

Tissue specific regulation of transcription in endometrium and association with disease

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STUDY QUESTION: Are genetic effects on endometrial gene expression tissue specific and/or associated with reproductive traits and diseases?

SUMMARY ANSWER: Analyses of RNA-sequence data and individual genotype data from the endometrium identified novel and disease associated, genetic mechanisms regulating gene expression in the endometrium and showed evidence that these mechanisms are shared across biologically similar tissues.

WHAT IS KNOWN ALREADY: The endometrium is a complex tissue vital for female reproduction and is a hypothesized source of cells initiating endometriosis. Understanding genetic regulation specific to, and shared between, tissue types can aid the identification of genes involved in complex genetic diseases.

STUDY DESIGN, SIZE, DURATION: RNA-sequence and genotype data from 206 individuals was analysed and results were compared with large publicly available datasets.

PARTICIPANTS/MATERIALS, SETTING, METHODS: RNA-sequencing and genotype data from 206 endometrial samples was used to identify the influence of genetic variants on gene expression, via expression quantitative trait loci (eQTL) analysis and to compare these endometrial eQTLs with those in other tissues. To investigate the association between endometrial gene expression regulation and reproductive traits and diseases, we conducted a tissue enrichment analysis, transcriptome-wide association study (TWAS) and summary data-based Mendelian randomisation (SMR) analyses. Transcriptomic data was used to test differential gene expression between women with and without endometriosis.

MAIN RESULTS AND THE ROLE OF CHANCE: A tissue enrichment analysis with endometriosis genome-wide association study summary statistics showed that genes surrounding endometriosis risk loci were significantly enriched in reproductive tissues. A total of 444 sentinel *cis*-eQTLs ($P < 2.57 \times 10^{-9}$) and 30 *trans*-eQTLs ($P < 4.65 \times 10^{-13}$) were detected, including 327 novel *cis*-eQTLs in endometrium. A large proportion (85%) of endometrial eQTLs are present in other tissues. Genetic effects on endometrial gene expression were highly correlated with the genetic effects on reproductive (e.g. uterus, ovary) and digestive tissues (e.g. salivary gland, stomach), supporting a shared genetic regulation of gene expression in biologically similar tissues. The TWAS analysis indicated that gene expression at 39 loci is associated with endometriosis, including five known endometriosis risk loci. SMR analyses identified potential target genes pleiotropically or causally associated with reproductive traits and diseases including endometriosis. However, without taking account of genetic variants, a direct comparison between women with and without endometriosis showed no significant difference in endometrial gene expression.

LARGE SCALE DATA: The eQTL dataset generated in this study is available at http://reproductivegenomics.com.au/shiny/endo_eqtl_rna/. Additional datasets supporting the conclusions of this article are included within the article and the supplementary information files, or are available on reasonable request.

LIMITATIONS, REASONS FOR CAUTION: Data are derived from fresh tissue samples and expression levels are an average of expression from different cell types within the endometrium. Subtle cell-specific expression changes may not be detected and differences in cell composition between samples and across the menstrual cycle will contribute to sample variability. Power to detect tissue specific eQTLs and differences between women with and without endometriosis was limited by the sample size in this study. The statistical approaches used in this study identify the likely gene targets for specific genetic risk factors, but not the functional mechanism by which changes in gene expression may influence disease risk.

WIDER IMPLICATIONS OF THE FINDINGS: Our results identify novel genetic variants that regulate gene expression in endometrium and the majority of these are shared across tissues. This allows analysis with large publicly available datasets to identify targets for female reproductive traits and diseases. Much larger studies will be required to identify genetic regulation of gene expression that will be specific to endometrium.

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Key words: endometrium / RNA-sequencing / gene expression / endometriosis / expression quantitative trait loci (eQTL) / genetic regulation / tissue specific

Introduction

Genetic effects on transcriptional regulation underlie the pathogenic mechanisms of many human traits and diseases (Peters et al., 2016; Ongen et al., 2017; Gamazon et al., 2018). Genetic variants that regulate gene expression, termed expression quantitative trait loci (eQTLs) can be shared between tissues or can be tissue specific (Consortium et al., 2017). Consequently, to investigate genetic contributions to disease mechanisms, we must investigate the tissue, and ultimately individual cell types, relative to a disease to understand the genetic contribution to pathogenesis.

The endometrium, as the inner most layer of the uterus is a vitally important reproductive tissue, integral for fertility and implicated in many reproductive disorders. It undergoes cyclical changes largely driven by hormonal regulation and changes in cellular composition (Evans et al., 2016). Our previous studies have shown endometrial gene expression and methylation is influenced by genetic variation (Powell et al., 2016; Fung et al., 2017; Fung et al., 2018; Mortlock et al., 2019) and suggest these genetic variants contribute to the susceptibility to reproductive disorders. The specific genes that are influenced by these genetic variants and that contribute to disease pathogenesis however remain to be elucidated.

Endometriosis, characterised by endometrial-like tissue that form lesions outside the uterus is a common reproductive disorder affecting 6–10% of reproductive aged women and it is believed to stem from endometrial tissue (Bullett et al., 2010; Giudice, 2010). A recent genome-wide association study (GWAS) identified 27 genomic loci associated with endometriosis (Rahmioglu et al., 2018) and our previous studies showed that expression of critical endometrial target genes and methylation of CpG sites are altered in genomic regions associated with endometriosis susceptibility (Powell et al., 2016; Fung et al., 2017; Fung et al., 2018; Mortlock et al., 2019). This suggests that susceptibility to endometriosis is mediated by changes in endometrial gene expression and methylation under the control of genetic risk factors. The

underlying mechanisms increasing endometriosis susceptibility at many of these genetic regions is not yet clear.

RNA sequencing (RNA-seq) is a powerful gene expression technique that quantitates individual RNA transcripts with a broader dynamic range than microarray technology, which captures only 30% of the data available in RNA-seq (Mortazavi et al., 2008; Wang et al., 2009; Zhao et al., 2014). The aim of this study was therefore to extend our understanding of the genetic regulation of transcription in endometrium by analysing paired-end total RNA sequence data from 206 endometrial samples, characterize the eQTLs in the endometrium and their similarity to other tissues, and determine their association with susceptibility genes for reproductive traits and diseases, such as endometriosis.

Materials and Methods

Tissue enrichment analysis

To identify the tissue types that could be associated with endometriosis, we performed cell-type enrichment analysis using the method outlined in Finucane et al. (2018). We used the summary statistics from the endometriosis meta-analysis conducted by Sapkota et al. (2017), which contained 17 045 endometriosis cases and 191 596 controls. Gene expression data were obtained from the GTEx project (Consortium, 2015, Consortium et al., 2017) and the Franke Lab (Pers et al., 2015). The GTEx dataset contains gene expression data from RNA-Seq analysis of 53 different tissues or cell types from 8550 human samples. The Franke Lab gene expression data comes from microarray analysis of 152 distinct tissues and cells types from 37 427 human samples. The different tissues or cell types were classified into nine groups for the visualisation, including adipose, blood or immune, cardiovascular, central nervous system, digestive, liver, musculoskeletal-connective, pancreas and other.

Table 1 Patient numbers and information.

	RWH	IVF	Total number of samples
Endometriosis assessment	Surgically confirmed	Self-reported	
Number of samples	184	22	206
Endometriosis status			
Case	135	8	143
Control	49	14	63
Stage of cycle			
Menstrual (M)	14	0	14
Early-proliferative (EP)	5	0	5
Mid-proliferative (MP)	71	1	72
Late-proliferative (LP)	21	1	22
Early-secretory (ES)	21	10	31
Mid-secretory (MS)	31	10	41
Late-secretory (LS)	21	0	21

Number of patients recruited from the RWH and Melbourne IVF Clinic (IVF) and associated endometriosis and stage of menstrual cycle information.

For each gene in all of the distinct tissue or cell-type gene expression datasets, we calculated the *t*-statistic, a measure of tissue specific gene expression. Within each tissue or cell type, the *t*-statistics for each gene was ranked and only the top 10% were used in the next step of the analysis. From each gene, we added a 100-kb window on either side of the transcribed region to construct the genome annotation and then performed stratified linkage disequilibrium (LD) score regression on the endometriosis GWAS summary statistics to test whether the disease heritability was enriched in loci containing genes with the highest expression in particular tissues. Tissue or cell types with $FDR < 0.05$ were classified as significantly enriched.

Sample collection

Woman of European ancestry and reproductive age were recruited from clinics at the Royal Women's Hospital (RWH) and Melbourne IVF Clinic (IVF) in Melbourne, Australia. A total of 206 women were included in the study, consisting of 184 RWH gynaecology patients and 22 IVF patients. RWH patients underwent investigative laparoscopic surgery in response to pathological symptoms and/or infertility during which endometrial tissue samples were extracted by curettage. A detailed clinical history and surgical and pathological results were obtained for each participant in RWH sample set.

The endometriosis status was recorded following surgical diagnosis at laparoscopy for women from RWH, or self-reported for women from the IVF clinic. A histological assessment of each endometrial biopsy was performed by an experienced pathologist to categorise samples into seven different menstrual cycle stages including menstrual (M), early-proliferative (EP), mid-proliferative (MP), late-proliferative (LP), early-secretory (ES), mid-secretory (MS) and late-secretory (LS). We excluded samples that were from women of non-European ancestry or who underwent hormonal treatment and tissues that showed abnormality on histopathology or with ambiguous diseases status or cycle stage. A summary of samples and associated clinical detail is provided in Table 1. From each individual, we collected whole blood samples prior to surgery and endometrial tissue. The endometrial

tissue was stored in RNAlater (Life Technologies, USA) at -80°C for later RNA extraction, while whole blood was prepared for DNA isolation.

