

## ORIGINAL ARTICLE

## Allergen-Specific Immunotherapy and Biologics

# Alum impairs tolerogenic properties induced by allergoid-mannan conjugates inhibiting mTOR and metabolic reprogramming in human DCs

Cristina Benito-Villalvilla<sup>1</sup>  | Irene Soria<sup>2</sup> | Mario Pérez-Diego<sup>1</sup> |Enrique Fernández-Caldas<sup>2,3</sup>  | José Luis Subiza<sup>2</sup>  | Oscar Palomares<sup>1</sup> 

<sup>1</sup>Department of Biochemistry and Molecular Biology, School of Chemistry, Complutense University, Madrid, Spain

<sup>2</sup>Inmunotek, Alcalá de Henares, Madrid, Spain

<sup>3</sup>University of South Florida, College of Medicine, Tampa, FL, USA

## Correspondence

Oscar Palomares, Department of Biochemistry and Molecular Biology, School of Chemistry, Complutense University of Madrid, Avenida Complutense s/n, 28040 Madrid, Spain.

Email: oscar.palomares@quim.ucm.es

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## Abstract

**Background:** Polymerized allergoids conjugated to mannan (PM) are suitable vaccines for allergen-specific immunotherapy (AIT). Alum remains the most widely used adjuvant in AIT, but its way of action is not completely elucidated. The better understanding of the mechanisms underlying alum adjuvanticity could help to improve AIT vaccine formulations.

**Objective:** We sought to investigate the potential influence of alum in the tolerogenic properties imprinted by PM at the molecular level.

**Methods:** Flow cytometry, ELISAs, cocultures, intracellular staining and suppression assays were performed to assess alum and PM effects in human dendritic cells (DCs). BALB/c mice were immunized with PM alone or adsorbed to alum. Allergen-specific antibodies, splenocyte cytokine production and splenic forkhead box P3 (FOXP3)<sup>+</sup> regulatory T (Treg) cells were quantified. Metabolic and immune pathways were also studied in human DCs.

**Results:** Alum decreases PD-L1 expression and IL-10 production induced by PM in human DCs and increases pro-inflammatory cytokine production. Alum impairs PM-induced functional FOXP3<sup>+</sup> Treg cells and promotes Th1/Th2/Th17 responses. Subcutaneous immunization of mice with PM plus alum inhibits in vivo induction of Treg cells promoted by PM without altering the capacity to induce functional allergen-specific blocking antibodies. Alum inhibits mTOR activation and alters metabolic reprogramming by shifting glycolytic pathways and inhibiting reactive oxygen species (ROS) production in PM-activated DCs, impairing their capacity to generate functional Treg cells.

**Conclusion:** We uncover novel mechanisms by which alum impairs the tolerogenic properties induced by PM, which might well contribute to improve the formulation of novel vaccines for AIT.

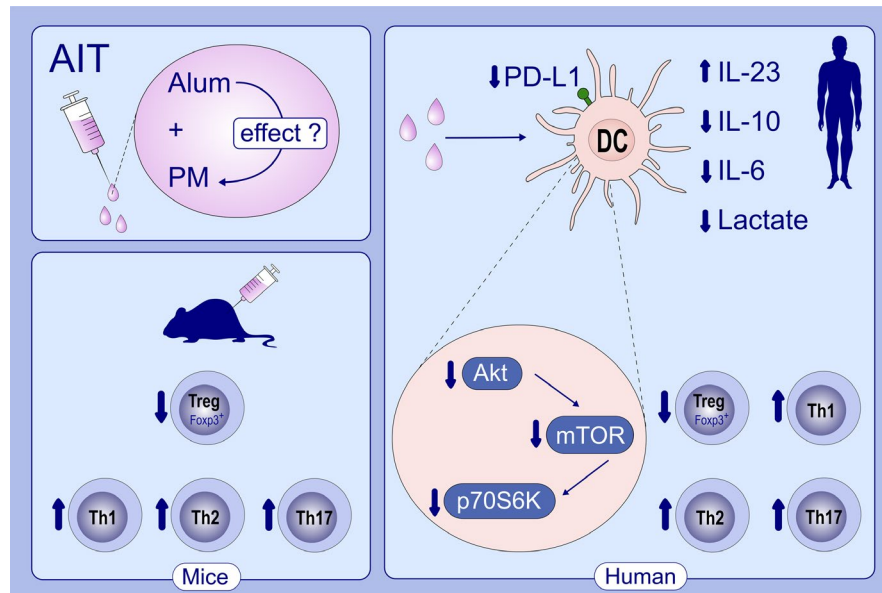
**Abbreviations:** 2-DG, 2-deoxy-D-glucose; AIT, allergen-specific immunotherapy; Alum, aluminium hydroxide; Breg, regulatory B; CLRs, C-type lectin receptors; DCs, dendritic cells; FOXP3, forkhead box P3; HmoDC, human monocyte-derived dendritic cell; mDC, myeloid dendritic cell; mTOR, mammalian target of rapamycin; N, native grass pollen extract; NAC, N-acetyl-L-Cysteine; OX40L, OX40 ligand; pDC, plasmacytoid dendritic cell; PD-L1, programmed death-ligand 1; PM, polymerized allergoids conjugated to mannan; PTEN, phosphatase and tensin homologue; ROS, reactive oxygen species; Treg, regulatory T;  $\Delta\psi$ , membrane potential.

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## KEYWORDS

allergen-specific immunotherapy, alum, dendritic cells, polymerized allergoids conjugated to mannan, regulatory T cells



## GRAPHICAL ABSTRACT

This study investigated the potential influence of alum in the tolerogenic properties imprinted by PM. Alum decreased expression of PD-L1 and production of IL-10, IL-6 and lactate, increased IL-23 release and inhibited mTOR activation in PM-activated DCs. Alum suppressed PM-induced functional FOXP3<sup>+</sup> Treg cells and promoted Th1/Th2/Th17 responses.

**Abbreviations:** Akt, protein kinase B; Alum, aluminium hydroxide; FOXP3, forkhead box P3; mTOR, mammalian target of rapamycin; P70S6K, 70 kDa ribosomal protein S6 kinase; PD-L1, programmed death ligand 1; PM, polymerized-allergoids conjugated to mannan; ROS, reactive oxygen species

## 1 | INTRODUCTION

Allergen-specific immunotherapy (AIT) is the only treatment with potential long-lasting disease-modifying effects for allergic diseases.<sup>1-3</sup> Successful AIT is associated with a very rapid desensitization of mast cells and basophils and with the inhibition of type 2 immune-mediated responses. Sustained tolerance after AIT discontinuation requires the generation and preservation of functional allergen-specific regulatory T (Treg) and B (Breg) cells as well as allergen-specific blocking antibodies.<sup>4-6</sup> Clinical trials and real-life practice demonstrated AIT as an effective treatment; however, it still faces several drawbacks regarding the long treatment duration, patient compliance, side effects or low efficacy for some patients.<sup>3,7,8</sup> Polymerized allergoids conjugated to mannan (PM) have been recently reported as next-generation vaccines targeting dendritic cells (DCs) that might well contribute to overcome such inconveniences.<sup>9-12</sup> PM are captured very efficiently by human DCs via mannose receptor and other C-type lectin receptors (CLRs). PM activates CLRs and promotes IL-10-producing tolerogenic DCs that generate functional forkhead box P3 (FOXP3)<sup>+</sup> Treg cells through programmed death-ligand 1 (PD-L1).<sup>9,10</sup> In mice, subcutaneous or sublingual immunization with PM increases

the frequency of splenic FOXP3<sup>+</sup> Treg cells and induces healthy immune responses to allergens.<sup>9,11,13</sup> All these beneficial effects depend on the structural integrity of the conjugated mannan.<sup>9,12-14</sup>

