



Decreased expression of MRE11 and RAD50 in testes from humans with spermatogenic failure

Minhao Hu¹ · Lejun Li¹ · Shuyuan Liu² · Yiyun Lou³ · Liya Wang¹ · Fang Le¹ · Hongping Li¹ · Qijing Wang¹ · Hangying Lou¹ · Ning Wang¹ · Fan Jin^{1,4}

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Abstract

Purpose To assess testicular mRNA and protein expression levels of MRE11 and RAD50 in human azoospermia patients.

Methods Patients diagnosed with maturation arrest at the spermatocyte stage (MA) and Sertoli cell-only syndrome (SCOS) were recruited through diagnostic testicular biopsy. Patients with normal spermatogenesis were studied as controls. In addition, knockdown of MRE11 and RAD50 was performed in GC-2spd(ts) cells to investigate their roles in cellular proliferation and apoptosis.

Results mRNA and protein expression levels of MRE11 and RAD50 were measured using quantitative polymerase chain reaction, western blotting, and immunohistochemistry, respectively. Knockdown of both MRE11 and RAD50 utilized transfection with small interfering RNAs.

Conclusion Our findings demonstrated altered expression levels of MRE11 and RAD50 in human testes with MA and SCOS, and showed that these alterations might be associated with impaired spermatogenesis. These results offer valuable new perspectives into the molecular mechanisms of male infertility.

Keywords Testes · Spermatogenic failure · MRE11 · RAD50 · GC-2spd(ts) cells

Introduction

Infertility affects approximately 15% of reproductive age couples and male factor infertility accounts for approximately half

of all cases of infertility [1]. Azoospermia, defined as the complete absence of spermatozoa in the ejaculate, is identified in 15–20% of male factor infertility and can be classified as obstructive azoospermia (OA) and nonobstructive azoospermia (NOA) [2]. NOA includes maturation arrest (MA) at the spermatocyte stage and Sertoli cell-only syndrome (SCOS), two of the most severe forms of male factor infertility related to spermatogenic failure.

Previous work has identified hundreds of gene defects associated with abnormal spermatogenesis and these findings improved our understanding of the molecular mechanisms of spermatogenesis and possible pathologies of male infertility using multiple gene knockout mouse models [3]. However, the process of human male germ cell formation is somewhat different from that in mice. Thus, findings in mice are not substantially applicable to human [4]. Current research has demonstrated that genetic defects including numerical and structural chromosomal abnormalities (such as Y-chromosomal microdeletions and gene mutations) can result in human azoospermia [5]. However, the genetic causes and related molecular mechanisms in the majority of human cases remain unclear [6].

Minhao Hu and Lejun Li contributed equally to this work.

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✉ Fan Jin
jinfan@zju.edu.cn

- ¹ Department of Reproductive Endocrinology, Women's Hospital, Zhejiang University School of Medicine, 1 Xueshi Road, Hangzhou 310006, Zhejiang, China
- ² Department of Gynecology, Weifang Maternal and Child Health Hospital, Weifang 261000, China
- ³ Department of Gynecology, Hangzhou Hospital of Traditional Chinese Medicine, Hangzhou 310007, China
- ⁴ Women's Reproductive Health Laboratory of Zhejiang Province, Key Laboratory of Reproductive Genetics, Ministry of Education, Hangzhou 310006, China

Precisely controlled by a highly organized cell machinery involving several thousand different genes, spermatogenesis encompasses three major stages: proliferation and differentiation of spermatogonia, meiotic division of spermatocytes, and formation of mature spermatozoa [7]. Meiotic division is a crucial stage in spermatogenesis during which diploid spermatocytes generate haploid spermatids. This process is initiated by the formation of DNA double-strand breaks (DSBs) at preferred sites [8–10]. Some DSBs are repaired as crossovers while the majority is repaired by homologous recombination [11]. The DSB repair process requires perfect coordination of certain proteins including SPO11, ATM, MLH1, RPA, RAD51, RAD18, MRE11, and RAD50 [12, 13]. Studies in animal models have demonstrated that defects in this process, such as deficient SPO11, ATM, MLH1, and RAD51, can cause aneuploidy or meiotic arrest of male germ cells and ultimately lead to male factor infertility [14–17].