Ethics approval and consent to participate

The study was approved by the Royal Women's Hospital Human Research Ethics Committee (Projects 11–24 and 16–43), the Melbourne IVF Human Research Ethics Committee (Project 05–11) and the University of Queensland. Informed consent was obtained from all participants.

Genotyping

DNA samples from each of the 206 individuals were genotyped on HumanCoreExome or Infinium PsychArray chips (Illumina, USA). Quality control (QC) was performed in PLINK according to the protocol outlined in Fung *et al.* (2018). Following QC, a total of 282 625 SNPs (hg19) were phased using Shapelt V2 and taken forward to imputation using the haplotype reference consortium reference panel (version r1.1 2016) on the Michigan Imputation Server. SNPs with low imputation quality ($R^2 < 0.8$), missing rate $> 5\%$, minor allele frequency (MAF) $< 1 \times 10^{-4}$ and Hardy–Weinberg equilibrium $< 1 \times 10^{-6}$ after imputation were removed. The remaining SNP positions were lifted-over to the Ensembl genome build 38 (GRCh38) using CrossMap v.0.2.8. SNPs failing to lift-over were assigned to their new GRCh38 position manually based on dbSNP151 GRCh38 patch release 7 (GRCh38.p7), leaving 6 230 993 SNPs for further analysis.

RNA extraction

Total RNA was isolated from endometrial tissue using the Allprep DNA/RNA Mini Kit (Qiagen, CA) as per the manufacturer's instructions. RNA quality was checked using the Bioanalyzer 2100 (Agilent Technologies, CA) and RNA concentration was measured using

the NanoDropND-6000 (Thermo Fisher Scientific, USA). All samples were high quality with an RNA integrity number greater than 8.

RNA sequencing

The RNA samples were treated with Turbo DNA-free kit (Thermo Fisher Scientific, USA) prior to RNA-seq library generation. Stranded RNA-seq libraries were prepared using the Illumina TruSeq Stranded Total RNA Gold protocol which includes ribosomal depletion (Illumina, USA). Libraries were pooled and sequenced to a mean depth of 37 490 673 reads (178 samples; 75 bp pair-ended reads) on the Illumina HiSeq 4000 and 40 818 062 reads (28 samples; 120 bp pair-ended reads) on the Illumina HiSeq 2000 (Illumina, USA). Raw sequencing reads were quality checked using FastQC v0.11.7 (Andrews, 2010) and MultiQC v1.6 (Ewels et al., 2016). Low quality reads and contaminating HiSeq Illumina adapter sequences were trimmed using Trimmomatic v0.36 (Bolger et al., 2014).

Trimmed reads were aligned against the human reference genome (Ensembl *Homo sapiens* GRCh38 release 84) using HISAT2 v2.0.5. Transcript assembly was performed using StringTie v1.3.1 (Pertea et al., 2015, 2016) and the Ensembl *Homo sapiens* GRCh8 release 91 reference assembly. Reads mapping to each known transcript were directly counted in StringTie to generate transcript-, exon- and intron-level expression matrices in 'fragments per kilobase of transcript per million mapped reads' units for each individual. Raw gene count matrices were also produced using a Python script provided by StringTie.

Normalisation of RNA-Seq counts

Genes expressed at a low level, i.e. genes with counts per million (CPM) <0.22 (~10 counts) and expressed in <90% of the samples, were removed. Raw gene counts were normalized for composition bias and total raw reads (library size) using the Trimmed Mean of M (TMM) (Fadista et al., 2014; Taneera et al., 2015; Seo et al., 2016) method in the edgeR R package v3.22.3 (Robinson et al., 2010). Normalized counts were converted to CPM and log₂ transformed (log₂-CPM).

eQTL analysis

RNA-seq counts and genotype data from the 206 individuals was used to test association between genotype and gene expression. A total of 17 022 genes expressed in >90% samples were included in the analysis. Expression values were TMM-normalized, converted and log₂ transformed (log₂-CPM) as described above. Individual level genotype data for 6 230 993 SNPs was also included in the analysis. The *cis*-eQTL analysis was carried out using a linear regression model in the MatrixeQTL R package v2.2 (Shabalina, 2012). *cis*-eQTLs were defined as SNPs located within ±250 kb from gene start and stop position. Batch effects (lanes within the same flow-cell and between flow-cells), stage of menstrual cycle and endometriosis diseases status were included in the model as covariates. Comparisons with SNPs on a different chromosome to the associated gene, were classified as *trans*-eQTLs. The *trans*-eQTL analysis was also performed using MatrixeQTL with the same covariates, this time setting a MAF threshold of >0.05 leaving 4 922 014 SNPs to be included in the analysis. To identify independent *cis*-eQTL signals, we performed a conditional analysis using the COJO method in GCTA (Yang et al., 2011; Yang et al., 2012), including the effect of the eSNP (SNP associated with gene expression) with the

smallest *P*-value as a covariate in the model for each of the 444 genes with Bonferroni significant eQTLs.

Correlation with endometrial, GTEx and eQTLGen eQTLs

To evaluate whether the genetic effects on gene expression in endometrial tissue also occurred in other tissues, we correlated eQTL effects with 48 tissues from the GTEx v7 project (Supplementary Table S1) (Consortium, 2015; Consortium et al., 2017) and the blood eQTL dataset from eQTLGen Consortium (eQTLGen) consisting of 31 684 individuals (Vösa et al., 2018). We used the r_b method developed by Qi et al. (2018) to estimate the correlation between genetic effects at top *cis*-eQTLs whilst accounting for eQTL effect estimation errors (Qi et al., 2018). Briefly, we used the top significant brain eQTLs ($P_{eQTL} < 5 \times 10^{-8}$) from the religious orders study and memory and ageing project (ROSMAP) (Ng et al., 2017) as a reference to avoid ascertainment bias. Subsequently top ROSMAP *cis*-eQTLs present in both the endometrium eQTL dataset and the GTEx tissue eQTL dataset being tested were used in the effect size (ES) correlation analysis. Genome positions of endometrial eQTLs from this study were converted from the GRCh38 assembly back to the GRCh37 assembly for direct comparison with ROSMAP, GTEx and eQTLGen datasets.

Overlap of genetic regulation of gene expression in endometrium with other tissues from the GTEx and eQTLGen database

To identify potential endometrial specific *cis*-eQTLs, we examined the overlap of Bonferroni significant, independent endometrial *cis*-eQTLs with *cis*-eQTLs in the 48 different tissue types in the GTEx (Supplementary Table S1) and eQTLGen datasets (Vösa et al., 2018). *cis*-eQTLs were matched between tissues based on the same eSNP and gene associations including eSNPs in linkage with the lead eSNP ($r^2 > 0.8$). The direction of effect was also considered for those with the same eSNP.

Differential expression

The limma R package was used to analyse genome-wide differential gene expression following the removal of genes expressed at a low level. Only genes with a minimum of 10 counts and expressed in at least 90% of samples were analysed for differential expression. We performed three distinct differential gene expressions comparisons: (i) between endometriosis cases and controls, (ii) between cases and controls in the mid-proliferative stage and (iii) between cases and controls in the mid-secretory stage. We fitted batch effect (flow-cell and lane) as covariates in all three models and corrected for stage of menstrual cycle in model I. The normalized counts were transformed using the voom (Law et al., 2014) function in limma before being fitted to the linear model. The eBayes method was used to contrast between groups. Resulting *P*-values were adjusted using Benjamini-Hochberg with a significance threshold of 0.05. Only genes passing FDR < 0.05 were categorized as being significantly differentially expressed genes.

Association between transcription and disease

GWAS SNPs

We assessed the overlap of endometrial eQTLs and endometriosis associated SNPs. To date, 27 loci have been associated with endometriosis based on a GWAS meta-analysis across different populations (Sapkota *et al.*, 2017; Rahmioglu *et al.*, 2018). To identify overlaps between endometrial *cis*-eQTLs and endometriosis risk loci, we analysed LD between significant *cis*-eQTL (FDR < 0.05) eSNPs and the lead risk SNPs within the 27 risk loci. eQTLs with $r^2 > 0.8$, as calculated using LDlink (Machiela and Chanock, 2015), were defined as being in LD with the related risk SNP. We also assessed the overlap with SNPs associated with various other traits in the GWAS catalogue.

Transcriptome-wide association study

In the absence of gene expression data from large cohorts, new powerful statistical approaches allow us to impute gene expression and conduct a transcriptome-wide association study (TWAS). The resulting association statistics reflect underlying relationships between gene expression and disease risk contributing to the identification of target genes underlying complex traits. Transcriptome-integrated genetic association resource (TIGAR) is a software tool used to impute transcriptomic data and perform TWAS using summary-level GWAS data. We used the Train Dirichlet process regression imputation model in TIGAR to estimate *cis*-eQTL ES in endometrium using the 206 RNA-seq samples with matched imputed genotype data. Using estimates from the training model as weights, we conducted a TWAS using endometriosis GWAS summary-statistics from the Sapkota *et al.* (2017) meta-analysis. Details of the training and association models can be found in Nagpal *et al.* (2019). To investigate multiple genes in significantly associated loci, we tested for a correlation between the predicted gene expression in each loci. Gene expression was imputed using estimated effects sizes from the training model and individual genotype data from 5186 individuals belonging to the QIMRHCS cohort (Nyholt *et al.*, 2012; Sapkota *et al.*, 2017). Gene expression for each individual was predicted by matrix multiplication between estimated ES and additive genotype (X_g) (Predicted_GE = ES* X_g). The Pearson correlation was calculated between the predicted expression of each gene pair in a locus using the cor function in the R environment.

