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The Long Road to the First FDA Approved Gene Therapy: Chimeric Antigen Receptor T Cells Targeting CD19

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Abstract

Thirty years after initial publications of the concept of a chimeric antigen receptor (CAR), the U.S. Food and Drug Administration (FDA) approved the first anti-CD19 CAR T cell therapy. Unlike other immunotherapies such as immune checkpoint inhibitors and bispecific antibodies, CAR T cells are unique as they are "living drugs", i.e. gene-edited killer cells that can recognize and kill cancer. During these 30 years of development, the CAR construct, the T cell manufacturing process, and the clinical patient management went through rounds of failures and successes that drove continuous improvement. Tisagenlecleucel was the first gene therapy to receive approval from the FDA for any indication. The initial approval was for relapsed or refractory (r/r) pediatric and young-adult B-cell acute lymphoblastic leukemia in August 2017 and in May 2018 for adult r/r diffuse large B cell lymphoma. Here we review the pre-clinical and clinical development of what began as CART19 at the University of Pennsylvania and later developed into tisagenlecleucel.

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Conflicts of Interest

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Keywords

Chimeric Antigen Receptor T cells; CART; CART19; CTL019; tisagenlecleucel; axicabtagene ciloleucel

Introduction

Chimeric antigen receptors (CAR) are proteins generated by the fusion of an antigenbinding domain, typically an antibody-derived single-chain variable fragment (scFv) with the T cell receptor (TCR) signaling domain CD3ζ and improvements have included a selected costimulatory domain. The presence of a tumor-specific CAR makes T cells independent of major histocompatibility complex (MHC)-restriction and virtually any target expressed on the surface of cancer cells can be recognized. After CAR-mediated target recognition and transmission of the signal, the T cell-intrinsic cytotoxic machinery is unleashed. The so-called "first generation" CAR T cells (CART) signal solely by the CD3ζ domain. They were initially used to target HIV [1, 2] and solid tumors [3–7], but resulted in limited or no clinical effect. Costimulatory domains such as CD28 [8–11], 4-1BB [12, 13], and others [12] were added to the CAR construct to enhance anti-tumor efficacy and persistence, leading to "second-generation CARs". The development of second-generation CART and the choice of CD19 as a tumor antigen significantly increased CART activity in preclinical studies [14, 15] that were eventually translated into unprecedented clinical results in B-cell acute lymphoblastic leukemia (B-ALL) and non-Hodgkin lymphomas (NHL) [16– 22]. In particular, CD19-targeted CARTs for B-ALL have since become the prime example of what can be achieved with CART with reported complete remission (CR) rates of 80-90% in r/r pediatric B-ALL, while response rates were 30-50% in chronic lymphocytic leukemia (CLL) and NHL [23–26]. Besides approvals in the US FDA [27, 28], tisagenlecleucel has also been approved in the European Union (EU) [29], Canada [30, 31], Switzerland [32], Australia [33], and Japan [34]. Axicabtagene ciloleucel, the second commercial CAR T cell therapy, is approved for r/r diffuse large B cell lymphoma (DLBCL) by the FDA as well as authorities in the EU [35], Canada [36], and Switzerland [37]. However, despite the clear clinical success, several aspects of CART treatment need to be improved. These include the lower response rates seen in DLBCL and CLL, CD19-negative escape, management of cytokine release syndrome (CRS), neurotoxicity, and the manufacturing cost of goods and services with implications for pricing and reimbursement. This review will describe the basic research, preclinical, and clinical studies that culminated in the FDA approval of tisagenlecleucel in 2017 [27] (key milestone events shown in Figure 1) and discuss current challenges and future perspectives.

Key initial discoveries

CART therapy, like other adoptive cell therapies (ACT), has its roots in allogeneic hematopoietic cell transplantation (allo-HCT) [38]. T cells play an essential role in the success of allo-HCT, as T-cell depletion from the graft, initially pursued to decrease the risk of graft versus host disease (GVHD), increases the risk of relapse [39]. Moreover, malignant cells can be eradicated, even using reduced chemotherapy conditioning regimens,

confirming the anti-tumor activity of donor T cells [40]. This notion is confirmed by the fact that post-allo-HCT donor lymphocyte infusions can bring relapsed subjects into a new remission [41]. The significant morbidity and mortality associated with allo-HCT, particularly the associated GVHD, and the risk of relapse gives a rationale for selective use of cancer-specific T cells.

