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## Cytoprotective role of vitamin E in porcine adipose-tissue-derived mesenchymal stem cells against hydrogen-peroxide-induced oxidative stress

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### Abstract

Survival of mesenchymal stem cells (MSCs) against oxidative stress and inflammation is vital for effective stem cell therapy. The reactive oxygen species (ROS) result in apoptosis and release of inflammatory mediators. Adipose-derived stem cells (ASCs) have shown promise for stem cell therapy owing to their anti-inflammatory and anti-oxidant activity. Previously, we showed the benefits of vitamin E against hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>)-induced oxidative stress in rat bone marrow-derived MSCs. In this study, we aim to evaluate the effect of vitamin E treatment on porcine adipose-derived mesenchymal stem cells (pASCs) against H<sub>2</sub>O<sub>2</sub>-induced oxidative stress. The oxidative stress was induced by treating pASCs with 500 μM H<sub>2</sub>O<sub>2</sub> with or without vitamin E. Viability of pASCs is enhanced after vitamin E treatment. In addition, reduced cellular toxicity, total NO level, PGE<sub>2</sub> production and caspase-3 activity were observed after vitamin E treatment. Gene expression analysis of vitamin E-treated pASCs showed down-regulated expression for the genes associated with oxidative stress and apoptosis, viz., *NOS2*, *Casp3*, *p53*, *BAX*, *MDM2*, *NFκB*, *HIF1α* and *VEGF-A* genes. On the other hand, expression of anti-apoptotic and survival genes was up-regulated, viz., *BCL2*, *BCL2L1* and *MCL1*. Furthermore, phosphorylation of Akt was attenuated following vitamin E treatment. The findings of this study may help in developing effective stem cell therapy for the diseases characterized by the oxidative stress and inflammation.

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Compliance with ethical standards

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## Keywords

Mesenchymal stem cells; Alpha-Tocopherol; Hydrogen peroxide; Porcine; Oxidative stress

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## Introduction

Mesenchymal stem cells (MSCs) were discovered from the bone marrow stroma as multipotent adult stem cells having the capacity of self-renewal and multi-lineage differentiation (Friedenstein et al. 1968; Tsuji et al. 2014). Subsequently, MSCs were isolated from other tissues such as adipose tissue (Ullah et al. 2015). The advantage of using adipose as a source of MSCs is that up to 300-fold greater cell number can be obtained by using just 100 g of adipose tissue as compared with 100 ml of bone marrow (Oedayrajsingh-Varma et al. 2006; Pittenger et al. 1999). Adipose-derived mesenchymal stem cells (ASCs) possess the ability to differentiate into various mesodermal lineages (Minteer et al. 2013). Furthermore, ASCs have a high proliferative capacity, secrete various proteins and have immunomodulatory effects (Li et al. 2015b). Therefore, ASCs have gained considerable attention in the field of regenerative medicine to repair various damaged tissues (Chen et al. 2014, 2015; Pers and Jorgensen 2016; Safford and Rice 2005).

Reactive oxygen species (ROS) such as hydroxyl radical, superoxide anions, hydrogen peroxide and peroxide are produced at the basal level as a result of normal cellular metabolism (Li et al. 2015a). The ROS-reducing mechanisms protect cells against the cellular damage mediated by ROS. However, excessive production of ROS can cause cellular damage (Yagi et al. 2013). For instance, H<sub>2</sub>O<sub>2</sub> at concentrations exceeding the normal physiological state (> 100 nM) is known to induce oxidative stress that causes damage to the biomolecules. The H<sub>2</sub>O<sub>2</sub>-induced oxidative stress can in turn lead to inflammation via NFκB pathway (Sies 2017). Therefore, the pathogenesis of various diseases is a hallmark of oxidative stress that is primarily caused by disturbed redox state brought about by ROS species (Atashi et al. 2015; Djordjevic et al. 2008). ROS can have a deleterious effect on implanted mesenchymal stem cells (MSCs) by causing damage to all biomolecules (Lu and Zhao 2012). The sustained proliferation, differentiation and survival of MSCs is only possible at low levels of ROS as high levels can lead to cellular senescence, cell death, mitochondrial dysfunction and tissue inflammation (Denu and Hematti 2016).

Vitamin E is referred to as a “chain-breaking anti-oxidant” due to its radical scavenging activity that results in stabilization of the cell membrane against ROS-induced damage (Niki and Traber 2012; Upadhyay and Misra 2009). Furthermore, vitamin E has been reported to protect oxidant damage in various cell types such as neurons, fibroblasts, osteoblasts, chondrocytes, skeletal muscle cells and dental pulp cells (Bhatti et al. 2013; Calabrese et al. 2001; Kaneai et al. 2012; Nizar et al. 2011; Nunes et al. 2005; Upadhyay and Misra 2009). In addition to this, vitamin E plays an important role as an anti-oxidant against various diseases (Rizvi et al. 2014). Vitamin E has also been reported for its anti-inflammatory effects in early stage of surgically induced OA in dogs (Rhouma et al. 2013). Recently, we showed that vitamin E attenuated the harmful effects of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>)-induced oxidative stress in rat bone marrow MSCs (Bhatti et al. 2016).

Here, we examine the role played by vitamin E in porcine ASCs (pASCs) against H<sub>2</sub>O<sub>2</sub>-induced oxidative stress in vitro. The pASCs were treated with H<sub>2</sub>O<sub>2</sub> with or without vitamin E. We observed that vitamin E treatment enhanced the survival of cultured pASCs by causing a reduction in oxidative stress, apoptosis, and inflammation.