Summary data-based Mendelian randomization

To assess the association between genetic variant, gene expression and trait, we performed summary data-based Mendelian randomization (SMR) (Zhu *et al.*, 2016). The SMR was conducted by integrating the summary eQTL data and the GWAS meta-analysis from Sapkota *et al.* (2017). Associations passing the SMR test and with a P_{HEIDI} of $>0.05/(\text{number of genes passing the SMR test})$ were considered significant. Due to the limited power of our eQTL analysis, the presence of both secondary eQTL signals and secondary signals in multiple endometriosis risk loci, we also conducted a multi-SNP-based SMR to use information from all significant SNPs in each region (Wu *et al.*, 2018). To further avoid confounding effects of multiple signals, reduce multiple testing burden and leverage the power of the large GWAS, we conducted a modified SMR analysis in which the trait (endometriosis) was treated as the exposure and the gene expression within each GWAS locus (2 MB either side of top SNP) was treated as the

outcome. Using this modified SMR approach the top GWAS SNPs are selected for testing based on their association with endometriosis. To increase power, we repeated the SMR analyses using the large eQTLGen blood eQTL dataset as a proxy (Vösa *et al.*, 2018). Using available GWAS summary statistics for age at menopause (Day *et al.*, 2015) and epithelial ovarian cancer (Phelan *et al.*, 2017), we conducted an SMR analysis using endometrial eQTLs against these traits.

Results

Enrichment of genes in endometriosis risk loci in reproductive tissues

Understanding the role of genetic regulation of gene expression in complex traits and diseases is more powerful when measuring genetic effects in disease relevant tissues. Using summary statistics from Sapkota *et al.* (2017) and gene expression data from a range of tissues and cell types, we show a significant enrichment for genes annotated to endometriosis-associated loci in female reproductive tissues, myometrium, arteries, serum and digestive tissue (Table II, Fig. 1). This suggests effects of regulation of gene expression on endometriosis risk loci are more likely to be detected in reproductive tissues including the endometrium.

eQTLs in endometrium from RNA-Seq

Following assembly and quantification of RNA-seq reads in endometrial samples from 206 European women, we identified 29 791 genes expressed (CPM > 0.22; ~10 counts) in at least two samples. On average samples expressed 25 980 genes. When restricting the gene set to only genes expressed in >90% of samples, we retained 17 022 Ensembl genes. The 12 769 genes only expressed in 1–90% of samples were expressed in varying proportions of samples reflecting the complex structure of gene expression in endometrium previously reported (Fung *et al.*, 2018).

Integrating data for 6 230 993 (4 922 014 for *trans*) genotyped and imputed SNPs with the RNA-seq data from the 206 European women (17 022 genes expressed in >90% samples), and following Bonferroni correction for multiple testing, we detected genetic effects on gene expression in endometrium for 444 sentinel *cis*-eQTLs ($P < 2.57 \times 10^{-9}$) and significant *trans*-eQTLs for 30 genes ($P < 5.97 \times 10^{-13}$) (Table III) (Supplementary Fig. S1a and b). An additional 22 independent secondary *cis*-eQTL signals were detected following conditional analysis whereby the association test was rerun for each gene conditioning on the effect of the primary sentinel SNP. We identified novel *cis*-eQTLs, following Bonferroni correction, for 327 genes not previously reported as significant in endometrium. The eQTL dataset generated in this study is available at http://reproductivegenomics.com.au/shiny/endo_eqtl_rna/.

When comparing these results to our previous endometrium microarray study (Fung *et al.*, 2018), we find 75% of Bonferroni significant eQTLs identified by RNA-Seq were nominally significant ($P < 0.05$) in the microarray data with ES highly correlated ($R = 0.75$). This reflects the high correlation between the average expression of each gene in endometrial tissue measured by RNA-Seq versus microarray ($R = 0.902 \pm 0.01$) (Supplementary Fig. S2a–e) and a high correlation of gene expression within samples ($R = 0.789 \pm 0.101$)

Table II Cell-types and tissues enriched for genes at endometriosis risk loci.

Tissue/Cell type	Tissue Category	P-value
Fallopian_Tube	Other	6.96E-07
A05.360.319.679.690.Myometrium	Musculoskeletal/Connective	4.86E-04
Uterus	Other	8.14E-04
A05.360.319.679.Uterus	Other	8.35E-04
Cervix_Ectocervix	Other	2.18E-03
Cervix_Endocervix	Other	2.66E-03
A07.231.114.Arteries	Cardiovascular	1.03E-02
A05.360.319.Genitalia..Female	Other	1.06E-02
A15.145.846.Serum	Blood/Immune	1.15E-02
A06.407.Endocrine.Glands	Other	1.21E-02
Esophagus_Muscularis	Digestive	1.34E-02
A05.360.Genitalia	Other	1.53E-02
A05.360.319.679.490.Endometrium	Other	2.10E-02
A06.407.312.Gonads	Other	2.17E-02
A05.360.319.114.630.Ovary	Other	2.31E-02

Numbers preceding tissues correspond to the National Institute of Health (NIH) medical subject heading (MeSH) tree structure numbers used to label and distinguish tissues in the Franke lab dataset.

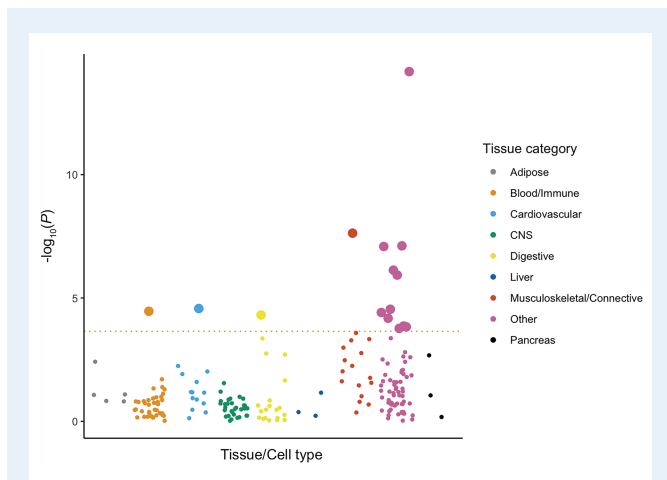


Figure 1 Multi-tissue enrichment analysis results for endometriosis risk loci. Each dot represents a tissue or cell type from either the GTEx dataset (total $N = 8550$) or the Franke lab dataset (total $N = 37\,427$) and each colour represents a different tissue category. Tissues or cell types passing the FDR cut off ($FDR < 0.05$) with a $-\log_{10} P$ -value < 3.65 are shown as large dots.

(Supplementary Fig. S3). There were 28 FDR significant *trans*-eGenes (genes with a *trans*-eQTL) replicated between the two endometrial datasets.

Between tissue correlations

Overall, we observed good global correlation in genetic effects on gene expression between tissues, suggesting that many eQTLs exhibit more general shared effects. The correlation in eQTL effects (r_b)

between endometrium and the 48 tested tissues ranged from $r_b = 0.54$ with brain cerebellum to $r_b = 0.72$ with minor salivary gland (Fig. 2a, Supplementary Table S11), where r_b represents the correlation of eQTL effects between tissues accounting for estimation errors in the eQTL effects (Qi et al., 2018). Female reproductive tissues including vagina, uterus, breast mammary tissue and ovary all had correlations above 0.68 (Fig. 2a and b). We observed large correlations between genetic effects in endometrium and digestive tissues such as the salivary gland ($r_b = 0.72$), stomach ($r_b = 0.72$) and colon ($r_b = 0.71$) and individual cell types such as fibroblasts ($r_b = 0.72$) (Fig. 2a and b). A lower correlation was observed with central nervous system tissues and hematopoietic tissues (Fig. 2a and b). The genetic effects on gene expression in endometrium had the highest correlation with tissue derived from the endoderm (average $r_b = 0.69$) (Supplementary Fig. S4), compared to tissue derived from the other germ cell layers.

Shared and tissue specific eQTLs

A total of 305 Bonferroni significant endometrial eQTLs were also reported in at least one other GTEx tissue, with an average of 18 reported in any single tissue. The number of endometrial eQTLs reported in each GTEx tissue was highly correlated with the sample size (correlation = 0.88). When comparing endometrial eQTLs with the 48 GTEx tissues, we found a large proportion showed high tissue specificity, observed in only three tissues or fewer (174 sentinel eQTLs). Alternatively, the eQTLs found in more than three tissues were commonly observed across most tissues (185 sentinel eQTLs in >24 tissues) (Supplementary Fig. S5). However, when checking for overlap with the much larger eQTLGen blood dataset ($n = 31\,684$) (Vösa et al., 2018), 71.6% of endometrial eQTLs were also reported in blood. The large overlap between eQTLs identified in endometrium and blood is likely due to the large sample size in the eQTLGen dataset which has sufficient power to detect eQTLs with much smaller

Table III Number of *cis* and *trans*-eQTLs identified in endometrial tissue.

eQTLs	Pass Bonferroni		Pass FDR (< 0.05)*	
	eQTLs	Unique genes	eQTLs	Unique genes
Total <i>cis</i> -eQTL	40 227	444	207 071	3726
Total <i>trans</i> -eQTL	1344	30	12 647	1369

*The number of *cis*-eQTLs and *trans*-eQTLs that pass the less stringent Benjamini-Hochberg threshold of FDR < 0.05 is included for comparison ($P_{cis} < 5.32 \times 10^{-4}$; $P_{trans} < 4.73 \times 10^{-8}$)

effects. We identified 68 sentinel *cis*-eQTLs that may be specific to endometrium (Supplementary Table SIII), although a large proportion (85%) of the *cis*-eQTLs in endometrium were also reported in other tissues.

