were excluded no difference between the groups remained. Wound infection or haematoma (Peto OR 2.40; 95% CI 1.47,3.92) were reported only in the multicentre trial [WHO A 1982] and were significantly less in the laparoscopy group (Peto OR 2.40; 95% CI 1.47,3.92), but again this was mainly due to one centre and by excluding this centre's data there was no difference between the groups. Failure of anaesthetic approach occurred more often in the minilaparotomy group, but this was based on the results of one trial with a small sample size. Duration of operation was about 5 minutes shorter in the laparoscopy group (WMD 5.39; 95% CI 4.55, 6.22). Postoperative abdominal pain (Peto OR 4.19; 95% CI 3.13, 5.61), analgesic use (Peto OR 3.33; 95% CI 1.89, 5.88) and minor

complaints at 4-6 weeks follow-up (Peto OR 1.96; 95% CI 1.08, 3.57) were significantly increased in the minilaparotomy group.

**Minilaparotomy vs culdoscopy:** Women undergoing culdoscopy had more major morbidity than women for whom minilaparotomy was performed (Peto OR 0.14; 95% CI 0.02, 0.98) in the only trial included in this review. Minor morbidity: Wound infection or haematoma occurred significantly more often in the minilaparotomy group in the one trial reporting this outcome (Peto OR 7.66; 95% CI 1.32, 44.62). Duration of operation was significantly shorter in women undergoing culdoscopy (about 5 minutes) (WMD 4.91; 95% CI 3.82, 6.01). There was a trend for women in the culdoscopy group to have a change in surgical approach (change from culdoscopy to laparoscopy/laparotomy). Significantly less women in the culdoscopy group reported postoperative abdominal pain (Peto OR 2.03; 95% CI 1.16, 3.55).

**Laparoscopy vs culdoscopy:** In the one trial comparing the two interventions [Sitompul 1984] there were no significant differences between the groups with regard to major morbidity (1 woman in the laparoscopy group received blood transfusion and 1 woman in the culdoscopy group developed a pelvic abscess which resulted in hysterectomy). Significantly more women suffered minor morbidities in the culdoscopy group compared to the laparoscopy group (Peto OR 0.20; 95% CI 0.05, 0.77). No data on surgical failures were reported. There was no difference between groups in duration of operation but significantly more women in the culdoscopy group were hospitalised for more than 24 hours (Peto OR 0.20; 95% CI 0.05, 0.77).

In one trial [Sitompul 1984] one pregnancy occurred in the culdoscopy group during the four years of follow-up.

## DISCUSSION

This systematic review does not report on efficacy (pregnancy). It is more likely that the technique performed to interrupt tubal patency influences this outcome and is therefore considered in another review. We think that safety issues, hospital stay and costs are the important factors in deciding to choose one method over the other. The results of this systematic review must be interpreted in the light that all of the results are based on a limited number of participants or on one trial only. The trials included in the review have inadequate sample sizes to detect differences in rare outcomes, such as mortality and major morbidity.

The results of minilaparotomy versus laparoscopy were dominated by one multicentre trial [WHO A 1982]. Management for the comparison groups, with regard to anaesthesia and post operative care, was mainly according to the centres' local routine. Using epidural anaesthesia for minilaparotomy as compared to general anaesthesia for laparoscopy might have led to the higher number of immediate pain reported from one centre. Also, one centre used prophylactic antibiotics for all women in the minilaparotomy group and was the only centre that reported less incisional complications in that group as compared to the laparoscopy group. With regard to minor vascular injuries and wound haematoma/infection occurring significantly more often in the minilaparotomy group, again the weight lies on two centres.

The four trials included had a follow up period of 4-6 weeks and only one presented data after a follow-up of 4 years [Sitompul 1984]. Therefore, no long-term assessment of complications can be made.

The small trend of failure of anaesthetic approach occurred more frequently in the minilaparotomy group. Although this is based on the results of one small trial only, the results may reflect a greater difficulty in obtaining adequate analgesia with minilaparotomy. Culdoscopy seems to be associated with more complications than either minilaparotomy or laparoscopy without any obvious advantages except for less immediate postoperative pain.

With pooling data from approximately 1000 women in each group the review is underpowered in its ability to detect differences in operative mortality. Life threatening events or death were not observed in a cohort of 3500 women undergoing interval laparoscopic sterilizations (Destefano 1983). In this study, less than 2 % of women undergoing laparoscopy experienced intra or postoperative complications.

Another limitation of the review is the relatively short follow-up (maximum 1 year) of most included studies. Possible long-term consequences may differ between laparoscopy and minilaparotomy. With laparoscopy, the likelihood of diagnosing incidental pathologies such as endometriosis and uterine fibroids may be higher and hence lead to higher incidence of subsequent gynaecological interventions. Women who underwent sterilisation were 4 times more likely to have a hysterectomy than women whose husbands had vasectomy (Hillis 1998). Unintended laparotomy for attempted laparoscopy for tubal sterilisation was significantly increased in women with previous abdominal or pelvic surgery (Franks 1987) and was found to be the most frequent complication during interval laparoscopic sterilisation (Destefano 1983). These findings may be important in view of counseling women regarding the procedure and the associated risks involved. Laparoscopy was found to have statistically significant shorter duration of operation. However, the 5 minutes reduction in operating time might not be of great clinical importance. Pregnancy was not included as an outcome in this review because the efficacy of the procedure is related to the tubal occlusion technique rather than the abdominal entry method. Although certain tubal occlusion techniques may be used more frequently with laparoscopy and vice versa, the actual abdominal entry technique should not determine the efficacy of the procedure.

Considering factors discussed above the review's main objective was to identify major and minor operative and postoperative complications, costs and hospital stay. Data on women's satisfaction with the procedures were not available from the trials retrieved. Overall, culdoscopy seems to be associated with poorer results and without obvious advantages and therefore should not be recommended. Regarding minilaparotomy and laparoscopy, the decision-making should be a trade-off between advantages and disadvantages of each procedure. The experience of the surgeon is important especially with laparoscopy. The purchase and maintenance of laparoscopy equipment and the training required may be limiting factors in centres with limited resources. However, laparoscopy seems to be associated with fewer instances of minor operative morbidity and has a further advantage of minimal or no scarring and less postoperative discomfort.

## AUTHORS' CONCLUSIONS

### Implications for practice

Major morbidity seems to be a rare outcome for laparoscopy and minilaparotomy. The decision which method to choose should be a multifactorial one, depending on the setting, the surgeons experience and the woman's preference. Laparoscopy is a preferred



method in many developed country settings. Culdoscopy is not recommended by various international organisations (IPPF 1999, WFHAAVSC 1988) as it has been associated with high rates of complications, which is in agreement with the limited data from randomised controlled trials.

### **Implications for research**

Data on long term outcomes are available from cohort studies, rather than randomised controlled trials. Minilaparotomy and

laparoscopy are safe procedures with short hospital stay. Further comparative trials are not considered to be high priority for research.

### **ACKNOWLEDGEMENTS**

We would like to thank Herbert B Peterson for his contribution to this review.

## REFERENCES

### References to studies included in this review

#### Letchworth 1980 {published data only}

Letchworth AT, Kane JL, Noble AD. Laparoscopy or laparotomy for sterilization of women. *Obstet Gynecol* 1980;**56**(1):119-121.

#### Meyer 1976 {published data only}

Meyer JH, King TM. Advances in Female Sterilisation Techniques. Hagerstown, Maryland, 1976. *journal* 1976;**1**:Advances in Female Sterilisation Techniques. Hagerstown, Maryland, 1976. Harper & Row, Publishers.

#### Sitompul 1984 {published data only}

Sitompul H, Lun KC, Lumbanraja M, Kaban RM, Albar E, Simanjuntak P, Hanafiah MJ. Comparison of three types of tubal sterilisation: the Medan experience. *Contraception* 1984;**29**(1):55-63.

#### Taner 1994 {published data only}

Taner CE, Aban M, Yilmaz N, Senturk N, Toy E. Pomeroy tubal ligation by laparoscopy and minilaparotomy. *Adv Contracep* 1994;**10**:151-155.

#### WHO A 1982 {published data only}

World Health Organization, Task Force on Female Sterilization, Special programme of Research, Development and Research Training in Human Reproduction. Minilaparotomy or laparoscopy for sterilization. *Am J Obstet Gynecol* 1982;**143**:645-652.

#### WHO B 1982 {published data only}

World Health Organization. Task Force on Female Sterilization, Special Programme of Research, Development and Research Training in Human Reproduction. Randomized comparative study of culdoscopy and minilaparotomy for surgical contraception in women. *Contraception* 1982;**26**(6):587-593.

### References to studies excluded from this review

#### Sherman 1984 {published data only}

Sherman PA, Burigo JA. Comparison of laparoscopic Falope-ring and minilaparotomy sterilization. *Obstetrics & Gynecology* 1984;**63**:71-74.

#### Tiras 2000 {published data only}

Tiras MB, Noyan V, Gokce O, Guner H, Yildirim M, Riskey F. Comparison of microlaparoscopy for tubal sterilization under

local anaesthesia with mild sedation: a prospective randomized study. *Fertility* 2000.

### Additional references

#### Destefano 1983

Destefano F, Greenspan JR, Dicker RC, Peterson HB, et al. Complications of interval laparoscopic tubal sterilisation. *journal* 1983;**61**:153-158.

#### Franks 1987

Franks AL, Kendrick JS, Peterson HB. Unintended laparotomy associated with laparoscopic tubal sterilization. *American Journal of Obstetrics and Gynecology* 1987;**157**:1102-1105.

#### Hillis 1998

Hillis SD, Marchbanks PA, Taylor LR, Peterson HB. Higher hysterectomy risk for sterilized than nonsterilized women: findings from the US Collaborative Review of Sterilization. The US Collaborative Review of Sterilization Working Group. *Obstetrics Gynecology* 1998;**91**:241-246.

#### Limpaphayom 1991

Limpaphayom K. Sterilization. *Curr Opin Obstet Gynecol* 1991;**3**:501-509.

#### Osathanondh 1974

Osathanondh V. Suprapubic mini-laparotomy, uterine elevation technique: simple, inexpensive and out-patient procedure for interval female sterilization. *Contraception* 1974;**10**:251-262.

#### Uchida 1975

Uchida H. Uchida tubal sterilization. *Am J Obstet Gynecol* 1975;**121**:153-158.

#### Wheless 1972

Wheless CR. Outpatient laparoscope sterilization under local anesthesia. *Obstet Gynecol* 1972;**39**:767-770.

#### Wheless 1992

Wheless CR Jr. Tubal sterilization. In: Te Linde's Operative gynecology. [Tubal sterilization]. In: Thompson JD, Rock JA editor(s). Book. Vol. **1**, Philadelphia: JB Lippincott, 1992:343-59.

#### WHO 1992

World Health Organization. Female sterilization: a guide to provision of services. *journal* 1992;**1**:a guide to provision of services. WHO, Geneva, 1992.

## CHARACTERISTICS OF STUDIES

### Characteristics of included studies [ordered by study ID]

#### Letchworth 1980

Methods	Prospective randomly selected
---------	-------------------------------

**Letchworth 1980** (Continued)

Participants	200 women in Southampton/UK requesting sterilisation. Women with previous pelvic surgery were excluded from the study.
Interventions	Minilaparotomy versus laparoscopy using modified Hulka Clemens clip.
Outcomes	Difficulties at surgery, duration of operation and hospital stay, analgesia use, post operative pain
Notes	All operations were performed by experienced surgeons (authors only)

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Unclear risk	B - Unclear

**Meyer 1976**

Methods	Randomisation by sealed, opaque envelopes
Participants	60 women at the Johns Hopkins Gynecologic Clinic, USA requesting tubal sterilisation
Interventions	Minilaparotomy and Pomeroy tubal ligation versus one incision laparoscopy and 3 burn modification of Wheeler and Thompson.
Outcomes	Major morbidity, operation times,
Notes	Minilaparotomy: after 3 unsuccessful attempts with local anaesthesia among the first 6 women, all patients received general anaesthesia. Codeine was prescribed routinely for these patients shortly after study begin Laparoscopy: all but 4 patients received local anaesthesia

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

**Sitompul 1984**

Methods	Not specified Random allocation into equal groups
Participants	300 women requesting sterilisation at the University Hospital in Medan, Indonesia.
Interventions	1)Minilaparotomy with modified Pomeroy technique 2) Laparoscopy with 1 hole incision and cauterisation as described by Wheeler 3) Culdoscopy with modified Pomeroy method all under local anaesthesia and 10mg Valium intravenous
Outcomes	Complaints during operation, operation times, hospitalisation, post-op complications
Notes	

**Minilaparotomy and endoscopic techniques for tubal sterilisation (Review)**

**Sitompul 1984** (Continued)

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Unclear risk	B - Unclear

**Taner 1994**

Methods	Random selection
Participants	44 women requesting sterilisation.
Interventions	Minilaparotomy vs laparoscopy with 3 puncture method) and Pomeroy method for sterilisation. General anaesthesia for all women.
Outcomes	Duration of operation, length of hospital stay, length of excised tube, minor morbidity, failure rate
Notes	No inclusion/exclusion criteria were reported. Discussion refers mostly to other studies done in that field. Company providing equipment for laparoscopy mentioned, possible conflict of interest not stated.