Acknowledging the ability of T cells to reject cancer but also realizing the difficulties in generalizing treatments based on conventional TCR-MHC interaction led researchers to seek other ways of harnessing T cells to target cancer. Concomitantly, advancements in genetic engineering established viral vectors as a tool to manipulate mammalian cells, including T cells [42]. In the late 1980s, two groups were independently working on examining the function and structure of newly elucidated antigen receptors on lymphocytes, both B and T, by creating "chimeric receptors." From these studies arose the concept of endowing T cells with "at-will" specificities by engineering T cells to recognize antigens in an MHCindependent manner. Kurosawa and coworkers constructed chimeric genes attaching variable light chains (V_L) or variable heavy chains (V_H) of a monoclonal antibody to the TCR constant α or β chains in 1987 [43] (Figure 2). The V_L and V_H genes provided specificity for phosphorylcholine, a cell wall component of S. Pneumoniae. Exposure of transfected T cells to heat-killed S. Pneumoniae elicited an intracellular response in the form of calcium influx that was not MHC-restricted.

In 1989 in Israel, Zelig Eshhar and coworkers generated similar constructs recognizing 2,4,6-trinitrophenyl, a hapten that was historically used to model antibody specificity (Figure 2). Transfected cytotoxic T cell hybridoma cells were able to lyse target-bearing cells and produce IL-2 [44]. Both methods depended on the pairing of the α and β chain in order to obtain the combined specificity of the V_L and V_H chains. The "T-body" approach would later be refined by using an scFv, containing both V_L and V_H chains connected via a linker. In "first-generation" CARs, the scFv is connected to either a CD3 ζ or the Fc receptor γ $(FcR\gamma)$ activating domain, via a hinge sequence [45] (Figure 2). The use of an scFv reduces the likelihood of mispairing with the endogenous TCR chains and has remained the most frequently employed extracellular structure used for the design of CAR to this day. Although CARs would be first used experimentally for elucidating the function of the CD3ζ chain [46–48], the potential for cancer treatment was envisioned from the beginning as noted in the discussion of Dr. Eshhar's 1989 paper: "Construction of cTcRs with anti-tumor specificity will enable testing of the feasibility of this approach in combating human tumors" [44].

Adoptive T Cell Therapy Paving the Way for CARTs

In 1988, Rosenberg and coworkers at the National Cancer Institute (NCI) published an ACT strategy involving isolation of tumor-infiltrating lymphocytes (TIL) from melanoma subjects and in vitro expansion using IL-2, which resulted in the regression of metastatic melanoma in a subset of patients [49]. In a first-in-human clinical study using genetically modified T cells, the Rosenberg group transduced TILs with replication-incompetent murine retrovirus encoding the neomycin resistance gene as a marker for the infused T cells [50]. Five cancer patients received autologous gene-modified TILs, which persisted in circulation for up to

two months and could be detected in tumor biopsies. No side effects related to gene transduction were observed and clinical effects were observed in three of five patients. Eshhar and Rosenberg would later collaborate to apply the T-body approach for cancer in research and pre-clinical studies. In 1993, the group transduced TILs with a CAR construct consisting of a folate receptor α (FRα)-specific scFv linked to FcRγ. CAR transduced TILs were able to lyse an ovarian carcinoma cell line (IGROV) in vitro [51], and in vivo [52]. Rosenberg's group contributed another important principle to ACT by demonstrating that mild lymphodepletion improved the proliferation of adoptively transferred T cells and tumor regression in subjects treated with TILs for melanoma [53]. The group at the University of Pennsylvania showed that adoptive transfer of peripheral blood T cells induced lymphocytosis in the setting of autologous stem cell transplantation [54]. The effect created by lymphodepletion was later coined a "cytokine sink" referring to the increased availability of homeostatic cytokines for the adoptively transferred T cells [55]. Lymphodepletion is now a procedure included in most, though not all, CART therapy protocols [56].

This pioneering work inspired many other groups to study CART with multiple specificities, for example human epidermal growth factor receptor (HER) 2 [57], prostate-specific membrane antigen (PSMA) [58], tumor-associated glycoprotein 72 (TAG-72) [59], carboxyanhydrase-IX [60], carcinoembryonic antigen (CEA) [61], GD2 [11], CD19 [62, 63], CD20 [64], CD30 [65], and CD171 [7], among others. Some CAR constructs would be a chimera between native molecules in the form of receptors or ligands linked to CD3ζ, for example, heregulin [66], IL13 [67], or CD4 (Figure 2) [47, 68], enabling CART to recognize HER3/4 in breast cancer, IL13Ra2 in glioblastoma, and gp120 on HIV-infected cells, respectively.

