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Is Previous Cardiac Surgery A Risk Factor For Open Repair of Acute Type A Aortic Dissection?

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Abstract

OBJECTIVE— To determine the optimal treatment for patients with acute type A aortic dissection (ATAAD) and previous cardiac surgery (PCS).

METHODS—545 patients underwent open repair of an ATAAD (July 1996-January 2017), including patients with $(n=50)$ and without PCS $(n=495)$. Data were collected through the University of Michigan Cardiac Surgery Data Warehouse, medical record review, and the National Death Index database.

RESULTS—Compared to patients without PCS, patients with PCS were older (62 vs. 59, p=0.24) and had significantly more coronary artery disease (48% vs. 14%, p<0.001), peripheral arterial disease (24% vs. 11%, $p=0.01$), connective tissue disorders (15% vs. 4.5%, $p=0.004$), and acute renal failure on presentation (28% vs. 15%, p=0.02); and significantly more concomitant mitral or tricuspid procedures, longer cardiopulmonary bypass time, and more intraoperative blood transfusions. There were no statistically significant differences in post-operative major complications between PCS and no PCS groups, including stroke, myocardial infarction, newonset dialysis, and 30-day mortality (8.9% vs. 6.3%, p=0.55). Multivariable logistic model showed the significant risk factors for operative mortality were cardiogenic shock (odds ratio $(OR)=9.6$, $p<0.0001$) and male gender (OR=3.7, $p=0.006$). The 5- and 10-year unadjusted survival were significantly lower in the PCS group compared to the no PCS group (66% vs. 80% and 42% vs. 66%, respectively, p=0.02). However, PCS itself was not a significant risk factor for operative $(OR=1.6, p=0.36)$ or all-time mortalities (hazard ratio=1.3, p=0.33).

CONCLUSIONS—ATAAD in patients with PCS can be repaired with favorable operative mortality and long-term survival, and should be treated surgically.

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Graphical Abstract

Previous cardiac surgery itself was not a significant risk factor for operative mortality or long-term mortality; therefore, acute type A aortic dissection in patients with previous cardiac surgery can be and should be treated surgically for favorable outcomes.

> Previous Cardiac Surgery is Not a Significant Risk Factor for Operative Mortality in Acute Type A Aortic Dissection Repair

INTRODUCTION

Acute type A aortic dissection (ATAAD) is a surgical emergency with high associated morbidity and mortality. Open surgical aortic repair is particularly challenging in the case of a patient with previous cardiac surgery (PCS), with the added risks of sternal re-entry and operating in a "hostile" mediastinum. There are a few reports in the literature about the outcomes of redo ATAAD repair in patients with PCS, with an in-hospital mortality around 25–38% at single institutions^{1–4} and the international registry of aortic dissection (IRAD)⁵. Because of the suboptimal outcome of emergent surgical repair in this patient population, one study recommends elective repair instead of emergent repair⁴. Some studies even recommend medical management rather than surgical repair in ATAAD patients with PCS^{6-8} .

In this study, we compare the short- and long-term outcomes of ATAAD patients with vs. without PCS who underwent surgical repair of an ATAAD at our institution (University of Michigan, Ann Arbor, MI) over two decades. Our hypothesis was that previous cardiac surgery was not a risk factor for short- or long-term mortality in ATAAD patients treated at a high volume aortic center by aortic surgeons.

MATERIALS AND METHODS

This study was approved by the Institutional Review Board at the University of Michigan, Michigan Medicine (Ann Arbor, MI) and was in compliance with Health Insurance Portability and Accountability Act regulations.

Study Population

From July 1996 to January 2017, 545 patients underwent open repair of an acute type A aortic dissection, including patients with previous cardiac surgery (PCS, n=50) and patients without PCS (no PCS, n=495). Patients with previous cardiac surgery included patients with a prior sternotomy with additional operation on the heart or aorta, including CABG, valve surgery, aortic root repair or replacement, and/or partial ascending replacement. Patients $(n=4)$ who had patent ductus arteriosus ligation $(n=1)$ or distal arch/descending TAA repair $(n=3)$ through left thoracotomy without violating the pericardium were not categorized as patients with previous cardiac surgery in this study. Investigators leveraged the Society of Thoracic Surgeons data elements from the University of Michigan Cardiac Surgery Data Warehouse to identify the cohort and determine pre-operative, operative, and post-operative characteristics. Electronic medical record review was conducted to confirm previous cardiac surgery and to supplement data collection. Investigators utilized the National Death Index database through December 31, 2015⁹ to determine survival. Further long-term survival data were collected from a thorough medical record review of patients' return visits as well as surveys (including letters and phone calls, January 2018). Loss of follow-up or end of the study period were treated as censors during the time to events analysis.