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Unclear risk	B - Unclear

**WHO A 1982**

Methods	Multicenter, randomised study. Random allocation by envelopes centrally generated by WHO.
Participants	Healthy women with at least one child and eligible for both interventions. Exclusion criteria were pelvic pathologies, history of previous PID or peritonitis, scar below the umbilicus or any condition which would increase the risk of any surgical procedure. Conducted in Bangkok, Havana, London, Los Angeles, Santiago, Seoul, Singapore, Sydney
Interventions	Minilaparotomy and modified Pomeroy method versus laparoscopy and electrocoagulation for tubal sterilisation
Outcomes	Major: excessive bleeding requiring transfusion or additional surgery, injury to other organs requiring additional surgery, PID requiring hospitalisation, incision-related problems requiring re-hospitalization or additional operation Minor: bloodloss <50 ml, PID, injuries, incision- all not requiring hospitalisation or additional surgery

## Notes

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

**WHO B 1982**

Methods	Randomly allocated by envelope system generated by WHO.
Participants	400 healthy women with at least 1 leaving child and fulfilling the national eligibility criteria; conducted in Manila
Interventions	Minilaparotomy versus culdoscopy, using modified Pomeroy method.
Outcomes	Major and minor complications as defined by the authors
Notes	

**Risk of bias**

Bias	Authors' judgement	Support for judgement
Allocation concealment?	Low risk	A - Adequate

**Characteristics of excluded studies** [ordered by study ID]

Study	Reason for exclusion
<a href="#">Sherman 1984</a>	This is a retrospective study.
<a href="#">Tiras 2000</a>	comparison between two types of laparoscopy.

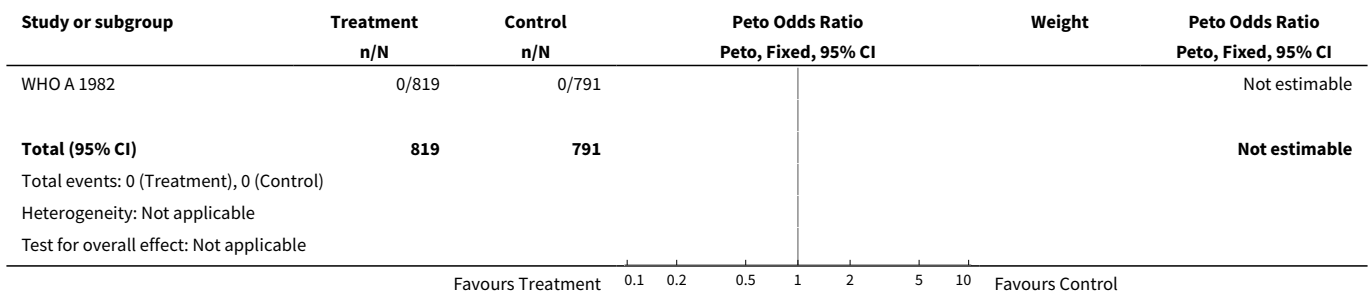
**DATA AND ANALYSES**
**Comparison 1. Minilaparotomy vs laparoscopy**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Operative mortality</a>	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
<a href="#">2 Major morbidity (total)</a>	4	2062	Peto Odds Ratio (Peto, Fixed, 95% CI)	1.80 [0.78, 4.17]
<a href="#">3 Major morbidity (details)</a>	3		Peto Odds Ratio (Peto, Fixed, 95% CI)	Subtotals only
3.1 bowel injury, requiring additional surgery	2	1807	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.14 [0.00, 7.06]
3.2 bladder injury, requiring additional surgery	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.66 [0.48, 122.70]

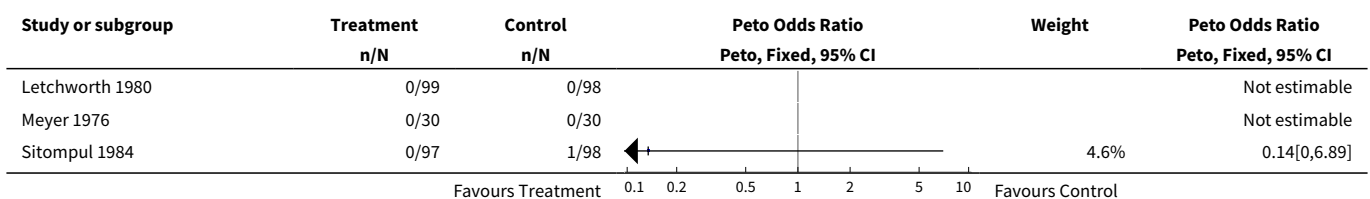
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3.3 vascular injury, requiring transfusion or additional surgery	2	1805	Peto Odds Ratio (Peto, Fixed, 95% CI)	1.02 [0.06, 16.36]
3.4 other operative morbidity, requiring additional surgery	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.66 [0.48, 122.70]
3.5 cardiac arrest	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.66 [0.15, 386.03]
3.6 pulmonary embolism	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
3.7 PID requiring hospitalisation	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.86 [0.26, 2.82]
3.8 re-hospitalisation	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.66 [0.48, 122.70]
3.9 other anaesthetic morbidity	2	1807	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.66 [0.15, 386.03]
<b>4 Minor morbidity (total)</b>	5	2106	Peto Odds Ratio (Peto, Fixed, 95% CI)	1.89 [1.38, 2.59]
<b>5 Minor morbidity (details)</b>	5		Peto Odds Ratio (Peto, Fixed, 95% CI)	Subtotals only
5.1 bowel injury with no additional surgery	1	197	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.13 [0.00, 6.75]
5.2 bladder injury with no additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
5.3 vascular injury, not requiring transfusion or additional surgery	2	1670	Peto Odds Ratio (Peto, Fixed, 95% CI)	2.06 [1.18, 3.59]
5.4 other minor intraabdominal injuries	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	2.45 [0.55, 10.81]
5.5 PID, no hospitalisation	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.78 [0.18, 3.43]
5.6 urinary tract infection	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.80 [0.35, 1.81]
5.7 wound infection or haematoma	2	1654	Peto Odds Ratio (Peto, Fixed, 95% CI)	2.31 [1.42, 3.75]
5.8 post-op temperature > 38°C	2	392	Peto Odds Ratio (Peto, Fixed, 95% CI)	2.26 [0.64, 7.93]
<b>6 Failure of surgical approach</b>	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.48 [0.16, 1.42]

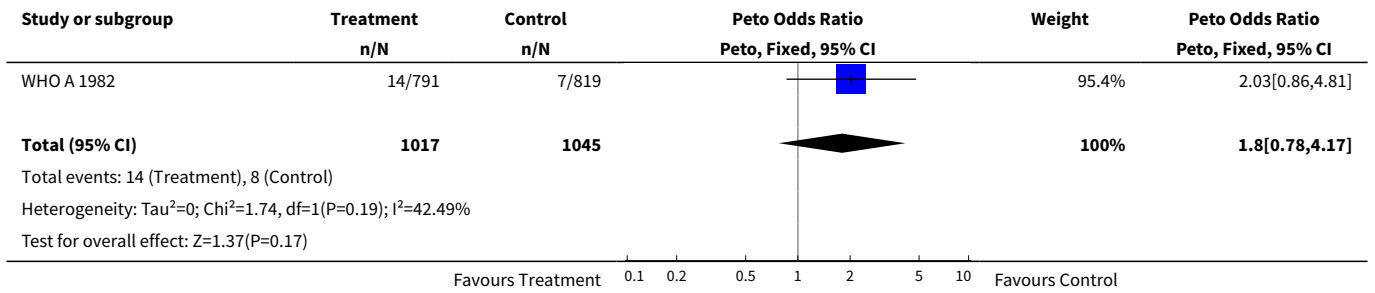
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
7 Failure of anaesthetic approach	1	60	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.93 [0.79, 79.26]
8 Duration of operation	3	436	Mean Difference (IV, Fixed, 95% CI)	5.34 [4.52, 6.16]
9 Hospital stay > 24 hours	4	496	Peto Odds Ratio (Peto, Fixed, 95% CI)	23.97 [8.71, 65.92]
10 Complaints	3		Peto Odds Ratio (Peto, Fixed, 95% CI)	Subtotals only
10.1 abdominal pain post-op (<24h)	2	1805	Peto Odds Ratio (Peto, Fixed, 95% CI)	4.19 [3.13, 5.61]
10.2 analgesic use post-op	1	197	Peto Odds Ratio (Peto, Fixed, 95% CI)	3.33 [1.89, 5.88]
10.3 persistent pain post-op	1	1610	Peto Odds Ratio (Peto, Fixed, 95% CI)	1.09 [0.81, 1.47]
10.4 women`s satisfaction	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
10.5 other minor complaints at follow-up	2	1756	Peto Odds Ratio (Peto, Fixed, 95% CI)	1.96 [1.08, 3.57]

