

## Constitutive expression of the cryptic *vanG<sub>Cd</sub>* operon promotes vancomycin resistance in *Clostridioides difficile* clinical isolates

Wan-Jou Shen<sup>1</sup>, Aditi Deshpande<sup>1</sup>, Kirk E. Hevener<sup>2</sup>, Bradley T. Endres<sup>3</sup>, Kevin W. Garey<sup>3</sup>, Kelli L. Palmer<sup>4</sup> and Julian G. Hurdle<sup>1\*</sup>

<sup>1</sup>Center for Infectious and Inflammatory Diseases, Institute of Biosciences and Technology, Texas A&M Health Science Center, Houston, TX 77030, USA; <sup>2</sup>Department of Pharmaceutical Sciences, College of Pharmacy, University of Tennessee Health Science Center, Memphis, TN 38105, USA; <sup>3</sup>Department of Pharmacy Practice and Translational Research, College of Pharmacy, University of Houston, Houston, TX 77204, USA; <sup>4</sup>Department of Biological Sciences, University of Texas at Dallas, Richardson, TX 75080, USA

\*Corresponding author. E-mail: jhurdle@tamu.edu

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**Objectives:** To describe, for the first time (to the best of our knowledge), the genetic mechanisms of vancomycin resistance in clinical isolates of *Clostridioides difficile* ribotype 027.

**Methods:** Clinical isolates and laboratory mutants were analysed: genomically to identify resistance mutations; by transcriptional analysis of *vanG<sub>Cd</sub>*, the vancomycin resistance operon encoding lipid II D-alanine-D-serine that is less bound by vancomycin than native lipid II D-alanine-D-alanine; by imaging of vancomycin binding to cell walls; and for changes in vancomycin bactericidal activity and autolysis.

**Results:** Vancomycin-resistant laboratory mutants and clinical isolates acquired mutations to the *vanSR* two-component system that regulates *vanG<sub>Cd</sub>*. The substitutions impaired VanSR's function, resulting in constitutive transcription of *vanG<sub>Cd</sub>*. Resistance was reversed by silencing *vanG*, encoding D-alanine-D-serine ligase in the *vanG<sub>Cd</sub>* operon. In resistant cells, vancomycin was less bound to the cell wall septum, the site where vancomycin interacts with lipid II. Vancomycin's bactericidal activity was reduced against clinical isolates and laboratory mutants (64 and  $\geq 1024$  mg/L, respectively) compared with WT strains (4 mg/L). Truncation of the potassium transporter TrkA occurred in laboratory mutants, which were refractory to autolysis, accounting for their survival in high drug concentrations.

**Conclusions:** Ribotype 027 evolved first-step resistance to vancomycin by constitutively expressing *vanG<sub>Cd</sub>*, which is otherwise silent. Experimental evolutions and bactericidal assays show that ribotype 027 can acquire mutations to drastically enhance its tolerance to vancomycin. Thus, further epidemiological studies are warranted to examine the extent to which vancomycin resistance impacts clinical outcomes and the potential for these strains to evolve higher-level resistance, which would be devastating.

### Introduction

*Clostridioides difficile* infection (CDI) is the most common hospital-acquired infection in the USA and the leading cause of death due to gastroenteritis.<sup>1,2</sup> Treatment response rates in patients with CDI, and in particular infections with the recent epidemic NAP1/027/BI, have decreased significantly, while the incidence of CDI has increased, making it an urgent public health threat.<sup>3,4</sup> For >30 years, metronidazole and vancomycin have been the main treatments for CDI.<sup>5,6</sup> Fidaxomicin was approved for CDI in 2010, but its clinical use has mainly been limited to recurrent infections.<sup>7</sup> In the recent IDSA/SHEA 2017 guidelines for CDI management, metronidazole is no longer recommended as a first-line drug for adult CDI.<sup>8</sup> Vancomycin usage is therefore likely to increase, which

will inadvertently raise the selection pressure for the spread of vancomycin-resistant strains.

Vancomycin inhibits cell wall biosynthesis in dividing cells by binding to the C-terminal peptide of D-alanine-D-alanine (D-Ala-D-Ala) in the cell wall precursor lipid II and in the maturing cell wall.<sup>9,10</sup> *C. difficile* with reduced susceptibility to vancomycin has emerged<sup>11–14</sup> and is defined by a breakpoint of >2 mg/L from EUCAST. For example, vancomycin-resistant *C. difficile* were reported from US surveillances by Tickler *et al.*<sup>11</sup> (39.1% of 143 027/BI isolates from 2011 to 2013) and Snyderman *et al.*<sup>12</sup> (17.9% of 925 isolates from 2011 to 2012). Vancomycin concentration in stools is expected to be about 500–2000 mg/L [i.e. 500–2000× MIC for most strains (1 mg/L)] and is thought to mirror

the drug's concentration at the colonic site of infection.<sup>12,15,16</sup> It is therefore anticipated that colonic concentrations of vancomycin will equally inhibit the growth of vancomycin-resistant strains even at higher MICs. However, this view is undermined by the fact that exact concentrations of vancomycin along the length of the colon are unknown. Furthermore, the genetic basis for resistance to vancomycin in clinical *C. difficile* is unknown, but could be the deciding factor on whether mutants with reduced susceptibility survive in colonic concentrations of vancomycin. Indeed, such is the case with VISA that survive in vancomycin concentrations  $\geq 32$ -fold higher than the MICs.<sup>17,18</sup>

