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[Overview of Reviews]

# Dressings for treating foot ulcers in people with diabetes: an overview of systematic reviews

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#### **ABSTRACT**

#### **Background**

Foot ulcers in people with diabetes mellitus are a common and serious global health issue. Dressings form a key part of ulcer treatment, with clinicians and patients having many different types to choose from. A clear and current overview of current evidence is required to facilitate decision-making regarding dressing use.

### **Objectives**

To summarize data from systematic reviews of randomised controlled trial evidence on the effectiveness of dressings for healing foot ulcers in people with diabetes mellitus (DM).

#### Methods

We searched the following databases for relevant systematic reviews and associated analyses: the Cochrane Central Register of Controlled Trials (CENTRAL; *The Cochrane Library* 2015, Issue 2); Database of Abstracts of Reviews of Effects (DARE; *The Cochrane Library* 2015, Issue 1); Ovid MEDLINE (In-Process & Other Non-Indexed Citations, 14 April 2015); Ovid EMBASE (1980 to 14 April 2015). We also handsearched the Cochrane Wounds Group list of reviews. Two review authors independently performed study selection, risk of bias assessment and data extraction. Complete wound healing was the primary outcome assessed; secondary outcomes included health-related quality of life, adverse events, resource use and dressing performance.

### Main results

We found 13 eligible systematic reviews relevant to this overview that contained a total of 17 relevant RCTs. One review reported the results of a network meta-analysis and so presented information on indirect, as well as direct, treatment effects. Collectively the reviews reported findings for 11 different comparisons supported by direct data and 26 comparisons supported by indirect data only. Only four comparisons informed by direct data found evidence of a difference in wound healing between dressing types, but the evidence was assessed as being of low or very low quality (in one case data could not be located and checked). There was also no robust evidence of a difference between dressing types for any secondary outcomes assessed.

## **Authors' conclusions**

There is currently no robust evidence for differences between wound dressings for any outcome in foot ulcers in people with diabetes (treated in any setting). Practitioners may want to consider the unit cost of dressings, their management properties and patient preference when choosing dressings.



#### PLAIN LANGUAGE SUMMARY

#### Dressings to treat foot ulcers in people with diabetes

## **Background**

Diabetes mellitus (generally known as 'diabetes'), when untreated, causes a rise in the sugar (glucose) levels in the blood. It is a serious health issue that affects millions of people around the world (e.g., almost two million people in the UK and 24 million people in the USA). Foot ulcers are a common problem for people with diabetes; at least 15% of people with diabetes have foot ulcers at some time during their lives. Wound dressings are used extensively in the care of these ulcers. There are many different types of dressings available, from basic wound contact dressings to more advanced gels, films, and specialist dressings that may be saturated with ingredients that exhibit particular properties (e.g. antimicrobial activity). Given this wide choice, a clear and up-to-date overview of the available research evidence is needed to help clinicians/practitioners to decide which type of dressing to use.

#### **Review question**

What is the evidence that the type of wound dressing used for foot ulcers in people with diabetes affects healing?

#### What we found

This overview drew together and summarised evidence from 13 systematic reviews that contained 17 relevant randomised controlled trials (the best type of study for this type of question) published up to 2013. Collectively, these trials compared 10 different types of wound dressings against each other, making a total of 37 separate comparisons. The different ways in which dressing types were compared made it difficult to combine and analyse the results. Only four of the comparisons informed by direct data found evidence of a difference in ulcer healing between dressings, but these results were classed as low quality evidence.

There was no clear evidence that any of the 'advanced' wound dressings types were any better than basic wound contact dressings for healing foot ulcers. The overview findings were restricted by the small amount of information available (a limited number of trials involving small numbers of participants).

Until there is a clear answer about which type of dressing performs best for healing foot ulcers in people with diabetes, other factors, such as clinical management of the wound, cost, and patient preference and comfort, should influence the choice of dressing.

This plain language summary is up-to-date as of April 2015.



#### BACKGROUND

Also see Glossary (Appendix 1).

## **Description of the condition**

Diabetes mellitus (DM; high glucose levels in the blood) is a common condition that affects 1.8 million people in the UK (approximately 3% of the population) and 24 million in the USA. Incidence of DM is projected to increase rapidly over the next 25 years (WHO 2005). Global projections suggest that the worldwide prevalence of DM could rise to 4.4% by 2030, which would mean that approximately 366 million people would be affected (Wild 2004).

Success in treating DM has improved the life expectancy of patients. However, the increased prevalence of DM, coupled with the extended time people now live with the disease, has led to increased numbers of DM-related complications, such as neuropathy (nerve damage) and peripheral arterial disease (PAD).

Both PAD and neuropathy are risk factors for the development of chronic foot ulceration in people with DM (Pecoraro 1990; Reiber 1999), as are other physical issues such as joint deformity (Abbott 2002). PAD and neuropathy can occur separately (ischaemic foot and neuropathic foot, respectively), or in combination (in the neuroischaemic foot). Foot ulceration is reported to affect 15% or more of the diabetic population at some time in their lives (Reiber 1996; Singh 2005). Estimates from UK surveys indicate that around 1% to 4% of people with DM have foot ulcers at any given time (Abbott 2002; Kumar 1994). In 2008, the prevalence of having at least one foot ulcer was 8% amongst people with DM receiving Medicare in the USA (Margolis 2011).

An ulcer forms as a result of damage to the epidermis (skin) and subsequent loss of underlying tissue. Specifically, the International Consensus on the Diabetic Foot defines a foot ulcer as a wound that extends through the full thickness of the skin below the level of the ankle (Apelqvist 2000a). This is irrespective of duration (although some definitions of chronic ulceration require a duration of six weeks or more), and the ulcer can extend to muscle, tendon and bone. Foot ulcers in people with DM can be graded for severity using a number of systems. The Wagner wound classification system was one of the first described, and has, historically, been widely used, although it is now rarely used in clinical practice (Wagner 1981). The system assesses ulcer depth and the presence of osteomyelitis (bone infection) or ischemia and infection and grades them as: grade 0 (pre- or post-ulcerative lesion); grade 1 (partial/full-thickness ulcer); grade 2 (probing to tendon or capsule); grade 3 (deep with osteitis (bone inflammation)); grade 4 (partial foot gangrene); and grade 5 (whole foot gangrene). Newer grading systems, such as the PEDIS system (Schaper 2004), the University of Texas Wound Classification System and SINBAD (Ince 2008; Oyibo 2001), have been developed, with variable validation (Karthikesalingam 2010).

Foot ulcers in people with DM have a serious impact on their health-related quality of life (Nabuurs-Franssen 2005; Ribu 2006), and treating people with DM and foot ulcers incurs costs to the health system - not only for dressings applied, but also for staff (for podiatry, nurses, doctors), tests and investigations, antibiotics and specialist footwear. Twelve years ago the cost of diabetic foot ulceration to the UK National Health Service was believed to be

about GBP 12.9 million annually (Lewis 2013); this figure will have increased significantly since. The economic impact is also high in terms of the personal costs to patients and carers, and includes costs associated with lost work time and productivity while the patient is non-weight bearing (taking weight off the affected foot), or hospitalised. As many as 85% of foot-related amputations are preceded by ulceration (Apelqvist 2000b; Pecoraro 1990).

In terms of ulcer healing, a meta-analysis of trials in which people with neuropathic foot ulcers received good wound care reported that 24% of ulcers attained complete healing by 12 weeks and 31% by 20 weeks (Margolis 1999). Reasons for delayed healing might include: infection (especially osteomyelitis), co-morbidities and the size and depth of ulcer at presentation. Even when ulcers do heal, the risk of ulcer recurrence is high. Pound 2005 reported that 62% of ulcer patients (n = 231) became ulcer-free at some stage over a 31month observation period. However, 40% of the ulcer-free group went on to develop a new or recurrent ulcer after a median period of 126 days. The ulcer recurrence rate over five years can be as high as 70% (Dorresteijn 2010; Van Gils 1999). Failure of ulcers to heal may result in amputation, and people with DM have a 10- to 20-fold higher risk of losing a lower limb, or part of a lower limb, due to nontraumatic amputation than those without DM (Morris 1998; Wrobel 2001).

## **Description of the interventions**

The treatment of foot ulcers in people with DM comprises several strategies, some of which may be used concurrently. These include: pressure relief (i.e. off-loading - taking weight off the affected foot); wearing special footwear, or shoe inserts, that are designed to redistribute load on the surface of the foot; removal of dead cellular material from the surface of the wound (debridement or desloughing); infection control; and the use of wound dressings. Other general treatment strategies include: patient education (e.g. in relation to foot care, or other aspects of self-management); optimisation of blood glucose control; correction (where possible) of arterial insufficiency, for example with arterial reconstruction surgery; and other surgical interventions such as debridement, drainage of pus and amputation.

Dressings are widely used in wound care, both to protect the wound and to promote healing. Classification of a dressing normally depends on the key material used. Several attributes of an ideal wound dressing have been described (BNF 2014), including:

- 1. the ability of the dressing to absorb and contain exudate without leakage or strike-through;
- 2. lack of particulate contaminants left in the wound by the dressing;
- 3. thermal insulation;
- 4. impermeability to water and bacteria;
- 5. avoidance of wound trauma on dressing removal;
- 6. frequency with which the dressing needs to be changed (less frequent dressing changes seen as positive);
- 7. provision of pain relief; and
- 8. comfort.

There is a vast choice of dressings available to treat chronic wounds like foot ulcers in people with DM. For ease of comparison this review has categorised dressings according to the British National Formulary 2010 (BNF 2014), which is freely available via the



Internet. We will use 'generic' names where possible, also providing UK trade names and manufacturers, where these are available, to allow cross-reference with the BNF. However, it is important to note that the way dressings are categorised, as well as dressing names, manufacturers and distributors of dressings may vary from country to country, so these are provided as a guide only. A description of all categories of dressings is given below and brief summaries of key terms, including dressing types can be found in the glossary (Appendix 1).

#### 1. Basic wound contact dressings

#### Low-adherence dressings and wound contact materials

Low-adherence dressings and wound contact materials usually consist of cotton pads that are placed directly in contact with the wound. These can be non-medicated (e.g. paraffin gauze dressing), or medicated (e.g. containing povidone iodine or chlorhexidine). Examples include paraffin gauze dressing, BP 1993 and Xeroform® (Covidien) dressing (a non-adherent petrolatum blend with 3% bismuth tribromophenate on fine mesh gauze).

### Absorbent dressings

Absorbent dressings are applied directly to the wound, and may be used as secondary absorbent layers in the management of heavily exuding wounds. Examples include Primapore® (Smith & Nephew), Mepore® (Mölnlycke) and absorbent cotton gauze (BP 1988).

## 2. Advanced wound dressings

#### Alginate dressings

Alginate dressings are highly absorbent and come in the form of calcium alginate or calcium sodium alginate, which can be combined with collagen. Alginates form a gel when in contact with the wound surface; this can be lifted off when the dressing is removed, or rinsed away with sterile saline. Bonding the alginate to a secondary viscose pad increases absorbency. Examples include: Curasorb (Covidien), SeaSorb (Coloplast) and Sorbsan (Unomedical).

## **Hydrogel dressings**

Hydrogel dressings consist of cross-linked insoluable polymers (i.e. starch or carboxymethylcellulose) and up to 96% water. These dressings are designed to absorb wound exudate, or rehydrate a wound, depending on the wound moisture levels. They are supplied in flat sheets, as an amorphous hydrogel, or as beads. Examples include: ActiformCool® (Activa) and Aquaflo® (Covidien).

## Films (permeable film and membrane dressings)

Films (permeable film and membrane dressings) are permeable to water vapour and oxygen, but not to water or micro-organisms. Examples include Tegaderm® (3M) and Opsite® (Smith & Nephew).

## Soft polymer dressings

Soft polymer dressings are composed of a soft silicone polymer held in a non-adherent layer, and are moderately absorbent. Examples include: Mepitel® (Mölnlycke) and Urgotul® (Urgo).

#### Hydrocolloid dressings

Hydrocolloid dressings are occlusive and usually composed of a hydrocolloid matrix bonded onto a vapour-permeable film or foam

backing. When in contact with the wound surface this matrix forms a gel to provide a moist environment for the wound. Examples include: Granuflex® (ConvaTec) and NU DERM® (Systagenix). Fibrous alternatives have been developed that resemble alginates and are not occlusive, but which are more absorbant than standard hydrocolloid dressings, for example, Aquacel® (ConvaTec).

#### Foam dressinas

Foam dressings contain hydrophilic polyurethane foam and are designed to absorb wound exudate and maintain a moist wound surface. These are available in a variety of versions: some include additional absorbent materials, such as viscose and acrylate fibres or particles of superabsorbent polyacrylate, while others are silicone-coated for non-traumatic removal. Examples include: Allevyn® (Smith & Nephew), Biatain® (Coloplast) and Tegaderm® (3M).

#### **Capillary-action dressings**

Capillary-action dressings consist of an absorbent core of hydrophilic fibres held between two low-adherent contact layers. Examples include: Advadraw® (Advancis) and Vacutx® (Protex).

#### **Odour-absorbent dressings**

Odour-absorbent dressings contain charcoal and are used to absorb wound odour. Often these types of wound dressings are used in conjunction with a secondary dressing to improve absorbency. An example of an odour-absorbent dressing is CarboFLEX® (ConvaTec).

## 3. Anti-microbial dressings

### Honey-impregnated dressings

Honey-impregnated dressings contain medical-grade honey, which is proposed to have antimicrobial and anti-inflammatory properties and can be used for acute or chronic wounds. Examples include: Medihoney® (Medihoney) and Activon Tulle® (Advancis).

### **Iodine-impregnated dressings**

Iodine-impregnated dressings release free iodine when exposed to wound exudate. The free iodine is thought to act as a wound antiseptic. Examples include Iodoflex® (Smith & Nephew) and Iodozyme® (Insense).

## Silver-impregnated dressings

Silver-impregnated dressings are used to treat infected wounds, as silver ions are thought to have antimicrobial properties. Silver versions of most dressing types are available (e.g. silver foam, silver hydrocolloid, etc). Examples include: Acticoat® (Smith & Nephew) and Urgosorb Silver® (Urgo).

## Other antimicrobial dressings

Other antimicrobial dressings are composed of a dressing impregnated with an ointment thought to have antimicrobial properties. Examples include: chlorhexidine gauze dressing (Smith & Nephew), Cutimed Sorbact® (BSN Medical), and a dressing impregnated with the anti-microbial polyhexamethylene biguanide (PHMB).



### 4. Specialist dressings

#### Protease-modulating matrix dressings

Protease-modulating matrix dressings alter the activity of proteolytic (protein-digesting) enzymes in chronic wounds. Examples include: Promogran® (Systagenix) and Sorbion® (H & R).

It is difficult to make an evidence-informed decision of the best treatment regimen for patients, given the diversity of dressings available to clinicians (including variation within each type listed above). In a UK survey performed to determine treatments used for debriding diabetic foot ulcers, a wide range of treatments was reported (Smith 2003), and it is possible that a similar scenario is true for choice of dressing. A survey of Diabetes Specialist Nurses found that low/non-adherent dressings, hydrocolloids and alginate dressings were the most popular for all wound types, despite a paucity of evidence for any of these dressing types (Fiskin 1996). However, several new, heavily-promoted types of dressing have become available in recent years. Some dressings now have 'active' ingredients, such as silver, that are promoted as options to reduce infection, and thus possibly promote healing. As increasingly sophisticated technology is applied to wound care, practitioners need to know how effective these - often expensive dressings are compared with more traditional dressings.

## How the intervention might work

Animal experiments conducted over 40 years ago suggested that acute wounds heal more quickly when their surface is kept moist, rather than left to dry and scab (Winter 1963). A moist environment is thought to provide optimal conditions for the cells involved in the healing process, as well as allowing autolytic debridement (disposal of dead cells by the body), which is thought to be an important part of the healing pathway (Cardinal 2009). The desire to maintain a moist wound environment is a key driver for the use of wound dressings. Different wound dressings vary in their levels of absorbency, so a very wet wound can be treated with an absorbent dressing (such as an alginate dressing) that draws excess moisture away from the wound in order to avoid skin damage, whilst a drier wound can be treated with a more occlusive dressing to maintain a moist environment.

## Why it is important to do this overview

Foot ulcers in people with DM are a prevalent and serious global issue. Treatment with dressings forms a key part of the treatment pathway when caring for such ulcers: there are many types of dressings that can be used, and these vary considerably in cost. Given the number of dressing types available, we considered the potential volume of data available to be too great for a single Cochrane review of dressings for foot ulcers in people with DM, although such reviews have previously been published. An early UK Health Technology Assessment review of different strategies to prevent and treat diabetic foot ulcers included 39 clinical trials of which six randomised controlled trials (RCTs) evaluated dressings for the treatment of foot ulceration in people with DM (O'Meara 2000). The review did not find any evidence to suggest that one dressing type was more, or less, effective in terms of treating diabetic foot ulcers. The methodological quality of trials was poor and all were small. Only one comparison was repeated in more than one trial. Another systematic review, also out of date (Mason 1999), reported similar findings. More recently a systematic review was published on the effectiveness of interventions to enhance

the healing of chronic ulcers of the foot (search date December 2006; Hinchliffe 2008a). This included only eight trials that looked at dressings (as well as further non-randomised studies), and, again, did not identify any evidence that one dressing type was superior to another in terms of promoting ulcer healing. It is important to note that the review was very broad in its outlook, looking at other non-dressing interventions, and that since its publication more than six years' worth of new literature has become available.

There are several Cochrane reviews that examine the effects of different dressing types on the healing of foot ulcers in people with DM, either as a single condition (Dumville 2013a; Dumville 2013b; Dumville 2013c; Dumville 2013d; Edwards 2010), or as part of a wider review of the effectiveness of a dressing (Storm-Versloot 2010). However, there is a need to draw together all existing review evidence regarding the effectiveness of dressings for the treatment of this condition and to present these data to decision makers.

Current guidelines for the treatment of foot ulcers in people with DM maintain that clinical judgement should be used to select a moist wound dressing (e.g. Steed 2006). More recent National Institute of Clinical and Health Excellence (NICE) guidelines for inpatient management of diabetic foot problems concluded that, given there was no evidence that one dressing type was better than another in terms of healing these wounds, dressing choice "should take into account specialist expertise, clinical experience, clinical assessment of the wound, clinical circumstances, site of the ulcer, and patient preference, and should use the approach with the lowest acquisition cost" (NICE 2013).