Aluminium hydroxide (alum) remains the most widely used adjuvant in AIT.<sup>15-17</sup> For long time, the main effects attributed to alum have been related to its depot effect leading to the slow release of the adsorbed allergens.<sup>15,18</sup> Alum also activates innate immune responses in DCs and macrophages. Alum induces the release of uric acid and double-stranded DNA, which activate NLRP3 inflammasome and IRF3 leading to the production of pro-inflammatory cytokines.<sup>19,20</sup> In addition, alum activates Syk-PI3k $\delta$  pathways and induces PGE2 production, which is involved in Th2 polarization.<sup>19,20</sup> However, the detailed molecular mechanisms driving alum adjuvanticity still remain largely unknown.<sup>15,18</sup>

Metabolic reprogramming in immune cells refers to the changes occurring after activation in the intracellular metabolic pathways that lead to functional regulation.<sup>21</sup> DCs' function is finely regulated by metabolic reprogramming in cooperation with immune pathways.<sup>22</sup> The change in metabolism towards glycolysis with high lactate production despite the availability of oxygen is known as the Warburg effect, which represents a key event in the

regulation of DCs' function.<sup>21,22</sup> Mammalian target of rapamycin (mTOR) is an important regulator of metabolic reprogramming, and its activation state is highly responsive to intracellular and extracellular signals.<sup>21,22</sup> How DCs simultaneously activated with alum and CLR ligands drive immune responses and the potential consequences of this cross-talk in metabolic reprogramming remains fully elusive.

The better understanding of the mechanisms involved in alum adjuvanticity might well contribute to improve vaccine formulations for AIT. Herein, we show for the first time that alum impairs the tolerogenic features imprinted by allergoids conjugated to mannan in human DCs. Alum inhibits PM-induced functional FOXP3<sup>+</sup> Treg cells and promotes Th1/Th2/Th17 responses. In vivo, subcutaneous immunization of mice with PM adsorbed to alum inhibits the healthy immune responses to allergens induced by PM alone. Alum shifts glycolytic pathways, inhibits mTOR activation and impairs reactive oxygen species (ROS) production in PM-activated DCs, thus inhibiting their capacity to generate functional Treg cells. Collectively, we uncover novel mechanisms by which alum impairs the tolerogenic properties induced by PM, which might well pave the way not only for the future rational design of novel AIT vaccines but also for other vaccine formulations.

## 2 | METHODS

### 2.1 | Material, media and reagents

For cell cultures, we used RPMI 1640 (Lonza) supplemented with 10% heat-inactivated foetal bovine serum, 100 µg/mL normocin (InvivoGen), 50 µg/mL penicillin-streptomycin, 1% nonessential amino acids, 1% MEM vitamins and 1 mmol/L sodium pyruvate (Life Technologies). Glutaraldehyde-polymerized grass pollen (*Phleum pratense*) allergoids conjugated to nonoxidized mannan (PM) and native grass pollen *P pratense* allergens (N) were provided by Immunotek SL. Aluminium hydroxide gel (Alhydrogel) was from InvivoGen. Inhibitors for mTOR (rapamycin) (InvivoGen), ROS (N-acetyl-cysteine (NAC)) or glycolysis (2-Deoxy-D-glucose (2-DG)) (Sigma-Aldrich) were used for the inhibition experiments.

### 2.2 | Cell cultures

Immature hmoDCs or human total blood DCs from healthy donors or allergic patients (10<sup>6</sup> cells per mL) were stimulated with medium (Ctrl -), alum (0.1 mg/mL), PM (50 µg/mL) or PM with alum for 18 hours. PM were adsorbed to alum with continuous stirring for 2 hours. Cell pellets were used to analyse their phenotype by flow cytometry and cell-free supernatants to quantify IL-6, IL-23, IL-12, IL-4 and IL-10 by ELISA. For inhibition experiments, hmoDCs were preincubated for 1 hour with 2-DG (10 mmo/L) or NAC (25 mmo/L), or for 30 minutes with rapamycin (100 nmo/L) (or corresponding vehicle controls) prior to activation. Then, the cells were stimulated with the stimulus for 18 hours in the presence of the corresponding inhibitors to quantify IL-10 by ELISA or PD-L1 by flow cytometry. Cell viability

was analysed in all the cases by trypan blue exclusion with a light microscope.

## 2.3 | Statistical analysis

In all experiments, data represent the mean ± SEM of the indicated parameters. Statistical differences were determined with the paired or unpaired Student *t* test using Prism software 6.0 (GraphPad Software). Significance is indicated in each figure.

All procedures used in this study are fully described in the Methods section in this article's Data S1.