About 85% of *C. difficile* carry a functional vancomycin resistance *vanG* gene cluster (designated as *vanG<sub>Cd</sub>*), which is closely related to the *vanG* operon in *Enterococcus faecalis*.<sup>19</sup> Induction of this operon by vancomycin results in the production of an alternative lipid II bearing a D-alanine-D-serine (D-Ala-D-Ser) terminus that is  $\sim 7$ -fold less bound by vancomycin compared with the D-Ala-D-Ala terminus.<sup>20,21</sup> Expression of the operon in WT vancomycin-susceptible *C. difficile* leads to production of lipid II D-Ala-D-Ser. However, vancomycin-induced expression of *vanG<sub>Cd</sub>* does not confer resistance in *C. difficile*, in contrast to *E. faecalis*, where induction of *vanG* causes resistance.<sup>19,22</sup> *C. difficile vanG<sub>Cd</sub>* is therefore considered cryptic. Induction of *vanG* genes is thought to occur when the membrane-bound sensor kinase (VanS<sub>Cd</sub>) detects vancomycin and, after undergoing ATP-dependent autophosphorylation, transfers its phosphoryl group to the cytoplasmic response regulator VanR.<sup>23</sup> Phosphorylated VanR (VanR~P) then binds upstream of *van* genes to increase transcription.<sup>23</sup> In the absence of vancomycin, the VanS phosphatase activity attenuates gene expression by dephosphorylating VanR~P.<sup>21</sup> Several studies report that mutations to VanSR proteins cause constitutive expression or increased inducibility of *van* operons in enterococci.<sup>21,24</sup> These mechanisms have not been reported in *C. difficile*. Herein, we describe the first, to the best of our knowledge, report of mutations to *C. difficile* VanSR<sub>Cd</sub> that promote constitutive expression of *vanG<sub>Cd</sub>* in vancomycin-resistant clinical isolates of ribotype O27. This phenotype was also recapitulated in laboratory mutants. We show that reduced susceptibility improves the *in vitro* survival of strains in vancomycin.

## Materials and methods

### Strains, growth and chemicals

The O27/BI strain *C. difficile* R20291 and O27/BI clinical isolates were cultivated in brain heart infusion (BHI) broth or agar at 37°C in a Whitley A35 anaerobic workstation (Don Whitley Scientific). Clinical strains in Table 1 were from hospitalized patients in the Texas Medical Center and a recent Israeli surveillance.<sup>13</sup> Genotypes were assigned after genome sequencing, with ST1 indicative of ribotype O27. Vancomycin hydrochloride was from Sigma-Aldrich.

### Susceptibility tests

MICs were determined on BHI broth or agar and Brucella agar with haemin (5 mg/L), vitamin K1 (10 mg/L) and 5% (v/v) sheep blood. Vancomycin ranged from 0.125 to 32 mg/L in doubling dilutions. Inocula of  $10^5$  cfu/spot or  $10^5$  cfu/mL were used. MICs were the lowest concentrations preventing visible growth after 24 h of incubation. Reduced susceptibility was interpreted according to the EUCAST breakpoint of vancomycin MIC  $>2$  mg/L.

### Selection of mutants via serial passage

Overnight R20291 colonies were resuspended in BHI broth (1 mL) to an OD<sub>600</sub> of 0.8–1.0. At each passage, an aliquot of 0.01 mL ( $10^5$ – $10^6$  cfu/mL) was streaked onto BHI agars containing 0.25× to 8× MIC of vancomycin. After 48 h of incubation, all colonies from the highest concentration of vancomycin were resuspended into fresh broth to create a mixed population that was then passaged onto higher drug concentrations. There was no calculation of mutation frequencies at each passage step. The remaining suspension was stored as glycerol stocks.

### Measurement of vancomycin's bactericidal activity and autolysis

#### Bactericidal activity

Logarithmic cultures (OD<sub>600</sub> of  $\sim 0.2$ ) were exposed to 0–1024 mg/L vancomycin and, after 24 h of incubation, viable counts were determined by serial dilution. Agars with  $\sim 15\%$  (w/v) charcoal were controls to test the antibiotic carry-over effect on viable counting.

#### Autolysis

This was performed<sup>25</sup> on harvested mid-log cells (OD<sub>600</sub> of  $\sim 0.2$ ) resuspended in 50 mM potassium buffer with 0.01% Triton X-100. Optical readings were recorded in a Biotek 2 plate reader under anaerobic conditions.

### Imaging of changes in vancomycin cell wall binding

Vancomycin binding was visualized by staining with fluorescently labelled vancomycin (BODIPY® FL vancomycin, from Thermo Fisher). Cultures with an OD<sub>600</sub> of  $\sim 0.2$  were mixed with 1 mg/L vancomycin and BODIPY® FL vancomycin for 20 min at 37°C. Next cells were centrifuged, washed three times with PBS and fixed with methanol at  $-20^\circ\text{C}$  for 20 min, before washing with PBS. DNA was stained with DAPI (Sigma) at 2 mg/L for 2 min. Cells were aliquotted onto glass slides and air dried before fluorescence imaging with a DeltaVision Elite microscope.

### Genome sequencing

Accession numbers are listed in Table S1 (available as [Supplementary data](#) at JAC Online).

### General methodology

Multiplexed DNA libraries were sequenced by paired-end 2×150 bp on an Illumina NextSeq™500 platform at the Institute of Biosciences and Technology and University of Texas Dallas Genome Center. CLC Genomics Workbench version 12 was used for *de novo* assembly of paired-end reads of sequenced genomes. Assembled genomes were annotated with Rapid Annotation using Subsystem Technology (RAST). Sequence variations were identified using the 'Quality-based variant detection' tool in CLC Genomics Workbench with default parameters ( $\geq 10$ -fold coverage of the reference position and sequence variation  $\geq 35\%$  of mapped reads). Variations observed in  $\geq 90\%$  of mapped reads were manually analysed. Using the tool 'Find low coverage', regions with zero coverage were analysed, as they may represent possible deletions  $>1$  nucleotide base pair.

### Analysis of laboratory mutants

After *de novo* assembly of the R20291 parent genome in CLC Genomics Workbench, it was mapped to the reference genome for R20291 (FN545816.1) and annotated by RAST. Paired-end reads of R20291 mutants were *de novo* assembled, contigs were mapped to the parent genome and SNPs were detected. Genetic changes were confirmed by Sanger sequencing.

### Analysis of clinical isolates

After assembly and annotation of paired-end reads, the genomes were subjected to MLST (<https://pubmlst.org/cdifficile/>), using the 'MLST module' in CLC Genomics Workbench, which assigned the clinical strains as ST1 clade-2, the ST of O27. Annotated genomes were mapped to R20291 and SNPs were confirmed as mentioned above.