### **OBJECTIVES**

To summarize data from systematic reviews that contain randomised controlled trial evidence on the effectiveness of dressings to heal foot ulcers in people with diabetes mellitus (DM).

## METHODS

The conduct of this overview has been guided by the recommendations of *The Cochrane Handbook for Systematic Reviews of Interventions* (Higgins 2011), including the recommendations for conducting overviews of reviews (Becker 2011).

## Criteria for considering reviews for inclusion

## **Types of studies**

We included:

- 1. Cochrane systematic reviews of RCTs of any dressing type (as defined in types of interventions section) in the treatment of foot ulcers in people with DM.\*
- 2. Non-Cochrane systematic reviews of RCTs of any dressing type in the treatment of foot ulcers in people with DM. However, to be included a non-Cochrane systematic review had to be deemed to have employed a systematic approach including a comprehensive and detailed search strategy, have included only RCTs, have clear and relevant study selection criteria, and have assessed methodological features of the included studies and reported a synthesis of evidence (narrative only or narrative combined with statistical pooling).\*
- 3. Mixed treatment comparison meta-analyses. Mixed treatment comparison meta-analyses were only eligible for inclusion in this



overview when undertaken as part of/as a result of a systematic review including RCTs.\*

\*If reviews included other studies as well as RCTs (e.g. controlled clinical trials) they were investigated to see whether RCTs were presented separately within the analysis (for example as a sensitivity analysis). If so, these RCT data were included; if not, the review was excluded. If reviews had a wider participant inclusion criterion than foot ulcers (e.g. post-operative foot wounds resulting from amputation), the presentation of included studies was investigated and a decision made regarding inclusion of the review. They were only included if data on foot ulcers were presented separately. Primary RCTs published since the included reviews but not yet included in them were excluded, in line with Cochrane guidance.

### Types of participants

People of any age with either type 1 or type 2 DM who have a foot

#### **Types of interventions**

We included dressing treatments, classified according to the BNF classification (BNF 2014), into four broad sub-groups (Table 1). However, this list is not exhaustive, and, given the international perspective of this overview, we plan to include reviews of dressings that may not fall into the subgroups specified by the BNF. However, dressings that contain living cells (skin-substitute dressings) were not included in this review as we consider these to be a separate class of treatment. Additionally, we excluded evaluations of topical applications. If a review focused on an intervention type that can be applied as a dressing, or a topical application (i.e. silver), we only considered sections of the review that fulfilled our inclusion criteria. We only considered dressings compared with a different dressing or no dressing, we did not include comparisons of dressings with adjunct therapies (e.g. hyperbaric oxygen, negative pressure wound therapy, etc).

## **Types of outcomes**

## **Primary outcomes**

## **Complete wound healing**

Trialists measure and report wound healing in many different ways that include: time to complete wound healing, the proportion of wounds healed during follow-up, and rates of change of wound size. For this review we regarded reviews that reported one or more of the two outcomes listed below as providing the best measures of outcome in terms of relevance and rigour.

- Time to wound healing within a specific time period correctly analysed using survival, time-to-event, approaches - ideally with adjustment for relevant co-variates such as baseline size. We assumed that the period of time in which healing could occur was the duration of the trial, unless otherwise stated.
- 2. Number of wounds completely healed during follow-up (frequency of complete healing), with healing being defined by the study authors.

## Secondary outcomes

We extracted and reported only useful summary data, as defined below, for secondary outcomes.

- 1. Participant health-related quality of life/health status (measured using a standardised generic questionnaire such as EQ-5D, SF-36, SF-12 or SF-6 (Dolan 1995; Ware 2001), or wound-specific questionnaires such as the Cardiff wound impact schedule (Price 2004), at noted time points. We did not include ad hoc measures of quality of life that were likely not to be validated, and not common to multiple trials.
- 2. Adverse events where a clear methodology for the collection of adverse event data had been provided. We summarized adverse event data only when it was clear that the participant (or wound) was the denominator. That is, data were presented so that the number of events per participant are known (or an overview of this, e.g. number of participants with one or more event). Conversely, where the potential for multiple count data per participant could not be assessed, we did not consider data further. Finally, we noted the method of data collection, and commented on the potential risk of measurement and performance bias.
- 3. Resource use (including measurements of resource use such as number of dressing changes, nurse visits, length of hospital stay and re-operation/intervention).
- 4. Dressing performance such as exudate management or patient comfort on dressing removal.

#### Search methods for identification of reviews

For this overview we searched the following electronic databases to identify both Cochrane and non-Cochrane systematic reviews and reports of mixed treatment comparisons.

- 1. The Cochrane Central Register of Controlled Trials (CENTRAL; *The Cochrane Library* 2015, Issue 4);
- 2. Database of Abstracts of Reviews of Effects (DARE; *The Cochrane Library* 2015, Issue 1);
- 3. Ovid MEDLINE (1950 to 14 April 2015);
- Ovid MEDLINE (In-Process & Other Non-Indexed Citations, 14 April 2015);
- 5. Ovid EMBASE (1980 to 14 April 2015);

We used the following search strategy to identify Cochrane and non-Cochrane systematic reviews in *The Cochrane Library* (which includes DARE - a repository of structured, critical summaries of published systematic reviews):

#1 MeSH descriptor: [Occlusive Dressings] explode all trees

#2 MeSH descriptor: [Bandages, Hydrocolloid] explode all trees

#3 MeSH descriptor: [Biological Dressings] explode all trees

#4 MeSH descriptor: [Alginates] explode all trees

#5 MeSH descriptor: [Hydrogels] explode all trees

#6 MeSH descriptor: [Silver] explode all trees152

#7 MeSH descriptor: [Silver Sulfadiazine] explode all trees

#8 MeSH descriptor: [Honey] explode all trees

#9 (dressing\* or hydrocolloid\* or alginate\* or hydrogel\* or "foam" or "bead" or "film" or "films" or tulle or gauze or non-adherent or "non adherent" or silver or honey or matrix):ti,ab,kw

#10 {or #1-#9}

#11 MeSH descriptor: [Foot Ulcer] explode all trees

#12 MeSH descriptor: [Diabetic Foot] explode all trees

#13 (diabet\* near/3 ulcer\*):ti,ab,kw

#14 (diabet\* near/3 (foot or feet)):ti,ab,kw

#15 (diabet\* near/3 wound\*):ti,ab,kw

#16 (diabet\* near/3 amputat\*):ti,ab,kw



#17 {or #11-#16} #18 #10 and #17

We also used the search strategy designed by the Centre for Reviews and Dissemination, York, UK to identify the systematic reviews summarised in DARE. This strategy is shown in Appendix 2 and was used to identify non-Cochrane systematic reviews in Ovid MEDLINE, particularly those systematic reviews not yet indexed on DARE. We have also developed a provisional search strategy intended to identify reports of mixed treatment comparison meta-analysis in Ovid MEDLINE (Appendix 3). Both Ovid MEDLINE search strategies were also adapted for Ovid EMBASE.

We handsearched the Cochrane Wounds Group list of reviews via the Cochrane Database of Systematic Reviews to ensure that all relevant reviews had been identified. During the conduct of this overview it was possible that the Cochrane Reviews included might be updated. For this reason we conducted this search several times during the review process to ensure that the most up-to-date versions of each review were included. We contacted relevant review authors for information, where necessary.

We did not restrict searches by language, date of publication or study setting.

## **Data collection and analysis**

#### **Selection of reviews**

Two overview authors screened review titles and abstracts to identify potentially relevant inclusions. The same two overview authors screened the full text of all potentially relevant sources for inclusion in the overview. Any disagreements were resolved through discussion with a third overview author.

## **Data extraction and management**

We extracted data into a pre-defined and piloted data extraction form to ensure consistent data capture from each review. Data were extracted by one overview author and independently checked by a second, with a third acting as arbitrator where required. For each included review we extracted the following data:

- 1. study identification, authors' details;
- 2. review objectives;
- 3. search strategies, including search dates;
- 4. study inclusion and exclusion criteria;
- 5. included settings;
- 6. included populations;
- 7. all relevant comparisons;
- 8. the number of relevant included RCTs;
- 9. outcomes reported and details of reported outcome values;
- 10.method and results of risk of bias/quality assessment.

Where a comparison was included in more than one review, its details were recorded multiple times; as it was relevant to each review in which it is contained. If any information from a review was unclear or missing, we accessed the published reports of the individual trials. We did not contact trial authors for details of missing data, but rather assumed that reviewers had done all they could to retrieve the data. We entered data into Review Manager 5.3 software (RevMan 2014).

## Assessment of methodological quality of included reviews

As discussed in the Cochrane Handbook, two overview authors independently assessed the methodological quality of included reviews using the 'assessment of multiple systematic reviews' (AMSTAR) instrument (Shea 2007), which is composed of the following 11 criteria:

- 1. Was an a priori design provided?
- 2. Was there duplicate study selection and data extraction?
- 3. Was a comprehensive literature search performed?
- 4. Was the status of publication (i.e. grey literature) used as an inclusion criterion?
- 5. Was a list of studies (included and excluded) provided?
- 6. Were the characteristics of the included studies provided?
- 7. Was the scientific quality of the included studies assessed and documented?
- 8. Was the scientific quality of the included studies used appropriately in formulating conclusions?
- 9. Were the methods used to combine the findings of studies appropriate?

10. Was the likelihood of publication bias assessed?

11. Was the conflict of interest stated?

The response to each criterion can be 'yes' (clearly done), in which case the criterion will be given a score of 1; 'no' (clearly not done); 'can't answer', or 'not applicable', based on the published review report. We rated a review with an AMSTAR score of 8 to 11 as one of high quality; a score of 4 to 7 as medium quality, and a score of 3 or less as low quality (Shea 2007). Disagreements between overview authors were discussed and resolved through consensus.

### Quality of evidence in included reviews

We also report a summary of the Cochrane risk of bias assessment carried out for each trial in the most recent included review; this is given in the tables for each assessed comparison.

We had planned that two overview authors would use the GRADE approach to assess the quality of the most complete direct evidence for any pooled complete healing data (Atkins 2004). However, we did not undertake this process - instead we used the GRADE assessment reported in one of the included reviews (Dumville 2012). The included review was conducted by one of the overview authors and checked independently by another author on that review. The GRADE approach specifies four levels of quality for RCTs:

- 1. high quality for randomised trials;
- 2. moderate quality for downgraded randomised trials;
- 3. low quality for double-downgraded randomised trials;
- 4. very low quality for triple-downgraded randomised trials.

We also reported the results of an ad hoc quality assessment undertaken by study authors for quality assessment of network meta-analysis estimates (Dumville 2012). This involved adapting the GRADE approach to allow the appraisal of mixed treatment comparison (MTC) estimates. Specific adaptations involved assessment of unexplained heterogeneity and inconsistency between direct and indirect evidence as one category of information. The modified approach also assessed the impact of sensitivity analysis on the estimate of effect. Relevant limitations



in design and publication bias were applied to the estimates that particular direct links had contributed to.

## **Data synthesis**

There are a number of different dressings for the treatment of foot ulcers in people with DM. To maximise value to the reader at this stage we presented a summary of current evidence for all available comparisons, taking account of any instances of overlap of evidence between reviews. Firstly each unique direct comparison for which relative treatment effect data are available is reported (e.g. gauze versus foam; foam versus alginate, etc) with any relevant indirect comparison data also summarised - by outcome, where required. Subsequently, where availability of mixed treatment comparison meta-analysis data resulted in comparisons informed only by indirect data, we have summarised these briefly. We considered the totality of evidence for each comparison, and reported summary of effect estimates as a narrative review. Thus, within each comparison, review data are presented in the following order:

- 1. direct pairwise analyses by source;
- 2. direct and indirect estimates;

Figure 1. Study flow diagram.

## 3. indirect data only.

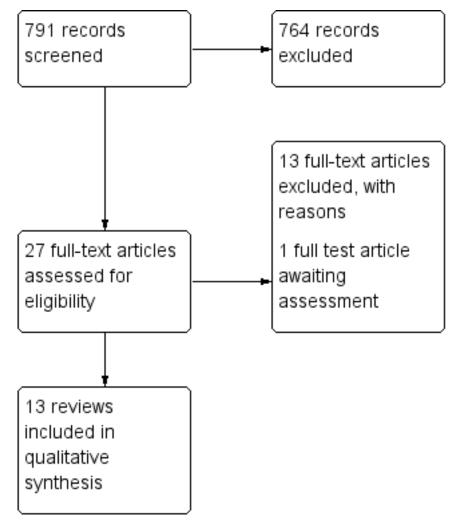
Where applicable, we aimed to convert relevant summaries to the risk ratio (RR) or hazard ratio (HR), although we were limited by the statistical information available in each included review. We did not plan or undertake re-analysis of data beyond conversions to RR or HR.

In terms of presenting data, each individual included review, or mixed treatment comparison meta-analysis, has been summarised using a Characteristics of included reviews table. We then present a summary overview of outcome data (by comparison) across reviews. We anticipated using forest plots and 'Summary of findings' tables to help present data; however, due to sparseness of data, we have presented only the latter.

## Description of included reviews

RESULTS

See Figure 1, for a summary of the review process. A summary of results in tabular format can be found at the end of the results section.





### **Cochrane systematic reviews**

Following screening we identified eight potentially relevant Cochrane systematic reviews. Six of these were identified as meeting the inclusion criteria for this review (Dumville 2013a; Dumville 2013b; Dumville 2013c; Dumville 2013d; Edwards 2010; Storm-Versloot 2010). We excluded the remaining two reviews as they did not contain any relevant included studies (Bergin 2006; Jull 2013). Of the six Cochrane reviews we included, five were focused specifically on foot ulcers in people with diabetes (Dumville 2013c; Dumville 2013a; Dumville 2013b; Dumville 2013d; Edwards 2010), and one focused more broadly on chronic wounds (Storm-Versloot 2010). Four of the included Cochrane reviews investigated dressings specifically (Dumville 2013a; Dumville 2013b; Dumville 2013c; Dumville 2013d), and two investigated a wider group of interventions which included dressings. (Edwards 2010; Storm-Versloot 2010).

#### Non-Cochrane systematic reviews

Following screening we identified 19 potentially eligible non-Cochrane reviews that we obtained as full text. Following further screening, we included seven of these reviews (Dumville 2012; Game 2012; Hinchliffe 2008b; Mason 1999a; Nelson 2006; O'Meara 2000; Voigt 2012), including one mixed treatment comparison meta-analysis (all findings were produced from a fixed-effect model; Dumville 2012). The remaining 11 reviews were excluded as they were not considered either to be systematic reviews or to be eligible for this overview (Ashton 2004; Bradley 1999; Braun 2014; Brimson 2013; Eddy 2008; Greer 2013; Heyer 2013; Holmes 2013; Jones 2009; Vandamme 2013; Wang 2005); one review is awaiting assessment as we are currently trying to obtained information about the included studies (Tian 2014).

## **Summary of included studies**

We included a total of 13 reviews in this overview (see Table 2 for a summary of included reviews). None of the included reviews specified particular healthcare settings in their inclusion criteria, but three reviews explicitly noted that studies from any healthcare settings were included (Dumville 2012; Nelson 2006; Storm-Versloot 2010). The methods used for assessing the quality or risk of bias of individual trials also varied between reviews. All Cochrane reviews followed the approach to risk of bias assessment that was in use at the time of the review. The approaches in the non-Cochrane reviews varied (see Table 2).

The included reviews provided direct evidence for 11 comparisons of dressings (listed below) to treat foot ulcers in people with diabetes. Since we included a mixed treatment comparison the majority of these comparisons were also informed by direct and indirect data. We present both direct only and mixed direct and indirect data where possible.

Note: one comparison (comparison 4 marked \*) was informed by direct evidence only: all other comparisons were also informed by a combination of direct and indirect evidence as they were included in the mixed treatment comparison analysis ( Dumville 2012).

- 1. Basic wound contact dressing compared with alginate dressing.
- 2. Basic wound contact dressing compared with hydrogel.
- 3. Basic wound contact dressing compared with hydrofibre dressing.
- 4. Basic wound contact dressing compared with Hyalofill\*.

- 5. Basic wound contact dressing compared with iodine dressing.
- 6. Basic wound contact dressing compared with foam dressing.
- 7. Basic wound contact dressing compared with a protease-modulating matrix dressing.
- 8. Foam dressings compared with alginate dressing.
- 9. Foam dressing compared with hydrocolloid (matrix).
- 10.lodine-impregnated dressing compared with hydrofibre dressing.
- 11. Alginate compared with silver-hydrofibre/dressing.

We also summarize details on a total of 26 comparisons informed by indirect evidence only.

## Comparisons informed by indirect evidence only

- Basic wound contact dressing compared with silver-hydrofibre dressing.
- Basic wound contact dressing compared with matrixhydrocolloid dressing.
- 3. Alginate dressing compared with hydrofibre dressing.
- 4. Alginate dressing compared with an iodine-impregnated dressing.
- 5. Alginate dressing compared with hydrogel.
- 6. Alginate dressing compared with protease-modulating matrix dressing.
- 7. Alginate dressing compared with matrix-hydrocolloid dressing.
- 8. Foam dressing compared with hydrofibre dressing.
- 9. Foam dressing compared with iodine-impregnated dressing.
- 10. Foam dressing compared with hydrogel.
- 11. Foam dressing compared with a protease-modulating matrix dressing.
- 12. Foam dressing compared with silver-hydrofibre dressing.
- 13. Hydrofibre dressing compared with hydrogel.
- 14. Hydrofibre dressing compared with a protease-modulating matrix dressing.
- 15. Hydrofibre dressing compared with silver-hydrofibre dressing.
- 16.Hydrofibre dressing compared with matrix-hydrocolloid dressing.
- 17. lodine-impregnated dressing compared with hydrogel.
- 18.lodine-impregnated dressing compared with a protease-modulating matrix dressing.
- 19.lodine-impregnated dressing compared with silver-hydrofibre dressing.
- 20.lodine-impregnated dressing compared with matrix-hydrocolloid dressing.
- 21.Hydrogel compared with a protease-modulating matrix dressing.
- 22. Hydrogel compared with silver-hydrofibre dressing.
- 23. Hydrogel compared with matrix-hydrocolloid dressing.
- 24.Protease-modulating matrix dressing compared with silverhydrofibre dressing.
- 25.Protease-modulating matrix dressing compared with matrix-hydrocolloid dressing.
- 26.Silver-hydrofibre dressing compared with matrix-hydrocolloid dressing.