**Analysis 1.1. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 1 Operative mortality.**

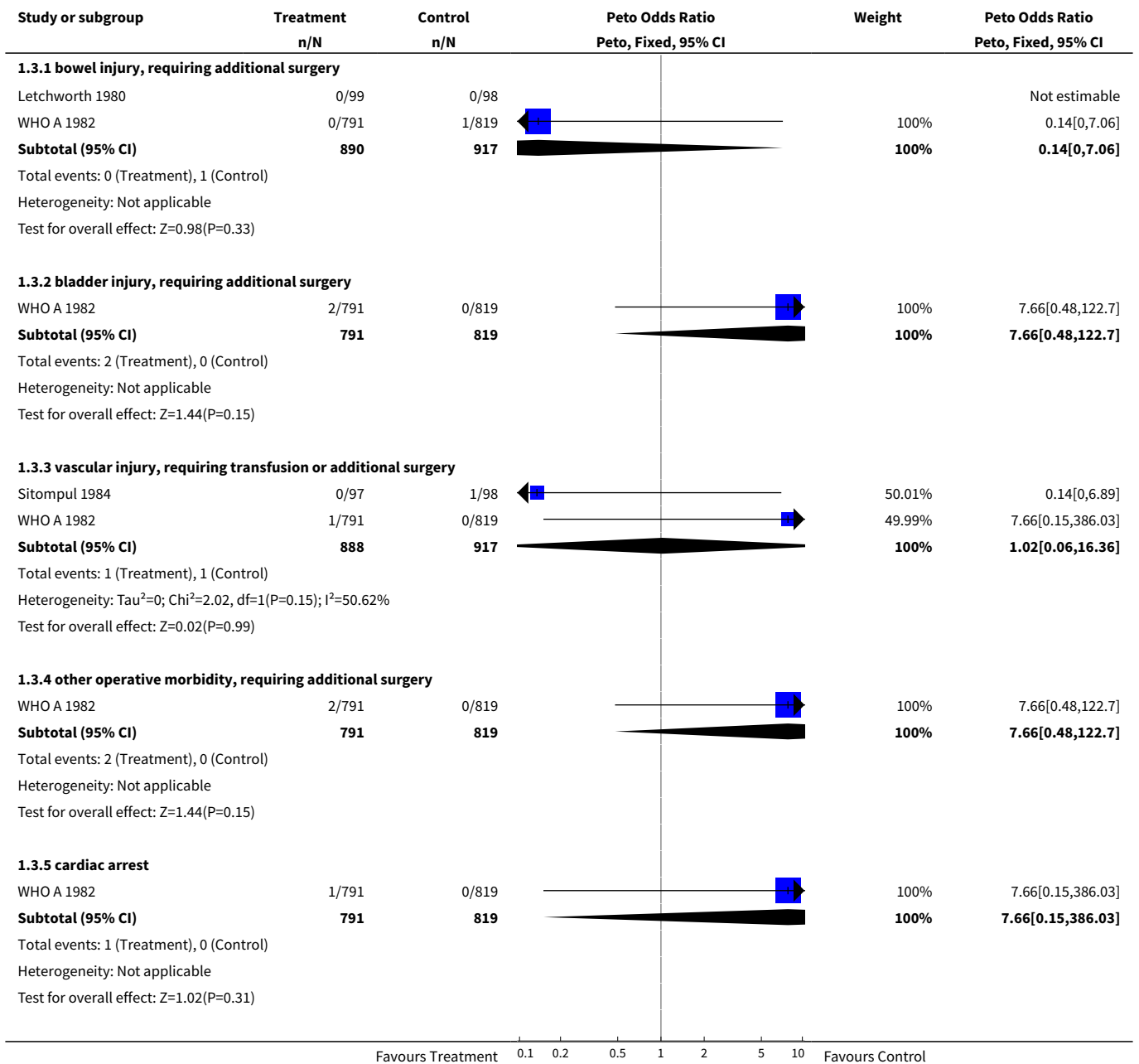


**Analysis 1.2. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 2 Major morbidity (total).**

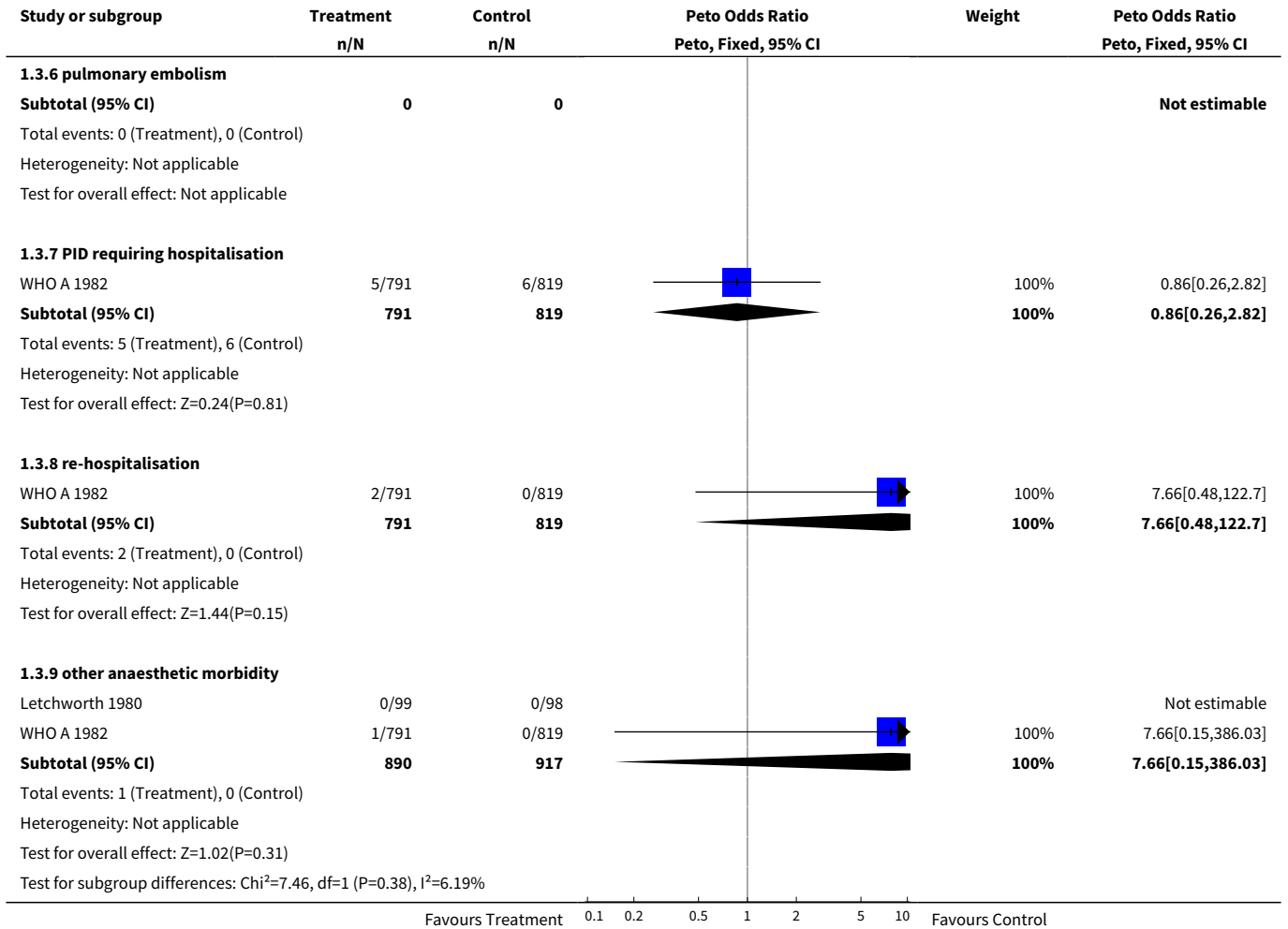




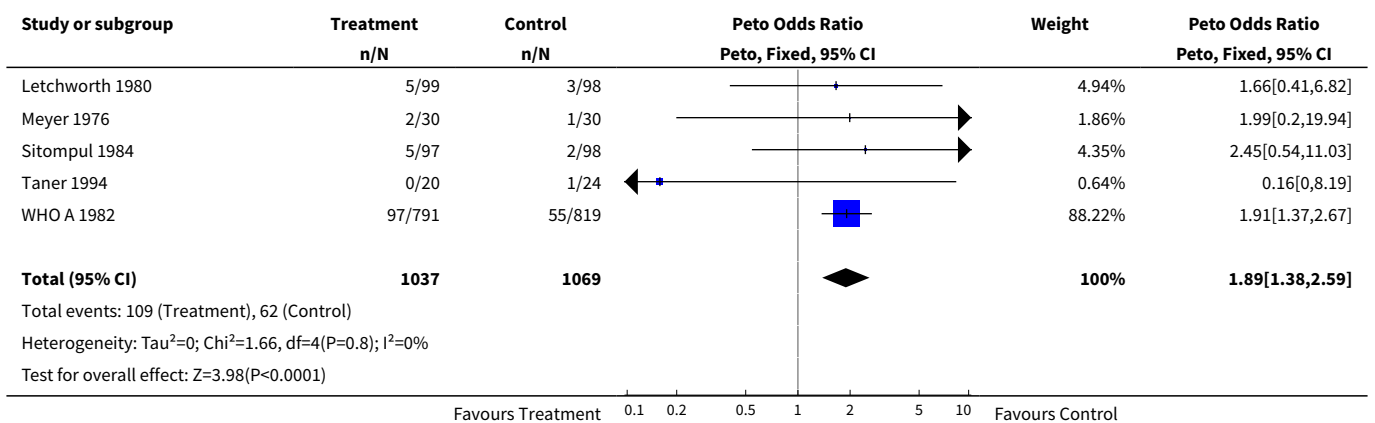
**Analysis 1.3. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 3 Major morbidity (details).**