### Quantitative RT-PCR (qRT-PCR)

*vanG<sub>Cd</sub>* transcription was assessed by qRT-PCR on cultures (OD<sub>600</sub> of ~0.2) before and after exposure to subinhibitory vancomycin (0.5 mg/L) for 15 min at 37°C. Bacterial RNAprotect™ reagent (QIAGEN) was added before RNA isolation with Qiagen's RNeasy. qScript One-Step SYBR Green qRT-PCR Kit, ROX (Quantabio) and gene-specific primers were used to amplify genes in prepared cDNA in Applied Biosystems ViiA7. Transcripts were calculated using the comparative C<sub>T</sub> method ( $\Delta\Delta C_T$  method) and data were normalized to 16S rRNA. Primers are given in Table S2.

### Genetic manipulations

Antisense RNA to *vanG<sub>Cd</sub>* was expressed in vector pMSPT<sup>26</sup> by anhydrotetracycline (0.25 mg/L). The 100 bp antisense spanned 50 bp upstream and downstream of the start codon and was synthesized and cloned into pMSPT by Genscript.

### Homology modelling of the transcriptional regulator VanR<sub>Cd</sub>: generation of the *C. difficile* VanRCd homology model

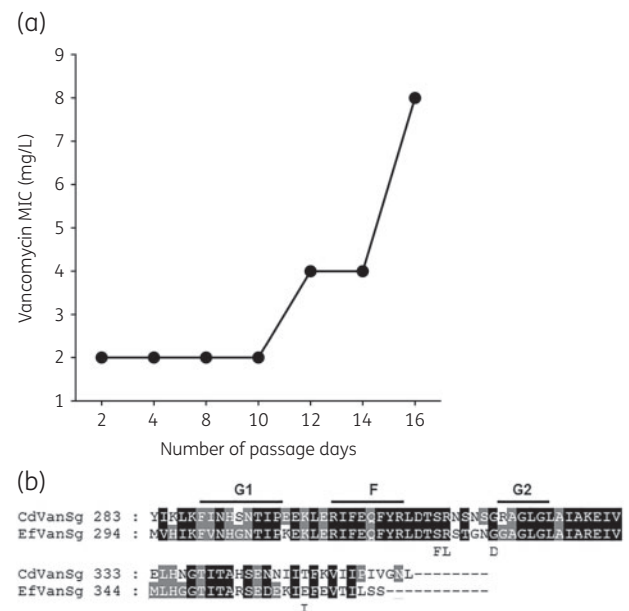
The homology model of R20291 VanR<sub>Cd</sub> was generated from the response regulator PhoP (pdb ID Sed4) of *Mycobacterium tuberculosis*.<sup>27</sup> The model was built using Prime software in the 2018 Schrödinger modelling suite.<sup>28</sup> Refinement was done by iterative energy calculations. Both monomer and homo-multimer DNA models were built using this algorithm with refinement of loop positions. Molecular dynamic simulations on a protein loop movement for WT and mutant VanRs are described in the [Supplementary data](#) available at JAC Online.

## Results

### VanSR<sub>Cd</sub> mutations associated with reduced susceptibility

*Experimentally evolved mutants acquire mutations in the vancomycin sensor (VanS<sub>Cd</sub>)*

We first performed experimental evolutions using strain R20291 (MIC = 1 mg/L). By day 12 (i.e. fourth passage), mutants of R20291 grew beyond 2 mg/L, the EUCAST breakpoint (Figure 1a). By day 16, the population resisted up to 8 mg/L vancomycin. Isolated colonies (*n* = 12) had vancomycin MICs of 8–16 mg/L and, from this pool, two mutants (MICs = 8 and 16 mg/L) were genome sequenced. The first, designated as WS2 (MIC = 8 mg/L; Table 1), had an Arg314Leu substitution in VanS<sub>Cd</sub> and a truncated potassium transporter (TrkA) due to a Gln26STOP mutation. The second, WS4 (MIC = 16 mg/L), carried a Gly319Asp substitution in VanS<sub>Cd</sub> and the same Gln26STOP in TrkA. Comparison with enterococcal VanS homologues [i.e. VanS (C, D and B)] revealed that Arg314 and Gly319 occur in cytoplasmic F and G2 domains (Figure 1b). These domains accumulate mutations that increase expression of *van* operons by affecting the phosphatase activity of VanS.<sup>24,29</sup> Disruptions to TrkA (e.g. Gln26STOP)



**Figure 1.** (a) Serial evolution of R20291 showing time within which vancomycin-resistant mutants appeared. (b) Alignment of VanS<sub>Cd</sub> with a VanS homologue from the *E. faecalis* *vanG* cluster; G1, F and G2 boxes (conserved motifs) are indicated above the alignment. Laboratory mutants had Arg314Leu and Gly319Asp substitutions, whereas Ser313Phe and Thr349Ile were found in clinical isolates. Except for position 349, all substitutions are located near the F and G2 boxes.

**Table 1.** Vancomycin MICs and substitutions in VanSR<sub>Cd</sub> for laboratory mutants and clinical isolates

Strain or number of isolates with a mutation	MIC (mg/L)	Substitution in VanSR	
		VanS <sub>Cd</sub>	VanR <sub>Cd</sub>
<b>Laboratory mutants</b>			
WT R20291	1	-	-
WS2	8	Arg314Leu	-
WS4	16	Gly319Asp	-
<b>Clinical isolates</b>			
1 <sup>a</sup>	8	Ser313Phe	-
1 <sup>b</sup>	8	Thr349Ile	-
9 <sup>c,d</sup>	4–8 <sup>e</sup>	-	Thr115Ala

Eleven clinical isolates were analysed. They were from: the Texas Medical Center (<sup>a</sup>MT1470, <sup>b</sup>MT5006, <sup>c</sup>MT3678, <sup>c</sup>MT5055, <sup>c</sup>MT1349, <sup>c</sup>MT443, <sup>c</sup>MT201, <sup>c</sup>MT4887 and <sup>c</sup>MT3914); and Israel (<sup>d</sup>491858 and <sup>d</sup>490054).

<sup>e</sup>Isolates from Israel had MICs of 8 mg/L, while those from the Texas Medical Center had MICs of 4 mg/L.

were not seen in clinical strains, suggesting that it does not play a role in *vanG<sub>Cd</sub>*-mediated resistance.