An overview of comparisons in tabular format: Numbered comparisons refer to analyses based on direct comparison data alone or direct plus indirect data.

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	Basic dressing	Alginate	Hydrogel	Hydrofibre	Iodine-im- pregnated	Foam	Pro- tease-mod- ulating matrix	Ma- trix-hy- drocolloid	Silver-hy- drofibre
Basic dressing									
Alginate	Comparison 1								
Hydrogel	Comparison 2	Indirect only							
Hydrofibre	Comparison 3	Indirect only	Indirect only						
Hyalofill	Comparison 4								
lodine-impregnated	Comparison 5	Indirect only	Indirect only	Comparison 10					
Foam	Comparison 6	Comparison 8	Indirect only	Indirect only	Indirect only				
Protease-modulating matrix	Comparison 7	Indirect only	Indirect only	Indirect only	Indirect only	Indirect only			
Matrix- hydrocolloid	Indirect only	Indirect only	Indirect only	Indirect only	Indirect only	Compari- son 9	Indirect only		
Silver-hydrofibre	Indirect only	Comparison 11	Indirect only	Indirect only	Indirect only	Indirect only	Indirect only	Indirect only	



## Methodological quality of included reviews

We assessed the methodological quality of systematic reviews by using the measurement tool AMSTAR; ratings for each systematic review are presented in Table 3 for Cochrane reviews, and Table 4 for non-Cochrane reviews. Assessment was undertaken by team members who were not authors on any included review.

All the Cochrane reviews received high AMSTAR scores (ranged from 9 to 11), this could be as a result of following a generic protocol specifying methods; while the non-Cochrane reviews also scored in the medium to high range (from 7 to 10).

#### **Effect of interventions**

We present data for the 11 comparisons informed by direct evidence from all reviews that included this comparison. In this way we highlight overlap of evidence between reviews and also highlight any differences in how data were reported between them. The majority of the comparisons that were informed by direct data evaluated complete wound healing as the primary outcome.

When reporting the evidence for each comparison, we have summarised the most complete and up-to-date data available. We present data using the RR if available, if the RR was not presented and could not be calculated we then present odds ratio (OR) estimates or the alternative measures available. We report 95% confidence intervals (CI) where reported. One included study reported 95% credible intervals (CrI), which we in turn report here; these are the Bayesian equivalent of CIs.

It is important to note that the reviews by Dumville et al have very consistent review protocols ( Dumville 2013a; Dumville 2013b; Dumville 2013c; Dumville 2013d; Dumville 2013d; Dumville 2012). For the outcome number of ulcers/participants healed, these reviews treated participants missing from the analyses as not having had a healed wound. That is, the reviews made an assumption about missing data such that the missing participants were included in the denominator but not the numerator. Other reviews have conducted analysis with complete case data. Discrepancies in effect estimates may have resulted from these differences, and these have been flagged in the tables of extracted data that accompany each comparison below.

## Comparison 1: basic wound contact dressing compared with alginate dressing

All extracted data reported in Table 5

Review ID	Cochrane re- view?	AMSTAR Score	Included studies relevant to this comparison					
			Donaghue 1998; n = 75	Lalau 2002; n = 77	Ahroni 1993; n = 39			
			8-week follow-up	6-week follow-up	4-week follow-up (unclear if longer)			
			Complete wound healing data reported? <b>Yes</b>	Complete wound healing data reported? <b>No</b>	Complete wound healing data reported? <b>Yes</b>			
			Risk of selection bias: unclear	Risk of selection bias: unclear	Risk of selection bias: <b>un</b> -			
	Risk of detection bias: <b>unclear</b>		Risk of detection bias: <b>low</b>	Risk of detection bias: <b>high</b>				
			Risk of attrition bias: <b>low</b>	Risk of attrition bias: <b>high</b>	Risk of attrition bias: <b>low</b>			
Dumville 2013a	Yes	10	<b>√</b>	✓	✓			
Dumville 2012	No	9	✓	#	✓			
Hinchliffe 2008b	No	7	✓	✓	#			
O'Meara 2000	No	9	✓	#	#			
Mason 1999a	No	7	✓	#	✓			

## Direct data: complete wound healing

Two reviews (Dumville 2013a; Dumville 2012) pooled complete wound healing data from two studies (Donaghue 1998; Ahroni 1993; n=114) that reported number of wounds healed over their sixand four-week follow-up times. In total 51% (36/70) of ulcers in the

alginate group healed and 53% (23/44) of ulcers in the basic wound contact dressing group healed: RR 1.09, 95% CI 0.66 to 1.80 (fixed-effect model;  $I^2$  27%). The direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).



### Direct and indirect data: complete wound healing

When direct and indirect data were considered for this comparison there was no evidence of a difference in the number of ulcers healed in the alginate group compared with the basic wound contact dressing group: OR 1.29, 95% Crl 0.57 to 2.51 (Dumville 2012). The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: this estimate was classed as being of moderate quality.

#### Direct data: secondary outcomes

Limited secondary outcomes were reported: Dumville 2013a noted that the Donaghue 1998 study reported six trial participants with adverse events, but it was not clear to which groups these participants belonged, and the adverse events were not described. The same review noted that Ahroni 1993 reported two amputations

in each trial group along with six additional adverse events for the alginate-dressed group and four in the basic wound contact dressing group.

## Summary of findings: alginate dressing versus basic wound contact dressing

Data from two studies (pooled in two reviews) consistently suggest there is no evidence of a difference in ulcer healing between alginate and basic wound contact dressings. There was imprecision in estimates so that a difference favouring either alginate dressings or basic wound contact dressings cannot be ruled out. There are limited data available on other outcomes for this comparison.

## Comparison 2: basic wound contact dressing compared with hydrogel

All extracted data reported in Table 6

Review ID	Cochrane re- view?	AMSTAR Score	Included studies relevan	nt to this comparison	
			D'Hemecourt 1998; n = 138	Jensen 1998: n= 31	Vandeputte 1997: n = 29
			20-week follow-up	16-week follow-up	12-week
			Complete wound heal-	Complete wound heal- ing data reported? <b>Yes</b>	Complete wound healing data reported? <b>Yes</b>
			ing data reported? <b>Yes</b> Risk of selection bias:	Risk of selection bias: unclear	Risk of selection bias: unclear
			unclear Risk of detection	Risk of detection bias: <b>unclear</b>	Risk of detection bias: <b>unclear</b>
			bias: <b>unclear</b>	Risk of attrition bias: un-	Risk of attrition bias:
			Risk of attrition bias: <b>low</b>	clear	unclear
Dumville 2013d	Yes	10	✓	✓	✓
Dumville 2012	No	9	✓	✓	✓
Edwards 2010	Yes	9	✓	✓	✓
Hinchliffe 2008b	No	7	#	✓	#
Nelson 2006	No	7	#	#	✓

## Direct data: complete wound healing

Three reviews (Dumville 2013d; Dumville 2012; Edwards 2010) pooled data from the same three studies (198 participants), which had follow-up times of 20, 16 and 12 weeks. Overall 85% (50/99) of ulcers in the hydrogel group healed (the Edwards 2010 review reported 51/99 for this group) and 28% (28/99) of ulcers in the basic wound contact group healed: RR 1.80, 95% CI 1.27 to 2.56 (fixed-effect model; I² 0%) reported for Dumville 2013d, and RR 1.84, 95% CI 1.30 to 2.61(fixed-effect model: I² 0%) reported by Edwards 2010. This suggests some evidence of an increase in the

number of wounds healed in the hydrogel-treated group, however the *direct estimate was classed as being of low quality using the GRADE assessment* (Dumville 2012).

## Direct and indirect data: complete wound healing

When direct and indirect data were considered for this comparison there was evidence of an increase in the number of ulcers healed in the hydrogel group compared with the basic wound contact dressing group: OR 3.10, 95% Crl 1.51 to 5.50 (Dumville 2012). The study authors used an ad hoc method to assess the quality of the



mixed treatment comparison outputs: this estimate was classed as being of very low quality.

#### Direct data: secondary outcomes

Dumville 2013d and Edwards 2010 summarised available data on adverse events, pain and infection from the three relevant trials. The Dumville 2013d review did not pool data, citing lack of methodological information on data collection methods for these outcomes. Edwards 2010 reported a total of 22 complications/ events in the hydrogel groups, compared with 36 events in the comparison groups. These review authors pooled these trials suggesting evidence of an increase in adverse events/ complications in the basic wound contact dressing group: RR 0.60, 95% CI 0.38 to 0.95 (fixed-effect model; I² 31%). When a random-effects model was applied, however, there was no longer evidence of a difference between groups: RR 0.56, 95% CI 0.25 to 1.25.

## Summary of findings: hydrogel dressing versus basic wound contact dressing

Three recent reviews drew on the same three studies and reported evidence of an increase in the number of wounds that healed when treated with hydrogel compared with basic wound contact dressings, although this is judged as being low quality evidence. Heterogeneity in the data for adverse events means that the impact of hydrogel on these is unclear. The overall impact of hydrogel on ulcers is uncertain due to the low quality of the evidence.

## Comparison 3: basic wound contact dressing compared with hydrofibre dressing

All extracted data reported in Table 7

Review ID	Cochrane re- view?	AMSTAR Score	Included studies relevant to this comparison			
			Piaggesi 2001; n = 20	Jeffcoate 2009: n = 209		
			Max 350 days follow-up	24-week follow-up		
			Complete wound healing data reported? <b>Yes</b>	Complete wound healing data reported? <b>Yes</b>		
			Risk of selection bias: unclear	Risk of selection bias: <b>low</b>		
			Risk of detection bias: <b>unclear</b>	Risk of detection bias: <b>low</b>		
			Risk of attrition bias: <b>low</b>	Risk of attrition bias: unclear		
Dumville 2013b	Yes	10	✓	✓		
Dumville 2012	No	9	✓	✓		
Game 2012	No	7	#	✓		
Hinchliffe 2008b	No	7	✓	#		

## Direct data: complete wound healing

Two reviews pooled data from two RCTs (n = 229) with 24-week and 350-day follow-up respectively (Dumville 2013b; Dumville 2012). There was no evidence of a difference in the number of ulcers healed between the hydrofibre and the basic wound contact dressing treated groups with 49% (55/113) of ulcers in the hydrofibre group healed and 44% (51/116) of ulcers in the basic wound contact group healed: RR 1.01, 95% CI:0.74 to 1.38 (random-effects model; I² 54%: Dumville 2013b; Dumville 2012). The direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).

## Direct and indirect data: complete wound healing

When direct and indirect data were considered for this comparison, again there was no evidence of a difference in the number of ulcers healed in the hydrofibre group compared with the basic wound contact group: OR 1.28, 95% CrI 0.71 to 2.13 (Dumville 2012). The study authors used an ad hoc method to assess the quality of the

mixed treatment comparison outputs: this estimate was classed as being of moderate quality.

### Direct data: secondary outcomes

Two reviews, Dumville 2013b and Game 2012, reported cost data from one study, Jeffcoate 2009, that suggested that the basic wound contact dressing was considered to be a more cost-effective treatment than the hydrofibre dressing with the difference largely driven by the higher dressing costs in the hydrofibre group. Dumville 2013b reported data on the number of serious and non serious adverse events, summarising no evidence of a difference in these, nor in measures of health-related quality of life, between the two groups. Game 2012 reported the number of secondary infections for the Jeffcoate 2009 study's three arms (also see comparison 5 and 10) alongside an overall P value of < 0.001 for the three-way comparison (but did not specify which dressing(s) were superior). Further information was not presented on these data, but the review concluded, in contrast to the data presented, that there was no evidence of a difference in the incidence of



secondary infection. Returning to the original study, Jeffcoate 2009, we confirmed that this is what the trial also concluded after a full analysis of the data, including the numbers of withdrawals and adjustment for the number of dressing changes.

## Summary of findings: hydrofibre dressing versus basic wound contact dressing

Two recent reviews including data from two studies reported no evidence of a difference in the number of ulcers healed in hydrofibre and basic wound contact groups. The 95% CIs were wide and did not rule out an effect in either direction. Both reviews also reported

the finding from one included study that basic wound contact dressings were a more cost-effective treatment than hydrofibre dressing. One review reported no evidence of a difference in the number of serious and non serious events between groups, and one review reported no evidence of a difference in the number of secondary infections between hydrofibre and basic wound contact treated wounds.

## Comparison 4: basic wound contact dressing compared with Hyalofill® dressing

All extracted data reported in Table 8

Review ID	Cochrane review?	AMSTAR Score	Included studies
			Edmonds 2000; n = 30
			12-week follow-up
			Complete wound healing data reported? Yes
			Risk of selection bias: not clear from review
			Risk of detection bias:not clear from review
			Risk of attrition bias: not clear from review
Voigt 2012	No	10	✓

## Direct data: complete wound healing

One review, Voigt 2012, reported data from one small study (30 participants) with a 12-week follow-up. There was evidence that more ulcers healed when allocated to Hyalofill® (a hyaluronic fibrous dressing) 67% (10/15) than to a basic wound contact dressing 20% (3/15); RR: 0.26, 95% CI 0.12 to 0.53. The risk of bias for this study was not clearly reported in the review. We examined the primary study, Edmonds 2000, but were unable to source the data that were reported in the review.

## Direct and indirect data: complete wound healing

Not available from Dumville 2012.

## Direct data: secondary outcomes

No relevant secondary outcomes from this trial were reported in this review.

## Summary of findings: basic wound contact dressing versus Hyalofill®

One review included a single study and reported that more ulcers healed when treated with a Hyalofill® dressing compared with a basic wound contact dressing. Presentation of risk of bias/study quality was not included in the review and the original data could not be located in the referenced primary source. The estimate was also based on a single small trial, meaning that the difference reported could have occurred as a result of chance.

## Comparison 5: basic wound contact dressing compared with iodine-impregnated dressing

All extracted data reported in Table 9

Review ID	Cochrane review?	AMSTAR Score	Included studies
			Jeffcoate 2009; n = 214
			24-week follow-up
			Complete wound healing data reported? <b>Yes</b>
			Risk of selection bias: low risk
			Risk of detection bias: <b>low risk</b>
			Risk of attrition bias: <b>unclear risk</b>



Dumville 2012	No	9	<b>√</b>	
Game 2012	No	7	<b>✓</b>	

#### Direct data: complete wound healing

Two systematic reviews, Dumville 2012 and Game 2012, included data from one study (214 participants) that compared a basic wound contact dressing with an iodine-impregnated dressing. The same trial data were reported in these two reviews. There was no evidence of difference in complete wound healing between the iodine-impregnated dressing group 44% (48/108) and the basic wound contact dressing group 39% (41/106). Summary data were available from only Dumville 2012, which reported OR: 1.27, 95% CrI: 0.74 to 2.19: the direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).

#### Direct and indirect data: complete wound healing

When direct and indirect data were considered for this comparison, again there was no evidence of a difference in the number of ulcers healed in the iodine-impregnated group compared with the basic wound contact dressing group: OR 1.28, 95% Crl 0.71 to 2.13 (Dumville 2012). The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: *this estimate was classed as being of moderate quality.* 

## Direct data: secondary outcomes

Only Game 2012 reported secondary outcomes from the included study. Game 2012 reported the number of secondary infections for

the Jeffcoate 2009 study's three arms (also see comparisons 3 and 10) alongside a single P value of < 0.001. Further information was not presented on these data, but the review concluded, in contrast to the data presented, that there was no evidence of a difference in the incidence of secondary infection. Returning to the original study, Jeffcoate 2009, we confirmed that this was what the trial also concluded after in-depth analyses.

## Summary of findings: basic wound contact dressing versus iodine dressing

Two reviews summarised data from a single trial. Moderate quality data suggest no evidence of a difference in the number of ulcers healed between the basic wound contact dressing and the iodine-impregnated dressing groups. However, the estimates are uncertain and the comparison potentially underpowered. There was no evidence of a difference in the number of adverse events, including secondary infections, between groups.

## Comparison 6: basic wound contact dressing compared with foam dressing

All extracted data reported in Table 10

Review ID	Cochrane re- view?	AMSTAR Score	Included studies						
			Blackman 1994; n = 18	Mazzone 1993; n = 19	Roberts 2001; n = 30				
			Follow-up:until healing or 6 months (some reviews only	8-week follow-up	13-week follow-up				
			extract 2-month healing data due to treatment cross-over following this point)	Complete wound healing data reported? <b>Yes</b>	Complete wound healing data reported? <b>Yes</b>				
			Complete wound healing data reported? <b>Yes</b>	Risk of selection bias: unclear risk	Risk of selection bias: unclear risk				
			Risk of selection bias: <b>unclear risk</b>	Risk of detection bias: <b>unclear risk</b>	Risk of detection bias: <b>unclear risk</b>				
			Risk of detection bias: <b>unclear</b> risk	Risk of attrition bias: unclear risk	Risk of attrition bias: unclear risk				
			Risk of attrition bias: <b>unclear risk</b>						
Dumville 2013c	Yes	10	✓	<b>√</b>	<b>√</b>				
Dumville 2012	No	9	✓	<b>√</b>	<b>√</b>				



Hinchliffe 2008b	No	7	✓	#	#	
O'Meara 2000	No	9	<b>√</b>	#	#	
Mason 1999a	No	7	<b>√</b>	#	#	

## Direct data: complete wound healing

Two reviews, Dumville 2013c and Dumville 2012, included data from three studies (67 participants) that had follow-up ranging from eight to 13 weeks. Three older reviews with data on this comparison included only one study. The authors of Dumville 2013c noted they were unclear whether two of the included studies, Mazzone 1993 and Blackman 1994, were reports of the same study, and presented pooled data for only two studies. There was no clear evidence of a difference in the number of ulcers healed with 52% (13/25) healed in the foam dressing group and 33% (8/24) healed in the basic wound contact dressing group: RR 2.03, 95% CI:0.91 to 4.55 (fixed-effect model; I² 0%). The direct estimate was classed as being of low quality using the GRADE assessment (Dumville 2012).