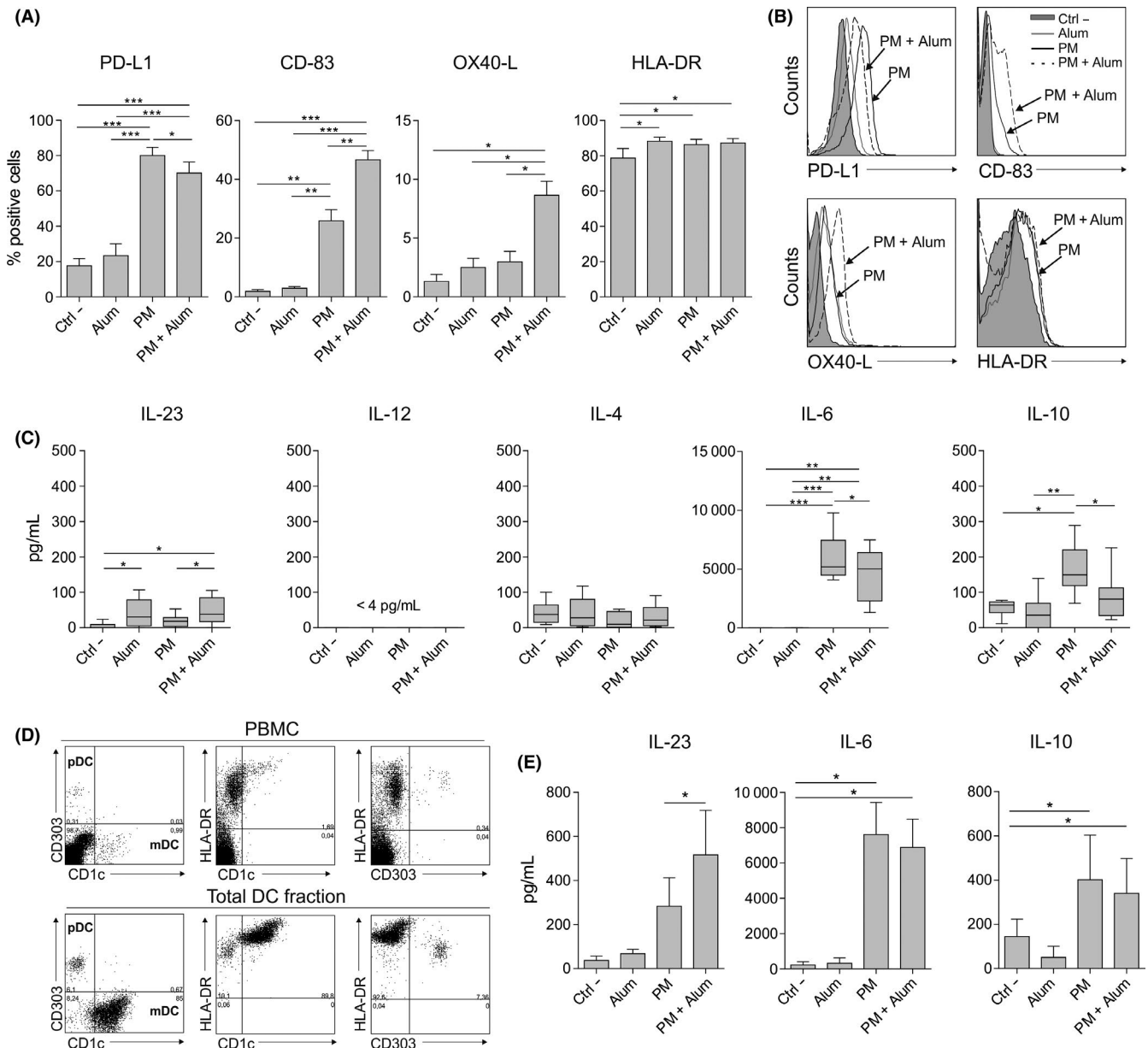
## 3 | RESULTS

### 3.1 | Alum impairs tolerogenic features imprinted by PM in human DCs

To analyse the impact of alum on the expression pattern of different surface molecules and cytokine production induced by PM in human DCs, we treated human monocyte-derived dendritic cells (hmoDCs) or an enriched fraction of total DCs with PM alone or with PM plus alum. The expression of the inhibitory molecule PD-L1 was significantly reduced in PM-stimulated hmoDCs in the presence of alum (Figure 1A). In contrast, alum significantly increased the expression of CD-83 and OX40 ligand (OX40-L), which are molecules associated with mature DCs and amplification of Th2 cell responses, respectively.<sup>23,24</sup> There were no significant differences in HLA-DR expression (Figure 1A). Representative histograms are displayed in Figure 1B. HmoDCs activated by PM in the presence of alum produced significantly higher levels of the pro-inflammatory cytokine IL-23 than PM-stimulated hmoDCs (Figure 1C). We did not detect IL-12 or significant differences in IL-4 production (Figure 1C). Alum significantly reduced the production of IL-6 and the anti-inflammatory cytokine IL-10 in PM-activated hmoDCs (Figure 1C). Remarkably, alum alone only induced significant production of IL-23 but not any of the other assayed cytokines. Next, we isolated an enriched fraction of human blood total DCs containing both plasmacytoid DCs (pDCs) and myeloid DCs (mDCs) (Figure 1D). Supporting our data in hmoDCs, alum significantly increases the production of IL-23 by PM-treated total blood DCs. IL-10 and IL-6 production also tends to decrease in the presence of alum in PM-activated total blood DCs (Figure 1E).

### 3.2 | Alum promotes Th1, Th2 and Th17 responses and decreases IL-10-producing T cells induction by PM-activated human DCs

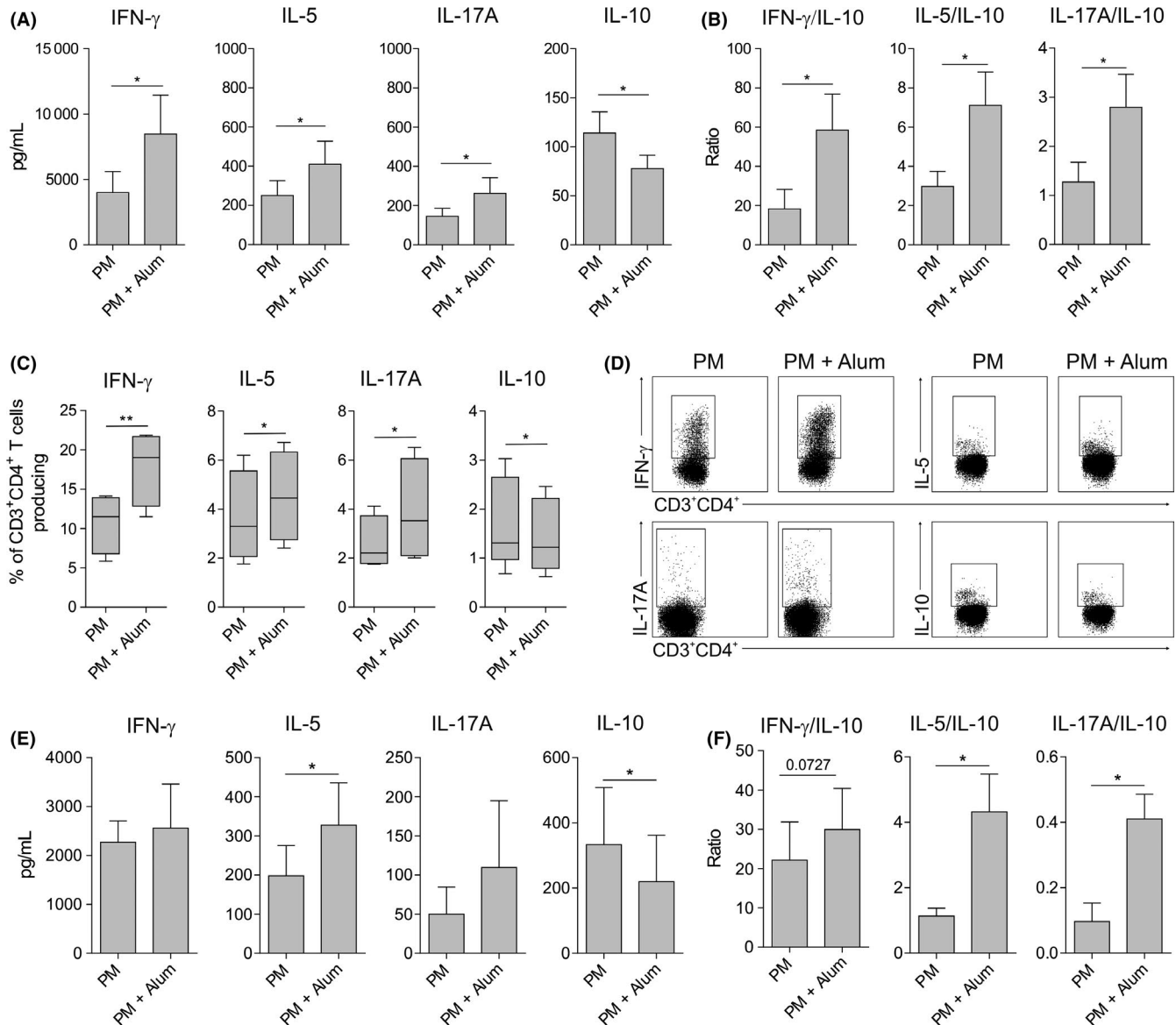
To determine the capacity of human DCs stimulated with PM in the presence of alum to polarize CD4<sup>+</sup> T-cell responses, we performed coculture experiments. HmoDCs activated with PM plus alum generated T cells producing higher levels of IFN-γ, IL-5 and IL-17A than hmoDCs stimulated with PM alone (Figure 2A). In contrast, PM-activated hmoDCs in the presence of alum generated T cells producing