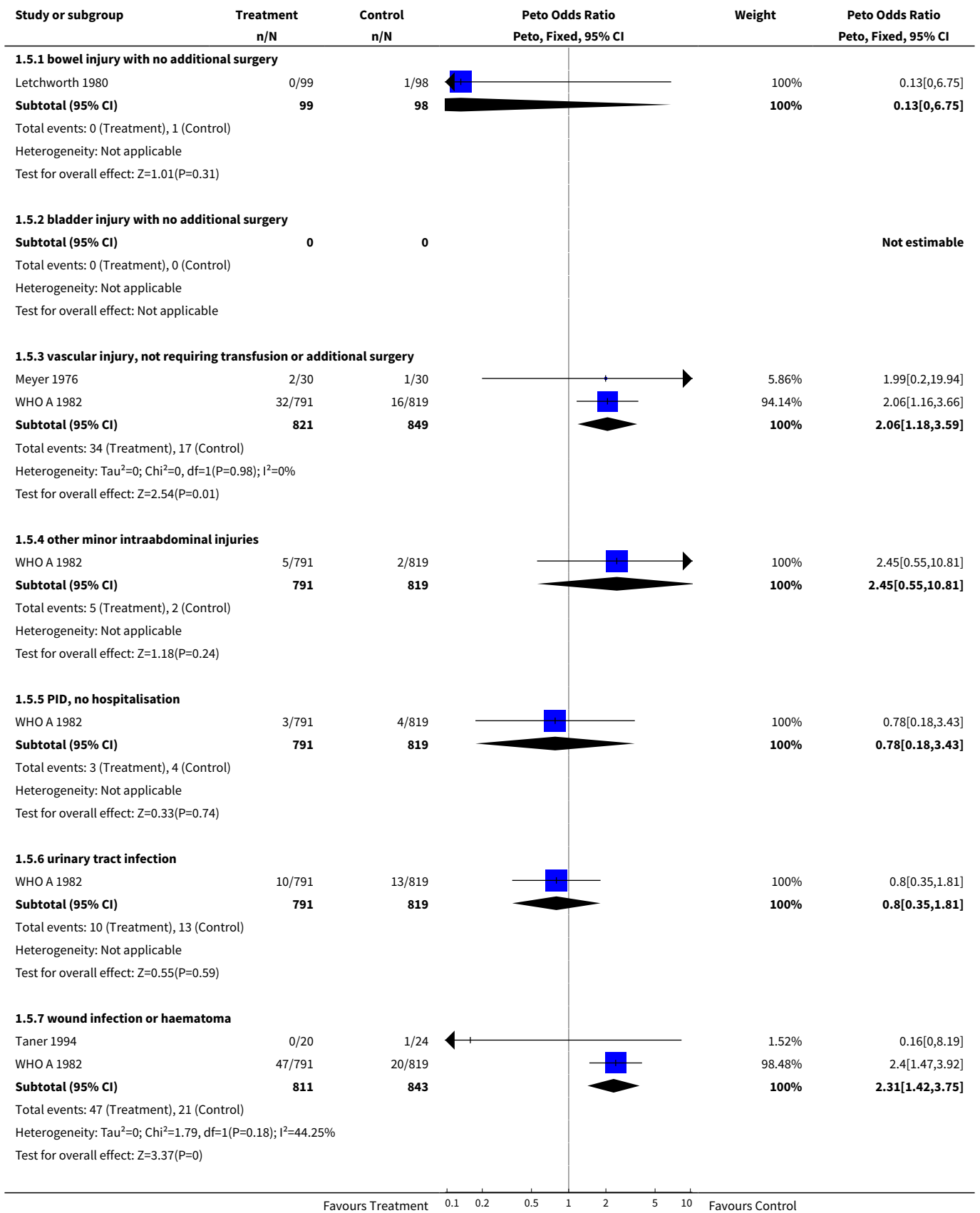


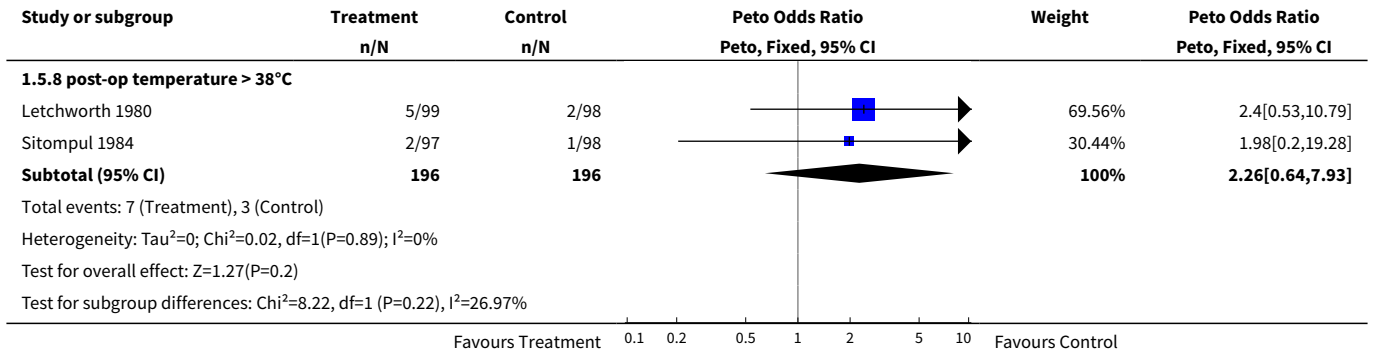


**Analysis 1.4. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 4 Minor morbidity (total).**

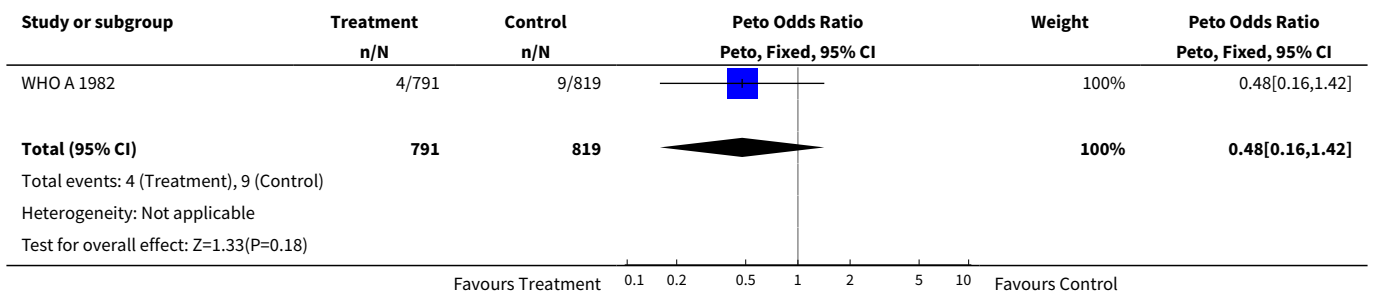


**Analysis 1.5. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 5 Minor morbidity (details).**

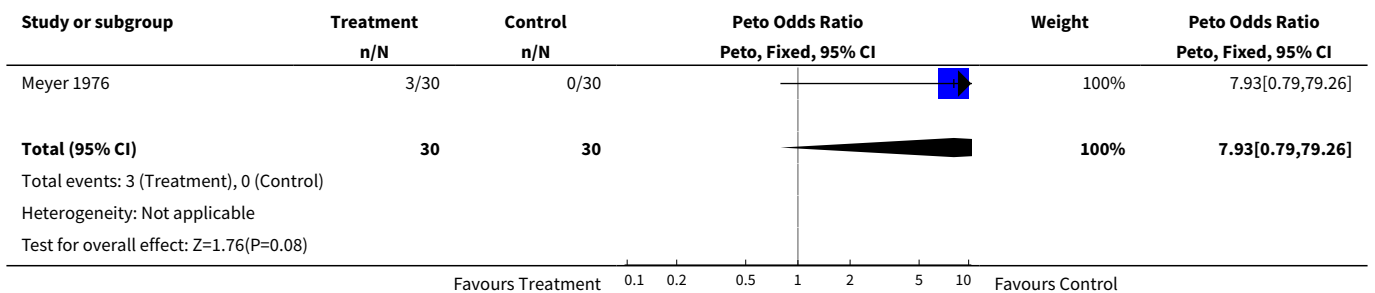




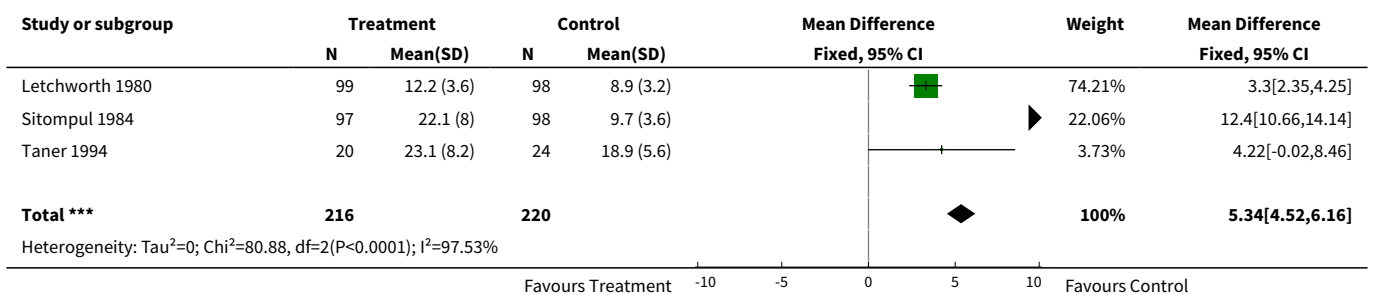
**Analysis 1.6. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 6 Failure of surgical approach.**



**Analysis 1.7. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 7 Failure of anaesthetic approach.**



**Analysis 1.8. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 8 Duration of operation.**



Study or subgroup	Treatment		Control		Mean Difference Fixed, 95% CI	Weight	Mean Difference Fixed, 95% CI
	N	Mean(SD)	N	Mean(SD)			

Test for overall effect:  $Z=12.78(P<0.0001)$

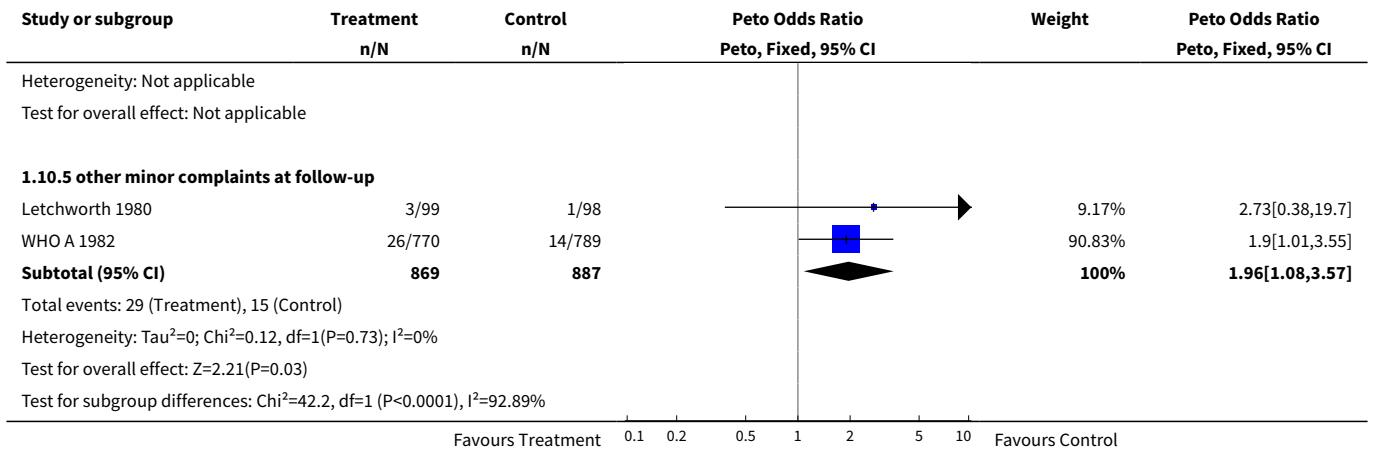
**Analysis 1.9. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 9 Hospital stay > 24 hours.**

Study or subgroup	Treatment n/N	Control n/N	Peto Odds Ratio Peto, Fixed, 95% CI	Weight	Peto Odds Ratio Peto, Fixed, 95% CI
Meyer 1976	0/30	0/30			Not estimable
Sitompul 1984	3/97	1/98		26.24%	2.79[0.39,20.12]
Taner 1994	20/20	0/24		73.76%	51.5[15.86,167.3]
<b>Total (95% CI)</b>	<b>246</b>	<b>250</b>		<b>100%</b>	<b>23.97[8.71,65.92]</b>

Total events: 122 (Treatment), 99 (Control)  
Heterogeneity:  $Tau^2=0$ ;  $Chi^2=6.17$ ,  $df=1(P=0.01)$ ;  $I^2=83.8\%$   
Test for overall effect:  $Z=6.15(P<0.0001)$

**Analysis 1.10. Comparison 1 Minilaparotomy vs laparoscopy, Outcome 10 Complaints.**

Study or subgroup	Treatment n/N	Control n/N	Peto Odds Ratio Peto, Fixed, 95% CI	Weight	Peto Odds Ratio Peto, Fixed, 95% CI
Sitompul 1984	53/97	15/98		24.54%	5.6[3.11,10.08]
WHO A 1982	120/791	31/819		75.46%	3.81[2.73,5.33]
<b>Subtotal (95% CI)</b>	<b>888</b>	<b>917</b>		<b>100%</b>	<b>4.19[3.13,5.61]</b>
Total events: 173 (Treatment), 46 (Control) Heterogeneity: $Tau^2=0$ ; $Chi^2=1.24$ , $df=1(P=0.27)$ ; $I^2=19.34\%$ Test for overall effect: $Z=9.65(P<0.0001)$					
<b>1.10.2 analgesic use post-op</b>					
Letchworth 1980	54/99	25/98		100%	3.33[1.89,5.88]
<b>Subtotal (95% CI)</b>	<b>99</b>	<b>98</b>		<b>100%</b>	<b>3.33[1.89,5.88]</b>
Total events: 54 (Treatment), 25 (Control) Heterogeneity: Not applicable Test for overall effect: $Z=4.15(P<0.0001)$					
<b>1.10.3 persistent pain post-op</b>					
WHO A 1982	100/791	96/819		100%	1.09[0.81,1.47]
<b>Subtotal (95% CI)</b>	<b>791</b>	<b>819</b>		<b>100%</b>	<b>1.09[0.81,1.47]</b>
Total events: 100 (Treatment), 96 (Control) Heterogeneity: Not applicable Test for overall effect: $Z=0.56(P=0.57)$					
<b>1.10.4 women`s satisfaction</b>					
<b>Subtotal (95% CI)</b>	<b>0</b>	<b>0</b>			<b>Not estimable</b>
Total events: 0 (Treatment), 0 (Control)					



### Comparison 2. Minilaparotomy versus culdoscopy

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Operative mortality	1	395	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
2 Major morbidity (total)	2	592	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.14 [0.02, 0.98]
3 Major morbidity (details)	2		Peto Odds Ratio (Peto, Fixed, 95% CI)	Subtotals only
3.1 bowel injury, requiring additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
3.2 bladder injury, requiring additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
3.3 vascular injury, requiring transfusion or additional surgery	2	592	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.14 [0.01, 2.19]
3.4 other operative morbidity, requiring additional surgery	1	197	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.14 [0.00, 7.03]
3.5 cardiac arrest	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
3.6 pulmonary embolism	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
3.7 other anaesthetic morbidity	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
3.8 PID requiring hospitalisation	1	395	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.14 [0.00, 6.92]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
3.9 re-hospitalisation	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
4 Minor morbidity (total)	2	592	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.93 [0.39, 2.22]
5 Minor morbidity (details)	2		Peto Odds Ratio (Peto, Fixed, 95% CI)	Subtotals only
5.1 bowel injury with no additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
5.2 bladder injury with no additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
5.3 vascular injury, not requiring transfusion or additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
5.4 other minor intraabdominal injuries	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
5.5 PID, no hospitalisation	1	395	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.14 [0.00, 6.92]
5.6 urinary tract infection	1	395	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.54 [0.47, 121.01]
5.7 wound infection or haematoma	1	395	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.66 [1.32, 44.61]
5.8 post-op temperature >38°C	1	197	Peto Odds Ratio (Peto, Fixed, 95% CI)	2.02 [0.21, 19.68]
6 Failure of surgical approach	1	395	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.14 [0.01, 1.32]
7 Duration of operation	2	592	Mean Difference (IV, Fixed, 95% CI)	4.91 [3.82, 6.01]
8 Hospital stay >24 hours	1	197	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.40 [0.12, 1.33]
9 Complaints	1		Peto Odds Ratio (Peto, Fixed, 95% CI)	Subtotals only
9.1 abdominal pain post-op (<24h)	1	197	Peto Odds Ratio (Peto, Fixed, 95% CI)	2.03 [1.16, 3.55]
9.2 analgesic use post-op	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
9.3 persistent pain post-op	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
9.4 women`s satisfaction	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
9.5 other minor complaints at follow-up	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]