Association with reproductive traits and pathologies

Endometriosis

Differential gene expression between endometriosis cases ($n = 143$) and controls ($n = 63$) was tested using limma in R. Following correction for stage of cycle, no genes were significantly differentially expressed. Differences between cases and controls within proliferative and secretory stages with the largest sample sizes was also tested. No significant differences were observed between cases ($n = 56$) and controls ($n = 16$) in the mid-proliferative stage. Nominal differences in expression between cases ($n = 27$) and controls ($n = 14$) were observed for 43 genes in the mid-secretory stage (Table IV). Expression differences for these 43 genes however, were no longer significant following correction for the multiple testing of the three different comparisons, suggesting that these may represent false positives or that there is insufficient power to detect subtle genome-wide significant effects in our current dataset.

We performed a transcriptome-wide association analysis to identify gene expression associated with endometriosis risk. Gene expression and genotype data from the 206 samples was used to estimate the weighted effect of each SNP on each *cis*-gene and combined with summary-level endometriosis GWAS data (Sapkota *et al.*, 2017) to impute gene expression and perform a TWAS. Using a transcriptome-wide significance threshold of 3.28×10^{-6} , we identified 252 genes associated with endometriosis located at 39 independent loci (Fig. 3, Table V, Supplementary Table SIV). Five of these loci harboured genome-wide significant SNPs associated with endometriosis including; rs1903068 on chromosome 4 near kinase insert domain receptor (*KDR*), rs12700667 on chromosome 7 near *LOC100506236*, rs10090060 on chromosome 8 near ganglioside induced differentiation associated protein 1 (*GDAP1*), rs1802669 on chromosome 10 near MLLT10 Histone Lysine Methyltransferase DOT1L Cofactor (*MLLT10*) and rs4762326 on chromosome 12 near vezatin (*VEZT*) (Table V). The remaining loci all included nominally significant SNPs from the GWAS ranging from $P = 2.64 \times 10^{-3}$ – 4.40×10^{-7} (Table V). Many implicated regions contain multiple significant genes whose predicted gene expression was, in most cases, correlated (Supplementary Fig. S6). The most significant gene at each locus is presented in Table V. This analysis highlights genes potentially involved in endometriosis pathogenesis

previously associated with endometriosis risk and provides stronger support for novel regions showing only nominal significance in GWAS results.

Functional annotation of genetic variants associated with complex traits and diseases is another valuable method to identify target genes and prioritise them for further study. Previous studies have reported eQTLs associated with endometriosis on chromosome 1 (Powell *et al.*, 2016) and 12 (Holdsworth-Carson *et al.*, 2016). In this study, we identified eQTLs for two genes, *VEZT* and *FYVE*, RhoGEF and PH domain containing 6 (*FGD6*) overlapping the GWAS signal for endometriosis risk locus on chromosome 12 (Table VI). SMR is a method for testing whether the eQTLs and GWAS signals overlap by chance or have some causal association. Implementation of a standard SMR analysis (Zhu *et al.*, 2016) found no significant associations between genetic variants, endometrial gene expression and endometriosis risk. The standard implementation for SMR analysis tests only the most significant eQTL at each locus and assumes only one causal variant is associated with both gene expression and the trait. To assess the possibility that additional independent eQTLs and GWAS signals in each region contribute to heterogeneity and dilute the signal, we conducted a multi-SNP-based SMR (SMR-multi) (Wu *et al.*, 2018). This increases the power to detect a pleiotropic signal by including multiple SNPs within each individual *cis*-eQTL locus. There were no signals that passed the SMR-multi analysis.

A modified SMR selecting the most significant endometriosis-associated GWAS SNPs as the instrument, thereby treating endometriosis as the exposure, reduced the multiple testing burden and detected three signals that pass both the SMR test and the HEIDI (HEterogeneity In Dependent Instruments) test; *FGD6*, *VEZT* (Fig. 4; Table VII) and *AL022068.1* (Fig. 5; Table VII). The HEIDI test is used to distinguish independent overlapping signals and the same SNP influencing expression and disease risk. SNPs with low HEIDI *P*-values have a higher probability of being independent overlapping signals and are subsequently disregarded. The expression of both *FGD6* and *VEZT* was also significantly associated with endometriosis in the TWAS analysis.

To increase power, we performed the same SMR analysis using the larger eQTLGen blood eQTL dataset as a proxy. Whilst this increases the power to detect genetic variants that effect gene expression consistently in blood and endometrium, we lose power to detect endometrium specific signals. Using the standard SMR approach, we detected one association between rs2473290 and the cell division cycle 42 (*CDC42*) gene that passed the SMR test ($P_{SMR} = 5.77 \times 10^{-10}$), but did not pass the HEIDI test ($P_{HEIDI} = 3.74 \times 10^{-5}$). We repeated the SMR analysis after conditioning the *CDC42* eQTLs and GWAS on the lead SNPs from an additional three independent *CDC42*

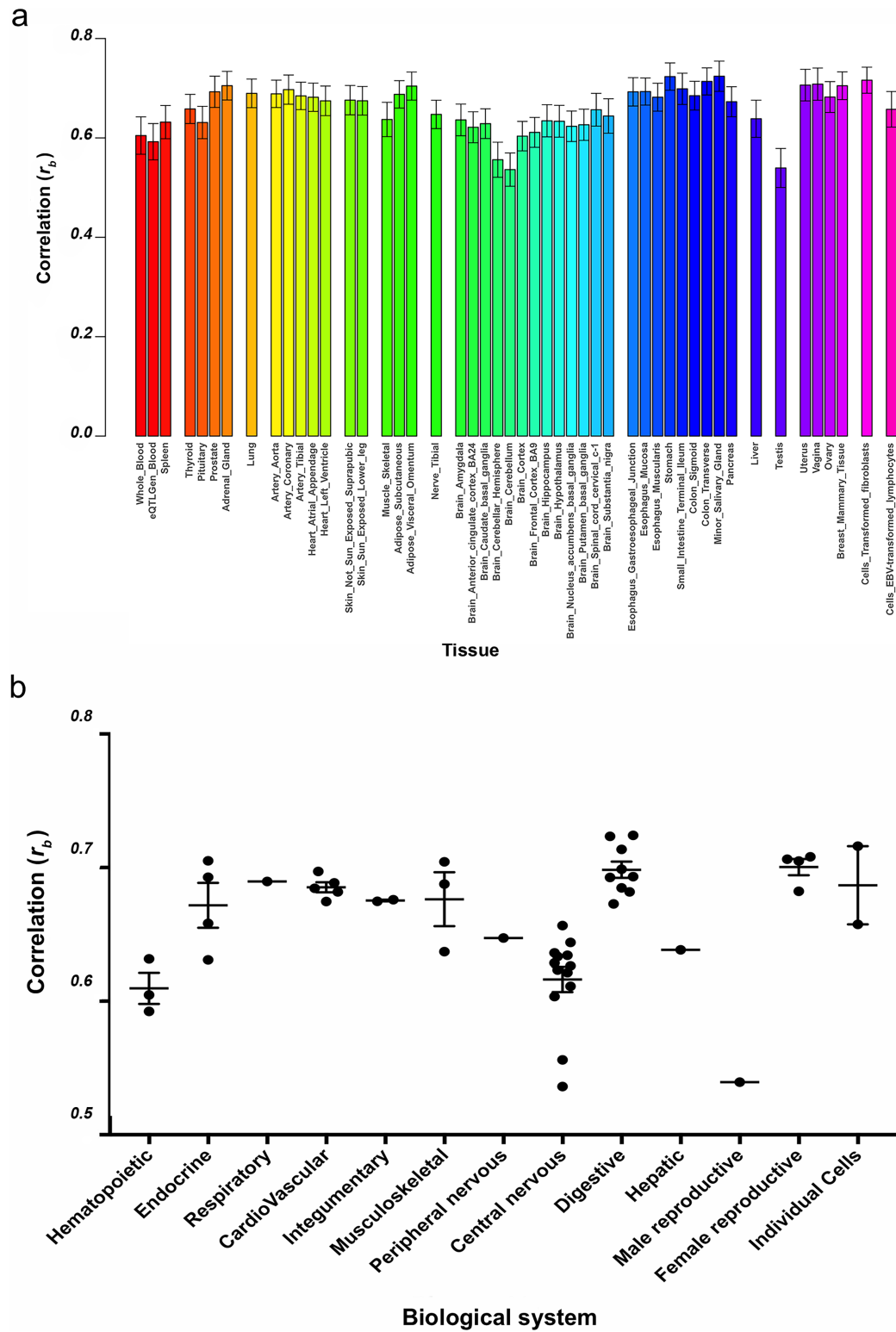


Figure 2 Correlation of cis-effects on gene expression between tissues. **a**) Correlation of cis-effects (r_b) between endometrium and 48 tissues from GTEx and eQTLGen blood. Each tissue is represented by a different colour and grouped according to biological system. **b**) Correlation of cis-effects (r_b) between endometrium and 48 tissues grouped into biological systems.

Table IV Differentially expressed genes.