The MRE11 complex, which is formed of two highly conserved subunit proteins (MRE11 and RAD50) and a third less conserved subunit protein (NBS1 in mammals and XRS2 in yeast), plays an essential role in break sensing, checkpoint activation, repair of DSBs [18, 19] and cellular proliferation, and apoptosis [20, 21]. The MRE11 protein has endonuclease and exonuclease functions to bind intrinsic DNA and the RAD50 protein has coiled-coil domains to hold the end of DNA breaks when binding with MRE11 [22, 23]. Germline mutations in *MRE11* or *RAD50* can cause ataxia telangiectasia-like disorder (ATLD) or Nijmegen breakage syndrome (NBS)-like disorder (NBSLD) [24, 25]. Studies have reported that mice carrying hypomorphic mutations in *Mre11* and *Rad50* (*Mre11*^{ATLD1/ATLD1} and *Rad50*^{S/S} mice, respectively) exhibit impaired meiotic phenotypes of DSB repair, crossover formation, and male germ cell generation. This indicates that MRE11 and RAD50 play significant roles in spermatogenesis, especially in DSB repair during spermatocyte meiosis [26, 27]. However, little is known about the roles and functions of MRE11 and RAD50 in human spermatogenesis.

Interestingly, a previous study reported down-regulated mRNA expression levels of *MRE11* and *RAD50* in MA compared with OA patients using gene microarray technology, suggesting that these alterations may correlate with human spermatogenesis [28]. Therefore, the aim of this study was to evaluate the expression and localization of MRE11 and RAD50 in testicular tissue samples of azoospermia patients. Furthermore, GC-2spd(ts) cells were used to investigate the underlying molecular mechanisms of MRE11 and RAD50 in spermatogenesis.

Materials and methods

Patients and samples

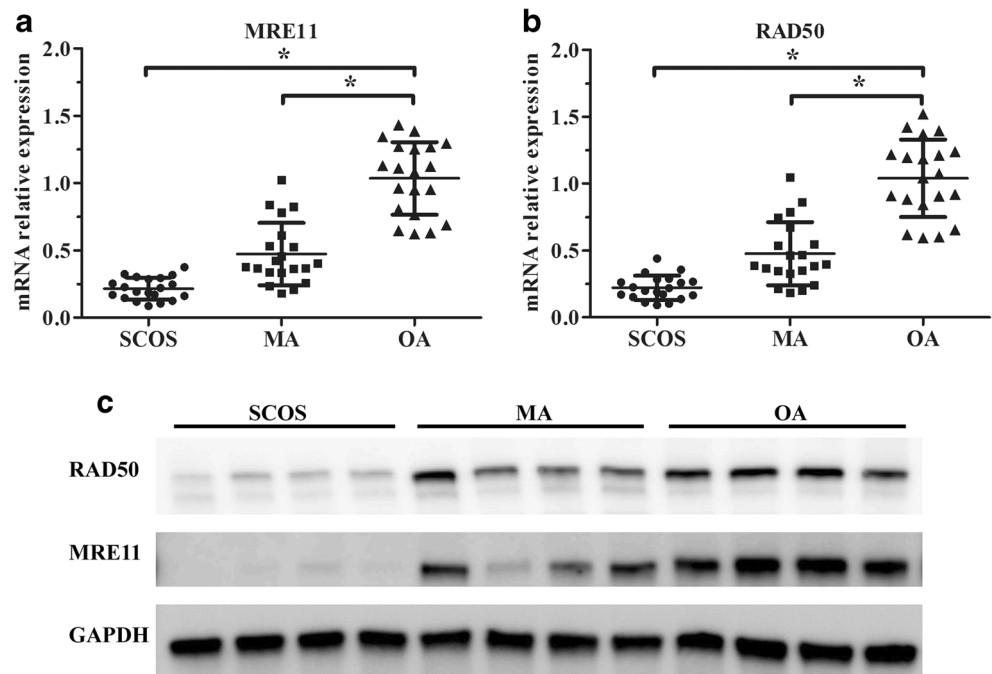
This study was approved by the Medical Ethics Committee of Women's Hospital, School of Medicine, Zhejiang University. All participants provided written informed consent prior to treatment. Azoospermia patients were recruited between May 2012 and April 2014. Patients with numerical chromosomal abnormality, Y-chromosomal microdeletion, hypogonadotropic hypogonadism, and those undergoing hormone treatments were excluded from the study. Testicular tissue samples were obtained from patients who underwent diagnostic testicular biopsy and stored at $-80\text{ }^{\circ}\text{C}$ immediately. Histological examination was performed using standard procedures: fixed in Bouin's solution (Sigma-Aldrich, St. Louis, MO, USA), embedded in paraffin, stained with hematoxylin (Sigma-Aldrich), and eosin (Sigma-Aldrich) and thereafter processed for histopathology by at least two pathologists. Diagnosis was carried out through a qualitative and quantitative evaluation of germinal epithelium in 25 seminiferous tubules and a calculation of the modified Johnsen score. According to the Johnsen score, testicular tissue samples were classified as OA with normal spermatogenesis, maturation arrest at the spermatocyte stage (MA), and Sertoli cell-only syndrome (SCOS). Patients diagnosed as OA with normal spermatogenesis (Johnsen score ≥ 9) were studied as normal controls.