Pioneering clinical trials with first-generation CART

Romeo and Seed first described specific lysis of HIVgp120/gp41 complex expressing cells by T cells transiently transduced with the CAR CD4-CD3ζ [47]. Margo Roberts and colleagues at Cell Genesys Inc. carried out in vitro studies showing that HIV-infected CD4+ T cells could be specifically lysed by CD8+ T cells stably expressing a CD4-CD3ζ CAR following retroviral transduction [68]. Based upon these observations, the first clinical CAR trials were initiated in the 1990s, in HIV-infected subjects [1, 2]. Kristen Hege, also at Cell Genesys Inc., led a concurrent clinical CAR trial targeting TAG-72 in colorectal cancer, the first initiated for cancer [3]. The CD4-CD3ζ CART demonstrated the overall safety of retroviral transduction of T cells with CAR constructs as well as prolonged in vivo persistence of CART [69]. In the TAG-72 CART trial, one patient showed clinical evidence of CRS and a 50 percent decrease in levels of CEA, but no positive clinical outcomes were obtained [3].

These trials also served as confirmation of the robustness of a new T cell clinical manufacturing protocol using anti-CD3 and anti-CD28 coated magnetic beads [70]. These beads yielded significantly more robust in vivo persistence than T cells expanded using anti-CD3 antibody plus IL-2 [1, 71]. The first clinical use of CD3/CD28 activated T cells occurred in HIV+ subjects. Improvements in CD4 counts, CD4:CD8 ratios, and immune function were observed following dose escalation of their autologous polyclonal CD4+ T

cells [72, 73]. The bead-activation method would subsequently go on to be utilized in thousands of subjects enrolled in T cell engineering clinical trials, and for tisagenlecleucel.

The CD4-cD3ζ CART clinical trials, as well as other gene transfer trials up until the early 2000s, had utilized murine gammaretroviral vectors (RV) for gene transfer. The first-inhuman use of a lentiviral vector (LV) for gene transfer occurred in a clinical trial of autologous CD4+ T cells carrying an anti-sense to the HIV envelope gene in HIV+ subjects who had developed resistance to antiviral drugs [74]. The advent of third-generation LV further increased the safety profile of this vector [75]. Replication-competent LV and RV have not been detected in vector products and vector-transduced cells from numerous clinical trials [76–79]. Nor have there been any reports of oncogenic insertional mutagenesis from clinical trials involving mature T cells using either LV or RV, although oncogenic transformation of mature T cells has been reported in mice using RV [80]. T cell lymphomas due to insertional oncogenesis occurred in non-human primates when a RV contaminated with replication-competent virus was used in a hematopoietic stem cell transplant experiments [81].

Costimulation takes CART to the next level

The importance of costimulation in T cell activation was unfolding in the wake of the generally disappointing results of phase I trials with first-generation CARTs [3, 4, 82]. The two signal hypothesis proposed in 1970 by Bretscher and Cohn [83] stated that in order to obtain optimal activation a lymphocyte needs an antigen-specific signal delivered through its antigen receptor and an unspecific signal, delivered via costimulatory ligand-receptor interaction. Several early observations highlighted the potential significance of costimulation in the CART context. First, the inability of tumor-reactive T cells to reject malignant cells could be reverted by engineering the malignant cells to express B7/CD80 [84, 85]. Secondly, the function and proliferation of first-generation CARTs were enhanced by stimulation with artificial antigen-presenting cells (aAPC) co-expressing CD80 as well as target antigen [58, 62]. Additionally, EBV-specific T cells transduced with CAR most likely received costimulation from autologous antigen-presenting cells when reintroduced in the host, improving CART function and persistence [6]. The first publications of a second-generation CAR construct can be attributed to two independent groups. Margo Roberts, at Cell Genesys Inc., was the first to patent the concept of integrating a costimulatory domain in the CAR construct, the costimulatory domain being either CD2 or CD28 (patent filed February 1995) (Figure 2) [8]. Finney and colleagues at Celltech Therapeutics Ltd. filed a similar patent December 1996 and published their findings in 1998 [9, 10] describing a construct of an scFv recognizing CD33 and a CD28 costimulatory domain inserted proximally to CD3ζ. Jurkat cells transduced with the novel construct generated a twenty-fold stronger IL-2 response compared to an scFV-CD3ζ construct [10]. Sadelain and coworkers described an scFV-CD28 construct, which did not include a CD3ζ-domain, inducing enhanced antiapoptotic and proliferation of transduced T cells upon recognition of the cognate antigen of the scFV [11]. Subsequently an scFV-CD28-CD3ζ CAR with the scFV being specific for PSMA was developed [86]. Then followed multiple reports by several groups on in vitro models using CAR against other antigen specificities and costimulatory molecules [12, 13, 86, 87]. Thus, while the first publications on CARs originated in academia (Kurosawa,

Eshhar) both the first clinical trials of CARTs (Cell Genesys) and the first costimulatory CARs described and patented (Cell Genesys, Celltech) originated in industry laboratories.