## Direct and indirect data: complete wound healing

When direct and indirect data were considered for this comparison there was evidence of a greater number of ulcers healed in the foam dressing group compared with the basic wound contact dressing group: OR 4.32, 95% Crl 1.56 to 9.85 (Dumville 2012). The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: this estimate was classed as being of very low quality

### Direct data: secondary outcomes

Data on secondary outcomes were limited; there were no data on cost, health-related quality of life or adverse events available from the trial reports (Dumville 2013c).

## Summary of findings: basic wound contact dressing versus foam dressing

Data from the two studies with direct comparisons showed no evidence of a different in ulcer healing between foam dressing and basic wound contact dressing-treated groups. An estimate that included indirect as well as direct comparisons, and which was classed as being of very low quality found that more ulcers healed when treated with foam dressings than with basic wound contact dressings. There were limited data available on other outcomes. Data were very uncertain and were of low or very low quality.

## Comparison 7: basic wound contact dressing compared with protease-modulating matrix dressing

All extracted data reported in Table 11

Review ID	Cochrane review?	AMSTAR Score	Included studies
			Veves 2002; n = 276
			12-week follow-up
			Complete wound healing data reported? Yes
			Risk of selection bias: unclear
			Risk of detection bias: <b>unclear</b>
			Risk of attrition bias: <b>Uncear</b>
Dumville 2012	No	9	✓

## Direct data: complete wound healing

Data from one study for this comparison was included in one review we identified (Dumville 2012). There was no evidence of a difference in complete wound healing between protease-modulating matrix-treated and basic wound contact dressing treated participants with 37% (51/138) healed in the protease-treated group and 28% (39/138) in the basic wound contact dressing group: OR 1.49, 95% CI 0.90 to 2.47. The direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).

## Direct and indirect data: complete wound healing

Dumville 2012 also reported the effectiveness estimate from the mixed treatment comparison. Again, there was no evidence of a different between the dressing groups: OR 1.54, 95% Crl 0.89 to 2.47. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: this estimate was classed as being of moderate quality

## Direct data: secondary outcomes

The review reported no data on secondary outcomes.



## Summary of findings: basic wound contact dressing versus protease-modulating matrix dressing

Data from one study reported no evidence of a difference in ulcer healing between protease-modulating matrix dressing- and basic wound contact dressing-treated groups. There were limited data available on other outcomes. Data were judged as being of

moderate quality, however, estimates were uncertain with the 95% CI favouring both treatments.

## Comparison 8: foam dressings compared with alginate dressing

All extracted data reported in Table 12

Review ID	Cochrane re- view?	AMSTAR Score	Included studies				
			Baker 1993; n = 20,1 review presented data on 19 participants)	Foster 1994; n = 30			
			12-week follow-up or until ulcer	8-week follow-up or until ulcer healed			
			healed  Complete wound healing data reported? <b>Yes</b>	Complete wound healing data reported? <b>Yes</b>			
			Risk of selection bias: unclear risk	Risk of selection bias: <b>unclear risk</b>			
			Risk of detection bias: <b>unclear risk</b> Risk of attrition bias: <b>unclear risk</b>	Risk of detection bias: <b>unclear</b>			
				Risk of attrition bias: unclear risk			
Dumville 2013c	Yes	10	✓	✓			
Dumville 2013a	Yes	10	✓	✓			
Dumville 2012	No	9	✓	<b>√</b>			
O'Meara 2000	No	9	✓	<b>√</b>			
Mason 1999a	No	7	#	✓			

## Direct data: complete wound healing

All five reviews reported no clear evidence of a difference in the number of ulcers healed in the foam dressing group compared with the alginate dressing group. Three reviews, Dumville 2013c, Dumville 2013a and Dumville 2012, pooled data from two studies (with a total of 50 participants although 1 review, O'Meara 2000, presented data on 49 not 50 participants) with 72% (18/25) of ulcers in the foam group healed and 56% (14/25) of ulcers in the alginate group healed: RR 1.50, 95% CI 0.92 to 2.44 (fixed-effect model; I² 45%). The direct estimate was classed as being of low quality using the GRADE assessment (Dumville 2012).

## Direct and indirect data: complete wound healing

Dumville 2012 also reported the effectiveness estimate from the mixed treatment comparison. Here there was evidence of a difference between the dressing groups that favoured foam dressings: OR 3.61, 95% Crl 1.30 to 8.30. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: this estimate was classed as being of very low quality.

## Direct data: secondary outcomes

Dumville 2013a reported that one trial, Foster 1994, noted no adverse events for the foam group compared with four events for the alginate group (severe pain: 1; plugging of plantar lesion blocking drainage: 3). No other relevant secondary outcomes were presented.

## Summary of findings: foam dressing versus alginate dressing

Overall data across four systematic reviews reported no clear evidence of a difference between these dressings, although an estimate based on indirect as well as direct evidence found that more wounds healed with foam dressings than with alginate dressings. Estimates were very uncertain and imprecise.

## Comparison 9: foam dressing compared with matrixhydrocolloid dressing

All extracted data reported in Table 13



Review ID	Cochrane review?	AMSTAR Score	Included studies
			Clever 1995; n = 40
			16-week follow-up maximum
			Complete wound healing data reported? Yes
			Risk of selection bias: unclear risk
			Risk of detection bias: unclear risk
			Risk of attrition bias: <b>high risk</b>
Dumville 2013c	Yes	10	✓
Dumville 2013b	Yes	10	✓
Dumville 2012	No	9	✓
O'Meara 2000	No	9	✓
Mason 1999a	No	7	✓

#### Direct data: complete wound healing

Five reviews (Dumville 2013c; Dumville 2013b; Dumville 2012; O'Meara 2000; Mason 1999a) included the same data from one study for this comparison: (n = 40) with a 16-week follow-up. There was no evidence of a difference in the number of ulcers healed between the foam dressing 70% (14/20) and the matrix-hydrocolloid dressing 80% (16/20) treated groups: RR 0.88, 95% CI 0.61 to 1.26. The direct estimate was classed as being of low quality using the GRADE assessment (Dumville 2012).

## Direct and indirect data: complete wound healing

Dumville 2012 also reported the effectiveness estimate from the mixed treatment comparison. Again there was no evidence of a different between the dressing groups: OR 2.40, 95% CrI 0.40 to 8.40. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs for this comparison: *this estimate was classed as being of very low quality.* 

#### Direct data: secondary outcomes

Data on secondary outcomes were limited; Dumville 2013b reported five adverse events in the foam dressing group and one in the matrix-hydrocolloid dressing group. Details of adverse event data collection methods were limited. The mean number of dressing changes between clinical visits was similar for both groups.

## Summary of findings foam dressing compared with matrixhydrocolloid

Data across five systematic reviews consistently reported no evidence of a difference between these dressings. Estimates were very uncertain, as studies were small and underpowered.

## Comparison 10: iodine-impregnated dressing compared with hydrofibre dressing

All extracted data reported in Table 14

Review ID	Cochrane review?	AMSTAR Score	Included studies
			Jeffcoate 2009; n = 211
			24-week follow-up
			Complete wound healing data reported? Yes
			Risk of selection bias: unclear
			Risk of detection bias: <b>low risk</b>
			Risk of attrition bias: low risk
Dumville 2013b	Yes	10	✓



Dumville 2012	No	9	<b>√</b>	
Game 2012	No	7	<b>√</b>	

### Direct data: complete wound healing

Three reviews. Dumville 2013b, Dumville 2012 and Game 2012, included data from one study (211 participants) with 24-week follow-up. Data from this study suggested no evidence of a difference in the number of ulcers healed in the iodine-impregnated dressing group 44% (48/108) compared with the hydrofibre dressing group 39% (46/103): RR 1.00, 95% CI 0.74 to 1.34. The direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).

## Direct and indirect data: complete wound healing

Dumville 2012 also reported the effectiveness estimate from the mixed treatment comparison. There was again no evidence of a different between the dressing groups: OR 1.05, 95% Crl 0.99 to 1.75. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison: the estimate was classed as being of moderate quality.

### Direct data: secondary outcomes

Both reviews which assessed this (Dumville 2013b, Game 2012) concluded that the costs of using fibrous-hydrocolloid and an iodine-impregnated dressing were similar, although there was wide imprecision around the estimates. There was no evidence of a difference in the number of adverse events, or health-related quality of life.

## Summary of findings: iodine dressing versus hydrofibre dressing

Data from three reviews reporting one relevant included study for this comparison consistently reported no evidence of a difference between these dressings in terms of healing, adverse events, or quality of life.

## Comparison 11: alginate compared with silver-hydrofibre dressing

All extracted data reported in Table 15

Review ID	Cochrane review?	AMSTAR Score	Included studies
			Jude 2007; n = 134
			8-week follow-up
			Complete wound healing data reported? <b>Yes</b>
			Risk of selection bias: unclear risk
			Risk of detection bias: unclear risk
			Risk of attrition bias: low risk
Dumville 2013a	No	10	✓
Dumville 2012	Yes	9	✓
Game 2012	No	7	✓
Storm-Versloot 2010	Yes	11	✓

## Direct data: complete wound healing

Four systematic reviews included data from the same study, which had 134 participants and an eight-week follow-up. There was no evidence of a difference in the number of ulcers healed in the silver-hydrofibre group 31% (21/67) compared with the alginate dressing group 22% (15/67): RR 1.40, 95% CI 0.79 to 2.47. The direct estimate was classed as being of moderate quality using the GRADE assessment (Dumville 2012).

## Direct and indirect data: complete wound healing

Dumville 2012 also reported the effectiveness estimate from the mixed treatment comparison. Again, there was no evidence of a different between the dressing groups: OR 1.73, 95% Crl 0.73 to 3.53. The study authors used an ad hoc method to assess the quality of the mixed treatment comparison outputs: this estimate was classed as being of moderate quality.

## Direct data: secondary outcomes

There did not appear to be any difference in the number of adverse events, time to healing or mean number of dressing changes during



the study in the silver-hydrofibre-dressed group and the alginate-dressed group. There were more infections (type unclear) in the silver-hydrofibre group (14 versus 8).

Summary of all findings informed by direct data

Moderate quality evidence

study was relatively small and underpowered.

between these dressings. Estimates were very uncertain as the

## Summary of findings: alginate versus silver-hydrofibre dressing

Data from four reviews reporting one relevant included study for this comparison consistently reported no evidence of a difference

#### **Complete wound healing** Complete wound healing Secondary outcomes Direct data Direct and indirect data Direct data Data from two trials (n = 114). Short term follow-up 1. Basic wound No evidence of a difference Limited data availcontact dressing times (4 and 8 weeks) in complete wound healing able, no evidence in compared with aleither direction pre-No evidence of a difference in complete wound OR 1.29, 95% Crl 0.57 to 2.51 ginate dressings sented healing Moderate quality evidence RR 1.09, 95% CI 0.66 to 1.80 Moderate quality evidence 2. Basic wound Data from three trials (n = 198) **Evidence of more complete** One review pooled contact dressing wound healing with hydroadverse event da-Short- and medium-term follow-up times (4, 16 and compared with hyta, reporting no evi-20 weeks) drogel dressings dence of a different OR 3.10, 95% Crl 1.51 to 5.50 in adverse events Evidence of a more complete wound healing with when a random-efhydrogel Very low quality evidence fects model was used. RR 0.56, 95% RR 1.80, 95% CI: 1.27 to 2.56 CI 0.25 to 1.25 Low quality evidence 3. Basic wound Data from two trials (n = 229). Medium-term follow-up No evidence of a difference Some evidence contact dressing of 24 weeks/up to 350 days in complete wound healing that hydrofibre was compared with hynot a cost-effective No evidence of a difference in complete wound OR 1.28, 95% Crl 0.71 to 2.13 drofibre dressing treatment. No evhealing idence of a differ-Moderate quality evidence ence in secondary RR 1.01, 95% CI: 0.74 to 1.38 outcomes including adverse events Moderate quality evidence 4. Basic wound Data from one study (n = 30). Medium-term follow-up Not reported Not reported contact dressing of 12 weeks compared with Evidence of an increase in complete wound healing Hyalofill® dressing with Hyalofill® RR 0.26, 95% CI 0.12 to 0.53 No further information available. Unable to locate data in cited source. 5. Basic wound Data from one trial (n = 214). Medium-term follow-up No evidence of a difference No evidence of a contact dressing in complete wound healing different in seccompared with ioondary outcomes No evidence of a difference in complete wound OR 1.28, 95% Crl 0.71 to 2.13 dine-impregnated including adverse healing dressing events

OR 1.27, 95% Crl 0.74 to 2.19



	Moderate quality evidence			
6. Basic wound	Data from two trials (n = 49)	Evidence of an increase in	Limited data avail-	
contact dressing compared with	Medium-term follow-up of 8 and 13 weeks	complete wound healing with foam	able, no evidence in either direction pre-	
foam dressing	No clear evidence of a difference in complete wound healing	OR 4.32, 95% Crl 1.56 to 9.85	sented	
	RR 2.03, 95% CI 0.91 to 4.55	Very low quality evidence		
	Low quality evidence			
7. Basic wound contact dressing	Data from 1 trial (n = 276). Medium-term follow-up of 12 weeks	No evidence of a difference in complete wound healing	Not reported	
compared with protease-modulat- ing matrix dress-	No clear evidence of a difference in complete wound healing	OR 1.54, 95% Crl 0.89 to 2.47		
ing	OR 1.49, 95% CrIs 0.90 to 2.47	Moderate quality evidence		
	Moderate quality evidence			
8. Foam dressings compared with al- ginate dressing	Data from 2 trials (n = 50). Medium-term follow-up of 8 and 12 weeks	Evidence of an increase in complete wound healing with foam	Limited data avail- able, no evidence in either direction pre-	
gillate uressing	No evidence of a difference in complete wound healing	OR 3.61, 95% Crl 1.30 to 8.30	sented	
	RR 1.50, 95% CI 0.92 to 2.44	Very low quality evidence		
	Low quality evidence	very tow quality evidence		
9. Foam dressing compared with matrix-hydrocol-	Data from 1 trial (n = 40). Medium-term follow-up of 16 weeks	No clear evidence of a dif- ference in complete wound healing	Limited data avail- able, no evidence in either direction pre-	
loid dressing	No evidence of a difference in complete wound healing	oR 2.40, 95% Crl 0.40 to 8.40		
	RR 0.88, 95% CI 0.61 to 1.26	Very low quality evidence		
	Low quality evidence			
10. lodine-impreg-	Data from 1 trial (n = 211).	No evidence of a difference	No evidence of a	
nated dressing compared with hy-	Medium-term follow-up of 24 weeks	in complete wound healing	difference in sec- ondary outcomes	
drofibre dressing	No evidence of a difference in complete wound healing	OR 1.05, 95% Crl 0.99 to 1.75  Moderate quality evidence	including adverse events	
	RR 1.00, 95% CI 0.74 to 1.34			
	Moderate quality evidence			
11. Alginate com- pared with sil-	Data from 1 trial (n = 134). Short-term follow-up of 8 weeks	No clear evidence of a dif- ference in complete wound	No evidence of a difference in ad-	
ver-hydrofibre dressing	No clear evidence of a difference in complete wound healing	healing OR 1.73, 95% Crl 0.73 to 3.53	verse events or number of dressing changes, no health-	
	RR 1.73, 95% CI 0.73 to 3.53	Moderate quality evidence	related quality of life data	
	Moderate quality evidence		<del></del>	



Comparisons informed by indirect evidence only (from Dumville 2012). The favoured intervention is in bold (OR > 1 favour the second intervention listed and OR < 1 favour the first listed).

Comparison	OR (95% CrI)	Quality of estimate as- sessment
Basic wound contact dressing compared with silver-hydrofibre dressing	2.22 (0.65 to 5.60)	Very low quality evidence
Basic wound contact dressing compared with matrix-hydrocolloid dressing	10.38 (1.19 to 42.1)	Very low quality evidence
Alginate dressing compared with <b>hydrofibre dressing</b>	1.15 (0.41 to 2.57)	Low quality evidence
Alginate dressing compared with an <b>iodine-impregnated dressing</b>	1.16 (0.42 to 2.60)	Low quality evidence
Alginate dressing compared with <b>hydrogel</b>	2.99 (0.98 to 7.12)	Very low quality evidence
Alginate dressing compared with <b>protease-modulating matrix dressing</b>	1.38 (0.51 to 3.05)	Very low quality evidence
Alginate dressing compared with matrix-hydrocolloid dressing	8.66 (1.02 to 34.71)	Very low quality evidence
Foam dressing compared with hydrofibre dressing	0.37 (0.11 to 0.93)	Moderate quality evidence
Foam dressing compared with iodine-impregnated dressing	0.37 (0.11 to 0.93)	Moderate quality evidence
Foam dressing compared with hydrogel	0.96 (0.26 to 2.53)	Very low quality evidence
Foam dressing compared with a protease-modulating matrix dressing	0.45 (0.13 to 1.10)	Moderate quality evidence
Foam dressing compared with silver-hydrofibre dressing	0.60 (0.15 to 1.66)	Moderate quality evidence
Hydrofibre dressing compared with <b>hydrogel</b>	2.81 (1.10 to 6.00)	Very low quality evidence
Hydrofibre dressing compared with a <b>protease-modulating matrix</b> dressing	1.30 (0.57 to 2.57)	Moderate quality evidence
Hydrofibre dressing compared with silver-hydrofibre dressing	1.88 (0.46 to 5.27)	Low quality evidence
Hydrofibre dressing compared with matrix-hydrocolloid dressing	8.81 (0.88 to 37.8)	Very low quality evidence
Iodine-impregnated dressing compared with <b>hydrogel</b>	2.79 (1.09 to 6.00)	Very low quality evidence
lodine-impregnated dressing compared with a <b>protease-modulating ma- trix dressing</b>	1.29 (0.57 to 2.53)	Moderate quality evidence
lodine-impregnated dressing compared with silver-hydrofibre dressing	1.86 (0.46 to 5.22)	Low quality evidence
lodine-impregnated dressing compared with matrix-hydrocolloid dressing	8.72 (0.87 to 37.3)	Very low quality evidence
Hydrogel compared with a protease-modulating matrix dressing	0.52 (0.20 to 1.08)	Low quality evidence
Hydrogel compared with silver-hydrofibre dressing	0.75 (0.17 to 2.16)	Low quality evidence
Hydrogel compared with matrix-hydrocolloid dressing	3.47 (0.33 to 14.7)	Very low quality evidence



Protease-modulating matrix dressing compared with <b>silver-hydrofibre dressing</b>	1.55 (0.39 to 4.31)	Low quality evidence
Protease-modulating matrix dressing compared with <b>matrix-hydrocol-loid dressing</b>	7.24 (0.75 to 30.5)	Very low quality evidence
Silver-hydrofibre dressing compared with <b>matrix-hydrocolloid dressing</b>	5.88 (0.53 to 26.2)	Very low quality evidence

#### DISCUSSION

#### **Summary of main results**

This overview of reviews identified 13 eligible reviews for inclusion; six were Cochrane reviews and seven were non-Cochrane reviews. One of the non-Cochrane reviews reported the results of a network meta-analysis, the results of which are reported here. Eleven comparisons were informed by direct data; with 10 of these also informed by direct and indirect data from the network meta-analysis. Many of the reviews reported similar comparisons with, as one would expect, more trials included in the more recent reviews. All included reviews were deemed to be of moderate to high quality. For comparisons informed in part by direct data the reviews reported no clear evidence of a difference between the following dressings in terms of wound healing:

- basic wound contact dressing compared with alginate dressings (moderate quality evidence);
- basic wound dressing compared with hydrofibre dressing (moderate quality evidence);
- 3. basic wound contact dressing compared with iodineimpregnated dressing (moderate quality evidence);
- 4. basic wound contact dressing compared with protease-modulating matrix dressing (moderate quality evidence);
- 5. foam dressing compared with matrix-hydrocolloid dressing (low quality evidence);
- 6. iodine-impregnated dressing compared with hydrofibre dressing (moderate quality evidence);
- 7. alginate compared with silver-hydrofibre dressing (moderate quality evidence).