**FIGURE 1** Alum alters the phenotype and function induced by PM in human DCs from healthy donors. A, Percentage of positive cells after stimulation of hmoDCs with medium (Ctrl -), alum, PM or PM with alum for 18 h (n = 5-7). B, Flow cytometry representative histograms. C, Cytokine production after stimulation of hmoDCs with the indicated stimulus for 18 h (n = 7). D, Representative dot plots for pDCs and mDCs in PBMCs and the enriched total DC fraction. E, Cytokine production after stimulation of total blood DCs with the indicated stimulus for 18 h (n = 6). Paired Student *t* test: \**P* < .05, \*\**P* < .01 and \*\*\**P* < .001

less IL-10 than PM-activated hmoDCs (Figure 2A). The IFN- $\gamma$ /IL-10, IL-5/IL-10 and IL-17A/IL-10 ratios were significantly higher when T cells were primed by hmoDCs activated with PM plus alum than with PM alone (Figure 2B). To verify these data at the single-cell level, we performed intracellular staining experiments. Primed CD4<sup>+</sup> T cells were restimulated with PMA/ionomycin in the presence of brefeldin A. Supporting our results, the percentages of IFN- $\gamma$ -, IL-5- and IL-17A-producing CD4<sup>+</sup> T cells generated by hmoDCs activated with PM in the presence of alum were significantly higher than with PM alone. The percentage of IL-10-producing CD4<sup>+</sup> T cells

was significantly decreased in the presence of alum (Figure 2C). Representative dot plots are displayed in Figure 2D. Coculture experiments using an enriched fraction of total blood DCs demonstrated that T cells primed by blood DCs activated with PM in the presence of alum produced higher amounts of IFN- $\gamma$ , IL-5 and IL-17A and significantly lower levels of IL-10 than T cells generated by total DCs activated with PM alone (Figure 2E). The IFN- $\gamma$ /IL-10, IL-5/IL-10 and IL-17A/IL-10 ratios were significantly increased in the presence of alum (Figure 2F). Similar results were obtained in longer cocultures performed during 10 days (data not shown).

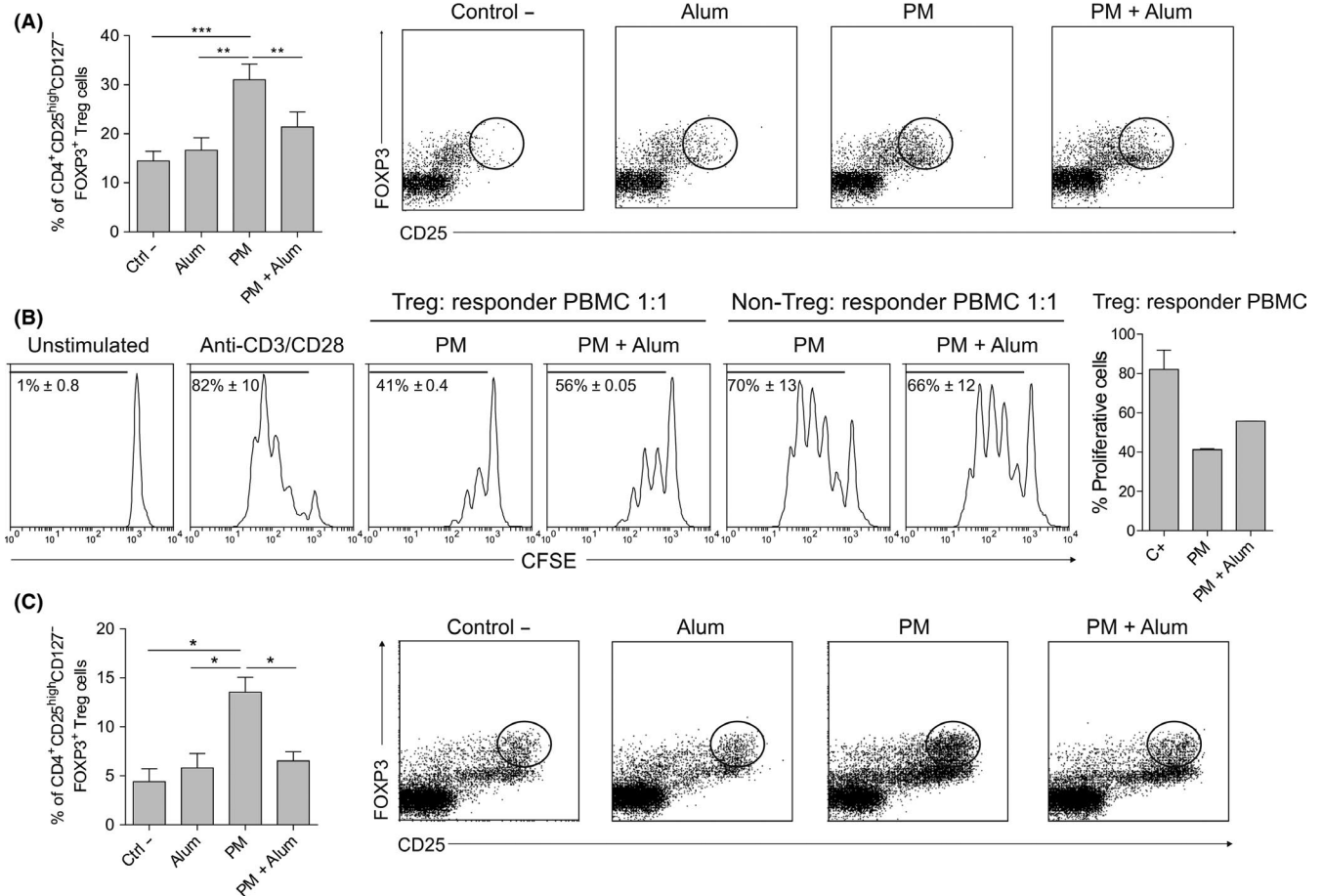


**FIGURE 2** Alum promotes the generation of Th1, Th2 and Th17 cells and impairs the induction of IL-10-producing T cells by PM. A and B, Cytokines (A) or cytokine ratios (B) produced by allogeneic naïve CD4<sup>+</sup> T cells primed by PM- or PM and alum-activated hmoDCs from healthy donors after 5 d (n = 6). C, After 5 d of coculture, primed T cells were washed and stimulated for 6 h with PMA/ionomycin in the presence of brefeldin A. Percentage of CD3<sup>+</sup>CD4<sup>+</sup> T cells producing the indicated cytokines after intracellular staining and flow cytometry analysis (n = 4). D, Representative dot plots for the intracellular staining after flow cytometry analysis. E and F, Cytokines (E) or cytokine ratios (F) produced by allogeneic naïve CD4<sup>+</sup> T cells primed by PM- or PM and alum-activated total blood DCs from healthy donors after 5 d (n = 5). Paired Student *t* test: \**P* < .05 and \*\**P* < .01

### 3.3 | Alum impairs the generation of functional FOXP3<sup>+</sup> Treg cells by PM-activated DCs

PM-treated hmoDCs induced significantly higher numbers of CD4<sup>+</sup>CD25<sup>high</sup>CD127<sup>+</sup>FOXP3<sup>+</sup> Treg cells than medium- or alum-treated hmoDCs. In the presence of alum, the number of FOXP3<sup>+</sup> Treg cells induced by PM-activated hmoDCs was significantly decreased (Figure 3A). For functional experiments, we sorted the generated Treg cells (CD4<sup>+</sup>CD25<sup>high</sup>CD127<sup>+</sup>) (Figure S1A). Purified Treg cells generated by PM-activated hmoDCs suppressed autologous

PBMCs in a dose-dependent manner (Figure S1B) and displayed a more potent suppression capacity than those generated in the presence of alum (Figure 3B). Purified non-Treg cells (CD4<sup>+</sup>CD25<sup>−</sup>CD127<sup>−</sup>) from both conditions showed no suppression capacity (Figure 3B). Interestingly, PM-activated total DCs also generated a large number of CD4<sup>+</sup>CD25<sup>high</sup>CD127<sup>+</sup>FOXP3<sup>+</sup> Treg cells, which was significantly reduced in the presence of alum, thus confirming the results obtained with hmoDCs (Figure 3C). We obtained the same results when hmoDCs from allergic patients were employed (Figure S2A). The cytokine signature of PBMCs from allergic patients and healthy donors