The making of CART19

By the first decade of the 2000s, multiple groups were focusing on CD19 as a target for CART $[13–15, 62, 88–90]$, with early preclinical work showing *in vivo* activity of a firstgeneration CAR when facilitated by CD80 stimulation from aAPCs and tumor cells [62]. CD19 is an attractive tumor antigen as it is restricted to malignant B cells as well as B-cell committed progenitors and mature B cells and to date it is the most successful tumor antigen for CART therapy [91]. Importantly, the expected on-target off-tumor toxicity, i.e. B cell aplasia, can be managed with repeated immunoglobulin infusions.

Following the observation that aAPC with 4-1BB ligand were able to augment CD8 T cell growth and function beyond what had been observed for CD80-CD28 interaction [92–94], preclinical studies began using a lentivirally encoded 4-1BB-CD3ζ, CD19-targeted CAR (Figure 2). The 4-1BB-CD3ζ, CD19-targeted CAR construct had been initially developed in a retroviral vector system [13] and subsequently improved by the insertion of a different promoter, elongation factor 1α (EF-1 α), and inclusion in a lentiviral vector [15]. In an *in* vivo model of primary B-ALL, injection of 4-1BB-CD3ζ CD19-targeted CAR T cells resulted in improved survival of T cells compared to CD28-CD3ζ CD19-targeted CAR T cells [15]. Importantly longer leukemia-free survival of animals was observed when using a 4-1 BB second-generation CAR consistent with longer persistence of 4-1BB-stimulated CART. In addition, different promoters in the CAR vector were tested, providing evidence that EF-1α resulted in the highest and most stable CAR expression in both CD4+ and CD8+ T cells. This was the prototype of the CD19-targeted CAR that would start as CART19, later become CTL019 in clinical trials, and finally, tisagenlecleucel, the first FDA approved gene therapy.

Clinical evidence of potent and durable CART anti-tumor activity

Promising activity targeting CD19 was reported by the NCI in one subject with follicular lymphoma (FL) who obtained minimal residual disease (MRD) negativity of bone marrow and PR in lymph nodes [16]. In 2010 the University of Pennsylvania launched a CART19 phase I trial () recruiting adult subjects with r/r CD19+ B cell leukemia and lymphomas (key trials and publications leading to tisagenlecleucel approval are summarized in Table 1). Initially, three CLL subjects were infused. All demonstrated clinical responses to CART19, two obtaining CR, and one obtaining partial remission (PR) [17, 95]. Between 2.9 and 7.8 pounds of leukemia were destroyed in a few weeks by the engineered CAR T cells [95]. Absence of funding to treat more than three patients led to a delay in subsequent enrollments until the end of 2011 [96]. However, the publications attracted interest in licensing CART19 technology. In August 2012, the establishment of a research and development alliance between Novartis and the University of Pennsylvania was announced [97]. Several months later, Kite Pharma partnered with the NCI to develop engineered cellular therapies [98].

In total, the first University of Pennsylvania CART19 trial () infused 14 subjects with CLL [99]. Four subjects obtained CR and 4 obtained PR. Hence, following the first three subjects, this first CLL trial cohort clinical response rate was disappointing, though confirmed by observations at Memorial Sloan Kettering Cancer Center and NCI [18, 19]. While bed to bench investigations to improve the consistency and potency of CART products from CLL subjects were initiated, a shift was made to focus clinical efforts in pediatric ALL [21, 23, 100]. Results of the first two subjects treated on the University of Pennsylvania/Children's Hospital of Philadelphia pediatric trial of CART19 in B-ALL (), were published in 2013 [21]. Both subjects obtained CR, though one subject later relapsed with CD19 negative disease [21]. This was also the first publication on the successful use of the anti-IL-6 receptor blocking antibody tocilizumab to treat CRS. Seventy-two percent of pediatric subjects receiving CART19 had previously been treated with allo-HCT, and 88% had had two or more relapses. Given the extremely poor prognosis in r/r B-ALL, the observation that 90% of CART19-treated subjects (25 pediatric subjects and five adults subjects with r/r B-ALL enrolled in and) went into CR following CART19 was unexpected and stimulated accelerated development [100]. Of note, the discovery that tocilizumab can successfully treat CRS, drastically changed the feasibility of CART19 leading to even greater interest from both academia and pharma.