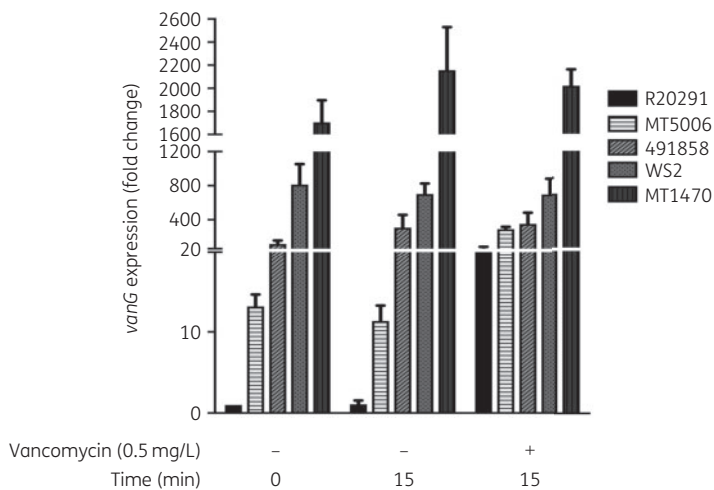
### Clinical strains with substitutions in VanS<sub>Cd</sub>

Strains MT1470 and MT5006 (Table 1), respectively, carried Ser313Phe and Thr349Ile substitutions in VanS<sub>Cd</sub> (Table 1 and

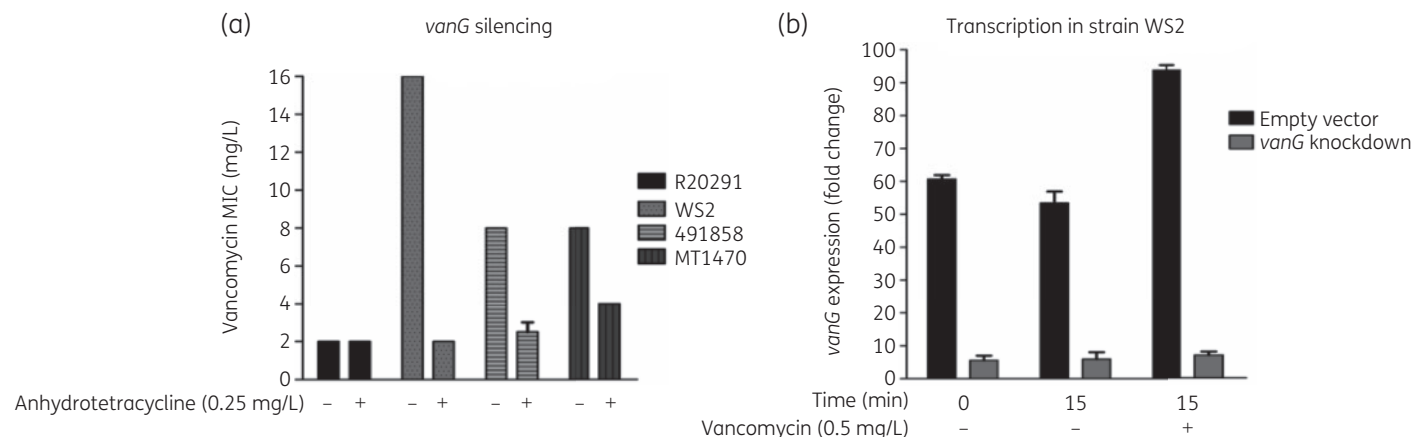
Figure 1b). Ser313Phe lies adjacent to Arg314 that was mutated in laboratory mutant WS2. Although Ile349 lies downstream of the G2 domain, it is probably associated with resistance, since WT Thr349 appears to be conserved in our BLAST analysis of *C. difficile* genomes in GenBank. Other polymorphisms in cell wall-associated genes are described and analysed in Table S3.

#### Clinical strains with an identical substitution in VanR<sub>Cd</sub>

Independent clinical isolates (MICs = 4–8 mg/L) from the USA ( $n = 7$ ) and Israel ( $n = 2$ ) carried a Thr115Ala substitution in VanR<sub>Cd</sub>. The mutation was confirmed by Sanger sequencing. BLASTing of ~259 *C. difficile* strains in GenBank revealed that Thr115 is conserved in *C. difficile* VanR<sub>Cd</sub>, suggesting that alanine is unlikely to be a drug-sensitive polymorphism. Additionally, WT Thr115 is present in *E. faecalis* VanR controlling the homologous *vanG* operon



**Figure 2.** Transcriptional analysis of *vanG<sub>Cd</sub>* of various strains in the presence and absence of vancomycin (0.5 mg/L). Transcription in WT R20291 is induced only by vancomycin exposure for 15 min, whereas transcription was independent of vancomycin exposure in the isogenic laboratory mutant (WS2) and clinical isolates (MT5006, 491858 and MT1470).



**Figure 3.** Reversion of vancomycin resistance by antisense to *vanG* (D-Ala-D-Ser ligase). (a) Antisense induction increased the susceptibility of resistant strains to vancomycin (laboratory mutant WS2 and clinical isolates 491858 and MT1470); there was no effect on WT R20291. (b) Cellular confirmation that antisense decreased transcripts of *vanG* in the presence or absence of vancomycin, suggesting attenuation of constitutive resistance.

(e.g. accession no. Q6WRY8). Other polymorphisms in cell wall-associated genes are described and analysed in Table S3.