Surgical Techniques

In the whole cohort, including patients with and without previous cardiac surgery, peripheral cannulations were used for 96% of the cases. In patients with previous cardiac surgery, 98% of cases had peripheral cannulations, including right axillary artery/intra-thoracic right subclavian artery/innominate artery (56%) and femoral artery (42%). (Supplemental Table 1) In certain cases, when patients had a large aneurysm, pseudoaneurysm, or contained rupture directly underneath the sternum and we anticipated a high risk of injury to the aorta causing massive hemorrhage during re-entry, we cooled the patient to 18 °C and performed the sternotomy with circulatory arrest. If there was enough space between the aorta and sternum, we performed redo sternotomy in the usual fashion after sewing a graft to the peripheral artery for arterial cannulation, in most cases. The indication for aortic root replacement in ATAAD patients included: (1) intimal tear at the aortic root, (2) root diameter 4.5 cm , (3) connective tissue disease, and (4) unrepairable aortic valve pathology^{10, 11}. The root procedures include direct repair^{11, 12} or replacement as inclusion root, Bentall procedure, or David procedure^{10, 11, 13}. Indications for zone $1-3$ arch replacement included an arch aneurysm >4 cm or intimal tear located in the arch, which could not be resected by a hemiarch replacement; or dissection of arch branch vessels with malperfusion syndrome¹⁴. Malperfusion syndrome is defined as tissue or organ necrosis and dysfunction due to inadequate blood flow. Malperfusion syndrome due to dissection of arch branch vessels frequently manifests as stroke (cerebral malperfusion) or upper extremity necrosis and dysfunction (upper extremity malperfusion). We treated those patients with malperfusion syndrome with more aggressive aortic arch replacement and replacement of the dissected arch branch vessels individually to resolve the malperfusion¹⁴. All arch branch vessels were reimplanted/replaced individually to branch grafts. If needed, a frozen elephant trunk (cTAG 10 cm, manufactured by Gore) was placed into the true lumen of the descending thoracic aorta distal to the left subclavian artery as we described¹⁴. The detailed surgical technique, strategy of arch replacement with hypothermic circulatory arrest $(HCA)^{14}$, and the root

procedures¹¹ were performed as previously described. We do not routinely perform coronary angiogram before ATAAD repair. Based on the CTA and intraoperative examination of the coronary artery bypass grafts for back bleeding of retrograde cardioplegia, we determine the patency of the previous coronary bypass graft. Patent coronary artery bypass vein grafts were reimplanted to the ascending Dacron graft as buttons including native aorta around the vein grafts. Patent left internal mammary artery (LIMA) bypassed to left anterior descending artery was left unclamped when the aorta was clamped. Coronary, cerebral, and spinal cord malperfusion syndrome or any malperfusion syndrome with hemodynamic instability (n=43) were treated with emergent open aortic repair. Visceral and limb malperfusion syndrome (n=83) without aortic rupture or cardiac tamponade were treated with endovascular fenestration and stenting first and delayed open central aortic repair^{15, 16}.

Statistical Analysis

Continuous variables were summarized by median (25 percentile, 75 percentile) and categorical variables were reported as n (%) in frequency tables. Univariate comparisons between PCS and no PCS groups were performed using chi-square tests or fisher exact tests for categorical data and Wilcoxon rank sum tests for continuous data. Multivariable logistic regression was used to assess the risk factors for operative mortality by adjusting for age, gender, coronary artery disease, acute myocardial infarction, acute stroke, tamponade, malperfusion syndrome, and cardiogenic shock. Crude survival curves since operation were estimated using the non-parametric Kaplan-Meier method. Log-Rank test was used to compare the survival between groups. Cox proportional hazard regression was performed to calculate the hazard ratio (HR) for all-time mortality by adjusting age, gender, coronary artery disease, NYHA class III/IV, acute stroke, acute myocardial infarction, pre-operative renal failure, acute paralysis, and cardiogenic shock. The variables for the logistic and Cox models were chosen based on clinical judgement. All statistical calculations used SAS 9.4 (SAS Institute, Cary, NC) and were considered significant at $p<0.05$.