From single center trials to global clinical studies

The clinical development that followed for pediatric/young adult B-ALL subjects was the initiation of two multi-center studies. A phase II multi-center trial at sites within the United States () enrolled pediatric and young adults (three to 21 years of age) with r/r B-ALL. Results of interim clinical and pharmacokinetic analyses have been published [101–103]. Twenty-nine of 35 subjects enrolled (83%) were infused with CART19, by then referred to as CTL019. The overall remission rate (ORR) at 6 months, defined as CR or CR with incomplete hematologic recovery, was 69% in infused subjects and relapse-free survival (RFS) was 66%. Ninety percent of subjects experienced CRS and grade 3 or 4 CRS was observed in 38% of the subjects [101]. The second trial, a Novartis global trial with 25 enrollment centers in 11 countries on four continents, called ELIANA () enrolled pediatric and adult subjects up to 30 years of age with r/r B-ALL. Of 92 enrolled subjects, 75 underwent infusion. At an interim analysis, ORR was 81%, and RFS among subjects was 80% at six months and 59% at 12 months. Seventy-seven percent experienced CRS, and 46% had grade 3-4 CRS [23]. Collectively, these data demonstrated the durable induction of clinical responses in the r/r B-ALL cohort.

CTL019 was also evaluated in a phase IIa trial for r/r DLBCL, FL, and mantle cell lymphoma () at the University of Pennsylvania starting 2014. In 28 subjects treated, CR was obtained in 6/14 DLBCL subjects and 10/14 subjects with FL at six months [104]. Importantly, all subjects in CR by six months remained in remission at a median follow-up of 29.3 months. Overall, severe adverse events were lower than what has been observed in B-ALL subjects; 18% developed grade 3 or higher CRS and 11% developed grade 3 or higher neurotoxic events. A Novartis multi-national phase II trial, JULIET (), was initiated and results published [105]. Ninety-three adult subjects with r/r DLBCL received CTL019.

Forty percent obtained CR, and 12% obtained PR. The estimated probability of survival at 12 months among subjects in CR was 90%.

Regulatory Approval for CAR T Cells In the United States and Internationally

Prior to the initiation of the ELIANA trials Novartis had submitted a special protocol assessment (SPA) in March 2014, which was accepted by the FDA [106]. SPA agreements indicate that the FDA accepts the overall trial designs which may support later drug application to the FDA. Shortly after Novartis filed for Breakthrough Therapy Designation of CTL019 in r/r adult and pediatric B-ALL, which was granted by the FDA in July 2014 [107]. This designation is intended to expedite the development and review of new medicines – both drugs and biologic agents – that treat serious or life-threatening conditions if the therapy has demonstrated substantial improvement over available therapies. The FDA had previously granted Breakthrough Therapy Designation to only four other biologic agents, and CTL019 was the first personalized cellular therapy for the treatment of cancer to receive this. With data from the phase II results of the ELIANA trial and supported by the previous University of Pennsylvania/Children's Hospital of Philadelphia clinical trials, Novartis filed a Biologies License Application with the FDA in early 2017. Priority review designation was granted March 2017. In July 2017, the FDA Oncologic Drugs Advisory Committee, which reviews and recommends investigational human drug products for cancer treatment, gave a unanimous 10-0 vote recommending tisagenlecleucel to treat pediatric and young adult r/r B-ALL [108].

On August 30, 2017, tisagenlecleucel (formerly CTL019), was approved by the FDA for the treatment of subjects up to 25 years of age with B-ALL [27], as the first FDA approved gene therapy and marking a historic date for genetically-engineered cellular therapies for cancer. Kite Pharma's KTE-C19 received Breakthrough Therapy Designation for r/r aggressive NHL December, 2015 [109], October 2017, the FDA approved axicabtagene ciloleucel (formerly KTE-C19) for adult patients with large B-cell lymphoma failing at least two other kinds of treatment, including DLBCL, primary mediastinal large B-cell lymphoma, highgrade B-cell lymphoma and DLBCL arising from FL [110]. In April 2017 Breakthrough Therapy Designation was granted by the FDA for the use of CTL019 in r/r DLBCL. This was followed by the FDA approval of tisagenlecleucel for DLBCL in May 2018 [28].

Tisagenlecleucel was later authorized for clinical use in the EU by the European Medicines Agency for the treatment of r/r B-ALL and DLBCL in August 2018 [29], and also in Canada [30, 31], Switzerland [32], Australia [33], and Japan [34] for the same indications. As of September 28th, 2019, 101 tisagenlecleucel treatment centers have been established in the US [111]. Axicabtagene ciloleucel is also approved by the European Medicines Agency [35], Health Canada [36], and Switzerland [37], and as of September 28th, 2019, is available at 83 centers in the US [112]. Thus, these two novel CD19-directed CART therapies, out of all cell therapies approved by national health authorities, are available in the largest number of countries [113].