## Materials and methods

### Isolation and culture of pASCs

The subcutaneous adipose tissue was isolated from 3- to 4-month-old healthy pigs according to a previously described method with slight modifications (Chen et al. 2016b). All pig tissues were taken from healthy pigs that were freshly euthanized for other experiments according to the approved protocol and the ethical guidelines of the Institutional Animal Care and Use Committee (IACUC) at the University of Tennessee Health Science Center (UTHSC).

The adipose tissue was washed three to four times with 1× phosphate-buffered saline (PBS) (Gibco, Grand Island, NY), minced in small pieces and incubated in 200 µg/ml collagenase II (Sigma-Aldrich, St. Louis, MO) prepared in serum-free Dulbecco's modified Eagle's medium-high glucose (DMEM-HG) (Gibco, Grand Island, NY) for 60 min at 37 °C and 5% CO<sub>2</sub> with gentle agitation at 250 rpm. Later, collagenase was inactivated with 10% FBS and digested solution was filtered through a 100 µm mesh cell strainer to remove debris. The digestion solution was centrifuged at 1000×*g* for 10 min. The pellet was treated with 160 mM NH<sub>4</sub>Cl (Sigma-Aldrich, St. Louis, MO) for 10 min to lyse red blood cells. The resulting suspension was washed twice with 1× PBS by centrifugation at 1000×*g* for 10 min. Finally, the pellet was re-suspended in DMEM-HG containing 10% FBS and 1% solution of penicillin-streptomycin. Cells were seeded in 100 mm petri plates until 80–90% confluence. Medium was changed every 2–3 days. All the experiments were performed for pASCs at the second passage (P2).

### Characterization of pASCs

Flow cytometry was used to characterize the surface markers of pASCs (Chen et al. 2016b). Briefly, three groups of pASCs containing  $1 \times 10^5$  cells/100 µl were obtained in 1× PBS after trypsinization and washing. Cells were incubated with CD29-Alexa Fluor® 647 (BD Biosciences, San Jose, CA), CD90-PE (BD Biosciences, San Jose, CA) and CD45-PerCP-Cy™ 5.5 (BD Biosciences, San Jose, CA) at recommended dilutions for 10 min at room temperature. Mouse IgG<sub>1</sub>-FITC (BD Biosciences, San Jose, CA) served as standard isotype control. Data were obtained using the LSR II Flow Cytometer (BD Biosciences, San Jose, CA) and analyzed by FlowJo software (Tree Star, Inc. Ashland, OR). Furthermore, pASCs were subjected to undergo adipogenesis, chondrogenesis and osteogenesis using the StemPro® Adipogenesis Differentiation Kit, StemPro® Chondrogenesis Differentiation Kit and StemPro® Osteogenesis Differentiation Kit (Gibco, Grand Island, NY), respectively, following the manufacturer's instructions. Adipogenesis, chondrogenesis and osteogenesis were confirmed by Oil red O stain, alcian blue stain and alizarin red S stain, respectively.

### Induction of oxidative stress and vitamin E treatment

The experiments were performed by dividing pASCs into three groups: (i) untreated pASCs (Control), (ii) H<sub>2</sub>O<sub>2</sub>-treated pASCs (H<sub>2</sub>O<sub>2</sub>), and (iii) H<sub>2</sub>O<sub>2</sub> + vitamin E-treated pASCs (Vit.E + H<sub>2</sub>O<sub>2</sub>). The oxidative stress was induced with 500 μM H<sub>2</sub>O<sub>2</sub> for 24 h in H<sub>2</sub>O<sub>2</sub> and vitamin E-treated groups (Suppl. Fig. 1). In addition to H<sub>2</sub>O<sub>2</sub>, the vitamin E-treated group was supplemented with 500 μM α-tocopherol for 24 h (Sigma-Aldrich, St. Louis, MO) (Suppl. Fig. 2). All the experiments were done in triplicate and repeated thrice.

### Viability of pASCs

The viability of pASCs observed by trypan blue exclusion assay (data not shown) was confirmed using Live and Dead Cell Assay Kit (Abcam, Cambridge, MA) according to the manufacturer's instructions. Briefly, following treatment cells were washed twice with 1× PBS and labeled with the live/ dead stain at 5× concentration. At least 15 (*n* = 15) images per group were taken randomly using the Invitrogen™ EVOS™ FL Auto Imaging System (Invitrogen, Carlsbad, CA). Cells were counted manually at × 10 magnification.

### Determination of cellular cytotoxicity

The viability of pASCs was measured by determining the lactate dehydrogenase (LDH) release in the media using the In Vitro Toxicology Assay Kit, Lactic Dehydrogenase based (Sigma-Aldrich, St. Louis, MO). Absorbance was read at 490 nm and background at 690 nm using SpectraMax M5 microplate reader (Molecular Devices, Sunnyvale CA). The LDH release in each group was expressed as comparison with untreated pASCs lysed with 1% Triton X-100 (Bio-Rad, Hercules, CA) for maximum LDH release.

### Measurement of oxidative stress

The total NO assay in media was performed to determine the level of nitrates and nitrites in pASCs using the Nitrate/Nitrite Fluorometric Assay Kit according to the manufacturer's instructions (Cayman Chemical Company, Ann Arbor, MI). Fluorescence was read at excitation and emission wavelengths of 375 and 417 nm, respectively, using SpectraMax M5 microplate reader. The total NO was determined by interpolation from the nitrate standard curve.

### Prostaglandin E2 assay

The amount of prostaglandin E2 (PGE<sub>2</sub>) in media was examined using the Prostaglandin E2 Parameter Assay Kit (R&D Systems, Inc., Minneapolis, MN) according to the manufacturer's instructions. Absorbance was read at 450 nm and wavelength correction at 690 nm using SpectraMax M5 microplate reader. The concentration of PGE<sub>2</sub> was determined by interpolation from the PGE<sub>2</sub> standard curve.