Ensembl ID	Gene Name	Log Fold Change	P-Value	Adjusted P-Value
ENSG00000180730	SHISA2	1.44	1.70E-06	3.04E-02
ENSG00000204116	CHIC1	0.61	5.21E-06	3.81E-02
ENSG00000154864	PIEZO2	1.22	6.41E-06	3.81E-02
ENSG00000101311	FERMT1	-1.60	1.16E-05	4.64E-02
ENSG00000108370	RGS9	1.08	2.32E-05	4.64E-02
ENSG00000259865	AL390728.6	0.95	2.84E-05	4.64E-02
ENSG00000160214	RRP1	-0.41	3.51E-05	4.64E-02
ENSG00000171791	BCL2	0.65	3.78E-05	4.64E-02
ENSG00000075213	SEMA3A	1.49	4.11E-05	4.64E-02
ENSG00000173681	BCLAF3	0.39	4.15E-05	4.64E-02
ENSG00000251273	LINC02228	0.45	4.54E-05	4.64E-02
ENSG00000105755	ETHE1	-0.76	4.83E-05	4.64E-02
ENSG00000171121	KCNMB3	0.76	4.86E-05	4.64E-02
ENSG00000155657	TTN	0.96	5.21E-05	4.64E-02
ENSG00000183671	GPR1	1.65	5.49E-05	4.64E-02
ENSG00000279377	AC003973.3	1.45	5.51E-05	4.64E-02
ENSG00000147465	STAR	-2.21	5.53E-05	4.64E-02
ENSG00000096968	JAK2	0.58	5.64E-05	4.64E-02
ENSG00000189056	RELN	1.48	6.14E-05	4.64E-02
ENSG00000162302	RPS6KA4	-0.47	6.76E-05	4.64E-02
ENSG00000197056	ZMYM1	0.42	6.81E-05	4.64E-02
ENSG00000163751	CPA3	3.44	7.19E-05	4.64E-02
ENSG00000165338	HECTD2	0.53	7.26E-05	4.64E-02
ENSG00000182253	SYNM	0.80	7.33E-05	4.64E-02
ENSG00000131653	TRAF7	-0.40	7.35E-05	4.64E-02
ENSG00000151164	RAD9B	0.89	7.50E-05	4.64E-02
ENSG00000188906	LRRK2	1.23	7.70E-05	4.64E-02
ENSG00000156284	CLDN8	1.05	8.05E-05	4.64E-02
ENSG00000173950	XXYLT1	-0.41	8.44E-05	4.64E-02
ENSG00000233251	AC007743.1	1.28	8.55E-05	4.64E-02
ENSG00000151229	SLC2A13	0.87	8.70E-05	4.64E-02
ENSG00000114120	SLC25A36	0.42	8.85E-05	4.64E-02
ENSG00000137077	CCL21	2.42	9.01E-05	4.64E-02
ENSG00000148334	PTGES2	-0.45	9.19E-05	4.64E-02
ENSG00000165731	RET	1.27	9.50E-05	4.64E-02
ENSG00000243709	LEFTY1	-2.14	9.73E-05	4.64E-02
ENSG00000188321	ZNF559	0.53	9.81E-05	4.64E-02
ENSG00000148600	CDHR1	1.27	1.01E-04	4.64E-02
ENSG00000136261	BZW2	-0.52	1.01E-04	4.64E-02
ENSG00000119383	PTPA	-0.42	1.14E-04	4.96E-02
ENSG00000164128	NPY1R	1.73	1.14E-04	4.96E-02
ENSG00000137871	ZNF280D	0.41	1.17E-04	4.96E-02

Genes differentially expressed between women with and without endometriosis in endometrium in the mid-secretory stage of the menstrual cycle. Genes with a positive fold change are upregulated in cases and those with a negative fold change are downregulated in cases.

eQTL signals. The *CDC42* association remained significant and sat just under the threshold for the HEIDI test ($P_{SMR} = 1.44 \times 10^{-6}$; $P_{HEIDI} = 1.11 \times 10^{-2}$).

: Like that performed for endometrial eQTLs, we also conducted an SMR-multi analysis using the eQTLGen data to check if heterogeneity results from multiple independent eQTL signals at this locus.

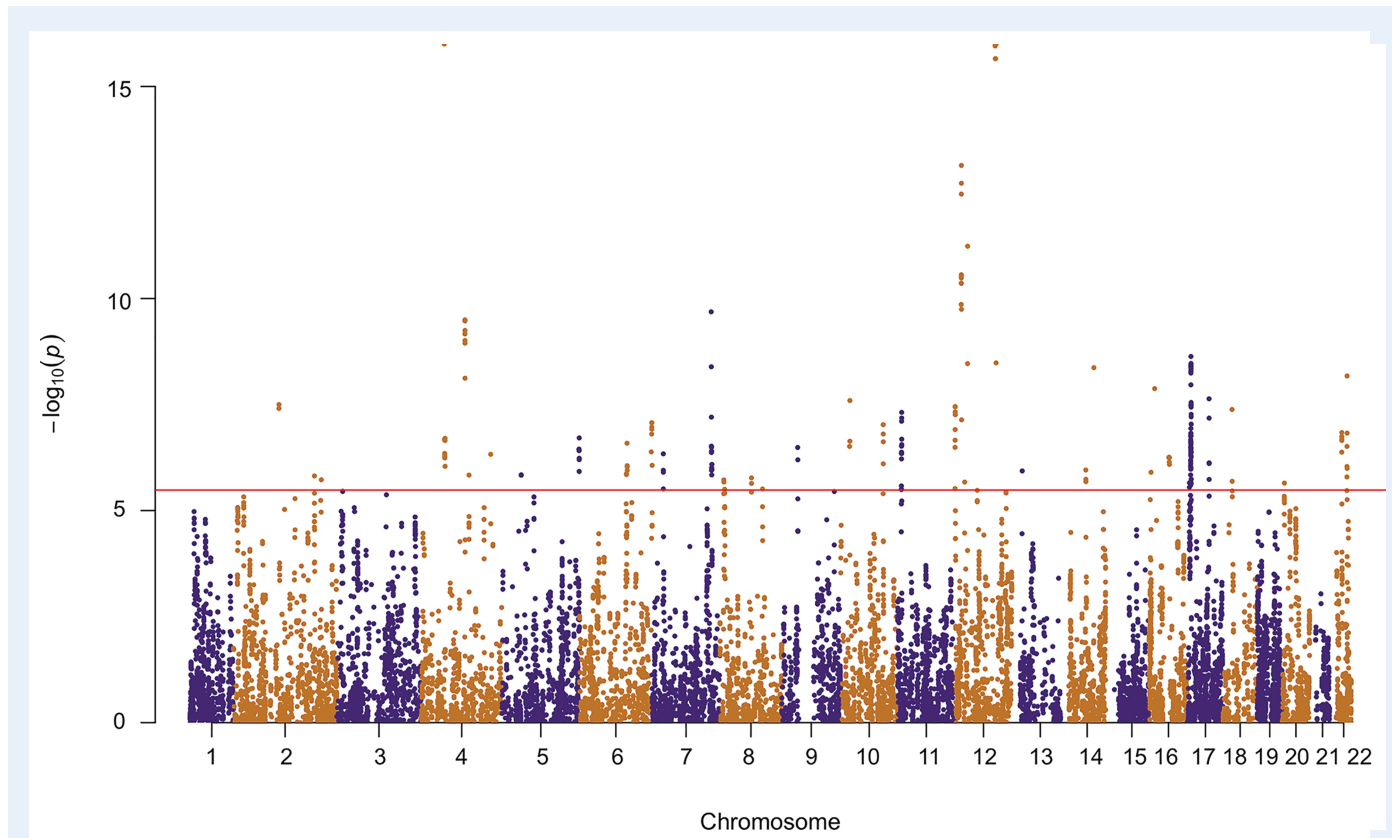


Figure 3 Association between gene expression in endometrium and endometriosis. Manhattan plot showing the strength of association between endometriosis and gene expression in endometrium. Each point on the plot represents a gene and alternating colours distinguish different chromosomes. The red line represents the transcriptome-wide Bonferroni significance cut off of $P < 3.28 \times 10^{-6}$.

Using all SNPs in each region resulted in an SMR-multi p-value ($P_{SMR-multi} = 7.45 \times 10^{-10}$) for *CDC42* similar to that observed from the standard SMR test (Supplementary Fig. S7). However, we detected a second association between rs11801382 and long intergenic non-protein coding RNA 339 (*LINC00339*) that failed to pass the standard SMR test, but passed the SMR-multi test ($P_{SMR-multi} = 2.73 \times 10^{-10}$, $P_{SMR} = 5.64 \times 10^{-2}$) (Supplementary Fig. S7). The modified SMR test using the eQTLGen data found 18 associations that passed the SMR test ($P_{SMR} < 2.78 \times 10^{-4}$) including *LINC00339*, *CDC42*, *FGD6* and *VEZT* (Table VIII). However, none of the 18 pass the HEIDI test and therefore we could not distinguish between independent signals or one SNP affecting expression and disease risk in these regions.

Reproductive traits

Endometrial eQTLs also provide a valuable resource to functionally annotate genetic variants associated with other reproductive traits and diseases. We tested for overlap between independent Bonferroni significant eQTLs and SNPs associated with traits in the GWAS Catalog. We identified genetic variants that regulate endometrial gene expression and were associated with 288 traits and diseases ($P < 5 \times 10^{-8}$) (Supplementary Table SV). This included various reproductive traits such as age of menarche onset, age of menopause onset, polycystic ovary syndrome, ovarian cancer and breast cancer. Two signals passed both the SMR and HEIDI test for age at menopause. These included loci on chromosomes 17 (rs2175957), associated with expression

of Neighbor of BRCA1 LncRNA 2 (*NBR2*) ($P_{SMR} = 2.27 \times 10^{-7}$, $P_{HEIDI} = 5.23 \times 10^{-2}$) and chromosome 20 (rs11699690), associated with expression of Copine 1 (*CPNE1*) ($P_{SMR} = 8.16 \times 10^{-7}$, $P_{HEIDI} = 8.51 \times 10^{-2}$) (Supplementary Fig. S8). Three signals passed both the SMR and HEIDI tests for epithelial ovarian cancer including two on chromosome 17; rs80028338 associated with expression of Leucine Rich Repeat Containing 37A (*LRRC37A*) ($P_{SMR} = 7.51 \times 10^{-10}$, $P_{HEIDI} = 3.44 \times 10^{-1}$) and rs17665188 associated with expression of Leucine Rich Repeat Containing 37 Member A2 (*LRRC37A2*) ($P_{SMR} = 1.5 \times 10^{-9}$, $P_{HEIDI} = 6.68 \times 10^{-1}$) (Supplementary Fig. S9a). The third signal was located on chromosome 8; rs76837345 associated with expression of Charged Multivesicular Body Protein 4C (*CHMP4C*) ($P_{SMR} = 3.25 \times 10^{-6}$, $P_{HEIDI} = 9.73 \times 10^{-2}$) (Supplementary Fig. S9b). No signals passed the SMR test for epithelial endometrioid ovarian cancer.