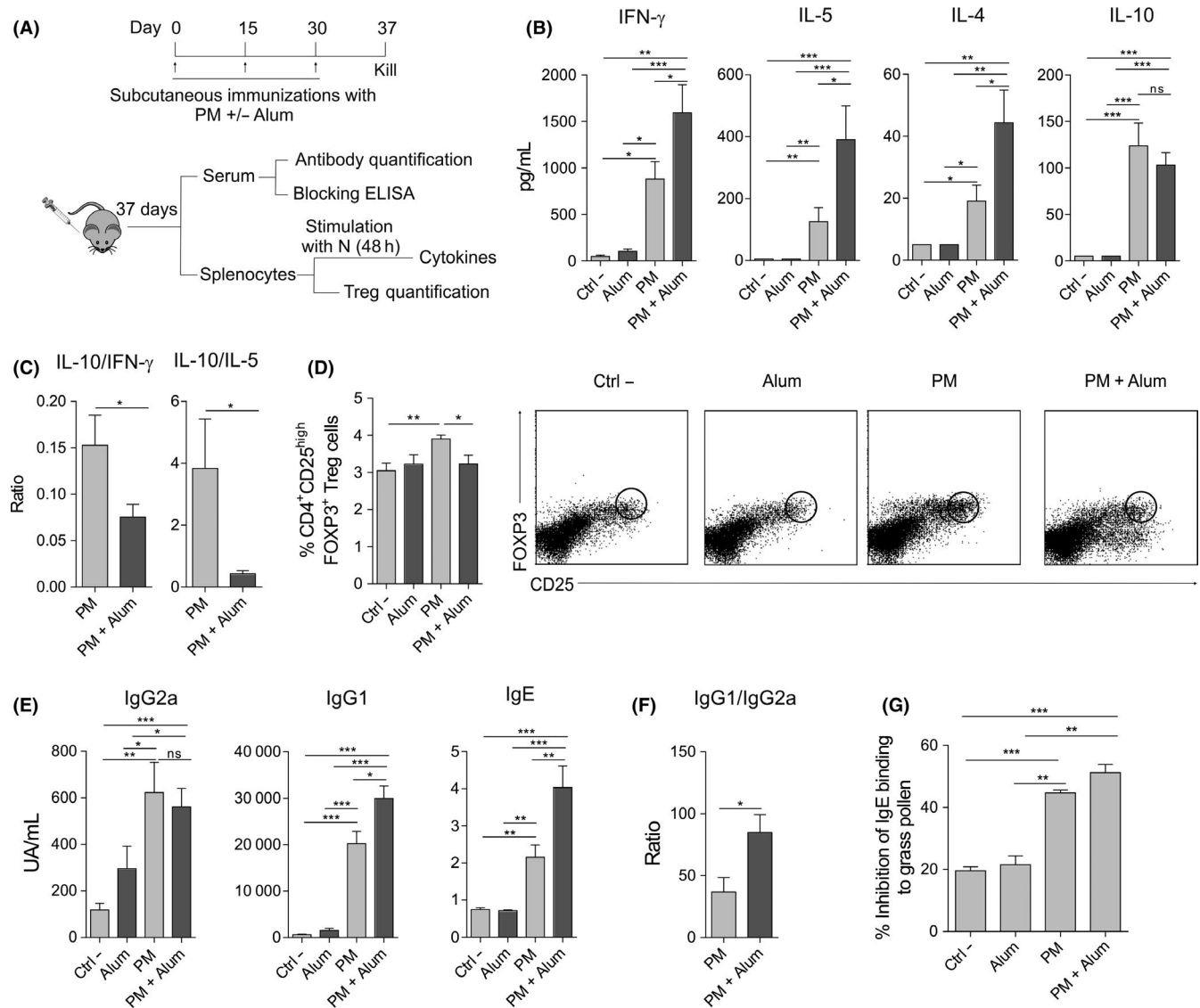
**FIGURE 3** Alum reduces PM-induced functional FOXP3<sup>+</sup> Treg cells. A, Percentage of induced CD4<sup>+</sup>CD25<sup>high</sup>CD127<sup>-</sup>FOXP3<sup>+</sup> Treg cells by allogeneic medium (Ctrl -), alum-, PM- or PM and alum-treated hmoDCs from healthy donors after 5 d (gating in lymphocytes, n = 9). B, Proliferation of CFSE-labelled PBMCs gated on CD4<sup>+</sup> T cells after 5 d of coculture with autologous purified FOXP3<sup>+</sup> Treg cells generated by allogeneic PM- or PM and alum-treated hmoDCs (ratio 1:1). The percentage of proliferating responder PBMCs stimulated with anti-CD3 and anti-CD28 for each condition at a 1:1 ratio is shown (n = 2). C, CD4<sup>+</sup>CD25<sup>high</sup>CD127<sup>-</sup>FOXP3<sup>+</sup> Treg cells generated by allogeneic medium (Ctrl -), alum-, PM- or PM and alum-treated total blood DCs after 5 d (gating in lymphocytes, n = 4). Paired Student t test: \*P < .05, \*\*P < .01 and \*\*\*P < .001

stimulated with PM alone or with PM in the presence of alum was also comparable and characterized by reduced IL-10 production and increased INF- $\gamma$ /IL-10 ratio in the presence of alum (Figure S2B,C). These results confirm our previous data showing that PM is able to induce similar responses in allergic patients and healthy donors.<sup>9</sup>

### 3.4 | Immunization of BALB/c mice with PM in the presence of alum impairs the healthy immune responses to allergens imprinted by PM

To assess the *in vivo* relevance of our findings, we immunized subcutaneously BALB/c mice with diluent (Ctrl -), alum, PM or PM plus alum, following the protocol showed in Figure 4A and analysed the indicated parameters. Splenocytes from mice immunized with PM plus alum produced significantly higher levels of IFN- $\gamma$ , IL-5 and IL-4 but less IL-10 after *in vitro* stimulation with native grass pollen extract (N) than those from mice immunized with PM alone (Figure 4B).

The ratios IL-10/IFN- $\gamma$  and IL-10/IL-5 were significantly lower in the presence of alum (Figure 4C). Interestingly, the percentage of splenic FOXP3<sup>+</sup> Treg cells was significantly higher in mice immunized with PM than diluent (Ctrl -), which was significantly impaired in the presence of alum (Figure 4D). The levels of serum IgG1 and IgE antibodies specific for native grass pollen allergens were higher in mice immunized with PM plus alum than in mice immunized only with PM, whereas the levels of IgG2a were not significantly different between these two groups (Figure 4E). The IgG1/IgG2a ratio was significantly higher in mice immunized with PM plus alum than with PM alone (Figure 4F). Next, we assessed the capacity of the antibodies generated in mice after each immunization to block patients' IgE binding to native grass pollen extract. Although the antibodies induced with PM in the presence of alum display a slight higher blocking activity than those generated by PM alone, significant differences were not observed, indicating that alum does not significantly enhance the capacity of PM to generate allergen-specific blocking antibodies.