#### Constitutive expression of *vanG<sub>Cd</sub>* is associated with reduced vancomycin susceptibility

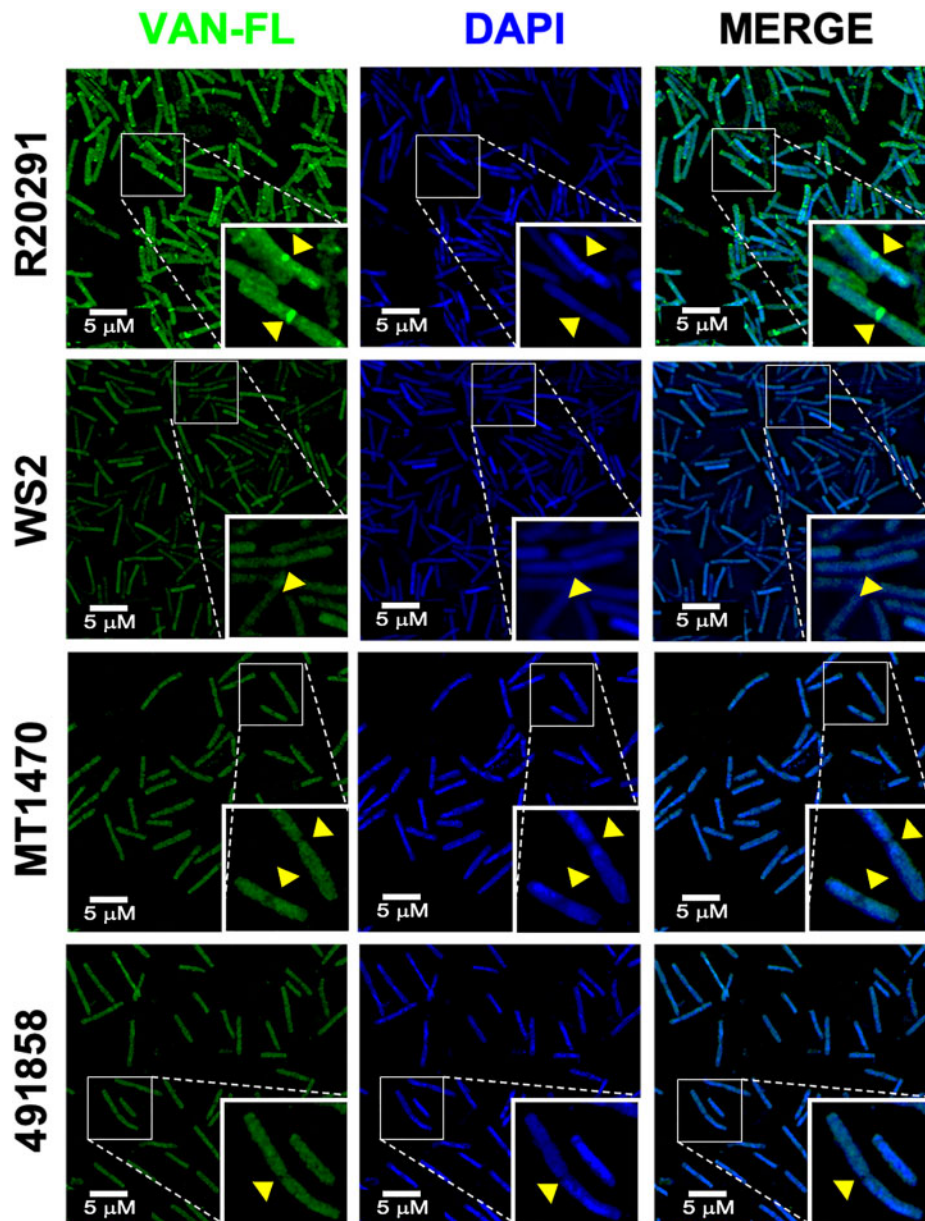
Compared with parental R20291, WS2 (Arg314Leu) constitutively transcribed *vanG<sub>Cd</sub>* (Figure 2 and Figure S1). Without vancomycin, WS2 transcript levels for *vanG* (D-Ala-D-Ser ligase) and *vanT* (serine racemase) were on average 1032- and 813-fold higher than those of R20291; *vanG* and *vanT* are the first and last genes in the *vanG<sub>Cd</sub>* operon.<sup>19</sup> No notable increase in *vanG<sub>Cd</sub>* expression occurred upon exposing WS2 to vancomycin (0.5 mg/L) for 15 min. In contrast, vancomycin induced substantial expression in R20291 (Figure 2 and Figure S1). Constitutive expression of *vanG<sub>Cd</sub>* was seen in vancomycin-resistant clinical isolates carrying either VanR<sub>Cd</sub> or VanS<sub>Cd</sub> substitutions (Figure 2). These findings are consistent with reports that substitutions in VanSR<sub>Cd</sub> alter regulation of cognate *van* genes.<sup>30</sup>

#### Genetic validation of constitutive expression

Association between constitutive expression and resistance was further tested by determining whether gene silencing of *vanG<sub>Cd</sub>* reinstated susceptibility. The antisense (100 bp) was designed to target the ribosome binding site of D-Ala-D-Ser ligase encoded by *vanG*. Antisense induction by anhydrotetracycline (0.25 mg/L) reduced vancomycin MICs from 8–16 mg/L to 2–4 mg/L for the laboratory mutant WS2 and clinical strains MT1470 and 491858 (Figure 3a). qRT-PCR analysis of WS2 showed decreases of *vanG*'s mRNA transcripts by 8.93- and 13.40-fold, with or without vancomycin (Figure 3b). As control, antisensing had no impact on the vancomycin susceptibility of WT R20291. These findings substantiate the role of constitutive *vanG<sub>Cd</sub>* expression in reducing susceptibility to vancomycin.

#### Expression of *vanG<sub>Cd</sub>* alters binding of vancomycin to the cell wall

As expected, the septum and maturing cell walls of logarithmic R20291 were intensely stained by fluorescently labelled vancomycin