**Analysis 2.1. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 1 Operative mortality.**

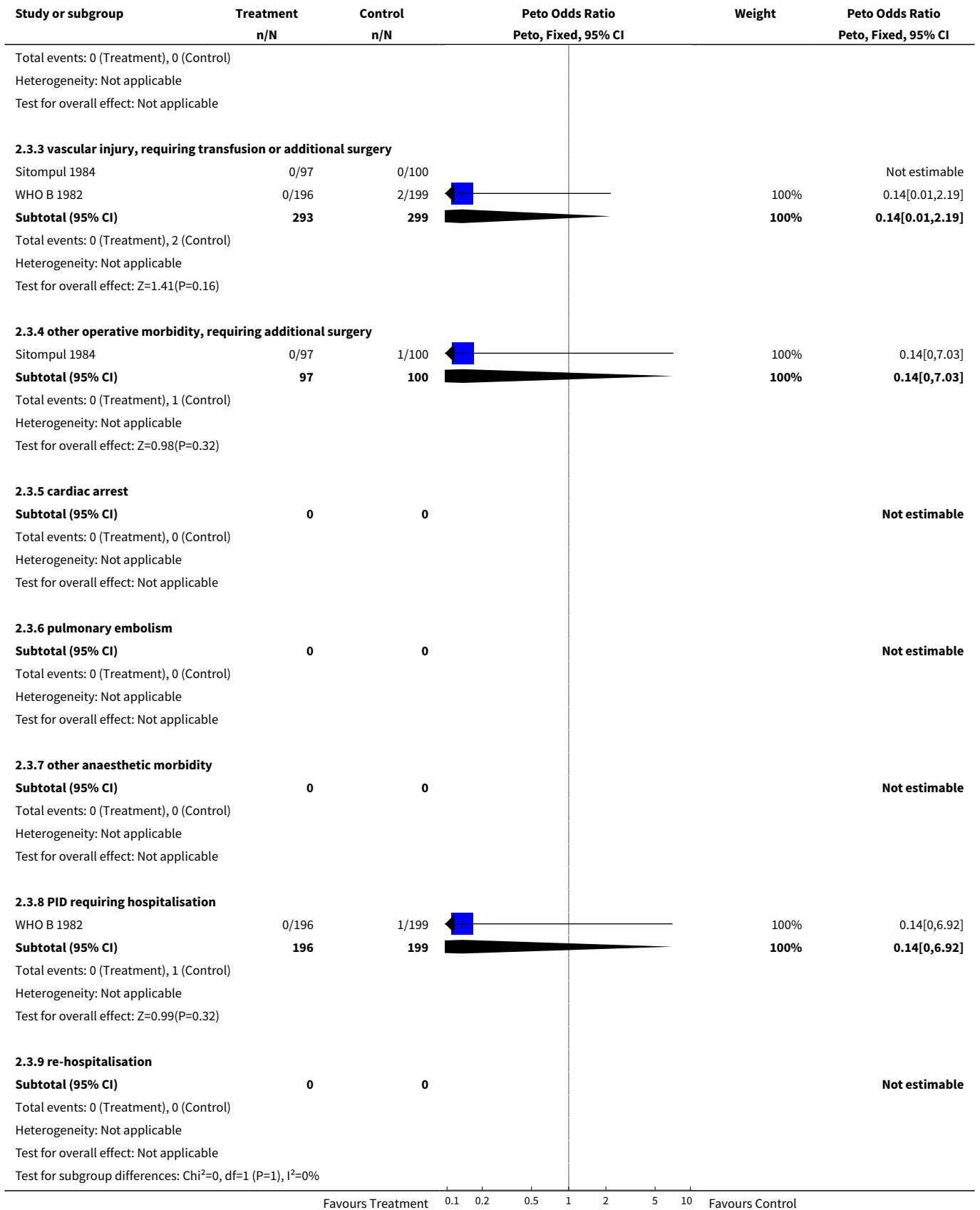
Study or subgroup	Treatment n/N	Control n/N	Peto Odds Ratio Peto, Fixed, 95% CI	Weight	Peto Odds Ratio Peto, Fixed, 95% CI
WHO B 1982	0/196	0/199			Not estimable
<b>Total (95% CI)</b>	<b>196</b>	<b>199</b>			<b>Not estimable</b>
Total events: 0 (Treatment), 0 (Control)					
Heterogeneity: Not applicable					
Test for overall effect: Not applicable					

**Analysis 2.2. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 2 Major morbidity (total).**

Study or subgroup	Treatment n/N	Control n/N	Peto Odds Ratio Peto, Fixed, 95% CI	Weight	Peto Odds Ratio Peto, Fixed, 95% CI
Sitompul 1984	0/97	1/100	0.14 [0.02, 0.98]	25.09%	0.14 [0.02, 0.98]
WHO B 1982	0/196	3/199	0.14 [0.01, 1.32]	74.91%	0.14 [0.01, 1.32]
<b>Total (95% CI)</b>	<b>293</b>	<b>299</b>	<b>0.14 [0.02, 0.98]</b>	<b>100%</b>	<b>0.14 [0.02, 0.98]</b>
Total events: 0 (Treatment), 4 (Control)					
Heterogeneity: Tau <sup>2</sup> =0; Chi <sup>2</sup> =0, df=1 (P=0.99); I <sup>2</sup> =0%					
Test for overall effect: Z=1.98 (P=0.05)					

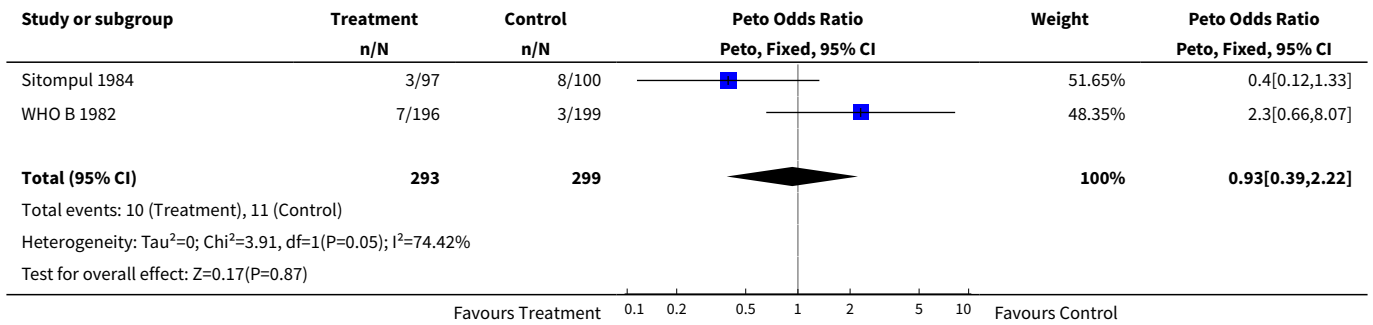
**Analysis 2.3. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 3 Major morbidity (details).**

Study or subgroup	Treatment n/N	Control n/N	Peto Odds Ratio Peto, Fixed, 95% CI	Weight	Peto Odds Ratio Peto, Fixed, 95% CI
<b>2.3.1 bowel injury, requiring additional surgery</b>					
<b>Subtotal (95% CI)</b>	<b>0</b>	<b>0</b>			<b>Not estimable</b>
Total events: 0 (Treatment), 0 (Control)					
Heterogeneity: Not applicable					
Test for overall effect: Not applicable					
<b>2.3.2 bladder injury, requiring additional surgery</b>					
<b>Subtotal (95% CI)</b>	<b>0</b>	<b>0</b>			<b>Not estimable</b>