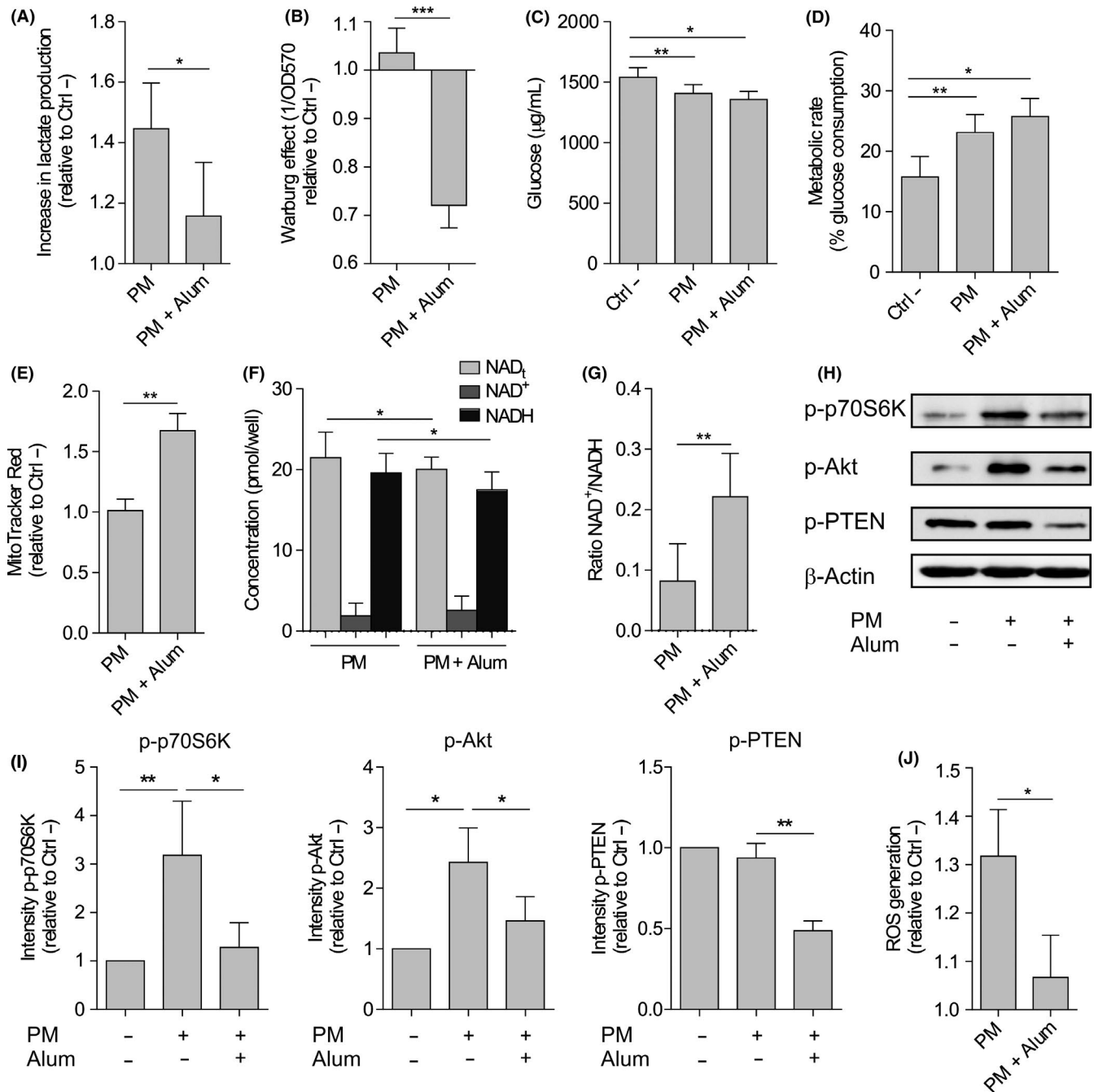


**FIGURE 4** Alum impairs in vivo tolerogenic properties induced by PM in BALB/c mice. A, Scheme of the subcutaneous immunization protocol and analysis of induced systemic responses. B and C, Cytokine production (B) or cytokine ratios (C) by splenocytes from mice immunized subcutaneously with diluent (Ctrl -), alum, PM or PM and alum, and stimulated in vitro with native grass pollen extract. D, Percentage of CD4<sup>+</sup>CD25<sup>high</sup>FOXP3<sup>+</sup> Treg cells in spleens of mice immunized with diluent (Ctrl -), alum, PM or PM and alum. Representative dot plots are shown. E and F, Serum grass pollen-specific antibodies (E) or ratio of serum grass pollen-specific IgG1/IgG2a (F) from mice immunized with diluent (Ctrl -), alum, PM or PM and alum. G, Inhibition of serum IgE binding to native grass pollen allergens by blocking antibodies from mice immunized with diluent (Ctrl -), alum, PM or PM and alum (mean  $\pm$  SEM of  $n = 5$  grass pollen allergic patients). For panels B-F, values are mean  $\pm$  SEM of 18 individual mice per condition of 3 independent experiments. Unpaired Student  $t$  test: \* $P < .05$ , \*\* $P < .01$  and \*\*\* $P < .001$

### 3.5 | Alum alters metabolic reprogramming induced by PM and inhibits mTOR activation in human DCs

We studied changes in the metabolic state of DCs activated with PM and how this could be influenced by the presence of alum. HmoDCs activated with PM increased the production of lactate (Warburg effect) compared with unstimulated hmoDCs, which was significantly reduced when hmoDCs were stimulated with PM plus alum (Figure 5A,B). The stimulation of hmoDCs with PM significantly increased the consumption of glucose from the culture medium (Figure 5C), thus significantly enhancing the

metabolic activity (Figure 5D). We did not detect significant differences in glucose consumption or metabolic rates when DCs were stimulated with PM in the presence of alum (Figure 5C,D), suggesting that alum did not alter glucose uptake but its final metabolic fate. To test whether PM alone or in combination with alum affect mitochondrial activity in hmoDCs, we monitored changes in mitochondrial membrane potential ( $\Delta\psi$ ) with MitoTracker Red CMXRos. The mitochondrial  $\Delta\psi$  was significantly increased by PM plus alum (Figure 5E), suggesting that alum has influence on the glucose metabolic fate by favouring mitochondrial oxidative phosphorylation. Further analysis of the