Current concepts of tisagenlecleucel treatment failure

While striking clinical responses following CAR T cell treatment are observed in otherwise untreatable r/r CD19+ B cell malignancies, not all subjects respond to treatment, specifically 10-20% of pediatric and young adult B-ALL and 50-60% of adult DLBCL. Moreover, a significant portion of subjects are either not eligible for the treatment or may not survive during the time needed to schedule, manufacture, and deliver their CAR T cell product. Lastly, a significant subset of subjects (40-50%) relapses within one year after reaching a CR in B-ALL [23, 24, 114].

A deep understanding of the mechanisms leading to relapse is needed to increase response rates and reduce relapses. Two major mechanisms of relapse are observed amongst subjects treated with CART targeting CD19 for CD19+ B-ALL, irrespective of the type of costimulatory domain [115, 116]. One is the relapse of CD19+ B-ALL, typically due to inadequate expansion and persistence of CART [100, 102, 103, 117]. The second major mechanism of relapse involves the emergence of CD19-negative B-ALL [100, 102, 118]. In DLBCL CD19-negative relapses are less frequent although they have been described [119– 121]. Therefore, strategies that, from one side, avoid antigen-escape, and on the other increase CART activity and persistence are being pursued. One avenue of preventing CD19 negative relapse is through the use of CAR T cells targeting multiple tumor targets. For example, CD19 and CD123 [122] or more commonly CD19 and CD22 [123, 124] have been proposed as targets for dual-targeted CART therapy. A plethora of multi-targeted clinical CART trials has now been initiated (Table 3). Multiple factors influence the activity and persistence of CART, such as T cell subtypes [125], exhaustion, and interaction with the tumor microenvironment [126]. It is likely the tumor microenvironment of lymphomas and CLL, not unlike that of solid tumors, is challenging for T cells and at least partially explains the lower response rates observed in DLBCL and CLL as compared to B-ALL. In addition, age differences between B-ALL and DLBCL/CLL subjects could play a role as increasing age is known to affect general T cell fitness [127]. Indeed, T cell fitness has been shown to be a determinant of response to CART therapy in CLL [125]. Moreover T cells of CLL subjects may have proliferative defects even when compared to age-matched subjects with other hematological diseases [128]. New strategies being tested to improve CART function include the concomitant treatment with small molecule inhibitors [129]. Ibrutinib is a small molecule inhibitor targeting Bruton's tyrosine kinase (BTK) that improved CART19 function in a preclinical model [128, 130]. A recent interim analysis of a pilot trial with humanized CART19 (CTL119) and ibrutinib in CLL revealed MRD negativity in the bone marrow at three months in 14 of 18 evaluable subjects, supporting a synergistic effect of dual therapy [131].

Another strategy to increase CART function and reduce immunosuppression is direct checkpoint inhibition of the programmed cell death protein 1 (PD-1)/programmed deathligand 1 (PD-L1) axis. In a recently published case report the PD-1 blocking antibody pembrolizumab was administered to a subject who had progressive DLBCL despite tisagenlecleucel therapy [132]. Following administration of pembrolizumab, CART19 expanded, and PD-1/Eomes co-expression was decreased. Clinically the subject's enlarged lymph nodes shrank. A clinical trial () has been initiated testing pembrolizumab

administration in subjects with relapsed or progressive disease following tisagenlecleucel or CTL119 therapy and results have recently been published [133]. In children with B-ALL or B lymphoblastic lymphoma with early B cell recovery, residual bulky disease, or unresponsiveness to therapy pembrolizumab or nivolumab was administered early after tisagenlecleucel or CTL119 therapy [134]. In three of six subjects with early B cell recovery, B cell aplasia was reestablished. In four subjects treated for bulky disease, two subjects obtained PR and two obtained CR. PORTIA is an active clinical trial () testing pembrolizumab in combination with tisagenlecleucel in r/r DLBCL subjects. Similarly, atezolizumab, a PD-L1 inhibitor is being studied as combination therapy with axicabtagene ciloleucel for subjects with refractory DLBCL (). Table 2 summarizes past, current, and projected tisagenlecleucel trials. Pivotal trials leading to tisagenlecleucel approval are summarized in Table 1.

Future perspectives

Propelled by the approvals of the first CART therapies, there has been an exponential growth of clinical trials involving CART and other cellular therapies for cancer [135]. More than 1,000 cell therapies are currently in the pipeline, and CAR T cell products make up more than half of these [135].