RESULTS

Demographics and Preoperative Data

The median time from last previous cardiac surgery to acute type A aortic dissection repair was 4 (IQR: 0, 10) years. The PCS group appeared to have significantly more coronary artery disease, peripheral vascular disease, and acute renal failure from aortic dissection, and also had significantly more patients with connective tissue disease and malperfusion syndrome (i.e. end organ necrosis and dysfunction due to inadequate blood flow resulted from aortic dissection); but fewer current smokers; there was no significant difference in other comorbidities. Cardiac tamponade was less frequent in the PCS group (2.0% vs. 9.7%, p=0.07). (Table 1)

Intraoperative Data

The PCS group had significantly more aortic root replacement and less aortic root repair, but similar extent of aortic arch procedures with more antegrade cerebral perfusion and more concomitant mitral valve or tricuspid valve procedures (Table 2). Seventeen out of 19 patients with previous coronary artery bypass grafting had reimplantation of previous bypass

grafts. The cardiopulmonary bypass and aortic cross-clamp times were significantly longer in the PCS group compared to the no PCS group. The PCS group also had a significantly larger amount of intraoperative transfusion of packed red blood cells (PRBCs). (Table 2)

Postoperative Outcomes

Overall, there were no significant differences in major postoperative outcomes between the PCS and no PCS groups, including post-operative stroke, myocardial infarction, new-onset renal failure on dialysis, and 30-day mortality $[4 (8.9%)$ vs 31 $(6.3%),$ p=0.55]. (Table 3) The operative mortality which includes mortality within 30 days after the operation and/or mortality in the hospital were not significantly different either $[6 (12\%)$ vs 41 (8.3%) , p=0.42]. (Table 3) The significant risk factors for operative mortality were cardiogenic shock (odds ratio (OR)=9.6, 95% CI: [4.4, 21], p<0.0001) and male gender (OR=3.7, 95% CI: [1.5, 9.6], p=0.006). PCS was not a significant risk factor for operative mortality (OR=1.6, 95%) CI: [0.6, 4.4], p=0.36); nor was age (OR=1.022, 95% CI: [0.996, 1.049], p=0.104), nor malperfusion syndrome (OR=1.5, 95% CI: [0.67, 3.45], p=0.31). Within the group of patients with PCS, non-survivors had significantly more preoperative cardiogenic shock and previous multi-valve surgery. (Table 4)

Long-term Outcomes

The mean follow-up time is 5.8 ± 5 years. Sixty-five patients (12%) were lost to follow-up at the end of the study period (January 2018). Among all patients, 159 deaths were identified during the follow-up period, 22 patients in the PCS group and 137 patients in the no PCS group. The raw 5- and 10-year survival were significantly lower in the PCS group (66% [95% CI: 50%, 78%] and 42% [95% CI: 24%, 59%]) than that in the no PCS group (80% [95% CI: 76%, 84%] and 66% [95% CI: 60%, 71%], p=0.02) (Figure 1A). However, the multi-variable analysis in the Cox model showed PCS was not a significant risk factor for all-time mortality after surgery compared to no PCS (hazard ratio $(HR)=1.3$, 95% CI: [0.8, 2.1], p=0.33). (Figure 1B) The significant risk factors for all-time mortality were age (HR=1.04, 95% CI:[1.02, 1.05], p<0.0001), year of surgery (HR=0.95, 95% CI: [0.92, 0.98], $p=0.002$), coronary artery disease (HR=1.5, 95% CI: [1.01, 2.2], $p=0.04$), and preoperative acute paralysis (HR=3.7, 95% CI: [1.5, 9.4], p=0.005).

DISCUSSION

In this study, we found that despite the patients with PCS having significantly more comorbidities and the operation being more complex, the perioperative outcomes, including mortality, were comparable to those of patients without PCS. The long-term survival was significantly worse in patients with PCS; however, PCS itself was not a significant risk factor for operative mortality (OR= 1.6 , p=0.36) or all-time mortality (HR= 1.3 , p=0.33). (Video)

When to operate on ATAAD patients with PCS? We operated on those patients with PCS emergently, just like patients with no PCS, if they did not have visceral or limb malperfusion syndrome, which we first treat endovascularly^{15, 16}. There is less cardiac tamponade in ATAAD patients with PCS as demonstrated in our data (Table 1) and in the literature^{1, 3}.