### Detection of apoptosis

Apoptosis of pASCs was assessed using the EnzChek® Caspase-3 Assay Kit (Molecular Probes™, Eugene, OR) according to the manufacturer's instructions. Fluorescence was read at excitation and emission wavelengths of 496 and 520 nm, respectively, using SpectraMax

M5 microplate reader. The amount of fluorescence was used to determine the level of caspase-3 activity in pASCs.

### Gene expression analysis of pASCs

Gene expression analysis was performed at the end of treatment for pASCs. The RNA was extracted using the GeneJET RNA Purification Kit (Thermo Fisher Scientific, Waltham, MA). The cDNA was prepared using 0.5 µg RNA by TaqMan® Reverse Transcription Reagents (Thermo Fisher Scientific, Waltham, MA). Semi-quantitative gene expression (qPCR) was done using TaqMan™ Gene Expression Assays (Thermo Fisher Scientific, Waltham, MA) for the following genes (symbol): nitric oxide synthase 2 (*NOS2*), tumor protein P53 (*p53*), BCL2-associated X protein (*BAX*), B cell leukemia/lymphoma 2 (*BCL2*), BCL2-like 1 (*BCL2L1*), myeloid cell leukemia 1 (*MCL1*), mouse double-minute 2 homolog (*MDM2*), nuclear factor kappa B (*NFκB*), hypoxia inducible factor 1 alpha subunit (*HIF1α*), caspase-3 (*Casp3*), vascular endothelial growth factor A (*VEGF-A*) and transforming growth factor beta (*TGF-β*). Beta-Actin (β-actin) served as an internal control. qPCR was performed on the LightCycler®480 (Roche, Basel, Switzerland). Data were analyzed using the LightCycler® 480 software (Roche, Basel, Switzerland). The gene expression value of control pASCs was arbitrarily set to 1.

### Analysis of total Akt and phospho-Akt by enzyme-linked immunosorbent (ELISA) assay

The phosphorylation of Akt is a vital indicator of cell survival. The expression of total Akt and phospho-Akt in pASCs was determined using Akt (pS473) + total Akt enzyme-linked immunosorbent assay (ELISA) kit according to the manufacturer's instructions (Abcam, Cambridge, MA). Absorbance was read at 450 nm and wavelength correction at 690 nm using SpectraMax M5 microplate reader.

### Statistical analysis

Statistical analysis was performed using GraphPad Prism v.5.00 for Windows (GraphPad Software, USA, <http://www.graphpad.com>). Data were expressed as mean ± SD, where  $n = 5$  for all the experiments. Normality was determined by the Shapiro–Wilk test. One-way ANOVA followed by Bonferroni's multiple-comparison post-test was performed to compare group mean differences. Student's *t* test was done for unpaired comparison. Statistical significance was considered at  $P < 0.05$ .

## Results

### Characterization of pASCs

The phenotype of pASCs at P2 showed that the cultured cells have high expression of CD29 ( $99.63\% \pm 0.15$ ) and CD90 ( $95.27\% \pm 3.25$ ) compared with negligible expression of CD45 ( $0.03\% \pm 0.01$ ) (Fig. 1a). Thus, there was high expression of positive mesenchymal stem cell surface makers and negative expression for the hematopoietic stem cell surface marker. Moreover, pASCs were able to undergo adipogenesis, chondrogenesis and osteogenesis that were examined by oil red, alcian blue and alizarin red S staining (Fig. 1b). These results confirmed the mesenchymal phenotype of pASCs that were used in subsequent experiments.

### Determination of viability

The live/dead cell assay showed that the viability (%) of untreated pASCs was significantly higher as compared with H<sub>2</sub>O<sub>2</sub>-induced pASCs (97.11% ± 1.64 vs. 67.99% ± 3.50; *P* = 0.0002) (Fig. 2). Vitamin E treatment of pASCs attenuated the effects of H<sub>2</sub>O<sub>2</sub> by the increase in viability as compared with H<sub>2</sub>O<sub>2</sub>-induced pASCs (79.92% ± 3.92 vs. 67.99% ± 3.50; *P* = 0.0172). Furthermore, significant difference was found between untreated and vitamin E-treated pASCs (97.11% ± 1.64 vs. 79.92% ± 3.92; *P* = 0.0022). Nevertheless, viability of pASCs was enhanced after vitamin E treatment under H<sub>2</sub>O<sub>2</sub>-induced oxidative stress.

### Assessment of cytotoxicity

The treatment of pASCs with H<sub>2</sub>O<sub>2</sub> increased the LDH release as compared with untreated pASCs (73.80 %Control ± 1.34 vs. 39.72 %Control ± 2.46; *P* < 0.0001) (Fig. 3a). Vitamin E treatment significantly reduced the LDH release as compared with H<sub>2</sub>O<sub>2</sub>-induced pASCs (73.80 %Control ± 1.34 vs. 44.89 %Control ± 1.04; *P* < 0.0001). In addition, a slight difference was found between control and vitamin E-treated pASCs (39.72 %Control ± 2.46 vs. 44.89 %Control ± 1.04; *P* = 0.0287). Thus, vitamin E treatment reduced cytotoxicity associated with H<sub>2</sub>O<sub>2</sub>-induced oxidative stress in pASCs.

### Evaluation of oxidative stress due to total NO

There was a significant increase in the level of total NO after H<sub>2</sub>O<sub>2</sub> induction as compared with an untreated control (23.52 pmol ± 0.95 vs. 8.43 pmol ± 0.57; *P* < 0.0001) (Fig. 3b). The anti-oxidant activity of vitamin E was evident in vitamin E-treated pASCs as compared with the H<sub>2</sub>O<sub>2</sub>-treated group (23.52 pmol ± 0.95 vs. 8.14 pmol ± 0.99; *P* < 0.0001). No significant difference was found between untreated and vitamin E-treated pASCs.