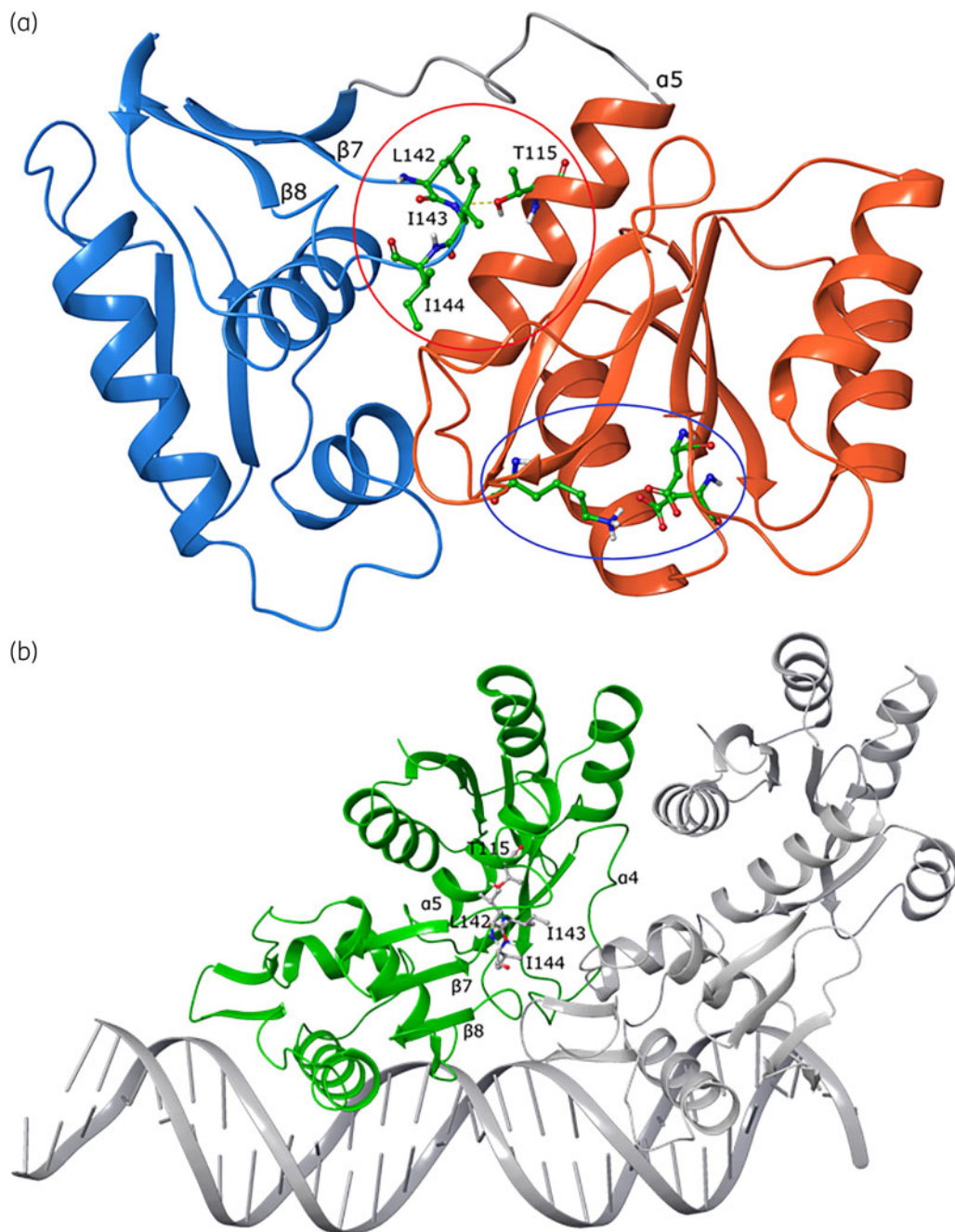
**Figure 4.** Analysis of changes in vancomycin binding. Cell walls were labelled with fluorescently labelled vancomycin (VAN-FL) and DNA with DAPI. Qualitatively, there is a reduction in VAN-FL staining intensity in the resistant cells compared with WT R20291. There was a lack of staining of the cell wall septum in vancomycin-resistant strains (WS2, MT1470 and 491858) compared with the WT. This is indicative of less binding by vancomycin to lipid II  $\text{D-Ala-D-Ser}$  at the division septum compared with lipid II  $\text{D-Ala-D-Ala}$  in R20291. This figure appears in colour in the online version of JAC and in black and white in the print version of JAC.

(Figure 4). Staining was marked at the division septum, the point where lipid II accumulates and vancomycin is most active. In contrast, against vancomycin-resistant strains (WS2, MT1470 and 491858), notable reductions in vancomycin binding occurred, especially evident at the division septum.

#### **Structural explanation of *VanR<sub>Cd</sub>*-mediated resistance**

To predict the effect of Ala115, we developed a homology model of *VanR<sub>Cd</sub>* from *M. tuberculosis* PhoP bound to DNA.<sup>27</sup> Both *VanR*

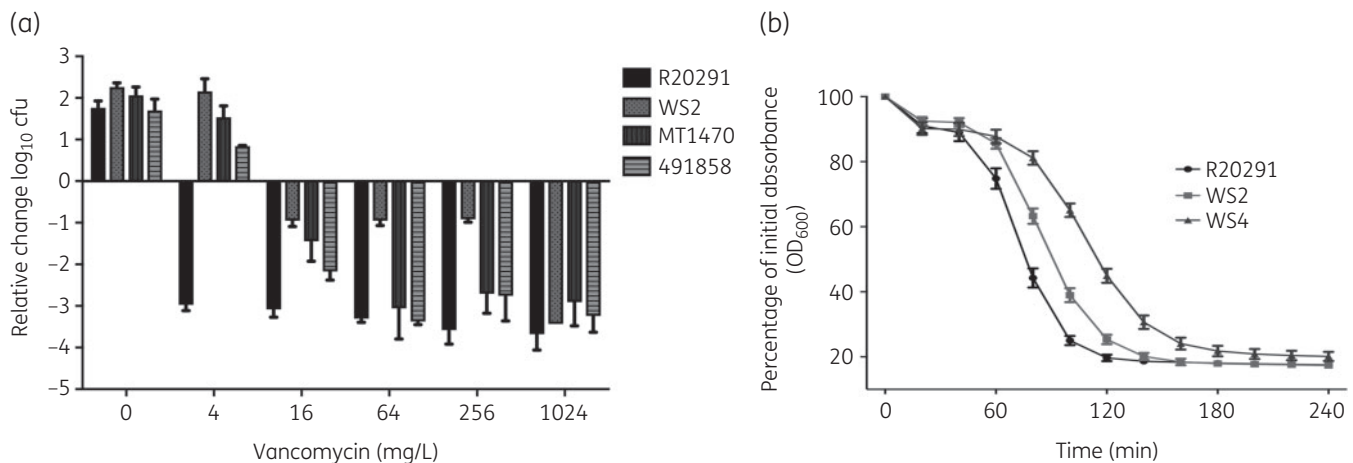
and *PhoP* are OmpR family regulators that probably share similar mechanisms of DNA interaction.<sup>31,32</sup> *VanR* consists of a C-terminal effector domain that interacts with DNA and an N-terminal receiver domain containing the phosphorylation site acted on by *VanS* kinase/phosphatase. Upon phosphorylation, the two domains are brought together by a conformational change from an extended to a closed conformation, resulting in dimerization of *VanR*, producing its DNA binding conformation for transcription.<sup>23</sup> In the monomeric model of *C. difficile* *VanR<sub>Cd</sub>*, position 115 is located on the large  $\alpha$ -helix ( $\alpha 5$ ) of the receiver domain,  $\sim 20 \text{ \AA}$