**Evidence of a difference in wound healing between dressings** was reported for the following (favoured intervention in bold):

- basic wound contact dressing compared with hydrogel dressings (low/very low quality evidence);
- 2. basic wound contact dressing compared with **foam dressing** (very low quality evidence);
- 3. **foam dressings** compared with alginate dressing (direct and indirect data only very low quality evidence);
- 4. basic wound contact dressing compared with **Hyalofill dressing**, but data could not be obtained for the reference and we were unable to assess the original data.

There is currently no robust evidence that any 'advanced' dressings type is more effective than basic wound contact dressings for healing foot ulcers in people with diabetes mellitus (DM). There was imprecision around the estimates for all these comparisons, as small numbers of trials were available - the maximum number of randomised controlled trials (RCTs) per comparison was three - and

these trials had generally small numbers of participants, therefore the potential effectiveness of the treatments remains uncertain. In the three comparisons where direct evidence of differences was reported the evidence was deemed to be low or very low quality, and in one case could not be assessed, therefore these findings are not optimal in terms of informing practice and are also considered uncertain. The small size of the evidence base represented in this overview was also evident in the large amount of imprecision around all estimates informed only by indirect data that were reported by the network meta-analysis included in the review.

This overview evaluated a number of different dressing types, including basic wound contact, hydrogel, hydrocolloid, foam, alginate, protease-modulating and antimicrobial (iodine and silver). It has been suggested that different dressings may be targeted to manage specific wound states or stages of healing (Boateng 2008), implying that complete healing may not be an appropriate treatment aim for all interventions. For example, foam and alginate products may be used to manage periods of heavy exudate, whilst antimicrobial dressings should be applied in order to resolve infection (BNF 2014). The implication is that such products are designed to create an optimal environment for a wound healing trajectory, but would not necessarily be expected to achieve healing directly. Specific guidance on this aspect of wound management is not easily gleaned from the literature (Boateng 2008); this also has an impact on clinical guidelines, as it means that clear recommendations on dressing choice are difficult to define (NICE 2013). However, prescribing guidelines and some local clinical practice guidelines attempt to provide support for clinical decision making (BNF 2014; Leeds Community Healthcare 2011). Most of the RCTs discussed in this overview focused on wound healing as the primary outcome and presented relatively sparse data on secondary outcomes (e.g. exudate management). More research is needed into the nature of benefits that may be achieved with different types of dressings and how additional outcomes of importance to decision makers (including service users) such as exudate management, resolution of infection and adverse effects may best be measured.

## **Quality of the evidence**

In general all of the included reviews were of moderate to high quality as assessed using AMSTAR, which is the recommended approach for Cochrane overviews of reviews. As one might expect, the Cochrane reviews had the highest scores as they all followed a similar and prescribed process. All reviews point to the limited number of studies that address the review question. Furthermore the available studies were often small and probably underpowered. Additionally studies seldom made use of optimal outcomes such as time to healing and rarely reported secondary outcome data in a clear and consistent manner. We also acknowledge the limitations associated with the size of the available evidence base for several



included comparisons, with many having only a single identified trial.

## Potential biases in the overview process

We followed a rigorous review process aiming to minimise bias at all stages. We do note that one of the overview authors was also an author on five of the reviews included here. This author was not involved in the quality assessment of reviews nor in data extraction.

## **AUTHORS' CONCLUSIONS**

## Implications for practice

There is currently no robust evidence of differences between wound dressings for any outcome in foot ulcers in people with diabetes (treated in any setting). When choosing dressings, practitioners may want to consider the unit cost of dressings, together with their management properties and patient preference.

## Implications for research

There is uncertainty about the use of different types of dressings to treat foot ulcers in diabetes that could be reduced with further research. However, such research would be costly so it is important to assess the value of further research and whether resolving uncertainty in this area is a priority for patients and clinical decision makers. Other possible topics for research related to this topic include exploring whether non-healing outcomes are important to health professionals and patients, and how these could be measured.

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#### Disclaimer

The views and opinions expressed therein are those of the authors and do not necessarily reflect those of the NIHR, NHS or the Department of Health.



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#### **ADDITIONAL TABLES**

## Table 1. Overview of dressing types

## Basic wound contact dressings

Low adherence dressings and wound contact material Absorbent dressings

## **Advanced wound dressings**

Hydrogel dressings

Films: permeable film and membrane dressings

Soft polymer dressings

Hydrocolloid dressings

Foam dressings

Alginate dressings

Capillary-action dressings

Odour-absorbant dressings

## **Anti-microbial dressings**

Honey

Iodine Silver

PHMB (polyhexamethylene biguanide or

polihexanide)

Other

## **Specialist dressings**

Protease-modulating matrix

Review ID	Cochrane Re- view?	Number of databases searched	Search date	Interventions included	Included wound types	Other out- comes re- ported in the review that are rel- evant to this overview	Method of risk of bias/quali- ty assessment used in the re- view
Dumville 2013d	Y	6	2013	Included any RCT in which the presence or absence of a <b>hydrogel dressing</b> was the only systematic difference between treat- ment groups	Foot ulcers in people of any age with DM	Health-relat- ed quality of life; amputa- tions; adverse events, in- cluding pain; cost	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Sys- tematic Reviews of Interven- tions (Higgins 2011)
Dumville 2013c	Y	6	2013	Included any RCT in which the presence or absence of a <b>foam dressing</b> was the only systematic differ- ence between treatment groups	Foot ulcers in people of any age with DM	Health-relat- ed quality of life; amputa- tions; adverse events, in- cluding pain; cost	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Sys- tematic Reviews of Interven- tions (Higgins 2011)
Dumville 2013b	Y	6	2013	Included any RCT in which the presence or absence of a <b>hydrocolloid dress-</b> <b>ing</b> was the only system- atic difference between treatment groups	Foot ulcers in peo- ple of any age with DM	Health-relat- ed quality of life; amputa- tions; adverse events, in- cluding pain; cost	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Sys- tematic Reviews of Interven- tions (Higgins 2011)
Dumville 2013a	N	6	2013	Included any RCT in which the presence or absence of a <b>alginate dressing</b> was the only systematic difference between treat- ment groups	Foot ulcers in peo- ple with DM	N/A	Standard GRADE assessment for direct estimates. Estimates from the MTC was assessed using an ad hoc modified ver- sion of GRADE developed by the study authors
Dumville 2012	Y	6	2012	Included any RCT comparing one dressing treatment with another	Foot ulcers in peo- ple of any age with DM	Health-relat- ed quality of life; amputa- tions; adverse events, in-	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Sys- tematic Reviews of Interven- tions (Higgins 2011)

able 2. Sumr						cluding pain; cost	
Edwards 2010	Υ	6	2011	Included any RCT comparing hydrogel dressing with good wound care or gauze	Foot ulcers in peo- ple with DM (neu- ropathic, neu- roischaemic or is- chaemic aetiology)	Number of complica- tions/adverse events; quali- ty of life	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Sys tematic Reviews of Interven- tions (Higgins 2011)
Game 2012	N	6	2010	Included any RCT comparing:  1. basic wound contact dressing with hydrofibre dressing or iodine-impregnated dressing;  2. alginate dressing with silver-hydrofibre dressing	Foot ulcers in peo- ple with DM	Amputation	Each study was scored for methodological quality us- ing scoring lists specific for each study design and based on checklists developed by the Dutch Cochrane Center (www.cochrane.nl/index.html)
Voigt 2012	N	2	2011	Included any RCT comparing Hyalofill dressing with basic wound contact dressing	Foot ulcers in people with DM down to and including bone (Wagner class 4), diabetic and neuropathic lower extremity ulcers, venous leg ulcers, partial or full skin thickness burns, and surgical removal of the epithelial layer of skin	None	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Sys- tematic Reviews of Interven- tions (Higgins 2011)
Storm-Ver- sloot 2010	Y	6	2009	Included any RCT comparing silver-hydrofibre dressing with alginate dressing	Preventing infection or promoting the healing, or both, of uninfected wounds of any aetiology. People aged 18 years and over with any type of wound	Adverse events; pain; health relat- ed quality of life; length of hospital stay; costs	Standard Cochrane 'Risk of bias' assessment as outlined in Cochrane Handbook for Sys tematic Reviews of Interven- tions (Higgins 2011).

Hinchliffe 2008b	N	4	2006	Included any RCT comparing: basic wound contact dressing with alginate dressing or hydrofibre dressing or foam dressing	Chronic foot ulcers in people aged 18 years or older with either type 1 or type 2 DM	N/A	Each study was scored for methodological quality using design-specific scoring, based on checklists developed by the Dutch Cochrane Center (www.cochrane.nl/index.html)
Nelson 2006	N	16	2002	Included any RCT comparing hydrogel dressing with basic wound contact dressing	Foot ulcers in adults with DM	Number and duration of hospital ad- missions for diabetic foot problems	The methodological quality of RCTs was assessed using the Jadad (Jadad 1996) criteria
O'Meara 2000	N	19	2000	Included any RCT comparing:  1. foam dressing with matrix-hydrocolloid dressing or alginate dressing;  2. basic wound contact dressing with alginate dressing or foam dressing	Chronic wounds, foot ulcers in people with diabetes, pressure ulcers, chronic leg ulcers (caused by venous, arterial or mixed insufficiency), pilonidal sinuses, non-healing surgical wounds and chronic cavity wounds	N/A	Details of study quality assessment were provided in appendix 6. However the risk of bias assessment tool used in this review was not reported explicitly
Mason 1999a	N	8	Searched from 1983, but search date was not reported	Included any RCT comparing:  1. foam dressing with matrix-hydrocolloid dressing oralginate dressing;  2. basic wound contact dressing with foam dressing oralginate dressing	Foot ulcers in peo- ple with DM	N/A	Method of risk of bias/quality assessment was not reported explicitly in this study



MTC: Mixed Treatment comparison

N: no

N/A: Not applicable

Cochrane
Library

RCT: randomised controlled trial Y: yes



Table 3. AMSTAR assessment of included Cochrane reviews

AMSTAR criteria (for all included Cochrane reviews)	Storm-Ver- sloot 2010	Edwards 2010	Dumville 2013a	Dumville 2013b	Dumville 2013c	Dumville 2013d
A priori design	Υ	Υ	Υ	Υ	Υ	Υ
Duplicate selection and extraction*	Υ	N	Υ	Υ	Υ	Υ
Comprehensive literature search	Υ	Υ	Υ	Υ	Υ	Υ
Searched for reports regardless of publication type or language	Υ	Υ	Υ	Υ	Υ	Υ
Excluded/included list provided	Υ	Υ	Υ	Υ	Υ	Υ
Characteristics of included studies pro- vided	Υ	Υ	Υ	Υ	Υ	Υ
Quality assessment of included studies assessed and presented	Υ	Y	Υ	Υ	Υ	Υ
Quality used appropriately in formulat- ing conclusions	Υ	Υ	Υ	Υ	Υ	Υ
Methods used to combine studies appropriate	Υ	Υ	Υ	Υ	Υ	Υ
Publication bias assessed	Υ	N/A	N/A	N/A	N/A	N/A
Conflict of interest stated	Υ	Υ	Υ	Υ	Υ	Υ
Total score (out of a maximum of 11)	11	9	10	10	10	10

<sup>\*</sup> In the AMSTAR assessment we coded "YES" where checking of study selections and data extraction was reported; we coded "NO" where only study exclusions were checked.

# **Abbreviations**

N: no

N/A: not applicable

Y: yes

AMSTAR criteria (for all included non- Cochrane reviews)	O'Meara 2000	Hinchliffe 2008b	Mason 1999a	Game 2012	Nelson 2006	Dumville 2012	Voigt 2012
A priori design	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Duplicate selection and extraction *1	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Comprehensive literature search	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Searched for reports regardless of publication type or language	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Excluded/included list provided	Υ	N	N	N	N	N	Υ
Characteristics of included studies provided	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Quality assessment of included studies assessed and presented	Υ	Υ	Y	Υ	Υ	Υ	Υ
Quality used appropriately in formulating con- clusions	Υ	Υ	Y	Υ	Υ	Υ	Υ
Methods used to combine studies appropriate *2	Υ	N/A	N/A	N/A	N/A	N/A	Υ
Publication bias assessed	N/A	N/A	N/A	N/A	NA	Υ	Υ
Conflict of interest stated *3	N	N	N	N	N	Υ	N
Total score (out of a maximum of 11)	9	7	7	7	7	9	10

<sup>\*1.</sup> In the AMSTAR assessment we coded "YES" where checking of study selections and data extraction was reported; we coded "NO" where only study exclusions were checked

#### **Abbreviations**

N: no

N/A: not applicable

Y: yes

<sup>\*2.</sup> In the AMSTAR assessment we coded the synthesis criterion as not applicable (N/A) for reviews where no meta-analysis was conducted

<sup>\*3.</sup> For the AMSTAR assessment we coded the funding criterion "NO" if funding for individual studies not reported