However, there is still risk of rupture of the dissected proximal aorta. Because of the scar tissue from the previous cardiac surgery around the proximal aorta, the aorta may have less chance to rupture into the pericardial space causing tamponade³. However, the dissected aorta can rupture into the pulmonary artery¹ and right atrium¹⁷, so we operate when the patients arrive at our institution.

We do not routinely perform coronary angiogram for ATAAD patients with PCS, even in those who had a previous coronary artery bypass. We examine the coronary artery bypass grafts on the CT angiogram to identify patent bypass grafts. During the operation, we use retrograde cardioplegia for all ATAAD patients. If we see back bleeding from the coronary bypass grafts, we reimplant those bypass grafts as buttons by sewing the aortic button(s) to the ascending aortic Dacron graft. We do not recommend to directly anastomose the saphenous vein graft to the Dacron graft for the risks of increasing medial hyperplasia and rupture of the vein graft from the Dacron graft and subsequent pseudoaneurysm, especially in patients with Marfan syndrome. We have performed at least two reoperations of repairing a pseudoaneurysm from a ruptured vein graft from the Dacron graft in patients who had an initial ATAAD repair by other surgeons. If the bypass graft appears to be like a cord, with no flow on CT angiogram, and no back bleeding of retrograde cardioplegia, then we do not reimplant that bypass graft. If in doubt, we always reimplant the coronary bypass graft. Some of us would like to dissect out the LIMA and clamp it during cardiac arrest. Others just leave the LIMA alone, but maintain the body temperature at 25 degrees Celsius during cardiac arrest. Both ways seemed to work equally well.

We found that previous cardiac surgery as a whole was not an independent significant risk factor for operative mortality (OR=1.6, 95% CI: $[0.6, 4.5]$, p=0.36) or long-term mortality $(HR=1.3, 95\% \text{ CI: } [0.8, 2.1], p=0.33)$ (Figure 1B). Despite patients with PCS having more comorbidities than patients with no PCS (Table 1) and the operations being much more complex with significantly longer cardiopulmonary bypass and aortic cross-clamp times (Table 2), the 30-day (8.9%) and in-hospital mortalities (12%) were relatively low and not significantly different from those in patients with no PCS (Table 3). Our operative mortality was similar or lower than those reported as single center outcomes¹⁻⁴ or IRAD⁵; and much better than the mortality with just medical management which is 50% ⁵. There were several potential reasons for the relatively low operative mortality in our study. Number one, we manage visceral/extremity malperfusion syndrome first in all hemodynamically stable ATAAD patients, including patients with PCS, to give those critically ill patients a chance to recover before open aortic repair 15, 16. Since patients with PCS had much lower risk of t amponade (Table 1) and rupture³, we really emphasize resolving the malperfusion syndrome before redo open aortic repair for ATAAD. We do not put patients through a very long redo operation when patients are suffering ongoing end-organ ischemia and necrosis, thereby giving patients with PCS and malperfusion syndrome a better chance of survival by resolving the malperfusion endovascularly and waiting for the patients to recover from malperfusion syndrome, such as necrotic bowel and limb, severe metabolic acidosis, acute respiratory distress syndrome, sepsis, etc.15, 16, and after patients recovered from malperfusion syndrome, their chance of survival was much improved. We speculate this might be a reason for lower operative mortality. Our multivariable logistic model showed

malperfusion syndrome was not a significant risk factor, since patients all recovered from malperfusion syndrome when they had the open aortic repair (OR=1.5, p=0.31).

Number two, patient's selection. After endovascular fenestration/stenting, we only performed open aortic repair in those patients who recovered from the complications of malperfusion syndrome, such as septic shock, acute respiratory distress syndrome (ARDS), severe metabolic acidosis and organ failure. There were ten patients who underwent endovascular fenestration/stenting, but never underwent open aortic repair, including 5 patients who could never recover from those complications despite the correction of malperfusion by endovascular fenestration/stenting and died, 3 patients died of aortic rupture while still suffering from multi-organ failure, and 2 patients survived without open repair. Most centers would categorize those 10 patients with severe malperfusion syndrome (end organ necrosis and failure) as non-operative candidates. We did not perform open aortic repair on those patients (n=10) and they were not included in this study. The PCS group in this study was a highly selected group of patients who underwent a reoperation of open aortic repair.