**Figure 5.** Structural analysis of mutant *VanR<sub>Cd</sub>* in monomeric and DNA binding conformations built from the *M. tuberculosis* PhoP structure. (a) Monomeric *VanR<sub>Cd</sub>* shows the DNA binding effector domain in blue ribbons, with the key helix that engages DNA at the far left. The receiver domain is shown in orange ribbons, with the conserved phosphorylation site (lysine and aspartic acid residues) shown as balls and sticks with green carbons (indicated by the blue oval). The resistance-conferring Thr115 substitution site is on the receiver domain and its interaction with a key loop containing lipophilic residues (Leu142, Ile143 and Ile144) on the effector domain is shown; the loop is indicated by the red circle and the residues are shown as balls and sticks with green carbons. (b) Interaction of *VanR<sub>Cd</sub>* (monomer A, green) and second monomer B (PhoP, grey) with a segment of DNA. Shown as ball and stick representations are the Thr115 amino acid site on the receiver domain and interacting residues from the adjacent loop on the effector domain.

from the phosphorylation site (Figure 5a). In the DNA-bound dimer structure (Figure 5b), the substitution site is seen to interact with a conserved flexible loop located between two  $\beta$ -strands ( $\beta 7$  and  $\beta 8$ ) of the effector domain (Figure S2). This flexible loop is

composed of several hydrophobic residues (e.g. Leu142, Ile143 and Ile144), which directly engage position 115 (Figure S3). Thus, we hypothesize that the flexible loop and position 115 are involved in stabilizing the dimeric conformation of *VanR<sub>Cd</sub>* for DNA



**Figure 6.** Alterations in bactericidal activity of vancomycin against laboratory mutants and clinical strains. (a) Against laboratory mutant WS2, vancomycin was only bactericidal (3 log reduction) at 1024 mg/L, but was bactericidal against clinical strains (MT1470 and 491858) at 64 mg/L. (b) Laboratory mutants WS2 and WS4 were less autolytic than their isogenic parent R20291. The reduced autolysis of WS2 and WS4 could contribute to tolerance to vancomycin. The MIC for WS2 is 8 mg/L and the MBC for WS2 is ~1024 mg/L, while the lesser autolytic strain WS4 has an MIC of 16 mg/L and an MBC of >1024 mg/L.

engagement. Furthermore, the change from polar threonine to non-polar alanine may facilitate energetically favourable hydrophobic contact with the lipophilic loop residues. In testing this hypothesis, our molecular dynamic simulations revealed that large loop movements (amino acids 141–149) in the Thr115 model were significantly decreased with substitution of Ala115 (Figure S4), suggesting better stabilization for DNA interaction.

### Survival advantage associated with reduced susceptibility to vancomycin

We exposed WT and resistant strains to the same incremental concentrations of drug between 1 and 1024 mg/L. As shown in Figure 6(a), vancomycin at  $\geq 4$  mg/L killed ~3 log of R20291. In contrast, against its isogenic mutant WS2, only 0.82–1.11 log were killed by vancomycin concentrations of 16–256 mg/L. The difference in killing between R20291 and WS2 was statistically significant by unpaired *t*-tests ( $P < 0.01$ ). However, both strains were equally killed by vancomycin at 1024 mg/L. Interestingly, against the resistant strain WS4, vancomycin at 256 and 1024 mg/L only killed  $1.53 \pm 0.34$  and  $1.49 \pm 0.35$  log, respectively. Against the clinical strains, vancomycin's bactericidal activity (i.e. killing of  $\geq 3$  log) started at 64 mg/L. Responses to autolysis were further assessed for isogenic strains, showing a correlation with survival in vancomycin (Figure 6b); mutants WS2 and especially WS4 were refractory to autolysis compared with R20291.

## Discussion

We report for the first time (to the best of our knowledge) mechanisms of vancomycin resistance in clinical *C. difficile*, focusing on ribotype 027 since reduced susceptibility to vancomycin is common in this lineage.<sup>11,12</sup> Our results show that ribotype 027 has resolved how to acquire vancomycin resistance by constitutively expressing *vanG<sub>Cd</sub>*, following mutations to *VanSR<sub>Cd</sub>*. Without these mutations, *vanG<sub>Cd</sub>* is phenotypically silent and does not exhibit

vancomycin resistance.<sup>22</sup> To explain why *vanG<sub>Cd</sub>* is cryptic, Ammam *et al.*<sup>19</sup> proposed that high cellular concentrations of UDP-MurNAC-pentapeptide[D-Ala] may be masking lesser abundant UDP-MurNAC-pentapeptide[D-Ser]. This is evident from the *vanB* mechanism, where increased production of D-Ala-D-lactate worsens vancomycin MICs for *Enterococcus faecium*.<sup>19,33</sup> By extension, constitutive *vanG<sub>Cd</sub>* may enrich the D-Ala-D-Ser peptidoglycan precursor pool, to reduce masking by D-Ala-D-Ala precursors. This may explain why we observed reduced binding of vancomycin to septa of resistant strains. However, measurement of peptidoglycan precursors will be required to validate these observations.