Samples from patients recruited from May 2012 to April 2014 that contained both testicular tissue and paraffin-embedded sections were classified as first part samples. These were divided into three groups: OA (normal spermatogenesis, $n = 20$), MA ($n = 20$), and SCOS ($n = 20$). In order to expand the total sample size to make clear the significance of the study, another 20 patients of each group recruited from 2017 January to 2018 January containing only paraffin-embedded sections obtained from hospital pathology department were used as second part samples.

GC-2spd(ts) cell culture

The mouse spermatocyte cell line, GC-2spd(ts), was purchased from the Conservation Genetics Chinese Academy of Sciences Kunming Cell Bank. This cell line was established from mouse pachytene spermatocytes and has been used as one of the most helpful models for studying regulatory mechanisms in male germ cells [29, 30]. GC-2spd(ts) cells were cultured in Dulbecco's modified Eagle's medium (Gibco, Gaithersburg, MD, USA) containing 10% fetal bovine serum (Gibco) at $37\text{ }^{\circ}\text{C}$ with 5% CO_2 .

Fig. 1 mRNA and protein expression of MRE11 and RAD50 in human testicular tissue samples. Analysis of **a** MRE11 and **b** RAD50 mRNA expression by qRT-PCR in testicular tissue samples of SCOS, MA, and OA patients. Relative expression levels were determined by normalization to GAPDH. Each individual data point is shown along with horizontal and vertical bars representing the means \pm SD. $*P < 0.05$. **c** Representative western blots of the MRE11 and RAD50 proteins in testes of SCOS, MA, and OA patients. GAPDH is the loading control.



Quantitative real-time polymerase chain reaction

Total RNA of testicular tissue from the first part samples was extracted with the RNAiso Plus Kit (TaKaRa, Kusatsu, Japan) and reverse transcribed with the PrimeScript™ RT reagent Kit with gDNA Eraser (TaKaRa). RNA concentrations were measured at 260 nm, and purity was confirmed in A260/A280 ratio. qRT-PCR was then performed using the SYBR Premix Ex Taq (TaKaRa) on an ABI 7900 thermocycler according to the manufacturer's protocol (Applied Biosystems, Foster City, CA, USA) as described previously [31]. Three replicate PCR experiments were conducted. The housekeeping gene, glyceraldehyde 3-phosphate dehydrogenase (GAPDH), served as the internal control for analyzing relative gene expression levels. The $2^{-\Delta\Delta C_t}$ method was used to evaluate gene expression fold changes among the groups. All primers were synthesized by the TSINGKE Biological Technology (Beijing, China). The primer sequences are listed in Supplemental Table 1.

Western blot analysis

Total protein was extracted from testicular tissue of the first part samples and GC-2spd(ts) cells, according to the instructions of the Total Protein Extraction Kit for Animal Cultured Cells and Tissue (Invent Biotechnologies, Plymouth, MN, USA). For testicular tissue, 200 μ L denaturing cell lysis buffer with 1% cocktail (Selleck, Houston, TX, USA) was added into the filter and grinded for 50–60 times, then incubated on ice for 5 min, centrifuged at 14,000 rpm for 2 min and the supernatant was collected. The protein concentration was

measured using a bicinchoninic acid protein assay kit (Beyotime, Haimen, China) as described by the manufacturer. Equivalent amounts of proteins (20 μ g) were separated by 10% sodium dodecyl sulfate-polyacrylamide gel electrophoresis and then transferred to polyvinylidene difluoride membrane (Millipore, Burlington, MA, USA). The membranes were blocked with 5% bovine serum albumin (Sigma-Aldrich) for 2 h at room temperature and incubated with primary antibodies against MRE11 (Atlas, Bromma, Sweden), RAD50 (Abcam, Cambridge, UK), and GAPDH (Abcam) at 4 °C overnight. The membranes were subsequently incubated with horseradish peroxidase (HRP)-conjugated secondary antibodies (Cell Signaling Technology, Danvers, MA, USA) for 1 h at room temperature. An enhanced chemiluminescence substrate (Thermo Fisher Scientific, Waltham, MA, USA) was used to visualize the results using an ImageQuant LAS 4000 mini (GE Healthcare, Pittsburgh, PA, USA).