### Assessment of inflammation via production of prostaglandin E2

The level of PGE<sub>2</sub> was significantly higher in H<sub>2</sub>O<sub>2</sub>-treated group as compared with untreated pASCs (2109.16 pg/ml ± 64.97 vs. 624.58 pg/ml ± 27.88; *P* < 0.0001) (Fig. 3c). Vitamin E treatment significantly reduced the level of PGE<sub>2</sub> as compared with the H<sub>2</sub>O<sub>2</sub>-treated group (833.50 pg/ml ± 102.43 vs. 2109.16 pg/ml ± 64.97; *P* < 0.0001). A very small significant difference was found between the control and vitamin E-treated pASCs (624.58 pg/ml ± 27.88 vs. 833.50 pg/ml ± 102.43; *P* = 0.0271). We assumed that H<sub>2</sub>O<sub>2</sub> treatment resulted in a high level of PGE<sub>2</sub> that in turn impeded proliferation of pASCs. On the other hand, vitamin E attenuated the effects of H<sub>2</sub>O<sub>2</sub> induction.

### Determination of apoptosis through caspase-3 enzyme activity

The caspase-3 activity almost increases 2-fold after H<sub>2</sub>O<sub>2</sub> treatment as compared with the untreated pASCs (8725.62 fluorescence ± 439.72 vs. 4560.69 fluorescence ± 292.68; *P* = 0.0002) (Fig. 3d). However, vitamin E treatment resulted in the reduction of caspase-3 activity as compared with the H<sub>2</sub>O<sub>2</sub>-treated group (4867.29 fluorescence ± 117.78 vs. 8725.62 fluorescence ± 439.72; *P* = 0.0001). No significant difference was found between untreated and vitamin E-treated pASCs.



## Gene expression analysis of pASCs

We studied gene expression levels of various genes (Fig. 4). The expression level of *NOS2* gene, a marker of oxidative stress, was down-regulated following vitamin E treatment as compared with the H<sub>2</sub>O<sub>2</sub>-induced pASCs (0.60 ± 0.28-fold vs. 2.00 ± 0.51-fold; *P* = 0.0144). Similarly, the expression level of all the apoptotic genes decreased after vitamin E treatment as compared with the pASCs treated with H<sub>2</sub>O<sub>2</sub> alone: Casp3 (0.78 ± 0.15-fold vs. 3.27 ± 0.80-fold; *P* = 0.0063), p53 (0.67 ± 0.07-fold vs. 1.99 ± 0.37-fold; *P* = 0.0039) and BAX (0.64 ± 0.03-fold vs. 1.58 ± 0.30-fold; *P* = 0.0062). Concomitantly, the expression level of anti-apoptotic genes was up-regulated after vitamin E treatment as compared with the H<sub>2</sub>O<sub>2</sub>-induced pASCs: BCL2 (0.96 ± 0.05-fold vs. 0.76 ± 0.02-fold; *P* = 0.0041), BCL2L1 (1.30 ± 0.23-fold vs. 0.28 ± 0.11-fold; *P* = 0.0024) and MCL1 (1.09 ± 0.35-fold vs. 0.24 ± 0.05-fold; *P* = 0.0148). We also studied the expression of *MDM2* gene that degrades the p53 protein. We found that the expression level of *MDM2* gene was up-regulated in H<sub>2</sub>O<sub>2</sub>-induced pASCs as compared with vitamin E-pretreated pASCs (3.03 ± 0.32-fold vs. 1.42 ± 0.29-fold; *P* = 0.0032). Further, no change was observed in the expression level of *MDM2* gene between untreated and vitamin E-treated pASCs.

Next, we studied the expression level of NFκB, which is a transcription factor sensitive to oxidative stress and is an upstream protein complex controlling transcription of genes involved in inflammation. The expression level of NFκB was down-regulated by vitamin E treatment as compared with H<sub>2</sub>O<sub>2</sub>-induced pASCs (0.78 ± 0.06-fold vs. 2.17 ± 0.28-fold; *P* = 0.0011).

Although known to act under hypoxia, HIF1α can cause apoptosis under oxidative stress. We found that vitamin E treatment down-regulated the expression level of *HIF1α* gene as compared with the H<sub>2</sub>O<sub>2</sub>-induced pASCs (0.75 ± 0.05-fold vs. 2.32 ± 0.24-fold; *P* = 0.0004). This may suggest that vitamin E attenuated the apoptosis of pASCs mediated by HIF1α. One of the target genes of HIF1α is VEGF-A, which is also a marker of inflammation. We found that the expression level of *VEGF-A* gene was regulated by the expression of *HIF1α* gene. Similar to the results observed for HIF1α, it was found that vitamin E treatment down-regulated the expression level of *VEGF-A* gene as compared with the H<sub>2</sub>O<sub>2</sub>-induced pASCs (0.64 ± 0.06-fold vs. 3.23 ± 1.25-fold; *P* = 0.0233).

The expression of *TGF-β* gene is well known for its role in the chondrogenesis of stem cells (Yu et al. 2012). However, no significant difference was observed in the expression of the *TGF-β* gene either after H<sub>2</sub>O<sub>2</sub> treatment with or without vitamin E treatment as compared to untreated pASCs.