# Table 5. Comparison 1: review data for basic wound contact dressing versus alginate dressing

## Comparison 1

# Basic wound contact dressing versus alginate dressing

Dunwille 2013a	Review	Included trials (tri- als that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Primary outcomes:   Alginate: n = 109		RCTs: 3	% ulcers healed	NR		NR	NR
Maintain		Total N = 191	Pooled analysis				
time to ulcer healing; proportion of ulcers healed within specific time  Cochrane review  Alginate: n = 20  Cochrane review  Cochrane review  Cochrane review  Alginate: n = 20  Cochrane review  Alginate: n = 20  Cochrane review  Alginate: n = 50  Cochrane review  Cochrane review  Alginate: n = 50  Cochrane review  Cochrane review  Alginate: n = 50  Cochrane revie	-	Alginate: n = 109			-		
Abroni 1993 (n = 39)*   Trial data reported   Al all after the 4-week follow-up: minimum 4 weeks   Alginate: n = 20	time to ulcer	BWC: n = 82					
Follow-up: minimum 4 weeks  Alginate: n = 20  Alginates: n = 20  BWC: n = 19  Donaghue 1998 (n = 75)*  Follow-up: 8 weeks  Alginate: n = 50  BWC: n = 25  Lalau 2002 (n = 77)  Follow-up: 6 weeks, unclear if only 4-week data analysed  Alginate: n = 39  BWC: n = 38  Alginate: 6.2 (SD 0.4) vs BWC  Trial data reported  Alginate: n = 39  BWC: n = 38  Alginate: n = 50  Mean time to healing (weeks)  Interview  Alginate: n = 50  Alginate reported  AES  Donaghue  1998  Alginate: n = 39  BWC: n = 38  Alginate (a) (SD 0.4) vs BWC  5.8 (SD 0.4)  Alginate: n = 39  BWC: n = 38  Alginate (a) (SD 0.4) vs BWC  6 events, not described, group allocation unclear  Hospitalisation  Ahroni 1993  Alginate 2; BWC 1  Dumville  Total N = 114  Alginate: n = 70  Direct estimate  OR 1.36 (RDES Cel 0.55 to 2.46)  OR 1.36 (RDES Cel 0.55 to 2.46)  OR 1.36 (RDES Cel 0.55 to 2.46)  Other AES  Alginates: 6  (4 antibiotic treatment, 1  death, 1 sep-ticaemia) vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia) vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiotic treatment, 1  death, 1 sep-ticaemia, vs  BWC: 4 (3 an-tibiot		Ahroni 1993(n = 39)*	Trial data reported		all after the		
Alginate: n = 20		-	Ahroni 1993				
Donaghue 1998 (n = 75)*   Donaghue 1998 (n = 75)*   Alginates: 6 (4 antibiotic treatment, 1 death, 1 septicaemia) vs					Other AEs		
Donaghue 1998 (n = 75)*	review BWC: 1  Donag 75)*  Follow Algina	BWC: n = 19			Ahroni 1993		
Follow-up: 8 weeks  Alginate: n = 50 BWC: n = 25  Lalau 2002 (n = 77)  Follow-up: 6 weeks, unclear if only 4-week data analysed Alginate: n = 39 BWC: n = 38  Donaghue 1998  Alginate: n = 39 BWC: n = 38  Donaghue 1998  Alginate: n = 39 BWC: n = 38  Alginate 6.2 (SD 0.4) vs BWC 5.8 (SD 0.4)  Alginate 2; BWC 1  Dumville  Direct estimate  RCTS: 2  Pooled analyses  Primary outcome:  Alginate: n = 70  Alginate: n = 70  Alginate: n = 70  Direct estimate  OR 1.36 (95% CI 0.73 to death, 1 septicaenth, 1 death, 1 septicaenth, 2 death, 2 d		Donaghue 1998 (n =			(4 antibiotic		
Alginate: n = 50 BWC: n = 25 (weeks)  Lalau 2002 (n = 77) Follow-up: 6 weeks, unclear if only 4-week data analysed Alginate: n = 39 BWC: n = 38  Donaghue 1998 Alginate: n = 39 BWC: n = 38  Alginate: n = 39 BWC: n = 38  Donaghue 1998 Alginate 6.2 (SD 0.4) vs BWC 5.8 (SD 0.4) 6 events, not described, group allocation unclear Hospitalisation Ahroni 1993 Alginate 2; BWC 1  Dumville 2012 RCTs: 2 Pooled analyses Frimary outcome: Total N = 114 (fixed-effect) from 2 RCTs  PWC: n = 44  PRIC: n = 44  PWC: n = 44  PWC		·	(26%); RR 1.33 (95% CI 0.73 to		death, 1 sep-		
Lalau 2002 (n = 77)  Lalau 2002 (n = 77)  Follow-up: 6 weeks, unclear if only 4-week data analysed  Alginate: n = 39  BWC: n = 38  Donaghue 1998  Alginate 6.2 (SD 0.4) vs BWC 5.8 (SD 0.4)  6 events, not described, group allocation unclear  Hospitalisation  Ahroni 1993  Alginate 2; BWC 1  Dumville 2012  Primary outcome:  Primary outcome:  Alginate: n = 70  Direct estimate  OR 1.26 (95% Crt 0.55 to 2.46)  OR 1.26 (95% Crt 0.55 to 2.46)		Alginate: n = 50	(weeks)		BWC: 4 (3 an-		
Follow-up: 6 weeks, unclear if only 4-week data analysed Alginate: n = 39 BWC: n = 38  Donaghue 1998 Alginate 6.2 (SD 0.4) vs BWC 5.8 (SD 0.4)  6 events, not described, group allocation unclear  Hospitalisation Ahroni 1993 Alginate 2; BWC 1  Dumville Dumville Z012  RCTs: 2  Pooled analyses  Primary outcome:  Alginate: n = 70 Direct estimate  OR 1.36 (9596 Cri 0.55 to 2.46)  Donaghue 1998  NR NR NR  NR NR  NR  NR  NR  NR  NR  N		BWC: n = 25			ment, 1 death)		
Alginate: n = 39 BWC: n = 38  Dumville 2012  RCTs: 2  Pooled analyses  Primary outcome:  Total N = 114  CRI S = 544  CRI S = 544  CRI S = 544  CRI S = 544  Alginate 6.2 (SD 0.4) vs BWC  5.8 (SD 0.4) SewC  5.8 (SD 0.4) 6 events, not described, group allocation unclear  Hospitalisation  Ahroni 1993  Alginate 2; BWC 1  NR  NR  NR  NR  NR  NR  NR  NR  NR  N		Lalau 2002 (n = 77)	Trial data reported		AEs		
Alginate: n = 39 BWC: n = 38  BWC: n = 38  Alginate 2; BWC 1  Dumville 2012  RCTs: 2  Primary outcome:  Total N = 114  (fixed-effect) from 2 RCTs  Proportion Alginate: n = 70  Direct estimate  OR 1 36 (95% Cri 0 55 to 3 46)		unclear if only 4-	Alginate 6.2 (SD 0.4) vs BWC				
BWC: n = 38  group allocation unclear  Hospitalisation  Ahroni 1993  Alginate 2; BWC 1  Dumville 2012  RCTs: 2  Pooled analyses  Primary outcome:  Total N = 114  (fixed-effect) from 2 RCTs  Proportion of ulcers  Alginate: n = 70  Direct estimate  OR 1 26 (95% Crt 0 55 to 2 46)		-	5.8 (SD 0.4)		,		
BWC: n = 38  tion unclear  Hospitalisation  Ahroni 1993  Alginate 2; BWC 1  Dumville  2012  RCTs: 2  Pooled analyses  Primary outcome:  Total N = 114  (fixed-effect) from 2 RCTs  Proportion of ulcers  PWC: n = 44  OR 1.26 (95% Crt 0.55 to 2.46)		Alginate: n = 39					
tion  Ahroni 1993  Alginate 2; BWC 1  Dumville 2012  RCTs: 2  Pooled analyses  Primary outcome:  Total N = 114  (fixed-effect) from 2 RCTs  Proportion of ulcers  PWC: n = 44  OR 1.26 (95% Crl 0.55 to 3.46)		BWC: n = 38					
Alginate 2; BWC 1  Dumville 2012  RCTs: 2  Pooled analyses  Primary outcome:  Total N = 114  (fixed-effect) from 2 RCTs  proportion of ulcers  PWC: n = 44  OR 1.26 (95% Crl 0.55 to 2.46)							
Dumville Direct estimate % ulcers healed NR					Ahroni 1993		
Primary outcome: Total N = 114 (fixed-effect) from 2 RCTs  proportion Alginate: n = 70 Direct estimate of ulcers BWC: n = 44 OP 1.26 (95% Crl 0.55 to 2.46)					-		
Primary outcome: Total N = 114 (fixed-effect) from 2 RCTs  proportion Alginate: n = 70 Direct estimate of ulcers PWC: n = 44 OP 1.26 (95% Crl 0.55 to 2.46)		Direct estimate	% ulcers healed	NR	NR	NR	NR
Primary outcome:     Total N = 114     (fixed-effect) from 2 RCTs       proportion of ulcers     Alginate: n = 70     Direct estimate       OP 1.26 (95% Crl 0.55 to 2.46)	2012	RCTs: 2	Pooled analyses				
of ulcers PWC : n = 44			-				
of ulcers PWC: p = 44 OP 1.26 (95% Crl 0.55 to 2.46)	proportion	Alginate: n = 70	Direct estimate				
neated with-	of ulcers healed with-	BWC: n = 44	OR 1.26 (95% Crl 0.55 to 2.46)				

NR

NR

NR



Table 5.	Comparison 1: re	eview data for basic wou	nd contact dressing	g versus alginate dres	ssing (Continued)
----------	------------------	--------------------------	---------------------	------------------------	-------------------

NR

NR

NR

NR

OR 1.29 (95% Crl 0.57 to 2.51)

in specific

Ahroni 1993(n = 39)\*

**MTC** estimate

time

Alginate: n = 20

Mixed treat-

ment comparison

BWC: n = 19

Donaghue 1998 (n =

75)\* Non-

Cochrane review

Alginate: n = 50

BWC: n = 25

RCTs: 2

Hinchliffe 2008b

**Primary** 

review

outcome:

Total N = 152

Alginate: n = 89

proportion BWC: n = 63 of ulcers

healed Donaghue 1998 (n =

75)\* Non-Cochrane

Alginate: n = 50

BWC: n = 25

Lalau 2002 (n = 77)

Alginate: n = 39

BWC: n = 38

% ulcers healed

Trial data reported

Donaghue 1998

Alginate: 48% of n = 50

BWC: 36% of n = 25

Lalau 2002

NR

O'Meara 2000

outcome:

**Primary** 

% ulcers healed

Non-Cochrane review

Total N = 75

RCTs: 1

Donaghue 1998 (n =

Alginate: n = 50

BWC: n = 25

% ulcers healed Trial data reported

Donaghue 1998 Alginate:24/44, BWC:9/17

OR 1.07(95% CI 0.36 to 3.25)

Mean time to healing

Trial data reported Donaghue 1998

Alginate: 43.4 ± 19.8 days

Trial data reported

Donaghue 1998

No difference

the number or severity of reported adverse reactions between

groups

ported

tients' assessment of perceived efficacy

Trial data

reported

Donaghue

1998 Pa-

favoured alginate compared

previous treatment

NR

Mason 1999a

**Primary** 

Non-

Cochrane

review

outcome:

RCTs: 2

Total N = 114

BWC: n = 44

Alginate: n = 70

% ulcer healed

Ahroni 1993 (n = 39)

Alginate: n = 20

% ulcers healed

Trial data reported

BWC: 40.6 ± 21 days

Ahroni 1993

Alginate 5/20 (25%) vs BWC 7/19 (37%)

% wounds healed eventually (unspecified time)

Trial data re-NR

**Withdrawals** 

Donaghue 1998

Alginate 12% vs BWC 32%



## Table 5. Comparison 1: review data for basic wound contact dressing versus alginate dressing (Continued)

BWC: n = 19 Ahroni 1993

Donaghue 1998 (n =

75)\*

BWC: 14/19 (74%)

Alginate: 12/20 (60%)

Alginate: n = 50

Donaghue 1998

BWC: n = 25

Alginate: 24/44 (55%), BWC:

9/17 (53%)

Mean time to healing

Trial data reported Don-

aghue 1998

Alginate 43.4 ± 19.8 days

BWC: 40.6 ± 21 days

### **Abbreviations**

AE: adverse event

BWC: basic wound contact dressing

CI: confidence interval CrI: credible interval

HRQoL: health-related quality of life MTC: mixed treatment comparison

NR: not reported OR: odds ratio

RCT: randomised controlled trial

RR: risk ratio

Table 6. Comparison 2: review data for basic wound contact dressing versus hydrogel dressing

### **Comparison 2**

## Basic wound contact dressing versus hydrogel dressing

Review	Included trials (trials that re- ported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Dumville 2013d	RCTs: 3	Ulcers healed	NR	Trial data reported	Trial data reported	NR
	Total N = 198	<b>Pooled analysis</b>		Participants with AEs		
Primary outcome:	Hydrogel: n = 89	(fixed-effect) from 3 RCTs: RR 1.80 (95%		D'Hemecourt 1998	Cost/day (USD)	
number of ulcers	BWC: n = 63	CI 1.27 to 2.56); I <sup>2</sup> 0%; Chi <sup>2</sup> P value		Hydrogel: 19/70 (27%) vs BWC 25/68 (37%); RR 0.74	Jensen	
healed	<b>D'Hemecourt</b>	0.77		(95%CI 0.45 to 1.21)	1998	
Cochrane review	<b>1998</b> (n = 138)*	Trial data reported		Jensen 1998	Hydrogel 7.01 ver-	
IENIEW	Follow-up: 20 weeks	D'Hemecourt 1998		Hydrogel 3 vs BWC 4	sus BWC 12.28. Costs	
	Hydrogel: n = 70	Hydrogel: 25/70 vs BWC 15/68; RR		Amputations	not collect- ed/com-	
	BWC: n = 68	1.62 (95% CI 0.94 to		Jensen 1998	pared as	



Table 6. Comparison 2: review data for basic wound contact dressing versus hydrogel dressing (Continued)

Jensen 1998 (n =

31)\*

Follow-up: 16 weeks

Hydrogel 11/14 vs BWC 6/17; RR 2.23 (95% CI 1.11 to 4.48)

Vandeputte 1997

Hydrogel 14/15

vs BWC 7/14; RR

3.21)

1.87 (95% CI 1.09 to

Jensen 1998

Hydrogel: n = 14

BWC: n = 17

Vandeputte 1997 (n = 29)\*

Follow-up: 12 weeks

Hydrogel: n = 15

BWC: n = 14

Hydrogel 1 vs BWC 0

part of full economic evaluation

Infection-related compli-

cations

Vandeputte 1997

Hydrogel: 1/15 (7%) vs BWC 7/14 (50%); RR 0.14 (95% CI 0.02 to 1.01) NB unblinded

assessment\*

Dumville 2012

**Direct estimate** 

NR

NR

NR

NR

**Primary** 

outcomes:

time to ulcer healing; ulcers healed within specific time

Non-Cochrane review

RCTs: 3

Total N: 198

Hydrogel: n = 89

BWC: n = 63

**D'Hemecourt 1998** (n = 138)\*

Hydrogel: n = 70

BWC: n = 68

Jensen 1998 (n =

31)\*

Hydrogel: n = 14

BWC: n = 17

Vandeputte 1997

(n = 29)\*

Hydrogel: n = 15

BWC: n = 14

% ulcers healed

Pooled analyses

**Direct estimate:** OR 3.10 (95% Crl

1.51 to 5.50)

MTC estimate: OR 3.33 (95% Crl 1.65

to 6.11)

**Edwards** 2010

**Primary** outcome: number of wounds healed

Cochrane

review

RCTs: 3

Total N: 198

Hydrogel: n = 89

BWC: n = 63

**D'Hemecourt** 1998 (n = 138)\*

Hydrogel: n = 70 BWC: n = 68

% ulcers healed

**Pooled analysis** (fixed-effect) from 3 RCTs: RR 1.84 (95% CI 1.30 to 2.61)

Trial data reported

D'Hemecourt 1998 Hydrogel: 25/70 vs BWC 15/68

Pooled estimate of complications/AE from all 3 trials

Hydrogel 22 events vs BWC 36 events. Fixed-effect RR 0.60 (95% CI 0.38 to 0.95); random-effects RR 0.56 (95% CI 0.25 to 1.25). I<sup>2</sup> 31%

Trial data reported

**Infections** 

Jensen 1998



## Table 6. Comparison 2: review data for basic wound contact dressing versus hydrogel dressing (Continued)

Jensen 1998 (n =

31)\*

(85%) vs BWC 8/17

Hydrogel: n = 14

BWC: n = 17

Vandeputte 1997 (n = 29)\*

Hydrogel: n = 15

BWC: n = 14

Hydrogel 12/14

(46%)\*\*

Vandeputte 1997

Hydrogel 14/15 vs

BWC 7/14

D'Hemecourt 1998

Hydrogel 19/70 (27%) vs 25/68 (37%) RR 0.74 (95%CI

0.45 to 1.21)\*

Infection-related compli-

cations

Vandeputte 1997

Hydrogel: 1/15 (7%) vs BWC 7/14 (50%); RR 0.13 (95% CI 0.02 to 0.95)\*\*

### **Complications**

Jensen 1998

Hydrogel 2/14(14%) vs BWC 4/17 (24%); RR 0.61 (95% CI 0.13 to 2.84). Included events: amputation, increased eschar formation, cellulitis, worsened with increased eschar formation

Pain

D'Hemecourt 1998

Hydrogel: 11/70 (16%) vs BWC 10/68 (15%); RR 0.74 (95% CI 0.45 to 1.21 favouring BWC) unclear how pain

reported

NR

Hinchliffe Jensen 1998 (n = 2008b 31)

Hydrogel: n = 14

BWC: n = 17

number of

wounds healed

**Primary** 

outcome:

% wounds healed

NR

Trial data reported

Jensen 1998

Hydrogel 12/14 (85%) vs BWC 8/17

(46%)

NR

NR

Cochrane review

Nelson

2006

Non-

Vandeputte 1997

(n = 29)\*

Hydrogel: n = 15 **Primary** outcome: BWC: n = 14

number of wounds healed

Non-Cochrane review

% wounds healed

Trial data reported

Vandeputte 1997

Hydrogel 14/15 (93%) vs BWC 5/14 (36%); RR 2.61 (95% CI 1.45 to 5.76)

Trial data reported

Vandeputte 1997

**Amputation required** 

Hydrogel 1/15 (7%) vs BWC 5/14 (36%); RR 5.4 (95% CI

0.98 to 32.7)

Infection



## Table 6. Comparison 2: review data for basic wound contact dressing versus hydrogel dressing (Continued)

Hydrogel 1/15 (7%) vs BWC 7/14 (7%); RR 7.5 (95% CI 1.47 to 44.1)

### **Antibiotics needed**

Hydrogel 1/15 (7%) vs BWC 14/14 (100%); RR 0.067 (95% CI 0.01 to 0.31)

\*What Dumville defined as AE was all covered by infections in Edwards. Edwards noted that it was unclear how infection had been defined \*\*Events from the Jensen trial reported in Edwards differed from those reported in Dumville; so RR differs slightly. Checking the trial report showed that Dumville data seem accurate

#### **Abbreviations**

AE: adverse event

BWC: basic wound contact dressing

CI: confidence interval CrI: credible interval

HRQoL: health-related quality of life MTC: mixed treatment comparison

NR: not reported OR: odds ratio

RCT: randomised controlled trial

RR: risk ratio USD: USA dollars

Table 7. Comparison 3: review data for basic wound contact dressing versus hydrofibre dressing

### **Comparison 3**

## Basic wound contact dressing versus hydrofibre dressing

Review	Included trials (tri- als that reported sec- ondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Dumville	RCTs: 2	% ulcers healed	Trial data reported	Trial data reported	Trial data reported	NR
2013b Total N: 229	Total N: 229	Pooled analysis (random-ef-	reporteu	reportea	reported	
Primary outcomes:	Hydrofibre: n = 113	fects) from 2 RCTs: RR 1.01 (95% CI 0.74 to 1.38); I <sup>2</sup> 54%;	Jeffcoate 2009	Amputa- tions	Cost per healed ul-	
time to ulcer	BWC: n = 116	Chi <sup>2</sup> P value 0.14	No differ-	Jeffcoate	cer (GBP)	
healing; ul- cers healed Jeffo	Jeffcoate 2009 (n = 209)*	Trial data reported	ence in dis- ease-spe-	2009	Jeffcoate 2009 Hy-	
within spe- cific time	·	Jeffcoate 2009	cific or generic	Hydrofibre 4 vs BWC 2	rofibre 836 vs BWC 362	
cine time	Follow-up: 24 weeks	Hydrofibre 46/103 (45%) vs	QoL		V3 D W C 302	
Cochrane review	Hydrofibre: n = 103	BWC 41/106 (39%); RR 1.15 (95% CI 0.84 to 1.59)		Piaggesi 2001	Days be- tween	
	BWC: n = 106	Piaggesi 2001  Hydrofibre 9/10 (90%) vs  BWC 10/10 (100%); RR 0.90 (95% CI 0.69 to 1.18)  Mean time to healing (days)		Hydrofibre 5	dressing changes	
	Piaggesi 2001 (n = 20)*			vs BWC 3	(mean)	
	Follow-up: NR; max-			Serious AEs	Piaggesi 2001	
	imum time reported approximately 350 days			Jeffcoate 2009		