Immunohistochemical analysis

Formaldehyde-fixed paraffin-embedded sections of testicular tissues of all the samples were cut into 5-mm sections and mounted onto slides. After quenching the endogenous peroxidase activity, the slides were incubated with blocking serum (Abcam) and then with primary antibodies against MRE11 and RAD50 at 4 °C overnight. The slides were then incubated with HRP-conjugated secondary antibodies and photographed with an Olympus BX20 microscope (Tokyo, Japan). To confirm the specificity of the primary antibodies, negative controls were performed in an identical way by replacing the

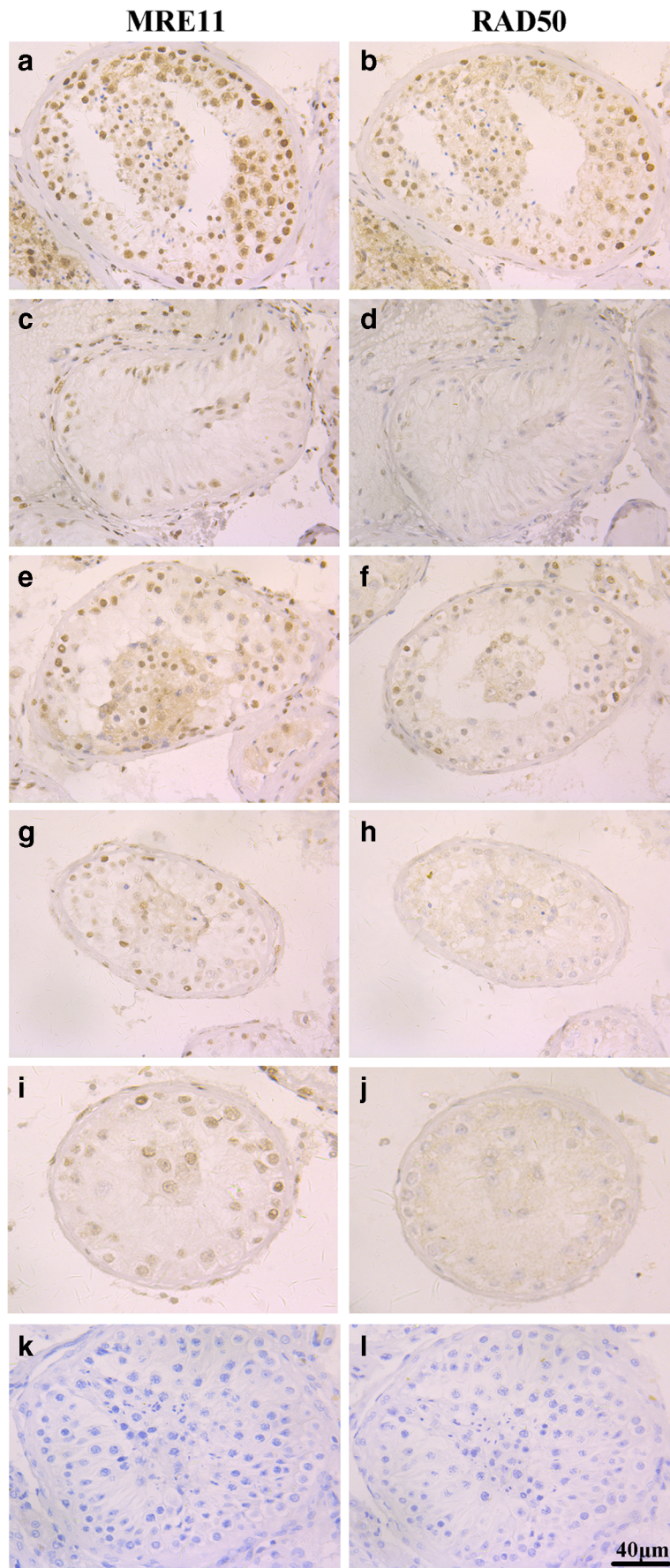


Fig. 2 Immunohistochemistry analysis of MRE11 and RAD50 in human testicular tissue samples. MRE11 and RAD50 immunohistochemistry staining of representative testicular tissue sections from **a, b** a representative OA patient with normal spermatogenesis, **c, d** a representative patient with SCOS, **e, f** a representative patient with MA with normal levels of staining, and **g–j** two representative patients with MA with absent or weak staining of MRE11 and RAD50. Negative controls were incubated with PBS (**k**) and normal IgG antibody (**l**). The photos are at $\times 400$ magnification and the scale bars represent 40 μm .

primary antibodies with phosphate buffer saline (PBS) or normal IgG antibody (Abcam).