While tisagenlecleucel is available in ~150 clinical centers worldwide, production of CART is extraordinarily complex and takes place in a few specialized GMP facilities in the US and EU. Collection, manufacturing, logistics, and transportation of CART are critical factors that are essential considerations in the continuum of this therapy [136]. Thus, improvements to manufacturing protocols, to analytics methods, and more seamless logistics, will allow more potent products to reach patients in need more quickly and potentially also reduce patient-topatient variation [137–139]. Off-the-shelf, allogeneic CART products from several companies and academic centers are in early phase clinical trials and have the obvious benefit of eliminating time-delay for manufacturing as well as being a source when sufficient CAR T cell numbers cannot be generated [140–146]. The limitations of allogeneic CART are the risk of GVHD as well as host versus graft elimination of CART. Current trials (and) of a CD19-directed allogeneic CART (UCART19) in B-ALL use CART as a bridge to subsequent allo-HCT [140].

Several strategies are addressing the challenges of increasing persistence and potency or fine-tuning CAR trafficking. Optimizing spacer length between the CAR domains [147], incorporating additional costimulatory domains ("third-generation" CAR) [148], and the inclusion of a cytokine expression cassette (so-called TRUCKS) [149] have been explored as means to improve CART potency. Gene editing by CRISPR-Cas9 or other modalities is being used increasingly to fashion CARTs for specific purposes (allogeneic) or augment potency. In a murine model, T cell persistence improved following knockout of PD-1 [145]. CRISPR-Cas9 has also been used in a preclinical model to knock out CD33 on hematopoietic stem cells, imparting resistance to CD33-targeted CART [150]. This strategy allows CD33-targeted CART therapy of AML without killing myeloid progenitor cells.

Several other methods are being explored to reduce the short-term toxicity of CART therapy. Examples are options that permit the elimination of CART after infusion (e.g., inducible apoptosis systems [151] or co-expression of depletion markers [152]). Conditional CAR systems explore strategies for controlling CAR-mediated activation. Wu and coauthors developed "remote-control CARs" which are split CAR designs that require a small molecule in order for the extracellular antigen-binding domain to associate with the intracellular signaling domain, an "On-switch" [153]. Small molecule-dependent systems can also be used as an "Off-switch" of CAR transgene expression [154]. Combinatorial antigen-sensing circuits or "switchable CARs" are elegant solutions that allow for both safety in terms of controlled CART activation and versatility in terms of broad applicability against multiple antigens [155]. In the model explored by Rodgers and coauthors, T cells were transduced with a CAR recognizing a non-human neoepitope, in turn, the neo-epitope is engrafted on an antigen-binding fragment (Fab) recognizing a tumor antigen. Addition of Fab can thus redirect CART to tumor cells [155].

In extending CART therapy to other malignancies, alternative approaches to circumvent the absence of truly tumor-specific antigens have been proposed [116]. Among others, these involve scFv affinity and CAR density modulation [156], a combination of V_L and V_H chains from different antibodies recognizing the same antigen [157, 158], and establishing micro-circuitry systems to enable CART activation only when the right combination of antigens are present [159–161]. Targeting supportive cells in the tumor microenvironment, as shown by targeting CD123 on tumor-associated macrophages in Hodgkin lymphoma, may be a solution for improved disease control [162]. Unlike the clinical responses seen in hematological malignancies, attempts at treating solid tumors with CART have so far achieved limited results. The ability of CART therapy to overcome the tumor microenvironment of solid tumors and with acceptable on-target off-tumor toxicities will require more sophisticated potency-enhancing strategies.

Tisagenlecleucel was the most expensive cancer therapy to have been approved in the US, which rightfully raises questions of the cost effectiveness of therapy. Recent studies suggest that comparable healthcare costs of allo-HCT for relapsed pediatric ALL and DLBCL remain high in the years following allo-HCT in large part due to complications and relapse [163, 164]. Conventional treatment for childhood cancers carries significant long-term toxicities [165]. In comparison, CART can induce durable responses in subjects with CD19+ malignancies that have no other treatment options with only short-term manageable toxicities. Justification and value of tisagenlecleucel will ultimately depend on the fraction of patients that achieve long-term remission as well as the frequency of morbidity related to treatment [166].