## Activation of Akt by vitamin E

We observed significant reduction in the expression of phosphor-Akt after H<sub>2</sub>O<sub>2</sub> treatment as compared with the untreated pASCs (0.0063 absorbance ± 0.0004 vs. 0.1101 absorbance ± 0.00169; *P* < 0.0001) (Fig. 5). Vitamin E treatment resulted in the up-regulated expression of phospho-Akt as compared with the H<sub>2</sub>O<sub>2</sub>-treated group (0.0063 absorbance ± 0.0004 vs. 0.1148 absorbance ± 0.00127; *P* < 0.0001). No significant difference was found between untreated and vitamin E-treated pASCs.

## Discussion

Oxidative stress is a hall mark of various diseases and it can impede the progress of stem cell therapy by causing death of implanted cells (Wei et al. 2010; Ye et al. 2015). The key players involved are ROS generated at both physiological and pathological conditions (Simon et al. 2000). ASCs have been reported to better withstand ROS damage (Park et al. 2011). Nonetheless, the oxidative stress that the implanted cells have to resist is far more than a normal physiological state. The second challenge to the implanted cells is inflammation (Sokolove and Lepus 2013). ROS play a significant role in the progression of inflammatory diseases (Mittal et al. 2014). For instance, production of ROS during osteoarthritis (OA) trigger release of inflammatory mediators that in turn cause degradation of cartilage (Goldring and Otero 2011; Henrotin et al. 2003). Therefore, research has focused on using compounds that could target ROS as well as inflammatory mediators present in the osteoarthritic joint (Xue et al. 2017). A similar strategy may prove beneficial in the application of stem cell therapy against oxidative stress and inflammation in diseased tissues. Here, we selected vitamin E as it is known for its anti-oxidant and anti-inflammatory activity (Rhouma et al. 2013). Previously, we showed that vitamin E treatment of rat bone marrow-derived MSCs make them resistant against oxidative stress (Bhatti et al. 2017). In this study, we aimed to evaluate the findings of a previous study of ASCs due to their benefits over MSCs isolated from other sources. Moreover, the effect of vitamin E treatment is measured in terms of oxidative stress as well as inflammation. Briefly, we confirmed the hypothesis that treatment of pASCs with vitamin E may confer resistance against oxidative stress and inflammation.

Apoptosis of ASCs have been reported on exposure to H<sub>2</sub>O<sub>2</sub> (Cremers et al. 2014). The previous study reported that the toxic effects of H<sub>2</sub>O<sub>2</sub> were observed at concentrations higher than 250 µM (Cremers et al. 2014). However, in our study, the toxic effects of H<sub>2</sub>O<sub>2</sub> were observed at 500 µM (Suppl. Fig. 1). This difference may have arisen due to the difference in animal and tissue source of pASCs. Also, the effect of vitamin E was observed at a concentration of 500 µM. This dose is five times higher than that was used for rat MSCs in our previous study (Bhatti et al. 2016). The dose of vitamin E was optimized after testing different ranges of doses (50 µM to 2 mM) against H<sub>2</sub>O<sub>2</sub>-induced oxidative stress (Suppl. Fig. 2). Interestingly, at doses above 500 µM, an increase in cellular toxicity was observed by LDH assay.

LDH release increases during cell death due to compromised cell membrane (Chan et al. 2013). The cellular cytotoxicity revealed by the LDH release in our study was comparable with another study where bone marrow-derived MSCs were exposed to H<sub>2</sub>O<sub>2</sub> at a concentration of 600 µM (Chen et al. 2016a). We assume that the reduction of LDH release after vitamin E treatment is associated with the reduction of oxidative stress as was observed by the decrease in the total NO level and expression level of *NOS2* gene. A previous study also reported an increase in the NO production after the rat mesenteric venules were perfused with H<sub>2</sub>O<sub>2</sub> (Zhou et al. 2013).

It has been reported previously that PGE<sub>2</sub> decreased the proliferation of human tendon stem cells at a high concentration (> 1 ng/ml) while the proliferation increased at a concentration



< 1 ng/ml (Zhang and Wang 2014). We observed > 1 ng/ml PGE<sub>2</sub> level during H<sub>2</sub>O<sub>2</sub>-induced oxidative stress in pASCs. Vitamin E attenuated these effects by decreasing the level to PGE<sub>2</sub> to < 1 ng/ml. These results seem to contradict the studies that report the significance of PGE<sub>2</sub> at a concentration > 1 ng/ml for the survival, homing and immunosuppressive properties of various types of stem cells (Dhingra et al. 2013; Hoggatt et al. 2009; Yanez et al. 2010). However, at present, no such study has been conducted to examine the beneficial role of PGE<sub>2</sub> during H<sub>2</sub>O<sub>2</sub>-induced oxidative stress. We suggest that the fate of cells may be determined by a high or low level of PGE<sub>2</sub> production. Still, future work is required to confirm these assumptions. In addition to this, PGE<sub>2</sub> is known to increase during inflammation (Ricciotti and FitzGerald 2011). The decrease in PGE<sub>2</sub> production after vitamin E treatment suggests the anti-inflammatory role of vitamin E in H<sub>2</sub>O<sub>2</sub>-stimulated pASCs.

The activity of caspase-3 increased under H<sub>2</sub>O<sub>2</sub>-induced oxidative stress and results in apoptosis (Feng et al. 2007; Wang et al. 2013). It has been proposed that H<sub>2</sub>O<sub>2</sub> may result in death of MSCs by a mitochondrial pathway that activates caspase-3 (Wei et al. 2010). We observed that vitamin E reduced the apoptosis of pASCs by affecting a cascade of genes involved in apoptosis of pASCs. Apoptosis under hypoxic conditions can be regulated by HIF1 $\alpha$  through p53 and BAX (Piret et al. 2002). Interestingly, we observed that induction of pASCs with H<sub>2</sub>O<sub>2</sub> increased the expression level of HIF1 $\alpha$ , p53, BAX, as well as VEGF-A, which is a downstream target gene of HIF1 $\alpha$ . Vitamin E caused down-regulation of all these genes and hence prevented H<sub>2</sub>O<sub>2</sub>-induced apoptosis of pASCs.