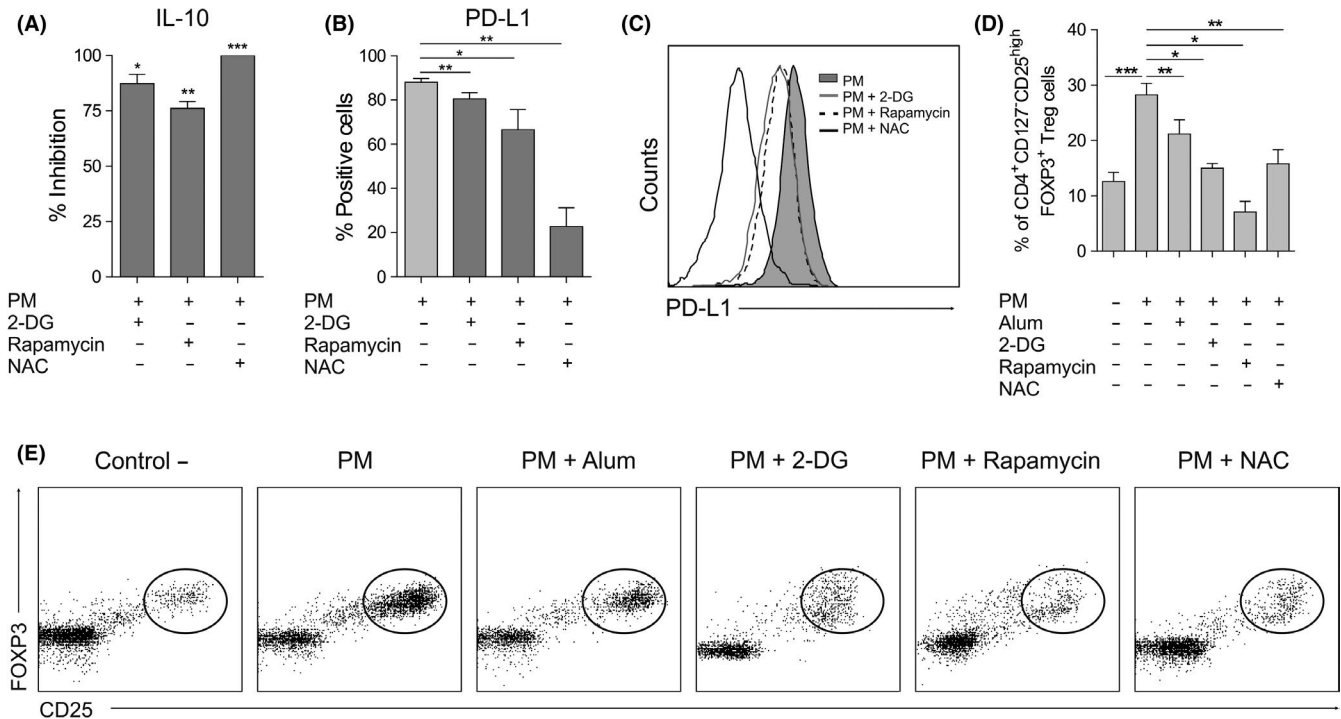


**FIGURE 5** Alum alters the metabolic reprogramming induced by PM in human DCs from healthy donors. A, Lactate content in cell-free supernatants from PM- or PM and alum-stimulated hmoDCs after 18 h relative to the unstimulated (Ctrl -) condition ( $n = 6$ ). B, Quantification of the induced Warburg effect relative to the unstimulated (Ctrl -) condition ( $n = 6$ ). C, Glucose consumption by stimulated DCs and (D) calculated metabolic rate ( $n = 6$ ). E, Fluorescence intensity of stimulated hmoDCs stained with MitoTracker Red ( $n = 5$ ). F, Cellular redox status analysed based on the determination of NAD<sup>t</sup>, NAD<sup>+</sup> and NADH levels (NAD<sup>t</sup>) ( $n = 5$ ). G, NAD<sup>+</sup>/NADH ratios. H, Western blot analysis of protein extracts from hmoDCs stimulated for 30 min in the indicated conditions, and one representative example out of 4 is shown. I, Quantification of the reactive phosphorylated bands by scanning densitometry (mean  $\pm$  SEM of  $n = 4$  independent experiments). J, Intracellular ROS quantification in hmoDCs after 18 h of stimulation with PM or PM and alum ( $n = 6$ ). Paired Student *t* test: \* $P < .05$ , \*\* $P < .01$  and \*\*\* $P < .001$

redox status showed that the NADH accumulation induced by PM in hmoDCs was significantly reduced in the presence of alum (Figure 5F). Consequently, the NAD<sup>+</sup>/NADH ratio was significantly higher in hmoDCs stimulated with PM plus alum than with PM alone (Figure 5G). Next, we studied the potential implication

of mTOR pathway in the observed effects as a key regulator of metabolic responses. PM induced the rapid activation of mTOR pathway in hmoDCs as determined by the phosphorylation of its downstream substrate p70S6 kinase (Thr389) and its upstream activator Akt (Ser473) (Figure 5H,I). The phosphorylation of both





**FIGURE 6** Influence of mTOR pathway, glycolysis and ROS production in the induction of human tolerogenic DCs by PM. A-C, IL-10 production (n = 6; A), percentage of hmoDCs expressing PD-L1 (n = 6; B) and flow cytometry representative histogram of PD-L1 expression (C) of hmoDCs after stimulation with PM for 18 h in the presence of 2-DG, NAC or rapamycin. D, CD4<sup>+</sup>CD25<sup>high</sup>CD127<sup>+</sup>FOXP3<sup>+</sup> Treg cells generated after 5 d by allogeneic hmoDCs stimulated in the indicated conditions (gating in lymphocytes, n = 5). E, Flow cytometry representative dot plots of the generated CD4<sup>+</sup>CD25<sup>high</sup>CD127<sup>+</sup>FOXP3<sup>+</sup> Treg cells under the indicated conditions. Paired Student t test: \*P < .05, \*\*P < .01 and \*\*\*P < .001

p70S6 kinase and Akt was inhibited when hmoDCs were activated by PM plus alum (Figure 5H,I), indicating that alum inhibits the PM-induced activation of mTOR. Supporting these data, alum also inhibited the phosphorylation of phosphate and tensin homologue (PTEN) (Ser380/Thr382/383), an inhibitor of mTOR signalling pathway that remains inactive while it is phosphorylated (Figure 5H,I). In addition to its role in glycolytic metabolism, previous studies showed a positive interplay between PI3K/Akt/mTOR signalling pathway and the regulation of ROS production.<sup>25</sup> PM treatment significantly increased ROS production in hmoDCs, which was significantly inhibited in the presence of alum (Figure 5J). Collectively, our results demonstrate that alum impairs the PM-induced activation of mTOR and metabolic reprogramming in hmoDCs.

### 3.6 | Glycolytic metabolism, mTOR activation and ROS production contribute to the tolerogenic properties imprinted by PM in hmoDCs that are impaired by alum

The inhibition of glycolysis with 2-DG, mTOR with rapamycin and ROS activity with NAC in PM-activated hmoDCs significantly suppressed the production of the anti-inflammatory cytokine IL-10 (Figure 6A). Similarly, the inhibition of glycolysis, mTOR and ROS activity significantly decreased the expression of PD-L1 in

PM-activated hmoDCs (Figure 6B). Representative histograms of PD-L1 expression in PM-activated hmoDCs under the different conditions are displayed (Figure 6C). To assess the relevance of these findings in the generation of FOXP3<sup>+</sup> Treg cells by PM, we performed coculture experiments with PM-activated hmoDCs in the presence of the different inhibitors. As expected by the previous experiments, alum significantly reduced the frequency of PM-induced FOXP3<sup>+</sup> Treg cells (Figure 6D). Similarly, inhibition of glycolysis with 2-DG, mTOR with rapamycin and ROS activity with NAC in PM-activated hmoDCs significantly reduced the percentage of induced FOXP3<sup>+</sup> Treg cells (Figure 6D,E). These data suggest that (i) these pathways contribute to the induction of FOXP3<sup>+</sup> Treg cells by PM-activated DCs and (ii) alum impairs such induction through its inhibitory effect on these signalling pathways.

## 4 | DISCUSSION

In this study, we show that alum impairs the tolerogenic properties imprinted by allergoids conjugated to nonoxidized mannan. Alum decreases the expression of PD-L1 and IL-10 production in PM-activated human DCs, reducing their capacity to generate functional FOXP3<sup>+</sup> Treg cells. Mechanistically, we demonstrated that alum inhibits mTOR activation, shifts glycolysis metabolism and reduces

ROS production in human PM-activated DCs, thus impairing the tolerogenic properties promoted by PM. Subcutaneous immunizations of mice with PM adsorbed to alum induces a shift to allergic responses and impairs the induction of splenic FOXP3<sup>+</sup> Treg cells supporting the *in vitro* results with human cells. Remarkably, alum did not alter the capacity of PM to produce IgG-blocking antibodies with similar functional activity than those generated by PM in the absence of alum. Overall, our data point against the use of alum in order to preserve the tolerogenic properties imprinted by allergoids conjugated to mannan in DCs. This should be also taken into account when considering novel vaccination approaches aimed to induce tolerogenic DCs,<sup>26,27</sup> especially when the mTOR pathway is involved in such effects.<sup>28</sup> This might be also relevance for those vaccines based on triggering trained immunity, in which the Akt/mTOR activation is essential.<sup>29,30</sup>