Small interfering RNA (siRNA) transfection of GC-2spd(ts) cells

GC-2spd(ts) cells were transfected with siRNA targeting mouse MRE11 or RAD50, or a non-targeting control siRNA, for 48–72 h using Lipofectamine™ RNAiMax transfection reagent (Thermo Fisher Scientific) according to the manufacturer's protocol. Cells were divided into four groups: blank (untreated), control (transfected with non-targeting control siRNA), and MRE11 and RAD50 siRNAs. Knockdown of the target proteins was confirmed through western blot analysis. GAPDH was used as the loading control. siRNA was synthesized using RiboBio Co, Ltd. (Guangzhou, China). The siRNAs sequences were: MRE11 (sense: 5'-GCUUGGAGCUGCUUAGGAA dTdT-3'; antisense: 3'-dTdT CGAACCUCGACGAAUCCUU-5') and RAD50 (sense: 5'-GGUAAUCACUCACGAUGAA dTdT-3'; antisense: 3'-dTdT CCAUUAGUGAGUGCUACUU-5').

Cell proliferation analysis

GC-2spd(ts) cells were seeded and cultured in triplicate for each group at 3×10^3 cells/well in 96-well plates and reached 60–70% confluence after 24 h. Cell proliferation was determined using the Cell Counting Kit-8 (CCK-8) assay (Dojindo Molecular Technologies, Shanghai, China) according to the manufacturer's protocol at 24, 48, and 72 h after siRNA transfection. In brief, 10 μL of the CCK-8 solution were added into each well and the absorbance was measured at 450 nm after 2 h of incubation at 37 °C using a spectrophotometer reader (Thermo Fisher Scientific). Cell proliferation was calculated using the optical density (OD) values.

Cell apoptosis analysis

Apoptosis was evaluated using an Annexin V-APC/7-AAD apoptosis kit (MultiSciences, Hangzhou, China) following the manufacturer's protocol. Briefly, GC-2spd(ts) cells were seeded in triplicate for each group at 1×10^5 cells/well in 6-well plates, transfected as previously mentioned for 72 h and harvested by accutase (Thermo Fisher Scientific). Cells were

collected and resuspended in 500 μL binding buffer. Then 5 μL of Annexin V-APC and 10 μL of 7-AAD were added and incubated at room temperature for 15 min in the dark. Apoptotic percentages were determined through flow cytometry using a FACSCalibur system (BD Biosciences, Franklin Lakes, NJ, USA).

Apoptosis was also analyzed using a one-step terminal deoxynucleotidyl transferase dUTP nick-end labeling (TUNEL) assay kit (Beyotime) according to the manufacturer's protocol. After transfection for 72 h, cell slices were fixed with 4% paraformaldehyde at room temperature for 30 min. After permeabilization in 0.3% Triton X-100 for 5 min, the cell slices were incubated with TUNEL working solution at 37 °C for 1 h in the dark. Nuclei were stained with 4',6-diamidino-2-phenylindole (DAPI). The fluorescein isothiocyanate labeled TUNEL-positive cells in five areas of the same size were selected randomly for each slice and examined using a laser confocal microscope (Olympus) by using 488 nm excitation. Cells with green fluorescence were considered as apoptotic.