Number three, we have a subspecialty practice for ATAAD – 94.5% of all the ATAAD cases and 96% of the PCS patients in this study were operated on by 3 aortic surgeons. All aortic surgeons at our center are very familiar with complex aortic root and arch procedures, redo sternotomy with substernal ascending aortic aneurysm, sternotomy with hypothermic circulatory arrest, and emergent management of a ruptured ascending aorta during sternotomy. Some of those situations are not common cases for cardiac surgeons but the aortic surgeons deal with them often under elective and emergent circumstances. In this study, PCS patients had significantly more redo aortic root replacement most likely due to more patients with connective tissue disease and previous aortic valve replacement in the PCS group. Those redo aortic root replacements in ATAAD demanded surgeons who are more familiar and comfortable with aortic root procedures.

The significant risk factors for operative mortality were male sex (OR=3.7) and cardiogenic shock (OR=9.6). Those are consistent with previous findings at a single institution¹ and IRAD⁵. Age and previous coronary artery bypass were not significant risk factors. No patients (0/19) with previous coronary bypass died after ATAAD repair in the PCS group. The causes of death in the 6 operative deaths in the PCS group were quite heterogeneous, including neurological damage $(n=1)$ due to preoperative CPR, cardiogenic shock $(n=2)$ with one patient due to coronary malperfusion syndrome and massive acute myocardial infarction, ischemic bowel, endocarditis, and multiorgan failure (Table 5), which are typically seen with ATAAD. Taken together, these perioperative results support that ATAAD patients with PCS should be treated with emergent surgical repair as are those without PCS. Surgeons, patients, and their families should be aware that patients with cardiogenic shock have substantial increased risk of operative mortality.

The long-term survival in patients with PCS was compromised. The decreased survival was most likely due to significantly more comorbidities in PCS patients, including significantly more coronary artery disease (50% vs. 15%), previous myocardial infarction (10% vs. 4.2%), peripheral vascular disease (24% vs. 11%), more connective tissue disease which

required more aortic root replacement, more acute renal failure (26% vs. 12%), and more malperfusion syndrome (36% vs. 22%). In the Cox model, PCS patients without those comorbidities had similar long-term survival as patients with no PCS (Figure 1B), though we had a small and highly selective subset of PCS patients in the Cox model. This finding also supports that ATAAD patients should not be turned down from surgical repair due to a previous cardiac surgery.

Our study is limited by a single-center and retrospective experience. The sample size of patients with PCS is relatively small, and the mortality is relatively low, our study may be under powered to achieve significant difference of operative mortality between and PCS and no PCS groups. However, the overall operative mortality was relatively low, even in the PCS group alone, which supports surgical management of ATAAD patients with PCS. The operative mortality underestimates the mortality of all ATAAD patients with PCS since the studied cohort only included the patients who underwent an open aortic repair. Patients who died from complications of malperfusion syndrome (necrotic viscera or limb) after revascularization by endovascular fenestration/stenting were not included in this study. The vast majority of cases were performed by aortic surgeons and we manage malperfusion syndrome endovascularly prior to open aortic repair; therefore, our experience may not apply to all centers operating on ATAAD patients.

CONCLUSION

In conclusion, both short- and long-term surgical outcomes in ATAAD patients with PCS were favorable, and PCS itself was not a risk factor for operative mortality or long-term mortality. We recommended ATAAD patients with PCS be treated with emergent open surgical repair just like ATAAD patients without PCS. (Graphical abstract)

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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GLOSSARY OF ABBREVIATIONS

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Perspective Statement

Patients with previous cardiac surgery often have significant comorbidities which adversely affect the perioperative and long-term survival after surgical repair of acute type A aortic dissection. However, previous cardiac surgery itself was not a significant risk factor for operative or long-term mortality and those patients should be considered for emergent surgical aortic repair.