Table 7. Comparison 3: review data for basic wound contact dressing versus hydrofibre dressing (Continued)

Hydrofibre: n = 10

Trial data reported

BWC: n = 10 Jeffcoate 2009

Hydrofibre 125.8 (SD 55.5) vs BWC 130.7 (SD 52.4)

Piaggesi 2001

Hydrofibre 127 (SD 46) vs BWC 234 (SD 61) Hydrofibre 28 vs BWC 35

Hydrofibre 21 vs BWC

2.4

NR

NR

Non-serious

AEs

Jeffcoate 2009

Hydrofibre 227 vs BWC 244

AEs reported

Piaggesi 2001

Hydrofibre 2 vs BWC 5

Dumville **Direct estimate** % ulcers healed NR NR 2012 RCTs: 2 **Pooled analyses Primary** Total N: 229 **Direct estimate: OR 1.28** outcomes: (95% Crl 0.71 to 2.14) Hydrofibre: n = 113 time to ulcer **MTC estimate:** OR 1.28 (95% healing; ul-BWC: n = 116 cers healed

209)\*

Non-Cochrane review

within spe-

cific time

Hydrofibre: n = 103

BWC: n = 106

Piaggesi 2001 (n = 20)\*

Hydrofibre: n = 10

	BWC: n = 10					
Game 2012	RCTs: 1	% ulcers healed	NR	Trial data	Trial data	NR
Primary	Total N: 209	Trial data reported		reported	reported	
outcome: number of	Hydrofibre: n = 103	Jeffcoate 2009		Secondary infection	Mean dressing	
wounds healed	BWC: n = 106	Hydrofibre 44.7% vs BWC 38.7%		Jeffcoate 2009	cost per patient	
Non- Cochrane	Jeffcoate 2009 (n = 209)*	Mean time to heal (days)		Hydrofibre	(GBP) Jeffcoate	
review	Hydrofibre: n = 103	Trial data reported		54 vs BWC 48. Three-	2009	
	BWC: n = 106	Jeffcoate 2009		way compar- ison report-	Hydrofibre 43.60 vs	
		Hydrofibre: 72.4 (SD 20.6) vs BWC 75.1 (SD 18.1)		ed as P value < 0.001	BWC 14.85. Three-way compari- son report-	



Table 7. Comparison 3: review data for basic wound contact dressing versus hydrofibre dressing (Continued)

ed as P value < 0.05

RCTs: 1 NR NR NR NR Hinchliffe Time to heal (days) 2008b

Trial data reported

Total N: 20 **Primary** 

Hydrofibre: n = 10 Piaggesi 2001 outcome:

number of BWC: n = 10 wounds healed

Hydrofibre: 127 (SD 46) vs BWC 234 (SD 25?)

Piaggesi 2001 (n = 20)

Hydrofibre: n = 10 Cochrane review BWC: n = 10

#### **Abbreviations**

Non-

AE: adverse event

BWC: basic wound contact dressing

CI: confidence interval CrI: credible interval

GBP: British pounds (Sterling) HRQoL: health-related quality of life MTC: mixed treatment comparison

NR: not reported OR: odds ratio

RCT: randomised controlled trial

RR: risk ratio

SD: standard deviation

# Table 8. Comparison 4: review data for basic wound contact dressing versus Hyalofill dressing

#### **Comparison 4**

## Basic wound contact dressing versus Hyalofill dressing

Review	Included trials	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Voigt 2012	RCTs: 1	% ulcers healed	NR	NR	NR	NR
Primary out-	Total N: 30	Trial data reported				
<b>come:</b> number of ulcers healed	Hyalofill: n = 15	Edmonds 2000				
Non-Cochrane	BWC: n = 15	Hyalofill 10/15 (67%)				
review	Edmonds 2000 (n = 30)	vs BWC 3/15 (20%)				
	Follow-up: 12 weeks	P value < 0.05				
	Hyalofill: n = 15					
	BWC: n = 15					

#### **Abbreviations**

BWC: basic wound contact dressing HRQoL: health-related quality of life

NR: not reported



RCT: randomised controlled trial

Table 9. Comparison 5: review data for basic wound contact dressing versus iodine-impregnated dressing

### **Comparison 5**

## Basic wound contact dressing versus iodine-impregnated dressing

Review	Included trials (tri- als that reported sec- ondary outcome data are marked with an aster- isk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Dumville 2012	Direct estimate	% ulcers healed	NR	NR	NR	NR
Primary out- comes: time to ulcer healing; ulcers healed within specific time	RCTs: 1	Pooled analyses				
	Total N: 214	<b>Direct estimate:</b> OR 1.27 (95% CI 0.74 to 2.19)				
	lodine: n = 108					
	BWC: n = 106	MTC estimate: OR				
	Jeffcoate 2009 (n = 214)*	1.28 (95% Crl 0.71 to 2.12)				
review	Follow-up: 24 weeks					
	lodine: n = 108					
	BWC: n = 106					
Game 2012	RCTs: 1	% ulcers healed	NR	Trial data	Trial data	NR
Primary out-	Total N: 214	Trial data reported  Jeffcoate 2009 Iodine 44.4% vs BWC 38.7%		reported	reported	
<b>come:</b> num- ber of wounds	lodine: n = 108			Secondary infection	mean dress- ing cost	
healed by 24 weeks	BWC: n = 106			Jeffcoate	per patient (GBP)	
Non-Cochrane	Jeffcoate 2009 (n = 214)*	Mean time to healing		2009	Jeffcoate	
review	lodine: n = 108	Jeffcoate 2009		lodine 71 vs BWC 48	2009	
	BWC: n = 106	lodine 74.1 (SD 20.6) days vs BWC 75.1 (SD 18.1) days		Three-way compari- son report- ed as P val- ue < 0.001	lodine 17.48 vs BWC 14.85. Three- way compar- ison report- ed as P value < 0.05	

### **Abbreviations**

BWC: basic wound contact dressing

CI: confidence interval CrI: credible interval

GBP: British pounds (Sterling) HRQoL: health-related quality of life MTC: mixed treatment comparison

NR: not reported OR: odds ratio SD: standard deviaiton

RCT: randomised controlled trial



Table 10. Comparison 6: review data for basic wound contact dressing versus foam dressing

## **Comparison 6**

# Basic wound contact dressing versus foam dressing

Review	Included trials (tri- als that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Dumville 2013c	RCTs: 3	% ulcers healed	NR	None of the 3 includ-	NR	NR
Primary out-	Total N: 67	Pooled analysis		ed trials		
come: num-	Foam: n = 36	(fixed-effect) from 2 RCTs: RR: 2.03 (95% CI 0.91 to 4.55); I <sup>2</sup> 0%; Chi <sup>2</sup> P value 0.64		reported any data		
ber of ulcers healed	BWC: n = 31			for any sec- ondary out-		
Cochrane re- view	Blackman 1994 (n = 18)*	Trial reported data		come eval- uated		
view	Follow-up: 6 months	Blackman 1994				
	but 2 months report- ed here due to cross- over	Foam 3/11 (27%) vs BWC 0/7 (0%); RR 4.67 (95% CI 0.28 to 78.68)				
	Foam: n = 11	Mazzone 1993				
	BWC: n = 7	Foam 7/11 (64%) vs BWC 2/8 (25%); RR 2.55 (95% CI 0.71 to 9.16)  Roberts 2001  Foam 6/14 (43%) vs BWC 4/16 (25%); RR 1.71, (95% CI 0.60 to 4.86)				
	Mazzone 1993 (n = 19)*					
	Follow-up: 8 weeks					
	Foam: n = 11					
	BWC: n = 8					
	Roberts 2001 (n = 30)*					
	Follow-up: 13 weeks					
	Foam: n = 14					
	BWC: n = 16					
Dumville 2012	Direct estimate	% ulcers healed	NR	NR	NR	NR
Primary out-	RCTs: 3	Pooled analyses				
comes:	Total N: 67	Direct estimate: OR 4.10 (95%				
time to ulcer healing; ulcers	Foam: 36	Crl 1.07 to 10.07)				
healed within specific time	BWC: 31	<b>MTC estimate:</b> OR 4.32 (95% Crl 1.56 to 9.85)				
Non- Cochrane re-	Blackman 1994 (n = 18)*					
view	Foam: n = 11					



Table 10. Comparison 6: review data for basic wound contact dressing versus foam dressing (con
--

BWC: n = 7

Mazzone 1993 (n =

19)\*

Foam:n = 11

BWC: n = 8

Roberts 2001 (n = 30)\* Foam: n = 14

BWC: n = 16

Hinchliffe 2008b

Blackman 1994 (n =

18)

**Primary out**come: numFoam: n = 11

BWC: n = 7

% ulcers healed by 2 months

% ulcers healed by 2 months

Foam 3/11 vs BWC 0/7; OR 6.39

NR

ber of wounds

Foam 3/11 vs BWC 0/7

Blackman 1994

Trial reported data

Non-Cochrane re-

O'Meara 2000

view

healed

Blackman 1994 (n =

18)

**Primary out-**

% ulcers

healed

come:

Non-

Cochrane review

Trial reported data

Foam: n = 11

BWC: n = 7

Also reported: change in ulcer area (reduction)

Blackman 1994

(95% CI 0.54 to 75.62)

Foam  $35 \pm 16\%$  vs BWC  $105 \pm$ 26%; OR -70.00 (95% CI 2.01 to

% ulcers healed by 2 months

Trial reported data

99.78)

Mason 1999a **Primary out-**

come:

% ulcers healed

view

Non-Cochrane reBlackman 1994 (n =

18)

Foam: n = 11

BWC: n = 7

Blackman 1994 Foam 3/11 vs BWC 0/7

> Also reported: change in ulcer area (reduction)

Foam 35 ± 16% vs BWC 105 ± 26%; P value < 0.03

#### **Abbreviations**

BWC: basic wound contact dressing CI: confidence interval CrI: credible interval

HRQoL: health-related quality of life

NR: not reported

MTC: mixed treatment comparison



OR: odds ratio

RCT: randomised controlled trial

RR: risk ratio

Table 11. Comparison 7: review data for basic wound contact dressing versus protease-modulating matrix dressing

## **Comparison 7**

### Basic wound contact dressing versus protease-modulating matrix dressing

Review	Included trials	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Dumville 2012	Direct estimate	% ulcers healed	NR	NR	NR	NR
Primary out-	RCTs: 1	Pooled analyses				
comes:	Total N: 276	Direct estimate: OR				
time to ulcer healing; ulcers healed	Protease-matrix: n = 138	1.49 (95% CI 0.90 to 2.47)				
within specific time	BWC: n = 138	MTC estimate: OR				
Non-Cochrane re-	Veves 2002(n = 276)	1.54 (95% Crl 0.89 to 2.47)				
view	Follow-up: 12 weeks					
	Protease-matrix: n = 138					
	BWC: n = 138					

### **Abbreviations**

BWC: basic wound contact dressing

CI: confidence interval CrI: credible interval

HRQoL: health-related quality of life

NR: not reported

MTC: mixed treatment comparison

OR: odds ratio

RCT: randomised controlled trial

Table 12. Comparison 8: review data for foam dressing versus alginate dressing

Comparison 8 Foam dressing versus alginate dressing								
Dumville	RCTs: 2	% ulcers healed	NR	Trial re-	NR	NR		
2013a	Total N: 50	Pooled analyses		ported da- ta				
Primary out- comes: time	Foam: n = 25	(fixed-effect) based on 2		AEs				
to ulcer heal- ing; ulcers	Alginate: n = 25	RCTs: RR 0.67 (95% CI 0.41		Foster 1994				



Table 12. Com healed within specific time Cochrane re- view	Parison 8: review data Foster 1994(n = 30)*  Follow-up: 8 weeks  Foam: n = 15  Alginate: n = 15  Baker 1993(unpublished; n = 20)  Follow-up: 12 weeks  Foam: n = 10  Alginate: n = 10	for foam dressing versus aly to 1.08); I² 45%; Chi² P value 0.18  Trial reported data  Foster 1994  Alginate 8/15 (53%) vs foam 9/15 (60%); RR 0.89 (95% CI 0.47 to 1.67)  Baker 1993  Alginate 4/10 (40%) vs foam 9/10 (90%); RR 0.44 (95% CI 0.20 to 0.98)  Median time to healing  Trial reported data  Foster 1994  Alginate 42 vs foam 40 (estimated from graph)  Baker 1993  Alginate not reached by 84	ginate dressir	Foam 0 vs alginate 4 (severe pain: 1; plugging of plantar lesion blocking drainage: 3 (1 cellulitis)		
Dumville 2013c  Primary out- comes: time to ulcer heal- ing; ulcers healed within specific time  Cochrane re- view	RCTs: 2  Total N: 50  Foam: n = 25  Alginate: n = 25  Foster 1994(n = 30)*  Foam: n = 15  Alginate: n = 15  Baker 1993(unpublished; n = 20)  Foam: n = 10  Alginate: n = 10	% ulcers healed  Pooled analysis (fixed-effect) based on 2 RCTs: RR 1.50 (95% CI 0.92 to 2.44); I² 45%; Chi² P value 0.18  Trial reported data  Foster 1994  Alginate 8/15 (53%) vs foam 9/15 (60%); RR 1.13 (95% CI 0.60 to 2.11)  Baker 1993  Alginate 4/10 (40%) vs foam 9/10; RR 2.25 (95% CI 1.02 to 4.94)	NR	As Dumville 2013a above	NR	NR
Primary outcomes: time to ulcer healing; ulcers healed within specific time  Non-Cochrane review	RCTs: 2 Total N: 50 Foam: n = 25 Alginate:n = 25 Foster 1994(n = 30)* Foam: n = 15	% ulcers healed  Pooled analyses  Direct estimate: OR 2.94 (95% Crl 0.71 to 8.33)  MTC estimate: OR 3.61 (95% Crl 1.30 to 8.30)	NR	NR	NR	NR



# Table 12. Comparison 8: review data for foam dressing versus alginate dressing (Continued)

Alginate: n = 15

Baker 1993 (unpublished; n = 20)

Foam: n = 10

Alginate: n = 10

O'Meara 2000	RCTs: 2	% ulcers healed		Trial re- ported da-		Trial re- ported da-
Primary out- come:	Total N: 50 (49 report- ed)	<b>Pooled analysis</b> (fixed-effect) based on 2 RCTs. Foam		ta		ta
% ulcers	Foam: n = 25	18/25 vs		AEs		Baker 1993
healed	Alginate: n = 25	alginate 12/24; OR 2.44 (95% CI 0.78 to 7.57)		Baker 1993		Foam dressing:
Non- Cochrane re-	Foster 1994(n = 30)*			No AE re- ported		1. more
view	Foam: n = 15			from either group	•	ab- sorbent
	Alginate: n = 15			Foster 1994	1	(P value < 0.001)
	Baker 1993 (unpublished; n = 20, 19 reported?)			As for Dumville 2013a		2. less adherent (P value
	Foam: n = 10			above; all AEs report-		< 0.006) 3. <b>easier</b>
	Alginate: n = 10			ed as lead- ing to with- drawal		to re- move (P value < 0.011) vs alginate
						Patient comfort
						Good; no significant difference between groups
Mason 1999a	RCTs: 1	% ulcers healed	NR	NR	NR	NR
Primary out-	Total N: 30	Trial reported data				
come:	Foam: n = 15	Foster 1994				
% ulcers healed	Alginate: n = 15	Foam 9/15 vs alginate 8/15;				
Non-	Foster 1994 (n = 30)	OR 1.30 (95% CI 0.31 to 5.38)				
Cochrane re- view	Foam: n = 15					
	Alginate: n = 15					

### **Abbreviations**

AE: adverse event CI: confidence interval CrI: credible interval

HRQoL: health-related quality of life



MTC: mixed treatment comparison

NR: not reported OR: odds ratio

RCT: randomised controlled trial

RR: risk ratio

Table 13. Comparison 9: review data for foam dressing versus hydrocolloid dressing

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# Foam dressing versus hydrocolloid dressing

Review	Included trials (tri- als that reported sec- ondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Dumville 2013b	RCTs: 1	% ulcers healed	NR	Trial re-	Trial re-	NR
Primary out- comes:	Total N: 40	Trial reported data		ported da- ta	ported da- ta	
	Foam: n = 20	Clever 1995		AEs	Mean num-	
time to ulcer healing; ulcers	Hydrocolloid: n = 20	Foam 14/20 (70%) vs hydro-		Clever 1995	ber of dressing	
healed within specific time	Clever 1995 (n = 40)*	colloid 16/20 (80%); RR 0.88 (95% CI 0.61 to 1.26)		Foam 5 vs	changes between	
Cochrane re-	Follow-up: 12 weeks	Median time to healing		hydrocol- loid 1	clinical vis-	
view	Foam: n = 20	(days)			its	
	Hydrocolloid: n = 20	Trial reported data			Clever 1995	
		Clever 1995			Foam 2.37 vs hydro-	
		Foam 16.5 (range 4 to 52) vs hydrocolloid 15.5 (range 4 to 76 days)			colloid 2.23	
Dumville 2013c	RCTs: 1	% ulcers healed	NR	As for	As for	NR
Primary out-	Total N: 40	Trial reported data	Dumville 2013b		Dumville 2013b	
comes:	Foam: n = 20	Clever 1995		above	above	
time to ulcer healing; ulcers	Hydrocolloid: n = 20	Hydrocolloid 16/20 (80%) vs				
healed within specific time	Clever 1995 (n = 40)*	foam 14/20 (70%); RR 1.14 (95% CI 0.80 to 1.64)				
Cochrane re-	Foam: n = 20					
view	Hydrocolloid: n = 20					
Dumville 2012	RCTs: 1	Ulcers healed	NR	NR	NR	NR
Primary out-	Total N: 40	Direct estimate: OR 1.71				
comes:	Foam: n = 20	(95% CI 0.40 to 7.34)				
time to ulcer healing; ulcers	Hydrocolloid: n = 20	MTC estimate: OR 2.40 (95% Crl 0.40 to 8.40)				
healed within specific time	Clever 1995 (n = 40)*	,				
op come anne	Foam: n = 20					



Table 13. Comparison 9: review data for foam dressing versus hydrocolloid dressing (Continued)