Statistical analysis

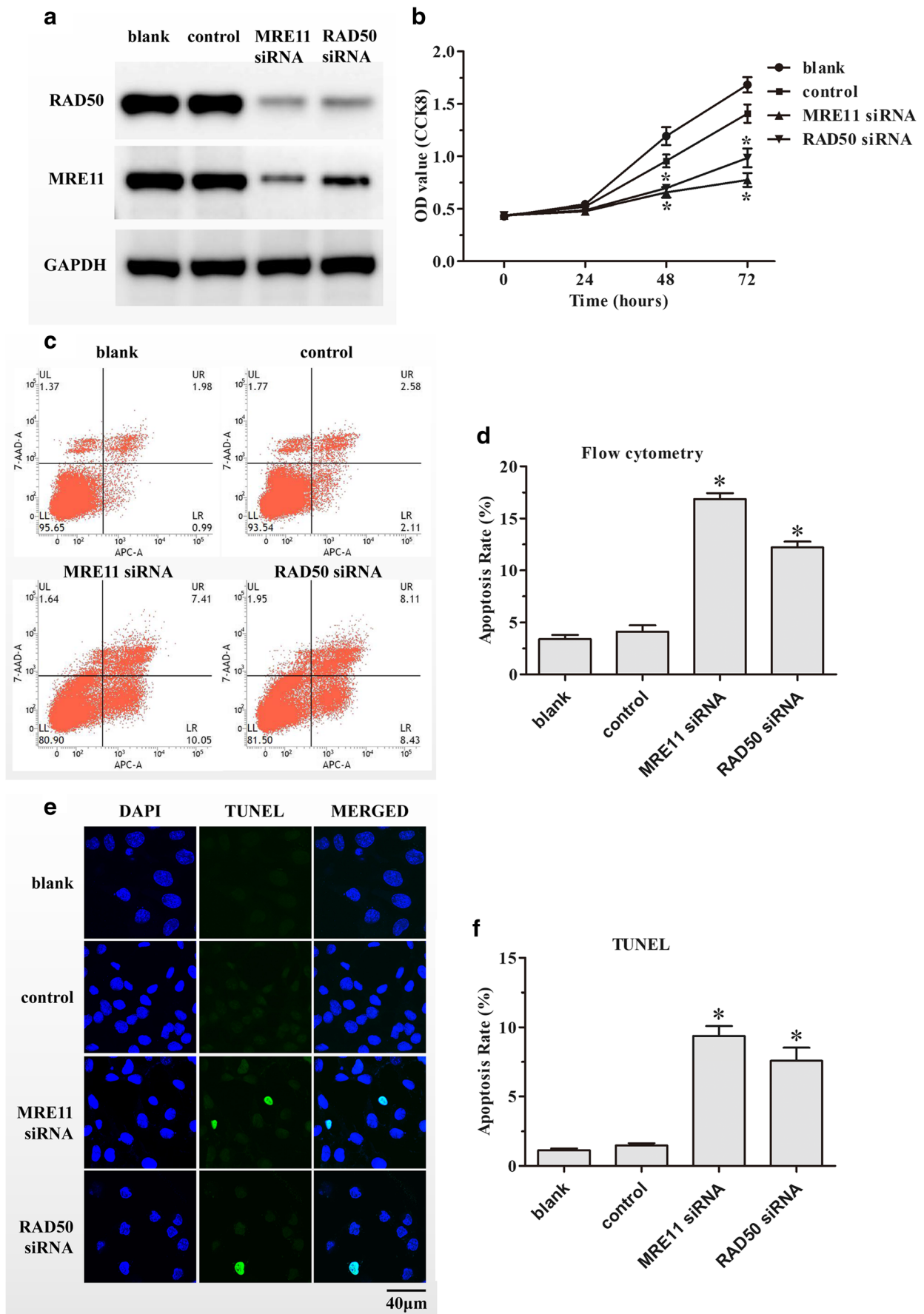
Data are expressed as the means \pm standard deviation (SD). Statistical comparisons were performed by ANOVA with Tukey's HSD tests for post-hoc analysis using SPSS 19.0 software (IBM, Chicago, IL, USA). All in vitro experiments comprised three replicates and were performed at least twice independently. $P < 0.05$ was considered to indicate a statistically significant difference.

Results

Expression and localization of MRE11 and RAD50 in the testes of azoospermia patients

Expression levels of *MRE11* and *RAD50* mRNAs in testicular tissue samples from the three groups were quantified by qRT-PCR using the first part samples. The MA and SCOS groups demonstrated significantly decreased *MRE11* and *RAD50* mRNA expression compared with the OA group (Fig. 1a, b) using the first part samples. Western blot results of the first part samples showed that the expression level of MRE11 protein was significantly lower in the majority (12/20) of the MA and all of the SCOS samples compared with the OA samples. And in the SCOS and MA patient samples with low level of MRE11, interestingly, the expression level of RAD50 protein demonstrated decreased level corresponding to MRE11 at the same time when compared with the OA samples (Fig. 1c).

We also examined the expression and localization of MRE11 and RAD50 proteins in testicular tissue sections of both the first and second part tissue samples using



◀ **Fig. 3** Effect of down-regulating MRE11 and RAD50 on cell proliferation and apoptosis of GC-2spd(ts) cells. **a** Down-regulation of MRE11 and RAD50 by transfecting GC-2spd(ts) cells with siRNA was analyzed through western blotting using GAPDH as the loading control. **b** Proliferation of GC-2spd(ts) cells after transfection with MRE11 or RAD50 siRNA was measured by the CCK8 assay. Apoptosis of GC-2spd(ts) cells after siRNA transfection for 72 h was analyzed by **c** flow cytometry and **d** TUNEL assays. The scale bars represent 40 μm . Each assay was performed in triplicate. Data are presented as means \pm SD. * $P < 0.05$.