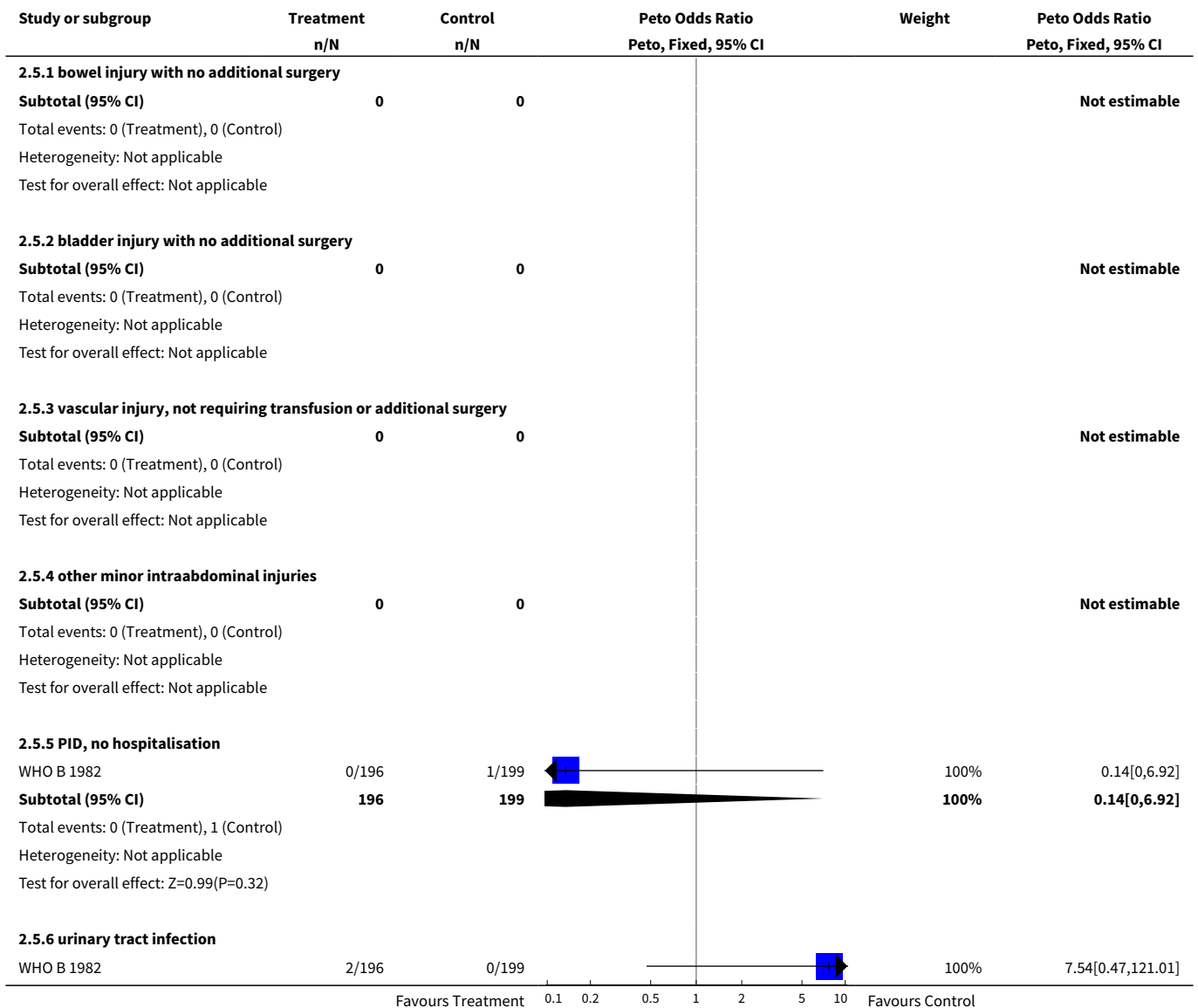


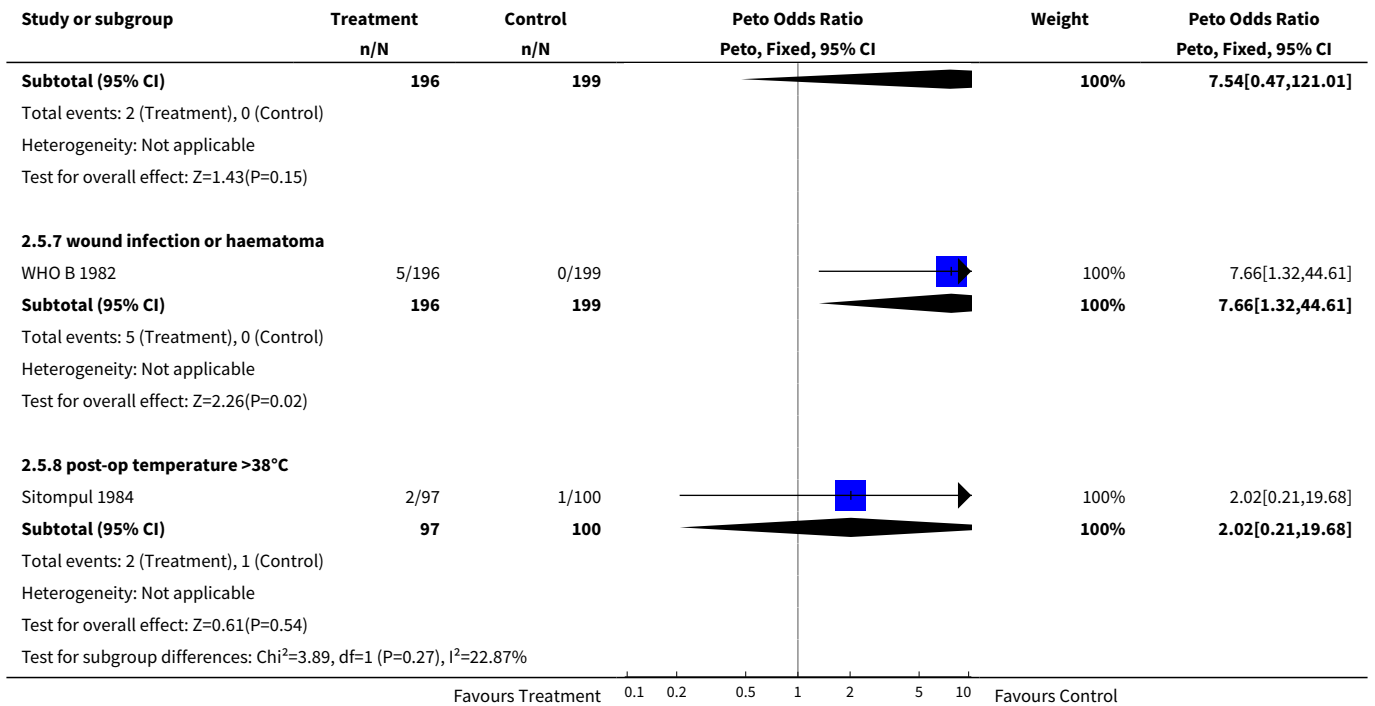


**Analysis 2.4. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 4 Minor morbidity (total).**

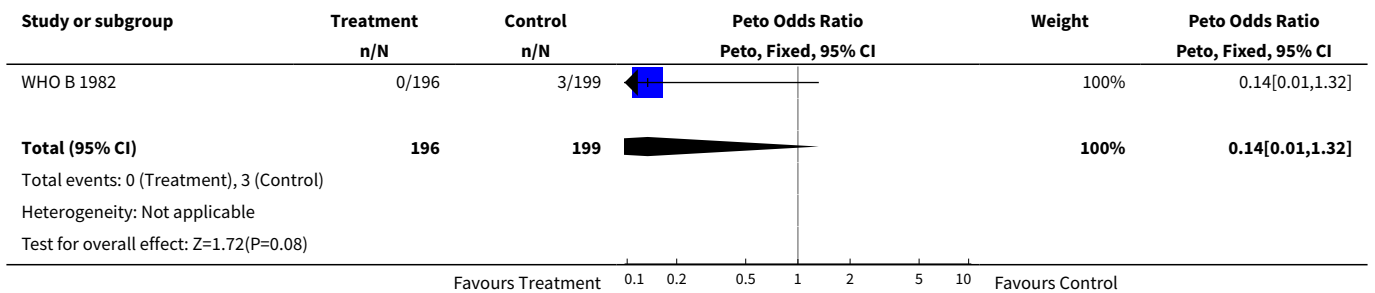


**Analysis 2.5. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 5 Minor morbidity (details).**

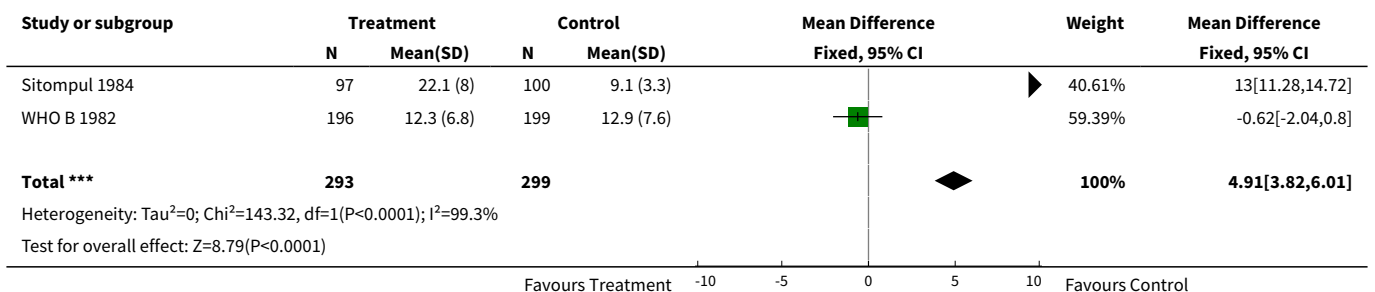




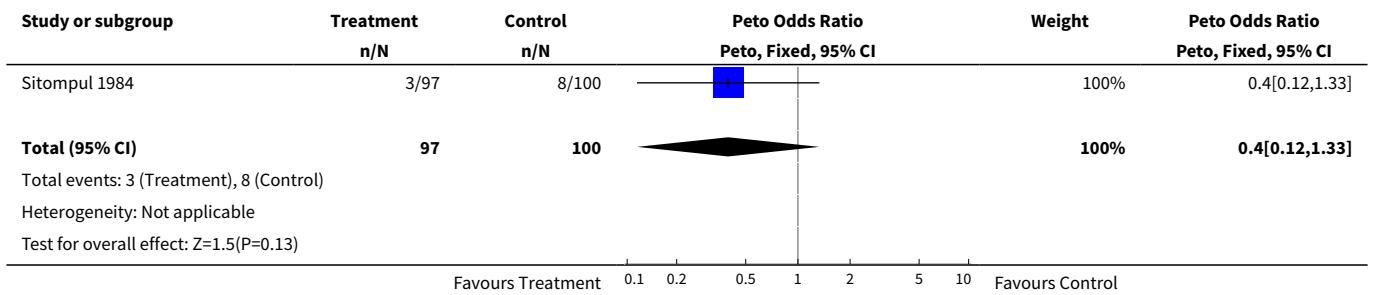
**Analysis 2.6. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 6 Failure of surgical approach.**



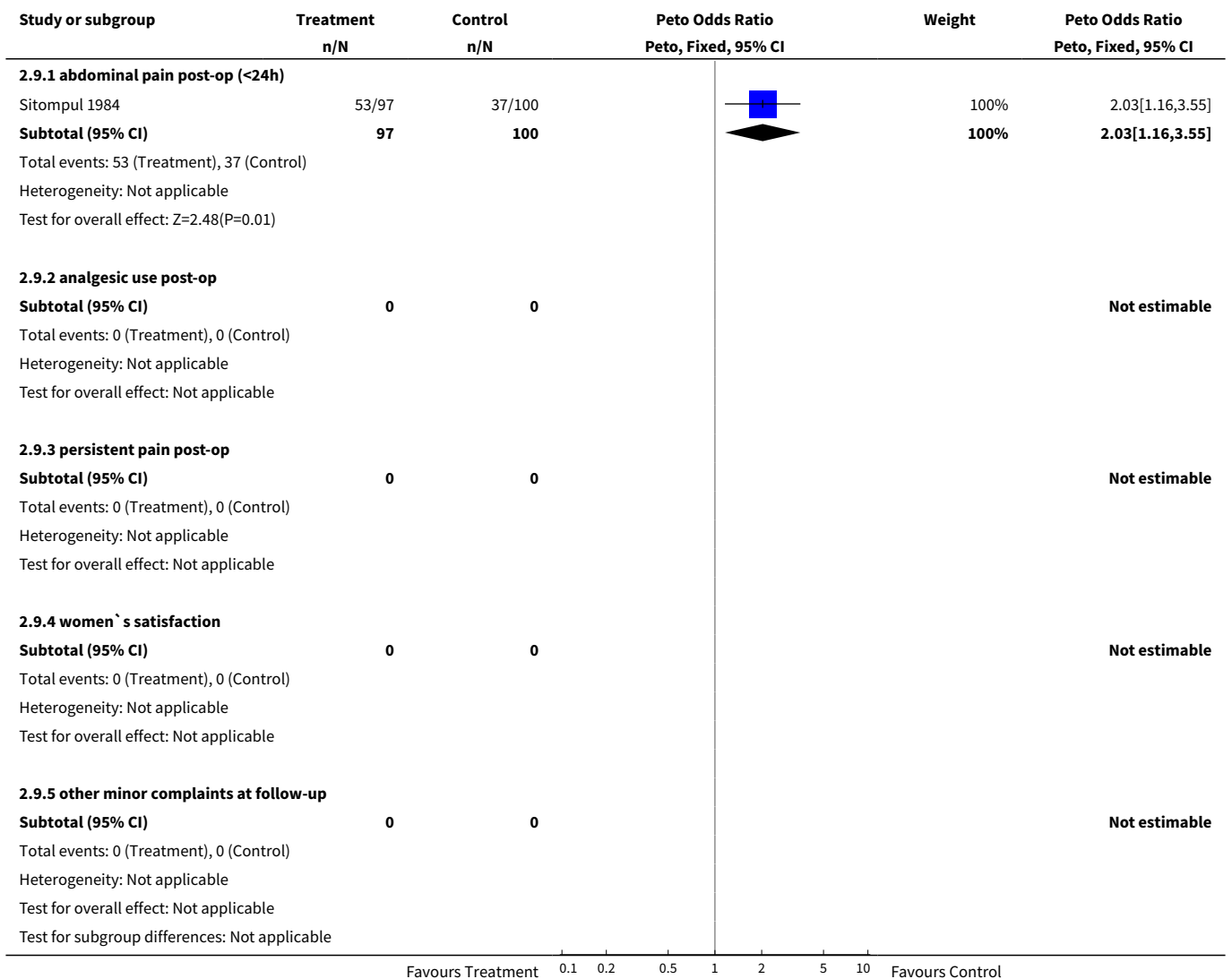
**Analysis 2.7. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 7 Duration of operation.**