It is known that the oxidative stress induced by H<sub>2</sub>O<sub>2</sub> results in the activation of NF $\kappa$ B that lies at the forefront of the inflammatory pathway in a plethora of diseases (Bowie and O'Neill 2000; Russo et al. 2015). Our results also showed a down-regulated expression of *NF $\kappa$ B* gene after vitamin E treatment. Hence, vitamin E may be used to inhibit inflammation stimulated by the oxidative stress conditions.

The activation of MDM2 inactivates p53 and hence inhibits p53-dependent apoptosis (Gottlieb et al. 2002). Interestingly, the expression of *MDM2* gene was up-regulated after H<sub>2</sub>O<sub>2</sub> treatment while no difference was observed following vitamin E treatment as compared with untreated pASCs. We suggest that the expression of MDM2 was increased after stimulation with H<sub>2</sub>O<sub>2</sub> as an intrinsic defense mechanism. Moreover, the expression of MDM2 is maintained by the levels of p53 through an autoregulatory feedback loop (Gottlieb et al. 2002). Since vitamin E down-regulated expression of *p53* gene, we assume that its mechanism of action is independent of MDM2-mediated p53 down-regulation. However, further study is needed to elucidate this hypothesis.

TGF- $\beta$  governs the chondrogenesis of stem cells (Yu et al. 2012). We suggest that pASCs maintain the basal level of TGF- $\beta$  both under normal and oxidative conditions. No change in the expression of *TGF- $\beta$*  gene in the presence of vitamin E may indicate that vitamin E does not interfere with the expression of *TGF- $\beta$*  gene.

Akt mediates survival of cells under endoplasmic reticulum and oxidative stresses (Price et al. 2010; Wajid et al. 2013). We observed that vitamin E significantly enhanced the

expression of phospho-Akt that may have resulted in enhanced survival of pASCs. However, the increased Akt activity did not show any effect on the expression level of MDM2 as has been suggested previously (Gottlieb et al. 2002). Therefore, we suggest that the increase in the activity of Akt after vitamin E treatment decreased the apoptosis of pASCs without the involvement of MDM2-p53 interaction.

## Conclusions

Herein, we demonstrated that vitamin E protects pASCs against H<sub>2</sub>O<sub>2</sub>-induced oxidative stress in vitro. Vitamin E exerted its effects by enhancing the survival and viability of pASCs while reducing the factors that can cause inflammation and apoptosis of pASCs. Future in vitro studies on vitamin E-treated pASCs exploring the pathways mediated by Akt and NFκB may further help in understanding the mechanism of vitamin E action during H<sub>2</sub>O<sub>2</sub>-induced oxidative stress conditions. Furthermore, implantation of vitamin E-treated pASCs in an animal model of a disease characterized by oxidative stress and inflammation will be beneficial. The results of this investigation are promising to develop the stem cell implantation studies utilizing MSCs for various diseases involving oxidative stress and inflammation.

## Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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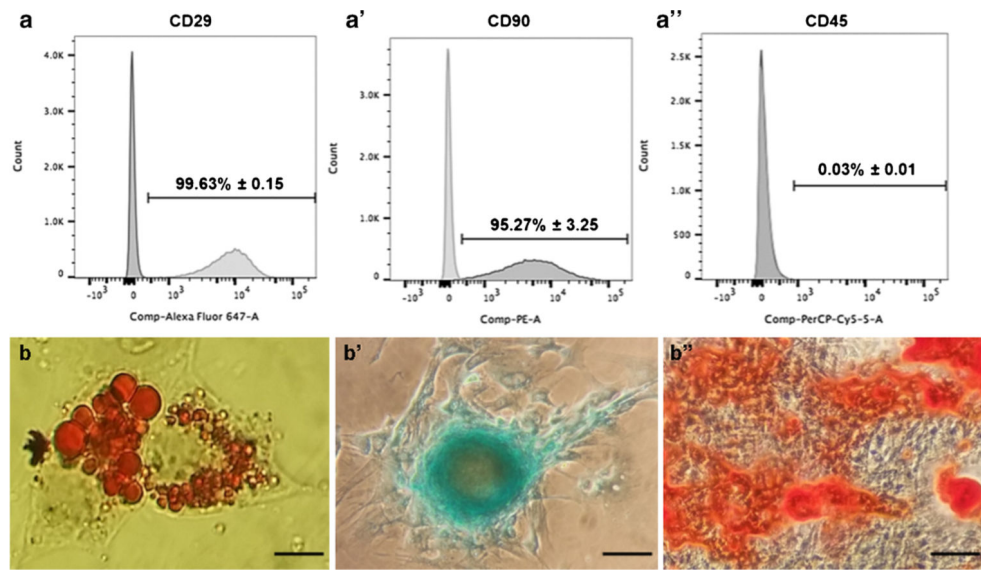
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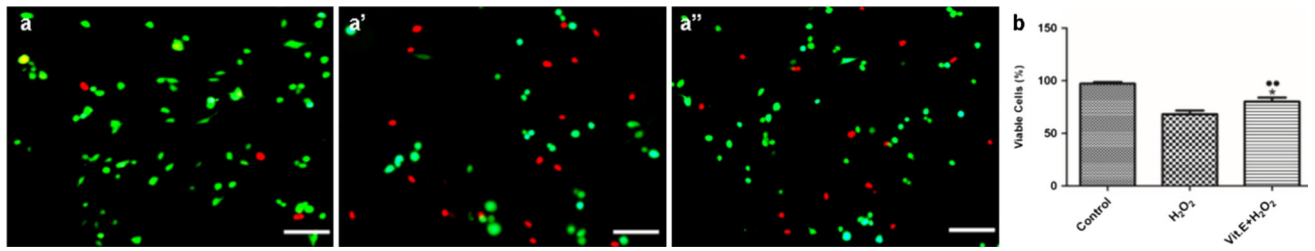
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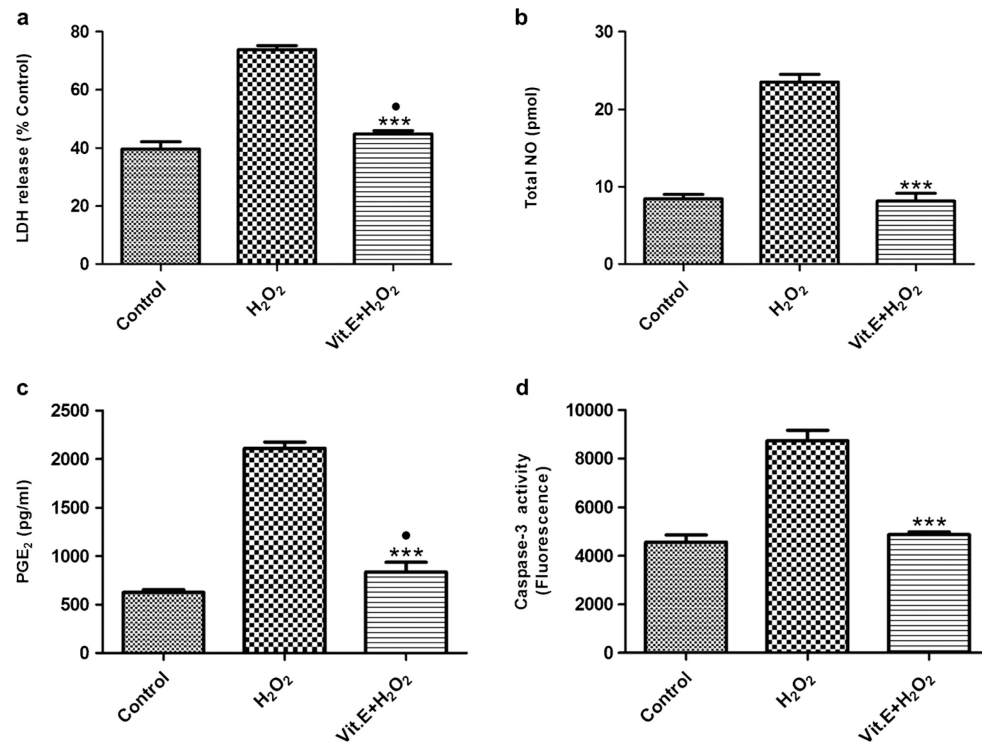


**Fig. 1.** Characterization of pASCs. **a** Flow cytometry data for positive MSC surface markers (CD29 and CD90), and negative hematopoietic marker (CD45) is a negative marker for pASCs. Data presents percentage of cells positive for each marker. Data is represented as mean  $\pm$  SD. **b** Left to right, adipogenesis (oil red O stain), chondrogenesis (alcian blue stain), and osteogenesis (alizarin red S stain). Magnification,  $\times 80$ ; scale bar = 10  $\mu$ m