immunohistochemistry. In a representative OA testicular tissue sample, both MRE11 and RAD50 were stained predominantly in the nucleus, and were expressed at their highest levels in spermatogonia and spermatocytes, much weaker in round spermatids and Sertoli cells and absent in elongated spermatids and mature spermatozoa (Fig. 2a, b). Weak staining of MRE11 and RAD50 were found in Sertoli cells of SCOS samples (Fig. 2c, d). Simultaneous absent or weakly detectable staining of MRE11 and RAD50 were demonstrated within spermatogonia and spermatocytes in the majority of the MA samples (12 out of 20 in first part, and 13 out of 20 in second part samples) (Fig. 2g–j). The other MA testicular tissue samples showed normal staining of MRE11 and RAD50 (Fig. 2e, f). No signals were observed when the testicular tissue samples were incubated with PBS (Fig. 2k) or normal IgG antibody (Fig. 2l).

Down-regulation of MRE11 and RAD50 inhibited proliferation of GC-2spd(ts) cells

GC-2spd(ts) cell line is an immortalized mouse pachytene spermatocyte cell line and is one of the most useful models to study the regulatory mechanisms of male germ cells. To explore whether deficient expressions of MRE11 and RAD50 have functional effects on male germ cell proliferation, MRE11 and RAD50 protein levels were down-regulated in GC-2spd(ts) cells through transfection with siRNA. The efficiency of MRE11 and RAD50 interference was assessed using western blot analysis. As presented in Fig. 3a, the expression of MRE11 was significantly decreased in cells transfected with MRE11 siRNA and, simultaneously, showed a reduction of RAD50 compared with the NC or blank groups. Similarly, transfection with RAD50 siRNA significantly decreased the levels of both MRE11 and RAD50 in comparison with the NC or blank groups.

The CCK8 assay was conducted to evaluate the effects of MRE11 and RAD50 knockdown by siRNA on the proliferation of GC-2spd(ts) cells. Both the MRE11 and RAD50 siRNA groups exhibited significantly decreased proliferation 48 and 72 h after transfection compared with the NC or blank groups (Fig. 3b).

Down-regulation of MRE11 and RAD50 promoted apoptosis of GC-2spd(ts) cells

Flow cytometry was performed to examine whether knockdown of MRE11 and RAD50 induced apoptosis of GC-2spd(ts) cells. Both the MRE11 and RAD50 siRNA groups exhibited significantly increased percentages of apoptotic cells compared with the NC or blank groups (Fig. 3c, d). In addition, TUNEL staining was performed to confirm the apoptotic effect of knocking down MRE11 and RAD50 in GC-2spd(ts) cells. Our findings demonstrated that the numbers of TUNEL-positive cells increased significantly in both the MRE11 and RAD50 siRNA groups compared with the NC or blank groups (Fig. 3e, f).

Discussion

Mre11^{ATLD1/ATLD1} male mice exhibit a disturbed proportion of pachytene spermatocytes, increased synaptic defects, altered crossover formations, and impaired DSB repair [26]. *Rad50^{SS}* male mice display attrition of spermatogenic cells and increased germ cell apoptosis [27]. These findings indicated that both MRE11 and RAD50 perform essential roles in spermatogenesis. However, the pathophysiological functions of MRE11 and RAD50 in human testicular tissues with normal and abnormal spermatogenesis have never been explored. Combined with human testes microarray data [28], our results confirm deficient expression levels of MRE11 and RAD50 in patients with spermatogenic failure and suggest that these two proteins may play significant roles in human spermatogenesis.

In this study, we demonstrated that the expression levels of both MRE11 and RAD50 mRNAs and proteins were decreased in testicular tissue samples from patients with spermatogenic failure compared with the OA group. However, these results were acquired by using entire testicular tissue samples from patients with normal and abnormal spermatogenesis. Due to the highly complex mixture of various types of male germ cells, alterations of the expression of specific genes in azoospermia patients with spermatogenic failure may pinpoint the precise pathogenic molecular event responsible for the failure, or may show that it is simply a result of the absence of some specific germ cell types. IHC of testicular tissue sample was performed in order to compare the expression level of MRE11 and RAD50 in the same cell type to explore whether these alterations were resulted from the deletion of specific germ cell types in different groups. IHC results demonstrated that OA group samples presented strong staining while MA group samples with decreased expression level presented weak or negative staining of MRE11 and RAD50 in their common cell types, i.e., spermatogonia and spermatocytes. And late stage spermatogenic cells such as round spermatids, elongated spermatids, and mature spermatozoa