Even from the limited number of strains studied, ribotype 027 shows it can accumulate different resistance mutations in *vanSR<sub>Cd</sub>*. Indeed, two clinical isolates (MT1470 and MT5006) from Houston (TX, USA) had different *VanS<sub>Cd</sub>* substitutions, as was the case for two laboratory mutants. Nonetheless, clonal dissemination cannot be ruled out, as two isolates from Israel and seven from Houston had the same substitution in *VanR<sub>Cd</sub>*. While these observations are new to *C. difficile*, constitutive *van* resistance mechanisms are established in enterococci. For example, Panesso *et al.*<sup>29</sup> reported constitutive *VanC* resistance in *Enterococcus gallinarum*, associated with substitutions in *VanS<sub>C</sub>* as follows: Asp312Asn, Asp312Ala and Gly320Ser, corresponding to amino acid positions Asp311 and Gly319 in *C. difficile* (Figure 1b). In enterococci, the molecular basis for *VanS*-mediated constitutivity is due to mutations affecting the enzyme's ATP-binding domain. This is thought to diminish its phosphatase activity, required to deplete *VanR~P* that may arise from phosphorylation by cellular acetyl phosphates or alternative histidine kinases.<sup>24,34</sup>

Less studied is how *VanR* mutations cause constitutive expression.<sup>30</sup> Interestingly, in *E. faecium*, a Gly140Glu substitution in *VanR*, from *vanD* genes, was thought to lock the effector domain into a DNA binding conformation.<sup>30</sup> Gly140 is homologous to Gly141 in *C. difficile* and lies next to residues of the conserved flexible loop seen in *C. difficile* *VanR<sub>Cd</sub>* and other *OmpR* regulators.<sup>30–32</sup> Through molecular dynamics, we predict that the Thr115Ala

change in VanR<sub>cd</sub> rigidified the effector domain for better DNA binding, resulting from improved interaction between position 115 and hydrophobic residues in the flexible loop. Experimental validation will, however, be required, as alternative or complementary theories exist, such as Ala115 playing a role in extending the half-life of VanR~P or reducing dephosphorylation rates. In addition to vanG<sub>cd</sub> resistance, we anticipate that clinical *C. difficile* isolates are capable of acquiring other mechanisms of first-step vancomycin resistance. Indeed, Sanger sequencing of 10 colonies (MICs = 4 mg/L), from the mixed culture obtained at earlier time-points of the passage (Figure 1a), did not show mutations in TrkA or VanS. This suggests that other mechanisms also arose during our *in vitro* evolution. This view is supported by Leeds et al.,<sup>35</sup> who analysed vancomycin-resistant *C. difficile*, from *in vitro* evolutions, showing two mutants carried either a single mutation to RNA polymerase subunit C or three mutations to peptidoglycan glycosyl-transferase (MurG), L-serine dehydrogenase (SdaB) and putative signal transduction phosphoesterase (CD3659). Furthermore, a recent report of a phenotypically silent *vanB* homologue carried by non-toxicogenic *C. difficile*<sup>36</sup> might be the first warning for potential emergence of transferable high-level vancomycin resistance, which would be disastrous for vancomycin's use to treat CDI.

Vancomycin concentrations in patient stools are presumed to mirror those in the colon of CDI patients,<sup>16</sup> but it is not known if the drug is homogeneously or heterogeneously distributed along the colon's various segments. In a study of vancomycin faecal pharmacokinetics, Gonzales et al.<sup>16</sup> reported that vancomycin stool concentrations decrease with high stool frequencies ( $\geq 4$ /day) in 15 patients given 125 mg of vancomycin q6h; conversely, the association between stool frequencies and vancomycin concentration was not confirmed in the study by Thabit and Nicolau.<sup>37</sup> Both studies reflect the need for better ways to analyse factors that influence the deposition of vancomycin in the colon, especially in severe CDI. If there are intestinal niches where low drug concentrations might occur, this could favour the survival of mutants with low levels of resistance. Our analysis of vancomycin's bactericidal activity leads us to anticipate two possible clinical scenarios. Firstly, low-level resistant mutants are unlikely to cause clinical failure during therapy, because they become growth inhibited at low concentrations. Conversely, these mutants may have a survival advantage under suboptimal concentrations that can occur in some patients.<sup>38</sup> Secondly, based on laboratory mutants, it may be possible for some mutants to better survive high optimal concentrations. Such mutants might be a source for spores that contribute to endogenous recurrence. In the case of laboratory mutants, increased survival in vancomycin also correlated with reductions in autolysis. We speculate that loss of TrkA allowed laboratory mutants to switch from potassium to other osmoprotectants (e.g. amino acids and carbohydrates) that bacteria prefer to use for maintaining turgor pressure to prevent cell lysis.<sup>39–41</sup> These results suggest that *C. difficile* has the potential to acquire genetic changes that mediate survival in high concentrations of vancomycin. Interestingly, lower rates of autolysis in some VISA are also associated with survival in vancomycin concentrations  $\geq 32$ -fold higher than the MICs.<sup>17,18</sup> We propose that measurement of MBCs rather than MICs may be a better way to evaluate if reduced susceptibility to vancomycin in *C. difficile* increases the risk for recurrent CDI, following vancomycin therapy. However, animal efficacy and pharmacokinetic studies in CDI rodent models will be required, to support

our *in vitro* observations, to directly evaluate survival of resistant strains in colonic concentrations of vancomycin. The results of such animal experiments along with clinical epidemiological surveys will improve current limited understanding of the extent to which vancomycin-resistant *C. difficile* could influence treatment outcomes.

In conclusion, this study explored the genetic basis and survivability of vancomycin-resistant *C. difficile*, from an *in vitro* perspective, using a small sample set of laboratory mutants and clinical strains from two geographical locations. It suggests that further studies are needed to explore cell wall-associated metabolism in ribotype 027, as it appears that this organism may be evolving genetic changes in cell wall-associated genes (Table S3), for which the impact on its physiology and cell wall-active antibiotics is unknown. We also suggest that *C. difficile* with reduced susceptibility to vancomycin should not be ignored, as their increasing prevalence coupled with growing use of vancomycin may well provide a gateway for accumulation of mutations that produce higher-level resistance.

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## Transparency declarations

None to declare.

## Supplementary data

Supplementary data, including Tables S1 to S3 and Figures S1 to S4, are available at JAC Online.

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