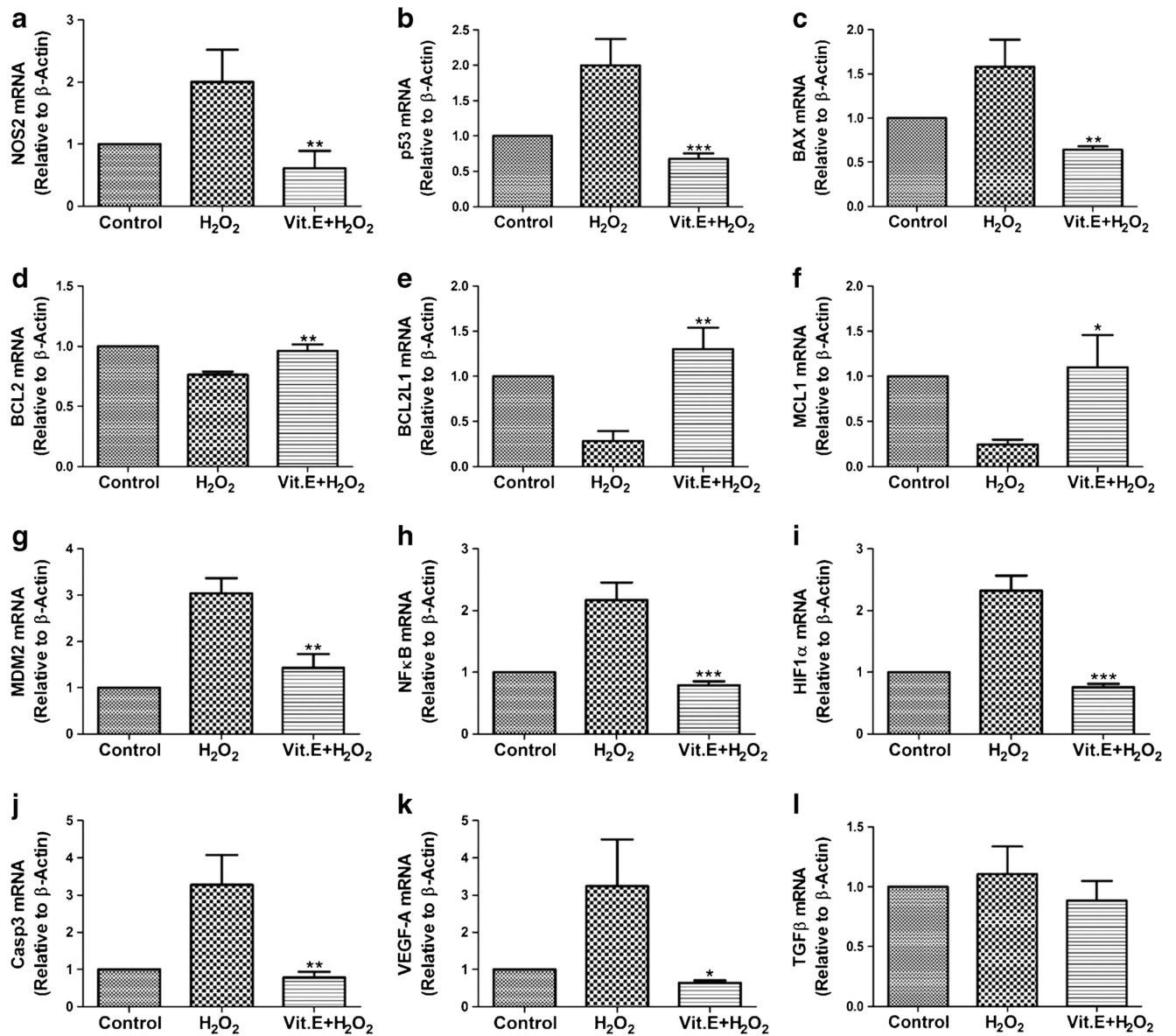




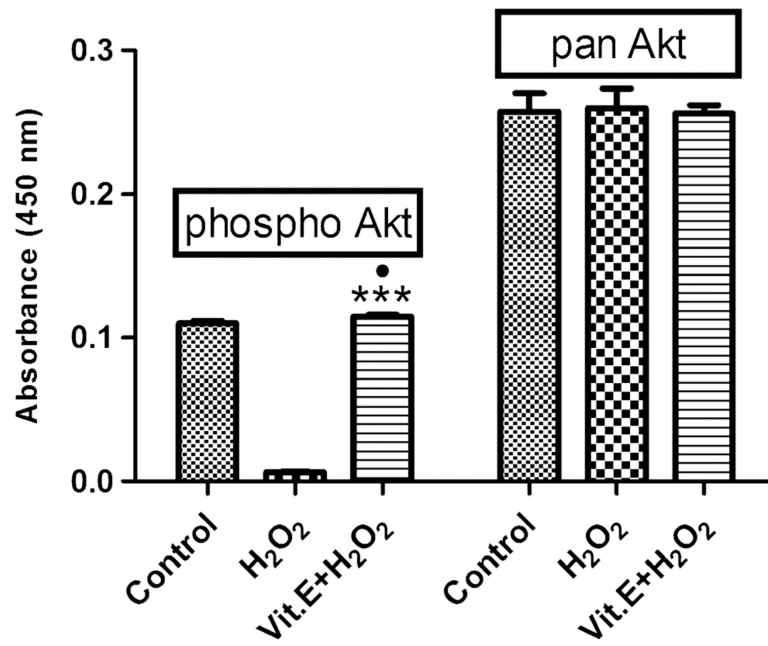
**Fig. 2.** Live/dead assay for pASCs. **a** Representative images of different groups. Live cells are stained green, and dead cells are stained in red. Scale bar = 200  $\mu$ m. **b** Graphical representation of live/dead cell assay. Data is represented as mean  $\pm$  SD. ●● $P < 0.01$  vs. Control, \* $P < 0.05$  vs. H<sub>2</sub>O<sub>2</sub>



**Fig. 3.** Biochemical analysis of pASCs. **a** LDH release in media compared to %Control that represents untreated pASCs lysed by 1% Triton-X 100. **b** Total NO in media concentration as determined by the nitrate standard curve. **c** PGE<sub>2</sub> in media as determined by PGE<sub>2</sub> standard curve. **d** Caspase-3 enzyme activity of pASCs determined after cell lysis. All biochemical assays were performed at the end of the treatment period. Data is represented as mean ± SD. ●  $P < 0.05$  vs. Control, \*\*\*  $P < 0.001$  vs. H<sub>2</sub>O<sub>2</sub>



**Fig. 4.** Gene expression analysis of pASCs. **a** NOS2 (oxidative stress marker), **b** p53 (apoptotic marker), **c** BAX (apoptotic marker), **d** BCL2 (anti-apoptotic marker), **e** BCL2L1 (antiapoptotic marker), **f** MCL1 (anti-apoptotic marker), **g** MDM2 (Survival marker), **h** NFκB (apoptosis regulator), **i** HIF1α (oxidative stress marker), **j** Casp3 (apoptotic marker), **k** VEGF-A (angiogenic marker), and **l** TGFβ (Differentiation marker for chondrogenesis). Data is represented as mean ± SD. The gene expression of control was arbitrarily set to 1. \*\* $P < 0.01$  and \*\*\* $P < 0.001$  vs. H<sub>2</sub>O<sub>2</sub>



**Fig. 5.**

Akt ELISA of pASCs showing expression of phospho-Akt and total Akt. Significant difference can be observed for phospho-Akt after pASCs were induced with H<sub>2</sub>O<sub>2</sub> with or without Vitamin E. The amount of total Akt under all conditions remains the same. Data is represented as mean  $\pm$  SD. ●  $P < 0.05$  vs. Control, \*\*\*  $P < 0.001$  vs. H<sub>2</sub>O<sub>2</sub>