The growing number of trials now registered for tisagenlecleucel (Table 2) and for CART therapy, in general, attests to the investment both from industry and academia in this novel therapy [135, 167]. Interestingly, CTL119 is now being tested in a clinical trial in the first line setting in pediatric B-ALL () and axicabtagene ciloleucel is being tested against standard of care second-line therapy in r/r DLBCL (); the results of these trials could drastically change the treatment algorithm for r/r B-ALL and lymphoma. Moreover, the role of allogeneic transplant, especially in B-ALL, will be redefined potentially allowing for the

optimization of its safety and efficacy profile [168]. Many other industry players have ventured into CART development since Novartis and Kite Pharma/Gilead's original partnerships [97, 98, 169, 170]. The clinical approval of tisagenlecleucel in several countries all around the world is a landmark in cellular immunotherapy and genetic engineering for cancer. There are multiple avenues to pursue in order to increase efficacy and safety of CAR T cell therapy, spawning hope of further improvements in a near future that will enable more patients to be successfully treated with these new medicines.

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Figure 1. Similar trajectories led to FDA approval of first two gene-edited cellular therapies for cancer.

Above timeline (blue): landmarks of tisagenlecleucel road to approval. Below timeline (red): landmarks leading to axicabtagene ciloleucel approval. UPENN, University of Pennsylvania. CART, chimeric antigen receptor T cell. CLL, chronic lymphocytic leukemia. FL, follicular lymphoma. NCI, National Cancer Institute. B-ALL, B-cell acute lymphoblastic leukemia. DLBCL, diffuse large B cell lymphoma. FDA, US Food and Drug Administration. R/R, relapsed-refractory. EU, European Union. Axi-cel, axicabtagene ciloleucel.

T cell receptor complex

Figure 2. Evolution of chimeric antigen receptors.

CAR, chimeric antigen receptor. **a.** First concept of chimeric gene constructs of T cell receptor (TCR) constant regions (C_{α} and C_{β}) fused to immunoglobulin (Ig) variable regions, V_H and V_L . In the "pre-CAR" concept formation of the antigen recognizing domain V_H - V_L required pairing of two individual constructs. **b.** Chimeras of CD4 and other surface molecules are engrafted onto the CD3ζ or Fcγ signaling domains originally with the purpose of elucidating the function of CD3ζ and Fcγ. **c.** The "T-body" as proposed by Dr. Eshhar. The variable antibody domains V_L and V_H are put in serial connection via a linker creating a single chain variable fragment (scFv). The scFv is connected via a hinge to either a CD3ζ or the Fc receptor γ (FcRγ) activating domain. **d. and e.** Addition of a costimulatory molecule (e.g. CD28 or 4-1BB as shown in figure) established "secondgeneration CARs".

Table 1.

Tisagenlecleucel: pivotal clinical trials leading to approval.

CR, complete remission. CRi, complete remission with incomplete hematologic recovery. R/R, relapsed/refractory. CLL, chronic lymphocytic leukemia. B-ALL, B-cell acute lymphoblastic leukemia. DLBCL, diffuse large B cell lymphoma. UPENN, University of Pennsylvania. CHOP, Childrens Hospital of Philadelphia. ACC, Abramson Cancer Center.

* Percent of patients in CR by month 6.

Table 2.

Tisagenlecleucel: past, current, and projected trials (pivotal trials leading to approval are shown in Table 1).

R/R, relapsed/refractory. CLL, chronic lymphocytic leukemia. B-ALL, B-cell acute lymphoblastic leukemia. DLBCL, diffuse large B cell lymphoma. FL, follicular lymphoma. MM, multiple myeloma. NHL, non-Hodgkin lymphoma. MRD, minimal residual disease. UPENN, University of Pennsylvania. CHOP, Childrens Hospital of Philadelphia. ACC, Abramson Cancer Center. ASCT, autologous stem cell transplant. MCC, Masonic Cancer Center, University of Minnesota. MDA, MD Anderson Cancer center. NCI, National Cancer Institute. UCSF, University of California - San Francisco. NA, not available/not applicable. NYR, not yet recruiting. R, recruiting, ANR, active, not recruiting. CART, chimeric antigen receptor T cell.

Novel information added

Table 3.

Multi-targeted clinical CAR T cell trials.

TSLPR, thymic stromal lymphopoietin receptor. BCMA, B cell maturation antigen. TACI, Transmembrane activator and calcium modulator and cyclophilin ligand interactor. CS1, CD319 or SLAMF7. CLL-1, C-type lectin domain family 12 member A. MUC1, Mucin 1 cell surface associated. EGFRvIII, Epidermal growth factor receptor variant III. DR5, Death receptor 5. NY-ESO-1, Cancer testis antigen 1B. HER2, human epidermal growth factor receptor 2. PSCA, Prostate stem cell antigen. Lewis-Y, Lewis-Y antigen.