**Analysis 2.8. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 8 Hospital stay >24 hours.**



**Analysis 2.9. Comparison 2 Minilaparotomy versus culdoscopy, Outcome 9 Complaints.**

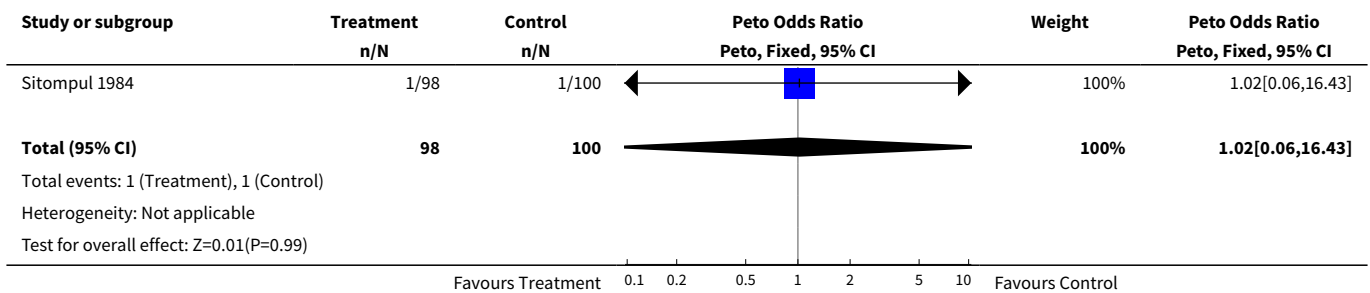


**Comparison 3. Laparoscopy vs culdoscopy**

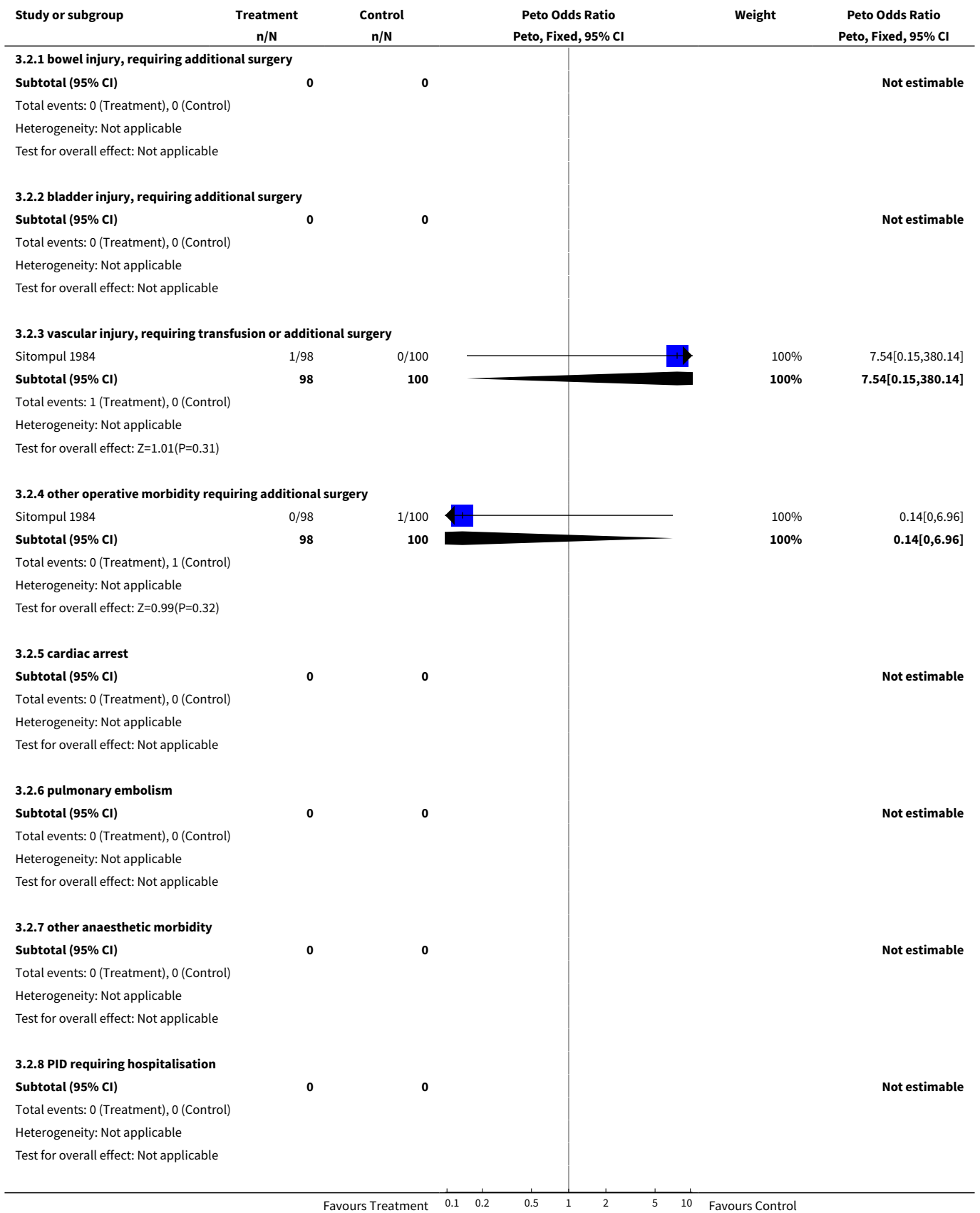
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Major morbidity (total)	1	198	Peto Odds Ratio (Peto, Fixed, 95% CI)	1.02 [0.06, 16.43]
2 Major morbidity (details)	1		Peto Odds Ratio (Peto, Fixed, 95% CI)	Subtotals only
2.1 bowel injury, requiring additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
2.2 bladder injury, requiring additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
2.3 vascular injury, requiring transfusion or additional surgery	1	198	Peto Odds Ratio (Peto, Fixed, 95% CI)	7.54 [0.15, 380.14]
2.4 other operative morbidity requiring additional surgery	1	198	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.14 [0.00, 6.96]
2.5 cardiac arrest	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
2.6 pulmonary embolism	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
2.7 other anaesthetic morbidity	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
2.8 PID requiring hospitalisation	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
2.9 re-hospitalisation	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
3 Minor morbidity (total)	1	198	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.20 [0.05, 0.77]
4 Minor morbidity (details)	1	198	Peto Odds Ratio (Peto, Fixed, 95% CI)	1.02 [0.06, 16.43]
4.1 bowel injury with no additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
4.2 bladder injury with no additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
4.3 vascular injury, not requiring transfusion or additional surgery	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
4.4 other minor intraabdominal injuries	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
4.5 PID, no hospitalisation	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]

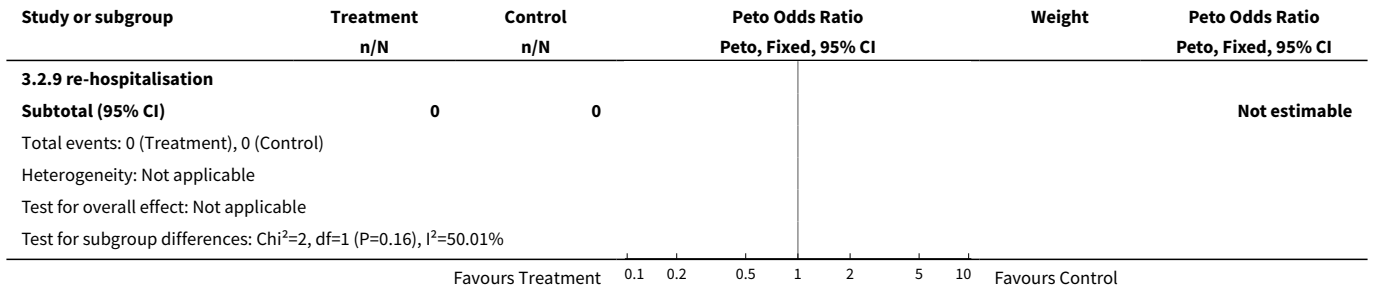
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
4.6 urinary tract infection	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
4.7 wound infection or haematoma	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
4.8 post-op temperature >38°C	1	198	Peto Odds Ratio (Peto, Fixed, 95% CI)	1.02 [0.06, 16.43]
<b>5 Duration of operation</b>	1	198	Mean Difference (IV, Fixed, 95% CI)	0.60 [-0.36, 1.56]
<b>6 Hospital stay &gt;24 hours</b>	1	198	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.20 [0.05, 0.77]
<b>7 Complaints</b>	1		Peto Odds Ratio (Peto, Fixed, 95% CI)	Subtotals only
7.1 abdominal pain post-op (<24h)	1	198	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.33 [0.17, 0.62]
7.2 analgesic use post-op	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
7.3 persistent pain post-op	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
7.4 women`s satisfaction	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]
7.5 other minor complaints at follow-up	0	0	Peto Odds Ratio (Peto, Fixed, 95% CI)	0.0 [0.0, 0.0]