Non-Cochrane review

Hydrocolloid: n = 20

**Primary out**come:

O'Meara 2000

Total N: 40

RCTs: 1

Foam: n = 20

% ulcers healed

Hydrocolloid: n = 20

Non-Cochrane Clever 1995 (n = 40)\* review

Foam: n = 20

Hydrocolloid: n = 20

Time to healing (days):

Trial reported data

Clever 1995

Hydrocolloid 25.19 (SD 23.52) vs foam 20.43 (SD 14.74); OR 4.76 (95% CI -7.41

to 16.93)

Trial reported data

NR

Withdrawals

Clever 1995

Foam 4 vs hydrocolloid 2

No differences in patient comfort based on subjective product evaluation (investigator);

showering found slightly easier

with hydrocolloid

NR

Mason 1999a **Primary out-**

come:

RCTs: 1

Total N: 40

% ulcers healed

Non-Cochrane review

Foam: n = 20

Hydrocolloid: n = 20 Clever 1995 (n = 40)\*

Foam: n = 20

Hydrocolloid: n = 20

Time to healing (days):

Clever 1995

Hydrocolloid 25.19 (SD 23.52) vs foam 20.43 (SD

14.74)

Also reported reduction in diabetic foot ulcer area (mm<sup>2</sup>) at 4 weeks

Hydrocolloid 32.37 (SD 54.12) vs foam 33.46 (SD 75.22)

**Abbreviations** 

AE: adverse event CI: confidence interval CrI: credible interval

HRQoL: health-related quality of life

NR: not reported

MTC: mixed treatment comparison

OR: odds ratio

RCT: randomised controlled trial

RR: risk ratio

SD: standard deviation

NR NR Trial reported data

NR

No differences in frequency of change of dressing

Table 14. Comparison 10: review data for iodine-impregnated dressing versus hydrofibre dressing

**Comparison 10** 

lodine-impregnated dressing versus hydrofibre dressing



Table 14. Comparison 10: review data for iodine-impregnated dressing versus hydrofibre dressing (Continued)

Review	Included trials (tri- als that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Dumville 2013b	RCTs: 1	% ulcers healed	Dis- ease-spe-	Trial data re- ported	Trial data reported	NR
	Total N: 211	Trial data reported	cific or	•	-	
Primary out- comes:	lodine: n = 108	Jeffcoate 2009	generic HRQoL	Jeffcoate 2009  Amputations	Jeffcoate 2009	
time to ulcer	Hydrofibre: n = 103	lodine 48/108 (44%) vs	Trial data	-	Cost per ad-	
healing; ulcers healed within	Jeffcoate 2009 (n = 211)**	46/103 (45%); RR 1.00 (95% CI 0.74 to 1.34)	reported	lodine: 1 vs hydrofibre 4	ditional ul- cer healed	
specific time  Cochrane re-	Follow-up: 24 weeks	Mean time to healing (days)	Jeffcoate 2009	Serious AEs	(GBP) for io- dine group: 848	
view	lodine: n = 108	Trial data reported	No differ- ence in dis-	lodine 37 ver- sus hydrofibre	040	
	Hydrofibre: n = 103	Jeffcoate 2009	ease-spe- cific or	28 Non-serious		
		lodine 127.8 (SD 54.2) vs hydrofibre 125.8 (SD 55.9)	generic HRQoL	AEs		
				lodine 239 vs hydrofibre 227		
Dumville 2012	RCTs: 1	% ulcers healed	NR	NR	NR	NR
Primary out- comes:	Total N: 211	<b>Pooled analyses Direct</b> <b>estimate:</b> OR 0.99 (95% CI				
time to ulcer	lodine: n = 108	0.58 to 1.71)				
healing; ulcers healed within	Hydrofibre: n = 103	MTC estimate:				
specific time	Jeffcoate 2009 (n = 211)**	OR 1.05 (95% Crl 0.59 to 1.75)				
Non- Cochrane re-	lodine: n = 108					
view	Hydrofibre: n = 103					
Game 2012	RCTs: 1	% ulcers healed	NR	Trial data re- ported	Trial data reported	NR
Primary out- come: num-	Total N: 211	Trial data reported		Jeffcoate 2009	Mean dress-	
ber of wounds	Iodine: n = 108	Jeffcoate 2009			ing cost	
healed by 24 weeks	Hydrofibre: n = 103	lodine 44.4% vs hydrofibre 44.7%		Secondary in- fection	per patient (GBP)	
Non- Cochrane re-	Jeffcoate 2009 (n = 211)**	Time to healing (days)		lodine 71 vs hydrofibre 51.	Jeffcoate 2009	
view	lodine: n = 108	Trial data reported		Three-way comparison	lodine 17.48	
	Hydrofibre: n = 103	Jeffcoate 2009		reported as P value < 0.001	vs hydrofibre 43.60. Three-	
		lodine 74.1 (SD 20.6) vs hydrofibre 72.4 (SD 20.6)			way compar- ison report- ed as P value < 0.05	



\*\*This comparison appears to be Missing from the Revman table – only included under other comparisons assessed in Jeffcoate 2009

Abbreviations

AE: adverse event CI: confidence interval CrI: credible interval

GBP: British pounds (Sterling) HRQoL: health-related quality of life

NR: not reported

MTC: mixed treatment comparison

OR: odds ratio

RCT: randomised controlled trial

RR: risk ratio

SD: standard deviation

## Table 15. Comparison 11: review data for alginate dressing versus silver-hydrofibre dressing

# Comparison 11

## Alginate dressing versus silver-hydrofibre dressing

Review	Included trials (tri- als that reported secondary outcome data are marked with an asterisk*)	Wound healing	HRQoL	Adverse events	Resource use	Dressing perfor- mance
Dumville 2013a  Primary outcomes: time to ulcer healing; ulcers healed within specific time  Cochrane review	RCTs: 1  Total N: 134  Alginate: n = 67  Silver-hydrofibre: n = 67  Jude 2007(n = 134)*  Follow-up: 8 weeks  Alginate: n = 67  Silver-hydrofibre: n = 67	% ulcers healed  Trial data reported  Jude 2007  Silver-hydrofibre 21/67 (31%) vs alginate 15/67 (21%); RR 1.40 (95% CI 0.79 to 2.47)  Time to healing (days)  Trial data reported  Jude 2007 Silver-hydrofibre 52.6 (SD 1.8) vs alginate 57.7 (SD 1.7)	NR	Trial data reported  Jude 2007  AES  Alginate 26 including 1 death vs silver-hydrofibre 25 events including 1 death  Infections (type unclear)  Alginate 8 vs hydrofibre 14  Discontinuation due to AE  Alginate 13 vs silver-hydrofibre 8	Trial data reported  Number of dressing changes (mean)  Jude 2007  Alginate 20.8 vs silver-hydrofibre 21.9. No measure of variance reported	NR
Dumville 2012	RCTs: 1	% ulcers healed	NR	NR	NR	NR
	Total N: 134	Pooled analyses				
Primary outcomes:	Alginate: n = 67	<b>Direct estimate:</b> OR 1.58 (95% CI 0.73 to 3.43)				
time to ulcer healing; ul- cers healed	Silver-hydrofibre: n = 67  Jude 2007(n = 134)*	MTC estimate: OR 1.73 (95% Crl 0.73 to 3.53)				



Table 15.	Comparison	11: review	data for	alginate	dressing	versus silver-	hvdr	ofibre d	ressing	(Continued)

within spe-

Follow-up: 8 weeks

cific time

Alginate: n = 67

Non-

Silver-hydrofibre: n =

Cochrane review

67

Game 2012	RCTs: 1	% ulcers healed	NR	NR	NR	NR
Primary	Total N: 134	Trial data reported				
outcome:	Alginate: n = 67	Jude 2007				
% ulcers healing	Silver-hydrofibre: n = 67	Alginate 22% vs silver-hydrofibre 31%				
Non- Cochrane review	Jude 2007(n =134)* Follow-up: 8 weeks Alginate: n = 67	Time to healing (days) <i>Trial data reported</i> Jude 2007				
	Silver-hydrofibre: n = 67	Alginate 57.7 (SD 1.7) vs silver-hydrofibre 52.6 (SD 1.8)				
Storm-Ver-	RCTs: 1	% ulcers healed	NR	Trial data re-	NR	NR
sloot 2010	Total N: 134	Trial data reported	ported			
Primary outcome:	Alginate: n = 67	Jude 2007Silver-hydrofibre	1	Jude 2007		
wound infec- tion rate and	Silver-hydrofibre: n = 67	21/67 vs alginate 15/67 (RD 0.09; 95% CI -0.06 to 0.24)		Participants developing in- fection		
wound heal- ing	Jude 2007(n =134)*	Time to healing (days) <i>Tri-</i> al data reported		Alginate 8/67		
Cochrane	Follow-up: 8 weeks	Jude 2007 Silver-hydrofibre 52.6 (SD 1.8) vs alginate 57.7 (SD 1.7)		vs hydrofibre 11/67** RD 0.04		
review	Alginate: n = 67			(95% CI -0.07 to 0.16)		
	Silver-hydrofibre: n = 67			Participants with AEs (not clearly de- fined)		
				Alginate 26/67 vs hydrofibre 25/67 RD -0.01 (95% CI -0.18 to 0.15)		

<sup>\*\*</sup>Note discrepancy between Dumville and Storm-Versloot on number of infections in hydrofibre dressing – unit of analysis (infections versus participants) - not clear

## **Abbreviations**

AE: adverse event CI: confidence interval CrI: credible interval

HRQoL: health-related quality of life

NR: not reported

MTC: mixed treatment comparison

OR: odds ratio

RCT: randomised controlled trial



RD: risk difference RR: risk ratio SD: standard deviation

# APPENDICES

## **Appendix 1. Glossary**

Word	Definition/explanation
Alginate	Substance derived from algic acid, derived from seaweed, used in making dressings for wounds
Debridement	The removal of foreign material and dead or damaged tissue from a wound
Diabetes mellitus	A metabolic disorder resulting from a defect in insulin secretion, insulin action, or both. The two most common forms are type 1 and type 2; other less common forms also exist
Dressing*	A therapeutic or protective material applied to a wound
Gangrene*	Death and decay of body tissue, often occurring in a limb, caused by insufficient blood supply and usually following injury or disease
Hydrocolloid	Dressing that reacts with wound exudate to maintain the moisture at the surface of a wound
Hydrogel	Water based jelly-like substance, which can be used for the same purpose as hydrocolloid dressings
Insulin	Hormone secreted by the pancreas in response to blood glucose levels. It is involved in regulating blood glucose levels and promotes fuel storage within the body
Ischaemic	Deficient blood supply to any part of the body
Ischaemic ulcer	Area of skin loss (see ulcer, arterial ulcer) resulting from deficient blood supply
Neuropathy*	A disease or abnormality of the nervous system
Occlusive dressing*	A dressing that prevents air from reaching a wound or lesion and that retains moisture, heat, body fluids, and medication
Osteitis*	Inflammation of bone
Osteomyelitis	Inflammation in the marrow of a bone, can occur as a complication of infected diabetic foot ulcers
Peripheral	Outlying, for example: peripheral neuropathy affects the nerves in the outlying parts of the body; and peripheral vascular disease is disease of the small blood vessels close to the surface of the skin
Ulcer in people with diabetes	An area of skin loss resulting from poor blood supply and/or reduced nerve function in the lower limb caused by diabetes mellitus

Definitions taken from Cochrane Wounds Group Glossary unless marked \* when taken from The Free Medical Dictionary (http://medical-dictionary.com).



### Appendix 2. Search strategy to identify non-Cochrane systematic reviews in Ovid MEDLINE

1 exp Occlusive Dressings/ (3359) 2 exp Bandages, Hydrocolloid/ (563) 3 exp Biological Dressings/ (1122) 4 exp Alginates/ (6361) 5 exp Hydrogels/ (8384) 6 exp Silver/ (12518) 7 exp Silver Sulfadiazine/ (737) 8 exp Honey/ (2047) 9 (dressing\* or hydrocolloid\* or alginate\* or hydrogel\* or foam or bead or film\* or tulle or gauze or non-adherent or non adherent or silver or honey or matrix).tw. (340728) 10 or/1-9 (349782) 11 exp Foot Ulcer/ (6231) 12 exp Diabetic Foot/ (5195) 13 (diabet\* adj3 ulcer\*).tw. (2360) 14 (diabet\* adj3 (foot or feet)).tw. (4521) 15 (diabet\* adj3 wound\*).tw. (1194) 16 (diabet\* adj3 amputat\*).tw. (599) 17 or/11-16 (8927) 18 10 and 17 (657) 19 systematic\* review\*.tw. (36034) 20 meta-analysis as topic/ (12359) 21 (meta-analytic\* or meta-analysis or metaanalysis or metaanalysis or meta analysis or meta-synthesis or metasynthesis or metasynthesis or meta-regression or meta-regression).tw. (37831) 22 (synthes\* adj3 literature).tw. (1042) 23 (synthes\* adj3 evidence).tw. (2912) 24 (integrative review or data synthesis).tw. (6729) 25 (research synthesis or narrative synthesis).tw. (437) 26 (systematic study or systematic studies).tw. (5597) 27 (systematic comparison\* or systematic overview\*).tw. (1409) 28 ((evidence based or comprehensive or critical or quantitative or structured) adj review).tw. (15809) 29 (realist adj (review or synthesis)).tw. (33) 30 or/19-29 (100139) 31 review.pt. (1734481) 32 (medline or pubmed or embase or cinahl or psyc?lit or psyc?info).ab. (58238) 33 ((literature or database\* or bibliographic or electronic or computeri?ed or internet) adj3 search\*).tw. (39600) 34 (electronic adj3 database\*).tw. (6818) 35 included studies.ab. (4054) 36 (inclusion adj3 studies).ab. (4224) 37 ((inclusion or selection or predefined or predetermined) adj criteria).ab. (39033) 38 (assess\* adj3 (quality or validity)).ab. (31366) 39 (select\* adj3 (study or studies)).ab. (29761) 40 (data adj3 extract\*).ab. (21026) 41 extracted data.ab. (4781) 42 (data adj3 abstraction).ab. (615) 43 published intervention\*.ab. (83) 44 ((study or studies) adj2 evaluat\*).ab. (83681) 45 (intervention\* adj2 evaluat\*).ab. (4705) 46 (confidence interval\* or heterogeneity or pooled or pooling or odds ratio\*).ab. (319533) 47 (Jadad or coding).ab. (101847) 48 or/32-47 (631785) 49 31 and 48 (93486) 50 review.ti. (209748) 51 48 and 50 (30178) 52 (review\* adj4 (papers or trials or studies or evidence or intervention\* or evaluation\*)).tw. (78981) 53 30 or 49 or 51 or 52 (213228) 54 letter.pt. (758034) 55 editorial.pt. (307072) 56 comment.pt. (484716) 57 or/54-56 (1152182)

58 53 not 57 (207741)



59 exp animals/ not humans/ (3749650) 60 58 not 59 (199437) 61 18 and 60 (42)

## Appendix 3. Search strategy to identify reports of mixed treatment comparisons in Ovid MEDLINE

1 exp Occlusive Dressings/ (3359)

2 exp Bandages, Hydrocolloid/ (563)

3 exp Biological Dressings/ (1122)

4 exp Alginates/ (6361)

5 exp Hydrogels/ (8384)

6 exp Silver/ (12518)

7 exp Silver Sulfadiazine/ (737)

8 exp Honey/ (2047)

9 (dressing\* or hydrocolloid\* or alginate\* or hydrogel\* or foam or bead or film\*1 or tulle or gauze or non-adherent or non adherent or silver or honey or matrix).tw. (340728)

10 or/1-9 (349782)

11 exp Foot Ulcer/ (6231)

12 exp Diabetic Foot/ (5195)

13 (diabet\* adj3 ulcer\*).tw. (2360)

14 (diabet\* adj3 (foot or feet)).tw. (4521)

15 (diabet\* adj3 wound\*).tw. (1194)

16 (diabet\* adj3 amputat\*).tw. (599)

17 or/11-16 (8927)

18 10 and 17 (657)

19 exp \*Comparative Effectiveness Research/ (557)

20 exp "Outcome Assessment (Health Care)"/mt, sn [Methods, Statistics & Numerical Data] (8453)

21 exp Randomized Controlled Trials as Topic/ (83097)

22 exp Meta-Analysis as Topic/ (12359)

23 exp \*Treatment Outcome/ (4605)

24 (mixed treatment comparison\* or indirect treatment comparison\* or indirect comparison\*).tw. (628)

25 (network meta-analysis or multiple treatments meta-analysis or evidence synthesis).tw. (1002)

26 or/19-25 (105754)

27 18 and 26 (557)

### **CONTRIBUTIONS OF AUTHORS**

Jo Dumville: conceived, designed and co-ordinated the review, extracted and analysed data, undertook quality assessment and completed the first draft of the review and all revisions, responded to peer referee feedback and approved the final version prior to submission. Gill Norman: designed the review, analysed and interpreted data, checked quality assessment, and completed the first draft of the review and approved the final version prior to submission.

Susan O'Meara: conceived and designed the review, checked data extraction and analysed the data, and completed the first draft of the review and approved the final version prior to submission.

Sally Bell-Syer: conceived and designed the review, interpreted the data, and completed the first draft of the review and approved the final version prior to submission.

Lihua Wu: Designed the review, extracted data, undertook quality assessment, and completed the first draft of the review and approved the final version prior to submission.

## **Contributions of editorial base**

Nicky Cullum: edited the protocol; advised on methodology, interpretation and protocol content and approved the final review for publication.

Joan Webster: approved the final protocol prior to submission.

Ruth Foxlee: designed the search strategy and edited the search methods section.

Gill Rizzello: administered the editorial process for the review stage.

### **DECLARATIONS OF INTEREST**

Jo Dumville: none to declare. Gill Norman: none to declare. Susan O'Meara: none to declare. Sally Bell-Syer: none to declare. Lihua Wu: none to declare.



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### **External sources**

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## INDEX TERMS

# **Medical Subject Headings (MeSH)**

\*Bandages; \*Review Literature as Topic; Diabetic Foot [\*therapy]; Randomized Controlled Trials as Topic

### **MeSH check words**

Humans