Discussion

We analysed genetic regulation of gene expression in the endometrium to determine how this relates to regulation in other human tissues, and whether genetic risk factors for endometriosis act through genetic effects on endometrial gene expression. The majority of common genetic effects on disease risk are located in non-coding regions of the genome and most likely act through regulation of gene expression in relevant pathogenic tissues (Consortium et al., 2017; Gamazon et al.,

Table V Significant TWAS genes.

TWAS Region				Top SNP in region (± 1 MB) from 2017 Endometriosis GWAS				
CHR	Start	End	Top Gene	Top SNP	CHR	BP	Effect	P_value
2	107 313 787	107 503 564	ST6GAL2	rs1516201	2	108 303 027	0.088	5.99E-05
2	190 744 335	191 068 210	C2orf88	rs1241158	2	191 725 653	-0.171	5.08E-04
2	206 858 445	206 951 027	INO80D	rs112822178	2	206 151 383	-0.221	5.22E-05
4	55 095 264	57 194 791	PDGFRA	rs1903068	4	56 008 477	0.100	1.04E-11
4	103 552 660	103 940 896	LRRC37A15P	rs12498897	4	104 934 629	-0.058	2.74E-04
4	113 066 553	113 116 412	FAM241A	rs13116274	4	112 133 135	-0.049	8.67E-04
4	164 031 225	164 088 073	NAF1	rs10007601	4	164 934 874	-0.060	3.58E-04
5	44 745 002	44 828 694	AC093297.2	rs13186320	5	44 302 177	0.063	2.64E-03
5	179 660 143	180 288 286	ZFP62	rs6877489	5	179 677 545	0.053	4.87E-04
6	110 567 131	112 254 939	FYN	rs11153311	6	112 009 325	0.092	3.92E-06
6	168 841 831	170 584 692	C6orf120	rs9460235	6	170 391 393	-0.171	4.24E-05
7	26 191 860	26 413 949	NFE2L3	rs12700667	7	25 901 639	0.095	9.08E-10
7	138 145 079	140 177 035	TRIM24	rs28469460	7	139 378 750	0.054	3.66E-04
8	8 859 657	9 009 084	ER11	rs13261266	8	9 356 565	-0.080	7.62E-06
8	10 962 201	10 967 236	AF131215.5	rs756038	8	11 336 781	-0.054	1.43E-04
8	74 884 672	74 897 118	TMEM70	rs78103255	8	75 311 331	0.087	4.40E-07
8	100 973 164	101 143 496	RGS22	rs2721973	8	101 492 473	0.060	2.58E-05
9	37 120 536	37 436 987	ZCCHC7	rs67952628	9	37 669 203	-0.103	1.32E-03
10	21 068 902	21 814 611	SKIDA1	rs7084454	10	21 821 274	0.065	9.06E-06
10	101 370 282	101 491 857	SLC25A28	rs2495704	10	102 434 157	-0.112	2.11E-05
11	8 703 958	9 550 071	TMEM41B	rs118135101	11	9 576 348	-0.085	3.59E-04
12	73 725	772 872	CCDC77	rs525631	12	335 010	0.048	7.79E-04
12	14 518 610	15 750 333	ERP27	rs66716825	12	15 554 246	0.067	1.48E-05
12	22 778 009	22 843 599	ETNK1	rs7307965	12	23 132 669	0.055	2.92E-04
12	29 542 227	29 937 692	TMTC1	rs10743670	12	29 857 902	0.044	1.62E-03
12	94 542 499	96 794 338	LTA4H	rs4762326	12	95 668 951	0.079	2.20E-09
13	24 995 064	25 086 948	PARP4	rs2057561	13	26 059 265	-0.065	1.91E-05
14	59 655 364	59 972 128	DAAMI	rs4542561	14	59 883 922	-0.098	4.88E-06
14	78 708 734	80 330 762	NRXN3	rs61976091	14	79 079 685	-0.108	1.89E-04
16	4 239 375	4 292 081	SRL	rs224215	16	3 301 360	0.067	1.92E-05
16	12 756 919	12 897 874	CPPED1	rs112606877	16	12 939 765	0.069	1.88E-04
16	46 614 466	47 735 434	VPS35	rs11863453	16	47 464 948	-0.051	1.20E-03
17	4 067 201	4 269 923	UBE2G1	rs2585274	17	5 125 249	0.063	1.47E-05
17	6 779 954	8 286 531	DNAH2	rs62059792	17	7 437 665	-0.066	1.46E-04
17	48 260 650	48 450 575	COL1A1	rs9907631	17	49 216 162	-0.064	1.19E-03
18	18 526 867	19 105 378	ROCK1	rs112763730	18	18 666 368	0.123	3.91E-04
20	5 080 486	5 093 749	TMEM230	rs439007	20	5 024 928	-0.064	1.85E-05
22	29 083 731	29 453 475	ZNRF3	rs9614041	22	30 123 029	-0.104	2.60E-04
22	41 220 539	41 636 938	EP300	rs34503826	22	40 833 762	-0.049	4.25E-04

GWAS data is from [Sapkota et al. \(2017\)](#). All positions are based on the hg19 genome version. Loci associated with endometriosis and the most significant GWAS SNPs within these regions.

2018). We studied endometrial tissue because it is not represented in international projects like GTEx ([Consortium et al., 2017](#)) and is a probable source of cells that initiate endometriosis lesions ([Sampson, 1927](#); [Anglesio et al., 2017](#); [Noë et al., 2018](#); [Suda et al., 2018](#)). The transport of endometrial cells to the peritoneal cavity by retrograde

menstruation as a cause of endometriosis was first proposed by [Sampson \(1927\)](#) and is supported by recent studies of somatic mutations in endometrium and endometriosis lesions ([Anglesio et al., 2017](#); [Noë et al., 2018](#); [Suda, et al., 2018](#)). Our results show that the expression of genes located in genomic regions

Table VI eQTLs with eSNPs associated with endometriosis risk.

Ensembl_ID	SNP	Chr	BP	Statistic	Beta	P-Value	FDR	Gene_ID
ENSG00000180263	rs12320196	12	95 251 609	5.073	0.233	9.52E-07	2.63E-04	FGD6
ENSG00000028203	rs12320196	12	95 251 609	4.556	0.111	9.47E-06	1.95E-03	VEZT

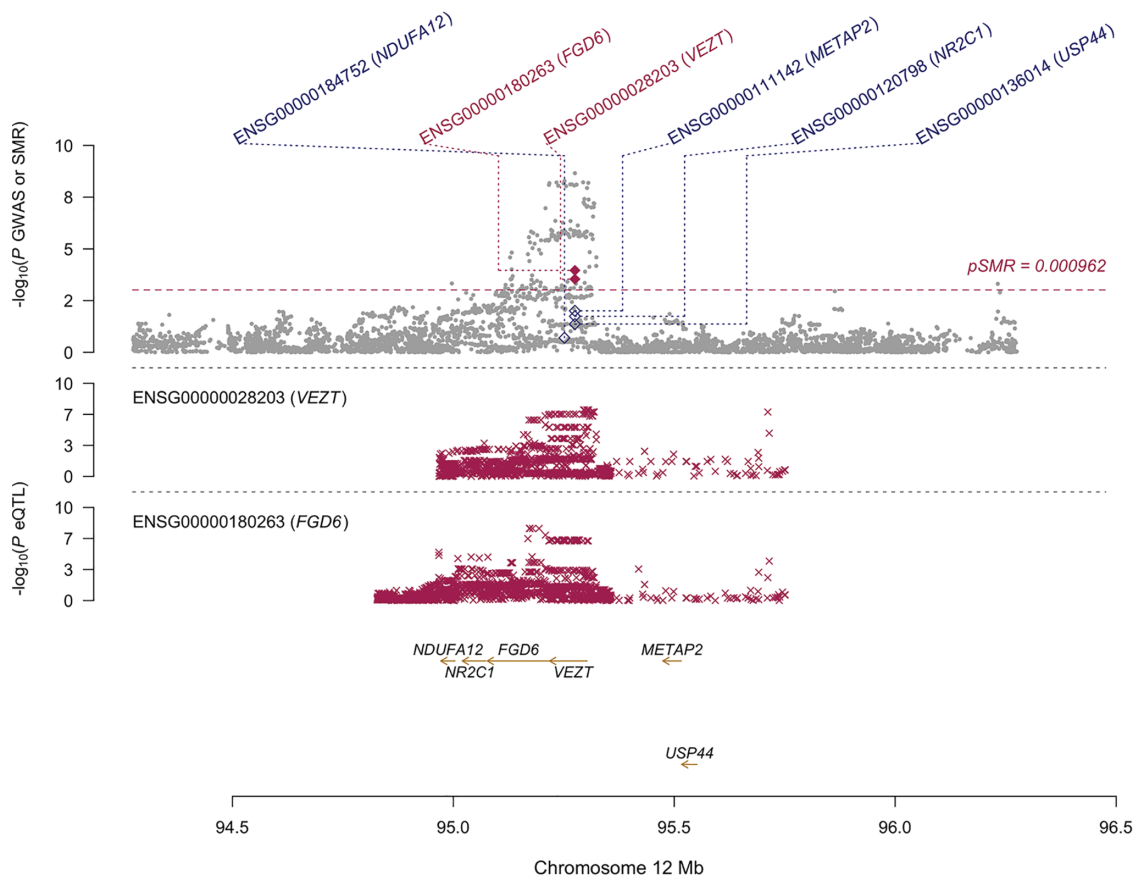


Figure 4 SMR locus plot of the *VEZT/FGD6* locus. In the top plot, grey dots represent P-values for SNPs reported in *Sapkota et al.*'s (2017) GWAS meta-analysis for endometriosis and diamonds represent the P-values for probes from the reverse SMR test. Crosses in the middle and bottom plots represent the eQTL P-values of SNPs associated with expression of *VEZT* and *FGD6* in endometrium respectively. Positions are in hg38.