**Analysis 3.1. Comparison 3 Laparoscopy vs culdoscopy, Outcome 1 Major morbidity (total).**

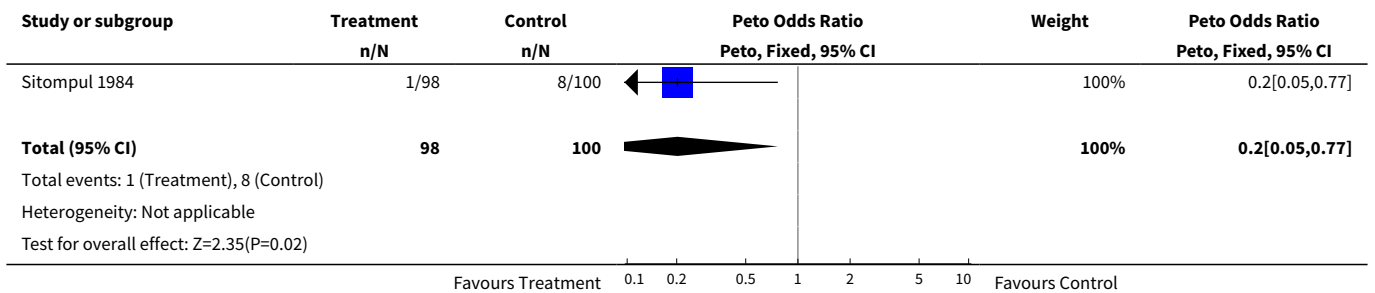


**Analysis 3.2. Comparison 3 Laparoscopy vs culdoscopy, Outcome 2 Major morbidity (details).**

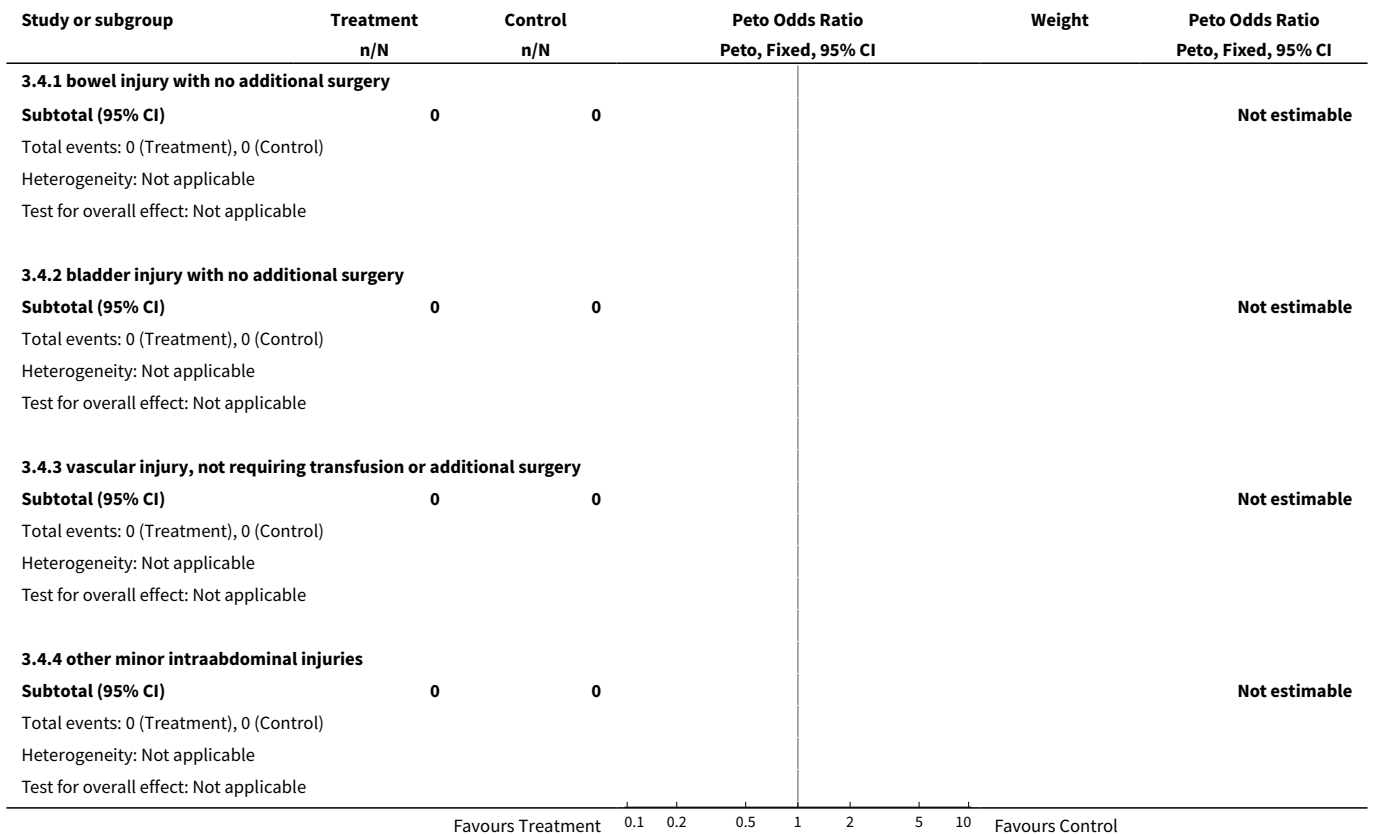


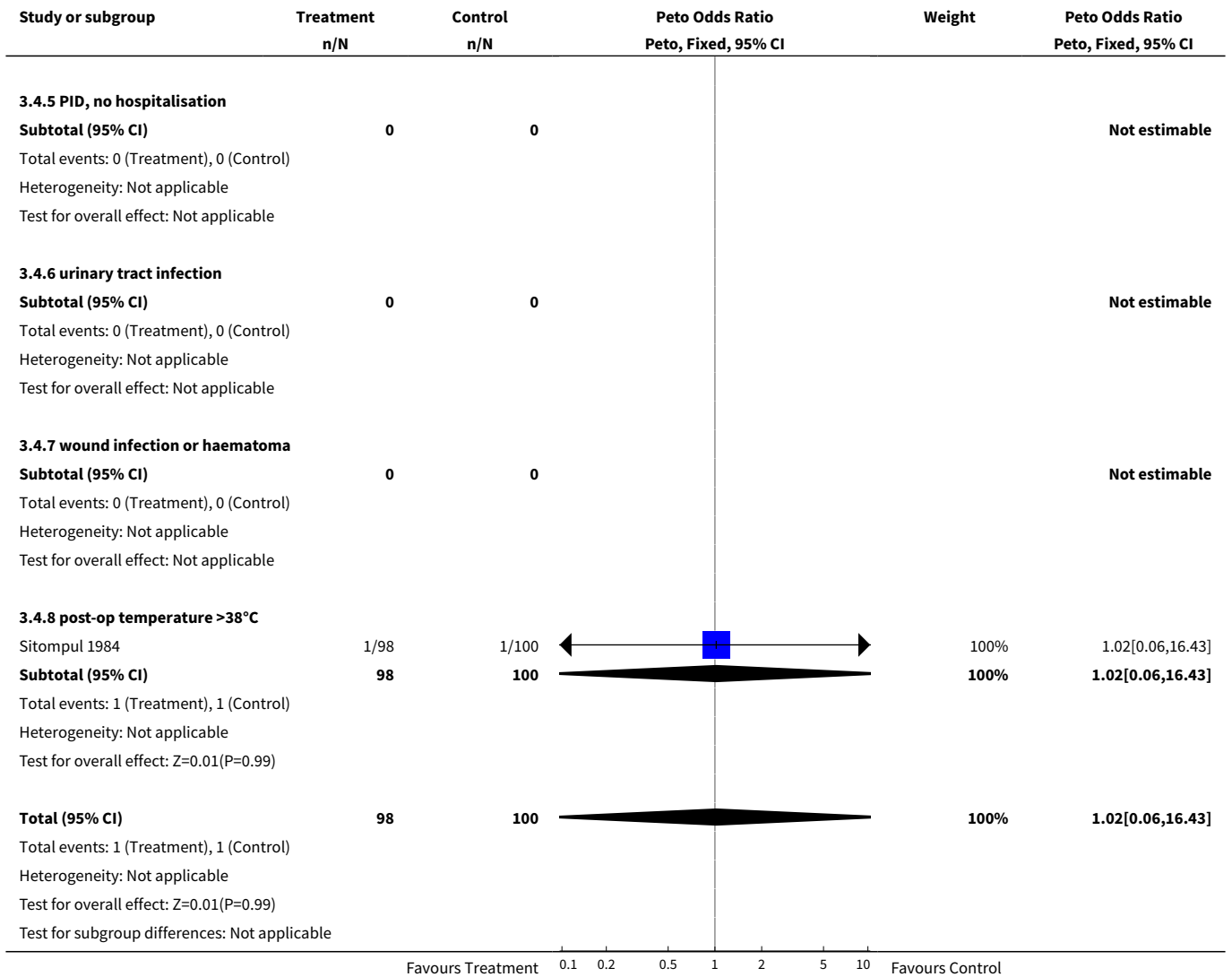


**Analysis 3.3. Comparison 3 Laparoscopy vs culdoscopy, Outcome 3 Minor morbidity (total).**

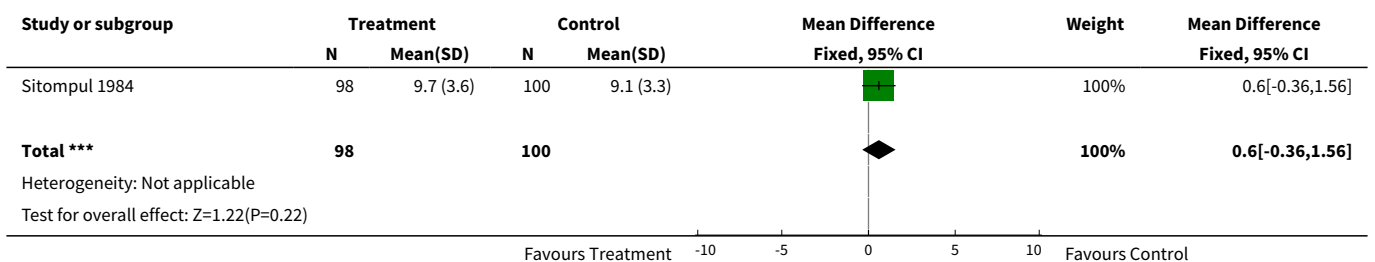


**Analysis 3.4. Comparison 3 Laparoscopy vs culdoscopy, Outcome 4 Minor morbidity (details).**



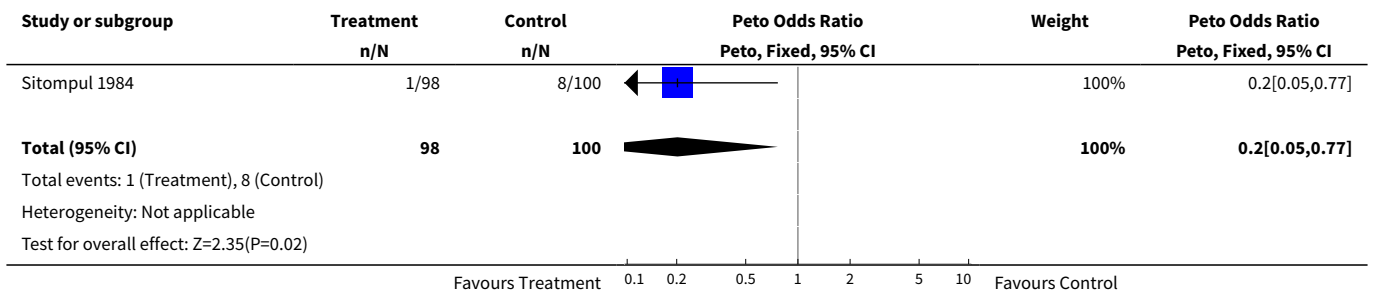


**Analysis 3.5. Comparison 3 Laparoscopy vs culdoscopy, Outcome 5 Duration of operation.**

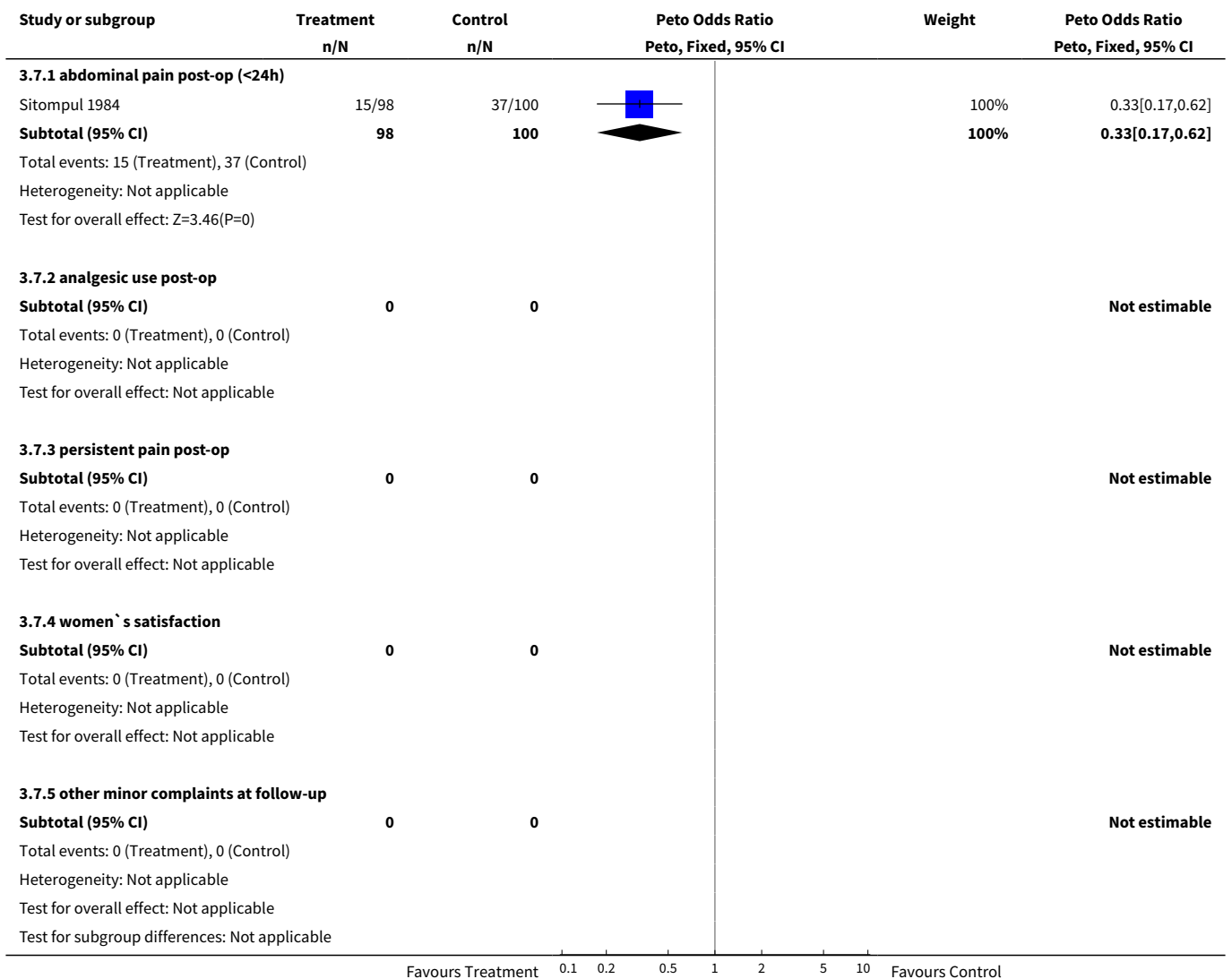




**Analysis 3.6. Comparison 3 Laparoscopy vs culdoscopy, Outcome 6 Hospital stay >24 hours.**



**Analysis 3.7. Comparison 3 Laparoscopy vs culdoscopy, Outcome 7 Complaints.**



**WHAT'S NEW**

Date	Event	Description
16 February 2009	Amended	text edited
2 September 2008	New search has been performed	no new trials were identified

## HISTORY

Protocol first published: Issue 4, 1998

Review first published: Issue 2, 2000

Date	Event	Description
15 April 2008	Amended	Converted to new review format.
26 May 2004	New citation required and conclusions have changed	Substantive amendment

## CONTRIBUTIONS OF AUTHORS

RK, MB and DW wrote the protocol, conducted the literature search, critically appraised the studies and did the data extraction. RK wrote the manuscript, GdC and AC critically commented on the review.

## DECLARATIONS OF INTEREST

None

## SOURCES OF SUPPORT

### Internal sources

- University Hospital of Geneva, Department of Obstetrics and Gynaecology, Switzerland.
- Geneva Foundation for Medical Education and Research, Switzerland.

### External sources

- No sources of support supplied

## INDEX TERMS

### Medical Subject Headings (MeSH)

Culdoscopy; Laparoscopy; Laparotomy; Randomized Controlled Trials as Topic; Sterilization, Tubal [\*methods]

### MeSH check words

Female; Humans