presented weak or negative staining of MRE11 and RAD50. SCOS group samples presented weak staining in Sertoli cells. Considering that MA testicular tissues mainly consist of spermatogonia and spermatocytes, therefore, the decreased expression level of MRE11 and RAD50 in MA group compared with OA group mainly resulted from the lower expression of MRE11 and RAD50 in spermatogonia and spermatocytes of MA specimens, rather than a result of missing cell types. These findings demonstrated that deficient expression levels of MRE11 and RAD50 in spermatogenic failure may represent a true pathogenic molecular factor rather than merely a result of missing cells. And those patients with normal expression levels of MRE11 and RAD50 may have altered spermatogenesis triggered by other factors including dysfunction of other genes [32–39], epigenetic changes [40, 41], and environmental aspects [42].

A complex network of signaling pathways that affect the renewal, proliferation, apoptosis, and differentiation of male germ cells cooperate to determine cell fate during spermatogenesis [43]. Our *in vitro* experiments showed that knock-down of either MRE11 or RAD50 resulted in decreased expression levels of both proteins in GC-2spd(ts) cells, which was consistent with the simultaneous reduction of MRE11 and RAD50 in testes from humans with spermatogenic failure. This suggests that the intracellular stability of these two proteins is involved in specific protein–protein interactions. Previous studies have reported similar results of the effect of individual subunit on the stability of the MRE11/RAD50 complex [44, 45].

Our cell experimental data demonstrated that down-regulation of MRE11 and RAD50 inhibited proliferation and promoted apoptosis of GC-2spd(ts) cells. Meanwhile, increased apoptosis of germ cells was also observed in human MA and SCOS patients compared with OA individuals [35, 46]. These results are in accordance with the phenotypes of a disturbed proportion of pachytene spermatocytes and impaired DSB repair in *Mre11^{ATLD1/ATLD1}* male mice and increased germ cell apoptosis in *Rad50^{SS}* male mice. This indicates that MRE11 and RAD50 may play crucial roles in DSB repair, proliferation, differentiation, and apoptosis of male germ cells. Consequently, based on our findings and previous data from transgenic mice, deficient expression levels of MRE11 and RAD50 may be beneficial to predict sperm production or testicular histopathology, especially in nonobstructive azoospermia patients.

Abnormal expression of some genes, such as cell cycle regulatory genes (i.e., *CDC25A* and *CCNA1* [32, 33]), apoptotic pathway genes (i.e., *survivin*, *BAD*, and *BAX* [34, 35]), RNA-binding genes (i.e., *DAZ*, *DAZL*, *BOULE*, and *SAM68* [36, 37]), and hormone synthesis pathway genes (i.e., *CYP11A1* and *DAX-1A* [38, 39]) correlate with spermatogenic failure in humans. Combined with our findings, this information contributes to knowledge regarding human male factor infertility involving spermatogenic failure and will be of great

value to identify new potential targets to supplement testicular histological diagnosis and treat male factor infertility.

One limitation of this study is that testicular tissue samples from obstructive azoospermia patients having normal spermatogenesis were used as control group since normal testicular samples could be obtained for ethical reasons, which could lead to minor variations. In addition, specific DNA sequencing or whole genome sequencing of patients with spermatogenic failure will be investigated in subsequent study to explore the genetic causes of azoospermia. Moreover, findings in mouse GC-2spd(ts) cells might be different from human male germ cells and the functions of MRE11 and RAD50 in human testicular tissues still requires further researches.

In summary, the present study is the first to reveal decreased testicular expression levels of MRE11 and RAD50 in human patients with spermatogenic failure compared with those with normal spermatogenesis. *In vitro* GC-2spd(ts) cell experiments further demonstrated that decreased expression levels of MRE11 and RAD50 inhibited proliferation and promoted apoptosis of male germ cells. Altered testicular expression levels of MRE11 and RAD50 may lead to dysregulation of male germ cell proliferation and apoptosis and eventually impair spermatogenesis. We consider that deficient expression levels of MRE11 and RAD50 could serve as novel molecular markers of spermatogenic failure. Importantly, these results will facilitate our understanding of the mechanisms underlying male factor infertility and assist patients with their counseling, diagnosis, management, and treatment, especially for NOA patients.

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Compliance with ethical standards

Ethical approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the Medical Ethics Committee of Women’s Hospital, School of Medicine, Zhejiang University and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards.

Conflict of interest The authors declare that they have no conflict of interest.

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