This is a paradigmatic study revealing the importance of the better understanding of the molecular mechanisms driving alum adjuvant activity in the context of allergy, especially in humans, to continue improving allergen vaccine formulations for AIT. Allergoid-mannan conjugates represent a major development in the search of novel vaccine approaches to improve AIT,<sup>6,9-11</sup> and Alum was introduced as a vaccine adjuvant in 1926 by Glenny *et al*,<sup>31</sup> and since 1937, it is used in AIT. Although there are different adjuvant preparations that can be used in AIT as immunostimulants (ie, mineral salts or TLR-targeting adjuvants) or delivery systems (ie, different types of micro- and nanoparticles),<sup>11</sup> nowadays most of the subcutaneous vaccines for AIT include alum as adjuvant.<sup>15</sup> Although it is considered safe in terms of acute local or systemic effects,<sup>18</sup> the molecular mechanisms driving alum adjuvant activity are not completely understood.<sup>20</sup> Alum polarizes responses into Th2 cells in mice, whereas in humans there is still controversy.<sup>32-34</sup> Recent findings showed that alum can also activate innate immune responses in DCs and macrophages.<sup>19,20</sup> Here, we performed a comprehensive immunologic study of the potential influence of alum in the tolerogenic effects imprinted by PM targeting CLR in DCs.<sup>9</sup> Alum significantly decreases the production of IL-10 and PD-L1 expression in human PM-activated DCs, which are molecules involved in the generation of functional Treg cells.<sup>35,36</sup> In contrast, the OX40-L expression, a molecule favouring Th2 polarization,<sup>37,38</sup> is significantly increased in the presence of alum. At the T-cell level, we showed that in humans, alum (in the presence of PM) not only promotes Th2 responses but also a broad pro-inflammatory profile, with Th1 and Th17 cells being also enhanced, whereas inhibiting the generation of functional FOXP3<sup>+</sup> Treg cells. Up to now, no data showing cross-talk between CLR- and alum-mediated signalling pathways have been reported. Alum is sensed by membrane lipids on DCs inducing activation in a receptor-independent manner that is mediated by the Syk-PI3K pathway.<sup>20,39</sup> PM trigger CLR such as Syk-coupled Dectin-2 or DC-SIGN, both involved in PD-L1 expression and cytokine signature in human PM-activated DCs.<sup>9</sup> Our data clearly suggest that alum interferes with the CLR-mediated signalling pathways activated by PM in DCs.

Metabolic reprogramming plays a very important role in the control of DCs' function by regulating tolerogenicity vs. immunogenicity.<sup>21,22</sup>

mTOR is a central regulator of cell metabolism, growth, proliferation and survival.<sup>40,41</sup> To gain insight into potential novel molecular mechanisms involved in the observed effects, we studied metabolic changes induced by PM in DCs and how alum could interfere on them. PM rapidly activates mTOR signalling pathway and PM-activated DCs display a high rate of glycolysis and lactic acid fermentation (Warburg effect),<sup>40,42</sup> features that were impaired by alum. Increased mTOR pathway activity is correlated with enhanced glycolysis, which appears to be associated with the generation of peripherally induced Treg cells.<sup>21</sup> Lactate has been also shown to enhance IL-10 production in macrophages and DCs.<sup>43</sup> It is well-recognized that TLR activation in DCs and macrophages induces a glycolytic burst,<sup>44,45</sup> but data for CLR are mostly limited to Dectin-1 activated by  $\beta$ -glucan.<sup>29</sup> We demonstrate that mTOR activation is implicated in the induction of IL-10 and PD-L1 in human PM-activated DCs. Schülke *et al* also described that in mDCs activated by the fusion protein rFlaA:Betv1, mTOR regulates IL-10 production.<sup>28</sup> Similarly, the expression of PD-L1, a key molecule for the induction of functional FOXP3<sup>+</sup> Treg cells,<sup>36,46,47</sup> has been shown to be regulated by mTOR in DCs.<sup>48</sup> Herein, we show that the inhibition of PM-induced mTOR signalling and the reduction in PD-L1 expression in DCs by alum correlate with a reduction on the generation of FOXP3<sup>+</sup> Treg cells. Supporting this view, SH2 domain-containing inositol 5'-phosphatase (SHIP)-deficient mice, in which the Akt/mTOR pathway is upregulated on myeloid cells,<sup>49</sup> show a remarkable increase in FOXP3<sup>+</sup> Treg cells.<sup>50</sup>

Tolerogenic DCs display enhanced glycolytic capacity and ROS production with respect to mature pro-inflammatory DCs.<sup>51</sup> PM significantly increases intracellular ROS in human DCs, which were inhibited by alum. Recently, D-mannose treatment increased ROS production in T cells compared with TCR stimulation alone.<sup>52</sup> In line with our results, blockade of ROS activity by NAC significantly reduced numbers of D-mannose-induced Treg cells.<sup>52</sup> Although ROS have been considered toxic products of cellular metabolism, increasing evidence supports the idea that low amounts of ROS are positive contributors to normal signalling pathways.<sup>42,53</sup> Previous studies demonstrated that ROS further activates Akt/mTOR pathway, enabling optimal T-cell proliferation and glycolysis.<sup>53-55</sup> Therefore, our results confirm that the inhibition of ROS production and the blockade of mTOR signalling by alum in PM-activated DCs represent novel mechanisms by which this adjuvant impairs the induction of Treg cells.

Interestingly, mice immunized with PM in the presence of alum display significantly lower numbers of splenic FOXP3<sup>+</sup> Treg cells and higher IFN- $\gamma$ , IL-5 and IL-4 levels than mice immunized only with PM. The ratio of serum IgG1/IgG2a is significantly higher in mice immunized with PM plus alum, indicating that alum also impairs *in vivo* tolerogenic responses to PM. Remarkably, alum did not enhance the capacity of PM to induce allergen-specific antibodies with blocking activity, indicating that the absence of alum in PM vaccine formulations would not significantly modify this feature.

In conclusion, this study provides novel insights into molecular pathways that might be affected by alum as adjuvant in AIT. We uncover novel molecular mechanisms involving mTOR, glycolysis and ROS production by which alum interferes with CLR-mediated signalling pathways activated by polymerized allergoids conjugated

to nonoxidized mannan in human DCs, thus impairing the imprinted tolerogenic properties. This study demonstrates the importance of understanding the influence of adjuvants such as alum in novel vaccine formulations for AIT. Future studies on how other approved adjuvants for AIT might influence the tolerogenic features imprinted by allergoids conjugated to mannan could also contribute to provide novel mechanistic insights into their way of action. Finally, our findings might well go beyond AIT formulations and could be also relevant for other types of vaccines such as those promoting innate trained immunity, in which mTOR activation and metabolic reprogramming represent key mechanistic events in their mode of action.

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## CONFLICTS OF INTEREST

OP has received payment for lectures and participation in Advisory Boards from Allergy Therapeutics, Amgen, AstraZeneca, Inmunotek SL, Novartis, Sanofi Genzyme and Stallergenes. OP has received research grants from Inmunotek SL and Novartis SL. JLS is the founder and CEO of Inmunotek SL. EF-C. is a shareholder and employee of Inmunotek SL. IS is an employee of Inmunotek. The rest of the authors declare no competing financial interests.

## AUTHOR CONTRIBUTIONS

OP and JLS conceived and designed the study. C. B.-V. (human experiments), IS (mice experiments) and M. P.-D. (technical support for human experiments) performed the experiments. E. F.-C., JLS and O.P provided reagents. C. B.-V., IS, M. P.-D., EF-C., JLS and O.P analysed and discussed the data. OP and C. B.-V wrote the paper. All the authors read and approved the final version of the manuscript.

## ORCID

Cristina Benito-Villalvilla  <https://orcid.org/0000-0002-5544-0199>

Enrique Fernández-Caldas  <https://orcid.org/0000-0001-5873-6932>

José Luis Subiza  <https://orcid.org/0000-0002-0134-5321>

Oscar Palomares  <https://orcid.org/0000-0003-4516-0369>

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