Table VII Modified SMR results in endometrium.

Gene	SNP	Chr	AI	b_eQTL	p_eQTL	b_GWAS	p_GWAS	b_SMR	p_SMR	p_HEIDI
FGD6	rs4762326	12	T	0.233	9.52E-07	0.079	2.20E-09	2.966	1.09E-04	5.12E-02
VEZT	rs4762326	12	T	0.111	9.47E-06	0.079	2.20E-09	1.410	2.89E-04	2.46E-01
AL022068.1	rs760794	6	T	0.252	7.25E-05	0.085	1.79E-10	2.959	6.15E-04	1.47E-01

P-value significance thresholds:

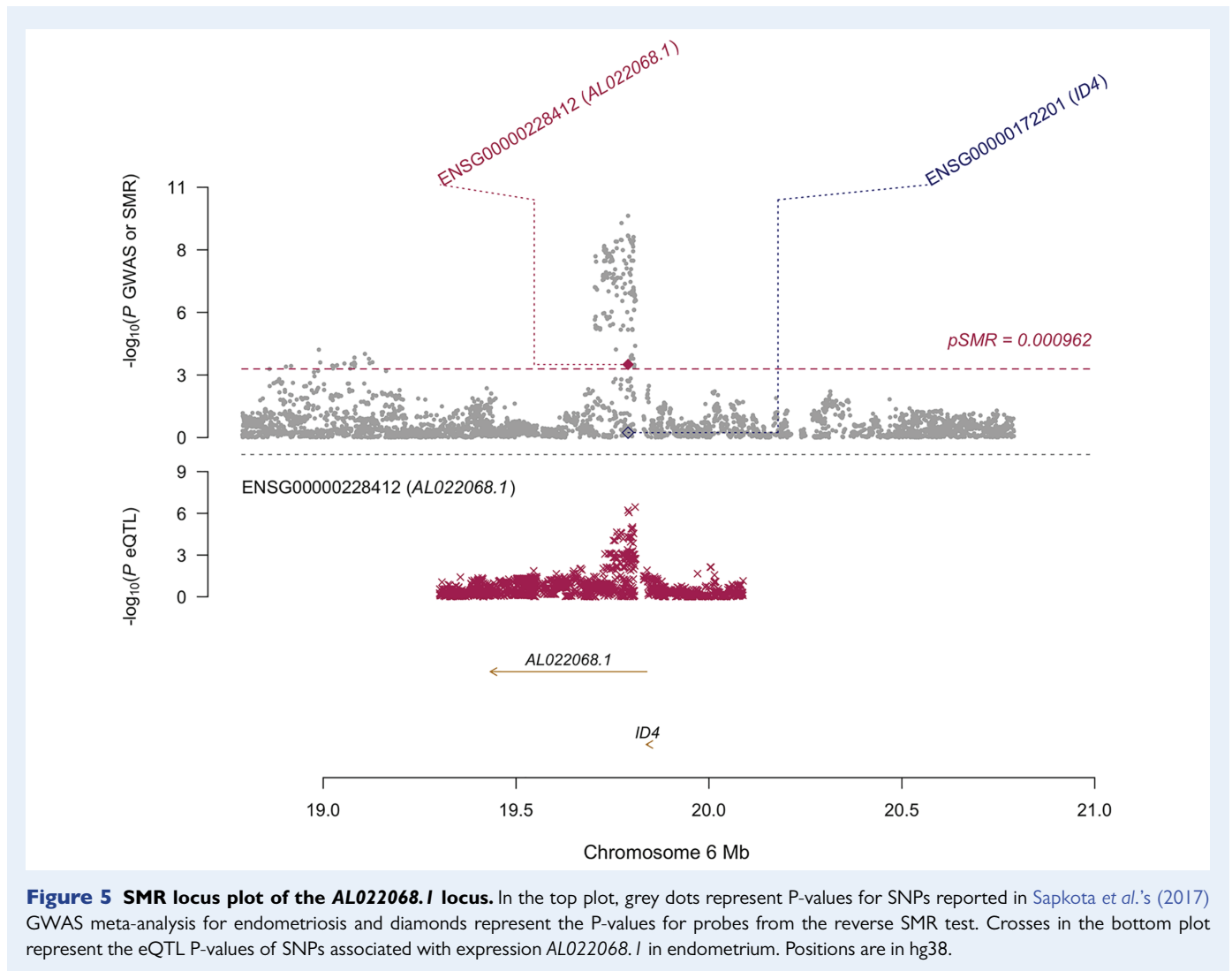
$P_{SMR} < 9.62E-04$

$P_{HEIDI} > 0.017$

Results of modified SMR analysis using endometrial eQTLs and endometriosis summary statistics.

associated with endometriosis are significantly enriched in female reproductive tissues including uterus and endometrium, supporting this approach.

We first analysed genetic effects on gene expression (eQTLs) in endometrium and compared the eQTL profiles with tissues in GTEx (*Consortium et al., 2017*) and large eQTL studies in blood. Generating



an endometrial eQTL dataset from genotype and RNA-seq data, rather than our previous microarray data (Fung *et al.*, 2018) allowed a more accurate comparison with eQTLs reported in the GTEx (Consortium *et al.*, 2017). The large proportion (71.6%) of endometrial eQTLs also reported in the eQTLGen blood dataset highlights the potential power of using large datasets as a proxy for tissue shared eQTLs. Correlation in eQTL effects between endometrium and other tissues ranged from 0.54 to 0.72 with high correlations in eQTL effects between endometriosis and other reproductive tissues (vagina, uterus, breast, ovary). The relatively high correlations in eQTL effects is consistent with shared eQTL effects reported in the GTEx data (Consortium *et al.*, 2017; Ongen *et al.*, 2017), with more shared effects observed among tissues with greater biological similarity, for example among the reproductive tissues (Consortium *et al.*, 2017; Ongen *et al.*, 2017). Lower correlations between endometrium and blood in GTEx, endometrium and testis, and endometrium and brain is consistent with previous reports showing eQTLs in whole blood and testis have a high degree of tissue specificity (Ongen *et al.*, 2017).

The highest correlation of eQTL effects between endometrium and GTEx was observed with tissues of the digestive system. The

underlying biology that leads to shared eQTLs between tissue is not yet clear. Digestive tract tissue is composed of an epithelial cell lining, endocrine epithelial glandular structures and mesenchymal derived support cells that function to secrete compounds required for tissue digestion and gut homeostasis (Okumura and Takeda, 2017). The endometrium also has an epithelial lining with endocrine epithelial glandular structures and an endocrine secretory function designed to facilitate embryo implantation (Hempstock *et al.*, 2004), supported by mesenchymal derived stromal cells, surrounded by the smooth muscle of the myometrium. While many differences in the secreted substances exist, the molecular mechanisms to perform these roles may require similar gene regulation.

In contrast to the high correlation in cis-eQTL effects between tissues, no endometrial *trans*-eGenes are reported in GTEx tissues and only three Bonferroni significant *trans*-eGenes in endometrium are reported in the eQTLGen blood dataset (Vösa *et al.*, 2018). These findings are consistent with *trans*-eQTLs being more tissue specific (Grundberg *et al.*, 2012; Kirsten *et al.*, 2015; Consortium *et al.*, 2017). The number of *trans*-genes identified in our study relative to sample size is similar to *trans*-eQTL mapping for testis in GTEx which had the

Table VIII Modified SMR results in blood.