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Figure 1:

A. Kaplan-Meier survival analysis of patients with or without previous cardiac surgery (PCS) after acute type A aortic dissection repair. The raw 5- and 10-year survival were significantly lower in the PCS group (66% and 42%) compared to that in the no PCS group (80% and 66%) B. Cox proportional hazard regression of survival. The hazard ratio of PCS vs. no PCS was 1.3 (95% CI: 0.8, 2.1), p=0.33.

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Central Picture:

Cox proportional hazard regression of survival in acute type A aortic dissection patients. Central Message:

Acute type A aortic dissection in patients with previous cardiac surgery can be and should be treated surgically for favorable short- and long-term outcomes.

Table 1.

Demographics, comorbidities, and clinical condition on admission

Data reported as n (%) or median (interquartile range).

COPD=chronic obstructive pulmonary disease; CPR=cardiopulmonary resuscitation; GFR=glomerular filtration rate (Cockcroft-Gault formula); MI=myocardial infarction; NYHA=New York Heart Association; PCS=previous cardiac surgery.

* Malperfusion syndrome is defined as organ necrosis and/or dysfunction due to inadequate blood flow. Emergent operation was performed for cerebral or coronary malperfusion syndrome. Delayed operation for visceral, renal and extremity malperfusion syndrome.

Table 2.

Intra-operative outcomes

Data reported as n (%) or median (interquartile range).

*: HCA time was the time for distal anastomosis at the aortic arch during circulatory arrest of the lower body

ACP=antegrade cerebral perfusion; CABG=coronary artery bypass graft; CPB=cardiopulmonary bypass; HCA=hypothermic circulatory arrest; PCS=previous cardiac surgery; PRBC=packed red blood cells; RCP=retrograde cerebral perfusion

Table 3.

Post-operative outcomes

 α Defined as mortality in-hospital or within 30 days after surgery.

Data reported as n (%) or median (interquartile range).

MI=myocardial infarction; PCS=previous cardiac surgery.

Table 4.

Admission variables and in-hospital outcomes for patients with previous cardiac surgery

 $a²$ AVR + mitral valve replacement (n=1) and mitral valve repair + tricuspid valve repair (n=1)

 b Mitral valve repair + AVR

^CPFO/VSD repair at the age of 3 (n=1) and ASD/VSD repair at the age of 5 (n=1)

d Other includes a heart transplant (n=1) and trauma/coronary artery laceration (n=1)

All other admission variables: no statistically significant difference (all p > 0.05) between in-hospital survivors and non-survivors.

Data reported as n (%) or median (interquartile range). P-values indicate the difference of the incidence rate between survivors and non-survivors and were carried out with Fisher's exact test.

ASD=atrial septal defect; ATAAD=acute type A aortic dissection; AVR=aortic valve replacement; ARR=aortic root replacement CABG=coronary artery bypass grafting; PCS=previous cardiac surgery; PFO=patent foramen ovale; VSD=ventricular septal defect.

 $*$ The patient developed aortic root dissection 3 days after initial MVR, AVR, and ascending aortic replacement. The patient developed aortic root dissection 3 days after initial MVR, AVR, and ascending aortic replacement.

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Table 5.

Cause of death for patients with previous cardiac surgery who died in-hospital

Cause of death for patients with previous cardiac surgery who died in-hospital

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ASD=atrial septal defect; ATAAD=acute type A aortic dissection; AVR=aortic valve replacement; CABG=coronary artery bypass graft; CPB=cardiopulmonary bypass; CPR=cardiopulmonary resuscitation; ASD=atrial septal defect; ATAAD=acute type A aortic dissection; AVR=aortic valve replacement; CABG=coronary artery bypass graft; CPB=cardiopulmonary bypass; CPR=cardiopulmonary resuscitation; DNR=do not resuscitate; ECMO=extracorporeal membrane oxygenation; IR=interventional radiology; ITP=idiopathic thrombocytopenic purpura; MI=myocardial infarction; MPS=malperfusion syndrome;
MV=mitral valve; MVR=mitral valv DNR=do not resuscitate; ECMO=extracorporeal membrane oxygenation; IR=interventional radiology; ITP=idiopathic thrombocytopenic purpura; MI=myocardial infarction; MPS=malperfusion syndrome; MV=mitral valve; MVR=mitral valve replacement; PCS=previous cardiac surgery; POD=postoperative day; TV=tricuspid valve; VSD=ventricular septal defect