Gene	SNP	Chr	AI	b_eQTL	p_eQTL	b_GWAS	p_GWAS	b_SMR	p_SMR	p_HEIDI
LINC00339	rs12037376	1	A	-0.658	3.27E-310	0.147	8.87E-17	-4.475	2.58E-16	2.63E-15
CDC42	rs12037376	1	A	0.361	1.88E-243	0.147	8.87E-17	2.455	6.96E-16	1.96E-15
SRD5A3	rs1903068	4	A	0.095	2.90E-29	0.100	1.04E-11	0.953	5.98E-09	4.62E-09
NDUFA12	rs4762326	12	T	0.115	3.38E-47	0.079	2.20E-09	1.462	3.27E-08	1.95E-10
FGD6	rs4762326	12	T	0.126	2.91E-26	0.079	2.20E-09	1.595	1.89E-07	8.78E-10
RMND1	rs1971256	6	T	-0.164	1.06E-53	-0.089	3.74E-08	1.839	2.18E-07	1.28E-05
CCDC170	rs1971256	6	T	0.145	8.63E-41	-0.089	3.74E-08	-1.625	3.60E-07	1.62E-06
NR2C1	rs4762326	12	T	-0.071	4.54E-19	0.079	2.20E-09	-0.903	6.73E-07	2.38E-09
PAX8-AS1	rs10167914	2	A	0.092	3.74E-15	-0.111	1.10E-09	-0.832	1.46E-06	8.40E-06
CLOCK	rs1903068	4	A	0.058	1.28E-11	0.100	1.04E-11	0.585	1.60E-06	4.88E-05
ATIC	rs1250244	2	C	0.120	1.54E-19	-0.102	8.93E-08	-1.176	4.17E-06	6.82E-05
HSPG2	rs12037376	1	A	0.112	4.56E-08	0.147	8.87E-17	0.759	4.90E-06	2.43E-12
PSD4	rs10167914	2	A	-0.056	8.65E-11	-0.111	1.10E-09	0.511	8.91E-06	1.26E-07
RAP1GAP	rs12037376	1	A	0.055	5.10E-07	0.147	8.87E-17	0.376	1.71E-05	5.78E-11
SRD5A3-AS1	rs1903068	4	A	0.117	3.83E-08	0.100	1.04E-11	1.171	1.90E-05	1.26E-07
NBPF3	rs12037376	1	A	0.063	9.56E-07	0.147	8.87E-17	0.430	2.42E-05	1.50E-13
PAX8	rs10167914	2	A	0.050	6.58E-09	-0.111	1.10E-09	-0.455	2.65E-05	6.00E-05
VEZT	rs4762326	12	T	0.046	6.62E-09	0.079	2.20E-09	0.589	3.12E-05	1.80E-07

P-value significance thresholds:

$P_{SMR} < 2.78E-04$

$P_{HEIDI} > 2.78E-03$

Results of modified SMR analysis using eQTLGen blood eQTLs and endometriosis GWAS summary statistics.

highest number of reported trans-eGenes ($n = 35$) (Consortium et al., 2017). The larger number of trans-eQTLs in testis and endometrium may reflect the importance of trans-SNPs in regulating gene expression in reproductive tissues. Larger eQTL studies in endometrium would be required to have sufficient power to accurately investigate trans-acting genetic regulation of transcription.

We next analysed association between endometriosis and endometrial gene regulation. Differential expression analysis found no genome-wide significant differences in gene expression between endometriosis cases and controls following correction for multiple testing, consistent with our previous reports in eutopic endometrium (Fung et al., 2017, 2018). An alternative approach combining gene expression and genotype data uses a powerful statistical method to impute gene expression from our eQTL data in a larger sample and conduct a TWAS. TWAS methods have been applied to identify functional loci in prostate cancer, obesity-related traits, Alzheimer's, Crohn's disease, diabetes and rheumatoid arthritis (Gusev et al., 2016; Mancuso et al., 2018; Hu et al., 2019; Nagpal et al., 2019). We conducted the first TWAS analysis for endometriosis using our endometrial gene expression data and identified 39 genomic regions associated with endometriosis. Five of the loci associated with endometriosis in the TWAS contain GWAS SNPs previously associated with the disease, including the VEZT locus, KDR locus, GDAP1 locus and the MLLT10 locus. The association between expression at the VEZT locus and endometriosis risk highlighted in the TWAS has been reported previously (Sapkota et al., 2017; Fung et al., 2018), and is supported by SMR analyses in this study. The other regions are novel. These have not been reported as genome-wide significant but all have nominal evidence of association in the GWAS

studies. TWAS association does not imply causation but rather predicts differential gene expression between endometriosis cases and controls, with or without biological consequence. The correlation between predicted expression of genes at each genomic region limits the resolution to identify single target genes. Instead the method highlights potential candidates that may warrant further investigation.

Several signals for genetic risk factors for endometriosis from GWAS (Sapkota et al., 2017) and eQTLs map to the same regions of the genome. The overlapping signals are observed in different data sets and the overlap can occur by chance. Therefore, we used implementations of the SMR test to formally evaluate overlap in the signals and exclude chance overlap. We identified eQTLs in endometrium in which the same variant on chromosome 12 was associated with expression of both VEZT and FGD6, as well as risk of endometriosis. Several studies have reported associations between genetic variants at 12q22 locus near VEZT and increased risk of endometriosis (Nyholt et al., 2012; Rahmioglu et al., 2015; Holdsworth-Carson et al., 2016; Mataliotakis et al., 2017) and both genes were significantly associated with endometriosis in our TWAS analysis. The modified SMR analysis for expression in both endometrium and blood provides strong evidence that the same causal variant influences VEZT and FGD6 expression and endometriosis risk. Both VEZT and FGD6 play a role in plasma membrane, cell adhesion and cytoskeletal remodelling, all of which are important for development of endometriotic lesions (Guo et al., 2011; Holdsworth-Carson et al., 2016). Increased expression of VEZT has been reported in endometriosis cases, as has increased expression of epidermal growth factor receptor (EGFR) that is associated with expression of FGD6 (Ejskjaer et al., 2009; Meola et al., 2010; de Graauw

et al., 2014). Both genes have also been associated with expression of *CDC42*, another endometriosis risk gene (Powell *et al.*, 2016) responsible for cell division, growth and migration (Miao *et al.*, 2013; Steenblock *et al.*, 2014).

We observed a potential causal association between *CDC42* expression and endometriosis. *CDC42* passed the SMR test in blood and, following conditional analysis for multiple eQTL signals in the locus, came very close to passing the heterogeneity test. The multi-SNP SMR analysis identified a second variant associated with the expression of nearby *LINC00339* and endometriosis risk. These results are consistent with our previous studies where genetic regulation of *LINC00339* has been associated with endometriosis (Powell *et al.*, 2016; Fung *et al.*, 2018). Our results provide further support that genetic effects on endometriosis risk act through altered gene expression of *VEZT* and *FGD6* on chromosome 12 (Holdsworth-Carson *et al.*, 2016; Powell *et al.*, 2016) and through *LINC00339* and possibly *CDC42* on chromosome 1 (Powell *et al.*, 2016).

Using the standard SMR approach, we identified pleiotropic and potential causal associations between gene expression and age at menopause and ovarian cancer. The eQTLs for *NBR2* and *CPNE1* that were associated with age of menopause are reported in all 48 GTEx tissues but with varying ES. *NBR2*, which is located close to the tumour suppressor *BRAC1*, has been shown to have similar function to that of a tumour suppressor-regulating AMPK (Liu *et al.*, 2016). The largest genetic effect for *NBR2* was observed in ovary. We also identified eQTLs associated with ovarian cancer; one for *LRRC37A* was only reported in endometrium and the larger eQTLGen dataset with low expression across most GTEx tissues with the exception of testis. Interestingly, the eQTL for its paralog *LRRC37A2* was reported in 47 GTEx tissues, again with varying ES. Another signal passing the ovarian cancer SMR was for *CHMP4*, which is known as a prime candidate for epithelial ovarian cancer susceptibility due to its role in cell cycle regulation and regulation by TP53 (Pharoah *et al.*, 2013).

Our study has important limitations. This is the largest study of genetic effects on gene expression in endometrium but it is small and lacks power in comparison with much larger eQTL studies in blood. Identifying and recruiting tissue donors is challenging due to the invasiveness of sampling, therefore limiting our ability to collect tissue on a large scale. Our analysis is conducted in fresh endometrial tissue consisting of multiple cell types. Consequently, expression levels are an average of expression from different cell types within the samples, which may mask smaller cell specific effects and identify only those large enough to be observed at a tissue level. Changes in cellular composition and cell activity across the cycle will contribute to variation in transcription across the cycle and between samples. We corrected for stage of the menstrual cycle in our analyses that will include changes in cellular composition across the cycle. Characterizing genetic regulation in individual cell types within the endometrium may also be important to understand the functional effects of disease risk variants. Future studies of expression in different cell types may identify novel cell-specific eQTLs if separation of the cells does not disrupt gene regulation and the studies have sufficient power. Techniques such as single-cell RNA-Seq offer an innovative solution to measure expression from individual cell populations; however, this technique would also introduce new practical, economic and computational challenges.

In conclusion, generation of an endometrial eQTL dataset using RNA-Seq and genome-wide genotyping data identified 327 novel

genetic effects on transcription in endometrium. The ability to compare this dataset with publicly available eQTL datasets in GTEx and eQTLGen has identified high correlations in genetic effects between endometrium and both reproductive and digestive tissues and has allowed us to identify 68 endometrial *cis*-eQTLs not observed in other tissues. Analysis of genetic effects on gene expression in endometrium provide further evidence that genetic risk factors for endometriosis act through expression of *VEZT*, *FGD6*, *CDC42* and *LINC00339*. This was supported by the TWAS analysis with association for the *VEZT/FGD6* locus and endometriosis risk. The TWAS also identified a further 38 genomic regions harbouring potential target genes for functional follow-up. Expanding our knowledge of the genetic regulation in endometrium and integrating our data with publicly available datasets creates an important resource to identify gene targets regulating female reproductive traits and diseases.

Supplementary data

Supplementary data are available at *Human Reproduction* online.

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Authors' roles

S.M, R.I.K, J.N.F, P.A.W.R and G.W.M designed the study with input from the other authors. S.M, R.I.K, J.N.F, J.E.G, W.T.T and S.J.H-C coordinated data collection and QC of data, with support, input and oversight from G.G, F.Y, R.R, T.Q, J.Y, M.H, B.M, P.A.W.R and G.W.M. Data analysis was performed by S.M, R.I.K, R.R and F.Y and was interpreted by all authors. S.W.L built the web browser for summary results. S.M, R.I.K, B.M and G.W.M drafted the report with input from all other authors. The final report has been critically revised and approved by all authors.

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Conflict of interest

The authors declare that they have no conflicts of interest.

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